FOOD LION

February 25 - March 3, 2026

Offers valid while supplies last.

Hot deals that save you more!

Prices good at select stores, see back page for locations.

HOTSALE! MVP 2.99 LB

YOU SAVE $1.80 LB

Ground Fresh Daily
73% LEAN FRESH GROUND BEEF
W/O MVP Card $4.79 LB

HOTSALE! MVP 2.49 LB
W/O MVP Card $4.79 LB
Center Cut, Bone-In
PORK CHOPS

HOTSALE! MVP 1.99 LB
W/O MVP Card $2.69 LB
Family Pack
FOOD LION BONELESS CHICKEN BREAST

HOTSALE! MVP 4.99 LB
W/O MVP Card $6.99 LB
Freshly Sliced
FOOD LION AMERICAN OR PEPPER JACK CHEESE
IN THE DELI

Buy an orange bag

to give 5 meals* to local families.

*See Page 3 for details.

YOU SAVE $1.50 EA

HOTSALE! MVP 2.49 EA
3 Lb. Bag
FOOD LION NAVEL ORANGES
W/O MVP Card $3.99 EA

HOTSALE! MVP 1.49 LB
W/O MVP Card $2.39 LB
GREEN SEEDLESS GRAPES

GREEN CABBAGE

HOTSALE! MVP 39¢ LB
W/O MVP Card 89¢ LB

HOTSALE! MVP 1.99 EA
W/O MVP Card $4.19 EA
5 Lb. Bag
FOOD LION RUSSET POTATOES

HOTSALE! MVP BOGO FREE
W/O MVP Card Regular Retail
Single Item Half Price
12 Pack - 12 Oz. Cans
Select Varieties
COKE PRODUCTS
NEW ITEM
LIMIT 4 FREE

HOTSALE! MVP BOGO FREE
W/O MVP Card $5.99 EA
Single Item Half Price
8.5-13.4 Oz.
Select Varieties
KEEBLER COOKIES OR SANDWICH COOKIES
LIMIT 4 FREE

4.5-5.3 Oz.
Select Varieties
CHOBANI GREEK OR ZERO SUGAR YOGURT
HOTSALE! MVP 5/$5
W/O MVP Card Regular Retail

6-10.75 Oz.
Select Varieties
DORITOS OR MISS VICKIE'S KETTLE CHIPS
HOTSALE! MVP 2/$6
W/O MVP Card Regular Retail

12 Pack - 12 Oz. Bottles or Cans
Select Varieties
NEW BELGIUM, SIERRA NEVADA, BELL'S OR WICKED WEED
HOTSALE! MVP 16.99 EA

15-24 Oz.
Select Varieties
RAO'S PASTA SAUCE
HOTSALE! MVP 5.99 EA
W/O MVP Card $7.99 EA

20 Oz. - Select Varieties
NATURE'S OWN BUTTERBREAD OR HONEY WHEAT BREAD
HOTSALE! MVP 2/$4
W/O MVP Card Regular Retail

5-9.25 Oz.
Select Varieties
WISE CHEEZ DOODLES OR POPCORN
HOTSALE! MVP 2/$6
W/O MVP Card $4.79 EA

10 Ct. K-Cups
Select Varieties
GREEN MOUNTAIN OR DONUT SHOP COFFEE
HOTSALE! MVP 4.99 EA
W/O MVP Card Regular Retail

2 Liter
Select Varieties
PEPSI OR CANADA DRY PRODUCTS
HOTSALE! MVP Limit 6 3/$5
W/O MVP Card Regular Retail

27-27.2 Oz. - Select Varieties
GENERAL MILLS CINNAMON TOAST CRUNCH OR HONEY NUT CHEERIOS
HOTSALE! MVP 2/$7
W/O MVP Card Regular Retail

MVP DIGITAL COUPONS

Load on App • Online • In-Store Kiosk

16 Oz.
Select Varieties
KRAFT SALAD DRESSING
PRICED LOW EVERY DAY 2/$5
W/O MVP Card $3.89 EA
MVP Coupon -1.00 OFF 2
2/$4
MVP W/ MVPX DISCOUNT SAVINGS (LIMIT 1)

8 Pack
20 Oz. Bottles
Select Varieties
GATORADE
HOT SALE! 5.99 EA
W/O MVP Card $8.99 EA
MVP Coupon -1.00 OFF 1
4.99 EA
MVP W/ MVPX DISCOUNT SAVINGS (LIMIT 1)

144-154 Oz. or 60 Ct. Filings
92-105 Oz. or 32 Ct. Pods
GAIN
TIDE
Select Varieties
HOT SALE! 14.99 EA
W/O MVP Card $16.99 EA
MVP Coupon -4.00 OFF 1
10.99 EA
MVP W/ MVPX DISCOUNT SAVINGS (LIMIT 1)

8 Mega XL or 12 Mega Rolls
6 Double Plus Rolls
CHARMIN
BOUNTY
Select Varieties
HOT SALE! 14.89 EA
W/O MVP Card Regular Retail
MVP Coupon -1.00 OFF 1
13.89 EA
MVP W/ MVPX DISCOUNT SAVINGS (LIMIT 1)

MVP PRICED LOW EVERY DAY ON ITEMS YOU BUY MOST OFTEN

&

FOOD LION MVP HOTSALE! OUR BEST WEEKLY MVP DEALS

Fresh, flavorful produce at *low prices* you'll appreciate!

We care about what you put on your table, that's why our produce comes with a 100% fresh guarantee.

100% FRESH OR DOUBLE YOUR MONEY BACK

HOT SALE! MVP 2.99 EA W/O MVP Card Regular Retail
4 Ct. Tray Pack
FOOD LION SWEET CORN

HOT SALE! MVP 69¢ EA W/O MVP Card Regular Retail
CUCUMBERS OR GREEN PEPPERS

HOT SALE! MVP 1.99 EA W/O MVP Card Regular Retail
8 Oz. Pkg.
FOOD LION MINI SWEET PEPPERS

HOT SALE! MVP 2.29 EA W/O MVP Card Regular Retail
6 Oz. Pkg.
BLACKBERRIES OR RASPBERRIES

HOT SALE! MVP 1.49 EA W/O MVP Card Regular Retail
10-16 Oz. Bag
FOOD LION CARROT CHIPS OR MATCHSTICK CUT CARROTS

HOT SALE! MVP 3.49 EA W/O MVP Card Regular Retail
MINI WATERMELON, CANTALOUPE OR HONEYDEW MELONS

HOT SALE! MVP 1.79 LB W/O MVP Card Regular Retail
Tote Bag
HONEYCRISP APPLES

6-9 Oz. Pkg.
Select Varieties
FRESH EXPRESS SALAD BLENDS

HOT SALE! MVP 2/$6 W/O MVP Card Regular Retail

4 INCH SHAMROCK
While Supplies Last!
3.99 EA

ORGANIC

1 Lb. Container
ORGANIC STRAWBERRIES

HOT SALE! MVP 4.79 EA W/O MVP Card Regular Retail

USDA ORGANIC

3 Lb. Bag
ORGANIC SWEET ONIONS

HOT SALE! MVP 3.99 EA W/O MVP Card Regular Retail

USDA ORGANIC

HOT SALE! MVP 2.99 EA W/O MVP Card Regular Retail
16 Oz. Bag
LEMON PLUMS

HOT SALE! MVP 3.99 EA W/O MVP Card Regular Retail
2 Lb. Bag
PLUMS OR NECTARINES

Find us online:
foodlion.com

Prices and promotions in this ad are based on the use of a Food Lion MVP card, regular prices apply without card.
We reserve the right to limit quantities and correct typographical errors.
Prices and availability may vary by store.
Rain checks unavailable on alcohol and tobacco products.

ALL STORES ACCEPT: VISA MasterCard ATM CARDS

Prices in this ad good at stores conveniently located in these cities:

New Store: 3501 N Elm St, Greensboro
Greensboro, Summerfield, Oak Ridge

We accept competitor's coupons, exceptions may apply, see store associate for details.
Coinstar, Western Union, Deli/Bakery and Floral may not be available at all stores.
Sale Begins Wednesday at 8 am in 24 Hour Stores.

Comforting family meals, *everyday savings*

You can count on us for a variety of quality meat and seafood that won't break the budget.

HOTSALE! MVP 12.99 LB CHOICE
Ask For Your Preferred Thickness
BONELESS NEW YORK STRIP STEAK
W/O MVP Card Regular Retail

HOTSALE! MVP 9.49 EA
W/O MVP Card Regular Retail
41-50 Ct.
16 Oz. Bag - Frozen
FOOD LION RAW SHRIMP

100% FRESH OR DOUBLE YOUR MONEY BACK

HOTSALE! MVP 7.49 LB
W/O MVP Card Regular Retail
BONELESS STEW BEEF CHOICE

HOTSALE! MVP 6.99 LB
W/O MVP Card Regular Retail
BEEF SHOULDER ROAST OR BOTTOM ROUND ROAST CHOICE

HOTSALE! MVP 3.49 LB
W/O MVP Card Regular Retail
CHICKEN WINGETTES

6 Oz. Pkg.
Select Varieties
JOHN SOULES CHICKEN

HOTSALE! MVP 2.99 EA
W/O MVP Card Regular Retail

15 Oz. Pkg.
Select Varieties
SUKHI'S ENTREE

HOTSALE! MVP 7.99 EA
W/O MVP Card Regular Retail

HOTSALE! MVP 4.99 EA
W/O MVP Card Regular Retail
28-32 Oz. Pkg.
Select Varieties
BOB EVANS FAMILY SIZE SIDE DISHES

HOTSALE! MVP 3.99 EA
W/O MVP Card Regular Retail
16 Oz. Pkg.
Select Varieties
SEASONED TURKEY SAUSAGE

23 Oz. Pkg.
Select Varieties
SMITHFIELD MARINATED BONELESS PORK ROAST

HOTSALE! MVP 6.99 EA
W/O MVP Card Regular Retail

14 Oz. Pkg.
FRICK'S BISCUIT CUT HAM SLICES

HOTSALE! MVP 4.99 EA
W/O MVP Card Regular Retail

12-16 Oz. Pkg. - Select Varieties
BOB EVANS SAUSAGE LINKS, PATTIES OR ROLLS
HOTSALE! MVP 3.99 EA
W/O MVP Card Regular Retail

13-14 Oz. Pkg. - Select Varieties
Excludes Beef
HILLSHIRE FARM SMOKED SAUSAGE
HOTSALE! MVP 2/$7
W/O MVP Card Regular Retail

16 Oz. Pkg. - Select Varieties
FOOD LION SLICED BACON
HOTSALE! MVP 4.69 EA
W/O MVP Card Regular Retail

7-8 Oz. Pkg. - Select Varieties
SMITHFIELD PRIME FRESH LUNCHMEAT
HOTSALE! MVP BOGO FREE
W/O MVP Card Regular Retail
Single Item Half Price

21 Oz. Pkg.
STEAK-UMM SLICED STEAKS
HOTSALE! MVP 7.99 EA
W/O MVP Card Regular Retail

SUSTAINABLY SOURCED SEAFOOD

HOTSALE! MVP 6.99 EA
W/O MVP Card Regular Retail
10 Oz.
COD OR HADDOCK FILLETS

HOTSALE! MVP 3.49 EA
W/O MVP Card Regular Retail
7 Oz.
Select Varieties
SEAFOOD DIPS OR SPREADS

HOTSALE! MVP 6.99 EA
W/O MVP Card Regular Retail
10-24 Oz. Pkg. - Frozen
Select Varieties
QUALITY FOODS SEAFOOD

HOTSALE! MVP 9.99 EA
W/O MVP Card Regular Retail
24 Oz. Pkg. - Frozen
FARM RAISED SKINLESS & BONELESS CATFISH FILLETS

2 ZNCO ZDPH ZDSA ZDAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHW ZGPY ZGSA ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZNWG ZNBQ ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNO ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSBA ZSBV ZTCA ZTCH ZTKN ZTKA ZTNV ZTTR ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVTI ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 02/25/26

Easy family meal!

HOTSALE! MVP 7.99 EA
W/O MVP Card $8.99 EA
Made Hot In-Store
FAMILY SIZE ROTISSERIE CHICKEN

HOTSALE! MVP 2.99 EA
W/O MVP Card $3.99 EA
12-14 Oz. Select Varieties
RESER'S AMERICAN CLASSICS SIDES

BOGO FREE
MVP
On Participating Items
Single Item Half Price

4 Ct.
KING'S HAWAIIAN ORIGINAL SWEET ROLLS
W/O MVP Card $2.49 EA
Single Item Half Price

Select Varieties
NATURE'S PROMISE WRAPS
NEW ITEM
W/O MVP Card $4.49 EA
Single Item Half Price

12 Ct.
FOOD LION HOMESTYLE GLAZED DONUTS
W/O MVP Card $5.99 EA
Single Item Half Price

6 Oz.
Select Varieties
NEGRONI ANTIPASTO CLASSICO
W/O MVP Card $8.99 EA
Single Item Half Price

Save on easy meal & snacking solutions!
Available in our Deli & Bakery

HOTSALE! MVP BOGO FREE
W/O MVP Card $6.99 EA
Single Item Half Price
12 Oz.
Select Varieties
RANA LASAGNA OR PASTA MEALS

HOTSALE! MVP 8.99 LB
W/O MVP Card $9.99 LB
Freshly Sliced
TASTE OF INSPIRATIONS CHICKEN BREAST

MVP PRICED LOW EVERY DAY 5/$5
W/O MVP Card $1.29 EA
3.25-4 Oz.
SNACK PIES

MVP PRICED LOW EVERY DAY 5.49 EA
W/O MVP Card $6.79 EA
11 Oz.
Select Varieties
PALMETTO PIMENTO CHEESE

HOTSALE! MVP 7.99 EA
W/O MVP Card $8.99 EA
16 Oz.
Select Varieties
TASTE OF INSPIRATIONS GOURMET CHEESE SAMPLER

We support small business!
It's like shopping Small Business Saturday, but here it's all week.

Discover their stories
Scan the QR Code or visit foodlion.com/SmallBusinesses

- Simek's SBC.
- Goode Foods, Inc.
- Cooper Street Snacks
- R.C. Bigelow, Inc
- Hollands Family Cheese
- Albanese Confectionery

12-22 Oz. Bag - Frozen
Select Varieties
SIMEK'S MEATBALLS
HOTSALE! MVP 7.49 EA
W/O MVP Card Regular Retail

14.5-15.25 Oz.
Select Varieties
GOODE FOODS CANNED VEGETABLES
1.69 EA

5 Oz.
Select Varieties
COOPER STREET TWICE BAKED COOKIES
HOTSALE! MVP 2.99 EA
W/O MVP Card $3.99 EA

MVP PRICED LOW EVERY DAY 3.49 EA
W/O MVP Card Regular Retail
18-20 Ct.
Select Varieties
BIGELOW HERBAL TEA

5-7 Oz.
Select Varieties
MARIEKE GOUDA CHEESE WEDGES OR SPREADS
IN THE DELI
HOTSALE! MVP 4.99 EA
W/O MVP Card $6.99 EA

HOTSALE! MVP 1.49 EA
W/O MVP Card $1.79 EA
3.2 Oz.
ALBANESE GUMMI BEARS KING SIZE 12 FLAVORS

February 26 - March 17, 2026

Buy an orange bag to give 5 meals* to local families.

foodlion.com/feeds

FOOD LION FEEDS | FEEDING AMERICA

*Food Lion will donate 50 cents (monetary equivalent of at least 5 meals) from each orange bag purchase (up to $200,000) to Feeding America®. Additionally, all monetary donations made at the checkout in-store or online during this promotion will also be donated to Feeding America®. Every dollar donated provides at least 10 meals and allows Feeding America® to support local partner food banks.

3 ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHW ZGRY ZGSA ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNBQ ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNNB ZNNF ZNNL ZNNO ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRC ZVRD ZVRI ZVRN ZVRO ZVTI ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 02/25/26

DEALS FOR DOLLARS

MVP

$1 $2 $3 $4

6.3-6.9 Oz.
Select Varieties
ZATARAIN'S RICE
HOTSALE! MVP $1 EA
W/O MVP Card $1.79 EA

16 Oz.
Select Varieties
HANOVER PORK & BEANS
HOTSALE! MVP $1 EA
W/O MVP Card $1.39 EA

4.8 Oz.
Select Varieties
MT. OLIVE PICKLE POUCH
HOTSALE! MVP $1 EA
W/O MVP Card $1.99 EA

15 Oz.
Select Varieties
LUCK'S BEANS
HOTSALE! MVP $1 EA
W/O MVP Card $1.38 EA

HOTSALE! MVP $1 EA
W/O MVP Card $1.39 EA

5 Oz.
CHICKEN OF THE SEA CHUNK LIGHT TUNA

33.8 Oz. Bottle
GLACÉAU SMART WATER
HOTSALE! MVP $2 EA
W/O MVP Card $2.39 EA

4 Oz.
Select Varieties
HI-CHEW ORIGINAL MIX FRUIT CANDY
HOTSALE! MVP $2 EA
W/O MVP Card $2.79 EA

2.4 Oz.
Select Varieties
RUSSELL STOVER SUGAR FREE CHOCOLATE
HOTSALE! MVP $2 EA
W/O MVP Card $2.99 EA

14-17.5 Oz.
Select Varieties
DUKE'S BBQ SAUCE
HOTSALE! MVP $2 EA
W/O MVP Card $3.99 EA

11 Oz.
SMUCKER'S APPLE BUTTER
HOTSALE! MVP $2 EA
W/O MVP Card $2.69 EA

HOTSALE! MVP $2 EA
W/O MVP Card $3.48 EA

6 Pack
Select Varieties
WHITE HOUSE APPLE SAUCE

HOTSALE! MVP $3 EA
W/O MVP Card Regular Retail

6 Pack - 12 Oz. Bottles
Select Varieties
FLAVORED COKE PRODUCTS

HOTSALE! MVP $3 EA
W/O MVP Card $4.69 EA

6 Pack or 22 Oz.
Select Varieties
KOZY SHACK RICE PUDDING

11.2-17.6 Oz.
Select Varieties
WILD MIKE'S PIZZA
HOTSALE! MVP $3 EA
W/O MVP Card $4.99 EA

HOTSALE! MVP $3 EA
W/O MVP Card $3.99 EA

9.5-11.75 Oz.
Select Varieties
PEPPERIDGE FARM CHEESE TOAST

16 Oz.
Select Varieties
PICTSWEET RECIPE HELPERS
HOTSALE! MVP $3 EA
W/O MVP Card $3.49 EA

HOTSALE! MVP $4 EA
W/O MVP Card $5.99 EA

18-24.6 Oz.
Select Varieties
MRS. PAUL'S FROZEN SEAFOOD

14 Oz.
DEVOUR BIG BOWL DINNERS
HOTSALE! MVP $4 EA
W/O MVP Card $4.49 EA

10 Oz.
Select Varieties
KRAFT PROTEIN SNACK
HOTSALE! MVP $4 EA
W/O MVP Card $5.99 EA

HOTSALE! MVP $4 EA
W/O MVP Card $4.79 EA

20 Oz.
Select Varieties
STARKIST CHUNK LIGHT TUNA IN WATER

PRICED LOW EVERY DAY

ON ITEMS YOU BUY MOST OFTEN

15.5 Oz.
Select Varieties
HANOVER BEANS
1.29 EA MVP
W/O MVP Card Regular Retail

2-2.5 Oz.
Select Varieties
MRS. DASH SALT FREE SEASONING
MVP 2/$6
W/O MVP Card $3.99 EA

FRIDAY THRU SUN MVP

HOTSALE!

OUR BEST WEEKLY MVP DEALS

10.4 Oz.
Select Varieties
FOOD LION FRUIT & GRAIN CEREAL BARS
PRICED LOW EVERY DAY 1.99 EA

18 Oz.
Select Varieties
SWEET BABY RAY'S BARBECUE SAUCE
MVP PRICED LOW EVERY DAY 2.39 EA
W/O MVP Card $3.29 EA

HOTSALE! MVP 2/$5
W/O MVP Card $2.79 EA

8-13 Oz.
Select Varieties
FOOD LION SNACK CAKES

10 Oz. - Select Varieties
PEPPERIDGE FARM GOLDFISH FAMILY SIZE
HOTSALE! MVP 2/$6
W/O MVP Card $3.99 EA

5 Oz.
Select Varieites
STARBURST GUMMIES ORIGINAL
HOTSALE! MVP 2.19 EA
W/O MVP Card $2.99 EA

18-32 Oz. - Select Varieties
HOUSE AUTRY COATING OR PANCAKE & WAFFLE MIX
HOTSALE! MVP 2.99 EA
W/O MVP Card Regular Retail

4.34-4.9 Oz.
Select Varieties
EMERALD 100 CALORIE PACKS
HOTSALE! MVP 3.49 EA
W/O MVP Card $4.99 EA

12 Oz.
Select Varieties
SPAM LUNCHEON MEAT
HOTSALE! MVP 3.99 EA
W/O MVP Card $4.89 EA

4 ZGAH ZGAL ZGAT ZGAU ZGHW ZGRY ZGSA ZMBL ZMBM ZMWA ZMWK ZMWS ZNBQ ZNCA ZNCD ZNCE ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZVGH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWCA ZWCL ZWWA ZWWS 02/25/26

It's *crunch time* for snacks!

Find our recipe on foodlion.com
Buffalo Chicken Celery Sticks

16 Oz.
Select Varieties
PREP CHEF PROTEIN STARTER
IN THE DELI
NEW ITEM
HOTSALE! MVP 8.99 EA
W/O MVP Card $9.99 EA

17 Oz.
FOOD LION WING SAUCE
HOTSALE! MVP 2/$5
W/O MVP Card $2.89 EA

30 Oz.
Select Varieties
FOOD LION REAL MAYONNAISE
HOTSALE! MVP 3.49 EA
W/O MVP Card $3.79 EA

3.12 Oz.
FOOD LION GARLIC POWDER
HOTSALE! MVP 99¢ EA
W/O MVP Card $1.19 EA

HOTSALE! MVP 2.19 EA
W/O MVP Card $2.89 EA
16 Oz.
FOOD LION CELERY HEARTS

.25 Oz.
Select Varieties
NATURE'S PROMISE ORGANIC HERBS
HOTSALE! MVP 89¢ EA
W/O MVP Card 99¢ EA

BEVERAGE CENTER

HOTSALE! MVP 3/$12
W/O MVP Card Regular Retail
6 Pack - 16-16.9 Oz. Bottles
or 10 Pack - 7.5 Oz. Cans
Select Varieties
PEPSI PRODUCTS

128 Oz. or 6 Pack
Select Varieties
HAWAIIAN PUNCH
HOTSALE! MVP 2/$5
W/O MVP Card Regular Retail

HOTSALE! MVP 5.99 EA
W/O MVP Card $6.99 EA
6 Pack - 16 Oz.
Select Varieties
BODYARMOR

64 Oz.
Select Varieties
FOOD LION GRAPE JUICE
HOTSALE! MVP 2.99 EA
W/O MVP Card $3.49 EA

21 Oz.
Select Varieties
ELECTROLIT
HOTSALE! MVP 2/$4
W/O MVP Card $2.99 EA

HOTSALE! MVP 5.99 EA
W/O MVP Card $8.59 EA
12 Pack
16.9 Oz. Bottles
Select Varieties
LIPTON TEA

PRICED LOW EVERY DAY
3.99 EA
8 Pack - 12 Oz. Cans
Select Varieties
NATURE'S PROMISE SPARKLING WATER

750 mL
Select Varieties
ARTIE OR SUTTER HOME WINE
HOTSALE! 5.99 EA

750 mL
Select Varieties
TRIVENTO OR COOK'S WINE
HOTSALE! 8.99 EA

750 mL
Select Varieties
MEIOMI WINE
1.5 Liter
Select Varieties
CAVIT WINE
HOTSALE! 15.99 EA

SAVE 10%
WHEN YOU BUY 6 BOTTLES OF WINE

HOTSALE! 9.99 EA
6 Pack - 11.2 Oz. Bottles
SMIRNOFF OR CAYMAN JACK'S
6 Pack - 10-12 Oz. Bottles
MIKE'S HARD LEMONADE
6 Pack - 10-11.2 Oz. Bottles
JACK DANIEL'S
Select Varieties

HOTSALE! 22.99 EA
24 Pack - 12 Oz. Cans or Bottles
MICHELOB ULTRA
24 Pack - 12 Oz. Cans
CORONA PREMIER OR YUENGLING FLIGHT
Select Varieties

HOTSALE! 11.99 EA
12 Pack
12 Oz. Bottles or Cans
Select Varieties
BUD, MILLER OR COORS

HOTSALE! 9.99 EA
6 Pack - 11.2-12 Oz. Bottles
CORONA OR HEINEKEN
6 Pack - 12 Oz. Bottles or Cans
MODELO
Select Varieties

HOTSALE! 17.99 EA
12 Pack
12 Oz. Bottles or Cans
Select Varieties
RED OAK OR BOLD ROCK

Beer and Wine may not be available in all locations. Check your store for availability.

Taco night favorites, our brand savings

OUR BRANDS

16 Oz. Pkg.
NATURE'S PROMISE 86% LEAN GROUND BEEF
HOT SALE! MVP 6.99 EA
W/O MVP Card Regular Retail

HOT SALE! MVP 2/$5
W/O MVP Card $2.99 EA
9.40-14.58 Oz. Select Varieties
FOOD LION TACO DINNER KIT

HOT SALE! MVP 4.99 EA
W/O MVP Card $5.99 EA
14 Oz.
TASTE OF INSPIRATIONS WHITE CHEESE DIP
IN THE DELI

HOT SALE! MVP 3.49 EA
W/O MVP Card $3.99 EA
8 Oz. Select Varieties
TASTE OF INSPIRATIONS GUACAMOLE
IN THE DELI

HOT SALE! MVP 3.49 EA
W/O MVP Card $3.99 EA
16 Oz. Select Varieties
TASTE OF INSPIRATIONS SALSA
IN THE DELI

HOT SALE! MVP 1.69 EA
W/O MVP Card $2.19 EA
FOOD LION ICEBERG LETTUCE

DAIRY

PRICED LOW EVERY DAY 1.69 EA
59 Oz. Select Varieties
FOOD LION STRING CHEESE

16 Oz. Select Varieties
FOOD LION READY TO BAKE COOKIES
HOT SALE! MVP 2.99 EA
W/O MVP Card $3.49 EA

HOT SALE! MVP 2/$4
W/O MVP Card $2.99 EA
12 Oz. Select Varieties
PILLSBURY FLAKY BISCUITS

64 Oz. Select Varieties
ALMOND BREEZE ALMONDMILK
HOT SALE! MVP 2.99 EA
W/O MVP Card $3.79 EA

48 Oz. Select Varieties
STOK COLD BREW ICED COFFEE
MVP PRICED LOW EVERY DAY 5.99 EA
W/O MVP Card $7.39 EA

HOT SALE! MVP 4/$5
W/O MVP Card $1.69 EA
4.5-5.3 Oz. Select Varieties
CHOBANI FLIP OR CREATIONS YOGURT

HOT SALE! MVP 2.99 EA
W/O MVP Card Regular Retail
14-16 Oz. Select Varieties
DAISY SQUEEZE SOUR CREAM OR COTTAGE CHEESE

10-12 Oz. Select Varieties
FOOD LION STRING CHEESE
PRICED LOW EVERY DAY 3.49 EA

PRICED LOW EVERY DAY 3.69 EA
16 Oz. Select Varieties
FOOD LION BUTTER QUARTERS

HOT SALE! MVP 2.99 EA
W/O MVP Card $4.29 EA
8 Oz. Brick Select Varieties
PHILADELPHIA CREAM CHEESE

7-8 Oz. Select Varieties
TILLAMOOK SLICED OR SHREDDED CHEESE
HOT SALE! MVP 2/$7
W/O MVP Card $3.79 EA

BREAKFAST

MVP PRICED LOW EVERY DAY $1 EA
W/O MVP Card $1.28 EA

1.25-2.8 Oz. Select Varieties
KELLOGG'S CEREAL IN A CUP

12 Oz. Bags or 35.3 Oz. Canister Select Varieties
FOOD LION COFFEE OR NON-DAIRY COFFEE CREAMER
PRICED LOW EVERY DAY 6.99 EA

14-32 Oz. Select Varieties
NESTLÉ COFFEE MATE CREAMER OR COLD FOAM
HOT SALE! MVP 2/$7
W/O MVP Card Regular Retail

MVP PRICED LOW EVERY DAY 5.99 EA
W/O MVP Card $7.39 EA
10.4-19.2 Oz. Select Varieties
SWAGGERTY'S BREAKFAST SANDWICHES

13.5 Oz. Select Varieties
KELLOGG'S POP-TARTS
MVP PRICED LOW EVERY DAY 2/$5
W/O MVP Card $3.29 EA

MVP PRICED LOW EVERY DAY 1.99 EA
W/O MVP Card $2.48 EA
6.4 Oz. Select Varieties
BANQUET BROWN'N SERVE SAUSAGE

24 Oz.
FOOD LION SYRUP
HOT SALE! MVP 2/$4
W/O MVP Card $2.49 EA

18 Oz.
FOOD LION EASY LIVING CEREAL
PRICED LOW EVERY DAY 2.99 EA

7 Oz.
FOOD LION PROTEIN BARS
PRICED LOW EVERY DAY 2.49 EA

18 Oz. Quick or Old Fashioned
FOOD LION OATS
HOT SALE! MVP 1.99 EA
W/O MVP Card $2.39 EA

8 Ct. K-Cups Select Varieties
KEURIG COFFEE COLLECTIVE
NEW ITEM
HOT SALE! MVP 5.99 EA
W/O MVP Card Regular Retail

HOME & HEALTH

CLEAN UP WITH THESE DEALS

HOTSALE! MVP BOGO FREE
8.1-8.8 Oz. Air or 1 Ct. Small Spaces Select Varieties
FEBREZE
W/O MVP Card Regular Retail Single Item Half Price

HOTSALE! MVP BOGO FREE
W/O MVP Card $9.29 EA Single Item Half Price
48 Oz. Select Varieties
OXICLEAN

BUY ONE OF THESE

16 Oz. - Select Varieties
DAWN POWERWASH
HOTSALE! MVP 4.99 EA
W/O MVP Card $5.59 EA

& GET THIS FREE

16 Oz. Select Varieties
DAWN POWERWASH REFILL
W/O MVP Card Regular Retail
Limit 1 reward per shopping visit.

HOTSALE! MVP 7.49 EA
W/O MVP Card Regular Retail
12 Rolls, Select Varieties
FOOD LION 1-PLY BATH TISSUE

75 Ct. Select Varieties
FOOD LION DISINFECTING WIPES
HOTSALE! MVP 2.99 EA
W/O MVP Card $3.49 EA

25-45 Ct. Select Varieties
FOOD LION KITCHEN BAGS
HOTSALE! MVP 6.49 EA
W/O MVP Card Regular Retail

HOTSALE! MVP 6.29 EA
W/O MVP Card $7.99 EA
68 Ct. Select Varieites
ALWAYS PANTILINERS

MVP DIGITAL COUPONS Load on App • Online • In-Store Kiosk

HOT SALE! 6.99 EA W/O MVP Card $7.99 EA
MVP Coupon -2.00 OFF 1
4.99 EA
W/ MFR. DISCOUNT SAVINGS LIMIT 1
80 Ct. Mega or 160 Ct. Regular Select Varieties
DOWNY DRYER SHEETS

SCRAPE. LOAD. DONE.
PRICED LOW EVERY DAY 4.99 EA W/O MVP Card $6.69 EA
MVP Coupon -1.00 OFF 1
3.99 EA
W/ MFR. DISCOUNT SAVINGS LIMIT 1
9-16 Ct. Select Varieties
CASCADE

15.99 EA
MVP Coupon -3.00 OFF 1
12.99 EA
W/ MFR. DISCOUNT SAVINGS LIMIT 1
24 Oz. Beads or 62 Oz. Rinse Select Varieties
DOWNY

HOT SALE! 9.99 EA W/O MVP Card $10.99 EA
MVP Coupon -4.00 OFF 1
5.99 EA
W/ MFR. DISCOUNT SAVINGS LIMIT 1
13.5 Oz. Select Varieties
HERBAL ESSENCES BIO:RENEW OR PANTENE SHAMPOO OR CONDITIONER

PRICED LOW EVERY DAY 8.99 EA W/O MVP Card Regular Retail
MVP Coupon -4.00 OFF 1
4.99 EA
W/ MFR. DISCOUNT SAVINGS LIMIT 1
3.8-4.8 Oz. Select Varieties
CREST TOOTHPASTE

HOT SALE! 2/$6 W/O MVP Card $5.19 EA
MVP Coupon -1.00 OFF 2
2/$5
W/ MFR. DISCOUNT SAVINGS LIMIT 1
16-21 Oz. Select Varieties
DIAL BODY WASH

8.5 Oz. Select Varieties
PALMER'S COCOA BUTTER
HOTSALE! MVP 4.49 EA
W/O MVP Card $5.49 EA

2.6-4.1 Oz. Select Varieties
SECRET DRY SPRAY OR OUTLAST DEODORANT
HOTSALE! MVP 7.99 EA
W/O MVP Card Regular Retail

BABY

PRICED LOW EVERY DAY 2.59 EA
64 Ct. Select Varieties
NATURE'S PROMISE BABY WIPES

3.5-4 Oz. Select Varieties
PLUM ORGANICS BABY FOOD
HOTSALE! MVP 2/$3
W/O MVP Card $1.69 EA

1.7 Oz. Select Varieties
HAPPY BABY ORGANIC TEETHERS WAFERS
HOTSALE! MVP 2/$7
W/O MVP Card $4.29 EA

504 Ct.
PAMPERS BABY WIPES
HOTSALE! MVP 16.99 EA
W/O MVP Card $18.29 EA

PET

2.8-5 Oz. Select Varieties
CANINE CARRY OUTS DOG TREATS
HOTSALE! MVP $1 EA
W/O MVP Card $1.29 EA

16.5-20 Lb. Bag Select Varieties
PURINA DOG CHOW DRY DOG FOOD
HOTSALE! MVP 15.99 EA
W/O MVP Card $16.99 EA

1.2 Oz. Select Varieties
FRISKIES LIL' SOUPS
HOTSALE! MVP 1.19 EA
W/O MVP Card $1.39 EA

14 Lb. Select Varieties
TIDY CATS LITTER
HOTSALE! MVP 8.99 EA
W/O MVP Card $9.99 EA

NEW ITEM CENTER

5.25-6 Oz. Select Varieties
GOODLES MACARONI & CHEESE
MVP PRICED LOW EVERY DAY 2.99 EA
W/O MVP Card $3.68 EA

11 Oz.
POST CINNAMON PEBBLES CEREAL
HOTSALE! MVP 2/$6
W/O MVP Card $4.89 EA

HOTSALE! MVP 3.99 EA
W/O MVP Card $6.49 EA
8-10.3 Oz. Original or Double Stuf
OREO ZERO SUGAR

16 Oz. Select Varieties
MONSTER ENERGY PUNK PUNCH
HOTSALE! MVP 2/$5
W/O MVP Card $2.79 EA

26 Oz. Select Varieties
CLOROX PURE ALLERGEN CARPET SPRAY
HOTSALE! MVP 6.29 EA
W/O MVP Card $6.99 EA

FOOD LION

February 25 - March 3, 2026

Offers valid while supplies last.

Hot deals on your Frozen Favorites!

HOTSALE! MVP

BOGO FREE

W/O MVP Card $8.19 EA
Single Item Half Price

24 Oz.
BIBIGO MINI WONTONS

HOTSALE! MVP

BOGO FREE

W/O MVP Card $5.99 EA
Single Item Half Price

46 Oz.
Select Varieties
TURKEY HILL ICE CREAM OR BARBIE FROZEN DAIRY DESSERT

8.4-9.5 Oz.
Select Varieties
RAO'S SINGLE SERVE ENTRÉES

HOTSALE! MVP

BOGO FREE

W/O MVP Card $5.99 EA
Single Item Half Price

8-10 Oz.
Select Varieties
FARM RICH APPETIZERS

HOTSALE! MVP

BOGO FREE

W/O MVP Card $4.99 EA
Single Item Half Price

20 Oz.
NATHAN'S FAMOUS PRETZEL DOGS

HOTSALE! MVP

BOGO FREE

W/O MVP Card $8.99 EA
Single Item Half Price

24-26.50 Oz. Pkg.
Select Varieties
TYSON FROZEN CHICKEN

HOTSALE! MVP

6.99 EA

W/O MVP Card Regular Retail

HOTSALE! MVP

5.99 EA

W/O MVP Card $7.79 EA

13.5-15 Oz.
Select Varieties
TGI FRIDAYS APPETIZERS

HOTSALE! MVP

2.99 EA

W/O MVP Card $4.68 EA

4-6 Ct.
Select Varieties
KLONDIKE ICE CREAM BARS

HOTSALE! MVP

5.99 EA

W/O MVP Card $6.99 EA

24-31 Oz.
Select Varieties
MARIE CALLENDER'S MEAL FOR TWO

HOTSALE! MVP

2/$6

W/O MVP Card $3.99 EA

15 Oz.
Select Varieties
MARIE CALLENDER'S POT PIE

W-1 ZGRY ZNBQ ZNGB ZNGL ZNGS ZNGV ZNHP ZNRA ZNRE ZNRG ZNRI ZNRL ZSGL ZSGV 02/25/26

Make mealtime easier with *budget-friendly* prices!

HOTSALE! MVP

7.99 EA

W/O MVP Card Regular Retail

19.2 Oz. Pkg.
Frozen
Select Varieties
PILGRIM'S CHICKEN WINGS

HOTSALE! MVP

2/$6

W/O MVP Card Regular Retail

6-11.5 Oz.
Select Varieties
LEAN CUISINE ENTRÉES

5.25-12 Oz.
Select Varieties
MORNING STAR FARMS FROZEN FOODS

HOTSALE! MVP

2.99 EA

W/O MVP Card $4.99 EA

14-26 Oz.
Select Varieties
MCCAIN FROZEN POTATOES

HOTSALE! MVP

2.99 EA

W/O MVP Card $4.29 EA

HOTSALE! MVP

4.99 EA

W/O MVP Card $7.39 EA

50 Ct.
Select Varieties
TOTINO'S PIZZA ROLLS

20-22 Oz.
Select Varieties
BERTOLLI OR P.F. CHANG'S FROZEN MEALS

HOTSALE! MVP

5.99 EA

W/O MVP Card $7.99 EA

HOTSALE! MVP

2/$5

W/O MVP Card $3.99 EA

14 Oz.
Select Varieties
BASKIN ROBBINS ICE CREAM

HOTSALE! MVP

2.99 EA

W/O MVP Card $4.99 EA

14.7 Oz.
Select Varieties
OUTSHINE BARS

HOTSALE! MVP

4.99 EA

W/O MVP Card $5.99 EA

12 Oz.
Select Varieties
VEGGIES MADE GREAT MUFFINS

HOTSALE! MVP

4.99 EA

W/O MVP Card $5.99 EA

37.4-41.6 Oz.
Select Varieties
PILLSBURY GRANDS! BISCUITS

W-2 ZNCO ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGRY ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNBQ ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVTI ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 02/25/26

Stock the freezer with family favorites and *cool savings!*

HOTSALE!
MVP
5/$5
W/O MVP Card $1.88 EA

7-10 Oz.
Select Varieties
GREEN GIANT BOXED VEGETABLES

HOTSALE!
MVP
1.99 EA
W/O MVP Card $3.29 EA

12-13 Oz.
Select Varieties
SUPER-PRETZEL SNACKS

HOTSALE!
MVP
2/$6
W/O MVP Card $3.49 EA

12.7-14.8 Oz.
Select Varieties
EGGO PANCAKES OR FRENCH TOAST STICKS

HOTSALE!
MVP
5.99 EA
W/O MVP Card $7.99 EA

10.9-12 Oz.
Select Varieties
CAULIPOWER PIZZA

HOTSALE!
MVP
3.99 EA
W/O MVP Card $4.99 EA

18.4-19.8 Oz.
Select Varieties
TOMBSTONE PIZZA

HOTSALE!
MVP
4.99 EA
W/O MVP Card $6.49 EA

35-37 Oz.
Select Varieties
MRS. SMITH'S PIES

9.25-10.3 Oz.
Select Varieties
HEALTHY CHOICE DINNERS OR MARIE CALLENDER'S BOWLS

MVP PRICED LOW EVERY DAY
2/$6
W/O MVP Card $3.69 EA

HOTSALE!
MVP
2/$6
W/O MVP Card $4.99 EA

11-38.25 Oz.
Select Varieties
BLUE BUNNY NOVELTIES

HOTSALE!
MVP
6.99 EA
W/O MVP Card $8.99 EA

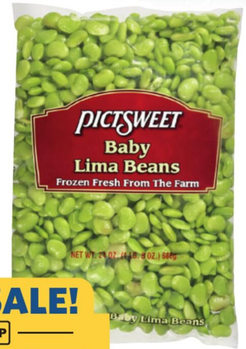
21.5-33 Oz.
Select Varieties
HERSHEY'S DESSERT PIES

HOTSALE!
MVP
2/$4
W/O MVP Card $2.99 EA

7 Oz.
Select Varieties
ORE-IDA BAGEL BITES

W-3 ZNCO ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHW ZGRY ZGSA ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNBQ ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVTI ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 02/25/26

Deals that keep mealtime simple and *affordable!*



HOTSALE! MVP
2/$5
W/O MVP Card $4.89 EA

22-24 Oz.
Select Varieties
PICTSWEET FROZEN VEGETABLES

HOTSALE! MVP
2/$5
W/O MVP Card $3.68 EA

10.7-12.3 Oz.
Select Varieties
EGGO FROZEN WAFFLES

HOTSALE! MVP
4.99 EA
W/O MVP Card $7.39 EA

8-21.60 Oz.
Select Varieties
DELIMEX SNACKS

HOTSALE! MVP
6.99 EA
W/O MVP Card $8.59 EA

23.5-36 Oz.
Select Varieties
EDWARDS PIES

48 Oz.
Select Varieties
WYMAN'S FRESH FROZEN FRUIT

HOTSALE! MVP
9.99 EA
W/O MVP Card $12.99 EA

10.5-20 Oz.
Select Varieties
STOUFFER'S OR YELLOWSTONE FROZEN DINNERS

HOTSALE! MVP
4.99 EA
W/O MVP Card Regular Retail

MVP DIGITAL COUPONS Load on App • Online • In-Store Kiosk

HOT SALE! **2/$7**
W/O MVP Card $4.89 EA
MVP Coupon **-1.00** OFF 2
2/$6
MVP W/ MFR. DISCOUNT SAVINGS LIMIT 1

14.5-16 Oz.
Select Varieties
HUNGRY-MAN DINNERS

HOT SALE! **4.49 EA**
W/O MVP Card Regular Retail
MVP Coupon **-1.00** OFF 1
3.49 EA
MVP W/ MFR. DISCOUNT SAVINGS LIMIT 1

15.2-16 Oz.
Select Varieties
BEN & JERRY'S ICE CREAM

HOT SALE! **5.99 EA**
W/O MVP Card $7.99 EA
MVP Coupon **-1.00** OFF 1
4.99 EA
MVP W/ MFR. DISCOUNT SAVINGS LIMIT 1

25-38 Oz.
Select Varieties
MARIE CALLENDER'S DESSERT PIES

HOT SALE! **5.99 EA**
W/O MVP Card $6.49 EA
MVP Coupon **-1.00** OFF 1
4.99 EA
MVP W/ MFR. DISCOUNT SAVINGS LIMIT 1

12-15 Oz.
Select Varieties
SANDWICH BROS. PITA SNACK SANDWICHES

W-4 ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGHW ZGRY ZGSA ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNBQ ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTNA ZTNV ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 02/25/26