

EARN **4X** FUEL POINTS
On FRIDAY purchases

Scan here or visit
FredMeyer.com/FuelEvent
to download coupon.

*Exclusions apply.
See coupon for details.

50% OFF
Tag Reflects Savings With Card

Private Selection Angus Steaks
or Wild-Caught Lobster Tails,
Previously Frozen, 3-4 oz

\$5.99 /LB
With Card

Private Selection Angus 90% Lean Ground Beef
Sold in a 3 lb Roll for \$17.97
or Extra Large EZ Peel Shrimp,
21-25 ct. Raw, Sold in a 2 lb Bag
for \$11.98

\$2.49 /LB
With Card

Fresh Heritage Farm Boneless Chicken Breasts

LOCAL
Organic Cosmic Crisp or Pink Lady Apples
\$1.99 /LB
With Card

\$4.99
With Card

Simple Truth Organic Blueberries
18 oz

\$22

Bloom Haus Dozen Roses

99¢ /LB
With Card

Red Tomatoes on the Vine

3 DAY SALE
SATURDAY - MONDAY ONLY

\$3.99 /LB
With Card

Hill's Bacon
Sold in a 3 lb Package
for \$11.97

\$1.99
With Card

Fred Meyer Milk
Select Varieties, Gallon,
Limit 2 Packages
(Excludes Chocolate)

\$8.99
With Card

Coca-Cola
Select Varieties,
24-Pack, 12 fl oz Cans,
Limit 5 Packages;
Plus Deposit
Where Applicable

\$14.99
With Card

Widmer
18-Pack, 12 fl oz
or Michelob Ultra, 18-Pack,
12 fl oz Bottles or Cans;
Select Varieties,
Plus Deposit
Where Applicable

Prices valid in-store or for pickup
orders placed on Saturday-Monday.

4/\$10
With Card

Doritos
9-10.75 oz or
Cheetos, 6.5-9 oz
or Ruffles,
7.25-10.25 oz;
Select Varieties
When you buy 4 or more in the same transaction with Card.
Quantities less than 4 are up to \$5.49 each with Card.

**MIX & MATCH
BUY 3, GET 3
FREE**
of Equal or Lesser Value
With Card

Pepsi or 7UP
12-Pack, 12 fl oz Cans, Coca-Cola, 6-Pack, 16.9 fl oz Bottles or Polar
Sparkling Water, 8-Pack, 12 fl oz Cans; Select Varieties, Plus Deposit
Where Applicable; Limit 12 Packages

Regular retail is up to \$15.29 each with Card.

2/\$5
With Card

Sargento Cheese
Select Varieties,
5-8 oz

**MIX & MATCH
BUY 1, GET 1
of Equal or Lesser Value
FREE**
With Card

Tillamook Ice Cream
Select Varieties,
48 fl oz

**MIX & MATCH
BUY 1, GET 1
of Equal or Lesser Value
FREE**
With Card

General Mills Giant Size Cereal
Select Varieties,
20-29 oz

\$3.49 /EA
With Card

Nabisco Family Size Oreo or Chips Ahoy Cookies
Select Varieties,
9.9-20 oz
When you buy 3 or more in the same transaction with Card.
Quantities less than 3 are up to \$4.49 each with Card.

2/\$8
With Card

Starbucks Creamer
24-28 fl oz or Silk
Soy milk, 64 fl oz;
Select Varieties

**MIX & MATCH
EVERYDAY DISCOUNT
10% OFF**
ANY 6 750 ML, 1 LITER OR
1.5 LITER BOTTLES OF WINE
*See inside for details.

\$13.49 /EA*

La Marca, Jam Cellars or Gerard Bertrand
Select Varieties, 750 ml

\$14.99
With Card

Widmer
18-Pack, 12 fl oz
or Michelob Ultra, 18-Pack,
12 fl oz Bottles or Cans;
Select Varieties,
Plus Deposit
Where Applicable

WEEKLY DIGITAL DEALS
Use each coupon **UP TO 5 TIMES** in one transaction*

\$1.99 /LB
With Digital Coupon

Red, Green or Black Seedless Grapes
Price without digital coupon
is up to \$2.99 lb with Card.

\$8.99 /LB
With Digital Coupon

Fresh Wild-Caught Dungeness Crab
Subject to Fishing & Weather Conditions
Price without digital coupon
is up to \$9.99 lb with Card.

\$2.49 /EA
With Digital Coupon

Chobani Greek Yogurt
Select Varieties,
4 ct
Price without digital coupon
is up to \$3.99 each with Card.

\$3.99 /EA
With Digital Coupon

Simple Truth Cage Free Eggs
Large, Grade AA
Price without digital coupon is up to \$4.99 each with Card.

SALE DATES: Wed. February 11 - Tues. February 17, 2026. Prices and items are effective at your local Fred Meyer store. Prices do not reflect the City of Seattle Sugar Sweetened Beverage Tax. Items plus deposit as per the Oregon Bottle Recovery Act. SELECTION MAY VARY BY STORE, LIMITED TO STOCK ON HAND. WE RESERVE THE RIGHT TO LIMIT QUANTITIES AND CORRECT PUBLISHED ERRORS.



Kroger Dinner Sausage Links or Meatballs
Select Varieties, 16-18 oz
Price without digital coupon is up to \$4.99 each with Card.

\$3.99 /EA
With Digital Coupon



Private Selection Four Layer Chocolate Fudge Cake
8" or Cheesecake, 40 oz; Select Varieties, In the Bakery
\$18.99 /EA
With Digital Coupon
Price without digital coupon is up to \$22.99 each with Card.



Post Cereal
Select Varieties, 10-16.6 oz
\$1.49 /EA
With Digital Coupon
Price without digital coupon is up to \$2.49 each with Card.



Pure Protein Bars
Select Varieties, 4 ct
\$4.99 /EA
With Digital Coupon
Price without digital coupon is up to \$6.99 each with Card.



L'Oréal Voluminous Mascara
1 ct or Ever Pure Shampoo or Conditioner, 6.8-8.5 fl oz; Select Varieties
\$6.99 /EA
With Digital Coupon
Price without digital coupon is up to \$9.99 each with Card.

WEEKLY DIGITAL DEALS

Use each coupon
UP TO 5 TIMES
in one transaction*

Look for these tags.



Marie Callender's Bowl or Pot Pie
10-13 oz or Healthy Choice Cafe Steamers, 9.5-10.3 oz; Select Varieties
\$1.99 /EA
With Digital Coupon
Price without digital coupon is up to \$2.49 each with Card.



Rana Family Size Pasta
20 oz or Perdue Frozen Chicken, 27-29 oz; Select Varieties
\$4.99 /EA
With Digital Coupon
Price without digital coupon is up to \$6.99 each with Card.



DiGiorno Pizza
14.14-30.3 oz or Hot Pockets, 4 ct; Select Varieties
\$3.99 /EA
With Digital Coupon
Price without digital coupon is up to \$4.99 each with Card.



Lindt Lindor Truffles
Select Varieties, 5.1 oz
\$6.99 /EA
With Digital Coupon
Price without digital coupon is up to \$7.99 each with Card.

Sumo Citrus Mandarins
Price without digital coupon is up to \$3.99 lb with Card.
\$2.49 /LB
With Digital Coupon



Ragu Pasta Sauce
Select Varieties, 16-24 oz
\$1.49 /EA
With Digital Coupon
Price without digital coupon is up to \$2.49 each with Card.



Häagen-Dazs Ice Cream
14 fl oz or Bars, 3 ct or Oreo Cones, 4 ct; Select Varieties
\$2.99 /EA
With Digital Coupon
Price without digital coupon is up to \$3.99 each with Card.



Angel Soft Bath Tissue
16 Mega Rolls
\$9.99 /EA
With Digital Coupon
Price without digital coupon is up to \$11.99 each with Card.



Energizer Max AA or AAA Batteries
Select Varieties, 8 ct
\$6.99 /EA
With Digital Coupon
Price without digital coupon is up to \$7.99 each with Card.

*While supplies last.

PRESIDENT'S DAY SALE



**SAVE
30%**

With Card

Levi's® Red Tab Apparel

Men's and
Women's sizes.
Shown: Jeans
Sale **\$3.99-\$9.47**

Levi's®



Nespresso
Vertuo Pop+
Reg. 129.99

SAVE \$30

\$99.99

With Card

**Lego
Botanicals \$11.99**
Select Varieties. With Card
Reg. 14.99



**Sweethearts
11" Plush
SAVE
40%**

With Card
Shown: Sale **\$12.59**



SAVE \$15
29.99

With Card

Lilt Tutu Dress
Girls' sizes.
Reg. \$45

Now through
February 17th!

 Delivery



FREE
DELIVERY

On Your Delivery Order
Over \$50 with Digital Coupon*

[CLIP COUPON](#)

- Delivery in as little as 30 minutes**
- Shop the same great deals online as in-store

**Delivery times not guaranteed

*Limit ONE coupon per customer.
Restrictions Apply. See coupon for details.



SMITTEN WITH SAVINGS

Find more sweet deals at FredMeyer.com/Valentines

Valentine's Day Gift Duo

\$20 OFF*
Indoor Floral
when you spend 99+ in jewelry

*Exclusions apply. See jewelry store associate for details. Valid thru 2/11 - 2/14.

Fred Meyer Jewelers



**Bloom Haus
Hearts and Hugs
Bouquet**

\$24⁹⁹



**XOXO
Bouquet**

\$49⁹⁹



**Bloom Haus
Rosaroma Mini Rose
4 Inch**

\$14⁹⁹
AND UP



**Valentine's Day
Balloons**
Select Varieties

\$4⁹⁹
AND UP



**Bloom Haus
Valentine's Day
Masonette
Arrangements**

\$12⁹⁹
AND UP

**Chocolate
Dipped
Strawberries**
Select Varieties,
6 ct, In the Bakery

\$9⁹⁹

With Card



Mini Cupcakes
Select Varieties, 12 ct,
In the Bakery
MIX & MATCH
BUY 1, GET 1
of Equal or Lesser Value

FREE

With Card



**Elmer
Chocolate
Gift Box**
Select Varieties,
2 oz

\$1⁹⁹

With Card



**Russell Stover
Assorted Chocolate**
Select Varieties, 6.25-10 oz

\$15⁹⁹

With Card

15.99^{EA}
-10%
With Card
\$14³⁹
/EA*

**Mumm Napa,
Ferrari Carano
or Antinori**
Select Varieties, 750 ml

*Save 10% Every day when you purchase 6 bottles of wine or more with Card. Mix and Match 6 bottles, 750 ml, 1 Liter or 1.5 Liter size. Limit one discount per transaction. Excludes wine sizes 375 ml, 3 Liter, 4 Liter and 5 Liter. Exclusions apply.



**Sour Patch
Kids Valentine
Exchange Candy**
Select Varieties,
20 ct

\$4⁴⁹

With Card



**Hershey's
Friend Exchange
Candy**
25 ct

\$7⁴⁹

With Card

Seasonal selection varies by store and is limited to stock on hand.



**HD Designs
Valentine's Day
Candle**
Select Varieties,
19 oz

**SAVE
30%**

Tag Reflects Savings
With Card



**Holiday Home
Valentine's Day
Plush**
Select Varieties,
5-14.5"

**SAVE
40%**

Tag Reflects Savings
With Card

4X FUEL POINTS

ON 100s OF GIFT CARDS WITH DIGITAL COUPON TODAY!*

Visit FredMeyer.com/4Xgiftcard to download coupon

Redeem Every Day 2/4/26-2/17/26

*Limited Time offer. Restrictions apply, see coupon for details.



VALENTINE'S GIFTS STARTING AT \$4.99



HD Designs
Frosted Jar
Candle Gift Set
3 ct

\$9⁹⁹

With Card



Holiday Home
Valentine's
Rolled Throw
or Chenille Throw;
Select Varieties

SAVE
50%

Tag Reflects Savings
With Card



Holiday Home
Valentine's
Heart Shaped Mug
Select Varieties, 16 oz

\$4⁹⁹

With Card



HEAD OVER
DEALS

Find more to love at FredMeyer.com/Valentines



Holiday Home
Valentine's
Jumbo Plush
Select Varieties,
36"

\$19⁹⁹

With Card



Zuru
Valentine's
Coco Cones
Select Varieties

SAVE
40%

Tag Reflects Savings
With Card



Holiday Home
Valentine's
Décor
Select Varieties

SAVE
40%

Tag Reflects Savings
With Card



Holiday Home
Baking
Accessories
Select Varieties

SAVE
40%

Tag Reflects Savings
With Card



Sweethearts
Candies
0.9 oz

89¢

With Card



Whitman's
or Russell Stover
Assorted Chocolate
Select Varieties,
8.1-10 oz

\$7⁴⁹

With Card



Hershey's
Candy Filled
Cane
Select Varieties,
2-2.24 oz

\$2⁴⁹

With Card



Ghirardelli
Chocolate
Caramel
Collection
4.1 oz

\$12⁹⁹

With Card



Ferrero Rocher
Valentine's Day Gift Box
Select Varieties,
4.6-5.3 oz

\$6⁹⁹

With Card



M&M's Candy
Select Varieties,
9.48-10 oz

\$4⁴⁹

With Card



Tootsie Roll Pops
Valentine Exchange Cards
25 ct

\$4⁹⁹

With Card

Seasonal selection varies by store and is limited to stock on hand.

SAVE MORE WITH DIGITAL COUPONS

Use each coupon up to 5 times in one transaction with Card.

Find even more online!
Scan me to download digital coupons.

*When you buy participating items in the same transaction with Digital Coupon.



Look for these tags.



4.99 With Card
-1.50 Off 1

Heinz Ketchup
38 oz or Kraft Mayo, 30 fl oz; Select Varieties

DIGITAL COUPON OFFER

\$3.49 /EA*



8.99 With Card
-1.00 Off 1

Kroger Frozen Chicken Wings
Select Varieties, 22-28 oz

DIGITAL COUPON OFFER

\$7.99 /EA*



6.99 With Card
-1.50 Off 1

Happy Egg Co. Organic Eggs
Large, Grade A, 12 ct

DIGITAL COUPON OFFER

\$5.49 /EA*



6.99 With Card
-1.00 Off 1

Nature Valley Biscuits or Bars
Select Varieties, 10-24 ct

DIGITAL COUPON OFFER

\$5.99 /EA*



4.49 With Card
-1.50 Off 1

Chex Mix or Gardetto's Family Size Snack Mix
Select Varieties, 9-14.5 oz

DIGITAL COUPON OFFER

\$2.99 /EA*



7.49 With Card
-1.00 Off 1

Brawny Paper Towels
4 Double Rolls

DIGITAL COUPON OFFER

\$6.49 /EA*



6.99 With Card
-50¢ Off 1

Sensodyne Toothpaste
Select Varieties, 4 oz

DIGITAL COUPON OFFER

\$6.49 /EA*



12.99 With Card
-5.00 Off 1

Tide Laundry Detergent
73-84 fl oz or Tide Pods, 25-42 ct; Select Varieties

DIGITAL COUPON OFFER

\$7.99 /EA*



10.99 With Card
-1.00 Off 1

Kroger Cold & Flu Softgels
Select Varieties, 48 ct

DIGITAL COUPON OFFER

\$9.99 /EA*



4/\$5 With Card
-1.00 Off 4

Beech-Nut Naturals Baby Food
Select Varieties, 4 oz

4/\$4



5.79 With Card
-1.00 Off 1

DIGITAL COUPON OFFER

\$4.79 /EA*

Lysol Disinfecting Wipes
Select Varieties, 75-80 ct



8.99 With Card
-1.00 Off 1

DIGITAL COUPON OFFER

\$7.99 /EA*

Dove Shampoo or Conditioner
28 fl oz or Batiste Dry Shampoo, 3.81 oz; Select Varieties

MIX & MATCH

EVERYDAY DISCOUNT **10% OFF**
ANY 6 750 ML, 1 LITER OR 1.5 LITER BOTTLES OF WINE

*SAVE 10% Every day when you purchase 6 bottles of wine or more with Card. Mix and Match 6 bottles, 750 ml, 1 Liter or 1.5 Liter sizes. Limit one discount per transaction. Excludes wine sizes 375 ml, 3 Liter, 4 Liter and 5 Liter. Exclusions apply.



9.99 EA
-10% With Card

\$8.99 /EA*

Ruffino, Segura Viudas or Freixenet
Select Varieties, 750 ml



10.99 EA
-10% With Card

\$9.89 /EA*

Korbel, Cupcake or Martini & Rossi
Select Varieties, 750 ml



Pfriem or Deschutes
Select Varieties, 4-6-Pack, 12-16 fl oz Bottles or Cans, Plus Deposit Where Applicable

\$10.99



Party Bomb, Eclipse or Heineken
Select Varieties, 12-15-Pack, 12 fl oz Bottles or Cans, Plus Deposit Where Applicable

\$16.99

FIND YOUR FAVORITE NATURAL ITEMS

MIX & MATCH
BUY 1, GET 1
FREE
of Equal or Lesser Value
With Card



Talenti Gelato or Sorbetto
Select Varieties, 10.5-16 fl oz



Naked Organic Bread
Select Varieties, 20-22.5 oz

\$4.49
With Card



Califia Farms Cold Brew Coffee
48 fl oz or Simple Truth Organic Juice, 32 fl oz;
Select Varieties,
Plus Deposit Where Applicable

\$4.99
With Card



Luna Bar
1.69 oz or
Clif Bar, 2.4 oz;
Select Varieties

4/\$5
With Card



Simple Truth Organic Bone Broth
32 oz or Pacific Foods Organic Soup,
32 fl oz; Select Varieties

2/\$7
With Card



Simple Truth Breakfast Sausage Links or Patties
Select Varieties,
12 oz

\$3.99
With Card

HOME, HEALTH & MORE!



Pure Protein Shakes
Select Varieties,
4-Pack, 11 fl oz

\$6.99
With Card



Celsius Energy Drink
Select Varieties,
12-Pack, 12 fl oz Cans,
Plus Deposit
Where Applicable

\$20.99
With Card



Mars or Hershey's Candy
Select Varieties, 1.4-2.17 oz

MIX & MATCH
BUY 2, GET 1
FREE
of Equal or Lesser Value
With Card



Force Factor Supplements
Select Varieties,
60 ct

\$14.99
With Card



Kroger Ibuprofen
Select Varieties,
100 ct

\$2.19
With Card



Hot Wheels or Match Box 1:64 Car
Select Varieties,
1 ct

\$1.15
With Card

SCORE MORE IN ONE STOP



UNO Card Game
Select Varieties

\$6.99



Crayola Coloring Utensils or Activity Books
Select Varieties

SAVE 20%

Tag Reflects Savings
With Card



Squishmallow Plush
Select Varieties,
8"

\$9.99

SAVE ON THE FRESHEST CITRUS OF THE SEASON



Organic Cuties
Seedless Mandarins
2 lb Bag

\$4.99
With Card



Private Selection
Gold Nugget
Mandarins or
Minneola Tangelos
3 lb Bag

\$4.99
With Card



Kroger
Adorbs
Seedless Mandarins
5 lb

\$6.99
With Card



Cream Cheese
Filled Croissants
4 ct or Mini Donuts,
6-12 ct; Select Varieties,
In the Bakery

\$5.99
With Card



Apple
or **Cherry Fritters**
or Other Varieties,
4 ct, In the Bakery

\$5
With Card



RISE & SAVE WITH BREAKFAST ESSENTIALS

Blueberry
Muffins

\$5

or Other Varieties,
4 ct, In the Bakery



Kroger
Tri-Color Peppers
3 ct or Private Selection
Sweet Onions, 3 lb Bag

2/\$7
With Card



Kroger
Single Serve Bowls
4.75-7 oz

3/\$11
With Card



3/\$10

With Card
Strawberries
16 oz

Bloom Haus
Charming Bouquet

\$25



English
Cucumbers

2/\$3
With Card



Asparagus

\$2.99
/LB
With Card



GUARANTEED FRESH



\$6.99
/LB

With Card

Boneless Petite
Sirloin Steaks

or Boneless Chuck Roasts
or Steaks, \$8.99 lb;
Value Pack



Kroger Bacon
Select Varieties,
12-16 oz

FINAL COST
When You Buy 2

\$3.99
/EA

With Card

When you buy 2 or more in the same
transaction with Card. Quantities less
than 2 are up to \$5.49 each with Card.



Wild-Caught
Cod Fillets
Previously Frozen

\$9.99
/LB
With Card



Oscar Mayer
Meat Hot Dogs
16 oz or Oscar Mayer
Fun Pack Lunchables,
8.9-10.7 oz;
Select Varieties

2/\$6

With Card



Fresh
Steelhead Fillets
Farm-Raised

\$9.99
/LB
With Card

DELI & BAKERY

Order party trays, cakes and more at
FredMeyer.com/fresh

Chocolate
Fudge Cake
or Other Varieties,
6"

\$6

With Card



Private Selection
Classic Seasoned
Fresh Roasted Chicken
or Other Varieties,
2 lb, Fully Cooked

\$8.99

Private Selection
Mesquite Smoked
Turkey Breast
or Colby Jack Cheese,
\$11.49 lb with Card;
Select Varieties,
Sliced to Order
or Grab & Go

\$12.99
/LB
With Card



BOTTLES & BREWS



\$18.99

White Claw, Twisted Tea or Truly

Select Varieties, 12-Pack,
12 fl oz Bottles or Cans,
Plus Deposit
Where Applicable



Kendall-Jackson
Select Varieties,
750 ml

\$9.99

With Card



Fort George or Breakside

\$10.99

Select Varieties, 4-6-Pack,
12-16 fl oz Bottles or Cans,
Plus Deposit Where Applicable



Veuve Clicquot
Select Varieties,
750 ml

\$59.99

With Card



Pabst or Rainier

\$21.99

Select Varieties, 30-Pack,
12 fl oz Bottles or Cans,
Plus Deposit Where Applicable



\$11.99

2 Towns, Schilling or Portland Cider

Select Varieties, 6-Pack,
12 fl oz Bottles or Cans,
Plus Deposit
Where Applicable

CHEERS TO GREAT DEALS ON YOUR FAVORITES!

HAPPY NEW YEAR

2026 ✦ Year of the Horse

Discover recipes and new favorites at FredMeyer.com/LunarNewYear



LOCAL
Fresh
Simple Truth
Organic Air-Chilled
Whole Chicken
Bone-In,
Northwest Grown,
Vegetarian Fed

\$3.49
/LB
With Card



Private Selection
Duroc 80% Lean
Ground Pork
16 oz

\$5
With Card



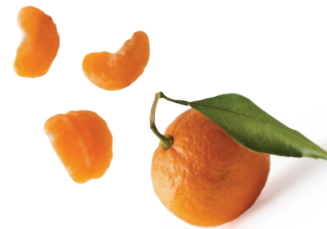
\$2.79

With Card
**Nasoya Egg Roll or
Won Ton Wraps**
Select Varieties,
12-16 oz

Gimme
Teriyaki
Seaweed Snacks
6-Pack
\$3.49
With Card



Stem and Leaf
Mandarins



\$2.77
/LB
With Card



Lunar New Year
Dumpling Combo
12.5-15.1 oz, Available in
Select Stores, In the Deli

\$10



Kroger
Long Grain Rice
Select Varieties,
32 oz

3/\$5
With Card



Simple Truth
Organic
Coconut Milk
Select Varieties,
13.5 fl oz

2/\$4
With Card

Kroger
Stir Fry Sauce
\$3.49
With Card



Select Varieties,
18.4-20.3 oz

\$6.99

With Card
**InnovAsian
Entrée**
Select Varieties,
16-18 oz



Nongshim Shin
Ramyun
Select Varieties,
4-Pack
\$8.99
With Card



Kroger
Soy Sauce
Select Varieties,
10 oz
\$1.49
With Card

PICK UP EVERYTHING FOR GAME DAY!



Visit FredMeyer.com/blazers for details

HERE'S HOW IT WORKS... Look for these tags.

- 1. LOOK FOR THE TAGS**
Look for the Blazers logo on tags for participating items throughout the store. When you purchase Rewards items, you earn 1 point for every dollar you spend.
- 2. EARN POINTS AND REDEEM FOR...**
Blazers tickets, experiential prizeing, apparel and more!

