

ONLY

99¢

GREAT PRICE!

Heinz Beans on Pasta

100 g (3.5 oz)

Beans aux pâtes Heinz

2014-11-01 14:00:00

HEINZ BEANS ORIGINAL

100 g (3.5 oz)

HEINZ BEANS MAPLE

100 g (3.5 oz)

99¢

Campbell's Tomato

100 g (3.5 oz)

Campbell's Cream of Mushroom

100 g (3.5 oz)

Campbell's Vegetable

100 g (3.5 oz)

Campbell's Soup

99¢

CLUBHOUSE CHICKEN POULET

100 g (3.5 oz)

CLUBHOUSE CHICKEN POULET

100 g (3.5 oz)

Ben's Original Fast & Fancy Vite & Bon!

100 g (3.5 oz)

Ben's Fast & Fancy Vite & Bon!

99¢

Irresistible SEA SALT

100 g (3.5 oz)

KitKat

100 g (3.5 oz)

JELLO

100 g (3.5 oz)

99¢

Coca-Cola Soft Drinks

100 g (3.5 oz)

1L

1L

1L

1L

99¢

metro.ca

New Lower Prices

2 for 7⁰⁰

Doritos® White, Hot Dog or Hamburger Buns
100% whole wheat, 100% whole wheat, 100% whole wheat

Doritos® White, Hot Dog or Hamburger Buns
100% whole wheat, 100% whole wheat, 100% whole wheat

Doritos® White, Hot Dog or Hamburger Buns
100% whole wheat, 100% whole wheat, 100% whole wheat

7⁹⁹ ea.

Irresistible
with Irresistible
Shrimp & Cream
Sauce
100% whole wheat, 100% whole wheat, 100% whole wheat

11⁹⁹ ea.

High Fiber Bread
100% whole wheat, 100% whole wheat, 100% whole wheat

6⁹⁹ ea.

Selection of Seasoned Chicken
100% whole wheat, 100% whole wheat, 100% whole wheat

250 points

9⁹⁹ ea.

Large Salads
100% whole wheat, 100% whole wheat, 100% whole wheat

7⁹⁹ ea.

Castillo Hazard or Gouda
100% whole wheat, 100% whole wheat, 100% whole wheat

19⁹⁹ ea.

French 2 Go BBQ
100% whole wheat, 100% whole wheat, 100% whole wheat

3⁹⁹ ea.

Activia Tubs
100% whole wheat, 100% whole wheat, 100% whole wheat

3⁹⁹ ea.

Post Cereal
100% whole wheat, 100% whole wheat, 100% whole wheat

3⁹⁹ ea.

Shreddies
100% whole wheat, 100% whole wheat, 100% whole wheat

4⁴⁹ ea.

Lactaria Cream
100% whole wheat, 100% whole wheat, 100% whole wheat

2⁹⁹ ea.

Goldfish or Cheese & Crackers
100% whole wheat, 100% whole wheat, 100% whole wheat

3⁴⁹ ea.

bubly mini
100% whole wheat, 100% whole wheat, 100% whole wheat

6⁹⁹ ea.

Nestle
100% whole wheat, 100% whole wheat, 100% whole wheat

3⁴⁹ ea.

Old El Paso
100% whole wheat, 100% whole wheat, 100% whole wheat

2⁹⁹ ea.

Haribo
100% whole wheat, 100% whole wheat, 100% whole wheat

20% off

Cerafil
100% whole wheat, 100% whole wheat, 100% whole wheat

4⁹⁹ ea.

Royal
100% whole wheat, 100% whole wheat, 100% whole wheat

13⁹⁹ ea.

Purex
100% whole wheat, 100% whole wheat, 100% whole wheat

6⁹⁹ ea.

Bellman's
100% whole wheat, 100% whole wheat, 100% whole wheat

125 points

125 points

130 points

6⁹⁹ ea.

5⁹⁹ ea.

2⁹⁹ ea.

125 points

125 points

130 points

6⁹⁹ ea.

5⁹⁹ ea.

2⁹⁹ ea.

We reserve the right to limit quantities. All quantities are approximate. Some products may not be available in all stores. Visit us at [micro.ca](#) or call 1-877-877-8777. © 2014 Micro. All rights reserved.

moi
rewards

SAVE BIG
IN THE APP

Add your coupons in the
Metro app today.



NOW
12⁹⁹
ea.
SAVE UP TO
\$4

~~16⁹⁹~~
ea.
FRESH CUT
TULIPS
15 STEM BUNCH
ASSORTED COLOURS

THIS WEEK'S DEALS:

Only until March 4, 2026, in-store or online



NOW
4⁹⁹
ea.
SAVE UP TO
\$2

~~6⁹⁹~~
ea.
JACK LINK'S
BEEF JERKY DUOS
80 g
SELECTED VARIETIES



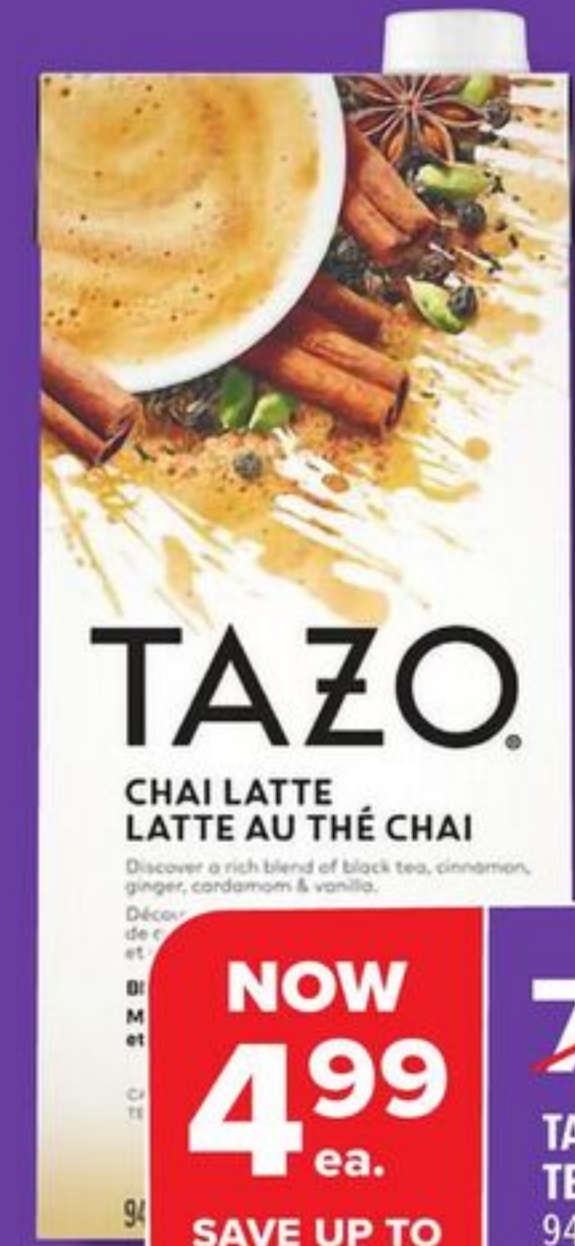
NOW
2⁹⁹
ea.
SAVE UP TO
\$1

~~3⁹⁹~~
ea.
GRISSOL
FINE BREADS
120 - 200 g
SELECTED VARIETIES



NOW
9⁹⁹
ea.
SAVE UP TO
\$2

~~11⁹⁹~~
ea.
FERRERO ROCHER
CHOCOLATES
200 g
SELECTED VARIETIES



NOW
4⁹⁹
ea.
SAVE UP TO
\$3

~~7⁹⁹~~
ea.
TAZO
TEA
946 ml
SELECTED VARIETIES



NOW
3⁹⁹
ea.
SAVE UP TO
\$2

~~5⁹⁹~~
ea.
POM WONDERFUL
POMEGRANATE JUICE
473 ml



NOW
3⁹⁹
ea.
SAVE UP TO
\$3

~~6⁹⁹~~
ea.
NATREL
COFFEE CREAM
1 L
SELECTED VARIETIES

LIMIT ONE REDEMPTION PER CUSTOMER

Offer available only on the My Metro app with a mailD account. Limit of one coupon redemption with a mailD account, unless expressly stated otherwise in the terms of the offer. Offer coupon must be loaded at time of purchase. Available while supplies last. See app for full coupon details. *Price may vary at select locations.

contest
until March 11th

my
brands &
moi

total of
20
million
points
to be won

participate by purchasing two
products from these brands

Selection ✓

Irresistible

Personnelle

5
prizes

1,000,000 points
value of \$8,000 each

30
prizes

500,000 points
value of \$4,000 each

*No purchase required. From February 12 to March 11, 2026. Contest rules at moirewards.ca. Moi Rewards is a trademark of Metro Inc.

Farm Fresh Produce

[illegible]

Organic

1.1L

2.99L

5.5L

ea.

2

1/b

Organic Real Delicious Apples
 100% Canadian
 Organic Apples or Basic Pears
 1.1L (35.2 FL. OZ.) 1.1L
 5.5L (161.7 FL. OZ.) 5.5L

Pearmes biologiques
 100% canadiennes
 Pommes ou poires basiques
 1.1 L (35.2 oz) 1.1 L
 5.5 L (161.7 oz) 5.5 L

Apples ou Poires
 100% canadiennes
 Pommes biologiques ou poires
 1.1 L (35.2 oz) 1.1 L
 5.5 L (161.7 oz) 5.5 L

3.99

ea.

3

1/b

Organic Carrots 1.5 lb
 100% Canadian
 10 POUNDS OF CARROTS, 10 POUNDS OF CARROTS
 1.5 LBS (3.3 LBS) 1.5 LBS
 3.0 LBS (6.6 LBS) 3.0 LBS

Carottes biologiques
 100% canadiennes
 10 livres de carottes, 10 livres de carottes
 1.5 lb (3.3 lb) 1.5 lb
 3.0 lb (6.6 lb) 3.0 lb

3.99

ea.

3

1/b

Organic Tomatoes
 100% Canadian
 10 POUNDS OF TOMATOES, 10 POUNDS OF TOMATOES
 1.5 LBS (3.3 LBS) 1.5 LBS
 3.0 LBS (6.6 LBS) 3.0 LBS

Tomates biologiques
 100% canadiennes
 10 livres de tomates, 10 livres de tomates
 1.5 lb (3.3 lb) 1.5 lb
 3.0 lb (6.6 lb) 3.0 lb

Sliced & Diced **Fresh Blooms**

Salads & Dips

4.99 ea.

Coral d'Épinoles 100g
Salade Fresh Salad 100g
Assorté d'Épinoles 100g
Salade de fruits de saison 100g

3.99 ea.

Mixé Chinois 100g
Mixé Thaï 100g
Salade de légumes 100g
Moussaka de poulet 100g
Mixé Chinois 100g
Salade de tomates, concombres et feta 100g

Fresh Blooms

TEN DAY GUARANTEE

15.00 ea.

Seasonal Mood Flower Bouquet 100g
Assorté de fleurs de saison 100g
Chrysanthèmes de saison 100g

12.99 ea.

Signature Scissor Foliage 100g
Signature Scissor Foliage 100g
Signature Series 100g
Signature Series 100g

14.99 ea.

NEW

Potted Succulent Foliage 100g
Potted Succulent Foliage 100g
Potted Succulent Foliage 100g
Potted Succulent Foliage 100g

32.99 ea.

Coloured Waterfall Orchids 100g
Coloured Waterfall Orchids 100g
Coloured Waterfall Orchids 100g
Coloured Waterfall Orchids 100g

Fresh Blooms

fresh blooms



TEN DAY GUARANTEE

Seasonal Mixed Flower Bouquet
 10 Assorted Flowers
 10 Assorted Greenery
 10 Assorted Foliage
 10 Assorted Fruit
 10 Assorted Berry
 10 Assorted Seedling
 10 Assorted Plant

15⁰⁰
ea.



Signature Series Foliage
 10 Assorted Foliage
 10 Assorted Greenery
 10 Assorted Berry
 10 Assorted Seedling
 10 Assorted Plant

15⁰⁰
ea.



Signature Series Foliage
 10 Assorted Foliage
 10 Assorted Greenery
 10 Assorted Berry
 10 Assorted Seedling
 10 Assorted Plant

15⁰⁰
ea.



Signature Series Foliage
 10 Assorted Foliage
 10 Assorted Greenery
 10 Assorted Berry
 10 Assorted Seedling
 10 Assorted Plant

15⁰⁰
ea.



NEW

Potted Plant
 10 Assorted Foliage
 10 Assorted Greenery
 10 Assorted Berry
 10 Assorted Seedling
 10 Assorted Plant

15⁰⁰
ea.



Potted Plant
 10 Assorted Foliage
 10 Assorted Greenery
 10 Assorted Berry
 10 Assorted Seedling
 10 Assorted Plant

15⁰⁰
ea.



Potted Plant
 10 Assorted Foliage
 10 Assorted Greenery
 10 Assorted Berry
 10 Assorted Seedling
 10 Assorted Plant

15⁰⁰
ea.



Potted Plant
 10 Assorted Foliage
 10 Assorted Greenery
 10 Assorted Berry
 10 Assorted Seedling
 10 Assorted Plant

15⁰⁰
ea.



Coloured Waterfall Orchid
 10 Assorted Foliage
 10 Assorted Greenery
 10 Assorted Berry
 10 Assorted Seedling
 10 Assorted Plant

32⁹⁹
ea.



Coloured Waterfall Orchid
 10 Assorted Foliage
 10 Assorted Greenery
 10 Assorted Berry
 10 Assorted Seedling
 10 Assorted Plant

32⁹⁹
ea.



Coloured Waterfall Orchid
 10 Assorted Foliage
 10 Assorted Greenery
 10 Assorted Berry
 10 Assorted Seedling
 10 Assorted Plant

32⁹⁹
ea.



Coloured Waterfall Orchid
 10 Assorted Foliage
 10 Assorted Greenery
 10 Assorted Berry
 10 Assorted Seedling
 10 Assorted Plant

32⁹⁹
ea.

Our Butcher's Finest



7⁹⁹
/lb

Platinum Grill Angus Whole Eye of Round Top Pack
13.6kg
Bœuf d'entrecôte entier Angus
13.6kg



100% CANADIAN ANGUS
GRASS FED



9⁹⁹
/lb

Platinum Grill Angus Boneless Inside Blade Steak Value Pack or Best
22.25kg
Bœuf de grande entrecôte Angus Grill Platine emballage sous vide
22.25kg



6⁹⁹
/lb

Fresh Spelt Chicken Wings
15.4kg
Ailes de poulet fraîches saines



YORKSHIRE VALLEY FARMS
Organic



5⁹⁹
/lb

Yorkshire Valley Farms Organic Fresh Whole Chicken
10.5kg
Poulet entier biologique fermier Yorkshire Valley Farms



20⁹⁹
/lb

Pork Loin Chops Centre Cut Value Pack
25.4kg
Côtelettes de longe de porc en emballage écologique
Poulet entier biologique fermier Yorkshire Valley Farms



SPRING LAMB
10.5kg
Agneau entier biologique fermier Yorkshire Valley Farms



3⁹⁹
/lb

Pork Loin Chops Centre Cut Value Pack
25.4kg
Côtelettes de longe de porc en emballage écologique
Poulet entier biologique fermier Yorkshire Valley Farms



20⁹⁹
/lb

Fresh Lamb Loin Chops or Roastmarys 1/2 Caribou
25.4kg
Agneau de 1/2 caribou de la forêt
Manteau de bœuf entier biologique fermier Yorkshire Valley Farms



SPRING LAMB
10.5kg
Agneau entier biologique fermier Yorkshire Valley Farms



3⁹⁹
/lb

Pork Loin Chops Centre Cut Value Pack
25.4kg
Côtelettes de longe de porc en emballage écologique
Poulet entier biologique fermier Yorkshire Valley Farms



20⁹⁹
/lb

Fresh Lamb Loin Chops or Roastmarys 1/2 Caribou
25.4kg
Agneau de 1/2 caribou de la forêt
Manteau de bœuf entier biologique fermier Yorkshire Valley Farms



SPRING LAMB
10.5kg
Agneau entier biologique fermier Yorkshire Valley Farms



3⁹⁹
/lb

Pork Loin Chops Centre Cut Value Pack
25.4kg
Côtelettes de longe de porc en emballage écologique
Poulet entier biologique fermier Yorkshire Valley Farms



12⁹⁹
/lb

Fresh Lamb Loin Chops or Roastmarys 1/2 Caribou
25.4kg
Agneau de 1/2 caribou de la forêt
Manteau de bœuf entier biologique fermier Yorkshire Valley Farms



SPRING LAMB
10.5kg
Agneau entier biologique fermier Yorkshire Valley Farms



3⁹⁹
/lb

Pork Loin Chops Centre Cut Value Pack
25.4kg
Côtelettes de longe de porc en emballage écologique
Poulet entier biologique fermier Yorkshire Valley Farms



12⁹⁹
/lb

Fresh Lamb Loin Chops or Roastmarys 1/2 Caribou
25.4kg
Agneau de 1/2 caribou de la forêt
Manteau de bœuf entier biologique fermier Yorkshire Valley Farms



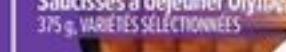
SPRING LAMB
10.5kg
Agneau entier biologique fermier Yorkshire Valley Farms



3⁹⁹
/lb

Pork Loin Chops Centre Cut Value Pack
25.4kg
Côtelettes de longe de porc en emballage écologique
Poulet entier biologique fermier Yorkshire Valley Farms

i earn with **moi** rewards

 Chicken Dinner Ultimate Chicken Dinner Ultimate Chicken Dinner Ultimate 30% off prodotti a discesa equivalent to the original price Mante Lado 100% natural 100% natural 4.99 60 ea.	 Oyster Breakfast Sandwich Oyster Breakfast Sandwich Oyster Breakfast Sandwich Sausages & pepper Sausages & pepper Sausages & pepper 4.99 50 ea.	 Baklava Turkey Bacon Baklava Turkey Bacon Baklava Turkey Bacon Bacon de dinde Bacon de dinde Bacon de dinde 6.99 125 ea.	 St Hubert Maccaroni St Hubert Maccaroni St Hubert Maccaroni Cheddar Cheese Cheddar Cheese Cheddar Cheese 11.99 125 ea.
 Al Cato Beef Burgers Al Cato Beef Burgers Al Cato Beef Burgers Al Cato Beef Burgers Al Cato Beef Burgers 11.99 125 ea.	 44th Street 44th Street 44th Street 44th Street 44th Street 12.99 125 ea.	 James Pastry James Pastry James Pastry James Pastry James Pastry 12.99 125 ea.	 MONTANA'S MONTANA'S MONTANA'S MONTANA'S MONTANA'S 16.99 125 ea.

Entertaining Favourites

 Authentic Sausages Authentic Sausages 13.24lb Sausages Authentic 13.24lb \$5.99 /lb	 NEW! Beef Burgers Beef Burgers 10.24lb Beef Burgers 10.24lb \$9.99 ea.	 NEW! Mac-Angelo Beef & Chicken Burgers Mac-Angelo Beef & Chicken Burgers 10.24lb Mac-Angelo Beef & Chicken Burgers 10.24lb \$12.99 ea.	 NEW! American Valley Farms Organic Chicken Meatballs 10.24lb American Valley Farms Organic Chicken Meatballs 10.24lb \$18.99 ea.
 Invisible! Fruit & Veggie Medley 10.24lb Fruit & Veggie Medley 10.24lb \$6.99 ea.	 Wing-Wing! Spicy Chicken Wings 10.24lb Spicy Chicken Wings 10.24lb \$7.99 ea.	 Invisible! Prime Rib Beef Steaks 10.24lb Prime Rib Beef Steaks 10.24lb \$11.99 ea.	 JANES! Lettuce 10.24lb Lettuce 10.24lb \$14.99 ea.

Seafood



2 for \$5.00
Frozen Pacific Cod Loins Portions
Poissons surgelés de longue mer du Pacifique
100 g



18.99/lb
Fresh Mediterranean Sea Bass Fillets
Filets frais de bar méditerranéen
100 g



3.99 ea.
Selection of Seafood
Sélection de fruits de mer
100 g



4.99 ea.
Sole Fillets with Shrimp Stuffing
Filets de sole farcis de crevettes à la sauce
100 g



7.99 ea.
La Bouchonnière Smoked Salmon
Saumon fumé
100 g



12.99 ea.
Irish Point Oysters
Huîtres Irish Point
100 g



6.99 ea.
Chateau Sherbrooke
Caviar
100 g



7.99 ea.
Hot Smoked Wild Salmon
Saumon sauvage fumé
100 g



13.99 ea.
Korean Beef
Côtelettes de bœuf coréennes
100 g



14.99 ea.
Go Wild Argentinian
Steak argentin
100 g



6.99 ea.
Inevitable Selection
Sélection Inévitable
100 g



7.99 ea.
Inevitable Selection
Sélection Inévitable
100 g



9.99 ea.
Inevitable Selection
Sélection Inévitable
100 g



10.99 ea.
Inevitable Selection
Sélection Inévitable
100 g

Deli Favourites



2.69 /100 g
Bacon & Cheese
Bacon et fromage
100 g



2.99 /100 g
Bacon & Cheese
Bacon et fromage
100 g



3.99 /100 g
Bacon & Cheese
Bacon et fromage
100 g



4.49 /100 g
Bacon & Cheese
Bacon et fromage
100 g



2.99 ea.
Pillsbury
Pâtisseries
100 g



14.49 ea.
Pillsbury
Pâtisseries
100 g



6.99 ea.
Pillsbury
Pâtisseries
100 g



5.99 ea.
Pillsbury
Pâtisseries
100 g



5.49 ea.
Pizzeria
Pâtisseries
100 g



8.99 ea.
Pizzeria
Pâtisseries
100 g



14.99 ea.
Pizzeria
Pâtisseries
100 g



15.99 ea.
Pizzeria
Pâtisseries
100 g



3.99 ea.
Pizzeria
Pâtisseries
100 g



10.49 ea.
Pizzeria
Pâtisseries
100 g



8.49 ea.
Pizzeria
Pâtisseries
100 g



12.99 ea.
Pizzeria
Pâtisseries
100 g

metro.ca

UP TO
33%
OFF

YOUR
FIRST 3 ORDERS*



Shop Offer

*\$25 off your first 3 online orders of \$75 or more. For new customers only.
Certain conditions apply. Details on metro.ca

More Great Savings

Tropicana
Independent
Juice for Pantale
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives
the great Pantale
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives

6.49
ea.
80
points

Two Good
Yogurt
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives
the great Pantale
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives

4.99
ea.

McCafe
Ground Coffee
100% Arabica
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives
the great Pantale
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives

16.99
ea.

Timothy's
Coffee Capsules
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives
the great Pantale
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives

19.99
ea.

Del Monte
Canned Fruit
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives
the great Pantale
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives

2.99
ea.

Ben's
Street Food / Cuisine de Rue
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives
the great Pantale
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives

5.99
ea.

BOYARDEE
Chef Boyardee Meal
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives
the great Pantale
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives

2.49
ea.

La Bona
Café Latte
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives
the great Pantale
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives

3.99
ea.

HERBOL
Smoothie Packs
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives
the great Pantale
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives

4.99
ea.

TACO
Taco
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives
the great Pantale
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives

99c
ea.

Egg
Egg
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives
the great Pantale
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives

3.49
ea.

STOK
Cold Brew Coffee
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives
the great Pantale
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives

8.99
ea.

POCKETS
McCa's
Pancakes
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives
the great Pantale
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives

8.49
ea.
125
points

YOP
Yogurt
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives
the great Pantale
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives

99c
ea.

Knorr
STOCK UP ON KNORR
& EARN MOI REWARDS
100
moi
points
when you buy any
3 Knorr participating
products

2.29
ea.

Knorr
SOUP
ENVELOPES OR
BOLLER CUPS
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives
the great Pantale
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives

1.99
ea.

Knorr
SOUP
ENVELOPES OR
BOLLER CUPS
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives
the great Pantale
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives

1.99
ea.

I earn with moi rewards

Guy Lee
Sour Cream
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives
the great Pantale
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives

3.99
ea.
50
points

Guy Lee
Butter
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives
the great Pantale
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives

8.49
ea.
125
points

Tea
Tea
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives
the great Pantale
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives

4.49
ea.
100
points

Quaker
Oats
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives
the great Pantale
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives

3.99
ea.
100
points

Sunny D
Sunny D
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives
the great Pantale
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives

2.79
ea.
40
points

Snapple
Snapple
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives
the great Pantale
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives

1.99
ea.
30
points

Mars
Mars
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives
the great Pantale
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives

6.49
ea.
80
points

Unico
Unico
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives
the great Pantale
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives

1.99
ea.
60
points

Mary's
Mary's
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives
the great Pantale
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives

5.99
ea.
70
points

Organic
Organic
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives
the great Pantale
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives

6.49
ea.
80
points

Digestive
Digestive
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives
the great Pantale
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives

5.49
ea.
70
points

San-Maid
San-Maid
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives
the great Pantale
1.5L (50.7 FL OZ)
100% FRUIT
Just 40g Sugars
No preservatives

3.99
ea.
60
points

FLAVOURS
OF

Holi

CELEBRATE THE FESTIVAL OF COLOUR



799

ea.

KAASHI PREMIUM OR
AZAM BASMATI RICE
5.02 - 6.54 kg
SELECTED VARIETIES



1599

ea.

BAAR SHEER DEEH STYLE
DURUM ATTA FLOUR
5.0 kg



299

ea.

SANTOSH NAAK
500 g
SELECTED VARIETIES



1699

ea.

ASSORTED LADDOOS
500 g



249

ea.

HAKE DAHI, PHOENIX
OR CEDAR PHOENIX
500 - 750 g
SELECTED VARIETIES



399

ea.

MAGGI
INSTANT SOUP NOODLES
60 g, 70 g



329

ea.

LAZEEZ SPRING ROLLS
OR SAMOSAS
600 g
SELECTED VARIETIES



179

ea.

SURATI
FROZEN VEGETABLES
500 g
SELECTED VARIETIES



699

ea.

CLASSIC ARCHA HONEY
TEA, TEA & HONEY
PREMIUM OR GOLD
100, 200, 500 g
SELECTED VARIETIES



999

ea.

DIPHA OCHA
200 g
SELECTED VARIETIES



199

ea.

SHAHI
DHAHI
500 g
SELECTED VARIETIES



999

ea.

PARLE-G, LIU OR
DHAHI COOKIES
50, 100 g
SELECTED VARIETIES



649

ea.

DHAHI LADDU
500 g
SELECTED VARIETIES



199

ea.

DIPHA
PASTA
500 g
SELECTED VARIETIES



499

ea.

CEDAR MARINADES
CUCUMBERS OR
GRAPE LEAVES
100 g, 150 g
SELECTED VARIETIES



249

ea.

SURATI SNACKS
DIPHA BAKED CHANA,
RUBICON OR
SHEERON SNACKS
200, 400 g, 1 L
SELECTED VARIETIES



299

ea.

INDOMIE
INSTANT NOODLES
5.0 kg
SELECTED VARIETIES



399

ea.

DIPHA LENTILS
OR CHICK PEAS
1.5, 3.0 kg
SELECTED VARIETIES



179

ea.

PARLE BISCUIT
OR NATIONAL CUSTARD
170, 200 g
SELECTED VARIETIES



179

ea.

KIRKURE CHIPS
500 g
SELECTED VARIETIES

From availability varies by store.

GREAT TASTE LESS SUGAR



FANTA
zero sugar
orange

12
60 points

949 ea.

FANTA ZERO SUGAR SOFT DRINKS 12 x 355 mL SELECTED VARIETIES



FANTA
zero sugar
orange

NATURALLY FLAVOURED SODA WATER BEVERAGE

60 points

949 ea.

Satisfy your cravings with low sugar/zero sugar snacks, drinks & more.



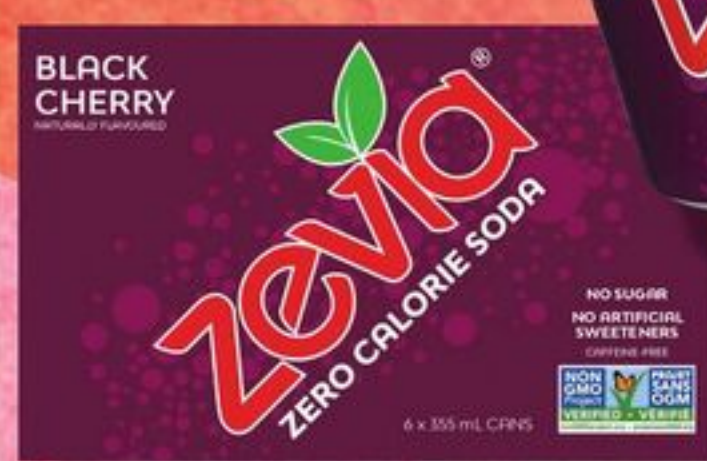
zevia
ZERO CALORIE SODA

BLACK CHERRY

100% SUGAR FREE

749 ea.

ZEVIA ZERO CALORIE SODA 12 x 355 mL SELECTED VARIETIES



zevia
ZERO CALORIE SODA

BLACK CHERRY

100% SUGAR FREE

749 ea.

ZEVIA ZERO CALORIE SODA 12 x 355 mL SELECTED VARIETIES



7up
ZERO SUGAR SODA

sodastream

PEPSI OR 7UP ZERO WATER BOTTLEMAKERS 600 mL SELECTED VARIETIES

749 ea.



PEPSI
ZERO SUGAR SODA

sodastream

PEPSI OR 7UP ZERO WATER BOTTLEMAKERS 600 mL SELECTED VARIETIES



HOOTMAN'S
Chocolate

NO SUGAR ADDED
SANS SUCRE AJOUTÉ

CHOCOLAT

100% SUGAR FREE

299 ea.

HOOTMAN'S NO SUGAR ADDED COOKIES 142 x 220 g SELECTED VARIETIES



Simply Pudding
KETO PUDDING CETO

SUGAR FREE
SANS SUCRE

0g
4g
20g

VANILLA
VANILLE

NET WT / POIDS NET 48 g (1.7 oz)

349 ea.

SIMPLY DELICIOUS SUGAR FREE PUDDING 48 g (1.7 oz) SELECTED VARIETIES



McSWEENEY'S
ZERO sugar / sucre

BEEF • DE BOEUF
JERKY

100% SUGAR FREE

599 ea.

McSWEENEY'S ZERO SUGAR JERKY SNACKS SELECTED SIZES SELECTED VARIETIES



McSWEENEY'S
ZERO SUGAR JERKY SNACKS

SELECTED SIZES
SELECTED VARIETIES

599 ea.



Red Bull
ZERO

4 pack

999 ea.

RED BULL ZERO ENERGY DRINKS 4 x 250 mL



youtheory
B12 B6

100% SUGAR FREE

1999 ea.

YOU-THEORY SUPPLEMENTS 60 ct SELECTED VARIETIES



Splenda
PURE CALORIE SWEETENERS

100% SUGAR FREE

749 ea.

SPLENDA NO CALORIE SWEETENER PACK (100) 100 g SELECTED VARIETIES



SPLENDA
NO CALORIE SWEETENER PACK (100)

100 g SELECTED VARIETIES

749 ea.



Hugoboss
ORIGINAL

100% SUGAR FREE

649 ea.

6. HUGOBOS NO SUGAR ADDED BBQ SAUCE 480 g (1.1 lb) SELECTED VARIETIES



pur
GUM

ASPARTAME FREE

379 ea.

PUR GUM 100 SELECTED VARIETIES

CREATE A CLEAN ROUTINE

Freshen up all your square feet with our wide variety of brand-name solutions.





NOMINATE A MINOR HOCKEY ASSOCIATION

for their chance to receive up to **\$100,000***

NOMINATE AT [KrugerBigAssist.ca](https://www.krugerbighelp.ca)







90 points

8⁹⁹ ea.

CASHMERE BATHROOM TISSUE
12 = 24 rolls
SELECTED VARIETIES



90 points

8⁹⁹ ea.

SCOTTIES FACIAL TISSUE
6 un
SELECTED VARIETIES



90 points

8⁹⁹ ea.

SPONGE PAPER TOWELS
3 = 6 rolls
SELECTED VARIETIES

PROUDLY ASSISTING CANADIAN FAMILIES ON AND OFF THE ICE.

*No purchase necessary. Nominations start Oct 1/25 and Feb 22/26. Nominate an eligible Canadian hockey association for the opportunity to receive one of five (\$125,000 CAD donations. Five (\$5 donations will be made ("Finalists"), one per region (ON, QC, Pacific, BC, YT, NT, Nunavut, AB, SK, MB, Atlantic, PEI, NS, NB, NL) Plus, one (\$1 \$75,000 CAD donation "Grand Prize") will be made among applications received from Finalists by March 13/26. Start your nomination or see full terms at [KrugerBigAssist.ca](https://www.krugerbighelp.ca).
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1 KG

12⁹⁹ ea.

YORKSHIRE VALLEY FARMS
ORGANIC CHICKEN DRUMSTICKS OR WINGS
FROZEN, 1 kg



14⁹⁹ ea.

YORKSHIRE VALLEY FARMS
ORGANIC MEAT PIES OR CHICKEN FILLETS OR BITES
FROZEN, 454 - 700 g
SELECTED VARIETIES