

big game bigger value

BUY ONE (1) GET ONE (1) FREE

FREE OFFER OF EQUAL OR LESSER VALUE

12" TAKE AND BAKE PIZZA
SELECTED VARIETIES
510-739 G
21456401_EA/21456415_EA
PIZZA 12 PO
CUIRE À LA MAISON
FOR \$9-10



PREPARED
IN-STORE

SAVE
\$10

\$20

**30 PIECE WINGS &
WEDGES BUCKET**
1.2-2 KG
**SEAU DE
30 MORCEAUX
D'AILES DE POULET
ET FRITES EN
QUARTIERS**
21541872_EA
21541877_EA



SERVES 6

\$12

APP EXCLUSIVE OFFER*

GET
2,000 ^{PTS}
\$2
back
in points

PC® WINGS 800-907 G OR
PORK BACK RIBS 680 G
SELECTED VARIETIES
FROZEN
**AILES OU CÔTES DE
DOS DE PORC PC^{MD}**
20071715_EA
20708932_EA



*Open your PC Optimum® app or visit pcoptimum.ca to get the offer

2⁴⁹

LAY'S POTATO CHIPS
SELECTED VARIETIES
177-235 G
CROUSTILLES
LAY'S
21241032_EA
21664493_EA



APP EXCLUSIVE OFFER*

GET
7,500 ^{PTS}
\$7.50
back
in points
for every \$25*
spent on

**PEPSICO SOFT DRINKS,
FRITO LAY SNACKS,
RUFFLES, BUBLY,
TOSTITOS OR QUAKER
CRISPY MINIS
GRIGNOTINES FRITO
LAY'S, RUFFLES,
BUBLY, TOSTITOS
ET MINIS CRISPY
QUAKER**
20310546002_C06
21241052_EA



*Open your PC Optimum® app or visit pcoptimum.ca to get the offer

\$20

**LARGE VEGETABLE
OR FRUIT PLATTER**
PREPARED IN-STORE
1.343-1.87 KG
**GROS PLATEAU
DE LÉGUMES OU
FRUITS**
20081718_EA
20121599_EA



**SAVE
UP TO 33%**

\$7

BALDERSON CHEDDAR
250/280 G OR **PILLER'S
KOLBASSA** 300-375 G
SELECTED VARIETIES
**CHEDDAR BALDERSON OU
KOLBASSA PILLER'S**
20308469_EA
21495455_EA



Optimum™
Members-Only Price™
\$8
Non-members
\$12



**SCHNEIDERS
PEPPERETTES**
SELECTED VARIETIES
250-375 G
**PEPPERETTES
SCHNEIDERS**
20976110_EA
21196171_EA

\$3

**KETTLE BRAND
POTATO CHIPS**
SELECTED VARIETIES
156/198 G
**CROUSTILLES
KETTLE BRAND**
21520652_EA
21520692_EA



\$4

**PLANTERS CASHEWS,
ALMONDS OR
MIXED NUTS TINS OR
FLAVOURED CASHEWS**
SELECTED VARIETIES
145-225 G
**CONTENANTS DE
NOIX DE CAJOU,
AMANDES OU NOIX DE
CAJOU AROMATISÉES
PLANTERS**
21021618_EA
21619991_EA



**SAVE
\$1.98
WHEN YOU BUY 2**

2/\$11

OR
\$6.49 EA.

**PC® BLUE MENU® OR
PC® SPARKLING WATER**
SELECTED VARIETIES
12X355 ML
**EAU PÉTILLANTE
PC® MD MENU BLEU® MC
OU PC® MD**
20668034002_C01
20668034001_C01

APP EXCLUSIVE OFFER*
Optimum™
**GET
3,000** POINTS
when you buy 2
\$3
back in points



*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

**PROUDLY CANADIAN
OWNED & OPERATED**

Independent™
Your Independent Grocer



\$4⁹⁹
LB

CHICKEN BREASTS
BONE-IN, SKINLESS OR
SPLIT CHICKEN WINGS
FAMILY SIZE
8.82/KG
**POITRINES DE POULET
OU AILES DE POULET
SÉPARÉES**
20761916_KG
20055906_KG



SAVE \$1⁵⁰ LB
5⁴⁴
LB

MEDIUM GROUND BEEF
FAMILY SIZE
11.99/KG
BŒUF HACHÉ MI-MAIGRE
20885673_KG



8⁵⁰
**PC® PACIFIC LARGE
WHITE SHRIMP**
RAW OR COOKED, PEELED OR RAW
ZIPPERBACK® 31-40 PER LB 400 G
OR **PC® SMOKED SALMON
OR CRAB & LOBSTER
BAKE & SERVE DIP** 360 G
FROZEN
**GROSSES CREVETTES
BLANCHES DU
PACIFIQUE PC® OU
TREMPETTES À CUIRE ET
À SERVIR AU SAUMON
FUMÉ OU CRABE ET
HOMARD PC®**
20791381_EA
21682673_EA



SAVE 50¢

2⁵⁰

**FARMER'S MARKET™
CARROTS OR
YELLOW ONIONS**
PRODUCT OF CANADA
CANADA NO. 1 GRADE
3 LB BAG
**CAROTTES OU
OIGNONS JAUNES**
DÉLICIES DU MARCHÉ™
20660927001_EA
2081994001_EA



SAVE 34%

1⁹⁸

**FARMER'S MARKET™
AVOCADO BAG**
PRODUCT OF MEXICO
5'S
**SAC D'AVOCATS
DÉLICIES DU MARCHÉ™**
21644936001_EA

EQUIVALENT TO
40¢
PER AVOCADO



\$3
**WONDER BREAD
OR BUNS**
SELECTED VARIETIES
AND SIZES
**PAIN OU PETITS
PAINS WONDER**
20276296_EA
20297455_EA



1⁷⁸
LB

**GREENHOUSE
BEEFSTEAK TOMATOES**
PRODUCT OF CANADA
3.92/KG
**TOMATES BEEFSTEAK
DE SERRE**
20426141001_KG



1⁷⁸

ENGLISH CUCUMBERS
PRODUCT OF CANADA
EACH
CONCOMBRES ANGLAIS
20070132001_EA



\$3
**MCCAIN SUPERFRIES
OR SPECIALTY
POTATOES** 454-800 G
**CRAVE, KRAFT DINNER
OR SMART ONES**
ENTRÉES 200-340 G
SELECTED VARIETIES
FROZEN
**SUPERFRIES OU
POMMES DE TERRE DE
SPÉCIALITÉ MCCAIN,
PLATS CUISINÉS CRAVE,
KRAFT DINNER OU
SMART ONES**
20324328002_EA
21085515_EA



**SAVE
UP TO 36%**

3⁵⁰

**DR. OETKER
RISTORANTE OR
CASA DI MAMA
PIZZA** 320-410 G,
**PC® FOCACCIA
OR FLATBREAD**
PIZZA 330-456 G
SELECTED VARIETIES
FROZEN
**PIZZA RISTORANTE
OU CASA DI MAMA
AIN PLAT
DR. OETKER, PIZZA
FOCACCIA OU PAIN
PLAT PC®**
20295100001_EA
21013452_EA



4⁷⁷

**BLACK DIAMOND
CHEESE BARS** 400 G,
SHREDS 300-320 G OR
PC® SHREDS 250-320 G
SELECTED VARIETIES
**BARRES DE FROMAGE,
FROMAGE RÂPÉ
BLACK DIAMOND OU
FROMAGE RÂPÉ PC®**
21278845_EA
21279221_EA



\$20
**PC® ROAST AND
GROUND COFFEE**
SELECTED VARIETIES
800-930 G
**CAFÉ TORRÉFIÉ
ET MOULU PC®**
21393556_EA
21668446_EA



7⁸⁸

MAZOLA OIL
SELECTED VARIETIES
2.84 L
HUILE MAZOLA
20750410_EA
20092556_EA



Optimum™
Members-Only Price™
3⁹⁹
Non-members
11⁹⁹

Members save
\$8
PREPARED IN CANADA

**CASHMERE
BATHROOM TISSUE**
8=16 ROLLS OR **SCOTTIES
FACIAL TISSUE** 6'S
**PAPIER HYGIÉNIQUE
CASHMERE OU
MOUCHOIRS SCOTTIES**
20573377_EA
21204742_EA

Optimum™ from Thursday February 5th to Saturday, February 7th

Your points are worth more.

Bonus Redemption Event

Redeem **70,000** (pts) and get **\$80** off* your purchase of \$80 or more

OR

Redeem **150,000** (pts) and get **\$175** off* your purchase of \$175 or more

OR

Redeem **250,000** (pts) and get **\$300** off* your purchase of \$300 or more

*That's an extra \$10 value! *That's an extra \$25 value! *That's an extra \$50 value!

Limited time offer, subject to change or cancellation. Redemptions at points level available while offer lasts as specified above in a single transaction. In cases of insufficient spend amount causing customers not being able to optimize the offer, the system will automatically suggest/default to a lower redemption threshold, so that customer can always redeem the least amount of available points and achieve the maximum value of offer available. Customer can however choose to redeem a higher amount of points and forfeit portion of the value available if desired as per the PC Optimum™ Program Terms and Conditions. In no event will customers receive extra points in lieu of the forfeited value as part of this offer. Redemptions must be in increments of 10,000 points up to a maximum of 500,000 PC Optimum™ points in one transaction. Applicable fees and taxes payable on full purchase price before application of redemption value. Not redeemable for cash or credit. Exclusions apply. Visit pcoptimum.ca/company-policy/terms-and-conditions for further details.

Flyer prices effective from Thursday, February 5th to Wednesday, February 11th, 2026. **SEE BACK PAGE FOR DETAILS.**

\$12

JANES FISH
450-590 G OR
PC® OR BLUE MENU®
ENTRÉES 2/2.27 KG
SELECTED VARIETIES
FROZEN
POISSON JANES
OU PLATS CUISINÉS PC®^{MD}
OU MENU BLEU®^{MC}
20134930_EA
21703969_EA

JANES ultimates
Tavern Battered COD
Wild Caught
CLUB PACK • FORMAT CLUB
MEAT LASAGNA VIANDÉ
2.27 kg

\$6

LOBSTER TAILS
2-3 OZ EACH FROZEN OR
PREVIOUSLY FROZEN OR
MARINA DEL REY
WILD CAUGHT ARGENTINIAN SHRIMP 300 G FROZEN
QUEUES DE HOMARD OU CREVETTES SAUVAGES D'ARGENTINE
MARINA DEL REY
21194846_EA
21395555_EA

\$4

DORITOS FLAVOURED OR TOSTITOS
TORTILLA CHIPS
SELECTED VARIETIES
205-295 G
CROUTILLES DE TORTILLA AROMATISÉES
DORITOS OU TOSTITOS
21050575_EA
21693042_EA

\$4

WONDERFUL PISTACHIOS
ROASTED NO SALT OR WONDERFUL PISTACHIOS ROASTED & SALT
SELECTED VARIETIES
225 G
PISTACHES RÔTIÉS NON SALÉES
WONDERFUL OU PISTACHES RÔTIÉS SALÉES WONDERFUL
21018439_EA
21085963001_EA

Optimum
Members-Only Price™
\$6
Non-members **\$11**

PC® DE-ALCOHOLIZED BEER
SELECTED VARIETIES
12X355 ML
BIÈRE DÉSALCOOLISÉE PC®^{MD}
20121729_C12
20325253_C12

Members save \$5

RED BREW
DE-ALCOHOLIZED BEER
CONTAINS LESS THAN 5% ALC/VOL

BLONDE BREW
DE-ALCOHOLIZED LAGER BEER
CONTAINS LESS THAN 5% ALC/VOL

12 x 355 mL CANS 80 CALORIES PER CAN

12.99 EQUIVALENT TO **55¢ PER CAN**

COCA-COLA OR PEPSI SOFT DRINKS
SELECTED VARIETIES
24X355 ML
BOISSONS GAZEUSES COCA-COLA OU PEPSI
20308197001_C24
20306687001_C24

\$5

HALO TOP FROZEN DESSERT 473 ML OR
CHAPMAN'S YUKON 1 L
NOVELTIES 5-8'S
SELECTED VARIETIES FROZEN
DESSERT GLACÉ HALO TOP OU FRIANDISES GLACÉES YUKON
CHAPMAN'S
21087007_EA
20950270_EA

\$4

GAY LEA REAL WHIPPED CREAM
SELECTED VARIETIES
225 G
VÉRITABLE CRÈME FOUETTÉE GAY LEA
20048223001_EA
20048223002_EA

\$7

8 INCH PIES
SELECTED VARIETIES
635-750 G
TARTES DE 8 PO
21297474_EA
21297475_EA

\$3

EARTH'S OWN ALMOND NON-DAIRY BEVERAGES
SELECTED VARIETIES
1.89 L
BOISSON SANS PRODUITS LAITIERS AUX AMANDES
EARTH'S OWN
2029698002_EA
20913872_EA

\$3

CLOVER LEAF WHITE TUNA OR STAGG CHILI
SELECTED VARIETIES
170/425 G
THON BLANC CLOVER LEAF OU CHILI STAGG
20091906_EA
20326358001_EA

6.99

STEFANO SAUCES
SELECTED VARIETIES
405-648 ML
SAUCES STEFANO
21220689_EA

Optimum
Members-Only Price™
5.50
Non-members **7.99**

GENERAL MILLS CEREAL
FAMILY SIZE
SELECTED VARIETIES
455-778 G
CÉRÉALES GENERAL MILLS
21103492_EA
21103495_EA

2.75

QUAKER DIPPES OR CHEWY GRANOLA BARS
SELECTED VARIETIES
120-156 G
BARRES GRANOLA DIPPES OU CHEWY
QUAKER
20847582_EA
21359366_EA

\$16

MCCAFÉ GROUND COFFEE
300-340 G OR **PC® PODS** 30'S
SELECTED VARIETIES
CAFÉ MOULU MCCAFFÉ OU CAPSULES DE CAFÉ PC®^{MD}
21038762_EA/21238495_EA

SAVE UP TO 30%

WEBBER NATURALS VITAMINS OR SUPPLEMENTS
SELECTED VARIETIES AND SIZES
VITAMINES OU SUPPLÉMENTS WEBBER NATURALS
20783429_EA
21286687_EA

Optimum
Members-Only Price™
\$20
Non-members **28.99**

TIDE LAUNDRY DETERGENT
3.9 L
TIDE POWER PODS
45'S
TIDE PODS OR GAIN FLINGS 57-76'S OR **CASCADE TUBS** 51/63/80'S
SELECTED VARIETIES
DÉTERGENT À LESSIVE TIDE
TIDE POWER PODS, TIDE PODS OU FLINGS GAIN OU CONTENANTS CASCADE
21204742_EA

SAVE UP TO \$3.99

\$15

WHISKAS CAT FOOD
SELECTED VARIETIES
12'S
NOURRITURE POUR CHATS WHISKAS
20548822_EA

FEBRUARY HIT OF THE MONTH

LOWEST PRICES. BEST DEALS.

Prices effective February 1 - 28, 2026
As compared to other major grocery retailers within your local areas. While quantities last. See in-store for details.

VACHON SNACK CAKES
SELECTED VARIETIES AND SIZES
PETITS GÂTEAUX VACHON
20963606_EA/20976342_EA

\$2.67

CAVENDISH FRIES
SELECTED VARIETIES
FROZEN
800 G
FRITES CAVENDISH
21559371_EA
21602936_EA

\$2

ROYALE TIGER TOWEL PAPER TOWELS
3=6 ROLLS
ESSUIE-TOUIT TIGER ROYALE
21484702_EA

\$4

Independent
Your Independent Grocer

CUSTOMER RELATIONS 1-866-541-6315. VISIT yourindependentgrocer.ca FOR STORE HOURS.

Please call Customer Relations at 1-866-541-6315 or visit our website at yourindependentgrocer.ca for your store's hours and to see which Your Independent Grocer® locations do not participate in this flyer. Quantities and/or selection of items may be limited and may not be available in all stores. No rainchecks or substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We are not obligated to sell items based on errors or misprints in typography or photography. **Pricing:** All references to "Save, Was, Now, Savings, etc." are in comparison to our own regular prices. Savings on items shown may vary by store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. Coupons must be presented and redeemed at time of purchase. **Trademarks:** ®/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. **Purchase limits:** We reserve the right to limit quantities to reasonable family requirements. **PC Optimum™ Members Only:** Offers are available to valid PC Optimum™ program members. Membership is free. To register, see in-store or visit pcoptimum.ca. Points are not guaranteed in case of errors or misprints. No cash value. See yourindependentgrocer.ca for full program details including redemption restrictions. Minimum redemption is 10,000 points. These offers cannot be combined with any other coupons, discounts, or promotions. No adjustments on previous purchases. We may modify or cancel offers without notice. Product availability may vary by store. While supplies last. **Points Offers:** Receive the specified points when you spend the qualifying amount on the listed products/categories before taxes, after discounts and redemptions, in a single transaction. Taxes apply on purchase amount after discounts. PC Optimum™ pricing is not valid in price match programs for participating Loblaws Inc. banner stores. **Outdoor/Seasonal Items:** Outdoor seasonal items (e.g., lawn and garden) may only be available at select stores. Please check your local store for pricing, limits, and availability. **PRICE DROP Offer:** Valid in-store at participating locations from January 29 - February 25, 2026 before taxes and while quantities last. Applies only to select products. Offer may be modified or cancelled without notice. See in-store for full details.

YIG BACK

PEFC
PEFC01-31-106
PEFC Certified
www.pefc.org

**freshness you can taste,
value you'll love**

\$3

BLACKBERRIES
PRODUCT OF MEXICO OR U.S.A.
HALF PINT
MÛRES
20051015001_EA



3⁹⁹
LB

**EXTRA
LARGE**

**PC® EXTRA LARGE
RED SEEDLESS
GRAPES** PRODUCT OF
SOUTH AFRICA, PERU OR
CHILE, NO. 1 GRADE OR
**PC® EXTRA LARGE
GREEN SEEDLESS
GRAPES** PRODUCT OF
SOUTH AFRICA OR PERU,
NO. 1 GRADE
8.80/KG
**TRÈS GROS RAISINS
ROUGES OU VERTS
SANS PÉPINS PC^{MD}**
20159199001_KG
20425775001_KG



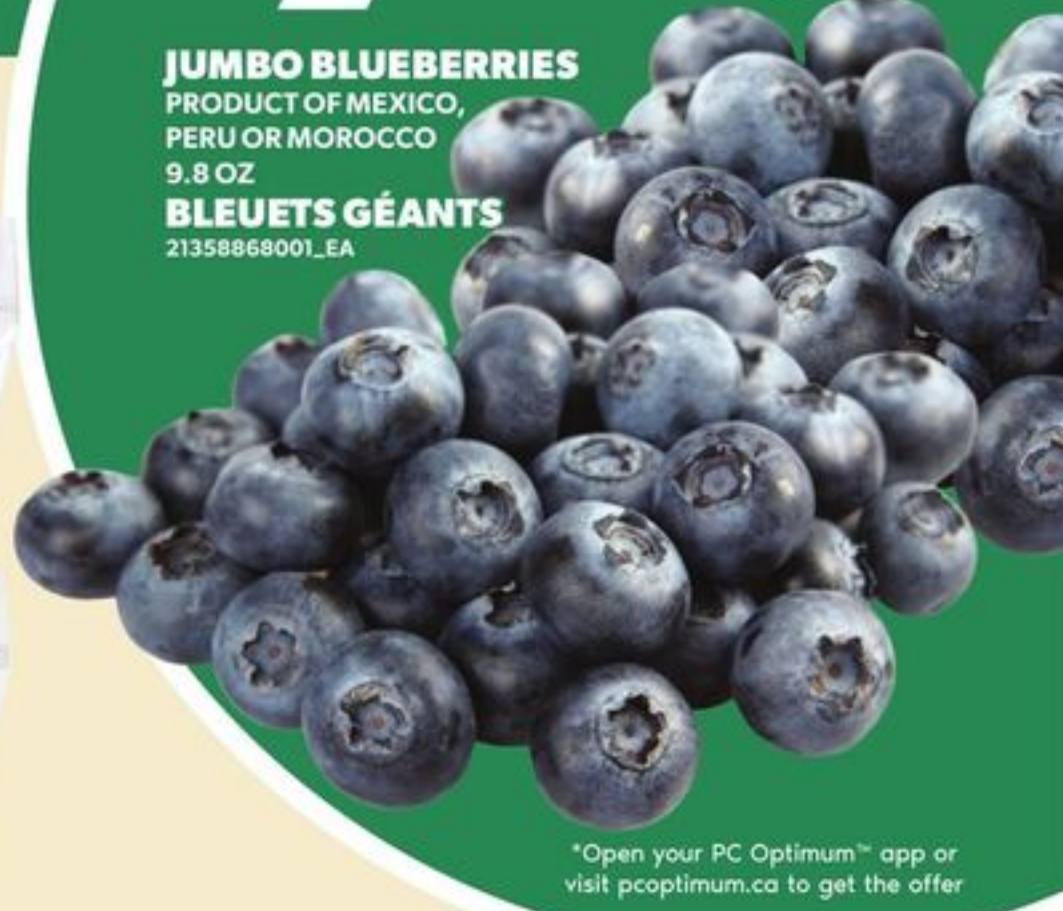
\$7

APP EXCLUSIVE OFFER*

GET
2,000[®]

\$2
back
in points

JUMBO BLUEBERRIES
PRODUCT OF MEXICO,
PERU OR MOROCCO
9.8 OZ
BLEUETS GÉANTS
21358868001_EA



*Open your PC Optimum™ app or
visit pcoptimum.ca to get the offer

\$7

**NO NAME® NATURALLY
IMPERFECT™
ENGLISH CUCUMBERS**
3 LB, PRODUCT OF CANADA OR
NO NAME® TOMATOES
2.5 LB, PRODUCT OF CANADA OR MEXICO
**CONCOMBRES ANGLAIS
NATURELLEMENT
IMPARFAITS^{MC}**
**SANS NOM®
OU TOMATES
SANS NOM®**
21046471001_EA
21606704001_EA



1⁸⁸
LB

SWEET POTATOES
PRODUCT OF CANADA OR
BUTTERNUT SQUASH
PRODUCT OF CANADA OR MEXICO
4.41/KG
**PATATES DOUCES OU
COURGE MUSQUÉE**
20127708001_KG
20325274001_KG



\$5

CANTALOUPE
EACH, PRODUCT OF GUATEMALA
OR HONDURAS OR
STRAWBERRIES
1 LB, PRODUCT OF MEXICO
OR U.S.A., NO. 1 GRADE
**CANTALOUPE
OU FRAISES**
2016701001_EA
20049778001_EA



1 LB

\$4



**FARMER'S MARKET™
RUSSET OR RED
POTATOES**
PRODUCT OF CANADA,
CANADA NO. 1 GRADE
10 LB BAG
**POMMES DE
TERRE RUSSET
OU ROUGES DÉLICÉES
DU MARCHÉ^{MC}**
20601020001_EA
20601013001_EA



10 LB

\$6

CAULIFLOWER
PRODUCT OF MEXICO OR
U.S.A., NO. 1 GRADE
EACH
CHOU-FLEUR
20135377001_EA



1 KG

\$18-20

FAMILY SIZE SALADS
PREPARED IN-STORE
629 G-1.173 KG
**SALADES FORMAT
FAMILIAL^{MC}**
20972499_EA/20972512_EA

GET
1,000[®]
when you buy 2

\$1
back
in points

try with

**RENEE'S REFRIGERATED SALAD
DRESSING OR VINAIGRETTE**
SELECTED VARIETIES, PRODUCT OF CANADA
350/355 ML
**SAUCE À SALADE OU VINAIGRETTE
RÉFRIGÉRÉE RENÉE'S**
2/\$12 OR \$6.50 EA.
20012865_EA/20314592_EA



**FRESH
PROMISE**

**If it's not fresh,
it's free.***

*Fresh Promise: Applicable to eligible fresh produce items purchased at Your Independent Grocer store locations or online at yourindependentgrocer.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the Your Independent Grocer store where purchase originated. The fresh promise may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.

\$18

**5 STEM
KALANCHOES**
SELECTED VARIETIES
**5 KALANCHOES
SUR TIGE**
21423372_EA



**LONG
LASTING**

\$14

**VALENTINE'S DAY
MINI ROSE IN TIN
MINI-ROSIER DE
SAINT-VALENTIN
EN POT DE MÉTAL**
21723993_EA



\$12

10 STEM TULIPS
ASSORTED COLOURS
10 TULIPES SUR TIGE
2083979_EA



11⁵⁰
LB

**INSIDE ROUND
OVEN ROAST**
CUT FROM CANADA AA OR USDA
SELECT GRADE BEEF OR HIGHER
25.35/KG
**RÔTI D'INTÉRIEUR
DE RONDE**
20812494_KG



\$5



**LEAN GROUND
PORK**
450 G
**PORC HACHÉ
MAIGRE**
21646160_EA



\$8



**PC® BLUE MENU®
GROUND CHICKEN**
454 G
**POULET HACHÉ PC^{MD}
MENU BLEU^{MD}**
21100091_EA



**SAVE
\$1**



\$7

**MARCANGELO
PORK SAUSAGES**
SELECTED VARIETIES
375-500 G
**SAUCISSES DE PORC
MARCANGELO**
21724134_EA
21724145_EA



\$4



**MAPLE LEAF
TOP DOGS OR
SCHNEIDERS RED
HOTS WIENERS**
SELECTED VARIETIES
375 G
**SAUCISSES FUMÉES
TOP DOGS MAPLE
LEAF OU RED HOTS
SCHNEIDERS**
20602429_EA
21093477_EA



\$8



**PC® HORS
D'OEUVRE
COLLECTION**
SELECTED VARIETIES
FROZEN
240-574 G
**COLLECTION DE
HORS-D'OEUVRE
PC^{MD}**
20902072_EA
21473122_EA



find your catch in seafood

\$4



**FRESH ATLANTIC
SALMON PORTIONS**
MARINATED
SELECTED VARIETIES
113 G
**PORTIONS DE
SAUMON DE
L'ATLANTIQUE
FRAIS**
20947596_EA
20948217_EA



\$20



**PC® PACIFIC WHITE
SHRIMP RING WITH
MILD COCKTAIL SAUCE**
568 G OR IFC COOKED
CANADIAN SNOW
CRAB CLUSTERS
500 G FROZEN
**COURONNE DE
CREVETTES BLANCHES
DU PACIFIQUE AVEC
SAUCE COCKTAIL
DOUCE PC^{MD} OU
GRAPPES DE CRABE
DES NEIGES CANADIEN
CUITES IFC**
20147098_EA
21615011_EA



\$9

**PC® WILD YELLOWFIN
TUNA STEAKS 280G OR
SUSHI POCKET TUNA
MAYO OR SALMON
TERIYAKI FROZEN 528G
DARNES DE THON
ALBACORE SAUVAGE
PC^{MD} OU THON MAYO
OU SAUMON-TERIYAKI
SUSHI POCKET**
21211819_EA/21702599_EA



bakery deals rising daily

\$5

\$17



**FARMER'S MARKET™
BAR CAKES**
SELECTED VARIETIES
675-770 G
**GÂTEAUX
RECTANGULAIRES
DÉLICIES DU MARCHÉ**
21500612_EA
21500693_EA

\$6



**IN-STORE
CUPCAKES**
CHOCOLATE OR WHITE
6'S
**PETITS GÂTEAUX
EN MAGASIN**
20592676_EA

MINI COOKIES
SELECTED VARIETIES
24'S
MINI-BISCUITS
21596600_EA
21596672_EA



**BAKED
IN-STORE**

4⁵⁰



**PUMPERNICKEL
OR SOURDOUGH
BOULE**
675 G
**BOULE DE
PUMPERNICKEL
OU LEVAIN**
20132458_EA
20653517_EA

**BAKED
IN-STORE**

\$5



ACE BISTRO LOAF
SELECTED VARIETIES
545-640 G
MICHE BISTRO ACE
21707600_EA
21707643_EA

5⁵⁰



**CHEESE SWIRL
OR PIZZA BUNS**
4'S
**PETITS PAINS
TOURBILLONS
AU FROMAGE
OU PIZZAS**
20745112_EA
21541829_EA

**BAKED
IN-STORE**

3⁷⁵



**PC®, BLUE MENU®,
ORGANICS
OR PROTEIN
TORTILLAS**
SELECTED VARIETIES
342-650 G
**TORTILLAS
BIOLOGIQUES OU
PROTÉINES PC®
MENU BLEU™**
20182857_EA
21668817_EA

\$3



PC® NAAN
ORIGINAL OR GARLIC
250 G
NAAN PC®
20321754_EA

\$6



PC® NAAN DIPPERS
CLUB SIZE®
400 G
**BOUCHÉES NAAN
PC®**
20999700_EA

4⁴⁰
/100 G



**PARMIGIANO
REGGIANO CHEESE**
PRODUCT OF ITALY, DELI CUT
**FROMAGE
PARMIGIANO
REGGIANO**
20377023_KG

in the mood for deli-cious

Optimum
Members-Only Price™
\$14
Non-members
16⁵⁰

**PC® DELI CHEESE
SLICES**
SELECTED VARIETIES
500 G
**TRANCHES DE
FROMAGE DE
CHARCUTERIE PC®**
20249826_EA
20249985_EA

Members save \$2.50

PREPARED IN CANADA

SAVE 79¢/100 G

3⁵⁰
/100 G

**PC® OR BLUE MENU®
NATURAL CHOICE
TURKEY SERVICE CASE
MEATS**
SELECTED VARIETIES
**VIANDES DE DINDE
PCMD OU MENU
BLEUMC LE CHOIX
NATURELMC DU
COMPTOIR DE SERVICE**
20059548_KG

PREPARED IN CANADA

GET 2,000[®]
when you
spend "10" on

\$2
back in points

**MARCANGELO
ITALIAN DELI MEATS
SLICED OR CHUBS**
SELECTED VARIETIES
85-300 G
**CHARCUTERIES
ITALIENNES
TRANCHÉES OU
SAUCISSONS
MARCANGELO**
21021491_EA
21706089_EA

3²⁹
/100 G

SARDO BULK OLIVES
VARIABLE WEIGHT
SELECTED VARIETIES
**OLIVES EN VRAC
SARDO**
20127732_EA

Optimum
Members-Only Price™
6⁵⁰
Non-members
7⁵⁰

PC® DIPS
SELECTED VARIETIES
454 G
TREMPETTES PC®
20583725_EA
20584001_EA

Members save \$1

PREPARED IN CANADA

on the run, we got you

SAVE \$3
WHEN YOU BUY 2

2/\$14

OR
\$8.50 EA.

**BENTO CALIFORNIA
ROLLS**
SELECTED VARIETIES
208-250 G
**ROULEAUX
CALIFORNIENS
BENTO**
21638517_EA
21691462_EA

**SPICY CALIFORNIA ROLL
ROULEAU CALIFORNIEN ÉPICE**

\$16

**HAM, ROAST BEEF
AND TURKEY SUB
SANDWICHES**
IN-STORE PREPARED
3'S
**SOUS-MARINS AU
JAMBON, RÔTI DE
BŒUF ET DINDE**
21623664_EA

Order in-store
or online today.

Please place your orders at the
Meals To Go department
24 hours in advance.

party platters

Discover our selection of freshly prepared platters for your next occasion.

**FROM
\$20**



**IN-STORE PREPARED
SANDWICH OR WRAP PLATTERS**
1.23-3.4 KG
**PLATEAUX DE SANDWICHES OU
ROULÉS PRÉPARÉS EN MAGASIN**
21558136_EA

**IN-STORE PREPARED
SANDWICH OR WRAP PLATTERS**
1.2-1.7 KG
**PLATEAUX DE SANDWICHES OU
ROULÉS PRÉPARÉS EN MAGASIN**
21558135_EA

CHICKEN CATERING PLATTERS
SELECTED VARIETIES, COMES WITH CELERY AND CARROTS
SERVED CHILLED, 1.92-3.19 KG
PLATEAUX DE RÉCEPTION DE POULET
21558990_EA

big game bigger value

\$16

**IN-STORE
PREPARED FAMILY
PASTA TRAYS**
SELECTED VARIETIES
900 G-1.1 KG
21038701_EA
21460768_EA



\$9

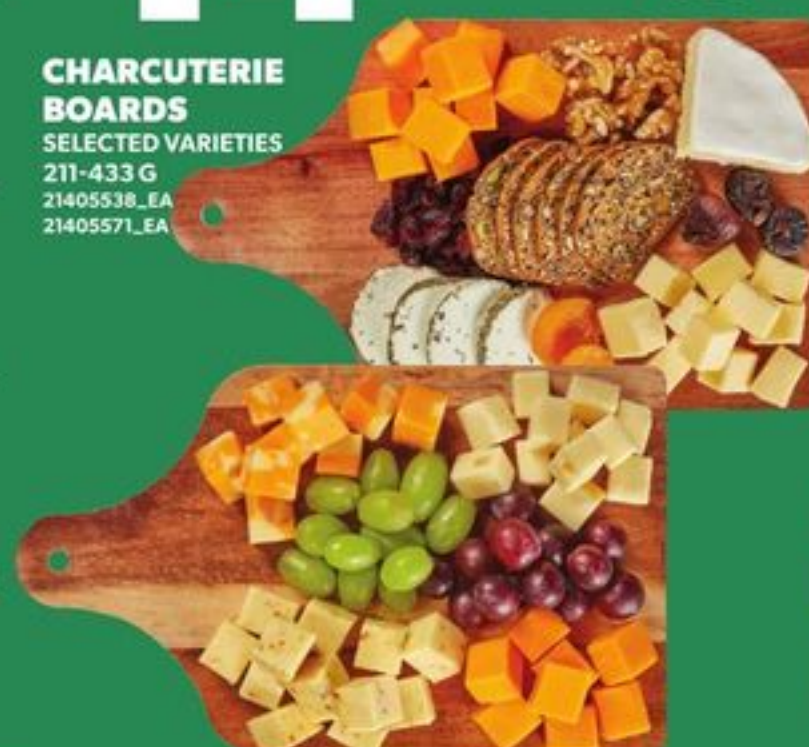
**SUPERBOWL
OR VALENTINE
CANDY APPLES**
PRODUCT OF ONTARIO
21722336001_EA
21663863001_EA



\$14

GET 2,500[®]
back in points

**CHARCUTERIE
BOARDS**
SELECTED VARIETIES
211-433 G
21405538_EA
21405571_EA



\$30

PARTY PLATTER
SELECTED VARIETIES
696 G-1.15 KG
21217539_EA
21217577_EA



\$6

**BOURSIN SOFT
CHEESE**
SELECTED VARIETIES
150 G
20116794_EA
20591214_EA



\$14
Non-members
\$15

**MAPLE LEAF NATURAL
SELECTIONS SLICED
DELI MEAT**
CLUB PACK
SELECTED VARIETIES
375-400 G
20772015_EA
20772016_EA



8\$

GET 1,000[®]
when you buy 2
back in points

**TRE STELLE
MOZZARELLA BALL**
SELECTED VARIETIES
340 G
20189267_EA



\$5
Non-members
\$6

GARDEN FRESH TORTILLAS
397 G OR PC[®] SALSA 430 ML OR
GUACAMOLE 227 G
SELECTED VARIETIES
20325398_EA
20571822_EA
21448092_EA



**BUY 2 OR MORE
\$4**

LESS THAN
2 \$4.50 EA.
**ZIGGY'S[®]
SLICED MEATS**
SELECTED VARIETIES
175 G
21590279_EA
21592461_EA



\$7

**CASTELLO
HAVARTI, CHEDDAR
OR BLUE CHEESE**
SELECTED VARIETIES
125-200 G
20428574_EA
20573932_EA



\$8

**PILLER PEPPERONI
PIZZA TOPPINGS**
SELECTED VARIETIES
175-250 G
20042333_EA
21493437_EA



4⁵⁰

**KAISER OR
PANINI ROLLS**
SELECTED VARIETIES
6'S
21579824_EA
21579825_EA



\$4

**ACE BAKERY
BAGUETTE**
SELECTED VARIETIES
325-400 G
20171711_EA
21314348_EA



3⁵⁰

GARLIC LOAF
330 G
21020061_EA



\$6

**PC[®] MINI VEGETABLE
SAMOSAS 345 G OR
CHICKEN SAMOSAS 288 G**
FROZEN
20581030_EA
20603356_EA



\$13

**PC[®] PUFF PASTRY
OR CHEESE
HORS D'OEUVRE
COLLECTION**
FROZEN
720 G
20116615_EA
202155152_EA



\$9

**PC[®] MOZZARELLA
CHEESE STICKS,
454 G OR TORTILLA
AND JALAPENO
CHEESE
STICKS 345 G**
FROZEN
21116020_EA
21474563_EA



\$11

**PC[®] SHRIMP
APPETIZERS**
SELECTED VARIETIES
FROZEN
340-454 G
20080117_EA
20135874_EA



\$6

**SEAQUEST[®]
COOKED SHRIMP
RING**
FROZEN
227 G
20060289_EA



\$9

**PC[®] THAI BASIL SHRIMP
SPRING ROLLS**
FROZEN
294 G
20950440_EA



big game bigger value

2/\$8

OR
\$5 EA.

**FRIED TORTILLA
CHIPS**
383 G
21534032_EA
215340213_EA



**GET
1,000[®]**
when you buy 2

\$1
back
in points

\$6

**GUACAMOLE 270 G
OR PICO DE GALLO
SALSA 170 G**
PREPARED IN-STORE
21657916_EA
21552223_EA



\$5

**ARMSTRONG
NIBBLERS**
SELECTED VARIETIES
200 G
21530032_EA
21540213_EA



1.50

**UNICO BEANS
OR TOMATOES**
SELECTED VARIETIES
540/796 ML
20313447001_EA
20314629001_EA



\$4

**FRANK'S RED HOT
BUFFALO WING
SAUCE OR
PC® KETCHUP**
SELECTED VARIETIES
750 ML/1 L
20131845_EA
20187632001_EA



BUY

**ONE (1)
TACO BELL
PREMIUM KIT**
SELECTED VARIETIES
401-642 G
20300888_EA
20323181001_EA
FOR \$7



+

**ONE (1)
PC® SALSA**
SELECTED VARIETIES
430 ML
20300888_EA
20323181001_EA
FOR \$4



GET

**GET
4,000[®]**
\$4
back
in points

5.50

**NO NAME®
CHEESE SHREDS**
SELECTED VARIETIES
320 G
21082491_EA
21082795_EA



3.50

**TAKIS ROLLED
TORTILLA CHIPS**
SELECTED VARIETIES
260-280 G
21590350_EA
21715466_EA



3.50

**SNYDER'S OF HANOVER
PRETZEL BITES
RODS MINIS OR STICKS**
SELECTED VARIETIES
240 G
20316052001_EA
20316052002_EA



\$5

**QUE PASA TORTILLA OR
ROLLED TORTILLA CHIPS**
SELECTED VARIETIES
184-350 G
21031316_EA
21674690_EA



\$4

**WONDERFUL PISTACHIOS
ROASTED NO SALT OR
WONDERFUL PISTACHIOS
ROASTED & SALT**
SELECTED VARIETIES
225 G
21018439_EA
21085963001_EA



**SAVE
\$1.58**
WHEN YOU BUY 2

2/\$5

OR
\$3.29 EA.

**NERDS
GUMMY CLUSTER
OR BERRY 142 G OR
JOLLY RANCHER
ROPES 283 G OR
TWIZZLERS
LICORICE 311-454 G**
SELECTED VARIETIES
21664627_EA
21689823_EA



**GET
3,000[®]**
for every '9' spent on

\$3
back
in points

**M&M STAND UP POUCH
CHOCOLATE 155-170 G OR
SKITTLES STAND UP
BAG 255-320 G OR
STARBURST 142-170 G
OR SKITTLES POP'D
FREEZE CANDY 155 G**
SELECTED VARIETIES
21571768_EA
21647110_EA



**SAVE
\$1.98**

WHEN YOU BUY 2

2/\$15

OR
\$8.49 EA.

**COCA-COLA,
CANADA DRY,
PEPSI OR LIPTON
SOFT DRINKS**
SELECTED VARIETIES
12X355 ML
20322361002_C12
20318694002_C12



1.50

JARRITOS
SELECTED VARIETIES
340 ML
20147354007_EA
20147354011_EA



**SAVE
\$2.58**
WHEN YOU BUY 2

2/\$13

OR
\$7.99 EA.

**GATORADE
SPORTS DRINK**
SELECTED VARIETIES
6X591 ML
20303218003_C06
2164179_C06



12.99

CORONA CERO
6X330 ML
21650191_C06



**SAVE
UP TO \$2**

16.99

**BUDWEISER ZERO
NON-ALCOHOLIC
BEER**
SELECTED VARIETIES
12X355 ML
21295370_C12



7.50

**PC® DE-ALCOHOLIZED
WINE**
SELECTED VARIETIES
750 ML
21403389_EA
21403385_EA



game on drinks up!

26⁶⁹

CORONA EXTRA
12X330 ML BOTTLES
213369401_C12



27⁶⁹

MOLSON CANADIAN
12X473 ML CANS
21626675_C12



27⁵⁹

COORS ORIGINAL
12X473 ML CANS
21626691_C12



13⁸⁹

**BUDWEISER
OR BUD LIGHT**
6X473 ML TALL CANS
20955258_C06
20944739_C06



13⁹⁹

COORS LIGHT
6X473 ML CANS
20946471_C06



9²⁹

PABST BLUE RIBBON
6X355 ML CANS
20511426_C06



1⁹⁹

LAKER LAGER
473 ML CAN
20954637_EA



14⁹⁹

MICHELOB ULTRA
6X473 ML TALL CANS
21097258_C06



Only at the following Your Independent Grocer locations (unless otherwise stated) : 455 McNeely Ave., Carleton Place, 4764-17 Regional Rd. 15, Chelmsford, 62 Thames Rd. E., Exeter, 5200 Hwy #69 N., Hanmer, 1521 Hwy #11 W., Hearst, 131 Howland Dr., Huntsville, 273 King St. W., Ingersoll, 55 Brunetville Rd., Kapuskasing, Kemptville Mall Hwy #43 W., Kemptville, 15 McChesney Ave., Kirkland Lake, 200 Grant Carman, Nepean, 55 Scott St., New Liskeard, 1 Laurentian Ave., North Bay, 685 River Rd., Ottawa, 1900 Dixie Rd., Pickering, 1244 Goderich St., Port Elgin, 1893 Scugog St., Port Perry, 44 Great Northern Rd., Sault Ste. Marie, 1251 Main St., Stittsville, 1836 Regent St. S., Sudbury and 654 Algonquin Blvd. E., Timmins.

We reserve the right to limit quantities. **Above retails do not include deposit or tax** and may be subject to change without notice. No rainchecks or substitutions. See in-store or yourindependentgrocer.ca for store hours.

Please drink responsibly & designate a driver. Don't drink & drive.

JANUARY 29 - FEBRUARY 11

LAST CHANCE TO

SAVE BIG

WITH

FEWER
STAMPS

Supplies
are
limited!



Double Redemption

~~40~~ 20 =
stamps

Any **two pieces**
of Ovenware for
60%-80% off each!

COLLECT *& SAVE!* BIG

Offer available for redemption in-store and online at participating Loblaw banner stores until February 11, 2026. 20 digital or paper or a mix of both stamps must be presented to cashier at time of ovenware purchase. Stamps have no cash value and are non-transferrable. Ovenware selection and/or quantities may diminish as completed cards are redeemed. All sales are final. Ovenware is under warranty for 2 years from date of purchase. For full warranty information including warranty exclusions, product replacement process, FAQ's and complete offer details, visit pcoptimum.ca/collectandsave.

Champion-level value, here



7⁹⁹

RITZ MINI SNACK CRACKERS
SELECTED VARIETIES
226 G
21712532_EA
21712595_EA



3⁵⁰

CHRISTIE OREO, CHIPS AHOY OR FUDGE-O COOKIES
SELECTED VARIETIES
170-303 G
21358407_EA
21361508_EA



Optimum
Members-Only Price™
5⁵⁰
Non-members
7⁹⁹

GENERAL MILLS CEREAL FAMILY SIZE
SELECTED VARIETIES
475-778 G
21103492_EA
21103495_EA



\$3

NATURE VALLEY BISCUIT, PROTEIN BARS OR SWEET & SALTY 6'S, 148-210 G OR **FIBRE 1 BARS** 125 G
SELECTED VARIETIES
21213559_EA
21714048_EA



2⁵⁰

CAMPBELL'S CHUNKY SOUP
SELECTED VARIETIES
515 ML
21480447_EA
21480507_EA



\$2

CAMPBELL'S BROTH OR CONCENTRATED BROTH
SELECTED VARIETIES
250/900 ML
20322348002_EA
21347245_EA



Optimum
Members-Only Price™
5⁵⁰
Non-members
7⁹⁹

KELLOGG'S FAMILY SIZE CEREAL
SELECTED VARIETIES
450-650 G
21430741_EA
21651947_EA



SAVE \$1.48
WHEN YOU BUY 2
2/6⁵⁰
OR \$3.99 EA.

CADBURY CHOCOLATE BARS
SELECTED VARIETIES
80-100 G
21648577_EA
21648701_EA



SAVE \$1.08
WHEN YOU BUY 2
2/5⁵⁰
OR \$3.29 EA.

NESTLÉ CHOCOLATE JUNIORS
SELECTED VARIETIES
58-94 G
21648429_EA
21648546_EA



\$3

DARE BRETON CRACKERS OR BITES 132/200 G OR **GRISOL BAGUETTES OR MELBA TOAST** 120-150 G OR **VINTA CRACKERS** 200-225 G
SELECTED VARIETIES
21520666_EA
21646798_EA



\$12

STARBUCKS GROUND COFFEE 311/340 G, **K-CUPS** 10'S OR **INSTANT COFFEE** 90 G
SELECTED VARIETIES
20547343003_EA
20548682004_EA



\$6

CARNATION HOT CHOCOLATE CANISTER
SELECTED VARIETIES
400/450 G
21397690_EA
21549711_EA



6⁵⁰

NESCAFÉ OR TASTER'S CHOICE INSTANT COFFEE
SELECTED VARIETIES
100-170 G
20661811001_EA
20873036_EA



SAVE \$1.98
WHEN YOU BUY 2
2/\$15
OR \$8.49 EA.

PEPSI OR LIPTON
SELECTED VARIETIES
12X355 ML
20322361001_C12
20322361002_C12



SAVE \$2.98
WHEN YOU BUY 2
2/\$13
OR \$7.79 EA.

PEPSI SOFT DRINKS
SELECTED VARIETIES
6X710 ML
20310546002_C06
20310546004_C06



SAVE \$1.98
WHEN YOU BUY 2
2/\$6
OR \$3.99 EA.

ROCKSTAR
SELECTED VARIETIES
473 ML
20368415011_EA



bursting with citrus goodness

Picked Fresh. Enhanced aroma, juiciness & flavour!
Stem & Leaf Clementines are distinguished by the presence of the natural green stem and leaf, which serves as a visual cue of freshness and careful handling. These clementines are typically harvested and packed with extra care, delivering a premium eating experience with every bite.

2⁸⁸
LB

**CLEMENTINE
STEM AND LEAF**
PRODUCT OF SPAIN
6.35/KG
20613483001_KG

\$7

**FARMERS MARKET™
MANDARIN**
PRODUCT OF MOROCCO
OR SPAIN
4 LB
20054025001_EA

\$8

**PC® CARA CARA
ORANGES**
PRODUCT OF MOROCCO
3 LB
20697748001_EA

6⁹⁹

**FARMERS MARKET™
NAVEL ORANGES**
PRODUCT OF MOROCCO OR SPAIN
3 LB
20162945001_EA

\$6

**FARMER'S MARKET™
RED GRAPEFRUIT**
PRODUCT OF TURKEY
3 LB
20118409001_EA

2⁸⁸

RED POMELO
PRODUCT OF CHINA
EACH
20081390001_EA

\$6

**FARMERS MARKET™
LEMONS**
PRODUCT OF U.S.A.
2 LB
20162945001_EA

4⁹⁸
LB

SUMO MANDARINS
PRODUCT OF U.S.A.
10.98/KG
20562570001_KG

Our signature citrus sweets!

\$8



**FARMERS MARKET™
LEMON SQUARES**

400/450 G
21216523_EA



\$30



**8 INCH LA ROCCA
LEMON MOUSSE CAKE**

21496168_EA



\$9



**EXQUISITE COFFEE
CAKES**

21668727_EA



\$8



**FARMER'S MARKET™
LEMON TARTS**

400 G
21619735_EA



\$7



**FARMER'S MARKET™
CRANBERRY LEMON MUFFIN**

6'S
21283360_EA



\$9



**FARMERS MARKET™
LEMON MERINGUE PIE**

21664315_EA



crush fresh cravings

4/\$5

OR
\$1.48 EA.

RED MANGOES
PRODUCT OF PERU
20059635001_EA



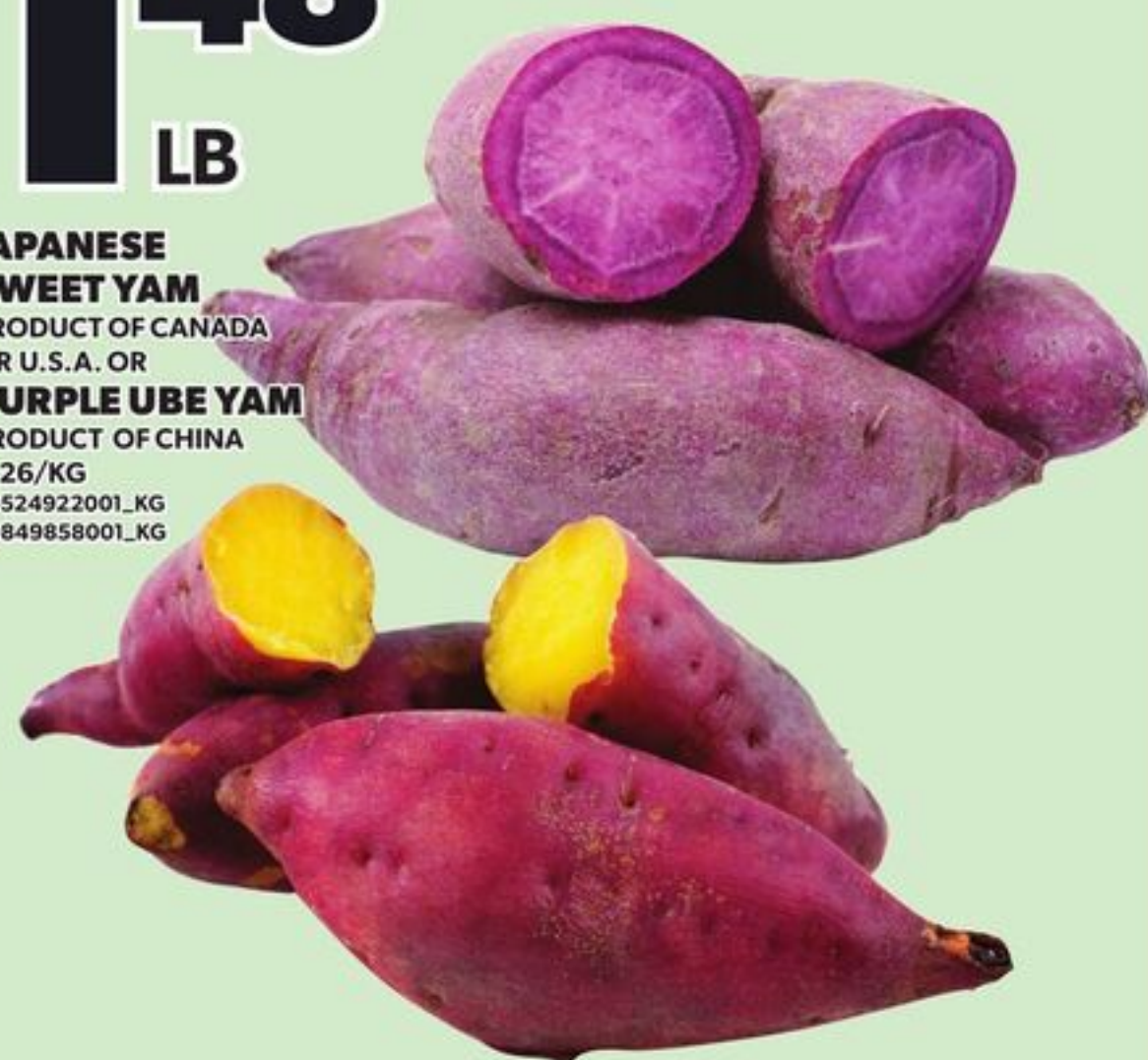
88¢
LB

**TAIWANESE
FLAT CABBAGE**
PRODUCT OF MEXICO
OR U.S.A.
1.94/KG
20020863001_KG



1.48
LB

**JAPANESE
SWEET YAM**
PRODUCT OF CANADA
OR U.S.A. OR
PURPLE UBE YAM
PRODUCT OF CHINA
3.26/KG
20524922001_KG
20849858001_KG



2.50
LB

ROMA TOMATOES
PRODUCT OF CANADA
OR MEXICO
5.51/KG
20143381001_KG



2.98



**FARMER'S MARKET™
RED ONIONS**
PRODUCT OF CANADA,
CANADA NO. 1 GRADE
3 LB
20811362001_EA



your one-stop grocery shop

4⁵⁰

ASTRO YOGURT TUBS 650/750 G OR **PC® ORANGE JUICE** 1.54 L
SELECTED VARIETIES
20165226001_EA
21430531_EA



3⁵⁰

İÖGÖ BUBBLE YOGURT 400 G OR **PILLSBURY READY TO BAKE COOKIE DOUGH** 454/496 G
SELECTED VARIETIES
21719739_EA
21477773_EA



\$14

FERRERO COLLECTION OR ROCHER HEART
SELECTED VARIETIES
16'S
20052252_EA
20726799_EA



\$7

NO NAME® HONEY 500 G OR **SMUCKER'S JAM OR DOUBLE FRUIT SPREAD** 310-500 ML
SELECTED VARIETIES
20129324_EA
20308043001_EA



4⁵⁰

KELLOGG'S PREMIUM CEREAL
SELECTED VARIETIES
317-525 G
20015041_EA
21651958_EA



\$5

CHEF BOMBAY ENTRÉES OR SNACKS 240-354 G OR **PC® ASIAN ENTRÉES OR SOUPS**
BOL-O-GRAINS OR GNOCCHI OR RISOTTO 280-400 G
SELECTED VARIETIES
FROZEN
20973182_EA
21565933_EA



SAVE \$1.58 WHEN YOU BUY 2

2/\$10

OR \$5.79 EA.
NO NAME® OR PC® CHEESE SLICES
SELECTED VARIETIES
210-230 G
21405953_EA
21614277_EA



\$7

BLACK DIAMOND CHEESE SNACKS
SELECTED VARIETIES
12/16'S/252-336 G
20763661_EA
20986474_EA



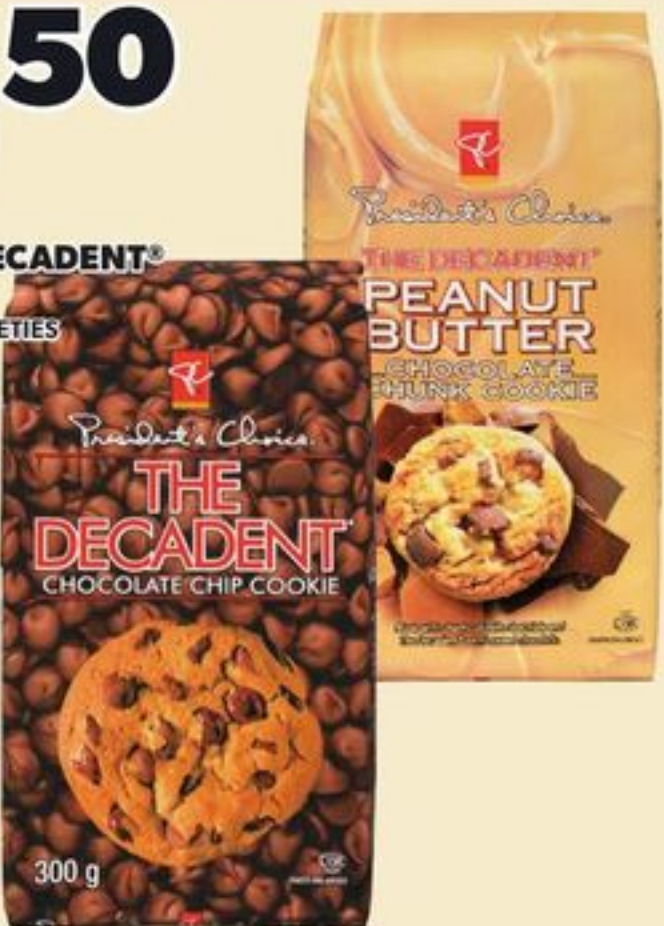
\$5

HELUVA DIPS
SELECTED VARIETIES
250 G
20179979002_EA
20179979001_EA



5⁵⁰

PC® THE DECADENT® COOKIES
SELECTED VARIETIES
210-230 G
20612251_EA
20612257_EA



2⁵⁰

SNACK PACK PUDDING
SELECTED VARIETIES
4X99 G
20310707001_EA
20310707006_EA



SAVE 98¢ WHEN YOU BUY 2

2/\$6

OR \$3.49 EA.
PC® CRACKERS, PITA CRACKERS OR CHEESE TWISTS
SELECTED VARIETIES
100-225 G
20538543002_EA
21348903_EA



\$7

TIM HORTON'S HOT CHOCOLATE TIN 500 G OR **SACHETS** 8'S
SELECTED VARIETIES
20055988_EA
21314158_EA



\$15

BALZAC'S WHOLE BEAN COFFEE 300/340 G OR **RED ROSE TEA BAGS** 210'S
ORANGE PEKOE
SELECTED VARIETIES
20987612_EA
21692175_EA



\$7

INTERNATIONAL DELIGHT COFFEE WHITENER OR COLD FOAM
SELECTED VARIETIES
396-946 ML
20895480002_EA
20895480003_EA



\$2

ST-HUBERT SAUCE
SELECTED VARIETIES
398 ML
20322135001_EA
20322135003_EA



\$6

LYSOL DISINFECTANT SPRAY 350 G, **DISINFECTING WIPES** 75-84'S OR **ALL PURPOSE CLEANER** 950 ML
SELECTED VARIETIES
21449826_EA
21667289_EA



\$8

GLAD INDOOR BUNDLE
SELECTED VARIETIES
12-48'S
21359461_EA
21614172_EA



PRICE DROP†

More ways to save

\$1

NEILSON MILKSHAKE OR MILK2GO
SELECTED VARIETIES
310 ML
21040942_EA
21040956_EA



3⁵⁰

KINGS HAWAIIAN ROLLS
SELECTED VARIETIES AND SIZES
21475970_EA



\$2

PC® DISH SOAP
SELECTED VARIETIES
638/739 ML
21012490_EA
21013091_EA



\$6

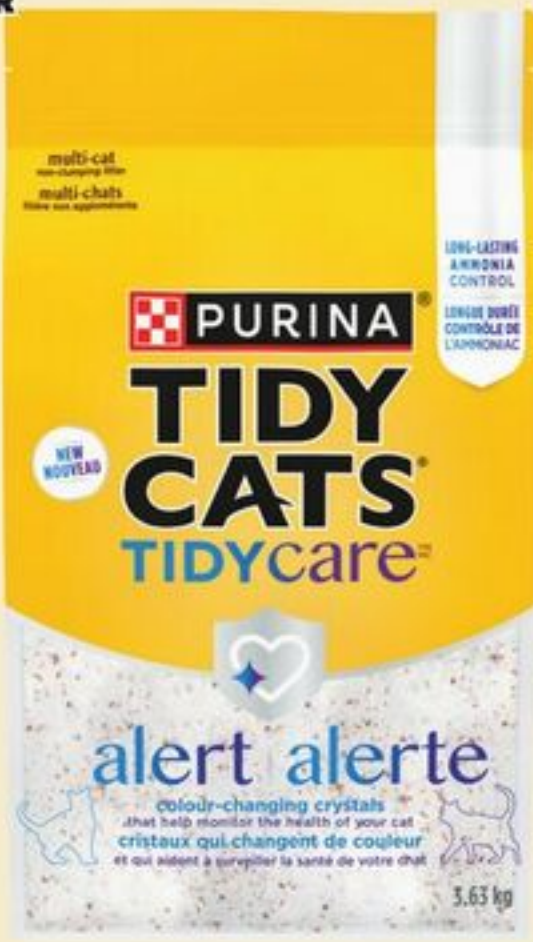
WHISKAS TEMPTATIONS
SELECTED VARIETIES
454 G
2102108_EA



for the love of **pets**

\$30

**TIDY CATS
TIDY CARE
ALERT COLOUR
CHANGING
CRYSTALS
CAT LITTER**
3.63 KG
21581080_EA



\$50

**PURINA ONE
DOG FOOD**
SELECTED VARIETIES
9.5-14 KG
20422765_EA



\$10

**DENTALIFE
DOG TREATS**
SELECTED VARIETIES
408-595 G
21081077_EA



\$10

**BEGGIN' STRIPS
DOG TREATS**
SELECTED VARIETIES
708/850 G
21101589_EA



\$33

CESAR DOG FOOD
SELECTED VARIETIES
24'S
21359656_EA



\$8

**CALEDON FARMS
BAKED OR
CRUNCHY
DOG TREATS**
SELECTED VARIETIES
265/533 G
21659336_EA
21659532_EA



\$11

**MILK-BONE
BRUSHING CHEWS**
SELECTED VARIETIES
537-688 G
21168245_EA



\$11

**MILK-BONE
SOFT AND CHEWY
DOG TREATS**
SELECTED VARIETIES
708 G
21047843_EA



3/6⁹⁹

OR
\$2.49 EA.

**PEDIGREE
DOG FOOD**
SELECTED VARIETIES
375 G
21359778_EA



SAVE
UP TO \$2⁹⁹

\$22

FRISKIES CAT FOOD
SELECTED VARIETIES
7.26/7.5 KG
20912590_CO1



\$42

**PURINA ONE
CAT FOOD**
SELECTED VARIETIES
6.53/7.2 KG
21166641_CO1



5/6²⁵

OR
\$1.69 EA.

**WHISKAS
CAT FOOD**
SELECTED VARIETIES
75 G
20945388_EA



2/\$5

OR
\$2.99 EA.

**FRISKIES PARTY
MIX CAT TREATS**
SELECTED VARIETIES
170 G
20686841_EA



\$9

**PC® EXTRA MEATY
CAT FOOD**
SELECTED VARIETIES
2 KG
21361585_EA



\$17

**PC® NUTRITION
FIRST® CAT FOOD**
SELECTED VARIETIES
2 KG
21303030_EA



naturally good choices

\$4

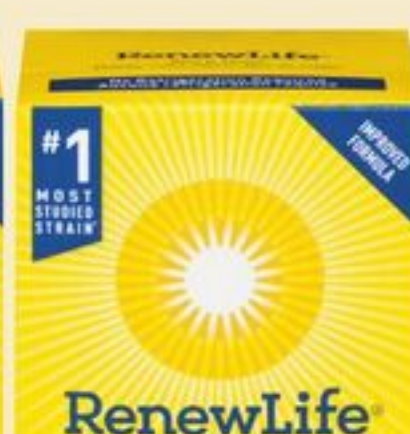
**PC® ORGANICS
PLANT BASED PUFFS**
SELECTED VARIETIES
142 G
21358684_EA/21358688_EA



SAVE

20%

**RENEW LIFE ULTIMATE
FLORA PROBIOTICS,
KIDS PROBIOTICS,
DHA, FIBRESMART OR
CLENAS SMART KIT**
SELECTED VARIETIES, 1-120'S
21448440_EA/21448451_EA



\$19

KIND BAR CASE
SELECTED VARIETIES
12X40 G
2043259002_C12
20784073_C12



SAVE

15%

**BURT'S BEES
PRODUCTS**
SELECTED VARIETIES
AND SIZES
20185122_EA
20354558003_EA
20991047_EA



\$5

**PC® ORGANICS
FROZEN
VEGETABLES**
SELECTED VARIETIES
300-500 G
20416869001_EA
20416869002_EA



SAVE

14%

**LIVIVA
ORGANIC
DRIED
SHIRATAKI**
SELECTED VARIETIES
120 G
21639765_EA
21639786_EA



5⁵⁰

**VIOLIFE
NON DAIRY
CHEESE**
SELECTED VARIETIES
200 G
21339317_EA
21339319_EA



\$3

**NATURA
NON-DAIRY
BEVERAGES**
SELECTED VARIETIES
946 ML
20122818001_EA
20311173002_EA



SAVE

15%

**GOGO
QUINOA PASTA**
SELECTED VARIETIES
170/227 G
20732324001_EA
21380709_EA



\$12



**KICKING HORSE
ORGANIC GROUND
COFFEE**
SELECTED VARIETIES
284 G
20805126001_EA
20805126003_EA



\$6

**THE GOOD CRISP
POTATO CHIPS**
SELECTED VARIETIES
160 G
21535581_EA



\$5

**PC® ORGANICS
TEA**
SELECTED VARIETIES
20'S
21411105_EA/21411143_EA



5⁵⁰

ZEVIA SODA
SELECTED VARIETIES
6X355 ML
21106233_C06
21407494_C06



6⁵⁰

**CLIF ZBAR
ORGANIC ENERGY
SNACK BARS**
SELECTED VARIETIES
5'S/180 G
20872366001_EA
20872366002_EA



7⁵⁰

**WHOLLY VEGGIE
VEGAN SNACKS**
SELECTED VARIETIES, FROZEN
250-375 G
21214616_EA



SAVE

15%

**GENUINE HEALTH
PRODUCTS, GUT
SUPERFOOD,
PROTEINS OR
GREENS OR
KIDS OR ADULT
MULTIVITAMINS**
SELECTED VARIETIES
20008157_EA
21089843_EA
21165190_EA



\$8

COVE SODA
SELECTED VARIETIES
4X355 ML
21515636_C04
21517522_C04



live well, spend less

SAVE
UP TO

25%

METHOD BODY WASH 532 ML,
LIQUID HAND SOAP REFILL
828 ML/1 L OR **DEODORANT** 75 G
OR **HAIR CARE** 399/414 ML
SELECTED VARIETIES
21425299_EA/21640457_EA/21647678_EA



LIMIT 6
AFTER LIMIT
7.49 EA.

\$6

**SOFTSOAP
LIQUID HAND
SOAP REFILL**
SELECTED VARIETIES
1.47 L
21166983_EA
21167194_EA



SAVE
UP TO

20%

**EUCERIN OR
AQUAPHOR
BODY CARE**
SELECTED VARIETIES
AND SIZES
20694196_EA/20856891_EA

GET
6,000^{pts}
when you
spend *25* on

\$6
back
in points



LIMIT 6
AFTER LIMIT
4.99 EA.

\$4

**LIFE BRAND® FLOSS,
FLOSS PICKS,
TOOTHBRUSHES OR
DENTURE CLEANSERS**
SELECTED VARIETIES
AND SIZES
21204647_EA
21359420_EA



SAVE
UP TO

15%

**LUBRIDERM OR
NEUTROGENA
HAND AND
BODY LOTIONS**
SELECTED VARIETIES
AND SIZES
20432375001_EA



SAVE

20%

**NEUTROGENA,
CLEANSERS,
MOISTURIZERS
OR TREATMENTS**
SELECTED VARIETIES
AND SIZES
20853160002_EA



\$6

**PANTENE
SHAMPOO,
CONDITIONER
OR BELLE COLOR
HAIR COLOUR**
SELECTED VARIETIES
AND SIZES
21431192_EA/ 20317076031_EA



SAVE
UP TO

20%

**HEAD &
SHOULDERS
HAIR CARE**
SELECTED VARIETIES
AND SIZES
21505016_EA/21505253_EA



7⁵⁰

**OLD SPICE
DEODORANT** 73-144 G,
SECRET DEODORANT
68-116 G OR **GILLETTE
DEODORANT** 122 G
SELECTED VARIETIES
20757237001_EA/ 21426451_EA

LIMIT 6
AFTER LIMIT
8.99 EA.



3⁵⁰

LIMIT 6
AFTER LIMIT
4.49 EA.

**CREST COMPLETE
TOOTH PASTE** 120 ML, **CREST STAIN ERASER
TOOTH PASTE** 65 ML, **CREST KIDS TOOTH PASTE**
85-100 ML OR **ORAL-B COMPLETE SATIN FLOSS** 50 M
SELECTED VARIETIES
21506784_EA/21354028_EA



Depend®

Protection for dry days & restful nights



\$19⁹⁹
EACH

DEPEND® Underwear
selected varieties and sizes
21302119_EA/21099850_EA

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VICKS®

ALL-IN-ONE COLD & FLU SYMPTOM RELIEF DAY OR NIGHT

save up to
15%

Vicks DayQuil/NyQuil
large size, 6-48's or
2x236 mL-2x354 mL
21048104_EA



To ensure this product is right for you, always read and follow the label.

VICKS®

EFFECTIVE DAYTIME COLD & FLU RELIEF

save up to
15%

Vicks DayQuil/NyQuil
selected varieties
medium size 8-24's
or 91-354 mL
21311621_EA



To ensure this product is right for you, always read and follow the label.

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Depend®

Protection for dry days & restful nights



\$19⁹⁹
EACH

DEPEND® Underwear
selected varieties and sizes
21302119_EA/21099850_EA

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HALEON

Get well.

save up to
20% off

Advil, Buckley's,
Voltaren, Caltrate,
Centrum, Emergen-C,
Tums or Benefiber
selected varieties
and sizes



Stay well.



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GET
2,000^{pts}

\$2
back
in points

Aspirin tablet or Aleve caplet,
gel or roll-on or Drixoral spray
selected varieties and sizes
20117803_EA/21532778_EA/20756765_EA

To be sure this product is right for you, always read and follow the label. *TM see www.bayer.ca/tm-mc

for your home

SAVE
UP TO
25%

PC® SERVEWARE
SELECTED VARIETIES

21564548_EA/21564519_EA



**SPEND \$20
GET \$5 OFF**

**LIFE AT HOME™ SEASONAL
DINNERWARE, SERVEWARE
OR DRINKWARE**
SELECTED VARIETIES

21666930_EA/21666989_EA



GET
3,000 back in points
when you spend \$10* on

**RUBBERMAID
TAKEALONGS
FOOD STORAGE
CONTAINERS**
SELECTED VARIETIES

20112454_EA/21109828_EA



\$6

**NO NAME®
PLASTIC
PARTY CUPS**
SELECTED VARIETIES

50'S

21206257_EA

21206261_EA



7⁵⁰

**NO NAME®
PRINTED LUNCH
OR DINNER PLATES**
SELECTED VARIETIES

40'S

21518845_EA

21518872_EA



\$200

**LIMIT 3
AFTER LIMIT
\$230 EA.**

**NINJA 2 BASKET
AIR FRYER**
8 QT, 6 FUNCTIONS IN 1

21425747_EA

GET
20,000 back in points
when you spend \$20* on



\$10

**EVERYDAY ESSENTIALS™
PLUSH CHECK THROW**
SELECTED VARIETIES

21680103_EA/21680150_EA



\$30

**LIMIT 4
AFTER LIMIT
\$39 EA.**

**EVERYDAY ESSENTIALS™
COMFORTER SET**
SELECTED VARIETIES

21666990_EA/21667038_EA



**BUY ONE (1)
GET ONE (1)
50% OFF**

**PC® METAL BAKEWARE
OR BAKEWARE SETS**
SELECTED VARIETIES

21046113_EA/21154364_EA/21462398_EA

FOR \$19-26



For your valentine

Discover
more value this
Valentine's
Day



SAVE
\$1

\$2

**VALENTINE'S DAY
PACK CARDS**
SELECTED VARIETIES

21679657_EA

21679659_EA



SAVE
\$1

\$3

**VALENTINE'S DAY
PACK CARDS**
SELECTED VARIETIES

21679342_EA



2⁵⁰

**VALENTINE'S DAY
PARTYWARE**
SELECTED VARIETIES

\$1.50-4.50

21681112_EA/21679753_EA

21679575_EA



SAVE
\$1

\$3

**SMALL VALENTINE'S
DAY PLUSH**
SELECTED VARIETIES

21681123_EA

21681124_EA

21681125_EA



SAVE
\$2

\$10

**MEDIUM VALENTINE'S
DAY PLUSH**
SELECTED VARIETIES

21681807_EA

21681808_EA

21681809_EA



SAVE
\$4

\$25

**LARGE VALENTINE'S
DAY PLUSH**
SELECTED VARIETIES

21681695_EA

21681754_EA

21681755_EA



JOE FRESH

THIS WEEK'S
TOP DEALS



**FRESH
PRICE!**

\$19

Adult
Windbreaker



SAVE \$5

on Select Adult
Graphic Styles*

Regular Price \$19 - \$39
Ends February 11
Excludes NHL Styles, Clearance, Brands



NOW
\$20

~~\$25~~

Adult Molson Canadian
Graphic T-Shirt



~~\$25~~
Adult Titanic
T-Shirt

NOW
\$20



~~\$25~~
Adult Muhammad Ali
T-Shirt

NOW
\$20



~~\$39~~
Women's Hello Kitty®
Graphic Sweatshirt

NOW
\$34

EVEN MORE ONLINE & IN-STORE

SHOP NOW

* Visit www.joefresh.com/offerdetails for full details.

START YOUR

ACTIVIA®

GUT

HEALTH

CHALLENGE

2

ACTIVIA

EVERY DAY

FOR

14

DAYS

NEW

4x100g

ACTIVIA®

EXPERT

Supports gut health

pre pro

2.8% M.F.

4x100g

ACTIVIA®

EXPERT

Supports gut health

pre pro

2.8% M.F.

NEW

100g

ACTIVIA®

EXPERT

Supports gut health

pre pro

7.8% M.F.

12x100g

ACTIVIA®

GUT HEALTH

SANTÉ DIGESTIVE

3

2.2% M.F.

100g

ACTIVIA®

GUT HEALTH

3

2.2% M.F.

8x93 mL

ACTIVIA®

Immune system

8x93 mL

\$4

Activia® Expert - 4 x 100 g

21688261_EA/21687900_EA

\$6.50

Activia® Expert - 750 g

21688207_EA

\$7.50

Activia® - 12 x 100 g

20303412001_EA

\$4.50

Activia® - 650 g

20325132003_EA

\$7

Activia® - 8 x 93 mL

21520253_EA

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer. Earn 3,000 PC Optimum™ points for every \$10 spent on participating Activia products. Product availability may vary by store. We reserve the right to limit quantities. We are not obligated to award points based on errors or misprints. Points apply to items sold at individual units and are not awarded per unit when the unit is part of a case pack or variety pack. No cash value. Offer valid from January 1st to February 18th, 2026.

**NO PURCHASE NECESSARY. Open to Canadian resident PC Optimum members who are 14 years or older. Contest ends February 18, 2026 at 12:00 am ET. Members can get an entry for every \$10 spent on any eligible Activia products at participating Atlantic Superstore, Dominion, Fortinos, Loblaws, Maxi, No Frills, Provigo, Le Marché, Shoppers Drug Mart, Valu-Mart, Real Canadian Superstore, Wholesale Club, Your Independent Grocer and Zehrs locations and scan their PC Optimum card at the time of purchase. Prize of 10,000,000 PC Optimum points to be won (that's like \$10,000 CDN in value when redeemed each). Limit of one prize per member. Must correctly answer mathematical skill-testing question. Odds of winning a prize depends on total number of eligible entries received. For full rules/details and how to enter without purchase, visit www.pcoexpress.ca/pcocontest-danone.

PACK YOUR MORNING

WITH PROTEIN

19G OF PROTEIN*

\$7.25

Oikos® - 650 g, 750 g

21305945_EA

3/\$12

OR \$4.99 EA.

Oikos® - 4 x 95 g, 4 x 100 g

20625055_EA

20419715001_EA

\$3.50

Oikos® Pro™ - 300 mL

21651846_EA

*As part of a complete breakfast and balanced diet. Per 175 g serving.

10-HOUR BREW

BOLD AND SMOOTH TASTE

\$7.50

Stok® - 142 L

21203737_EA/21203739_EA

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Your cheese platter

DESERVES ITS OWN HALFTIME SHOW

\$8

L'EXTRA Camembert, Brie NOTRE-DAME 170 g

20016313_EA/21528319_EA

\$3.50

/100 g

OKA L'Artisan Swiss-style, Smoke

20217072_KG/20963094_KG

\$9

OKA Classique, Maple 190 g

20921279_EA/21518485_EA

\$3.50

/100 g

JARLSBERG Cheese

21388103_KG

\$7

ENTREMONT Brie, Camembert 227 g

21692867_EA/21692836_EA

\$3.50

/100 g

L'EXTRA Brie Double Crème Brie

21128235_KG

21157608_KG

\$6

MONSIEUR GUSTAV Double Crème Camembert 125 g

21619307_EA

21619313_EA

\$7

MONSIEUR GUSTAV Cheddar Jalapeño, Smoked 250 g

21547378_EA

21547375_EA

\$7

MONSIEUR GUSTAV Gouda Smoked, Dill Pickle 170 g

21397420_EA

21563404_EA

ONT

3,000 pts

GET

for every \$12* spent on

\$3 back in points

Snack Factory Pretzel Crisps 200 g or Chocolate Pretzel Crisps 155 g

INVITE PRETZEL CRISPS,

They're delicious company

\$6

Snack Factory® Pretzel Crisps® selected varieties 200 g

20948940_EA/21676303_EA

\$8

Snack Factory® Pretzel Crisps® Milk Chocolate Crunch & Milk Chocolate & Caramel Drizzlers selected varieties 155 g

21576322_EA/21576333_EA

\$6

Snack Factory® Pretzel Crisps® Milk Chocolate & Caramel Flavour 200 g

21576322_EA/21576333_EA

\$6

Snack Factory® Pretzel Crisps® Milk Chocolate Crunch 200 g

21576322_EA/21576333_EA

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MOTT'S®

CLAMATO®

Bring on the Flavour

Mott's® Clamato® selected varieties, 1.89 L

\$3.50

20318955002_EA/20318955003_EA

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Budweiser ZERO

OFFICIAL PARTNER OF THE NHL®

GET READY FOR GAMETIME

\$16.99

Budweiser Zero® 12 x 355 mL

21295370_C12

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Our butchers cut quality meat in your store every day!

pork loin schnitzel

21588065_EA

beef meatballs plain

21587897_EA

beef stir fry strips cut from Canada AA grade beef or higher

21588067_EA

pork stir fry strips

21588095_EA

chicken stir fry strips

21588091_EA



Buy all four for \$28:

30 piece wings & wedges bucket
(1.2 - 2 KG, 21541872_EA)

+ PepsiCo Beverages
(1 L, selected varieties 20040201001_EA)

+ Ruffles® potato chips or Doritos® tortilla chips
(180 - 235 G, 21241052_EA)

+ Farmer's Market Mini Cupcakes 12'S
(selected varieties, 21643619_EA)

BIG GAME. BIGGER FLAVOUR.

Roasted Garlic Hummus
283 g
21687331_EA

Traditional Hummus
260 g
20501132_EA

Roasted Red Pepper Hummus
482 g
20872597_EA

Pepper Poivrons
482 g

\$200,000 IN YOUTH HOCKEY EQUIPMENT GRANTS

APPLY AND LEARN MORE
OREOPLAYFUL.CA

OREO CAKESTERS
Snack Cakes
285 g
21639135_EA
21712437_EA

CRISPERS and BITS & BITES
Salty Snacks
145 g
21358333_EA

SOUR PATCH KIDS & MAYNARDS Bags
135-154 g
21545554_EA
21694186_EA

CHRISTIE Crackers
180-200 g
21547034_EA
21547049_EA

Mobile that doesn't break the bank.

Plans starting from \$20/month

Spinach Dip

Visit kraftheinz.com for this recipe and more!

INGREDIENTS

- 1 pkg (250 g) Philadelphia Brick Cream Cheese, softened
- 1 cup sour cream
- 1 env (28 g) ranch salad dressing mix
- 1 pkg (300 g) frozen chopped spinach, thawed, well drained
- 1 can (8 fl oz/227 mL) water chestnuts, drained, chopped
- 1/2 cup chopped red peppers

INSTRUCTIONS

- Mix cream cheese, sour cream and dressing mix in medium bowl until blended.
- Stir in remaining ingredients.
- Refrigerate several hours or until chilled.

Philadelphia Cream Cheese Lactose Free Product
Selected Varieties 227 - 280 g
21314933_EA **\$6.99**

Philadelphia Cream Cheese Product
Selected Varieties 227 - 250 g
20641267_EA **2/9.50** OR \$5.49 EA.

Philadelphia Dips
Selected Varieties 227 g
20299760001_EA **2/9.50** OR \$5.49 EA.

Kraft Singles Process Cheese Product
Selected Varieties 410 g
21188654_EA **\$5.49**

Cheez Whiz Cheese Spread
450 g
Velveeta Process Cheese Product
450 g
Selected Varieties 20659606001_EA **\$6**

\$4

COUNTRY HARVEST BREAD OR BAGELS, SELECTED VARIETIES AND SIZES

DELICIOUS WHOLESOME GRAIN BREADS MADE TO HELP YOU FEEL GOOD FROM THE INSIDE OUT.

TASTE OF SUPER BOWL

Tostitos
LOADED NACHOS
NACHOS GARNIS

PEPSI
ZERO SUGAR | ZÉRO SUCRE

bubly
sparkling water
raspberrybubly.

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OFFICIAL SPONSORS OF SUPER BOWL LX

2/\$15
OR \$8.49 EA.

PepsiCo Beverages
selected varieties 12x355 mL
20322361002_C12/21727271_C12

2/\$8
OR \$5.29 EA.

PepsiCo Beverages
selected varieties 6x222 mL
20857560004_C06/21657888_C06

2/\$7
OR \$3.99 EA.

PepsiCo Beverages
selected varieties 2 L
20296926004_EA/20296926002_EA

2/\$14
OR \$7.99 EA.

bubly™ sparkling water beverage
selected varieties 12x355 mL
21651534_C12/21097177_C12

2/\$14
OR \$7.99 EA.

MONTELLIER® Carbonated Natural Spring Water selected varieties
10x355 mL
21096722_C10/21096704_C10

\$4

Doritos Flavoured Tortilla Chip
Selected Varieties
210 - 235 g
21693042_EA

\$4

Miss Vickie's Kettle Cooked Potato Chips
Selected Varieties
190 - 200 g
21240703_EA

\$3.50

Crispy Minis® brown rice snacks
90 -100 g, any flavour/variety
20303002001_EA

TRUSTED SOFTNESS, BETTER TEAR
*vs. leading 1000-sheet brand

\$18

Charmin
Bath Tissue, 12=48 roll, soft
21707532_EA

cleans Better

\$18

Charmin
Bath Tissue, 12=48 roll, strong
21636641_EA

*vs. Leading Canada 2-ply bath tissue

+50% MORE ABSORBENT
*vs. leading ordinary brand.

\$18

Bounty
Paper Towel, Select A Size, 6=12 roll
21670280_EA

THICKER AND MORE ABSORBENT
*vs. the leading US 2-ply napkin

\$11

Bounty
Napkin 400's
21053171_EA

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FLAVOUR YOU CAN'T FUMBLE
BRING HOME THE BELL

NEW

Taco Bell
Dips
Selected Varieties
425 - 445 g
21722373_EA

\$5

Taco Bell Creamy Sauces
Selected Varieties
354 mL
21661774_EA

2/\$10
OR \$5.99 EA.

Taco Bell
Seasonings
Selected Varieties
28 g
21661785_EA

3/4.98
OR \$2.19 EA.

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Bull's-Eye
BBQ Sauce 425 mL
Diana Sauce
500 mL

\$4

Heinz Beans
or Pasta
Selected Varieties
398 mL
20040380003_EA
20177278006_EA

\$2

Bagel Bites
198 g
20213483001_EA

2/\$7
OR \$3.99 EA.

Happy Lunar New Year

Get ready with your favourite brands

\$6

Tide 25 LD Tide Detergent
25/24 LD, Gain Detergent
32 LD, PODS/Flings 9/12/16's,
Downy/Gain Fabric Softener
39/60 LD, Bounce Sheets 40/80's,
Downy/Gain Beads 141/150 g,
Downy Rinse 473 mL,
Selected Varieties
21579827_EA/20301481003_EA

\$16

Gain Detergent 100 LD, Cheer
Detergent 107 LD, Tide Detergent
52/64 LD, Tide Simply Detergent
107 LD, PODS/Flings 25/42's,
Liquid Softener 96/150 LD,
Sheets 240/180's, Beads
453/515/550 g, Rinse 70 LD,
Selected Varieties
21671135_EA/21549954_EA

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