



Harris Teeter

YOUR NEIGHBORHOOD MARKET

Weekly Specials*

Prices Good Through
February 10, 2026

WED	THU	FRI	SAT	SUN	MON	TUE
4	5	6	7	8	9	10



Harris Teeter
Bone-In Rib Steak or Roast

9.99
per lb.

save at least \$8.00 per lb. with your VIC card

VIC
SAVINGS



per lb.
80% Lean
Ground Chuck

4.99

save big per lb. with your VIC card

VIC
SAVINGS



per lb.
Smithfield
Baby Back Ribs

**BUY1 GET1
FREE**

each item rings at half price with your VIC card

VIC
SAVINGS

Private Selection
Pre-Sliced
Meats & Cheeses

**BUY1 GET1
FREE**

each item rings at half price with your VIC card

VIC
SAVINGS

9.99
per lb.

save big per lb. with your VIC card

1.79
per lb.

save big per lb. with your VIC card

VIC
SAVINGS

Wild Caught
Peeled & Deveined
16 - 25 ct.
Argentine Shrimp
or Wild Caught
Snow Crab Clusters

9.99
per lb.

save big per lb. with your VIC card

VIC
SAVINGS

5 - 11 oz.
Fresh Express
Salads

**BUY1 GET1
FREE**

each item rings at half price with your VIC card



Farmers Market
Hass Avocado
or 10 oz.
Nature Sweet Cherubs

**BUY1 GET1
FREE**

each item rings at half price with your VIC card



3 lb. Bag
Farmers Market
Mandarin Oranges

**BUY1 GET1
FREE**

each item rings at half price with your VIC card



**BUY1 GET1
FREE**

each item rings at half price with your VIC card

VIC
SAVINGS

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Prices good through February 10, 2026

WED	THU	FRI	SAT	SUN	MON	TUE
4	5	6	7	8	9	10

Save Big



3.5 - 13.7 oz.
Select Varieties

Nabisco Snack Crackers, Ritz or Ritz Toasted Chips

2.99 each
save at least \$2.30 each with your VIC card

limit
4

VIC
SAVINGS

18 - 19 oz.
Progresso
Traditional
or Classic Soups



BUY 1 GET 1
FREE
each item rings at half price with your VIC card



6 - 16 oz. Select Varieties

Cape Cod,

Kettle, Late July,

Snyder's Family

Size Pretzels

or Pepperidge

Farm Buns or Rolls

2 for \$5
MUST PURCHASE 2

when you buy 2
• or regular
price each

VIC
SAVINGS

750 ml.

La Crema,

Kim Crawford

or Joel Gott



7.99 each

save big with your VIC card

VIC
SAVINGS

750 ml.

La Crema,

Kim Crawford

or Joel Gott

14.99 each

Drink Responsibly - Must be 21 to Purchase

750 ml.

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Kim Crawford

or Joel Gott

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Kim Crawford

or Joel Gott

14.99 each

Drink Responsibly - Must be 21 to Purchase

750 ml.

La Crema,

Kim Crawford

or Joel Gott

Bakery Specials for the week



7.94 - 10.48 oz.

Dove or M&M's Valentine's Chocolates

5.99 each

save big with your VIC card



14 oz.

Kringles

8.99 each

save at least \$1.00 each with your VIC card



1 ct.

Heart Cheesecake for 2

4.99 each

save at least \$2.00 each with your VIC card



12 ct.

Assorted Bakery Fresh Mini Valentine's Cupcakes

3.99 each

save at least \$1.50 each with your VIC card



10 oz.

Fresh Foods Market Cannoli Chip & Dip Tray

10.99 each

save at least \$1.00 each with your VIC card

14 oz.

Bakery Fresh Glazed Cherry Fritters

\$5 each

save at least 99¢ each with your VIC card

10 oz.

Red Velvet Cream Cheese Cake Bites

7.49 each

save at least 50¢ each with your VIC card

Senior Discount Thursdays
Seniors 60 and older get a
5% DISCOUNT

Please notify your cashier if you qualify

BGB BGB BGB BGB BGB

beverages

limit
10



8 pk. 12 oz.
Coca-Cola
Products

**BUY 2 GET 3
FREE**

when you buy 5 with your VIC card or regular price each

VIC SAVINGS

12 oz.

Alani Nu
Energy Drink

**BUY 2 GET 3
FREE**

when you buy 5 with your VIC card or regular price each

VIC SAVINGS

12 oz.

Lipton
Iced Tea

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card

VIC SAVINGS

12 pk. 16.9 oz.

Lipton
Iced Tea

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card

VIC SAVINGS

33.8 oz.

Harris Teeter
Seltzers

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card

VIC SAVINGS

8 pk.

Spindrift
Sparkling

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card

VIC SAVINGS

24 pk. 16.9 oz.

Deer Park
Water

**2 \$9
for**

save big on 2 with your VIC card

VIC SAVINGS

6 pk. or 8 pk.

San Pellegrino,
Maison Perrier
or Acqua Panna

**2 \$12
for**

save big on 2 with your VIC card

VIC SAVINGS

4 pk. 12 oz.

Red Bull
Energy Drink

9.99

save big with your VIC card

VIC SAVINGS

2 ltr.
Coca-Cola
Products

**3 \$10
for**

save big on 3 with your VIC card

VIC SAVINGS

4 pk.
Reed's
or Virgil's

3.99

save big with your VIC card

VIC SAVINGS

24 pk. 16.9 oz.

Deer Park

Water

**2 \$9
for**

save big on 2 with your VIC card

VIC SAVINGS

6 pk. or 8 pk.

San Pellegrino,
Maison Perrier
or Acqua Panna

**2 \$12
for**

save big on 2 with your VIC card

VIC SAVINGS

4 pk. 12 oz.

Red Bull
Energy Drink

9.99

save big with your VIC card

VIC SAVINGS

snacks

Cheez-It,
Town House
or Club Crackers

**BUY 2 GET 2
FREE**

when you buy 4 with your VIC card or regular price each

VIC SAVINGS

8 oz.
Harris Teeter
Cheese Curls

**2 \$4
for**

save big on 2 with your VIC card

VIC SAVINGS

4.25 oz.
Carr's
Crackers

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card

VIC SAVINGS

4.8 - 8 oz.
Pepperidge
Farm Goldfish,
Pretzels or Crisps

**2 \$3
for**

when you
buy 2
• or regular
price each

MUST PURCHASE 2

VIC SAVINGS

5.9 - 8.6 oz.
Farmhouse
or Soft Baked
Pepperidge
Farm Cookies

**2 \$6
for**

when you
buy 2
• or regular
price each

MUST PURCHASE 2

VIC SAVINGS

5 - 7.5 oz.
Tate's
Bake Shop
Cookies

4.99

save at least \$1.30 each with your VIC card

VIC SAVINGS

4 oz.
Wilde
Protein Chips

4.99

save at least \$2.00 each with your VIC card

VIC SAVINGS



4.25 oz.
Blue Diamond
Nut Thins

**2 \$6
for**

save at least \$2.98 on 2 with your VIC card

VIC SAVINGS



15 oz.
Tostitos
Salsa

**2 \$6
for**

save big on 2 with your VIC card

VIC SAVINGS



10.6 - 20.2 oz.
Nabisco Family
Size Oreo,
Chips Ahoy!
or Nutter Butter

3.99

save big with your VIC card

VIC SAVINGS

5 - 7.5 oz.
Tate's
Bake Shop
Cookies

4.99

save at least \$1.30 each with your VIC card

VIC SAVINGS

4 oz.
Wilde
Protein Chips

4.99

save at least \$2.00 each with your VIC card

VIC SAVINGS

health & beauty

28 - 116 ct.
Tums
Antacid

**150
off**

save big with your VIC card

VIC SAVINGS

Select
Nature's Truth
Vitamins

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card

VIC SAVINGS

16.8 - 21 oz.
Jergens
Lotion

**250
off**

save big with your VIC card

VIC SAVINGS

7 oz.
Nivea
Shave Gels

**250
off**

save big with your VIC card

VIC SAVINGS

home essentials

While Supplies Last. Not Available in All Stores.

Select
Handi-Foil Pans

**BUY 2 GET 1
FREE**

when you buy 3 with your VIC card or regular price each

VIC SAVINGS

9.5 oz.
Village Candle
Wild Light
Collection

9.99

save big with your VIC card

VIC SAVINGS

* Supplies are limited

33.8 oz.

Cracker Barrel
Snacking Cheese

**2 \$6
for**

save big on 2 with your VIC card

VIC SAVINGS

52 oz.
Simply,
Minute Maid
Lemonade or
Gold Peak Tea

**2 \$5
for**

save big on 2 with your VIC card

VIC SAVINGS

52 oz.
Planet Oat
Oatmilk

**2 \$6
for**

save big on 2 with your VIC card

VIC SAVINGS

13 oz.
Reddi Wip
Topping

**2 \$9
for**

save big on 2 with your VIC card

VIC SAVINGS

4 pk.
Shamrock
Rockin'
Protein Milk

8.99

save big with your VIC card

VIC SAVINGS

64 oz.
Lactaid
Milk

**2 \$8
for**

save big on 2 with your VIC card

VIC SAVINGS

21.5 oz.
Yummy
Chicken

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



easy to love



4X

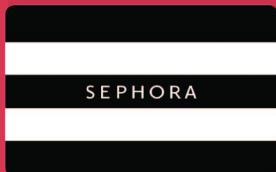


ON GIFT CARDS WITH DIGITAL COUPON

Offer Valid 2/4 - 2/17/26



SHOP NOW



redeem at



Subject to availability. See gift cards for details, terms & conditions. The Visa Gift Card is issued by Pathward®, N.A. Member FDIC, pursuant to a license from Visa U.S.A. Inc. Cards may be used only at merchants in the U.S. everywhere Visa debit cards are accepted. No cash access. See Cardholder Agreement for details. The Mastercard Gift Card is issued by Pathward®, N.A. Member FDIC, pursuant to a license by Mastercard International Incorporated. Mastercard and the circles design are registered trademarks of Mastercard International Incorporated. No cash access.

CLIP YOUR 4X COUPON THROUGH YOUR e-VIC e-MAIL, THE APP OR WEBSITE

MORE WAYS TO EARN:

**1
POINT**

**2X
POINTS**

**50
POINTS**

\$1 spent equals 1 point
with participating items

\$25 in gift cards
equals 50 points

1 prescription equals 50 points.
Non-federally funded prescriptions

**SAVE
UP TO
\$1.00
PER GALLON***

Terms & conditions apply. Visit harristeeter.com/fuel points for complete details.

Tailgating

GAME ON savings



eVIC members only

weekly limit
4



30 oz.
Duke's
Mayonnaise

3.97

save at least \$4.08 over our already
low VIC price when you buy 4

non eVIC
member
price
4.99

All items must be purchased in a single
transaction with your VIC card.



8 ct.
Drumstick Cones

or 20 ct.
Drumstick Minis

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



12 pk. 12 oz.
7-UP Products

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



16 oz.
Planters
Peanuts

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



8 oz.
Harris Teeter
Natural
Sliced Cheese

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



9 - 16.7 oz.
Harris Teeter
Hard & Soft
Taco Dinner Kits

2/\$5

save at least \$1.58 on 2
with your VIC card



6.5 - 8 oz.
Harris Teeter
Kettle Chips

2/\$5

save big on 2
with your VIC card



12 oz.
Frank's
RedHot Sauces

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



32 oz.
Ore-Ida
French Fries

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



8 oz.
Cabot Cheese

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



16 oz.
Jack's Fresh
Salsa

2/\$6

save big on 2
with your VIC card



8 pk.
Wonder Buns

2.99

save big
with your VIC card



10 oz.
Ro-Tel
Tomatoes

4/\$5

save big on 4
with your VIC card



1 - 1.25 oz.
McCormick Chili
Seasoning Mix

4/\$5

save big on 4
with your VIC card



18 oz.
Harris Teeter
Grilling Sausage

or 14 oz.
HT Traders
All Beef Hot Dogs

2/\$10

save big on 2
with your VIC card



16 oz.
Chick-fil-A Sauce
or 12 oz. Buffalo
Wild Wings Sauce

2/\$7

save big on 2
with your VIC card



24 oz.
Mt. Olive
Pickles
or 20 oz.
French's
Yellow Mustard

2/\$5

save big on 2
with your VIC card



2/\$4

save big on 2
with your VIC card



50 ct.
Harris Teeter
Occurrences
Party Cups

4.49

save at least \$1.50 each
with your VIC card

16 oz.
HT Traders
Mango Salsa

3.99

save at least \$1.00 each
with your VIC card

16 oz.
Simple Truth
Traditional Guacamole

5.99

save at least 50¢ each
with your VIC card



12 oz.
Harris Teeter
Cheese Curds
or Fried Pickles

2/\$8

save big on 2
with your VIC card



50 ct.
Harris Teeter
Occurrences
Party Cups

4.49

save at least \$1.50 each
with your VIC card

6 Double Roll
or 4 Triple Roll

Bounty Paper Towels

12.99

save at least \$4.00 each
with your VIC card

12 pk.
Sam Adams, Sierra Nevada,
New Belgium or Golden Road

18.99 each

Drink Responsibly - Must be 21 to Purchase



24 - 54 ct.
Harris Teeter
Everyday Plates,
Bowls or Cups

4.49

save at least \$1.50 each
with your VIC card



20 - 30 ct.
Ultra Designer Plates or Bowls

2/\$6

save at least \$1.98 on 2
with your VIC card

6 Double Roll
or 4 Triple Roll

Bounty Paper Towels

12.99

save at least \$4.00 each
with your VIC card

12 pk.
Sam Adams, Sierra Nevada,
New Belgium or Golden Road

18.99 each

Drink Responsibly - Must be 21 to Purchase

Happier, Healthier with Harris Teeter

with Harris Teeter



80+

GREEN

Load up on
these foods.



50-79

LIGHT GREEN

A great choice.



20-49

YELLOW

These foods fall
somewhere in the middle.



1-19

RED

Enjoy these foods mindfully
and in smaller portions.

Harris Teeter
Pharmacy

OptUP

Learn More



Learn More

*Some restrictions apply.
See pharmacist for details.

*Supplies are limited

long term Savings



Harris Teeter
Very Important Customer

Keeping prices
LOWER, LONGER,
on 1,000s of items
you buy every day.



1.05 oz.
Mario
Pitted
Snack Olives

5 \$5

save at least 29¢ on 5
with your VIC card



5 oz.
Simple Truth
Organic
Chunk Chicken Breast

2.99

save at least 20¢ each
with your VIC card



7.4 oz.
Alpine
Spiced Apple Cider

2 \$6

save at least 39¢ on 2
with your VIC card



48 oz.
Califia Farms
Almondmilk

2 \$7

save big on 2
with your VIC card



13 oz.
Private Selection
Strawberry Preserves

3.99

save at least 20¢ each
with your VIC card



4 pk.
Clio Full-Size or 8 pk.
Mini Greek Yogurt Bars

4.99

save at least \$1.00 each
with your VIC card



4.8 lb.
Fireside Supreme
4 Hour Firelog

4.49

save at least 50¢ each
with your VIC card



VIC
SAVINGS



12 oz.
Harris Teeter
Jalapeño Slices

1.79

save at least 20¢ each
with your VIC card



6.56 oz.
Chicken of the Sea
Packet Up!
Tuna & Crackers Kit

2.79

save at least \$1.00 each
with your VIC card



15 oz.
Private Selection
Alfredo Sauce

2.99

save at least 30¢ each
with your VIC card



5 oz.
Simple Truth
Organic
Sweetened Dried Cranberries

2.99

save at least 50¢ each
with your VIC card



13.7 - 16 oz.
Harris Teeter
Snack Crackers

2 \$6

save at least \$1.18 on 2
with your VIC card



13.2 oz.
Jus-Rol
Puff Pastry

2 \$7

save big on 2
with your VIC card



48 oz.
California Farms
Almondmilk

2 \$7

save big on 2
with your VIC card



16 oz.
Pompeian
Organic
Balsamic Vinegar

3.99

save at least 60¢ each
with your VIC card



26.5 oz.
Private Selection
Extra Fine
Himalayan Sea Salt

5.99

save at least \$1.00 each
with your VIC card



3 lb.
Rachael Ray
Nutrish Cat Food

7.49

save at least \$1.50 each
with your VIC card



6.56 oz.
Chicken of the Sea
Packet Up!
White Tuna Salad Kit

2.79

save at least \$1.00 each
with your VIC card



28 - 32 oz.
Harris Teeter
Complete Pancake Mix

2 \$5

save at least 99¢ on 2
with your VIC card



20 ct.
Simple Truth
Organic Tea Bags

2 \$6

save at least \$1.38 on 2
with your VIC card



64 oz.
Simple Truth
Organic
Grape Juice

3.49

save at least 70¢ each
with your VIC card



8 oz.
Harris Teeter
Chocolate
Covered Peanuts

3.99

save at least 50¢ each
with your VIC card



128 oz.
Diamond Creek
Alkaline Water

2 \$8

save at least 79¢ on 2
with your VIC card



16 oz.
State Fair
Classic
Corn Dogs

2 \$9

save at least 99¢ on 2
with your VIC card



24 Mega Roll
Cottonelle
Bath Tissue

19.99

save at least \$5.00 each
with your VIC card



11 lb.
Supreme Source
Dog Food

19.99

save at least \$4.00 each
with your VIC card



NEW

SAVINGS

VIC

SAVINGS

VIC

SAVINGS

VIC

SAVINGS

VIC

SAVINGS

VIC

PO1 PO1 PO1

wine & beer

*not available at all stores

Drink Responsibly - Must be 21 to Purchase

 harris teeter
fine wines club

EVERY DAY! 10% OFF HALF case wine
SEE STORE FOR DETAILS

Join our fine wines club and get discounts, learn about recipe pairings and find out about events at our stores.

HOT DEAL!



750 ml.
Juggernaut
Cabernet

17.99 each

HOT DEAL!



750 ml.
Rombauer
Sauvignon Blanc

26.99 each



6 pk.
Heineken
or Stella Artois

9.99 each



12 pk.
Blue Moon

17.99 each



750 ml.
Castello
del Poggio Prosecco,
Nobilo Sauvignon Blanc or
Crossings Sauvignon Blanc

10.99 each



750 ml.
Ecco Domani Pinot Grigio,
Matua Sauvignon Blanc or
Liquid Light Sauvignon Blanc

12.99 each



750 ml.
Meiomi Pinot Noir
or Elouan Pinot Noir

19.99 each



750 ml.
Justin Cabernet,
Daou Cabernet or Santa
Margherita Pinot Grigio

25.99 each



12 pk.
Simply Spiked,
Lagunitas or Smirnoff

18.99 each



12 pk.
White Claw,
Athletic, Mike's Hard
or Cayman Jack

17.99 each



24 pk.
Natural Light,
Miller High Life
or Pabst Blue Ribbon

21.99 each



8 pk.
High Noon
or 12 pk. or 15 pk.
Bell's, Founders
or Goose Island

19.99 each

long
term
Savings



Keeping prices
LOWER, LONGER,
on 1,000s of items
you buy every day.



24 oz.
SMART
Seasoned Chicken Wings

\$6 each



USDA Reserve Angus
Top Sirloin Filet Steak

11.99 per lb.



Smithfield
Whole Boneless
Pork Tenderloin

3.99 per lb.



Farmers Market
Bunch Hot House Tomatoes

1.69 per lb.



Farmers Market
Jumbo Cantaloupes

2 for \$5



Farmers
Market
Pink Lady Apples

1.99 per lb.



16 oz.
Byrd
Claw Crabmeat

11.99 each



12 oz.
Galbani
Fresh Mozzarella Ball

5.99 each



12 ct.
King's
Hawaiian Rolls

4.99 each

Warm up with Winter Favorites



12 oz. Bag Eight O'Clock Coffee

BUY 1 GET 1 FREE

each item rings at half price with your VIC card

VIC SAVINGS



14 oz. Hormel Mary Kitchen Hash

2/\$6

save big on 2

with your VIC card

VIC SAVINGS

5.3 oz. Fage Greek Yogurt

3/\$4

save big on 3

with your VIC card

VIC SAVINGS

64 oz. TreeTop Apple Juice

2/\$6

save big on 2

with your VIC card

VIC SAVINGS

25.2 - 32 oz. Krusteaz Mix

2/\$6

save big on 2

with your VIC card

VIC SAVINGS

14 - 16 oz. Pepperidge Farm Swirl Bread or 21 oz. Bagels

3.99

save big

with your VIC card

VIC SAVINGS

64 oz. Welch's Grape Juice

3.99

save big

with your VIC card

VIC SAVINGS

46 oz. Simply Orange Juice

2/\$9

save big on 2

with your VIC card

VIC SAVINGS

28 oz. Starbucks Creamer

2/\$8

MUST PURCHASE 2

when you buy 2
• or regular
price each

VIC SAVINGS

9 - 11 oz. Cascadian Farm Granola

2/\$8

save big on 2

with your VIC card

VIC SAVINGS

25.4 oz. Nut Pods Creamer

4.99

save big

with your VIC card

VIC SAVINGS

64 oz. Clamato Juice

5.49

save big

with your VIC card

VIC SAVINGS

20.5 oz. Dave's Killer Bread Wide Pan Bread

6.49

save big

with your VIC card

VIC SAVINGS

12 oz. Tim Horton's Coffee

7.99

save big

with your VIC card

VIC SAVINGS

Breakfast with Our Brands



FREE FROM
UNREFINED
INGREDIENTS

HT Traders
DISCOVER • INSPIRE • ENJOY

Harris Teeter

PRIVATE
SELECTION

simple truth
ORGANIC



14.5 - 15.25 oz. Harris Teeter Sliced Peaches

2/\$3

save at least 58¢ on 2

with your VIC card

VIC SAVINGS



15 oz. Harris Teeter Sausage Gravy

2/\$3

save big on 2

with your VIC card

VIC SAVINGS



10 ct. Harris Teeter Waffles

3/\$5

save big on 3

with your VIC card

VIC SAVINGS



12 oz. Simple Truth Organic Egg Bites

7.49

save at least \$1.00 each

with your VIC card

VIC SAVINGS

16 oz. Simple Truth Protein Biscuits 5.99
save at least \$1.00 each with your VIC card

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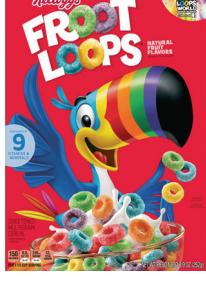
Great starts for game day



9 - 12 oz.
Kellogg's
Kids Cereal

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



5.5 oz.
Pringles
Potato Crisps

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



12 oz.
Dunkin'
Bag Coffee

7.99

save at least \$6.00 each
with your VIC card



22 oz.
McCain
Potatoes

2.99

save at least \$1.69 each
with your VIC card



13 oz.
SuperPretzel
Soft Pretzels

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



11 oz.
Special K
Granola

3.99

save at least \$1.30 each
with your VIC card



32 oz.
Galbani
Ricotta Cheese

or 10 oz.
President
Whipped Creme

5.49

save at least \$2.00 each
with your VIC card



6 oz.
Yoplait Yogurt

10/\$6

save at least 18¢ on 10
with your VIC card



5 oz.
Oui by Yoplait

2/\$3

save big on 2
with your VIC card



8 ct.
Go-Gurt

2/\$5

save big on 2
with your VIC card



32 oz.
Yoplait
Yogurt

2/\$6

save at least \$1.49 on 2
with your VIC card



9.6 oz.
SuperPretzel
Mini Pretzel Dogs

2/\$8

save at least \$2.79 on 2
with your VIC card



8 - 12 oz.
Primal Kitchen
Dressings or Wing Sauce

5.99

save at least \$2.00 each
with your VIC card



12.3 - 18 oz.
Kashi Cereal

4.99

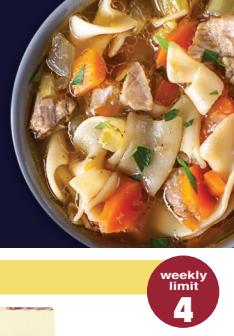
save at least \$1.00 each
with your VIC card



Comfort classics for your watch party

Campbell's

RAO'S
MADE FOR HOME



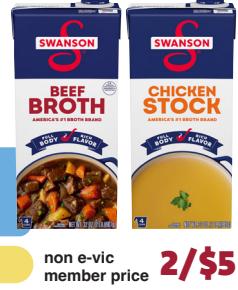
eVIC members only

weekly limit
4

32 oz.
Swanson
Broth or Stock

1.77

save at least \$2.92 over our already
low VIC price when you buy 4



non e-vic
member price
2/\$5

All items must be purchased in a single transaction with your VIC card.

eVIC members only

weekly limit
4

24 oz.
Rao's
Pasta Sauce

or 15 oz.
Alfredo Sauce

5.97

save at least \$2.08 over our already
low VIC price when you buy 4



non e-vic
member price
6.49

All items must be purchased in a single transaction with your VIC card.

eVIC members only

weekly limit
4

18 - 20.8 oz.
Rao's
Brick Oven Pizza

or 24 - 27 oz.
Family Size Entrees

7.97

save at least \$8.08 over our already
low VIC price when you buy 4



non e-vic
member price
9.99

All items must be purchased in a single transaction with your VIC card.

24 oz.
Prego
Pasta Sauce

or 14.5 oz.
Alfredo Sauce

2/\$5

save at least \$1.49 on 2
with your VIC card



16 oz.
Pace Salsa

2/\$5

save at least \$1.49 on 2
with your VIC card



10.99

save at least \$1.49 on 2
with your VIC card



non e-vic
member price
2/\$5

save at least \$1.49 on 2
with your VIC card

10.5 oz.
Campbell's
Condensed Soup

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



10.75 oz.
Campbell's
Chicken Noodle
Soup

or 14.5 oz.
Swanson Broth

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card

10.5 oz.
Campbell's
Cream of Chicken
or Cream of
Mushroom Soup

2/\$3

save at least 89¢ on 2
with your VIC card

non e-vic
member price
2/\$3

save at least 89¢ on 2
with your VIC card

32 oz.
Pacific
Organic Soup

3.99

save at least \$1.50 each
with your VIC card



16 oz.
Rao's Soup

2/\$7

save at least \$2.99 on 2
with your VIC card



8.9 oz.
Rao's
Single Serve
Entrees

2/\$8

save at least \$2.19 on 2
with your VIC card



non e-vic
member price
2/\$8

save at least \$2.19 on 2
with your VIC card

9 - 12 oz.
Kellogg's
Rice Krispies

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



FREE

each item rings at half price with your VIC card

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each item rings at half price with your VIC card

Big games call for fan favorites

KraftHeinz



19 - 30 oz.
Kraft
Miracle Whip

4.99 ea. with VIC card
-1.00 Digital Coupon **1 TIME**
3.99 Final Price with Digital Coupon



32 oz.
Heinz Ketchup
or 19.5 oz. Blend of
Veggie Ketchup
8 - 10 oz. Grey Poupon
Mustard

3.99 ea. with VIC card
-1.00 Digital Coupon **1 TIME**
2.99 Final Price with Digital Coupon



10 oz.
A.1 Steak Sauce

4.99 ea. with VIC card
-2.00 Digital Coupon **1 TIME**
2.99 Final Price with Digital Coupon



23.1 - 29.3 oz.
Maxwell
House Coffee

16.99 ea. with VIC card
-2.00 Digital Coupon **1 TIME**
14.99 Final Price with Digital Coupon



12 - 14 oz.
Velveeta Shells
or Kraft Deluxe Dinners

2/\$6 ea. with VIC card
-1.00 Digital Coupon **1 TIME**
2/\$5 Final Price with Digital Coupon



10 pk. 6 oz.
CapriSun
or 16 oz.
Mio Water Enhancer

BUY 1 GET 1
FREE

each item rings at half price with your VIC card

VIC

Limit 1 per offer.

Live Naturally

HARRIS TEETER
FARMERS MARKET
FRESHNESS VERIFIED

GAME ON
savings

PRODUCE favorites



9.25 - 10 oz.
Simple Truth
Organic
Tortilla Chips

2 for \$4

save at least \$1.58 on 2 with your VIC card



32 oz.
Simple Truth or
Simple Truth Organic
Aseptic Milk

2 for \$4

save at least 98¢ on 2 with your VIC card



12 oz.
Simple Truth
Organic
Vegetables

2 for \$5

save at least 98¢ on 2 with your VIC card



18.5 oz.
Simple Truth Organic
Chicken
Noodle Soup

**24 oz.
Simple Truth
Protein Chili**

2 for \$5

save at least \$1.58 on 2 with your VIC card



9.9 - 11.75 oz.
Private Selection
Salad Kits

2 for \$8

save big on 2 with your VIC card



16 oz.
Simple Truth
Organic
Liquid Eggs

4.49

save big with your VIC card



11 oz. Bag
Simple Truth
Organic
Coffee
or 2.12 oz.

**Mushroom
Instant Coffee**

7.99

save big with your VIC card



30 - 54 ct.
Simple Truth
Plates
or Bowls

4.79

save at least \$1.20 each with your VIC card



5.5 - 6 oz.
Wonderful
Pistachio Kernels

5.99 each

save big
with your VIC card

VIC SAVINGS



14 - 16 oz. In Shell
Wonderful Pistachios

7.99 each

save big
with your VIC card

VIC SAVINGS



7.5 oz.
Wholly
Guacamole

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card

VIC SAVINGS



10 oz.
La Terra Fina
Dips

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card

VIC SAVINGS



12 - 16 oz.
Sam's Salsa

3.99 each

save big
with your VIC card

VIC SAVINGS



8 oz.
Dandy Snack
Celery Sticks

3.49 each

save big
with your VIC card

VIC SAVINGS

**GAMEDAY
savings**



Farmers Market
Jalapeño Peppers

1.99

per lb.

save big per lb.

with your VIC card

VIC SAVINGS



Farmers Market
Double Bunch
Cilantro

2 for \$4

save big on 2

with your VIC card

VIC SAVINGS



Farmers Market
Red Roma
Tomatoes

1.49 per lb.

save big per lb.

with your VIC card

VIC SAVINGS



Farmers Market
Limes

.59 each

save big
with your VIC card

VIC SAVINGS



1 lb. Bag Wonderful
Seedless
Lemons

2 for \$7

save big on 2
with your VIC card

VIC SAVINGS



Farmers Market
Fuji Apples

1.99 per lb.

save big per lb.

with your VIC card

VIC SAVINGS



1 lb. Bag
Farmers Market
Baby Carrots

3 for \$5

save big on 3

with your VIC card

VIC SAVINGS



3.99 each

save big
with your VIC card

VIC SAVINGS



5.99 each

save big
with your VIC card

VIC SAVINGS



5.99 each

save big
with your VIC card

VIC SAVINGS



4.99 each

save big
with your VIC card

VIC SAVINGS



15.99 each

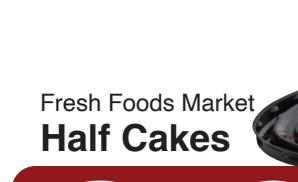
choose from a
wide variety of
colors and prices.

**Fresh-Cut
Boquets**

STARTING AT

39.99 each

VIC SAVINGS



big savings from our fresh foods market

HARRIS TEETER
FRESH
FOODS
MARKET



Boar's Head

Boar's Head
Ovengold
Turkey Breast



5.99 each

save at least 50¢ each with your VIC card

VIC SAVINGS



save big per lb. with your VIC card

VIC SAVINGS



6.5 oz.
Assorted Varieties

Alouette

Spreads

BUY 1 GET 1

FREE

each item rings at half price with your VIC card

VIC SAVINGS



5.99 each

save at least \$1.00 each with your VIC card

VIC SAVINGS

Get Game Day ready

GAME ON
savings



Double Slab
Fresh Foods Market
**Fully Cooked
Baby Back Ribs**
19.99
save big
with your VIC card

Single Slab
Fresh Foods Market
**Fully Cooked
BBQ Baby Back Ribs**

10.99

save big with your VIC card

VIC
SAVINGS

**Prime
Ground Beef**

5.99 per lb.

save at least \$1.00 per lb. with your VIC card

VIC
SAVINGS



I'll Be Pizza
Gluten Free
Pizza Dough
2/\$5
save big on 2
with your VIC card

Assorted Varieties
**I'll Be Pizza
Specialty Pizza Dough**

2/\$4

save big on 2 with your VIC card

VIC
SAVINGS



Assorted Varieties
**Large Size
Chicken Wings or Tenders**

9.99

save big with your VIC card

VIC
SAVINGS



4 ct. or 6 ct.
**Brioche Gourmet
Hamburger
or Hot Dog Buns**

4.99

save at least \$2.00 each with your VIC card

VIC
SAVINGS



10.2 oz.
**King's Hawaiian
Pretzel Bites**

6.99

save at least \$2.00 each with your VIC card

VIC
SAVINGS



24 ct.
Original or Butter
**King's
Hawaiian Rolls**

8.99

save at least \$2.00 each with your VIC card

VIC
SAVINGS



12 - 16 lb.
**Kingsford
or MatchLight Charcoal**

10.99

save at least \$6.00 each with your VIC card

VIC
SAVINGS





Fuel up for gameday



eVIC members only

weekly limit
16

5.3 oz.
Oikos
Triple Zero
Single Serve

.97



48 oz.
STŌK
Cold Brew Coffee

4.99

save at least \$2.00 each with your VIC card



32 oz.
International
Delight, Silk
or Too Good Creamers

2/\$7

save at least \$1.99 on 2 with your VIC card



save BIG over our already
low VIC price when you buy 16

non e-vic
member price **8/\$10**

VIC
SAVINGS

All items must be purchased in a single transaction with your VIC card.

14 oz.
International
Delight
or Dunkin'
Cold Foam Creamers

2/\$7

save at least \$1.99 on 2 with your VIC card



64 oz.
Silk
Almond Milk

2/\$7

save at least 49¢ on 2 with your VIC card



64 oz.
Silk Soy
or Silk Protein Milk

3.99

save at least \$1.20 each with your VIC card



64 oz.
So Delicious
Organic Coconut Milk

2/\$7

save at least \$1.99 on 2 with your VIC card



4 pk.
Oikos
Protein Shakes

2.50 off

save big with your VIC card

VIC
SAVINGS

4 pk.
Too Good
Yogurt Cups or Pouches

3.99

save at least \$1.70 each with your VIC card



8 pk.
Activia
Probiotic Dailies

4.99

save at least \$1.00 each with your VIC card



6 pk.
Oikos Pro
Protein Shots

4.99

save at least \$1.70 each with your VIC card

VIC
SAVINGS

VIC
SAVINGS



Touchdown tastes they'll cheer for



18 oz.
Quaker
Old Fashioned
or Quick Oats

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card 



12 oz.
Quaker
Instant Grits

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card 



14 oz.
Cap'n Crunch Cereal

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card 



13 oz.
Life Cereal

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card 



24 oz.
Pearl Milling
Company Syrup

2/\$6

save big on 2 with your VIC card 



2 lb.
Pearl Milling
Company Pancake Mix

2/\$6

save big on 2 with your VIC card 



12.1 oz.
Quaker
Instant Oatmeal

2/\$4

save big on 2 with your VIC card 



1.3 oz.
Quaker
Instant Oatmeal
or Crunch Cups

4/\$5

save big on 4 with your VIC card 



8 - 10 ct.
Quaker
Chewy Bars

2/\$5

save big on 2 with your VIC card 



5 ct.
Quaker
Protein Granola Bars

2/\$7

save big on 2 with your VIC card 



6.5 oz.
Quaker
Rice Cakes

2/\$7

save big on 2 with your VIC card 



6 oz.
Quaker
Rice Crisps

2/\$8

save big on 2 with your VIC card 



4 - 7 oz.
Pasta-Roni

3/\$5

save big on 3 with your VIC card 



4 - 7 oz.
Rice-A-Roni

4/\$5

save big on 4 with your VIC card 