

food Basics
CANADIAN AND PROUD

**ALWAYS
MORE
FOR LESS**

WOWZA!



WOWZA!
8.98
EACH

SWISS CHALET BBQ PORK BACK RIBS

400 g SELECTED VARIETIES WHILE QUANTITIES LAST



PRIME, MINA HALAL
FRESH FROM THE FARM OR
ZABIHA HALAL FRESH
BONELESS CHICKEN BREAST
FAMILY PACK
AIR CHILLED SELECTED VARIETIES
WHILE QUANTITIES LAST
10.98/KG

WOWZA!
4.98
/LB

RUDOLPH'S BREAD
300 g
SELECTION
GARLIC TOAST
AND
KING'S HAWAIIAN
ROLLS
AND
SELECTED VARIETIES



WOWZA!
2.98
EACH



GRADE A DUCK
FROZEN
SELECTED VARIETIES
WHILE QUANTITIES LAST
8.55/KG

WOWZA!
3.88
/LB

IRRESISTIBLES
NUTS
200 - 255 g
SELECTED VARIETIES



WOWZA!
3.98
EACH



WOWZA!
2.88
/LB OR
EACH



WOWZA!
1.68
EACH

BARILLA PASTA, HUNT'S TOMATO
SAUCE OR AYLMER TOMATOES
340 - 810 g, 540 - 750 ml SELECTED VARIETIES



WOWZA!
1.88
/LB OR
EACH



WOWZA!
4.98
EACH

DR. OETKER GIUSEPPE RISING OR THIN
CRUST PIZZA 400 - 785 g DRIZZLED
HELUYA GOOD! DIP 400 g SELECTED VARIETIES



WOWZA!
3.88
EACH



WOWZA!
4.98
EACH

CLOVER LEAF
SOCKEYE SALMON
WILD RED PACIFIC



WOWZA!
2.75
EACH

GET READY TO SAVE! GREAT PRICES START ON THURSDAY, FEBRUARY 5TH TO WEDNESDAY, FEBRUARY 11TH, 2026
PRICES IN THIS FLYER AVAILABLE AT ALL BRAMPTON, ETOBICOKE, MISSISSAUGA, NORTH YORK, RICHMOND HILL, SCARBOROUGH, TORONTO, THORNHILL, EMERALD PARK,
MARKHAM, AJAX, OSHAWA, COURTICE, NEWMARKET, AND PICKERING STORE LOCATIONS ONLY.
To view local store flyer, visit foodbasics.ca, where you can create an account (or sign into your account) and select your preferred location.

food Basics

CANADIAN AND PROUD

WOW

JANES

PUB STYLE CHICKEN NUGGETS

MADE WITH WHITE MEAT

700 g

JANES

PUB STYLE CHICKEN STRIPS

MADE WITH WHITE MEAT

700 g

JANES

PUB STYLE FULLY COOKED BREADED CHICKEN FRIEDER

600 - 700 g

SELECTED VARIETIES WHILE QUANTITIES LAST

Campbell's

Italian Wedding

315 - 796 ML

Habitant

French-Canadian PEA SOUP

315 - 796 ML

Campbell's

CHUNKY CHICKEN NOODLE SOUP

315 - 796 ML

Campbell's

CHUNKY CHICKEN NOODLE SOUP

315 - 796 ML

OREO

THE ORIGINAL

100 - 300 g

SOUR PATCH

100 - 300 g

CHRISTIE

COOKIES OR CRACKERS

100 - 300 g

BITS & BITES

OR CRISPERS

100 - 300 g

MAYNARD'S

CANDY

100 - 300 g

Bits & Bites

Méti-Méti

CRISPERS

100 - 300 g

RITZ

original

100 - 300 g

Mondelez

original

100 - 300 g

Kellogg's

VERY HIGH FIBRE

MADE WITH 100% WHOLE GRAIN

MINI WHEATS!

400 - 600 g

Kellogg's

VERY HIGH FIBRE

MADE WITH 100% WHOLE GRAIN

Two Scoops Raisin Bran

400 - 600 g

CANADA DRY

GINGER ALE

12 x 355 ML

Coca-Cola

ORIGINAL TASTE

12 x 355 ML

PEPSI

12 x 355 ML

COCA-COLA, CANADA DRY, GINGER ALE OR PEPSI SOFT DRINKS

12 x 355 ML

SELECTED VARIETIES

75 points

GET READY TO SAVE! GREAT PRICES START ON

PRICES IN THIS FLYER AVAILABLE AT ALL BRAMPTON, ETOBICOKE, MARKHAM, AJAX, OSHAWA, CO.

To view local store flyer, visit foodbasics.ca, where

VALENTINE ESSENTIALS FOR LESS

HERSHEY'S KISSES

HERSHEY'S KISSES VALENTINE CHOCOLATE

100 g

SELECTED VARIETIES WHILE QUANTITIES LAST

HERSHEY'S KISSES

HERSHEY'S KISSES VALENTINE CHOCOLATE

100 g

SELECTED VARIETIES WHILE QUANTITIES LAST

NESTLÉ SMARTIES OR MINI KIT KAT VALENTINE CHOCOLATE

100 - 154 g

SELECTED VARIETIES WHILE QUANTITIES LAST

KitKat

30

SELECTED VARIETIES WHILE QUANTITIES LAST

Smarties

300 g

LINDT LINDOR

LINDT LINDOR CHOCOLATE

150 g

SELECTED VARIETIES WHILE QUANTITIES LAST

LINDT LINDOR

LINDT LINDOR CHOCOLATE

150 g

SELECTED VARIETIES WHILE QUANTITIES LAST

FERRERO ROCHER

FERRERO ROCHER CHOCOLATE BITE

200 g

SELECTED VARIETIES WHILE QUANTITIES LAST

FERRERO ROCHER

FERRERO ROCHER CHOCOLATE BOX

154 g

SELECTED VARIETIES WHILE QUANTITIES LAST

Baci

MILK CHOCOLATE CHOCOLAT AU LAIT

154 g

SELECTED VARIETIES WHILE QUANTITIES LAST

PERUGINA BACI CHOCOLATES

154 g

SELECTED VARIETIES WHILE QUANTITIES LAST

WOWZA!

Black Diamond
OLD • FORT
Cheddar Cheese
Fromage cheddar

Black Diamond
MARBLE • MARBRE

BLACK DIAMOND CHEESE 400 G
SHREDS 320 G
NATURAL CHEESE SLICES 220-240 G
GALBANI MOZZARELLA 300 G SELECTED VARIETIES

\$4.99
EACH

SCHNEIDERS
Blue Ribbon
CLASSIC BOLOGNA
BOLOGNE CLASSIQUE

Boursin
AIL & FINES HERBES
GARLIC & FINE HERBS

**SCHNEIDERS BOLOGNA
OR BOURSIN CHEESE**
150-300 G SELECTED VARIETIES

\$4.99
EACH

Kraft
Singles
Original Cheddar Original

PHILADELPHIA
ORIGINAL
cream cheese

PHILADELPHIA CREAM CHEESE 410 G
CHEEZ WHIZ SPREAD 450 G
SELECTED VARIETIES

\$3.98
EACH

Crave
MACARONI & CHEESE
MACARONI ET FROMAGE

KP Deluxe
MACARONI & CHEESE
MACARONI ET FROMAGE

Crave OR KRAFT DINNER MEALS
300-340 G FROZEN SELECTED VARIETIES

\$2.99
EACH

Cavendish
Flavour CRISP
CLASSIQUE

CHEEMO
Perogies
POTATO & SAUSAGE

CAVENDISH FARMS FRENCH FRIES 454-750 G
CHEEMO PEROGIES 815-1015 G FROZEN SELECTED VARIETIES

\$2.99
EACH

CLOVER LEAF
FLAKED LIGHT TUNA
SPICY THAI CHILI

CLOVER LEAF
SOLID LIGHT TUNA
PURE OLIVE OIL

CLOVER LEAF
FLAKED LIGHT TUNA
SEASACK IN WATER

**CLOVER LEAF LIGHT OR
FLAVOURED TUNA**
85-170 G
SELECTED VARIETIES

\$1.49
EACH

MAXWELL HOUSE
COFFEE CAPSULES
125

NABOB
GROUND COFFEE
340 G

HAZELNUT SPREAD 725 G
SELECTED VARIETIES

\$5.99
EACH

Folgers
Classic Roast
GROUND COFFEE

FOLGERS GROUND COFFEE 340-470 G
COFFEE CAPSULES 805
SELECTED VARIETIES

\$16.99
EACH

QUAKER
HARVEST CRUNCH
ORIGINAL

Life
WHOLE GRAIN CEREAL
original

QUAKER HARVEST CRUNCH CEREAL 400-455 G
LIFE CEREAL 450 G
SELECTED VARIETIES

\$3.99
EACH

ESKA
SPRING WATER
24 x 500 ML

\$4.49
EACH

Sponge Towels 12-24

CASHMERE BATHROOM TISSUE 12-245
SPONGE TOWELS
ULTRA PAPER TOWELS 3-45
SCOTTIES FACIAL TISSUE 45
SELECTED VARIETIES

\$7.49
EACH

TIDE OR GAIN
LAUNDRY DETERGENT
2.4-2.72 L • 61-70 L0005

DOWNY SOFTENER 2.43 L
SELECTED VARIETIES

\$9.99
EACH

the app-solute best way to save

only with **moi** rewards

SCAN TO DOWNLOAD
While quantities last. Visit our app for details.
*Limit one per customer, per transaction.

BLACK DIAMOND CHEESTRINGS OR CHEESE STICKS*
220-330 G
SELECTED VARIETIES

DIGITAL DEAL
\$5.99
EACH
WITH COUPON

save \$2

this week only

*IN STOCK POLICY: Food Basics® offers an in-stock guarantee for all items in its current flyer. If we are temporarily out-of-stock on an advertised item in our current flyer, a Rain Check will be issued with 10% off the advertised price of the item redeemable within 30 days from the date of issue. Rain Checks are not issued if the ad in the flyer states, "While Quantities Last", "Special Buy" or "No Rain Checks", or on in-store cooked BBQ Chicken and Hot Pizza, Beer, Cider and Wine, Independent Third Party Vendors, "Our Seafood Market" and "Our Butcher Shop by Nossio Tailor". Please see the Customer Service desk at your Food Basics for full details. For retail sale only. If there is a limit stated in the ad, Rain Checks up to the stated limit may be issued. If there is no limit stated in the ad, we reserve the right to limit quantities to reasonable requirements. Limit: One Rain Check per household per item per day.

We reserve the right to limit purchases to reasonable requirements. Limits or some restrictions apply - details available in store or at Foodbasics.ca. Certain prices and special offers advertised in our flyers may vary by area. To view local store flyer, visit foodbasics.ca, where you can create an account (or sign into your account) and select your preferred location. Some illustrations in this flyer do not necessarily represent items on sale and are for design only. We reserve the right to correct any unintentional error that may occur in the copy or illustration. References for savings or sale prices are in comparison to our regular retail prices. Prices are effective Thursday 8 a.m. through closing Wednesday. Other exemptions may apply. "Compare at" references are in comparison to at least 1 other regular retail price. Commercial resale of our products is prohibited. Upon presentation of the Moi Rewards card, points awarded are calculated on the total amount, before taxes, and excludes the products specified in the terms and conditions of the program. Does not apply to bonus points. Available at stores participating in the Moi program. For \$3 = 1 pt. available at Metro; not available at Food Basics. Points redeemable at participating stores starting at a balance of 500 points (\$4 value). Visit moirewards.ca for terms and conditions. Moi Rewards is a trademark of Metro Inc.

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make
happy
tummies

Join Us.
100% of donations help feed
hungry tummies at schools in
our neighbourhoods.

Donate
in-store

makehappytummies.ca

Thank you to our Make Happy Tummies™ partners. Look for their products in-store.

TM 2026 Make Happy Tummies



**iögo NANO
DRINKABLE YOGURT**
6 x 93 ML SELECTED VARIETIES



**VITA COCO
COCONUT WATER**
1 L SELECTED VARIETIES



**BOB'S RED MILL
GLUTEN FREE ROLLED OATS**
907 G SELECTED VARIETIES



**LACTANTIA
PURIFILTRE MILK**
4 L SELECTED VARIETIES



**MAPLE LEAF
DELI SLICED MEAT**
175 G SELECTED VARIETIES



**QUAKER HARVEST CRUNCH
GRANOLA CEREAL**
475 G SELECTED VARIETIES



**MCCAIN
SMILES POTATOES**
FROZEN 650 G SELECTED VARIETIES



**DARE BEAR PAWS
CHOCOLATE CHIP COOKIES**
240 G SELECTED VARIETIES



**MADE GOOD
ORGANIC CHEWY
GRANOLA BARS**
5.5 SELECTED VARIETIES



**SIMPLY
ORANGE
JUICE**
2.25 L SELECTED VARIETIES



**GREEN GIANT
PEACHES & CREAM CORN**
750 G FROZEN SELECTED VARIETIES



**KRAFT
PEANUT BUTTER**
1 KG SELECTED VARIETIES



VH SAUCE
341 - 380 ML
SELECTED VARIETIES



SARA LEE LITTLE BITES
150 - 234 G
SELECTED VARIETIES



**BLACK DIAMOND
CHEESTRINGS**
334 G
SELECTED VARIETIES



**KELLOGG'S
MINI-WHEATS! CEREAL**
400 G SELECTED VARIETIES



**KELLOGG'S
NUTRI GRAIN
CEREAL BARS**
255 G



**BUBLY
SPARKLING WATER**
12 x 155 ML
SELECTED VARIETIES



**LINDT EXCELLENCE
CHOCOLATE BARS**
100 G SELECTED VARIETIES



**DANONE DANINO
DRINKABLE YOGURT**
6 x 93 ML SELECTED VARIETIES



**SPONGE TOWELS ULTRA
PAPER TOWELS**
3 x 5 SELECTED VARIETIES



**CHOLULA
HOT SAUCE**
150 ML
SELECTED VARIETIES



**BURNBRAE FARMS
EGG BAKES!
SPINACH & RICOTTA**
340 G



**PEPPERIDGE FARMS
GOLDFISH CRACKERS**
200 G SELECTED VARIETIES



**NESTLE
NESQUIK
SYRUP**
700 ML SELECTED VARIETIES



**PINTY'S
CHICKEN WINGS OR CHUNKS**
720 - 730 G FROZEN
SELECTED VARIETIES



**CHRISTIE
SNAK PAKS COOKIES**
150 G SELECTED VARIETIES



**CLOVER LEAF
TUNA**
170 G
SELECTED VARIETIES



**SIMPLY PROTEIN
BARS** 12.5
SELECTED VARIETIES



**MAPLE LODGE
CHICKEN WIENERS**
400 G SELECTED VARIETIES



**DEL MONTE
NECTAR**
900 ML
SELECTED VARIETIES



**KELLOGG'S
RICE KRISPIES CEREAL**
340 G SELECTED VARIETIES

Products may be sold in a format other than as shown and/or may not be available at all stores.

Donation Match Days

January 31 and February 7
We'll match up to \$30,000 each day!

Metro Ontario Inc. will donate up to a maximum of \$30,000 on each of the Match Fund days, January 31 and February 7, 2026 to a cumulative of \$60,000. Participating Metro and Food Basics stores in Ontario only. For more information on the Make Happy Tummies™ campaign, please visit: makehappytummies.ca

*NO PURCHASE NECESSARY. Contest runs January 15, 2026 to February 11, 2026. Open to residents of Ontario of the age of majority at time of entry. Four (4) Prizes consisting of 100,000 M01 points valued at approximately \$800 each (ARV) are available to be won Odds of winning dependent on the number of eligible entries received. Skill testing question required to make prize. Certain exceptions and restrictions apply. For Official Rules and how to enter visit www.oodacprizes.ca/rules and regulations.owova-swee.com. Contest Sponsored by Metro Ontario Inc. 5555 Dundas St. West, Etobicoke, ON M9B 1B9.



Link your cards and
earn more Moi points.

Earn 2500 **Moi points*** **on your next shop**

\$20*
in value



Nestlé

\$

DRUMSTICK
VANILLA CARAMEL
4 CONES
\$5⁹⁹ EACH

iögo
FROZEN YOGURT BARS
Strawberry Cheesecake
\$
4⁹⁹ EACH

Häagen-Dazs
vanilla vanille
946 ML
\$
9⁹⁹ EACH

Real Dairy
French Vanilla
PREMIUM ICE CREAM
1.5 L NOVELTIES
4-10'S SELECTED VARIETIES
\$
5⁹⁹ EACH

KitKat
CHOCOLATE BARS OR CELLO BAGS
SELECTED VARIETIES
\$
3⁹⁹ EACH

Aero Minis
135g MINI
NOV 14

STARBUCKS
PIKE PLACE ROAST
TORRIFICATION PIKE PLACE ROAST
CAPSULES
SELECTED VARIETIES
\$
11⁹⁹ EACH

BIMBO CANADA'S

NEW
Dempster's
 EST 1990
PROTEIN
 WHITE
 14 g PROTEIN

NEW
Dempster's
 EST 1990
PROTEIN
 WITH WHOLE GRAINS —
 600 g

Jos Louis
 L'ORIGINAL
 VACHON SNACK CAKES
 6-125
 SELECTED VARIETIES

NEW
Stonemill
 BAKERY RECIPE
 WHOLE & REAL
ARTISAN 12 GRAIN
 BREAD - FAIN
 550 g

NEW
Stonemill
 BAKERY RECIPE
 WHOLE & REAL
SAUVAGE STEEL SOURDOUGH
 BREAD - FAIN
 550 g

Takis
 FUEGO
 TAKIS TORTILLA CHIPS
 100-240 g
 SELECTED VARIETIES

Dempster's
 EST 1990
ENGLISH MUFFINS
 ANGLAIS
 PLAIN NATURE
 340 g

Dempster's
 EST 1990
ENGLISH MUFFINS
 ANGLAIS
 BUTTER
 340 g

399
 EACH

349
 EACH

449
 EACH

249
 EACH

329
 EACH



Knorr BUTTER & HERB
BEURRE ET FINES HERBES
Pasta / Pâtes
Our Promise: *Notre promesse*
No Artificial Flavouring or Colours
Sans arômes ou colorants artificiels



Knorr CREAMY BACON CARBONARA
FLAVOURED
CARBONARA CRÉMEUSES AU BACON
AROMATISÉES
Pasta / Pâtes
Our Promise: *Notre promesse*
No Artificial Flavouring or Colours
Sans arômes ou colorants artificiels
COOKS IN 8 MINUTES

\$ 179 EACH

KNORR SIDEKICKS
120g x 16/5
SELECTED VARIETIES





HELLMANN'S
REAL MAYONNAISE
750g / 26.5 FL OZ
SELECTED VARIETIES



Knorr CHICKEN POULET
6 MINUTE
Our Promise: *Notre promesse*
No Artificial Flavouring or Colours
Sans arômes ou colorants artificiels



Knorr THREE CHEESE MUSHROOM RISSOTTO
TRIPLE FROMAGE CHAMPIGNON
Our Promise: *Notre promesse*
No Artificial Flavouring or Colours
Sans arômes ou colorants artificiels



Lipton Chicken Noodle Soup
poulet et nouilles
100g



Knorr Onion Diogen
ONION
Moules & Oignons
Recipe: Recette



KNORR BOUILLON CUBES
100g x 40
RICE BOWLS
17g
SELECTED VARIETIES



TRESEMME HAIR CARE
171g x 8/3
SELECTED VARIETIES

LIPSTON OR KNORR SOUP
43
SELECTED VARIETIES

\$ 299 EACH

\$ 199 EACH

\$ 799 EACH

High Liner Signature Cuts Haddock
Wild Caught
425 g
\$10.99 EACH

High Liner Pan-Seared Pacific Salmon
Wild Caught
Dijon Dressing
425 g
\$10.99 EACH

High Liner Signature Cuts Haddock
Wild Caught
425 g
\$10.99 EACH

High Liner Pan-Seared Haddock
Wild Caught
425 g
\$10.99 EACH

High Liner Catch of the Day Fillets
Wild Caught
425 g
\$10.99 EACH

High Liner Roasted Garlic & Herb Fillets
Wild Caught
425 g
\$10.99 EACH

High Liner English Style Fillets
Wild Caught
425 g
\$7.99 EACH

The advertisement features three Ben's Original products against a red background. At the top center is the 'MARS incorporated' logo. To the left is a bag of Ben's Original Bistro Express Basmati Rice, priced at \$2.79 each. In the center is a box of Ben's Original Street Food / Cuisine de Rue, priced at \$3.99 each. To the right is a bag of Ben's Original Converted Rice, priced at \$8.99 each. Each product has a yellow price tag with a dollar sign and the price. A small Canadian flag icon is in the top left corner.



smart
water

GLACEAU
VITAMIN WATER
120 FL. OZ.
SMART WATER
1L
SELECTED VARIETIES

LOCKED DOWN 

1.99
EACH

15
points



Coca-Cola



BodyArmor
HYDRATION DRINK
47.5 FL. OZ. SELECTED VARIETIES

THIS WEEK ONLY 

1.99
EACH

15
points



TAURINE
MONSTER
ENERGY
47.5 FL. OZ. SELECTED VARIETIES

THIS WEEK ONLY 

2.49
EACH

20
points





enriched & pre-sifted
all-purpose flour
*ideal for pancakes, pie crusts, pizzas,
breads and croissants*



2.5 kg

\$3.77 EACH





**SELECTION
FLOUR**
2.5 kg
SELECTED VARIETIES





**SELECTION
EVAPORATED
MILK**
330 ml
SELECTED VARIETIES





**SELECTION
COCONUT
SHREDDED**
200 g
SELECTED VARIETIES

THIS WEEK ONLY

12⁹⁹
EACH

125
points
= \$1

MONSTER ENERGY

FAVORITE ORIGINAL

355 mL CANS/CANETTES

MONSTER ENERGY

8 PACK

ENERGY DRINK / BOISSON ÉNERGISANTE
WITH / AVEC SUGAR / SUCRE,
GLUCOSE & SUCRALOSE

EMBALLAGE DE 8
6-300 mL CANS
8 CANETTES DE 300 mL

LOCKED DOWN

7⁹⁹
EACH

65
points

Lemon

fuze iced tea

LOCKED DOWN

6-200 mL CANS

Lemon

LOVE iced tea

PERFECT TEA

6-200 mL CANS

FUZE OR PEACH TEA = 0.23¢/mL SELECTED VARIETIES

ALWAYS FRESH. *ALWAYS IN STOCK. ALWAYS GREAT PRICES.

*Link your eligible RBC® Card to your Moi Rewards card by June 17, 2026, and shop by July 31, 2026. For full program details, visit avionrewards.com/moi.
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ALWAYS FRESH. *ALWAYS IN STOCK. ALWAYS GREAT PRICES.

To view local store flyer, visit foodbasics.ca, where you can create an account (or sign into your account) and select your preferred location.

PRODUCE

ITALIAN ROMA TOMATOES
PRODUCT OF MEXICO, NO. 1 GRADE
4.37/KG

THIS WEEK ONLY

1⁹⁸
/LB

CANTALOUPE
PRODUCT OF GUATEMALA
NO. 1 GRADE
BLUEBERRIES
PRODUCT OF PERU
NO. 1 GRADE
17.6

THIS WEEK ONLY

2⁹⁸
EACH

FANCY
SPRING MIX
MELANGE PRONTANIER
LOCALLY GROWN
LOCALLY GROWN
READY TO EAT
PESTICIDE FREE
ANTHONY'S

VISION GREENS
ROMAINE LETTUCE
LAITUE ROMAINE
LOCALLY GROWN
LOCALLY GROWN
READY TO EAT
PESTICIDE FREE
ANTHONY'S

THIS WEEK ONLY

3⁹⁸
EACH

25 points

VISION GREENS LETTUCE
111 G

RASPBERRIES
PRODUCT OF U.S.A. OR MEXICO, NO. 1 GRADE 17.6
AVOCADOS
PRODUCT OF MEXICO AND/OR PERU, 1 OR 2 PACK
LIMES
PRODUCT OF MEXICO, 1 LB

THIS WEEK ONLY

3⁹⁸
EACH

CANARY MELON
PRODUCT OF BRAZIL
2.16/KG

THIS WEEK ONLY

98¢
/LB

EXTRA LARGE
RED OR GREEN SEEDLESS GRAPES
PRODUCT OF SOUTH AFRICA AND/OR PERU, NO. 1 GRADE
8.57/KG

THIS WEEK ONLY

3⁹⁸
/LB

WHOLE WHITE OR CREMINI MUSHROOMS
PRODUCT OF ONTARIO
227 G

THIS WEEK ONLY

2⁷⁷
EACH

WE LOVE LOCAL
McINTOSH
PRODUCT OF ONTARIO, CANADA FANCY GRADE
3 LB

THIS WEEK ONLY

4⁹⁸
EACH

BUTTERCUP, BUTTERNUT, ACORN OR SPAGHETTI SQUASH
PRODUCT OF MEXICO
3.26/KG

THIS WEEK ONLY

1⁴⁸
/LB

HOTHOUSE GRAPE TOMATOES
PRODUCT OF CANADA OR MEXICO, NO. 1 GRADE 281 G
THE LITTLE POTATO COMPANY POTATOES
PRODUCT OF CANADA, 688 G

THIS WEEK ONLY

2⁹⁸
EACH

PLANTAIN BANANAS
PRODUCT OF GUATEMALA
2.18/KG

THIS WEEK ONLY

99¢
/LB

SWEET ASSORTED PEPPERS
PRODUCT OF MEXICO AND/OR MEXICO
PES-014
SWEET CORN
PRODUCT OF U.S.A., NO. 1 GRADE
4 PK

THIS WEEK ONLY

4⁷⁷
EACH

DOLE SALADS
SALAD-197 G
SELECTED VARIETIES

THIS WEEK ONLY

2⁸⁸
EACH

PEACHES
PRODUCT OF CHILE, NO. 1 GRADE
NECTARINES
PRODUCT OF CHILE
6.57/KG

THIS WEEK ONLY

2⁹⁸
/LB

SOUTHWEST RANCH DIP
RANCH SUD-OUEST
HOMESTYLE RANCH FACON
LITEHOUSE DIP
340 G

THIS WEEK ONLY

3⁹⁹
EACH

FRUIT OR VEGETABLE TRAY
500 G-1.13 KG

THIS WEEK ONLY

1¹⁹
EACH

FLORAL

10 STEM TULIPS
WHILE SUPPLIES LAST

THIS WEEK ONLY

8⁸⁸
EACH

MIX & MATCH
BOUQUETS
WHILE SUPPLIES LAST

THIS WEEK ONLY

2/\$12

6" ASSORTED BULBS
WHILE SUPPLIES LAST

THIS WEEK ONLY

6⁹⁸
EACH

5" ORCHID
WHILE SUPPLIES LAST

THIS WEEK ONLY

12⁸⁸
EACH

MEAT

FRESH WHOLE CHICKEN WINGS
BAGGED
INCLUDES HALAL
8.80/KG

THIS WEEK ONLY

3⁹⁹
/LB

HALAL AT SAME PRICE

MEDIUM GROUND BEEF
FAMILY PACK
INCLUDES HALAL
15.41/KG

THIS WEEK ONLY

6⁹⁹
/LB

HALAL AT SAME PRICE

FRESH BONELESS STEWING BEEF
FAMILY PACK
INCLUDES HALAL
22.02/KG

THIS WEEK ONLY

9⁹⁹
/LB

HALAL AT SAME PRICE

NEW ZEALAND FRESH LAMB SHOULDER CHOPS
FAMILY PACK
INCLUDES HALAL
WHOLE QUANTITIES LAST
19.82/KG

THIS WEEK ONLY

8⁹⁹
/LB

HALAL

IRRESISTIBLES HALF MOON PACIFIC WHITE SHRIMP RING WITH SAUCE
367 G FROZEN SELECTED VARIETIES

THIS WEEK ONLY

13⁹⁹
EACH

SELECTION FRESH PORK SAUSAGES
FAMILY PACK
HOT, MILD, HONEY GARLIC OR BREAKFAST
SELECTED VARIETIES
9.90/KG

THIS WEEK ONLY

4⁴⁹
/LB

MAPLE LODGE
ULTIMATE DINNER, SUPPER, BREAKFAST SAUSAGES OR FRANKFURTERS
INCLUDES CARIBBEAN HALAL
275-300 G
SELECTED VARIETIES

THIS WEEK ONLY

6⁴⁹
EACH

IRRESISTIBLE
BATTERED CHEESE STICKS, JALAPENO POPPERS OR VEGGIE BURGERS
FROZEN 125-131 G
SELECTED VARIETIES

THIS WEEK ONLY

6⁹⁹
EACH

IRRESISTIBLE
BEEF SLIDERS OR GLUTEN FREE BREADED CHICKEN STRIPS
FROZEN 900-912 G
SELECTED VARIETIES

THIS WEEK ONLY

7⁹⁹
EACH

LEGACY
MARINATED PULLED PORK OR PORK LOINS
FROZEN 900-912 G
SELECTED VARIETIES

THIS WEEK ONLY

10⁹⁹
EACH

SUMMER FRESH
HUMMUS OR DIPS
ARTICHOKE & AILAGE
TOMATES D'ARTICHOKE
275 G
SELECTED VARIETIES

THIS WEEK ONLY

2⁹⁹
EACH

MONSIEUR GUSTAV GOUDA OR DOUBLE CREAM BRIE OR JARLSBERG SLICES OR AGROPUR 2 YEAR CHEDDAR
FROZEN 125-131 G
SELECTED VARIETIES

THIS WEEK ONLY

8⁹⁹
EACH

MARC ANGELO
SOUVLAKI FAMILY PACK
800-900 G
SELECTED VARIETIES

THIS WEEK ONLY

11⁹⁹
EACH

TRE STELLE
TRADITIONAL FETA
800 G
SELECTED VARIETIES

THIS WEEK ONLY

13⁹⁹
EACH

BRAR'S
PANEER
275 G
SELECTED VARIETIES

THIS WEEK ONLY

5⁹⁹
EACH

GOURMET
THAI SHRIMP
COOKED 85-75 G
OR FROZEN 100-100 G
FROZEN 100-100 G
SELECTED VARIETIES

THIS WEEK ONLY

7⁹⁹
EACH

RAW-CRUS
SMALL BAY SCALLOPS
FROZEN 400-400 G
SELECTED VARIETIES

THIS WEEK ONLY

8⁹⁹
EACH

WHOLE RAINBOW TROUT
FROZEN 100-100 G
SALMON PORTIONS
FRESH 2.111 G 8.89 G
FRESH SELECTED VARIETIES

THIS WEEK ONLY

8⁹⁹
/LB OR EACH

BAKERY

DEMPSTER'S
BREAD BUNS
625 G
SELECTED VARIETIES

THIS WEEK ONLY

2⁹⁹
EACH

SELECTION COOKIES
CT BAKERY DONUTS
340-425 G
SELECTED VARIETIES

THIS WEEK ONLY

4⁹⁹
EACH

VALENTINE'S SWEETS
300-380 G
SELECTED VARIETIES

THIS WEEK ONLY

3⁹⁹
EACH

SELECTION SNACK TUBS
420-400 G
SELECTED VARIETIES

THIS WEEK ONLY

5⁹⁹
EACH

ALWAYS FRESH. *ALWAYS IN STOCK. ALWAYS GREAT PRICES.

ALWAYS FRESH. *ALWAYS IN STOCK. ALWAYS GREAT PRICES.

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PROUDLY SUPPORTING OUR CANADIANS



WHOLE WHITE OR
CREMINI MUSHROOMS
PRODUCT OF ONTARIO
227 G

277
EACH



THE LITTLE POTATO COMPANY POTATOES
PRODUCT OF CANADA, 680 G

298
EACH



SUMMER FRESH HUMMUS OR DIPS
200 - 227 G
SELECTED VARIETIES

299
EACH



LEGACY
MARINATED
PULLED PORK
OR PORK LOINS
800 - 900 G
SELECTED VARIETIES

10⁹⁹
EACH



SELECTION COOKIES 340 - 424 G
CT BAKERY DONUTS 340 - 524 G
SELECTED VARIETIES

4⁹⁹
EACH



DEMPSTER'S BREAD
BUNS
475 G
85
SELECTED VARIETIES

299
EACH



LAY'S POTATO
CHIPS OR
TOSTITOS
TORTILLA CHIPS
200 - 285 G
SELECTED VARIETIES

275
EACH



DR. OETKER GIUSEPPE RISING OR
THIN CRUST PIZZA
495 - 780 G SELECTED VARIETIES
HELUVA GOOD! DIP
400 G SELECTED VARIETIES

4⁹⁸
EACH



COCA-COLA, CANADA DRY GINGER ALE OR
PEPSI SOFT DRINKS
12 X 355 ML SELECTED VARIETIES

75
points



CAVENDISH FARMS
FRENCH FRIES
340 - 204 G
CHEEMO PEROGIES
815 - 907 G FROZEN
SELECTED VARIETIES

299
EACH



CAMPBELL'S
BROTH
250 - 900 ML
SELECTED VARIETIES

1⁸⁸
EACH



NABOB GROUND COFFEE
340 G
MAXWELL HOUSE COFFEE CAPSULES
125
SELECTED VARIETIES

5⁹⁹
EACH



KRAFT BBQ SAUCE
352 G
SELECTED VARIETIES

249
EACH



CASHMERE BATHROOM TISSUE 12 - 245
SPONGE TOWELS
ULTRA PAPER TOWELS 1 - 45
SCOTTIES FACIAL TISSUE 45
SELECTED VARIETIES

749
EACH

LOCKED DOWN



BLACK DIAMOND SLICES
406
SELECTED VARIETIES

LOCKED DOWN 
398
EACH



GREEN GIANT VEGETABLES
500 - 750 G FROZEN SELECTED VARIETIES

LOCKED DOWN 
349
EACH



PILLSBURY
PREPARED
DOUGH
406 - 496 G
SELECTED VARIETIES

LOCKED DOWN 
399
EACH



ALLEN'S
WHITE OR
CLEANING
VINEGAR
2.5 - 4 L
SELECTED VARIETIES

LOCKED DOWN 
349
EACH



RED BULL
ENERGY DRINKS
4 x 250 mL
SELECTED VARIETIES

LOCKED DOWN 
899
EACH



JORDANS
MORNING CRISP OR
MUESLI
CEREAL
400 G
SELECTED VARIETIES

LOCKED DOWN 
599
EACH



BURNBRAE
EGG CREATIONS
EGG WHITES
300 G
SELECTED VARIETIES

LOCKED DOWN 
449
EACH
25
points



TIM
HORTONS
CAPPUCCINO
454 G
SELECTED VARIETIES

LOCKED DOWN 
899
EACH



SENSIBLE PORTIONS
VEGGIE SNACKS
120 - 142 G
SELECTED VARIETIES

LOCKED DOWN 
2/550



PRINGLES
POTATO CHIPS
142 - 156 G
SELECTED VARIETIES

LOCKED DOWN 
249
EACH

15
points



CAMPBELL'S
BROTH
100 - 100 mL
SELECTED VARIETIES

LOCKED DOWN 
188
EACH



LINDT SWISS CLASSIC
CHOCOLATE
100 G
SELECTED VARIETIES

LOCKED DOWN 
399
EACH



SWEET BABY
RAY'S BBQ SAUCE
425 mL
SELECTED VARIETIES

LOCKED DOWN 
349
EACH



HUNTS
TOMATO PASTE
134 mL
SELECTED VARIETIES

LOCKED DOWN 
149
EACH



FINISH
POWERBALL
DISHWASHER
TABS
139 - 155
SELECTED VARIETIES

LOCKED DOWN 
1399
EACH
55
points



LYSOL DISINFECTANT
WIPES
100 - 185
SELECTED VARIETIES

LOCKED DOWN 
549
EACH
30
points



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ALCAN
ALUMINUM FOIL
EACH
SELECTED VARIETIES

LOCKED DOWN 
399
EACH



GLADE AIR
FRESHENERS
234 G
SELECTED VARIETIES

LOCKED DOWN 
299
EACH

ALWAYS GREAT PRICE



IRRESISTIBLE
ORANGE JUICE
1.5 L
SELECTED VARIETIES

ALWAYS GREAT PRICE
3.97
EACH



SELECTION OR LIFE SMART
FRUIT SNACKS
6'S SELECTED VARIETIES

ALWAYS GREAT PRICE
2.49
EACH



SELECTION OR
LIFESMART
VEGETABLE
COCKTAIL
1.89 L
SELECTED VARIETIES

ALWAYS GREAT PRICE
2.99
EACH



SELECTION
INSTANT COFFEE
200 G
SELECTED VARIETIES

ALWAYS GREAT PRICE
5.99
EACH



LIFE SMART
BROTH
900 mL
SELECTED VARIETIES

ALWAYS GREAT PRICE
1.67
EACH



IRRESISTIBLES
SNACKS
142 G
SELECTED VARIETIES

ALWAYS GREAT PRICE
2.49
EACH



SELECTION
TACO MIX
250 G
SELECTED VARIETIES

\$1
EACH



SELECTION OR
IRRESISTIBLES
PARMESAN
CHEESE
200 G SELECTED VARIETIES

6.99
EACH



IRRESISTIBLES
BALSAMIC
VINEGAR OR
GLAZE
250 mL
SELECTED VARIETIES

4.44
EACH



SELECTION
BATHROOM
TISSUE
30-100'S

19.99
EACH



HEINZ KETCHUP
1.5 L
SELECTED VARIETIES

ALWAYS GREAT PRICE
6.99
EACH



Kellogg's
JUMBO
RAISIN BRAN
1.01 kg



KELLOGG'S
JUMBO SIZE
CEREAL
1.01 kg
SELECTED VARIETIES

ALWAYS GREAT PRICE
9.49
EACH



KRAFT BBQ SAUCE
400 mL
SELECTED VARIETIES

ALWAYS GREAT PRICE
2.49
EACH



NATURE VALLEY
FAMILY PACK BARS
525 G
SELECTED VARIETIES

ALWAYS GREAT PRICE
6.99
EACH



CHEEZ-IT CRACKERS
FAMILY SIZE
102 G
SELECTED VARIETIES

ALWAYS GREAT PRICE
3.99
EACH



DOLE FRUIT
CUPS
45
SELECTED VARIETIES

ALWAYS GREAT PRICE
2.99
EACH



BETTY CROCKER
DUNKAROOS
108 G
SELECTED VARIETIES

ALWAYS GREAT PRICE
3.99
EACH



KELLOGG'S RICE KRISPIES SQUARES 440 G
KELLOGG'S POP-TARTS 1.15 kg
SELECTED VARIETIES



ALWAYS GREAT PRICE
9.99
EACH

GAME DAY FOR LESS



DEMPTER'S
10" TORTILLAS
425 - 618 G
SELECTED VARIETIES

3⁹⁹
EACH



GAY LEA
SOUR CREAM
250 ML
SELECTED VARIETIES

1⁹⁹
EACH



QUAKER
CRISPY MINIS
100 - 199 G
SELECTED VARIETIES

2⁴⁹
EACH



HERSHEY
TWIZZLERS OR
NIBS CANDY
175 - 454 G
SELECTED VARIETIES

2⁴⁹
EACH



TROPHY
CASHEWS
165 G
SELECTED VARIETIES
WHILE QUANTITIES LAST

3⁴⁹
EACH



MOTT'S CLAMATO
COCKTAIL
1.89 L
SELECTED VARIETIES

2/\$7



OCEAN SPRAY
CRANBERRY
COCKTAIL OR
JUICE BLENDS
1.77 - 1.89 L
SELECTED VARIETIES

3⁹⁹
EACH



LIFE SMART
NATURALIA
TORTILLA
CHIPS
199 G
SELECTION
SALSA
430 ML
SELECTED VARIETIES

2⁹⁹
EACH



LA COSTENA
FRIED BEANS
OR PEPPERS
186 - 246 ML
SELECTED VARIETIES

2⁹⁹
EACH



CHOLULA
HOT OR
CREMOSA
SAUCE
150 - 325 ML
SELECTED VARIETIES

4⁹⁹
EACH



SELECTION OR
LIFE SMART
DELUXE
MIXED NUTS
1.13 KG
SELECTED VARIETIES

24⁹⁹
EACH



NESTEA
ICED TEA
1.89 L
SELECTED VARIETIES

3⁷⁹
EACH



McCAIN TASTIEZ BITES
311 G
SELECTED VARIETIES

3⁹⁹
EACH



BOSTON
MARKET
MEAL
197 - 197 G
SELECTED VARIETIES

3⁹⁹
EACH

GAME DAY FOR LESS



MILLER LITE
LIGHT BEER
6 x 355 mL

14⁴⁹
EACH



CORONA
EXTRA BEER
6 x 330 mL

15⁹⁹
EACH



MODELO
ESPECIAL
BEER
6 x 355 mL

17⁴⁹
EACH



HEINEKEN
BEER
6 x 500 mL

18⁹⁹
EACH



COORS LIGHT
BEER
30 x 355 mL

54⁴⁹
EACH



BUD LIGHT
BEER
30 x 355 mL

55⁴⁹
EACH



SELECTION
DE-ALCOHOLIZED BEER
12 x 355 mL
SELECTED VARIETIES

8⁴⁹
EACH



GUINNESS
NON-ALCOHOLIC
BEER
4 x 440 mL

12⁴⁹
EACH



BUDWEISER
NON-ALCOHOLIC
BEER
6 x 355 mL

12⁹⁹
EACH



CORONA CERO
ALCOHOL FREE
BEER
12 x 355 mL

22⁴⁹
EACH



MICHELOB
ULTRA LIGHT
BEER
473 mL

2⁹⁹
EACH



MOLSON
COORS
ORIGINAL
BEER
473 mL

2⁹⁹
EACH



HEINEKEN
BEER
500 mL

3⁴⁹
EACH



STELLA ARTOIS
BEER
473 mL

3⁴⁹
EACH



LAY'S POTATO CHIPS OR TOSTITOS TORTILLA CHIPS
200-250 g
SELECTED VARIETIES

THIS WEEK ONLY

275
EACH



MISS VICKIE'S POTATO CHIPS
200-250 g
SELECTED VARIETIES

LOCKED DOWN

399
EACH



SMARTFOOD POPCORN OR MUNCHIES SNACK MIX
150-220 g
SELECTED VARIETIES

THIS WEEK ONLY

2/\$7



BUBLY SPARKLING WATER
12 x 355 mL
MONTELLIER CARBONATED WATER
10 x 355 mL
SELECTED VARIETIES

THIS WEEK ONLY

599
EACH



PEPSI OR 7-UP MINI CANS
6 x 222 mL
SELECTED VARIETIES
WHILE QUANTITIES LAST

THIS WEEK ONLY

349
EACH



PEPSI SOFT DRINKS
6 x 710 mL
SELECTED VARIETIES

ALWAYS GREAT PRICE

579
EACH

新年快乐 HAPPY LUNAR NEW YEAR 2026



MORE

RAMADAN FOR LESS



RED MANGO
PRODUCT OF BRAZIL

1²⁸
EACH



NEW ZEALAND
FRESH LAMB
SHOULDER CHOPS
FAMILY PACK
WHILE QUANTITIES LAST
19.82/KG

HALAL

8⁹⁹
/LB



NOOR
OR ARJUN
BASMATI RICE
2.43 - 4.54 KG
SELECTED VARIETIES

7⁹⁹
EACH



SAPORITO
VEGETABLE,
CANOLA OR
CORN OIL
2.84 - 3.1
SELECTED VARIETIES

9⁹⁹
EACH



HANS DAHI, PHOENICIA OR CEDAR YOGURT
650 - 750 G SELECTED VARIETIES

2⁴⁹
EACH



CEDAR
CANNED BEANS
540 ML
SELECTED VARIETIES

1⁴⁹
EACH



NOOR DATES,
ROOH AFZA
SYRUP OR
SHERBON
JUICE
800 G, 800 ML, 2 L
SELECTED VARIETIES

4⁹⁹
EACH



PARLE-G
BISCUITS,
LU OR EBM
COOKIES
84 - 280 G
SELECTED VARIETIES

99¢
EACH



CRISPY NAAN
500 G
SELECTED VARIETIES

1⁹⁹
EACH



INDIA GATE ROZZANA OR QILLA PREMIUM
BASMATI RICE, CEDAR PARBOILED RICE
4.54 KG, 8 KG SELECTED VARIETIES

12⁹⁹
EACH



ELZYMI PIES
1000 G
SELECTED VARIETIES

6⁹⁹
EACH



CASABLANCA
POUND CAKES
400 G
SELECTED VARIETIES

2⁹⁹
EACH



HEREFORD
REGULAR
OR HALAL
CORNE
BEEF
340 G
SELECTED VARIETIES

3⁹⁹
EACH



SHAN MIXES
OR DIVYA
GINGER
GARLIC
PASTE
340 G
SELECTED VARIETIES

1⁹⁹
EACH



INDOMIE
NOODLES OR
NATIONAL
SAUCE
5.80 - 5.85 G
300 G
SELECTED VARIETIES

2⁹⁹
EACH



ALPHONSO OR ALJUICE BEVERAGES
1.25 L
CEDAR
CONDENSED
MILK
300 ML
SELECTED VARIETIES

3⁹⁹
EACH



SHALINI
SNACKS,
DIVYA SOYA
CHUNKS
100 - 200 G
SELECTED VARIETIES

1⁴⁹
EACH



CEDAR
PEACHES OR
POMEGRANATE
JUICE
200 - 250 ML
SELECTED VARIETIES

3⁴⁹
EACH

MORE

RAMADAN FOR LESS



MEDJOOL DATES
907 G

9⁹⁸
EACH



BRAR'S
PANEER
375 G
SELECTED VARIETIES

5⁹⁹
EACH



NOOR OR LAL QILLA SELLA, PARLIAMENT
GOLD OR ERAVAT BASMATI RICE
4.54 KG SELECTED VARIETIES

9⁹⁹
EACH



PILLSBURY
CHAKKI ATTA
FLOUR
9.07 KG

9⁹⁹
EACH



DIVYA
LENTILS OR
BLACK
CHICKPEAS
1.8 - 1.81 KG
SELECTED VARIETIES

3⁹⁹
EACH

800 G



NANAK
DESI GHEE
800 G

12⁹⁹
EACH



DIVYA
OKRA
FROZEN
315 G
SELECTED VARIETIES

99¢
EACH



39¢
EACH



CRISPY PARA
SNACKS
300 G
SELECTED VARIETIES

2⁹⁹
EACH



CASABLANCA HONEY, TATA TEA AGNI,
PREMIUM OR GOLD
1 KG, 220'S, 450 G SELECTED VARIETIES

6⁹⁹
EACH



BRAR'S
SAMOSAS
FROZEN
KID'S
SELECTED VARIETIES

5⁹⁹
EACH



DIVYA
COOKING SAUCE
375 ML
SELECTED VARIETIES

2⁴⁹
EACH



SURATI SNACKS,
DIVYA ROASTED
CHANA, SHERBON
DRINKS
200 - 400'S
1 L
SELECTED VARIETIES

2⁴⁹
EACH



DIVYA
SPICES, PICKLE
CONDIMENTS
OR FRIED
ONIONS
400 - 500 G
SELECTED VARIETIES

2⁹⁹
EACH



NATIONAL
SPICE
MIXES OR
GITS MIXES
45 - 200 G
SELECTED VARIETIES

1⁶⁷
EACH



DESI-LICIOUS
KULFI
FROZEN
1 L
SELECTED VARIETIES

5⁹⁹
EACH



BRAR'S
RASMALAI OR
NANAK GULAB
JAMUN
FROZEN
100 - 300 G
SELECTED VARIETIES

8⁹⁹
EACH



SHER
NATURAL
CANE
BROWN SUGAR
3.62 KG

8⁹⁹
EACH

PERSONAL CARE FOR LESS

HEAD & SHOULDERS
SELECTED VARIETIES

LOCKED DOWN

6⁹⁹
EACH

ALWAYS MAXI PADS
20-32'S
50000
2x
TAMPAX PEARL TAMPONS
3-5
SELECTED VARIETIES

THIS WEEK ONLY

10⁹⁹
EACH

ORAL-B DENTAL FLOSS PICS
75'S
SELECTED VARIETIES

LOCKED DOWN

4⁴⁹
EACH

U BY KOTEX MAXI PADS
22'S
SELECTED VARIETIES

LOCKED DOWN

4⁹⁹
EACH

IVORY BAR SOAP
10'S
SELECTED VARIETIES

THIS WEEK ONLY

5⁴⁹
EACH

OLD SPICE DEODORANT
6'S
SELECTED VARIETIES

THIS WEEK ONLY

5⁹⁹
EACH

OGX HAIR CARE
16'S
SELECTED VARIETIES

LOCKED DOWN

7⁹⁹
EACH

AVEENO BODY WASH
8.3 L
SELECTED VARIETIES

LOCKED DOWN

10⁹⁹
EACH

NATIVE HAIR CARE
40'S
SELECTED VARIETIES

LOCKED DOWN

13⁹⁹
EACH

PAMPERS EASY UPS TRAINING UNDERWEAR
58-66'S
SELECTED VARIETIES

THIS WEEK ONLY

29⁹⁹
EACH

TUMS ANTACID
72'S
SELECTED VARIETIES

LOCKED DOWN

4⁹⁹
EACH

JAMIESON CHEWABLE C, D3 OR GENTLE IRON
90-240'S
SELECTED VARIETIES

LOCKED DOWN

7⁹⁹
EACH

JAMIESON CALCIUM MAGNESIUM + D3
60-300'S
SELECTED VARIETIES

LOCKED DOWN

11⁹⁹
EACH

JAMIESON B12, MAGNESIUM
90-180'S
SELECTED VARIETIES

LOCKED DOWN

13⁹⁹
EACH

OUR PHARMACISTS CAN ASSESS & TREAT MINOR CONDITIONS*

pharmacy

Speak with our pharmacist for details.

*Treatment options will be determined based on an assessment by our pharmacist and may not include a prescribed medication. Referral to another healthcare provider may be required.

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FISHERMAN'S FRIEND LOZENGES
2'S
SELECTED VARIETIES

LOCKED DOWN

2/\$4

RICOLA LOZENGES
10'S
SELECTED VARIETIES

LOCKED DOWN

2/\$6

ICY HOT MEDICATED PAIN RELIEF APPLICATOR
2'S
SELECTED VARIETIES

LOCKED DOWN

7⁹⁹
EACH

BENYLIN COUGH & CHEST CONGESTION SYRUP
100 ML
SELECTED VARIETIES

LOCKED DOWN

8⁹⁹
EACH

TROJAN BARESKIN CONDOMS
10-12'S
SELECTED VARIETIES

LOCKED DOWN

10⁹⁹
EACH

VICKS DAYQUIL NYQUIL
10'S
SELECTED VARIETIES

LOCKED DOWN

12⁹⁹
EACH

ADVIL LIQUI-GELS
10'S
SELECTED VARIETIES

LOCKED DOWN

14⁴⁹
EACH

BOOS INSTANT BREAKFAST MIX
10'S
SELECTED VARIETIES

LOCKED DOWN

15⁹⁹
EACH

WEBBER NATURALS MAGNESIUM BISGLYCINATE
120'S
SELECTED VARIETIES

LOCKED DOWN

17⁹⁹
EACH

WEBBER NATURALS OMEGA-3 SOFTGELS
120'S
SELECTED VARIETIES

LOCKED DOWN

27⁹⁹
EACH

VITAL PROTEINS COLLAGEN PEPTIDES
10'S
SELECTED VARIETIES

LOCKED DOWN

27⁹⁹
EACH

VEGA SPORT PROTEIN DRINK MIX
10'S
SELECTED VARIETIES

LOCKED DOWN

46⁹⁹
EACH