

**PROUDLY CANADIAN
OWNED & OPERATED**



Independent
Your Independent Grocer

\$7

LARSEN WIENERS
SELECTED VARIETIES
900 G
SAUCISSES FUMÉES
LARSEN
20415978_EA
20416522_EA



SAVE 42%
\$3 **LB**

**CHICKEN DRUMSTICKS
OR THIGHS**
FAMILY SIZE
6.61 KG
**PILONS OU HAUTS DE
CUISSE DE POULET**
20004094_EA
20050163_EA



\$10

**PC® SHRIMP
APPETIZERS** SELECTED
VARIETIES 294-454 G OR
PC® SMOKED SALMON
OR **CRAB & LOBSTER**
BAKE & SERVE DIP
360 G FROZEN
**HORS-D'ŒUVRE AUX
CREVETTES PC®** OU
**TREMPETTE À CUIRE ET
À SERVIR AU SAUMON**
**FUMÉ OU CRABÉ ET
HOMARD PC®**
20135874_EA
21682673_EA



\$7

SEAQUEST® FISH FILLETS
SELECTED VARIETIES 400 G OR
**COLOSSAL PACIFIC
WHITE SHRIMP**
RAW ZIPPERBACK® 16-20 PER LB
300 G FROZEN
**FILETS DE POISSON OU
CREVETTES BLANCHES**
**COLOSSALES DU
PACIFIQUE SEAQUEST®**
20153570_EA
21043887_EA



4.50

STRAWBERRIES
PRODUCT OF MEXICO OR
U.S.A., NO. 1 GRADE
1 LB
FRAISES
20049778001_EA



1 LB

\$3

D'ITALIANO BREAD
SELECTED VARIETIES
AND SIZES
PAIN D'ITALIANO
20038335_EA
21596468_EA



**SAVE
UP TO \$1.99**

6.50

**LIBERTÉ GREEK
TUBS** 650/750 G OR
YOPLAIT SOURCE
16X100 G **YOGURT**
SELECTED VARIETIES
**CONTENANTS
DE YOGOURT**
**GREC LIBERTÉ OU
YOGOURT SOURCE**
YOPLAIT
20317317001_EA
20704361002_EA



11.88

RED MANGO
PRODUCT OF PERU
CASE
MANGUE ROUGE
21047829_EA



**9 LB
AVG**

2.97

**CLASSICO
PASTA SAUCE**
SELECTED VARIETIES
410/600 ML
**SAUCE POUR PÂTES
CLASSICO**
21618217_EA



**SAVE
UP TO 42%**

\$3

**CAVENDISH FRIES OR
SPECIALTY POTATOES**
SELECTED VARIETIES
FROZEN
400-750 G
**FRITES OU
POMMES DE TERRE
DE SPÉCIALITÉ LES
FERMES CAVENDISH**
20729779_EA
21094815_EA



\$3

**MADE GOOD
GRANOLA BARS,
DRIZZLED,
MORNINGS OR
RICE CRISP BARS**
SELECTED VARIETIES
120-150 G
**BARRES GRANOLA,
FILET, MORNINGS
OU CROUSTILLES
DE RIZ MADE GOOD**
20797052001_EA
21352121_EA



\$21

**GATORADE OR
POWERADE
SPORTS DRINK**
SELECTED VARIETIES
24X591 ML
**BOISSON
DÉSALTÉRANTE
GATORADE OU
POWERADE**
20954130_C24
20325703_C23



1.25

**NO NAME®
POTATO CHIPS**
SELECTED VARIETIES
200 G
**CROUSTILLES
SANS NOM®**
21302821_EA
21302943_EA



**SAVE
UP TO 53%**

\$7

**CASHMERE
BATHROOM TISSUE**
12 DOUBLE ROLLS OR
**SCOTTIES FACIAL
TISSUE** 6'S
SELECTED VARIETIES
**PAPIER HYGIÉNIQUE
CASHMERE OU
MOUCHOIRS
SCOTTIES**
20318667_EA
21204739_EA



Optimum™

Get more on
More savings, more deals, more points
This week only! Jan 29-Feb 4**

Moredays
Moredays
Moredays

For more deal offers visit
www.yourindependentgrocer.ca
or scan



Moredays
APP EXCLUSIVE OFFER
Member Only Price
\$3
Non-Members
\$5

**PC® FROZEN
VEGETABLES**
SELECTED VARIETIES
300-750 G
**LÉGUMES
SURGELÉS PC®**
20297987_EA
20318915_EA

Members save \$2
**CAULIFLOWER
CHOU-FLEUR**
**BROCCOLI FLORETS
FLEURONS DE BROCOLI**

Moredays
APP EXCLUSIVE OFFER
Members get
2,000 (pts)
\$2 back in points

\$12

**PC® SPLENDIDO®
COLD PRESSED OR
COLD-EXTRACTED DELICATO
EXTRA VIRGIN OLIVE OIL**
1L
**HUILE D'OLIVE EXTRA
VIERGE PRESÉE À
FROID OU EXTRAÏTE À
FROID DELICATO PC®**
SPLENDIDO
20081865_EA/21401612_EA

Members get \$2 back in points

Moredays
APP EXCLUSIVE OFFER
Members get
3,000 (pts)
\$3 back in points

**SAVE
UP TO 35%**

3.75

**PC® OR BLUE MENU®
ENTRÉES**
SELECTED VARIETIES
FROZEN
212-365 G
**PLATS CUISINÉS PC®
OU MENU BLEU®**
20318667_EA
20312253001_EA

Members get \$3 back in points when you buy 2

Moredays
Members get
2,000 (pts)
\$2 back in points

\$10

**PC® CHOCOLATE
BASQUE OR BASQUE
CHEESECAKE**
FROZEN
600 G
**GÂTEAU AU
FROMAGE BASQUE
OU AU CHOCOLAT
BASQUE PC®**
21687935_EA

Members save \$2 back in points

Moredays
APP EXCLUSIVE OFFER
Members get
1,500 (pts)
\$1.50 back in points

\$4

**ZIGGY'S®
SLICED DELI MEATS**
SELECTED VARIETIES
175 G
**CHÂRCUTERIES
TRANCHÉES
ZIGGY'S®**
21590279_EA
21592461_EA

Members get \$1.50 back in points

Moredays
Members get
1,000 (pts)
\$1 back in points

\$4

**CHAPMAN'S SUPER
PREMIUM PLUS
ICE CREAM**
SELECTED VARIETIES
FROZEN
500 ML
**CRÈME GLACÉE
SUPER PREMIUM
PLUS CHAPMAN'S**
21511106_EA
21511147_EA

Members get \$1 back in points

Flyer prices effective from Thursday, January 29th to Wednesday, February 4th, 2026. SEE BACK PAGE FOR DETAILS.



Get more on Moredays

More savings, more deals, more points
This week only! Jan 29-Feb 4**

Moredays

Members get
4,500 (pts)
for every \$20*
spent on

\$4.50
back in points

STARBUCKS COFFEE, NESPRESSO NESCAFÉ CONCENTRATES
500 ML OR **CARNATION HOT CHOCOLATE CANISTERS** 400/450 G OR 1.7 KG OR **ENVELOPPES**, 7-10'S OR **PODS** 450 G SELECTED VARIETIES
CAFÉ STARBUCKS, CONCENTRÉS NESPRESSO, NESCAFÉ OU CONTENANTS DE CHOCOLAT CHAUD, ENVELOPPES OU CAPSULES CARNATION
21041744_EA
20547343003_EA



Moredays

APP EXCLUSIVE OFFER
Members get
5,000 (pts)
for every \$10*
spent on

\$5
back in points

CHEERIOS, CHEX OR OATMEAL CRISP
SELECTED VARIETIES
300 G-1.3 KG
CHEERIOS, CHEX OU AVOINE CROQUANTE
21499403_EA
21667658_EA
*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.



Moredays

Members get
4,000 (pts)
for every \$12*
spent on

\$4
back in points

NATURE VALLEY BISCUIT, PROTEIN BARS AND SWEET & SALTY 6'S 148-210 G OR **FIBRE 1 BARS** 125 G SELECTED VARIETIES
BISCUIT, BARRES PROTÉINÉES, SUCRÉES ET SALÉES VAL NATURE OU BARRES FIBRE 1
20587504001_EA
21213559_EA



Moredays

Members get
3,000 (pts)
when you buy 2

\$4

PEARL MILLING COMPANY PANCAKE MIX 905 G OR **ORIGINAL SYRUP** 710 G SELECTED VARIETIES
MÉLANGE À CRÊPES OU SIROP ORIGINAL PEARL MILLING COMPANY
21384573_EA/21391619_EA



Moredays

Members get
1,500 (pts)
when you buy 2

\$5

MISS VICKIE'S KETTLE COOKED POTATO CHIPS OR SMARTFOOD READY TO EAT POPCORN SELECTED VARIETIES 150-250 G
CROUSTILLES CUITES À LA MARMITE MISS VICKIE'S OU MAÏS SOUFFLÉ SMARTFOOD
20972859_EA
21240703_EA



Moredays

Members get
3,000 (pts)
when you buy 2

\$3
back in points

3²⁹-9⁴⁹

SILK YOGURT 625-650 G, **NON-DAIRY BEVERAGES** 1.74-1.89 L, **CREAMERS** 450-890 ML OR **SO DELICIOUS** 266 ML/500 G
YOGOURT, BOISSONS SANS PRODUITS LAITIERS, CRÈMEUX SILK OU SO DELICIOUS
21310391_EA/20315090001_EA



Moredays

Members get
10,000 (pts)
for every \$25*
spent on

\$10
back in points

JAMIESON VITAMINS OR SUPPLEMENTS SELECTED VARIETIES AND SIZES
VITAMINES OU SUPPLÉMENTS JAMIESON
20299993_EA
20303216001_EA



Moredays

Members get
7,500 (pts)
for every \$15*
spent on

\$7.50
back in points

SCRUBBING BUBBLES BATHROOM CLEANERS, FANTASTIK, WINDEX CLEANERS, OR SHOUT STAIN REMOVERS SELECTED SIZES AND VARIETIES
NETTOYANTS POUR SALLE DE BAINS SCRUBBING BUBBLES, NETTOYANTS FANTASTIK, WINDEX OU DÉTACHANTS SHOUT
21666832_EA
20071729_EA



\$7



CRACKER BARREL CHEESE BARS 400 G OR **SHREDSS** 250-320 G OR **BECEL MARGARINE** 637/850 G SELECTED VARIETIES
BARRES DE FROMAGE OU FROMAGE RÂPÉ CRACKER BARREL OU MARGARINE BECEL
20297818002_EA
21290384_EA



7⁵⁰

STARBUCKS COFFEE ENHANCER SELECTED VARIETIES 828 ML
REHAUSSEUR DE CAFÉ STARBUCKS
21358473_EA
21436915_EA



2²⁵

UNICO PASTA 750 G, **PASSATA** 680 ML OR **PRIMO PASTA SAUCE** 680 ML SELECTED VARIETIES
PÂTES, PASSATA UNICO OU SAUCE POUR PÂTES PRIMO
20165260_EA
20794707_EA



6⁵⁰

PC® ORANGE JUICE 2.5 L OR **STOK COLD BREW COFFEE** 1.42 L SELECTED VARIETIES
JUS D'ORANGE PC® OU CAFÉ INFUSÉ À FROID STOK
21203739_EA
21531644_EA



2⁷⁵

NO NAME® WAFFLES SELECTED VARIETIES FROZEN 8'S
GAUFRES SANS NOM®
20316375001_EA
20316375002_EA



\$5

BREYERS CREAMERY STYLE ICE CREAM 1.41 L OR **POPSICLE NOVELTIES** 6-12'S SELECTED VARIETIES FROZEN
CRÈME GLACÉE STYLE CRÈMERIE BREYERS OU FRIANDISES GLACÉES POPSICLE
20763171_EA
21651169_EA



4⁵⁰

PC® FROZEN FRUIT SELECTED VARIETIES 300-600 G
FRUITS SURGELÉS PC®
21377841_EA



\$11

TIDE DETERGENT 1.62-1.86 L/18-31'S, **DOWNY/GAIN FABRIC SOFTENER** 1.66-2.63 L, **DOWNY/GAIN/IVORY SNOW BEADS** 303-379 G, OR **DAWN LIQUID** 2.21/2.64 L SELECTED VARIETIES
DÉTÉRGENT TIDE, ASSOUPLISSANT TEXTILE DOWNY/GAIN, PERLES DOWNY/GAIN/IVORY NEIGE OU SAVON LIQUIDE DAWN
21550428_EA
21593782_EA



90¢

FRISKIES 156 G OR **FANCY FEAST** 85 G **CAT FOOD** SELECTED VARIETIES
NOURRITURE POUR CHATS FRISKIES OU FANCY FEAST
20302296001_EA
20319657001_EA



PRICE DROP†

More ways to save

\$2

RUBICON JUICES SELECTED VARIETIES 1 L
JUS RUBICON
20029236001_EA
20296770002_EA



2⁵⁰

DARE VEGGIE CRISPS SELECTED VARIETIES 100 G
CRISPS LÉGUME DARE
20973370_EA
21820207_EA



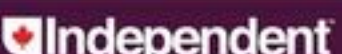
\$3

PILLSBURY TOASTER STRUDEL 326 G OR **SCRAMBLES** 204 G SELECTED VARIETIES FROZEN
TOASTER STRUDEL OU SCRAMBLES PILLSBURY
20172664001_EA



3⁵⁰

MOTT'S CLAMATO JUICE SELECTED VARIETIES 1.89 L
JUS CLAMATO MOTT'S
20318955002_EA



CUSTOMER RELATIONS 1-866-727-0771. VISIT yourindependentgrocer.ca FOR STORE HOURS.

Please call Customer Relations at 1-866-727-0771 or visit our website at yourindependentgrocer.ca for your store's hours and to see which Your Independent Grocer® locations do not participate in this flyer. Quantities and/or selection of items may be limited and may not be available in all stores. No rainchecks or substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We are not obligated to sell items based on errors or misprints in typography or photography. **Pricing:** All references to "Save, Was, Now, Savings, etc." are in comparison to our own regular prices. Savings on items shown may vary by store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. Coupons must be presented and redeemed at time of purchase. **Trademarks:** ®/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. **Purchase limits:** We reserve the right to limit quantities to reasonable family requirements. **PC Optimum™ Members Only:** Offers are available to valid PC Optimum™ program members. Membership is free. To register, see in-store or visit pcoptimum.ca. Points are not guaranteed in case of errors or misprints. No cash value. See yourindependentgrocer.ca for full program details including redemption restrictions. Minimum redemption is 10,000 points. These offers cannot be combined with any other coupons, discounts, or promotions. No adjustments on previous purchases. We may modify or cancel offers without notice. Product availability may vary by store. While supplies last. **Points Offers:** Receive the specified points when you spend the qualifying amount on the listed products/categories before taxes, after discounts and redemptions, in a single transaction. Taxes apply on purchase amount after discounts. PC Optimum™ pricing is not valid in price match programs for participating Loblaws Inc. banner stores. **Outdoor/Seasonal Items:** Outdoor seasonal items (e.g., lawn and garden) may only be available at select stores. Please check your local store for pricing, limits, and availability. **PRICE DROP Offer:** Valid in-store at participating locations from January 29 - February 25, 2026 before taxes and while quantities last. Applies only to select products. Offer may be modified or cancelled without notice. See in-store for full details.

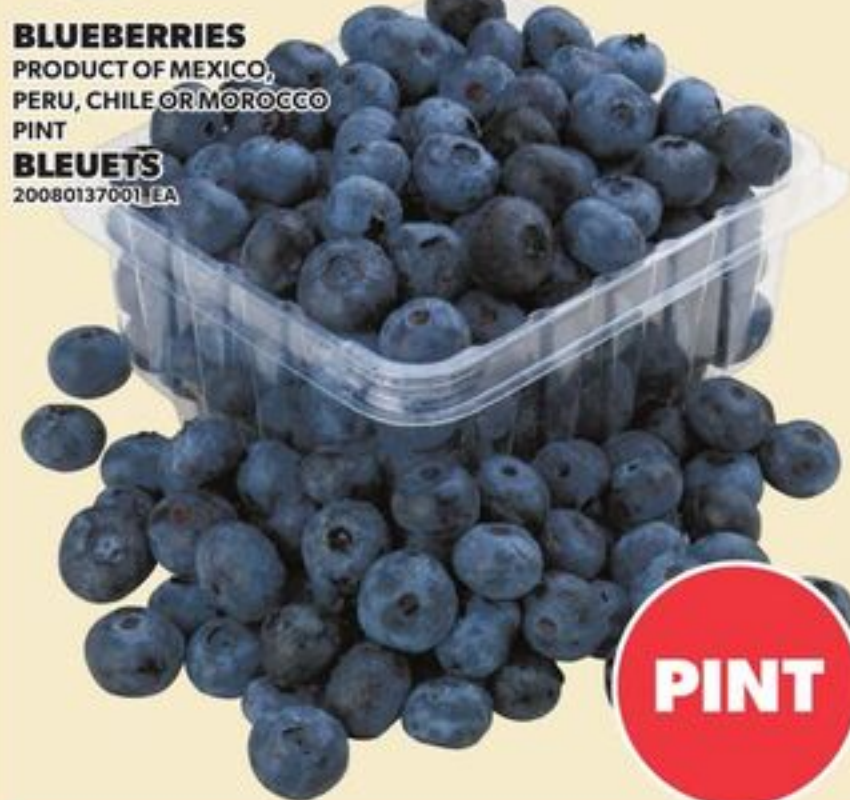


YA YN BACK

freshness you can taste,
value you'll love

5⁵⁰

BLUEBERRIES
PRODUCT OF MEXICO,
PERU, CHILE OR MOROCCO
PINT
BLEUETS
20080137001_EA



PINT

\$3



ENGLISH CUCUMBERS
PRODUCT OF CANADA
EACH
CONCOMBRES ANGLAIS
20070132001_EA



4⁹⁹
LB

PC® EXTRA LARGE GREEN SEEDLESS GRAPES PRODUCT OF PERU, NO. 1 GRADE OR
PC® EXTRA LARGE RED SEEDLESS GRAPES PRODUCT OF PERU OR CHILE, NO. 1 GRADE
11.00/KG
TRÈS GROS RAISINS VERTS OU ROUGES
SANS PÉPINS PC®
20159199001_KG
20425775001_KG



EXTRA LARGE

3⁵⁰
LB



GREENHOUSE TOMATOES ON THE VINE
PRODUCT OF CANADA
7.72/KG
TOMATES DE SERRE SUR VIGNE
20026703001_KG



\$5

FARMER'S MARKET™ AVOCADOS
PRODUCT OF MEXICO
5'S
AVOCATS DÉLICÉS DU MARCHÉ
21644936001_EA



2⁴⁸
LB

FUJI APPLES
PRODUCT OF CANADA,
CANADA FANCY GRADE
5.47/KG
POMMES FUJI
20310940001_KG



\$4

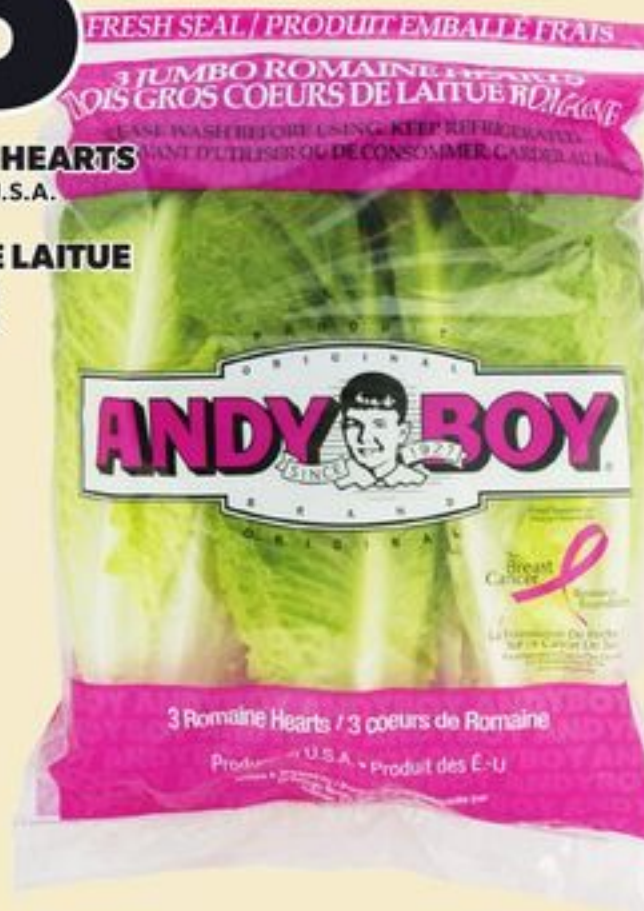


FARMER'S MARKET™ CARROTS OR YELLOW ONIONS
PRODUCT OF CANADA,
CANADA NO. 1 GRADE
3 LB BAG
CAROTTES OU OIGNONS JAUNES DÉLICÉS DU MARCHÉ
20600927001_EA
20811904001_EA



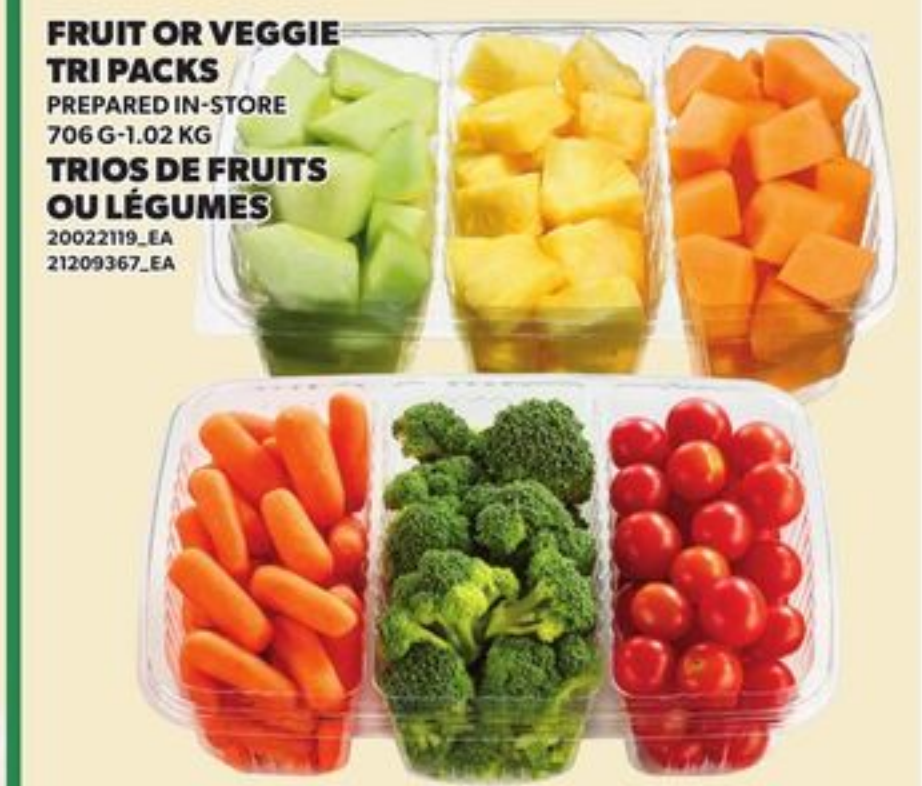
\$6

ROMAINE HEARTS
PRODUCT OF U.S.A.
3'S
CŒURS DE LAITUE ROMAINE
20067389001_EA



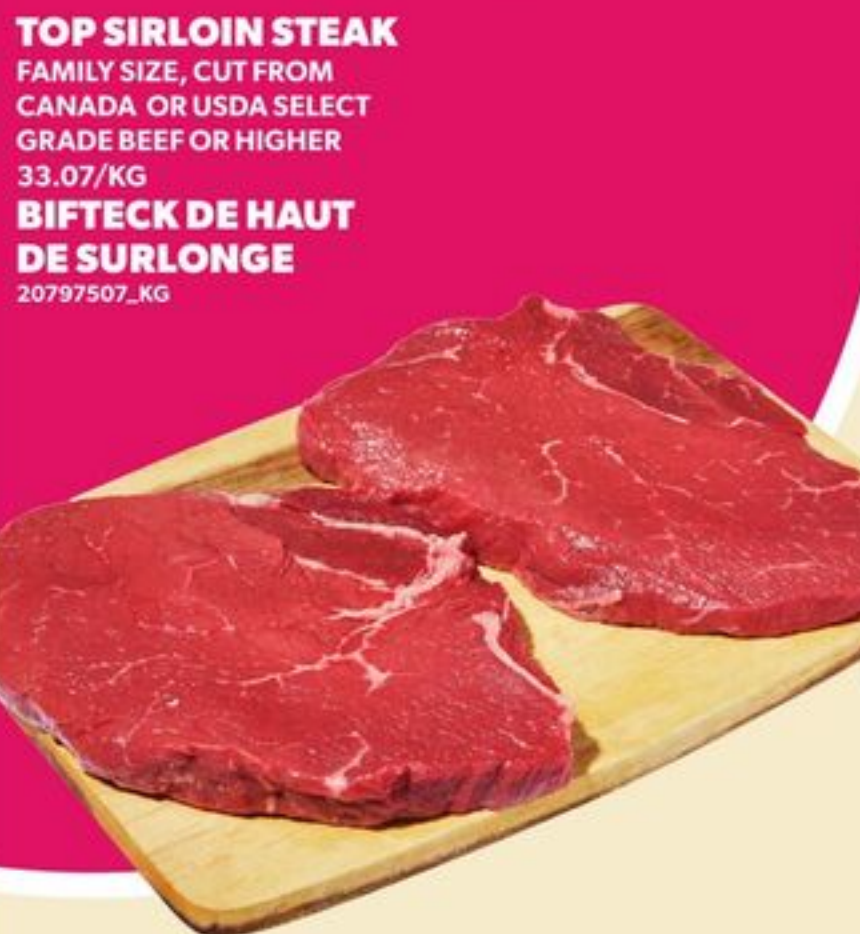
\$13

FRUIT OR VEGGIE TRI PACKS
PREPARED IN-STORE
706 G-1.02 KG
TRIOS DE FRUITS OU LÉGUMES
20022119_EA
21209367_EA



\$15
LB

TOP SIRLOIN STEAK
FAMILY SIZE, CUT FROM CANADA OR USDA SELECT GRADE BEEF OR HIGHER
33.07/KG
BIFTECK DE HAUT DE SURLONGE
20797507_KG



feeling protein power-fuel

\$8

BEEF STIR FRY STRIPS
CUT FROM CANADA AA GRADE BEEF OR HIGHER
250 G
LANIÈRES DE BŒUF À SAUTER
21588067_EA



PREPARED IN-STORE

\$13



PC® BLUE MENU® CHICKEN BREASTS
BONELESS, SKINLESS,
AIR CHILLED
3'S
POITRINES DE POULET PC®
MENU BLEU®
21340952_EA



\$7

MAPLE LODGE ULTIMATE CHICKEN SAUSAGES
SELECTED VARIETIES
375-500 G
SAUCISSES DE POULET L'ULTIME MAPLE LODGE
21378310_EA
21539970_EA



\$8



PC® NATURALLY SMOKED BACON
SELECTED VARIETIES
375/500 G
BACON FUMÉ NATURELLEMENT
PC®
20057892_EA
20152629_EA



500 G

\$10

PC® HORS D'OEUVRE COLLECTION
SELECTED VARIETIES,
FROZEN
240-574 G
COLLECTION DE HORS-D'ŒUVRE
PC®
20902072_EA
21473122_EA



find your catch in seafood

\$5



FRESH ATLANTIC SALMON PORTIONS MARINATED
SELECTED VARIETIES
113 G
PORTIONS DE SAUMON DE L'ATLANTIQUE FRAIS MARINÉES
20948216_EA



\$23

PKG OF 4

LOBSTER TAILS
2-3 OZ, 4'S
FROZEN OR PREVIOUSLY FROZEN
QUEUES DE HOMARD
21240991_EA



\$13

PC® BLUE MENU® WILD ARGENTINIAN SCALLOPS
80-150 PER LB 400 G OR
SEAQUEST® SHRIMP RING WITH MILD COCKTAIL SAUCE 454 G
FROZEN
PÉTONGLES SAUVAGES D'ARGENTINE PC®
MENU BLEU®
DE CRÉVETTES AVEC SAUCE COCKTAIL DOUCE
SEAQUEST®
20076343_EA/21687413_EA



bakery deals rising daily

5.50

NATIONAL
CROISSANT
DAY
Friday, January 30*



\$6



FARMER'S MARKET™
MINI DONUTS
SELECTED VARIETIES
264-342 G
MINI-BEIGNES
DÉLICES DU
MARCHÉ^{MC}
21461952_EA
21461954_EA



\$5



KIMBERLY'S
FROSTED COOKIES
SELECTED VARIETIES
10'S, 383 G
BISCUITS GLACÉS
KIMBERLY'S
21190203_EA
21531404_EA



FARMER'S MARKET™
BUTTER CROISSANTS
SELECTED VARIETIES
260-336 G
CROISSANTS AU
BEURRE DÉLICES DU
MARCHÉ^{MC}
20975943_EA
21577824_EA



2.50



NO NAME®
ENGLISH MUFFINS
OR BAGELS
SELECTED VARIETIES
6'S
MUFFINS ANGLAIS
OU BAGELS
SANS NOM®
21216413_EA
21217970_EA



SAVE
\$1.48
WHEN YOU BUY 2



2/8.50

OR
\$4.99 EA.

CASA MENDOSA
OR WONDER
TORTILLAS
SELECTED VARIETIES
10 INCH
TORTILLAS CASA
MENDOSA OU
WONDER
20318788_EA
20981737_EA



\$6



SILVER HILLS
BREAD
SELECTED VARIETIES
AND SIZES
PAIN SILVER HILLS
20155511_EA
21047070_EA



\$5

GET
4,000^{PC}
when you buy 2

\$4
back
in points

BABYBEL^{CS} OR
THE LAUGHING
COW 8'S
SELECTED VARIETIES
BABYBELOU
LA VACHE QUI RIT^{CS}
20319107_EA
20574332_EA



SAVE
\$2.49



\$11

PILLER'S
PEPPERETTES,
BITES & STICKS
SELECTED VARIETIES
300-500 G
PEPPERETTES,
BITES OU
BÂTONNETS
PILLER'S
21099384_EA
21099391_EA



SAVE
UP TO \$1.49



\$7

PC® BOCCONCINI
200 G OR **RICOTTA** 454 G
SELECTED VARIETIES
BOCCONCINI OU
RICOTTA PC^{MD}
20219848_EA
20546983_EA



SAVE
UP TO 49¢



\$5

CHRIS BROTHERS
DELI SAUSAGE
SELECTED VARIETIES
250 G
SAUCISSON DE
CHARCUTERIE
CHRIS BROTHERS
20717933_EA
20757594_EA



SAVE
\$1

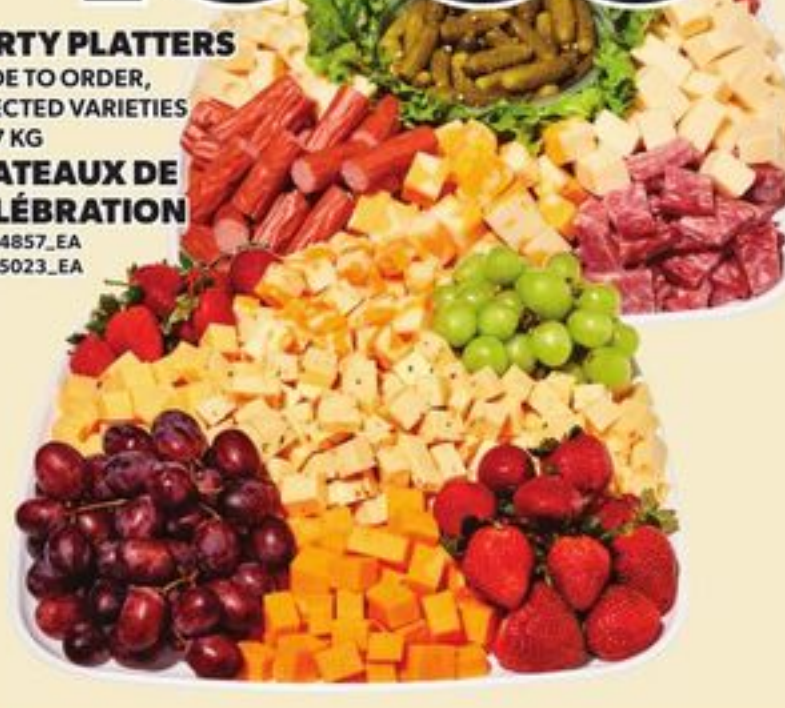
\$7

PC® GUACAMOLE
SELECTED VARIETIES
425 G
GUACAMOLE PC^{MD}
21448106_EA



FROM
\$45-55

PARTY PLATTERS
MADE TO ORDER,
SELECTED VARIETIES
1-2.7 KG
PLATEAUX DE
CÉLÉBRATION
20894857_EA
20895023_EA



on the run, we got you

\$9



PC® PIE OR QUICHE
SELECTED VARIETIES
550-575 G
PÂTE OU QUICHE
PC^{MD}
21682000_EA
21682154_EA



\$16

14 PIECE WINGS
HOT OR CHILLED,
SAUCED TO ORDER
861-933 G
14 MORCEAUX
D'AILES
21680795_EA
21680659_EA



\$20

IN-STORE PREPARED PULLED
PORK BAO BUNS, GYRO OR
FAJITA CHICKEN TACO TRAY
970 G-1 KG
PLATEAU DE PAIN BAO
AU PORCEFFILOCHÉ OU
TACOS DE GYRO OU FAJITA
AU POULET PRÉPARÉ EN
MAGASIN
21533948_EA
21696308_EA



daily deals

MONDAY
Chicken Dinner

\$15

ROTISSERIE CHICKEN
DINNER COMBO FOR 2
900 G - 1 KG
PAIRED WITH TWO SMALL SIDES
OF YOUR CHOICE 134-454 G
PREPARED IN-STORE
REPAS COMBO
POUR 2 DE POULET
DE ROTISSERIE
21086330_EA



TUESDAY
Tender Tuesday

\$12



9-PIECE
CHICKEN STRIPS
HOT OR CHILLED
870 G
9 MORCEAUX
DE LANIÈRES
DE POULET
21336609_EA
21336501_EA



WEDNESDAY
Hump Day Special

2/\$14

OR \$9 EA.
BUY ANY TWO INDIVIDUAL
CHICKEN COMBOS WITH ONE
SMALL SIDE EACH
361-530 G
ACHETEZ DEUX COMBOS
DE POULET INDIVIDUELS
AVEC UN PETIT PLAT
D'ACCOMPAGNEMENT
CHACUN
21022536_EA/20697881_EA



THURSDAY
Quick Grabs

3/\$14



OR \$6-7 EA.
BUY ANY THREE
IN-STORE
PREPARED SINGLE
SERVE SOFTY,
WRAPS OR
SUB SANDWICHES
180-299 G
ACHETEZ TROIS
SANDWICHES
MOELLEUX,
ROULÉS OU
SOUS-MARINS
PRÉPARÉS EN
MAGASIN
20160224_EA/21623676_EA



FRIDAY
Pizza Party

2/\$15



OR \$9-10 EA.
BUY ANY TWO
IN-STORE PREPARED
12" TAKE AND BAKE
PIZZA
SELECTED VARIETIES
ACHETEZ DEUX
PIZZAS 12 PO
CUIRE À LA MAISON
PRÉPARÉES
EN MAGASIN
21456415_EA
21456401_EA



JANUARY 29 - FEBRUARY 11

LAST CHANCE TO

SAVE BIG

WITH

**FEWER
STAMPS**

**Supplies
are
limited!**



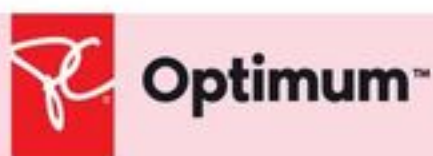
Double Redemption

~~**40**~~ **20** =
stamps

**Any two pieces
of Ovenware for
60%-80% off each!**

COLLECT & SAVE! BIG

Offer available for redemption in-store and online at participating Loblaw banner stores until February 11, 2026. 20 digital or paper or a mix of both stamps must be presented to cashier at time of ovenware purchase. Stamps have no cash value and are non-transferrable. Ovenware selection and/or quantities may diminish as completed cards are redeemed. All sales are final. Ovenware is under warranty for 2 years from date of purchase. For full warranty information including warranty exclusions, product replacement process, FAQ's and complete offer details, visit pcoptimum.ca/collectandsave.



Get more on

More savings, more deals, more points
This week only! Jan 29-Feb 4"

Moredays
Moredays
Moredays
Moredays

Moredays

Member Only Price™

\$6

Members save \$1

Non-Members **\$7**

MASTRO DELI SLICED SALAMI
SELECTED VARIETIES
125-150 G
21061096_EA
21061099_EA

Moredays

Members get **1,000** pts when you buy 2

\$1 back in points

\$6

ORVILLE POPCORN 6/8'S OR **KERNEL JAR** 248-850 G
SELECTED VARIETIES
20308686_EA
20629532003_EA

Moredays

Members get **3,000** pts when you buy 2

\$3 back in points

\$4-27

SUNRYPE GOOD BITES OR FRUIT TO GO BITES
SELECTED VARIETIES
112 G-1.11 KG
20305640001_EA
20872742_EA

Moredays

Members get **2,000** pts when you buy 2

\$2 back in points

2/\$11

OR \$6.99 EA.

BEN & JERRY'S 473 ML
OR **MAGNUM BARS** 3/4'S
SELECTED VARIETIES
FROZEN
209050739_EA
21428403_EA

Moredays

Members get **1,000** pts when you buy 2

\$1 back in points

3.50

PEEK FREANS DIGESTIVE BISCUITS
SELECTED VARIETIES
290-300 G
20679968_EA
206803381_EA

Moredays

Members get **1,000** pts when you buy 2

\$1 back in points

\$3

SWISS CHALET OR MONTANA'S READY TO SERVE SOUP
SELECTED VARIETIES
540 ML
21690570_EA
21313335_EA

Moredays

Members get **1,500** pts when you buy 2

\$1.50 back in points

\$3

PRINGLES SUPER STACKS
SELECTED VARIETIES
148-156 G
21003823_EA
21003833_EA

Moredays

Members get **1,500** pts when you buy 2

\$1.50 back in points

2/\$7

OR \$3.99 EA.

CHEEZ-IT BAKED SNACK CRACKERS
SELECTED VARIETIES
191/200 G
21214557_EA
21214560_EA

Moredays

Members get **3,000** pts when you buy 2

\$3 back in points

2/\$8

OR \$5 EA.

LIBERTÉ MÉDITERRANÉE 500 G AND 4X100 G OR **YOPLAIT SOURCE TUBS** 630 G OR **PROTEIN TUBS** 650 G
SELECTED VARIETIES
21391318001_EA
21473714_EA

Moredays

Members get **1,000** pts

\$1 back in points

6.49

DARE FAMILY SIZE GRISSOL MELBA TOAST OR BAGUETTES
SELECTED VARIETIES
220 G-400 G
20307218001_EA
21520208_EA

Moredays

Members get **2,000** pts

\$2 back in points

24.99

PC® PAPER TOWEL
12 ROLLS
21558605_EA

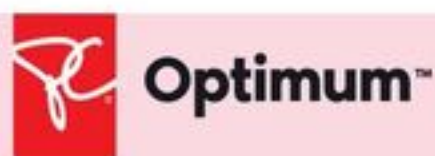
Moredays

Members get **5,000** pts

\$5 back in points

\$28

5 INCH ORCHID
SELECTED VARIETIES
20603981_EA



Get more on

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Moredays Moredays Moredays Moredays

Moredays

Members get **3,000 pts** for every \$15* spent on

\$3 back in points

BILLY BEE HONEY
SELECTED VARIETIES
375 G-1 KG
20724507_EA/20724628_EA

Moredays

Members get **3,000 pts** for every \$6* spent on

\$3 back in points

QUAKER DIPPS AND CHEWY GRANOLA BARS
SELECTED VARIETIES
120-156 G
20847582_EA/21359366_EA

Moredays

Members get **3,000 pts** for every \$15* spent on

\$3 back in points

NUTELLA SPREADS
375 G-1 KG OR **SNACKS** 138-208 G
20436105_EA/21457401_EA

Moredays

Members get **5,000 pts** for every \$10* spent on

\$5 back in points

KELLOGG'S PREMIUM CEREAL
317-525 G
21607207_EA
21651958_EA

Moredays

Members get **6,500 pts** for every \$30* spent on

\$6.50 back in points

VAN HOUTTE OR MCCAFFÉ 10-48'S KCUPS, VAN HOUTTE ROAST & GROUND 300-340 G, MCCAFFÉ ROAST & GROUND 300-875 G, WHOLE BEAN 10'S OR 30'S SELECTED VARIETIES
21238547_EA/21634316_EA

Moredays

Members get **3,000 pts** for every \$12* spent on

\$3 back in points

LECLERC CÉLÉBRATION COOKIES
SELECTED VARIETIES
200-350 G
21648530_EA
21680155_EA

Moredays

Members get **5,000 pts** for every \$15* spent on

\$5 back in points

OCEAN'S TUNA, GOLD SEAL CANNED FISH OR MILLIONAIRES SARDINES
SELECTED VARIETIES
80-418 G
21004270_EA
21024465_EA

Moredays

Members get **4,000 pts** for every \$12* spent on

\$4 back in points

RIO MARE CANNED FISH
SELECTED VARIETIES
100-320 G
20035383_EA

Moredays

Members get **3,000 pts** for every \$9* spent on

\$3 back in points

MAYNARDS CANDY OR CADBURY CHOCOLATE
SELECTED VARIETIES, EXCLUDING VALENTINE'S OR EASTER
21545554_EA
21648577_EA

Moredays

Members get **5,000 pts** for every \$10* spent on

\$5 back in points

KNORR GRAVY AND SAUCE MIX 22-48 G, **BOUILLON CUBES OR POWDERS** 63 G 250 G OR **LIQUID CONCENTRATE** 250 ML
SELECTED VARIETIES
20320060_EA
20332323001_EA
21683454_EA

Moredays

Members get **3,500 pts** for every \$15* spent on

\$3.50 back in points

CLUB HOUSE DRY GRAVY OR SAUCES, SEASONING BLENDS, SPICE BOTTLES OR TINS OR LA GRILLE SEASONINGS 11-825 G OR **FOOD COLOR OR VANILLA EXTRACTS**
43-250 ML
SELECTED VARIETIES
20061848_EA
20308006002_EA
20323721001_EA

Moredays

Members get **3,000 pts** for every \$12* spent on

\$3 back in points

BAKERS CHOCOLATE SQUARES 170/225 G, **JELL-O POWDER** 9.01-85 G, **JELL-O PUDDING** 40-170 G, **MAGIC BAKING POWDER** 225/ 450, **SHAKE N BAKE COATING MIX** 142-160 G
SELECTED VARIETIES
20307001001_EA
20316019001_EA

Moredays

Members get **3,000 pts** for every \$10* spent on

\$3 back in points

BETTY CROCKER SUPERMOIST CAKE MIX 375-404 G OR **FROSTINGS** 340-450 G
SELECTED VARIETIES
2056241009_EA
21547837_EA

Moredays

Members get **4,000 pts** for every \$15* spent on

\$4 back in points

ROBIN HOOD OR FIVE ROSES FLOUR 2.5 KG OR 5 KG OR **CARNATION EVAPORATED MILK** 354 ML OR **EAGLE CONDENSED MILK** 300 ML
SELECTED VARIETIES
20039497001_EA
20896887_EA

Moredays

Members get **5,000 pts** for every \$20* spent on

\$5 back in points

FRISKIES DRY CAT FOOD
SELECTED VARIETIES
1.4-7.5 KG
20686851_EA
20912590_EA

Moredays

Members get **10,000 pts** for every \$30* spent on

\$10 back in points

LYSOL CLEANERS OR LAUNDRY, OR FINISH DISHWASHER TABS
21487308_EA

Moredays

Members get **10,000 pts** for every \$40* spent on

\$10 back in points

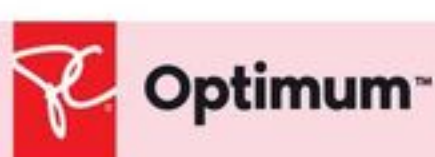
TIDE OR GAIN LAUNDRY DETERGENT OR PODS, DOWNY OR GAIN LIQUID FABRIC SOFTENER, BOUNCE DRYER SHEETS OR DOWNY, GAIN OR IVORY SNOW BEADS, MR. CLEAN CLEANERS, CASCADE DISHWASHER TABS, DAWN DISH DETERGENT OR SWIFFER
21518479_EA
21593670_EA

Moredays

Members get **3,000 pts** for every \$15* spent on

\$3 back in points

COLGATE ORAL CARE PRODUCTS
ALL VARIETIES AND SIZES
21118930_EA
21166717_EA



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This week only! Jan 29-Feb 4

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Moredays
Moredays
Moredays

APP EXCLUSIVE OFFERS⁺

Moredays
APP EXCLUSIVE OFFER

Member Only Price[™]

2²⁵

Non-Members
\$3

PC® OR BLUE MENU® ENGLISH MUFFINS
SELECTED VARIETIES
6'S
20810796_EA
21016273_EA
*Open your PC Optimum[™] app or visit pcoptimum.ca to get the offer.

Moredays
APP EXCLUSIVE OFFER

Members get
1,500^(pts)

\$150
back in points

\$7

FARMER'S MARKET™ GREENHOUSE PEPPERS
PRODUCT OF MEXICO
3'S
20085851001_EA
*Open your PC Optimum[™] app or visit pcoptimum.ca to get the offer.

Moredays
APP EXCLUSIVE OFFER

Members get
5,000^(pts)

\$5
back in points

PILLSBURY PIZZA POPS OR BITES
380 G-2.85 KG, **TOASTER STRUDEL**
OR **SCRAMBLES** 204-326 G OR
PILLSBURY REFRIGERATED DOUGH
SELECTED VARIETIES FROZEN
21435996_EA
21505340_EA
20172664001_EA
*Open your PC Optimum[™] app or visit pcoptimum.ca to get the offer.

Moredays
APP EXCLUSIVE OFFER

Members get
2,500^(pts)

\$2.50
back in points

OREO OR CHIPS AHOY! FAMILY SIZE COOKIES 303-503 G OR
OREO CAKESTERS 285 G
SELECTED VARIETIES
21014087_EA
21520747_EA
*Open your PC Optimum[™] app or visit pcoptimum.ca to get the offer.

Moredays
APP EXCLUSIVE OFFER

Members get
4,000^(pts)

\$4
back in points

PREMIUM PLUS
402-481 G OR
GOOD THINS 100 G SELECTED VARIETIES
21023024_EA
21109004_EA
*Open your PC Optimum[™] app or visit pcoptimum.ca to get the offer.

Moredays
APP EXCLUSIVE OFFER

Members get
2,000^(pts)

\$2
back in points

CRISPERS OR BITS & BITES
SELECTED VARIETIES
145 G
21358333_EA
21358273_EA
*Open your PC Optimum[™] app or visit pcoptimum.ca to get the offer.

Get your first year of PC Express Pass for

\$2/month^{*}

- Unlimited grocery delivery or pickup
- Earn 2% back in ^(pts) with eligible pickup orders^{**}

Use code **PASS76**

[Learn more](#)

^{*/**}Offer valid until February 18, 2026. Conditions apply, \$30 minimum order. Regular price \$99.99/year after your first year.

JOE FRESH

Moredays
Jan. 29 - Feb. 4

Open the app to get your offers.

Members get
20,000^(pts)
for every \$60 spent on apparel[†]

APP EXCLUSIVE OFFERS⁺

Moredays
APP EXCLUSIVE OFFER

Members get
15,000^(pts)

\$15
back in points

ANY COMBINATION OF BOSTON PIZZA, DOORDASH, GAP INC. BRANDS, GOOGLE PLAY, THE KEG, AND ULTIMATE DINING CARD GIFT CARDS

Google Play gift card purchases are subject to a \$200 limit. Offer valid in-store only. Subject to availability; selection may vary by store. We reserve the right to limit quantities. See gift card for details, terms & conditions. Offer applies to every \$100 spent on any combination of Boston Pizza, DoorDash, Gap Inc. Brands, Google Play, The Keg, Ultimate Dining Card, Harvey's, and Swiss Chalet cards in a single transaction. Cannot be combined with any other gift card offers. Not valid on prior purchases. PC Optimum points cannot be redeemed toward the purchase of gift cards. All other trademarks are property of their respective owners.

Moredays

3,000^(pts)

when you spend \$30 or more on fuel.

Jan 29 - Feb 1

Esso Mobil

Open the app to get this offer.
*Conditions apply. Complete details on the PC Optimum[™] app or at www.pcoptimum.ca



DIGITAL COUPONS

UP TO
\$50
IN TOTAL
VALUE

More offers. More points.

**CLICK FOR THESE
COUPONS AND MORE**



6,000 points

**When you spend \$40
or more on fresh fruits
or vegetables**

Ends on February 4th, 2026



5,000 points

**When you spend \$30 or more
on meal kits, sandwiches,
prepackaged salads,
cold case salads, soups,
pizza, quiches, pies or wings**

Ends on February 4th, 2026



5,000 points

**When you spend \$20
or more on deli meat &
cheese, selected varieties
and sizes**

Ends on February 4th, 2026



5,000 points

**When you spend \$30 or
more on Pet Department,
includes pet food, treats,
toys & supplies**

Ends on February 4th, 2026



5,000 points

**When you spend \$30 or
more on vitamins and
supplements**

Ends on February 4th, 2026



1,500 points

**PC® Pacific large white shrimp
raw or cooked peeled or raw
Zipperback® 31-40 per lb 400 g or
SeaQuest® whole tilapia 1.36 kg or
whole pompano 800 g frozen**

Ends on February 4th, 2026



500 points

**Life Brand
liquid hand soap
340 mL**

Ends on February 4th, 2026



\$2 off

**no name® flour
selected varieties
10 kg**

Ends on February 4th, 2026



1,000 points

**When you buy 2 or more
no name® tomatoes
selected varieties
796 mL**

Ends on February 4th, 2026

FEBRUARY Prices effective
Sunday February 1st, 2026

**HIT
OF THE
MONTH**

LIMIT 6
AFTER LIMIT
3.50 EA.



MAINTENANT
PLUS GARNITURE
NOW WITH MORE
FILLING

\$2⁶⁷

**VACHON SNACK
CAKES**
SELECTED VARIETIES
AND SIZES
20963606_EA
20976342_EA

LIMIT 6
AFTER LIMIT
\$3 EA.



\$2

CAVENDISH FRIES
SELECTED VARIETIES
FROZEN
800 G
21559837_EA
21602936_EA

LIMIT 6
AFTER LIMIT
\$5 EA.



\$4

**ROYALE TIGER TOWEL
PAPER TOWELS**
3=6 ROLLS
21484702_EA

**LOWEST PRICES
BEST DEALS**

As compared to other major grocery retailers within your local areas.

* Must be a registered PC Optimum[®] member to get this offer.

Valid from February 1 - 28, 2026. While quantities last. See in-store for details.