

VERSION 5



metro

mmm



LEAN

544

/lb
of ea.

Halal

Also available

PRIMO



PRIMO

penne rigate

PRIMO

PRIMO



PRIMO

Spaghetti

PRIMO

125

ea.

PRIMO

PRIMO

PRIMO

PRIMO



Coca-Cola

ORIGINAL TASTE



PEPSI

PEPSI

PEPSI

PEPSI

349

ea.

PEPSI OR COCA-COLA

SOFT DRINKS

12.5 FL OZ (369 mL)



Lassonde



OASIS

ORANGE JUICE



OASIS

ORANGE JUICE

388

ea.

OASIS

ORANGE JUICE

1.5 L (50.7 FL OZ)



Nestle

Real Dairy

ICE CREAM



DRUMSTICK

ICE CREAM

497

ea.

REAL DAIRY ICE CREAM OR DRUMSTICK

1.5 L (50.7 FL OZ)

Effective February

TH

FR

SA

SU

MO

5

6

7

8

9

VERSION 5

More freshness,
more savings.

mmMAZING!

days



FRESH

3⁹⁹
/lb



GRAIN FED

18⁸⁸
/lb



3⁹⁹
ea.



JUMBO

2⁹⁹
/lb



2⁹⁹
ea.



3⁹⁹
ea.



99¢
ea.



1L

7⁹⁸
ea.



3⁹⁹
ea.



4⁴⁴
ea.



12⁹⁸
ea.



PRE-BOOK FOR
VALENTINE'S DAY
NOW!

\$2
down in
points*

250
points

27⁹⁹
ea.

Effective February

TH

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10

11

2026

my savings

my metro

mmMAZING!
days



NEW

RITZ
Drizzled minis
Fudge



OREO
CAKESTERS



OREO
COOKIES



triscuit
ORIGINAL



RITZ
CRACKERS

4⁹⁹
ea.

CHRISTIE FAMILY SIZE COOKIES, BITZ DRIZZLED CRACKERS OR OREO CAKESTERS

3⁹⁹
ea.

CHRISTIE COOKIES

2⁹⁹
ea.

CHRISTIE CRACKERS



Twizzlers
TWISTS & TORSADES



Twizzlers
twists torsades

4⁹⁹
ea.

HERSHEY'S CHOCOLATES

5⁴⁹
ea.

HERSHEY'S MULTI CHOCOLATE BARS

2⁹⁹
ea.

TWIZZLERS CANDY

2⁹⁹
ea.

HERSHEY CHOCOLATE BAR

1⁹⁹
ea.

HERSHEY CHOCOLATE BARS



Becel
Original



Becel
Olive Oil

8⁴⁹
ea.

BECEL MARGARINE

125
points

5⁹⁹
ea.

THE STELLE WHIP BLOC CONCOMBRE CHEESE



IMPERIAL
Butter



THE STELLE
FETA



THE STELLE
MASCARPONE

5⁹⁹
ea.

IMPERIAL MARGARINE

2⁹⁹
ea.

IMPERIAL OR CRAFT BUTTER (NOT BUTTER WITH BUTTER POWDER)

7⁹⁹
ea.

THE STELLE TRADITIONAL FETA

9⁹⁹
ea.

THE STELLE MASCARPONE CHEESE

FOR PERSONALIZED COUPONS, DOWNLOAD OUR APP OR VISIT metro.ca

mmMAZING! days

Johnsonville

5.99 ea.

5.99 ea.

4.99 ea.

Johnsonville
HOT ITALIAN SAUSAGES
SAUSAGES SAUCISSON ÉPICÉES
500 g

Johnsonville
MILD ITALIAN SAUSAGES
SAUSAGES SAUCISSON D'ÉPICÉES
500 g

Johnsonville
BREAKFAST SAUSAGES
SAUSAGES SAUCISSON
500 g

Johnsonville
POULTRY
SAUSAGES SAUCISSON
175 g

Johnsonville
CHICKEN CUTLETS
SAUSAGES SAUCISSON
175 g

Summer Fresh

2.99 ea.

3.99 ea.

9.99 ea.

7.49 ea.

4.49 ea.

Summer Fresh
Tzatziki
Tzatziki
150 g

Summer Fresh
Hummus
Hummus
150 g

Summer Fresh
SALSA
SALSA
150 g

Summer Fresh
SALADS
SALADS
150 g

Summer Fresh
HUMMUS & DIPS
HUMMUS & DIPS
150 g

Summer Fresh
SALSA
SALSA
150 g

Summer Fresh
SALADS
SALADS
150 g

Irresistible

4.99 ea.

1.99 ea.

3.99 ea.

Irresistible
MINI MUFFINS
MINI MUFFINS
150 g

Irresistible
CARROT
CARROT
150 g

Irresistible
MUFFINS
MUFFINS
150 g

Santosh
NAN
NAN
150 g

Stonefire
PIZZA CRUST
PIZZA CRUST
150 g

mmmAZING! days



Gluten-Free **Vegetarian**



Non-GMO



FREE SAME-DAY PICKUP **SAME FLYER PRICES AND DEALS ONLINE**

moi
rewards

SAVE BIG
IN THE APP

Add your coupons in the
Metro app today.

THIS WEEK'S DEALS:

Only until February 11, 2026, in-store or online



NOW
4.99
ea.
SAVE UP TO
\$3

7.99
ea.
ESKA NATURAL
SPRING WATER
24 x 500 ml



NOW
3.49
ea.
SAVE UP TO
\$2

5.49
ea.
PEARL MILLING
PANCAKE MIX OR SYRUP
909 g, 710 ml
SELECTED VARIETIES



NOW
3.99
ea.
SAVE UP TO
\$2

5.99
ea.
McSWEENEY'S
BEEF JERKY SNACKS
70 - 85 g
SELECTED VARIETIES



NOW
2.99
ea.
SAVE UP TO
\$1.50

4.99
ea.
CADBURY
FINGERS
114 g
SELECTED VARIETIES



NOW
6.00
ea.
SAVE UP TO
\$2

8.00
ea.
FRESH 2 GO
FETTUCCHINE ALFREDO
300 g



NOW
4.99
ea.
SAVE UP TO
\$2

6.99
ea.
SEEDLESS NAVEL
ORANGES
PRODUCT OF EGYPT OR
SOUTH AFRICA
3 lb



NOW
3.99
ea.
SAVE UP TO
\$3.50

7.49
ea.
AXE HAIR CARE, BODY
WASH OR DEODORANT
SELECTED SIZES
SELECTED VARIETIES

LIMIT ONE REDEMPTION PER CUSTOMER

Offer available only on the My Metro app with a mailD account. Limit of one coupon redemption with a mailD account, unless expressly stated otherwise in the terms of the offer. Offer coupon must be loaded at time of purchase. Available while supplies last. See app for full coupon details. *Price may vary at select locations.

1.99 /lb LARGE RED PEACH APPLES PRODUCT OF CANADA 1.500-1.600 GRAMS EACH 4.30/kg	3.99 ea. BLACKBERRIES 1 1/2 LBS PRODUCT OF MEXICO	4.99 ea. GREENHOUSE STRAWBERRIES 24kg PRODUCT OF CANADA CANADA LAB. 10/2012	2.49 ea. YELLOW ONIONS ASSORTED COLOUR CARBO PRODUCT OF CANADA CANADA LAB. 10/2012
4.99 ea. LARGE CANTALOUPE OR MINI SEEDLESS WATERMELONS PRODUCT OF MEXICO	2.99 /lb LARGE CARA CARA ORANGES 1 1/2 LBS 4.50/kg	1.99 /lb SWEET POTATOES PRODUCT OF CANADA 4.30/kg	4.49 ea. ATTITUDE SALAD MIX 1 1/2 LBS PRODUCT OF CANADA 10/2012
5.99 /lb JUMBO RED GRAPES PRODUCT OF CANADA 12.25/kg	4.99 ea. MEYER LEMONS 1 1/2 LBS PRODUCT OF U.S.A.	3.49 ea. DOLE GARDEN OF EATIN' SALAD MIX 1 1/2 LBS PRODUCT OF CANADA U.S.A. 10/2012	3.79 ea. GARDE GROCE SALAD MIX 1 1/2 LBS PRODUCT OF CANADA 10/2012

3.99
ea.

ORGANIC CARROTS
1.5 kg (3.3 lb)

5.99
ea.

ORGANIC ROSETTE OR
YELLOW PLESH
POTATOES 1.5 kg (3.3 lb)
CANADIAN GROWN

4.99
ea.

ORGANIC LEMONS 1.5 kg (3.3 lb)
CANADIAN GROWN

14.99
ea.

ORCHID
2" WIDE x 12" DEEP x 12" HIGH
PLANTING MIX

39.99
ea.

ARCHER
FACILIA
BROMELIAD
12" x 12"

7.99
ea.

ORGANIC LEMON LIME
DATE 1.5 kg (3.3 lb)

4.99
ea.

ORGANIC LEMONS 1.5 kg (3.3 lb)
CANADIAN GROWN

16.99
ea.

FRESH CUT TIRUPS
1.5 kg (3.3 lb)
ACQUER CIGARS

29.99
ea.

ORCHIDS
12" x 12" x 12"

3.99
ea.

ORGANIC CARROTS
1.5 kg (3.3 lb)

5.99
ea.

ORGANIC ROSETTE OR
YELLOW PLESH
POTATOES 1.5 kg (3.3 lb)
CANADIAN GROWN

4.99
ea.

ORGANIC LEMONS 1.5 kg (3.3 lb)
CANADIAN GROWN

14.99
ea.

ORCHID
2" WIDE x 12" DEEP x 12" HIGH
PLANTING MIX

39.99
ea.

ARCHERDA
FACILIMA
BROMELIAD
12" x 12"

7.99
ea.

ORGANIC
MILK
1.5 L (3.3 L)

4.99
ea.

ORGANIC LEMONS 1.5 kg (3.3 lb)
CANADIAN GROWN

16.99
ea.

FRESH CUT TIRUPS
1.5 kg (3.3 lb)
ACQUER CIGURES

29.99
ea.

ORCHIDS
12" x 12" x 12"

5 PK

4.99

ea.

AVOCADOS
FRESH GUATEMALA

2 KUMATO

4.99

ea.

KUMATO TOMATOES 64g
HEIRLOOM OF CALIFORNIA MIXED

PISTACHIOS

5.99

ea.

WONDERFUL IN-SHELL PISTACHIOS 205g 25%
ROASTED & UNCOATED

1 KG

12.99

ea.

FRESH VEGETABLE CARROTS 500g
FRESH FRUIT CARROTS 1KG
BERRY AUNT TART 70g
NICKY'S PASTA 1KG
PUMPKINSECKEL TRAIT WITH 20% DDP

1 KG

4.99

ea.

IN-SHELL COY COASTED ASSORTED PASTRIES
THE SWEETEST COASTED PASTRIES IN A.K.A.

REMI'S DESSERTS
CHOCOLATE
SWEET TOOTH
SWEET TOOTH

5.99

ea.

CHOCOLATE

Rapunzel

4.99

ea.

LIGHTHOUSE VEGETABLE DIP
VEGETABLE DIP

RUSSET POTATOES

3.99

ea.

RUSSET POTATOES 5lb
CROWN ROAST 10 LBS

JALAPEÑOS

3.99

1/b

HOT JALAPEÑOS
PER POUND
NET WT. 1.65kg

CINNAMON ROLLS

4.99

ea.

WONDERFUL CINNAMON ROLLS 205g 25%
ROASTED & UNCOATED

Metro loves Canadian food

Growing, harvesting, producing – Metro is a proud supporter of Canadian agriculture & celebrates all the hard work that goes into the food we enjoy, every day.



**CANADA'S
AGRICULTURE
DAY FEBRUARY 10**

You can support and honor Canadian agriculture and food in various ways.

#CdnAgDay

Our Butcher's Finest

RED GRILL
ROCKWELL'S STEWING
BEEF CUBES
16.50/kg

8⁹⁹
/lb

CUT BY OUR BUTCHER

18⁹⁹
/lb

GRAIN FED

ROCKWELL'S RIB STEAK
CUT FROM AUSTRALIAN GRADED BEEF
41.63/kg

3⁹⁹
/lb

FRESH PORK SHOULDER BLADE CHOPS
VALUE PICK
8.50/kg

12⁹⁹
/lb

ORGANIC

YORKSHIRE VALLEY FARMS
ORGANIC FRESH ROCKWELL'S ROSSLESS
CHICKEN BREAST OR THIGHS
25.65/kg

20⁹⁹
/lb

LIFE SMART NATURAL

LIFE SMART NATURAL
GRASS FED STRIP LOIN STEAK
46.21/kg

5⁹⁹
/lb

MAPLE LEAF PRIME
BACED WITHOUT ANTIBIOTICS
FRESH CHICKEN DRUMSTICKS OR THIGHS
13.21/kg

PRIME
Braised
Without
Antibiotics

7⁹⁹
/lb

MAPLE LEAF PRIME
BACED WITHOUT ANTIBIOTICS FRESH SPILT CHICKEN WINGS
17.65/kg

9⁹⁹
/lb

FRESH BREADED CHICKEN BREAST CUTLETS
VALUE PICK
22.02/kg

 4.99 ea. SELECTION BACON 17% OFF	 4.99 ea. MAPLE LODGE CHICKEN BACON OR CHICKEN BREAKFAST SAUSAGES OR ZUCCHINI NOODLES 17% OFF	 6.99 lb IRRESISTIBLES ARTESIAN HALF MOON SMOKED HAM 16.99/lb	 9.99 ea. IRRESISTIBLES SHEPHERD'S PIE 10.99/lb
 4.99 lb LEGACY PERNAAL CHUB 10.00/lb	 7.99 ea. CAVEMAN POTATO PATTIES 7.99/ea	 5.99 ea. IRRESISTIBLES PIES 5.99/ea	 6.99 ea. IRRESISTIBLES FRENCH ONION SOUP 10.99/lb

ENTERTAINING ESSENTIALS

STRAWBERRY KISSES HIGHER DILLS OR PICKLED EGGS 100% NATURAL 100% STRAWBERRY 100% DILLS 5⁹⁹ ea.	Strawberry Kisses 100% NATURAL 100% STRAWBERRY 100% DILLS 6⁹⁹ ea.	COCINA MISO MARANG MISO MARANG 100% NATURAL 100% MISO MARANG 100% MISO MARANG 7⁸⁸ ea.	Monto's Puffed Pork 100% NATURAL 100% PUFFED PORK 100% PUFFED PORK 8⁹⁹ ea.	Monto's Puffed Pork 100% NATURAL 100% PUFFED PORK 100% PUFFED PORK 8⁹⁹ ea.	Monto's Puffed Pork 100% NATURAL 100% PUFFED PORK 100% PUFFED PORK 8⁹⁹ ea.	Monto's Puffed Pork 100% NATURAL 100% PUFFED PORK 100% PUFFED PORK 8⁹⁹ ea.	Monto's Puffed Pork 100% NATURAL 100% PUFFED PORK 100% PUFFED PORK 8⁹⁹ ea.
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Halftime

Happy Hour

Enjoy the halftime show with assorted cold beers and ready-to-drink cocktails.

12

Corona Extra

CORONA 12 x 12oz 355ml SELECTED VARIETIES

28.49

ea.

12

Coors Original

CORONA 12 x 12oz 355ml SELECTED VARIETIES

27.99

ea.

12

BUD LIGHT

A CLEAN, CRISP TASTE THAT'S EASY TO ENJOY

28.49

ea.

6

LugTread

BEAUFORT LUGTREAD 6 x 12oz 355ml SELECTED VARIETIES

17.49

ea.

6

STEAM WHISTLE PILSENER

STEAM WHISTLE 6 x 12oz 355ml SELECTED VARIETIES

18.99

ea.

473 ml

CARLING ICE

CARLING ICE 473 ml

2.49

ea.

6

CLAMATO

SMITH'S CLAMATO ORIGINAL OR EXTRA SPICY 6 x 12oz 355ml SELECTED VARIETIES

14.49

ea.

6

FOUNDER'S ORIGINAL COCKTAIL

FOUNDER'S ORIGINAL COCKTAIL 6 x 12oz 355ml SELECTED VARIETIES

22.49

ea.

6

VOOKA SODA

VOOKA SODA 6 x 12oz 355ml SELECTED VARIETIES

18.99

ea.

4

COTTAGE SPRINGS WEEKENDER

COTTAGE SPRINGS WEEKENDER 4 x 12oz 355ml SELECTED VARIETIES

4.99

ea.

4

BUSCH BULLET

BUSCH BULLET 4 x 12oz 355ml SELECTED VARIETIES

4.99

ea.

4

Molson Cold Shots

MOLSON COLD SHOTS 4 x 12oz 355ml SELECTED VARIETIES

4.99

ea.

9.99

SHRIMP PLATTER

SHRIMP PLATTER 9.99

11.99

PIZZA

PIZZA 11.99

3.49

SAPPORO

SAPPORO 3.49

4-Day Deal Feb. 5th-8th

metro
FRESH
2 GO



WHAT'S FOR DINNER?

**PICK UP IN STORE OR
FREE DELIVERY**

on all orders of **\$20 or more**

Skip the Dishes offers available at select stores only.



ORDER NOW

**FRESH 2 GO
PIZZA**

1 un
SELECTED VARIETIES

SAVE UP TO \$5

11.99
ea.

Thank you to our Make Happy Tummies™ partners. Look for their products in-store.



iGo nano
100% DRINKABLE YOGURT
4 x 100 mL SELECTED VARIETIES



VITA COCO
COCONUT WATER
500 mL SELECTED VARIETIES



Bob's Red Mill
ROLLED OATS
1.5 L SELECTED VARIETIES



Lactantia
Purpure Milk
1 L SELECTED VARIETIES



Maple Leaf
NATURAL SELECTIONS
SLICED DELI MEAT
100 g SELECTED VARIETIES



HARVEST
CRUNCH
CEREAL
300 g SELECTED VARIETIES



McCain
FRIES
1.5 kg SELECTED VARIETIES



Bear Paws
COOKIES
100 g SELECTED VARIETIES



MADE GOOD
BARS
100 g SELECTED VARIETIES



Simply
ORANGE JUICE
1 L SELECTED VARIETIES



Green Giant
FROZEN VEGETABLES
1 kg SELECTED VARIETIES



Kraft
PEANUT BUTTER
250 g SELECTED VARIETIES



VH
HONEY CAKES
100 g SELECTED VARIETIES



SARA LEE
LITTLE BITES
100 g SELECTED VARIETIES



Black Diamond
CHEESECAKE
MINI WAFERS
100 g SELECTED VARIETIES



Kellogg's
MINI WHEATS
CEREAL
100 g SELECTED VARIETIES



Nutri Grain
BARS
100 g SELECTED VARIETIES



bubly
SPARKLING WATER
12 x 355 mL SELECTED VARIETIES



Lindt
EXCELLENCE
BITES
100 g SELECTED VARIETIES



Danone
DANINI DRINKABLE YOGURT
4 x 100 mL SELECTED VARIETIES



Sponge Towels
3 x 400 mm
SELECTED VARIETIES



Chocula
HOT SAUCE
100 mL SELECTED VARIETIES



Buenos Aires
EGG BAKES
QUICHE
100 g SELECTED VARIETIES



Goldfish
CRACKERS
100 g SELECTED VARIETIES



Nesquik
DRINK
100 mL SELECTED VARIETIES



PINTY'S
BREADED CHICKEN OR WINGS
100 g SELECTED VARIETIES



OREO
MINI
SNACK PACKS
100 g SELECTED VARIETIES



Clover Leaf
TUNA
100 g SELECTED VARIETIES



Simply Protein
BARS
100 g SELECTED VARIETIES



Maple Loose
CHICKEN WENDERS
100 g SELECTED VARIETIES



Oasis
JUICE
1 L SELECTED VARIETIES



Kellogg's
RICE KRISPIES
CEREAL
100 g SELECTED VARIETIES

Donation Match Days

January 31 and February 7

We'll match up to \$30,000 each day!

Metro Ontario Inc. will donate up to a maximum of \$30,000 on each of the Match Fund days, January 31 and February 7, 2026 to a cumulative total of \$60,000. Participating Metro and Food Basics stores in Ontario only. For more information on the Make Happy Tummies™ campaign, please visit: makehappytummies.ca

FOR PERSONALIZED COUPONS, DOWNLOAD OUR APP OR VISIT metro.ca

metro.ca
mmMAZING!
offer

60%

OFF*
12-MONTH
DELIVERY PASS

~~\$99⁹⁹~~
\$39⁹⁹



Subscribe Now

*Certain conditions apply. Details on metro.ca

*Lunar
New Year*



















FLAVOURS OF

Ramadan

A JOURNEY OF FAITH, FASTING & INNER RENEWAL

INDIA GATE BHOJANA OR GILGA PREMIUM BASMATI RICE OR CEDAR PARBOILED RICE 4.5 LBS SELECTED VARIETIES

12⁹⁹ ea.

BRAN'S BEST GHEE 800g

13⁹⁹ ea.

KEBAB FACTORY CHICKEN KEBABS OR LEE PRECIS 1000g, 100g & 14g

8⁹⁹ ea.

EGGLESS CAKE WHITE OR CHOCOLATE 900g

19⁹⁹ ea.

SUNNY FRUIT ORGANIC DRIED MANGO 10.4g DRIED DATES 1.13kg

12⁹⁹ ea.

SHEER OR MEERA BEAN OR BOMB CORN FLOUR 1.5kg SELECTED VARIETIES

4⁹⁹ ea.

DIVYA OKRA 75g SELECTED VARIETIES

99¢ ea.

CASABLANCA HONEY, 100% TIS AGAR PREMIUM OR GOLD 14g, 50g, 2.25kg SELECTED VARIETIES

6⁹⁹ ea.

FROZEN WHOLE GOLDEN POMPANO FROZEN, 800g

8⁹⁹ ea.

ROYAL DELIGHT SAMOSAS, MANGO SLICES OR DES LUXIOUS ENTREES 285, 285g, 400g, 400g SELECTED VARIETIES

3⁴⁹ ea.

CEDAR DRY BEANS, BARLEY, BURGOL OR SEMOLINA 907g SELECTED VARIETIES

2⁹⁹ ea.

LADZEE SPRING ROLLS OR SAMOSAS 400g, 400g SELECTED VARIETIES

3²⁹ ea.

ALKANETER OR CEDAR TAHINI OR PHOENIX CREAM OR PHOENIX HONEY 500, 500g, 500g SELECTED VARIETIES

8⁹⁹ ea.

INDIANE 5 x 8.5g SELECTED VARIETIES

3⁴⁸ ea.

DIVYA ENTREES 285, 285g SELECTED VARIETIES

1⁷⁹ ea.

PABE RUSK OR NATIONAL CUSTARD 277, 200g SELECTED VARIETIES

1⁷⁹ ea.

SURATI FROZEN VEGETABLES 300g SELECTED VARIETIES

1⁷⁹ ea.

MOOR DATES OR SHEERON JUICE 800, 9.2L SELECTED VARIETIES

4⁹⁹ ea.

CEDAR KATAIFI OR PHOENIX PASTA BURGOL, OKRA OR SPINACH OR SHOOTER PINE LEAVES 270, 750g SELECTED VARIETIES

2⁹⁹ ea.

SURATI SNACKS, BURGOL OR SHEERON DRINKS 200, 100g SELECTED VARIETIES

2⁴⁹ ea.

BEST MANGO, DIVYA MANGO PULP OR MORDEX KASHITA CREAM 1L, 100g, 100g SELECTED VARIETIES

3²⁹ ea.

CEDAR MARIANES, CUCUMBERS OR GRAPE LEAVES 1L SELECTED VARIETIES

4⁹⁹ ea.

BRISTLES WHOLE NATURAL ALMONDS OR WALNUT HALVES & PIECES 200g

4⁹⁹ ea.

WHOLE MEDJOL DATES PRODUCT OF U.S.A. 907g

9⁹⁹ ea.

218

Item availability varies by store.

Seafood



13⁹⁹
/lb

FRESH ATLANTIC SALMON FILLETS
Wt. 1000, 1500, 2500g



SUPREME FAMILY PACK SUSHI
100 PCS
\$29.99 (REG. \$49.99)

18⁰⁰
ea.



SELECTION INUITON CRAB FLAKES ON STICKS

3⁹⁹
ea.



LA BOUCANIERE SMOKED & STEAMED SALMON
100g

7⁹⁹
ea.



LOUIS KEMP SEA LESS SHRIMP
100g
Cooking

7⁹⁹
/lb



15⁹⁹
/lb

TRUE NORTH MAPLE CURED BROS. ATLANTIC SALMON STEAKS
FRESH, 15.500g



MARINA DEL REY RADOLI
CROISSANT & RADOLI
200g

7⁹⁹
ea.



C&D BITES
BAY OF FUNDY
200g

7⁹⁹
ea.



CEDAR BAY CANADIAN CORIANDER RICE & CHEESE
FROZEN, 575g

9⁹⁹
ea.



OCEAN JEWEL WHOLE TROUT
FROZEN, 1000g

125
pounds



DON'T CUT & VINEGAR BREADED COD BITES

7⁹⁹
ea.



DON'T CUT & VINEGAR BREADED COD BITES

7⁹⁹
ea.



OCEAN JEWEL WHOLE TROUT
FROZEN, 1000g

125
pounds



OCEAN JEWEL WHOLE TROUT
FROZEN, 1000g

125
pounds

Four boxes of Irresistible frozen appetizers are displayed. Each box features the 'Irresistible' logo and a '20% OFF' badge. The products and their prices are:

- Irresistible CRISP CALAMARI**: 6.99 ea.
- Irresistible COCONUT SHRIMP**: 10.99 ea.
- Irresistible HERB-FLECKED BAY BUTTERFLY SHRIMP**: 10.99 ea.
- Irresistible MEDITERRANEAN CRISP CALAMARI**: 10.99 ea.

The image displays a collection of 20 grocery items arranged in a grid. Each item is presented with a photograph of the product packaging and a corresponding price tag. The price tags are yellow with a red heart icon and the word 'NOW' in red, indicating a current or promotional price. The items include various types of cream, coffee, butter, pasta, snacks, and fresh produce like tomatoes and potatoes.

Product Name	Price
SELECTION CREAM 400 ml	3.99
Coffee variety 10	
IRRESISTIBLES GROUND COFFEE 100 g	10.99
CREAM CHEESE FROMAGE à la CRÈME 250 g	3.49
SELECTION CREAM CHEESE 500 ml	3.49
SELECTION CHOPY PASTA 100 g	2.49
SELECTION BUTTER 250 g	4.99
SELECTION PEANUT BUTTER 450 g	4.99
SELECTION FRYING OIL 1.5 L	2.99
LIFE SMART FRYING OIL 1.5 L	2.99
SELECTION PUDDING CUP 400 g	2.49
SELECTION PEANUTS 500 g	4.99
SELECTION SNACKS 200 g	3.49
SELECTION SALSA 400 g	4.49
SELECTION NATURALIA TORTILLA CHIPS 200 g	3.49
SELECTION NATURALIA TORTILLA CHIPS 200 g	3.49
SELECTION IRRESISTIBLES SPARKLING WATER 1.5 L	9.99
SELECTION MAC & CHEESE 200 g	12.95
SELECTION PASTA SAUCE 500 g	3.99
SELECTION DICED POTATOES 1.5 L	17.99

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\$ New Lower Prices

[illegible]

 11.99 ea. MARC ANGELO KABOBS PORK OR CHICKEN	 9.99 ea. MONTANA'S HOT & SPICY BEEF BURGERS	 6.49 ea. MARC ANGELO SLICED ITALIAN BEEF (1 1/2 lb.)	 9.99 ea. STORE MADE LARGE SALADS
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6.99 **5.99** **3.49**

SMUCKER'S
NATURAL
PEANUT BUTTER
UNSWEETENED
16 OZ. JAR

SMUCKER'S
NATURAL
STRAWBERRY PRESERVES
16 OZ. JAR

Jif
CREAMY PEANUT BUTTER
16 OZ. JAR

OCEAN SPRAY
SPARKLING CRANBERRY
DRINKS
16 OZ. CAN

OCEAN SPRAY
SPARKLING ORANGE
DRINKS
16 OZ. CAN

CLAMATO
GARDEN OF EATIN'
VEGETABLE STOCK
16 OZ. BOTTLE

CLAMATO
GARDEN OF EATIN'
VEGETABLE STOCK
16 OZ. BOTTLE

Knorr Salsiccia
POLPETTONE POLPETTONI
1.99

Knorr Salsiccia
POLPETTONE POLPETTONI
1.99

Knorr Salsiccia
POLPETTONE POLPETTONI
1.99

Jamieson Multi
JAMIESON MULTI
30%

Jamieson Magnesium
JAMIESON MAGNESIUM
30%

Eucerin Baby Wipes
EUCERIN BABY WIPES
6.99

Wipes Baby Wipes
WIPES BABY WIPES
6.99

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125
POINTS

ACTIVIA
100% GREEK YOGURT

ACTIVIA 100% GREEK YOGURT
STRAWBERRY CHEESECAKE

125
POINTS

Campbell's
CREAM OF CHICKEN

CAMPBELL'S SOUP
CREAM OF CHICKEN

5.99
ea.

2.22
ea.

[illegible]

Baby Care



ONCE UPON A FARM
BABY FOOD POUCHES
SELECTED VARIETIES

3⁹⁹
ea.



ONCE UPON A FARM
BABY FOOD POUCHES
SELECTED VARIETIES

3⁹⁹
ea.



ONCE UPON A FARM
BABY FOOD POUCHES
SELECTED VARIETIES

3⁹⁹
ea.



LIVE CLEAN
BABY CARE
BABY WIPES
SELECTED VARIETIES

6⁹⁹
ea.



LIVE CLEAN
BABY CARE
BABY WIPES
SELECTED VARIETIES

6⁹⁹
ea.



LIVE CLEAN
BABY CARE
BABY WIPES
SELECTED VARIETIES

6⁹⁹
ea.

Endless Variety, Crafted with Love:
Baby Gourmet Goodness



BABY GOURMET
BABY PUREE
SELECTED VARIETIES

1⁹⁹
ea.



BABY GOURMET
BABY PUREE
SELECTED VARIETIES

1⁹⁹
ea.



BABY GOURMET
BABY PUREE
SELECTED VARIETIES

1⁹⁹
ea.



PENATEN
DIAPER CREAM
SELECTED VARIETIES

5⁹⁹
ea.



WET ONES
HAND & FACE WIPES
SELECTED VARIETIES

3⁹⁹
ea.

Health & Beauty



CREST 3D WHITE
MOUTHWASH
SELECTED VARIETIES

11⁴⁹
ea.



ORAL-B
TOOTHBRUSH
BATTERY

11⁹⁹
ea.



BLISTEX
LIP BALM
SELECTED VARIETIES

3⁹⁹
ea.



NIVEA
FACE CARE
SELECTED VARIETIES

10⁹⁹
ea.



ST IVES
BODY LOTION
SELECTED VARIETIES

7⁴⁹
ea.



LIVE CLEAN
BODY LOTION
SELECTED VARIETIES

9⁹⁹
ea.



JERGENS
MOISTURIZING LOTION
SELECTED VARIETIES

11⁹⁹
ea.



GLYSOMED
HAND CREAM
100ml

7⁹⁹
ea.



DEGREE
DEODORANT
SELECTED VARIETIES

4⁴⁹
ea.



SECRET
DEODORANT
SELECTED VARIETIES

7⁹⁹
ea.



GILLETTE
SHAVING GEL
SELECTED VARIETIES

6⁹⁹
ea.



SCHICK
RAZOR
SELECTED VARIETIES

14⁹⁹
ea.



LIVE CLEAN
BABY CARE
SELECTED VARIETIES

7⁹⁹
ea.



OGX
STYLING PRODUCT
SELECTED VARIETIES

9⁴⁹
ea.



OGX
STYLING PRODUCT
SELECTED VARIETIES

6⁹⁹
ea.



OGX
STYLING PRODUCT
SELECTED VARIETIES

9⁹⁹
ea.



DOVE MEN-CARE
BODY WASH
SELECTED VARIETIES

8⁹⁹
ea.



OGX
BODY WASH
SELECTED VARIETIES

8⁹⁹
ea.



ATHENA CLUB
BODY WASH
SELECTED VARIETIES

12⁹⁹
ea.



BATISTE
DRY SHAMPOO
SELECTED VARIETIES

10⁹⁹
ea.



CAPRINA
BAR SOAP
SELECTED VARIETIES

5⁹⁹
ea.



TAMPAX
TAMPONS
SELECTED VARIETIES

12⁹⁹
ea.



always
MENSTRUAL WIPES
SELECTED VARIETIES

12⁹⁹
ea.



always
ADULT INCONTINENCE PADS
SELECTED VARIETIES

19⁹⁹
ea.

TASTE OF SUPER BOWL

LAJOY'S POTATO CHIPS
SELECTED SIZES
\$2.99 ea.

PEPPERONI
SELECTED SIZES
\$4.49 ea.

Mrs. Vickie's
ORIGINAL RECIPE
RISOTTO ITALIANE
SELECTED SIZES
\$4.49 ea.

bubbly
BUBBLY SPARKLING WATER 12 x 350ml
\$2.99 ea.

Montellier
MONTPELLIER SPARKLING WATER 10 x 350ml
\$14.00 ea.

Smartfood
SMARTFOOD POPCORN
SELECTED SIZES
\$125 ea.

Smartfood
WHITE CHEDDAR
\$5.49 ea.

Smartfood
WHITE CHEDDAR
\$5.49 ea.

HELLMANN'S
THE ULTIMATE GAME DAY LINEUP

HELLMANN'S MAYONNAISE
SELECTED SIZES
\$4.49 ea.

PRINGLES
PRINGLES CRISP'S
SELECTED SIZES
\$2.99 ea.

CLAMATO
Caesar
Bring on the Flavour

MOTT'S CLAMATO THE ORIGINAL ITALY SELECTED VARIETIES
\$3.49 ea.

Nando's
NANDO'S HOT SAUCE
750 ml
\$6.99 ea.

TABASCO
TABASCO HOT SAUCE
750 ml
\$5.99 ea.

Dr. Oetker
suprema
NEW

GIUSEPPE
GIUSEPPE STUFFED CRUST PIZZA
SELECTED SIZES
\$7.99 ea.

GIUSEPPE
GIUSEPPE THIN AND BOILING SAUCE OR RUP'S SAUCE PIZZA
SELECTED SIZES
\$7.49 ea.

GIUSEPPE
GIUSEPPE EAST PIZZA
SELECTED SIZES
\$7.49 ea.

Natrell
NATRELL COFFEE CREAMER
SELECTED VARIETIES
\$6.99 ea.

Natrell
NATRELL LACTOSE-FREE MILK
2 L
\$6.49 ea.

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LCBO
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nutella
nutella
750g
\$8.99 ea.

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QUEST FOR GOLD
QUEST FOR GOLD
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