



# THE BIG SALE!

ONLY

1<sup>99</sup>

60Z  
CLAMSHELL

**RASPBERRIES**  
product of Mexico or U.S.A.,  
no. 1 grade  
mûres  
20128938001\_EA



SAVE UP TO 20%

3<sup>99</sup>

**FARMER'S MARKET™  
AMBROSIA or  
ROYAL GALA APPLES**  
product of Ontario, Canada fancy grade or  
**MANDARINS**  
product of Morocco or Spain  
pommes ou mandarines  
21307212001\_EA/20054025001\_EA  
20767998001\_EA

4 LB BAG



SAVE 27%

1<sup>50</sup>

**BROCCOLI CROWNS**  
product of Mexico or  
U.S.A.  
couronnes de brocoli  
21121560001\_EA



ONLY

1<sup>99</sup>

**PC® COLESLAW or  
GARDEN SALAD**  
product of U.S.A.  
397/340 g  
salade de chou ou jardinière  
21204248\_EA/21204304\_EA



# NOFRILLS®

## THE BIG SALE!

FLYER PRICES EFFECTIVE THURSDAY, FEBRUARY 12 TO WEDNESDAY, FEBRUARY 18, 2026.

CLUB SIZE

SAVE 44%

3<sup>85</sup> LB

**CHICKEN BREAST**  
club size, bone-in, skinless  
poitrines de poulet  
8.49/kg  
20654526\_EA

WHILE QUANTITIES LAST

SAVE 29%

11<sup>99</sup>



30=60 ROLLS

**ROYALE BATHROOM TISSUE**  
selected varieties  
papier hygiénique  
21378233\_EA



**LACTANTIA BUTTER**  
selected varieties  
454 g  
beurre  
20639926\_EA

ONLY

4<sup>95</sup>

App exclusive offer



**NO NAME® EVAPORATED MILK**  
selected varieties, 354 mL  
lait évaporé  
21040510\_EA/21040543\_EA

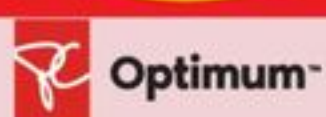
SAVE 28%

\$1<sup>25</sup>

Earn 500 pts

There's .50 more

App exclusive offer



**STRIPLOIN or BONELESS RIB STEAK**  
product of New Zealand, 300 g  
bifteck de contre-filet ou de côte déossée  
21623721\_EA/21624177\_EA

Member Price

\$11

Non-Members

\$14

Members Save \$3

ONLY

9<sup>99</sup> LB

**SALMON FILLET**  
fresh  
filet de saumon  
22.02/kg  
20339767\_KG



SAVE UP TO 33%

6<sup>99</sup>

**LOU'S KITCHEN** 375/400 g or **MANDARIN** 400/450 g  
**ENTRÉES** fresh, fully cooked or **SWISS CHALET** 650/655 g or  
**ST-HUBERT** 715/800 g **POT PIES** frozen, selected varieties  
plats cuisinés ou pâtis  
20078077\_EA/20719298\_EA



SAVE UP TO 51%

3<sup>91</sup>

**WATSON RIDGE CHICKEN STRIPS or NUGGETS or TA'AAM HALAL NUGGETS**  
frozen, 800 g  
lanaires ou pépites de poulet ou pépites halal  
21305249\_EA



ONLY

2<sup>97</sup>

**ASTRO or IÖGO** 650/750 g or  
**LIBERTÉ GREEK** 4x100 g  
**YOGURT**  
selected varieties  
yogourt  
20165226001\_EA/20801732003\_EA



SAVE 44%

1<sup>25</sup>

**OASIS JUICE, DEL MONTE NECTAR or ARIZONA ICED TEA** 960 mL  
or **FRUITE BEVERAGES** 2 L  
selected varieties  
jus ou nectar ou thé glacé ou boisson  
20336722003\_EA/20894117004\_EA



SAVE 50%

\$1

**HEINZ BEANS or PASTA**  
selected varieties  
398 mL  
fèves ou pâtes  
20040380003\_EA/20177378001\_EA



ONLY

1<sup>50</sup>

**UNICO BEANS** 540 mL or  
**TOMATOES** 796 mL  
selected varieties  
légumineuses ou tomates  
20313447001\_EA/20314629001\_EA



PRICE DROP

1<sup>50</sup>

**ITALPASTA**  
selected varieties, 750 g  
pâtes  
20296341001\_EA/20296341003\_EA



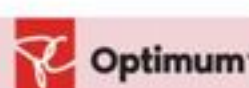
PRICE DROP

8<sup>99</sup>

**GALLO EXTRA VIRGIN OLIVE OIL**  
selected varieties, 1 L  
huile d'olive extra vierge  
20105368\_EA



App exclusive offer



ONLY

\$1<sup>75</sup>

Earn 750 pts

There's .75 more

**NO NAME® WHITE VINEGAR**  
club size, 4 L  
vinaigre blanc  
20102756\_EA

ONLY

\$3

**REAL CANADIAN SPRING WATER**  
24x500 mL  
eau de source  
20154973\_C24



ONLY

12<sup>88</sup>

**DAN-D PAK CASHEWS**  
salted or unsalted  
908 g  
noix de cajou  
20314862002\_EA



**CANADA'S MOST TRUSTED GROCERY STORE FOR LOW PRICES\***

Voted most trusted Grocery Store for Low Prices/Affordability by Canadian shoppers nationally in Atlantic Canada, Ontario and Western Canada based on the 2026 BrandSpark® Canadian Trust Study.

FLYER PRICES EFFECTIVE IN ONTARIO STORES ONLY.

(excluding: Dryden, Geraldton, Kenora & Thunder Bay Ontario)

Not applicable at 1022 King St. W, Toronto, 42 Hanna Ave., Toronto, 261 Richmond St. W, Toronto, 3091 Appleby Line, Burlington, 332 Wellington Rd., London, 755 Mount Pleasant Rd., Toronto, 75 The Esplanade St., Toronto, 899 College St. W., Toronto, 2999 Kingston Rd., Scarborough, 1175 Hyde Park Rd., London, 75 Shuter St., Toronto, 970 Upper Wentworth St., Hamilton, 671 Broadway St., Tillsonburg, 410 St Clair St., Chatham, 1425 Kingsway, Sudbury, 1678 Bayview Ave., Toronto, 1035 Plains Rd., Burlington; please see nofrills.ca for flyers for these stores.

nofrills.ca

01 NFO

# LOW PRICES ARE IN THE AIR

\$19



**HOLIDAY  
ROSES**

roses de célébration  
21440087 EA

WHILE QUANTITIES LAST

\$20



**DELUXE BOUQUET**

bouquet de luxe  
21481696 EA

WHILE QUANTITIES LAST

\$10



**TULIPS or  
SMALL MIXED BOUQUET**

tulipes ou petit bouquet varié  
21619952 EA/21660811 EA

WHILE QUANTITIES LAST

ONLY

\$15



**FERRERO  
ROCHER  
DIAMOND  
BOX**

24's  
chocolat en boîte  
21463826 EA

ONLY

\$6



**TOBLERONE  
TINY CHOCOLATE**

120 g  
mini-chocolat  
21609706 EA

# FRESH AT LOW PRICES

**3<sup>99</sup>**  
EA/LB

**PINEAPPLE** each,  
product of Costa Rica or  
**RED or GREEN**  
**SEEDLESS GRAPES**

8.80/kg, product of Peru, Chile, or  
South Africa, no. 1 grade  
fraises ou raisins rouges ou  
verts sans pépins ou ananas  
20425775001\_EA/20160992001\_EA

**8 LB  
BOX**

**ORANGES**  
product of Turkey  
oranges  
20090173001\_EA  
**WHILE QUANTITIES LAST**

**4<sup>99</sup>**

**RED, RUSSET or  
YELLOW POTATOES**  
product of Canada,  
Canada no. 1 grade  
pommes de terre  
20601013001\_EA/20601017001\_EA

**4<sup>49</sup>**

**CAULIFLOWER**  
product of U.S.A. or Mexico, no. 1 grade or  
**GREEN or RED PEPPERS**  
product of Mexico or U.S.A.  
chou-fleur ou poivrons

20135377001\_EA/20115233001\_EA/20013208001\_EA

**PKG  
OF 4**

**2<sup>49</sup>**  
LB

**ROMA TOMATOES**  
product of Mexico, no. 1 grade  
tomates roma  
5.49/kg  
20143381001\_KG



**If your produce isn't fresh,  
we'll replace AND refund it.\***

**1<sup>79</sup>**



**ENGLISH CUCUMBER**  
product of Ontario, Canada no. 1 grade, each  
concombre anglais  
20070132001\_EA

**3<sup>99</sup>**



**FARMER'S MARKET™  
SWEET POTATOES** product of Canada or  
**RED ONIONS** product of Canada, Canada no. 1 grade  
patates douces ou oignons rouges  
20811363001\_EA/20697331001\_EA

**3<sup>99</sup>**

**PKG OF 5**



**CANTALOUPE** product of Guatemala or Honduras, no. 1 grade,  
**FARMER'S MARKET™ LEMONS** product of U.S.A. or  
**AVOCADOS** product of Mexico, or Colombia  
cantaloup ou avocats ou citrons  
20167017001\_EA/21644936001\_EA/20793315001\_EA

**1<sup>29</sup>**



**RED MANGOES**  
product of Peru  
mangues  
20039635001\_EA

**3<sup>99</sup>**

**3 LB  
BAG**



**BLUEBERRIES** product of Mexico or Morocco, no. 1 grade  
or **FARMER'S MARKET™ GRAPEFRUIT**  
product of Turkey  
bleuets ou pamplemousse  
2013463001\_EA/20118409001\_EA

**3<sup>99</sup>**

**PKG  
OF 2**



**PKG OF 6**

**ROMAINE HEARTS** product of U.S.A. or  
**FARMER'S MARKET™ MINI  
CUCUMBERS** product of Ontario, Canada no. 1 grades  
cœurs de romaine ou mini-concombres  
20082736001\_EA/20737570001\_EA

**2<sup>99</sup>**



**BROCCOLINI** product of U.S.A.,  
**FARMER'S MARKET™  
GRAPE TOMATOES**  
product of Canada, Mexico, or U.S.A. no. 1 grade  
broccolini ou tomates raisins  
20134907\_EA/2130788001\_EA

**1<sup>99</sup>**  
LB



**BARTLETT PEARS**  
product of U.S.A., extra fancy grade  
poires  
4.39/kg  
2017226001\_KG

**2<sup>99</sup>**



**BLACKBERRIES**  
product of U.S.A. or Mexico  
mûres  
20051013001\_EA

**2<sup>49</sup>**  
EA/LB



**HONEY TANGERINES** 5.49/kg, product of U.S.A.  
or **POMEGRANATES** each, product of Israel  
tangerines miel ou grenades  
20082393001\_KG/20134767001\_EA

**\$7**



**MINI ROSES**  
mini-rosiers  
21665884\_EA

**2<sup>99</sup>**



**FARMER'S MARKET™  
CARROTS or YELLOW ONIONS**  
product of Canada, Canada no. 1 grade  
carottes ou oignons jaunes  
20060972001\_EA/20011994001\_EA

**3<sup>99</sup>**



**PC® LITTLE GEMS™ RED,  
YELLOW or MIXED MINI POTATOES**  
product of Canada, Canada no. 1 grade  
mini-pommes de terre rouges, dorées ou assorties  
21347501001\_EA/201347599001\_EA

**2<sup>49</sup>**



**PC® WHOLE or SLICED,  
WHITE or CREMINI MUSHROOMS**  
product of Ontario  
champignons blancs ou cremini entiers ou tranchés  
20737611\_EA/207636633\_EA

**4<sup>99</sup>**



**1 LB CLAMSHELL**  
**STRAWBERRIES**  
product of Mexico or U.S.A. no. 1 grade  
fraises  
20049778001\_EA

**2<sup>50</sup>**



**BUNCH DILL**  
product of U.S.A. or Mexico  
aneth en botte  
20185183001\_EA

**\$4**



**GREEN BEANS**  
product of U.S.A. or Mexico  
haricots verts  
21108053001\_EA

**1<sup>50</sup>**  
LB



**RED CABBAGE**  
product of Canada,  
Canada no. 1 grade  
chou rouge  
3.31/kg  
20773656001\_KG

\*Fresh Guarantee: Applicable to eligible fresh produce items purchased at No Frills store locations or online at nofrills.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the No Frills store where purchase originated. The guarantee does not apply to produce items with a stated "best before" date (e.g. bagged salad kit, packaged bean sprouts) and may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.

# FRESH AT LOW PRICES

**\$12**

**PC® BLUE MENU® CHICKEN THIGHS**  
boneless, skinless  
up to 720 g  
hauts de cuisse de poulet  
21606506, EA



**7.79**  
LB

**EXTRA LEAN GROUND BEEF**  
club size  
boeuf haché extra maigre  
17.17/kg  
20357910, KG



**3.99**  
LB

**PORK COMBO CHOPS**  
bone-in, fresh  
côtelettes de porc  
8.80/kg  
20683470, KG  
**WHILE QUANTITIES LAST**



**11.99**

**MARCANGELO ITALIAN SAUSAGES or MEATBALLS**  
selected varieties, 1 kg  
saucisses italiennes ou boulettes de viande  
20867488, EA



**4.49**

**MAPLE LEAF TOP DOGS or SCHNEIDERS RED HOTS WIENERS**  
selected varieties, 375 g  
saucisses fumées  
20602429, EA



**4.99**

**WONG WING or ASIAN INSPIRATIONS ENTRÉES**  
selected varieties, frozen, 400 g  
plats cuisinés  
20507138, EA/21047378, EA



**\$9**

**SUSHI POCKET SALMON TERIYAKI** 528 g  
teriyaki de saumon  
21702921, EA



**\$6**

**PC® SPLENDIDO® CHARCUTERIE** 100 g or **ZIGGY'S® KOLBASSA** 375 g  
selected varieties  
charcuteries ou kolbassa  
21050405, EA/21394884, EA



**1.88**

**ROOSTER® TOFU**  
selected varieties  
454 g  
tofu  
21474765, EA



**\$7**

**SEAQUEST® WHITE RAW COLOSSAL SHRIMP**  
16/20 per lb, 300 g, **SMALL SCALLOPS** 400 g, or  
**SHRIMP RING** 227 g  
frozen  
crevettes blanches colossales crues ou petits pétoncles ou couronne de crevettes  
20080289, EA/21043887, EA



**\$11**

**MASTRO SALAMI CHUB** 600 g or  
**PC® DELI MEAT** 250-400 g  
selected varieties  
saucisson de salami ou charcuteries  
20302356, EA/20923814, EA



**\$5**

**AGROPUR BRIE or CAMEMBERT** 170 g  
or **MONSIEUR GUSTAV GOUDA** 170 g or  
**PC® CHEESE SLICES** 140-170 g  
selected varieties, 130-220 g  
fromage  
20177193, EA/20217853, EA



**\$5**

**OLIVIERI FRESH FILLED TWIN PACK PASTA** 450-500 g,  
**SKILLET GNOCCHI** 280/300 g or **FRESH SAUCE** 300 mL  
pâtes fraîches farcies ou gnocchi à poêler ou sauce fraîche  
20321512, EA/21022065, EA



**\$10**

**PC® BASQUE CHOCOLATE CHEESECAKE**  
600 g  
gâteaux au fromage  
21687935, EA



**\$2**

**NO NAME® BAGELS or ENGLISH MUFFINS**  
selected varieties, 6's  
bagels ou muffins anglais  
21297780, EA/21297831, EA



**2.50**

**WONDER BREAD** 675 g  
or **BUNS** 8's  
selected varieties  
pain ou petits pains  
20276296, EA/20297455, EA



**\$5**

**FARMER'S MARKET® LOAF CAKES**  
selected varieties, 344-390 g  
gâteaux quatre-quarts  
20565382, EA/21542157, EA



# THE BIG SALE!

ONLY  
**6<sup>50</sup>**

**OIKOS GREEK or ACTIVIA EXPERT YOGURT**  
selected varieties  
650/750 g  
yogurt  
21006634 EA/21688205 EA



ONLY  
**\$6**

**CRACKER BARREL SHREDDED CHEESE** 320 g  
or **BLACK DIAMOND CHEESTRINGS or SNACKS** 252/336 g  
selected varieties  
fromage râpé ou fromage effilochable  
ou collations  
20763661 EA/21290616 EA



ONLY  
**6<sup>75</sup>**

**PC® ORANGE JUICE**  
selected varieties, refrigerated  
2.5 L  
jus d'orange  
21531644 EA



ONLY  
**6<sup>99</sup>**

**BECEL MARGARINE**  
selected varieties  
637/850 g  
margarine  
20297818002 EA

**4<sup>79</sup>**



**INTERNATIONAL DELIGHT COFFEE CREAMERS** 946 mL or **COLD FOAM** 396 g, selected varieties  
colorants à café ou mousse froide  
20495480002 EA

**\$4**



**PILLSBURY TOASTER STRUDEL**  
selected varieties, frozen, 326 g  
pâtisserie  
20178644001 EA

**\$7**



**HIGH LINER FAMILY PACK FISH FILLETS**  
selected varieties, frozen, 315-700 g  
filets de poisson  
20303200001 EA



**GIUSEPPE THIN CRUST or RISING CRUST PIZZA**  
selected varieties  
frozen, 439-785 g  
pizza  
21106361 EA

Earn  
**500** pts  
\$0.50

**\$1**



**OLD EL PASO SEASONING**  
selected varieties, 24 g  
assaisonnement  
21049495 EA

**2<sup>50</sup>**



**TOWNHOUSE** 247-391 g or **CHEEZ IT SNAP'D CRACKERS** 213 g  
selected varieties  
craquelins  
21107403 EA/21451181 EA



**\$4**



**DORITOS TORTILLA CHIPS** 210/235 g or **SMARTFOOD POPCORN** 150-220 g  
selected varieties  
croustilles de tortilla ou maïs soufflé  
20977839 EA/21493042 EA

**7<sup>25</sup>**



**NEILSON TRUTASTE 3.25% or CHOCOLATE MILK**  
4 L  
lait ou lait au chocolat  
20091466 EA



**\$9**



**RED BULL ENERGY DRINK**  
selected varieties, 4x250 mL  
boissons énergisantes  
20166737001 C04

**1<sup>69</sup>**



**COCA-COLA or PEPSI SOFT DRINKS**  
selected varieties, 2 L  
boissons gazeuses  
20296936002 EA/20316026002 EA

**1<sup>50</sup>**



**GREEN GIANT VEGETABLES**  
selected varieties, 341/398 mL  
légumes  
21021485 EA

**\$2**



**PRIMO SAUCE**  
selected varieties  
680 mL  
sauce  
20730715 EA



**1<sup>50</sup>**



**NO NAME® YELLOW MUSTARD**  
550 mL  
moutarde jaune  
21457728 EA

**16<sup>99</sup>**



**TIMOTHY'S, KRISPY KREME or DONUT HOUSE COFFEE PODS**  
selected varieties, 30's  
capsules de café  
20499919 EA/21453555 EA

**3<sup>50</sup>**



**PEARL MILLING COMPANY SYRUP** 710 mL or **PANCAKE MIX** 905 g  
selected varieties  
sirop ou mélange à crêpes  
21346409 EA/21391619 EA

**\$3**



**LECLERC GO PURE or NUGABAR BARS**  
selected varieties, 140-175 g  
barres  
21207838 EA/21556398 EA



Quantities and/or selection (flavour, colour, patterns, style) of items may be limited and not be available in all stores. No rainchecks or substitutions on clearance items or when quantities are advertised as limited. We reserve the right to limit purchase quantities per customer to reasonable family requirements. See in-store for details. We are not obligated to sell items based on errors or misprints in typography or photography. All savings claims (i.e. "Save", "Was", "1/2 Price", etc.) are in comparison to our own regular prices. Regular pricing and savings on items shown may vary by store location. Applicable taxes, fees, deposits, recycling or environmental surcharges are extra. Coupons must be presented and redeemed at time of purchase. \*PC Optimum™: Scan your PC Optimum™ app or swipe your card to get Members Pricing or points. See in-store for details. \*\*Must be a registered PC Optimum™ member to get this offer.

**FEBRUARY**

**HIT  
OF THE  
MONTH**

**\$2**



Made in Canada

**Cavendish Fries**

Frozen, selected varieties, 800 g

Limit: 6, over limit retail \$3.00

21559837\_EA

**\$4**



**Royale Tiger Towel**

3=6 rolls

Limit: 6, over limit retail \$5.00

21484702\_EA

**\$2<sup>67</sup>**



Prepared in Canada

**Vachon Snack Cakes**

Selected varieties, 282 g - 336 g

Limit: 6, over limit retail \$3.50

20963606\_EA/20005728\_EA

**LOWEST PRICES  
BEST DEALS**

As compared to other major grocery retailers within your local trade areas.

Offer valid February 1st - 28th, 2026 while quantities last.

We reserve the right to limit quantities to reasonable family requirements. No rainchecks.

# App exclusive offers

**More offers  
More points**

**Members  
get over**

**\$25**

**in value**

**CLICK FOR  
THESE COUPONS  
AND MORE**



 **Optimum™**



**Earn  
500  
pts**

Until March - 4 - 2026

**PC®  
INSTANT COFFEE**  
80 - 100 g  
café instantané

 **Optimum™**



**Save  
\$2**

with digital  
coupon

**NESCAFÉ RICH  
INSTANT COFFEE**  
excludes 95 g  
café instantané

 **Optimum™**



**Earn  
1,000  
pts**

Until March - 4 - 2026

**PC® CHOCOLATE BARS**  
300 g  
chocolat au lait

 **Optimum™**



**Earn  
2,000  
pts**

Until March - 4 - 2026

**PC®  
BASQUE CHEESECAKE**  
600 g  
gâteau au fromage

 **Optimum™**



**Earn  
500  
pts**

Until March - 4 - 2026

**PC®  
COLESLAW**  
397 g  
salade de chou

 **Optimum™**



**Earn  
1,000  
pts**

Until March - 4 - 2026

**PC®  
GNOCCHI or  
RISOTTO** or  
350/400 g  
gnocchi ou risotto

 **Optimum™**



**Earn  
750  
pts**

Until March - 4 - 2026

**PC®  
BLUE MENU®  
CALAMANSI CITRUS AND  
STRAWBERRY  
SPARKLING  
WATER** 12 x 355 mL  
eau pétillante

 **Optimum™**



**Earn  
750  
pts**

Until March - 4 - 2026

**PC®  
LOW SODIUM CLUB SODA**  
12 x 355 mL  
soda

 **Optimum™**



**Earn  
1,500  
pts**

Until March - 4 - 2026

**PC® RED  
BREW  
DE-ALCOHOLIZED  
LAGER BEER** 12 x 355 mL  
bière

 **Optimum™**



**Earn  
1,000  
pts**

Until March - 4 - 2026

**PC® BABY WIPES**  
300's  
lingettes bébé

 **Optimum™**



**Earn  
500  
pts**

Until March - 4 - 2026

**NO NAME®  
CHICKEN STRIPS**  
908 g  
lanières de poulet

 **Optimum™**



**Earn  
500  
pts**

Until March - 4 - 2026

**NO NAME®  
CHICKEN NUGGETS**  
908 g  
pépites de poulet

 **Optimum™**



**Earn  
2,000  
pts**

Until March - 4 - 2026

**PC®  
MEAT LASAGNA**  
2.27 kg  
lasagne

# More offers. More points.

CLICK FOR  
THESE COUPONS  
AND MORE



Earn  
**500**  
pts

Until March - 4 - 2026

**NO NAME® CHOCOLATE CHIP COOKIES**  
907 g  
brisures chocolatées



Earn  
**500**  
pts

Until March - 4 - 2026

**NO NAME® BUTTER**  
454 g  
beurre salé



Earn  
**500**  
pts

Until March - 4 - 2026

**NO NAME® 100% WHOLE GRAIN QUICK OATS**  
1 kg  
gruau rapide



Earn  
**500**  
pts

Until March - 4 - 2026

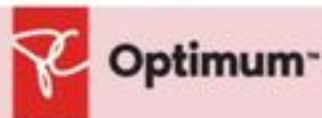
**NO NAME® SPICES**  
150 g  
épices



Earn  
**1,000**  
pts

Until March - 4 - 2026

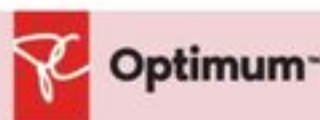
**NO NAME® CHICKEN HOT DOGS**  
1.5 kg  
saucisses fumées



Earn  
**500**  
pts

Until March - 4 - 2026

**NO NAME® CHICKEN BURGER**  
908 g  
burger au poulet



Earn  
**500**  
pts

Until March - 4 - 2026

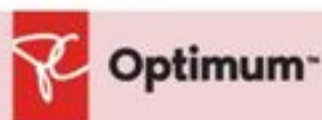
**NO NAME® CALIFORNIA MIXED VEGETABLES**  
750 g  
mélange de légumes



Earn  
**2,000**  
pts

Until March - 4 - 2026

**NO NAME® CHICKEN WINGS, MEDIUM BBQ**  
908 g  
barbecue mi-piquantes



Earn  
**500**  
pts

Until March - 4 - 2026

**NO NAME® LEMONADE**  
1.75 L  
limonade



Earn  
**1,500**  
pts

Until March - 4 - 2026

**NO NAME® FACIAL TISSUE**  
2 ply, 6 x 200 sheets  
tissu facial



Earn  
**1,000**  
pts

Until March - 4 - 2026

**NO NAME® KITCHEN GARBAGE BAGS**  
21 L  
sacs poubelle



Earn  
**1,500**  
pts

Until March - 4 - 2026

**NO NAME® EXTRA SCENTED SCOOPABLE CLUMPING CAT LITTER**  
7 kg  
litière pour chat

# LOW PRICES ARE IN THE AIR

\$12

**FERRERO ROCHER HEART**

16's  
boîte de cœurs en chocolat  
20032252\_EA



\$9

**NESTLÉ KITKAT or SMARTIES**

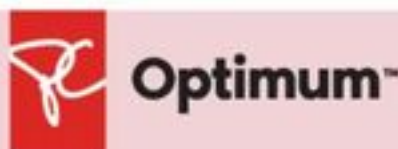
selected varieties  
30's  
chocolat  
21620932\_EA



\$12

**LINDT ASSORTED MILK CHOCOLATE HEART**

108 g  
cœurs au chocolat au lait  
21690456\_EA



**HERSHEY'S VALENTINES CHOCOLATE or CANDY**

selected varieties and sizes  
chocolat ou friandises de Saint-Valentin  
20275866001\_EA/21478120\_EA

Earn  
**3,000**  
pts

For every \$10\*  
spent

That's  
**\$3**  
value

# LAST *CHANCE TO* SAVE BIG\*

Redemption ends  
February 25<sup>th</sup> or  
while supplies last.

Supplies  
are  
limited!



COLLECT  
*& SAVE!*  
BIG

\*Get 1 stamp for every eligible \$20 spent before taxes in a single transaction until Feb. 11, 2026 at participating Loblaw banner stores. 8 bonus stamps for PC Optimum™ members who opt-in using the PC Optimum™ App ("App") between Oct. 16, 2025-Feb. 11, 2026. 1 bonus offer/account/household. Purchase exclusions apply. Stamps have no cash value and are non-transferrable. See in store for paper stamp card or App to opt-in to program for digital stamp card. Stamp redemption ends Feb. 25, 2026 or while supplies last. 20 stamps must be presented at time of ovenware purchase. Ovenware selection and/or quantities may diminish as completed cards are redeemed. All sales final. For full warranty information, product replacement process, FAQ's and complete offer details, visit [pcoptimum.ca/collectandsave](https://pcoptimum.ca/collectandsave).

# BRANDS YOU LOVE AT LOW PRICES



**6<sup>50</sup>**

**ACTIVIA YOGURT**  
selected varieties  
12's  
yogourt  
20303412003\_EA



**4<sup>25</sup>**

**SILK NON-DAIRY BEVERAGES**  
selected varieties, refrigerated  
1.75/1.89 L  
boissons non laitières  
20328231004\_EA/21196119\_EA



**\$10**

**PC® DINNER ENTRÉES**  
selected varieties, frozen  
907-1.13 kg  
plats cuisinés  
21359210\_EA



**3<sup>50</sup>**

**NEILSON CREAM**  
selected varieties  
473 mL/1 L  
crème  
20123609\_EA/20774431\_EA

**CHAPMAN'S COLLECTION** 8%  
**LOLLY NOVELTIES** 28's or  
**ORIGINAL ICE CREAM** 2L  
selected varieties, frozen  
friandises glacées ou crème glacée  
20315236001\_EA/20323757004\_EA

**Optimum®**

Member Price  
**\$4<sup>49</sup>**

Non-Members  
**\$4<sup>99</sup>**

Members Save  
**.50**

**4<sup>49</sup>**

**OASIS HEALTH-BREAK or SMOOTHIES** 1.6 L or  
**ASTRO YOGURT** 12x100 g, selected varieties  
boissons fouettées ou yogourt  
20300831\_EA/21529899\_EA

**3<sup>50</sup>**

**KOOL-AID JAMMERS** 10x180 mL, **MINUTE MAID, FIVE ALIVE** or **FUZE DRINK BOXES** 8/10x200 mL  
selected varieties  
boîtes de boisson  
20079976006\_EA/20327042001\_EA

**\$6**

**GATORADE SPORT DRINKS** 6x591 mL/8x355 mL, or  
**POWDERS** 10's/560 g  
selected varieties  
boissons désaltérantes ou poudres  
20303218003\_C06/21603385\_EA

**\$2**

**UNICO SOLID LIGHT TUNA**  
198 g  
thon pâle en morceaux  
20113743\_EA

**2<sup>50</sup>**

**GOLDFISH CRACKERS**  
selected varieties  
167-227 g  
craquelins  
20300320\_EA/20306994003\_EA

**PRICE DROP**

**1<sup>69</sup>**

**CHEF BOYARDEE PASTA**  
selected varieties  
418/425 g  
pâtes  
20312300001\_EA

**.88**

**MR. NOODLES CUP**  
selected varieties  
64 g  
nouilles instantanées  
20296506002\_EA

**2<sup>29</sup>**

**BETTY CROCKER POTATOES**  
selected varieties, 141-215 g  
pommes de terre  
20296518003\_EA/21574295\_EA

**3<sup>50</sup>**

**HEINZ MAYO STYLE DIPS**  
selected varieties, 340 mL  
trémpelettes  
21686143\_EA/21686231\_EA

**8<sup>88</sup>**

**MAZOLA CORN OIL**  
2.84 L  
huile de maïs  
20015260\_EA

**4<sup>99</sup>**

**VLASIC PICKLES**  
selected varieties  
1 L  
cornichons  
20055862001\_EA

**2<sup>79</sup>**

**BEN'S ORIGINAL BISTE EXPRESS RICE**  
selected varieties, 240/250 g  
riz  
21404700\_EA/21405476\_EA

**\$1**

**CAMPBELL'S TOMATO, CREAM OF MUSHROOM, VEGETABLE or CHICKEN NOODLE SOUP**  
284 mL  
soupe  
20176214004\_EA

# BRANDS YOU LOVE AT LOW PRICES

2<sup>50</sup>

**BAGEL BITES**  
selected varieties, frozen  
198 g  
bouchées de bagel  
20213483001 EA



4<sup>79</sup>

**CRACKER BARREL  
NATURAL CHEESE  
SLICES**  
selected varieties  
200-240 g  
tranches de fromage naturel  
21290705 EA

\$5

**BEN & JERRY'S ICE  
CREAM** 473 mL or  
**MAGNUM  
NOVELTIES** 3's  
selected varieties, frozen  
crème glacée ou friandises glacées  
20342005003 EA/21428403 EA



\$3

**CHEEMO  
PEROGIES**  
745-907 g or **VILLA  
PASTA** 400 g  
selected varieties, frozen  
perogies ou pâtes  
20527369 EA

3<sup>49</sup>

**KETTLE BRAND  
POTATO CHIPS**  
selected varieties, 198 g  
croustilles  
21220652 EA/21520642 EA



\$8

**STOK COLD BREW COFFEE**  
selected varieties  
1.42 L  
café infusé à froid  
21303739 EA



1<sup>50</sup>

**NO NAME®  
POTATO CHIPS**  
selected varieties, 200 g  
croustilles  
21302821 EA



2<sup>29</sup>

**GRISSOL MELBA TOAST, CANAPE or BAGUETTES**  
selected varieties, 120-200 g  
biscottes  
21033185 EA/21033188 EA



\$5

**BONNE MAMAN JAM** 250 mL **CORA CREPE MIX** 700 g  
or **CORA MUFFIN MIX** 450 g, selected varieties  
confiture ou mélange à crêpes ou mélange à muffins  
20307213001 EA/21647639 EA



\$5

**CLUB HOUSE BLENDS or  
LA GRILLE SEASONING**  
selected varieties, 111-248 g  
mélange d'assaisonnement  
20304004002 EA/20321740001 EA



1<sup>50</sup>

**CADBURY MINI EGGS, CREAM EGGS or  
KINDER JOY** 20 g or **CARNABY STREET CHOCOLATE  
BUNNY** 100 g or **REESE CANE** selected varieties  
chocolat  
20801065 EA/20934878 EA



5<sup>25</sup>

**FERRERO EGGS** 90-100 g or  
**ROCHER HALLOW BUNNY** 70 g  
chocolat  
214640705 EA/21694065 EA



5<sup>50</sup>

**KINDER  
CHOCOLATE UOVO**  
selected varieties, 100 g  
chocolat  
20719293 EA



6<sup>99</sup>

**TAZO TEA CONCENTRATE** 946 mL or  
**LIPTON TEA BLACK or GREEN** 200 g  
selected varieties  
thé  
21295930 EA/21592297 EA



12<sup>49</sup>

**STARBUCKS ROAST AND GROUND COFFEE** 340 g,  
**PODS** 10's or **HOT CHOCOLATE** 240/300 g, selected varieties  
café torréfié et moulu ou capsules ou chocolat chaud  
21651836 EA/21660417 EA



\$5

**NO NAME® HOT CHOCOLATE** 500 g or  
**LYNCH HOT APPLE CIDER MIX** 10x23 g  
mélange à chocolat chaud ou à cidre de pommes  
20760278 EA



5<sup>50</sup>

**KELLOGG'S  
FAMILY SIZE  
CEREAL**  
selected varieties  
480-650 g  
céréales  
21449784 EA/21651640 EA



7<sup>50</sup>

**NUTELLA HAZELNUT SPREAD** 725 g or  
**NUTELLA & GO HAZELNUT SPREAD  
WITH BREADSTICKS** 208 g  
selected varieties  
torréfiée de noisettes ou torréfiée de noisettes avec bâtonnets  
20436100 EA



1<sup>50</sup>

**NO NAME® CHEESE SNACKS**  
selected varieties, 3's  
collations ou fromage  
20889981 EA/20889982 EA



2<sup>99</sup>

**SKITTLES or  
STARBURST  
CANDY**  
selected varieties  
130-170 g  
friandises  
21445605 EA/21647110 EA



Earn  
**3,000**  
pts  
For every \$10\*  
spent

That's  
**\$3**  
value



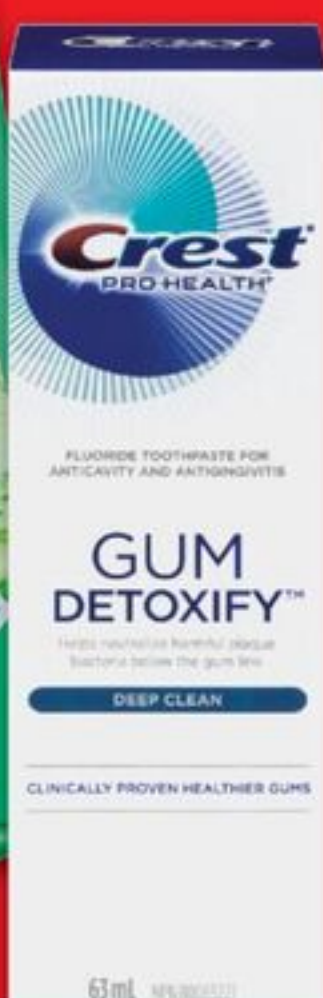
**Optimum™**

**BETTY CROCKER  
PREMIUM CAKE MIX**  
selected varieties  
263-550 g  
mélange à gâteau de choix  
20136507001 EA/20325452001 EA

# BRANDS YOU LOVE AT LOW PRICES

**\$5**

**CREST GUM TOOTHPASTE** 63-90 mL,  
or **SCOPE MOUTHWASH** 1 L  
selected varieties  
dentifrice ou rince-bouche  
20948747 EA/21354690 EA



**6<sup>50</sup>**

**SOFTSOAP LIQUID HAND SOAP REFILL**  
selected varieties  
1.47 L  
recharge de savon liquide  
pour les mains  
21715457 EA

**\$9**

**PALMOLIVE DISHWASHING LIQUID**  
selected varieties  
4.27 L  
détergent liquide à vaisselle  
21516689 EA



**\$4**

**ZIPLOC STORAGE BAGS**  
selected varieties  
10-90's  
sacs de rangement  
20871415 EA/20871443 EA

**\$7**

**LYSOL TOILET BOWL CLEANER** 2x710 mL,  
**DISINFECTANT SPRAY** 425/539 g or  
**LAUNDRY DISINFECTANT** 1.2 L  
selected varieties  
nettoyant à cuvette ou vaporisateur désinfectant ou désinfectant pour lessive  
21236361 EA/21487308 EA



**\$5**

**OLD DUTCH LAUNDRY DETERGENT**  
4 L  
détergent à lessive  
21467437 EA



**\$11**

**TIDE LIQUID LAUNDRY DETERGENT** 1.62/1.86 L or  
**PODS** 31/18's, **DOWNY FABRIC SOFTENER** 1.66/2.63 L,  
**DOWNY or GAIN SCENT BOOSTERS** 379 g or  
**BOUNCE DRYER SHEETS** 120/200's, selected varieties  
détergent ou assouplissant ou rehausseur de parfum ou feuilles pour sècheuse  
21593782 EA/21659564 EA



**31<sup>99</sup>**

**ALPO COOKOUT CLASSICS DRY DOG FOOD**  
16 kg  
nourriture sèche pour chiens  
20112174 EA



**.90**

**FANCY FEAST** 85 g or **FRISKIES** 156 g  
selected varieties  
nourriture humide pour chats  
20311259 EA/20319657006 EA



**\$10**

**NO NAME® CAT LITTER**  
selected varieties  
18 kg  
litière pour chats  
20177169001 EA



**Optimum™**

Earn  
**5,000**  
pts  
For every \$25\*  
spent

That's  
**\$5**  
value



**PET FOOD or SUPPLIES**  
all varieties and sizes  
nourriture ou fournitures pour animaux  
20912435 EA/21014573 EA



**\$5**

**HEINZ KETCHUP**  
750 mL/1 L or **KRAFT**  
**MIRACLE WHIP**  
650/890 mL  
selected varieties  
ketchup ou tartinade  
20069080\_EA/20298681001\_EA



**9<sup>97</sup>**

**KD ORIGINAL**  
12x200 g  
macaroni au fromage  
21550825\_EA

**\$4**

**TACO BELL CREAMY SAUCE** 354 mL or  
**DINNER KIT** 260-420 g  
selected varieties  
sauce crémeuse ou ensemble pour repas  
21661774\_EA/21663637\_EA



**\$3**

**CLASSICO PASTA SAUCE**  
selected varieties  
410/600 mL  
sauce pour pâtes  
20325609003\_EA/21618217\_EA

**\$4**

**CRAVE DINNER ENTRÉES** 200-340 g or **KRAFT DELUXE**  
**MACARONI AND CHEESE ENTRÉE** 340 g  
selected varieties, frozen  
plats cuisinés ou macaroni au fromage  
21085515\_EA



**15<sup>97</sup>**

**MAXWELL HOUSE ROAST AND GROUND COFFEE** 631-900 g or  
**PODS** 30's  
selected varieties  
café torréfié et moulu ou capsules  
21308076\_EA/21606882\_EA



**7<sup>99</sup>**

**MAXWELL HOUSE or NABOB TASSIMO COFFEE DISCS**  
selected varieties  
8-16's  
capsules de café  
20026954001\_EA



**\$4**

**J.L. KRAFT PURE SALAD DRESSING**  
selected varieties  
355 mL  
vinaigrette  
21581628\_EA/21581655\_EA



**3<sup>99</sup>**

**KRAFT SINGLES** 410 g or  
**EXTRA CHEDDAR SLICES** 390 g  
selected varieties  
fromage  
21188654\_EA



**\$3**

**KRAFT SALAD DRESSING**  
selected varieties  
425 mL  
vinaigrette  
21584749\_EA/21584931\_EA



**3<sup>99</sup>**

**KRAFT CHEESE WHIZ** 450 g or  
**PHILADELPHIA CREAM CHEESE PRODUCT** 227/250 g  
selected varieties  
produit de fromage fondu ou produit de fromage à la crème  
20659606001\_EA/20641267\_EA



**1<sup>25</sup>**

**JELL-O JELLY POWDER**  
selected varieties  
9.1-85 g  
poudre pour gelée  
20317293001\_EA



# PODIUM-WORTHY PRICES



RECIPE  
CPG

10<sup>99</sup>



**MONTANA'S or KELSEYS RIBS**  
selected varieties, frozen  
600/650 g  
côtes  
21668141\_EA/21667952\_EA

17<sup>99</sup>



**MONTANA'S SMOKY BBQ BEEF BURGERS**  
frozen  
906 g  
burgers de boeuf  
21665099\_EA

\$4



**KELLOGG'S ALL BRAN** 405/525 g,  
**RAISIN BRAN** 375/436 g,  
**VECTOR** 306/400 g, **SPECIAL K** 320-383 g or  
**MINI-WHEATS** 377-460 g **CEREAL**  
selected varieties  
céréales  
20015041\_EA/21607207\_EA

3<sup>50</sup>



**FONTAINE SANTE HUMMUS**  
selected varieties  
260/283 g  
hummus  
20501132\_EA



Member Price  
\$3<sup>49</sup>

Non-Members  
\$3<sup>99</sup>

Members Save .50

**EXCEL GUM BOTTLE**  
selected varieties, 40/60's  
gomme  
20310919004\_EA/20310919002\_EA

MARS  
SNACKING



Member Price  
\$3<sup>49</sup>

Non-Members  
\$3<sup>99</sup>

Members Save .50

**SKITTLES or STARBURST CANDY BAG**  
selected varieties, 255-320 g  
sac de friandises  
20018330\_EA

Optimum™



Member Price  
\$3<sup>99</sup>

Non-Members  
\$4<sup>49</sup>

Members Save .50

**MARS CHOCOLATE MULTIPACK**  
selected varieties, 4's  
emballage multiple de chocolat  
20313925\_EA/20638842\_EA

5<sup>48</sup>



**LYSOL WIPES** 75/84's,  
**DISINFECTANT SPRAY**  
350 g or **MULTI-PURPOSE TRIGGER** 950 mL  
selected varieties  
lingettes ou vaporisateur désinfectant ou  
tout usage à gâchette  
20314511001\_EA/21449826\_EA

\$4



**LYSOL MULTI SURFACE CLEANER**  
1.2 L, **BATHROOM SPRAY** 950 mL or  
**BATHROOM AEROSOL** 538/680 g  
selected varieties  
nettoyant ou vaporisateurs ou aérosol pour salle de bains  
21231235\_EA/20309873002\_EA

\$14



**FINISH AUTO DISHWASHER TABS**  
30-55's or **QUANTUM JET DRY RINSE AID** 946 mL  
selected varieties  
capsules de détergent pour  
lave-vaisselle ou agent de rinçage  
21218146\_EA/21565525\_EA

5<sup>50</sup>



**NESTLE DRUMSTICK or NOVELTIES**  
selected varieties, frozen  
4-10's  
friandises glacées  
20322380003\_EA

3<sup>50</sup>



**MCCAIN SUPER FRIES or SPECIALTY FRIES**  
selected varieties, frozen  
454-750 g  
frites  
20324328002\_EA



\$12

**CORONA CERO 0% NON-ALCOHOLIC BEER**  
6x330 mL  
bière sans alcool  
21650191\_C06

Earn  
1,000  
pts

That's  
\$1  
value

# SOUTH ASIAN FLAVOURS AT LOW PRICES



1<sup>69</sup>

**METHI LEAF**  
product of Mexico  
feuilles de fenugrec  
20053882001\_KG



1<sup>99</sup>  
LB

**INDIAN KARELA** or  
**INDIAN EGGPLANT**  
product of Mexico, Honduras or  
Dominican Republic  
4.39/kg  
karela ou aubergine  
20028046001\_KG/20053882001\_KG



CLUB  
SIZE

\$1<sup>5</sup>

**SUFRA® HALAL  
CHICKEN LEGS**  
back attached  
up to 1.6 kg  
cuisses de poulet halal  
21430677\_EA



**ZABIHA HALAL  
FIRECRISP SPICY  
CHICKEN BURGERS** 700 g,  
**NUGGETS** 720 g or  
**DRUMSTICKS** 750 g  
frozen  
burgers de poulet, pépites de poulet ou  
pilon de poulet  
21704617\_EA

9<sup>99</sup>

1<sup>99</sup>

**SHANA PARATHA**  
selected varieties, frozen  
400 g  
paratha  
207990535001\_EA



\$1<sup>6</sup>

**LEAN GROUND LAMB**  
product of Australia, fresh  
2x350 g  
agneau haché maigre  
21682482\_EA



HALAL

.4<sup>9</sup>

**BRITANNIA FIFTY FIFTY BISCUITS**  
55 g  
biscuits  
20755577\_EA



4<sup>79</sup>

**TEA INDIA CHAI  
MOMENTS TEA**  
selected varieties, 224 g  
the  
20849671\_EA



1<sup>99</sup>

**CHING'S SCHEZWAN CHUTNEY** 250 g, **CHILLI  
SAUCE** 170 ml or **MTR MINUTE MEALS** 300 g  
selected varieties  
chutney ou sauce chili ou repas  
20769717008\_EA/21416871\_EA



2<sup>50</sup>

**SURAJ® TURMERIC**  
400 g  
curcuma  
20617737\_EA



2<sup>99</sup>

**DAAWAT BIRYANI  
KIT** 327 g or **MOTHER'S  
RECIPE MIXED HOT  
PICKLE** 300/500 g  
selected varieties  
biryani ou marinade variée  
21632735\_EA/20016078001\_EA



2<sup>99</sup>

**QUALITY SOYA CHUNKS**  
400 g  
boulettes de soya  
20418250\_EA



8<sup>99</sup>

**NANAK  
RASMALAI**  
selected varieties  
850 g  
rasmalai  
21284818\_EA



# KITCHEN ESSENTIALS

\$2



**EVERYDAY ESSENTIALS™ NYLON SLOTTED TURNER**  
21214163 EA

\$3



**EVERYDAY ESSENTIALS™ CAN OPENER**  
21213665 EA

\$4



**EVERYDAY ESSENTIALS™ NESTED TONGS**  
3 pack  
21162313 EA

\$5.50



**EVERYDAY ESSENTIALS™ RECTANGULAR FOOD STORAGE**  
set of 3  
20005440 EA

\$3



**PC® MASON JAR**  
0.25 L  
20930748 EA

\$6



**PC® CERAMIC BERRY PINT**  
white  
21351928 EA

\$6



**PC® TWIST AND LOCK CONTAINER**  
set of 4  
21160199 EA

\$8



**PC® BLACK WIRED STORAGE BASKET**  
21378827 EA

\$3



**LIFE AT HOME™ CYLINDER MUG CATS**  
21219093 EA

\$5



**SISTEMA SMALL SPLIT TO GO**  
350 mL  
20976655 EA

\$18



**EVERYDAY ESSENTIALS™ COFFEE GRINDER**  
20056995 EA

\$18



**EVERYDAY ESSENTIALS™ JUG KETTLE**  
1 L  
20062450002 EA

\$25



**EVERYDAY ESSENTIALS™ 12 CUP COFFEE MAKER**  
21193454 EA



**Express<sup>™</sup>  
Pass**

Get your first year  
of *PC Express* Pass for

**\$2/month\***

- Unlimited No Frills® delivery or pickup
- Earn 2% back in (pts) with eligible pickup orders\*\*

Use code

**PASS76**

**Learn more**

\*/\*\*Offer valid until February 18, 2026. Conditions apply, \$30 minimum order. Regular price \$99.99/year after your first year.



**GET FLYER  
TO YOUR  
EMAIL.**

**STRAIGHT TO YOUR EMAIL**

Scan the QR code to sign up.

**STRAIGHT TO YOUR PHONE**

Text "OFFER" to 374557 (FRILLS)\*



\*Standard message and data rates may apply.

†Raincheck + PC Optimum Points: Applies to out of stock items advertised in the current weekly flyer ("Promotion Period"). Raincheck can be used towards purchase of the unavailable item (subject to reasonable customer/requirements) at the advertised flyer price plus 10% back in PC Optimum points when the item is back in stock or within 14 days of raincheck issue date. 10% back in PC Optimum points is calculated per item on the advertised flyer price. Raincheck requests must be made in-store during the unavailable item's Promotion Period. Raincheck must be redeemed in-store at the issuing store location. Raincheck + Pts does not apply to flyer items marked "while quantities last", gift cards, liquor, tobacco, seasonal and products which are provincially-regulated, or as we determine from time to time. Customers who are not PC Optimum program members will not be eligible to receive PC Optimum points. To become a member, visit [www.pcoptimum.ca](http://www.pcoptimum.ca). We reserve the right to cancel or change the terms of this offer at any time without notice.

‡Throwback Prices: Program applies to one item weekly, as advertised in-store/online at [nofrills.ca](http://nofrills.ca).

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# MORE WAYS TO SAVE



**NEW  
LOWER  
PRICES**

Enjoy these price drops for longer.



**RAIN  
CHECK**  
+ **pts**

We'll honour a current deal if we're sold out, and give 10% in PC Optimum points.



**ALWAYS**

Count on low everyday prices.



**FRESH  
GUARANTEE**

If your produce isn't fresh, we'll replace AND refund it.

The  **NOFRILLS**® thing to do.

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