

Meat



Grade A
Perdue
Chicken
Drumsticks
\$129
lb Jumbo Pack



Grade A
Perdue
Chicken
Wings
\$3.59
lb Jumbo Pack



All Natural
Fresh ... Bone In
Pernil
\$149
lb



All Natural
Boneless
Center Cut
Pork
Chops
\$2.99
lb Family Pack - 3 Lbs or More



USDA Choice Beef
Bottom
Round
Roast
\$4.99
lb



USDA Choice
Beef Chuck
For Stew
\$6.99
lb Family Pack - 3 Lbs or More

16 Oz Pkg
Antibiotic Free
Plainville Farms

94% Lean
Ground Turkey

\$6.99



USDA Choice ... Fresh
Blade Bone: Cross Cut or Square Cut

American
Shoulder
Lamb Chops

\$7.99
lb

Seafood



Self Serve
Frozen ... EZ Peel
Jumbo
Shrimp
\$8.99
lb



2 Lb Bag ... 16-20 Count
Peeled & Deveined
Pacific Treasure
Jumbo
Shrimp
\$19.99



Whole
Bronzino
\$9.99
lb



3/22



Farm Raised
Fresh
Atlantic
Salmon
Fillet
\$9.99
lb Family Value Pack



Organic
Oraking
Salmon
Fillets
\$21.99
lb

Valentine's Day Special

Whole
Beef Tenderloin
For Fillet Mignon

\$9.99

lb 12/14 Oz

Giant
Brazilian

Lobster Tails

\$19.99

Limit 4 Please

Valentine's Day
Heart Shaped
Cheesecake

\$19.99

Chocolate
Covered
Strawberries

Now Available



Produce

NOW AVAILABLE!

Green or Red
Seedless
Grapes



99¢
lb.

With Club Card. Limit 5 Lbs.
Without Club Card: \$1.99/Lb.

8-15 Oz Clamsheell
Driscoll's
Heart Shaped
Strawberries or
Raspberries



5 Lb Bag
US #1
Russet
Potatoes

99¢

With Club Card. Limit 2 Offers.
Without Club Card: \$1.99

8 Oz Bag
Fresh Express
Spinach

99¢

With Club Card. Limit 2 Offers.
Without Club Card: \$1.99

12 Oz Pkg ...
Wonton or
Eggroll
Nasoya
Wraps

2/\$5

Organically Grown
10 Oz Bag ...
Kale & Carrots or
Chopped: Collard Greens, Kale,
Lacinato Kale or Rainbow Chard

Cal-Organic Farms
Vegetables

\$3.99

Organically Grown
3 Lb Bag
Navel
Oranges

\$6.99

Deli

Gluten Free
No Added Hormones or
Steroids AHA Approved
Made From Whole Turkey
Breast 10 Grams of
Protein Per Serving



\$13.99
lb Sliced To Order

Butterball
Honey
Roasted
Turkey
Breast

\$7.99
lb Sliced To Order

Yellow or White
Food Way
Premium
American



\$3.99
lb Sliced To Order

Boar's Head®
Maple Glazed
Honey Coat
Ham

\$10.99
lb Sliced To Order

Shrimp Fried
Rice or
Lo-Mein

\$9.99
lb

Fresh Store Prepared
Tuna
Salad

\$8.99
lb

Grilled, Baked or In A Dill Sauce
Salmon

\$15.99
lb

Muffins,
Croissants, Scones
or Turnovers

Fresh
Baked
Pastries

\$2.99

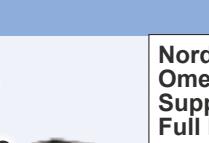
12.3 Oz Pkg
Bridor
French
Baguette
Bread

\$2.99

5/\$10

With Club Card. Must Buy 5.

20 Roll Pack
1000 Sheets White
Scott
Bath Tissue



50% OFF!

\$12.99

With Club Card & Add'l \$50 Purchase. Limit 1 Offer.

Nordic Naturals
Omega 3's &
Supplements
Full Line Sale!

4=8 Double Roll

Select-A-Size ... White or Print

\$3.99

With Club Card & Add'l \$25 Purchase. Limit 1 Offer.

Bounty
Essentials
Paper Towels



4/\$6

With Club Card.
Limit 2 Offers. Must Buy 4.

473.2 Fl Oz Pkg
Half Liter Btls
Pure Life
Water
28 Pack

3/\$8.99

With Club Card & Add'l \$50 Purchase. Limit 1 Offer. Must Buy 3.

Plus Deposit Where Applicable.

Sunshine Farms
Organic
18 Pack
Large Brown
Eggs

\$6.99

1 Dozen Crtn
Grade A
Eggland's
Best
Large White
Eggs

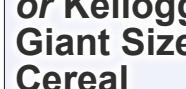


2/\$7

\$1.99

With Club Card. Limit 2 Offers.

By The Box
Select Varieties
General Mills
or Kellogg's
Giant Size
Cereal



4/\$6

With Club Card.
Limit 4 Offers.

Giant Size
Apple Jacks



YOUR CHOICE!

With Club Card.
Limit 4 Offers.

5 Oz Can ... In Water,
In Oil or Low Sodium
in Water



\$3.99

With Club Card.
Limit 2 Offers. Must Buy 4.

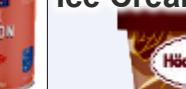
14.75 Oz Can
Wild Caught
Bumble Bee
Pink
Salmon



\$4.99

With Club Card.
Limit 2 Offers. Must Buy 4.

14 Fl Oz Cont
Assorted
Häagen-Dazs
Ice Cream



2/\$7

With Club Card.
Limit 2 Offers. Must Buy 2.

Assorted:
6.84 Fl Oz Pkg ... Poppables
or 10.6 or 14 Fl Oz Box
Yasso
Greek
Yogurt
Bars



\$4.99

With Club Card. Limit 4 Offers.

Michaels Of
Brooklyn
Sauce



2/\$4

2/\$11

With Club Card. Must Buy 2.

Garofalo
Pasta



\$14.99

Colavita
Extra Virgin
Olive Oil



\$14.99

Morningstar
Frozen
Veggie
Products



\$3.99

With Club Card.
Limit 4 Offers.

By The Box
Select Varieties
General Mills
Giant Size
Cereal

\$4.99



With Club Card. Limit 4 Offers.

By The Box
Select Varieties
Kellogg's
Giant Size
Cereal

\$4.99



With Club Card. Limit 4 Offers.

• 12.25 Oz ... Honey Maid S'mores
• 12.5 Oz ... Corn Honeycombs
• 11 Oz ... Assorted Pebbles
• 14.75 Oz ... Golden Crisp
• 16.6 Oz ... Raisin Bran

Post

Cereal

2/\$6



MIX OR MATCH!

With Club Card. Limit 4 Offers. Must Buy 2.

18 Oz Cont
Quick or Old Fashioned
Urban Meadow
Oats

2/\$5



With Club Card. Limit 4 Offers. Must Buy 2.

32 Oz Easy Squeeze Btl
Heinz
Tomato
Ketchup

\$3.99



With Club Card. Limit 4 Offers.

20 Fl Oz Squeeze Btl
Regular, Light or With Olive Oil

Hellmann's
Mayonnaise

\$5.49



With Club Card. Limit 2 Offers.

7 Oz Box
Assorted
Cheez-It
Crackers

3/\$6.99



With Club Card. Limit 4 Offers. Must Buy 3.

64 Fl Oz Btl ... Natural or Clear
(Excludes: Sesame Street & Organic)

Apple & Eve
Apple Juice

2/\$5



With Club Card. Limit 3 Offers. Must Buy 2.

121 Fl Oz Cont ... Regular or
117 Fl Oz Cont ... Splashless:
Regular or Clean Linen

Clorox
Bleach



With Club Card. Limit 4 Offers.

26 Fl Oz Cont
Gentle Ocean Mist or
Ultra Soft Calm Lavender & Vanilla

\$5.99



With Club Card. Limit 4 Offers.

32 Fl Oz Cont
Assorted

Tide
Laundry
Detergent

\$5.99



With Club Card. Limit 4 Offers.

16 Oz Jar
Urban Meadow
Creamy
Peanut Butter

\$1.99



With Club Card.

16.9 Fl Oz Btl
Assorted
Filippo Berio
Olive Oil

\$7.99



With Club Card. Limit 3 Offers. Must Buy 2.

10=30 Triples Roll
Select A Size or Full Sheet
Bounty
Paper Towels

\$28.99



With Club Card. Limit 4 Offers.

400 Count Pkg
Bounty
White
Paper Napkins

2/\$10



With Club Card. Must Buy 2.

15 Oz Jar ... Regular or
Roasted Garlic Alfredo or
23.5-24 Oz Jar ... Assorted

Francesco
Rinaldi
Pasta
Sauce

2/\$4



With Club Card. Limit 3 Offers. Must Buy 2.

4.6 Oz Can ... Regular,
Chicken or BBQ Chicken

Libby's
Vienna
Sausage

4/\$3



With Club Card. Limit 3 Offers. Must Buy 4.

12 Oz Can
Regular or Low Sodium

Libby's
Corned
Beef

\$5.99



With Club Card. Limit 3 Offers.

10 Lb Bag
Parboiled or White

Urban Meadow
Long Grain
Rice

\$6.99



With Club Card. Limit 4 Offers.

4 Oz Jar
Assorted

Happy Baby
Baby Food

3/\$4



With Club Card. Limit 2 Offers. Must Buy 3.

18-20 Oz Box
Assorted

Ghirardelli
Brownie
Mix

\$4.49



With Club Card. Limit 3 Offers. Must Buy 4.

12-18.2 Oz Box ... Assorted
(Excludes: Family Size)

General Mills
Cheerios
Cereal

2/\$7

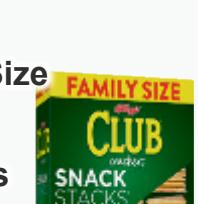


With Club Card. Limit 4 Offers. Must Buy 2.

18.8 Oz Box
Club

Family Size
Snack
Stacks
Crackers

\$5.99



With Club Card. Limit 4 Offers.

16 Fl Oz Cont
Cascade
Power Dry
Rinse Aid

2/\$10



With Club Card. Limit 4 Offers.

17.4 Fl Oz Btl
Fresh Rain

Dawn
Platinum
Plus
Powersuds

2/\$10



With Club Card. Limit 2 Offers. Must Buy 3.

5 Count Pkg
180 Degrees

Swiffer
Duster
Kit

\$5.99



With Club Card. Limit 3 Offers. Must Buy 4.

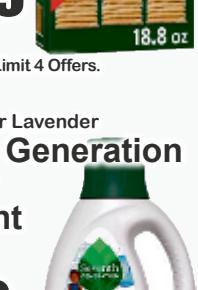
32 Fl Oz Btl
ReaLemon
Lemon
Juice

\$3.29



45 Fl Oz Cont
Free & Clear or Lavender
Seventh Generation
Laundry
Detergent

\$7.99



With Club Card. Limit 4 Offers.

12 Fl Oz Can
Magnolia
Evaporated
Milk

3/\$5

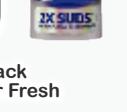


With Club Card. Limit 2 Offers. Must Buy 3.

80 Count Pkg ... 2 Pack
Flushable ... Shower Fresh

Charmin
Wipes Refill

\$4.99

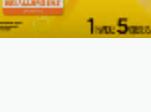


With Club Card. Limit 2 Offers. Must Buy 3.

602.5 Sq Ft Pkg
6-12 Double Rolls

Fiora
Paper Towels

\$7.99



With Club Card. Limit 3 Offers. Must Buy 4.

200 Count Flat Box
Kleenex
Facial
Tissues

\$2.99



With Club Card. Limit 4 Offers.

7.5 Fl Oz Btl
Assorted

Dial
Foaming
Anti-Bacterial
Hand Wash

\$3.49



With Club Card. Limit 4 Offers.

3.75 Oz Can ... In Water,
In Louisiana Hot Sauce or
In Mustard

Bumble Bee
Sardines

4/\$5



13.5 Oz Pkg
Chicken, Beef or Shrimp

Nissin
Cup Noodles
Family
Pack

\$4.99

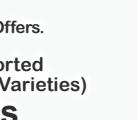


With Club Card. Limit 2 Offers.

10-14 Oz Box ... Assorted
(Excludes: All Other Varieties)

Entenmann's
Cookies

\$3.49



With Club Card. Limit 4 Offers.

72 Fl Oz Pkg
12 Oz Assorted Beer

Corona
6 Pack

\$10.99



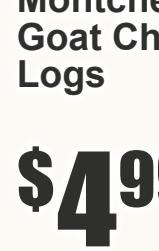
Plus Deposit Where Applicable.

7 Oz Box

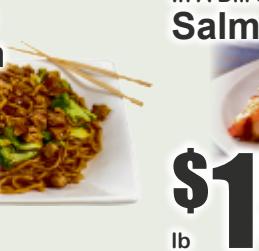
Goya
Yellow
Rice

Extra Lean Alternative To Beef Pastrami Serve Hot or Cold  \$6.99 lb Sliced To Order	Boar's Head® Cracked Pepper Mill Turkey Breast  \$13.99 lb Sliced To Order	DiLusso Deluxe Ham  \$6.99 lb Sliced To Order	Store Prepared Fresh Tuna Salad  \$8.99 lb	Store Prepared Crunchy Vegetable Salad  \$6.99 lb Sliced To Order
Jennie-O Turkey Pastrami  \$3.99 lb Sliced To Order	Boar's Head® Muenster Cheese  \$8.99 lb Sliced To Order	Domestic Urban Meadow Swiss Cheese  \$6.99 lb Sliced To Order	Flame Baked For An Authentic Taste & Ideal Texture, Dip 'em, Top 'em or Eat Straight From The Bag 6 Oz Bag ... Sea Salt, Everything or Parm & Garlic Stonefire Naan Crisps  2/\$7 \$4.99	Premium Clean Label Soups Autumn Squash, Broccoli Cheddar, Black Bean Varieties All Great For Lent! 16 Oz Cont ... Assorted Panera Bread Soups  \$16.99 1/2 lb Sliced To Order *Where Available

CHEESES OF THE WORLD

4 Oz Pkg ... Assorted Montchevre Goat Cheese Logs  \$4.99	12 Oz Cont ... Original or Basil Garlic Marinated Fresh Mozzarella Cups 8 Oz Pkg ... Original, With Black Truffle or Stracciatella  \$5.99 ONLY!	6-6.5 Oz Cont Assorted Alouette Cheese Spread  \$5.99	5 Oz Cont ... Original Crème De Brie or 8 Oz Cont ... Original or Garlic & Herb  \$6.99	4 Oz Cont Feta or Blue Alouette Cheese Crumbles  \$3.99
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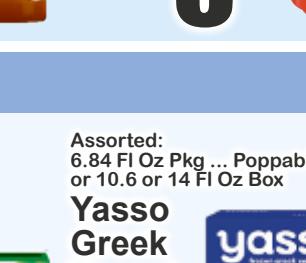
FROM OUR CHEF PREPARED KITCHEN

16 Oz Avg With Chicken Cutlet Pasta Alfredo  \$9.99	16 Oz Pkg Linguine With Clams  \$9.99	Shrimp Fried Rice or Lo-Mein  \$9.99	Grilled, Baked or In A Dill Sauce Salmon  \$15.99	Store Prepared Perdue Rotisserie Roaster Chicken Breast  \$3.99
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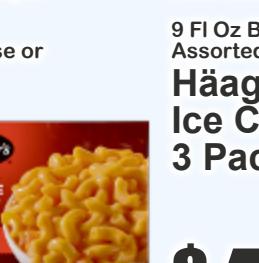
BAKERY

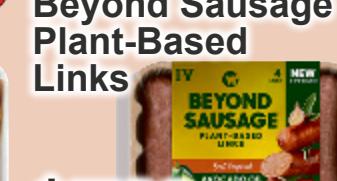
Fresh Baked Daily 15.2 Oz Pkg Rosemary Olive Oil Focaccia or 16 Oz Pkg ... Italian Semolina Bridor Bread  \$3.99	Store Made 7" Chocolate Mousse Cake  \$21.99	Belgian Quality - Imported 2.96 Oz Pkg 8 Count Heart Shaped or 3.88 Oz Pkg ... Variety Poppies Macarons  \$8.99	Valentine's Day Heart Shaped Cheesecake  \$19.99	Fresh Store Made 6 Count Pkg Valentine's Day Cupcakes  \$8.99
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DAIRY

7.5-8 Oz Cont Assorted Philadelphia Soft or Whipped Cream Cheese  \$3.99	32 Fl Oz Cont Barista Blend: Original, Regular Vanilla or Pumpkin Spice Oatmilk or Original or Unsweetened Califia Almondmilk  2/\$7	52 Fl Oz Cont Assorted Florida's Natural Juice  2/\$7	59 Fl Oz Cont ... Assorted Ades or Punch Tropicana Twister  \$1.99	48 Fl Oz Cont Simply Coconut, Zero Sugar or Unsweetened Oat or Assorted (Excludes: Organic) Califia Almondmilk  2/\$7
32 Oz Cont Assorted La Yogurt Yogurt  \$2.99	4-6 Oz Cont Assorted Yoplait Yogurt  10/\$6	8 Oz Cont Salted or Unsalted Hotel Bar Whipped Butter  \$2.99	8 Oz Pkg ... 1/4 Lb Sticks Free Range: Salted or Unsalted Nellie's Slow Churned Butter  \$3.99	8 Oz Pkg ... Assorted Chunk or Thick Cut: Sliced or Shredded Tillamook Cheese  \$3.99
40 Fl Oz Btl Assorted Dunkin' Iced Coffee  \$5.99	15 Fl Oz Can ... Reese's or Caramel Macchiato International Delight Reese's Iced Coffee  2/\$6	25.4 Fl Oz Cont Assorted Califia Creamers  \$4.99	64 Fl Oz Cont Assorted Ades or Turkey Hill Iced Tea  \$1.99	5.3 Oz Cont Assorted: Total or Bestself Lactose Free Fage Yogurt  3/\$4
7-8 Oz Box ... No Sauce: Chopped Spinach or Green Beans & Almonds or Assorted Sauced Green Giant Vegetables  99¢	Assorted: 6.84 Fl Oz Pkg ... Poppables or 10.6 or 14 Fl Oz Box Yasso Greek Yogurt Bars  \$4.99	11.6 Oz Box ... Assorted (Excludes: All Other Varieties) Eggo Thick & Fluffy Waffles  2/\$6	8-10.88 Oz Box ... Assorted: Comfort, Marketplace, Features or Favorites Lean Cuisine Meals  2/\$6	10 Oz Pkg Assorted Veggie Patties or Boca Veggie Burgers  \$4.99
10 Oz Pkg ... Sweet Peas, Broccoli or Sweet Corn Cascadian Farms Organic Vegetables  2/\$8	8-10 Oz Pkg ... Blueberries, Strawberries & Harvest Berries Cascadian Farms Organic Fruits  \$5.99	12 Oz Pkg Macaroni & Cheese or Spinach Souffle Stouffer's Simple Dishes  2/\$6	9 Fl Oz Box Assorted Häagen-Dazs Ice Cream Bars 3 Pack  \$4.99	6.7-7.1 Oz Box Assorted Lily's Toaster Grills  \$3.99

FROZEN

7-8 Oz Box ... No Sauce: Chopped Spinach or Green Beans & Almonds or Assorted Sauced Green Giant Vegetables  99¢	Assorted: 6.84 Fl Oz Pkg ... Poppables or 10.6 or 14 Fl Oz Box Yasso Greek Yogurt Bars  \$4.99	11.6 Oz Box ... Assorted (Excludes: All Other Varieties) Eggo Thick & Fluffy Waffles  2/\$6	8-10.88 Oz Box ... Assorted: Comfort, Marketplace, Features or Favorites Lean Cuisine Meals  2/\$6	10 Oz Pkg Assorted Veggie Patties or Boca Veggie Burgers  \$4.99
10 Oz Pkg ... Sweet Peas, Broccoli or Sweet Corn Cascadian Farms Organic Vegetables  2/\$8	8-10 Oz Pkg ... Blueberries, Strawberries & Harvest Berries Cascadian Farms Organic Fruits  \$5.99	12 Oz Pkg Macaroni & Cheese or Spinach Souffle Stouffer's Simple Dishes  2/\$6	9 Fl Oz Box Assorted Häagen-Dazs Ice Cream Bars 3 Pack  \$4.99	6.7-7.1 Oz Box Assorted Lily's Toaster Grills  \$3.99

USDA Choice Beef Bone In First Cut Chuck Steaks  \$5.99 lb	Beef Round For Cube Steak  \$6.99 lb Family Pack	All Natural Boneless Center Cut Pork Chops  \$2.99 lb Family Pack 3 Lbs or More	12 Oz Pkg ... Fully Cooked: Original Cutlets, Spicy Cutlets, Popcorn Bites or Nuggets: Original or Dino Shape Perdue Breaded Chicken  2/\$5	8 Oz Pkg Beyond Burger Plant-Based Patties  \$5.99
USDA Choice Beef Boneless Center Cut Bottom Round Roast  \$5.49 lb	USDA Choice Beef Boneless Eye Round Roast  \$5.99 lb	All Natural Fresh Pork Tenderloins  \$3.99 lb	Grade A Perdue Chicken Wingettes  \$3.99 lb	14 Oz Pkg Hot Italian or Brat Original Beyond Sausage Plant-Based Links  \$7.99
USDA Choice Beef Chuck For Stew  \$6.99 lb Family Pack 3 Lbs or More	12-14 Oz Pkg Assorted Hillshire Farm Smoked Sausage  \$5.99	All Natural Whole or For Stew Boneless Pork Shoulder  \$2.99 lb YOUR CHOICE!	Bone In Beef Shin For Soup  \$5.99 lb	12 Oz Pkg ... Apple or Classic Sage Breakfast or Assorted Bilinski's Organic Chicken Sausage  \$6.99

FRESH SEAFOOD

16-20 Count Peeled & Deveined Jumbo Shrimp  \$10.99 lb	Wild Caught Fresh Flounder Fillet  \$9.99 lb	Mediterranean Sea Bass Fresh Bronzino Fillets  \$15.99 lb	8 & Up Canadian Snow Crab Clusters  \$17.99 SAVE \$7.00! lb	Wild ... Gulf Jumbo Shrimp  \$14.99 lb
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PRODUCE

Long Green Asparagus  \$3.99 lb	Green Squash  \$1.99 lb	8 Oz Pkg Giorgio Whole White Mushrooms  2/\$5	Tropical Yuca  \$1.49 lb	2 Lb Bag US #1 Yellow Lemons  \$4.99
7.4-8 Oz Cont ... Assorted Family Size Little Leaf Farms Salad Kits  \$5.99	Northwest Premium Honeycrisp Apples  \$2.99 lb	2 Lb Bag California Large Navel Oranges  3/\$5	2 Lb Bag California Raspberry Oranges  \$3.99	16 Fl Oz Btl GT's Kombucha  \$3.49
3 Lb Bag California Minneola Oranges  \$6.99	15.2 Fl Oz Btl Assorted Protein Smoothies or Naked Fruit & Vegetable Juice  2/\$7	1.7 Fl Oz Btl Detox Pineapple Orange, Energy Passionfruit or Immunity Watermelon Strawberry So Good So You Organic Cold Pressed Juice Shot  2/\$6	3.9 Oz Pkg ... Assorted Gutzy Organic Prebiotic Fiber Fruit & Vegetable Snacks  3/\$5	16 Fl Oz Btl Harmless Harvest Coconut Water  2/\$12
16 Fl Oz Btl Harmless Harvest Coconut Water  2/\$12	1 Lb Good For Chocolate Dip Long Stem Strawberries Available  \$19.99 ea	By The Bunch Valentine Wishes Bouquet  \$4.99 lb	Dry Cranberries  \$4.99 lb	Assorted Granola  \$4.99 lb

Organically Grown

Organically Grown 2 Lb Bag Northwest ... Extra Fancy Gala Apples  \$5.99	Organically Grown 2 Lb Bag Northwest ... Extra Fancy Fuji Apples  \$5.99	Organically Grown 2 Lb Bag Northwest ... Extra Fancy Granny Smith Apples  \$5.99	Organically Grown 2 Lb Bag ... US #1 Yellow Lemons  \$5.99	Organic Medjool Dates  \$7.99
Organically Grown 6 Count Bag Small But Mighty! Mission Mini Avocados  \$3.99	Organically Grown 10 Oz Bag Cal-Organic Farms Stemless Kale  \$6.99	Organically Grown 10 Oz Bag Cal-Organic Farms Chopped Kale  \$3.99	Organically Grown 10 Oz Bag Cal-Organic Farms Chopped Lacinato Kale  \$3.99	Organically Grown 10 Oz Bag Cal-Organic Farms Kale & Carrots  \$3.99