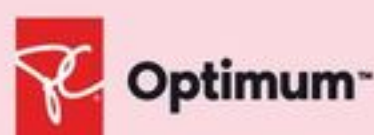


Moredays  
Moredays  
Moredays



## Get more points

More savings, more deals, more points

This week only! Jan 29-Feb 4<sup>\*\*</sup>

For more deal offers visit  
[www.yourindependentgrocer.ca](http://www.yourindependentgrocer.ca)  
or scan



**Moredays**

APP EXCLUSIVE OFFER

Member Only Price<sup>™</sup>

**\$3**

**Non-Members  
\$5**

Members  
save  
**\$2**



**PC® VEGETABLES**  
SELECTED VARIETIES  
FROZEN  
300-750 G  
**LÉGUMES PC<sup>MD</sup>**  
20318915\_EA  
20314960\_EA  
\*Open your PC Optimum<sup>™</sup> app or  
visit [pcoptimum.ca](http://pcoptimum.ca) to get the offer.

**Moredays**

APP EXCLUSIVE OFFER

Members get

**2,000<sup>(pts)</sup>**

**\$2**  
back  
in points

**\$12**

**PC® SPLENDIDO™ COLD PRESSED  
OR COLD EXTRACTED DELICATO<sup>®</sup>  
EXTRA VIRGIN OLIVE OIL**

SELECTED VARIETIES

1 L

**HUILE D'OLIVE EXTRA VIERGE**

**PRESSÉE À FROID OU EXTRAITE À**

**FROID DELICATO PC<sup>MD</sup> SPLENDIDO<sup>MD</sup>**

20081865\_EA/21401612\_EA

\*Open your PC Optimum<sup>™</sup> app or  
visit [pcoptimum.ca](http://pcoptimum.ca) to get the offer.



**SAVE  
UP TO \$1**

**3<sup>50</sup>**

**Moredays**

APP EXCLUSIVE OFFER

Members get

**3,000<sup>(pts)</sup>**

when you  
buy 2

**\$3**  
back  
in points



**PC® OR BLUE MENU<sup>®</sup>**

**ENTRÉES**

SELECTED VARIETIES

FROZEN

212-365 G

**PLATS CUISINÉS PC<sup>MD</sup>**

**OU MENU BLEU<sup>MC</sup>**

20309869\_EA

20312253001\_EA

\*Open your PC Optimum<sup>™</sup> app or  
visit [pcoptimum.ca](http://pcoptimum.ca) to get the offer.

**Moredays**

Members get

**1,500<sup>(pts)</sup>**

when you  
buy 2

**\$1<sup>50</sup>**  
back  
in points

**\$5**

**MISS VICKIE'S KETTLE COOKED  
POTATO CHIPS OR SMARTFOOD<sup>®</sup>  
READY TO EAT POPCORN**

SELECTED VARIETIES

150-250 G

**CROUSTILLES CUITES**

**À LA MARMITE**

**MISS VICKIE'S OU MAÏS**

**SOUFFLÉ SMARTFOOD**

20972859\_EA/21240703\_EA



**Moredays**

APP EXCLUSIVE OFFER

Members get

**5,000<sup>(pts)</sup>**

for every \$10\*  
spent on

**\$5**  
back  
in points

**CHEERIOS, CHEX OR  
OATMEAL CRISP**

SELECTED VARIETIES

300-1300 G

**CHEERIOS,**

**CHEX OU AVOINE**

**CROQUANTE**

20679863\_EA

21667577\_EA

\*Open your PC Optimum<sup>™</sup> app or  
visit [pcoptimum.ca](http://pcoptimum.ca) to get the offer.



<sup>\*\*</sup>From January 29–February 4, 2026, at across 4,500+ locations in Canada, the PC Optimum<sup>™</sup> Moredays event will provide PC Optimum<sup>™</sup> members with the opportunity to earn PC Optimum<sup>™</sup> points through special offers and promotions across locations where PC Optimum<sup>™</sup> points can be earned. For a list of participating locations and complete program details, please visit [www.pcoptimum.ca/Moredays](http://www.pcoptimum.ca/Moredays).

Optimum™ **Moredays**

Members get  
**3,000** (pts)  
when you  
buy 2

**\$3**  
back  
in points

**3<sup>29</sup>-9<sup>49</sup>**

**SILK YOGURT** 625-650 G,  
**NON-DAIRY BEVERAGES** 1.74-1.89 L,  
**CREAMERS** 450-890 ML OR  
**SO DELICIOUS** 266 ML/500 G  
**YOGOURT, BOISSONS**  
**SANS PRODUITS**  
**LAITIERS,**  
**CRÉMEURS SILK**  
**OU SO DELICIOUS**

21310391\_EA  
20315090001\_EA



Optimum™ **Moredays**

Members get  
**4,500** (pts)  
for every \$20\*  
spent on

**\$4<sup>50</sup>**  
back  
in points

**STARBUCKS COFFEE, NESPRESSO,**  
**NESCAFÉ CONCENTRATES** 500 ML OR  
**CARNATION HOT CHOCOLATE**  
**CANISTERS** 400/450 G OR 1.7 KG OR  
**ENVELOPES** 7-10'S OR **PODS** 450 G  
SELECTED VARIETIES  
**CAFÉ STARBUCKS, CONCENTRÉS**  
**NESPRESSO, NESCAFÉ OU**  
**CONTENANTS OU ENVELOPPES**  
**OU CAPSULES DE CHOCOLAT**  
**CHAUD CARNATION**

21041744\_EA  
21169344\_EA



Optimum™ **Moredays**

Member Only Price™

**\$6**

Non-Members

**\$7**

Members  
save  
**\$1**



**MASTRO DELI SLICED**  
**SALAMI**  
SELECTED VARIETIES  
125-150 G  
**SALAMI TRANCHÉ**  
**EN CHARCUTERIE**  
**MASTRO**

21061096\_EA  
21061099\_EA



Optimum™ **Moredays**

APP EXCLUSIVE OFFER

Members get  
**1,500** (pts)

**\$1<sup>50</sup>**  
back  
in points

**\$4**

**ZIGGY'S® SLICED**  
**DELI MEATS**  
SELECTED VARIETIES  
175 G  
**CHARCUTERIES**  
**TRANCHÉES ZIGGY'S®**

21590279\_EA  
21592461\_EA

\*Open your PC Optimum™ app or  
visit pcoptimum.ca to get the offer.



Optimum™ **Moredays**

Members get  
**1,000** (pts)

**\$1**  
back  
in points

**\$4**

**CHAPMAN'S SUPER**  
**PREMIUM PLUS**  
**ICE CREAM**  
SELECTED VARIETIES  
FROZEN  
500 ML  
**CRÈME GLACÉE**  
**SUPER PREMIUM**  
**PLUS CHAPMAN'S**

21511200\_EA  
21511147\_EA



**PROUDLY CANADIAN  
OWNED & OPERATED**



**Independent™**  
Your Independent Grocer

**SAVE 42%**

**\$3<sup>88</sup>** **LB**

**CHICKEN DRUMSTICKS  
OR THIGHS**  
FAMILY SIZE  
6.61/KG  
**PILONS OU HAUTS DE  
CUISSÉ DE POULET**  
20004494\_KG  
20058163\_KG



**6<sup>88</sup>** **LB**

**INSIDE ROUND STEAK**  
FAMILY SIZE OR ROAST  
CUT FROM CANADA AA OR USDA  
SELECT GRADE BEEF OR HIGHER  
15.17/KG  
**BIFTECK OU RÔTI  
D'INTÉRIEUR DE RONDE**  
20812494\_KG  
20812701\_KG

**SAVE UP TO \$2.49/LB/EA.**

**\$9** **LB/EA.**

**FRESH ASC TILAPIA  
FILLET'S** \$9 LB 19.84/KG OR  
**PC® PACIFIC LARGE  
WHITE SHRIMP** \$9 EA.  
RAW OR COOKED, PEELED OR  
RAW ZIPPERBACK® 31-40 PER LB  
400 G FROZEN  
**FILETS DE TILAPIA ASC  
FRAIS OU GROSSES  
CREVETTES BLANCHES  
DU PACIFIQUE PC®**  
20897812\_KG  
20791381\_EA



**SAVE 33%**

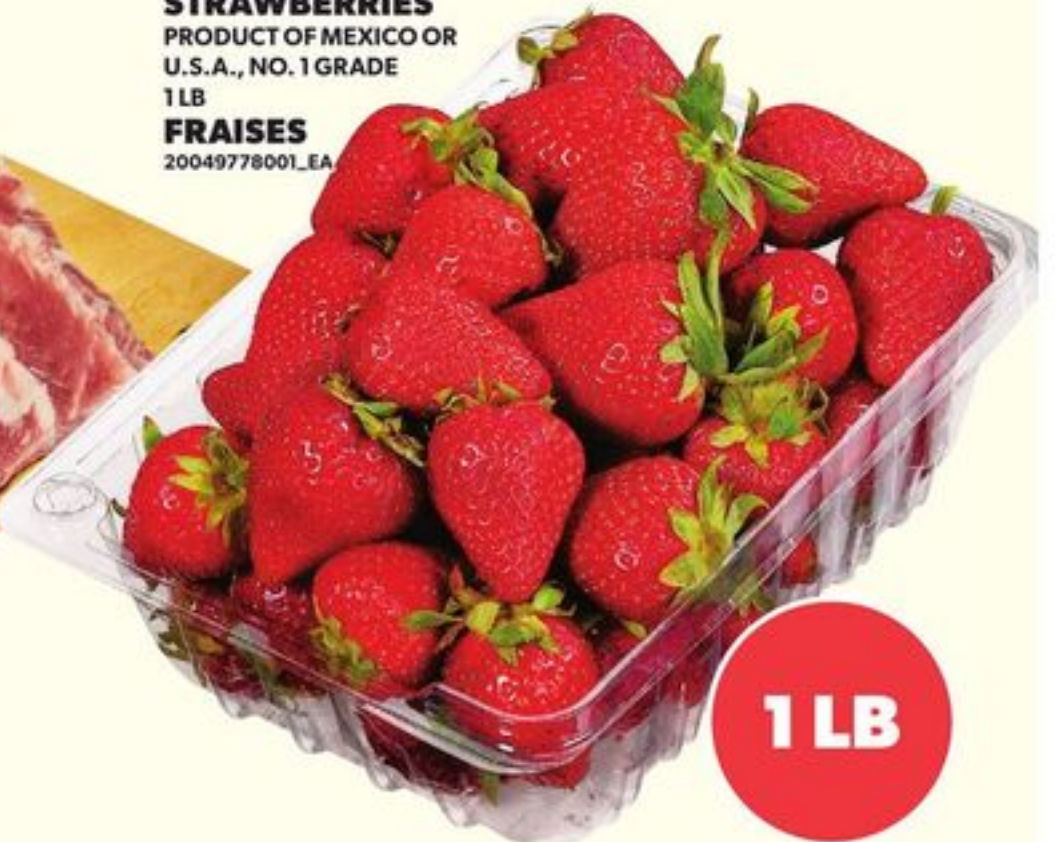
**\$3** **LB**

**PORK SIDE RIB PORTION**  
6.61/KG  
**PORTION DE CÔTES DE  
FLANC DE PORC**  
20836871\_KG



**\$3**

**STRAWBERRIES**  
PRODUCT OF MEXICO OR  
U.S.A., NO. 1 GRADE  
1LB  
**FRAISES**  
20049778001\_EA



**1 LB**

**SAVE 50%**

**1<sup>48</sup>** **LB**

**RED PRINCE APPLES**  
PRODUCT OF ONTARIO,  
CANADA FANCY GRADE  
3.26/KG  
**POMMES RED PRINCE**  
20037628001\_KG



**\$6**

**FARMER'S MARKET™  
MANDARINS**  
PRODUCT OF MOROCCO  
OR SPAIN  
4LB  
**MANDARINES  
DÉLICIES DU MARCHÉ™**  
20054025001\_EA



**7<sup>77</sup>**

**RED MANGO**  
PRODUCT OF PERU  
CASE  
**MANGUE ROUGE**  
21047849\_EA



**9 LB  
AVG**

**\$8**

**SWISS CHALET OR  
MONTANA'S PORK  
BACK RIBS, LOU'S OR  
MANDARIN ENTRÉES**  
SELECTED VARIETIES,  
FULLY COOKED  
375-650 G

**CÔTES DE DOS DE PORC  
SWISS CHALET OU MANDARIN**  
**MONTANA'S, PLATS  
CUISSINÉS LOU'S  
OU MANDARIN**  
21668141\_EA  
21699144\_EA



**1<sup>25</sup>**

**NO NAME®  
POTATO CHIPS**  
SELECTED VARIETIES  
200 G  
**CROUSTILLES  
SANS NOM®**  
21302821\_EA  
21302793\_EA



**2<sup>97</sup>**

**CLASSICO  
PASTA SAUCE**  
SELECTED VARIETIES  
410/600 ML  
**SAUCE POUR  
PÂTES CLASSICO**  
21618217\_EA  
203256090031\_EA



**\$3**



**D'ITALIANO BREAD**  
SELECTED VARIETIES  
AND SIZES  
**PAIN D'ITALIANO**  
21567005\_EA  
21596468\_EA



**\$3**

**MADE GOOD  
GRANOLA BARS,  
DRIZZLED, MORNINGS  
OR RICE CRISP BARS**  
SELECTED VARIETIES  
120-150 G  
**BARRES GRANOLA,  
FILET, MORNINGS  
OU CROUSTILLES  
DE RIZ MADE GOOD**  
20797052001\_EA  
21352121\_EA



**6<sup>50</sup>**



**LIBERTÉ GREEK  
TUBS 650/750 G OR  
YOPLAIT SOURCE**  
16X100 G  
SELECTED VARIETIES  
**CONTENANTS  
DE YOGOURT  
GREC LIBERTÉ OU  
SOURCE YOPLAIT**  
20317317001\_EA  
20642273\_EA



**\$21**

**EQUIVALENT TO  
88c  
PER BOTTLE**

**GATORADE OR  
POWERADE  
SPORTS DRINK**  
SELECTED VARIETIES  
24X591 ML  
**BOISSON  
DÉSALTÉRANTE  
GATORADE OU  
POWERADE**  
20954130\_C24  
20325703\_C24



**12<sup>88</sup>**



**T&T®  
JASMINE RICE**  
8.2 KG  
**RIZ AU JASMIN  
T&T®**  
20705590\_EA



**4<sup>50</sup>**

**PC® FROZEN FRUIT**  
SELECTED VARIETIES  
300-600 G  
**FRUITS SURGELÉS PC®**  
20312227\_EA  
21377841\_EA





Get more on **Moredays**

More savings, more deals, more points  
This week only! Jan 29-Feb 4\*\*

**Moredays**

Members get  
**2,000** pts

**\$2**  
back in points

**\$10**

**PC® CHOCOLATE BASQUE OR BASQUE CHEESECAKE**  
FROZEN  
600 G  
**GÂTEAU AU FROMAGE BASQUE OU AU CHOCOLAT BASQUE PC®**  
21687935\_EA



**Moredays**

Members get  
**1,000** pts

**\$1**  
back in points

**2/\$8**

OR  
\$5 EA.  
**FRIED TORTILLA CHIPS**  
450 G  
**CROUSTILLES DE TORTILLA FRITES**  
21534615\_EA



**Moredays**

Members get  
**4,000** pts

**\$4**  
back in points

**NATURE VALLEY GRANOLA BARS**  
SELECTED VARIETIES  
130-210 G  
**BARRES GRANOLA VAL NATURE**  
21213584\_EA  
21675994\_EA



**Moredays**

Members get  
**3,000** pts

**\$3**  
back in points

**\$4**

**PEARL MILLING COMPANY PANCAKE MIX**  
905 G OR ORIGINAL SYRUP 710 G  
SELECTED VARIETIES  
**MÉLANGE À CRÊPES OU SIROP ORIGINAL PEARL MILLING COMPANY**  
21384573\_EA  
21391619\_EA



**Moredays**

Members get  
**10,000** pts

**\$10**  
back in points

**JAMIESON VITAMINS OR SUPPLEMENTS**  
SELECTED VARIETIES AND SIZES  
**VITAMINES OU SUPPLÉMENTS JAMIESON**  
20299993\_EA  
20303216001\_EA



**Moredays**

Members get  
**7,500** pts

**\$7.50**  
back in points

**SCRUBBING BUBBLES BATHROOM CLEANERS, FANTASTIK, WINDEX CLEANERS, OR SHOUT STAIN REMOVERS**  
SELECTED SIZES AND VARIETIES  
**NETTOYANTS POUR SALLE DE BAINS SCRUBBING BUBBLES, NETTOYANTS FANTASTIK, WINDEX OU DÉTACHANTS SHOUT**  
21666832\_EA  
20071729\_EA



**\$3**

**CAVENDISH FRIES OR SPECIALTY POTATOES**  
SELECTED VARIETIES  
FROZEN  
400-750 G  
**FRITES OU POMMES DE TERRE DE SPÉCIALITÉ LES FERMES CAVENDISH**  
20318915\_EA  
21685114\_EA



**6.75**

**PC® ORANGE JUICE**  
2.5 L OR STOK COLD BREW COFFEE 1.42 L  
SELECTED VARIETIES  
**JUS D'ORANGE PCMD OU CAFÉ INFUSÉ À FROID STOK**  
21203739\_EA  
21531644\_EA



**6.50**

**CRACKER BARREL CHEESE BARS** 400 G OR **SHREDS** 250-320 G  
SELECTED VARIETIES  
**BARRES DE FROMAGE OU FROMAGE RÂPÉ CRACKER BARREL**  
21290384\_EA  
21290616\_EA



**\$6**

**CHAPMAN'S FROZEN YOGURT OR SORBET**  
SELECTED VARIETIES  
FROZEN  
2 L  
**YOGOURT GLACÉ CHAPMAN'S OU SORBET CHAPMAN'S**  
20314434001\_EA  
20529120001\_EA



**2.25**

**UNICO PASTA**  
750 G, PASSATA 680 ML OR **PRIMO PASTA SAUCE** 680 ML  
SELECTED VARIETIES  
**PÂTES, PASSATA UNICO OU SAUCE POUR PÂTES PRIMO**  
201652601\_EA  
207947071\_EA



**1.75**

**AYLMER TOMATOES OR ACCENTS**  
SELECTED VARIETIES  
540/796 ML  
**TOMATES AYLMEYER OU ACCENTS**  
21207587\_EA  
21207592\_EA



**\$7**



**BECEL MARGARINE**  
SELECTED VARIETIES  
637/850 G  
**MARGARINE BECEL**  
21279389\_EA  
20297818002\_EA

**7.50**

**STARBUCKS COFFEE ENHANCER**  
SELECTED VARIETIES  
828 ML  
**REHAUSSEUR DE CAFÉ STARBUCKS**  
21358473\_EA  
21436915\_EA



**2/\$15**

LESS THAN 2 \$8.49 EA.  
**COCA-COLA, CANADA DRY OR PEPSI SOFT DRINKS**  
SELECTED VARIETIES  
12X355 ML  
**BOISSONS GAZEUSES COCA-COLA, CANADA DRY OU PEPSI**  
20318694002\_EA  
20322361002\_EA



**SAVE UP TO 53%**

**\$7**

**CASHMERE BATHROOM TISSUE** 12 DOUBLE ROLLS OR **SCOTTIES FACIAL TISSUE** 6'S  
SELECTED VARIETIES  
**PAPIER HYGIÉNIQUE CASHMERE OU MOUCHOIRS SCOTTIES**  
20318667\_EA  
21204739\_EA



**\$11**

**TIDE DETERGENT** 1.62-1.86 L/18-31'S  
**DOWNY/GAIN FABRIC SOFTENER** 1.66-2.63 L  
**DOWNY/GAIN/IVORY SNOW BEADS** 303-379 G OR **DAWN LIQUID** 2.21/2.64 L  
SELECTED VARIETIES  
**DÉTERGENT TIDE, ASSOUPLISSANT TEXTILE DOWNY/GAIN, PERLES DOWNY/GAIN/IVORY NEIGE OU SAVON LIQUIDE DAWN**  
21550428\_EA  
21593782\_EA



**90¢**

**FANCY FEAST FRISKIES** 156 G OR **CAT FOOD**  
SELECTED VARIETIES  
**NOURRITURE POUR CHAT FANCY FEAST OU FRISKIES**  
20302296001\_EA  
20316703\_EA  
20319657001\_EA



**PRICE DROP†**

More ways to save

**\$2**

**RUBICON JUICE**  
SELECTED VARIETIES  
1 L  
**JUS RUBICON**  
21529635\_EA  
21557702\_EA



**2.50**

**DARE VEGGIE CRISPS**  
SELECTED VARIETIES  
100 G  
**CRISPS LÉGUME DARE**  
20973368\_EA  
21820207\_EA



**\$3**

**PILLSBURY TOASTER STRUDEL**  
326 G OR **SCRAMBLES** 204 G  
SELECTED VARIETIES  
**TOASTER STRUDEL OU SCRAMBLES PILLSBURY**  
20172664001\_EA



**3.50**

**MOTT'S CLAMATO JUICE**  
SELECTED VARIETIES  
1.89 L  
**JUS CLAMATO MOTT'S**  
20318955002\_EA



**Independent**

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Please call Customer Relations at 1-866-541-6315 or visit our website at [yourindependentgrocer.ca](http://yourindependentgrocer.ca) for your store's hours and to see which Your Independent Grocer® locations do not participate in this flyer. Quantities and/or selection of items may be limited and may not be available in all stores. No rainchecks or substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We are not obligated to sell items based on errors or misprints in typography or photography. **Pricing:** All references to "Save, Was, Now, Savings, etc." are in comparison to our own regular prices. Savings on items shown may vary by store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. Coupons must be presented and redeemed at time of purchase. **Trademarks:** ®/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. **Purchase limits:** We reserve the right to limit quantities to reasonable family requirements. **PC Optimum™ Members Only:** Offers are available to valid PC Optimum™ program members. Membership is free. To register, see in-store or visit [pcoptimum.ca](http://pcoptimum.ca). Points are not guaranteed in case of errors or misprints. No cash value. See [yourindependentgrocer.ca](http://yourindependentgrocer.ca) for full program details including redemption restrictions. Minimum redemption is 10,000 points. These offers cannot be combined with any other coupons, discounts, or promotions. No adjustments on previous purchases. We may modify or cancel offers without notice. Product availability may vary by store. While supplies last. **Points Offers:** Receive the specified points when you spend the qualifying amount on the listed products/categories before taxes, after discounts and redemptions, in a single transaction. Taxes apply on purchase amount after discounts. PC Optimum™ pricing is not valid in price match programs for participating Loblaws Inc. banner stores. **Outdoor/Seasonal Items:** Outdoor seasonal items (e.g., lawn and garden) may only be available at select stores. Please check your local store for pricing, limits, and availability. **†PRICE DROP Offer:** Valid in-store at participating locations from January 29 - February 25, 2026 before taxes and while quantities last. Applies only to select products. Offer may be modified or cancelled without notice. See in-store for full details.



YIG BACK

**freshness** you can taste,  
**value** you'll love

**\$8**

**BLACKBERRIES**  
PRODUCT OF MEXICO  
PINT  
MÛRES  
20138228001\_EA



**PINT**

**3.99**  
LB

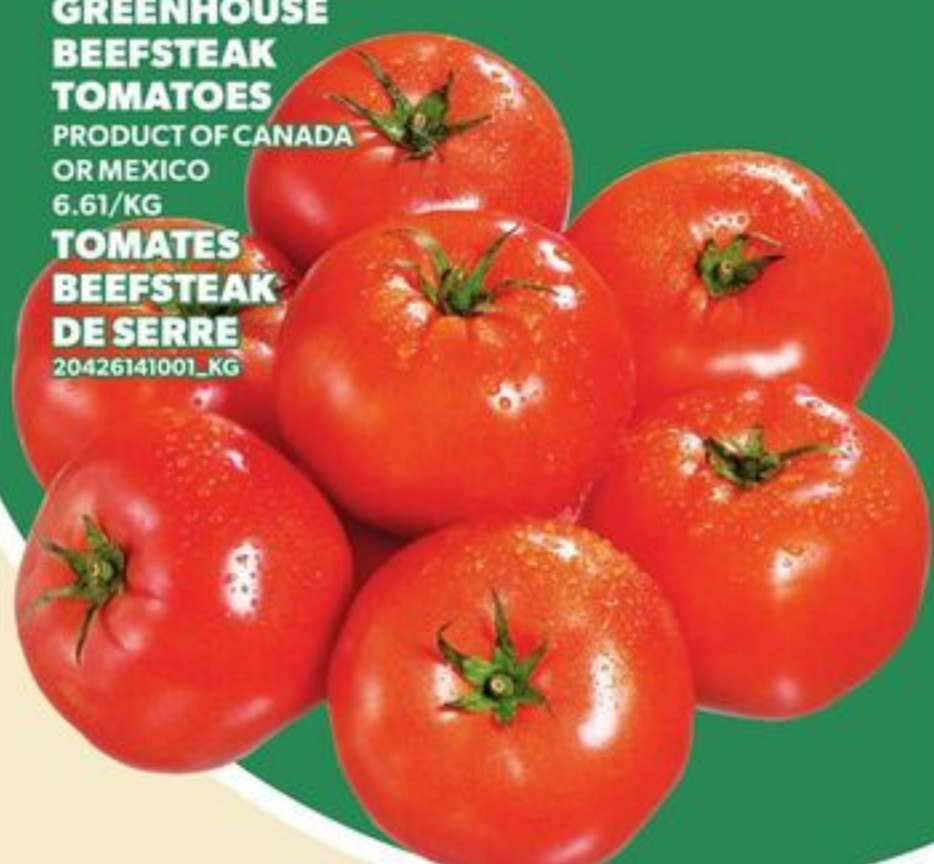
**EXTRA LARGE**

**PC® EXTRA LARGE GREEN SEEDLESS GRAPES** PRODUCT OF PERU, NO. 1 GRADE OR  
**EXTRA LARGE RED SEEDLESS GRAPES** PRODUCT OF PERU OR CHILE, NO. 1 GRADE  
8.80/KG  
**TRÈS GROS RAISINS VERTS OU ROUGES**  
**SANS PÉPINS PC®**  
20425775001\_KG  
20159199001\_KG



**\$3**  
LB

**GREENHOUSE BEEFSTEAK TOMATOES**  
PRODUCT OF CANADA OR MEXICO  
6.61/KG  
**TOMATES BEEFSTEAK DE SÈRRE**  
20426141001\_KG



**SAVE 98¢**  
**WHEN YOU BUY 2**

**2/\$7**

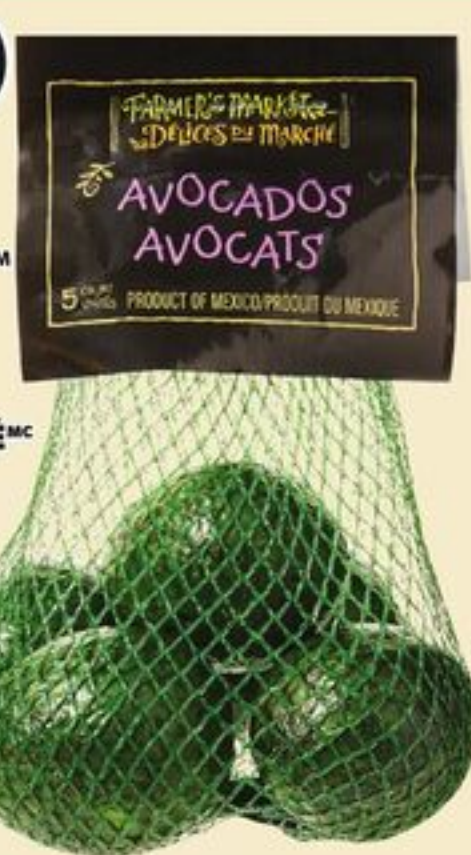
OR \$3.99 EA.

**GREEN KALE OR RAPINI**  
PRODUCT OF MEXICO OR U.S.A.  
**CHOU FRISÉ VERT OU RAPINI**  
20138805001\_EA  
20048070001\_EA



**4.50**

**FARMER'S MARKET™ AVOCADO BAG**  
PRODUCT OF MEXICO  
5'S  
**SAC D'AVOCATS DÉLICÉS DU MARCHÉ™**  
21644936001\_EA



**1.88**  
LB

**PRODUCT OF CANADA**

**FUJI OR RED DELICIOUS APPLES**  
PRODUCT OF ONTARIO, CANADA FANCY GRADE  
4.14/KG  
**POMMES FUJI OU RED DELICIOUS**  
20310940001\_KG  
20073899001\_KG



**Happy Lunar New Year**

**3.50**

**PRODUCT OF CANADA**

**FARMER'S MARKET™ CARROTS OR YELLOW ONIONS**  
PRODUCT OF CANADA, CANADA NO. 1 GRADE  
3 LB BAG  
**CAROTTES OU OIGNONS JAUNES DÉLICÉS DU MARCHÉ™**  
20600927001\_EA  
20811994001\_EA



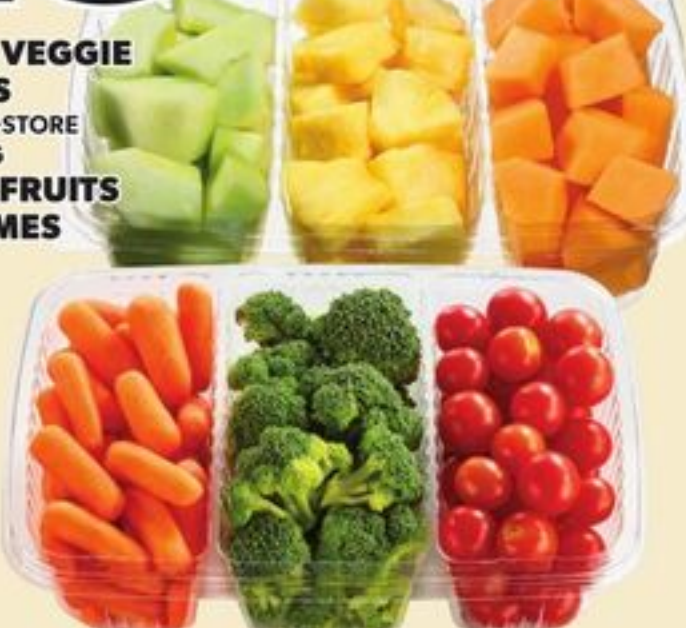
**\$5**

**ROMAINE HEARTS**  
PRODUCT OF U.S.A.  
3'S  
**CŒUR DE LAITUE ROMAINE**  
20067389001\_EA



**\$13**

**FRUIT OR VEGGIE TRI PACKS**  
PREPARED IN-STORE  
706 G-1.02 KG  
**TRIOS DE FRUITS OU LÉGUMES**  
20022119\_EA  
21209367\_EA



**\$25**

**PC® SIGNATURE GIFT BOUQUET**  
EACH  
**BOUQUETS-CADEAUX SIGNATURE PC®**  
21436377\_EA



**\$15**

**SUCCULENT IN CLAY**  
SELECTED VARIETIES  
5 INCH  
**PLANTE GRASSE DANS UN POT EN ARGILE**  
21052595\_EA



**SAVE \$4**  
**WHEN YOU BUY 2**

**2/\$20**

OR \$12 EA.

**GERBERA DAISY BUNCH**  
ASSORTED VARIETIES  
**BUNCH MARGUERITES GERBERA**  
21437443\_EA



**8.50**

**GRASS FED EXTRA LEAN GROUND BEEF**  
450 G

**BŒUF HACHÉ EXTRA-MAIGRE**  
**FRAS NŒURRI À L'HERBE**  
21675592\_EA



**\$8**

**BEEF STIR FRY STRIPS**  
CUT FROM CANADA AA GRADE BEEF OR HIGHER  
250 G  
**LANIÈRES DE BŒUF À SAUTER**  
21588067\_EA



**PREPARED IN-STORE**

**\$15**

**CANADIAN POULTRY**

**PC® WHOLE CHICKEN**  
AIR CHILLED  
UP TO 1.7 KG  
**POULET ENTIER PC®**  
21658901\_EA



**air chilled**

**\$7**

**MAPLE LODGE ULTIMATE CHICKEN SAUSAGES**  
SELECTED VARIETIES  
375-500 G  
**SAUCISSES DE POULET L'ULTIME MAPLE LODGE**  
21378310\_EA  
21539970\_EA



**\$8**

**PREPARED IN CANADA**

**PC® NATURALLY SMOKED BACON**  
SELECTED VARIETIES  
500 G  
**BACON FUMÉ NATURELLEMENT PC®**  
20057892\_EA  
20152629\_EA



**500 G**

**\$17**

**GET 2,000 back in points**

**PINTY'S CHICKEN WINGS**  
SELECTED VARIETIES  
FROZEN  
720 G  
**AILES DE POULET PINTY'S**  
21699550\_EA  
21699629\_EA



**find your catch in seafood**

**\$14**  
LB

**YELLOWFIN TUNA STEAKS**  
PREVIOUSLY FROZEN  
30.86/KG  
**DARNES DE THON ALBACORE**  
20753134\_KG



**\$13**

**PC® BLUE MENU® WILD ARGENTINIAN SCALLOPS** 80-150 PER LB  
400 G OR **SEAQUEST® SHRIMP RING WITH MILD COCKTAIL SAUCE** 454 G  
FROZEN  
**PÉTONCLES SAUVAGES D'ARGENTINE PC®**  
**MENU BLEUMC OU COURONNE DE CREVETTES AVEC SAUCE COCKTAIL DOUCE SEAQUEST®**  
20076343\_EA  
21687413\_EA



**\$23**

**PKG OF 4**

**LOBSTER TAILS**  
2-3 OZ  
FROZEN OR PREVIOUSLY FROZEN  
4'S  
**QUEUES DE HOMARD**  
21240991\_EA



# National Croissant Day Friday January 30th

**\$8**

**BUTTER  
CROISSANTS**  
12'S  
**CROISSANTS  
AU BEURRE**  
21683000\_EA



**BAKED  
IN-STORE**

**\$4**

**MINI CROISSANTS**  
10'S SELECTED VARIETIES  
OR **CHOCOLATE  
CROISSANTS** 4'S  
**MINI-CROISSANTS  
OU CHOCOLATINES**  
21527027\_EA  
21646636\_EA  
21646639\_EA



**BAKED  
IN-STORE**

**\$6**

**ALL BUTTER  
CROISSANTS OR  
RAISIN BRIOCHE  
SWIRL**  
SELECTED VARIETIES  
4'S  
**CROISSANTS  
TOUT BEURRE OU  
BRIOCHES AUX  
RAISINS**  
20761271\_EA  
21750471\_EA



**BAKED  
IN-STORE**

**\$5**

**PREPARED IN  
CANADA**

**KIMBERLY'S  
FROSTED COOKIES**  
WHITE OR UNICORN  
383 G  
**BISCUITS GLACÉS  
KIMBERLY'S**  
21190203\_EA  
21531404\_EA



**\$6**

**PREPARED IN  
CANADA**

**FARMER'S MARKET™  
MINI DONUTS**  
SELECTED VARIETIES  
264-342 G  
**MINI-BEIGNES  
DÉLICIES DU MARCHÉ™**  
21461952\_EA  
21461954\_EA



**SAVE  
\$1  
WHEN YOU BUY 2**

**2/\$7**

OR  
\$4 EA.

**MARIE MORIN SINGLE SERVE  
DESSERT, LARocca CAKE  
SLICES OR CHARLOTTE'S  
PARFAITS** SELECTED VARIETIES  
90-212 G  
**DESSERT EN PORTIONS  
INDIVIDUELLES MARIE  
MORIN, TRANCHES DE  
GÂTEAU LARocca OU  
PARFAITS CHARLOTTE'S**  
21165251\_EA/21496255\_EA/21617537\_EA



**\$6**

**PREPARED IN  
CANADA**

**SILVER HILLS  
BREAD**  
SELECTED VARIETIES  
AND SIZES  
**PAIN  
SILVER HILLS**  
21047070\_EA  
21047166\_EA



**SAVE  
\$1.48  
WHEN YOU BUY 2**

**2/7.50**

OR  
\$4.49 EA.

**CASA MENDOSA  
OR WONDER  
TORTILLAS**  
SELECTED VARIETIES  
10 INCH  
**TORTILLAS CASA  
MENDOSA OU  
WONDER**  
20318788\_EA  
20976626\_EA



**2.50**

**PREPARED IN  
CANADA**

**NO NAME® BAGELS  
OR ENGLISH  
MUFFINS**  
SELECTED VARIETIES  
6'S  
**BAGELS OU  
MUFFINS ANGLAIS  
SANS NOM®**  
21216413\_EA  
21666664\_EA



**5.50**

**Members get  
4,000<sup>pts</sup>  
when you  
buy 2**

**\$4  
back in  
points**

**BABYBEL 6'S OR  
THE LAUGHING  
COW 8'S**  
SELECTED VARIETIES  
**BABYBEL OU  
LA VACHE QUI RIT**  
20319107\_EA  
20574332\_EA



**\$8**

**Members get  
500<sup>pts</sup>**

**PREPARED IN  
CANADA**

**TRE STELLE  
RICOTTA 475 G,  
BOCCONCINI OR  
FETA 200 G**  
SELECTED VARIETIES  
**RICOTTA OU  
BOCCONCINI OU  
FETA TRE STELLE**  
20024992\_EA  
20093652\_EA



**SAVE  
UP TO \$1.99**

**PREPARED IN  
CANADA**

**\$6**

**BRANDT LIVER  
SAUSAGE CHUB  
OR KOLBASSA  
SAUSAGE**  
SELECTED VARIETIES  
**SAUCISSON DE  
FOIE OU KOLBASSA  
BRANDT**  
250-300 G  
20034492\_EA  
20353377\_EA



**SAVE  
69¢/100 G**

**PREPARED IN  
CANADA**

**3.50  
/100 G**

**SERVICE CASE  
PILLERS SALAMI**  
SELECTED VARIETIES  
**SALAMI PILLER'S  
DU COMPTOIR DE  
SERVICE**  
20300824\_KG



**SAVE  
\$1**

**\$7**

**PC® GUACAMOLE**  
SELECTED VARIETIES  
425 G  
**GUACAMOLE PC®**  
21448106\_EA  
21448102\_EA



**\$45-55**

**PARTY PLATTERS**  
SELECTED VARIETIES,  
MADE TO ORDER  
1-2.7 KG  
**PLATEAUX DE  
CÉLÉBRATION**  
20894860\_EA  
20895023\_EA



on the run, we got you

**SAVE  
\$10**

**\$20**

**30 PIECE WINGS &  
WEDGES BUCKET**  
1.2-2 KG  
**SEAU DE 30  
MORCEAUX  
D'AILES DE POULET  
ET FRITES EN  
QUARTIERS**  
21541872\_EA  
21541877\_EA



**SERVES 6**

**\$9**

**PREPARED IN  
CANADA**

**PC® PIE OR QUICHE**  
SELECTED VARIETIES  
550-575 G  
**PÂTE OU QUICHE**  
**PC®**  
21682009\_EA  
21682154\_EA



**\$20**

**IN-STORE PREPARED  
PULLED PORK BAO  
BUNS, GYRO OR  
FAJITA CHICKEN  
TACO TRAY**  
970 G-1 KG  
**PLATEAU DE PAIN  
BAO AU PORC  
EFFILOCHÉ OU TACOS  
DE GYRO OU FAJITA  
AU POULET PRÉPARÉ  
EN MAGASIN**  
21533948\_EA  
21696308\_EA



daily deals

**MONDAY  
Chicken Dinner**

**\$15**

**ROTISSERIE CHICKEN  
DINNER COMBO FOR 2**  
900 G-1 KG  
PAIRED WITH TWO SMALL SIDES  
OF YOUR CHOICE 134-454 G  
**REPAS COMBO  
POUR 2 DE POULET  
DE ROTISSERIE**  
21086336\_EA



**TUESDAY  
Tender Tuesday**

**\$12**

**PREPARED IN  
CANADA**

**9-PIECE  
CHICKEN STRIPS**  
HOT OR CHILLED  
870 G  
**9 MORCEAUX  
DE LANIÈRES  
DE POULET**  
21336699\_EA  
21336518\_EA



**WEDNESDAY  
Hump Day Special**

**2/\$14**

OR \$9 EA.

**BUY ANY TWO  
INDIVIDUAL CHICKEN  
COMBOS WITH ONE  
SMALL SIDE EACH**  
361-530 G  
**ACHETEZ DEUX  
COMBOS DE POULET  
INDIVIDUELS AVEC  
UN PETIT PLAT  
D'ACCOMPAGNEMENT  
CHACUN**  
21022536\_EA/20697881\_EA



**THURSDAY  
Quick Grabs**

**3/\$14**

OR \$6-7 EA.

**BUY ANY THREE  
IN-STORE PREPARED  
SINGLE SERVE SOFTY,  
WRAPS OR  
SUB SANDWICHES**  
180-299 G  
**ACHETEZ TROIS  
SANDWICHES  
MOELLEUX, ROULÉS  
OU SOUS-MARINS  
PRÉPARÉS EN MAGASIN**  
20160224\_EA/21623676\_EA



**FRIDAY  
Pizza Party**

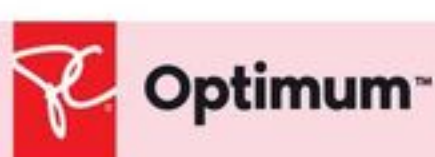
**2/\$15**

OR \$9-10 EA.

**BUY ANY TWO  
IN-STORE PREPARED  
12" TAKE AND BAKE  
PIZZA**  
SELECTED VARIETIES  
**ACHETEZ DEUX  
PIZZAS 12 PO  
CUIRE À LA MAISON  
PRÉPARÉES  
EN MAGASIN**  
21456401\_EA  
21456393\_EA







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Moredays  
Moredays  
Moredays  
Moredays

**Moredays**

Members get **1,000<sup>(pts)</sup>** when you buy 2

**\$1** back in points

**\$4**

**GREEN GIANT VEGETABLES OR SPECIALTY VEGGIES**  
SELECTED VARIETIES  
FROZEN  
283-750 G  
21022355\_EA  
21660433\_EA

**Moredays**

Members get **2,000<sup>(pts)</sup>** when you buy 2

**\$2** back in points

**2/\$11**

OR \$6.99 EA.

**BEN & JERRY'S**  
473 ML OR  
**MAGNUM** 3/4'S  
SELECTED VARIETIES  
FROZEN  
20950739\_EA  
21428403\_EA

**Moredays**

Members get **1,000<sup>(pts)</sup>** when you buy 2

**\$1** back in points

**\$6**

**ORVILLE POPCORN 6/8'S OR KERNEL JAR**  
248-850 G  
SELECTED VARIETIES  
20308686\_EA  
20629532003\_EA

**Moredays**

Members get **3,000<sup>(pts)</sup>** when you buy 2

**\$3** back in points

**\$4-27**

**SUNRYPE GOOD BITES OR FRUIT TO GO BITES**  
SELECTED VARIETIES  
112 G-1.11 KG  
20305640001\_EA  
20872742\_EA

**Moredays**

Members get **500<sup>(pts)</sup>**

**\$16**

**CRANK WHOLE BEAN COFFEE**  
SELECTED VARIETIES  
340 G  
21410099\_EA  
21410121\_EA

**Moredays**

Members get **1,000<sup>(pts)</sup>** when you buy 2

**\$1** back in points

**\$3**

**SWISS CHALET OR MONTANA'S READY TO SERVE SOUP**  
SELECTED VARIETIES  
540 ML  
21690570\_EA  
21313335\_EA

**Moredays**

Members get **1,500<sup>(pts)</sup>** when you buy 2

**\$150** back in points

**\$3**

**PRINGLES SUPER STACKS**  
SELECTED VARIETIES  
148-156 G  
21003823\_EA  
21003833\_EA

**Moredays**

Members get **1,500<sup>(pts)</sup>** when you buy 2

**\$150** back in points

**2/\$7**

OR \$3.99 EA.

**CHEEZ-IT BAKED SNACK CRACKERS**  
SELECTED VARIETIES  
191/200 G  
21214559\_EA  
21214560\_EA

**Moredays**

Members get **3,000<sup>(pts)</sup>** when you buy 2

**\$3** back in points

**2/\$8**

OR \$5 EA.

**LIBERTÉ MÉDITERRANÉE**  
500 G OR YOPLAIT SOURCE  
630 G OR PROTEIN 650 G TUBS  
SELECTED VARIETIES  
21391318001\_EA  
21473714\_EA

**Moredays**

Members get **5,000<sup>(pts)</sup>** when you buy 3

**\$5** back in points

**5<sup>50</sup>**

**HÄAGEN DAZS TUBS 414-450 ML, BARS 3/4'S, DRUMSTICKS 4'S OR CONFECTIONARY NOVELTIES 4-10'S**  
FROZEN  
20322380003\_EA  
21513347\_EA

**Moredays**

Members get **1,000<sup>(pts)</sup>** when you buy 2

**\$1** back in points

**3<sup>50</sup>**

**PEEK FREANS DIGESTIVE BISCUITS OR CADBURY FINGERS CHOCOLATEY COOKIE BISCUITS**  
SELECTED VARIETIES  
114-350 G  
20680381\_EA  
21631965\_EA

**Moredays**

Members get **1,000<sup>(pts)</sup>**

**\$1** back in points

**6<sup>49</sup>**

**DARE GRISSOL MELBA TOAST OR BAGUETTES**  
FAMILY SIZE  
SELECTED VARIETIES  
220-400 G  
20307218001\_EA  
21623511\_EA

**Moredays**

Members get **2,000<sup>(pts)</sup>**

**\$2** back in points

**4<sup>49</sup> - 6<sup>99</sup>**

**WILD PLANET SARDINES**  
SELECTED VARIETIES  
125-142 G  
21559412\_EA  
21559421\_EA

**Moredays**

Members get **2,000<sup>(pts)</sup>**

**\$2** back in points

**24<sup>99</sup>**

**PC® PAPER TOWEL**  
12 ROLLS  
21558605\_EA

**Moredays**

Members get **5,000<sup>(pts)</sup>**

**\$5** back in points

**\$28**

**5 INCH ORCHID**  
SELECTED VARIETIES  
20603981\_EA  
21664246\_EA

**Moredays**

Members get **3,000<sup>(pts)</sup>** when you buy 2

**\$3** back in points

**8<sup>99</sup> - 64<sup>49</sup>**

**WEBBER NATURALS OR SESAME STREET VITAMINS OR SUPPLEMENTS**  
SELECTED VARIETIES  
AND SIZES  
20783429\_EA  
21286687\_EA

**Moredays**

Members get **10,000<sup>(pts)</sup>** for every \$30\* spent on

**\$10** back in points

**NATURE'S BOUNTY KIDS VITAMINS OR SUPPLEMENTS** 60-175'S OR BOOST READY TO DRINK SHAKE OR KIDS NUTRITIONAL SUPPLEMENT 6X237 ML  
SELECTED VARIETIES AND SIZES  
21681253\_EA  
21020231\_EA

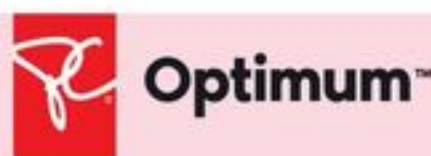
**Moredays**

Members get **3,500<sup>(pts)</sup>** when you buy 2

**\$3<sup>50</sup>** back in points

**11<sup>49</sup> - 46<sup>49</sup>**

**L'IL CRITTER'S FIRST RESPONSE OR VITAFUSION VITAMINS OR SUPPLEMENTS**  
SELECTED VARIETIES AND SIZES  
20867279\_EA  
20867280\_EA



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# Moredays Moredays Moredays Moredays

**Moredays**

Members get **3,000 pts** for every \$15\* spent on

**\$3** back in points

**BILLY BEE HONEY**  
SELECTED VARIETIES  
375 G-1 KG  
20724507\_EA/20726628\_EA

**Moredays**

Members get **3,000 pts** for every \$6\* spent on

**\$3** back in points

**QUAKER DIPPS AND CHEWY GRANOLA BARS**  
SELECTED VARIETIES  
120-156 G  
20847582\_EA/21359366\_EA

**Moredays**

Members get **3,000 pts** for every \$15\* spent on

**\$3** back in points

**NUTELLA SPREADS** 375 G-1 KG  
OR **SNACKS** 138-208 G  
20436105\_EA/21457401\_EA

**Moredays**

Members get **5,000 pts** for every \$10\* spent on

**\$5** back in points

**KELLOGG'S PREMIUM CEREAL**  
317/525 G  
21604270\_EA  
21651958\_EA

**Moredays**

Members get **6,500 pts** for every \$30\* spent on

**\$6.50** back in points

**VAN HOUTTE OR MCCAFÉ** 10/48%  
K-CUPS, VAN HOUTTE ROAST & GROUND 300-340 G, MCCAFÉ ROAST & GROUND 300-875 G, WHOLE BEAN, INSTANT OR NESPRESSO, LAVAZZA K-CUPS 345 G OR KICKING HORSE 10/30%  
SELECTED VARIETIES  
21238547\_EA  
21654384\_EA

**Moredays**

Members get **3,000 pts** for every \$12\* spent on

**\$3** back in points

**LECLERC CÉLÉBRATION COOKIES**  
SELECTED VARIETIES  
200-350 G  
21648530\_EA  
21680155\_EA

**Moredays**

Members get **5,000 pts** for every \$15\* spent on

**\$5** back in points

**OCEAN'S TUNA, GOLD SEAL CANNED FISH OR MILLIONAIRES SARDINES**  
SELECTED VARIETIES  
80-418 G  
21004270\_EA  
21005158\_EA

**Moredays**

Members get **4,000 pts** for every \$12\* spent on

**\$4** back in points

**RIO MARE CANNED FISH**  
SELECTED VARIETIES  
100-320 G  
20035383\_EA  
20971498\_EA

**Moredays**

Members get **3,000 pts** for every \$9\* spent on

**\$3** back in points

**MAYNARDS CANDIES OR CADBURY CHOCOLATE**  
SELECTED VARIETIES EXCLUDE EASTER & VALENTINES  
308/315 G  
21545817\_EA  
21648577\_EA

**Moredays**

Members get **5,000 pts** for every \$10\* spent on

**\$5** back in points

**KNORR GRAVY OR SAUCE MIX 22-48 G, BOUILLON CUBES OR POWDERS 63-250 G OR LIQUID CONCENTRATE 250 ML**  
SELECTED VARIETIES  
20297436001\_EA  
20323323001\_EA

**Moredays**

Members get **3,500 pts** for every \$15\* spent on

**\$3.50** back in points

**CLUB HOUSE DRY GRAVY OR SAUCES, SEASONING BLENDS, SPICE BOTTLES OR TINS OR LA GRILLE SEASONINGS** 11-825 G OR **FOOD COLOR OR VANILLA EXTRACTS** 43-250 ML  
SELECTED VARIETIES  
20308006002\_EA  
20323721001\_EA

**Moredays**

Members get **3,000 pts** for every \$12\* spent on

**\$3** back in points

**BAKERS CHOCOLATE SQUARES** 170/225 G, **JELL-O POWDER** 9.01-85 G, **JELL-O PUDDING** 40-170 G, **MAGIC BAKING POWDER** 225/450 OR **SHAKE N BAKE COATING MIX** 142-160 G  
SELECTED VARIETIES  
20307001001\_EA/20316019001\_EA

**Moredays**

Members get **3,000 pts** for every \$10\* spent on

**\$3** back in points

**BETTY CROCKER SUPERMOIST CAKE MIX** 375-404 G OR **FROSTINGS** 340-450 G  
SELECTED VARIETIES  
20562641007\_EA  
21547837\_EA

**Moredays**

Members get **4,000 pts** for every \$15\* spent on

**\$4** back in points

**ROBIN HOOD OR FINE ROSES FLOUR** 2.5 KG OR 5 KG OR **CARNATION EVAPORATED MILK** 354 ML OR **EAGLE CONDENSED MILK** 300 ML  
SELECTED VARIETIES  
20039497001\_EA  
20896887\_EA

**Moredays**

Members get **5,000 pts** for every \$20\* spent on

**\$5** back in points

**FRISKIES DRY CAT FOOD**  
SELECTED VARIETIES  
1.4-7.5 KG  
20686851\_EA  
20912590\_C01

**Moredays**

Members get **10,000 pts** for every \$30\* spent on

**\$10** back in points

**LYSOL CLEANERS OR LAUNDRY, OR FINISH DISHWASHER TABS**  
21487308\_EA

**Moredays**

Members get **10,000 pts** for every \$40\* spent on

**\$10** back in points

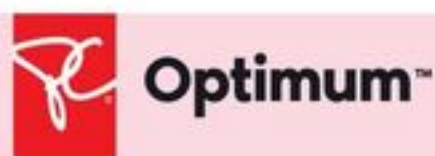
**TIDE OR GAIN LAUNDRY DETERGENT OR PODS, DOWNY OR GAIN LIQUID FABRIC SOFTENER, BOUNCE DRYER SHEETS OR DOWNY, GAIN OR IVORY SNOW BEADS, MR. CLEAN CLEANERS, CASCADE DISHWASHER TABS, DAWN DISH DETERGENT OR SWIFFER**  
21518479\_EA  
21593670\_EA

**Moredays**

Members get **3,000 pts** for every \$15\* spent on

**\$3** back in points

**COLGATE ORAL CARE PRODUCTS**  
ALL VARIETIES AND SIZES  
21118930\_EA  
21166717\_EA



# Get more on

More savings, more deals, more points  
This week only! Jan 29-Feb 4\*\*

Moredays  
Moredays  
Moredays  
Moredays

## APP EXCLUSIVE OFFERS†

**Moredays**  
APP EXCLUSIVE OFFER  
**Member Only Price\*\***  
**2<sup>25</sup>**  
**Non-Members**  
**\$3**

**PC® OR BLUE MENU® ENGLISH MUFFINS**  
SELECTED VARIETIES  
6'S  
20810728\_EA  
21015902\_EA  
\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

**PREPARED IN CANADA**

**ENGLISH MUFFINS ANGLAIS ORIGINAL - NATURE**  
342 g 6

**WHOLE WHEAT BLÉ ENTIER**  
ENGLISH MUFFINS - MUFFINS ANGLAIS  
342 g 6

**Moredays**  
APP EXCLUSIVE OFFER  
**Members get**  
**1,500 pts**  
**\$150**  
back in points

**\$6**

**FARMER'S MARKET™ GREENHOUSE PEPPERS**  
PRODUCT OF MEXICO  
3'S  
20085851001\_EA  
\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

**SWEET BELL PEPPERS**  
POIVRONS DOUX  
Crate de 3 m.

**Moredays**  
APP EXCLUSIVE OFFER  
**Members get**  
**5,000 pts**  
for every \$10\* spent on  
**\$5**  
back in points

**PILLSBURY PIZZA POPS OR BITES**  
380 G-2.85 KG, **TOASTER STRUDEL**  
OR **SCRAMBLES** 204-326 G OR  
**PILLSBURY REFRIGERATED DOUGH**  
SELECTED VARIETIES FROZEN  
21435996\_EA  
21505340\_EA  
20172664001\_EA  
\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

**PIZZA POPS**  
3 CHEESE FROMAGES  
8

**TOASTER STRUDEL**  
21435996\_EA

**Crescents Croissants**  
Original Original  
8

**Moredays**  
APP EXCLUSIVE OFFER  
**Members get**  
**2,500 pts**  
**\$250**  
back in points

**OREO OR CHIPS**  
**AHOY! FAMILY SIZE**  
**COOKIES** 303-503 G OR  
**OREO CAKESTERS**  
285 G  
SELECTED VARIETIES  
21014087\_EA  
21712437\_EA  
\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

**OREO MOELLEUX**  
DOUBLE CHOCOLAT  
10-40  
285 g

**Chips Ahoy!**  
ORIGINAL ORIGINAL  
140

**Moredays**  
APP EXCLUSIVE OFFER  
**Members get**  
**4,000 pts**  
for every \$10\* spent on  
**\$4**  
back in points

**PREMIUM PLUS**  
402-481 G OR  
**GOOD THINS** 100 G  
SELECTED VARIETIES  
21023024\_EA  
21109004\_EA  
\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

**GOOD THINS**  
gluten-free  
MADE WITH RICE  
8

**PREMIUM PLUS**  
SAPOUDRES DE SEL  
Sel de mer  
80  
450 g

**Moredays**  
APP EXCLUSIVE OFFER  
**Members get**  
**2,000 pts**  
for every \$5\* spent on  
**\$2**  
back in points

**CRISPERS OR BITS & BITES**  
SELECTED VARIETIES  
145 G  
21358333\_EA  
21358273\_EA  
\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

**Crispers**  
SALT & VINEGAR  
SEL ET VINAIGRE  
INTENSE  
145 g

**Moredays**  
APP EXCLUSIVE OFFER  
**Members get**  
**20,000 pts**  
for every \$50\* spent on  
**\$20**  
back in points

**PROGRESSIVE, IRON VEGAN, SMART SOLUTION VITAMINS, SUPPLEMENTS OR PROTEIN PRODUCTS**  
SELECTED VARIETIES AND SIZES  
21519271\_EA  
20618575\_EA  
\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

**PROGRESSIVE**  
WHEY PROTEIN  
GRASS-FED  
100% WHEY  
100% WHEY  
120

**multi**  
IRON COMPLETE - COMPLETE À 100%  
120

Get your first year of PC Express Pass for  
**\$2/month\***

- Unlimited grocery delivery or pickup
- Earn 2% back in (pts) with eligible pickup orders\*\*

Use code  
**PASS76**

[Learn more](#)

\*/\*\*Offer valid until February 18, 2026. Conditions apply, \$30 minimum order. Regular price \$99.99/year after your first year.



## JOE FRESH



# Moredays

Jan. 29 - Feb. 4



Open the app to get your offers.



**Members get**

**20,000 pts**

for every \$60 spent on apparel\*

## APP EXCLUSIVE OFFERS†

**Moredays**  
APP EXCLUSIVE OFFER  
**Members get**  
**15,000 pts**  
for every \$100\* spent on  
**\$15**  
back in points

**ANY COMBINATION OF BOSTON PIZZA, DOORDASH, GAP INC. BRANDS, GOOGLE PLAY, THE KEG, AND ULTIMATE DINING CARD GIFT CARDS**

**BP**

**DOORDASH**  
Restaurants and more, delivered to your door. The restaurants profiles at plus encore, foods & la grille.

**OLD NAVY** @ATHLETA  
BANANA REPUBLIC

**Google Play**

**THE KEG**

**ULTIMATE DINING CARD**  
SWISS CHALET  
MONTARAS  
JERSEY  
KARAOKE  
JAZZ  
JAZZ  
JAZZ

Google Play gift card purchases are subject to a \$200 limit. Offer valid in-store only. Subject to availability; selection may vary by store. We reserve the right to limit quantities. See gift card for details, terms & conditions. Offer applies to every \$100 spent on any combination of Boston Pizza, DoorDash, Gap Inc. Brands, Google Play, The Keg, Ultimate Dining Card, Harvey's, and Swiss Chalet cards in a single transaction. Cannot be combined with any other gift card offers. Not valid on prior purchases. PC Optimum points cannot be redeemed toward the purchase of gift cards. All other trademarks are property of their respective owners.

## Optimum™ Moredays™

**3,000 pts**

when you spend \$30 or more on fuel.

Jan 29 - Feb 1



Open the app to get this offer.

\*Conditions apply. Complete details on the PC Optimum™ app or at www.pcoptimum.ca

# bursting with citrus goodness

**Picked Fresh. Enhanced aroma, juiciness & flavour!**  
Stem & Leaf Clementines are distinguished by the presence of the natural green stem and leaf, which serves as a visual cue of freshness and careful handling. These clementines are typically harvested and packed with extra care, delivering a premium eating experience with every bite.

**2<sup>88</sup>**  
**LB**  
**CLEMENTINE**  
**STEM AND LEAF**  
PRODUCT OF SPAIN  
6.35/KG  
20613483001\_EA

**\$6**

**FARMERS MARKET™**  
**MANDARINS**  
PRODUCT OF MOROCCO  
OR SPAIN  
4 LB  
20054025001\_EA

**\$8**

**PC® CARA CARA**  
**ORANGES**  
PRODUCT OF MOROCCO  
EACH  
20697748001\_EA

**\$6**

**FARMERS MARKET™**  
**NAVEL ORANGES**  
PRODUCT OF MOROCCO OR SPAIN  
3 LB  
20162945001\_EA

**\$6**

**FARMER'S MARKET™**  
**RED GRAPEFRUIT**  
PRODUCT OF TURKEY  
3 LB  
20118409001\_EA

**2<sup>88</sup>**

**RED POMELO**  
PRODUCT OF CHINA  
EACH  
20081390001\_EA

**\$6**

**FARMERS MARKET™**  
**LEMONS**  
PRODUCT OF U.S.A.  
2 LB  
21124487001\_EA

**4<sup>98</sup>**  
**LB**

**SUMO MANDARINS**  
PRODUCT OF U.S.A.  
10.98/KG  
20562570001\_KG

## Our signature citrus sweets!

**\$6**

**BAKED**  
**IN-STORE**

**IN-STORE**  
**LEMON STRUDEL**  
4'S  
21571831\_EA

**\$30**

**PREPARED IN CANADA**

**LA ROCCA 8"**  
**LEMON MOUSSE CAKE**  
21496168\_EA

**\$6**

**PREPARED IN CANADA**

**FARMERS MARKET™**  
**LEMON POPPY**  
**ICED LOAF CAKE**  
344-400 G  
21488954\_EA

**\$8**

**PREPARED IN CANADA**

**FARMERS MARKET™**  
**LEMON SQUARES**  
400/450 G  
21216523\_EA

**\$6**

**PREPARED IN CANADA**

**FARMERS MARKET™**  
**MUFFIN LEMON**  
**POPPYSEED**  
4'S  
21639400\_EA

**9<sup>50</sup>**

**PREPARED IN CANADA**

**FARMERS MARKET™**  
**9" LEMON MERINGUE PIE**  
21664315\_EA

your one-stop grocery shop

**\$6**

**QUAKER MUFFIN OR COOKIE MIX**  
750-900 G OR  
**OAT FLOUR** 800 G  
SELECTED VARIETIES  
20431064001\_EA  
21674263\_EA

**Moredays**  
Members get **5,000 pts** when you buy 2

**\$5** back in points

**PROTEIN MUFFIN**  
OATMEAL CHOCOLATE CHIP  
9g PROTEIN  
20g FIBRE  
750 g

**QUAKER**  
ESTD 1877

**\$7**

**TACO BELL PREMIUM KITS**  
SELECTED VARIETIES  
401-642 G  
21663420\_EA  
21663622\_EA

**TACO BELL**  
CHEESY DOUBLE DECKER TACO  
TACO CRAWDING KIT  
ADD YOUR PROTEIN  
481 g

**CRUNCHWRAP SUPREME**  
ADD YOUR PROTEIN  
481 g

**4<sup>50</sup>**

**OLD EL PASO DINNER KITS**  
SELECTED VARIETIES  
309-510 G  
20795468\_EA  
20795300\_EA

**OLD EL PASO**  
DINNER KIT  
FAJITA  
400 g

**OLD EL PASO**  
DINNER KIT  
HARD TACO  
250 g

**5<sup>50</sup>**

**HELLMANN'S REAL MAYONNAISE OR CHICKEN WING DIP**  
340-445 ML OR  
**PC® PICKLES** 1 L  
SELECTED VARIETIES  
20433560001\_EA  
21591867\_EA

**HELLMANN'S**  
CHIPOTLE  
340 mL

**BREAD & BUTTER SUCRÉS**  
SWEET PICKLES COMBINATION SUCRÉS  
PRODUCT OF INDIA-PRODUCT D'INDIE  
500 mL

**\$2**

**SWISS CHALET CANNED GRAVY**  
SELECTED VARIETIES  
284 ML  
21080164\_EA  
21080165\_EA

**SWISS CHALET**  
Hot chicken sandwich  
HOMESTYLE GRAVY  
SAUCE  
STYLE MAISON  
pour hot chicken  
284 mL

**DIPPING SAUCE À TREMPETTE**  
284 mL

**SAVE 98¢ WHEN YOU BUY 2**

**2/\$5**

OR \$2.99 EA.

**NO NAME® CANNED FRUIT**  
SELECTED VARIETIES  
398 ML  
20618836\_EA  
20628585001\_EA

**fruit cocktail**  
in mixed fruit juice from concentrate  
CHOICE OF FRUIT  
398 mL 14 fl oz

**clingstone peach slices**  
in juice from concentrate  
GRADE 1  
14 fl oz

**4<sup>50</sup>**

**PC® PICKLES**  
SELECTED VARIETIES  
500 ML  
20074106\_EA  
20324478\_EA

**PC® PICKLES**  
HOT & ZESTY PIQUANTS  
PRODUCT OF INDIA-PRODUCT D'INDIE  
500 mL

**BREAD & BUTTER SUCRÉS**  
SWEET PICKLES COMBINATION SUCRÉS  
PRODUCT OF INDIA-PRODUCT D'INDIE  
500 mL

**2<sup>75</sup>**

**NO NAME® WAFFLES**  
SELECTED VARIETIES  
FROZEN  
8" S  
20316375001\_EA  
20316375002\_EA

**no name®**  
blueberry waffles  
Simple  
280 g

**no name®**  
original waffles  
Simple  
280 g

**\$4**

**HARDBITE POTATO CHIPS**  
SELECTED VARIETIES  
150 G  
20370855001\_EA

**Hardbite**  
HANDCRAFTED-STYLE CHIPS  
CROUSTILLES STYLE ARTISANAL  
150 g

**ALL NATURAL**  
Nothing Artificial. Non-dyed.  
GF  
150 g

**SAVE UP TO \$1<sup>50</sup>**

**Moredays**  
Members get **1,000 pts**

**\$1** back in points

**\$7**

**DR OETKER SUPREMA** 475-520 G  
OR **GIUSEPPE STUFFED CRUST PIZZA** 685-771 G  
**PIZZA OR HIGH LINER FISH OR SHRIMP** 315-700 G  
SELECTED VARIETIES  
FROZEN  
20303200001\_EA  
21649640\_EA

**suprema**  
SALAME ROMANO  
407 g

**FISH STICKS**  
Crispy Breaded  
700 g

**SAVE \$2<sup>98</sup> WHEN YOU BUY 2**

**Moredays**  
Members get **5,000 pts** when you buy 4

**\$5** back in points

**2/\$11**

OR \$6.99 EA.

**HEALTHY CHOICE STEAMERS OR SIMPLY ENTRÉES**  
SELECTED VARIETIES  
FROZEN  
255-306 G  
20318160005\_EA  
20974539\_EA

**Healthy Choice**  
Grilled Chicken Marinara  
255 g

**Simply**  
Poulet grillé marinara  
255 g

**\$6**

**MCCAIN DEEP 'N DELICIOUS CAKES** 510 G OR  
**PC® CHOCOLATE COVERED FRUIT** 200 G  
SELECTED VARIETIES  
FROZEN  
20310132002\_EA  
21544055\_EA

**Milk Chocolate**  
Chocolat au lait  
STRAWBERRIES-FAISIES  
200 g

**Deep'n'Delicious**  
CAKES  
200 g

**\$4**

**CHAPMAN'S MARKDALE CREAMERY ICE CREAM** 2 L  
OR **COLLECTION NOVELTIES** 6/8'S  
SELECTED VARIETIES  
FROZEN  
20315236001\_EA  
20323757001\_EA

**CHAPMAN'S**  
CANADIAN-CAENDIENNE  
Collection  
2 L

**MARKDALE CREAMERY**  
ICE CREAM - CRÈME GLACÉE  
Vanille  
2L

**\$6**

**SCHNEIDERS® BREAKFAST BITES OR SANDWICHES**  
SELECTED VARIETIES  
FROZEN  
204-288 G  
21623187\_EA  
21623288\_EA

**SCHNEIDERS**  
Breakfast Bites  
Bouchées déjeuner  
204 g

**SCHNEIDERS**  
Fast Sandwiches  
222 g

**16<sup>99</sup>**

**BUDWEISER ZERO NON-ALCOHOLIC BEER**  
SELECTED VARIETIES  
12X355 ML  
21295370\_C12

**Budweiser**  
ZERO  
FULL-FLAVOURED ZERO ALCOHOL BEER

**\$9**

**FERRERO ROCHER OR COLLECTION HEART**  
8'S  
20131802001\_EA  
20718470\_EA

**FERRERO ROCHER**  
8'S

**FERRERO COLLECTION**  
8'S

**SAVE \$1<sup>08</sup> WHEN YOU BUY 2**

**2/5<sup>50</sup>**

OR \$3.29 EA.

**HERSHEY'S CHOCOLATE BARS**  
SELECTED VARIETIES  
90-120 G  
20683743\_EA  
21452986\_EA

**HERSHEY'S**  
COOKIES 'N' CREME  
100 g

**Reese's**  
BAR BARRE  
100 g

**\$5**

**OASIS 100% JUICE BLENDS**  
SELECTED VARIETIES  
8X200 ML  
20944313\_EA  
21004459\_EA

**OASIS**  
Hydra Fruit  
8 X 200 mL

**\$10**

**ROYALE BATHROOM TISSUE**  
12 DOUBLE ROLLS OR  
**FACIAL TISSUE** 6'S  
SELECTED VARIETIES  
21363770\_EA  
21618478\_EA

**Royale**  
Velour  
14" x 100" x 100"  
6

**Royale**  
Original  
soft touch  
12=24

**\$21**

**CASHMERE BATHROOM TISSUE**  
SELECTED VARIETIES  
24-72 ROLLS  
21818945\_EA  
21443648\_EA

**Cashmere**  
Ultra  
24=72

**\$22**

**PURINA ONE CAT FOOD**  
SELECTED VARIETIES  
3 KG  
21235341\_EA

**PURINA ONE**  
INDOOR ADVANTAGE®  
3 kg



# DIGITAL COUPONS

UP TO  
**\$50**  
IN TOTAL  
VALUE

**More offers. More points.**

**CLICK FOR THESE  
COUPONS AND MORE**



**6,000 points**

**When you spend \$40  
or more on fresh fruits  
or vegetables**

Ends on February 4th, 2026



**5,000 points**

**When you spend \$30 or more  
on meal kits, sandwiches,  
prepackaged salads,  
cold case salads, soups,  
pizza, quiches, pies or wings**

Ends on February 4th, 2026



**5,000 points**

**When you spend \$20  
or more on deli meat &  
cheese, selected varieties  
and sizes**

Ends on February 4th, 2026



**5,000 points**

**When you spend \$30 or  
more on Pet Department,  
includes pet food, treats,  
toys & supplies**

Ends on February 4th, 2026



**5,000 points**

**When you spend \$30 or  
more on vitamins and  
supplements**

Ends on February 4th, 2026



**1,500 points**

**PC® Pacific large white shrimp  
raw or cooked peeled or raw  
Zipperback® 31-40 per lb 400 g or  
SeaQuest® whole tilapia 1.36 kg or  
whole pompano 800 g frozen**

Ends on February 4th, 2026



**500 points**

**Life Brand  
liquid hand soap  
340 mL**

Ends on February 4th, 2026



**\$2 off**

**no name® flour  
selected varieties  
10 kg**

Ends on February 4th, 2026



**1,000 points**

**When you buy 2 or more  
no name® tomatoes  
selected varieties  
796 mL**

Ends on February 4th, 2026

# live well, spend less

SAVE UP TO

20%

DOVE BODY WASH 905/950 ML OR BAR SOAP 12X106 G  
SELECTED VARIETIES  
\$13-17  
21220383\_EA/21436871\_EA



4<sup>50</sup>

LIMIT 6  
AFTER LIMIT  
5.99 EA.

NIVEA BODY WASH  
500 ML OR DEODORANT  
ROLL-ON 50 ML OR  
ANTIPERSPIRANT 51/52 G  
SELECTED VARIETIES  
20321421004\_EA/21169899\_EA



SAVE UP TO

15%

IVORY BODY WASH  
OR BAR SOAP  
SELECTED VARIETIES  
AND SIZES  
3.69-7.20  
21432577\_EA  
20860346002\_EA



5<sup>50</sup>

LIMIT 6  
AFTER LIMIT  
5.99 EA.

CREST TOOTH PASTE  
63-200 ML, SCOPE  
PRO HEALTH  
OR KIDS 500 ML  
MOUTHWASH OR  
ORAL-B MANUAL  
TOOTHBRUSH 1'S OR  
FLOSS PICKS 75'S  
SELECTED VARIETIES  
21506728\_EA/1568343\_EA



6<sup>50</sup>

LIMIT 6  
AFTER LIMIT  
7.49 EA.

SENSODYNE  
OR PRONAMEL  
TOOTH PASTE  
SELECTED VARIETIES  
110/135 ML  
20247931002\_EA  
20432268002\_EA



\$6

LIMIT 6  
AFTER LIMIT  
8.49 EA.

LISTERINE  
CLASSIC 1 L OR  
KIDS 500 ML  
MOUTHWASH  
SELECTED VARIETIES  
20348438001\_EA  
21356391\_EA



2/\$8  
OR  
\$5.49 EA.

DEGREE BAS  
ANTIPERSPIRANT  
SELECTED VARIETIES  
48-85 G  
20296452001\_EA  
20303942001\_EA



SAVE UP TO \$2.49

\$5

AXE BODY SPRAY 113 G,  
DEODORANT 76/85 G OR  
BODY WASH 473 ML  
SELECTED VARIETIES  
21042562\_EA/21336066\_EA



3<sup>50</sup>

LIMIT 6  
AFTER LIMIT  
4.29 EA.

COLGATE PREMIUM  
ADULT AND KIDS  
TOOTH PASTE 70-150 ML OR  
COLGATE MANUAL  
TOOTHBRUSH EA.  
SELECTED VARIETIES  
20697448001\_EA/21166685\_EA



5<sup>50</sup>

DOVE HAIRCARE  
SELECTED VARIETIES  
AND SIZES  
21018398\_EA/21644833\_EA



5<sup>50</sup>

HAIR EXPERTISE  
OR WHOLE BLENDS  
SHAMPOO OR  
CONDITIONER  
SELECTED VARIETIES AND SIZES  
20941723\_EA/21647282\_EA



Members get  
6,000 CPs  
when you  
spend \*\$15\* on

\$6  
back in points

NICE'N EASY,  
NATURAL INSTINCTS  
OR COLOR STRONG  
HAIR COLOUR  
SELECTED VARIETIES  
21082577\_EA/21165379\_EA



\$9

OGX, MAUI OR  
AVEENO HAIR CARE  
SELECTED VARIETIES AND SIZES  
20846852\_EA/21165324\_EA



SAVE UP TO

15%

OLAY SUPER SERUM,  
REGENERIST MOISTURIZERS  
OR TREATMENTS  
SELECTED VARIETIES AND SIZES  
21236887\_EA



SAVE UP TO

20%

AVEENO  
BODY LOTIONS  
SELECTED VARIETIES  
AND SIZES  
20102023003\_EA  
20301106\_EA



# live well, spend less

SAVE  
UP TO

20%

NEW NORDIC 30-60'S OR  
IRON KIDS CHILDREN'S  
60-120'S VITAMINS  
OR SUPPLEMENTS  
SELECTED VARIETIES AND SIZES  
21707937\_EA/20431749001\_EA



SAVE  
UP TO

25%

LIFE BRAND VITAMINS  
OR SUPPLEMENTS  
SELECTED VARIETIES AND SIZES  
21286148\_EA/21138896\_EA



SAVE  
UP TO

20%

BOOST READY TO  
DRINK SHAKES  
SELECTED VARIETIES  
AND SIZES  
20986361\_C06  
20990880\_C06



SAVE  
UP TO

15%

RESTORALAX  
POWDER  
119-765 G,  
RESTORALAX  
FIBRE  
GUMMIES  
30-140'S  
SELECTED VARIETIES  
AND SIZES  
20159213\_EA  
21380900\_EA



\$16

ALEVE OR ASPIRIN  
CAPLETS, TABLETS,  
GELS OR CHEWS  
SELECTED VARIETIES AND SIZES  
21362248\_EA/21532770\_EA



SAVE  
UP TO

15%

LIQUID I.V. HYDRATION  
MULTIPLIER SACHETS  
SELECTED VARIETIES AND SIZES  
21592444\_EA/21592485\_EA



SAVE  
UP TO

20%

U BY KOTEX  
TAMPONS  
SELECTED VARIETIES  
AND SIZES  
21291897\_EA  
21291969\_EA



\$15

ALWAYS PADS  
26-62'S OR LINERS  
116-216'S OR TAMPAX  
TAMPONS 38-50'S  
SELECTED VARIETIES  
AND SIZES  
21374646\_EA  
21606690\_EA



\$18

TENA  
UNDERWEAR  
OR BRIEFS  
SELECTED VARIETIES  
AND SIZES  
21033778\_EA  
21099261\_EA



78<sup>99</sup>

ENFAMIL A+ NEUROPRO OR  
GENTLELEASE READY TO FEED  
FORMULA SELECTED VARIETIES  
18X 237 ML  
21590060\_EA/21590568\_EA



4/\$5  
OR  
1.49 EA.

PC<sup>®</sup> ORGANICS  
BABY FOOD POUCH  
SELECTED VARIETIES  
128 ML  
21056742\_EA  
20651248002\_EA



\$4

BABY GOURMET  
ORGANIC  
PUFFIES, BARS OR  
CRUNCHY CROCS  
BABY SNACKS  
SELECTED VARIETIES  
35-90 G  
21444273\_EA  
21672201\_EA



34<sup>99</sup>

HUGGIES ECONO  
PACK DIAPERS  
SELECTED VARIETIES  
SIZE N-7, 60-200'S  
21456492\_EA  
21456748\_EA



36<sup>99</sup>

PULL-UPS ECONO PACK  
TRAINING PANTS  
SELECTED VARIETIES  
66-104'S  
21021423\_EA  
21021427\_EA



59<sup>99</sup>

SIMILAC 360  
TOTAL CARE  
INFANT FORMULA  
LARGE TUBS  
SELECTED VARIETIES  
859 G  
21697863\_EA  
21697886\_EA



JANUARY 29 - FEBRUARY 11

LAST CHANCE TO

SAVE BIG

WITH

FEWER  
STAMPS

Supplies  
are  
limited!



Double Redemption

~~40~~ 20 =  
stamps

Any **two pieces**  
of Ovenware for  
60%-80% off each!

COLLECT *& SAVE!* BIG

Offer available for redemption in-store and online at participating Loblaw banner stores until February 11, 2026. 20 digital or paper or a mix of both stamps must be presented to cashier at time of ovenware purchase. Stamps have no cash value and are non-transferrable. Ovenware selection and/or quantities may diminish as completed cards are redeemed. All sales are final. Ovenware is under warranty for 2 years from date of purchase. For full warranty information including warranty exclusions, product replacement process, FAQ's and complete offer details, visit [pcoptimum.ca/collectandsave](https://pcoptimum.ca/collectandsave).

START YOUR

ACTIVIA®

GUT HEALTH CHALLENGE

21

ACTIVIA EVERY DAY

FOR 14 DAYS

Optimum™

\$3

back in points

APP EXCLUSIVE OFFER

Earn

3,000 pts

for every \$10 spent in Activia products\*

get entered to win\*\*

10 MILLION pts

That's like

\$10,000!

NEW

\$4

Activia® Expert - 4 x 100 g  
21688261\_EA/21687900\_EA

NEW

\$6.50

Activia® Expert - 750 g  
21688207\_EA

\$7.50

Activia® - 12 x 100 g  
20303412001\_EA

\$4.50

Activia® - 650 g  
20325132003\_EA

\$7

Activia® - 8 x 93 mL  
21520253\_EA

\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer. Earn 3,000 PC Optimum™ points for every \$10 spent on participating Activia products. Product availability may vary by store. We reserve the right to limit quantities. We are not obligated to award points based on errors or misprints. Points apply to items sold at individual units and are not awarded per unit when the unit is part of a case pack or variety pack. No cash value. Offer valid from January 1st to February 18th, 2026.

\*\*NO PURCHASE NECESSARY. Open to Canadian resident PC Optimum members who are 14 years or older. Contest ends February 18, 2026 at 12:00 am ET. Members can get an entry for every \$10 spent on any eligible Activia products at participating Atlantic Superstore, Dominion Fortinos, Loblaws, Maxi, No Frills, Provigo Le Marché, Shoppers Drug Mart, Valu-Mart, Real Canadian Superstore, Wholesale Club, Your Independent Grocer and Zehrs locations and scan their PC Optimum card at the time of purchase. Prize of 10,000,000 PC Optimum points to be won (that's like \$10,000 CDN in value when redeemed each). Limit of one prize per member. Must correctly answer mathematical skill-testing question. Odds of winning a prize depends on total number of eligible entries received. For full rules/details and how to enter without purchase, visit [www.pcoexpress.ca/pcocontest-danone](http://www.pcoexpress.ca/pcocontest-danone).

PACK YOUR MORNING WITH PROTEIN

19G OF PROTEIN\*

\$7.25

Oikos® - 650 g, 750 g  
21305945\_EA

3/\$12

Oikos® - 4 x 95 g, 4 x 100 g  
20625055\_EA  
20419715001\_EA

\$3.50

Oikos® Pro™ - 300 mL  
21651846\_EA

\*As part of a complete breakfast and balanced diet. Per 175 g serving.

10-HOUR BREW

BOLD AND SMOOTH TASTE

\$7.50

Stok® - 142 L  
21203737\_EA/21203739\_EA

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YOU COULD WIN A \$25,000 ICELAND SPA ESCAPE

ENTER TODAY!

BUY

SNAP

UPLOAD TO ENTER

NEW

\$7

siggis® SKYR YOGURT  
650 - 750 G  
SELECTED VARIETIES  
21553804\_EA

NEW

\$4.50

siggis® SKYR YOGURT  
4 X 100 G  
SELECTED VARIETIES  
21651974\_EA/21589925\_EA

\$4.50

siggis® SKYR YOGURT  
12g  
SELECTED VARIETIES  
21651974\_EA/21589925\_EA

Our butchers cut quality meat in your store every day!

pork loin schnitzel

21588065\_EA

beef meatballs plain

21587897\_EA

beef stir fry strips cut from Canada AA grade beef or higher

21588067\_EA

chicken stir fry strips

21588091\_EA

pork stir fry strips

21588095\_EA

fontaine santé

PREPARED IN CANADA

FUEL YOUR OLYMPIC WATCH PARTY!

Traditional Hummus 260g

20501132\_EA

\$4

Chili-Spiced Olive Hummus 283g

21667282\_EA

\$4

Greek Olive Hummus 283g

21669685\_EA

\$4

ONT ONLINE 6

**TASTE OF SUPER BOWL**

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**Buy all four for \$28:**

- 30 piece wings & wedges bucket (1.2 - 2 KG, 21541872\_EA)
- + PepsiCo Beverages (1 L, selected varieties 20040201001\_EA)
- + Ruffles® potato chips or Doritos® tortilla chips (180 - 235 G 21241052\_EA)
- + Farmer's Market Mini Cupcakes 12'S (selected varieties, 21643619\_EA)

# ELEVATE YOUR KOMBUCHA

**Rise Kombucha**  
414 mL  
21439309\_EA/21295362\_EA

**CANADA'S FAVOURITE KOMBUCHA**

**\$4**

## Heat, Plate & Celebrate

Keep Traditions Simple With Flavour Worth Sharing

**BEN'S ORIGINAL™ BISTRO EXPRESS™**  
JASMINE RICE (240-250 g)  
selected varieties  
21405472\_EA

**3/10<sup>50</sup>**

**BEN'S ORIGINAL™**  
Basmati & Jasmine Rice (1.6 kg)  
selected varieties  
21397550\_EA

**\$10**

**BEN'S ORIGINAL™**  
CONVERTED Long Grain Rice (2.2 kg)  
selected varieties  
21535549\_EA

**\$9**

Serving suggestion.  
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**TRUSTED SOFTNESS, BETTER TEAR**  
\*vs. leading US 1-ply bargain brand

**\$18**

**Charmin**  
Bath Tissue, 12=48 roll, soft, 21707532\_EA

## Cleans Better

**\$18**

Charmin Bath Tissue, 12=48 roll, strong, 21636641\_EA

\*vs. Leading Canada 2-ply bath tissue

**+50% MORE ABSORBENT**  
\*vs. leading ordinary brand.

**\$18**

**Bounty**  
Paper Towel, Select A Size, 6=12 roll, 21670280\_EA

**THICKER AND MORE ABSORBENT\***  
\*vs. the leading US 2-ply napkin

**\$11**

**Bounty**  
Napkin 400's, 21053171\_EA

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# Mobile that doesn't break the bank.

**Plans starting from \$20/month**