

THANK YOU FOR 26 YEARS!

We're celebrating our anniversary with you—and over 150 BOGO deals!

Really BIG DEAL

BUY 1 GET 1 FREE
SELECT GROCERY ITEMS

More BOGO deals on page 6—and throughout the store!

Exclusions apply. Look for signs on specially marked items. Limited to stock on hand. No additional case discount.

SALE

MARY'S BONELESS SKINLESS CHICKEN BREASTS
No antibiotics ever!

\$4.99
lb
SAVE \$3lb

STUMPTOWN COFFEE ROASTERS COFFEE
Selected Varieties
12oz

PNW LOCAL



\$13.99
ea
SAVE \$4ea

FRANZ ENGLISH MUFFINS
Assorted Varieties
6ct

PNW LOCAL



BUY 1 GET 1 FREE
SAVE \$2.99 ON 2

RUBY JEWEL ICE CREAM SANDWICH
Selected Varieties
5.25oz

PNW LOCAL



BUY 1 GET 1 FREE
SAVE \$5.19 ON 2

ORGANIC COSMIC CRISP APPLES

PNW LOCAL

Just as the name implies, these sweet local apples are extra crisp! Grown in WA.



\$2.99
lb
SAVE \$1lb

TILLAMOOK CHEESE BABY LOAF
Selected Varieties
2lb

PNW LOCAL



BUY 1 GET 1 FREE
SAVE \$15.99 ON 2

STASH TEA TEA
Selected Varieties
18-20ct

PNW LOCAL



BUY 1 GET 1 FREE
SAVE \$5.29 ON 2

Want to have weekly deals delivered to your inbox? Just sign up for email updates at newseasonsmarket.com/join
Visit us online at www.newseasonsmarket.com

WHAT WE'RE loving

Celebrating 26 years of great community and great food with favorites you'll only find at New Seasons—like our banana cake, locally made Bonta Gelato, and Partners in Crime Rosé Bubbles.

NEW SEASONS BANANA CAKE

A longtime customer favorite made with layers of moist banana cake, fresh banana slices, and mascarpone whipped cream.

\$15⁹⁹
ea
SAVE \$2ea



BONTA GELATO PARTY CAKE GELATO

A limited-edition anniversary gelato with salted caramel, chocolate cake, and gooey ganache.

1pt

\$8⁹⁹
ea
SAVE \$2ea



PARTNERS IN CRIME ROSÉ BUBBLES CAN

An easy-drinking rosé with juicy notes of wild strawberry, watermelon, tart cherry, and the perfect amount of bubble.

355ml

\$4⁹⁹
ea
SAVE \$2ea



MEAT & SEAFOOD

NEW SEASONS PARMESAN CHICKEN BREASTS

Made in-house and ready to bake or fry for a quick and tasty meal.

\$9⁹⁹
lb
SAVE \$2lb



CREEKSTONE FARMS BONE-IN SHORT BEEF SHORT RIBS

USDA Choice, Certified Humane beef with no added hormones and no antibiotics ever.

\$12⁴⁹
lb
SAVE 50¢lb



NEW SEASONS DUNGENESS CRAB AND SHRIMP CAKES

Made in-house and ready to cook for a decadent snack or meal.

\$5⁹⁹
ea
SAVE \$1ea



ROCKFISH FILLET

Sustainably wild-caught off the OR and WA coast. Delicious pan-seared or baked.

PNW LOCAL

\$7⁹⁹
lb
SAVE \$2lb



PRODUCE

HEIRLOOM NAVEL ORANGES

Extra sweet and juicy with classic orange flavor. From Rising C Ranch in Reedley, CA.

\$1⁹⁹
lb
SAVE 50¢lb



ORGANIC VINE TOMATOES

Vine-ripened for the best flavor. From Wholesum Family Farms in Mexico.

\$3⁴⁹
lb
SAVE \$1.50lb



ORGANIC CUTIE MANDARINS

Easy to peel and bursting with sweet-tart flavor! From Sun Pacific in Bakersfield, CA.

\$5⁴⁹
ea
SAVE 50¢ea



BAKERY & CHEESE

NEW SEASONS ORGANIC FOCACCIA

Genovese-style flatbread made with extra-virgin olive oil and topped with rosemary and coarse sea salt.



\$4⁹⁹
ea
SAVE \$1ea

RIVERS EDGE UP IN SMOKE

A fresh, smoky goat cheese, locally crafted by a mother-daughter team near Newport. **4oz**



PNW LOCAL

\$11⁴⁹
ea
SAVE \$1.50ea

DIESTEL FAMILY RANCH SLICED TURKEY

Choose from smoked, oven-roasted, black pepper, or honey for wraps and sandwiches.



Starting at:

\$14⁹⁹
lb
SAVE \$3lb

NEW SEASONS GREEK ORZO PASTA SALAD

Made with local Rallenti pasta, fresh arugula, and Kalamata olives. Perfect paired with a sandwich.



PNW LOCAL

\$9⁹⁹
lb
SAVE \$3lb

NEW SEASONS BANANA CAKE LARGE SLICE

Layers of moist banana cake, fresh bananas slices, and mascarpone whipped cream.



\$8⁹⁹
ea
SAVE \$1ea

LEGENDAIRY SHARP CHEDDAR

Deliciously sharp and creamy cheddar from Wisconsin. Perfect for lunch boxes, grilled cheese, or charcuterie boards.



20%
off

AZEH'S KITCHEN SPICY QUINOA AND CORN SALAD

White quinoa, corn, black beans, arugula, and bell pepper in a tangy, spicy dressing.



PNW LOCAL

\$10⁹⁹
lb
SAVE \$3lb

ORIGAMI CATERING SALAD ROLLS

Lettuce wrapped with shrimp or tofu and noodles. Served with a side of peanut sauce.



PNW LOCAL

\$7⁹⁹
ea
SAVE \$2ea

FLORAL

RANUNCULUS SPLASH BOUQUET

A bright spring bouquet featuring lush, multi-layered ranunculus.



\$19⁹⁹
ea
SAVE \$5ea

BEER & WINE

ALL NEW SEASONS PARTNERS IN CRIME WINES

The best quality at the best price, these incredible wines are great for enjoying with your partner in crime. Only at NSM. **750ml**

Starting at:

\$9⁹⁹
ea
SAVE \$2ea



ONLY AT NSM

YONDER CIDER CRESCENT HARD CIDER

Made from a blend of juicy and tart Washington apples, this cider is bright, clean, crisp, and light-bodied with juicy apple character. **6pk/12oz**



PNW LOCAL

IT'S NEW!

\$16⁹⁹
ea
SAVE \$1ea

DOUBLE MOUNTAIN BREWERY HOP LION IPA

Sweet tangerine and the earthy scent of Northwest forest leap from the nose of this local favorite, now available in canned 6-packs. **6pk/12oz**



PNW LOCAL

IT'S NEW!

\$12⁹⁹
ea
SAVE \$2ea

IT SAVES TO SHOP ONLINE

Find all your favorite in-store items online, and get free delivery or pickup on orders of \$35+ with code

SHOPONLINE26

shop.newseasonsmarket.com

Powered by instacart

Terms apply.

GIFT IT!

Neighbor Rewards members not only earn points when they shop—they can also choose to gift all or part of their rewards (in dollar increments) to our featured local partners through our Gift It! Program.

Not yet a member? Join Neighbor Rewards now at newseasonsmarket.com/join and start earning points today.

WELLNESS

SOURCE NATURALS NUTRITIONAL SUPPLEMENTS

Save on all of your favorites, including immune support, sleep aids, and condition-specific formulas.

35% off



HERITAGE STORE FACIAL CARE

Formulated to hydrate and refresh skin and mood. Save 25% on select facial care this week.

25% off



EAU THERMALE JONZAC FACIAL CARE

Made with mineral-rich thermal spring water and biomimetic active ingredients.

30% off



HONEY GARDENS ELDERBERRY IMMUNE BOOST

A delicious way to help stay ahead of colds and the flu this season.

10.1oz

\$5.49 ea

SAVE \$4ea



MEGAFOOD MAGNESIUM SOFT CHEWS

Promotes a sense of calm and helps ease muscle tension. Save on select flavors.

30ct

\$9.99 ea

SAVE \$9ea



NOW FOODS WHOLE PSYLLIUM HUSKS

Supports digestion and elimination with essential soluble and insoluble fibers.

16oz

\$12.99 ea

SAVE \$6ea



MRM NUTRITION HYDRATION+ ORANGE MANGO

Help restore essential electrolytes with added vitamins and minerals for energy and immune support.

135g

\$6.99 ea

SAVE \$4.80ea



ALICE MUSHROOMS MUSHROOM CHOCOLATES FOR DEEP SLEEP

Formulated with functional mushrooms and nootropics to support a healthy sleep cycle.

2.7oz

\$25.99 ea

SAVE \$11ea



A LA MAISON DE PROVENCE FRENCH LIQUID SOAPS

Made with olive and argan oil rich in vitamin E. Save on select scents.

16.9oz

\$7.99 ea

SAVE \$3.50ea



HERBAN COWBOY DEODORANTS

Aluminum-free, vegan deodorants for all-day freshness. Select scents on sale.

2.8oz

\$7.49 ea

SAVE \$2.50ea



GROCERY

CRAIZE TOASTED CORN CRACKERS

Assorted Varieties

4oz

\$3.99 ea

SAVE \$2ea



SIMPLE MILLS ALMOND FLOUR CRACKERS

Sea Salt or Rosemary & Sea Salt.

7oz

\$6.99 ea

SAVE \$1.50ea



SUN TROPICS SNACKS

Selected Varieties

30% off



TONY'S CHOCOLONELY CHOCOLATE

Selected Varieties

4-4.44oz

\$5.99 ea

SAVE \$1ea



ZACK'S MIGHTY TORTILLA CHIPS

Assorted Varieties

7-7.5oz

\$3.99 ea

SAVE UP TO \$2.30ea



KIND SNACK BAR

Selected Varieties

1.4oz

3 for \$5

SAVE \$1.32ea



BOBO'S OAT BARS OR BITES

Selected Varieties

5-6ct

\$3.99 ea

SAVE UP TO \$2.60ea



YUM EARTH CANDY

Selected Varieties

20% off



GROCERY

**NAPOLEON
EXTRA VIRGIN
OLIVE OIL**
Selected Varieties
33.8oz



\$16⁹⁹
ea
SAVE \$2.50ea

**TAKE ROOT ORGANICS
TOMATOES**
Selected Varieties



**30%
off**

**KATIE'S
PASTA
SAUCE**
Assorted Varieties
24oz



\$9⁹⁹
ea
SAVE \$2ea

**CHICKAPEA
ORGANIC
PROTEIN PASTA**
Selected Varieties
8oz



\$4⁹⁹
ea
SAVE \$1ea

**THE GINGER PEOPLE
GINGER PRODUCTS**
Selected Varieties



**20%
off**

**FRONTIER CO-OP
SPICES, SEASONINGS
AND EXTRACTS**
Selected Varieties



**20%
off**

**JEFF'S GARDEN
SPECIALTY FOODS**
Selected Varieties



**20%
off**

**SUSTAINABLE SEAS
TUNA**
Selected Varieties



**20%
off**

**HEYDAY CANNING CO.
SOUP**
Assorted Varieties
15oz



\$4⁹⁹
ea
SAVE \$1.70ea

**COOMBS FAMILY FARMS
ORGANIC MAPLE
SYRUP**
Selected Varieties
12oz



\$16⁹⁹
ea
SAVE \$3ea

**FOOD FOR LIFE
SPROUTED GRAIN
CEREAL**
Selected Varieties
16oz



\$9⁹⁹
ea
SAVE \$2.70ea

**PLANET OAT
OATMILK**
Selected Varieties
32oz



2 for \$7
SAVE 79¢ea

**CABOO
BAMBOO
FACIAL TISSUES**
60ct



\$2⁹⁹
ea
SAVE 70¢ea

**BEEKEEPER COFFEE
COLD BREW
LATTE**
Assorted Varieties
8oz



2 for \$7
SAVE \$1.49ea

**LIQUID DEATH
SPARKLING
ENERGY DRINK**
Assorted Varieties
12oz



\$2²⁹
ea
SAVE 90¢ea

**WOODSTOCK
ORGANIC
BANANA
WATER**
Assorted Varieties
11.2-16.9oz



2 for \$5
SAVE UP TO \$1.19ea

ORGANIC BULK

**ORGANIC RAW
PUMPKIN SEEDS**
Selected Varieties



\$7⁹⁹
lb
SAVE \$8lb

**HUMMINGBIRD WHOLESALE
ORGANIC
ALMOND
BUTTER**

PNW LOCAL



\$12⁹⁹
lb
SAVE \$1lb

**NEW SEASONS
ORGANIC COFFEE**
Sustainably sourced by our partners at
Equal Exchange in Portland, OR.



\$13⁹⁹
lb
SAVE \$1lb

**NEW SEASONS
ORGANIC
MANGO SLICES**
From SunRidge Farms in CA.
12oz



\$17⁹⁹
ea
SAVE \$2ea

IT'S AN ANNIVERSARY BOGO SALE!

PIZZA DONE RIGHT

PORTA Roman-style pizzas are all the proof you need that you can enjoy restaurant-quality pizza at home.

PORTA FROZEN PIZZA
Assorted Varieties
14.3-17.6oz

BUY 1 GET 1 FREE
SAVE \$12.99 ON 2

THE GOOD CRISP COMPANY SNACKS
Selected Varieties
4-5.5oz

BUY 1 GET 1 FREE
SAVE \$4.59 ON 2

ANGIE'S BOOMCHICKAPOP POPCORN
Selected Varieties
4.5-7oz

BUY 1 GET 1 FREE
SAVE \$4.59 ON 2

LOCKER QUADRATINI WAFER COOKIES
Selected Varieties
7.76-8.82oz

BUY 1 GET 1 FREE
SAVE \$6.19 ON 2

DUKE'S SMOKED SHORTY SAUSAGES
Assorted Varieties
5oz

BUY 1 GET 1 FREE
SAVE \$8.59 ON 2

ENDANGERED SPECIES CHOCOLATE CHOCOLATE BAR
Selected Varieties
3oz

BUY 1 GET 1 FREE
SAVE \$4.59 ON 2

TONY'S CHOCOLONELY CHOCOLATE BAR
Selected Varieties
6.35oz

BUY 1 GET 1 FREE
SAVE \$6.79 ON 2

HOUSE FOODS TOFU
Selected Varieties
16oz

BUY 1 GET 1 FREE
SAVE \$3.19 ON 2

SOL-TI ORGANIC SUPERSHOT
Assorted Varieties
2-2.1oz

BUY 1 GET 1 FREE
SAVE \$3.99 ON 2

FEEL GOOD FOODS GLUTEN-FREE FROZEN FOODS
Selected Varieties
6-12.7oz

BUY 1 GET 1 FREE
SAVE \$9.99 ON 2

JONNYPOPS FROZEN CREAM MINIS
Selected Varieties
6ct

BUY 1 GET 1 FREE
SAVE \$7.49 ON 2

NUTPODS DAIRY-FREE CREAMER
Selected Varieties
25.4-32oz

BUY 1 GET 1 FREE
SAVE \$6.49 ON 2

SIGGI'S ICELANDIC YOGURT
Selected Varieties
4.4-5.3oz

BUY 1 GET 1 FREE
SAVE \$1.89 ON 2

COCOJUNE ORGANIC CULTURED COCONUT
Assorted Varieties
16oz

BUY 1 GET 1 FREE
SAVE \$9.19 ON 2

NOUNOS GREEK STRAINED YOGURT
Assorted Varieties
5.3oz

BUY 1 GET 1 FREE
SAVE \$3.49 ON 2

C2O COCONUT WATER
Assorted Varieties
17.5oz

BUY 1 GET 1 FREE
SAVE \$3.69 ON 2

WAIAKEA HAWAIIAN VOLCANIC WATER
1.5L

BUY 1 GET 1 FREE
SAVE \$3.79 ON 2

STEAZ ORGANIC GREEN TEA
Assorted Varieties
16oz

BUY 1 GET 1 FREE
SAVE \$2.79 ON 2

HAPPY MOUNTAIN KOMBUCHA
Assorted Varieties
12oz

BUY 1 GET 1 FREE
SAVE \$4.19 ON 2

GROCERY

**PERFECT BAR
SNACK SIZE
PROTEIN
BARS**

Selected Varieties
6-8ct



\$7.99
ea

SAVE UP TO \$2.50ea

**SIGGI'S
VANILLA
COCONUT BLEND
YOGURT**

24oz



\$6.99
ea

SAVE 80¢ea

**MAMA TORREZ
SALSA**

Assorted Varieties
12oz



**PNW
LOCAL**

**BUY 1 GET 1
FREE**

SAVE \$6.59 ON 2



**CAFE YUMM!
YUMM SAUCE**

Assorted Varieties
8.2oz



**PNW
LOCAL**

\$8.99
ea

SAVE \$1.30ea

**PLANET OAT
OATMILK**

Assorted Varieties
52oz



\$2.99
ea

SAVE \$1.20ea

**NANCY'S
ORGANIC
SOUR CREAM**

8oz



**PNW
LOCAL**

\$2.49
ea

SAVE 90¢ea

**NUTS FOR CHEESE
ORGANIC
VEGAN
CHEESE**

Selected Varieties
4.2-4.23oz



\$7.99
ea

SAVE UP TO \$2ea

**NEW SEASONS
TORTILLA CHIPS**

From Don Pancho
Authentic Mexican
Foods in Salem, OR.
Assorted varieties.
9-14oz



2 for \$7

SAVE 49¢ea

**CHOBANI
HIGH PROTEIN YOGURT**

Assorted Varieties
6.7oz



2 for \$4

SAVE 29¢ea

**LUCKY FOODS
PICO DE KIMCHI**

Assorted Varieties
9.5oz



**PNW
LOCAL**

\$4.99
ea

SAVE \$1.30ea

**LA COLOMBE COFFEE ROASTERS
COLD BREW
COFFEE**

Selected Varieties
42oz



\$4.99
ea

SAVE \$1ea

**NAKED BREAD
SANDWICH
BREAD**

Selected Varieties
22.5oz



**PNW
LOCAL**

\$3.99
ea

SAVE \$2ea

**NEW SEASONS
ICE CREAM**

Made in small batches by Lopez Island
Creamery in Anacortes, WA.
Assorted flavors.
1pt



\$4.99
ea

SAVE \$1ea

**UNCLE MATT'S ORGANIC
JUICE**

Selected Varieties
52oz



\$8.99
ea

SAVE UP TO \$2ea

**BLACKBIRD FOODS
PLANT-BASED PIZZA**

Assorted Varieties



**20%
off**

**DAIYA
DAIRY-FREE
MAC & CHEESE**

Assorted Varieties



**20%
off**



**DOWNLOAD
OUR APP!**

Want to save time?
Money? Both?
We've got you!

Our app makes it easier than ever
to quickly order your groceries for
pickup or delivery.

Get FREE pickup* anytime you
order \$35 or more online.

*Pickup not
available at all stores.

