

Customer Appreciation Day

FEBRUARY 26TH

THURSDAY ONLY!

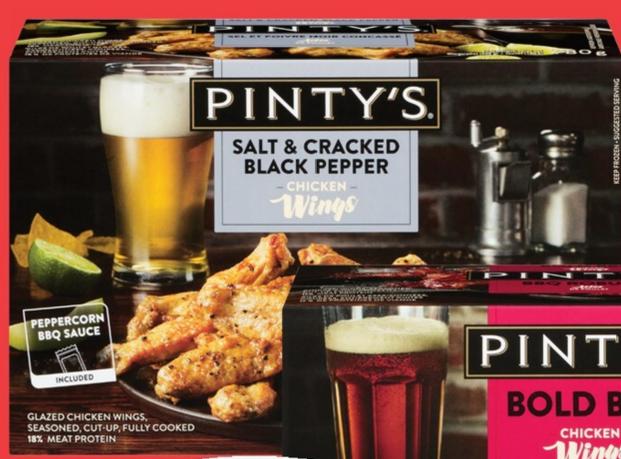
PRIZES | SAMPLES | + MORE!



RUSSET POTATOES
PEI #1 • 5 lb bag
Reg. 4.99

2⁹⁹

PINTY'S PREMIUM CHICKEN WINGS 780g
Bold BBQ or Salt & Black Pepper
Reg. 19.99



9⁹⁹

CARVER'S CHOICE SLICED BACON
375g
Reg. 4.99



2⁹⁹



EVERSWEET MARGARINE
850g • Reg. 7.99

5⁹⁷

FUSSELL'S THICK CREAM
170mL • Reg. 3.79

1⁸⁸



FAVORITE BREAD & ROLL MIX
3 lb
Reg. 5.99



3⁹⁹



3/\$5

BUSH'S BAKED BEANS
398mL • Assorted • Reg. 2.99



4/\$5

MAPLE LEAF FLAKES OF MEAT
156g • Assorted
Reg. 4.29

FLIP OVER TO SEE MORE DEALS!

*while supplies last, no rainchecks.
Prices valid February 26, 2026 only.

Customer Appreciation Day

FEBRUARY 26TH

THURSDAY ONLY!

PRIZES | SAMPLES | + MORE!

**HIGH LINER
CATCH OF
THE DAY
FISH
NUGGETS**
900g
Reg. 13.99



5.99



**DON'T
FORGET
THE ICE
CREAM!**

4.77

APPLE VALLEY 8" APPLE PIE

620g • Reg. 6.99



**BREYERS
FAMILY CLASSIC
FROZEN
DESSERT 1.66 L**
Assorted • Reg. 6.99

2.99



4.77

**FAVORITE
NL STYLE SWEET
MUSTARD PICKLES**

750mL • Reg. 6.49



2/\$8

**CHRISTIE
TOPPABLES CRACKERS**

454g • Family size
Reg. 5.99



**4.5
LBS**

6.99



**CAVENDISH
CLEAR COAT FRIES**

4.5 lb • Reg. 10.49



.99

FAVORITE FLAKED LIGHT TUNA

170g • Reg. 2.19

*while supplies last, no rainchecks.

Prices valid February 26, 2026 only.



Colemans

every visit feels like coming home

RED RIPE STRAWBERRIES
Mexico or US #1
1 lb clamshell

3⁹⁹



FRESH SHOULDER PICNIC PORK ROAST
6.59 kg • Family Pack

2⁹⁹
lb



3⁴⁹
lb
SAVE \$1.50/lb

Country Ribbon
FRESH WHOLE CHICKEN
7.69 kg



10⁹⁹
lb
SAVE \$6.00/lb

FRESH ATLANTIC SALMON FILLET
24.22 kg

2⁹⁹



FRESH BROCCOLI Mexico #1

SWEET JUICY CLEMENTINES
Imported #1
2 lb bag

4⁹⁹



MAPLE LEAF BABY BAG BOLOGNA
1 kg average • Reg. 19.99

SAVE \$7.00
12⁹⁹

IRRESISTIBLE MEXCAN or ASIAN STYLE CHICKEN BITES
500g • Reg. 8.99

SAVE \$3.99
\$5



PRIMO PASTA
454g • Assorted

4/\$5



AYLMER TOMATOES 796mL or ACCENTS 540mL • Assorted

2/\$4.50



KRAFT PIZZA KIT
418g

2/\$9



ALLEN'S JUICE
1 L • Assorted

1⁶⁹



DEMPSTER'S HOLSUM BREAD 570g or HOTDOG AND HAMBURGER BUNS
8 pk • Assorted • Reg. 3.99

2⁹⁹

SAVE \$1.00



PRIMO VEGETABLE OIL
3 L • Assorted
Reg. 15.99

9⁹⁹

SAVE \$6.00



JACOB'S CREAM CRACKERS
200g

3/\$5



BLACK DIAMOND CHEESE SLICES
410g • Assorted • Reg. 5.69

3⁷⁷

SAVE \$1.92



BLACK DIAMOND CHEESE BLOCKS 400g or SHREDS 300-320g • Assorted • Reg. 8.99

4⁹⁹

SAVE \$4.00



PALMOLIVE DISH LIQUID
591-828mL
Assorted
Reg. 4.49

HOT DEAL
1⁹⁷



SWEET BABY RAY'S BBQ SAUCE
425mL or **HIDDEN VALLEY SALAD DRESSING** 473mL • Assorted

2⁹⁷



LAY'S POTATO CHIPS 200-235g and STAX 155-163g • Assorted

2⁹⁹



COKE and PEPSI PRODUCTS
24x355mL • Assorted

12⁴⁹

Like and follow us!
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www.instagram.com/colemansfoods

Scan to receive our e-flyer or visit shop.colemans.ca for *even more deals* that you won't want to miss!



More great Savings



2/\$3

SELECTION BREADSTICKS & CHEESE SNACK
87g • Assorted



SAVE \$1.00
STONEY CREEK TOMATO JUICE
1.36 L
Reg. 3.99
2.99



SAVE \$1.00
CARNATION EVAPORATED MILK
354mL • Assorted • Reg. 2.99
1.99



SAVE \$3.00
PARKAY MARGARINE
1.28 kg tub or 3 lb 1/2 cup squares • Reg. 9.99
6.99



SAVE \$1.90
PHILADELPHIA CREAM CHEESE
250g • Assorted • Reg. 5.89
3.99



DARE WAGON WHEELS
315g or BEAR PAWS 140-270g Assorted
2/\$6



SAVE \$1.50
DARE BRETON CRACKERS
120-250g • Assorted • Reg. 4.19
2.69



SAVE \$1.50
VACHON SNACKS
220-410g • Assorted • Reg. 5.49
3.99



SAVE \$9.00
PRIMO EXTRA VIRGIN OLIVE OIL 1L
Reg. 19.99
10.99



SAVE \$2.00
FAVORITE FLOUR
7 lb
Reg. 7.99
5.99



SAVE \$1.00
SELECTION FRUIT CUPS
4 pk • Assorted • Reg. 3.99
2.99



FAVORITE FRUIT
398mL • Assorted
3/\$5



PRIMO THICK & ZESTY PASTA SAUCE
680mL • Assorted
2/\$5



KRAFT PASTA SALAD 200g
or **DAINTY RICE** 265g • Assorted
2/\$5



SAVE \$3.02
BLACK DIAMOND CHEESTRINGS
252-336g • Assorted • Reg. 8.99
5.97



SAVE \$1.80
QUAKER INSTANT OATMEAL
264-344g • Selected • Reg. 4.79
2.99



GENERAL MILLS CHEERIOS
585-725g Family Size Assorted
6.49



GREEN GIANT FROZEN VEGETABLES
750g • Assorted
3.88



SAVE \$2.50
HUNGRY-MAN DINNER
360-455g • Assorted • Reg. 7.49
4.99



SAVE \$1.00
FAVORITE NL STYLE SLICED PICKLED BEETS
750mL • Reg. 4.99
3.99



3/\$5
MAPLE LEAF VIENNA SAUSAGES
113g



1/2 PRICE
SELECTION LONG GRAIN WHITE RICE
900g • Reg. 3.99
1.99



OLD EL PASO TACO SHELLS 125-133g, **SOFT FLOUR TORTILLAS** 297-334g, **MEXICAN RICE** 215g, **SLICED JALAPEÑO PEPPERS** 250mL, **TACO SAUCE** 243mL or **REFRIED BEANS** 398mL • Assorted



2/\$3
OLD EL PASO SEASONINGS
24g • Assorted



5.99
MAPLE LEAF COOKED HAM
454g



SAVE \$1.20
PURITAN CORNED BEEF HASH
425g • Reg. 5.99
4.79



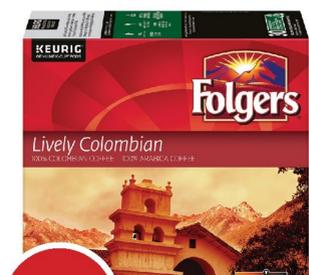
3/\$4
FRUIT 20 SPARKLING WATER
502mL • Assorted



SAVE \$4.00
PEPPERIDGE FARM GOLDFISH CRACKERS
616-750g • Reg. 10.99
6.99



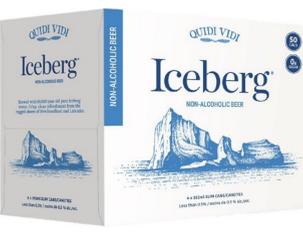
SAVE \$1.24
MISS VICKIE'S KETTLE COOKED CHIPS
200-220g • Assorted • Reg. 5.49
4.25



SAVE \$6.00
FOLGERS K-CUPS
30 pk • Assorted • Reg. 25.99
19.99



TIM HORTONS COFFEE
875g • Assorted
25.99



15.99
QUIDI VID I ICEBERG NON-ALCOHOLIC BEER 6 pk



SAVE \$5.11
CASHMERE BATHROOM TISSUE
12 Double Rolls = 24 Singles • Reg. 14.99
9.88



SAVE \$4.00
MR. CLEAN CLEANERS
2.93 L • Assorted • Reg. 15.99
11.99

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www.instagram.com/colemansfoods



We reserve the right to limit quantities. Text prevails over photos. Prices do not include sales tax where applicable. Some items may not be available at all locations.

Fresh Produce



SWEET CARROTS or SMALL TURNIP
Grown Right Here #1 or
YELLOW ONIONS Nova Scotia #1
5 lb bags

**GROWN
RIGHT
HERE!**



5⁹⁹



**EXTRA LARGE
RED and GREEN
GRAPES**
South Africa #1
11.00 kg

4⁹⁹
lb



**SWEET CRUNCHY
PINK LADY APPLES**
Washington #1 • 6.59 kg

2⁹⁹
lb



**PLUMP RIPE
MUSHROOMS**
Florida #1 • 4 pk

3⁹⁹



**FLORIDA
TOMATOES**

**Fresh
Florida**

**PLUMP RIPE
TOMATOES
ON THE VINE**
Ontario #1 • 8.80 kg

3⁹⁹
lb

**LARGE SWEET
JUICY ORANGES**
California #1 • 4.39 kg

1⁹⁹
lb



3⁴⁹

**WHOLE BROWN
MUSHROOMS**
Ontario #1
8 oz cello



GREEN KIWIFRUIT
Greece #1

4/\$5



2⁴⁹
lb

SWEET POTATO
US #1 • 5.49 kg

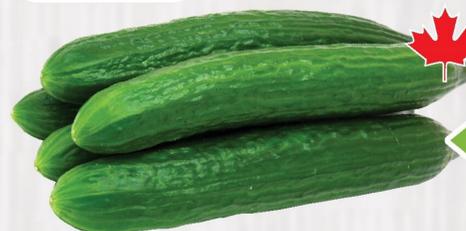
**FRESH
AVOCADOS**
Mexico #1

2/\$4



**SEEDLESS
CUCUMBERS**
Ontario #1

2⁹⁹



**CLASSIC BRAND
ORGANIC SALAD**
US #1
5 oz clamshell

3⁹⁹



FRESH CUT FRUIT IS ALWAYS AVAILABLE

Bakery & Deli



a Newfoundland favourite
TOUTON DOUGH
600g • Store made
3⁴⁹



STONEFIRE NAAN FLAT BREAD
250g • Reg. 4.29
2⁹⁹



SELECTION CUPCAKES
284g • Assorted • Reg. 5.99
3⁹⁹



**FANTINO & MONDELLO
DRY SALAMETTI**
175g • Red Wine or Black Pepper
3⁹⁹



OUR FAMOUS TURKEY COLD PLATE
454g • Store made
9⁹⁹

Available at select locations



KELLOGG'S EGGO WAFFLES
560g • Assorted • Reg. 7.99
5⁹⁹



**PILLSBURY
TOASTER STRUDEL**
326g • Assorted
3⁹⁹



DOLE PINEAPPLE JUICE
1.36 L • Assorted
5⁴⁹



**NESCAFÉ
INSTANT COFFEE**
100-170g • Assorted
7⁹⁹



E.D. SMITH TRIPLE FRUIT JAM
375-500mL • Assorted • Reg. 5.99
4⁴⁹



TETLEY TEA
72 ct
5⁹⁹



**MINUTE MAID
SIMPLY**
1.36-1.54 L
Assorted
Reg. 7.99
5⁹⁹



CREAM OF WHEAT
336-800g • Assorted
4⁴⁹



QUAKER OATS 1 kg or **MINUTE RICE**
600-700g • Regular or whole grain
4⁹⁹



HEINZ TOMATO SOUP
284mL
3/\$5



DEMPSTER'S TORTILLAS
610g • Assorted • Reg. 5.99
4⁷⁹



CATELLI SPECIALTY PASTA
340-375g • Assorted • Reg. 3.99
2⁹⁹



**HOLIDAY
LUNCHEON MEAT**
340g
3⁴⁹



SELECT BEEF GRAVY
1.36 L
8⁹⁹



BILLY BOOT RECYCLING BAGS
20 pk • Assorted • Reg. 4.99
3⁹⁹



**TIDE PODS or GAIN FLINGS
LAUNDRY DETERGENT** 31 ct • Assorted
11⁹⁹



Choice Cuts

CHECK THE DIGITAL FLYER FOR
Gourmet our way
SPECIALS

CANADIAN AA OR HIGHER
BONELESS INSIDE ROUND
ROAST or STEAKS
19.82 kg • Family Pack

8⁹⁹
lb

FRESH WHOLE
CRYOVAC PORK
TENDERLOIN
11.00 kg

4⁹⁹
lb

SAVE \$1.81/lb

FRESH or FROZEN LEAN
GROUND PORK
8.80 kg

SAVE \$1.90/lb

3⁹⁹
lb



FRESH
EXTRA LEAN
GROUND BEEF
17.61 kg • Family Pack

7⁹⁹
lb

CANADIAN
AA OR HIGHER
BONELESS
STEW BEEF
17.61 kg
Family Pack

SAVE \$5.06/lb

7⁹⁹
lb

LARGE
BAG!



BONELESS CHICKEN TENDERS
2 kg bag • Individually Quick Frozen

18⁹⁹



GREENFIELD BLACK FOREST HAM
175g • Reg. 8.99

SAVE
\$4.00

RAISED
WITHOUT
ANTIBIOTICS

4⁹⁹



MAPLE LEAF PREPPED & READY
NATURAL MEATS 250g • Assorted

8⁹⁹



CARVER'S CHOICE
SMOKED HALF HAM 9.90 kg

4⁴⁹
lb

From the Sea



PARAMOUNT
FLAKE STYLE
IMITATION
CRABMEAT
907g

9⁹⁹



HIGH LINER
TEMPURA BATTERED FISH 250g

3⁹⁹



BELMONT MEATS
CHEESE & BACON BURGERS 852g

12⁹⁹



MAPLE LEAF WIENERS
375g • Assorted

5⁴⁹



CHRIS BROTHERS COOKED
HAM 200g • Reg. 4.99

SAVE
\$1.00

3⁹⁹



BUTTERBALL TURKEY BACON
375g

6⁹⁹



MCCAIN
DEEP 'N' DELICIOUS CAKE
510g • Assorted

6⁹⁹



FURLANI STUFFED MOZZA STICKS
326g

5⁹⁹



POGO
750g • 10 pk • Reg. 12.49

SAVE
\$2.50

9⁹⁹



SMUCKER'S UNCRUSTABLES
208-232g • Assorted or DR. OETKER
GIUSEPPE GARLIC FINGERS 317g

4⁹⁹



IRRESISTIBLE
FROZEN FRUIT
400-600g • Assorted

5⁹⁹



KRAFT
JET-PUFFED MARSHMALLOWS
250g • Assorted • Reg. 3.29

SAVE
\$1.00

2²⁹



DR. OETKER SHIRRIFF PIE CRUST 270g
or PIE MIX 137-164g • Assorted

2/\$4



QUAKER MUFFIN MIX 900g or
E.D. SMITH PIE FILLING 540-796mL • Assorted

5⁹⁹



CHRISTIE HONEYMAID
GRAHAM CRUMBS or WAFERS
400g

5⁴⁹



SNO'FLAKE SHORTENING
1.13 kg

9⁹⁹



PURITY JAM JAMS
425g

5⁴⁹



MINUTE MAID or FUZE JUICE BOXES
10x200mL • Assorted

2/\$6⁵⁰



REALEMON
LEMON JUICE
945mL

3⁴⁹



VH
SOYA SAUCE
SAUCE SOYA



VH
CHERRY CERISES
SAUCE SAUCE SOYA

3⁹⁹



HEINZ
SEAFOOD SAUCE
285mL

2/\$6

mix n' match
2/\$5

CAMPBELL'S
SPAGHETTIOS 425mL,
HUNT'S MANWICH SAUCE
398mL, CATELLI MEAT
PASTA SAUCE 398mL or
SELECTION SPLIT PEAS and
CHICK PEAS 900g



3⁹⁹
SELECTION
TABLE SYRUP 710mL



5⁴⁹
SELECTION
MAYONNAISE 890mL



4⁴⁷
SELECTION
PICKLES
1L • Assorted • Reg. 5.79

SAVE
\$1.32

Shop our online flyer for extra savings. Every week.



3⁹⁹

KELLOGG'S RICE KRISPIES SQUARES
176-220g • Assorted



4⁹⁹

CHRISTIE COOKIES
261-325g • Assorted



SAVE \$2.00

4⁹⁹

CARNATION HOT CHOCOLATE
7-10 pk • Assorted • Reg. 6.99



SAVE \$1.00

3⁹⁹

FIBRE 1 DELIGHTS
125g • Assorted • Reg. 4.99



14⁹⁹

NATURE VALLEY BARS • 980g-1.2 kg
or **FIBRE 1 CHEWY BARS**
840g • Oats and Chocolate



8⁹⁹

SELECTION CEREAL BARS
900g • Strawberry



2⁹⁹

HUNT'S PUDDING OR GELS
4 pk • Assorted



3⁹⁹

MOTT'S FRUITSATIONS
6 pk • Assorted



17⁹⁹

DOLE FRUIT BOWLS
20 pk • Assorted



3⁹⁹

QUAKER OAT BRAN CEREAL
625g



5⁴⁹

LIFE SMART NATURAL QUICK
STEEL CUT OATS • 709g



4⁴⁹

BECEL MARGARINE
427g • Assorted



PAM COOKING SPRAY
113-170g
Assorted

5⁹⁹



ALASKO FAJITA BLEND
1 kg • Frozen

5⁹⁹



WONG WING ENTREES
400-500g • Assorted

8⁹⁹



2/\$3

SELECTION ONION SOUP MIX
2 pk



SAVE \$2.00

5⁹⁹

CLOVER LEAF LIGHT TUNA IN OIL
3 x 80g • Reg. 7.99



SAVE \$2.54

5⁷⁵

GATORADE
6 x 591mL • Assorted • Reg. 8.29



5⁴⁹

ORVILLE REDENBACHER
MICROWAVE POPCORN
340-492g • Assorted



3³³

OLD DUTCH POPCORN TWISTS
175g • Assorted



12⁹⁹

CORONA CERO
6 x 330mL

Online flyers give you the deals while we help save our environment.

Shop our online flyer for extra savings. Every week.



4⁴⁹

MAGIC BAKING POWDER
225g



15⁹⁹

SELECTION BAKING CHIPS
835-925g • Milk Chocolate or Semi-sweet



4⁹⁹

CROSBY'S MOLASSES
675g



1⁵⁹

HUNT'S TOMATO PASTE
156mL



3⁷⁷

CORONATION SWEET GHERKINS
375mL



2⁷⁷

CORONATION SWEET GREEN RELISH • 375mL



2⁷⁹

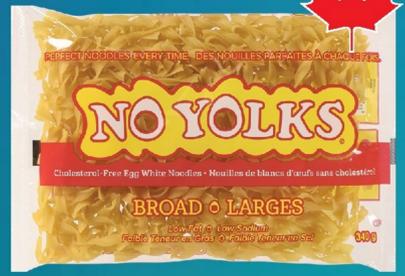
SELECTION OVEN READY LASAGNA
375g



SAVE \$1.00

2⁹⁹

SELECTION POTATO GNOCCHI
500g • Reg. 3.99



3⁹⁹

NO YOLKS EGG NOODLES
340g • Assorted



2/\$4

FRANCO AMERICAN GRAVY
284mL • Assorted



1⁹⁹

IDAHOAN POTATOES
43-116g • Assorted



3/\$5

NESTLE JUNIORS
8 ct • Assorted



12⁹⁹

IRRÉSISTIBLE PUFF PASTRY PARTY PACK • 432g



14⁹⁹

BAGEL BITES
882g • 40 ct • Assorted



4⁷⁹

CAVENDISH FLAVOUR CRISP or QUICK CRISP FRIES 540-750g
Assorted



4/\$5

PURINA FANCY FEAST CAT FOOD
85g • Assorted



2/\$4

CESAR DOG FOOD
100g • Assorted



7⁹⁹

SIMPLY KIDS UNSCENTED WIPES
192-216 ct • Assorted



14⁹⁹

TIDY CATS CAT LITTER
2.72 kg • Assorted



21⁹⁹

CASHMERE BATHROOM TISSUE
30 Jumbo Roll



SAVE \$1.50

3⁹⁹

GLAD CLING WRAP
60m • Reg. 5.49

Online flyers give you the deals while we help save our environment.

Gourmet our way

BUTCHER-SEASONED.
HOME-COOKED PERFECTION.



4.49
lb
SAVE \$1.50/lb

MARINATED
WHOLE CHICKEN
9.90 kg



4.49
lb
SAVE \$2.08/lb

WHOLE
STUFFED CHICKEN
9.90 kg



6.99
lb
SAVE \$3.24/lb

FRESH
LEAN GROUND PORK
ITALIAN MEATBALLS
15.41 kg

SAVE \$3.08/lb
5.99
lb

MARINATED WHOLE
PORK TENDERLOIN
13.21 kg



COLEMANS Customer Appreciation Day

THURSDAY
FEBRUARY 26TH

PRIZES | SAMPLES | SPECIALS

FEBRUARY FEATURE

CHOCOLATE TRUFFLE CAKE

DECADENT CHOCOLATE MOUSSE LAYERED BETWEEN CHOCOLATE SPONGE CAKE AND COVERED IN A RICH CHOCOLATE GLAZE.



SPECIAL
\$29.99
 REGULAR \$45

Love is sweet, and cake makes it sweeter!



COME TRY OUR FAMOUS
artisan
BREADS

Available at
 Gardens Market • Caribou Road
 Stephenville • Mount Pearl
 Newfoundland Drive • Deer Lake
 Merymeeting Road & more




4²⁹
 DEMPSTER'S
 BAGELS
 6 pk • Assorted



5⁹⁹
 SELECTION
 CHOCOLATE BROWNIES 300g



PERFECT FOR ANY OCCASION

See in-store or shop.colemans.ca/catering for more options!

Party Trays starting at \$29.99! Offerings vary by store.



Kids!

Become a member of the **FrOOtie TOOTie Club**



and
Get a FREE
piece of fruit
when you visit Coleman's!

See a Produce Associate for a membership card



The perfect gift—always available.
Get a gift card today.



Your CO2 cylinder at
a better price

Refilling
a cylinder
\$12.50 +tx

WITH
empty cylinder
in exchange

EXCHANGEABLE
with ALL brands!



TWIST



OFFICIAL PROTEIN PARTNER

Spend \$20 on participating Maple Leaf® products and receive a \$10 Visa eGift Card*



NOURISH OUR FUTURE CHAMPIONS.

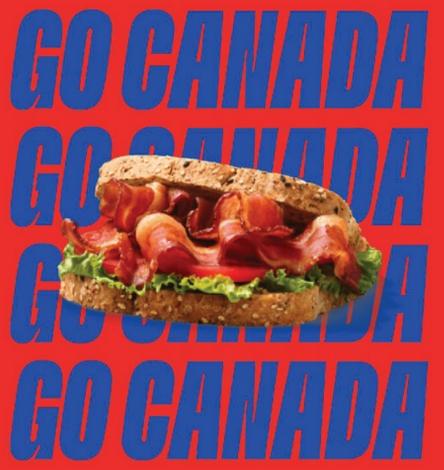
BUT FIRST, PROTEIN.



*NO PURCHASE NECESSARY. Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat. Duis aute irure dolor in reprehenderit in voluptate velit esse cillum dolore eu fugiat nulla pariatur. Excepteur sint occaecat cupidatat non proident, sunt in culpa qui officia deserunt mollit anim id est laborum. Sed ut perspiciatis unde omnis iste natus error sit voluptatem accusantium doloremque laudantium, totam rem aperiam, eaque ipsa quae ab illo inventore veritatis et quasi architecto beatae vitae dicta sunt explicabo. Nemo enim ipsam voluptatem quia voluptas sit aspernatur aut odit aut fugit, sed quia consequuntur magni dolores eos qui ratione voluptatem sequi nesciunt. Neque porro quisquam est, qui dolorem ipsum quia dolor sit amet, consectetur, adipisci velit, sed quia non numquam eius modi tempora incidunt ut labore et dolore magnam aliquam quaerat voluptatem.

RALLYING CANADIANS

AND ENGAGING A NATION.



We've always been proud to feed and fuel Canadians.

And in 2026, Maple Leaf will stand alongside Canadian athletes and harness national pride to rally shoppers and drive in-store conversion.



SEASONAL CLEARANCE

Sale

ALL FALL AND WINTER STOCK

UP TO

50% OFF

*Some exceptions may apply.



CORNER BROOK 26 Caribou Road

MOUNT PEARL 6 Centennial Square

ST. JOHN'S 370 Newfoundland Drive

www.arthurjamesclothing.ca