

crush fresh cravings

\$6

APP EXCLUSIVE OFFER*

GET **1,500** ^{pts} **\$150**
back in points

JUMBO BLUEBERRIES
PRODUCT OF MEXICO,
PERU OR MOROCCO
9.8 OZ

BLEUETS GÉANTS
21358868001_EA



*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

\$6

APP EXCLUSIVE OFFER*

GET **1,500** ^{pts} **\$150**
back in points

**PC® SWEET KAROLINE
BLACKBERRIES**
PRODUCT OF MEXICO
PINT

**MÛRES SWEET
KAROLINE PC®**
21378078001_EA

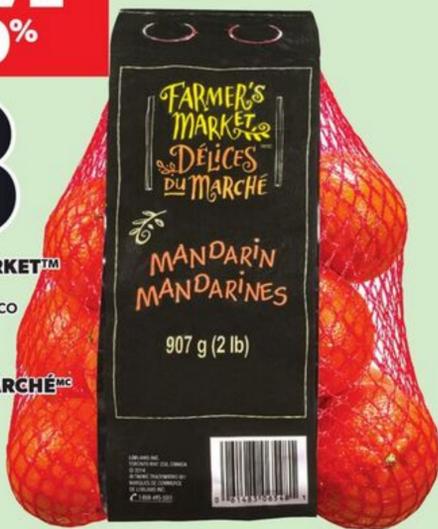


*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

**SAVE
39%**

\$3

**FARMER'S MARKET™
MANDARINS**
PRODUCT OF MOROCCO
OR SPAIN
2 LB
**MANDARINES
DÉLICIES DU MARCHÉ™**
20099819001_EA



7.7"

RED MANGO CASE
PRODUCT OF PERU
CASE
**CAISSE DE
MANGUES ROUGES**
210478491EA



**SAVE
UP TO 59%**



\$4

**FARMER'S MARKET™
SWEET POTATOES**
PRODUCT OF CANADA,
CANADA NO. 1 GRADE
5 LB BAG
**PATATES DOUCES
DÉLICIES DU MARCHÉ™**
20697331001_EA



add value to your morning

\$20

APP EXCLUSIVE OFFER*

GET 3,000^{pts}

\$3
back in points

PC® GROUND COFFEE
SELECTED VARIETIES
800-930 G
CAFÉ MOULU PC^{MD}
21393374_EA
21393573_EA



*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

5⁵⁰

GET 1,000^{pts}

\$1
back in points

GENERAL MILLS CEREAL
FAMILY SIZE
SELECTED VARIETIES
475-778 G
CÉRÉALES
GENERAL MILLS
21103492_EA
21103495_EA



\$8

APP EXCLUSIVE OFFER*

GET 2,000^{pts}

\$2
back in points

BUTTER CROISSANTS
COISSANTS AU BEURRE
12'S
21683000_EA



BAKED
IN-STORE

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

3⁵⁰



D'ITALIANO BREAD, BUNS OR GUSTO BAGELS
SELECTED VARIETIES AND SIZES
PAIN, PETITS PAINS
D'ITALIANO OU
BAGELS GUSTO
21567005_EA
21577054_EA
20673736_EA



SAVE 75¢



\$4

PHILADELPHIA CREAM CHEESE OR DIPS
SELECTED VARIETIES 227/250 G
FROMAGE À LA CRÈME OU
TREMPETTES PHILADELPHIA
20641267_EA/20866816002_EA



SAVE UP TO \$2²⁹



6⁵⁰

SIGGI'S YOGURT TUB 650-750 G OR
YOPLAIT SOURCE CREAMY
YOGURT 16x100 G
SELECTED VARIETIES
CONTENANTS DE YOGOURT
SIGGI'S OU YOGOURT
CRÈMEUX SOURCE YOPLAIT
20317317001_EA/21353892_EA



\$3

MADE GOOD BARS, CRUNCHIE SQUARES, GRANOLA, MORNINGS, MINIS, RICE CRISPS OR DRIZZLE BARS
SELECTED VARIETIES
120-150 G
BARRES, CARRÉS CROUSTILLANTS, GRANOLA, MORNINGS, MINIS, CROUSTILLES DE RIZ OU BARRES
FILET MADE GOOD
20797052001_EA
21352121_EA



PROUDLY CANADIAN OWNED & OPERATED

Independent
Your Independent Grocer

3⁹⁹
LB

SPLIT CHICKEN WINGS
FAMILY SIZE
8.80/KG
AILES DE POULET SÉPARÉES
20761916_KG

5⁴⁴
LB

MEDIUM GROUND BEEF
FAMILY SIZE
11.99/KG
BŒUF HACHÉ MI-MAIGRE
20865673_KG

SAVE UP TO 33%

\$6
LB

LAMB SHOULDER CHOPS CLUB PACK OR **GOAT CHOPS** FROZEN
13.23/KG
CÔTELETTES D'ÉPAULE D'AGNEAU OU CÔTELETTES DE CHÈVRE
21850313_KG
21849439_KG

\$11
LB

FRESH ATLANTIC SALMON FILLETS
SKIN-ON, FAMILY SIZE
24.25/KG
FRESH SEAFOOD ITEMS SUBJECT TO AVAILABILITY
FILETS DE SAUMON DE L'ATLANTIQUE FRAIS
20720051_KG

1⁵⁰

OASIS 100% JUICE BLENDS, DEL MONTE NECTAR, HYDRAFRUIT, ARIZONA TEA
SELECTED VARIETIES
960 ML
MÉLANGES DE JUS 100% OASIS, NECTAR DEL MONTE, HYDRAFRUIT, THÉ ARIZONA
20336722005_EA
20894117004_EA



SAVE UP TO 36%

\$3

CAVENDISH FRIES OR SPECIALTY POTATOES 400-750 G OR **PC® VEGETABLES** 300-750 G SELECTED VARIETIES, FROZEN
Frites ou Pommes de terre de spécialité Les Fermes Cavendish ou Légumes PC®
20318915_EA
21685114_EA



\$1

CAMPBELL'S SOUP
TOMATO, VEGETABLE, CHICKEN NOODLE OR CREAM OF MUSHROOM
284 ML
SOUPE CAMPBELL'S
20176214001_EA
20176214004_EA



SAVE 33%

2⁵⁰

PREGO PASTA SAUCE
SELECTED VARIETIES
645 ML
SAUCE POUR PÂTES PREGO
20325820001_EA
21340384_EA



SAVE UP TO \$2

\$5

GIUSEPPE PIZZA
SELECTED VARIETIES
FROZEN
439-785 G
PIZZA GIUSEPPE
20904584_EA



\$10

TERRA OLIVE OIL
1 L OR **NONNA PIA'S BALSAMIC GLAZE**
250 ML
HUILE D'OLIVE TERRA OU CRÈME DE BALSAMIQUE NONNA PIA'S
20839367_EA
20729461_EA



SAVE UP TO 42%

13⁹⁹

ROYALE BATHROOM TISSUE 30=60 ROLLS, **TIGER TOWEL** 6=12 ROLLS OR **FACIAL TISSUE** 12'S
SELECTED VARIETIES
PAPIER HYGIÉNIQUE, ESSUIE-TOUT TIGER TOWEL OU MOUCHOIRS
ROYALE
20705292_EA
21378233_EA
21484732_EA



\$11

TIDE DETERGENT 1.62-1.86 L/18-31'S, **DOWNY OR GAIN FABRIC SOFTENER** 1.66-2.63 L, **DOWNY, GAIN OR IVORY SNOW BEADS** 303-379 G OR **DAWN LIQUID** 2.21/2.64 L
SELECTED VARIETIES
DÉTERGENT TIDE, ASSOULISSANT TEXTILE DOWNY OU GAIN, PERLES DOWNY, GAIN OU IVORY NEIGE OU SAVON LIQUIDE DAWN
215993629_EA
215993732_EA



8⁹⁹

MEDJOL DATES
PRODUCT OF U.S.A.
2 LB TUB
DATTES MEDJOL
20001686_EA



Optimum™

from Thursday February 26th to Saturday, February 28th

Your points are worth more.

Bonus Redemption Event

Redeem **70,000** pts and get **\$80** off* your purchase of \$80 or more. That's an extra **\$10** value!

OR

Redeem **150,000** pts and get **\$175** off* your purchase of \$175 or more. That's an extra **\$25** value!

OR

Redeem **250,000** pts and get **\$300** off* your purchase of \$300 or more. That's an extra **\$50** value!

Limited time offer, subject to change or cancellation. Redemptions at points level available while offer lasts as specified above in a single transaction. In cases of insufficient spend amount causing customers not being able to optimize the offer, the system will automatically suggest/default to a lower redemption threshold, so that customer can always redeem the least amount of available points and achieve the maximum value of offer available. Customer can however choose to redeem a higher amount of points and forfeit portion of the value available if desired as per the PC Optimum™ Program Terms and Conditions. In no event will customers receive extra points in lieu of the forfeited value as part of this offer. Redemptions must be in increments of 10,000 points up to a maximum of 600,000 PC Optimum™ points in one transaction. Applicable fees and taxes payable on full purchase price before application of redemption value. Not redeemable for cash or credit. Exclusions apply. Visit pcloptimum.ca/company-policy/terms-and-conditions for further details.

3⁹⁹

PREPARED IN CANADA

MAPLE LEAF TOP DOGS OR SCHNEIDERS RED HOTS WIENERS
SELECTED VARIETIES
375 G

SAUCISSES FUMÉES TOP DOGS MAPLE LEAF OU REDHOTS SCHNEIDERS

20602429_EA
21093477_EA

\$10

PC® ENTRÉES
770 G-1.13 KG OR
PC® FISH 500-680 G
SELECTED VARIETIES
FROZEN
PLATS CUISINÉS
PC® OU
POISSON PC®

20326534_EA/21637091_L_EA

4²⁵

PREPARED IN CANADA

ACTIVIA YOGURT TUB 650 G OR
PC® ORANGE JUICE
1.54 L SELECTED VARIETIES
CONTENANT DE YOGOURT ACTIVIA OU JUS D'ORANGE PC®

20325132005_EA
21430531_EA

SAVE UP TO \$1.24

\$6

PRESTIGE OR GRAY RIDGE PREMIUM LARGE WHITE EGGS
18'S
GROS ŒUFS BLANCS DE QUALITÉ SUPÉRIEURE
PRESTIGE OU GRAY RIDGE

208142594001_EA
20822787001_EA

\$6

PREPARED IN CANADA

BLACK DIAMOND CHEESE BARS 400 G OR
SHREDS 300-320 G,
PC® SHREDS 250-320 G
SELECTED VARIETIES
BARRES DE FROMAGE OU FROMAGE RÂPÉ
BLACK DIAMOND OU FROMAGE RÂPÉ PC®

21278845_EA
21279221_EA

\$12

LIMIT 4 AFTER LIMIT 14.99 EA.

BOOST OR ENSURE READY TO DRINK SHAKES
SELECTED VARIETIES AND SIZES
BOISSONS PRÊTES À BOIRE BOOST OU ENSURE

20996348_EA
20308731001_EA

3/\$9

OR \$3.75 EA.

NATURE VALLEY BISCUIT, PROTEIN BARS AND SWEET & SALTY 6'S
148-210 G OR
FIBRE 1 BARS 125 G
SELECTED VARIETIES
BISCUIT, BARRES PROTÉINÉES, SUCRÉES ET SALÉES
VAL NATURE OU BARRES FIBRE 1

20792751_EA
21213622_EA

\$5

PREPARED IN CANADA

CHAPMAN'S PREMIUM ICE CREAM OR FROZEN DESSERT OR SORBET 2 L OR
SUPER NOVELTIES 6-20'S
SELECTED VARIETIES FROZEN
CRÈME GLACÉE PREMIUM OU DESSERT GLACÉ
OU SORBET OU FRIANDISES GLACÉES SUPER
CHAPMAN'S SANDWICH ICE CREAM

20115322_EA
20323573001_EA

6⁴⁴

NESSCAFÉ OR TASTER'S CHOICE INSTANT COFFEE 100-170 G OR
NESSCAFÉ SWEET & CREAMY SACHETS 16/18'S SELECTED VARIETIES
CAFÉ INSTANTANÉ NESSCAFÉ OU TASTER'S CHOICE OU SACHETS DE CAFÉ CRÉMEUX ET SUCRÉ NESSCAFÉ

20873036_EA
21363371_EA

\$5

PC® THE DECADENT® COOKIES
SELECTED VARIETIES
280/300 G
BISCUITS PC®
LE DÉCADENT®

20612251_EA
20612257_EA

\$4

DORITOS FLAVOURED TORTILLA CHIPS OR MISS VICKIE'S KETTLE COOKED POTATO CHIPS
SELECTED VARIETIES
190-235 G
CROUSTILLES DE TORTILLAS AROMATISÉES DORITOS OU CROUSTILLES CUITES À LA MARMITE
MISS VICKIE'S

21240628_EA
21693042_EA

\$21

EQUIVALENT TO 88¢ PER BOTTLE

GATORADE CLUB PACK OR POWERADE SPORTS DRINK
SELECTED VARIETIES
24X591 ML
BOISSON DÉSALTÉRANTE FORMAT CLUB GATORADE OU POWERADE

20298835002_C24
20854130_C24

12⁹⁹

EQUIVALENT TO 55¢ PER CAN

COCA-COLA OR PEPSI SOFT DRINKS
SELECTED VARIETIES
24X355 ML
BOISSONS PEPSI
GAZEUSES COCA-COLA OU PEPSI

20306687002_C24
20308197001_C24

SAVE \$1.88 WHEN YOU BUY 2

2/5⁵⁰

OR \$3.69 EA.

MAYNARDS CANDY
SELECTED VARIETIES
135-154 G
FRIANDISES MAYNARDS

21545554_EA
21694186_EA

\$2

PC® LIQUID DISH DETERGENT
SELECTED VARIETIES
638/739 ML
DÉTERGENT LIQUIDE À VAISSELLE PC®

21012490_EA
21013091_EA

\$2

NO NAME® WHITE VINEGAR
4 L
VINAIGRE BLANC SANS NOM®

20102756_EA

\$11

PC® NUTRITION FIRST® DOG FOOD
SELECTED VARIETIES
2 KG
NOURRIURE POUR CHIENS PC® DOG NUTRITION PREMIÈRE™

21304456_EA

PRICE DROP † More ways to save

2⁵⁰

GOLDFISH BAKED SNACK CRACKERS OR CRISPS
SELECTED VARIETIES
156-200 G
CRAQUELINS CUITES OU CROUSTILLES GOLDFISH

20300320_EA
20306994003_EA

1⁸⁵

ANNIE'S MACARONI AND CHEESE
SELECTED VARIETIES
149-170 G
MACARONI ET FROMAGE ANNIE'S

20316187001_EA
20611201_EA

3⁵⁰

POPCORNERS
SELECTED VARIETIES
142 G
POPCORNERS

21370205_EA
21370259_EA

5⁵⁰

PUREX 1.92-2.03 L OR SUNLIGHT 1.84 L LAUNDRY DETERGENT
SELECTED VARIETIES
DÉTERGENT À LESSIVE PUREX OU SUNLIGHT

20856516005_EA
21427029_EA

Independent CUSTOMER RELATIONS 1-866-541-6315. VISIT yourindependentgrocer.ca FOR STORE HOURS.

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YIG BACK



freshness you can taste

If it's not fresh, it's free.*

FRESH PROMISE

*Fresh Promise: Applicable to eligible fresh produce items purchased at Your Independent Grocer store locations or online at yourindependentgrocer.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the Your Independent Grocer store where purchase originated. The fresh promise may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.

4⁵⁰

STRAWBERRIES
PRODUCT OF MEXICO
OR U.S.A., NO. 1 GRADE
1 LB
FRAISES
20049778001_EA



1 LB

3⁹⁹ **EXTRA LARGE**
LB

PC® EXTRA LARGE GREEN SEEDLESS GRAPES PRODUCT OF PERU OR SOUTH AFRICA OR
PC® EXTRA LARGE RED SEEDLESS GRAPES PRODUCT OF SOUTH AFRICA OR CHILE, NO. 1 GRADE
8.80/KG
TRÈS GROS ROUSSES VERTS OU ROIGES SANS PÉPINS PC^{MD}
20425775001_KG
20159199001_KG



SAVE 50¢

\$6

FARMER'S MARKET™ GREENHOUSE PEPPERS
PRODUCT OF MEXICO
3'S
POIVRONS DE SERRE DÉLICÉS DU MARCHÉ^{MC}
20085851001_EA



PRODUCT OF CANADA

\$4

FARMER'S MARKET™ RED OR RUSSET POTATOES 10 LB BAG, PRODUCT OF CANADA, CANADA NO. 1 GRADE OR
AVOCADO BAG 5'S PRODUCT OF MEXICO
POMMES DE TERRE ROUGES OU RUSSET OU SAC D'AVOCATS DÉLICÉS DU MARCHÉ^{MC}
2066102001_EA
21644936001_EA



10 LB

\$5

LARGE CROWNLESS PINEAPPLE
PRODUCT OF COSTA RICA
EACH
GROS ANANAS SANS COURONNE
20119813001_EA



LARGE

2⁴⁹ LB

AMBROSIA OR ROYAL GALA APPLES PRODUCT OF CANADA, CANADA FANCY GRADE OR
BARTLETT PEARS PRODUCT OF SOUTH AFRICA
5.49/KG
POMMES AMBROSIA OU ROYAL GALA OU POIRES BARTLETT
20083526001_KG
20172240001_KG



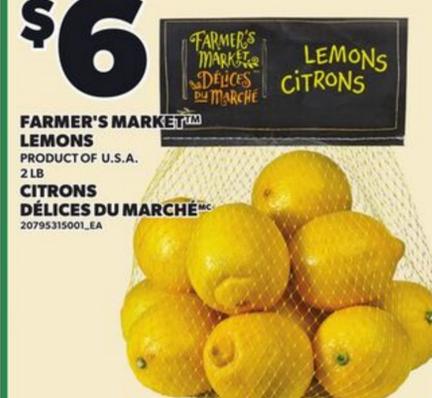
3⁵⁰

FARMER'S MARKET™ CARROTS OR YELLOW ONIONS
PRODUCT OF CANADA OR U.S.A., NO. 1 GRADE
3 LB BAG
CAROTTES OU OIGNONS JAUNES DÉLICÉS DU MARCHÉ^{MC}
20600927001_EA
20811994001_EA



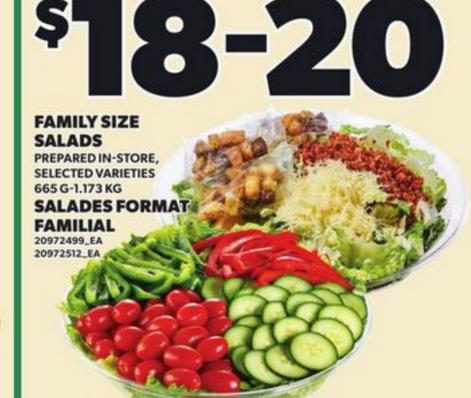
\$6

FARMER'S MARKET™ LEMONS PRODUCT OF U.S.A.
2 LB
CITRONS DÉLICÉS DU MARCHÉ^{MC}
20795315001_EA



\$18-20

FAMILY SIZE SALADS
PREPARED IN-STORE, SELECTED VARIETIES
665 G-1.173 KG
SALADES FORMAT FAMILIAL
20972499_EA
20972512_EA



2/\$14
OR \$12 EA.

10 STEM TULIPS ASSORTED COLOURS
10 TULIPES SUR TIGE
20833978_EA



\$26

PC® DOZEN ECUADORIAN ROSES ASSORTED COLOURS
DOUZAINE DE ROSES DE L'ÉQUATEUR PC^{MD}
20581781_EA



\$15

ASSORTED BLOOMING FLEURS ASSORTIES
21725863_EA



feeling protein power-fuel

11⁵⁰ LB

INSIDE ROUND OVEN ROAST
CUT FROM CANADA AA OR USDA SELECT GRADE BEEF OR HIGHER
25.35/KG
RÔTI D'INTÉRIEUR DE RONDE
20812494_KG



\$7

BREADED PORK LOIN SCHNITZEL 300 G
ESCALOPE DE LONGE DE PORC PANÉE
21588065_EA



PREPARED IN-STORE

\$5 LB

CHICKEN BREASTS BONE IN, SKINLESS, FAMILY SIZE
11.02/KG
POITRINES DE POULET
20055906_KG



SAVE \$1

\$7

MARCANGELO PORK SAUSAGES SELECTED VARIETIES
375-500 G
SAUCISSES DE PORC MARCANGELO
21724134_EA
21724145_EA



PREPARED IN CANADA

\$8

NO NAME® BACON SELECTED VARIETIES
500 G
BACON SANS NOM®
20156771_EA
20174909_EA



500 G

PREPARED IN CANADA

\$11

ST-HUBERT OR SWISS CHALET PIES SELECTED VARIETIES
FROZEN
650-800 G
PÂTES ST-HUBERT OU SWISS CHALET
20719334_EA
21047194_EA



find your catch in seafood

\$9

HERON POINT WILD CAUGHT CRAB MEAT
READY-TO-EAT
170 G
CHAIR DE CRABE SAUVAGE HERON POINT
21647384_EA
21647418_EA



\$10

MARINA DEL REY WILD ARGENTINIAN SHRIMP RAW EASY PEEL
20-30 PER LB, FROZEN
300 G
CREVETTES SAUVAGES D'ARGENTINE
MARINA DEL REY
20907159_EA



SAVE UP TO \$1⁴⁹

11⁵⁰

PC® BATTERED WILD SEA SALT AND VINEGAR HADDOCK BITES 454 G
OR **PEI MUSSELS IN PROVENCE SAUCE OR CREAMY WHITE WINE SAUCE** 907 G FROZEN
BOUCHÉES D'ÂGLEFIN SAUVAGE PANÉ AU SEL DE MER ET VINAIGRE OU MOULES DE L'Î.-P.-É. EN SAUCE PROVENCE
OU CRÈME AU VIN BLANC PC^{MD}
20838559_EA/21481247_EA



bakery deals rising daily

Fresh baked protein bread

\$3

BAKED IN-STORE

FRENCH OR ITALIAN BREAD
SELECTED VARIETIES
383 G
PAIN FRANÇAIS OU ITALIEN
20344715_EA
20788443_EA



4²⁵

BAKED IN-STORE

DINNER ROLLS
SELECTED VARIETIES
12'S
PETITS PAINS
21392649_EA
21462403_EA



\$4

11g protein
per 75 g serving

PROTEIN MULTIGRAIN BREAD
450 G
PAIN MULTIGRAIN AVEC PROTÉINES
21721692_EA



NEW

\$9

PREPARED IN CANADA

FARMER'S MARKET™ COFFEE CAKES
SELECTED VARIETIES
750 G
GÂTEAUX PAUSE-CAFÉ DÉLICIES DU MARCHÉ
21707345_EA
21707339_EA



6⁵⁰

PREPARED IN CANADA

SIMPLE JOY DONUTS
SELECTED VARIETIES
344-486 G
BEIGNES SIMPLE JOYS
21649686_EA
21706988_EA



5⁵⁰

BAKED IN-STORE

MINI ASSORTED DANISH
SELECTED VARIETIES
8'S
MINI DANOISES VARIÉES
21476309_EA



4⁵⁰

PC® LOAF LIGHT RYE OR LOAF MULTIGRAIN RYE BREAD
480 G
MICHE DE PAIN DE SEIGLE LÉGER OU SEIGLE MULTIGRAIN PC®
20682493_EA
20682498_EA



3⁵⁰

PREPARED IN CANADA

HOSTESS SNACK CAKES
SELECTED VARIETIES AND SIZES
PETITS GÂTEAUX HOSTESS
21283746_EA
21283752_EA



7⁵⁰

PROMISE GLUTEN-FREE PITA, BREAD OR BUNS
SELECTED VARIETIES AND SIZES
PITA, PAIN OU PETITS PAINS SANS GLUTEN PROMISE
21414753_EA
21689193_EA
21689729_EA



\$5

/100 G

APPLEWOOD SMOKED CHEDDAR
IN-STORE DELI CUT
CHEDDAR FUMÉ APPLEWOOD
20076601_KG



in the mood for deli-cious

Optimum
Members-Only Price™
\$5
Non-members
\$7



ALEXIS DE PORTNEUF BRIE
SELECTED VARIETIES
125 G
BRIE ALEXIS DE PORTNEUF
20315135_EA
21617949_EA

SAVE 49¢/100 G

PREPARED IN CANADA

3⁵⁰

/100 G
CUDDYSERVICE CASE MONTREAL SMOKED TURKEY AND BUFFALO CHICKEN DINDEFUMÉE MONTREAL ET POULET BUFFALO CUDDY DU COMPTOIR DE SERVICE
20007099_KG



GET 2,000⁺ back in points for every '10' spent on

\$2

MARCANGELO ITALIAN DELI MEAT SLICED OR CHUBS
SELECTED VARIETIES
85-300 G
CHARCUTERIES ITALIENNES TRANCHÉES OU SAUCISSON MARCANGELO
21021491_EA
21706089_EA



\$4

PREPARED IN CANADA

FONTAINE SANTÉ HUMMUS 260/283 G OR PC® NAAN DIPPERS 200 G
SELECTED VARIETIES
HUMMUS FONTAINE SANTÉ OU BOUCHÉES NAAN PC®
21687301_EA
21092033_EA



\$5

PREPARED IN CANADA

GUSTA VEGGIE GROUNDS
SELECTED VARIETIES
340 G
HACHÉ VÉGÉTAL GUSTA
21454302_EA



on the run, we got you

SAVE UP TO \$2

\$16

BENTO CALIFORNIA FAMILIAL PACK SUSHI
SELECTED VARIETIES
30 PCS, 645 G
SUSHI FAMILIAL CALIFORNIA BENTO
21638655_EA



SAVE \$1 WHEN YOU BUY 2

2/\$9

OR \$5 EA.
PC® PASTA OR GNOCCHI
SELECTED VARIETIES
255-350 G
PÂTES OU GNOCCHI PC®
21681260_EA
21682075_EA



BUY ONE (1)

FRESHLY PREPARED IN-STORE MADE ROMANACCIA SANDWICHES
SELECTED VARIETIES, 225-385 G
SANDWICHES ROMANACCIA PRÉPARÉS EN MAGASIN
21693981_EA

+ ONE (1)

PEPSICO DRINK
591 ML
BOISSON PEPSICO
20321598002_EA

FOR \$11



power bowls

\$8

up to 34 g of protein in each bowl

IN-STORE PREPARED BOWLS
SELECTED VARIETIES
350/400 G
BOLS PRÉPARÉS EN MAGASIN
21666110_EA / 21666166_EA





DIGITAL COUPONS

UP TO
\$50
IN TOTAL
VALUE

More offers. More points.

CLICK FOR THESE
COUPONS AND MORE



6,000 points

When you spend \$40 or more on fresh fruits or vegetables

Ends on March 11th, 2026



5,000 points

when you spend \$25 on fresh and frozen seafood

Ends on March 11th, 2026



5,000 points

when you spend \$20 on Baby food all sizes and varieties

Ends on March 11th, 2026



3,000 points

When you buy 1 PC® Bathroom Tissue 30=100 rolls

Ends on March 11th, 2026



1,000 points

when you buy 2 no name® fruit selected varieties frozen 300-400 g

Ends on March 11th, 2026



2,000 points

when you buy 2 PC® flatbreads 330-395 g or Thin Crust 343-397 g pizza, selected varieties frozen

Ends on March 11th, 2026



1,000 points

when you buy 2 PC® kettle cooked potato chips, selected varieties 200 g

Ends on March 11th, 2026



1,000 points

when you buy 1 no name® canola or vegetable oil 3 L

Ends on March 11th, 2026



4,500 points

when you buy 2 PC® Pub Recipe or gluten-free chicken, selected varieties, frozen 600/700 g

Ends on March 11th, 2026