

food
Basics

CANADIAN AND PROUD



**ALWAYS
MORE
FOR LESS**

CRAZY 8 SALE

RUDOLPH'S
BREAD
500 g
SELECTED VARIETIES



**8
CRAZY
2⁸⁸
EACH**

CLOVER LEAF
ALBACORE OR
YELLOWFIN
TUNA
142 - 170 g
SELECTED VARIETIES



**8
CRAZY
1⁹⁸
EACH**

McCain
FRENCH FRIES
OR POTATOES
600 - 800 g
IRRESISTIBLE
MEALS
230 - 320 g
FROZEN
SELECTED VARIETIES



**8
CRAZY
2⁸⁸
EACH**

MUTTI
TOMATOES
2.84 L
WHILE QUANTITIES LAST



**8
CRAZY
5⁸⁸
EACH**

TILDA
BASMATI RICE
4.54 kg



**8
CRAZY
12⁹⁸
EACH**

CASHMERE BATHROOM
TISSUE 24 - 48'S
SPONGE TOWELS ULTRA
PAPER TOWELS
6 - 12'S
SCOTTIES FACIAL
TISSUE 12'S
SELECTED VARIETIES



**8
CRAZY
11⁸⁸
EACH**



HALAL
AT SAME
PRICE

EXTRA LEAN GROUND BEEF
FAMILY PACK
INCLUDES HALAL WHILE QUANTITIES LAST
12.96/KG

**8
CRAZY
5⁸⁸
/LB**



LEGACY CURED BONELESS PORK LOIN
ROLLED IN CORNMEAL
6.35/KG

**8
CRAZY
2⁸⁸
/LB**



HIGH LINER
BREADED &
BATTERED FISH
FILLETS
FAMILY PACK
315 - 700 g
FROZEN
SELECTED VARIETIES

**8
CRAZY
5⁸⁸
EACH**



NESTLÉ PARLOUR
1.5 L
NOVELTIES
6 - 12'S
SELECTED VARIETIES

**8
CRAZY
2⁸⁸
EACH**



LAY'S
POTATO CHIPS
200 - 235 g
SELECTED VARIETIES

**8
CRAZY
2⁸⁸
EACH**

GET READY TO SAVE! GREAT PRICES START ON THURSDAY, FEBRUARY 26TH TO WEDNESDAY, MARCH 4TH, 2026
PRICES IN THIS FLYER AVAILABLE AT ALL SAULT STE. MARIE, ANCASTER, GRIMSBY, HAMILTON & NIAGARA FALLS LOCATIONS ONLY.

To view local store flyer, visit foodbasics.ca, where you can create an account (or sign into your account) and select your preferred location.

food Basics

CANADIAN AND PROUD

CRAZY



8 CRAZY 1.88 EACH

RASPBERRIES
PRODUCT OF USA OR MEXICO, NO. 1 GRADE 170 G



WE LOVE LOCAL Canada

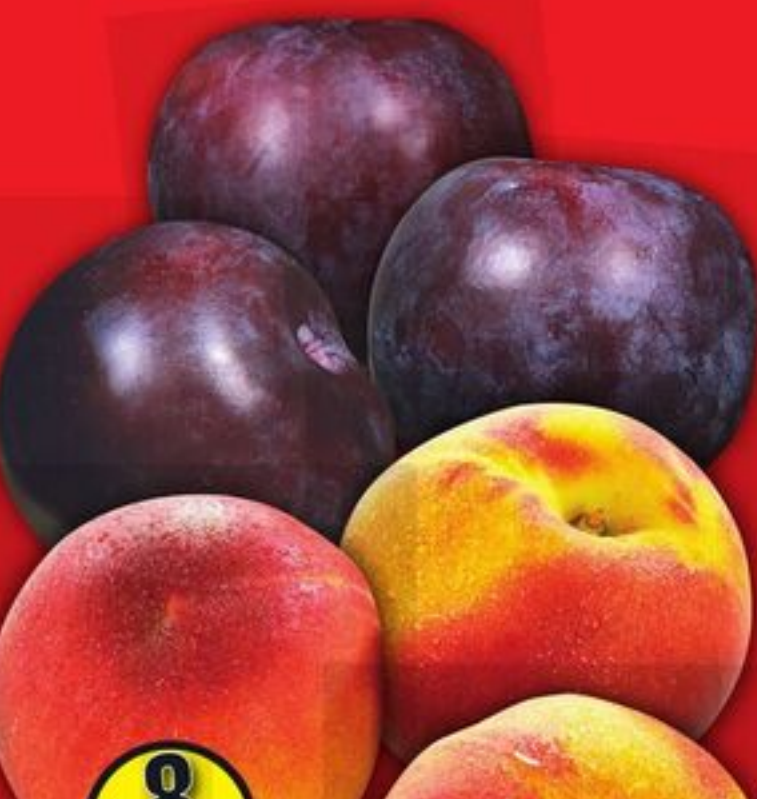



5 LB

8 CRAZY 1.48 EACH

YELLOW ONIONS OR CARROTS
PRODUCT OF ONTARIO
CANADA NO. 1 GRADE 2 LB

GOURMET MINI YELLOW OR WHITE POTATOES
PRODUCT OF CANADA
NO. 1 GRADE 5 LB




8 CRAZY 1.98 /LB

PEACHES, NECTARINES OR BLACK PLUMS
PRODUCT OF CHILE, NO. 1 GRADE 4.37/KG

GET READY TO SAVE! GREAT PRICES START ON MONDAY. GREAT PRICES IN THIS FLYER AVAILABLE AT ALL SAULT STE. M. STORES.

To view local store flyer, visit foodbasics.ca, where

SAVINGS FOR THE WIN AGAIN!




ALWAYS GREAT PRICE

99¢ EACH

BAKERY² BAGUETTE
235 G



ALWAYS GREAT PRICE

1.49 EACH

SELECTION POTATO CHIPS
200 G
SELECTED VARIETIES



ALWAYS GREAT PRICE

4.44 EACH

SELECTION OR LIFE SMART NATURALIA PEANUT BUTTER
750 G - 1 KG SELECTED VARIETIES



ALWAYS GREAT PRICE

7.99 EACH

SELECTION FULLY COOKED BREADED CHICKEN
FROZEN 800 G
SELECTED VARIETIES

Food Basics ranked first for Price & Promotions performance among grocery retailers in Ontario in the 2024 dunnhumby Retailer Preference Index, a study of customer perceptions and retailer preference conducted among 2,100 respondents in Ontario (6,000 total across Canada) conducted between September 12 and October 20, 2024.

WOW 2024 In-Store Customer Experience Study conducted by Leger among 12,000 Ontarians from October 12 to November 22, 2023.

WOW 2025 In-store customer experience study conducted by Leger among 11,000 Ontarians from October 17 to November 15, 2024.

CRAZY 8 SALE

Black Diamond OLD • FORT
Cheddar Cheese Fromage cheddar

Black Diamond MARBLE • MARBRÉ

Black Diamond CHEESE SHREDS 400 G
NATURAL CHEESE SLICES 220 • 240 G
GALBANI MOZZARELLA 300 G SELECTED VARIETIES

8 CRAZY 548 EACH

Schneiders RedHots

Schneiders Meat Pies

Schneiders Red Hots or Maple Leaf Top Dogs Wieners 375 G
Schneiders Meat Pies Frozen 330 • 400 G SELECTED VARIETIES

8 CRAZY 448 EACH

Beatrice CHOCOLATE MILK 1 L
QUAKER DIPP'S OR CHEWY GRANOLA BARS 120 • 156 G SELECTED VARIETIES

8 CRAZY 198 EACH

Lactantia PurFiltre

Lactantia PurFiltre Milk 1%, 2%, SKIMMED 4 L SELECTED VARIETIES

8 CRAZY 648 EACH

50 points

Silk Almond
Silk Protein Soy

Silk Drinks 1.75 • 1.89 L SELECTED VARIETIES

8 CRAZY 348 EACH

Dr. Oetker Ristorante PIZZA SPINACI
Casa di Mama
Hungry-Man FROZEN CHICKEN CUTLETS

Dr. Oetker Ristorante PIZZA 269 • 390 G
Casa di Mama 395 • 410 G
Hungry-Man ENTRÉES 360 • 455 G FROZEN SELECTED VARIETIES

8 CRAZY 448 EACH

LARGE

SELECTION LARGE SIZE EGGS 30'S SELECTED VARIETIES

8 CRAZY 888 EACH

Bear Paws Chocolate Chip
No Artificial Colours or Flavours

Celebration LECLERC CELEBRATION COOKIES 200 • 240 G
Dare COOKIES 168 • 315 G SELECTED VARIETIES

8 CRAZY 288 EACH

QUAKER HARVEST CRUNCH ORIGINAL
Life WHOLE GRAIN CEREAL original

QUAKER HARVEST CRUNCH CEREAL 400 • 475 G
LIFE CEREAL 450 G SELECTED VARIETIES

8 CRAZY 388 EACH

Ben's Original BISTRO EXPRESS BASMATI RICE 250 G
Habitant French Canadian PEA SOUP 315 • 790 ML
Campbell's CHUNKY CHICKEN NOODLES 315 • 790 ML
Campbell's Italian Wedding 315 • 790 ML

HABITANT, CAMPBELL'S CHUNKY OR READY TO SERVE SOUP 315 • 790 ML
BEN'S ORIGINAL BISTRO EXPRESS RICE 240 • 250 G SELECTED VARIETIES

8 CRAZY 248 EACH

Palmolive essential clean
DAWN 100% LIQUID DETERGENT

PALMOLIVE OR DAWN DISH DETERGENT 431 • 828 ML SELECTED VARIETIES

8 CRAZY 248 EACH

PEPSI
CANADA DRY GINGER ALE
Coca-Cola ORIGINAL TASTE

COCA-COLA, CANADA DRY GINGER ALE OR PEPSI SOFT DRINKS 12 X 355 ML SELECTED VARIETIES

8 CRAZY 798 EACH

Nestlé **moi rewards**

Buy any 2 products and enter for a chance to win 1 of 5 prizes of **100,000 Points**** (\$800 Value)

NESCAFÉ GOLD INSTANT COFFEE* 95 • 100 G SWEET & CREAMY* 18'S SELECTED VARIETIES

799 EACH

MAISON PERrier OR **SAN PELLEGRINO** SPARKLING WATER* 1 L SELECTED VARIETIES

199 EACH

10 points

LOCKED DOWN 6

***IN STOCK POLICY:** Food Basics® offers an in-stock guarantee for all items in its current flyer. If we are temporarily out-of-stock on an advertised item in our current flyer, a Rain Check will be issued with 10% off the advertised price of the item redeemable within 30 days from the date of issue. Rain Checks are not issued if the ad in the flyer states, "While Quantities Last", "Special Buy" or "No Rain Checks", or on in-store cooked BBQ Chicken and Hot Pizza, Beer, Cider and Wine, Independent Third Party Vendors, "Our Seafood Market" and "Our Butcher Shop by Nossio Talho". Please see the Customer Service desk at your Food Basics for full details. For retail sale only; If there is a limit stated in the ad, Rain Checks up to the stated limit may be issued. If there is no limit stated in the ad, we reserve the right to limit quantities to reasonable requirements. Limit: One Rain Check per household per item per day.

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contest
until March 11th

my brands & moi



participate by purchasing two
products from these brands

Selection

Irresistible

Personnelle

5
prizes

1,000,000 points
value of \$8,000 each

30
prizes

500,000 points
value of \$4,000 each

metro

**food
Basics**

*No purchase required. To participate, you must be a member of the Moi program. From February 12 to March 11, 2026. Prizes: There are thirty-five (35) lots to be won (total value of all prizes is \$160,000CAD). Prize conditions and contest rules are available at moirewards.ca. Moi Rewards is a trademark of Metro Inc.

i earn with moi rewards

moi
rewards

i redeem and
save on what
i buy most often

redeem
500
points = **\$4**
in rewards



join today and save

Limit of one Moi Rewards bonus offer per account per day. Certain conditions apply. see moirewards.ca for conditions. Moi Rewards is a trademark of Metro Inc.



PROMISE GLUTEN-FREE BREAD OR BUNS
240 - 480 G
SELECTED VARIETIES

40
points



SCHNEIDERS CHICKEN WINGS
675 G FROZEN SELECTED VARIETIES

50
points



SCHNEIDERS
PEPPERONI OR
THURINGER SAUSAGE
500 G SELECTED VARIETIES

55
points



SIGGI'S
SKYR YOGURT
4 X 100 G
SELECTED VARIETIES

20
points



BURNBRAE
HARD BOILED EGGS
264 G
SELECTED VARIETIES

20
points



NESTLÉ CARNATION HOT CHOCOLATE
400 - 450 G SELECTED VARIETIES

35
points



STARBUCKS NESPRESSO
COFFEE CAPSULES
103
SELECTED VARIETIES

50
points



KELLOGG'S
TOWN HOUSE
247 - 391 G
SELECTED VARIETIES

15
points



DIANA OR BULL'S EYE
BBQ SAUCE
425 - 500 ML
SELECTED VARIETIES

25
points



MCCAIN DEEP'N DELICIOUS CAKE
510 G, FROZEN SELECTED VARIETIES

35
points



LAKEWOOD PURE
CRANBERRY JUICE
946 ML
SELECTED VARIETIES

55
points



JACK LINK'S JERKY
80 G
SELECTED VARIETIES

30
points



FINISH POWERBALL DISHWASHER TABS
40 - 55'S
SELECTED VARIETIES

55
points

CHOOSE CANADIAN



YELLOW ONION OR CARROTS
PRODUCT OF ONTARIO, CANADA NO. 1 GRADE
2 LB
GOURMET MINI
YELLOW OR WHITE
POTATOES
PRODUCT OF CANADA, NO. 1 GRADE
5 LB

148
EACH



WHOLE WHITE OR
CREMINI MUSHROOMS
PRODUCT OF ONTARIO
454 G

399
EACH



PRIME RAISED WITHOUT
ANTIBIOTICS BONELESS
SKINLESS FILLETS OR
THIN SLICED CHUNKS
AIR CHILLED
26.43/KG

1199
/LB



JANES ULTIMATE FULLY COOKED
CHICKEN FILLETS, BITES OR
RESTAURANT STYLE STRIPS
700 - 720 G FROZEN
SELECTED VARIETIES

1199
EACH



RUDOLPH'S
BREAD
500 G
SELECTED VARIETIES

288
EACH



SELECTION COOKIES OR SQUARES
340 - 450 G
SELECTED VARIETIES



499
EACH



LACTANTIA PURIFILTRE MILK
1% 2% SKIMMED 4 L SELECTED VARIETIES

648
EACH

50
points



LAY'S
POTATO CHIPS
200 - 235 G
SELECTED VARIETIES

288
EACH



OLD • FORT
Cheddar Cheese
Fromage cheddar

548
EACH



COCA-COLA, CANADA DRY GINGER ALE
OR PEPSI SOFT DRINKS
12 X 355 ML SELECTED VARIETIES

798
EACH



NESTLÉ PARLOUR
1.5 L
NOVELTIES
6 - 12'S
SELECTED VARIETIES

288
EACH



QUAKER DIPPS OR CHEWY BARS
120 - 156 G SELECTED VARIETIES



198
EACH



SELECTION
POTATO CHIPS
200 G
SELECTED VARIETIES

149
EACH



CASHMERE BATHROOM TISSUE
24 - 48'S
SPONGE TOWELS/ULTRA PAPER TOWELS
8'S
SCOTTIES FACIAL TISSUE
12'S SELECTED VARIETIES

1188
EACH

*We are currently working on updating the origin of all our products. This information comes from certification agencies, product suppliers, and other Metro partners. We cannot be held liable for any information that may prove to be inaccurate.

PRODUCE



CANTALOUPE
PRODUCT OF GUATEMALA AND/OR HONDURAS
NO. 1 GRADE

THIS WEEK ONLY
2⁹⁸
EACH



STRAWBERRIES
PRODUCT OF USA OR MEXICO, NO. 1 GRADE 454 G
BLACKBERRIES
PRODUCT OF MEXICO, NO. 1 GRADE 150-179 G

THIS WEEK ONLY
3⁹⁸
EACH



AVOCADOS
PRODUCT OF MEXICO AND/OR PERU
5 OR 6 PACK

THIS WEEK ONLY
3⁹⁹
EACH



EXTRA LARGE
GREEN OR RED SEEDLESS GRAPES
PRODUCT OF SOUTH AFRICA AND/OR PERU, NO. 1 GRADE
8.77/KG

THIS WEEK ONLY
3⁹⁸
/LB



TOMATOES
PRODUCT OF CANADA OR MEXICO
NO. 1 GRADE
ZUCCHINIS
PRODUCT OF MEXICO
5.49/KG

THIS WEEK ONLY
2⁴⁹
/LB



WE LOVE LOCAL
1 LB
WHOLE WHITE OR CREMINI MUSHROOMS
PRODUCT OF ONTARIO
454 G

THIS WEEK ONLY
3⁹⁹
EACH



BROCCOLI CROWNS
PRODUCT OF U.S.A. AND/OR MEXICO

THIS WEEK ONLY
2/\$5



LEMONS
PRODUCT OF U.S.A. AND/OR
SOUTH AFRICA
2 LB BAG
NAVEL
ORANGES
PRODUCT OF SOUTH AFRICA
3 LB BAG

THIS WEEK ONLY
4⁸⁸
EACH



DOLE COLE SLAW OR GARDEN SALAD
340 - 397 G



THIS WEEK ONLY
2⁷⁷
EACH



SWEET ASSORTED PEPPERS
PRODUCT OF HONDURAS AND/OR MEXICO, Pkg of 4

THIS WEEK ONLY
4⁹⁹
EACH



Green Giant
SUGAR SNAP PEAS
NET WT 7 POUNDS NET 227 G

THIS WEEK ONLY
3⁹⁹
EACH



Green Giant
SNOW PEAS
NET WT 7 POUNDS NET 179 G



WE LOVE LOCAL
McINTOSH
GALA
PRODUCT OF ONTARIO
CANADA FANCY GRADE
3 LB

THIS WEEK ONLY
4⁹⁹
EACH



WE LOVE LOCAL
THE LITTLE POTATO COMPANY
POTATOES
PRODUCT OF CANADA
454 G
SELECTED VARIETIES

THIS WEEK ONLY
3⁴⁹
EACH



WE LOVE LOCAL
HEIRLOOM TOMATOES
PRODUCT OF ONTARIO
CANADA NO. 1 GRADE
547 G

THIS WEEK ONLY
3⁹⁹
EACH



KIWIS
PRODUCT OF GREECE
600 G BASKET

THIS WEEK ONLY
4⁹⁹
EACH



POM
WONDERFUL
FRESH
POMEGRANATE
JUICE
473 ML

THIS WEEK ONLY
3⁹⁹
EACH

FLORAL



pick Ontario
10 STEM TULIPS
WHILE SUPPLIES LAST

THIS WEEK ONLY
8⁸⁸
EACH



NEW
FRESHLY YOURS
BOUQUET
WHILE SUPPLIES LAST

THIS WEEK ONLY
9⁸⁸
EACH



5" ORCHID
WHILE SUPPLIES LAST

THIS WEEK ONLY
10⁸⁸
EACH



6" SUCCULENTS
WHILE SUPPLIES LAST

THIS WEEK ONLY
11⁸⁸
EACH

MEAT

PRIME
RAISED WITHOUT antibiotics
ÉLEVÉ SANS antibiotiques
Air Chilled Chicken
Poulet refroidi à l'air

PRIME RAISED WITHOUT ANTIBIOTICS BONELESS SKINLESS FILLETS OR THIN SLICED CHUNKS
AIR CHILLED
26.43/KG

THIS WEEK ONLY

11.99 /LB

Johnsonville
ORIGINAL BREAKFAST SAUSAGES
SAUCISSES À DÉJEUNER C

THIS WEEK ONLY

5.99 EACH

30 points

Johnsonville
MILD ITALIAN SAUSAGES
SAUCISSES ITALIENNES DOUCE

JOHNSONVILLE DINNER, BREAKFAST OR SMOKED SAUSAGES
375 - 500 G SELECTED VARIETIES

HALAL AT SAME PRICE

FRESH CHICKEN DRUMSTICKS
BAGGED
INCLUDES ZABIHA HALAL
6.59/KG

THIS WEEK ONLY

2.99 /LB

FRESH

FRESH PORK TENDERLOIN VACUUM PACK
WHILE QUANTITIES LAST
8.80/KG

THIS WEEK ONLY

3.99 /LB

STEELHEAD TROUT FISH FILLET FAMILY PACK
FRESH
26.43/KG

THIS WEEK ONLY

11.99 /LB

HALAL AT SAME PRICE

FRESH BONELESS SIRLOIN TIP ROAST OR FAMILY PACK STEAKS
CUT FROM CANADA AA OR HIGHER GRADE OF BEEF
26.43/KG

THIS WEEK ONLY

11.99 /LB

BUTCHER'S SELECTION ORIGINAL OR HARVEST CREEK HALAL CHICKEN WIENERS
900 G SELECTED VARIETIES

THIS WEEK ONLY

4.49 EACH

SCHNEIDERS OR MAPLE LEAF BACON
45 - 375 G SELECTED VARIETIES

THIS WEEK ONLY

5.49 EACH

SELECTION SMOKED BONELESS HALF HAM
375 G SELECTED VARIETIES

THIS WEEK ONLY

7.99 EACH

JANES ULTIMATE FULLY COOKED CHICKEN FILLETS, BITES OR RESTAURANT STYLE STRIPS
700 - 700 G FROZEN SELECTED VARIETIES

THIS WEEK ONLY

11.99 EACH

O'SOLE MIO FRESH PASTA
250 G SELECTED VARIETIES

THIS WEEK ONLY

3.49 EACH

TRE STELLE RICOTTA OR BOCCONCINI
200 - 475 G SELECTED VARIETIES

THIS WEEK ONLY

5.99 EACH

MAPLE LODGE OR ZABIHA HALAL CHICKEN BACON
375 G SELECTED VARIETIES

THIS WEEK ONLY

4.99 EACH

MARC ANGELO SOUVLAKI FAMILY PACK
400 - 600 G SELECTED VARIETIES

THIS WEEK ONLY

11.99 EACH

MAPLE LEAF NATURAL SELECTIONS SLICED DELI MEAT OR SCHNEIDERS SLICED DELI MEAT OR BOLOGNA
150 - 500 G SELECTED VARIETIES

THIS WEEK ONLY

5.49 EACH

PILLER'S KOLBASSA OR SLICED PEPPERONI FOR PIZZA
175 - 375 G SELECTED VARIETIES

THIS WEEK ONLY

5.99 EACH

IRRESISTIBLES PARMIGIANO REGGIANO OR GRANA PADANO OR EMMENTAL
200 - 400 G SELECTED VARIETIES

THIS WEEK ONLY

7.99 EACH

SCHNEIDERS PEPPERETTES
250 - 375 G SELECTED VARIETIES

THIS WEEK ONLY

7.99 EACH

SEAJOY SEAWEED SALAD OR MACKEREL FILLET
300 - 450 G FROZEN SELECTED VARIETIES

THIS WEEK ONLY

5.49 EACH

GOURMETA THAI SHRIMP
COOKED 40 - 75 CT OR RAW 31 - 40 CT
300 - 450 G FROZEN SELECTED VARIETIES

THIS WEEK ONLY

6.99 EACH

IRRESISTIBLES TORPEDO SHRIMP
200 G FROZEN SELECTED VARIETIES

THIS WEEK ONLY

7.99 EACH

TASIA GOLDEN POMPANO FISH
600 G FROZEN SELECTED VARIETIES

THIS WEEK ONLY

9.99 EACH

SEAFOOD FOR LESS

HIGH LINER PAN-SEAR FISH FILLETS OR SIGNATURE CUTS BREADED & BATTERED FISH FILLETS
425 - 540 G FROZEN SELECTED VARIETIES

THIS WEEK ONLY

10⁹⁹ EACH

CATCH OF THE DAY FISH FILLETS
340 G - 1 KG FROZEN SELECTED VARIETIES

THIS WEEK ONLY

10⁹⁹ EACH

CATCH OF THE DAY BREADED & BATTERED FISH FILLET
350 G FROZEN SELECTED VARIETIES

THIS WEEK ONLY

3⁹⁹ EACH

SEAHORSE BASA STEAK OR ANCHOR'S BAY BASA FILLETS
400 - 500 G FROZEN SELECTED VARIETIES

THIS WEEK ONLY

3⁴⁹ EACH

SEAHORSE COOKED SHRIMP
91 - 120 CT 340 G FROZEN SELECTED VARIETIES

THIS WEEK ONLY

6⁹⁹ EACH

ANCHOR'S BAY CROAKER FISH
1 KG FROZEN SELECTED VARIETIES

THIS WEEK ONLY

9⁹⁹ EACH

FRESH

THIS WEEK ONLY

8⁹⁹ /LB

WHOLE RAINBOW TROUT FISH
19.82/KG

OCEAN CHARM WILD PINK SALMON FILLET
340 G FROZEN SELECTED VARIETIES

THIS WEEK ONLY

6⁹⁹ EACH

ROCK HARBOUR PACIFIC WHITE SHRIMP
20 - 30 CT 340 G FROZEN SELECTED VARIETIES

THIS WEEK ONLY

16⁹⁹ EACH

MUSAFIR

Inspired by South Asian Flavours & Ingredients

Proudly Canadian

Mix of 100% Vegetarian or Non-veg Options

MUSAFIR MASALA PANEER BITES
FROZEN 334G SELECTED VARIETIES

THIS WEEK ONLY

6⁹⁹ EACH

MUSAFIR PANEER NUGGETS
FROZEN 480 G SELECTED VARIETIES

THIS WEEK ONLY

6⁹⁹ EACH

MUSAFIR BUTTER CHICKEN BITES
FROZEN 357 G SELECTED VARIETIES

THIS WEEK ONLY

6⁹⁹ EACH

Zabiha Halal

FRESH FROM THE FARM OR ZABIHA HALAL WHOLE CHICKEN
8.80/KG

THIS WEEK ONLY

3⁹⁹ /LB

MAPLE LODGE ULTIMATE DINNER OR BREAKFAST SAUSAGES, ULTIMATE JUICY SUPPERFRANKFURTERS OR ZABIHA HALAL JUICY SUPREME
375 - 900 G SELECTED VARIETIES

THIS WEEK ONLY

5⁹⁹ EACH

ZABIHA HALAL CHICKEN STRIPS ZABIHA HALAL FULLY COOKED BREADED CHICKEN
FROZEN 700 - 800 G SELECTED VARIETIES

THIS WEEK ONLY

8⁹⁹ EACH

LOU'S KITCHEN

HEAT, SERVE, ENJOY!

Ready to eat. Ready to save time.

LOU'S KITCHEN DOUBLE SMOKED OR PEAMEAL SLICES
375 - 454 G SELECTED VARIETIES WHILE QUANTITIES LAST

THIS WEEK ONLY

6⁹⁹ EACH

LOU'S KITCHEN, LIL' JUAN'S OR KALI'S FULLY COOKED ENTREES
300 - 400 G SELECTED VARIETIES

THIS WEEK ONLY

7⁹⁹ EACH

LOU'S KITCHEN BBQ PORK BACK RIBS
345 - 410 G SELECTED VARIETIES WHILE QUANTITIES LAST

THIS WEEK ONLY

9⁹⁹ EACH

BAKERY



THIS WEEK ONLY

4.99

EACH



THIS WEEK ONLY

6.99

EACH

MIX & MATCH!*

2 \$6.50
FOR

OR

3 \$7.99
FOR

*MIX & MATCH ANY
VILLAGGIO BREAD, DEMPSTER'S BAGELS,
WHOLE GRAIN BREAD, 7" TORTILLAS,
SIGNATURE BUNS, NATURAL BAKERY BREAD,
TIA ROSA TORTILLAS OR HOSTESS
SNACK CAKES. SELECTED SIZES, SELECTED VARIETIES, OR PAY 3.49 EA.



MORE GREAT SAVINGS FOR LESS



THIS WEEK ONLY

6.99

EACH



LOCKED DOWN

15.99

EACH



LOCKED DOWN

6.99

EACH



THIS WEEK ONLY

5.49

EACH



LOCKED DOWN

8.99

EACH



LOCKED DOWN

2.99

EACH

15 points



LOCKED DOWN

5.49

EACH



LOCKED DOWN

3.99

EACH



LOCKED DOWN

4.49

EACH



LOCKED DOWN

1.99

EACH



LOCKED DOWN

5.99

EACH



LOCKED DOWN

9.49

EACH

LOCKED DOWN



iöGO YOGURT
16 X 100 G
SELECTED VARIETIES

LOCKED DOWN

649
EACH



GREEN GIANT VEGETABLES
500 - 750 G FROZEN
SELECTED VARIETIES

LOCKED DOWN

349
EACH



NESTEA ICED TEA
1.89 L
10 X 200 ML
SELECTED VARIETIES

LOCKED DOWN

299
EACH



BARILLA PASTA
340 - 410 G
SELECTED VARIETIES

LOCKED DOWN

199
EACH



PEPPERIDGE FARM
GOLDFISH CRACKERS
160 - 200 G
SELECTED VARIETIES

LOCKED DOWN

299
EACH



TWININGS
HERBAL TEA
20'S
SELECTED VARIETIES

LOCKED DOWN

549
EACH



HUNT'S TOMATO
OR MANWICH SAUCE
300 - 400 ML
SELECTED VARIETIES



LOCKED DOWN

249
EACH



QUAKER QUICK OATS
900 G - 1 KG
INSTANT OATMEAL
232 - 344 G
SELECTED VARIETIES

LOCKED DOWN

349
EACH



CHEF BOYARDEE
CANNED MEAL
418 - 425 G
SELECTED VARIETIES

LOCKED DOWN

199
EACH



CADBURY DAIRY MILK BARS
90 - 100 G
SELECTED VARIETIES

LOCKED DOWN

275
EACH



SPLENDA SWEETENER
200 - 275 G
SELECTED VARIETIES

LOCKED DOWN

1099
EACH



PARKAY MARGARINE
810 G
SELECTED VARIETIES

LOCKED DOWN

449
EACH



TAKIS TORTILLA CHIPS
170 - 240 G
SELECTED VARIETIES

LOCKED DOWN

329
EACH



RED BULL ENERGY DRINKS
4 X 250 ML
SELECTED VARIETIES

LOCKED DOWN

899
EACH



GARDEIN SUPRÊME MEAL
390 - 425 G
SELECTED VARIETIES

LOCKED DOWN

949
EACH



GAIN LAUNDRY DETERGENT
2.4 L - 41 L
SELECTED VARIETIES

LOCKED DOWN

899
EACH



GAIN FABRIC SOFTENER
2.4 L
SELECTED VARIETIES

LOCKED DOWN

899
EACH

YOU COULD SCRATCH YOUR WAY TO A BIG WIN!

\$250,000 LUCKY CASH **\$75,000 BLOCK-O** **\$100,000 ROLL-OUT** **\$50,000 LOTTO** **\$350,000 BIG MONEY**

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PLAY TODAY

For more information, call 1-800-367-0000 or visit us online.

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GAIN SCENT BOOSTER
SELECTED VARIETIES

LOCKED DOWN

899
EACH



GAIN DRYER SHEETS
200'S
SELECTED VARIETIES

LOCKED DOWN

899
EACH

ALWAYS GREAT PRICE



IRRESISTIBLE
ORANGE
JUICE
1.54L
SELECTED VARIETIES

ALWAYS GREAT PRICE 
3.97
EACH



IRRESISTIBLE
PIZZA
340-390 G
FROZEN
SELECTED VARIETIES

ALWAYS GREAT PRICE 
3.97
EACH



SELECTION
SNACKS
285-285 G
SELECTED VARIETIES

ALWAYS GREAT PRICE 
2.88
EACH



LIFE SMART
MARGARINE
1.7 KG
SELECTED VARIETIES

ALWAYS GREAT PRICE 
9.88
EACH



IRRESISTIBLE
SPARKLING
SPRING WATER
6x1L
SELECTED VARIETIES

ALWAYS GREAT PRICE 
4.44
EACH



SELECTION ENTRÉES
215 G FROZEN SELECTED VARIETIES

ALWAYS GREAT PRICE 
1.37
EACH



SELECTION JAM
500 ML
LIFE SMART
NATURALIA
FRUIT SPREAD
250 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE 
4.49
EACH



SELECTION
JELLY POWDER
85 G
SELECTED VARIETIES

ALWAYS GREAT PRICE 
99¢
EACH



SELECTION
SPICES
35-150 G
SELECTED VARIETIES

ALWAYS GREAT PRICE 
99¢
EACH



SELECTION
BBQ SAUCE
320 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE 
1.27
EACH



SELECTION
QUICK'N READY
RICE
250 G
SELECTED VARIETIES

ALWAYS GREAT PRICE 
1.99
EACH



IRRESISTIBLES
BALSAMIC
VINEGAR OR
GLAZE
250-500 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE 
4.44
EACH



IRRESISTIBLES
BASIL PESTO
270 ML

ALWAYS GREAT PRICE 
3.79
EACH



SELECTION
DE-ALCOHOLIZED
BEER
12 x 355 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE 
8.49
EACH



SELECTION
GLASS CLEANER
900 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE 
1.97
EACH



SELECTION
RINSE AGENT
627 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE 
4.79
EACH



SELECTION
BLEACH
3.4L
SELECTED VARIETIES

ALWAYS GREAT PRICE 
3.99
EACH



SELECTION
CLUMPING
CAT LITTER
18 KG
SELECTED VARIETIES

ALWAYS GREAT PRICE 
9.99
EACH

BAKING FOR LESS



REDPATH
BAKING SUGAR
1 kg
SELECTED VARIETIES



LOCKED DOWN

2.99
EACH



HERSHEY'S
CHIPITS
250 - 270 g
SELECTED VARIETIES

LOCKED DOWN

5.99
EACH



TENDERFLAKE PURE LARD
454 g
SELECTED VARIETIES

LOCKED DOWN

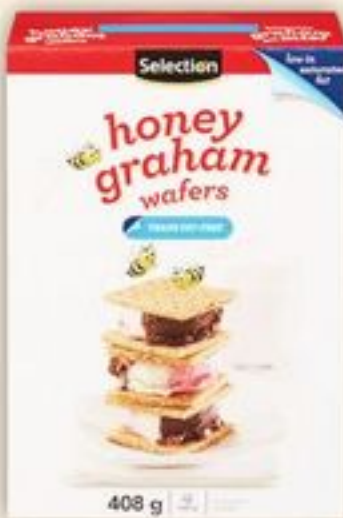
3.99
EACH



CRISCO SHORTENING
454 g
SELECTED VARIETIES

LOCKED DOWN

3.49
EACH



SELECTION
HONEY GRAHAM
WAFERS
408 g

LOCKED DOWN

3.99
EACH



SELECTION
FLOUR
2.5 kg
SELECTED VARIETIES

ALWAYS GREAT PRICE

3.77
EACH



SELECTION
BAKING NUTS
160 g
SELECTED VARIETIES

LOCKED DOWN

2.99
EACH



SELECTION
EVAPORATED MILK
354 mL
SELECTED VARIETIES

ALWAYS GREAT PRICE

1.88
EACH



SELECTION
COCONUT
160 g
SELECTED VARIETIES

ALWAYS GREAT PRICE

2.99
EACH



SELECTION
BAKING POWDER
160 g
SELECTED VARIETIES

ALWAYS GREAT PRICE

4.99
EACH



SELECTION
MARSHMALLOWS
250 g
SELECTED VARIETIES

ALWAYS GREAT PRICE

2.49
EACH



SELECTION
GRAHAM CRUMBS
400 g
SELECTED VARIETIES

ALWAYS GREAT PRICE

3.99
EACH



SELECTION
PIE FILLING
540 mL
SELECTED VARIETIES

ALWAYS GREAT PRICE

4.99
EACH



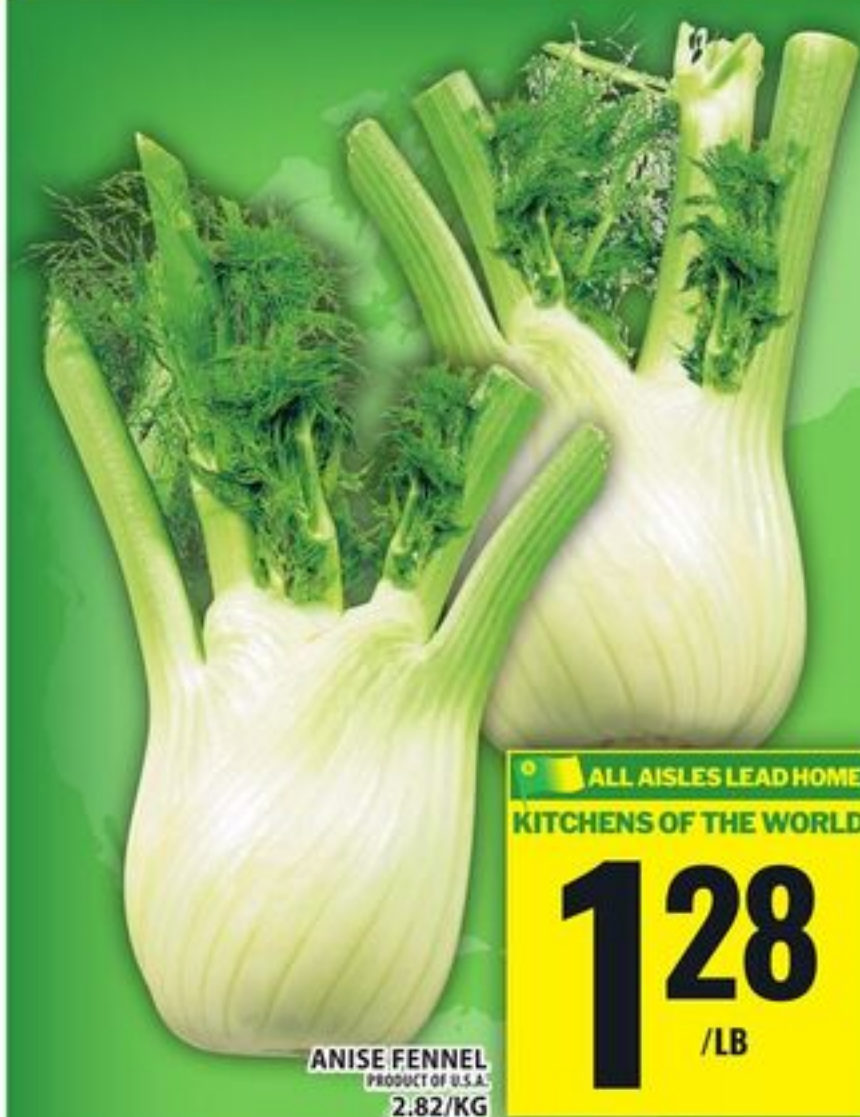
SELECTION
QUICK OATS
1 kg
SELECTED VARIETIES

ALWAYS GREAT PRICE

2.88
EACH

ALL AISLES LEAD HOME

KITCHENS OF THE WORLD



ANISE FENNEL
PRODUCT OF U.S.A.
2.82/KG

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

1.28
/LB



ARTICHOKES
PRODUCT OF U.S.A.

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

3/\$5



FONTAINE
FRESH BREADED
VEAL CUTLETS
GRAIN-FED
28.64/KG

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

12.99
/LB



CHELSEA BONED
POLLOCK FISH
170-G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

1.99
EACH



GALBANI
MOZZARELLA
BALL
227 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

4.99
EACH



IRRÉSISTIBLE
PORTUGUESE TARTS
FROZEN
450 G

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

6.49
EACH



UNICO
LIGHT TUNA
198 G

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

1.99
EACH



BERTOLLI
BALSAMIC
VINEGAR
500 ML

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

4.49
EACH



DAVID ROCCO
CIAMBELLA
LEMON CAKE
400 G

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

6.99
EACH



MILANO S BISCUITS
200 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

1.67
EACH

MORE

RAMADAN FOR LESS



GARLIC
PRODUCT OF CHINA
5 PK
FRESH MINT
BUNCH
PRODUCT OF CANADA

1²⁹
EACH



Zabiha Halal

ZABIHA HALAL FRESH
CHICKEN DRUMSTICKS
AIR CHILLED
6.59/KG

2⁹⁹
/LB



NOOR OR
ARJUN
BASMATI RICE
3.43 - 4.54 KG
SELECTED VARIETIES

7⁹⁹
EACH



CEDAR
CANNED
BEANS
540 ML
SELECTED VARIETIES

1⁴⁹
EACH

800 G



NANAK
DESI GHEE
800 G

12⁹⁹
EACH



SAPORITO
VEGETABLE,
CANOLA OR
CORN OIL
2.34 - 3 L
SELECTED VARIETIES

9⁹⁹
EACH



CASABLANCA HONEY,
TATA TEA AGNI, PREMIUM OR GOLD
1 KG, 220'S, 450 G SELECTED VARIETIES

6⁹⁹
EACH



ALKANATER OR
CEDAR TAHINI
900 - 107 ML
SELECTED VARIETIES

8⁹⁹
EACH



CEDAR
MARSHMALLOWS
OR ROSE OR
ORANGE WATER
250 G 250 ML
SELECTED VARIETIES

1⁹⁹
EACH



DIVYA
OKRA
315 G FROZEN
SELECTED VARIETIES

99¢
EACH



ELZYMI
TWIST PIE
FROZEN 800 G
SELECTED VARIETIES

6⁹⁹
EACH



BEST NECTARS OR
NORDEX KESHTA
CREAM
1 L, 170 G
SELECTED VARIETIES

2⁹⁹
EACH



CASABLANCA
BUTTER COOKIES,
PURE HEAVEN OR
CASABLANCA
DRINKS
454 G, 750 ML
SELECTED VARIETIES

3⁹⁹
EACH



INDOMIE
NOODLES
1.8 KG - 3.8 KG
SELECTED VARIETIES

2⁹⁹
EACH



CEDAR
MARINADES OR
GRAPE LEAVES
700 ML, 1 L
SELECTED VARIETIES

4⁹⁹
EACH



NOOR DATES,
ROOH AFZA
SYRUP OR
SHERBON
JUICE
800 G
800 ML, 2 L
SELECTED VARIETIES

4⁹⁹
EACH



CEDAR
SARDINES OR
VERMICELLI
PASTA
120 - 500 G
SELECTED VARIETIES

1⁴⁹
EACH



DIVYA ENTRÉES
285 - 315 G
SELECTED VARIETIES

1⁷⁹
EACH

HAPPY HOLI

OFFERS VALID AT PARTICIPATING FOOD BASICS LOCATIONS ONLY. CHECK WITH YOUR LOCAL STORE FOR AVAILABILITY.



JUMBO PAPAYA
PRODUCT OF MEXICO
3.28/KG

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
1.49
/LB



SAVERA PANEER
341 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
5.49
EACH



PARLIAMENT GOLD, NOOR OR
LAL QILLA SELLA BASMATI RICE
4.54 KG SELECTED VARIETIES



ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
9.99
EACH



HANS DAHI,
PHOENICIA
OR CEDAR
YOGURT
650 - 750 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
2.49
EACH



DIVYA
LENTILS OR
BLACK
CHICKPEAS
1.8 - 1.81 KG
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
3.99
EACH

20 LB



PILLSBURY
CHAKKI ATTA
FLOUR
9.07 KG

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
9.99
EACH



SURATI FROZEN VEGETABLES
340 G SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
1.67
EACH



LAZEEZ
SPRING
ROLLS OR
SAMOSAS
400 G
FROZEN
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
2.99
EACH



LAY'S
POTATO
CHIPS
200 - 235 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
2.88
EACH



ALPHONSO OR
ALJUICE
BEVERAGES
1.75 L
CEDAR
CONDENSED
MILK
300 ML SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
3.99
EACH



DIVYA
SPICES, PICKLE
CONDIMENTS OR
FRIED ONIONS
400 - 500 G
SELECTED VARIETIES



ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
2.99
EACH



MAGGI
INSTANT
NOODLES
70 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
39c
EACH



DIVYA NAAN OR PARATHA
320 - 400 G FROZEN SELECTED VARIETIES



ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
1.99
EACH



SHALINI
SNACKS OR
DIVYA
SOYA CHUNKS
150 - 200 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
1.49
EACH



BRAR'S
SAMOSAS
634 G
FROZEN
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
5.99
EACH



BRAR'S
RASMALAI OR
NANAK GULAB
JAMUN
350 - 400 G
FROZEN
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
8.99
EACH



DESI-LICIOUS
KULFI
1 L
FROZEN
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
5.99
EACH



NATIONAL
SPICE
MIXES OR
GITS MIXES
450 - 500 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
1.67
EACH



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1 of 5 prizes of

100,000
POINTS**

(\$800 value)



NESCAFÉ GOLD INSTANT COFFEE*
95-100 G
SWEET & CREAMY*
18'S
SELECTED VARIETIES

LOCKED DOWN 
799
EACH



MAISON PERRIER OR
SAN PELLEGRINO
SPARKLING WATER*
1 L
SELECTED VARIETIES

LOCKED DOWN 
199
EACH

10
points



SAN PELLEGRINO
OR MAISON PERRIER
SPARKLING WATER*
6 x 1 L
SELECTED VARIETIES

LOCKED DOWN 
899
EACH

**NO PURCHASE NECESSARY. Contest runs from February 26th to March 4th, 2026. Open to residents of Ontario of the age of majority at time of entry. Five (5) Prizes consisting of 100,000 MOI points valued at approximately \$800 (ARV) each. Odds of winning dependent on the number of eligible entries received. Skill testing question required to claim the prize. Certain exceptions and restrictions apply. For official Rules and how to enter visit: www.foodbasics.ca.