

Moredays
Moredays
Moredays



Get more points

More savings, more deals, more points

This week only! Jan 29-Feb 4^{**}

For more deal offers visit
www.yourindependentgrocer.ca
or scan



Optimum Moredays

APP EXCLUSIVE OFFER

Member Only Price[™]

\$3

Non-Members

\$5

Members
save
\$2



PC® VEGETABLES
SELECTED VARIETIES
FROZEN
300-750 G
20318915_EA
20314960_EA
*Open your PC Optimum[™] app or
visit pcoptimum.ca to get the offer.

Optimum Moredays

APP EXCLUSIVE OFFER

Members get

2,000^(pts)

\$2
back
in points

\$12

**PC® SPLENDIDO™ COLD PRESSED
OR COLD EXTRACTED DELICATO
EXTRA VIRGIN OLIVE OIL**

SELECTED VARIETIES
1 L
20081865_EA/21401612_EA
*Open your PC Optimum[™] app or
visit pcoptimum.ca to get the offer.



SAVE
UP TO \$1

3⁵⁰

Optimum Moredays

APP EXCLUSIVE OFFER

Members get

3,000^(pts)

when you
buy 2

\$3
back
in points

**PC® OR
BLUE MENU®
ENTRÉES**

SELECTED VARIETIES
FROZEN
212-365 G
20309869_EA
20312253001_EA
*Open your PC Optimum[™] app or
visit pcoptimum.ca to get the offer.



Optimum Moredays

Members get

1,500^(pts)

when you
buy 2

\$1⁵⁰
back
in points

\$5

**MISS VICKIE'S
KETTLE COOKED
POTATO CHIPS
OR SMARTFOOD
READY TO EAT
POPCORN**

SELECTED VARIETIES
150-250 G
20972859_EA
21240703_EA



Optimum Moredays

Members get

3,000^(pts)

when you
buy 2

\$3
back
in points

3²⁹-9⁴⁹

**SILK YOGURT
625-650 G,
NON-DAIRY
BEVERAGES**

1.74-1.89 L,
CREAMERS
450-890 ML OR
SO DELICIOUS
266 ML/500 G
21310391_EA/20315090001_EA



^{**}From January 29–February 4, 2026, at across 4,500+ locations in Canada, the PC Optimum[™] Moredays event will provide PC Optimum[™] members with the opportunity to earn PC Optimum[™] points through special offers and promotions across locations where PC Optimum[™] points can be earned. For a list of participating locations and complete program details, please visit www.pcoptimum.ca/Moredays.

WYIG FLAP 1

Moredays

APP EXCLUSIVE OFFER

Members get
5,000^(pts)
for every \$10*
spent on

\$5
back
in points

**CHEERIOS,
CHEX OR
OATMEAL CRISP**

SELECTED VARIETIES
300-1300 G
20679863_EA
21667577_EA
*Open your PC Optimum™ app or
visit pcoptimum.ca to get the offer.



Moredays

Members get
4,500^(pts)
for every \$20*
spent on

\$4⁵⁰
back
in points

**STARBUCKS COFFEE,
NESPRESSO, NESCAFÉ
CONCENTRATES 500 ML OR
CARNATION HOT CHOCOLATE
CANISTERS 400/450 G OR**

PODS 450 G

SELECTED VARIETIES
21041744_EA
21169344_EA



Moredays

Member Only Price™

\$6

Non-Members
\$7

Members
save
\$1



**MASTRO DELI SLICED
SALAMI**

SELECTED VARIETIES
125-150 G
21061096_EA
21061099_EA

**Must be a registered PC Optimum™
member to load and get this offer.



Moredays

APP EXCLUSIVE OFFER

Members get
1,500^(pts)

\$150
back
in points

\$4

**ZIGGY'S® SLICED
DELI MEATS**

SELECTED VARIETIES

175 G

21590279_EA

21592461_EA

*Open your PC Optimum™ app or
visit pcoptimum.ca to get the offer.



Moredays

Members get
1,000^(pts)

\$1
back
in points

\$4

**CHAPMAN'S SUPER
PREMIUM PLUS
ICE CREAM**

SELECTED VARIETIES

FROZEN

500 ML

21511200_EA

21511147_EA



**PROUDLY CANADIAN
OWNED & OPERATED**



Independent™
Your Independent Grocer

SAVE 42%

\$3 **LB**

**CHICKEN DRUMSTICKS
OR THIGHS**
FAMILY SIZE
6.61/KG
20004494_KG
20058163_KG



SAVE 42%

7.99 **LB**

INSIDE ROUND STEAK
FAMILY SIZE OR ROAST
CUT FROM CANADA AA OR USDA
SELECT GRADE BEEF OR HIGHER
17.61/KG
20812701_KG
20820664_KG

\$12 **LB**

**FRESH STEELHEAD
TROUT FILLETS**
26.46/KG
FRESH SEAFOOD ITEMS
SUBJECT TO AVAILABILITY
21025083_EA



6.99

PC® MANDARINS
PRODUCT OF U.S.A.
3 LB BAG
20864961001_EA



\$4

BLUEBERRIES
PRODUCT OF MEXICO, PERU
OR CHILE OR MOROCCO
PINT
20080137001_EA

\$3



D'ITALIANO BREAD
SELECTED VARIETIES
AND SIZES
20308013_EA
21596468_EA



1.25

**NO NAME®
POTATO CHIPS**
SELECTED VARIETIES
200 G
21302821_EA
21302943_EA



9.88

RED MANGO
PRODUCT OF PERU
CASE
21047849_EA



**9 LB
AVG**

2.97

**CLASSICO
PASTA SAUCE**
SELECTED VARIETIES
410/600 ML
21618217_EA
20325609003_EA



4.50

PC® FROZEN FRUIT
SELECTED VARIETIES
300-600 G
20312227_EA
21377841_EA



6.50



**LIBERTÉ GREEK
TUBS 650/750 G OR
YOPLAIT SOURCE**
16X100 G
SELECTED VARIETIES
20317317001_EA
20642273_EA



\$3

**MADE GOOD
GRANOLA BARS,
DRIZZLED
MORNINGS OR
RICE CRISP BARS**
SELECTED VARIETIES
120-150 G
20797052001_EA
21352121_EA



\$21

**EQUIVALENT TO
88¢
PER BOTTLE**

**GATORADE OR
POWERADE
SPORTS DRINK**
SELECTED VARIETIES
24X591 ML
20954130_C24
20325703_C24



**SAVE
UP TO 51%**



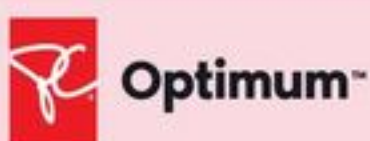
\$7

**PUREX
BATHROOM
TISSUE**
12 DOUBLE ROLLS
OR **SCOTTIES
FACIAL TISSUE** 6'S
SELECTED VARIETIES
20318667_EA
21186225_EA



Flyer prices effective from Thursday, January 29th to Wednesday, February 4th, 2026. SEE BACK PAGE FOR DETAILS.

WB WW WY 1



Get more on **Moredays**

More savings, more deals, more points
This week only! Jan 29-Feb 4**

Moredays

Members get
2,000 pts

\$2
back in points

\$10

**PC® CHOCOLATE
BASQUE OR
BASQUE
CHEESECAKE**
FROZEN
600 G
21687935_EA



Moredays

Members get
1,000 pts

when you
buy 2

\$1
back in points

2/\$8

OR
\$5 EA.
**FRIED
TORTILLA CHIPS**
450 G
21534615_EA



Moredays

Members get
4,000 pts

for every *12*
spent on

\$4
back in points

**NATURE VALLEY
GRANOLA BARS**
SELECTED VARIETIES
130-210 G
21213584_EA
21675994_EA



Moredays

Members get
3,000 pts

when you
buy 2

\$3
back in points

\$4

**PEARL MILLING
COMPANY
PANCAKE MIX**
905 G OR ORIGINAL
SYRUP 710 G
SELECTED VARIETIES
21384573_EA
21391619_EA



Moredays

Members get
10,000 pts

for every *25*
spent on

\$10
back in points

**JAMIESON
VITAMINS OR
SUPPLEMENTS**
SELECTED VARIETIES
AND SIZES
20299993_EA
20303216001_EA



Moredays

Members get
7,500 pts

for every *15*
spent on

\$7.50
back in points

**SCRUBBING
BUBBLES
BATHROOM
CLEANERS,
FANTASTIK,
WINDEX CLEANERS
OR SHOUT STAIN
REMOVERS**
SELECTED SIZES
AND VARIETIES
21666832_EA
20071729_EA



\$6

**CHAPMAN'S
FROZEN YOGURT
OR SORBET**
SELECTED VARIETIES
FROZEN
2 L
20314434001_EA
20529120001_EA



6.75

**PC® ORANGE JUICE
2.5 L OR STOK COLD
BREW COFFEE 1.42 L**
SELECTED VARIETIES
21203739_EA
21531644_EA



6.50

**CRACKER BARREL
CHEESE BARS 400 G OR
SHREDS 250-320 G**
SELECTED VARIETIES
21290384_EA
21290616_EA



\$3

**CAVENDISH FRIES
OR SPECIALTY
POTATOES**
SELECTED VARIETIES
FROZEN
400-750 G
20729779_EA
21584077_EA



2.25

**UNICO PASTA
750 G, PASSATA
680 ML OR PRIMO
PASTA SAUCE 680 ML**
SELECTED VARIETIES
20165260_EA
20794707_EA



1.75

**AYLMER TOMATOES
OR ACCENTS**
SELECTED VARIETIES
540/796 ML
21207587_EA
21207592_EA



\$7



**BECEL
MARGARINE**
SELECTED VARIETIES
637/850 G
21279389_EA
20297818002_EA



7.50

**STARBUCKS
COFFEE ENHANCER**
SELECTED VARIETIES
828 ML
21358473_EA
21436915_EA



\$11

**TIDE DETERGENT
1.62-1.86 L/18-31'S
DOWNY/GAIN
FABRIC SOFTENER
1.66-2.63 L,
DOWNY/GAIN/
IVORY SNOW
BEADS 303/379 G
OR DAWN LIQUID
2.21/2.64 L
SELECTED VARIETIES
21550428_EA
21593782_EA**



90¢

**FANCY FEAST
85 G OR FRISKIES 156 G
CAT FOOD**
SELECTED VARIETIES
20302296001_EA
20316703_EA
20319657001_EA



**PRICE
DROP†**

More ways to save

\$2

RUBICON JUICE
SELECTED VARIETIES
1 L
21529635_EA
21557702_EA



2.50

**DARE VEGGIE
CRISPS**
SELECTED VARIETIES
100 G
20973368_EA
21520207_EA



\$3

**PILLSBURY
TOASTER
STRUDEL 326 G OR
SCRAMBLES 204 G**
SELECTED VARIETIES
FROZEN
20172664001_EA



3.50

**MOTT'S
CLAMATO JUICE**
SELECTED VARIETIES
1.89 L
20318955002_EA



Independent

CUSTOMER RELATIONS 1-800-296-2332. VISIT yourindependentgrocer.ca FOR STORE HOURS.

Please call Customer Relations at 1-800-296-2332 or visit our website at yourindependentgrocer.ca for your store's hours and to see which Your Independent Grocer® locations do not participate in this flyer. Quantities and/or selection of items may be limited and may not be available in all stores. No rainchecks or substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We are not obligated to sell items based on errors or misprints in typography or photography. **Pricing:** All references to "Save, Was, Now, Savings, etc." are in comparison to our own regular prices. Savings on items shown may vary by store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. Coupons must be presented and redeemed at time of purchase. **Trademarks:** ®/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. **Purchase limits:** We reserve the right to limit quantities to reasonable family requirements. **PC Optimum™ Members Only:** Offers are available to valid PC Optimum™ program members. Membership is free. To register, see in-store or visit pcoptimum.ca. Points are not guaranteed in case of errors or misprints. No cash value. See yourindependentgrocer.ca for full program details including redemption restrictions. Minimum redemption is 10,000 points. These offers cannot be combined with any other coupons, discounts, or promotions. No adjustments on previous purchases. We may modify or cancel offers without notice. Product availability may vary by store. While supplies last. **Points Offers:** Receive the specified points when you spend the qualifying amount on the listed products/categories before taxes, after discounts and redemptions, in a single transaction. Taxes apply on purchase amount after discounts. PC Optimum™ pricing is not valid in price match programs for participating Loblaws Inc. banner stores. **Outdoor/Seasonal Items:** Outdoor seasonal items (e.g., lawn and garden) may only be available at select stores. Please check your local store for pricing, limits, and availability. **PRICE DROP Offer:** Valid in-store at participating locations from January 29 - February 25, 2026 before taxes and while quantities last. Applies only to select products. Offer may be modified or cancelled without notice. See in-store for full details.



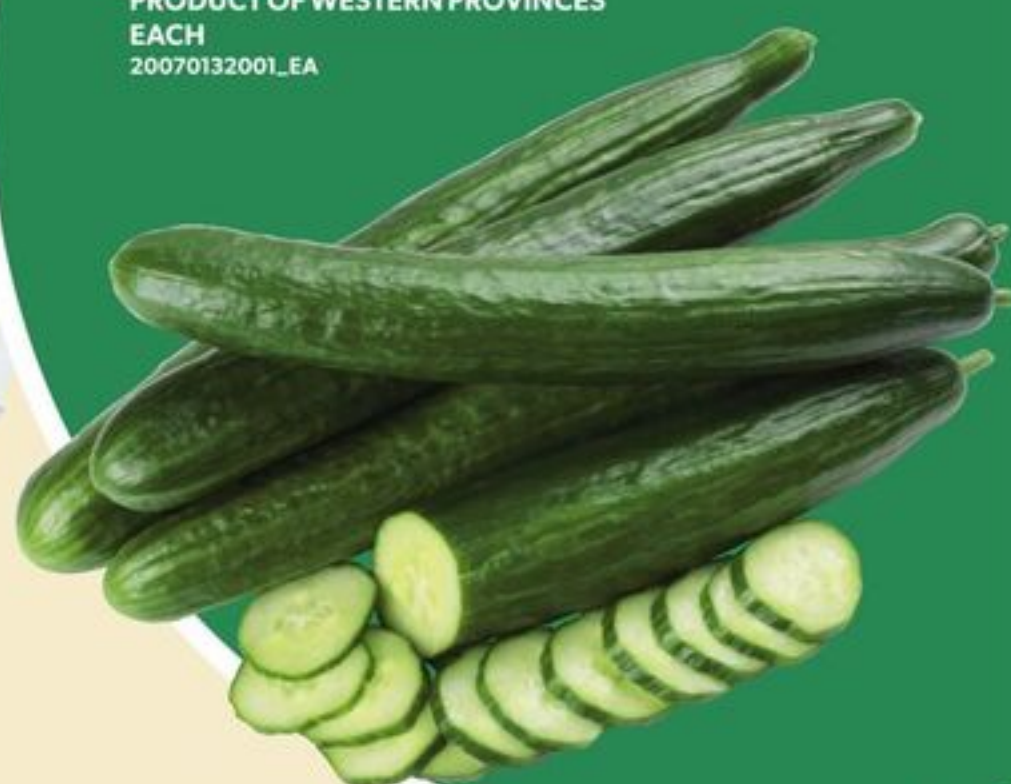
WB WW WY BACK

freshness you can taste,
value you'll love

2²⁵

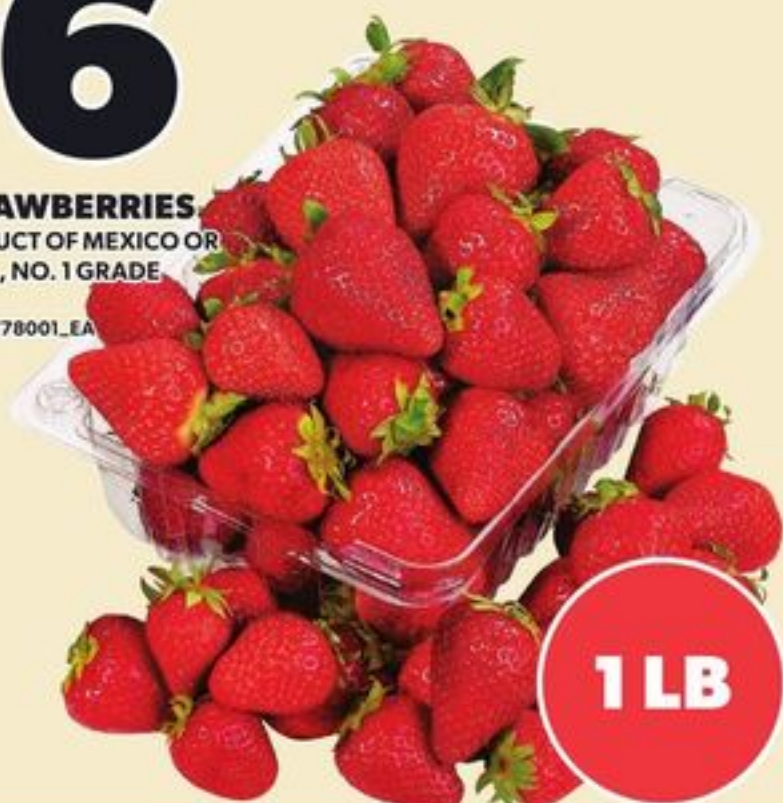


ENGLISH CUCUMBERS
PRODUCT OF WESTERN PROVINCES
EACH
20070132001_EA



\$6

STRAWBERRIES
PRODUCT OF MEXICO OR
U.S.A., NO. 1 GRADE
1 LB
20049778001_EA



1 LB

3⁹⁹
LB

**EXTRA
LARGE**

**PC® EXTRA LARGE
GREEN SEEDLESS
GRAPES** PRODUCT OF
PERU, NO. 1 GRADE OR
**EXTRA LARGE RED
SEEDLESS GRAPES**
PRODUCT OF PERU OR CHILE,
NO. 1 GRADE
8.80/KG
20425775001_KG
20159199001_KG



**SAVE
\$1.98
WHEN YOU BUY 2**

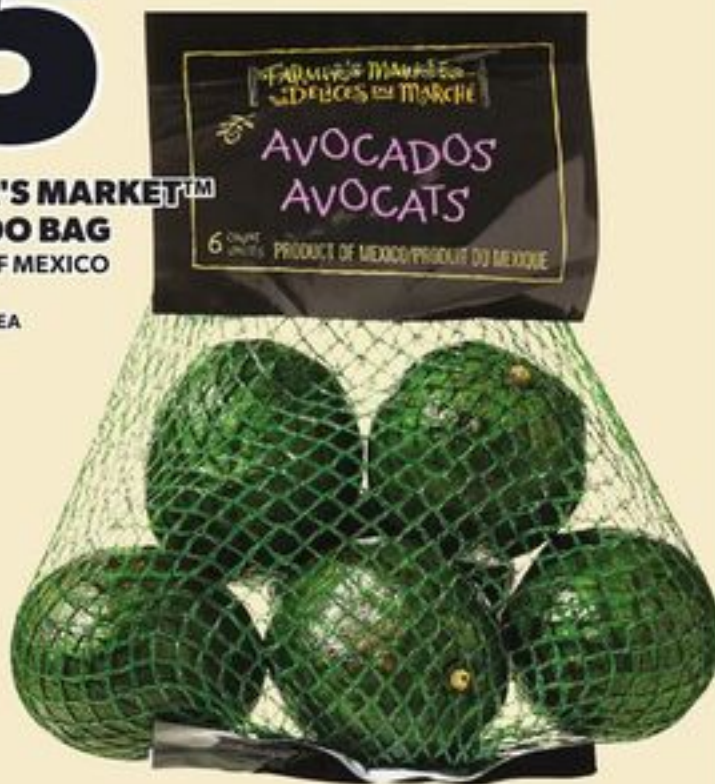
2/\$6

OR
\$3.99 EA.
GREEN KALE
PRODUCT OF MEXICO
OR U.S.A.
20138805001_EA



\$5

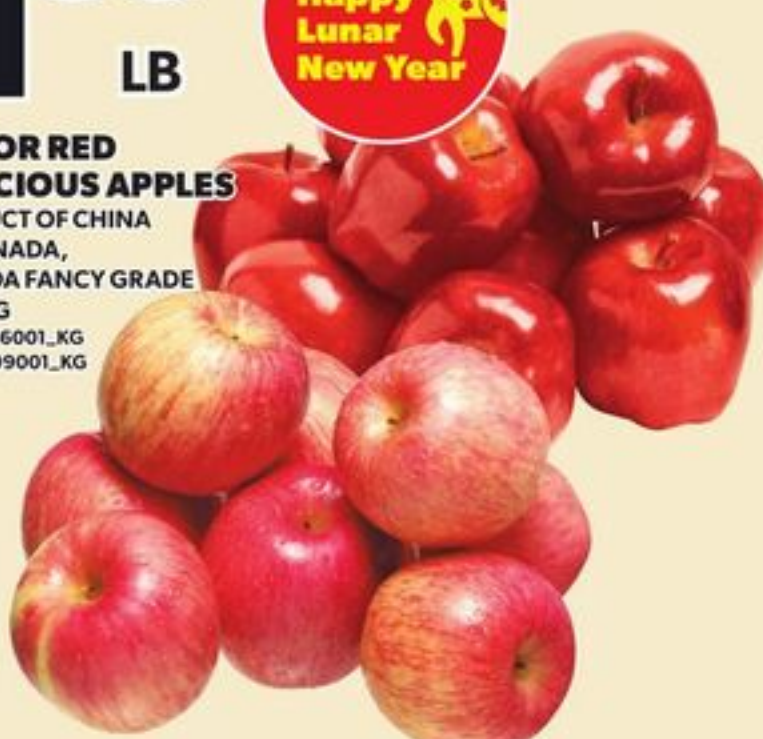
**FARMER'S MARKET™
AVOCADO BAG**
PRODUCT OF MEXICO
6'S
21644936001_EA



1⁸⁸
LB

**Happy
Lunar
New Year**

**FUJI OR RED
DELICIOUS APPLES**
PRODUCT OF CHINA
OR CANADA,
CANADA FANCY GRADE
4.14/KG
20081066001_KG
20073899001_KG



\$3



**FARMER'S MARKET™
CARROTS** 2 LB BAG OR
YELLOW ONIONS 3 LB BAG
PRODUCT OF CANADA,
CANADA FANCY GRADE
20636628001_EA
20811994001_EA



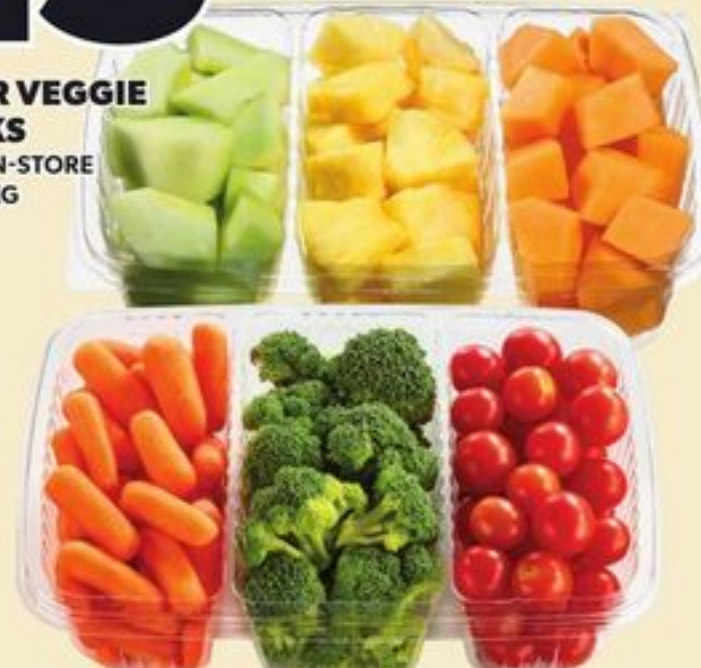
\$5

ROMAINE HEARTS
PRODUCT OF U.S.A.
3'S
20067389001_EA



\$13

**FRUIT OR VEGGIE
TRI PACKS**
PREPARED IN-STORE
706 G-1.02 KG
20022119_EA
21209367_EA



\$25

**PC® SIGNATURE
GIFT BOUQUET**
EACH
21436377_EA



\$8

4 INCH CYCLAMEN
EACH
21713082_EA



**BLOOM
OF THE
MONTH**

\$10

**GERBERA DAISY
BUNCH**
ASSORTED COLOURS
21663438_EA



8⁵⁰

**GRASS FED EXTRA
LEAN GROUND
BEEF**
450 G
21675592_EA



feeling protein power-fuel

\$8

**BEEF STIR FRY
STRIPS**
CUT FROM CANADA AA
GRADE BEEF OR HIGHER
250 G
21588067_EA



**PREPARED
IN-STORE**

\$15



**PC® WHOLE
CHICKEN**
AIR CHILLED
UP TO 1.7 KG
21666198_EA



**air
chilled**

\$7

**MAPLE LODGE
ULTIMATE CHICKEN
SAUSAGES**
SELECTED VARIETIES
375-500 G
21378310_EA
21539970_EA



\$8

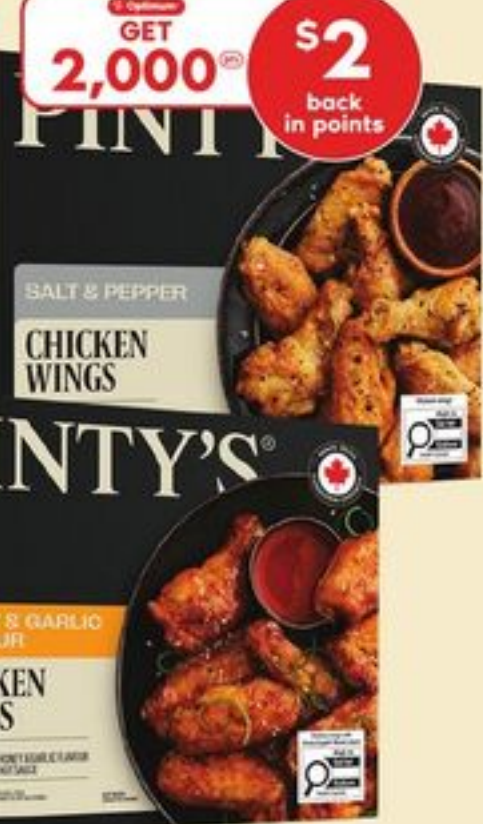


**PC® NATURALLY
SMOKED BACON**
SELECTED VARIETIES
375/500 G
20057892_EA
20152629_EA



\$17

**PINTY'S CHICKEN
WINGS**
SELECTED VARIETIES
700/720 G
21699550_EA
21699708_EA



**GET
2,000⁺**

**\$2
back
in points**

find your catch in seafood

3⁵⁰

**SEAQUEST® CRAB
OR LOBSTER
FLAVOURED
POLLOCK FLAKES
OR CHUNKS**
SELECTED VARIETIES
READY-TO-EAT
227 G
20699832_EA



**SAVE
UP TO \$1.49**

7⁵⁰

**SEAQUEST® BAY
SCALLOPS UNCOOKED**
100-150 PER LB 400 G OR
COLOSSAL PACIFIC
WHITE SHRIMP RAW
ZIPPERBACK® 16-20 PER LB
300 G
FROZEN
21558527_EA
21043887_EA



\$23

**PKG
OF 4**

LOBSTER TAILS
2-3 OZ
FROZEN OR
PREVIOUSLY FROZEN
4'S
21240991_EA



National Croissant Day Friday January 30th

\$8 BUTTER CROISSANTS
12'S
21683000_EA



BAKED
IN-STORE

\$4

MINI CROISSANTS
10'S SELECTED VARIETIES
OR CHOCOLATE CROISSANTS 4'S
21527027_EA
21646636_EA
21646639_EA



BAKED
IN-STORE

\$6

ALL BUTTER CROISSANTS OR RAISIN BRIOCHE SWIRL
SELECTED VARIETIES 4'S
20761827_EA
21719417_EA



BAKED
IN-STORE

\$5

KIMBERLY'S FROSTED COOKIES
WHITE OR UNICORN
383 G
21190203_EA
21531404_EA



\$6

FARMER'S MARKET™ MINI DONUTS
SELECTED VARIETIES
264-342 G
21461952_EA
21461954_EA



2/\$7

OR \$4 EA.
LAROCCA SLICES OR MARIE MORIN DESSERTS OR CHARLOTTE'S PARFAITS
SELECTED VARIETIES
90-212 G
21165251_EA
21624338_EA



\$6

SILVER HILLS BREAD
SELECTED VARIETIES AND SIZES
21047070_EA
21047166_EA



SAVE \$1.48
WHEN YOU BUY 2

2/7.50

OR \$4.49 EA.
CASA MENDOSA OR WONDER TORTILLAS
SELECTED VARIETIES
10 INCH
20318788_EA
20976626_EA



2.50

NO NAME® ENGLISH MUFFINS OR BAGELS
SELECTED VARIETIES
6'S
21313119_EA
21666643_EA



5.50

GET 4,000[®] when you buy 2
\$4 back in points

BABYBEL 6'S OR THE LAUGHING COW 8'S
SELECTED VARIETIES
20319107_EA
20574332_EA



\$8

GET 500[®]

TRE STELLE RICOTTA 475 G, BOCCONCINI OR FETA 200 G
SELECTED VARIETIES
FR
20024992_EA
20093652_EA



SAVE \$1.99

\$9

GRIMMS KOLBASSA DELI SAUSAGES
SELECTED VARIETIES
300 G
21531418_EA
21531801_EA



3.25 /100 G

SERVICE CASE FREYBE SALAMI
SELECTED VARIETIES
20955016_KG



SAVE \$1

\$7

PC® GUACAMOLE
SELECTED VARIETIES
425 G
21448106_EA
21448102_EA



\$45-55

PARTY PLATTERS
SELECTED VARIETIES, MADE TO ORDER
1-2.7 KG
20894860_EA
20895023_EA



on the run, we got you

SAVE \$10

\$20

30 PIECE WINGS & WEDGES BUCKET
1.2-2 KG
21541872_EA
21541877_EA



SERVES 6

\$9

PC® PIE OR QUICHE
SELECTED VARIETIES
550-575 G
21682000_EA
21682154_EA



\$20

IN-STORE PREPARED PULLED PORK BUNS, GYRO OR FAJITA CHICKEN TACO TRAY
970G-1KG
21533648_EA
21696308_EA



daily deals

MONDAY
Chicken Dinner

\$15

ROTISSERIE CHICKEN DINNER COMBO FOR 2
900 G-1 KG
PAIRED WITH TWO SMALL SIDES OF YOUR CHOICE 134-454 G
PREPARED IN-STORE
21086336_EA



TUESDAY
Tender Tuesday

\$12

9-PIECE CHICKEN STRIPS
HOT OR CHILLED
870 G
21336699_EA
21336518_EA



WEDNESDAY
Hump Day Special

2/\$14

OR \$9 EA.
BUY ANY TWO INDIVIDUAL CHICKEN COMBOS WITH ONE SMALL SIDE EACH
361-530 G
21022536_EA/20697881_EA



THURSDAY
Quick Grabs

3/\$14

OR \$6-7 EA.
BUY ANY THREE IN-STORE PREPARED SINGLE SERVE SOFTY, WRAPS OR SUB SANDWICHES
180-299 G
20106224_EA
21623676_EA

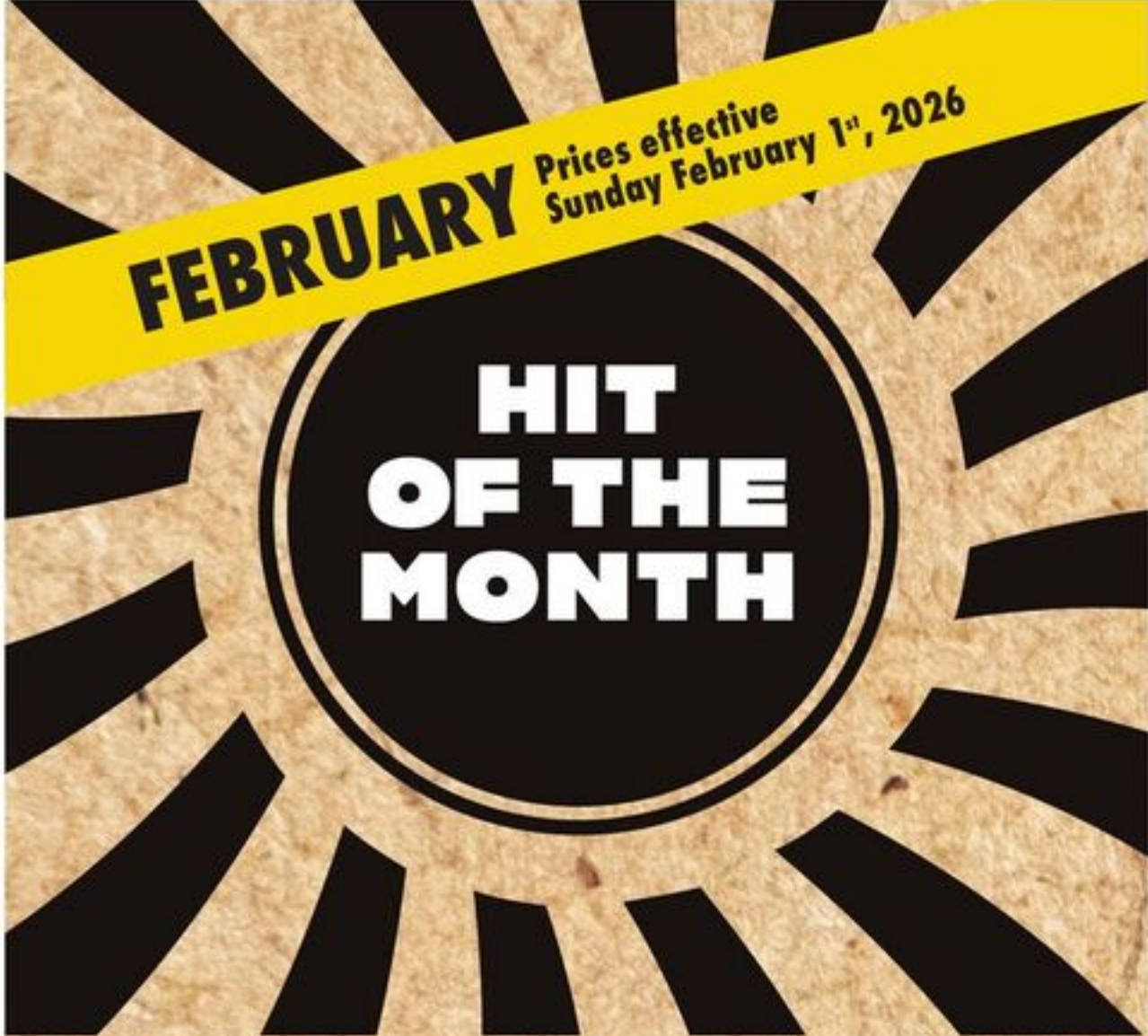


FRIDAY
Pizza Party

2/\$15

OR \$9-10 EA.
BUY ANY TWO IN-STORE PREPARED 12" TAKE AND BAKE PIZZA
SELECTED VARIETIES
21456415_EA
21456401_EA





VACHON SNACK CAKES
SELECTED VARIETIES
AND SIZES
20963606_EA
20976342_EA



CAVENDISH FRIES
SELECTED VARIETIES FROZEN
800 G
21559837_EA
21602936_EA

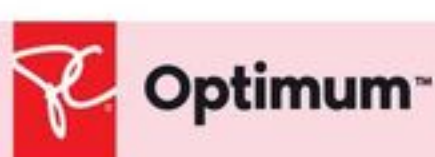


ROYALE TIGER TOWEL PAPER TOWELS
3=6 ROLLS
21484702_EA

See in-store for retails.

LOWEST PRICES
BEST DEALS

As compared to other major grocery retailers within your local areas.
* Must be a registered PC Optimum® member to get this offer.
Valid from February 1 - 28, 2026. While quantities last. See in-store for details.



Get more on

More savings, more deals, more points
This week only! Jan 29-Feb 4"

Moredays
Moredays
Moredays
Moredays

Moredays

Members get **1,000^(pts)** when you buy 2

\$1 back in points

\$4

GREEN GIANT VEGETABLES OR SPECIALTY VEGGIES
SELECTED VARIETIES
FROZEN
283-750 G
21022355_EA
21660433_EA

Moredays

Members get **2,000^(pts)** when you buy 2

\$2 back in points

2/\$11

OR \$6.99 EA.

BEN & JERRY'S
473 ML OR
MAGNUM 3/4'S
SELECTED VARIETIES
FROZEN
20950739_EA
21428403_EA

Moredays

Members get **1,000^(pts)** when you buy 2

\$1 back in points

\$6

ORVILLE POPCORN 6/8'S OR KERNEL JAR
248-850 G
SELECTED VARIETIES
20308686_EA
20629532003_EA

Moredays

Members get **3,000^(pts)** when you buy 2

\$3 back in points

\$4-27

SUNRYPE GOOD BITES OR FRUIT TO GO BITES
SELECTED VARIETIES
112 G-1.11 KG
20305640001_EA
20872742_EA

Moredays

Members get **500^(pts)**

\$16

CRANK WHOLE BEAN COFFEE
SELECTED VARIETIES
340 G
21410099_EA
21410121_EA

Moredays

Members get **1,000^(pts)** when you buy 2

\$1 back in points

\$3

SWISS CHALET OR MONTANA'S READY TO SERVE SOUP
SELECTED VARIETIES
540 ML
21690570_EA
21313335_EA

Moredays

Members get **1,500^(pts)** when you buy 2

\$150 back in points

\$3

PRINGLES SUPER STACKS
SELECTED VARIETIES
148-156 G
21003823_EA
21003833_EA

Moredays

Members get **1,500^(pts)** when you buy 2

\$150 back in points

2/\$7

OR \$3.99 EA.

CHEEZ-IT BAKED SNACK CRACKERS
SELECTED VARIETIES
191/200 G
21214559_EA
21214560_EA

Moredays

Members get **3,000^(pts)** when you buy 2

\$3 back in points

2/\$8

OR \$5 EA.

LIBERTÉ MÉDITERRANÉE
500 G OR YOPLAIT SOURCE
630 G OR PROTEIN 650 G TUBS
SELECTED VARIETIES
21391318001_EA
21473714_EA

Moredays

Members get **5,000^(pts)** when you buy 3

\$5 back in points

5⁵⁰

HÄAGEN DAZS TUBS 414-450 ML, BARS 3/4'S, DRUMSTICKS 4'S OR CONFECTIONARY NOVELTIES 4-10'S
SELECTED VARIETIES
FROZEN
20322380003_EA
2151347_EA

Moredays

Members get **1,000^(pts)** when you buy 2

\$1 back in points

3⁵⁰

PEEK FREANS DIGESTIVE BISCUITS OR CADBURY FINGERS CHOCOLATEY COOKIE BISCUITS
SELECTED VARIETIES
114-350 G
20680381_EA
21631965_EA

Moredays

Members get **1,000^(pts)**

\$1 back in points

6⁴⁹

DARE GRISSOL MELBA TOAST OR BAGUETTES
FAMILY SIZE
SELECTED VARIETIES
220-400 G
20307218001_EA
21623511_EA

Moredays

Members get **2,000^(pts)**

\$2 back in points

6⁹⁹

WILD PLANET SARDINES
SELECTED VARIETIES
125-142 G
21559412_EA
21559421_EA

Moredays

Members get **2,000^(pts)**

\$2 back in points

25⁹⁹

PC® PAPER TOWEL
12 ROLLS
21558605_EA

Moredays

Members get **5,000^(pts)**

\$5 back in points

\$28

5 INCH ORCHID
SELECTED VARIETIES
21607618_EA

Moredays

Members get **3,000^(pts)** when you buy 2

\$3 back in points

8⁹⁹ - 64⁴⁹

WEBBER NATURALS OR SESAME STREET VITAMINS OR SUPPLEMENTS
SELECTED VARIETIES
AND SIZES
20783429_EA
21286687_EA

Moredays

Members get **10,000^(pts)** for every \$30* spent on

\$10 back in points

NATURE'S BOUNTY KIDS VITAMINS OR SUPPLEMENTS 60-175'S OR BOOST READY TO DRINK SHAKE OR KIDS NUTRITIONAL SUPPLEMENT 6X237 ML
SELECTED VARIETIES
AND SIZES
21681253_EA
21020231_EA

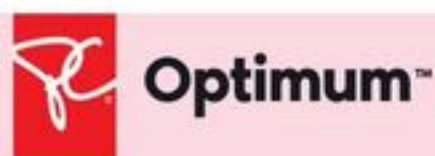
Moredays

Members get **3,500^(pts)** when you buy 2

\$3⁵⁰ back in points

11⁴⁹ - 46⁴⁹

L'IL CRITTER'S FIRST RESPONSE OR VITAFUSION VITAMINS OR SUPPLEMENTS
SELECTED VARIETIES
AND SIZES
20867279_EA
20867280_EA



Get more on

More savings, more deals, more points
This week only! Jan 29-Feb 4"

Moredays Moredays Moredays Moredays

Moredays

Members get **3,000 pts** for every \$15* spent on

\$3 back in points

BILLY BEE HONEY
SELECTED VARIETIES
375 G-1 KG
20724507_EA/20726628_EA

Moredays

Members get **3,000 pts** for every \$6* spent on

\$3 back in points

QUAKER DIPPS AND CHEWY GRANOLA BARS
SELECTED VARIETIES
120-156 G
20847582_EA/21359366_EA

Moredays

Members get **3,000 pts** for every \$15* spent on

\$3 back in points

NUTELLA SPREADS 375 G-1 KG
OR **SNACKS** 138-208 G
20436105_EA/21457401_EA

Moredays

Members get **5,000 pts** for every \$10* spent on

\$5 back in points

KELLOGG'S PREMIUM CEREAL
317-525 G
21604270_EA
21651958_EA

Moredays

Members get **6,500 pts** for every \$30* spent on

\$6.50 back in points

VAN HOUTTE OR MCCAFÉ 10/48%
K-CUPS, VAN HOUTTE ROAST & GROUND 300-340 G, MCCAFÉ ROAST & GROUND 300-875 G, WHOLE BEAN, INSTANT OR NESPRESSO, LAVAZZA K-CUPS 345 G OR KICKING HORSE 10/30%
SELECTED VARIETIES
21238547_EA
21654384_EA

Moredays

Members get **3,000 pts** for every \$12* spent on

\$3 back in points

LECLERC CÉLÉBRATION COOKIES
SELECTED VARIETIES
200-350 G
21648530_EA
21680155_EA

Moredays

Members get **5,000 pts** for every \$15* spent on

\$5 back in points

OCEAN'S TUNA, GOLD SEAL CANNED FISH OR MILLIONAIRES SARDINES
SELECTED VARIETIES
80-418 G
21004270_EA
21005158_EA

Moredays

Members get **4,000 pts** for every \$12* spent on

\$4 back in points

RIO MARE CANNED FISH
SELECTED VARIETIES
100-320 G
20035383_EA
20971498_EA

Moredays

Members get **3,000 pts** for every \$9* spent on

\$3 back in points

MAYNARDS CANDIES OR CADBURY CHOCOLATE
SELECTED VARIETIES EXCLUDE EASTER & VALENTINES
308/315 G
21545817_EA
21648577_EA

Moredays

Members get **5,000 pts** for every \$10* spent on

\$5 back in points

KNORR GRAVY OR SAUCE MIX 22-48 G, BOUILLON CUBES OR POWDERS 63-250 G OR LIQUID CONCENTRATE 250 ML
SELECTED VARIETIES
20297436001_EA
20323323001_EA

Moredays

Members get **3,500 pts** for every \$15* spent on

\$3.50 back in points

CLUB HOUSE DRY GRAVY OR SAUCES, SEASONING BLENDS, SPICE BOTTLES OR TINS OR LA GRILLE SEASONINGS 11-825 G OR **FOOD COLOR OR VANILLA EXTRACTS** 43-250 ML
SELECTED VARIETIES
2030806002_EA
20323721001_EA

Moredays

Members get **3,000 pts** for every \$12* spent on

\$3 back in points

BAKERS CHOCOLATE SQUARES 170/225 G, **JELL-O POWDER** 9.01-85 G, **JELL-O PUDDING** 40-170 G, **MAGIC BAKING POWDER** 225/450 OR **SHAKE N BAKE COATING MIX** 142-160 G
SELECTED VARIETIES
20307001001_EA/20316019001_EA

Moredays

Members get **3,000 pts** for every \$10* spent on

\$3 back in points

BETTY CROCKER SUPERMOIST CAKE MIX 375-404 G OR **FROSTINGS** 340-450 G
SELECTED VARIETIES
20562641007_EA
21547837_EA

Moredays

Members get **4,000 pts** for every \$15* spent on

\$4 back in points

ROBIN HOOD OR FINE ROSES FLOUR 2.5 KG OR 5 KG OR **CARNATION EVAPORATED MILK** 354 ML OR **EAGLE CONDENSED MILK** 300 ML
SELECTED VARIETIES
20039497001_EA
20896887_EA

Moredays

Members get **5,000 pts** for every \$20* spent on

\$5 back in points

FRISKIES DRY CAT FOOD
SELECTED VARIETIES
1.4-7.5 KG
20686851_EA
20912590_C01

Moredays

Members get **10,000 pts** for every \$30* spent on

\$10 back in points

LYSOL CLEANERS OR LAUNDRY, OR FINISH DISHWASHER TABS
21487308_EA

Moredays

Members get **10,000 pts** for every \$40* spent on

\$10 back in points

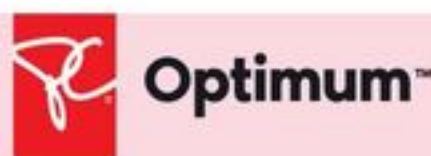
TIDE OR GAIN LAUNDRY DETERGENT OR PODS, DOWNY OR GAIN LIQUID FABRIC SOFTENER, BOUNCE DRYER SHEETS OR DOWNY, GAIN OR IVORY SNOW BEADS, MR. CLEAN CLEANERS, CASCADE DISHWASHER TABS, DAWN DISH DETERGENT OR SWIFFER
21518479_EA
21593670_EA

Moredays

Members get **3,000 pts** for every \$15* spent on

\$3 back in points

COLGATE ORAL CARE PRODUCTS
ALL VARIETIES AND SIZES
21118930_EA
21166717_EA



Get more on

More savings, more deals, more points
This week only! Jan 29-Feb 4**

Moredays
Moredays
Moredays
Moredays

APP EXCLUSIVE OFFERS†

Moredays
APP EXCLUSIVE OFFER
Member Only Price**
2²⁵
Non-Members
\$3

PC® OR BLUE MENU® ENGLISH MUFFINS
SELECTED VARIETIES
6'S
20810728_EA
21015902_EA
*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

Moredays
APP EXCLUSIVE OFFER
Members get
1,500 pts
\$150 back in points
\$6

FARMER'S MARKET™ GREENHOUSE PEPPERS
PRODUCT OF MEXICO
3'S
20085851001_EA
*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

Moredays
APP EXCLUSIVE OFFER
Members get
5,000 pts
\$5 back in points
for every \$10* spent on

PILLSBURY PIZZA POPS OR BITES
380 G-2.85 KG, **TOASTER STRUDEL**
OR SCRAMBLES 204-326 G OR
PILLSBURY REFRIGERATED DOUGH
SELECTED VARIETIES FROZEN
21435996_EA
21505340_EA
20172664001_EA
*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

Moredays
APP EXCLUSIVE OFFER
Members get
2,500 pts
\$250 back in points
for every \$100* spent on

OREO OR CHIPS
AHOY! FAMILY SIZE
COOKIES 303-503 G OR
OREO CAKESTERS
285 G
SELECTED VARIETIES
21014087_EA
21712437_EA
*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

Moredays
APP EXCLUSIVE OFFER
Members get
4,000 pts
\$4 back in points
for every \$10* spent on

PREMIUM PLUS
402-481 G OR
GOOD THINS 100 G
SELECTED VARIETIES
21023024_EA
21109004_EA
*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

Moredays
APP EXCLUSIVE OFFER
Members get
2,000 pts
\$2 back in points
for every \$5* spent on

CRISPERS OR
BITS & BITES
SELECTED VARIETIES
145 G
21358333_EA
21358273_EA
*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

Moredays
APP EXCLUSIVE OFFER
Members get
20,000 pts
\$20 back in points
for every \$50* spent on

PROGRESSIVE, IRON VEGAN, SMART SOLUTION VITAMINS, SUPPLEMENTS OR PROTEIN PRODUCTS
SELECTED VARIETIES AND SIZES
21519271_EA
20618575_EA
*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

Get your first year of PC Express Pass for
\$2/month*

• Unlimited grocery delivery or pickup
• Earn 2% back in (pts) with eligible pickup orders**

Use code **PASS76**

Learn more

*/**Offer valid until February 18, 2026. Conditions apply, \$30 minimum order. Regular price \$99.99/year after your first year.

JOE FRESH

Moredays
Jan. 29 - Feb. 4

Open the app to get your offers.

Members get
20,000 pts
for every \$60 spent on apparel†

APP EXCLUSIVE OFFERS†

Moredays
APP EXCLUSIVE OFFER
Members get
15,000 pts
\$15 back in points
for every \$100* spent on

ANY COMBINATION OF BOSTON PIZZA, DOORDASH, GAP INC. BRANDS, GOOGLE PLAY, THE KEG, AND ULTIMATE DINING CARD GIFT CARDS

Google Play gift card purchases are subject to a \$200 limit. Offer valid in-store only. Subject to availability; selection may vary by store. We reserve the right to limit quantities. See gift card for details, terms & conditions. Offer applies to every \$100 spent on any combination of Boston Pizza, DoorDash, Gap Inc. Brands, Google Play, The Keg, Ultimate Dining Card, Harvey's, and Swiss Chalet cards in a single transaction. Cannot be combined with any other gift card offers. Not valid on prior purchases. PC Optimum points cannot be redeemed toward the purchase of gift cards. All other trademarks are property of their respective owners.

Moredays

3,000 pts

when you spend \$30 or more on fuel.

Jan 29 - Feb 1

Esso™ Mobil™

Open the app to get this offer.
*Conditions apply. Complete details on the PC Optimum™ app or at www.pcoptimum.ca

JANUARY 29 - FEBRUARY 11

LAST CHANCE TO

SAVE BIG

WITH

FEWER
STAMPS

Supplies
are
limited!



Double Redemption

~~40~~ 20 =
stamps

Any **two pieces**
of Ovenware for
60%-80% off each!

COLLECT *& SAVE!* BIG

Offer available for redemption in-store and online at participating Loblaw banner stores until February 11, 2026. 20 digital or paper or a mix of both stamps must be presented to cashier at time of ovenware purchase. Stamps have no cash value and are non-transferrable. Ovenware selection and/or quantities may diminish as completed cards are redeemed. All sales are final. Ovenware is under warranty for 2 years from date of purchase. For full warranty information including warranty exclusions, product replacement process, FAQ's and complete offer details, visit pcoptimum.ca/collectandsave.

bursting with citrus goodness

Picked Fresh. Enhanced aroma, juiciness & flavour!
Stem & Leaf Clementines are distinguished by the presence of the natural green stem and leaf, which serves as a visual cue of freshness and careful handling. These clementines are typically harvested and packed with extra care, delivering a premium eating experience with every bite.

4⁸⁸
LB
CLEMENTINE STEM AND LEAF
PRODUCT OF SPAIN
10.76/KG
20613483001_EA

6⁹⁹
PC® MANDARIN
PRODUCT OF MOROCCO OR SPAIN
3 LB
20864961001_EA

\$9
PC® CARA CARA ORANGES
PRODUCT OF MOROCCO
3 LB
20697748001_EA

7⁵⁰
FARMER'S MARKET™ NAVEL ORANGES
PRODUCT OF MOROCCO OR SPAIN
3 LB
20162945001_EA

\$6
FARMER'S MARKET™ RED GRAPEFRUIT
PRODUCT OF TURKEY
3 LB
20118409001_EA

2⁸⁸
RED POMELO
PRODUCT OF CHINA
EACH
20081390001_EA

\$8
FARMER'S MARKET™ LEMONS
PRODUCT OF U.S.A.
2 LB
21124487001_EA

5⁹⁸
LB
SUMO MANDARINS
PRODUCT OF U.S.A.
13.18/KG
20562570001_KG

Our signature citrus sweets!

\$6
BAKED IN-STORE
IN-STORE LEMON STRUDEL
4'S
21571831_EA

\$30
LA ROCCA 8" LEMON MOUSSE CAKE
21496168_EA

\$6
PREPARED IN CANADA
FARMER'S MARKET™ LEMON POPPY ICED LOAF CAKE
344-400 G
21488954_EA

\$8
PREPARED IN CANADA
FARMER'S MARKET™ LEMON SQUARES
400/450 G
21216523_EA

\$6
PREPARED IN CANADA
FARMER'S MARKET™ MUFFIN LEMON POPPYSEED
4'S
21639400_EA

9⁵⁰
PREPARED IN CANADA
FARMER'S MARKET™ 9" LEMON MERINGUE PIE
21664315_EA

新年快樂 Happy Lunar New Year

APP EXCLUSIVE OFFER

Get **3,000 pts** for every \$15* spent on all T&T items

Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

\$3 back in points

\$4 LB

CHICKEN LEGS
BACK ATTACHED
FAMILY SIZE
8.82/KG
20153925_KG

4²⁸ LB

GRADE A DUCK
FROZEN
9.44/KG
20078881_KG

\$10

SEAQUEST® WHOLE TILAPIA
1.36 KG OR WHOLE
POMPANO 800 G
FROZEN
21591947_EA/21592084_EA

SAVE \$11 LB

5⁸⁸ LB

PORK BELLY PORTION
SKINLESS
12.96/KG
20793502_KG

\$7

T&T® PACIFIC WHITE SHRIMP RAW HO
30-40 PER LB 400 G OR
COOKED 21-25 PER LB 300 G
FROZEN
216898200_EA
21689868_EA

4⁹⁹

O'TASTY DUMPLINGS
SELECTED VARIETIES
FROZEN
567 G
20319243004_EA

19⁹⁹

BOTAN CALROSE RICE
8 KG
20428552_EA

1²⁸

LOTTE PEPERO
SELECTED VARIETIES
32-50 G
20876313_EA
20876314_EA

8⁸⁸

TSURU MAI BROWN RICE
2 KG
20037468_EA

7⁴⁸

SAMYANG BULDAK NOODLES
SELECTED VARIETIES
650 G
21345870_C05

1⁵⁰

NONGSHIM BOWL NOODLES
SELECTED VARIETIES
86 G
20302111001_EA
20594766002_EA

12⁸⁸

BILLY BEE HONEY RED CAP
1 KG
20528715_EA

\$4

KIKKOMAN SAUCE
285-296 ML
20038884_EA

3⁸⁸

ORION TURTLE CHIPS
SELECTED VARIETIES
160 G
21614241_EA

Fresh Fortune

1⁸⁸ LB

ASIAN YELLOW PEARS
PRODUCT OF CHINA
4.14/KG
20035618001_KG

\$3 LB

LOTUS ROOT
PRODUCT OF MEXICO
6.61/KG
20048557001_KG

SAVE 72¢ LB

2²⁸ LB

HAMI MELON
PRODUCT OF GUATEMALA OR MEXICO
5.03/KG
21051297001_KG

1⁹⁸

ATAULFO MANGO
PRODUCT OF MEXICO
20121509001_EA

Lucky Blossoms

\$10

LUNAR NEW YEAR TROPICAL UPGRADE
21369915_EA

16⁸⁸

MONEY TREE
21369944_EA

\$28

5 INCH ORCHID
SELECTED VARIETIES
21607618_EA

GET 5,000 pts back in points

ITEMS AVAILABLE AT THE FOLLOWING YOUR INDEPENDENT GROCERS LOCATIONS: JOLY'S YIG 251 POWDER DRIVE FORT MCMURRAY, ELDHO'S YIG 1792A 9TH AVENUE FERNIE, EDSON'S YIG 4431 4TH AVENUE EDSON, LOBLAW CITY MARKET 658 HOMER STREET VANCOUVER, MACNEIL'S YIG 335 HORNER CRES SASKATOON, PAUL'S YIG 829 MANDALAY BLVD CARSTAIRS, NIEL'S YIG 1341 BROADWAY AVE. REGINA, PARK ROYAL CITY MARKET 845 PARK ROYAL NORTH WEST VANCOUVER, WYKES' YIG #5-303 OGILVIE ST. WHITEHORSE, MILLER'S YIG 7190 KERR STREET VANCOUVER, LONSDALE CITY MARKET 1650 LONSDALE AVENUE NORTH VANCOUVER, MIKE'S YIG 56016 HIGHWAY 28A GIBBONS, MORTADA'S YIG ST. ALBERT #100-925 ST ALBERT TRAIL ST. ALBERT, PETER'S YIG 1835 GORDON DRIVE KELOWNA, CINDY'S YIG 620A SASKATCHEWAN AVE EAST MELFORT, NIELSEN'S YIG 18765 FRASER HIGHWAY SURREY, MICHAEL'S YIG 2815 WANUSKEWIN RD. SASKATOON, INDER'S YIG YELLOWKNIFE 250 OLD AIRPORT ROAD YELLOWKNIFE, SINNOTT'S YIG 3 CLEARVIEW MARKET WAY RED DEER, VAHAGN'S YIG 106 HAWTHORN WAY LEDUC, MARINO'S YIG 5530 SUNSHINE COAST HIGHWAY SECHelt

your **one-stop** grocery shop

\$6

QUAKER MUFFIN OR COOKIE MIX
750-900 G OR
OAT FLOUR
SELECTED VARIETIES
20301064001_EA
21674263_EA

Moredays
Members get **5,000 pts** when you buy 2

\$5 back in points

PROTEIN MUFFIN
OATMEAL CHOCOLATE CHIP
9g PROTEIN
20g FIBRE
750 g

QUAKER
ESTD 1877

\$7

TACO BELL PREMIUM KITS
SELECTED VARIETIES
401-642 G
21663420_EA
21663622_EA

TACO BELL
CHEESY DOUBLE DECKER TACO
TACO CRAWDING KIT
ADD YOUR PROTEIN
481 g

CRUNCHWRAP SUPREME
ADD YOUR PROTEIN
481 g

4⁵⁰

OLD EL PASO DINNER KITS
SELECTED VARIETIES
309-510 G
20795468_EA
20795300_EA

OLD EL PASO
DINNER KIT
FAJITA
400 g

OLD EL PASO
DINNER KIT
HARD TACO
250 g

5⁵⁰

HELLMANN'S REAL MAYONNAISE OR CHICKEN WING DIP
340-445 ML OR
PC® PICKLES 1 L
SELECTED VARIETIES
20433560001_EA
21591867_EA

HELLMANN'S
CHIPOTLE
340 mL

BREAD & BUTTER SUCRÉS
SWEET PICKLES COMBINING SUCRES
PRODUCT OF INDIA-PRODUCT D'INDIE
500 mL

\$2

SWISS CHALET CANNED GRAVY
SELECTED VARIETIES
284 ML
21080164_EA
21080165_EA

SWISS CHALET
Hot chicken sandwich
HOMESTYLE GRAVY
Sauce
STYLE MAISON pour hot chicken
284 mL

DIPPING Sauce À TREMPETTE
284 mL

SAVE 98¢ WHEN YOU BUY 2

2/\$5

OR \$2.99 EA.

NO NAME® CANNED FRUIT
SELECTED VARIETIES
398 ML
20618836_EA
20628585001_EA

fruit cocktail
in mixed fruit juice from concentrate
CHOICE GRAPE
398 mL 14 fl oz

clingstone peach slices
in juice from concentrate
GRADE 1
14 fl oz

4⁵⁰

PC® PICKLES
SELECTED VARIETIES
500 ML
20074106_EA
20324478_EA

PC® PICKLES
HOT & ZESTY PIQUANTS
PRODUCT OF INDIA-PRODUCT D'INDIE
500 mL

BREAD & BUTTER SUCRÉS
SWEET PICKLES COMBINING SUCRES
PRODUCT OF INDIA-PRODUCT D'INDIE
500 mL

2⁷⁵

NO NAME® WAFFLES
SELECTED VARIETIES
FROZEN
8'S
20316375001_EA
20316375002_EA

no name®
blueberry waffles
Simple
280 g

no name®
original waffles
Simple
280 g

\$4

HARDBITE POTATO CHIPS
SELECTED VARIETIES
150 G
20370855001_EA
20370855002_EA

Hardbite
HANDCRAFTED-STYLE CHIPS
CROUSTILLES STYLE ARTISANAL
150 g

ROCK SALT & VINEGAR
SEL GEMME ET VINAIGRE
150 g

ALL NATURAL NATURE
GF

SAVE UP TO \$1⁵⁰

Moredays
Members get **1,000 pts** when you buy 2

\$1 back in points

\$7

DR OETKER SUPREMA 475-520 G
OR **GIUSEPPE STUFFED CRUST PIZZA** 685-771 G
PIZZA OR HIGH LINER FISH OR SHRIMP 315-700 G
SELECTED VARIETIES
FROZEN
20303200001_EA
21649640_EA

suprema
SALAME ROMANO
407 g

FISH STICKS
Crispy Breaded
700 g

SAVE \$2⁹⁸ WHEN YOU BUY 2

Moredays
Members get **5,000 pts** when you buy 4

\$5 back in points

2/\$11

OR \$6.99 EA.

HEALTHY CHOICE STEAMERS OR SIMPLY ENTRÉES
SELECTED VARIETIES
FROZEN
255-306 G
20318616005_EA
20974539_EA

Healthy Choice
Steamers
Grilled Chicken Marinara
255 g

Simply Entrées
Poulet grillé marinara
255 g

\$6

MCCAIN DEEP 'N DELICIOUS CAKES 510 G OR
PC® CHOCOLATE COVERED FRUIT 200 G
SELECTED VARIETIES
FROZEN
20310132002_EA
21544055_EA

Milk Chocolate
Chocolat au lait
STRAWBERRIES-FAISES
200 g

Deep'n'Delicious
CAKES
200 g

\$4

CHAPMAN'S MARKDALE CREAMERY ICE CREAM 2 L
OR **COLLECTION NOVELTIES** 6/8'S
SELECTED VARIETIES
FROZEN
20315236001_EA
20323757001_EA

CHAPMAN'S
Collection
Vanille
2L

MARKDALE CREAMERY
ICE CREAM - CRÈME GLACÉE
Vanille
2L

\$6

SCHNEIDERS® BREAKFAST BITES OR SANDWICHES
SELECTED VARIETIES
FROZEN
204-288 G
21623187_EA
21623288_EA

SCHNEIDERS
Breakfast Bites
Bouchées déjeuner
204 g

SCHNEIDERS
Fast Sandwiches
204 g

17⁹⁹

BUDWEISER ZERO NON-ALCOHOLIC BEER
SELECTED VARIETIES
12X355 ML
21295370_C12

Budweiser
ZERO
FULL-FLAVOURED ZERO ALCOHOL BEER

\$9

FERRERO ROCHER OR COLLECTION HEART
8'S
20131802001_EA
20718470_EA

FERRERO ROCHER
8'S

FERRERO COLLECTION
8'S

SAVE \$1⁰⁸ WHEN YOU BUY 2

2/5⁵⁰

OR \$3.29 EA.

HERSHEY'S CHOCOLATE BARS
SELECTED VARIETIES
90-120 G
20683743_EA
21452986_EA

HERSHEY'S
COOKIES 'N' CREME
100 g

Reese's
BAR BARRE
100 g

\$5

OASIS 100% JUICE BLENDS
SELECTED VARIETIES
8X200 ML
20944313_EA
21004459_EA

OASIS
Hydra Fruit
8 X 200 mL

\$10

ROYALE BATHROOM TISSUE
12 DOUBLE ROLLS OR
FACIAL TISSUE 6'S
SELECTED VARIETIES
21363770_EA
21618478_EA

Royale
Velour
14% extra soft & strong
24x24

Royale
Original
soft touch
24x24

\$21

PUREX BATHROOM TISSUE
SELECTED VARIETIES
24-72 ROLLS
21819854_EA
21443672_EA

Purex
Ultra
24x24

Purex
24x24

\$22

PURINA ONE CAT FOOD
SELECTED VARIETIES
3 KG
21235341_EA

PURINA ONE
INDOOR ADVANTAGE®
NATURAL
3 kg



DIGITAL COUPONS

UP TO
\$50
IN TOTAL
VALUE

More offers. More points.

**CLICK FOR THESE
COUPONS AND MORE**



6,000 points

**When you spend \$40
or more on fresh fruits
or vegetables**

Ends on February 4th, 2026



5,000 points

**When you spend \$30 or more
on meal kits, sandwiches,
prepackaged salads,
cold case salads, soups,
pizza, quiches, pies or wings**

Ends on February 4th, 2026



5,000 points

**When you spend \$20
or more on deli meat &
cheese, selected varieties
and sizes**

Ends on February 4th, 2026



5,000 points

**When you spend \$30 or
more on Pet Department,
includes pet food, treats,
toys & supplies**

Ends on February 4th, 2026



5,000 points

**When you spend \$30 or
more on vitamins and
supplements**

Ends on February 4th, 2026



1,500 points

**PC® Pacific large white shrimp
raw or cooked peeled or raw
Zipperback® 31-40 per lb 400 g or
SeaQuest® whole tilapia 1.36 kg or
whole pompano 800 g frozen**

Ends on February 4th, 2026



500 points

**Life Brand
liquid hand soap
340 mL**

Ends on February 4th, 2026



\$2 off

**no name® flour
selected varieties
10 kg**

Ends on February 4th, 2026



1,000 points

**When you buy 2 or more
no name® tomatoes
selected varieties
796 mL**

Ends on February 4th, 2026

live well, spend less

SAVE UP TO

20%

DOVE BODY WASH 905/950 ML OR BAR SOAP 12X106 G SELECTED VARIETIES \$13-17 21220383_EA/21436871_EA



4⁵⁰

LIMIT 6 AFTER LIMIT 5.99 EA.

NIVEA BODY WASH 500 ML OR DEODORANT ROLL-ON 50 ML OR ANTIPERSPIRANT 51/52 G SELECTED VARIETIES 20321421004_EA/21169899_EA



SAVE UP TO

15%

IVORY BODY WASH OR BAR SOAP SELECTED VARIETIES AND SIZES 3.39-7.49 21432577_EA 20860346002_EA



5⁵⁰

LIMIT 6 AFTER LIMIT 5.99 EA.

CREST TOOTH PASTE 63-200 ML, SCOPE PRO HEALTH OR KIDS 500 ML MOUTHWASH OR ORAL-B MANUAL TOOTHBRUSH 1'S OR FLOSS PICKS 75'S SELECTED VARIETIES 21506728_EA/1568343_EA



6⁵⁰

LIMIT 6 AFTER LIMIT 7.49 EA.

SENSODYNE OR PRONAMEL TOOTH PASTE SELECTED VARIETIES 110/135 ML 20247931002_EA 20432268002_EA



\$6

LIMIT 6 AFTER LIMIT 8.49 EA.

LISTERINE CLASSIC 1 L OR KIDS 500 ML MOUTHWASH SELECTED VARIETIES 20348438001_EA 21356391_EA



2/\$8 OR \$5.49 EA.

DEGREE BAS ANTIPERSPIRANT SELECTED VARIETIES 48-85 G 20296452001_EA 20303942001_EA



SAVE UP TO \$2.49

\$5

AXE BODY SPRAY 113 G, DEODORANT 76/85 G OR BODY WASH 473 ML SELECTED VARIETIES 21042562_EA/21336066_EA



3⁵⁰

LIMIT 6 AFTER LIMIT 4.29 EA.

COLGATE PREMIUM ADULT AND KIDS TOOTH PASTE 70-150 ML OR COLGATE MANUAL TOOTHBRUSH EA. SELECTED VARIETIES 20697448001_EA/21166685_EA



5⁵⁰

DOVE HAIRCARE SELECTED VARIETIES AND SIZES 21018398_EA/21644833_EA



5⁵⁰

HAIR EXPERTISE OR WHOLE BLENDS SHAMPOO OR CONDITIONER SELECTED VARIETIES AND SIZES 20941723_EA/21647282_EA



Members get 6,000 CPB when you spend \$15* on

\$6 back in points

NICE'N EASY, NATURAL INSTINCTS OR COLOR STRONG HAIR COLOUR SELECTED VARIETIES 21082577_EA/21165379_EA



\$9

OGX, MAUI OR AVEENO HAIR CARE SELECTED VARIETIES AND SIZES 20846852_EA/21165324_EA



SAVE UP TO

15%

OLAY SUPER SERUM, REGENERIST MOISTURIZERS OR TREATMENTS SELECTED VARIETIES AND SIZES 21236887_EA



SAVE UP TO

20%

AVEENO BODY LOTIONS SELECTED VARIETIES AND SIZES 20102023003_EA 20301106_EA



live well, spend less

SAVE
UP TO

20%

**NEW NORDIC 30-60'S OR
IRON KIDS CHILDREN'S
60-120'S VITAMINS
OR SUPPLEMENTS
SELECTED VARIETIES AND SIZES**
21707937_EA/20431749001_EA



SAVE
UP TO

25%

**LIFE BRAND VITAMINS
OR SUPPLEMENTS
SELECTED VARIETIES AND SIZES**
21286148_EA/21138896_EA



SAVE
UP TO

20%

**BOOST READY TO
DRINK SHAKES
SELECTED VARIETIES
AND SIZES**
20986361_C06
20990880_C06



SAVE
UP TO

15%

**RESTORALAX
POWDER
119-765 G,
RESTORALAX
FIBRE
GUMMIES
30-140'S
SELECTED VARIETIES
AND SIZES**
20159213_EA
21380900_EA



\$16

**ALEVE OR ASPIRIN
CAPLETS, TABLETS,
GELS OR CHEWS
SELECTED VARIETIES AND SIZES**
21362248_EA/21532770_EA



SAVE
UP TO

15%

**LIQUID I.V. HYDRATION
MULTIPLIER SACHETS
SELECTED VARIETIES AND SIZES**
21592444_EA/21592485_EA



SAVE
UP TO

20%

**U BY KOTEX
TAMPONS
SELECTED VARIETIES
AND SIZES**
21291897_EA
21291969_EA



\$15

**ALWAYS PADS
26-62'S OR LINERS
116-216'S OR TAMPAX
TAMPONS 38-50'S
SELECTED VARIETIES
AND SIZES**
21374646_EA
21606690_EA



\$18

**TENA
UNDERWEAR
OR BRIEFS
SELECTED VARIETIES
AND SIZES**
21033778_EA
21099261_EA



78⁹⁹

**ENFAMIL A+ NEUROPRO OR
GENTLELEASE READY TO FEED
FORMULA SELECTED VARIETIES**
18X 237 ML
21590060_EA/21590568_EA



4/\$5
OR
1.49 EA.

**PC® ORGANICS
BABY FOOD POUCH
SELECTED VARIETIES**
128 ML
21056742_EA
20651248002_EA



\$4

**BABY GOURMET
ORGANIC
PUFFIES, BARS OR
CRUNCHY CROCS
BABY SNACKS
SELECTED VARIETIES**
35-90 G
21442373_EA
21672201_EA



34⁹⁹

**HUGGIES ECONO
PACK DIAPERS
SELECTED VARIETIES
SIZE N-7, 60-200'S**
21456492_EA
21456748_EA



36⁹⁹

**PULL-UPS ECONO PACK
TRAINING PANTS
SELECTED VARIETIES**
66-104'S
21021423_EA
21021427_EA



59⁹⁹

**SIMILAC 360
TOTAL CARE
INFANT FORMULA
LARGE TUBS
SELECTED VARIETIES**
859 G
21697863_EA
21697886_EA



START YOUR

ACTIVIA®

GUT HEALTH CHALLENGE

21

ACTIVIA EVERY DAY

FOR 14 DAYS

Optimum™

\$3

back in points

APP EXCLUSIVE OFFER

Earn

3,000 pts

for every \$10 spent in Activia products*

get entered to win**

10 MILLION pts

That's like

\$10,000!

NEW

\$4

Activia® Expert - 4 x 100 g
21688261_EA/21687900_EA

NEW

\$6.50

Activia® Expert - 750 g
21688207_EA

\$7.50

Activia® - 12 x 100 g
20303412001_EA

\$4.50

Activia® - 650 g
20325132003_EA

\$7

Activia® - 8 x 93 mL
21520253_EA

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer. Earn 3,000 PC Optimum™ points for every \$10 spent on participating Activia products. Product availability may vary by store. We reserve the right to limit quantities. We are not obligated to award points based on errors or misprints. Points apply to items sold at individual units and are not awarded per unit when the unit is part of a case pack or variety pack. No cash value. Offer valid from January 1st to February 18th, 2026.

**NO PURCHASE NECESSARY. Open to Canadian resident PC Optimum members who are 14 years or older. Contest ends February 18, 2026 at 12:00 am ET. Members can get an entry for every \$10 spent on any eligible Activia products at participating Atlantic Superstore, Dominion Fortinos, Loblaws, Maxi, No Frills, Provigo Le Marché, Shoppers Drug Mart, Valu-Mart, Real Canadian Superstore, Wholesale Club, Your Independent Grocer and Zehrs locations and scan their PC Optimum card at the time of purchase. Prize of 10,000,000 PC Optimum points to be won (that's like \$10,000 CDN in value when redeemed each). Limit of one prize per member. Must correctly answer mathematical skill-testing question. Odds of winning a prize depends on total number of eligible entries received. For full rules/details and how to enter without purchase, visit www.pcoexpress.ca/pcocontest-danone.

PACK YOUR MORNING WITH PROTEIN

19G OF PROTEIN*

\$7.25

Oikos® - 650 g, 750 g
21305945_EA

3/\$12

OR \$4.99 EA.

Oikos® - 4 x 95 g, 4 x 100 g
20625055_EA
20419715001_EA

\$3.50

Oikos® Pro™ - 300 mL
21651846_EA

10-HOUR BREW

BOLD AND SMOOTH TASTE

\$7.50

Stok® - 142 L
21203737_EA/21203739_EA

Activia® used under lic. © 2026 Cie Gervais Danone. / Oikos® / Oikos® Pro™ used under lic. © 2026 Danone US, LLC. / Stok® © 2026 WhiteWave Services, Inc. All rights reserved. All rights reserved.

YOU COULD WIN A \$25,000 ICELAND SPA ESCAPE

ENTER TODAY!

BUY
 SNAP
 UPLOAD TO ENTER

\$7

siggis® SKYR YOGURT 650 G - 750 G
SELECTED VARIETIES
21553874_EA

\$4.50

siggis® SKYR YOGURT 4 X 100 G
SELECTED VARIETIES
21659914_EA/21589925_EA

\$3.75

iögo CREAMY DUOS YOGURT, 650 G
SELECTED VARIETIES
21659444_EA/21659465_EA

\$9

iögo CREAMY, 0% OR LACTOSE-FREE YOGURT, 16 X 100 G
SELECTED VARIETIES
21659583001_EA/216522847_EA

\$3.25

iögo nano DRINKABLE YOGURT 6 X 93 ML
SELECTED VARIETIES
21659545_EA/21659687001_EA

\$11

iögo CREAMY YOGURT 2 KG
SELECTED VARIETIES
20636092_EA

\$4.50

ASTRO BLAKAN YOGURT 750 G
SELECTED VARIETIES
21652260000_EA/2165933001_EA

*No Purchase necessary. Correct answer to skill-testing question required from potential winners. Contest starts on Dec 18, 2025, at 12:00:01 a.m. Eastern Time ("ET") and ends on March 12, 2026, at 11:59:59 p.m. ET. There is one (1) Grand Prize available to be won by random draw, consisting of a \$25,000 CAD cash prize. One form of entry for your chance to win is to purchase any Participating Product, submit the purchase receipt, and complete the entry form at www.siggiscontest.ca. For all participating products and full rules, including no purchase entry details, visit: www.siggiscontest.ca. Odds of winning the Prize depends on the number of eligible entries received. Contest is open to Canadian residents in Canada who have reached the age of majority in their province or territory at the time of entry. ©2026 Lactalis Canada. All rights reserved. Trademarks owned or used under license by Lactalis Canada, Toronto ON, M9C 5J1.

Our butchers cut quality meat in your store every day!

pork loin schnitzel
21588065_EA

beef meatballs plain
21587897_EA

beef stir fry strips
cut from Canada AA grade beef or higher
21588067_EA

pork stir fry strips
21588095_EA

chicken stir fry strips
21588091_EA

fontaine santé

PREPARED IN CANADA

FUEL YOUR OLYMPIC WATCH PARTY!

Traditional Hummus 260 g
20501132_EA

Chili-Spiced Hummus 283 g
21667282_EA

Greek Olive Hummus 283 g
21669685_EA

WYIG ONLINE 6

TASTE OF SUPER BOWL

All trademarks and logos are property of their respective owners.

Buy all four for \$28:

- 30 piece wings & wedges bucket (1.2 - 2 KG, 21541872_EA)
- + PepsiCo Beverages (1 L, selected varieties 20040201001_EA)
- + Ruffles® potato chips or Doritos® tortilla chips (180 - 235 G 21241052_EA)
- + Farmer's Market Mini Cupcakes 12'S (selected varieties, 21643619_EA)

ELEVATE YOUR KOMBUCHA

Rise Kombucha
414 mL
21439309_EA/21295362_EA

CANADA'S FAVOURITE KOMBUCHA

\$4

Heat, Plate & Celebrate

Keep Traditions Simple With Flavour Worth Sharing

BEN'S ORIGINAL™ BISTRO EXPRESS™
JASMINE RICE (240-250 g)
selected varieties 21405472_EA

BEN'S ORIGINAL™
Basmati & Jasmine Rice (1.6 kg)
selected varieties 21397550_EA

BEN'S ORIGINAL™ CONVERTED
Long Grain Rice (2.2 kg)
selected varieties 21535549_EA

\$10

\$9

Serving suggestion. © 2026 Mars or Affiliates.

TRUSTED SOFTNESS, BETTER TEAR

*vs. leading US 1-ply bargain brand

\$18

Charmin
Bath Tissue, 12=48 roll, soft, 21707532_EA

Cleans Better

\$18

Charmin Bath Tissue, 12=48 roll, strong, 21636641_EA

*vs. Leading Canada 2-ply bath tissue

+50% MORE ABSORBENT

*vs. leading ordinary brand.

\$18

Bounty
Paper Towel, Select A Size, 6=12 roll, 21670280_EA

THICKER AND MORE ABSORBENT*

*vs. the leading US 2-ply napkin

\$11

Bounty
Napkin 400's, 21053171_EA

© 2026 P&G

Mobile that doesn't break the bank.

Plans starting from \$20/month