

food Basics

CANADIAN AND PROUD

ALWAYS MORE FOR LESS

CRAZY 8 SALE



RUDOLPH'S BREAD
500 G
SELECTED VARIETIES

8 CRAZY
2.88
EACH



EXTRA LEAN

HALAL AT SAME PRICE

EXTRA LEAN GROUND BEEF
FAMILY PACK
INCLUDES HALAL WHILE QUANTITIES LAST
12.96/KG

8 CRAZY
5.88
/LB



CLOVER LEAF ALBACORE OR YELLOWFIN TUNA
142 - 170 G
SELECTED VARIETIES

8 CRAZY
1.98
EACH



LEGACY CURED BONELESS PORK LOIN
ROLLED IN CORNMEAL
6.35/KG

8 CRAZY
2.88
/LB



8 CRAZY
2.88
EACH

McCain FRENCH FRIES OR POTATOES
600 - 800 G
IRRESISTIBLE MEALS 230 - 320 G
FROZEN SELECTED VARIETIES



HIGH LINER BREADED & BATTERED FISH FILLETS
FAMILY PACK
315 - 700 G
FROZEN SELECTED VARIETIES

8 CRAZY
5.88
EACH



TILDA BASMATI RICE
4.54 KG

8 CRAZY
12.98
EACH

10 LB
Tilda PURE BASMATI
BASMATI PUR
4.54 KG
10 LB



NESTLE PARLOUR
1.5 L
NOVELTIES
6 - 12'S
SELECTED VARIETIES

8 CRAZY
2.88
EACH



8 CRAZY
11.88
EACH

CASHMERE BATHROOM TISSUE 24 - 48'S
SPONGE TOWELS ULTRA PAPER TOWELS 6 - 12'S
SCOTTIES FACIAL TISSUE 12'S SELECTED VARIETIES



LAY'S POTATO CHIPS
200 - 235 G
SELECTED VARIETIES

8 CRAZY
2.88
EACH

GET READY TO SAVE! GREAT PRICES START ON THURSDAY, FEBRUARY 26TH TO WEDNESDAY, MARCH 4TH, 2026

To view local store flyer, visit foodbasics.ca, where you can create an account (or sign into your account) and select your preferred location.

food Basics

CANADIAN AND PROUD

CRAZY



8 CRAZY 1.88 EACH

RASPBERRIES
PRODUCT OF USA OR MEXICO, NO.1 GRADE 170 G



WE LOVE LOCAL Canada

Carrots Carottes

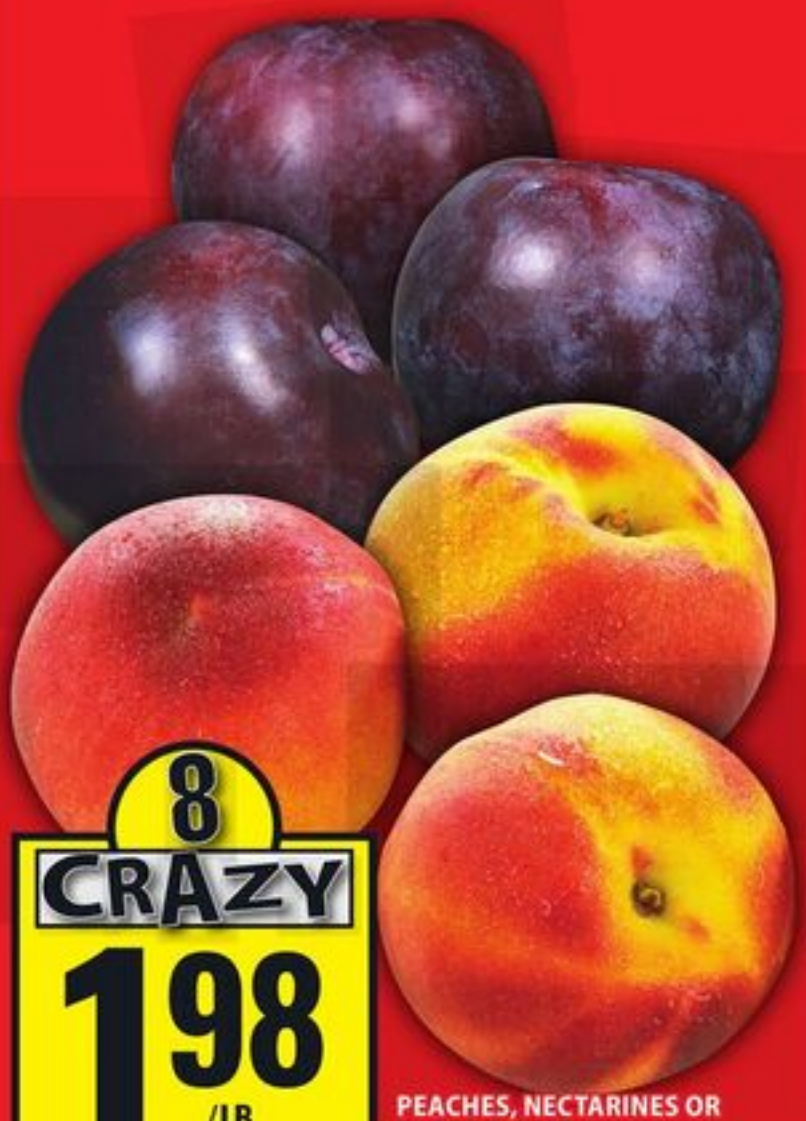
Earth Fresh GOURMET MINI YELLOW POTATOES
PETITES POMMES DE TERRE JAUNES GOURMET

5 LB

8 CRAZY 1.48 EACH

YELLOW ONIONS OR CARROTS
PRODUCT OF ONTARIO CANADA NO. 1 GRADE 2 LB

GOURMET MINI YELLOW OR WHITE POTATOES
PRODUCT OF CANADA NO. 1 GRADE 5 LB



8 CRAZY 1.98 /LB

PEACHES, NECTARINES OR BLACK PLUMS
PRODUCT OF CHILE, NO. 1 GRADE 4.37/KG

GET READY TO SAVE! GREAT PRICES START ON

To view local store flyer, visit foodbasics.ca, where

SAVINGS FOR THE WIN AGAIN!



BAKERY² BAGUETTE
235 G

ALWAYS GREAT PRICE 99¢ EACH



SELECTION POTATO CHIPS
200 G
SELECTED VARIETIES

ALWAYS GREAT PRICE 1.49 EACH



SELECTION OR LIFE SMART NATURALIA PEANUT BUTTER
750 G - 1 KG SELECTED VARIETIES

ALWAYS GREAT PRICE 4.44 EACH



SELECTION FULLY COOKED BREADED CHICKEN
FROZEN 800 G
SELECTED VARIETIES

ALWAYS GREAT PRICE 7.99 EACH

Food Basics ranked first for Price & Promotions performance among grocery retailers in Ontario in the 2024 dunnhumby Retailer Preference Index, a study of customer perceptions and retailer preference conducted among 2,100 respondents in Ontario (6,000 total across Canada) conducted between September 12 and October 20, 2024.

WOW 2024 In-Store Customer Experience Study conducted by Leger among 12,000 Ontarians from October 12 to November 22, 2023.

WOW 2025 In-store customer experience study conducted by Leger among 11,000 Ontarians from October 17 to November 15, 2024.

CRAZY 8 SALE

Black Diamond OLD • FORT
Cheddar Cheese Fromage cheddar

Black Diamond MARBLE • MARBRÉ

Black Diamond CHEESE SHREDS 400 G
NATURAL CHEESE SLICES 220 • 240 G
GALBANI MOZZARELLA 300 G SELECTED VARIETIES

8 CRAZY 548 EACH

SCHNEIDERS RedHots
ALL PORK
TOUT PORK

SCHNEIDERS Meat Pies
FROZEN 330 • 400 G SELECTED VARIETIES

8 CRAZY 448 EACH

Beatrice 1%
CHOCOLATE CHIP BROSURES CHOCOLATÉES

QUAKER Chewy
CHOCOLATE CHIP BROSURES CHOCOLATÉES

QUAKER Dipps
CHOCOLATE CHIP BROSURES CHOCOLATÉES

**BEATRICE CHOCOLATE MILK 1L
QUAKER DIPPS OR CHEWY GRANOLA BARS 120 • 156 G
SELECTED VARIETIES**

8 CRAZY 198 EACH

Lactantia PurFiltre
1% • 2% • SKIMMED 4 L SELECTED VARIETIES

8 CRAZY 598 EACH

50 points

Silk Almond
35%
250 • 300 ML

Silk Protein
soy
250 • 300 ML

**SILK DRINKS 1.75 • 1.80 L
SELECTED VARIETIES**

8 CRAZY 348 EACH

Dr. Oetker Ristorante
PIZZA SPINACI

Dr. Oetker Casa di Mama
PIZZA SPINACI

Hungry-Man FROZEN CHICKEN CUTLETS
FROZEN CHICKEN CUTLETS

**DR. OETKER RISTORANTE PIZZA 260 • 390 G
CASA DI MAMA 395 • 410 G
HUNGRY-MAN ENTRÉES 360 • 455 G
FROZEN SELECTED VARIETIES**

8 CRAZY 448 EACH

LARGE

**SELECTION LARGE SIZE EGGS 30'S
SELECTED VARIETIES**

8 CRAZY 888 EACH

Dare Bear Paws
Chocolate Chip
No Artificial Colours or Flavours

CELEBRATION
CHOCOLATE CHIP
CHOCOLATE CHIP

**LECLERC CELEBRATION COOKIES 200 • 240 G
DARE COOKIES 168 • 315 G
SELECTED VARIETIES**

8 CRAZY 288 EACH

QUAKER Harvest Crunch
ORIGINAL

QUAKER Life
WHOLE GRAIN CEREAL

**QUAKER HARVEST CRUNCH CEREAL 400 • 475 G
LIFE CEREAL 450 G
SELECTED VARIETIES**

8 CRAZY 388 EACH

Ben's Original BISTRO EXPRESS
BASMATI RICE 240 • 250 G

Habitant French Canadian
PEA SOUP

Campbell's CHUNKY
CHICKEN NOODLE SOUP

**HABITANT, CAMPBELL'S CHUNKY OR READY TO SERVE SOUP 315 • 790 ML
BEN'S ORIGINAL BISTRO EXPRESS RICE 240 • 250 G
SELECTED VARIETIES**

8 CRAZY 248 EACH

Palmolive essential clean
ORIGINAL

DAWN 100% LIQUID
DISH SOAP

**PALMOLIVE OR DAWN DISH DETERGENT 431 • 828 ML
SELECTED VARIETIES**

8 CRAZY 248 EACH

PEPSI

CANADA DRY GINGER ALE

Coca-Cola ORIGINAL TASTE

COCA-COLA, CANADA DRY GINGER ALE OR PEPSI SOFT DRINKS 12 X 355 ML SELECTED VARIETIES

8 CRAZY 798 EACH

Nestlé

moi rewards

Buy any 2 products and enter for a chance to win 1 of 5 prizes of 100,000 Points (\$800 Value)**

**NESCAFÉ GOLD INSTANT COFFEE* 95 • 100 G
SWEET & CREAMY* 18'S
SELECTED VARIETIES**

799 EACH

MAISON PERrier OR SAN PELLEGRINO SPARKLING WATER* 1L SELECTED VARIETIES

199 EACH

10 points

***IN STOCK POLICY:** Food Basics® offers an in-stock guarantee for all items in its current flyer. If we are temporarily out-of-stock on an advertised item in our current flyer, a Rain Check will be issued with 10% off the advertised price of the item redeemable within 30 days from the date of issue. Rain Checks are not issued if the ad in the flyer states, "While Quantities Last", "Special Buy" or "No Rain Checks", or on in-store cooked BBQ Chicken and Hot Pizza, Beer, Cider and Wine, Independent Third Party Vendors, "Our Seafood Market" and "Our Butcher Shop by Nossio Talho". Please see the Customer Service desk at your Food Basics for full details. For retail sale only. If there is a limit stated in the ad, Rain Checks up to the stated limit may be issued. If there is no limit stated in the ad, we reserve the right to limit quantities to reasonable requirements. Limit: One Rain Check per household per item per day.

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contest
until March 11th

my brands & moi



participate by purchasing two
products from these brands

Selection

Irresistible

Personnelle

5
prizes

1,000,000 points
value of \$8,000 each

30
prizes

500,000 points
value of \$4,000 each

metro

**food
Basics**

*No purchase required. To participate, you must be a member of theMoi program. From February 12 to March 11, 2026. Prizes: There are thirty-five (35) lots to be won (total value of all prizes is \$160,000CAD). Prize conditions and contest rules are available at moirewards.ca. Moi Rewards is a trademark of Metro Inc.

i earn with moi rewards

moi
rewards

i redeem and
save on what
i buy most often

redeem
500
points = **\$4**
in rewards



join today and save

Limit of one Moi Rewards bonus offer per account per day. Certain conditions apply. see moirewards.ca for conditions. Moi Rewards is a trademark of Metro Inc.



PROMISE GLUTEN-FREE BREAD OR BUNS
240 - 480 G
SELECTED VARIETIES

40
points



SCHNEIDERS CHICKEN WINGS
675 G FROZEN SELECTED VARIETIES

50
points



SCHNEIDERS
PEPPERONI OR
THURINGER SAUSAGE
500 G SELECTED VARIETIES

55
points



SIGGI'S
SKYR YOGURT
4 X 100 G
SELECTED VARIETIES

20
points



BURNBRAE
HARD BOILED EGGS
264 G
SELECTED VARIETIES

20
points



NESTLÉ CARNATION HOT CHOCOLATE
400 - 450 G SELECTED VARIETIES

35
points



STARBUCKS NESPRESSO
COFFEE CAPSULES
103
SELECTED VARIETIES

50
points



KELLOGG'S
TOWN HOUSE
247 - 391 G
SELECTED VARIETIES

15
points



DIANA OR BULL'S EYE
BBQ SAUCE
425 - 500 ML
SELECTED VARIETIES

25
points



MCCAIN DEEP'N DELICIOUS CAKE
510 G, FROZEN SELECTED VARIETIES

35
points



LAKEWOOD PURE
CRANBERRY JUICE
946 ML
SELECTED VARIETIES

55
points



JACK LINK'S JERKY
80 G
SELECTED VARIETIES

30
points



FINISH POWERBALL DISHWASHER TABS
40 - 55'S
SELECTED VARIETIES

55
points

CHOOSE CANADIAN



YELLOW ONION OR CARROTS
PRODUCT OF ONTARIO, CANADA NO. 1 GRADE
2 LB
GOURMET MINI
YELLOW OR WHITE
POTATOES
PRODUCT OF CANADA, NO. 1 GRADE
5 LB

148
EACH



WHOLE WHITE OR
CREMINI MUSHROOMS
PRODUCT OF ONTARIO
454 G

399
EACH



PRIME RAISED WITHOUT
ANTIBIOTICS BONELESS
SKINLESS FILLETS OR
THIN SLICED CHUNKS
AIR CHILLED
26.43/KG

1199
/LB



JANES ULTIMATE FULLY COOKED
CHICKEN FILLETS, BITES OR
RESTAURANT STYLE STRIPS
700 - 720 G FROZEN
SELECTED VARIETIES

1199
EACH



RUDOLPH'S
BREAD
500 G
SELECTED VARIETIES

288
EACH



SELECTION COOKIES OR SQUARES
340 - 450 G
SELECTED VARIETIES



499
EACH



LACTANTIA PURIFILTRE MILK
1% 2% SKIMMED 4 L SELECTED VARIETIES

648
EACH

50
points



LAY'S
POTATO CHIPS
200 - 235 G
SELECTED VARIETIES

288
EACH



OLD • FORT
Cheddar Cheese
Fromage cheddar
34% M.F.

548
EACH



COCA-COLA, CANADA DRY GINGER ALE
OR PEPSI SOFT DRINKS
12 X 355 ML SELECTED VARIETIES

798
EACH



NESTLÉ PARLOUR
1.5 L
NOVELTIES
6 - 12'S
SELECTED VARIETIES

288
EACH



QUAKER DIPPS OR CHEWY BARS
120 - 156 G SELECTED VARIETIES



198
EACH



SELECTION
POTATO CHIPS
200 G
SELECTED VARIETIES

149
EACH



CASHMERE BATHROOM TISSUE
24 - 48'S
SPONGE TOWELS/ULTRA PAPER TOWELS
8'S
SCOTTIES FACIAL TISSUE
12'S SELECTED VARIETIES

1188
EACH

*We are currently working on updating the origin of all our products. This information comes from certification agencies, product suppliers, and other Metro partners. We cannot be held liable for any information that may prove to be inaccurate.

PRODUCE



CANTALOUPE
PRODUCT OF GUATEMALA AND/OR HONDURAS
NO. 1 GRADE

THIS WEEK ONLY
2⁹⁸
EACH



STRAWBERRIES
PRODUCT OF USA OR MEXICO, NO. 1 GRADE 454 G
BLACKBERRIES
PRODUCT OF MEXICO, NO. 1 GRADE 150-179 G

THIS WEEK ONLY
3⁹⁸
EACH



AVOCADOS
PRODUCT OF MEXICO AND/OR PERU
5 OR 6 PACK

THIS WEEK ONLY
3⁹⁹
EACH



EXTRA LARGE
GREEN OR RED SEEDLESS GRAPES
PRODUCT OF SOUTH AFRICA AND/OR PERU, NO. 1 GRADE
8.77/KG

THIS WEEK ONLY
3⁹⁸
/LB



TOMATOES
PRODUCT OF CANADA OR MEXICO
NO. 1 GRADE
ZUCCHINIS
PRODUCT OF MEXICO
5.49/KG

THIS WEEK ONLY
2⁴⁹
/LB



WHOLE WHITE OR CREMINI MUSHROOMS
PRODUCT OF ONTARIO
454 G

THIS WEEK ONLY
3⁹⁹
EACH



BROCCOLI CROWNS
PRODUCT OF U.S.A. AND/OR MEXICO

THIS WEEK ONLY
2/\$5



LEMONS
PRODUCT OF U.S.A. AND/OR
SOUTH AFRICA
2 LB BAG
NAVEL
ORANGES
PRODUCT OF SOUTH AFRICA
3 LB BAG

THIS WEEK ONLY
4⁸⁸
EACH



DOLE COLE SLAW OR GARDEN SALAD
340 - 397 G



THIS WEEK ONLY
2⁷⁷
EACH



SWEET ASSORTED PEPPERS
PRODUCT OF HONDURAS AND/OR MEXICO, Pkg of 4

THIS WEEK ONLY
4⁹⁹
EACH



Green Giant
SUGAR SNAP PEAS
NET WT 7 POUNDS NET 227 G

THIS WEEK ONLY
3⁹⁹
EACH



Green Giant
SNOW PEAS
NET WT 7 POUNDS NET 179 G



APPLES
PRODUCT OF ONTARIO
CANADA FANCY GRADE
3 LB

THIS WEEK ONLY
4⁹⁹
EACH



THIS WEEK ONLY
3⁴⁹
EACH



HEIRLOOM TOMATOES
PRODUCT OF ONTARIO
CANADA NO. 1 GRADE
547 G

THIS WEEK ONLY
3⁹⁹
EACH



KIWIS
PRODUCT OF GREECE
600 G BASKET

THIS WEEK ONLY
4⁹⁹
EACH



POM
WONDERFUL
FRESH
POMEGRANATE
JUICE
473 ML

THIS WEEK ONLY
3⁹⁹
EACH

FLORAL



THIS WEEK ONLY
8⁸⁸
EACH



THIS WEEK ONLY
9⁸⁸
EACH



THIS WEEK ONLY
10⁸⁸
EACH



THIS WEEK ONLY
11⁸⁸
EACH

MEAT

PRIME
RAISED WITHOUT antibiotics
ÉLEVÉ SANS antibiotiques
Air Chilled Chicken
Poulet refroidi à l'air

PRIME RAISED WITHOUT ANTIBIOTICS BONELESS SKINLESS FILLETS OR THIN SLICED CHUNKS
AIR CHILLED
26.43/KG

THIS WEEK ONLY

11.99 /LB

Johnsonville
ORIGINAL BREAKFAST SAUSAGES
SAUCISSES À DÉJEUNER

Johnsonville
MILD ITALIAN SAUSAGES
SAUCISSES ITALIENNES DOUCE

THIS WEEK ONLY

5.99 EACH

30 points

JOHNSONVILLE DINNER, BREAKFAST OR SMOKED SAUSAGES
375 - 500 G SELECTED VARIETIES

HALAL AT SAME PRICE

FRESH CHICKEN DRUMSTICKS
BAGGED
INCLUDES ZABIHA HALAL
6.59/KG

THIS WEEK ONLY

2.99 /LB

FRESH

FRESH PORK TENDERLOIN VACUUM PACK
WHILE QUANTITIES LAST
8.80/KG

THIS WEEK ONLY

3.99 /LB

STEELHEAD TROUT FISH FILLET FAMILY PACK
FRESH
26.43/KG

THIS WEEK ONLY

11.99 /LB

HALAL AT SAME PRICE

FRESH BONELESS SIRLOIN TIP ROAST OR FAMILY PACK STEAKS
CUT FROM CANADA AA OR HIGHER GRADE OF BEEF
26.43/KG

THIS WEEK ONLY

11.99 /LB

BUTCHER'S SELECTION ORIGINAL OR HARVEST CREEK HALAL CHICKEN WIENERS
900 G SELECTED VARIETIES

THIS WEEK ONLY

4.49 EACH

SCHNEIDERS OR MAPLE LEAF BACON
45 - 375 G SELECTED VARIETIES

THIS WEEK ONLY

5.49 EACH

SELECTION SMOKED BONELESS HALF HAM
375 G SELECTED VARIETIES

THIS WEEK ONLY

7.99 EACH

JANES ULTIMATE FULLY COOKED CHICKEN FILLETS, BITES OR RESTAURANT STYLE STRIPS
700 - 1200 G FROZEN SELECTED VARIETIES

THIS WEEK ONLY

11.99 EACH

O'SOLE MIO FRESH PASTA
250 G SELECTED VARIETIES

THIS WEEK ONLY

3.49 EACH

TRE STELLE RICOTTA OR BOCCONCINI
200 - 475 G SELECTED VARIETIES

THIS WEEK ONLY

5.99 EACH

MAPLE LODGE OR ZABIHA HALAL CHICKEN BACON
375 G SELECTED VARIETIES

THIS WEEK ONLY

4.99 EACH

MARC ANGELO SOUVLAKI FAMILY PACK
400 - 600 G SELECTED VARIETIES

THIS WEEK ONLY

11.99 EACH

MAPLE LEAF NATURAL SELECTIONS SLICED DELI MEAT OR SCHNEIDERS SLICED DELI MEAT OR BOLOGNA
150 - 500 G SELECTED VARIETIES

THIS WEEK ONLY

5.49 EACH

PILLER'S KOLBASSA OR SLICED PEPPERONI FOR PIZZA
375 - 375 G SELECTED VARIETIES

THIS WEEK ONLY

5.99 EACH

IRRESISTIBLES PARMIGIANO REGGIANO OR GRANA PADANO OR EMMENTAL
200 - 400 G SELECTED VARIETIES

THIS WEEK ONLY

7.99 EACH

SCHNEIDERS PEPPERETTES
250 - 375 G SELECTED VARIETIES

THIS WEEK ONLY

7.99 EACH

SEAJOY SEAWEED SALAD OR MACKEREL FILLET
300 - 450 G FROZEN SELECTED VARIETIES

THIS WEEK ONLY

5.49 EACH

GOURMETA THAI SHRIMP
COOKED 40 - 75 CT OR RAW 31 - 40 CT
300 - 450 G FROZEN SELECTED VARIETIES

THIS WEEK ONLY

6.99 EACH

IRRESISTIBLES TORPEDO SHRIMP
200 G FROZEN SELECTED VARIETIES

THIS WEEK ONLY

7.99 EACH

TASIA GOLDEN POMPANO FISH
600 G FROZEN SELECTED VARIETIES

THIS WEEK ONLY

9.99 EACH

SEAFOOD FOR LESS

HIGH LINER PAN-SEAR FISH FILLETS OR SIGNATURE CUTS BREADED & BATTERED FISH FILLETS
425 - 540 G FROZEN SELECTED VARIETIES

THIS WEEK ONLY

10⁹⁹ EACH

CATCH OF THE DAY FISH FILLETS
340 G - 1 KG FROZEN SELECTED VARIETIES

THIS WEEK ONLY

10⁹⁹ EACH

CATCH OF THE DAY BREADED & BATTERED FISH FILLET
350 G FROZEN SELECTED VARIETIES

THIS WEEK ONLY

3⁹⁹ EACH

SEAHORSE BASA STEAK OR ANCHOR'S BAY BASA FILLETS
400 - 500 G FROZEN SELECTED VARIETIES

THIS WEEK ONLY

3⁴⁹ EACH

SEAHORSE COOKED SHRIMP
91 - 120 CT 340 G FROZEN SELECTED VARIETIES

THIS WEEK ONLY

6⁹⁹ EACH

ANCHOR'S BAY CROAKER FISH
1 KG FROZEN SELECTED VARIETIES

THIS WEEK ONLY

9⁹⁹ EACH

FRESH

THIS WEEK ONLY

8⁹⁹ /LB

WHOLE RAINBOW TROUT FISH
19.82/KG

OCEAN CHARM WILD PINK SALMON FILLET
340 G FROZEN SELECTED VARIETIES

THIS WEEK ONLY

6⁹⁹ EACH

ROCK HARBOUR PACIFIC WHITE SHRIMP
RAW EAST PEEL 20 - 30 CT 340 G FROZEN SELECTED VARIETIES

THIS WEEK ONLY

16⁹⁹ EACH

MUSAFIR

Inspired by South Asian Flavours & Ingredients

Proudly Canadian

Mix of 100% Vegetarian or Non-veg Options

MUSAFIR MASALA PANEER BITES
FROZEN 334G SELECTED VARIETIES

THIS WEEK ONLY

6⁹⁹ EACH

MUSAFIR PANEER NUGGETS
FROZEN 480 G SELECTED VARIETIES

THIS WEEK ONLY

6⁹⁹ EACH

MUSAFIR BUTTER CHICKEN BITES
FROZEN 357 G SELECTED VARIETIES

THIS WEEK ONLY

6⁹⁹ EACH

Zabiha Halal

FRESH FROM THE FARM OR ZABIHA HALAL WHOLE CHICKEN
AIR CHILLED 8.80/KG

THIS WEEK ONLY

3⁹⁹ /LB

MAPLE LODGE ULTIMATE DINNER OR BREAKFAST SAUSAGES, ULTIMATE JUICY SUPPERFRANKFURTERS OR ZABIHA HALAL JUICY SUPREME
375 - 900 G SELECTED VARIETIES

THIS WEEK ONLY

5⁹⁹ EACH

ZABIHA HALAL CHICKEN STRIPS FULLY COOKED BREADED CHICKEN
FROZEN 700 - 800 G SELECTED VARIETIES

THIS WEEK ONLY

8⁹⁹ EACH

LOU'S KITCHEN

HEAT, SERVE, ENJOY!

Ready to eat. Ready to save time.

LOU'S KITCHEN DOUBLE SMOKED OR PEAMEAL SLICES
375 - 454 G SELECTED VARIETIES WHILE QUANTITIES LAST

THIS WEEK ONLY

6⁹⁹ EACH

LOU'S KITCHEN, LIL' JUAN'S OR KALI'S FULLY COOKED ENTREES
300 - 400 G SELECTED VARIETIES

THIS WEEK ONLY

7⁹⁹ EACH

LOU'S KITCHEN BBQ PORK BACK RIBS
345 - 410 G SELECTED VARIETIES WHILE QUANTITIES LAST

THIS WEEK ONLY

9⁹⁹ EACH

BAKERY



THIS WEEK ONLY

4.99

EACH

THIS WEEK ONLY

6.99

EACH

MIX & MATCH!*

2 \$6.50
FOR

OR

3 \$7.99
FOR

*MIX & MATCH ANY VILLAGGIO BREAD, DEMPSTER'S BAGELS, WHOLE GRAIN BREAD, 7" TORTILLAS, SIGNATURE BUNS, NATURAL BAKERY BREAD, TIA ROSA TORTILLAS OR HOSTESS SNACK CAKES. SELECTED SIZES, SELECTED VARIETIES, OR PAY 3.49 EA.



MORE GREAT SAVINGS FOR LESS



THIS WEEK ONLY

6.99

EACH



LOCKED DOWN

15.99

EACH



LOCKED DOWN

6.99

EACH



THIS WEEK ONLY

5.49

EACH



LOCKED DOWN

8.99

EACH



LOCKED DOWN

2.99

EACH

15 points



LOCKED DOWN

5.49

EACH



LOCKED DOWN

3.99

EACH



LOCKED DOWN

4.49

EACH



LOCKED DOWN

1.99

EACH



LOCKED DOWN

5.99

EACH



LOCKED DOWN

9.49

EACH

LOCKED DOWN



iöGO YOGURT
10 x 100 g
SELECTED VARIETIES

LOCKED DOWN

649
EACH



GREEN GIANT VEGETABLES
500 - 750 g FROZEN
SELECTED VARIETIES

LOCKED DOWN

349
EACH



NESTEA ICED TEA
1.89 L
SELECTED VARIETIES

LOCKED DOWN

299
EACH



BARILLA PASTA
340 - 410 g
SELECTED VARIETIES

LOCKED DOWN

199
EACH



PEPPERIDGE FARM
GOLDFISH CRACKERS
160 - 200 g
SELECTED VARIETIES

LOCKED DOWN

299
EACH



TWININGS
HERBAL TEA
20's
SELECTED VARIETIES

549
EACH



HUNT'S TOMATO
OR MANWICH SAUCE
300 - 400 mL
SELECTED VARIETIES



249
EACH



QUAKER QUICK OATS
900 g - 1 kg
INSTANT OATMEAL
232 - 344 g
SELECTED VARIETIES

LOCKED DOWN

349
EACH



CHEF BOYARDEE
CANNED MEAL
418 - 425 g
SELECTED VARIETIES

LOCKED DOWN

199
EACH



CADBURY DAIRY MILK BARS
10 - 100 g
SELECTED VARIETIES

275
EACH



SPLENDA SWEETENER
200 - 275 g
SELECTED VARIETIES

LOCKED DOWN

1099
EACH



PARKAY MARGARINE
810 g
SELECTED VARIETIES

449
EACH



TAKIS TORTILLA CHIPS
170 - 200 g
SELECTED VARIETIES

329
EACH



RED BULL ENERGY DRINKS
4 x 250 mL
SELECTED VARIETIES

899
EACH



GARDEIN SUPRÊME MEAL
390 - 425 g
FROZEN
SELECTED VARIETIES

949
EACH



GAIN LAUNDRY DETERGENT
2.4 L - 4.1 L
SELECTED VARIETIES

899
EACH



GAIN FABRIC SOFTENER
2.4 L - 4.1 L
SELECTED VARIETIES

899
EACH

YOU COULD SCRATCH YOUR WAY TO A BIG WIN!

\$250,000 LUCKY CASH **\$75,000 BLOCK-O** **\$100,000 ROLL-OUT** **\$50,000 LOTTO 6/49** **\$350,000 BIG MONEY**

MORE GAMES TO PLAY, MORE CHANCES TO WIN!

PLAY TODAY

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GAIN SCENT BOOSTER
SELECTED VARIETIES

899
EACH



GAIN DRYER SHEETS
200's
SELECTED VARIETIES

899
EACH

ALWAYS GREAT PRICE



IRRESISTIBLE
ORANGE
JUICE
1.54L
SELECTED VARIETIES

ALWAYS GREAT PRICE 
3.97
EACH



IRRESISTIBLE
PIZZA
340-390 G
FROZEN
SELECTED VARIETIES

ALWAYS GREAT PRICE 
3.97
EACH



SELECTION
SNACKS
285-285 G
SELECTED VARIETIES

ALWAYS GREAT PRICE 
2.88
EACH



LIFE SMART
MARGARINE
1.7 KG
SELECTED VARIETIES

ALWAYS GREAT PRICE 
9.88
EACH



IRRESISTIBLE
SPARKLING
SPRING WATER
6x1L
SELECTED VARIETIES

ALWAYS GREAT PRICE 
4.44
EACH



SELECTION ENTRÉES
215 G FROZEN SELECTED VARIETIES

ALWAYS GREAT PRICE 
1.37
EACH



SELECTION JAM
500 ML
LIFE SMART
NATURALIA
FRUIT SPREAD
250 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE 
4.49
EACH



SELECTION
JELLY POWDER
85 G
SELECTED VARIETIES

ALWAYS GREAT PRICE 
99¢
EACH



SELECTION
SPICES
35-150 G
SELECTED VARIETIES

ALWAYS GREAT PRICE 
99¢
EACH



SELECTION
BBQ SAUCE
320 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE 
1.27
EACH



SELECTION
QUICK'N READY
RICE
250 G
SELECTED VARIETIES

ALWAYS GREAT PRICE 
1.99
EACH



IRRESISTIBLES
BALSAMIC
VINEGAR OR
GLAZE
250-500 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE 
4.44
EACH



IRRESISTIBLES
BASIL PESTO
270 ML

ALWAYS GREAT PRICE 
3.79
EACH



SELECTION
DE-ALCOHOLIZED
BEER
12 x 355 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE 
8.49
EACH



SELECTION
GLASS CLEANER
900 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE 
1.97
EACH



SELECTION
RINSE AGENT
479 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE 
4.79
EACH



SELECTION
BLEACH
3.4L
SELECTED VARIETIES

ALWAYS GREAT PRICE 
3.99
EACH



SELECTION
CLUMPING
CAT LITTER
18 KG
SELECTED VARIETIES

ALWAYS GREAT PRICE 
9.99
EACH

BAKING FOR LESS



Redpath
ICING SUGAR
SUCRE À GLACER
1 kg

Redpath
DARK BROWN SUGAR
CASSONADE FONCÉE
1 kg

LOCKED DOWN

2⁹⁹
EACH

REDPATH BAKING SUGAR
1 kg
SELECTED VARIETIES

HERSHEY'S
Chipits
dark chocolate chips
chips de chocolat au lait
250 g

HERSHEY'S
Chipits
pure semi-sweet chocolate chips
brûlures de chocolat pur mi-sucré
200 - 270 g

LOCKED DOWN

5⁹⁹
EACH

HERSHEY'S CHIPITS
200 - 270 g
SELECTED VARIETIES

Tenderflake
PURE LARD
454 g

LOCKED DOWN

3⁹⁹
EACH

TENDERFLAKE PURE LARD
454 g
SELECTED VARIETIES

Crisco
All-Vegetable Shortening
454 g (1 lb)

LOCKED DOWN

3⁴⁹
EACH

CRISCO SHORTENING
454 g
SELECTED VARIETIES

Selection
honey graham wafers
408 g

LOCKED DOWN

3⁹⁹
EACH

SELECTION HONEY GRAHAM WAFERS
408 g

Selection
all-purpose flour
2.5 kg

ALWAYS GREAT PRICE

3⁷⁷
EACH

SELECTION FLOUR
2.5 kg
SELECTED VARIETIES

Selection
Almonds
SLICED - TRANCHÉES
160 g

Selection
Pecan
PIECES - MORCEAUX
160 g

LOCKED DOWN

2⁹⁹
EACH

SELECTION BAKING NUTS
160 g
SELECTED VARIETIES

Selection
EVAPORATED milk - lait ÉVAPORÉ
354 mL

ALWAYS GREAT PRICE

1⁸⁸
EACH

SELECTION EVAPORATED MILK
354 mL
SELECTED VARIETIES

Selection
SWEETENED SHREDDED COCONUT
MOUX DE COCO
SUCRÉE
RAPEE
160 g

Selection
UNSWEETENED MEDIUM BISTECATED COCONUT
MOUX DE COCO
NON SUCRÉE
MONTAGE BISTECADÉ
160 g

ALWAYS GREAT PRICE

2⁹⁹
EACH

SELECTION COCONUT
160 g
SELECTED VARIETIES

Selection
BAKING POWDER
POUDRE À PÂTE
160 g

ALWAYS GREAT PRICE

4⁹⁹
EACH

SELECTION BAKING POWDER
160 g
SELECTED VARIETIES

Selection
miniatures
multicolored marshmallows
gumbeaux multicolores
250 g

ALWAYS GREAT PRICE

2⁴⁹
EACH

SELECTION MARSHMALLOWS
250 g
SELECTED VARIETIES

Selection
graham crumbs
chapelure graham
400 g

ALWAYS GREAT PRICE

3⁹⁹
EACH

SELECTION GRAHAM CRUMBS
400 g
SELECTED VARIETIES

Selection
CHERRY
PIE FILLING OR TOPPING
540 mL

ALWAYS GREAT PRICE

4⁹⁹
EACH

SELECTION PIE FILLING
540 mL
SELECTED VARIETIES

Selection
QUICK OATS
GRUAU RAPIDE
1 kg

ALWAYS GREAT PRICE

2⁸⁸
EACH

SELECTION QUICK OATS
1 kg
SELECTED VARIETIES

MORE

RAMADAN FOR LESS



GARLIC
PRODUCT OF CHINA
5 PK
FRESH MINT
BUNCH
PRODUCT OF CANADA

1²⁹
EACH



Zabiha Halal

ZABIHA HALAL FRESH
CHICKEN DRUMSTICKS
AIR CHILLED
6.59/KG

2⁹⁹
/LB



NOOR OR
ARJUN
BASMATI RICE
3.43 - 4.54 KG
SELECTED VARIETIES

7⁹⁹
EACH



CEDAR
CANNED
BEANS
540 ML
SELECTED VARIETIES

1⁴⁹
EACH

800 G



NANAK
DESI GHEE
800 G

12⁹⁹
EACH



SAPORITO
VEGETABLE,
CANOLA OR
CORN OIL
2.34 - 3 L
SELECTED VARIETIES

9⁹⁹
EACH



CASABLANCA HONEY,
TATA TEA AGNI, PREMIUM OR GOLD
1 KG, 220'S, 450 G SELECTED VARIETIES

6⁹⁹
EACH



ALKANATER OR
CEDAR TAHINI
900 - 107 ML
SELECTED VARIETIES

8⁹⁹
EACH



CEDAR
MARSHMALLOWS
OR ROSE OR
ORANGE WATER
250 G 250 ML
SELECTED VARIETIES

1⁹⁹
EACH



DIVYA
OKRA
315 G FROZEN
SELECTED VARIETIES

99¢
EACH



ELZYMI
TWIST PIE
FROZEN 800 G
SELECTED VARIETIES

6⁹⁹
EACH



BEST NECTARS OR
NORDEX KESHTA
CREAM
1 L, 170 G
SELECTED VARIETIES

2⁹⁹
EACH



CASABLANCA
BUTTER COOKIES,
PURE HEAVEN OR
CASABLANCA
DRINKS
454 G, 750 ML
SELECTED VARIETIES

3⁹⁹
EACH



INDOMIE
NOODLES
1.8 KG - 3.8 KG
SELECTED VARIETIES

2⁹⁹
EACH



CEDAR
MARINADES OR
GRAPE LEAVES
700 ML, 1 L
SELECTED VARIETIES

4⁹⁹
EACH



NOOR DATES,
ROOH AFZA
SYRUP OR
SHERBON
JUICE
800 G
800 ML, 2 L
SELECTED VARIETIES

4⁹⁹
EACH



CEDAR
SARDINES OR
VERMICELLI
PASTA
120 - 500 G
SELECTED VARIETIES

1⁴⁹
EACH



DIVYA ENTRÉES
285 - 315 G
SELECTED VARIETIES

1⁷⁹
EACH

HAPPY HOLI

OFFERS VALID AT PARTICIPATING FOOD BASICS LOCATIONS ONLY. CHECK WITH YOUR LOCAL STORE FOR AVAILABILITY.



JUMBO PAPAYA
PRODUCT OF MEXICO
3.28/KG

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
1.49
/LB



SAVERA PANEER
341 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
5.49
EACH



PARLIAMENT GOLD, NOOR OR
LAL QILLA SELLA BASMATI RICE
4.54 KG SELECTED VARIETIES



ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
9.99
EACH



HANS DAHI,
PHOENICIA
OR CEDAR
YOGURT
650 - 750 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
2.49
EACH



DIVYA
LENTILS OR
BLACK
CHICKPEAS
1.8 - 1.81 KG
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
3.99
EACH



PILLSBURY
CHAKKI ATTA
FLOUR
9.07 KG

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
9.99
EACH



SURATI FROZEN VEGETABLES
340 G SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
1.67
EACH



LAZEEZ
SPRING
ROLLS OR
SAMOSAS
400 G
FROZEN
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
2.99
EACH



LAY'S
POTATO
CHIPS
200 - 235 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
2.88
EACH



ALPHONSO OR
ALJUICE
BEVERAGES
1.75 L
CEDAR
CONDENSED
MILK
300 ML SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
3.99
EACH



DIVYA
SPICES, PICKLE
CONDIMENTS OR
FRIED ONIONS
400 - 500 G
SELECTED VARIETIES



ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
2.99
EACH



MAGGI
INSTANT
NOODLES
70 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
39c
EACH



DIVYA NAAN OR PARATHA
320 - 400 G FROZEN SELECTED VARIETIES



ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
1.99
EACH



SHALINI
SNACKS OR
DIVYA
SOYA CHUNKS
150 - 200 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
1.49
EACH



BRAR'S
SAMOSAS
634 G
FROZEN
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
5.99
EACH



BRAR'S
RASMALAI OR
NANAK GULAB
JAMUN
350 - 400 G
FROZEN
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
8.99
EACH



DESI-LICIOUS
KULFI
1 L
FROZEN
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
5.99
EACH



NATIONAL
SPICE
MIXES OR
GITS MIXES
450 - 500 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
1.67
EACH



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chance to win
1 of 5 prizes of

100,000
POINTS**

(\$800 value)



NESCAFÉ GOLD INSTANT COFFEE*
95-100 G
SWEET & CREAMY*
18'S
SELECTED VARIETIES

LOCKED DOWN

7⁹⁹
EACH



MAISON PERRIER OR
SAN PELLEGRINO
SPARKLING WATER*
1 L
SELECTED VARIETIES

LOCKED DOWN

1⁹⁹
EACH

10
points



SAN PELLEGRINO
OR MAISON PERRIER
SPARKLING WATER*
6x1 L
SELECTED VARIETIES

LOCKED DOWN

8⁹⁹
EACH

**NO PURCHASE NECESSARY. Contest runs from February 26th to March 4th, 2026. Open to residents of Ontario of the age of majority at time of entry. Five (5) Prizes consisting of 100,000 MOI points valued at approximately \$800 (ARV) each. Odds of winning dependent on the number of eligible entries received. Skill testing question required to claim the prize. Certain exceptions and restrictions apply. For official Rules and how to enter visit: www.foodbasics.ca.