

Decorate
FREE

CUPCAKES FOR VALENTINE'S DAY!

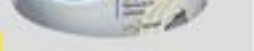


Saturday, February 7

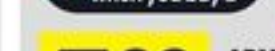
See in store for details

Limited to the first 100 children, ages 12 and under, accompanied by an adult. One package per child. At participating stores only.

FROZEN & DAIRY



PHILADELPHIA
Original
Cream Cheese
227-250g selected



ARMSTRONG'S Cheese
Sticks 20's, Swiss
285-340g, Cheddar 200g
or Cheddar 180g



HEALTHY CHOICE
Steamers
200-300g



BEST BUY Ice
Milk 1.5 L
Vanilla

4⁹⁹

PHILADELPHIA
Cream Cheese
227-250g selected

5⁹⁹

ARMSTRONG'S Cheese
Sticks 20's, Swiss
285-340g, Cheddar 200g
or Cheddar 180g

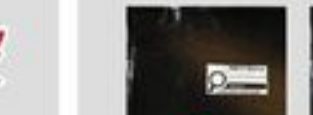
2/\$10

HEALTHY CHOICE
Steamers
200-300g

3⁹⁹

BEST BUY Ice
Milk 1.5 L
Vanilla

4⁴⁹ without
Scone*
Card

 4.99 when you buy 2 COFFEE-MATE Creamers \$7.99 (4x) each	 3.99 YOPLAIT Source Creams \$7.99 (4x) each	 12.88 P.F. CHANG'S Multi Season Market \$12.88 (4x) each	 3.99 MCCAIN Regular Fries \$3.99 (4x) each
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DRINKS, SNACKS & PANTRY



8⁹⁹

NESCAFÉ Instant Coffee 100g



22⁹⁹

TIM HORTONS Hazelnut & Ground Coffee 500g



\$3

DARE Breton, Vinta or Simple Goodies Crackers 150-200g



4⁹⁹

ARNOTT'S TimTam Biscuits 175-200g

Cheetos
Original
Pop-Pables

\$2/9

CHEETOS 170-285 g
LIFE'S Pop-Pables

3/49

KELLOGG'S Nutri-Grain Bars,
Rice Krispies Squares, Pop-Tarts
or Special K Pwenty Cakes selected

99¢

COMPLIMENTS
Tostitos or Tostitositos

1/99

MEMBERS
SAVE \$0.50
on
Clear Brand Beans

CLARK Beans in Tomato Sauce

170-200 g

125-384 g

Seasonings 35-39 g

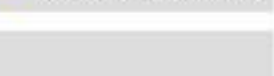
Maple Style 238 mL

15% COMPLIMENTS Baking Nuts 400 g or 100 g

7.99 YELLOWSTONE Seasoning Blends 135-160 g or MATHESON Seasoning Blends 135-160 g

3.99 CATELLI Seasoning Blends 135-160 g or MATHESON Seasoning Blends 135-160 g

5.99 PAM Cooking Sprays

10.99 dates or prunes 275 g/3 kg  6.99	7.99 COMPACT RUSS 160 g  4/\$5	9.99 Legume Pasta 250 g  4.99	9.99 Non-CMO and Organic  2.98
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HOUSEHOLD

 249 PALMOLIVE Dish Detergent 591 mL	 649 LYSOL Disinfecting Wipes 75-84 pk, Spray 300 or Multi-Purpose Cleaner 500 mL, Unscented	 799 GLAD White Tall Kitchen Bags 35-42 pk	 999 MILK-BONE Soft & Chewy Dog Treats 683 g
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DAIRY & FROZEN



4⁴⁹ **100 PTS**
when you buy 2
KRAFT Cool Whip
Berrried Whipped
Topping 225 g



5/\$5 **50 PTS**
when you buy 4
YOPLAIT Yop
Drinkable Yogurt
200 mL



5⁴⁹
SHEPHERD
GOURMET SKYR
Icelandic Style
Yogurt 500 g



6⁹⁹
DAIRYLAND Butter
salted or unsalted 454 g



16⁹⁹
COMPLIMENTS Frozen Fruit 1.5 kg



5⁹⁹ **100 PTS**
when you buy 2
OASIS Health Break
or Smoothie 1.5 L



4⁹⁹
MINUTE-MAID Zero
Sugar Drinks or
No Sugar Added
1.5 L selected



6⁴⁹
SCHNEIDERS
Breakfast
Sandwiches or Egg
Bites 224-286 g



8⁴⁹
MARIE
CALLENDER'S
Frozen Meals
680-879 g



4⁹⁹ **100 PTS**
when you buy 2
COMPLIMENTS
Frozen Vegetables
500 g selected



5⁹⁸ **100 PTS**
when you buy 2
P.F. CHANG'S Rice
Sides or Dumplings
232-454 g

DRINKS & SNACKS



9⁹⁹ **400 PTS**
when you buy 2
COMPLIMENTS
Roast & Ground
Coffee 300 g



2/\$5 **100 PTS**
when you buy 2
COMPLIMENTS
Fruit Drink 2 L



3⁴⁹
SNYDER'S OF
HANOVER Pretzels
240 g



7⁴⁹
JACK LINK'S or
GOLDEN ISLAND
65-81 g



13⁹⁹ **60 PTS**
when you buy 1
CORONA Cero
Alcohol-Free Beer
6x330 mL



2/\$8 **100 PTS**
when you buy 2
RED BULL Energy
Drinks 355 mL



\$4 **150 PTS**
when you buy 3
KELLOGG'S Town
House, Cheez-It or
Snap'd Crackers
213-391 g



3⁴⁹ **100 PTS**
when you buy 2
COMPLIMENTS
Soda Crackers 450 g



100 PTS
when you buy 2
PEPSI Soft Drinks Mini Cans 6x222 mL



4⁹⁹ **100 PTS**
when you buy 2
HERSHEY'S Multi
Packs 156-232 g



4²⁹
HARIBO Candy 284 g



2⁷⁷ **150 PTS**
when you buy 2
COMPLIMENTS Fruit
Bars 300 g, Granola
Bars 131-175 g, Protein
Bars 160 g or Crispy Rice
Squares 176 g

DRINKS, SNACKS & PANTRY



4⁴⁹ POST Retail Size Cereal 283-525 g selected



4⁹⁹ COMPLIMENTS Liquid Honey Bear 375 g



2⁹⁹ APPLESNAX Fruit Cups 6 pk



4²⁹ DEMPSTER'S 7" Tortillas 272-340 g or Titi ROSA Tortillas 220-328 g



100 PTS when you buy 2
COMPLIMENTS Marshmallows 250 g



4⁷⁹ BETTY CROCKER Cake, Cookie or Bisquick Mix 253 g, 1.1 kg selected



1⁹⁹ COMPLIMENTS Canned Tomatoes 540-796 mL or Canned Legumes 540 mL



3⁹⁹ VACON Snacks 248-338 g



4²⁹ FRANK'S RedHot Sauce or Thick RedHot Sauce 354 mL



300 PTS when you buy 1
COMPLIMENTS Caesar Style Bread Dipper 250 mL



3⁹⁹ STAGG Chili 425 g



1²⁹ NONGSHIM Bowl Noodles Kimchi 86 g 16.88 case

NATURAL, HEALTH & HOUSEHOLD



6⁹⁹ JOHNSON & JOHNSON Baby Care 400-600 mL or 623 g



2/\$5 SIMPLY GOURMET Baby Snacks 32 g



7⁹⁹ COMPLIMENTS Liquid Laundry Detergent 1.37-1.47 L



3⁹⁹ EARTH'S OWN Cat Beverages or So Nice Almond Beverages 1.75 L



9⁹⁹ LISTERINE Total or Clinical Solutions 500 mL, 1.25 L selected



11⁹⁹ L'OREAL EverPure or EverStrong Shampoo or Conditioner 200-250 mL selected



10⁹⁹ ALWAYS Pads, Liners or TAMPAX Tampons 18-120 pk selected



2/\$6 **250 PTS** when you buy 2
KAJU Juice 1 L or 4x200 mL



19⁹⁹ ARM & HAMMER Clump & Seal Cat Litter 9.1 kg



5⁹⁹ WHISKAS TEMPTATIONS Cat Treats 454 g



10⁹⁹ **150 PTS** when you buy 1
COMPLIMENTS Cat Litter 15 kg



3⁴⁹ COMPLIMENTS Freezer Bags 15-20 pk, Full Wrap 50 ft or Parchment Paper 35 ft



1st Ingredient is Chocolate Chips!

- Made in Canada
- All butter
- No synthetic colours or artificial flavours
- No hydrogenated oils or MSG

NEW



100 PTS
when you buy 1

4⁹⁹

COMPLIMENTS
Exceptional Chocolate
Chip Cookies 280 g



FUEL UP FOR
game DAY



BUY 2, GET 3RD FREE
of equal or lesser value

COMPLIMENTS or PANACHE Appetizers
selected varieties 252-680 g



STARTING AT
949

Grab & Go Trays
Cookie Lover's Bliss,
Dessert Bars or Patisseries
565-800 g

FOR *game* DAY



**PICKED
FOR YOU**

DELI



7⁹⁹

Mixed Deli Meat Subs
2 pk 430 g selected

GET READY FOR
Valentine's Day

13⁹⁹

**TURTLES Chocolate
Valentine Heart** 167 g
while supplies last



13⁹⁹

FERRERO ROCHER Hearts
174-200 g or MERCI Chocolates 400 g
while supplies last



6⁹⁹

KINDER Eggs 100 g
while supplies last



1⁴⁹

**COMPLIMENTS
Cinnamon Hearts**
150 g while supplies last



9⁴⁹

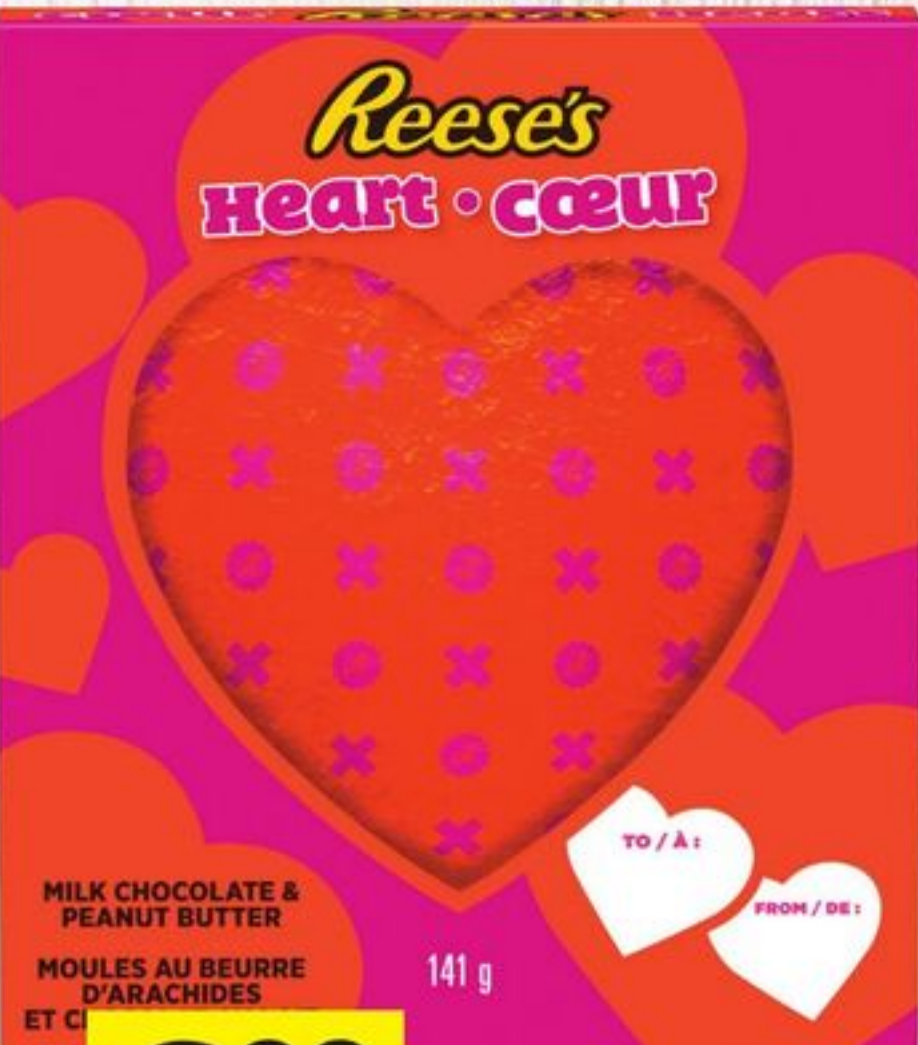
**PEPPERIDGE FARM
Goldfish Valentine's
Day Crackers** 560 g



100 PTS
when you buy 1

7⁴⁹

**COMPLIMENTS
Caramel Filled or
Milk Chocolate
Hearts** 165-200 g
while supplies last



6⁹⁹

**REESE'S Solid
Peanut Butter Heart**
141 g while supplies last

FUEL UP FOR

game DAY

Beautiful Bites!

Our most popular cheeses cubed for easy nibbling. Mild Cheddar, Provolone, Creamy Havarti, Swiss, and Marble Cheddar.

Small serves 8-10
Large serves 15-20



let's start with appies!

Offer Valid from February 5-11

We make it easy!

Shop our selection of

60+
MADE-TO-ORDER
TRAYS

Ask in-store for full selection.



Family faves everyone will enjoy!

Nature's Bounty!

A beautifully presented variety of Fresh Berries, Pineapple, Red and Green Seedless Grapes, Kiwi, Cantaloupe, Watermelon and Honeydew.

Serves 20

Take the Wrap!

An appetizing assortment of freshly prepared wraps, including Chicken Caesar, Crispy Chicken, Turkey Club, Buffalo Chicken and Seven Grain Veggie.

Small serves 5
Large serves 10

Dessert Bars!

Our Hand-Cut Squares are a welcome addition to any table.

Small serves 15
Large serves 20

Get **1,000** PTS
When you spend \$75

OR

Get **2,500** PTS
When you spend \$150 or more

That's like
\$25
toward your groceries

Learn more

Order in-store or online today!

Visit west.iga.ca/guide-to-entertaining/ for tray selections and ordering tips



Locals love

BACON

AND MORE



6⁹⁹

COMPLIMENTS Bacon 375 g



6⁹⁹

COMPLIMENTS Turkey Bacon 375 g



5⁹⁹

MAPLE LODGE Chicken Bacon 375 g



3⁴⁹

ROGERS Sugar Icing, Brown or Yellow 1 kg



9⁹⁹

PANACHE Maple Syrup 500 mL



100 PTS
when you buy 2

COMPLIMENTS Flavoured Mayo 300 mL



3⁴⁹

COMPLIMENTS Syrup or Pancake Mix 750 mL-905 g



BAKE
WITH
FRESH
INGREDIENTS

Easy
Strawberry
Crumble

FOR MORE DELICIOUS
RECIPES VISIT
ROBINHOOD.CA



Get **500** PTS

When you spend \$20
on any participating
Robin Hood®,
Carnation®, and Eagle
Brand® products*

*before taxes

***before taxes**

FOR MORE DELICIOUS
RECIPES VISIT
ROBINHOOD.CA

Easy Strawberry Crumble

Robin Hood.

• SINCE 1909 •

ALL PURPOSE

FLOUR

ORIGINAL

MADE WITH 100% CANADIAN WHEAT

23 kg 18 CUPS

2.5 kg

ENRICHED & PRE-SIFTED

GOOD & BEAUTIFUL

6⁹⁹

ROBIN HOOD® Flour
2.5 kg assorted

449

ROBIN HOOD®
Quick Oats
1 kg assorted

299

CARNATION®
Evaporated Milk
354 mL assorted

499

EAGLE BRAND®
Sweetened
Condensed Milk
300 mL assorted

*Get 500 pts when you spend \$20 on any Carnation 354 mL, assorted (excluding 12 pack), Eagle Brand 300 mL, assorted, Robin Hood Flour 2.5 kg, Robin Hood Oats 1 kg.

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the Scotiabank Scene+ Visa Card.♦

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♦Conditions Apply

