



FRESH FOR EVERYONE™



EARN 4X FUEL POINTS
with digital coupon*
On FRIDAY purchases

Scan here or visit
FredMeyer.com/FuelEvent
to download coupon.

*Exclusions apply.
See coupon for details.



50% OFF

Tag Reflects Savings
With Card

Private Selection

Angus Steaks

or Wild-Caught Lobster Tails,

Previously Frozen, 3-4 oz



LOCAL

Organic
Cosmic Crisp
or Pink Lady
Apples

\$1.99
/LB
With Card



FINAL COST
When You Buy 4

4/\$10

Doritos
9-10.75 oz or
Cheetos, 6.5-9 oz
or Ruffles,
7.25-10.25 oz;
Select Varieties
With Card

When you buy 4 or more in the same transaction with Card.
Quantities less than 4 are up to \$5.49 each with Card.



Sargento
Cheese
Select Varieties,
5-8 oz

2/\$5

With Card



Nabisco Family Size
Oreo or Chips Ahoy
Cookies

Select Varieties,
9.9-20 oz

When you buy 3 or more in the same transaction with Card.
Quantities less than 3 are up to \$4.49 each with Card.

\$3.49
/EA
With Card

Price without digital coupon
is up to \$4.49 each with Card.

\$5.99
/LB
With Card

Private Selection
Angus 90% Lean
Ground Beef

Sold in a 3 lb Roll for \$17.97
or Extra Large EZ Peel Shrimp,
21-25 ct, Raw, Sold in a 2 lb Bag
for \$11.98



Fresh Heritage Farm
Boneless Chicken Breasts

\$2.49
/LB
With Card



Simple Truth
Organic
Blueberries
18 oz

\$4.99
With Card



Bloom Haus
Dozen Roses

\$22



99¢
/LB
With Card



\$3.99
/LB
With Card



Hill's
Bacon
Sold in a 3 lb Package
for \$11.97



\$1.99
With Card

Fred Meyer
Milk
Select Varieties, Gallon,
Limit 2 Packages
(Excludes Chocolate)



\$8.99
With Card

Coca-Cola
Select Varieties,
24-Pack, 12 fl oz Cans,
Limit 5 Packages;
Plus Deposit
Where Applicable



\$14.99
With Card

Widmer
18-Pack, 12 fl oz
or Michelob Ultra, 18-Pack,
12 fl oz Bottles or Cans;
Select Varieties,
Plus Deposit
Where Applicable



Prices valid in-store or for pickup
orders placed on Saturday-Monday.



Find even
more deals
online!



Look for
these tags.

WEEKLY DIGITAL DEALS

Use each coupon **UP TO 5 TIMES** in one transaction*



\$1.99
/LB
With Digital Coupon

SALE DATES: Wed. February 11 - Tues. February 17, 2026. Prices and items are effective at your local Fred Meyer store.

Prices do not reflect the City of Seattle Sugar Sweetened Beverage Tax. Items plus deposit as per the Oregon Bottle Recovery Act.

SELECTION MAY VARY BY STORE, LIMITED TO STOCK ON HAND. WE RESERVE THE RIGHT TO LIMIT QUANTITIES AND CORRECT PUBLISHED ERRORS.



\$8.99
/LB
With Digital Coupon

Price without digital coupon
is up to \$9.99 lb with Card.



\$2.49
/EA
With Digital Coupon

Price without digital coupon
is up to \$3.99 each with Card.



\$3.99
/EA
With Digital Coupon

Price without digital coupon is up to \$4.99 each with Card.

*While supplies last.

2602_FMASO



Kroger
Dinner Sausage
Links or Meatballs

Select Varieties, 16-18 oz

Price without digital coupon is up to \$4.99 each with Card.

\$3.99
/EA

With Digital Coupon



Private Selection
Four Layer Chocolate
Fudge Cake
8" or Cheesecake,
40 oz; Select Varieties,
In the Bakery

\$18.99
/EA

With Digital Coupon

Price without digital coupon
is up to \$22.99 each with Card.



Post
Cereal

Select Varieties,
10-16.6 oz

\$1.49
/EA

With Digital Coupon

Price without digital coupon
is up to \$2.49 each with Card.



Pure Protein
Bars

Select Varieties,
4 ct

\$4.99
/EA

With Digital Coupon

Price without digital coupon
is up to \$6.99 each with Card.

L'Oréal
Voluminous Mascara
1 ct or Ever Pure
Shampoo or Conditioner,
6.8-8.5 fl oz;
Select Varieties

\$6.99
/EA

With Digital Coupon

Price without digital coupon
is up to \$9.99 each with Card.

WEEKLY DIGITAL DEALS

Use each coupon
UP TO 5 TIMES
in one transaction*

Look for
these tags.



Marie Callender's
Bowl or Pot Pie

10-13 oz or
Healthy Choice
Cafe Steamers,
9.5-10.3 oz;
Select Varieties

\$1.99
/EA

With Digital Coupon

Price without digital coupon
is up to \$2.49 each with Card.



\$2.49
/LB

With Digital Coupon



Ragú
Pasta Sauce

Select Varieties,
16-24 oz

\$1.49
/EA

With Digital Coupon

Price without digital coupon
is up to \$2.49 each with Card.



Häagen-Dazs
Ice Cream

14 fl oz or 3 ct
or Oreo Cones, 4 ct;
Select Varieties

\$2.99
/EA

With Digital Coupon

Price without digital coupon
is up to \$3.99 each with Card.



Rana
Family Size Pasta

20 oz or Perdue
Frozen Chicken, 27-29 oz;
Select Varieties

\$4.99
/EA

With Digital Coupon

Price without digital coupon
is up to \$6.99 each with Card.



DiGiorno
Pizza

14.14-30.3 oz
or Hot Pockets,
4 ct; Select Varieties

\$3.99
/EA

With Digital Coupon

Price without digital coupon
is up to \$4.99 each with Card.



Angel Soft
Bath Tissue

16 Mega Rolls

\$9.99
/EA

With Digital Coupon

Price without digital coupon
is up to \$11.99 each with Card.



Lindt Lindor
Truffles

Select Varieties,
5.1 oz

\$6.99
/EA

With Digital Coupon

Price without digital coupon
is up to \$7.99 each with Card.



Energizer Max
AA or AAA
Batteries

Select Varieties,
8 ct

\$6.99
/EA

With Digital Coupon

Price without digital coupon
is up to \$7.99 each with Card.

*While supplies last.

PRESIDENT'S DAY SALE



Levi's®

SAVE
30%

With Card

Levi's® Red Tab Apparel

Men's and
Women's sizes.
Shown: Jeans
Sale **53.99-59.47**



Nespresso
Vertuo Pop+ **\$99.99**
Reg. 129.99
With Card

Lego
Botanicals **\$11.99**

Select Varieties. With Card
Reg. 14.99



Sweethearts
11" Plush
**SAVE
40%**

With Card

Shown: Sale 12.59



SAVE \$15
29.99

With Card

Lilt Tutu Dress
Girls' sizes.
Reg. \$45

Now through
February 17th!

 **Delivery**

- Delivery in as little as 30 minutes**
- Shop the same great deals online as in-store

**Delivery times not guaranteed



**FREE
DELIVERY**
On Your Delivery Order
Over \$50 with Digital Coupon*

CLIP COUPON

*Limit ONE coupon per customer.
Restrictions Apply. See coupon for details.



SMITTEN WITH SAVINGS

Find more sweet deals at FredMeyer.com/Valentines

Valentine's Day Gift Duo

\$20 OFF*
Indoor Floral
when you spend 99+ in jewelry

*Exclusions apply. See jewelry store associate for details. Valid thru 2/11 - 2/14.

Fred Meyer
Jewelers



XOXO
Bouquet
\$49.99



Bloom Haus
Rosaroma Mini Rose
4 Inch
**\$14.99
AND UP**



Valentine's Day
Balloons
Select Varieties
**\$4.99
AND UP**



Bloom Haus
Valentine's Day
Masonette
Arrangements
**\$12.99
AND UP**

Chocolate
Dipped
Strawberries
Select Varieties,
6 ct, In the Bakery

\$9.99

With Card

15.99 EA
-10%
With Card

**\$14.39
/EA***

Mumm Napa,
Ferrari Carano
or Antinori

Select Varieties, 750 ml



Mini Cupcakes
Select Varieties, 12 ct,
In the Bakery
FREE
With Card



Elmer
Chocolate
Gift Box
Select Varieties,
2 oz

\$1.99
With Card



Russell Stover
Assorted Chocolate
Select Varieties, 6.25-10 oz
**\$15.99
With Card**

*Save 10% Every day when you purchase 6 bottles of wine or more with Card.

Mix and Match 6 bottles, 750 ml, 1 Liter or 1.5 Liter size. Limit one discount per transaction. Excludes wine sizes 375 ml, 3 Liter, 4 Liter and 5 Liter. Exclusions apply.



Sour Patch
Kids Valentine
Exchange Candy
Select Varieties,
20 ct

\$4.49
With Card



Hershey's
Friend Exchange
Candy
25 ct

Seasonal selection varies by store and is limited to stock on hand.



HD Designs
Valentine's Day
Candle
Select Varieties,
19 oz

**SAVE
30%**
Tag Reflects Savings
With Card



Holiday Home
Valentine's Day
Plush
Select Varieties,
5-14.5"



**SAVE
40%**
Tag Reflects Savings
With Card

4X FUEL[®] POINTS

ON 100s OF GIFT CARDS WITH DIGITAL COUPON TODAY!*

Visit FredMeyer.com/4Xgiftcard to download coupon

Redeem Every Day 2/4/26-2/17/26

*Limited Time offer. Restrictions apply, see coupon for details.



VALENTINE'S GIFTS STARTING AT \$4.99



HD Designs
Frosted Jar
Candle Gift Set
3 ct

\$9.99
With Card



Holiday Home
Valentine's
Rolled Throw
or Chenille Throw;
Select Varieties

**SAVE
50%**
Tag Reflects Savings
With Card



Holiday Home
Valentine's
Heart Shaped Mug
Select Varieties, 16 oz

\$4.99
With Card

HEAD OVER DEALS

Find more to love at FredMeyer.com/Valentines



Holiday Home
Valentine's
Jumbo Plush
Select Varieties,
36"

\$19.99
With Card



Zuru
Valentine's
Coco Cones
Select Varieties

**SAVE
40%**
Tag Reflects Savings
With Card



Holiday Home
Valentine's
Décor
Select Varieties

**SAVE
40%**
Tag Reflects Savings
With Card



Holiday Home
Baking
Accessories
Select Varieties

**SAVE
40%**
Tag Reflects Savings
With Card



Sweethearts
Candies
0.9 oz

89¢
With Card



Whitman's
or Russell Stover
Assorted Chocolate
Select Varieties,
8.1-10 oz

\$7.49
With Card



Hershey's
Candy Filled
Cane
Select Varieties,
2-2.24 oz

\$2.49
With Card



Ghirardelli
Chocolate
Caramel
Collection
4.1 oz

\$12.99
With Card



Ferrero Rocher
Valentine's Day Gift Box
Select Varieties,
4.6-5.3 oz

\$6.99
With Card



M&M's Candy
Select Varieties,
9.48-10 oz

\$4.49
With Card



Tootsie Roll Pops
Valentine Exchange Cards
25 ct

\$4.99
With Card

Seasonal selection varies by store and is limited to stock on hand.

SAVE MORE WITH DIGITAL COUPONS

Use each coupon up to 5 times in one transaction with Card.



4.99 With Card
-1.50 Off 1

Heinz Ketchup
38 oz or Kraft Mayo, 30 fl oz;
Select Varieties

DIGITAL COUPON OFFER

\$3.49 /EA*



8.99 With Card
-1.00 Off 1

Kroger Frozen Chicken Wings
Select Varieties,
22-28 oz

DIGITAL COUPON OFFER

\$7.99 /EA*



6.99 With Card
-1.50 Off 1

Happy Egg Co. Organic Eggs
Large, Grade A,
12 ct

DIGITAL COUPON OFFER

\$5.49 /EA*



6.99 With Card
-1.00 Off 1

Nature Valley Biscuits or Bars
Select Varieties,
10-24 ct

DIGITAL COUPON OFFER

\$5.99 /EA*



4.49 With Card
-1.50 Off 1

Chex Mix or GardeTto's Family Size Snack Mix
Select Varieties,
9-14.5 oz

DIGITAL COUPON OFFER

\$2.99 /EA*



7.49 With Card
-1.00 Off 1

Brawny Paper Towels
4 Double Rolls

DIGITAL COUPON OFFER

\$6.49 /EA*



6.99 With Card
-50¢ Off 1

Sensodyne Toothpaste
Select Varieties,
4 oz

DIGITAL COUPON OFFER

\$6.49 /EA*



12.99 With Card
-5.00 Off 1

Tide Laundry Detergent
73-84 fl oz or
Tide Pods, 25-42 ct;
Select Varieties

DIGITAL COUPON OFFER

\$7.99 /EA*



10.99 With Card
-1.00 Off 1

Kroger Cold & Flu Softgels
Select Varieties,
48 ct

DIGITAL COUPON OFFER

\$9.99 /EA*



4/\$5 With Card
-1.00 Off 4

DIGITAL COUPON OFFER

4/\$4

Beech-Nut Naturals Baby Food
Select Varieties,
4 oz



5.79 With Card
-1.00 Off 1

DIGITAL COUPON OFFER

\$4.79 /EA*

Lysol Disinfecting Wipes
Select Varieties,
75-80 ct



8.99 With Card
-1.00 Off 1

DIGITAL COUPON OFFER

\$7.99 /EA*

Dove Shampoo or Conditioner
28 fl oz or
Batiste Dry Shampoo,
3.81 oz; Select Varieties

MIX & MATCH

EVERYDAY 10% OFF

ANY 6 750 ML, 1 LITER OR 1.5 LITER BOTTLES OF WINE

*SAVE 10% Every day when you purchase 6 bottles of wine or more with Card. Mix and Match 6 bottles, 750 ml, 1 Liter or 1.5 Liter sizes. Limit one discount per transaction. Excludes wine sizes 375 ml, 3 Liter, 4 Liter and 5 Liter. Exclusions apply.



**9.99 EA
-10%
With Card**

**Ruffino,
Segura Viudas
or Freixenet
Select Varieties,
750 ml**



**10.99 EA
-10%
With Card**

\$9.89 /EA*

**Korbel,
Cupcake or
Martini & Rossi
Select Varieties,
750 ml**



\$10.99

**Pfriem
or Deschutes
Select Varieties, 4-6-Pack,
12-16 fl oz Bottles or Cans,
Plus Deposit
Where Applicable**



\$16.99

**Party Bomb,
Ecliptic or Heineken
Select Varieties, 12-15-Pack,
12 fl oz Bottles or Cans,
Plus Deposit
Where Applicable**

FIND YOUR FAVORITE NATURAL ITEMS



Talenti Gelato or Sorbetto

Select Varieties, 10.5-16 fl oz



Naked Organic Bread
Select Varieties,
20-22.5 oz

\$4.49
With Card

Califia Farms Cold Brew Coffee
48 fl oz or Simple Truth Organic Juice, 32 fl oz;
Select Varieties, Plus Deposit Where Applicable

\$4.99
With Card



4/\$5
With Card



2/\$7
With Card



\$3.99
With Card

HOME, HEALTH & MORE!



Pure Protein Shakes
Select Varieties,
4-Pack, 11 fl oz
\$6.99
With Card



Celsius Energy Drink
Select Varieties,
12-Pack, 12 fl oz Cans,
Plus Deposit
Where Applicable

\$20.99
With Card



MIX & MATCH BUY 2, GET 1 FREE
of Equal or Lesser Value
With Card



Force Factor Supplements
Select Varieties,
60 ct
\$14.99
With Card



Kroger Ibuprofen
Select Varieties,
100 ct
\$2.19
With Card



Hot Wheels or Match Box 1:64 Car
Select Varieties, 1 ct
\$1.15
With Card



UNO Card Game
Select Varieties



\$6.99



Crayola
Coloring Utensils or Activity Books
Select Varieties
SAVE 20%
Tag Reflects Savings
With Card



Squishmallow Plush
Select Varieties, 8"
\$9.99

SCORE MORE IN ONE STOP



UNO Card Game
Select Varieties



\$6.99



Crayola
Coloring Utensils or Activity Books
Select Varieties
SAVE 20%
Tag Reflects Savings
With Card



Squishmallow Plush
Select Varieties, 8"
\$9.99

SAVE ON THE FRESHEST CITRUS OF THE SEASON



USDA
ORGANIC



Organic Cuties
Seedless Mandarins
2 lb Bag
\$4.99
With Card



Private Selection
Gold Nugget
Mandarins or
Minneola Tangelos
3 lb Bag

\$4.99
With Card



Kroger
Adorbs
Seedless Mandarins
5 lb

\$6.99
With Card



\$5.99
With Card

Cream Cheese
Filled Croissants
4 ct or Mini Donuts,
6-12 ct; Select Varieties,
In the Bakery



\$5
With Card

Apple
or Cherry Fritters
or Other Varieties,
4 ct, In the Bakery



RISE & SAVE WITH
BREAKFAST ESSENTIALS

Blueberry
Muffins
\$5

or Other Varieties,
4 ct, In the Bakery



Kroger
Tri-Color Peppers
3 ct or Private Selection
Sweet Onions, 3 lb Bag
2/\$7
With Card



Kroger
Single Serve Bowls
4.75-7 oz
3/\$11
With Card



3/\$10
With Card
Strawberries
16 oz

Bloom Haus
Charming Bouquet
\$25



English
Cucumbers
2/\$3
With Card



Asparagus
\$2.99
/LB
With Card



\$6.99
/LB
With Card
Boneless Petite
Sirloin Steaks
or Boneless Chuck Roasts
or Steaks, \$8.99 lb;
Value Pack



Kroger Bacon
Select Varieties,
12-16 oz
FINAL COST
When You Buy 2
\$3.99
/EA
With Card
When you buy 2 or more in the same transaction with Card. Quantities less than 2 are up to \$5.49 each with Card.



Wild-Caught
Cod Fillets
Previously Frozen
\$9.99
/LB
With Card



Oscar Mayer
Meat Hot Dogs
16 oz or Oscar Mayer
Fun Pack Lunchables,
8.9-10.7 oz;
Select Varieties
2/\$6
With Card



Fresh
Steelhead Fillets
Farm-Raised
\$9.99
/LB
With Card

DELI & BAKERY

Order party trays, cakes and more at FredMeyer.com/fresh

Chocolate
Fudge Cake
or Other Varieties,
6"
\$6
With Card



Private Selection
Classic Seasoned
Fresh Roasted Chicken
or Other Varieties,
2 lb, Fully Cooked
\$8.99

Private Selection
Mesquite Smoked
Turkey Breast
or Colby Jack Cheese,
\$11.49 lb with Card;
Select Varieties,
Sliced to Order
or Grab & Go
\$12.99
/LB
With Card



BOTTLES & BREWS



\$18.99

White Claw,
Twisted Tea or Truly

Select Varieties, 12-Pack,
12 fl oz Bottles or Cans,
Plus Deposit
Where Applicable



Pabst
or Rainier

\$21.99

Select Varieties, 30-Pack,
12 fl oz Bottles or Cans,
Plus Deposit Where Applicable



Kendall-Jackson
Select Varieties,
750 ml

\$9.99

With Card



Veuve Clicquot
Select Varieties,
750 ml

\$59.99

With Card



Fort George
or Breakside

\$10.99

Select Varieties, 4-6-Pack,
12-16 fl oz Bottles or Cans,
Plus Deposit Where Applicable



\$11.99

2 Towns, Schilling
or Portland Cider

Select Varieties, 6-Pack,
12 fl oz Bottles or Cans,
Plus Deposit
Where Applicable

CHEERS TO GREAT DEALS ON YOUR FAVORITES!

HAPPY NEW YEAR

2026 • Year of the Horse

Discover recipes and new favorites at FredMeyer.com/LunarNewYear



LOCAL

Fresh
Simple Truth
Organic Air-Chilled
Whole Chicken
Bone-In,
Northwest Grown,
Vegetarian Fed

\$3.49
/LB
With Card



Private Selection
Duroc 80% Lean
Ground Pork
16 oz

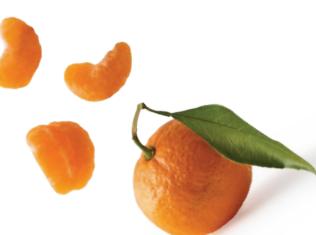
\$5
With Card



\$2.79

With Card
Nasoya Egg Roll or Won Ton Wraps
Select Varieties,
12-16 oz

Gimme
Teriyaki
Seaweed Snacks
6-Pack
\$3.49
With Card



Stem and Leaf
Mandarins

\$2.77
/LB
With Card



Lunar New Year
Dumpling Combo
12.5-15.1 oz, Available in
Select Stores, In the Deli

\$10



Kroger
Long Grain Rice
Select Varieties,
32 oz

3/\$5
With Card



Simple Truth
Organic
Coconut Milk
Select Varieties,
13.5 fl oz

2/\$4
With Card



Kroger
Stir Fry Sauce
\$3.49
With Card

Select Varieties,
18.4-20.3 oz

\$6.99
With Card
InnovAsian Entrée
Select Varieties,
16-18 oz



Nongshim Shin
Ramen
Select Varieties,
4-Pack

\$8.99
With Card



Kroger
Soy Sauce
Select Varieties,
10 oz

\$1.49
With Card

PICK UP EVERYTHING FOR GAME DAY!



HERE'S HOW IT WORKS... Look for these tags.

1. LOOK FOR THE TAGS

Look for the Blazers logo on tags for participating items throughout the store. When you purchase Rewards items, you earn 1 point for every dollar you spend.



2. EARN POINTS AND REDEEM FOR...

Blazers tickets, experiential prizes, apparel and more!

