FOOD LION

February 4 - February 10, 2026

Offers valid while supplies last.

Your savings for this week!

HOTSALE! MVP

9.99 LB

YOU SAVE $7.00 LB

Ask For Your Preferred Thickness

BONELESS NEW YORK STRIP STEAK

W/O MVP Card $16.99 LB

HOTSALE! MVP **99¢ LB**

W/O MVP Card $1.49 LB

FOOD LION WHOLE CHICKEN

HOTSALE! MVP **2.99 LB** Limit 2

W/O MVP Card $4.99 LB

PORK BABY BACK RIBS

HOTSALE! MVP **BOGO FREE**

W/O MVP Card Regular Retail Single Item Half Price

41.50 Ct. - 16 Oz. Bag Frozen

FOOD LION RAW OR COOKED SHRIMP

HOTSALE! MVP **69¢ EA**

HASS AVOCADOS OR MANGOS

W/O MVP Card Regular Retail

5 Oz. - Select Varieties

NATURE'S PROMISE ORGANIC SALIGO MIX

PRICED LOW EVERY DAY **2.99 EA**

HOTSALE! MVP **1.99 LB**

W/O MVP Card $2.39 LB

GREEN SEEDLESS GRAPES

CUCUMBERS OR GREEN PEPPERS

HOTSALE! MVP **59¢ EA**

W/O MVP Card Regular Retail

HOTSALE! MVP **4/$12** Limit 8

W/O MVP Card Regular Retail

8 Pack 16-16.9 Oz. Bottles Select Varieties

COKE PRODUCTS

4.75-8 Oz. Select Varieties

LAY'S OR LAY'S KETTLE POTATO CHIPS LIMIT 4 FREE

HOTSALE! MVP **BOGO FREE**

W/O MVP Card $4.29 EA Single Item Half Price

5.75-12.4 Oz. Select Varieties

CHEEZ-IT OR CHEEZ-IT SNAP'D LIMIT 4 FREE

HOTSALE! MVP **BOGO FREE**

W/O MVP Card $5.99 EA Single Item Half Price

HOTSALE! MVP **$5 EA**

W/O MVP Card $9.99 EA

4 Ct. Made Hot In-Store

ROTISSERIE STYLE CHICKEN LEG QUARTERS IN THE DELI

MVP DIGITAL COUPONS

Load on App • Online • In-Store Kiosk

HOT SALE! 2/$6 W/COMP Card Required

MVP Coupon -1.00

8 Ct. Select Varieties

BALL PARK HOT DOG OR HAMBURGER BUNS

2/$5

HOT SALE! 2/$8 W/COMP Card Required

MVP Coupon -2.00

48 Oz. Select Varieties

BREYERS ICE CREAM

2/$6

HOT SALE! 5.99 EA W/COMP Card Required

MVP Coupon -2.00

20-36 Oz. Squeezy or Jar Select Varieties

HELLMANN'S MAYONNAISE

3.99

HOT SALE! 11.99 EA W/COMP Card Required

MVP Coupon -3.00

73 Oz. or 39 Ct. Paks 84 Oz. Select Varieties

ALL PERSIL

8.99

27.5-28 Oz. Select Varieties

BUSH'S BEST BAKED BEANS

HOTSALE! MVP **2/$5**

W/O MVP Card Regular Retail

128 Oz. or 8 Pack Select Varieties

HAWAIIAN PUNCH

HOTSALE! MVP **2/$5**

W/O MVP Card Regular Retail

13 Oz. - 4 Pack Select Varieties

SNACK PACK PUDDING OR GELS

PRICED LOW EVERY DAY **2/$3**

W/O MVP Card $1.69 EA

9.5-12 Oz. Select Varieties

POST PEBBLES OR HONEY BUNCHES OF OATS CEREAL

HOTSALE! MVP **2/$5**

W/O MVP Card Regular Retail

MVP PRICED LOW EVERY DAY ON ITEMS YOU BUY MOST OFTEN

&

MVP HOTSALE! OUR BEST WEEKLY MVP DEALS

MVP

3 DAY HOTSALE!

FRIDAY - SUNDAY

HOTSALE! MVP **3.99 LB**

W/O MVP Card Regular Retail

16 Oz. Pkg. Select Varieties

FOOD LION SLICED BACON

REST OF WEEK $4.49 EA MVP

12 Ct.

KING'S HAWAIIAN ROLLS IN THE BAKERY

HOTSALE! MVP **3.99 EA**

W/O MVP Card $4.99 EA

REST OF WEEK $4.49 EA MVP

8.25-18 Oz. - Select Varieties

FRITO LAY PARTY SIZE CHIPS OR SNACKS

HOTSALE! MVP **2.99 EA** Limit 4

W/O MVP Card $5.99 EA

REST OF WEEK $4.99 EA MVP

9.2-12.2 Oz. - Select Varieties

KELLOGG'S FROSTED FLAKES OR FROOT LOOPS CEREAL

HOTSALE! MVP **1.79 EA**

W/O MVP Card Regular Retail

REST OF WEEK 2/$6 MVP

7-8 Oz. - Select Varieties

TILLAMOOK SLICED OR SHREDDED CHEESE

HOTSALE! MVP **2/$5**

W/O MVP Card Regular Retail

REST OF WEEK 2/$7 MVP

16 Oz. Select Varieties

KRAFT SALAD DRESSING

HOTSALE! MVP **2.19 EA**

W/O MVP Card $3.69 EA

REST OF WEEK $2.69 EA MVP

HOTSALE! MVP **5.99 EA**

W/O MVP Card Regular Retail

6 Mega Rolls 4 Rolls

COTTONELLE & **VIVA PAPER TOWELS** Select Varieties

REST OF WEEK $6.99 EA MVP

FOOD LION
CATERING
An easy play
FOR GAME DAY
Order Now

Party-Perfect Crowd Favorites for the Big Game!

100% FRESH OR SOUND 2 YOUR MONEY BACK

HOT SALE! MVP
5.59 LB
Ground Fresh Daily
73% LEAN FRESH GROUND BEEF
W/O MVP Card Regular Retail

HOT SALE! MVP
2.49 LB
W/O MVP Card Regular Retail
Family Pack
FOOD LION FRESH CHICKEN WINGS

HOT SALE! MVP
7.49 LB
W/O MVP Card Regular Retail
Beef
TOP ROUND LONDON BROIL

HOT SALE! MVP
5.99 LB
W/O MVP Card Regular Retail
FRESH GROUND CHUCK PATTIES

HOT SALE! MVP
2/$7
W/O MVP Card Regular Retail
12-14 Oz. Pkg.
Select Varieties
HILLSHIRE FARM COCKTAIL SMOKIES

HOT SALE! MVP
3.59 LB
W/O MVP Card Regular Retail
Center Cut, Bone-In
PORK CHOPS

Family Pack
FOOD LION THIN SLICED BONELESS CHICKEN BREAST
HOT SALE! MVP
3.99 LB
W/O MVP Card Regular Retail

HOT SALE! MVP
3.29 EA
W/O MVP Card Regular Retail
16 Oz. Pkg.
Select Varieties
SEASONED TURKEY SAUSAGE

35 Oz. Pkg.
Fully Cooked
TASTE OF INSPIRATIONS CAROLINA DILL BABY BACK PORK RIBS
HOT SALE! MVP
10.99 LB
W/O MVP Card Regular Retail

17.22 Oz. Bag
Frozen - All Varieties
SIMEK'S MEATBALLS
HOT SALE! MVP
7.49 EA
W/O MVP Card Regular Retail

2.52 Oz. Pkg. - Select Varieties
OSCAR MAYER FULLY COOKED BACON
HOT SALE! MVP
3.99 EA
W/O MVP Card Regular Retail

14-15 Oz. Pkg. - Select Varieties
BALL PARK BEEF FRANKS
HOT SALE! MVP
3.99 EA
W/O MVP Card Regular Retail

18-20 Oz. Pkg. - Select Varieties
LAND O'FROST VARIETY OR SUB KITS
HOT SALE! MVP
5.99 EA
W/O MVP Card Regular Retail

13-14 Oz. Pkg. - Select Varieties
Excludes Beef
HILLSHIRE FARM SMOKED SAUSAGE
HOT SALE! MVP
2/$7
W/O MVP Card Regular Retail

11.28 Oz. Pkg. - Select Varieties
MARC ANGELO SKEWERS
HOT SALE! MVP
4.99 EA
W/O MVP Card Regular Retail

SUSTAINABLY SOURCED SEAFOOD

HOT SALE! MVP
5.99 LB
W/O MVP Card Regular Retail
10 Oz.
FLOUNDER OR TILAPIA FILLETS

HOT SALE! MVP
7.49 EA
W/O MVP Card Regular Retail
16 Oz. Pkg. - Frozen
FOOD LION SALMON SIDE FILLETS

HOT SALE! MVP
BOGO FREE
W/O MVP Card Regular Retail
Simple Item Half Price
8-10 Oz. Pkg. - Frozen
Select Varieties
MARGARITAVILLE SHRIMP

HOT SALE! MVP
7.99 EA
W/O MVP Card Regular Retail
9-10.5 Oz. Pkg. - Frozen
Select Varieties
SEA CUISINE CHEF CRAFTED SEAFOOD

2 ZDPH ZDGA ZGCH ZGCR ZGCT ZGHH ZGRY ZGSA ZMDA ZMSL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNFL ZNGL ZNGS ZNGV ZPAL ZPHA ZPHI ZSCH ZSCL ZSCO ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTTR ZVCH ZVDC ZVHA ZVTI ZVTR ZVWH ZVWN ZVWS ZVWT ZVWX ZWCA ZWCL ZWWA ZWWS 02/04/26

Simply made
at simple prices
Shop Now
Nature's Promise
ALL NATURAL
Chicken Breast Fillets
BONELESS & SKINLESS
99% FAT FREE.
MINIMALLY PROCESSED.
NO ARTIFICIAL INGREDIENTS.
ALL-VEGETARIAN DIET.
FED A GRAIN-, VITAMIN AND MINERAL DIET.
Chicken Raised With:
• No Growth Hormones†
• No Antibiotics Added

Grab & Go Favorites!

HOTSALE! 9.99 EA — W/O MVP Card $14.99 EA
18 Ct. Made Hot In-Store
MILD OR SPICY WINGS

HOTSALE! 11.99 EA — W/O MVP Card $15.99 EA
28 Oz. Select Varieties
HORMEL PARTY TRAY

HOTSALE! 13.99 EA — W/O MVP Card $15.99 EA
FOOD LION ICED BUNDT CAKES

DELIcious BOGOs of the week!

HOTSALE! BOGO FREE — W/O MVP Card $9.98 EA. Single Item Half Price
10 Oz.
SABRA HUMMUS

HOTSALE! BOGO FREE — W/O MVP Card $5.99 EA. Single Item Half Price
PRETZILLA PRETZEL TUB

HOTSALE! BOGO FREE — W/O MVP Card $4.49 EA. Single Item Half Price
8-10 Oz.
MINI CRULLERS, GEMS OR DONUT HOLE TUBS

Save on easy meal & snacking solutions!

Available in our Deli & Bakery

PRICED LOW EVERY DAY 7.99 EA
20 Oz. - Select Varieties
RANA FAMILY SIZE FILLED PASTA

HOTSALE! 3.99 LB — W/O MVP Card $4.99 EA
2 Lb.
FOOD LION DELI SALADS

HOTSALE! 6.99 LB — W/O MVP Card $7.99 LB
Freshly Sliced Select Varieties
FOOD LION TURKEY OR CHICKEN BREAST

HOTSALE! 2.99 EA — W/O MVP Card $3.99 EA
16 Oz. - Select Varieties
JACK'S SPECIAL GARDEN FRESH GOURMET SALSA

HOTSALE! 2/$5 — W/O MVP Card $3.99 EA
In-Store Made
TORTILLA CHIPS

Bite-sized, crowd-approved!

DOUBLE YOUR MONEY BACK QUALITY GUARANTEE

Shop our quality Food Lion brand and save on trusted ingredients.

HOTSALE! 5.99 LB — W/O MVP Card Regular Retail
8 Oz. - Frozen
SHRIMP RING

HOTSALE! 4.99 LB — W/O MVP Card Regular Retail
25.5-26 Oz. Pkg. Frozen Select Varieties
FOOD LION BREADED CHICKEN

10-16 Oz. Select Varieties
FOOD LION PRETZELS
HOTSALE! 1.99 EA — W/O MVP Card $2.39 EA

40 Ct.
FOOD LION CHOCOLATE CHIP COOKIES IN THE BAKERY
PRICED LOW EVERY DAY 9.99 LB

8 Oz. Select Varieties
FOOD LION KETTLE POTATO CHIPS
PRICED LOW EVERY DAY 1.99 EA

PRICED LOW EVERY DAY 4.49 EA
12 Pack 12 Oz. Cans Select Varieties
FOOD LION SODA

MVP SHOP & EARN MONTHLY REWARDS

Earn extra rewards while you shop

Activate your February offers on foodlion.com or the Food Lion app to earn digital rewards and save even more!

Rewards offers must be earned within the same calendar month and expire at the end of the following month. Rewards can be used only at Food Lion, have no cash value and are not transferable. Rewards cannot be used toward the purchase of tobacco, alcohol, prescriptions, gift cards, stamps, services, including money orders, or lottery tickets and are not valid toward the purchase of dairy items in TN, PA or VA.

3 ZGPH ZGSA ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHH ZGPJ ZGSA ZKSG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNNB ZNNF ZNNL ZNNO ZNWA ZNWH ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHE ZSAG ZSAU ZSCH ZSCL ZSCO ZSFE ZSFL ZSPR ZSQL ZSSV ZSRK ZSSA ZSSV ZTCA ZTCH ZTNA ZTNJ ZTTR ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVNU ZVNQ ZVPD ZVTJ ZVTR ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWNA ZWNS 020409

FOOD LION MVP customer

SHOP&EARN
MONTHLY REWARDS

Earn extra rewards while you shop

Activate Your Offers

FOOD LION MVP DOLLAR OFF DAYS!

$1 OFF $2 OFF $3 OFF

12-36 Oz. Select Varieties
GUY FIERI'S FLAVORTOWN OR ZAXBYS SAUCES
4.49 EA | DOLLAR OFF DAYS! -1.00 OFF | 3.49 EA MVP

16 Oz. Select Varieties
MOORE'S WING SAUCE
3.49 EA | DOLLAR OFF DAYS! -1.00 OFF | 2.49 EA MVP

12 Oz. Select Varieties
MIKE'S HOT HONEY
HOT SALE! 8.99 EA | W/ MVP Card $7.99 EA | DOLLAR OFF DAYS! -1.00 OFF | 7.99 EA MVP

14-15 Oz. Select Varieties
PEPPERIDGE FARM BUNS OR SLIDERS
3.89 EA | DOLLAR OFF DAYS! -1.00 OFF | 2.89 EA MVP

45 Oz. Select Varieties
PREGO SPAGHETTI SAUCE
HOT SALE! 4.49 EA | W/ MVP Card $4.99 EA | DOLLAR OFF DAYS! -1.00 OFF | 3.49 EA MVP

12-18 Oz. - Select Varieties
PICTSWEET VEGETABLES FOR ROASTING
4.49 EA | DOLLAR OFF DAYS! -1.00 OFF | 3.49 EA MVP

20 Oz.
WONDER CLASSIC WHITE ROUND TOP BREAD
3.79 EA | DOLLAR OFF DAYS! -1.00 OFF | 2.79 EA MVP

4.5-6 Oz. Select Varieties
THE LAUGHING COW
3.99 EA | DOLLAR OFF DAYS! -1.00 OFF | 2.99 EA MVP

9.12-10.78 Oz. Select Varieties
HERSHEY'S SNACK SIZE CANDY
HOT SALE! 5.99 EA | W/ MVP Card $4.99 EA | DOLLAR OFF DAYS! -1.00 OFF | 4.99 EA MVP

14-16.5 Oz. - Select Varieties Pull-A-Parts or Roll
PILLSBURY READY TO BAKE COOKIES
PRICED LOW EVERY DAY 3.99 EA | W/ MVP Card $2.99 EA | DOLLAR OFF DAYS! -1.00 OFF | 2.99 EA MVP

4-6 Pack Select Varieties
OIKOS TRIPLE ZERO OR LIGHT & FIT YOGURT
HOT SALE! 4.49 EA | W/ MVP Card Regular Retail | DOLLAR OFF DAYS! -1.00 OFF | 3.49 EA MVP

4 Pack - 12 Oz. Cans Select Varieties
OLIPOP PREBIOTIC SODA
8.99 EA | DOLLAR OFF DAYS! -1.00 OFF | 7.99 EA MVP

48 Oz. Select Varieties
STARBUCKS ICED COFFEE
6.59 EA | DOLLAR OFF DAYS! -1.00 OFF | 5.59 EA MVP

64 Oz. Select Varieties
INTERNATIONAL DELIGHT CREAMER
6.79 EA | DOLLAR OFF DAYS! -1.00 OFF | 5.79 EA MVP

24 Oz. Pkg. - Frozen Select Varieties
PILGRIM'S CHICKEN NUGGETS
6.99 EA | DOLLAR OFF DAYS! -2.00 OFF | 4.99 EA MVP

6 Ct. Select Varieties
LIQUID I.V.
9.99 EA | DOLLAR OFF DAYS! -1.00 OFF | 8.99 EA MVP

6 Pack - 1 Liter
GLACEAU SMART WATER
11.79 EA | DOLLAR OFF DAYS! -2.00 OFF | 9.79 EA MVP

7-12 Oz. - Select Varieties
REESE'S MINIATURES OR NUGGETS SHARE PACK
6.49 EA | DOLLAR OFF DAYS! -2.00 OFF | 4.49 EA MVP

12 Pack - 16.9 Oz. Bottles Select Varieties
GOLD PEAK TEA
14.99 EA | DOLLAR OFF DAYS! -2.00 OFF | 12.99 EA MVP

12 Pack - 8.4 Oz. Cans Select Varieties
RED BULL
23.99 EA | DOLLAR OFF DAYS! -3.00 OFF | 20.99 EA MVP

PRICED LOW EVERY DAY

12 Oz. Select Varieties
MT. OLIVE PEPPERS
MVP 2/$5
W/O MVP Card $3.19 EA

32 Oz. Select Varieties
SWANSON BROTH
2.69 EA MVP
W/O MVP Card $3.29 EA

10-16.2 Oz. Select Varieties
LITTLE DEBBIE SNACK CAKES
MVP PRICED LOW EVERY DAY 2/$6
W/O MVP Card $3.19 EA

18-18.3 Oz. Select Varieties
DUNCAN HINES BROWNIE MIX
MVP PRICED LOW EVERY DAY 1.79 EA
W/O MVP Card $2.19 EA

12-13 Oz. Select Varieties
THOMAS' ENGLISH MUFFINS
MVP PRICED LOW EVERY DAY 3.69 EA
W/O MVP Card $5.29 EA

11 Oz. - Select Varieties
QUEST PROTEIN CHIPS
MVP PRICED LOW EVERY DAY 2.79 EA
W/O MVP Card $3.49 EA

FOOD LION MVP HOTSALE!

10 Oz. Select Varieties
ROTEL TOMATOES
MVP 4/$5
W/O MVP Card $1.69 EA

5.2-6.56 Oz. Select Varieties
PRINGLES POTATO CRISPS
MVP 2/$4
W/O MVP Card $2.49 EA

10 Oz.
FOOD LION SOY SAUCE
HOTSALE! 2/$4
W/O MVP Card Regular Retail

12.1-12.4 Oz. Select Varieties
KELLOGG'S RICE KRISPIES TREATS OR MINI SQUARES
HOTSALE! 3.99 EA
W/O MVP Card Regular Retail

12.5 Oz. - Select Varieties
JARRITOS SODA
HOTSALE! 4/$5
W/O MVP Card Regular Retail

8-8.1 Oz. - Select Varieties
RITZ TOASTED CHIPS
HOTSALE! 2/$6
W/O MVP Card $4.99 EA

4 2NCI 2DFH 2DSA 2GAI 2GAL 2GAT 2GAU 2GCH 2GCT 2GHW 2GPY 2GSA 2KBQ 2KHA 2KRU 2MBA 2MBL 2MBM 2MBT 2MDA 2MMA 2MMK 2MRS 2NCA 2NCC 2NCE 2NCH 2NCL 2NCM 2NCT 2NFL 2NGB 2NGL 2NGR 2NGS 2NGV 2NHF 2NLE 2NNB 2NNF 2NNL 2NNO 2NNU 2NPA 2NRE 2NRQ 2NRW 2NRX 2NRL 2NRR 2NTT 2NWA 2NWI 2NWL 2NWN 2NWR 2NWT 2PAL 2PHA 2PHI 2QAG 2RAI 2SCH 2SCI 2SCT 2SFE 2SFL 2SFP 2SGL 2SGV 2SPE 2SSA 2SSV 2TCA 2TCH 2TMA 2TMC 2TTB 2VBL 2VCH 2VKC 2VMA 2VMK 2VNC 2VNG 2VPE 2VPH 2VRA 2VRC 2VRG 2VRK 2VRN 2VRO 2VTJ 2VTR 2VWH 2VWN 2VWR 2VWS 2VWT 2VXN 2WBL 2WCA 2WHL 2WNB 2WNR 5204435

February 4 – 10, 2026 | MVP

BUY 2, GET 1 FREE

Purchase of 2 Required to Get 3rd Item FREE!

Shop Now

Coca-Cola · Hormel Chili · Utz · Hormel Pepperoni · Planters

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

Coca-Cola · utz · Hormel · PLANTERS

8 Pack - 12 Oz. Bottles
Select Varieties
COKE PRODUCTS
6.99 EA
Purchase of 2 Required to Get 3rd Item FREE!

5.9 Oz.
Select Varieties
GOLD PEAK TEA
3.49 EA
Purchase of 2 Required to Get 3rd Item FREE!

5-6 Oz. Pkg.
Select Varieties
HORMEL PEPPERONI
HOTSALE!
2/$7
W/O MVP Card Regular Retail
Purchase of 2 Required to Get 3rd Item FREE!

8.46 Oz.
Select Varieties
UTZ PRETZELS
3.99 EA
Purchase of 2 Required to Get 3rd Item FREE!

16 Oz.
Select Varieties
PLANTERS DRY ROASTED OR COCKTAIL PEANUTS
HOTSALE!
2/$6
W/O MVP Card $3.99 EA
Purchase of 2 Required to Get 3rd Item FREE!

7.5-9.5 Oz.
Select Varieties
UTZ POTATO OR KETTLE CHIPS
PRICED LOW EVERY DAY
3.99 EA
W/O MVP Card $4.79 EA
Purchase of 2 Required to Get 3rd Item FREE!

BEVERAGE CENTER

12 Pack - 12 Oz. Cans
Select Varieties
PEPSI PRODUCTS
LIMIT 4 FREE
HOTSALE!
BOGO FREE
W/O MVP Card Regular Retail Single Item Half Price

HOTSALE!
5.99 EA
W/O MVP Card $6.99 EA
8 Pack
20 Oz. Bottles
Select Varieties
GATORADE

2 Liter
Select Varieties
PEPSI PRODUCTS
HOTSALE!
2/$4
W/O MVP Card Regular Retail

64 Oz. - Select Varieties
FOOD LION CRANBERRY JUICE COCKTAIL
HOTSALE!
2/$5
W/O MVP Card $2.99 EA

64 Oz. or 8 Packs
Select Varieties
JUICY JUICE
HOTSALE!
2/$7
W/O MVP Card Regular Retail

15-16 Oz.
Select Varieties
MONSTER ENERGY OR JAVA
HOTSALE!
2/$5
W/O MVP Card Regular Retail

HOTSALE!
9.99 EA
W/O MVP Card Regular Retail
24 Pack - 12 Oz. Cans
Select Varieties
COKE PRODUCTS

16 Oz. Bottle
Select Varieties
SNAPPLE
HOTSALE!
4/$5
W/O MVP Card $1.79 EA

HOTSALE!
6.99 EA
W/O MVP Card $7.99 EA
6 Pack
16.9 Oz. Bottles
Select Varieties
GLACÉAU VITAMIN WATER

46 Oz.
Select Varieties
V8 FUSION OR VEGETABLE JUICE
HOTSALE!
2/$7
W/O MVP Card $3.99 EA

HOTSALE!
2/$5
W/O MVP Card $2.99 EA
12 Pack - 8 Oz. Bottles
DEER PARK SPRING WATER

The MVP of your dessert table!

FOOD LION

Shop our quality Food Lion brand and save on trusted ingredients.

DOUBLE YOUR MONEY BACK QUALITY GUARANTEE

PRICED LOW EVERY DAY
4.29 EA
W/O MVP Card $5.29 EA
8-12 Oz.
Select Varieties
HERSHEY'S BAKING CHIPS

16 Oz.
Select Varieties
FOOD LION PEANUT BUTTER
HOTSALE!
1.99 EA
W/O MVP Card $2.98 EA

HOTSALE!
3.29 EA
W/O MVP Card $3.79 EA
10-12 Oz.
Select Varieties
FOOD LION BAKING CHIPS

PRICED LOW EVERY DAY
3.79 EA
15 Oz.
Select Varieties
FOOD LION BUTTER QUARTERS

PRICED LOW EVERY DAY
1.99 EA
16 Oz.
Select Varieties
FOOD LION BAKING SUGARS

5 Lb. Bag
Select Varieties
FOOD LION FLOUR
HOTSALE!
2.29 EA
W/O MVP Card $2.49 EA

FREE* Pickup or $5 OFF Delivery

when you buy any 3 participating products.

Shop Offer

*Restrictions apply. Click button for more details.

DAIRY

HOTSALE! 4/$5 W/O MVP Card $1.69 EA

4.5-5.3 Oz. Select Varieties
CHOBANI FLIP OR CREATIONS YOGURT

HOTSALE! 2/$5 W/O MVP Card $4.29 EA

8 Oz. Brick Select Varieties
PHILADELPHIA CREAM CHEESE

16-32 Oz. - All Varieties
GALBANI RICOTTA OR MOZZARELLA CHEESE

HOTSALE! 4.99 EA W/O MVP Card Regular Retail

16 Oz. Select Varieties
DAISY SOUR CREAM

HOTSALE! 2/$5 W/O MVP Card $3.29 EA

64 Oz. Select Varieties
SILK MILK

HOTSALE! 3.49 EA W/O MVP Card $4.29 EA

46 Oz. Select Varieties
TROPICANA PREMIUM ADES OR PUNCHES

HOTSALE! 2/$5 W/O MVP Card $2.99 EA

HOTSALE! 7.99 EA W/O MVP Card $8.99 EA

32 Oz. Select Varieties
KRAFT VELVEETA CHEESE

HOTSALE! 4.99 EA W/O MVP Card $6.99 EA

16 Oz. Select Varieties
LAND O LAKES BUTTER QUARTERS

HOTSALE! 3.99 EA W/O MVP Card $4.99 EA

16 Oz. Select Varieties
KRAFT SINGLES

HOTSALE! 2/$4 W/O MVP Card $2.69 EA

12-16 Oz. All Varieties
HELLUVA GOOD! OR DEAN'S DIP

FROZEN

16.2-22.5 Oz. Select Varieties
JOSÉ OLÉ SHREDDED TAQUITOS

HOTSALE! 4.99 EA W/O MVP Card $6.99 EA

HOTSALE! 3.99 EA W/O MVP Card $4.59 EA

24 Oz.
ANNE'S OLD FASHIONED DUMPLINGS

10.5 Oz. Select Varieties
ZATARAIN'S FROZEN DINNERS

HOTSALE! 3.49 EA W/O MVP Card $4.29 EA

HOTSALE! 6.99 EA W/O MVP Card $8.49 EA

42.7 Oz. Select Varieties
FOSTER FARMS CORN DOGS

HOTSALE! 9.99 EA W/O MVP Card $12.99 EA

40 Oz. Pkg. - Frozen Select Varieties
TYSON JUMBO CHICKEN WINGS

HOTSALE! 12.99 EA W/O MVP Card $14.99 EA

51-54 Oz. Select Varieties
HOT POCKETS FAMILY PACK

MVP DIGITAL COUPONS

Load on App • Online • In-Store Kiosk

HOT SALE! 3.99 EA W/ MVP Card Get $4.99 EA
MVP Coupon -70¢ OFF
3.29 EA W/ MVP DISCOUNT SAVINGS TODAY!

14 Oz. Select Varieties
HÄAGEN-DAZS ICE CREAM

HOT SALE! 2/$7 W/ MVP Card Get $4.99 EA
MVP Coupon -2.00 OFF
2/$5 W/ MVP DISCOUNT SAVINGS TODAY!

4-6 Ct. Select Varieties
KLONDIKE ICE CREAM BARS

HOT SALE! 7.99 EA W/ MVP Card $8.99 EA
MVP Coupon -1.00 OFF
6.99 EA W/ MVP DISCOUNT SAVINGS TODAY!

14.7-15 Oz. Select Varieties
GARDEIN VALUE PACK

HOT SALE! 5.99 EA W/ MVP Card $6.99 EA
MVP Coupon -1.00 OFF
4.99 EA W/ MVP DISCOUNT SAVINGS TODAY!

14.3-22 Oz. Select Varieties
FARM RICH SNACKS

BREAKFAST

10.6-11.2 Oz. Select Varieties
GENERAL MILLS FLAVORED CHEERIOS CEREAL
NEW ITEM

HOTSALE! 2/$6 W/O MVP Card $4.49 EA

6.17-9.5 Oz. Select Varieties
KODIAK BREAKFAST OR GRANOLA BARS

HOTSALE! 4.99 EA W/O MVP Card Regular Retail

52 Oz. Select Varieties
FLORIDA'S NATURAL ORANGE JUICE

HOTSALE! 3.49 EA W/O MVP Card $5.49 EA

HOTSALE! 6.49 EA W/O MVP Card Regular Retail

10 Ct. K-Cups Select Varieties
GREEN MOUNTAIN OR DONUT SHOP COFFEE

32 Oz.
HUNGRY JACK PANCAKE MIX

HOTSALE! 2/$6 W/O MVP Card $3.69 EA

15 Oz. Select Varieties
OLD TYME GAME DAY BUNS

PRICED LOW JUST SAY IT! 2/$5 W/O MVP Card $3.29 EA

12 Oz. Select Varieties
NATURE'S BAKERY FIG BARS

HOTSALE! 3.49 EA W/O MVP Card $3.99 EA

36 Ct. Single Serve Cups Select Varieties
FOOD LION COFFEE

HOTSALE! 11.99 EA W/O MVP Card $16.29 EA

FREE* Pickup or $5 Off Delivery

when you buy 2 participating products.

Shop Offer

*Restrictions apply. Click button for more details.

HEALTH & BEAUTY

HOTSALE! MVP **2/$3**
14 Oz. Hand Soap or 18 Oz. Kids 3-in-1 Body Wash
Select Varieties
ARM & HAMMER
W/O MVP Card $1.99 EA

6 Oz. Kids Hair Care or 10 Oz. Treatments
Select Varieties
CANTU
HOTSALE! MVP **2.99** EA
W/O MVP Card Regular Retail

60-150 Ct.
Select Varieties
CAREONE ANTACID TABLETS
PRICED LOW EVERY DAY **2.49** EA

12 Oz. or 12 Ct.
Select Varieties
ZZZQUIL SLEEP-AID
HOTSALE! MVP **9.99** EA
W/O MVP Card $11.29 EA

HOTSALE! MVP **8.99** EA
W/O MVP Card $10.99 EA

48 Ct. - Select Varieties
PLAYTEX SPORT TAMPONS

MVP DIGITAL COUPON
Load on App • Online • In-Store Kiosk

HOTSALE! MVP **7.99** EA
W/O MVP Card $8.99 EA
MVP Coupon **-2.00** (OFF)
5.99 EA
MVP SEE TOTAL DISCOUNT SAVINGS (OFF)

15-20 Oz.
Select Varieties
DOVE BODY WASH OR SCRUB

BABY

4 Oz.
Select Varieties
GERBER BABY FOOD
HOTSALE! MVP **5/$5**
W/O MVP Card $1.99 EA

3.5-4 Oz.
Select Varieties
PLUM ORGANICS BABY FOOD
HOTSALE! MVP **2/$3**
W/O MVP Card $1.69 EA

156-216 Ct.
Select Varieties
PAMPERS BABY WIPES
HOTSALE! MVP **6.99** EA
W/O MVP Card $7.99 EA

15-22 Ct.
Select Sizes
PAMPERS EASY UPS TRAINING PANTS
HOTSALE! MVP **9.99** EA
W/O MVP Card $11.99 EA

HOUSE & HOME

HOTSALE! MVP **1.99** EA
40-100 Ct.
Select Varieties
FOOD LION NAPKINS
W/O MVP Card Regular Retail

MVP DIGITAL COUPON
Load on App • Online • In-Store Kiosk

HOTSALE! MVP **4.99** EA
W/O MVP Card $5.99 EA
MVP Coupon **-1.00** (OFF)
3.99 EA
MVP SEE TOTAL DISCOUNT SAVINGS (OFF)

24.3 Oz.
Select Varieties
DAWN EZ-SQUEEZE

81 Oz. - Select Varieties
FOOD LION LIQUID BLEACH
HOTSALE! MVP **3.99** EA
W/O MVP Card $4.49 EA

50 Ct.
Select Varieties
FOOD LION PARTY CUPS
HOTSALE! MVP **3.99** EA
W/O MVP Card Regular Retail

48-100 Ct.
Select Varieties
FOOD LION PLATES OR BOWLS
HOTSALE! MVP **4.99** EA
W/O MVP Card Regular Retail

41 Oz.
Select Varieties
MR. CLEAN
HOTSALE! MVP **4.49** EA
W/O MVP Card $6.59 EA

34 Oz. Softener or 80 Ct. Sheets
ALL
26.8-27.2 Oz. Softener or 70-80 Ct. Sheets
SNUGGLE
Select Varieties
HOTSALE! MVP **2.99** EA
W/O MVP Card Regular Retail

HOTSALE! MVP **10.99** EA
W/O MVP Card Regular Retail

56-90 Ct.
Select Varieties
FOOD LION KITCHEN BAGS

HOTSALE! MVP **15.99** EA
W/O MVP Card Regular Retail

12 Double Rolls
Select Varieties
FOOD LION PAPER TOWELS

12 Mega Rolls
Select Varieties
FOOD LION PREMIUM BATH TISSUE
HOTSALE! MVP **10.99** EA
W/O MVP Card Regular Retail

PET

11 Oz.
Select Varieties
FANCY FEAST APPETIZERS
HOTSALE! MVP **4/$5**
W/O MVP Card $1.69 EA

3.15 Lb. Bag
Select Varieties
PURINA CAT FOOD
MVP PRICED LOW EVERY DAY **6.29** EA
W/O MVP Card $6.99 EA

5.6-24 Oz.
Select Varieties
PUP-PERONI OR MILK-BONE DOG TREATS
HOTSALE! MVP **3.29** EA
W/O MVP Card Regular Retail

14 Lb.
Select Varieties
BENEFUL DRY DOG FOOD
HOTSALE! MVP **16.49** EA
W/O MVP Card $19.59 EA

SWEET DEALS

HOTSALE! MVP **5.49** EA
W/O MVP Card $6.99 EA
4.5-5.3 Oz.
Select Varieties
FERRERO ROCHER 12 PIECE

5.1 Oz.
Select Varieties
LINDT TRUFFLE BAG
HOTSALE! MVP **5.99** EA
W/O MVP Card $7.79 EA

HOTSALE! MVP **6.99** EA
W/O MVP Card $9.99 EA
1 Ct.
SMART LIVING 11 INCH LOVE BUG PLUSH

3.17-3.5 Oz.
Select Varieties
GHIRARDELLI CHOCOLATE BARS
HOTSALE! MVP **4.99** EA
W/O MVP Card $5.99 EA

† ZNO1 ZOP4 ZOS4 ZQA4 ZQL ZUA7 ZUA1 ZUC4 ZUC9 ZUC7 ZUH4 ZUH1 ZUI4 ZV80 ZWA ZWA1 ZWA ZWA4 ZWB ZWB4 ZWB7 ZWD4 ZWM4 ZWM5 ZWO4 ZWO ZWO4 ZWO ZWO1 ZWO ZWO7 ZWP ZWP4 ZWP ZWQ ZWR ZWR4 ZWS ZWS4 ZWS ZWT ZWT4 ZWU ZWU4 ZWV ZWV4 ZWW ZWW4 ZWW ZWW4 ZWW ZWW

Kick off with fresh snacks at low prices!

HOT SALE! MVP 89¢ LB
W/O MVP Card Regular Retail
Bulk
JUMBO WHITE ONIONS
Bulk or Tote Bag
JALAPEÑO PEPPERS OR ROMA TOMATOES

HOT SALE! MVP 1.29 EA
W/O MVP Card Regular Retail
Bunch
CELERY
12 Oz.
FOOD LION SUPREME BABY CUT CARROTS

MVP DIGITAL COUPON
Load on App • Online • In-Store Kiosk

HOT SALE! 4.99 EA
W/O MVP Card Regular Retail
MVP Coupon –1.00 OFF 1
3.99 EA
MVP W/ MFR. DISCOUNT SAVINGS LIMIT 1
20 Oz.
Select Varieties
LITEHOUSE DRESSING

HOT SALE! MVP 5.99
W/O MVP Card Regular Retail
6 Ct. Pkg.
RAINBOW PEPPERS

HOT SALE! MVP 2/$5
W/O MVP Card Regular Retail
24 Oz.
Select Varieties
FOOD LION MINI POTATOES

HOT SALE! MVP 2/$5
W/O MVP Card Regular Retail
1 Lb. Container
STRAWBERRIES

HOT SALE! MVP 3.49 LB
W/O MVP Card Regular Retail
3 Lb. Bag
MANDARINS

HOT SALE! MVP 3.49 EA
W/O MVP Card Regular Retail
MINI WATERMELON, CANTALOUPES OR HONEYDEW MELONS

PRICED LOW EVERY DAY ✓
33¢ LB
LIMES

A FOOD LION private brand

HOT SALE! MVP 3.99 LB
W/O MVP Card Regular Retail
3 Lb. Bag
NATURE'S PROMISE ORGANIC YELLOW ONIONS

HOT SALE! MVP 2.99 EA
W/O MVP Card Regular Retail
3 Ct.
NATURE'S PROMISE ORGANIC AVOCADOS

While Supplies Last!
5.99 EA
4 INCH MINI ROSES

Find us online:
foodlion.com

Prices and promotions in this ad are based on the use of a Food Lion MVP card, regular prices apply without card.
We reserve the right to limit quantities and correct typographical errors.
Prices and availability may vary by stores.
Rain checks unavailable on alcohol and tobacco products.

ALL STORES ACCEPT: AMEX VISA MasterCard ATM CARDS

Prices in this ad good at stores conveniently located in these cities:

Thurmont

We accept competitor's coupons, exceptions may apply, see store associate for details.
Cameras, Western Union, Deli/Bakery and Floral may not be available at all stores.
Sale Begins Wednesday at 8 am in 24 Hour Stores.

Snacks for the *win* and *deals* for the score!

FOOD LION

February 4 - February 10, 2026 Offers valid while supplies last.

19 Oz. Pkg.
Select Varieties
JOHNSONVILLE FRESH DINNER SAUSAGE

HOTSALE!
MVP
BOGO FREE
W/O MVP Card Regular Retail
Single Item Half Price

3 Ct.
Made Hot In-Store
CHICKEN TENDERS
IN THE DELI

PRICED LOW EVERY DAY
$5 EA

52 Oz. Pkg.
Frozen
FOOD LION ORIGINAL MEATBALLS

HOTSALE!
MVP
9.49 EA
W/O MVP Card Regular Retail

HOTSALE!
MVP
6.99 EA
W/O MVP Card $7.99 EA

16 Inch
Pepperoni or Cheese
FOOD LION DELI STYLE THIN CRUST PIZZA
IN THE DELI

24 Oz.
Select Varieties
FOOD LION DRESSING

HOTSALE!
MVP
2.99 EA
W/O MVP Card $3.49 EA

18 Oz.
Select Varieties
FOOD LION SWEET BBQ SAUCE

HOTSALE!
MVP
1.59 EA
W/O MVP Card $1.89 EA

5-9.25 Oz.
Select Varieties
WISE CHEEZ DOODLES OR POPCORN
LIMIT 4 FREE

HOTSALE!
MVP
BOGO FREE
W/O MVP Card $4.79 EA
Single Item Half Price

W-1 ZNCO ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHW ZGRY ZGSA ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNL ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSPE ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVCH ZVDC ZVHA ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVTI ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 02/04/26

FOOD LION

taste of Inspirations

Game day savings with Our Brands!

HOT SALE!
MVP
4.99 EA
W/O MVP Card $6.99 EA

2 Lb.
TASTE OF INSPIRATIONS AUTUMNCRISP GRAPES

2 Liter
Select Varieties
FOOD LION SODA

PRICED LOW EVERY DAY
$1 EA

HOT SALE!
MVP
2.59 EA
W/O MVP Card $2.89 EA

12.5 Oz.
Select Varieties
FOOD LION CHICKEN BREAST

16 Oz.
Select Varieties
FOOD LION SALSA

HOT SALE!
MVP
1.99 EA
W/O MVP Card $2.99 EA

HOT SALE!
MVP
6.49 EA
W/O MVP Card $6.99 EA

14 Oz.
Select Varieties
TASTE OF INSPIRATIONS PEPPERONI OR SALAMI
IN THE DELI

8 Oz.
Select Varieties
FOOD LION NATURAL CHEESE SLICES

HOT SALE!
MVP
3/$5
W/O MVP Card 2/$4

HOT SALE!
MVP
3.48 EA
W/O MVP Card Regular Retail

7-9 Oz. Pkg.
Select Varieties
FOOD LION LUNCHMEAT TUB

17 Oz.
FOOD LION WING SAUCE

HOT SALE!
MVP
2/$5
W/O MVP Card $2.89 EA

14.5 Oz.
Select Varieties
FOOD LION COCKTAIL SAUCE

HOT SALE!
MVP
1.59 EA
W/O MVP Card $1.89 EA

HOT SALE!
MVP
7.99 EA
W/O MVP Card $8.99 EA

16 Oz.
TASTE OF INSPIRATIONS GOURMET CHEESE SAMPLER
IN THE DELI

W-2 ZNCO ZGCH ZGCR ZGCT ZMBL ZMBM ZMWA ZMWK ZMWS ZNCH ZNCL ZNGR ZNNB ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSCT ZTCA ZTCH ZTKN ZTTR ZVCH ZVDC ZVHA ZVRC ZVRD ZVRI ZVRN ZVTI ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWCA ZWCL ZWWA ZWWS 02/04/26

Touchdown deals you can't miss!

HOTSALE! MVP 3.19 EA
W/O MVP Card $3.49 EA

8 Oz.
FOOD LION PICO DE GALLO
IN PRODUCE

HOTSALE! MVP 2/$4
W/O MVP Card Regular Retail

8-12.4 Oz.
Select Varieties
FOOD LION CRESCENT OR CINNAMON ROLLS

HOTSALE! MVP 4.49 EA
W/O MVP Card $4.99 EA

10 Oz.
TASTE OF INSPIRATIONS CHEESE BALL
IN THE DELI

HOTSALE! MVP 3.49 EA
W/O MVP Card $3.99 EA

8 Oz.
Select Varieties
TASTE OF INSPIRATIONS GUACAMOLE
IN THE DELI

7.5-8 Oz.
Select Varieties
NATURE'S PROMISE VEGETABLE SNACKS

HOTSALE! MVP 2.69 EA
W/O MVP Card $3.19 EA

FOOD LION CLASSIC MINI SUB BUNS
IN THE BAKERY

HOTSALE! MVP BOGO FREE
W/O MVP Card $5.49 EA
Single Item Half Price

3.5 Oz.
Select Varieties
FOOD LION SWISS CHOCOLATE BAR

HOTSALE! MVP 1.99 EA
W/O MVP Card $2.29 EA

59 Oz.
Select Varieties
FOOD LION DRINKS

PRICED LOW EVERY DAY
1.69 EA

10-13 Oz.
Select Varieties
FOOD LION TORTILLA CHIPS

PRICED LOW EVERY DAY
1.99 EA

6.4 Oz.
FOOD LION CRISP RICE MARSHMALLOW TREATS

PRICED LOW EVERY DAY
1.99 EA

W-3 ZNCO ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHW ZGRY ZGSA ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSPE ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVTI ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 02/04/26

FOOD LION

CATERING

Place your order at the deli counter or scan the QR code to order online.

Select Varieties
KILLER BROWNIE
IN THE BAKERY

HOTSALE!
MVP
8.99 EA
W/O MVP Card $9.99 EA

12 Ct.
CUPCAKES
IN THE BAKERY

HOTSALE!
MVP
4.99 EA
W/O MVP Card $6.99 EA

W-4 ZNCO ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHW ZGRY ZGSA ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSPE ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVTI ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 02/04/26