

weekly deals

6⁵⁰

DANONE ACTIVIA
12X100 G OR **iÖGO**
CREAMY 16X100 G
YOGURT
SELECTED VARIETIES
YOGOURT ACTIVIA
DANONE OU
CRÉMEUX iÖGO

20303412001_EA
20609583001_EA



SAVE
UP TO 25%

\$3

SILK NON-DAIRY
BEVERAGES
SELECTED VARIETIES
1.74-1.89 L
BOISSONS NON
LAITIÈRES SILK

20315090001_EA
21243598_EA



\$4

BREYERS CREAMERY
STYLE ICE CREAM 1.41 L,
POPSICLE NOVELTIES
6-12'S OR **PC® FROZEN**
FRUIT 300-600 G
SELECTED VARIETIES, FROZEN
CRÈME GLACÉE STYLE
CRÈMERIE BREYERS,
FRIANDISES GLACÉES
POPSICLE OU FRUITS
SURGELÉS PC^{MD}

20312227_EA
21651169_EA



\$3



D'ITALIANO BREAD
OR BUNS
SELECTED VARIETIES
AND SIZES
PAINS OU PETITS
PAINS D'ITALIANO

20627103_EA
21567005_EA



6⁵⁰

APP EXCLUSIVE OFFER*

Optimum
GET
2,000^(pts)

\$2
back
in points

FARMER'S MARKET™
MUFFINS
SELECTED VARIETIES
6'S
MUFFINS
DÉLICES DU MARCHÉ^{MC}

21283356_EA
21283358_EA

NATIONAL
MUFFIN
DAY
Friday, Feb 20th



*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

\$8

**IN-STORE
PREPARED
SINGLE SERVE
MEALS OR BOWLS**
SELECTED VARIETIES
135-410 G
**PLATS CUISINÉS OU
BOLS D'UNE PORTION
PRÉPARÉS EN MAGASIN**
21696324_EA
21696361_EA

APP EXCLUSIVE OFFER*

GET
3,500^{pts}
when you buy 2

\$3⁵⁰
back
in points



*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

\$5

GIUSEPPE PIZZA
439-785 G OR **PC®**
**WOOD-FIRED
PIZZA** 351-413 G
SELECTED VARIETIES
FROZEN
**PIZZA GIUSEPPE OU
PIZZA CUIE AU FEU
DE BOIS PC^{MD}**
21106361_EA
21540352_EA



Optimum

Members-Only Price™

5⁹⁹

Non-members

9⁹⁹

Members
save
\$4



**BLUEWATER FISH
OR SHRIMP**
SELECTED VARIETIES
FROZEN
226-600 G
**POISSON OU
CREVETTES
BLUEWATER**
20310745004_EA
20316252003_EA



\$9

**SWISS CHALET OR
MONTANA'S PORK
BACK RIBS, LOU'S OR
MANDARIN ENTRÉES**
SELECTED VARIETIES
FULLY COOKED
375-650 G
**CÔTES DE DOS DE PORC
SWISS CHALET OU
MONTANA'S OU PLATS
CUISINÉS LOU'S OU
MANDARIN**
21668141_EA
21699144_EA



**SAVE
\$3**

9⁹⁹

**QUALITY
BASMATI RICE
RIZ BASMATI
QUALITY**
8 LB
20787290_EA



**PROUDLY CANADIAN
OWNED & OPERATED**

Independent™
Your Independent Grocer

SAVE 54%

2⁵⁰
LB

**PORK LOIN COMBINATION
CHOPS SIRLOIN AND
RIB PORTION**
BONE-IN
5.51/KG
**CÔTELETTES DE LONGE
DE PORC, COMBINAISON
DE COUPES, PORTIONS
SURLONGE ET BOUT DE CÔTES**
20822343_KG

SAVE 48%

4⁸⁸
LB

CHICKEN THIGHS
BONELESS, SKINLESS,
FAMILY SIZE
10.76/KG
**HAUTS DE CUISSÉ
DE POULET**
20162170_KG

\$10
LB

**FRESH STEELHEAD TROUT
FILLET'S OR FRESH ASC
TILAPIA FILLET'S**
22.05/KG
FRESH SEAFOOD ITEMS
SUBJECT TO AVAILABILITY
**FILETS FRAIS DE TRUITE
STEELHEAD OU FILETS DE
TILAPIA ASC FRAIS**
20897812_KG
21025083_KG

2⁵⁰

**BLACKBERRIES OR
RASPBERRIES**
PRODUCT OF MEXICO OR U.S.A.
HALF PINT
MÛRES OU FRAMBOISES
20050105001_EA
20128938001_EA

**SAVE \$2
WHEN YOU BUY 2**

2/\$16

OR
\$9 EA.

**PC® PACIFIC LARGE
WHITE SHRIMP**
RAW OR COOKED, PEELED
OR RAW ZIPPERBACK®
SELECTED VARIETIES, FROZEN
400 G
**GROSSES CREVETTES
BLANCHES DU
PACIFIQUE PC®**
20789931_EA
20791381_EA

**PEELED
COOKED**
PACIFIC WHITE SHRIMP
CREVETTES BLANCHES DU PACIFIQUE
CUITES
DECORTIQUEES

\$4

CAULIFLOWER
PRODUCT OF MEXICO OR U.S.A.,
NO. 1 GRADE
EACH
CHOU-FLEUR
20135377001_EA

3⁵⁰

**FARMER'S MARKET™
AVOCADO BAG**
PRODUCT OF MEXICO
5'S
SAC D'AVOCATS
DÉLICES DU MARCHÉ
21644936001_EA

**AVOCADOS
AVOCATS**
5' S
PRODUCT OF MEXICO/PRODUIT DU MEXIQUE

**SAVE
UP TO \$2²⁹**

\$6

**PC® DOUBLE CREAM
BRIE 165-200 G OR
PC® SPLENDIDO®
SLICED MEAT 100 G**
SELECTED VARIETIES
**BRIE DOUBLE CRÈME
PC® OU VIANDES
TRANCHÉES PC®
SPLENDIDO®**
20787327_EA
21050405_EA

**DOUBLE
CREAM/CRÈME
BRIE**
CHEESE - FROMAGE
200 g | 30%+ 50%+
20787327_EA

\$8

**NO NAME® CANOLA
OR VEGETABLE OIL 3 L
OR PC® GARLIC OIL
250 ML**
NO NAME® OIL SELECTION
MAY VARY BY LOCATION
**HUILE DE CANOLA
OU VÉGÉTALE SANS
NOM® OU HUILE À
L'AIL PC®**
20103390_EA
20326618_EA



**SAVE
\$1⁰²**



4⁹⁸

**LACTANTIA
BUTTER**
SELECTED VARIETIES
454 G
**BEURRE
LACTANTIA**
20296112005_EA
20639926_EA



**SAVE
UP TO**

50%

**JAMIESON VITAMINS
OR SUPPLEMENTS**
SELECTED VARIETIES
AND SIZES
**VITAMINES OU
SUPPLÉMENTS
JAMIESON**
20343239001_EA
20303216001_EA



\$15

**FINISH 40-55'S, CASCADE
39-48'S OR CASCADE
ACTION PACS 60'S, GAIN
LAUNDRY DETERGENT
250 ML**
NO NAME® OIL SELECTION
MAY VARY BY LOCATION
**HUILE DE CANOLA
OU VÉGÉTALE SANS
NOM® OU HUILE À
L'AIL PC®**
20103390_EA
20326618_EA



\$3

**NO NAME® FLOUR
SELECTED VARIETIES
2.5 KG
FARINE SANS NOM®**
20013256_EA
20303325_EA





**APP
EXCLUSIVE
OFFER***

GET **10,000**[®] **\$10**
back in points

for every \$50* spent on baby apparel, diapers, training pants, wipes, food, formula, accessories and/or toiletries

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

47⁹⁹

PAMPERS SWADDLERS
ULTRA VALUE PACK DIAPERS
SELECTED VARIETIES
SIZE 2-8, 120-192'S
COUCHES FORMAT ULTRA
ÉCONO SWADDLERS PAMPERS
214558755_EA



36⁹⁹

HUGGIES PULL UPS OR
PAMPERS EASY UPS GIANT
PACK TRAINING PANTS
SELECTED VARIETIES
68-112'S
CULOTTES
D'ENTRAÎNEMENT FORMAT
GIANT PULL-UPS HUGGIES
OU EASY-UPS PAMPERS
21021427_EA/21089194_EA



24⁹⁹

GET **2,000**[®] **\$2**
back in points

MILLIE MOON
PACK DIAPERS
CLUB SIZE
SELECTED VARIETIES
AND SIZES
COUCHES
MILLIE MOON
21520442_EA
21520456_EA



LIMIT 4
AFTER LIMIT
29.99 EA

SAVE 98¢
WHEN YOU BUY 2

2/\$6

OR \$3.49 EA.

PC® KETTLE COOKED, PLE
LOADS OF™ OR
WORLD OF FLAVOUR
POTATO CHIPS
SELECTED VARIETIES
200 G
CROUSTILLES CUITES
À LA MARMITE,
PLEINES DE™
OU SAVEURS
DU MONDE PC^{MD}
20840911004_EA
21686985_EA

APP EXCLUSIVE OFFER*
GET **1,000**[®] **\$1**
back in points

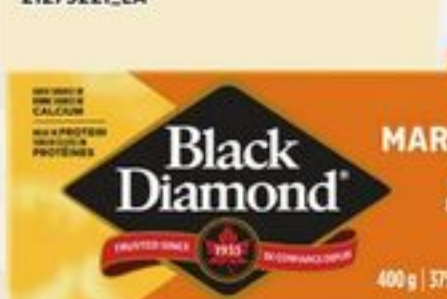


*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

6⁴⁹



BLACK DIAMOND
CHEESE BARS 400 G OR
SHREDS 300-320 G OR
PC® CHEESE SHREDS 250-320 G
SELECTED VARIETIES
BARRES DE FROMAGE OU
FROMAGE RÂPÉ BLACK DIAMOND
OU FROMAGE RÂPÉ PC^{MD}
21060183_EA
21279221_EA



SAVE 88¢

\$6

NEILSON TRUTASTE
MILK 2%, 1% OR SKIM
4 L OR LACTOSE
FREE MILK 2 L
SELECTED VARIETIES
LAIT TRUTASTE OU
LAIT SANS LACTOSE
NEILSON
20136554_EA
20148677_EA



5⁹⁹

HELLMANN'S
MAYONNAISE
710-890 ML OR
BERTOLLI OLIVE OIL
460-500 ML
SELECTED VARIETIES
MAYONNAISE
HELLMANN'S OU
HUILE D'OLIVE
BERTOLLI
20618579001_EA
20627339001_EA
21704349_EA



Members-Only Price*
\$4

Non-members
5⁷⁹

GENERAL MILLS
CEREAL
SELECTED VARIETIES
300-437 G
CÉRÉALES
GENERAL MILLS
21715929_EA
21712896_EA



2⁷⁵

PC® OR NO NAME®
LEMONADE OR TEA
SELECTED VARIETIES
1.54/1.75 L
LIMONADE OU
THÉ PCMD OU
SANS NOM®
21430542_EA
21430684_EA



\$2

DELVERDE PASTA
SELECTED VARIETIES
250/450 G
PÂTES DELVERDE
20317975004_EA
20317975007_EA



SAVE 98¢
WHEN YOU BUY 2

2/\$3

OR \$1.99 EA.

MICHELINA'S
ENTRÉES 156-284 G OR
SWANSON
POT PIES 200 G
SELECTED VARIETIES
FROZEN
PLATS CUISINÉS
MICHELINA'S OU
PÂTES SWANSON
20320525001_EA
21208614_EA



3⁵⁰

APP EXCLUSIVE OFFER*
GET **1,000**[®] **\$1**
back in points

PC® ICE CREAM
SHOP ICE CREAM
SELECTED VARIETIES
FROZEN
946 ML
CRÈME GLACÉE
DÉLICIES DU BAR
LAITIER PC^{MD}
20299983011_EA
20299983005_EA



*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

\$26

LAVAZZA WHOLE
BEAN COFFEE 1 KG OR
MCCAFE GROUND
COFFEE 640-875 G
SELECTED VARIETIES
CAFÉ EN GRAINS
LAVAZZA OU
CAFÉ MOULU
MCCAFÉ
21556201_EA
21633664_EA



2⁷⁵

GOLDFISH BAKED
SNACK CRACKERS
OR CRISPS
SELECTED VARIETIES
156-200 G
CRAQUELINS CUIITS
OU CROUSTILLES
GOLDFISH
203000320_EA
203069994003_EA



\$15

HERSHEY'S POUCH
SELECTED VARIETIES
670-700 G
SACS HERSEY'S
20526640_EA
21206032_EA



SAVE 79¢
WHEN YOU BUY 2

2/\$15

OR \$8.49 EA.

COCA-COLA,
CANADA DRY OR
PEPSI SOFT DRINKS
SELECTED VARIETIES
12X355 ML
BOISSONS
GAZEUSES
COCA-COLA
CANADA DRY
OU PEPSI
20318694002_C12
20322361002_C12



5⁵⁰



PC® THE DECADENT®
CHOCOLATE CHIPS
SELECTED VARIETIES
226-300 G
BRISURES
DE CHOCOLAT
PCMD LE DÉCADENT^{MC}
20011473_EA
20430272_EA



6⁵⁰



CASHMERE
BATHROOM
TISSUE
12 DOUBLE ROLLS OR
SCOTTIES
FACIAL TISSUE 6'S
SELECTED VARIETIES
PAPIER
HYGIÉNIQUE
CASHMERE
OU MOUCHOIRS
SCOTTIES
21204739_EA
20318667_EA



**PRICE
DROP†**

More ways to save

\$1

NEILSON
MILKSHAKE OR
MILK2GO
SELECTED VARIETIES
310 ML
LAIT FRAPPÉ OU
LAIT'S GO NEILSON
21040942_EA
21040956_EA



\$3

PILLSBURY
TOASTER STRUDEL
326 G OR
SCRAMBLES 204 G
SELECTED VARIETIES
FROZEN
TOASTER STRUDEL
OU SCRAMBLES
PILLSBURY
20172664001_EA
21474507_EA



\$2

PC® LIQUID
DISH SOAP
SELECTED VARIETIES
638/739 ML
SAVON LIQUIDE
VAISSELLE PC^{MD}
21012490_EA
21013091_EA



\$6



WHISKAS
CAT TREATS
SELECTED VARIETIES
454 G
GÂTERIES
POUR CHATS
WHISKAS
21012108_EA



Independent
Your Grocer

CUSTOMER RELATIONS 1-866-541-6315. VISIT yourindependentgrocer.ca FOR STORE HOURS.

Please call Customer Relations at 1-866-541-6315 or visit our website at yourindependentgrocer.ca for your store's hours and to see which Your Independent Grocer™ locations do not participate in this flyer. Quantities and/or selection of items may be limited and may not be available in all stores. No rainchecks or substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We are not obligated to sell items based on errors or misprints in typography or photography. **Pricing:** All references to "Save, Was, Now, Savings, etc." are in comparison to our own regular prices. Savings on items shown may vary by store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. Coupons must be presented and redeemed at time of purchase. **Trademarks:** ®/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. **Purchase limits:** We reserve the right to limit quantities to reasonable family requirements. **PC Optimum™ Members Only:** Offers are available to valid PC Optimum™ program members. Membership is free. To register, see in-store or visit pcoptimum.ca. Points are not guaranteed in case of errors or misprints. No cash value. See yourindependentgrocer.ca for full program details including redemption restrictions. Minimum redemption is 10,000 points. These offers cannot be combined with any other coupons, discounts, or promotions. No adjustments on previous purchases. We may modify or cancel offers without notice. Product availability may vary by store. While supplies last. **Points Offers:** Receive the specified points when you spend the qualifying amount on the listed products/categories before taxes, after discounts and redemptions, in a single transaction. Taxes apply on purchase amount after discounts. PC Optimum™ pricing is not valid in price match programs for participating Loblaws Inc. banner stores. **Outdoor/Seasonal Items:** Outdoor seasonal items (e.g., lawn and garden) may only be available at select stores. Please check your local store for pricing, limits, and availability. **PRICE DROP Offer:** Valid in-store at participating locations from January 29 - February 25, 2026 before taxes and while quantities last. Applies only to select products. Offer may be modified or cancelled without notice. See in-store for full details.

YIG BACK



freshness you can taste,
value you'll love

\$5

BLUEBERRIES
PRODUCT OF MEXICO
OR MOROCCO
PINT
BLEUETS
20080137001_EA



PINT

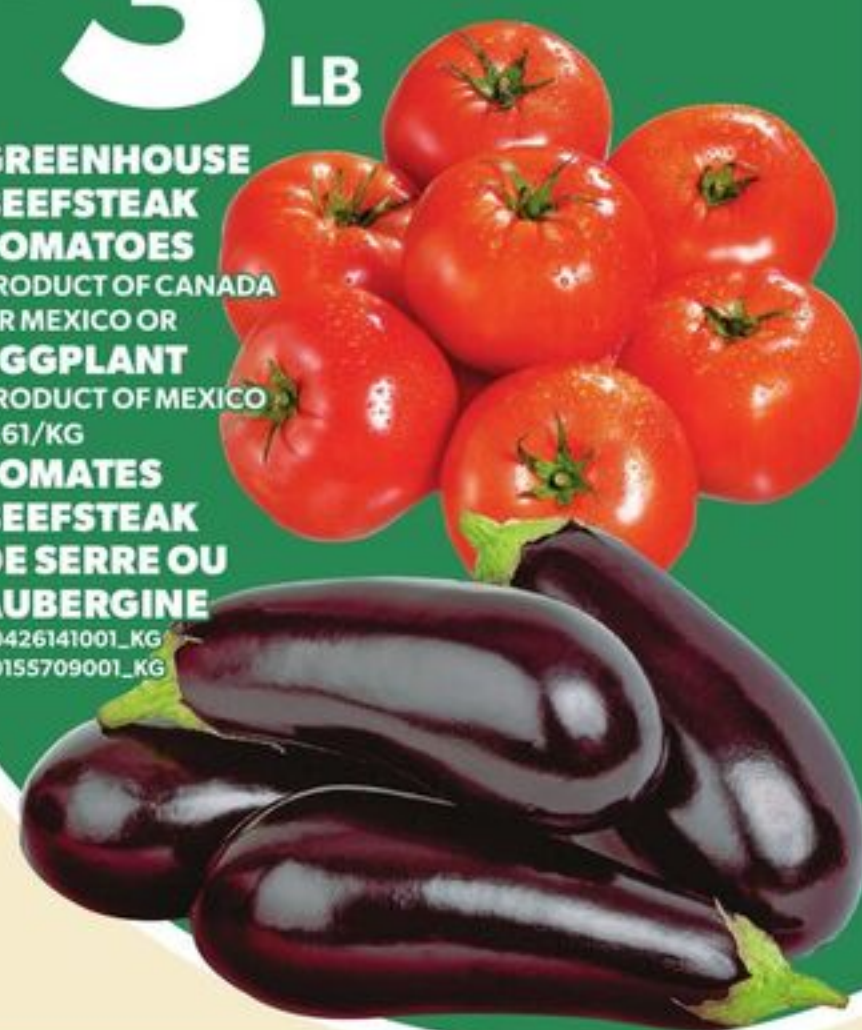
\$6

FRENCH BEANS
PRODUCT OF MEXICO
OR GUATEMALA
400 G
HARICOTS
FRANÇAIS
20889720_EA



\$3 **LB**

GREENHOUSE BEEFSTEAK TOMATOES
PRODUCT OF CANADA
OR MEXICO OR
EGGPLANT
PRODUCT OF MEXICO
6.61/KG
TOMATES BEEFSTEAK DE SERRE OU AUBERGINE
20426141001_KG
20155709001_KG



5⁵⁰

ROMAINE HEARTS
PRODUCT OF U.S.A.
3'S
CŒURS DE LAITUE ROMAINE
20067389001_EA



\$1

KIWI
PRODUCT OF GREECE
EACH
KIWI
20130242001_EA



\$5

CANTALOUPE
PRODUCT OF GUATEMALA,
HONDURAS OR BRAZIL
EACH
CANTALOUPE
20167017001_EA



3⁵⁰

FARMER'S MARKET™ CARROTS OR YELLOW ONIONS
PRODUCT OF CANADA
3 LB BAG
CAROTTES OU OIGNONS JAUNES
DÉLICIES DU MARCHÉ
20600927001_EA
20811994001_EA



2/\$12

OR \$7 EA.
BOLTHOUSE FARMS SMOOTHIES OR JUICE
SELECTED VARIETIES,
PRODUCT OF U.S.A.
946 ML
BOISSONS FOUETTÉES OU JUS BOLTHOUSE FARMS
20301788_EA
20325816_EA



\$7

CORED PINEAPPLE
PREPARED IN STORE
EACH
ANANAS ÉVIDÉ
20503143_EA



FRESH PROMISE

If it's not fresh, it's free.*

*Fresh Promise: Applicable to eligible fresh produce items purchased at Your Independent Grocer store locations or online at yourindependentgrocer.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the Your Independent Grocer store where purchase originated. The fresh promise may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.

\$25

SIGNATURE GIFT BOUQUET
EACH
BOUQUET-CADEAU SIGNATURE
21436377_EA



\$12

10 STEM TULIPS
ASSORTED COLOURS
EACH
10 TULIPES SUR TIGE
20833978_EA



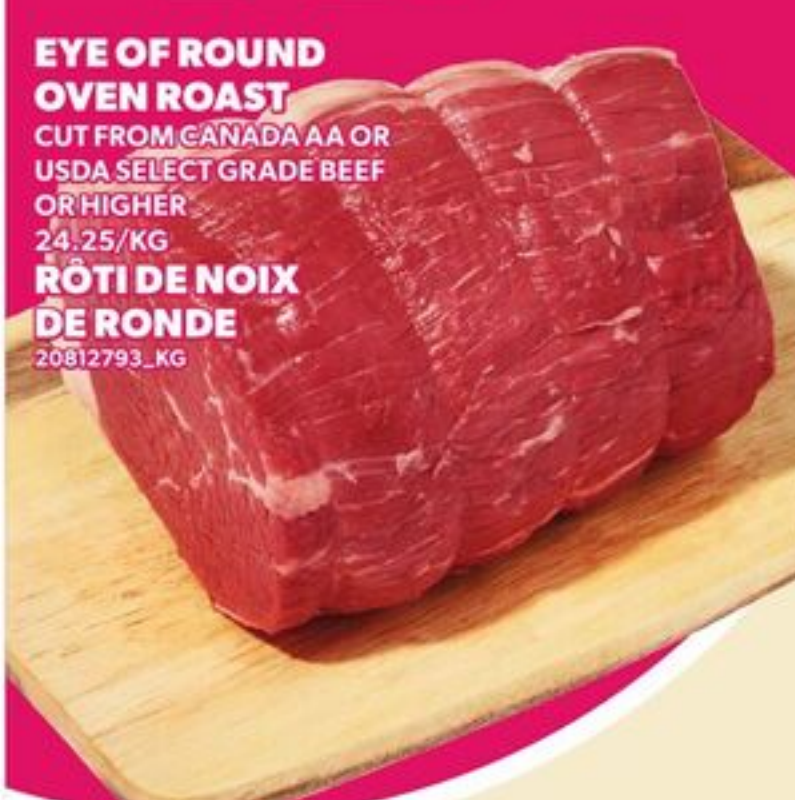
\$16

ASSORTED FOLIAGE IN CLAY POT
EACH
PLANTES VARIÉES EN POT D'ARGILE
21065638_EA



\$11 **LB**

EYE OF ROUND OVEN ROAST
CUT FROM CANADA AA OR
USDA SELECT GRADE BEEF
OR HIGHER
24.25/KG
RÔTI DE NOIX DE RONDE
20812793_KG



feeling protein power-fuel

\$7

BREADED PORK LOIN SCHNITZEL
300 G
ESCALOPE DE LONGE DE PORC PANÉE
21588065_EA



PREPARED IN-STORE

\$7 **LB**



HALAL CHICKEN BREASTS
BONELESS, SKINLESS,
FAMILY SIZE
15.43/KG
POITRINES DE POULET HALAL
21636240_KG



\$7

PC® PORK SAUSAGE
SELECTED VARIETIES
375/500 G
SAUCISSES DE PORC PC®
21584308_EA
21584342_EA



\$8

PC® NATURALLY SMOKED BACON
SELECTED VARIETIES
500 G
BACON FUMÉ NATURELLEMENT PC®
20057892_EA
20152629_EA



500 G

\$21

BEYOND MEAT PLANT-BASED BURGERS 678 G OR
GROUND BEEF 908 G
FROZEN
BURGERS OU HACHÉ-VÉGÉ DE BŒUF À BASE DE PLANTES
BEYOND MEAT
21378994_EA
21702916_EA



find your catch in seafood

3⁵⁰

SEAQUEST® CRAB OR LOBSTER FLAVOURED POLLOCK FLAKES OR CHUNKS
SELECTED VARIETIES,
READY-TO-EAT
227 G
GOBERGE À SAUVEUR DE CRABE OU HOMARD
SEAQUEST® FLOCONS OU MORCEAUX
20609832_EA



SAVE UP TO \$2.99

\$8

SEAQUEST® FISH FILLETS
SELECTED VARIETIES,
FROZEN
400 G
FILETS DE POISSON
SEAQUEST®
20036614_EA
20153570_EA



\$7

SEAQUEST® BAY SCALLOPS UNCOOKED
100-150 PER LB 400 G OR
WATERVIEW MARKET CRISPY CALAMARI
UNCOOKED 300 G FROZEN
PÉTONCLES DE BAIE
SEAQUEST® OU CALMAR CROUSTILLANT
WATERVIEW MARKET
21558527_EA/21454707_EA



bakery deals rising daily

1⁵⁰

**BAKED
IN-STORE**

BAGUETTE
WHITE OR WHEAT
255 G
BAGUETTE
21545911_EA



4²⁵

**BAKED
IN-STORE**

CIABATTA BUNS 6'S
OR **MINI'S 10'S**
PETITS PAINS
CIABATTA OU MINIS
21575030_EA
21575075_EA



Optimum

Members-Only Price

2²⁵

Non-members

3²⁵

**WHITE OR 100%
WHOLE WHEAT
BREAD**
383 G
**PAIN BLANC OU
100 % BLÉ ENTIER**
21374404_EA/21377237_EA



\$7

**BAKED
IN-STORE**

**IN-STORE BAKED
COOKIES**
SELECTED VARIETIES
18'S
**BISCUITS CUITS EN
MAGASIN**
21454952_EA
21455101_EA



\$6

**PREPARED IN
CANADA**

**FARMER'S MARKET™
OR SIMPLE JOY SLICED
LOAF CAKE**
SELECTED VARIETIES
344-400 G
**GÂTEAUX QUATRE-
QUARTS TRANCHÉS**
DÉLICES DU MARCHÉSM
OU SIMPLE JOY
21489018_EA
21618008_EA



\$7

**PREPARED IN
CANADA**

**QUINN'S SWISS
ROLLS**
SELECTED VARIETIES
6'S
**ROULÉS SUISSES
QUINN'S**
21392536_EA
21392547_EA



3⁵⁰

**PREPARED IN
CANADA**

PC® FLATBREAD
SELECTED VARIETIES
220/300 G
PAINS PLATS PC^{MD}
20910042_EA
20910044_EA



**SAVE
\$1.48**

WHEN YOU BUY 2

2/7⁵⁰

OR
\$4.49 EA.

**CASA MENDOSA
7/10 INCH
TORTILLAS**
SELECTED VARIETIES
204-640 G
TORTILLAS 7/10 PO
CASA MENDOSA
20318788_EA
20976626_EA



2⁵⁰

**PREPARED IN
CANADA**

NO NAME® BAGELS
SELECTED VARIETIES
6'S
**BAGELS
SANS NOM®**
21297831_EA
21666664_EA



SAVE UP TO \$1⁹⁹

\$8

**PREPARED IN
CANADA**

**PC® DELI CHEESE
BLOCK**
SELECTED VARIETIES
250 G
**BARRES DE
FROMAGE PC^{MD}**
CHARCUTERIE PC^{MD}
GOUDA
20770652_EA
20770656_EA



in the mood for deli-cious

\$11

**BABYBEL 12'S OR
THE LAUGHING
COW 24'S**
SELECTED VARIETIES
**BABYBEL OU
LA VACHE QUI RIT**
20160091_EA
20300620_EA



**SAVE
79¢/100 G**

\$3

/100 G

**ZIGGY'S® BEEF
SERVICE CASE,
SELECTED VARIETIES
BŒUF ZIGGY'S®**
20065207_KG



Optimum

Members-Only Price

\$7

Members save

\$1

**Non-members
\$8**

**MAPLE LEAF NATURAL
SELECTIONS OR
SCHNEIDERS DELI
SLICED MEAT**
SELECTED VARIETIES
150/175 G
**VIANDTE TRANCÉE
NATURAL SELECTIONS,
MAPLE LEAF OU
SCHNEIDERS**
20065285_EA/20582322_EA



Optimum

Members-Only Price

\$5

Members save

\$1

**Non-members
\$6**

**PC® BLACK LABEL
CRISPS**
SELECTED VARIETIES
150 G
**CRAQUELINS
PC^{MD} COLLECTION
NOIRE**
20501554_EA
20501555_EA



Optimum

Members-Only Price

3⁵⁰

**Non-members
\$4**

**PC® TOPPED
HUMMUS 280 G OR
NEW YORK BAGEL
CRISPS 170 G**
SELECTED VARIETIES
**HUMMUS GARNI
PCMD OU BAGEL
CRISPS NEW YORK
STYLE**
20297684001_EA/20811384_EA



on the run, we got you

**FROM
\$9**

**PREPARED IN
CANADA**

**12" TAKE AND BAKE
PIZZA**
SELECTED VARIETIES
510-739 G
**PIZZA 12 PO CUIRE
À LA MAISON**
21456415_EA
21456401_EA



2/\$8

OR
\$5 EA.

**FRIED
TORTILLA CHIPS**
383 G
**CROUSTILLES DE
TORTILLA FRITES**
21534615_EA



**GET
1,000SM**

when you buy 2

**\$1
back in points**

\$8

BENTO CALIFORNIA ROLLS
SELECTED VARIETIES
190-236 G
**ROULEAUX
CALIFORNIENS
BENTO**
21638517_EA



Game on, wings ready

Enjoy 30 flavorful chicken wings,
available breaded or unbreaded,
prepared for the perfect bite every
time. Choose them plain or finished
with your favourite sauce.

Choose from our
signature flavours,
freshly sauced to order:

- Sweet BBQ
- Sweet Chilli
- Stingin' Honey Garlic
- Classic Buffalo



**30 PIECE WINGS &
WEDGES BUCKET**
1.2-2 KG
**SEAU DE 30 MORCEAUX
D'AILES DE POULET ET
FRITES EN QUARTIERS**
21541872_EA/21541877_EA

**SAVE \$10
\$20**

serves 6

For every
celebratory
mood and
moment

FEBRUARY

HIT
OF THE
MONTH

LIMIT 6
AFTER LIMIT
3.50 EA.



\$2⁶⁷

VACHON SNACK CAKES
SELECTED VARIETIES
AND SIZES
20963606_EA
20976342_EA

LIMIT 6
AFTER LIMIT
\$3 EA.



\$2

CAVENDISH FRIES
SELECTED VARIETIES
FROZEN
800 G
21559837_EA
21602936_EA

LIMIT 6
AFTER LIMIT
\$5 EA.



\$4

ROYALE TIGER TOWEL
PAPER TOWELS
3=6 ROLLS
21484702_EA

LOWEST PRICES
BEST DEALS

As compared to other major grocery retailers within your local areas.

* Must be a registered PC Optimum® member to get this offer.

Valid from February 1 - 28, 2026. While quantities last. See in-store for details.

Champion-level value, here



For every celebratory mood and moment

3⁵⁰

CRISPERS CRACKERS OR CRISPERS BITS AND BITES SNACK AND CRACKER MIX
SELECTED VARIETIES
145 G
21358273_EA
21358333_EA



3⁵⁰

RITZ CRACKERS, SNACKWICHES, CHEESE BITS OR WHEAT THINS MULTIGRAIN CRACKERS OR TRISCUIT CRACKERS
SELECTED VARIETIES
175-200 G
21030647_EA
21547034_EA



23⁹⁹

POWERADE SPORTS DRINK
SELECTED VARIETIES
24X591 ML
20854130_C24



SAVE \$1.08 WHEN YOU BUY 2

2/5⁵⁰

OR \$3.29 EA.

GLACEAU VITAMIN WATER
SELECTED VARIETIES
591 ML
20333194006_EA
20562362003_EA



SAVE \$2.58 WHEN YOU BUY 2

2/\$13

OR \$7.79 EA.

PEPSI SOFT DRINKS
SELECTED VARIETIES
6X710 ML
20310546002_C06
20310546004_C06

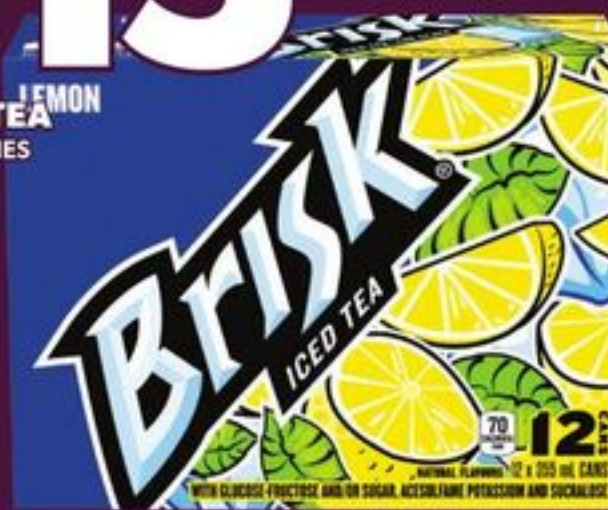


SAVE \$1.98 WHEN YOU BUY 2

2/\$15

OR \$8.49 EA.

BRISK ICED TEA
SELECTED VARIETIES
12X355 ML
20311671001_C12



SAVE \$1.98 WHEN YOU BUY 2

2/\$6

OR \$3.99 EA.

CADBURY CHOCOLATE BARS
SELECTED VARIETIES
80-100 G
21648577_EA
21648701_EA



\$26

VAN HOUTTE K-CUPS
SELECTED VARIETIES
30'S
20743469_EA



3⁵⁰

MOTT'S CLAMATO COCKTAIL
SELECTED VARIETIES
1.89 L
20318955002_EA
20318955003_EA



\$4

DORITOS FLAVOURED TORTILLA CHIPS
SELECTED VARIETIES
210-280 G
21369106_EA
21693042_EA



7⁵⁰

CARNATION HOT CHOCOLATE CANISTER
SELECTED VARIETIES
400/450 G
21397690_EA
21398805_EA



SAVE 98¢ WHEN YOU BUY 2

2/\$6

OR \$3.49 EA.

NESTLÉ CHOCOLATE JUNIORS
SELECTED VARIETIES
58.4-94.4 G
21648429_EA
21648546_EA



\$4

LECLERC CÉLÉBRATION OR CÉLÉBRATION MINI COOKIES
SELECTED VARIETIES
200-350 G
21648530_EA
21680155_EA



3/\$9

OR \$3.75 EA.

NATURE VALLEY BISCUIT, PROTEIN BARS AND SWEET & SALTY 6'S 148-210 G OR FIBRE 1 BARS 125 G
SELECTED VARIETIES
20587504001_EA
21213559_EA



\$10

KELLOGG'S JUMBO SIZE CEREAL
SELECTED VARIETIES
750 G-1.05 KG
20072706_EA
21651991_EA



\$4

KELLOGG'S CEREAL
SELECTED VARIETIES
315-355 G
21719192_EA
21719175_EA



\$2

CHEF BOYARDEE PASTA
SELECTED VARIETIES
425 G
20312500002_EA
20312500005_EA



\$2

CAMPBELL'S CONDENSED SOUP
SELECTED VARIETIES
284 ML
20003627001_EA
20984016_EA



\$3

DARE BRETON CRACKERS OR BITES
132-200 G OR GRISSOL BAGUETTES OR MELBA TOAST 120-150 G OR VINTA CRACKERS
200-225 G
21033173_EA
21520666_EA



your **one-stop** grocery shop

6²⁵

TROPICANA ORANGE JUICE, FRUIT BEVERAGE OR LEMONADE 1.36 L OR PURE LEAF TEA 1.75 L
SELECTED VARIETIES
20755752002_EA
21622130_EA



SAVE \$1.98 WHEN YOU BUY 2

2/\$10

OR \$5.99 EA.
MCCAIN SUPERFRIES OR SPECIALTY POTATOES
SELECTED VARIETIES, FROZEN
454-800 G
20324328002_EA
20798979_EA



\$6

KRAFT PEANUT BUTTER
SELECTED VARIETIES
750 G / 1 KG
20039581001_EA
20039581002_EA



SAVE \$3 WHEN YOU BUY 3

3/10⁵⁰

OR \$4.50 EA.
DANONE OIKOS YOGURT
SELECTED VARIETIES
4X100 G
20419715006_EA
20625055_EA



\$4

SKINNY POP POPCORN
SELECTED VARIETIES
125/150 G
20785418002_EA
21125607_EA



\$4

KELLOGG'S HOMESTYLE RICE KRISPIES BARS 198 G, SPECIAL K BARS 165 G OR KASHI GRANOLA BARS 175-200 G
SELECTED VARIETIES
20849832001_EA
215047992_EA



2/\$8

OR \$4.79 EA.
QUAKER INSTANT OATS 232-344 G OR OATS 900 G-1 KG
SELECTED VARIETIES
20323113001_EA
21190251_EA



SAVE 15%

NATURE'S PATH ORGANIC CEREAL
SELECTED VARIETIES
284-375 G
20043938002_EA
20789263001_EA



SAVE 99¢

\$4

NO NAME® COTTAGE CHEESE
SELECTED VARIETIES
500 G
20183991001_EA
20183991002_EA



SAVE \$1

4⁵⁰

NO NAME® MARGARINE
907 G
20073675_EA



2/\$10

OR \$5.49 EA.
BLACK DIAMOND CHEESE SNACKS
SELECTED VARIETIES
129 G
21208641_EA



\$5

PC® THE DECADENT® COOKIES
SELECTED VARIETIES
280/300 G
20612251_EA
20612252_EA



\$5

PC® ROASTED ALMONDS
SELECTED VARIETIES
200 G
21056261_EA
21054930_EA



\$3

PC® APPLE TREETM APPLE SAUCES 6X100 ML OR PC® SQUEEZE FRUIT POUCHES 4X90 G
SELECTED VARIETIES
20309701001_EA
20939686_EA



\$6

TAZO TEA CONCENTRATE
SELECTED VARIETIES
946 ML
21665354_EA
21692029_EA



SAVE 25¢

\$6

LACTANTIA ULTRAPUR LACTOSE FREE MILK PROTEIN
SELECTED VARIETIES
1.5 L
21239130_EA
21694605_EA



7⁵⁰

MAXWELL HOUSE INSTANT COFFEE 150 G OR LAVAZZA CAPSULES 10'S
SELECTED VARIETIES
21026608_EA
21520351_EA



\$11

GLAD OUTDOOR BAGS
SELECTED VARIETIES
10-40'S
21164510_EA
21165477_EA



\$14

PUREX 4.08-4.43 L, SUNLIGHT 4 L OR PERSIL 1.86 L LAUNDRY DETERGENT OR SNUGGLE FABRIC SOFTENER 2.77 L OR SHEETS 200'S
SELECTED VARIETIES
20083525001_EA
21658408_EA



\$18

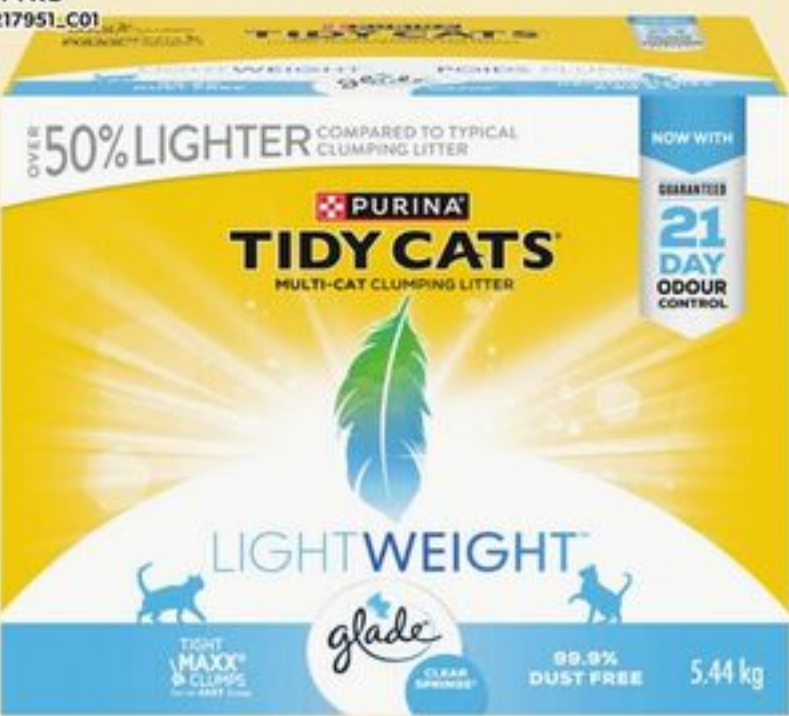
CADBURY MINI EGGS
875 G
21625042_EA



for every **wag** and **purr**

**SAVE
UP TO \$3⁹⁹**
\$22

**TIDY CATS
LITTER**
SELECTED VARIETIES
5.44 KG
21217951_CA01



\$9

**ZUKE'S
DOG TREATS**
SELECTED VARIETIES
170 G
21661750_EA



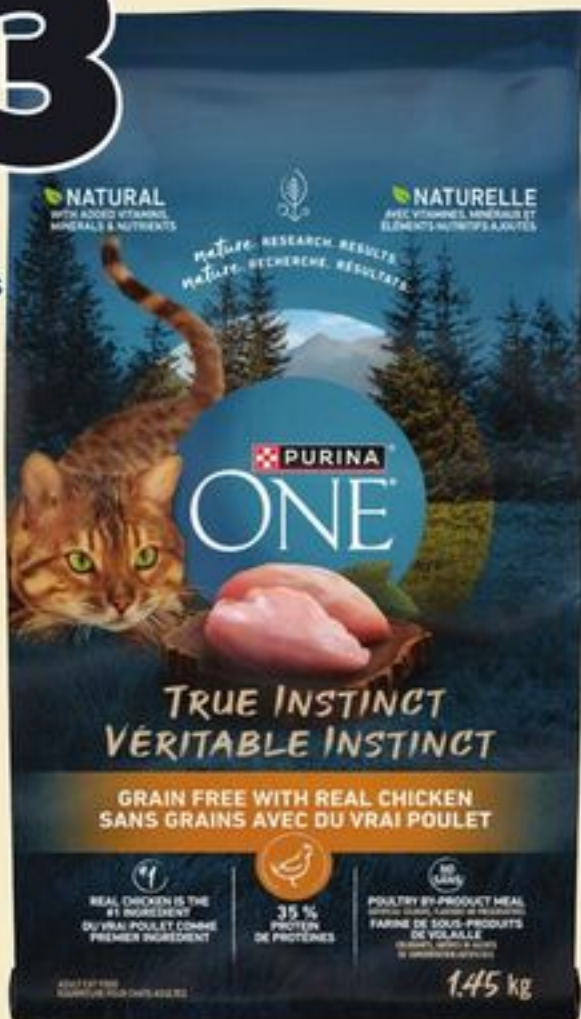
\$40

**BENEFUL
DOG FOOD**
SELECTED VARIETIES
12.7 KG
21237134_CA01



**SAVE
UP TO \$1⁹⁹**
\$13

**PURINA ONE
CAT FOOD**
SELECTED VARIETIES
1.4-1.8 KG
21096817_EA



\$17

CESAR DOG FOOD
SELECTED VARIETIES
12'S
20548229_EA



3/7⁵⁰
OR
\$2.99 EA.

**ONE TRUE INSTINCT
DOG FOOD**
SELECTED VARIETIES
368 G
21441096_EA
21520480_EA



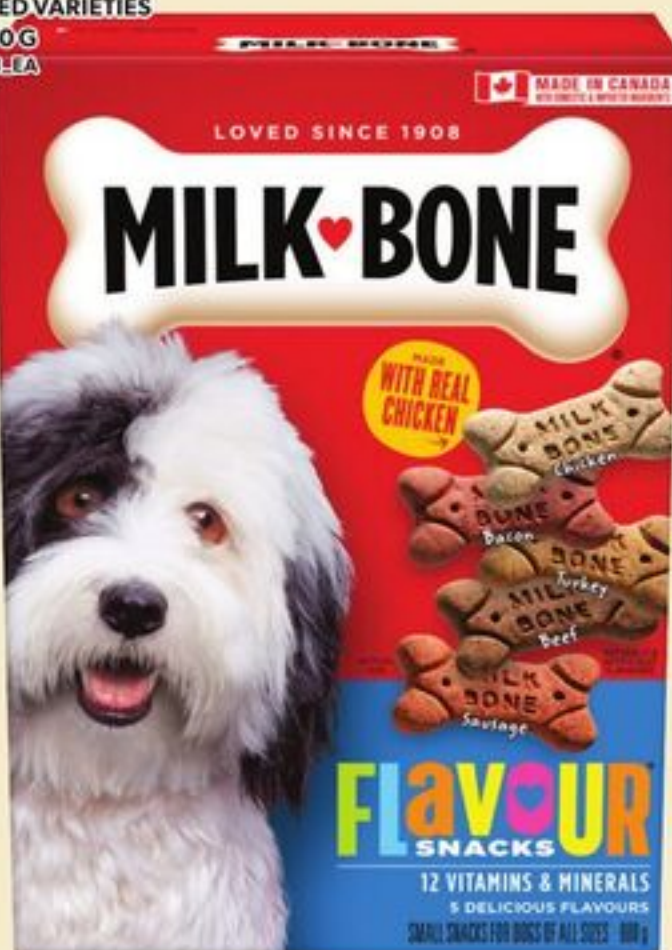
3/\$9
OR
\$3.49 EA.

**BENEFUL
DOG FOOD**
SELECTED VARIETIES
283 G
20303551002_EA



\$5

**MILK-BONE
DOG TREATS**
SELECTED VARIETIES
535-900 G
21014573_EA



\$9

**ZOË BETTER THAN RAWHIDE
DOG TREATS**
SELECTED VARIETIES
148-234 G
21301709_EA



**SAVE
UP TO \$1⁹⁹**
\$17

**WHISKAS
CAT FOOD**
SELECTED VARIETIES
12'S
20548822_EA



\$10

CAT CHOW
SELECTED VARIETIES
1.42-2 KG
20319556001_EA



\$30

FRISKIES CAT FOOD
SELECTED VARIETIES
32'S
21186868_CA01



\$7

**MEOW MIX
CAT FOOD**
SELECTED VARIETIES
1.42 KG
21586251_EA



2/\$6
OR
\$3.49 EA.

FANCY FEAST PURÉE
SELECTED VARIETIES
40 G
21478105_EA



\$27

**PC® NUTRITION FIRST®
CAT FOOD**
SELECTED VARIETIES
4 KG
21303157_EA



EVERYDAY
LOW
PRICES

Value you
can count on.

\$13



**PC® BLUE MENU®
CHICKEN BREASTS**
BONELESS, SKINLESS,
AIR CHILLED
3'S
21340952_EA



\$8



**PC® BLUE MENU®
GROUND CHICKEN
OR MINCED TURKEY**
454 G
21100091_EA
21100092_EA



\$13

**SEAQUEST®
SHRIMP RING WITH
MILD COCKTAIL
SAUCE**
FROZEN
454 G
21687413_EA



2⁵⁰



SANTOSH NAAN
SELECTED VARIETIES
5'S
21671463_EA



\$6



**ZIGGY'S® DELI
CHEESE SLICES**
SELECTED VARIETIES
160/180 G
21541441_EA
21610826_EA



\$3

**BAKED
IN-STORE**

SOURDOUGH LOAF
ORIGINAL OR EVERYTHING
404/450 G
20706542_EA
21682979_EA



\$5

NO NAME® PEROGIES
SELECTED VARIETIES, FROZEN
2 KG
20323762001_EA



3⁵⁰

NO NAME® PIZZA
SELECTED VARIETIES, FROZEN
295-411 G
21541441_EA
21541444_EA



\$10

NO NAME® NOVELTIES
SELECTED VARIETIES,
FROZEN
24/30'S
20347400002_EA
21013432_EA



\$1



**PC® BLUE MENU®
OR FREE & CLEAR®**
SELECTED VARIETIES
1L
20162061007_EA
20162061003_EA



\$4



**İÖGÖ NANO
DRINKS 6X93 ML OR
YOPLAIT MINİGÖ
YOGURT 360 ML**
SELECTED VARIETIES
20609687001_EA
21619318_EA



\$3

NO NAME® FRUIT
SELECTED VARIETIES,
FROZEN
300-400 G
21545097_EA
21545106_EA



\$5

**PC® ORGANICS
PASTA SAUCE**
SELECTED VARIETIES
700 ML
20085773001_EA



\$5

**PC® ORGANICS
FROZEN
VEGETABLES**
SELECTED VARIETIES
300-500 G
210045291_EA
20416869002_EA



\$5

**PC® ORGANICS
COCONUT WATER**
SELECTED VARIETIES
1L
21092373_EA



1⁵⁰

**ROOSTER®
COCONUT MILK**
SELECTED VARIETIES
398 ML
21378707_EA
21378715_EA



\$11

**SUFRA® HALAL
BREADED CHICKEN**
SELECTED VARIETIES,
FROZEN
568-840 G
21179707_EA
21179709_EA



\$10

**SURAJ®
BASMATI RICE**
3.63 KG
20838931_EA



live well, spend less

5/\$10

OR \$2.49 EA.
BABY GOURMET ORGANIC FRUIT OR VEGETABLE BABY FOOD POUCHES
113/128 ML OR JARS 113 ML
SELECTED VARIETIES
2123983_EA/21291241_EA



LIMIT 12
AFTER LIMIT
1.79 EA.

\$1

COLGATE OR CREST TOOTHPASTE
50-100 ML OR MANUAL TOOTHBRUSH EA.
SELECTED VARIETIES
20338731001_EA
20975582_EA

SAVE UP TO 25%

METHOD LIQUID HAND SOAP PUMPS & REFILLS
SELECTED VARIETIES AND SIZES
20436517004_EA
21640640_EA



GET 4,000^{pts} when you spend *20* on \$4 back in points

AVEENO OR NEUTROGENA SUN CARE PRODUCTS
SELECTED VARIETIES AND SIZES
21009268_EA
21352122_EA



\$5

LIMIT 4
AFTER LIMIT
6.29 EA.

ST. IVES BODY LOTIONS
SELECTED VARIETIES AND SIZES
21086088_EA/21086101_EA



SAVE UP TO 15%

L'ORÉAL FACECARE PRODUCTS
SELECTED VARIETIES AND SIZES
21170224_EA



27⁹⁹

HUGGIES GIGA PACK DIAPERS
SELECTED VARIETIES N-7, 42-128'S
21371074_EA/21664290_EA



\$7

TRESEMMÉ SHAMPOO, CONDITIONER OR STYLING PRODUCTS
SELECTED VARIETIES AND SIZES
21501949_EA/21591975_EA



\$8

LIMIT 6
AFTER LIMIT
8.99 EA.

DOVE WOMEN'S DEODORANT 74 G OR DRY SPRAYS 107/113 G
SELECTED VARIETIES
20840721_EA/21196170_EA



\$9

HEAD & SHOULDERS OR OLD SPICE HAIR CARE
SELECTED VARIETIES AND SIZES
21360088_EA
21505226_EA



\$8

MONDAY OR GÖT2B HAIR CARE
SELECTED VARIETIES AND SIZES
20321473001_EA
21361177_EA



7⁵⁰

LIMIT 6
AFTER LIMIT
8.99 EA.

SENSODYNE RAPID RELIEF OR REPAIR AND PROTECT TOOTHPASTE 75 ML, POLIDENT TABLETS 84-96'S OR POLIGRIP 62.4-70 G
SELECTED VARIETIES
20437569002_EA/21471656_EA



SAVE UP TO 20%

AVEENO OR JOHNSON'S OR DOVE BABY
SELECTED VARIETIES AND SIZES
20922621_EA/21112321_EA



2/\$14

OR \$12.49 EA.
PC® PEDIATRIC NUTRITIONAL SUPPLEMENT
SELECTED VARIETIES
6X235 ML
20432096002_EA/21432096001_EA



2/\$10

OR \$5.79 EA.
BABY GOURMET ORGANIC FRUIT OR VEGGIE MELTS
SELECTED VARIETIES
23 G
20653107002_EA



2/\$6

OR \$3.50 EA.
PC® ORGANIC MINI CEREAL BARS
SELECTED VARIETIES
160 G
20066938001_EA
20431441001_EA



44⁹⁹

KENDAMIL WHOLE MILK INFANT FORMULA
800 G
21699547_EA



Get well.



4⁹⁹

Q-TIPS
500'S
20323077001_EA



Stay well.



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2/5.50
or 3.29 ea.

Simply Gourmet Crunchers or Puffies snacks
selected varieties, 32 g
21597451_EA/21597406_EA/21672096_EA
21671989_EA/21597336_EA/21597310_EA

COMPLETE, BALANCED NUTRITION® WITH A TASTE KIDS LOVE

2/\$18
or \$10.49 ea.

PediaSure Complete, selected varieties, 4x235mL
20322414001_EA
20322414002_EA

WHEN WATER ISN'T ENOUGH
Get advanced rehydration

\$10.99

Pedialyte electrolyte oral rehydration solution, Strawberry 1 L or Freezer Pops, 16 x 62.5 mL
20186130_EA
21623984_EA

Similac 360 Total Care®
A first of its kind from Similac®

\$69.99

Similac 360 Total Care ready to feed infant formula, selected varieties, 16 x 235 mL
21702863_EA/21702882_EA

\$59.99

Similac 360 Total Care infant formula, selected varieties, 859 g
21697863_EA/21697886_EA

© Abbott - DIR/584A-OC2025

Potty Training Made FUN

Bluey

Peppa Pig

easy ups

LIMIT 4 AFTER LIMIT 31.99 EA.

GET 2,000

\$2 back in points

26.99

Pampers® Easy-Ups™
club pack training pants
selected varieties
46-74's
21089365_EA/21089367_EA

BBC STUDIOS LUDO

© Ludo Studio

© 2026 P&G

© 2026 ABD Ltd/Hasbro/HCPL Ltd.

BIG PACK = BIGGER SAVINGS!

LIMIT 4 AFTER LIMIT 58.99 EA.

GET 2,000

\$2 back in points

47.99

Pampers® Swaddlers
ultra value pack diapers
selected varieties, sizes 2-8, 120-192's
21455875_EA

45% MORE DIAPERS* PLUS DE COUCHES*

Pampers

swaddlers
our best dryness & comfort ever

plus sèches et confortables que jamais

***vs. Pampers Huge Pack**

© 2026 P&G

NEW & IMPROVED!

SAVE OVER \$20 PER BOX* ECONOMISEZ PLUS DE 20 \$ PAR BOÎTE*

HUGGIES

snug & dry

up to **100%**
blowout & leakproof protection
de protection : fuites et débordements

162
diapers
couches

5
over 27 LB | plus de 12 KG

Save over \$20 per box

with NEW Huggies® Ultra Value Pack!

LIMIT 4 AFTER LIMIT 49.99 EA.

44.99

Huggies®
Snug & Dry Ultra Value Pack
sizes 3-6, 132-198's
21693896_EA

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cheers & chill

beers, ciders & ready to drink



14⁹⁹

BUDWEISER
6X473 ML CANS
20944739_C06



15⁴⁹

COORS LIGHT BEER
6X473 ML CANS
20946471_C06



16⁷⁹

STELLA ARTOIS
6X473 ML CANS
21347366_C06



26⁶⁹

CORONA EXTRA
12X330 ML BOTTLES
21336940_C12



24⁵⁹

TWISTED TEA
12X355 ML CANS
20913398_12



14⁹⁹

BUD LIGHT BEER
6X473 ML CANS
20944739_C06



29⁹⁹

DILLON'S GIN VARIETY PACK
12X355 ML CANS
21464792_C12



15⁹⁹

MICHELOB ULTRA
6X473 ML CANS
21097258_C06



Only at the following Your Independent Grocer locations (unless otherwise stated) : 455 McNeely Ave., Carleton Place, 4764-17 Regional Rd. 15, Chelmsford, 62 Thames Rd. E., Exeter, 5200 Hwy #69 N., Hanmer, 1521 Hwy #11 W., Hearst, 131 Howland Dr., Huntsville, 273 King St. W., Ingersoll, 55 Brunetville Rd., Kapuskasing, Kemptville Mall Hwy #43 W., Kemptville, 15 McChesney Ave., Kirkland Lake, 200 Grant Carman, Nepean, 55 Scott St., New Liskeard, 1 Laurentian Ave., North Bay, 685 River Rd., Ottawa, 1900 Dixie Rd., Pickering, 1244 Goderich St., Port Elgin, 1893 Scugog St., Port Perry, 44 Great Northern Rd., Sault Ste. Marie, 1251 Main St., Stittsville, 1836 Regent St. S., Sudbury and 654 Algonquin Blvd. E., Timmins.

We reserve the right to limit quantities. **Above retails do not include deposit or tax** and may be subject to change without notice.
No rainchecks or substitutions. See in-store or yourindependentgrocer.ca for store hours.

Please drink responsibly & designate a driver. Don't drink & drive.

LIBERTÉ

SIMPLE COMFORT. REAL TASTE.

4⁵⁰

Liberté
Méditerranée[®]
selected varieties
500 g

21473714_EA
20788062002_EA



\$9

Liberté
Greek[®] 1 kg
21305351_EA



\$5

Yoplait[®] Source
Protein[®] 650 g
21587047_EA

\$12

Yoplait[®] YOP[®]
12 x 200 mL
21481820_EA



\$9

Yoplait[®]
Source[®] & Creamy[®]
selected varieties
16 x 100 g

20317317001_EA
20120316004_EA



1²⁵

Yoplait[®] YOP[®]
selected
varieties
200 mL

21477986_EA
21478300_EA

\$5

Yoplait[®] Source[®]
selected varieties
630 g

21391318006_EA
21391318001_EA

TAXES APPLICABLES
TRADEMARKS OF YOPLAIT MARQUES S.N.C. (FRANCE) USED UNDER LICENSE /
TRADEMARKS OF LIBERTÉ MARQUES S.N.C. USED UNDER LICENSE /
MADE IN CANADA FROM DOMESTIC AND IMPORTED INGREDIENTS



BUILDING COMMUNITY

One Rink at a Time
Learn More At
KRAFTHOCKEYVILLE.CA
© NHL © NHLPA



Philadelphia
Cream Cheese
Product
Selected Varieties
227 - 250 g
20866924010_EA



Kraft
Peanut Butter
Selected Varieties
750 g - 1 Kg
20039581001_EA



Kraft
Smooth Crèmeux
Selected Varieties
20039581001_EA



Kraft Dinner
Macaroni & Cheese
200 g
Selected Varieties
21549526_EA



Kraft
Heinz Mayonnaise-style
Sauces 340 mL
Selected Varieties
21686143_EA/21584850_EA



Kraft Salad Dressings
425 mL
Heinz Mayonnaise-style
Sauces 340 mL
Selected Varieties
21686143_EA/21584850_EA



Kraft Dinner
Deluxe
Frozen Meals 340 g
Selected Varieties
21085515_EA/21553329_EA



Classico
Pasta Sauce
410 - 600 mL
Selected Varieties
21618217_EA
20325609003_EA



Crave
Frozen Entrées
200 - 340 g
Kraft Dinner Deluxe
Frozen Meals 340 g
Selected Varieties
21085515_EA/21553329_EA



Crave
Deluxe
Frozen Meals 340 g
Selected Varieties
21085515_EA/21553329_EA

*Based on the 2026 BrandSpark[®] Canadian Trust Study.

Our butchers cut quality meat in your store every day!



pork loin
schnitzel
21588065_EA

beef
meatballs
plain
21587897_EA

beef stir fry strips
cut from Canada AA grade
beef or higher
21588067_EA

pork
stir fry strips
21588095_EA

chicken
stir fry strips
21588091_EA



Connect all you want. Earn points for all you need.

Earn 20,000 pts
after 2 months of service



START YOUR

ACTIVIA®

GUT

HEALTH

CHALLENGE

2

ACTIVIA

EVERY DAY

FOR

14

DAYS

Optimum™

\$3 back in points

APP EXCLUSIVE OFFER

Earn

3,000 pts

for every \$10 spent in Activia products*

get entered to win**

10 MILLION pts

That's like

\$10,000!

NEW

4x100g

ACTIVIA® EXPERT

Supports gut health

pre pro

2.8% milkfat

4.5g protein

4.5g probiotics

NEW

100g

ACTIVIA® EXPERT

Supports gut health

pre pro

2.8% milkfat

4.5g protein

4.5g probiotics

12x100g

ACTIVIA®

Supports gut health

GUT HEALTH! SANTÉ DIGESTIVE

2.2% milkfat

3.5g protein

3.5g probiotics

100g

ACTIVIA®

Supports gut health

GUT HEALTH!

2.2% milkfat

3.5g protein

3.5g probiotics

8x93 mL

ACTIVIA®

Supports gut health

Immune system

2.2% milkfat

3.5g protein

3.5g probiotics

\$4

Activia® Expert - 4 x 100 g

21688261_EA/21687900_EA

\$6.50

Activia® Expert - 750 g

21688207_EA

\$8.50

Activia® - 12 x 100 g

20303412001_EA

\$4.50

Activia® - 650 g

20325132003_EA

\$7

Activia® - 8 x 93 mL

21520253_EA

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer. Earn 3,000 PC Optimum™ points for every \$10 spent on participating Activia products. Product availability may vary by store. We reserve the right to limit quantities. We are not obligated to award points based on errors or misprints. Points apply to items sold at individual units and are not awarded per unit when the unit is part of a case pack or variety pack. No cash value. Offer valid from January 1st to February 18th, 2026.

**NO PURCHASE NECESSARY. Open to Canadian resident PC Optimum members who are 14 years or older. Contest ends February 18, 2026 at 12:00 am ET. Members can get an entry for every \$10 spent on any eligible Activia products at participating Atlantic Superstore, Dominion Fortinos, Loblaws, Maxi, No Frills, Provigo Le Marché, Shoppers Drug Mart, Valu-Mart, Real Canadian Superstore, Wholesale Club, Your Independent Grocer and Zehrs locations and scan their PC Optimum card at the time of purchase. Prize of 10,000,000 PC Optimum points to be won (that's like \$10,000 CDN in value when redeemed each). Limit of one prize per member. Must correctly answer mathematical skill-testing question. Odds of winning a prize depends on total number of eligible entries received. For full rules/details and how to enter without purchase, visit www.pcoexpress.ca/pcocontest-danone.

PACK YOUR MORNING

WITH PROTEIN

19G OF PROTEIN*

\$8

Oikos® - 650 g, 750 g

21305945_EA

3/10.50

OR \$4.50 EA.

Oikos® - 4 x 95 g, 4 x 100 g

20625055_EA

20419715001_EA

\$3.50

Oikos® Pro™ - 300 mL

21651846_EA

As part of a complete breakfast and balanced diet. Per 175 g serving.

10-HOUR BREW

BOLD AND SMOOTH TASTE

\$7.50

Stok® - 142 L

21203737_EA/21203739_EA

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BRING HOME A WIN WITH THIS OFFER

FROM General Mills

BUY 2 OLD EL PASO™ KITS AND GET

\$10 TO FILL UP**

TO FILL UP YOUR TACOS

UPLOAD YOUR RECEIPT ONLINE

20795536_EA/21049495_EA

**Must redeem online. Limited offers available. Offer ends March 31, 2026. See participating packaging for details.

EASY WITH

Olivieri

Olivieri Family Pack Pasta selected varieties 500 - 700 g

20311594_EA

20915948_EA

\$11

Olivieri pasta sauce selected varieties 600 mL

20011488_EA

\$10

Olivieri Family Pack Pasta selected varieties 500 - 700 g

20311594_EA/20915948_EA

\$11

Olivieri Pasta 250-350 g or Sauce 300 mL selected varieties Mix and Match

21021520_EA

2/12

OR \$6.79 EA.

VISIT WWW.OLIVIERI.CA FOR GREAT RECIPE INSPIRATIONS

Express™

Online grocery pickup & delivery

Online groceries, hand-selected for you

Get \$15 in PC Optimum™ points on your first 5 eligible online grocery orders*.

Shop now

That's \$75 back in pts

Use code PCX5

*Terms and conditions apply. See site for details.

WINTER GAME ESSENTIALS



Buy
all three
for \$22:

Any 30 - piece Wings & Wedges bucket 1.2-2 KG
21541872_EA/21541877_EA

+

any 1 Ruffles potato chips or Doritos Tortilla Chips 180-235 g
21241052_EA

+

Pepsi selected varieties 1 L
20040201001_EA

TRUSTED SOFTNESS, BETTER TEAR
*vs. leading 1000-sheet brand

\$18 Charmin Bath Tissue, 12=48 roll, soft 21707532_EA

NEW
Charmin Ultra Soft Ultra Doux Smooth Tear Se détache en douceur

cleans Better

\$18

Charmin Bath Tissue, 12=48 roll, strong 21636641_EA

*vs. Leading Canada 2-ply bath tissue



+50% MORE ABSORBENT
*vs. leading ordinary brand.

\$18 Bounty Paper Towel, Select A Size, 6=12 roll 21670280_EA

Bounty The Quicker Picker Upper

THICKER AND MORE ABSORBENT*
*vs. the leading US 2-ply napkin

\$11

Bounty Napkin 400's 21053171_EA



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What if buying gas fuelled your points?

Only Esso™ and Mobil™ gas earns you PC Optimum™ points.



Mobil

+



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