

FRESH CO

Lowering food prices

Flyer in effect February 19-25, 2026
Prices in effect in Ontario, Excludes Thunder Bay

All this...
for just
that?!

Boneless
Skinless
Chicken Breasts
4 pieces
WHILE SUPPLIES
LAST
Poisrine de poulet

SAVE \$4

\$10

without
Saver Card **\$14**



Compliments
Cheese Bars 400 g
or Shredded Cheese
226-320 g
Fromage

SAVE \$1

\$4.99

Raspberries or
Blackberries
170 g Product of
USA or Mexico
Framboises ou mûres

\$1.99



Taylor Farms
Chopped Salad Kit 316-377 g
Assorted Product of USA
Salade avec garnitures

\$3.99

Compliments
White Mushrooms 227 g
Product of Ontario
Champignons

\$1.49

+50 PTS
when you buy 2



Compliments
Cooked or
Raw Pacific
White Shrimp
Frozen 340 g
reg 5.99-10.99
Crevettes

LOOKED
CUTTER
31-45
25%
100 g

SAVE \$5

\$5.99

Nescafé Rich
Instant Coffee 100-170 g
Sweet and Creamy
18 pk or Taster's
Choice 100 g
reg 7.99-9.99
Café instantané

+100 PTS
when you buy 2

SAVE \$2.65

\$6.44



Sealtest
Chocolate
Milk 2 L
Khas Halal
or Dairy
Yogurt 750 g
reg 3.29-5.19
Lait au chocolat
ou yogurt

SAVE \$2.00

\$2.99

Kawartha
Ice Cream
1.5 L reg 3.19
Crème glacée

SAVE \$2.00

\$6.99

Campbell's
Tomato, Alphabet,
Vegetable,
Chicken Noodle
or Cream of
Mushroom
Soup 294 mL
reg 1.49
Soupe

SAVE 61¢

88¢



Compliments
Frozen Fruit
500-600 g
reg 4.99
Fruits congelés

SAVE \$1

\$3.99

Khudri Dates
1 kg Product
of Saudi
Arabia
Dates

SAVE \$1

\$5.99

Foco
Coconut
Water 1 L
reg 3.49
Eau de coco

SAVE \$1

\$2.49



Italpasta 450-900 g
Benedetto Passata 580 mL
or Catelli Garden Select
Pasta Sauce 600 mL
reg 2.49-2.99
Pâtes ou sauce pour pâtes

SAVE \$1.25

\$1.25

without
Saver Card **\$2.49**



Christie
Cookies
Selected
Varieties
224-303 g
Biscuits

SAVE \$1.50

\$2.25

without
Saver Card **\$3.75**



Dempster's
Whole Grains,
Signature or
Protein Bread
340-600 g
Pain

SAVE \$1

\$2.99

without
Saver Card **\$3.99**



Maple Leaf Natural
Selections 175 g or
MarçAngelo Genoa
85 g reg 6.19-13.99
Charcuteries

SAVE \$2

\$4.49

without
Saver Card **\$6.49**



JANES
ENGLISH
STYLE
FISH
reg 5.99-6.99
Poisson pané ou en pâte

SAVE \$1

\$5.99

without
Saver Card **\$6.99**



Scene[®]
**TRIPLE
REWARDS**

GET UP TO \$50 IN VALUE* after you load your offers

Cumulative spend of \$200 and get a free product on your next shop†
Cumulative spend of \$300 and also get 10% back in points on your next shop†
Cumulative spend of \$400 and also earn 2,000 pts on your next shop†

*The maximum value of \$50.00 is the combined total of all reward offers available from February 19–March 18, 2025. This includes one (1) free product (valued at \$10.00), a 10% back in Scene+ points offer (capped at a \$20.00 value), and a 2,000 Scene+ points offer (valued at \$20.00). For full terms and conditions of the offer, please visit <https://www.freshco.com/Scene+Triple-Rewards>.

†Rewards will appear on account in 96 hours and must be booked.



Locally Owned & Operated
BY PROUD CANADIANS

Look for the leaf
to help you
support Canada

Learn more



[illegible]



Green Seedless Grapes Product of South Africa No. 1 Grade 8.80/kg

\$3⁹⁹ /lb



Ambrosia Apples Product of Ontario, Canada Extra Fancy Granny Smith Apples Product of USA Extra Fancy Grade 3.75/kg

\$1⁶⁹ /lb



Navel Oranges Product of USA or Mexico No. 1 Grade 3.28/kg

\$1⁴⁹ /lb



Roma Tomatoes Product of USA or Mexico No. 1 Grade 4.38/kg

\$1⁹⁹ /lb



Long Squash Product of Honduras or The Dominican Republic 2.18/kg

99¢ /lb



Yellow or White Flesh Nectarines Product of Chile No. 1 Grade 5.48/kg

\$2⁴⁹ /lb



Cantaloupe Product of Brazil No. 1 Grade

\$2⁹⁹ /lb



Garlic 5 pk Product of China or Green Onions Product of Mexico or USA

\$1²⁹ /lb



Pineapple Product of Costa Rica or Bagged Avocados 5 pk Product of Mexico

\$3⁹⁹ /lb



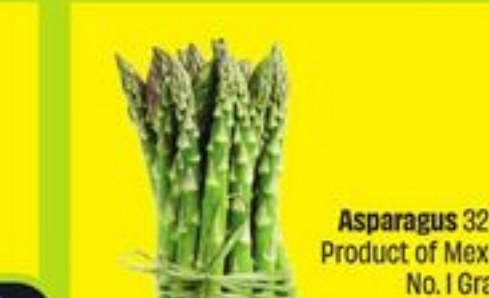
The Little Potato Co. Mini Potatoes 350 g Product of Canada Canada No. 1

\$3⁴⁹ /lb



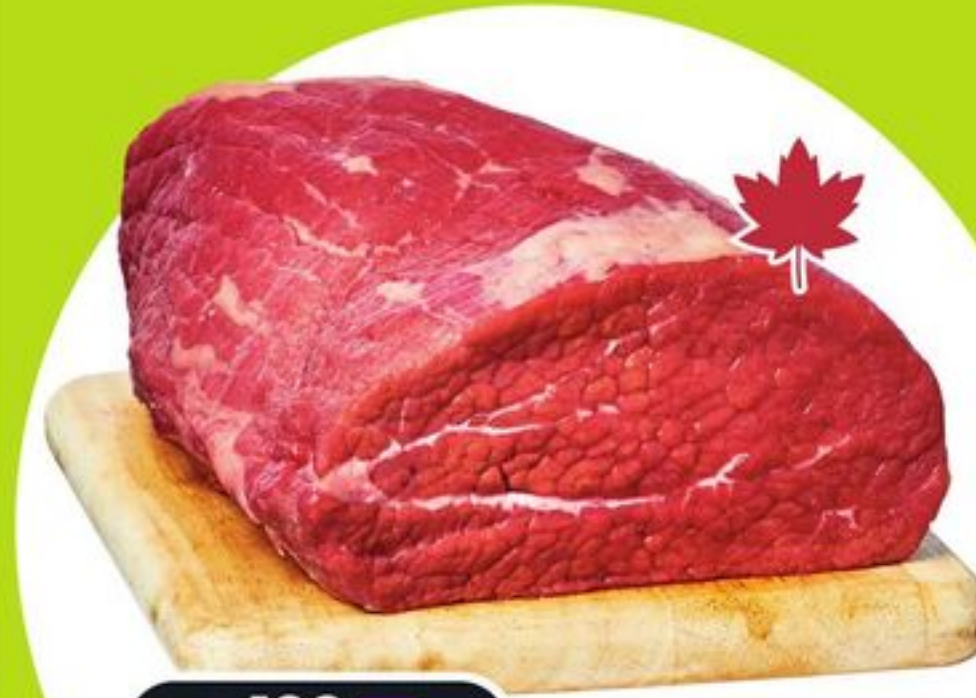
Grape Tomatoes 283 g Product of Mexico or USA

\$2⁴⁹ /lb



Asparagus 325 g Product of Mexico No. 1 Grade

\$2⁹⁹ /lb



100 PTS when you buy 1

\$12⁹⁹ /lb

Eye of Round Roast Cut From Canada AA Grade Beef or Higher 28.54/kg



Lean Ground Beef or Pork Tray 375 g

\$7 /lb

100 PTS when you buy 2



Maple Leaf or Schneiders Smoked Ham 600-700 g

\$11⁹⁹ /lb

SAVE 15



Maple Leaf Prime Raised Without Antibiotics Chicken or Breaded Chicken Frozen 568-700 g or Schneiders Schnitzel Frozen 450 g

\$11⁹⁹ /lb

SAVE 12



Jones Ultimate Chicken Wings Frozen 754 g or Boneless Chicken Fillets or Bites Frozen 710-720 g

\$12⁹⁹ /lb

SAVE 13



Compliments Thick Cut Naturally Smoked Bacon 1 kg

\$14⁹⁹ /lb



High Liner Pan-Sear Haddock Frozen 500-540 g

\$14⁹⁹ /lb

SAVE 13



Santosh Naan 500 g

\$2⁴⁹ /lb

SAVE 51



Compliments Meats 175 g Selected Varieties

\$4 /lb

200 PTS when you buy 5



Tre Stelle Ricotta 400-475 g, Parmesan Shreds 170 g or Boccconcini 200 g

\$4⁹⁹ /lb

SAVE 13



Mini Babybel 360 g or The Laughing Cow 535 g

\$10⁹⁹ /lb

SAVE 13



Dempsters Tortillas 426-640 g

\$3⁷⁹ /lb



Hostess Mini Donuts, Donut Pops 288 g or Sara Lee Little Bites Mini Bars 98-234 g

\$3⁹⁹ /lb

SAVE 11



Ace Bakery Bistro Bread 585 g, Buns or Rolls 400-530 g

\$4 /lb

75 PTS when you buy 1



Compliments Muffins 400-600 g

\$5 /lb

SAVE 11

Scene 1,000 PTS = \$10 OF FREE GROCERIES

POS_FC_WW13_PRR_OST_21

\$5.47

SAVE \$1⁵²

**General Mills Cereal
Selected Varieties**
526-778 g reg 6.99

Honey Nut Cheerios
REAL HONEY
FAMILY SIZE
12-24 rolls

Cinnamon Toast Crunch
CRISPER THAN REAL CRUNCH
FAMILY SIZE
12-24 rolls

\$2.75

SAVE 74¢

Quaker Crispy Minis
100 g or Rice Cakes
127-199 g

150 PTS
when you buy 3

Sponge Towels
3-6 pk or Scotties Facial Tissue 6 pk reg 10.99

Cashmere Bath Tissue 12-24 rolls
SAVE \$2²²
\$7⁷⁷
without sponge towel **\$9⁹⁹**

Crave Frozen Meals 200-340 g
Kraft Dinner Frozen Meals 340 g reg 4.99

SAVE \$1
\$3⁹⁹

Green Giant Frozen Vegetables 750 g or
Valley Selections Frozen Vegetables
400-500 g reg 3.89-4.89

SAVE \$1²⁹
\$3⁴⁹

Gay Lea Sour Cream
425-500 mL

\$2⁹⁹

Allens' Juice Boxes
8x200 mL

+100 PTS
when you buy 3
SAVE 50¢
\$2⁹⁹

Kicking Horse Ground Coffee 284 g

SAVE \$6
\$9⁹⁹

Compliments Tomatoes
796 mL

\$2

Compliments Beans
540 mL

+50 PTS
when you buy 2
\$1⁶⁹

Lacerte Celebration Cookies
240-350 g

SAVE \$1⁹⁹
\$2⁹⁹

Bear Paws Petalitos 480 g
Grissol Melba Toast 350-400 g

SAVE \$1⁹⁹
\$4⁹⁹

Drizzlicious Mini Rice Cakes 113 g

SAVE \$1
\$4⁹⁹

Betty Crocker Potatoes
141-215 g

SAVE 74¢
\$2²⁵

VH Soy Sauce
341-380 mL

\$3

Tide Simply Liquid Detergent
272 L or Downy Bands 303-368 g
selected reg 12.99-13.49

+500 PTS
when you buy 2
SAVE \$1⁴⁴
\$8⁹⁹

MORE WAYS TO SAVE!

HOT PRICE
Scene®
Looker & Love

Look for these specially-marked items throughout our stores

NATURAL SAVINGS

Earth's Own
Oat Beverage 946 mL

SAVE \$1

\$2.49

we dig plants.
EARTH'S OWN
OAT
ORIGINAL

SAVE 50¢

\$3.49

Mutti Organic Chopped or Peeled Tomatoes 398 mL

150 PTS
when you buy 2

SAVE \$2

\$6.99

Remedy Kombucha 4x355 mL

Earth's Own
Barista 946 mL

SAVE \$1

\$4.99

150 PTS
when you buy 2

SAVE \$1

\$4.99

SAVE \$1

\$3.99

Popcorners 142 g

150 PTS
when you buy 2

SAVE \$1

\$2.99

Kettle Brand Potato Chips 158-198 g

SAVE \$1.70

\$9.79

Adams 100% Natural Peanut Butter 1 kg reg. 11.49

SAVE 80¢

\$5.49

Kind Granola 312 g reg. 6.29

SAVE \$1

\$3.99

Que Pasa Chips 158-350 g

SAVE 70¢

\$2.79

Sensible Portions Veggie Snacks 120-142 g

SAVE \$3

\$5.49

Silk Coffee Creamer 890 mL

SAVE 50¢

\$4.49

Compliments Natural Cheese Slices 210-230 g

SAVE \$1

\$8.99

Clif Energy Bars 5 pk

SAVE 80¢

\$3.49

Barbell Protein Bars 55 g

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.



**Smucker's®
Uncrustables®**
THE BEST PART
OF THE SANDWICH! **SURRY CRUST**

NEW!

\$4.88



J&P
**TRY IT FOR THE
FIRST TIME.**

ONLY WITH

**Smucker's®
Fruit Spreads**
310-500 mL
J&P® Peanut Butter
1 kg
Selected Varieties

\$5.99



**Meow
Mix**

The only one
cats ask for by
name.™

100% FIBER
when you buy 1

\$10.99

**Meow Mix®
Tenders in Sauce
Wet Cat Food**
936 g (2x78 g)

RAMADAN MUBARAK



SAVE \$3
\$9.99



Puck
Creamy Dairy Spread
500 g reg 12.99

SAVE \$3
\$9.49



Salem Foods
Nabius Olives 2 kg
reg 12.49

SAVE \$2
\$9.99



Salem
Caravan
Sunflower
Oil 3 L reg
11.99

\$3.99
/lb



White Guava
Product of Egypt
8.80/kg

SAVE \$1.20
\$5.29



Yamama
Grenadine
Molasses 750 mL
reg 6.49



Almarai
Nectar
1 L reg 2.49

SAVE 50+
\$1.99



Sera
Roasted Eggplant
or Tomato Paste
720 mL reg 4.29-4.49



SAVE \$1
\$3.49



Green World
Bone-In
Goat or Lamb 700 g
reg 11.99

SAVE \$1
\$10.99



Eti Wanted Bars
120 g reg 3.49

SAVE 50+
\$2.99



Kasih Pistachio
Premium Halva
450 g reg 6.99

SAVE \$1.70
\$5.29



Aghati Maamoul
Dates or
Pistachio
Barazeeq 500 g
reg 14.99

SAVE \$4
\$10.99



KDD Milk
6 pk reg 5.99

SAVE \$1
\$4.99



Sera
Hot Pepper
Paste 720 mL
reg 8.29

SAVE \$1.60
\$6.79



California Fava
Beans 450 g
reg 1.99

\$1.69



Salem
Rose or
Orange
Blossom
Water 275 mL
reg 1.99

\$1.79



Green World
Barazak
300 g reg 7.99

SAVE \$1
\$6.99



Pipore Yerba
1 kg reg 8.99

SAVE \$1
\$7.99



Basma Broad
Beans or Colcasia
400 g
reg 2.49-2.69

SAVE \$0.70+
\$1.99



Basma Falafel or
Green Beans
400 g
reg 2.79-3.49

SAVE \$1
\$2.49



Nordex Product
170 g
reg 3.29

SAVE 50+
\$2.79



Karak Tea
10 pk reg 5.99

SAVE \$1
\$4.99



Abu Kasee Sella
Basmati Rice
4.54 kg reg 17.99

SAVE \$3
\$14.99



Yasmeen
Cardamom
Maamoul 300 g
reg 4.99

SAVE \$1
\$3.99



Yasmeen
Cardamom
Maamoul 300 g
reg 4.99

SAVE 70+
\$4.29

WHILE SUPPLIES LAST, ITEM SELECTION MAY VARY BY STORE.



FLAVOURS OF THE CARIBBEAN



Dunya Harvest
Parboiled or Long Grain White Rice
2 kg reg 4.99-5.49

SAVE UP TO \$1.50

\$3.99



Nutrament
325 mL reg 3.79

SAVE 90¢

\$2.89



Soldanza
Ripe Plantain
Plantain Min
1 kg reg 1.49

\$1



Soldanza
Green Plantain
Plantain Vert
1 kg reg 1.49

\$1



Caribbean Avocado
Product of the Dominican Republic
2.84 kg

\$2.49



Plantain
Product of Guatemala
2.84 kg

\$1.29



Chayote
Product of Mexico or Costa Rica

99¢ ea



Grace Coconut Water
500 mL reg 2.29

SAVE 60¢

\$1.69



Grace Macaroni or Sardines
155 g reg 1.29

99¢



Grace Vienna Sausages
113-130 g reg 1.99

\$1.69



Chubby Soda
250 mL reg 89¢

50¢



Supligen
290 mL reg 2.79

SAVE 80¢

\$1.99



Grace Sweetened Condensed Whiteners
297 mL reg 2.49

SAVE 70¢

\$1.79



Grace Tropical Rhythms
475 mL reg 2.29

\$1.99



Grace Festival Mix
270 g reg 2.49

SAVE 50¢

\$1.99



Serge Peanut Punch
250 mL reg 1.29

99¢



Royalty Cookies Digestives 400 g or Rich Tea 300 g
reg 2.29-2.59

SAVE 99¢

\$2



Sun Exotic Juice
1 L reg 2.49

\$2



Pure Heaven Non-Alcoholic Wine
750 mL reg 4.79

SAVE \$4.50

\$3.49



Cool Runnings Energy Drink
250 mL reg 1.79

\$1.49



Grace Oats
1 kg reg 3.99

SAVE \$1

\$2.99



Dunya Harvest Canned Beans
540 mL reg 1.79-1.99

SAVE UP TO 50¢

\$1.49



Toppers King Curls
30-45 g reg 1.29

50¢ off when you buy 2

99¢



Cool Runnings Honey Ginger Tea
360 g reg 4.79

SAVE \$1

\$3.79



Nestle Milo Drink Mix
400 g reg 5.99

SAVE \$1

\$4.99

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.

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HAPPY
HOLI

\$2⁴⁹

Aman's Holi
Powder 200 g



\$2⁴⁹
ea

Pomegranate
Product of Israel



99¢
ea

Drumstick Product
of India Cilantro or
Mint Bunch Product
of USA or Mexico



\$1⁶⁹
/lb

Karela Product of
The Dominican
Republic or
Honduras
3.73/kg



\$2⁹⁹

Bagged Red
Onions
3 lb Product of
Canada, Canada
No. 1, 1.35 kg



Brar's Malai
Paneer 375 g
reg 6.49

SAVE 49¢

\$4⁹⁹



India Gate
Rice Feast
Rozzana 4.54 kg
reg 14.99

SAVE 1/2

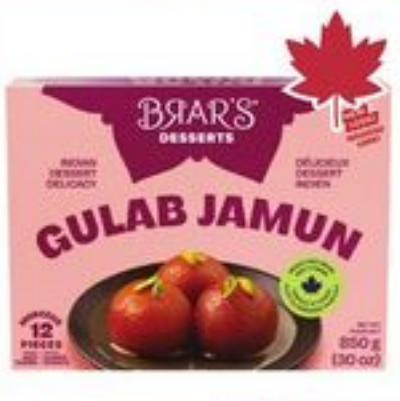
\$12⁹⁹



Brar's Milk Cake
400 g reg 9.99

SAVE 1/2

\$7⁹⁹



Brar's
Gulab Jamun
850 g reg 8.49

SAVE 49¢

\$6⁹⁹



Vidhya Puri
Goleppa
260 g reg 5.49

50¢ off
when you buy 2

SAVE 1/4

\$4⁴⁹



Gagan Roasted
Peanuts in Shell
750 g reg 4.49

SAVE 1/4

\$3⁴⁹



Aman's Besan
Super Fine Sugar
1.81 kg reg 6.99

50¢ off
when you buy 1

SAVE 50¢

\$6⁴⁹



Deep Mango Pulp
850 g reg 4.29

50¢ off
when you buy 1

SAVE 50¢

\$3⁷⁹



Brar's
Red Carrots
Halwa 454 g
reg 6.79

SAVE 80¢

\$5⁹⁹



Brar's Veggie
Burgers 930 g or
Tawa Aloo Tikki
750 g reg 8.99

50¢ off
when you buy 1

SAVE 1/4

\$7⁹⁹



Ashoka Okra Cut
or Whole 310 g

1/4

\$1⁴⁹



Brar's Rasmalai
Desserts
850-908 g
Selected Varieties
reg 10.99

SAVE 1/4

\$9⁹⁹



Deluxe
Cookies 1 kg
Select Varieties
reg 5.99

SAVE 1/2

\$3⁹⁹



Aana Taste
Samosa Potatoes
& Peas 550-680 g
Select Varieties
reg 5.49

SAVE 1/4

\$4⁴⁹



AlJuice or
Alphonso Juice
1.75 L Select
Varieties

50¢ off
when you buy 2

\$3⁹⁹



Surati Snacks
250-341 g
Select Varieties
reg 2.99

SAVE 70¢

\$2²⁹

WHILE SUPPLIES LAST, PRODUCT SELECTION MAY VARY BY STORE.

LUNAR
NEW YEAR DEALS
新春優惠

SAVE UP TO \$14.01

\$15.98

Wholesome Crops
Premium Sushi
Rice or Jasmine
Rice 7 kg
reg 18.99-19.99

SAVE UP TO \$3.11

\$5.88

Lee Kum Kee
Pure Sesame Oil
445 mL or
Soy Sauce 1.5L
reg 6.49-6.99

SAVE 51¢

\$2.98

SAVE 92¢

\$2.98

SAVE 93¢

\$9.98

SAVE 51¢

\$1.98

SAVE 51¢

\$1.28

SAVE 44¢

\$3.98

SAVE 51¢

\$2.48

SAVE 41¢

\$3.48

SAVE 41¢

\$5.48

SAVE 41¢

\$6.98

SAVE 41¢

\$4.98

SAVE 41¢

\$2.98

SAVE 41¢

\$5.98

SAVE 41¢

\$1.48

SAVE 93¢

\$8.98

SAVE 41¢

\$2.48

SAVE 51¢

\$1.08

SAVE 51¢

\$5.48

SAVE 92¢

\$6.98

SAVE 51¢

\$3.48

WHILE SUPPLIES LAST. ITEM SELECTION MAY VARY BY STORE.

HEALTH &

BABY BARGAINS

SAVE \$7⁵⁰

\$26⁹⁹



Huggies
Snug & Dry or
Little Movers
Diapers
36-104 pk

500 PPS
when you buy 2

SAVE \$13

\$26⁹⁹



Huggies
Pull Ups 48-74 pk or
Goodnites Youth Pants
28-44 pk Selected
Varieties



Pampers
Easy Ups 48-68 pk

SAVE \$7⁵⁰

\$26⁹⁹



Huggies Natural Care Wipes 352 pk or
Little Snugglers or Snug & Dry Jumbo Diapers 21-34 pk

SAVE \$3
\$14⁹⁹



Similac Powder Step 1 or 2 Infant Formula 850 g
Selected Varieties

SAVE \$5
\$34⁹⁹



Always Ultra Pads 16-22 pk,
Infinity Pads, Liners 13-12 pk or
Tampax Radiant or Pearl
Tampons 14-18 pk
Selected Varieties

200 PPS
when you buy 2

SAVE \$1

\$5⁹⁹



Tampax Tampons 40 pk
Selected Varieties

300 PPS
when you buy 2

SAVE \$1

\$9⁹⁹



Always Ultra Thin Pads
30-42 pk or Tampax
Radiant or Pearl
Tampons 30-50 pk
Selected Varieties

400 PPS
when you buy 2

SAVE \$2⁵⁰

\$13⁹⁹



Always Discreet
Underwear
17 pk or Pads
39-66 pk
Selected
Varieties

500 PPS
when you buy 2

SAVE \$7

\$17⁹⁹



Poise Pads or
Liners 16-54 pk
Selected Varieties

100 PPS
when you buy 2

SAVE \$2⁵⁰

\$5⁹⁹



Soft Soap
Hand Soap Refill
1.47 L

150 PPS
when you buy 2

SAVE \$5⁵⁰

\$7⁴⁹



Vaseline
Intensive Care
Lotion 600 mL

SAVE \$4

\$7⁹⁹



Old Spice Body
Wash 708 mL
Selected Varieties

SAVE \$5⁰⁰

\$8⁴⁹



Head & Shoulders
Shampoo or
Conditioner
Selected
345-370 mL

SAVE \$1

\$5⁹⁹



Colgate Total
Toothpaste
70 mL or Kids
Toothpaste
75 mL Selected
Varieties

SAVE \$5⁰⁰

\$1⁹⁹



Secret Clinical
Deodorant 45 g
or Gillette Gel
Deodorant Twin
Pack 2x108 g
Selected Varieties

SAVE \$2

\$8⁹⁹

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.

NEW

Little Bites™





Little Bites™

mini BARS

PARTY CAKE

Gluten Free
No Artificial Flavours and Colours

PERFECT FOR LUNCH BOXES

8 GRANOLA BARS INDIVIDUALLY WRAPPED 96 g

Little Bites™

mini BARS

CHOCOLATE BANANA

Gluten Free
No Artificial Flavours and Colours
Made with Real Chocolate and Bananas

PERFECT FOR LUNCH BOXES

8 GRANOLA BARS INDIVIDUALLY WRAPPED 96 g

The snack that won't come back!



NEW
NOUVEAU





Ramadan Mubarak!



\$8⁹⁹

Zabiha Halal
Chicken Burgers 908 g
Spicy Chicken Drumsticks 750 g
Breaded Chicken Nuggets 800 g
Breaded Chicken Strips 800 g



\$2⁴⁹

Zabiha Halal
Chicken Wieners 450 g
Chicken Bologna 375 g



Zabiha Halal
Chicken Breakfast Strips 375 g
Smoked Chicken Breast Roast 200 g

\$3⁹⁹

Feb 19–March 18, 2026

GIVE YOUR SCENE+ POINTS A BOOST

Earn Scene+ points **3.7X faster** with
the Scotiabank Scene+ Visa Card.♦

APPLY NOW

♦Conditions Apply

