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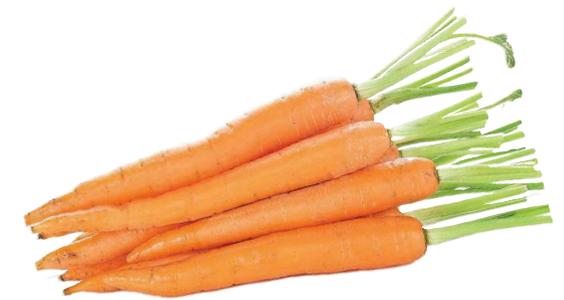
metropolitanmarket.



organic
METROPOLITAN MARKET
WHOLE CHICKEN

Air-chilled, free-range; hatched, raised, harvested USA
Our organic chickens are air-chilled for superior texture and taste. We recommend oven-roasting over a bed of veggies and potatoes to soak up those precious, juicy drippings. Delicious dinner and sensational side dish—done.

3.99lb **SAVE \$0.80**lb



CLIP TOP CARROTS
Grown in USA

0.99lb
SAVE \$0.60lb



organic
JOSIE'S ORGANICS
CHOPPED SALAD KIT
10-12 oz, selected varieties
Grown in USA

4.99
SAVE UP \$1.00



organic
PACIFIC FOODS
BROTH
48 oz
Selected varieties

4.99
SAVE \$1.70



local
YUKON GOLD POTATOES
Grown in Washington

1.49lb
SAVE \$0.80lb



MOMOFUKU
NOODLES
14.12-14.2 oz
Selected varieties

8.99
SAVE \$3.70



organic
ORGANIC VALLEY
SOUR CREAM
16 oz

3.49
SAVE \$1.70



METROPOLITAN MARKET
CIABATTA BAGUETTE
11.25 oz

Baked fresh in-store daily—this rustic Italian loaf is perfect for assembling hearty sandwiches or dunking into your favorite soup.

2.99
SAVE \$1.30



VISTA HERMOSA
TORTILLA CHIPS
9 oz
Blue corn or yellow corn

BUY ONE GET ONE
FREE
SAVE \$7.39 on 2



SANZO
SPARKLING WATER
6-pk, 12 oz, selected varieties

6.99
SAVE UP \$2.20



MARCHESI DI TERREZOLA
MONTEPULCIANO
D'ABRUZZO OR
VERMENTINO
750 ml

8.99
SAVE UP \$9.00



local
PFRIEM
BEER
6-pk, 12 oz, selected varieties

11.99
SAVE \$3.00

Prices effective February 18 - February 24, 2026

see what we're loving ▶▶▶

what we're loving

top picks, latest finds, and seasonal favorites — see what our buyers are excited to share!



METROPOLITAN MARKET THE FRENCH QUARTER VEGAN MUFFULETTA

A spicy, savory standout! Our plant-based take on the New Orleans classic delivers serious flavor with high-quality, acclaimed ingredients—delicious grilled or straight from the prepared foods case.

\$8.99 | save \$1.00



Angela Rihacek
Metropolitan Market
Prepared Foods & Specialty
Cheese Coordinator



WEST COAST DUMPLING COMPANY PIEROGI OR PELMENI

16 oz, selected varieties

Eat a delicious dinner in minutes! These tender, handmade European-style dumplings are bursting with authentic, savory flavor. Add sour cream or a sprinkle of Parmesan for the perfect finishing touch.

\$18.99 | EVERYDAY



John Creed
Metropolitan Market
Center Store Category Manager



METROPOLITAN MARKET SALMON FILLET

Fresh, product of Iceland
Responsibly farmed

Firm in texture and buttery in flavor, this salmon is perfect for a nice dinner, whether you poach it, bake it, or pan-fry it.

19.99 lb
SAVE UP TO \$5.00 lb



METROPOLITAN MARKET CANDIED PECAN FETA KALE SALAD

12.99 lb
SAVE \$4.00 lb



BIRDS EYE STEAMFRESH VEGETABLES

10-10.8 oz
Selected varieties

1.79
SAVE \$0.80



BEEFSTEAK TOMATOES

Hothouse
Grown in Mexico

1.99 lb
SAVE \$2.00 lb



BOB'S RED MILL GRANOLA

11 oz, selected varieties

4.99
SAVE UP TO \$1.90



ICELANDIC PROVISIONS SKYR YOGURT

5.3 oz
Selected varieties

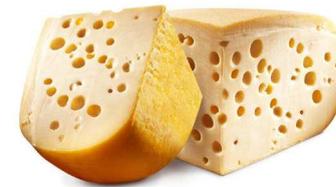
2/\$3
SAVE \$1.58 on 2



LOCAL HIVE HONEY

16 oz
Selected varieties

8.99
SAVE \$3.40



ERMITAGE EMMENTAL CAVE-AGED AOP

18.99 lb
SAVE \$6.00 lb



BLUE ZONES KITCHEN BOWL

8-9 oz
Selected varieties

5.99
SAVE \$4.00



local organic MIDDLE FORK ROASTERS COFFEE

12 oz, selected varieties

14.99
SAVE \$3.50



METROPOLITAN MARKET MINI SHORTBREAD COOKIES

8 oz, selected varieties

7.99
SAVE \$2.00



GOOD DAY CHOCOLATE

8-ct, calm or sleep

3.69
SAVE \$1.00



DAVIDS HYDROXI TOOTHPASTE

4-5.25 oz
Selected varieties

8.99
SAVE \$1.40



TROPICAL SUN BOUQUET

14.99
SAVE \$3.00



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metropolitanmarket®



Prices effective February 18 - February 24, 2026. We reserve the right to limit quantities to retail sales. Product availability may be limited to seasonality and/or weather conditions.

metropolitan-market.com



fresh deals



KUMQUATS

Grown in USA

Kumquats' sweet rind and sour flesh have earned them the nickname "nature's Sour Patch candy," and they can be eaten whole—peel and all. They're associated with Lunar New Year as a symbol of good luck, commonly used as decorations and given as gifts.

7.99^{lb}
SAVE \$2.00^{lb}



METROPOLITAN MARKET

PARMESAN CHICKEN BREAST

Prepared in-house by the Butcher Shop
All-natural, no antibiotics or added hormones
Born, raised, harvested USA

10.99^{lb}
SAVE \$2.00^{lb}



organic

CAULIFLOWER

Grown in USA

1.99^{lb}
SAVE \$1.00^{lb}



METROPOLITAN MARKET BEEF FOR STIR FRY

All-natural, no antibiotics or added hormones
Born, raised, harvested USA

10.99^{lb}
SAVE \$5.00^{lb}



METROPOLITAN MARKET TIGER PRAWNS

16-20 ct, previously frozen
Farm-raised, product of India

16.99^{lb}
SAVE \$4.00^{lb}



METROPOLITAN MARKET MARINATED COOKED PRAWNS

Chili lime or herb
Prepared in-house by the Fish Market
Farm-raised, product of India

17.99^{lb}
SAVE \$2.00^{lb}



organic

GREEN BELL PEPPERS

Grown in Mexico

1.49^{lb}
SAVE \$1.00^{lb}



local

BULBS

Assorted 4-inch potted plants

2/\$8

SAVE \$2.00 on 2



GERBERA DAISY

6-inch potted plant

9.99
SAVE \$4.00



organic
WATER AVENUE
COFFEE CO.
COFFEE
 12 oz
 Selected varieties

13.99
 SAVE \$5.00



STEVEN SMITH
TEAMAKER
TEA
 15-ct, selected varieties

9.99
 SAVE \$2.80



KIND
HEALTHY GRAINS
Oats & Honey Granola
 with Toasted Coconut
GOOD SOURCE OF FIBER
 11 oz
 Selected varieties

5.99
 SAVE \$1.20



KIND
BREAKFAST
Granola Bars
 Honey Oat
 1.8-8.1 oz
 Selected varieties



KIND
ZERO
Granola Bars
 Peanut Butter
 Dark Chocolate
 1.8-8.1 oz
 Selected varieties



KIND
BREAKFAST BARS
 1.4 oz
 Selected varieties

3/\$5
 SAVE \$1.27 on 3



organic
EDEN FOODS
CANNED BEANS
 15 oz
 Selected varieties

2/\$5

SAVE \$2.98 on 2



BONO
OLIVES
 5.6 oz, garlic stuffed or
 9.88 oz, Italian pitted mix

5.99

SAVE \$2.00



organic
JUST ABOUT FOODS
PEANUT BUTTER
 16 oz
 Crunchy or creamy

5.99

SAVE \$2.30



organic
MONTEBELLO
PASTA
 16 oz
 Selected varieties

4.99

SAVE \$1.60



organic
MARY'S GONE CRACKERS
CRACKERS
 4 oz
 Selected varieties

3.99

SAVE \$1.00



organic
ZACK'S MIGHTY
TORTILLA
CHIPS
 7.5 oz
 Selected varieties

4.29
 SAVE \$2.00



UNIQUE
PRETZELS
 11 oz
 Selected varieties

3.99
 SAVE \$1.50



THE GOOD
CRISP COMPANY
POTATO CRISPS
 5.6 oz
 Selected varieties

3.79
 SAVE \$1.10



LOCKER
QUADRATINI
WAFERS
 8.82-8.8 oz
 Selected varieties

4.99
 SAVE \$1.20



organic
THEO
CHOCOLATE
 3 oz
 Selected varieties

5.89
 SAVE \$1.00



ETERNAL
SPRING WATER
 1.5-ltr

2/\$4

SAVE \$2.58 on 2



CRODO
REFRESHING SODA
 4-pk, 11.2 oz
 Selected varieties

4.99

SAVE \$1.00



organic
CULTURE POP
PROBIOTIC SODA
 12 oz
 Selected varieties

3/\$5

SAVE \$3.37 on 3



organic
LAKEWOOD
PURE JUICE
 32 oz
 Selected varieties

6.99

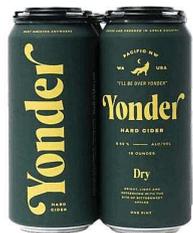
SAVE \$2.80



local
SEATTLE STRONG
NITRO COLD
BREW COFFEE
 12 oz
 Selected varieties

2/\$6

SAVE \$3.98 on 2



local
YONDER
HARD CIDER
 4-pk, 16 oz
 Selected varieties

11.99
 SAVE \$4.00



local
FREMONT BREWING
BEER
 6-pk, 12 oz
 Selected varieties
 Includes non-alcoholic

11.99
 SAVE \$4.00



local
CAVATAPPI
SANGIOVESE OR
PINOT GRIGIO
 750 ml

9.99
 SAVE \$6.00



local
exclusive
SAVOIREUX
CABERNET
SAUVIGNON
OR RED BLEND
 750 ml

16.99
 SAVE \$13.00



SONOMA-CUTRER
CHARDONNAY
 750 ml, Sonoma Coast

24.99
 SAVE \$15.00



METROPOLITAN MARKET
LEMON SHRIMP PASTA SALAD **11.99^{lb}**
 SAVE \$1.00^{lb}



METROPOLITAN MARKET
PATATAS BRAVAS **9.99^{lb}**
 SAVE \$2.00^{lb}



METROPOLITAN MARKET
FRENCH DOUBLE CRÈME BRIE **17.99^{lb}**
 SAVE \$2.00^{lb}



EFFIE'S HOMEMADE CHEESE BISCUITS AND OATCAKES
 7.2 oz, selected varieties

7.49
 SAVE \$0.50



FRANZ NAKED BREAD
 22.5 oz
 Classic white or honey wheat

3.79
 SAVE \$1.70



CHOBANI GREEK YOGURT **1.49**
 5.3 oz
 Selected varieties
 SAVE \$0.30



local organic
WILCOX FARMS LARGE GRADE AA BROWN EGGS **10.99**
 24-ct
 SAVE \$5.00



local
MACRINA BAKERY SHORTBREAD HEART COOKIES **5.99**
 4 oz
 SAVE \$1.00



organic
GRAND CENTRAL BAKING COMPANY CIABATTA LOAF **3.99**
 16 oz
 SAVE \$1.80



ABE'S VEGAN CUPCAKES **5.99**
 12.5 oz
 Vanilla or chocolate
 SAVE \$2.00



gluten-free
CAPPELLO'S PIZZA **9.99**
 11-12 oz, selected varieties
 SAVE \$2.60



WOW BAO BAO BUNS OR SOUP DUMPLINGS **5.99**
 6-10 oz
 Selected varieties
 SAVE UP TO \$3.50



DAY LEE PRIDE SHRIMP SHUMAI DUMPLINGS **4.49**
 7.62 oz
 SAVE UP TO \$1.90



organic
PRANAROM HYDROSOL OR OILS
 2-150 ml or 2 oz
 Selected varieties

20% off
 SAVE UP TO \$5.20



ACURE PRODUCTS **20% off**
 0.5-4 oz
 Selected varieties
 SAVE UP TO \$5.20



IF YOU CARE PARCHMENT BAKING PAPER **6.49**
 70 sq ft, 6.5 sq m
 SAVE \$1.40



IF YOU CARE PAPER SNACK AND SANDWICH BAGS **6.79**
 48-ct
 SAVE \$1.20



COUNTRY SAVE LAUNDRY DETERGENT **12.99**
 50 oz, 80 loads
 SAVE \$3.00



QUILTED NORTHERN BATHROOM TISSUE **6.49**
 4-ct, unscented
 ultra soft and strong
 SAVE \$1.50



TIDE POWER PODS **12.99**
 25-ct, selected varieties
 SAVE \$2.00