FEED THE DREAM

Sobeys

OFFICIAL GROCER

HOT PRICE 3.99 /lb

Fresh Pork Tenderloin Family Size cryovac 8.80/kg

MEMBERS SAVE $1.11/lb

8.88 /lb 19.58/kg MEMBER PRICE

9.99 /lb 22.03/kg without Scene+ Card

Fresh Boneless Top Sirloin Grilling Steak Family Size or Premium Oven Roast cut from Canada AA or USDA select grade beef while supplies last

HOT PRICE 4.99

MAPLE LEAF or SCHNEIDERS Bacon 375 g, MAPLE LEAF Ready Crisp Bacon 65-85 g, SCHNEIDERS Cooked Bacon 100 g or Juicy Jumbos or Smoked Sausages 375-450 g selected

HOT PRICE 2.49

Raspberries or Blackberries product of Mexico 170 g

HOT PRICE 3.99

Fresh Atlantic Salmon Portions skin-on, plain or in-store marinated product of Canada 113 g

HOT PRICE 2.99 /lb, ea

Boston Duo Lettuce product of Canada or Asparagus product of Mexico no 1 grade 6.59/kg

Happy Valentine's Day

FEBRUARY 14

29.99

Assorted Set Roses 50 cm one dozen

HOT PRICE 3.99

RED BARON Classic or Deep Dish Pizza 317-665 g

+150 PTS when you buy 3

HOT PRICE 2.47

PRINGLES Super Stacks 148-156 g or **KELLOGG'S** Town House, Snap'd or Cheez-It Crackers 213-391 g

HOT PRICE 2.99

CHAPMAN'S Super Premium Plus Ice Cream 500 mL selected

HOT PRICE 8.47

GENERAL MILLS Jumbo Cereal 825 g-1.3 kg, KELLOGG'S Jumbo Cereal selected 700 g-1.2 kg or POST Jumbo Cereal 1.3-1.24 kg

HOT PRICE 4/$5

KRAFT DINNER 156-200 g or Cups 58 g or HEINZ Pasta or Beans 398 mL

HOT PRICE 4.97

KRAFT Peanut Butter or Hazelnut Spread 725 g-1 kg or ST. DALFOUR Jam 225 mL

FEBRUARY 12 TO MARCH 4, 2026

DOWNLOAD THE SOBEYS APP

Scene+ MYSTERY OFFER

YOUR MYSTERY OFFER COULD EARN YOU UP TO 10,000 SCENE+ POINTS*

Load your **Mystery Offer** every week on the **Sobeys app** or at Sobeys.com

*See page 2 for full terms and conditions.

+ Global Market

HOT PRICE 9.77

SALEEM CARAVAN Basmati Rice 4.54 kg or KIM PHAT Spring Rolls 2.8 kg

Prices and offers in effect February 2026

THU 12 | FRI 13 | SAT 14 | SUN 15 | MON 16 | TUE 17 | WED 18

Happy Family Day! Please see local store or online for holiday hours

So many deals

Scan here for our full digital flyer

POI_SBY_WK42_PRN_ONT

ONT

So in love

Happy Valentine's Day

FEBRUARY 14

11.99
Ecuadorian Rose Bouquet 3-stem

19.99
Love In-Bloom Bouquet

42.99
Valentine's Bear Hug Arrangement

16.99
Chocolate Dipped Strawberries 550 g

11.99
FERRERO ROCHER Hearts 174-200 g or TURTLES Heart 167 g
Price in effect until February 14th

FLO_SBY_WK42_PRN_ONT

Scene

TURN POINTS INTO GROCERIES

2,000 PTS when you buy 1

That's like $20 toward your groceries

7.99 /lb

Fresh Boneless Whole Beef Brisket cryovac cut from Australian graded beef while supplies last 17.61/kg

500 PTS when you spend $20 or more

That's like $5 toward your groceries

6.99 /lb

COMPLIMENTS Fresh AIR-CHILLED Boneless Skinless Chicken Thighs Family Size 15.41/kg

That's like $5 toward your groceries

500 PTS when you buy 2

12.79

QUAKER Dipps or Chewy Granola Bars 935-960 g

200 PTS when you buy 2

40% off

JAMIESON Vitamins or Supplements selected varieties and sizes

400 PTS when you buy 2

8.99

GAIN Liquid Detergent 2.6 L, Flings! 31 pk, TIDE Simply 2.72 L, DOWNY or GAIN Fabric Enhancers or Softener 303-379 g or 1.66-2.63 L or BOUNCE or DOWNY Sheets 120-200 pk

1,000 Points = $10 of free groceries

FLGS_SBY_W4-42_FRIS_ONT

So·together

At the table for less

7.99 /lb
Fresh Extra Lean Ground Beef
Family Size 17.61/kg

10.99 /lb
Product of Canada Fresh Wild Haddock Fillets
subject to availability or Yellowfin Tuna Steaks previously frozen or frozen product of Vietnam 24.23/kg

12.99
PINTY'S EatWell Gluten Free Breaded Chicken Burgers Strips, Nuggets, Fillets or Chunks or COMPLIMENTS Chicken or Beef Individual Pot Pies 750-790 g

5.99 MEMBER PRICING
7.49 without Scene+ Card
BOURSIN 150 g, Cuisine 220 g or KAUKAUNA Cheese Balls 170 g

READY FOR YOU

20% off
Taco or Souvlaki Meal Kits
sold by 100 g available chilled

value size

12.99
COMPLIMENTS Value Size Breakfast, Mild or Honey Garlic Pork Sausage 1-1.4 kg or Thick Cut Bacon 1 kg

3.49
DEMPSTER'S Bagels 5-6 pk (excludes Protein) or 7" Tortillas 272-340 g or TIA ROSA Tortillas 220-328 g

Make the perfect breakfast

7.99
NABOB or COMPLIMENTS Coffee 300-340 g bags, MAXWELL HOUSE or FOLGERS Single Serve Coffee Pods 12 pk, MAXWELL HOUSE Instant Coffee 150 g or NABOB or MAXWELL HOUSE Tassimo T-Discs 8-16 pk

4.29
PEARL MILLING COMPANY Pancake Mix 905 g or Syrup 710 mL

100 PTS when you buy 1
16.99
PANACHE Maple Syrup
amber rich 1 L

4.99
TROPICANA Orange Juice or Juice Blends 1.36 L or COMPLIMENTS Cheese 400 g or Shreds 226-320 g selected

4.77
CRACKER BARREL Cheese Slices 200-240 g or Snacks 168 g or BLACK DIAMOND Cheestrings 8 pk

6.99
GAY LEA Butter Sticks salted or unsalted 454 g

2/$5
HOSTESS Snacks 121-225 g or CHRISTIE Mini Cookies 144-200 g

3.99
LIBERTÉ Greek Yogurt 2-4 pk or Méditerranée 4 pk or 500 g, YOPLAIT Source 650 g or SEALTEST Chocolate Milk 2 L

4.25
COCA-COLA or PEPSI Soft Drinks 6x710 mL

19.99
FERRERO Grand Assortment 205 g while supplies last price in effect until Feb 14

1.99
AYLMER Tomatoes 796 mL or Accents 398-540 mL or CHEF BOYARDEE 418-425 g

value size
9.99 MEMBER PRICING
10.99 without Scene+ Card
COMPLIMENTS Chocolate Chips 775 g

value size
14.99
SAPUTO Shredded Cheese 1 kg or ARMSTRONG 900 g

300 PTS when you buy 2
4.99 MEMBER PRICING
6.99 without Scene+ Card
LISTERINE Mouthwash 1 L selected

6.99
CASHMERE Bathroom Tissue 12=24 or 8=24 rolls, SPONGETOWELS 3=6 rolls, SCOTTIES Facial Tissue 6 pk or BONTERRA Bathroom Tissue 9=27 rolls, Paper Towel or Facial Tissue 3 pk

Scene+ EXPRESS SIGN UP
GET YOUR DIGITAL SCENE+ CARD INSTANTLY AFTER SIGN UP
SCAN this code, then enter your email and postal code to get your digital Scene+ card. Start earning points on eligible purchases after sign up
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P08_SBY_WK42_PRN_ONT

So love in bloom

Happy Valentine's Day

10.99
Tulip Bouquet 10-stem grown in Ontario

STARTING AT
21.99
Ready to Go Valentine's Arrangements selection may vary by store

29.99
Endless Love Bouquet

STARTING AT
34.99
Heart-Shaped Orchid in Ceramic available in 3" or 5" pots

49.99
Premium Ecuadorian Rose Bouquet 60 cm

Happy Lunar New Year 新春快樂

9.88
Pomelo Gift Pack 4 pk, Ponkan Mandarins product of China or Coconut-Dragon Fruit Gift Box product of Vietnam while supplies last

16.88
Brown Singo Pear Gift Box 2.3 kg product of China while supplies last

++100 PTS when you buy 1
14.88
Navel Oranges Gift Pack 10 lb 4.54 kg case
10 LB

88¢ /lb
Napa Cabbage or Bok Choy product of USA or Mexico 1.94/kg

1.28 /lb
Flat Cabbage or Lo Bok with Stem product of USA or Mexico 2.82/kg

5.48
SIWIN Potstickers or Dumplings 454-500 g selected varieties

3.98
KJ FOODS Dumplings or Pork Buns 380–450 g selected varieties

9.98 case
NONGSHIM Bowl Noodle Soup 12x86 g selected varieties **1.35 ea**

8.98
DAN-D PAK Cashews salted or unsalted 454 g

8.98
DAN-D PAK Cashew Medley 12 pk 480 g

9.88
WANT-WANT Rice Crackers Gift Pack mixed 566 g

2.78
HATA RAMUNE Soda selected varieties 200 mL

4.88
BINGGRAE Melona Ice Bars 560 mL selected varieties

4.48
LOTTE Yukimi Mochi Ice strawberry, green tea, mango, chocolate or vanilla 9 pk 270 mL

9.98
LINDT Bagged Chocolates 117-151 g while supplies last

8.88
NESCAFÉ Sweet & Creamy 16-18 pk

++200 PTS when you buy 1
10.98
FERRERO ROCHER Chocolate Jewel Box 200 g

9.88
FRITO-LAY Prosperity Pack Snacks 392 g

7.88
P.F. CHANG'S Bowls 312 g

*Offer valid weekly (Thursday – Wednesday) from February 12 – March 4, 2026. Card must be registered. Offer applicable to Scene+ members who joined and registered their card before January 25, 2026. Qualifying purchase must be made in a single transaction in store. Offer must be loaded to registered Scene+ Card prior to transaction. No base Scene+ points earned. Offer excludes taxes and other goods and services which are non-discountable or excluded by law. Scene+ digital or physical membership card must be presented at time of purchase. Offer subject to change and may be withdrawn without notice. Trademarks of Scene Plus IP Corporation used under license by Sobeys Capital Incorporated.

P22_2601_WK42_PRN_ONT

Celebrate with savings

4.88 /lb
KING COLE Frozen Grade A Duck
10.76/kg

4.88
EIGHT TREASURES Basa Steaks
500 g

5.28 ea when you buy 2 or more
SUMMI Asian Appetizers 250-350 g available chilled **5.78 ea**

23.88
COMPLIMENTS NATURALLY SIMPLE Black Tiger Shrimp in Ring with Sauce 515 g

2.98
LAO GAN MA Chili in Oil Crisp 210 g or CHINA LILY Soya Sauce 483 mL

5.48
KIKKOMAN Stir-Fry Sauce 285 mL or Soy Sauce Lite 296 mL

3.48
KIKKOMAN Panko Bread Crumbs 227 g

6.48
LEE KUM KEE Sriracha Mayo
445 mL

3.48
LEE KUM KEE Hoisin Sauce
445 mL or Oyster Sauce
510 g

6.98
HUY FONG Sriracha Hot Chili Sauce
714 mL

5.48
SAPPORO ICHIBAN Noodles
500-520 g selected varieties

500 PTS. on your next purchase $20.01/mark

2.78
CARNATION Evaporated Milk
354 mL

13.88
GOURMET BY STARFRIT Eco Bamboo Steamer Set
while quantities last

29.88
STARFRIT 13-Piece Wok Set while quantities last

12.98
MAZOLA Oil 2.84 L

28.88
BLACK + DECKER 16-Cup Rice Cooker while quantities last

19.88
CHARMIN Bathroom Tissue
12×48 rolls

6.88
SPRAY NINE Multi-Purpose Cleaners
650 mL

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so much value

100% fresh GUARANTEE

PERFECT FOR VALENTINE'S DAY

7.99
Raspberry Heart product of Mexico 227 g

4.77 PINT
Blueberries Pint product of Peru or Mexico no 1 grade

Red or Black Plums, Peaches or Nectarines product of Chile no 1 grade 6.59/kg
2.99 /lb

Try with

5.99 100 PTS when you buy 1
CHOCOLATS FAVORIS Mini Fondue selected 85 g

2.99 /lb, ea
Brussels Sprouts product of Mexico no 1 grade 6.59/kg or Green Kale product of Mexico or USA

From Ontario
97¢ /lb
Green Cabbage product of Ontario Canada no 1, 2.14/kg

2.99 /lb
Green Peppers product of USA or Mexico 6.59/kg

From Ontario

1.99
Rainbow Carrots product of Ontario Canada no 1, 907 g 2 lb

EXCLUSIVE

6.99
HIIROS Cherry Tomatoes on the Vine product of Canada 340 g

100 PTS when you buy 2
ORGANIC
5.99
COMPLIMENTS ORGANIC Portabella Mushroom Caps product of Canada 170 g

From Ontario

1.99 /lb
Gala or **Ambrosia Apples** product of Ontario, Canada extra fancy grade 4.39/kg

2.47 /lb
Minneola Oranges product of USA 5.45/kg

We offer whole and cored pineapples for the same price

4.99
Large Pineapples product of Costa Rica or Prepared Fresh Daily In-Store Cored Pineapples

100 PTS when you buy 2
2.47
Ataulfo Mangoes product of Mexico

2/$7 100 PTS when you buy 2
COMPLIMENTS Baby Spinach, Baby Arugula or Spring Mix product of USA 142 g or GOODLEAF Microgreens product of Ontario 50 g

7.99 200 PTS when you buy 2
FRESH ATTITUDE Caesar or Spring Mix Salad Kits Family Size packed in Canada 342-413 g

Prepared Fresh Daily Yogurt Parfaits assorted sizes

Prepared Fresh Daily Roasters or BBQ Grillers assorted sizes

Global Market
2.88
Dragon Fruit product of Vietnam, Honey Pomelos product of China or Yellow Pitahaya product of Ecuador

Global Market
9.99
BARD VALLEY Medjool Dates 907 g

ORGANIC
3 PACK
6.99
Organic Romaine Hearts 3 pk product of Mexico or USA

ORGANIC
5.99
Organic Kiwi product of Italy 454 g

9.99
LOOP Cold Pressed Juice or Smoothies product of Canada selected 1 L

2.99
SUNRISE Extra Firm Tofu product of Canada 350 g

7.99 200 PTS when you buy 3
COMPLIMENTS Roasted Cashews or Almonds salted or unsalted 275 g

25% off
COMPLIMENTS Baking Nuts 200-400 g

floral

Available at most stores

STARTING AT **24.99**
Assorted Valentine's Day Bouquets selection may vary by store

STARTING AT **17.99**
Rose Duet Bouquets selection may vary by store

STARTING AT **9.99**
Potted Mini Rose in Gift Bag available in 4" or 6" grown in Ontario

STARTING AT **7.99**
Assorted Valentine's Day Ceramics grown in Ontario

Give them more with the Grocery Essentials Card
Visit sobeys.com/giftcards for details

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PG4_SEP_WK42_PRN_ONT

So·tender

Sterling SILVER

HAND-SELECTED AAA BEEF

Well-marbled · Aged to perfection
Cut from Canada AAA Beef
Exclusive to Sobeys

11.99 /lb
STERLING SILVER Fresh Boneless Inside Round Oven Roast or Marinating Steaks cut from Canada AAA grade beef 26.43/kg

10% off at till
STERLING SILVER Fresh Boneless Beef Tenderloin Premium Oven Roast or Grilling Steaks cut by your meat expert from Canada AAA grade beef

That's like $5 toward your groceries

+ 500 PTS when you spend $50 or more

STERLING SILVER Fresh Boneless Rib or Rib Eye Premium Oven Roast or Family Size Grilling Steaks cut by your meat expert from Canada AAA grade beef while supplies last

CERTIFIED TENDER® TENDRETÉ CERTIFIÉE

28.99 /lb
STERLING SILVER Fresh Capless Prime Rib Premium Oven Roast or Family Size Grilling Steaks cut by your meat expert from Canada AAA grade beef 63.91/kg

CERTIFIED TENDER® TENDRETÉ CERTIFIÉE

THE CERTIFIED TENDER® ADVANTAGE

When choosing a roast or steaks, look for the Certified Tender® shield. It means the meat has been certified by the Canadian Beef Grading Agency to be tender and aged perfectly, so you can count on delicious results. Exclusive to select STERLING SILVER® premium cuts.

YOUR GUIDE TO THE PERFECT STEAK

STEAK TEMP GUIDE — Sterling SILVER

RARE
Remove from heat at 115°- 120°F (48°- 54°C)

MEDIUM-RARE
Remove from heat at 125°F (52°C)

MEDIUM
Remove from heat at 135°- 140°F (57°- 60°C)

MEDIUM-WELL
Remove from heat at 145°- 150°F (63°- 66°C)

WELL-DONE
Remove from heat at 155°- 160°F (68°- 66°C)

+ 250 PTS when you buy 1

5.99 /lb
PANACHE Flattened Chicken Jemon Greek, jerk or Portuguese 13.21/kg

+ 300 PTS when you spend $50 or more

COMPLIMENTS Fresh AIR-CHILLED Boneless Skinless Chicken Breasts Family Size

value size

5.99 /lb
Fresh Whole Skinless Pork Belly cryovac 13.21/kg

3.99 /lb
Fresh Pork Loin Rib and Sirloin Combo Chops Family Size 8.80/kg

MADE FOR YOU

8.99 /lb + 300 PTS when you spend $20 or more
Fresh Premium Cheesy, Portabella Mushroom & Mozzarella or Bacon & Cheddar Medium Ground Chuck Beef Burgers 19.82/kg

LEAN GROUND BEEF — BUY MORE SAVE MORE

$6 BUY MORE YOU SAVE 2 or more
COMPLIMENTS Ground Pork 454 g 6.99 ea

ULTIMATE

+ 300 PTS when you buy 2

5.99 MAPLE LODGE Chicken Sausage 375-500 g

11.99 /lb
Seasoned Lamb Chops Greek & lemon or herbes de provence 26.43/kg

quick & easy

BUY MORE SAVE MORE

4.49 BUY MORE YOU Buy 2 or more
COMPLIMENTS Boneless Ham Slices 375 g 4.99 ea

BUY MORE SAVE MORE

5.99 BUY MORE YOU Buy 2 or more
COMPLIMENTS Fully Cooked Meat Strips 150-200 g 6.99 ea

10.99 + 200 PTS when you buy 2
PILLER'S Turkey Bites, Mini Pepperoni or Salami Sticks 300-500 g

6.99 + 100 PTS when you buy 1
COMPLIMENTS Regular Wieners 1 kg

7.99 + 100 PTS when you buy 2
WONG WING Frozen Entrées, Egg Rolls, Spring Rolls or Dumplings 380-680 g

9.99 + 100 PTS when you buy 1
COMPLIMENTS Chicken Balls 700 g

MIX & MATCH — BUY 2 GET 3RD FREE

COMPLIMENTS Frozen Chicken Wings, Appetizers, Breaded Chicken, Lasagna, Burgers & More! 250 g-2.27 kg

GET TO FREE GROCERIES FASTER when you scan your Scene+ membership card and pay with your Scotiabank Scene+ Visa Card.

GET 1% CASH BACK IN STORE!

LEARN MORE AT SCENEPLUS.COM

FOS_SBY_WK40_FRB_ONT

$10 in groceries. Scene+ points redeemed at any participating Empire location must be redeemed in increments of 1,000. Get 5 Scene+ points on every $1 Spent. On eligible everyday purchases at participating grocery stores. Offer conditions apply. See full list of participating merchants across Canada at Scotiabank.com/scenepoints. *Excluded: Alcohol, Gift Cards and Vouchers, Prepaid Cards, Lottery, Money Orders, Postage, Transit Passes and Tickets, Charitable Donations, Government Services, Tobacco and Beer.

seafood

3.49 MEMBER PRICE 3.99 without Scene+ Card
COMPLIMENTS Crab or Lobster-Flavoured Alaska Pollock 227 g

5.99 MEMBER PRICE
Fresh Mussels 907 g or MUSSEL KING Whole Cooked PEI Mussels, frozen 454 g

9.99 MEMBER PRICE 10.99 without Scene+ Card
COMPLIMENTS Cooked or Raw Shrimp 31–40 or 71–90 ct per lb or Bay Scallops 80–120 ct per lb 340 g

12.99 /kg
Almond Crusted Sole Fillets or Coconut Crusted Tilapia previously frozen 28.64/kg

HOOKED ON QUALITY.

Get 250 PTS when you spend $25 or more on any of these participating JANE'S products.

8.99
JANE'S Classic Breaded or Battered Fish 450-510 g selected varieties

12.99
JANE'S Ultimates Breaded or Battered Fish 450-543 g selected varieties

10.99
JANE'S Lightly Dusted Fish Fillets 500-540 g selected varieties

100% WILD CAUGHT

JANE'S® AND ULTIMATES™ ARE TRADEMARKS OF SOFINA FOODS INC. ©2025 SOFINA FOODS INC.

bakery

7.99 MEMBER PRICE 9.99 without Scene+ Card
Small Bar Cakes 325-575 g

200 PTS when you buy 2 — BAKED IN STORE
7.99 **Brownies** 550-585 g

BAKED IN STORE
3.99 **Winnipeg Style Light or Dark Rye Bread** 450 g

3.99 MEMBER PRICE 4.99 without Scene+ Card
COMPLIMENTS Brioche Burger Buns 4 pk 200 g

BAKED IN STORE
100 PTS when you buy 2
6.99 **Gourmet Cookies** 6 pk 410-475 g

BAKED IN STORE
STARTING AT 5.99
100 PTS when you buy 2
All Butter Croissants and Pastries 4 pk 275-400 g

50 PTS when you buy 1 — BAKED IN STORE
6.29 **Gourmet Cheese Topped Buns** 6 pk 425 g

PANACHE Frozen Desserts 300-650 g or Pastry Box Cheesecakes frozen 350-600 g

deli & kitchen

5.99 MEMBER PRICE 6.99 without Scene+ Card
COMPLIMENTS Sliced Cheeses 150-170 g

STARTING AT 7.99
100 PTS when you buy 2
KERRYGOLD 198 g, L'EXTRA Brie or Camembert 170 g, MONSIEUR GUSTAV Cheddar 200-250 g, Raclette 150 g, Aged Gouda 170 g or AGROPUR Grand Cheddar 2 yr or 3 yr 200 g

200 PTS when you spend $15 or more
20% off
MANCHEGO, JARLSBERG, CAMBOZOLA or ENTREMONT Brie prices as marked

11.99 **PILLER'S Sliced Deli Meat Club Packs** 350 g selected

5.99 **SNACK FACTORY Pretzel Crisps** 155-200 g selected

10.99 **COMPLIMENTS Sliced Deli Meats Family Size** 400 g selected

200 PTS when you buy 500 g or more — SLICED FRESH
4.49 /100 g **PILLER'S Salami** assorted varieties

4.99 MEMBER PRICE 5.49 without Scene+ Card
1/4 Assorted Dagwood 285 g

200 PTS when you buy 2
7.99 **COMPLIMENTS Salads** 850-908 g regular potato, creamy coleslaw, macaroni or other selected

18.99 **RANA Lasagna** 1.1 kg available chilled

9.99 **SUMMER FRESH 6-Layer Dip** 400 g

200 PTS when you buy 2
10.99 **COMPLIMENTS Family Size Fresh Pasta** 1 kg or Sauce 580 mL 8.29

Give them more with the Grocery Essentials Card

Visit sobeys.com/giftcards for details.

PDSL_SEP_WK42_PRN_ONT

drinks & snacks

$4 CHRISTIE Peek Freans or Dad's Cookies 275-350 g

27.99 MELITTA Whole Bean Coffee 907 g or MC.CAFE Keurig® Compatible Single Serve Pods 30 pk

100 PTS when you buy 1

14.99 CHASING TIDES Roast & Ground Coffee 272 g

5.99 ARIZONA Ice Tea 3.78 L

2/$7 DARE Ultimate Cookies 290-300 g or CARR'S Table Water Crackers 125-150 g

100 PTS when you buy 1

4.49 CHRISTIE Premium Plus Crackers 402-481 g

2/$9 MISS VICKIE'S Kettle Chips 190-200 g or SMARTFOOD Popcorn 150-220 g

4.49 HUMPTY DUMPTY Party Mix 250 g or Snacks 200-290 g

6.99 100 PTS when you buy 2 BUBLY or MONTELLIER Sparkling Water 10-12x355 mL

1.69 SPARKLING ICE Sparkling Water 503 mL

2/$4.50 COCA-COLA Soft Drinks 1 L

2/$9 ROLD GOLD Pretzels 295-370 g or SUNCHIPS 205 g

3.99 MARS Bags 95-100 g

300 PTS when you buy 1

2.99 TOBLERONE Milk Chocolate 100 g

3.49 JOLLY RANCHER Ropes 283 g, TWIZZLERS Licorice Candy 311-454 g or SKITTLES or STARBURST Candy 130-170 g

3.49 QUAKER Yogurt Bars 175 g

Here for your budget and lifestyle

compliments Panache

2/$4 PANACHE Carbonated Water 750 mL-1 L

100 PTS when you buy 2

COMPLIMENTS Potato Chips Extraaa! Flavour or Kettle Chips 200 g

1.50 COMPLIMENTS Rice Crackers 100 g

100 PTS when you buy 1

4.99 COMPLIMENTS Chocolate Syrup 700 mL

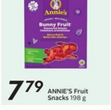
natural health

200 PTS when you buy 1

9.99 COMPLIMENTS ORGANIC 100% Cranberry Juice 1.36 L

4.79 SIMPLY Cheetos, Ruffles or Smartfood 156-241 g

5.49 THIRSTY BUDDHA Organic Coconut Water Classic 1 L



7.79 ANNIE'S Fruit Snacks 198 g

6.49 SO DELICIOUS Dairy Free Frozen Dessert 500 mL or Novelties 4-8 pk 272 mL or 544 mL

3.99 EARTH'S OWN Select Beverages 1.75-189 L

3.29 RISE Organic Kombucha 414 mL

5.99 100 PTS when you buy 1 CHICKAPEA Organic Pasta 227 g

20% off COMPLIMENTS Vitamins or Supplements selected

100 PTS when you buy 4

2/$4 CLIF Bars 68 g selected

300 PTS when you buy 1

39.99 PERFECT SPORTS Diesel Whey Protein Powders 908 g selected

8.99 NATURE CLEAN Laundry or Cleaning Strips 32 pk or DR. SQUATCH Soaps 141 g selected

Scene+ GET 1,000 PTS FOR EVERY $100 SPENT IN ONE4ALL ULTIMATE GIFT CARDS

Offer valid during February 12 – 18, 2026. Sorry no rainchecks or price matching. See gift card for details. Scene+ is a program of The Bank of Nova Scotia. Subject to availability. Cards issued by Peoples Trust Company.

FOT_SBY_W4-V2_FRN_DM1

frozen & dairy

3.49 SEALTEST Cream 5 or 10% 1 L

3.99 KOZY SHACK Rice Pudding 4 pk or tub 624 g

$4 KELLOGG'S Eggo Waffles, French Toast Sticks or Pancakes 270-330 g

6.49 SCHNEIDERS Breakfast Sandwiches or Egg Bites 224-228 g

200 PTS when you buy 2

3.99 YOPLAIT Minigo or Tube Yogurt 6-8 pk

6.99 LACTANTIA Healthy Attitude or Olivina Margarine 850 g or PHILADELPHIA Cream Cheese 340 g

2/$4 MICHELINA'S Frozen Entrées 128-284 g

5.99 MCCAIN Deep'n Delicious Cakes 510 g

10.99 DANONE Oikos Greek Yogurt 12 pk or 1.5 kg or IOGO Yogurt 2 kg

150 PTS when you buy 2

5.99 OASIS Health Break or Smoothie 1.6 L

7.99 SAVI GOURMET Gnocchi, Risotto or Penne Pasta Meals 500 g

5.49 PANACHE Premium Ice Cream 1 L or Novelties 4-6 pk selected

meal makers

10.49 COMPLIMENTS Vegetable Oil 3 L or HELLMANN'S Mayonnaise 1.42 L

300 PTS when you buy 2

6.79 STEFANO Pasta Sauce 405-648 mL

7.99 KRAFT Pizza Kit 850 g

99¢ SAPPORO ICHIBAN Noodles 100 g or COMPLIMENTS Instant Noodle Cups 65 g

MIX & MATCH

Get **500 PTS** when you spend $20 or more on these participating products

6.49 ROBIN HOOD or FIVE ROSES Flour selected 2.5 kg

3.99 ROBIN HOOD Oats 1 kg

4.49 EAGLE BRAND Condensed Milk 300 mL

2.78 CARNATION Evaporated Milk 354 mL

4.99 KELLOGG'S Vector Granola 311 g

10.99 GOGO SQUEEZ Fruit 12 pk

3.99 DEMPSTER'S Signature English Muffins 6 pk, NATURAL BAKERY Canadian Rye Bread 500 g or DIMPFLMEIER Selected Bread 454-500 g

4.98 MINUTE RICE 500-700 g selected varieties

200 PTS when you buy 2

5.99 COMPLIMENTS Greek Yogurt 650 g

200 PTS when you buy 2

COMPLIMENTS Large Brown Eggs 12 pk

6.99 COMPLIMENTS Mini Pizzas 8 pk

12.99 COMPLIMENTS Frozen Fruit 1.5 kg

100 PTS when you buy 1

COMPLIMENTS White Vinegar 4 L or Pickles 1 L

1.99 100 PTS when you buy 2

COMPLIMENTS Broth 900 mL

100 PTS when you buy 2

COMPLIMENTS Spices or Seasonings selected 5-245 g

3.69 100 PTS when you buy 2

COMPLIMENTS Fruit cups 4 pk

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home & pet care

8.99 PURINA Cat or Kitten Chow 1.6-2 kg or Dentalife Dog Treats or Chews 404-595 g

11.99 PURINA ONE SmartBlend Dry Cat or Dog Food 1.45-1.8 kg

26.99 PEDIGREE Dry Dog Food 6.35-8 kg

+100 PTS when you buy 1

COMPLIMENTS Cat Litter 7 kg

12.99 GLAD Waste Bags Tall 50-60 pk

10.99 ENERGIZER Max AAA 4 pk, AA 8 pk or 9V 2 pk

8.99 +200 PTS when you buy 2

ROYALE Bathroom Tissue 8=16 rolls

32.99 CHARMIN Bathroom Tissue 24=96 rolls or BOUNTY Paper Towels 8 pk

13.99 FLEECY Fabric Softener 4.7 L

STARTING AT **3.99** MR. CLEAN Magic Erasers 2-3 pk selected

+100 PTS when you buy 1

2.79 COMPLIMENTS Liquid Dish Detergent 828 mL

+500 PTS when you buy 2

That's like $5 toward your groceries

17.99 DOWNY or GAIN Fabric Enhancers or Softener 598-694 g or 1.8-4.16 L

health, beauty & baby

5.99 +100 PTS when you buy 1

SENSODYNE Whitening or Pronamel 110-135 mL selected

4.49 +150 PTS when you buy 2

CREST Pro-Health or 3D White Toothpaste, ORAL-B Toothbrushes or Floss 1-75 pk or 63-120 mL selected

STARTING AT **5.99** PANTENE Hair Care 170-355 mL or 187 g selected

6.49 OLD SPICE or HEAD & SHOULDERS Hair Care 315-400 mL selected

5.99 +100 PTS when you buy 1

SOFTSOAP or IRISH SPRING Body Wash 591 mL selected

6.99 +100 PTS when you buy 2

DEGREE Men's or Women's Deodorant 76-107 g selected

15% off

BIC Men's and Women's Razors or Blades, GILLETTE Fusion or Mach 3 Blades, Skintimate or SCHICK Razors, SATIN CARE or GILLETTE Shave Gel or Cream or BLISTEX Lip Balm 1-12 pk or 4.25-311 g or 75 mL selected

10% off

L'ORÉAL Skin Care selected

69.99 SIMILAC 360 Total Care Powder 859 g

15% off +100 PTS when you buy 2

JOHNSON & JOHNSON Baby 400-600 mL or 623 g, PENATEN Medicated Cream 55-166 g or DESITIN Diaper Rash Cream 113-454 g

28.99 HUGGIES Giga Pack Pull-Ups 2T-6T, 28-44 pk or GOODNITES 4A-7A pk

BUY MORE SAVE MORE

$1 OFF WHEN YOU buy 3 or more

COMPLIMENTS ORGANIC Purée Pouches 128 mL 1.79 ea

pharmacy

Only available at pharmacy locations. *Select products only available when a pharmacist is on duty.

+200 PTS when you buy 3

10% off IMODIUM 20-24 pk selected

10% off +250 PTS when you buy 3

ROBITUSSIN 100 mL or 20 pk, ADVIL Cold & Sinus 20 pk or BUCKLEY'S Syrup 115-150 mL or 24 pk selected*

19.99 DEPEND Underwear or POISE Pads selected

10% off +250 PTS when you buy 3

TYLENOL Pain Relief 40-200 pk or MOTRIN Muscle & Body 40 pk selected*

10% off +250 PTS when you buy 3

TYLENOL Complete 40 pk or BENYLIN All-in-One 250-270 mL or 40 pk selected*

+150 PTS when you buy 2

10% off

POLYSPORIN Ointment 15 g or Pain & Itch Relief 177 mL

+400 PTS when you buy 1

59.99 A&D Blood Pressure Monitors UB525CN or UA770CNBLE 1 ea

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*Due to provincial regulations, products purchased using a prescription filled by a pharmacist may not be eligible for Scene+™ points.

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2.88

Dragon Fruit Pitahaya product of Vietnam or Pomelo Honey product of China

3.48 /lb

Mini Shanghai Bok Choy or **Baby Bok Choy** product of USA or Mexico 7.67/kg

200 PTS when you spend $75 or more

12.99 /lb

Fresh Beef Chuck Short Ribs Thick English Style or **Thin Sliced Family Size** cut by your meat expert from Canada AA grade beef 28.64/kg

6.88

Vanilla Persimmon Case product of Spain 6-8 pk

1.99

SAINSBURY'S Biscuits selected varieties 200 g

2.49

SAINSBURY'S Tonic Water Diet Indian or **Indian** 1 L

4.49

SAINSBURY'S Red Label Tea Bags 80 pk

1.79

SAINSBURY'S Baked Beans in Tomato Sauce 400 g

1.49

SAINSBURY'S Candy selected varieties 70 g

2.29

SAINSBURY'S Vegetable Soup 400 g

4.79

SAINSBURY'S Bitter Seville Orange or **Three Fruit Marmalade** 340 g

1.49

DEEP IQF **Baby Bhindi** or **Bhindi Cut Okra** 340 g

3.99

DEEP Mango Pulp 850 g

2.99

DEEP Aloo, Paneer or **Paratha** 333-384 g

EVERYDAY VALUE

1.29

PARLE-G Biscuits 300 g

4.99

SHERBON Juice 2 L selected varieties

4.79

HAMDARD Roohafza Syrup 800 mL

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.

HAPPY MONTH OF

Ramadan

STARTING AT
11.99 INDIA GATE Feast Roozana Rice or Pure Basmati Rice 4.54 kg

4.99 Pomegranates small product of Israel

2.99 /lb Indian Eggplant product of Mexico 6.59/kg

3.49 COMPLIMENTS Pitas 200-425 g

STARTING AT
11.99 NOBLE PREMIUM BISON 226 g selected varieties

7.49 TRE STELLE Halloumi 200 g

5.99 Kiri Cheese Portions 144 g

9.99 BARD VALLEY Dates 907 g

3.99 AL'FEZ Lebanese Style Falafel or Moroccan Couscous 150-200 g

3.99 AL'FEZ Shish Taouk Marinade 156 mL or Shawarma Marinade 157 mL

3.99 AL'FEZ Garlic or Tahini Sauce 238 mL

3.99 AL'FEZ Harissa Paste 162 mL

1.79 CALIFORNIA GARDEN Fava Beans 450 g

5.99 GREENWORLD Mixed Baklawa 200 g

5.79 KASH Pistachio Premium Halva 450 g

2.49 ETI Mini Popkek Cake 144 g selected varieties

2.79 RUBICON Exotic Juice 1 L selected varieties

8.29 ALAMEED Medium Coffee 226 g selected varieties

8.49 SALEM FOODS Liquid Honey 500 g

6.99 AHMAD TEA 100 pk selected varieties

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PRICE LOCK

4.49

OIKOS Greek Yogurt
4 pk

3.99

Large Cantaloupe
product of Costa Rica no 1 grade

7.99

COMPLIMENTS Breaded Chicken Strips, Nuggets, Burgers or Popcorn
frozen 700 g

BUY MORE SAVE MORE

BAKED IN STORE

2.49 ea when you buy 2 or more

Ciabatta or Artisan Style Baguettes
325-380 g **2.99 ea**

200 PTS when you buy 1

$13

COMPLIMENTS Breaded or Battered Haddock or Pan Seared Haddock, Cod, Sole or Salmon Fillets 460-680 g

1.88

COMPLIMENTS Pudding Cups 4 pk

100 PTS when you buy 2

6.99

PILLSBURY Pizza Pops
8 pk

100 PTS when you buy 2

3.99

COMPLIMENTS Cheddar Flavour Slices 400 g

2/$5

COMPLIMENTS Flakes of Ham, Turkey or Chicken 156 g

5.99

HAWKINS Cheezies 420 g

50 PTS when you buy 1

5.29

COCA-COLA Soft Drinks Mini Cans 6x222 mL

1.99

DEMPSTER'S Half Loaf White or Whole Wheat Bread 380 g or
FRONTIER BAKERY Pita 5 pk

4.99

STRUB'S Pickles 500 mL or KRAFT Pure Salad Dressing or Marinades 355 mL

BUY MORE SAVE MORE

1.59 ea when you buy 4 or more

100 PTS when you buy 5

CESAR Wet Dog Food
100 g **1.79 ea**

4.49

ALCAN Foil 50 ft, Non-Stick 25 ft or Parchment Paper 35 ft

15.99

FINISH Dish Tabs 30-55 pk or Jet-Dry 946 mL

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Prices locked in until March 18, 2026

So in love at first bite
Happy Valentine's Day
21.99 Dessert Cakes 1.2-1.49 kg
3.99 Dessert Cake Slices 210-245 g
Chocolate Dipped Strawberries 550 g 16.99
11.99 1/2 Dessert Cake 620-745 g
14.99 Single Layer Shortcakes 905-950 g
13.99 Real Cream Layered Cakes 510-725 g
MIX & MATCH
BUY 1 GET 1 of equal or lesser value FREE
Brownie Cakes 310-390 g or Cream Pies 5" 260-370 g
MEMBERS SAVE $3
9.99 MEMBER PRICING
12.99 without Scene+ Card
Small Pull-Apart Cakes 365-990 g
LIMITED TIME ONLY
6.99
KIMBERLEY'S BAKESHOPPE Valentine's Cookies 383 g, Two-Bite Valentine's Mini Cupcakes chocolate or vanilla 12 pk 284 g
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Cupcakes 6 pk vanilla, chocolate, assorted or confetti 325-335 g
7.99 ea

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Wrap up a quick and delicious meal

Freshly prepared and
READY FOR YOU
Taco and Souvlaki Meal Kits

Sold by 100 g available chilled

So sweetly irresistible

100 PTS when you buy 1

7.49 COMPLIMENTS Caramel Filled or Milk Chocolate Hearts 165-200 g

7.99 KRAFT Milk Chocolate Peanut Butter Heart 170 g

9.98 LINDT Bagged Chocolates 117-151 g

100 PTS when you buy 2

8.79 FERRERO Heart 89.5-100 g

8.99 NESTLÉ Minis 219-354 g

200 PTS when you buy 2

11.99 KINDER Maxi Plush 98 g

4.79 HERSHEY'S Valentine's Kisses or Reese Hearts 161-180 g

24.99 LINDT Coronet 540 g

2.49 WATERBRIDGE Chocolate Letters 65 g

While Supplies Last. Prices in Effect until Feb 14th.

So in love with seafood

Happy Valentine's Day

7.99
Atlantic Canada
3-4 oz Lobster Tails 85 g
previously frozen or frozen
or 2 pack of tails for $15.98

CHOOSE CANADIAN SEAFOOD

OCEAN WISE RECOMMENDED

STARTING AT **1.25**
CHOOSE CANADIAN SEAFOOD
Fresh Choice Oysters
subject to availability

300 PTS when you spend $25 or more

Live Market Lobsters
product of Atlantic Canada
subject to availability

CHOOSE CANADIAN SEAFOOD

OCEAN WISE RECOMMENDED

10.99 /lb
Yellowfin Tuna Steaks
previously frozen or
frozen product of
Vietnam 24.23/kg

OCEAN WISE RECOMMENDED

10.99
COMPLIMENTS Extra
Large Cooked Shrimp in
Ring with Sauce 312 g

23.99
COMPLIMENTS
New Brunswick Wild Lobster Claws
product of Canada 454 g

21.99
COMPLIMENTS
Newfoundland and Labrador
Wild Snow Crab Clusters
product of Canada 454 g

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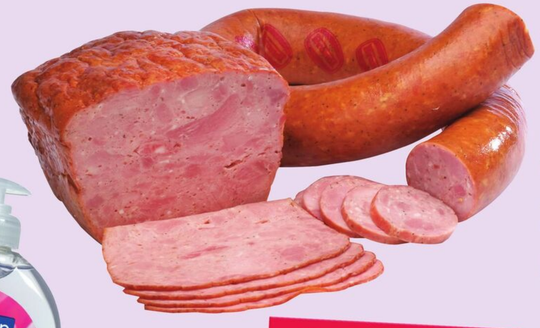


Get 200 PTS when you buy 300 g or more

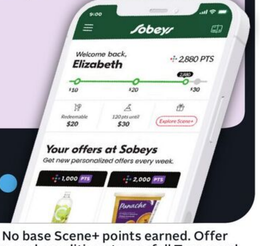
BRANDT Kolbassa Coil, Loaf, Lyoner Sausage, Krakowska or All Beef Salami

Get 100 PTS when you buy 2

SOFTSOAP Liquid Hand Soap 221 mL

Get 200 PTS when you buy 2

COMPLIMENTS Ice Cream or Fudge Bars 24 pk



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Your cereal's zero sugar sidekick.

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SILK 1.75-1.89 L 5.99 ea

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4.49 OIKOS Greek Yogurt 4x95 g or 4x100 g

BENEFITS TO SUPPORT YOUR HEALTH

ACTIVIA

4.99 DANONE Activia Yogurt 8x100 g

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13.99 McCAIN Pockets selected 12 pk

+50 PTS when you buy 1 — 5.29 COCA-COLA Mini Cans 6x222 mL

+100 PTS when you buy 1 — 15.49 GLACÉAU Smartwater 6x1 L

7.99 FUZE Iced Tea 12x341 mL

9.99 MONSTER Energy Drinks 4x473 mL

Offer valid from February 12th to February 18th, 2026.
*For applicable taxes, bottle deposits and fees. Valid at participating locations for a limited time. Subject to availability while supplies last. Not valid in conjunction with any other offer. Retailer may sell for less. All products must be purchased at the same time, single units at regular price.
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ORVILLE REDENBACHER Ready-To-Eat selected 116-220 g 3.99

2/$10 HEALTHY CHOICE Gourmet Steamers selected 269-306 g

HEALTHY CHOICE Simply Steamers or MARIE CALLENDER'S selected 255-349 g 2/$11

5.99 GENERAL MILLS Family Size Cheerios or Selected Varieties 475-778 g

Limited quantities available. Offer ends March 31, 2026. Most redemptions online. See participating packaging for details.

2.99 BETTY CROCKER Fruit or Gushers selected 120-230 g or NATURE VALLEY Crunchy or Trail Mix Granola 120-230 g

2/$7 PHILADELPHIA Dips 227 g

6.99 LIBERTÉ Greek Yogurt 650-750 g

7.99 +200 PTS when you buy 2 STARBUCKS Creamers or Non-Dairy Creamers 828 mL

4.99 NATREL Coffee Creamer 1 L

8.99 RED BULL Energy Drink 4x250 mL

6.49 DR. OETKER Ristorante or Casa Di Mama Pizza 320-410 g

4.99 CHAPMAN'S Super or No Sugar Added Novelties 4-18 pk selected

2/$11 HÄAGEN-DAZS Ice Cream 400-450 mL or Novelties 3-4 pk

4.99
NESTLÉ Parlour Frozen Dessert 1.5 L

4.99
200 PTS when you buy 2
WERTHER'S Original Candies 230-245 g

2.49
CHEEMO Perogies 745-907 g

4.99
HIDDEN VALLEY Salad Dressing 473 mL

200 PTS when you buy 2
6.99
SMUCKER'S Pure Jam 310-500 mL or JIF Peanut Butter 1 kg

3/$10
LECLERC Go Pure Oatmeal Bars 140-175 g

11.99
COMPLIMENTS LED Light Bulbs 60W 6 pk

8.49
ZIPLOC Storage Bags 10-38 pk or Sandwich Bags 180 pk

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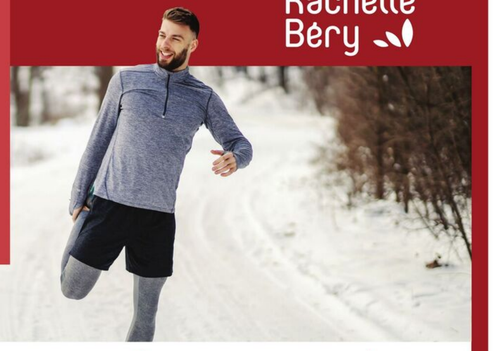
Rachelle Béry

wellness boutique



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20% off

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15% off

AURA CACIA SKIN CARE, BODY CARE OR ESSENTIAL OILS 15-118 ML OR 70.9 G SELECTED

15.99

ENER-C VITAMIN DRINK MIX 30 PK SELECTED

15% off

ANDALOU BODY, HAIR OR SKIN CARE SELECTED VARIETIES AND SIZES

15% off

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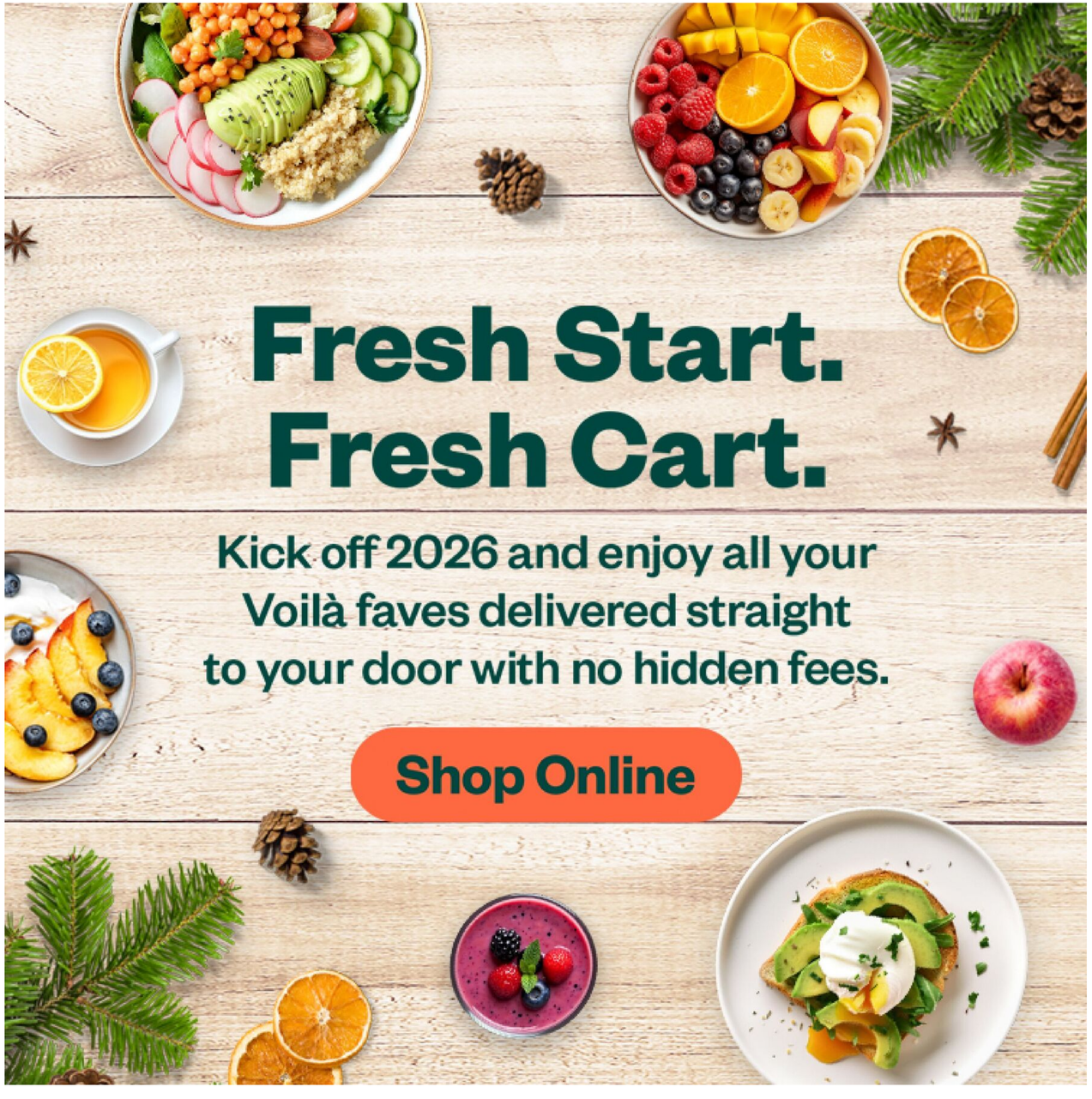
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