



Sale Dates	Mon. Feb 16
Fri. Feb 13	Tues. Feb 17
Sat. Feb 14	Wed. Feb 18
Sun. Feb 15	Thurs. Feb 19

32-21 NEWTOWN AVENUE
CORNER OF 33RD STREET AND 30TH AVE. ASTORIA

STORE HOURS
SUNDAY
8 A.M. - 10 P.M.
MONDAY - SATURDAY
6:30 A.M. - 11 P.M.

FREE IN-STORE DELIVERY
WITH \$30 PURCHASE
SEE STORE FOR DETAILS.

WE ACCEPT
OTC
Network

instacart
SHOP ONLINE WITH US AT
keyfoodurbanmarketplace.instacart.com

564



MEAT

FRESH MEAT CUT DAILY ON PREMISES • ALL OUR BEEF IS USDA CHOICE OR BETTER!

SEAFOOD

Fresh ... Bone In Perial
Whole Pork Shoulder
\$149
lb.

Grade A Perdue Chicken Drumsticks
\$129
lb. Jumbo Pack

Grass Fed Bone In Beef Rib Steaks
\$999
lb.

16 Oz Pkg Antibiotic Free Plainville Farms 94% Lean Ground Turkey
\$699

16 Oz Pkg Beyond Beef Plant-Based Ground
\$799

Farm Raised Fresh Atlantic Salmon Fillet
\$1099
lb. With Club Card. Family Pack - \$9.99/lb

Previously Frozen Flounder Fillets
\$799
lb.

Boneless Center Cut Pork Chops
\$299
lb. Family Pack - 3 Lbs or More

Fresh Pork Tenderloin
\$399
lb.

Bell & Evans Thin Sliced Chicken Cutlets
\$699
lb.

Grade A Perdue Chicken Wings
\$359
lb. Jumbo Pack

USDA Choice Beef Bone In Bottom Round Roast
\$499
lb.

USDA Choice Beef Bone In First Cut Chuck Steaks
\$599
lb.

12 Oz Pkg Apple or Classic Sage Breakfast or Assorted Bilinski's Organic Chicken Sausage
\$699

14 Oz Pkg Hot Italian or Brat Original Beyond Sausage Plant-Based Links
\$799

Farm Raised Basa Swai Fillets
\$499
lb.

10 Oz Cont AquaStar Shrimp Ring
\$699

2 Lb Bag 31-40 Count/Lb Peeled & Deveined AquaStar Raw Shrimp
\$1799

PRODUCE

EAT REAL FOOD • NOTHING IS MORE WHOLE THAN FRUITS & VEGETABLES

Green or Red Seedless Grapes
99¢
lb. With Club Card. Limit 5 Lbs. Without Club Card: \$1.99/Lb.

5 Lb Bag US #1 Russet Potatoes
99¢
With Club Card. Limit 2 Offers. Without Club Card: \$1.99.

8 Oz Bag Fresh Express Spinach
99¢
With Club Card. Limit 2 Offers. Without Club Card: \$1.99.

7.4-8 Oz Cont ... Assorted Family Size Little Leaf Farms Salad Kits
\$499

Northwest Premium Honeycrisp Apples
\$299
lb.

2 Lb Bag California Raspberry Oranges
\$399

US #1 North Carolina Sweet Potatoes
99¢
lb. With Club Card.

Green, Yellow or Grey Squash
\$169
lb. With Club Card.

8 Oz Pkg Giorgio Whole White Mushrooms
\$199

Long Green Asparagus
\$299
lb. With Club Card.

6 Count Pkg Mini Persian Cucumbers
\$399

11.5-12 Oz Jar Assorted Marie's Salad Dressing
\$399

12 Fl Oz Can Assorted Culture Pop Probiotic Soda
2/\$4
Plus Deposit Where Applicable.

16 Fl Oz Btl Assorted GT's Kombucha
2/\$7

DELI

LENTEN FRIENDLY FAVORITES

READY-TO-GO MEALS

Boar's Head® Maple Glazed Honey Coat Ham
\$999
lb. With Club Card. Sliced To Order

Fresh Cut Yellow or White Great Lakes New York Cheddar
\$699
lb. Sold By The Piece

Fresh Baked 12-14 Oz Bag Italian Bread
\$399

20 Oz Pkg ... 4 Count Fresh Baked Croissants
\$399

14 Oz Pkg ... 20 Count Apple, Raspberry, Blueberry Cheese or Raspberry Cheese Fresh Baked Puffs
\$599

14 Oz Pkg ... 2 Count Spinach Pie
\$999

Egg Salad
\$699
lb.

Seafood Salad
\$599
lb.

Tuna Salad
\$899
lb.

24 Oz Pkg Rice & Beans With Baked Chicken Leg & Vegetables
\$899

20 Oz Pkg BBQ Spareribs With Mac & Cheese
\$1099

DIGITAL COUPON SAVINGS!

4-6 Oz Cont Assorted Yoplait Yogurt
SALE PRICE: 10/\$6
DIGITAL COUPON: -\$2.00 OFF 10
FINAL COST: 10/\$4
WITH CLUB CARD. LIMIT 4 OFFERS. MUST BUY 10.

42.2 Fl Oz Btl Assorted Varieties Coca-Cola 1.25 Liters
SALE PRICE: 4/\$6
DIGITAL COUPON: -\$1.00 OFF 4
FINAL COST: 4/\$5
WITH CLUB CARD. LIMIT 1 OFFER. MUST BUY 4.

24-96 Mega Roll Pkg ... Comfort Plus or 20 Roll Pkg ... 1000 Sheets White • Scott
SALE PRICE: \$15.99 WITH CLUB CARD. LIMIT 4 OFFERS.
DIGITAL COUPON: -\$2.00 OFF
FINAL COST: \$13.99
WITH CLUB CARD. LIMIT 1 OFFER.

44 Fl Oz Cont ... Original, Moonlight Breeze or Odor Defense Fabric Softener or Assorted: • 16 Count Pkg ... Flings • 46 Fl Oz Cont • Gain
SALE PRICE: \$5.99 WITH CLUB CARD. LIMIT 4 OFFERS.
DIGITAL COUPON: -\$1.00 OFF
FINAL COST: \$4.99
WITH CLUB CARD. LIMIT 1 OFFER.

26 Fl Oz Cont ... Gentle Ocean Mist or Ultra Soft Calm Lavender & Vanilla or 44 Fl Oz Cont ... April Fresh, Free & Gentle or Cool Cotton
SALE PRICE: \$5.99 WITH CLUB CARD. LIMIT 4 OFFERS.
DIGITAL COUPON: -\$1.00 OFF
FINAL COST: \$4.99
WITH CLUB CARD. LIMIT 1 OFFER.

27.9-28 Oz Can Assorted Mutti Tomatoes
\$299

16.9 Fl Oz Btl Assorted Filippo Berio Olive Oil
\$799

15 Oz Jar ... Regular or Roasted Garlic Alfredo or 23.5-24 Oz Jar ... Assorted Francesco Rinaldi Pasta Sauce
2/\$4
With Club Card. Limit 3 Offers. Must Buy 2.

32 Oz Easy Squeeze Btl Heinz Tomato Ketchup
\$399

20 Fl Oz Squeeze Btl Regular, Light or With Olive Oil Hellmann's Mayonnaise
\$549
With Club Card. Limit 2 Offers.

5 Oz Can ... In Water, In Oil or Low Sodium in Water Bumble Bee Solid White Tuna
4/\$6
With Club Card. Limit 2 Offers. Must Buy 4.

14.75 Oz Can Wild Caught Bumble Bee Pink Salmon
\$399

6-24 Mega Roll Pkg ... Soft or Strong • Charmin Essentials Bath Tissue
2/\$10
With Club Card. Limit 4 Offers. Must Buy 2.

121 Fl Oz Cont ... Regular or Splashless: Regular or Clean Linen Clorox Bleach
\$799

18.5-19 Oz Can Assorted Progresso Rich & Hearty Soup
3/\$5
With Club Card. Limit 2 Offers. Must Buy 3.

14.5-15.25 Oz Can Assorted (Excludes: Organic) Libby's Vegetables
4/\$5
With Club Card. Limit 2 Offers. Must Buy 4.

10 Lb Bag Parboiled or White Urban Meadow Long Grain Rice
\$699
With Club Card. Limit 4 Offers. Must Buy 3.

14.5-15 Oz Can Assorted Chef Boyardee Pasta
2/\$3

Assorted: 7 Oz Box • Cheez-It Crackers 11 Oz Pkg • Keebler Sandwich Crackers
3/\$6.99
With Club Card. Limit 4 Offers. Must Buy 3.

64 Fl Oz Btl Natural or Clear (Excludes: Sesame Street & Organic) Apple & Eve Apple Juice
2/\$5
With Club Card. Limit 3 Offers. Must Buy 2.

14 Fl Oz Cont Assorted Häagen-Dazs Ice Cream
2/\$7
With Club Card. Limit 2 Offers. Must Buy 2.

8-10.88 Oz Box ... Assorted: Comfort, Marketplace, Features or Favorites Lean Cuisine Meals
2/\$6
With Club Card. Limit 4 Offers. Must Buy 2.

48 Fl Oz Cont Assorted Breyers Ice Cream
2/\$8
With Club Card. Limit 1 Offer. Must Buy 2.

Assorted: 6.84 Fl Oz Pkg ... Poppables or 10.6 or 14 Fl Oz Box Yasso Greek Yogurt Bars
\$499
With Club Card. Limit 4 Offers.

67.6 Fl Oz Btl Assorted Varieties Pepsi 2 Liters
2/\$5
With Club Card. Limit 2 Offers. Must Buy 2. Plus Deposit Where Applicable.

144 Fl Oz Pkg 12 Oz Cans Assorted Varieties Canada Dry 12 Packs
\$899
Plus Deposit Where Applicable.

64 Fl Oz Btl Assorted Juice or Snapple Tea
2/\$5

4.4-5.3 Oz Bag Assorted Skinny Pop Popcorn
2/\$7

59 Fl Oz Cont Assorted Aides or Punch Tropicana Twister
\$199

67.2-72 Fl Oz Pkg 11.2-12 Oz Assorted Beer Heineken, Corona, Modelo, Stella Artois or Montauk 6 Packs
\$1099
Plus Deposit Where Applicable.

144 Fl Oz Pkg 12 Oz Assorted Beer Budweiser, Bud Light, Miller or Lite 12 Packs
\$1399
Plus Deposit Where Applicable.

144 Fl Oz Pkg 12 Oz Beer Pabst Blue Ribbon 12 Pack
\$999
Plus Deposit Where Applicable.



FROM
FEBRUARY 13TH TO MARCH 19TH
SPEND:

\$300
OR MORE
to earn
10% OFF
YOUR
NEXT PURCHASE

\$500
OR MORE
to earn
TWO 10% OFF
DISCOUNTS
& TWO WAYS TO SAVE!

BETWEEN
MARCH 20TH AND APRIL 2ND



Breakfast Savings!

1 Dozen Crtn
Grade A
**Eggland's
Best
Large White
Eggs**

32 Oz Cont
Assorted
La Yogurt
Yogurt

\$199

\$299

With Club Card. Limit 2 Offers.

• 32 Fl Oz Cont
Barista Blend: Original, Regular Vanilla
or Pumpkin Spice Oatmilk or
Original or Unsweetened Almondmilk
• 48 Fl Oz Cont ... Simply Coconut,
Zero Sugar or Unsweetened Oat
or Assorted
(Excludes: Organic)

**Califia
Almondmilk**

2/\$7



7.5-8 Oz Cont
Assorted
**Philadelphia
Soft or
Whipped
Cream
Cheese**

52 Fl Oz Cont
Assorted
**Florida's
Natural
Juice**

2/\$7



With Club Card.
Limit 4 Offers. Must Buy 2.

9.9-11.5 Oz Can
Assorted
(Excludes: Decaf)
**Maxwell
House
Coffee**

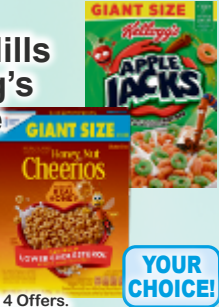
8 Oz Can ... Espresso or
12 Oz Bag ... Assorted
(Excludes: Decaf)
**Lavazza
Ground
Coffee**

\$449

\$899

With Club Card. Limit 2 Offers.

By The Box
Select Varieties
**General Mills
or Kellogg's
Giant Size
Cereal**



\$499

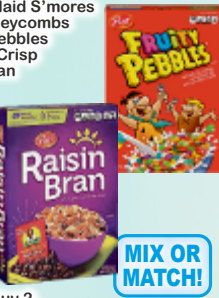
YOUR
CHOICE!

With Club Card. Limit 4 Offers.

• 12.25 Oz ... Honey Maid S'mores
• 12.5 Oz ... Corn Honeycombs
• 11 Oz ... Assorted Pebbles
• 14.75 Oz ... Golden Crisp
• 16.6 Oz ... Raisin Bran

**Post
Cereal**

2/\$6



With Club Card.
Limit 4 Offers. Must Buy 2.

18 Oz Cont
Quick or Old Fashioned
**Urban Meadow
Oats**



2/\$5

11.6 Oz Box
Assorted
**Eggo
Thick & Fluffy
Waffles**



2/\$6

(Excludes: All Other Varieties)
With Club Card. Limit 2 Offers. Must Buy 2.

DAIRY

8 Oz Cont
Salted or Unsalted
Hotel Bar
Whipped
Butter



\$2⁹⁹

6 Oz Pkg
Pepper Jack, Colby Jack
or Sharp Cheddar
Borden
Cheese
Sticks



\$3⁹⁹

6 Oz Cont
With Strawberry or
Pineapple
Daisy
Cottage
Cheese



3⁵
For

16.9 Fl Oz Cont
Dairy Free
Country Crock
Plant Cream



\$3⁹⁹

59 Fl Oz Cont
Assorted
Newman's Own
Lemonade



\$2⁹⁹

32 Fl Oz Btl ... Assorted
(Excludes: Organic)
Lifeway
Low Fat
Kefir



\$3⁹⁹

8 Oz Pkg ... ¼ Lb Sticks
Free Range:
Salted or Unsalted
Nellie's
Slow Churned
Butter



\$3⁹⁹

12 Oz Pkg ... Kid Builder
or Part Skim Mozzarella
Borden
String
Cheese



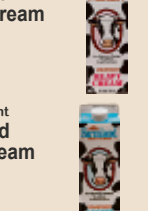
\$4⁹⁹

14 Oz Pouch or
16 Oz Cont ... All Natural
Fage
Sour
Cream



2⁵⁴
For

32 Fl Oz Cont
Farmland
Heavy Cream



\$5⁹⁹

59 Fl Oz Btl
Assorted
Florida's Natural
Lemonade



\$2⁹⁹

6.7 Oz Cont
Assorted
Chobani
20g Protein
Yogurt



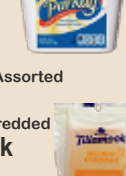
2⁵⁴
For

15 Oz Cont ... Assorted
Country Crock
Spread



\$2⁹⁹

41-48 Oz Cont
Regular or Light
Parkay
Spread



\$5⁴⁹

8 Oz Pkg ... Assorted
Chunk or
Thick Cut:
Sliced or Shredded
Tillamook
Cheese



\$3⁹⁹

18 Count Crtn
Grade A Free Range
Nature's Yolk
Legacy
Large Brown
Eggs



\$6⁹⁹

16 Fl Oz Cont
Farmland
Half & Half



\$1⁹⁹

76 Fl Oz Btl
Fruit Punch or
Minute Maid
Zero Sugar
Lemonade



\$4⁴⁹

4.4 Oz Cont
Assorted
Fage
Creamy Dreamy
Yogurt



3⁵⁴
For

With Club Card. Limit 4 Offers. Must Buy 3.

45 Oz Cont
Original or Light
I Can't Believe
It's Not Butter!
Spread



\$9⁹⁹

16 Oz Pkg
Individually Wrapped
Velveeta
Slices



\$4⁹⁹

16.5 Oz Pkg ... Mini or
Regular Chocolate Chip
Bar or Chub or
16 Oz Pkg ... Ultimate
Nestlé
Toll House
Cookies



\$4⁹⁹

11.5 Fl Oz Btl
Assorted Aides or
Simply
Juice



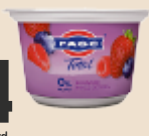
\$1⁹⁹

46 Fl Oz Btl
Assorted Refresher or
Tropicana
Lemonade



\$2⁹⁹

5.3 Oz Cont ... Assorted:
Total or Bestself Lactose Free
(Excludes: Creamy Dreamy)
Fage
Yogurt



3⁵⁴
For

With Club Card. Limit 4 Offers. Must Buy 3.

13-15 Oz Cont
Assorted
Smart Balance
Spread



\$4⁴⁹

12 Oz Pkg ... Deluxe American
or 16 Oz Pkg
Prepiced Yellow American or
Regular: Yellow, White,
Extra Thick or Extra Thin
(Excludes: Fat Free)
Kraft
Singles



\$4⁹⁹

40 Fl Oz Btl
Assorted
Dunkin'
Iced Coffee



\$5⁹⁹

59 Fl Oz Cont
Assorted
Tree Ripe
Grove Select
Orange
Juice



\$3⁴⁹

39-42 Oz Pkg
Assorted
Raymundo's
Gelatin



\$3⁹⁹

With Club Card. Limit 4 Offers.

10.5 Oz Pkg
Strawberry
Danonino
Yogurt 6 Pack



2⁵⁵
For

8 Oz Cont
Original or Chive & Onion
Philadelphia
Plant Based
Cream
Cheese



\$6⁴⁹

16 Oz Pkg
Prepiced or Regular:
Whole Milk or Part Skim
Galbani
Mozzarella
Cheese



\$3⁹⁹

15 Fl Oz Can ... Reese's or
Caramel Macchiato
International
Delight
Reese's
Iced Coffee



2⁵⁶
For

59 Fl Oz Cont
Assorted
Bright & Early
Orange
Drink



\$1⁹⁹

24 Oz Pkg
Assorted
Swiss Miss
Pudding
6 Pack



2⁵⁶
For

21.2 Oz Pkg
(Excludes: Greek)
Dannon
Traditional Coffee
Yogurt
4 Pack



2⁵⁴
For

16 Oz Cont ... Plain
Lifeway
Farmer
Cheese
\$3⁹⁹



8 Oz Pkg
Hotel Bar
Queso
De Papa
Cheddar
Cheese **\$2⁹⁹**



32 Oz Cont
Prepiced or Regular:
Whole Milk or Part Skim
Galbani
Ricotta
Cheese



\$4⁹⁹

Assorted:
48 Fl Oz Cont
Iced Coffee or Cold Brew or
25.4 Fl Oz Cont
Califia
Creamers



\$4⁹⁹

64 Fl Oz Cont
Assorted Aides or
Turkey Hill
Iced Tea



\$1⁹⁹

With Club Card. Limit 4 Offers.

7 Oz Can
With Cane Sugar
Farmland
Real Whipped
Light Cream



\$2⁹⁹

21.2 Oz Pkg ... Assorted
(Excludes: Greek)
Dannon
Light & Fit Yogurt
4 Pack



2⁵⁵
For

FROZEN

11-15 Oz Box
Assorted
Pot Pies, Bowls or
Marie Callender's
Dinners



2⁵⁹
For

9.25-10.3 Oz Pkg
Assorted
Healthy Choice
Café
Steamers



2⁵⁸
For

9-10 Oz Pkg ... Assorted
Simply Steamers: 2 for \$9

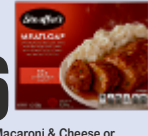
12-16 Oz Pkg ... Assorted
(Excludes: Raspberries &
Sliced Peaches)
Urban Meadow
Fruit



2⁵⁷
For

12 Fl Oz Box ... Assorted
Fruit Bars: 2 for \$5

8.38-12.75 Oz Box
Assorted
(Excludes: 9 Oz Fish Fillets)
Stouffer's
Classics



2⁵⁶
For

12 Oz Pkg ... Macaroni & Cheese or
Spinach Souffle Simple Dishes: 2 for \$6

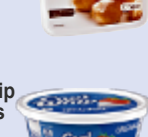
15.1-17 Oz Box
Assorted
Newman's Own
Pizza



\$6⁹⁹

With Club Card. Limit 2 Offers.

4.65-14.8 Oz Cont
Assorted
Delizza
Pastries



\$6⁴⁹

8 Oz Cont
Assorted
Cool Whip
Toppings



2⁵⁵
For

11.75-12.88 Oz Box
Assorted
Stouffer's
French Bread
Pizza



2⁵⁷
For

5-6.65 Oz Box
Assorted
Celeste
Pizza
For One



2⁵³
For

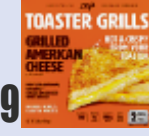
• 18.4 Fl Oz Box ... Kit Kat Cones
• Oreo:
16 Fl Oz Box Sandwiches or
18.4 Fl Oz Box Cones
• 18.1-18.4 Fl Oz Box
Assorted Drumstick Cones
Nestlé
Novelties



\$4⁹⁹

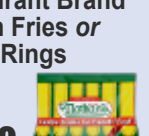
With Club Card. Limit 4 Offers.

6.7-7.1 Oz Box
Assorted
Lily's
Toaster Grills



\$3⁹⁹

14-28 Oz Bag ... Assorted
Arby's, Cheeser's,
Nathan's or Red Robin
Restaurant Brand
French Fries or
Onion Rings



\$4⁹⁹

16 Fl Oz Box
Assorted
Mamita's
Homemade Style
Flavored Ice



\$3⁹⁹

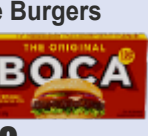
7.5-10.7 Oz Pkg
Assorted Pizza Party or
Totino's
Pizza Rolls



2⁵⁵
For

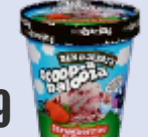
With Club Card. Limit 2 Offers. Must Buy 2.

10 Oz Pkg
Assorted Veggie Patties or
Boca
Veggie Burgers



\$4⁹⁹

28 Fl Oz Cont
Assorted
Ben & Jerry's
Ice Cream



\$7⁹⁹

With Club Card. Limit 4 Offers.

19 Oz Bag ... 4 Cheese or
24 Oz Bag ... Mini Round
or Regular Cheese
Celentano
Ravioli



\$3⁹⁹

12 Oz Bag ... Cavatelli, Cheese Tortellini
or Large or Mini Round Cheese
Ravioli: \$1.99

16 Oz Bag
Assorted
Urban Meadow
Vegetables



2⁵⁴
For

9 Fl Oz Box
Assorted
Häagen-Dazs
Ice Cream Bars
3 Pack



\$4⁹⁹

14.8 Fl Oz Pkg ... Assorted
Waffle Cones: \$5.99

26 Oz Pkg
Homestyle or Italian Style
Rosina
Meatballs



\$6⁹⁹

10 Oz Pkg ... Sweet Peas,
Broccoli or Sweet Corn
Cascadian Farms
Organic
Vegetables



2⁵⁸
For

8-10 Oz Pkg ... Blueberries, Strawberries
& Harvest Berries Organic Fruits: \$5.99

8.62-10.14 Fl Oz Pkg
Assorted
Magnum
Ice Cream
Bars

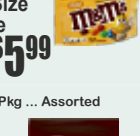


2⁵⁹
For

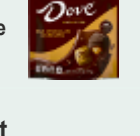
With Club Card. Limit 2 Offers. Must Buy 2.

SNACK

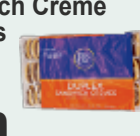
7.4-10.05 Oz Pkg ... Assorted
M&M's
Sharing Size
Chocolate
Candy **\$5⁹⁹**



6.74-7.61 Oz Pkg ... Assorted
Dove
Promises
Chocolate **\$5⁹⁹**



25 Oz Pkg
Best Yet
Duplex
Sandwich Crème
Cookies



\$3⁹⁹

5.32 Oz Pkg
Milk Chocolate Caramel or
Dark Chocolate: Mint or
Sea Salt Caramel
Ghirardelli
Squares



\$6⁹⁹

18.8 Oz Box
Club
Family Size
Snack
Stacks
Crackers



\$5⁹⁹

With Club Card. Limit 4 Offers.

3.7 Oz Pkg ... Assorted
Ferrero Rocher
Chocolate
Squares **\$4⁹⁹**

BEVERAGES



PLUS DEPOSIT WHERE APPLICABLE
REBATES AVAILABLE ONLY IN NEW YORK.

45 Fl Oz Pkg ... 7.5 Oz Mini Cans
Assorted Varieties
Pepsi
6 Packs

\$4⁹⁹

33.8 Fl Oz Btl
Assorted
Schweppes
Seltzer
1 Liter

2³³

50.7 Fl Oz Btl
Natural
Evian
Spring Water
1.5 Liter

2⁵

33.8 Fl Oz Btl
Still or Assorted Sparkling
Poland Spring
Water
1 Liter

3³³

**BEAT 'EM TO THE PUNCH.
CRUSH IT - OR GET SCHWEPPEP!**

BEVERAGE PARTNER OF THE
BIG EAST
CONFERENCE

Refresh your
fandom

96 Fl Oz Pkg ... 12 Oz Btl
Assorted Varieties
Coca-Cola
8 Packs

\$7⁹⁹

smartwater
33.8 Fl Oz Btl ... Original or
Alkaline Antioxidant
Smartwater
Enhanced Water
1 Liter

2⁵⁴

vitaminwater
20 Fl Oz Btl
Assorted
Vitaminwater
Water

2⁵⁴

144 Fl Oz Pkg ... 12 Oz Cans
Assorted
Polar
Seltzer
12 Pack

\$8⁹⁹

16 Fl Oz Btl
Assorted
Body Armor
Sports
Drinks

3⁵

18.5 Fl Oz Btl
Assorted
Gold Peak
Tea

3⁵

11 Fl Oz Can
Assorted
Sport Shake
Power
Shakes

5¹⁰

64 Fl Oz Btl
Assorted
Pure Leaf
Tea

\$3⁴⁹

14 Fl Oz Btl
Assorted
Lean Body
Protein
Shakes

\$3⁹⁹

64 Fl Oz Btl ... Assorted
(Excludes: Zero Sugar)
Welch's
Grape Juice

\$5⁴⁹

64 Fl Oz Btl
Assorted
Apple & Eve
Cranberry
Juice

\$3⁶⁹

180 Fl Oz Pkg ... 30 Count
Tropical Punch or Variety
Kool-Aid
Jammers
Value Pack

\$8⁹⁹

180 Fl Oz Pkg ... 30 Count
Assorted
CapriSun
Drinks
Value Pack

\$9⁹⁹

33.8 Fl Oz Pkg ... Big Bird's Apple,
Elmo's Punch or Bert & Ernie's Berry
(Excludes: Organic)
Apple & Eve
Sesame Street
Juice 8 Pack

\$2⁹⁹

**ZERO SUGAR,
100% FLAVOR**

33.8 Fl Oz Btl
Dr. Brown's: Cream or Black Cherry
or Regular or Zero Sugar Ginger Ale,
Club Soda, Regular or Diet Tonic or
Assorted
Canada Dry
Seltzer
1 Liter

4⁶

96 Fl Oz Pkg ... 12 Oz Btl
Assorted Varieties
Canada Dry
8 Packs

\$7⁹⁹

42.2 Fl Oz Btl
Assorted Varieties
Canada Dry
1.25 Liters

4⁶

44 Fl Oz Btl
Assorted
Core
Hydration
Water

2⁵⁴

GROCERY

14-16 Oz Cont
Assorted
Duncan Hines
Frosting

\$1⁹⁹

8 Fl Oz Btl ... Clam Juice or
6.5 Oz Can
Chopped or Minced
Snow's
Clams

\$2⁴⁹

• 5 Fl Oz Btl ... Green Pepper,
Chipotle or Classic
• 8.6 Fl Oz Btl ... Buffalo Style or
Salsa Picante
• 11 Oz Btl
Sweet Chili or Sriracha
McIlhenny
Tabasco
Sauce

3¹⁰

15.25 Oz Box ... Assorted
Classic or Signature
Duncan Hines
Cake
Mix

\$1⁹⁹

5 Oz Can
Skinless & Boneless
Bumble Bee
Prime
Pink Salmon

\$4⁴⁹

6 Oz Can ... Pink Crabmeat: \$3.29
6 Oz Can ... White Crabmeat: \$3.99

12 Fl Oz Btl
Texas Pete
Hot Sauce

2⁵⁴

18-20 Oz Box
Assorted
Ghirardelli
Brownie
Mix

\$4⁴⁹

3.75 Oz Can ... In Water,
In Louisiana Hot Sauce or In Mustard
Bumble Bee
Sardines

4⁵

3.75 Oz Can
Assorted
Beach Cliff
Sardines

4⁵

18 Oz Btl
Original or Honey
K.C. Masterpiece
Barbecue
Sauce

2⁵⁴

10-12 Oz Pkg
Assorted
Ghirardelli
Chocolate
Baking Chips

\$6⁹⁹

11 Oz Box
Original
Kraft
Mac &
Cheese

3⁵

30 Fl Oz Jar
Mike's Amazing
Real
Mayonnaise

2⁵⁸

12 Fl Oz Can
Assorted
Magnolia
Evaporated
Milk

3⁵

36 Oz Pkg ... Original
Velveeta
Shells & Cheese or
42 Oz Pkg ... Original
Kraft Deluxe
Mac & Cheese
3 Packs

\$7⁹⁹

10 Fl Oz Btl
Teriyaki or Soy
(Excludes: Gluten Free &
Less Sodium)
Kikkoman
Sauce

2⁵

28 Oz Jar
Assorted
Jif
Creamy
Peanut
Butter

\$4⁹⁹

18 Oz Pkg ... Assorted
Maruchan
Ramen
Noodle Soup
6 Pack

2⁵⁴

48 Oz Bag
Assorted
Carolina
Long Grain
White
Rice

\$3⁹⁹

11-20 Oz Bag
Assorted
Pepperidge Farm
Farmhouse
Rolls or
Buns

\$3⁹⁹

13.5 Oz Pkg
Chicken, Beef or Shrimp
Nissin
Cup Noodles
Family
Pack

\$4⁹⁹

26 Oz Cont
Plain or Iodized
Red Cross
Salt

4⁵

14.5 Oz Can
Assorted
Swanson
Broth

2⁵³

7-1.4 Oz Box
Assorted
Crystal Light
On The Go
Drink Mix

\$2⁹⁹

8 Fl Oz Btl
Assorted
Kraft
Dressing

4⁵³

63 Oz Cont ... Lemonade
• **Country Time**
63 Oz Cont ... Tropical Punch
• **Kool-Aid**
58.9 Oz Cont
Orange
• **Tang**
Drink Mix

\$10⁹⁹

8.4 Fl Oz Btl
Raspberry or Classic
Filippo Berio
Balsamic
Glaze

\$4⁹⁹

24 Oz Jar
Assorted
Bertolli
Pasta
Sauce

\$3⁴⁹

25.4 Fl Oz Squeeze Btl
Smooth or Robust
Pompeian
Extra Virgin
Olive Oil

\$11⁹⁹

24 Oz Can
Assorted
Hunt's
Pasta
Sauce

2⁵⁴

40 Fl Oz Btl
Vegetable or Canola
Crisco
Pure
Oil

\$4⁹⁹

28 Oz Can
Tomato Puree or
Sclafani
Crushed
Tomatoes

2⁵

15.5-16 Oz Jar
Assorted
Aunt Nellie's
Vegetables

2⁵

16 Fl Oz Jar
Original
Vlasic
Sweet
Gherkins

2⁵⁷

16 Oz Jar
Hot, Medium or Mild
Chi-Chi's
Thick & Chunky
Salsa

2⁵⁶

6 Oz Jar ... Pitted
Greek Kalamata or
7 Oz Jar
Garlic Stuffed Queen
Pearls
Specialties
Olives

\$4⁴⁹

SPECIALTY WINTER SAVINGS

16 Oz Cont
Assorted
CocoJune
Yogurt

\$5⁹⁹

9.2-9.7 Oz Pkg
Assorted
Wasa
Crispbread

\$2⁹⁹

5.3 Oz Cont
Assorted
Icelandic
Provisions
Skyr

\$1⁹⁹

9 Oz Bag
Blue or Sea Salt
Vista Hermosa
Totopos
Corn
Tortilla Chips

\$3⁹⁹

72 Fl Oz Pkg
Assorted
Sanzo
Sparkling Water
6 Pack

\$6⁹⁹

1-1.41 Oz Pkg
Crispy, Original or Spicy or
Tempura: Original, Spicy or Sweet Chili
Nora
Seaweed
Snacks

2⁵⁶

12 Fl Oz Can
Assorted
Sanzo
Sparkling Water

2⁵³

3.64 Oz Cont
Simply Organic
Garlic
Powder

\$6⁹⁹

34 Fl Oz Btl
Assorted
Colavita
Extra Virgin
Olive Oil

\$14⁹⁹

15 Oz Cont
Latin Style with Sazonador
Goya
Bread
Crumbs

\$2⁹⁹

7 Oz Box
Goya
Yellow Rice

2⁵⁴

15 Oz Can
Red Kidney, Pink, Pinto,
Chick Peas, Small Red or
Regular Black Bean Soup
Goya
Guisadas

3⁵

160 Oz Bag
Long Grain
Goya
Canilla
White
Rice

\$8⁹⁹

10 Oz Pkg
Assorted
Sun River Farms
Frozen
Vegetables

\$2⁹⁹

10 Oz Pkg
Assorted
Sun River Farms
Frozen
Fruit

2⁵⁷

32-48 Oz Bag ... Assorted
Campoverde
Frozen
Fruit

\$11⁹⁹

International Specials

20 Oz Cont
Lightly Salted
Iberia
Plantain
Chips

\$7⁴⁹

68 Fl Oz Btl
Iberia
Premium
Blend
Olive Oil

\$9⁹⁹

13.5 Fl Oz Can
Jamaican Choice
Lemon or Lime
Coconut
Milk

\$1⁹⁹

32 Fl Oz Btl
Lemon or Lime
Jamaican Choice
Juice
Blend

\$1⁹⁹

PRODUCE

Northwest Premium
Honeycrisp Apples

\$2⁹⁹
lb.

2 Lb Bag California
Raspberry Oranges

\$3⁹⁹

2 Lb Bag California
Sumo Seedless Citrus

\$6⁹⁹

8 Oz Pkg
Giorgio Whole White Mushrooms

2/\$4

By The Bunch Scallions
Green Onions

4/\$5

8 Oz Cont ... Family Size: Crispy Green, Green & Red or Baby Butter Lettuce or 7.4-7.5 Oz Cont
Crispy Caesar or Southwest Little Leaf Farms Salad Kits

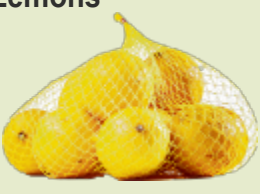
\$4⁹⁹

California
• **Cara Cara or Large**
• **Navel Oranges**

4/\$5

3 Lb Bag California
Minneola Oranges

\$5⁹⁹

2 Lb Bag US #1
Yellow Lemons

\$3⁹⁹

Long
Green Asparagus

\$3⁹⁹
lb.

Green, Yellow or Grey Squash

\$1⁹⁹
lb.

US #1 North Carolina
Sweet Potatoes

\$1²⁹
lb.

MEAT

USDA Choice
Beef Chuck For Stew

\$6⁹⁹
lb.

USDA Choice Beef Bone In Top or Semi-Boneless
Chuck Steaks

\$7⁹⁹
lb.

USDA Choice Beef Boneless
Center Cut Bottom Round or Rump Roast

\$5⁴⁹
lb.

USDA Choice Beef Boneless
Eye Round Roast

\$5⁹⁹
lb.

Bone In
Beef Shin For Soup

\$5⁹⁹
lb.

Beef Chuck Short Ribs

\$8⁹⁹
lb.

Frozen
Beef Oxtails

\$9⁹⁹
lb.

16 Oz Pkg
Suzy Sirloin 80% Lean Burgers

\$7⁹⁹

16 Oz Pkg
Suzy Sirloin 90% Lean Burgers

\$9⁹⁹

Whole or For Stew
Boneless Pork Shoulder

\$2⁹⁹
lb.

3 Lb Bag Individually Quick Frozen
County Line Chicken Wing Portions

\$6⁹⁹

Bone In
Cook's Smoked Spiral 1/2 Ham

\$1⁹⁹
lb.

Bone In
Cook's Shank Portion Smoked Ham

\$1⁴⁹
lb.

12 Oz Pkg ... Fully Cooked: Original Cutlets, Spicy Cutlets, Popcorn Bites or Nuggets: Original or Dino Shape
Perdue Breaded Chicken

2/\$5

Grade A
Perdue Chicken Wingettes

\$3⁹⁹
lb.

21.2 Oz Pkg ... The Prime or The Smokehouse Blend
Schweid & Sons Burgers

\$12⁹⁹

21.2 Oz Pkg
The Butcher's Blend Schweid & Sons Burgers

\$9⁹⁹

12-14 Oz Pkg Assorted
Hillshire Farm Smoked Sausage

\$4⁹⁹

15 Oz Pkg Regular or Bun Size
Ball Park Beef Franks

\$5⁹⁹

15 Oz Pkg ... Turkey Franks or Regular or Bun Size Meat (Excludes: Beef)
Ball Park Franks

\$3⁹⁹

16 Oz Pkg
Bar-S Cheddar Jumbo Franks

2/\$7

13 Oz Pkg
Bar-S Smoked Polska Kielbasa

\$4⁹⁹

16 Oz Pkg ... Regular, Thick Sliced or Lower Sodium
Sugardale Bacon

\$5⁹⁹

12 Oz Pkg Assorted
Oscar Mayer P3 Protein Packs

2/\$5

12 Oz Pkg
Bar-S Cotto Salami

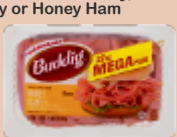
\$2⁹⁹

12 Oz Pkg
Gwaltney Thick Cut Bacon

\$4⁹⁹

12 Oz Pkg
Classic or Chicken Bar-S Bologna

2/\$5

22 Oz Cont ... Smoked Turkey, Honey Turkey or Honey Ham
Buddig Mega Pack

\$8⁹⁹

16 Oz Pkg ... Abruzzese, Sicilian or Mozzarella Rustica
Carando Meatballs

\$5⁹⁹

32 Oz Box
Urban Meadow Black Angus Burgers

\$11⁹⁹

48 Oz Box ... 100% All Beef
Urban Meadow Pub Burgers

\$15⁹⁹

12 Oz Pkg
Bar-S Smoked Polska Kielbasa

\$4⁹⁹

16 Oz Pkg ... Regular, Thick Sliced or Lower Sodium
Sugardale Bacon

\$5⁹⁹

12 Oz Pkg Assorted
Oscar Mayer P3 Protein Packs

2/\$5

12 Oz Pkg
Bar-S Cotto Salami

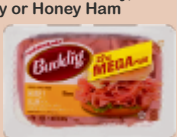
\$2⁹⁹

12 Oz Pkg
Gwaltney Thick Cut Bacon

\$4⁹⁹

12 Oz Pkg
Classic or Chicken Bar-S Bologna

2/\$5

22 Oz Cont ... Smoked Turkey, Honey Turkey or Honey Ham
Buddig Mega Pack

\$8⁹⁹

16 Oz Pkg ... Abruzzese, Sicilian or Mozzarella Rustica
Carando Meatballs

\$5⁹⁹

32 Oz Box
Urban Meadow Black Angus Burgers

\$11⁹⁹

48 Oz Box ... 100% All Beef
Urban Meadow Pub Burgers

\$15⁹⁹

SEAFOOD

2 Lb Bag
31-40 Count Per Lb
Peeled ... Tail-On
AquaStar Cooked Shrimp

\$19⁹⁹

2 Lb Bag
26-30 Count Per Lb
Peeled ... Tail-On
AquaStar Cooked Shrimp

\$21⁹⁹

24 Oz Bag
Crunchy or Coconut
AquaStar Butterfly Shrimp

\$11⁹⁹

1 Lb Bag
Frozen
Wholey Tilapia Fillets

\$5⁹⁹

2 Lb Bag
Frozen
Wholey Whiting Fillets

\$7⁹⁹

7 Oz Cont ... Garlic Butter or Seafood: Lobster or Crab
Beck's Dips

\$3⁹⁹

7 Oz Cont
White Fish or Salmon
Beck's Smoked Dips

\$4⁹⁹

1 Lb Pkg
Buena Ventura Salted Pollock Fillets

\$5⁹⁹

18 Oz Pkg
Matlaw's Stuffed Scallops

\$7⁹⁹

8 Oz Pkg ... Lobster, Crab Flakes, Crab Legs or Crab Chunks
Trans Ocean Classics

2/\$5

13 Oz Bag
Wholey Tuna Steaks

\$8⁹⁹

DELI

ONLY IN STORES WHERE AVAILABLE

Boar's Head® Cracked Pepper Mill Turkey Breast

\$13⁹⁹
lb. Sliced To Order

Boar's Head® Muenster Cheese

\$8⁹⁹
lb. Sliced To Order

Jennie-O Turkey Pastrami

\$6⁹⁹
lb. Sliced To Order

SPECIALTY CHEESE
Great For Healthy Snacking & Lunch Box Ready
BelGioioso Snacking Cheese

2/\$7

4 Oz Cont Feta or Blue
Alouette Cheese Crumbles

\$3⁹⁹
4 Oz Pkg Goat Cheese Crumbles: \$4.99

4 Oz Pkg ... Assorted
• **Montchevre Goat Cheese Logs**
8 Oz Pkg ... Fontina or Mild or Sharp Provolone
• **BelGioioso Pre-Sliced Cheese**

\$4⁹⁹
4 Oz Pkg Montchevre Blueberry Goat Cheese Log: \$5.99

3 Oz Pkg ... Pre-Sliced:
Del Duca Prosciutto or Sweet Capocollo

\$4⁹⁹
3 Oz Pkg ... Pre-Sliced: Sweet Soppressata or Genoa Salami: \$3.99

5 Oz Cont ... Original Crème De Brie or 8 Oz Cont ... Original or Garlic & Herb
• **Alouette Double Crème Brie**
6.5 Oz Pkg ... Heart Shaped
• **President Coeur De Brie**
4.4 Oz Pkg
• **Supreme Cheese Bites**

\$6⁹⁹
YOUR CHOICE!

6-6.5 Oz Cont Assorted
Alouette Cheese Spread

\$5⁹⁹

Convenient Pre-Sliced Option To Add To Any
Charcuterie Board Or Snacking Event
6 Oz Pkg ... Salame or Pepperoni
Citterio All Natural Nuggets

\$6⁹⁹

AVAILABLE IN THE CHICKEN WARMER FROM NO ANTIBIOTICS EVER FED CHICKENS STORE PREPARED
ROTISSERIE ROASTER CHICKEN BREAST

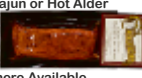
\$3⁹⁹
lb.

PREMIUM CLEAN LABEL SOUPS - AUTUMN SQUASH, BROCCOLI CHEDDAR, BLACK BEAN VARIETIES ALL GREAT FOR LENTIL
16 OZ CONT ... ASSORTED
PANERA BREAD SOUPS

\$4⁹⁹

NOTHING SAYS LOVE LIKE THE ULTIMATE COMFORT FOOD JUST HEAT & SERVE
16 OZ Pkg ... TRADITIONAL, ASIAGO OR BROCCOLI CHEDDAR
PANERA MACARONI & CHEESE

\$6⁹⁹

KOSHER
4 Oz Pkg ... Peppered, Hot Cajun or Hot Alder
Echo Falls Smoked Salmon

\$7⁹⁹
*Where Available

2.25 Fl Oz Pkg Carrot Cutties Pickled Carrots or 3-3.5 Fl Oz Pkg Assorted
Oh Snap! Pickle Bites

2/\$3