

Optimum

MEMBERS ONLY

Exclusive savings and **pts** offers

Optimum

Members-Only Price**

5⁵⁰

Non-members

\$6

KELLOGG'S FAMILY SIZE CEREAL
SELECTED VARIETIES, 450-650 G
CÉRÉALES FORMAT FAMILIAL KELLOGG'S
21449784_EA/21450811_EA



Optimum

Members-Only Price**

2⁵⁰

Non-members

\$4

Members
save up to
\$1⁵⁰

**CAVENDISH FRIES OR
SPECIALTY POTATOES**
SELECTED VARIETIES, FROZEN, 400-750 G
**Frites ou Pommes de Terre
de Spécialité Les Fermes
Cavendish**
20729779_EA/21685114_EA



Optimum

Members-Only Price**

\$5

Non-members

\$6

Members
save up to
\$1

**HEINZ
KETCHUP**
750 ML-1 L
**OR KRAFT
MIRACLE
WHIP** 650-890 ML
SELECTED VARIETIES
**KETCHUP
HEINZ OU
MIRACLE WHIP
KRAFT**
20069080_EA
2029661001_EA



Optimum

Members-Only Price**

\$3

Non-members

\$4

Members
save up to
\$1

NO NAME® FLOUR
SELECTED VARIETIES, 2.5 KG
FARINE SANS NOM®
20013256_EA/20303325_EA



Optimum

Members-Only Price**

\$20

Non-members

\$28

Members
save up to
\$8

TIDE LAUNDRY DETERGENT
3.9 L, **TIDE POWER PODS 45'S,**
TIDE PODS OR GAIN FLINGS
57-76'S OR BEADS 853 G
SELECTED VARIETIES
**DÉTHERGENT À LESSIVE, POWER
PODS TIDE OU PODS TIDE,
FLINGS GAIN OU PERLES**
21593670_EA/21625891_EA



**Must be a registered PC Optimum™ member to load and get this offer.

RA FLAP 1

**PRICE
DROP[‡]**

**SO YOU CAN
SAVE MORE**

1⁸⁵

**ANNIE'S
MACARONI
AND CHEESE**
SELECTED VARIETIES
170 G
**MACARONI
ET FROMAGE**
ANNIE'S
20316187001_EA
20811201_EA



2⁵⁰

**GOLDFISH BAKED
SNACK CRACKERS
OR CRISPS**
SELECTED VARIETIES
156-200 G
**CRAQUELINS
CUITS OU
CROUSTILLES**
GOLDFISH
20306994003_EA
20300320_EA



3⁵⁰

POPCORNERS
SELECTED VARIETIES
142 G
POPCORNERS
21370205_EA
21370259_EA



5⁵⁰

**PUREX 1.92-2.03 L
OR SUNLIGHT 1.84 L
LAUNDRY
DETERGENT**
SELECTED VARIETIES
**DÉTERGENT À
LESSIVE PUREX
OU SUNLIGHT**
20856316005_EA
21427029_EA



\$6

FRISKIES CAT FOOD
SELECTED VARIETIES, 1.4-1.5 KG
**NOURRITURE POUR
CHATS FRISKIES**
20912515_EA



DEAL DROP

Limited-time deals on PC® home & more.

LIMIT 4
OVER LIMIT PAY 30.00 EA

\$15

LIFE AT HOME® FELT HANGERS
50'S
CINTRES EN FEUTRE
LIFE AT HOME® MC
21012347_EA

Life at Home
FELT HANGERS
CINTRES
50'S

REAL ATLANTIC SUPERSTORE™

PROUDLY CANADIAN

5.44
LB
11.99/KG

MEDIUM GROUND BEEF
BŒUF HACHÉ
MI-MAIGRE
20797926_KG

CLUB SIZE

SAVE
UP TO **1.00**

\$3

RASPBERRIES OR BLACKBERRIES
PRODUCT OF MEXICO
OR U.S.A., 170 G
FRAMBOISES OU MÛRES
20051015001_EA/20128938001_EA

SAVE
UP TO **33%**

\$10 LB
22.05/KG

FRESH ATLANTIC SALMON FILLETS SKIN-ON
FILETS DE SAUMON DE L'ATLANTIQUE
FRAIS
20720065_KG

CANADIAN SEAFOOD

CLUB SIZE

SAVE
UP TO **33%**

\$1

RED MANGOS
PRODUCT OF PERU
MANGUE ROUGE
20059635001_EA

President's Choice®

Raised by Canadian farmers

Air-chilled to lock in flavour

CHICKEN POULET

PKG OF 3

GET 3,000^{pts}

\$3 back in points

APP EXCLUSIVE OFFER*

\$13

PC® BONELESS, SKINLESS CHICKEN BREAST UP TO 630 G
POITRINE DE POULET DÉOSSÉE SANS PEAU PC MD
21340952_EA

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

Optimum[™]

Members-Only Price[™]

\$3

Non-members **\$4**

FARMER'S MARKET™ MINI CUCUMBERS
PRODUCT OF CANADA, 6'S
MINI-CONCOMBRES DÉLICIES DU MARCHÉ MC
20737570001_EA

**Must be a registered PC Optimum™ member to load and get this offer.

Members save up to **\$1**

PRODUCT OF CANADA

PKG OF 6

SAVE
UP TO **53%**

\$7

JANES PUB STYLE BREADED CHICKEN
SELECTED VARIETIES, FROZEN, 700 G
POULET PANÉ STYLE PUB JANES
21101826_EA

chicken Strips

READY TO COOK

MADE WITH WHITE MEAT

SAVE
UP TO **50%**

\$1

CAMPBELL'S SOUP
SELECTED VARIETIES, 284 ML
SOUPÉ CAMPBELL'S
20176214001_EA/20176214003_EA

Chicken Noodle
Poulet et nouilles

Tomato Tomates

\$3

WONDER BREAD OR BUNS
SELECTED VARIETIES AND SIZES
PAIN OU PETITS PAINS WONDER
20305074_EA/20639770_EA

PREPARED IN CANADA

\$4

PHILADELPHIA CREAM CHEESE OR DIPS
SELECTED VARIETIES, 227/250 G
FROMAGE À LA CRÈME OU TREMPETTES PHILADELPHIA
20641267_EA/20666816001_EA

PREPARED IN CANADA

SAVE
UP TO **40%**

\$3

PC® VEGETABLES
SELECTED VARIETIES, FROZEN, 300-750 G
LÉGUMES PC MD
20318915_EA/21184694_EA

TRICED CAULIFLOWER
CHOU-FLEUR EN RIZ

ROCCOLI FLORENT
FLORENTS DE BROCCOLI

SAVE .99
WHEN YOU BUY 3

3/4.98
OR 1.99 EA

COCA-COLA, CANADA DRY OR PEPSI SOFT DRINKS
SELECTED VARIETIES, 2 L
BOISSONS GAZEUSES COCA-COLA, CANADA DRY OR PEPSI
20316016002_EA/20296926002_EA

PREPARED IN CANADA

UP TO **40% OFF**

JAMIESON VITAMINS OR SUPPLEMENTS
SELECTED VARIETIES AND SIZES
VITAMINES OU SUPPLÉMENTS JAMIESON
20946636_EA/21085525_EA

Gentle Iron

Probiotic Gummies

SAVE
UP TO **1.00**

5.99

BRAR'S MALAI PANER
375 G
MALAI PANER
20283164_EA

Malai Paner

SAVE
UP TO **30%**

6.50

SIGGI'S SKYR TUBS 650/750 G OR YOPLAIT SOURCE YOGURT 16X100 G
SELECTED VARIETIES
CONTENANTS DE YOGOURT SKYR SIGGI'S OU SOURCE YOPLAIT
20120316002_EA/21353874_EA

crèmeux-creamy

PREPARED IN CANADA

SAVE
UP TO **43%**

12.99

ROYALE BATHROOM TISSUE 30=60 ROLLS OR TIGER TOWEL 6=12 ROLLS OR FACIAL TISSUE 12'S
SELECTED VARIETIES
PAPIER HYGIÉNIQUE OU ESSUIE-TOUT TIGER TOWEL OU MOUCHOIRS ROYALE
20705292_EA/21378233_EA/21484732_EA

ROYALE

Tiger

Optimum[™]

3 DAYS ONLY! Thursday, February 26th to Saturday, February 28th

Your points are worth more.

Bonus Redemption Event

Redeem **70,000^{pts}** and get **\$80^{off}***
your purchase of \$80 or more

OR

Redeem **150,000^{pts}** and get **\$175^{off}***
your purchase of \$175 or more

OR

Redeem **250,000^{pts}** and get **\$300^{off}***
your purchase of \$300 or more

That's an extra \$10 value!

That's an extra \$25 value!

That's an extra \$50 value!

Limited time offer, subject to change or cancellation. Redemptions at points level available while offer lasts as specified above in a single transaction. In cases of insufficient spend amount causing customers not being able to optimize the offer, the system will automatically suggest/default to a lower redemption threshold, so that customer can always redeem the least amount of available points and achieve the maximum value of offer available. Customer can however choose to redeem a higher amount of points and forfeit portion of the value available if desired as per the PC Optimum™ Program Terms and Conditions. In no event will customers receive extra points in lieu of the forfeited value as part of this offer. Redemptions must be in increments of 10,000 points up to a maximum of 500,000 PC Optimum™ points in one transaction. Applicable fees and taxes payable on full purchase price before application of redemption value. Not redeemable for cash or credit. Exclusions apply. Visit pcoptimum.ca/company-policy/terms-and-conditions for further details.

SAVE UP TO 33%

2⁵⁰

PREGO SAUCE
SELECTED VARIETIES
645 ML
SAUCE PREGO
20325820001_EA



SAVE UP TO 4.99

\$20

PC® GROUND COFFEE
SELECTED VARIETIES, 800-930 G
CAFÉ MOULU PC^{MD}
21393374_EA/21393373_EA
"Open your PC Optimum™ app or visit pcoptimum.ca to get the offer."

GET 3,000[®] \$3
back in points

GOURMET WEST COAST DARK ROAST
875 g

THE GREAT CANADIAN
800 g

APP EXCLUSIVE OFFER[†]




SAVE .50

2⁵⁰

DOM SPECIALTY SMOKED STEELHEAD SALMON 50 G OR YELLOWFIN TUNA STEAKS 92 G FROZEN
SAUMON STEELHEAD FUMÉ DOM SPÉCIALITÉ OU DARNES DE THON ALBACORE
20792840_EA/21694839_EA




3/\$9
OR 3.33 EA

GENERAL MILLS, NATURE VALLEY, PILLSBURY, BETTY CROCKER OR MOTT'S FRUITATIONS GRANOLA, CEREAL BARS, TREATS OR FRUIT SNACKS
SELECTED VARIETIES, 120-230 G
BARRES GRANOLA, DE CÉRÉALES, GÂTERIES OU COLLATIONS AUX FRUITS GENERAL MILLS, VAL NATURE, PILLSBURY, BETTY CROCKER OU FRUITATIONS MOTT'S
20318474001EA/208872501EA




\$4

PC® ORANGE JUICE 1.54 L OR DANONE ACTIVIA TUBS 650 G
SELECTED VARIETIES
JUS D'ORANGE PC^{MD} OU CONTENANTS ACTIVIA DANONE
2030215001EA/21430531_EA




2⁵⁰

GOLDFISH BAKED SNACK CRACKERS OR CRISPS
SELECTED VARIETIES, 156-200 G
CRAQUELINS CUIITS OU CROUSTILLES GOLDFISH
20300320_EA/21695259_EA




\$6

GENERAL MILLS FAMILY SIZE CEREAL
SELECTED VARIETIES, 475-778 G
CÉRÉALES FORMAT FAMILIAL GENERAL MILLS
21103492_EA/21103495_EA




644

NESCAFÉ OR TASTER'S CHOICE INSTANT COFFEE 100-170 G OR NESCAFÉ SWEET & CREAMY SACHETS 16/18'S
SELECTED VARIETIES
CAFÉ INSTANTANÉ NESCAFÉ OU TASTER'S CHOICE OU CRÉMEUX ET SUCRÉ NESCAFÉ
20873036_EA/21363371_EA




SAVE UP TO 2.99

5⁵⁰

CHAPMAN'S PREMIUM ICE CREAM, FROZEN YOGURT OR SORBET 2 L OR SUPER NOVELTIES 6-20'S
SELECTED VARIETIES, FROZEN
CRÈME GLACÉE PREMIUM, YOGOURT GLACÉ OU SORBET OU FRIANDISES GLACÉES SUPER CHAPMAN'S
20849832001EA/20323573001_EA




SAVE UP TO 28%

\$5

GIUSEPPE PIZZA
SELECTED VARIETIES
FROZEN, 439-785 G
PIZZA GIUSEPPE
21106361_EA/21106375_EA




\$10

PC® OR BLUE MENU® ENTRÉES
SELECTED VARIETIES
FROZEN, 907 G-1.13 KG
PLATS CUISINÉS PC^{MD} OU MENU BLEU^{MC}
20326534_EA/21359210_EA




3/9.99
OR 3.99 EA

KELLOGG'S SPECIAL K CHEWY BARS OR KASHI CHEWY WHOLE GRAIN BARS
SELECTED VARIETIES, 154-200 G
BARRES TENDRES SPECIAL K KELLOGG'S OU BARRES TENDRES DE GRAINS ENTIERS KASHI
20849832001EA/20849832002EA




\$6

BLACK DIAMOND CHEESE BARS
400 G OR SHREDS 300-320 G OR PC® SHREDS 250-320 G
SELECTED VARIETIES
BARRES DE FROMAGE OU FROMAGE RAPÉ BLACK DIAMOND OU FROMAGE RAPÉ PC^{MD}
21278845_EA/21279221_EA




1⁵⁰

NO NAME® BROTH
SELECTED VARIETIES
900 ML
BOUILLON SANS NOM®
21189607_EA/21189610_EA




3⁵⁰

GOGO SQUEEZ FRUIT SAUCE POUCHES OR CUPS
SELECTED VARIETIES
4X90/4X97 G
SACHETS OU CONTENANTS DE COMPOTE DE FRUITS GOGO SQUEEZ
20322697002_EA/21201912_EA




4⁵⁰

HARDBITE POTATO CHIPS WITH AVOCADO OIL
SELECTED VARIETIES
128 G
CROUSTILLES AVEC HUILE D'AVOCAT HARDBITE
21157616_EA/21483789_EA




\$21

GATORADE CLUB PACK OR POWERADE SPORTS DRINK
SELECTED VARIETIES
24X591 ML
BOISSON DÉSALTÉRANTE FORMAT CLUB GATORADE OU POWERADE
20954130/C24/20325703/C24

24 591 mL

EQUIVALENT TO 88¢ PER BOTTLE

PREPARED IN CANADA



SAVE 1.99

17⁹⁹

WHISKAS WET CAT FOOD
SELECTED VARIETIES
12'S
NOURRITURE HUMIDE POUR CHATS FRISKIES
20945387_EA/21011732_EA



\$10

GLAD OUTDOOR BAGS
SELECTED VARIETIES
10-40'S
SACS POUR L'EXTÉRIEUR GLAD
21164510_EA/21165477_EA



2/\$12
OR 10.00 EA

8 STEM TULIPS ASSORTED COLOURS 8 TULIPES SUR TIGE
21723510_EA/21723469_EA



FRESH PROMISE: Applicable to eligible fresh produce items purchased at Real Atlantic Superstore locations or online at realatlanticsuperstore.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original purchase receipt within 7 days of purchase at the Real Atlantic Superstore where purchase originated. This promise does not apply to reduced/clearance priced produce. This promise cannot be combined with any other offer. We reserve the right to cancel or change the terms of this promise at any time without notice. **Quantities and/or selection of items may be limited and may not be available in all stores.** For inquiries on product availability at your store please contact Customer Relations at the above phone number. No Rainchecks OR Substitutions on clearance items or where quantities are advertised as limited. Advertisements pricing and product selection (flavour, colour, patterns, style) may vary by store location. We are not obligated to sell items based on errors or misprints in typography or photography. Pricing: All references to "Save, Was, Now, Savings, etc." is in comparison to our own regular prices. Coupons must be presented and redeemed at time of purchase. **Savings on items shown may vary in each store location.** Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. ©/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. All rights reserved. © 2025 Loblaws Inc. MasterCard and the MasterCard Brand Mark are registered trademarks and PayPass is a trademark of MasterCard International Incorporated. President's Choice Bank a licensee of marks. PC Optimum™ program is provided by President's Choice Financial Inc. President's Choice Financial MasterCard is provided by President's Choice Bank. President's Choice Financial personal banking services are provided by the direct banking division of Simplii Financial. ©PC, President's Choice, PC Financial and President's Choice Financial are registered trademarks of Loblaws Inc. Trademarks used under licence. We reserve the right to limit quantities to reasonable family requirements. **PC OPTIMUM MEMBERS ONLY:** These offers are only available to valid PC Optimum™ program members. Membership is free. To register as a PC Optimum™ member, see in-store or visit pcoptimum.ca. We are not obligated to award points based on errors or misprints. No cash value. See atlanticsuperstore.ca for full program details including redemption restrictions Minimum redemption 10,000 points. These offers cannot be combined with any other coupons, discounts or promotions and no adjustments on previous purchases. We reserve to modify or cancel these offers without notice. Product availability may vary by store. While supplies last. We reserve the right to limit quantities. "Receive the points specified when you spend the qualifying dollar amount on the displayed participating product(s) and/or category(ies) before taxes and after redemptions and all coupons and discounts are deducted in a single transaction; ** Valid for flyer duration, after which the price will be the same for both PC Optimum™ and non-PC Optimum™ members. Taxes applicable on the purchase amount after discounts. PC Optimum™ member pricing is not applicable to any price match programs for participating stores operating under the Loblaws Inc. banner. **OUTDOOR/SEASONAL:** For your local store's hours and for a list of Atlantic Superstore locations that DO NOT participate in this flyer, visit www.atlanticsuperstore.ca or call Customer Relations at 1-866-727-0771. **Quantities and/or selection of items may be limited and may not be available in all stores.** Outdoor seasonal items (e.g. lawn and garden) may only be available at select store locations. Please check your local store for pricing, limits and availability. We reserve the right to limit quantities to reasonable family requirements. Rainchecks may be available for out of stock items excluding clearance items or where quantities are advertised as limited. We reserve the right to substitute the out of stock item for an equivalent item in lieu providing a item advertised. **Advised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location.** All references in our flyer to "Save", "Was", "Now" etc. is in comparison to our own regular prices. **Savings on items advertised within flyer may vary by store location.** Coupons must be presented and redeemed at time of purchase. We are not obligated to sell items based on errors or misprints in typography or photography. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. ©/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. All rights reserved. ©2025 Loblaws Inc. **#PRICE DROP** Offer valid in-store at participating locations between February 26 - March 18, 2026 before applicable taxes and while quantities last. Offer applies only to select products. Offer may be modified and/or cancelled without notice. See in-store for full details.

FRESH PROMISE

If it's not fresh, it's free.

*Fresh Promise: Applicable to eligible fresh produce items purchased at Real Atlantic Superstore store locations or online at realatlanticsuperstore.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the Real Atlantic Superstore store where purchase originated. This promise does not apply to reduced/clearance priced produce. This promise cannot be combined with any other offer. We reserve the right to cancel or change the terms of this promise at any time without notice.

\$5

STRAWBERRIES
PRODUCT OF MEXICO OR U.S.A.
454 G
FRAISES
20049778001_EA



3⁹⁹
LB
8.80/KG

**GREENHOUSE EXTRA
LARGE ORANGE, RED
OR YELLOW SWEET
PEPPERS**
PRODUCT OF MEXICO
**TRÈS GROS POIVRONS
DE SERRE ORANGE,
ROUGES OU JAUNES**
2016680001_KG/20007535001_KG



3⁹⁹
LB
8.80/KG

**PC® EXTRA LARGE
GREEN OR RED
SEEDLESS GRAPES**
PRODUCT OF PERU, SOUTH
AFRICA OR CHILE, NO. 1 GRADE
**TRÈS GROS RAISINS
VERTS OU ROUGES**
SANS PÉPINS PC^{MD}
20425775001_KG/20159199001_KG



3⁵⁰

ICEBERG LETTUCE
PRODUCT OF U.S.A.
LAITUE ICEBERG
20135326001_EA



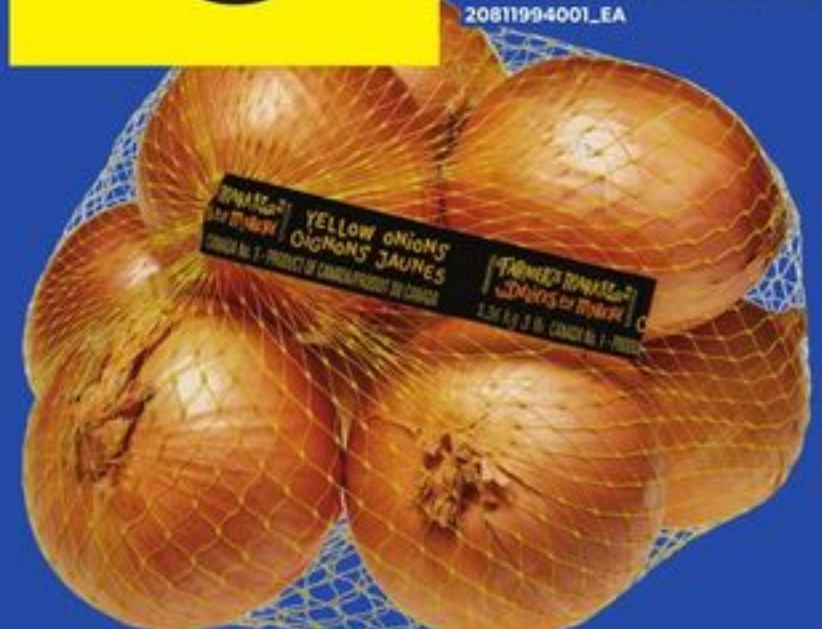
\$6

**FARMER'S MARKET™
NAVEL ORANGES**
PRODUCT OF MOROCCO OR
SPAIN, 3 LB
**ORANGES NAVEL
DÉLICIES DU MARCHÉ^{MC}**
20162945001_EA



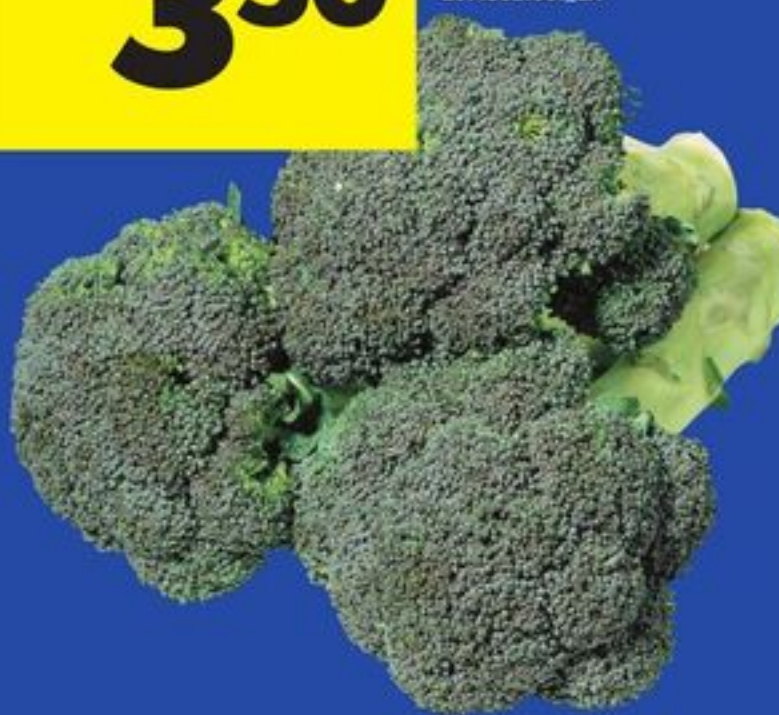
\$3

**FARMER'S MARKET™
YELLOW ONIONS**
PRODUCT OF CANADA OR U.S.A.
NO. 1 GRADE, 3 LB
**OIGNONS JAUNES
DÉLICIES DU MARCHÉ^{MC}**
20811994001_EA



3⁵⁰

LARGE BROCCOLI
PRODUCT OF MEXICO OR U.S.A.
GROS BROCOLI
20145621001_EA



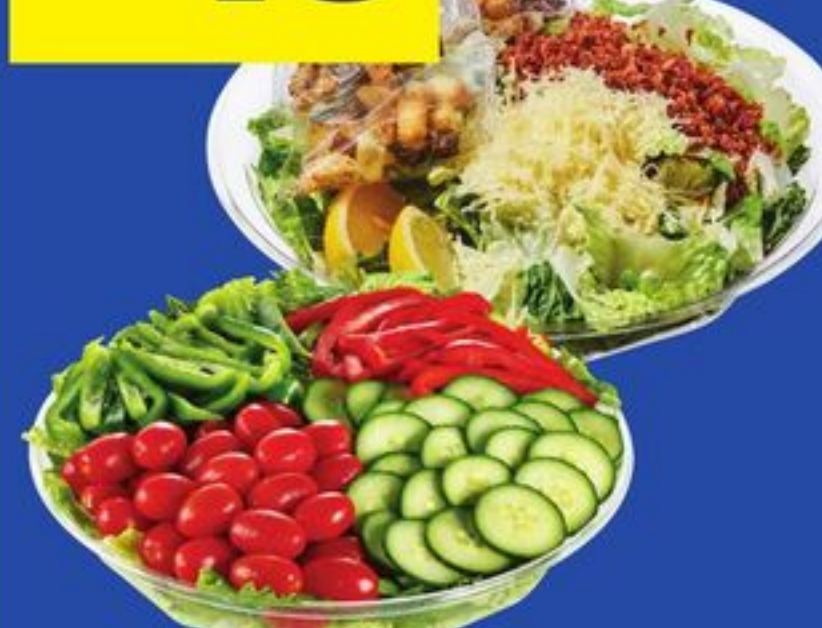
**SAVE
UP TO 1.00 LB**
2⁴⁹
LB
5.49/KG

**GREENHOUSE
BEEFSTEAK
TOMATOES**
PRODUCT OF CANADA OR
MEXICO
**TOMATES BEEFSTEAK
DE SERRE**
20426141001_KG



**FROM
\$18**

FAMILY SIZE SALADS
PREPARED IN-STORE
SELECTED VARIETIES, 667-901 G
**SALADES FAÎCHES
FORMAT FAMILIAL**
209724991_EA/209725121_EA



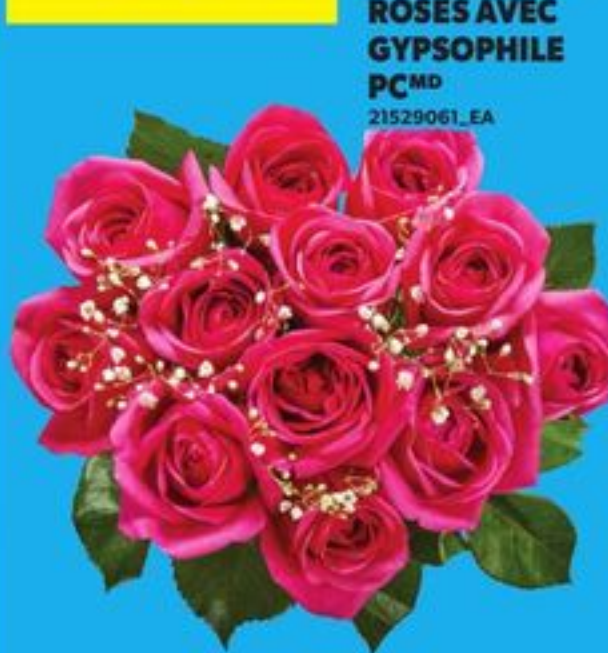
\$15

**6 INCH MINI
ROSE
MINI ROSE
6 PO**
21732467_EA



\$24

**PC® DOZEN
ROSES WITH
BABY'S BREATH**
ASSORTED COLOURS
**DOUZAINES DE
ROSES AVEC
GYPSOPHILE**
PC^{MD}
21529061_EA



\$22

**MULTIFLORA
ORCHID**
SELECTED VARIETIES
3.5 INCH
**ORCHIDÉE
MULTIFLORA**
21664309_EA



\$10

**RAINBOW
MINI
CARNATIONS**
**MINI-ŒILLETS
ARC-EN-CIEL**
21593430_EA



\$15
LB
33.07/KG

TOP SIRLOIN STEAK
CUT FROM CANADA AA GRADE
BEEF OR HIGHER
**BIFTECK DE HAUT DE
SURLONGE**
20797507_KG



**CLUB
SIZE**

3⁴⁹
LB
7.69/KG

**PORK SHOULDER
PICNIC SPLIT**
FRESH
**RÔTI D'ÉPAULE DE
PORC PICNIC SÉPARÉ**
21018388_KG



\$14

**PC® SPLIT CHICKEN
WINGS**
UP TO 725 G
**AILES DE POULET
SÉPARÉES PC^{MD}**
21340973_EA



\$7

**ULTIMATE DINNER OR
BREAKFAST CHICKEN
SAUSAGES**
SELECTED VARIETIES, 375/500 G
**SAUCISSES DE POULET
À REPAS OU DÉJEUNER
ULTIMATE**
21378310_EA/21539969_EA



**PREPARED IN
CANADA**

**SAVE
UP TO 1.00**
5⁹⁹

NO NAME™ BACON
REGULAR OR LOW SALT, 500 G
BACON SANS NOM™
20156771_EA



**PREPARED IN
CANADA**

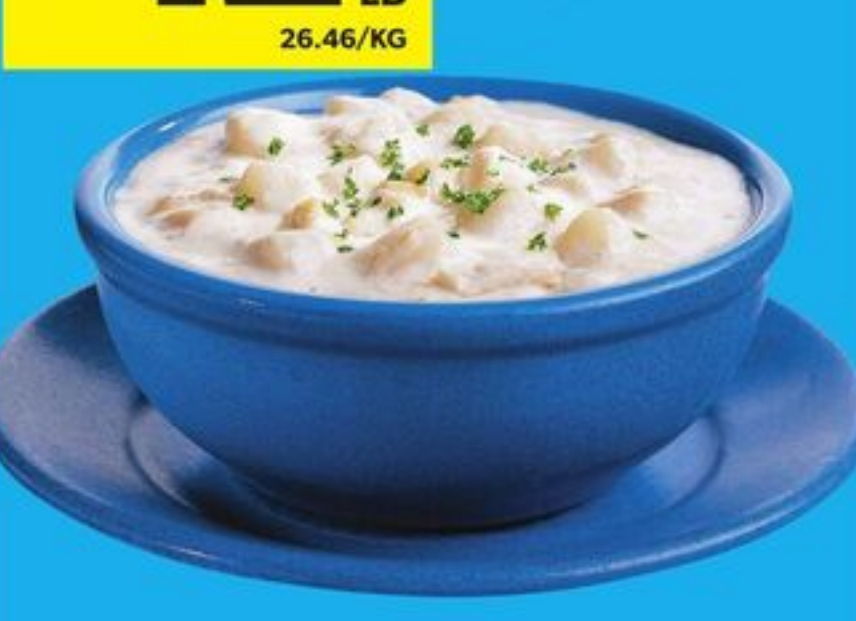
**SAVE
UP TO 1.50**
\$6

**ASIAN INSPIRATIONS
ENTRÉES**
SELECTED VARIETIES
FROZEN, 400 G
**PLATS CUISINÉS
ASIAN INSPIRATIONS**
21047378_EA



\$12
LB
26.46/KG

**SEAFOOD CHOWDER
MIX**
PREVIOUSLY FROZEN
**CHAUDRÉE DE
PRODUITS DE LA MER**
20852493_KG



\$10

**PC® PACIFIC LARGE
WHITE SHRIMP RAW**
ZIPPERBACK® 31-40/LB,
400 G OR **MARINA**
**DEL REY WILD
ARGENTINIAN SHRIMP**
RAW EASY PEEL
20-30/LB, 300 G, FROZEN
**BOUCHÉES DE MORUE
SAUVAGE PANÉES**
**OU DARNES DE THON
JAUNE SAUVAGE PC^{MD}**
20788888_EA/20907159_EA



**SAVE
UP TO 1.70**
9⁵⁰

**PC® BATTERED WILD COD
BITES** 454 G OR **WILD YELLOWFIN
TUNA STEAKS** 280 G, FROZEN
**GROSSES CREVETTES BLANCHES
DU PACIFIQUE PC^{MD} CRUES,**
À DÉCORTIGAGE ÉCLAIR^{MC}
**OU CREVETTES SAUVAGES
D'ARGENTINE MARINA DEL REY**
FACILES À DÉCORTIQUER
21108897_EA/2121819_EA



SUPER FRESH

5²⁵

**FARMER'S MARKET™
BUTTER CROISSANTS
OR CROISSANT BUNS**
SELECTED VARIETIES, 270/300 G
**CROISSANTS AU
BEURRE OU PETITS-
PAINS CROISSANTS AU
BEURRE DÉLICÉS DU
MARCHÉ^{MC}**
209750431_EA/21577024_EA



PREPARED IN CANADA

2/\$8
OR 4.79 EA

BAGELS
BAKED IN-STORE
SELECTED VARIETIES, 6'S
BAGELS
21705797_EA/21705913_EA



PREPARED IN CANADA

\$4

ARTISAN BREAD
BAKED IN-STORE
SELECTED VARIETIES, 420-660 G
PAIN ARTISAN
21633048_EA/21633233_EA



PREPARED IN CANADA

\$5

**FARMER'S MARKET™
OR SIMPLE JOYS
SLICED LOAF CAKES**
SELECTED VARIETIES, 344-400 G
**GÂTEAUX PAUSE-CAFÉ
TRANCHES DÉLICÉS
DU MARCHÉ^{MC} OU
SIMPLE JOYS**
21489010_EA/21618088_EA



PREPARED IN CANADA

\$6

MINI DANISH
ASSORTED VARIETIES, 8'S
MINI DANOISE
21476309_EA



PREPARED IN CANADA

6⁵⁰

**FARMER'S MARKET™
MINI DONUTS OR
QUINN'S SWISS ROLLS**
SELECTED VARIETIES 600 G/
6X 67 G
**MINI-BEIGNES DÉLICÉS
DU MARCHÉ^{MC} OU
ROULÉS SUISSES
QUINN'S**
21592547_EA/21559169_EA



PREPARED IN CANADA

**SAVE
UP TO 32%**

2⁵⁰

NO NAME™ BAGELS
SELECTED VARIETIES, 6'S
BAGELS SANS NOM™
21217967_EA/21666643_EA



PREPARED IN CANADA

**SAVE
UP TO 1.00**

3⁵⁰

PC® FLATBREAD
SELECTED VARIETIES, 220/300 G
PAIN PLAT PC^{MD}
20910042_EA/20910044_EA



PREPARED IN CANADA

**SAVE
UP TO 1.50**

7⁵⁰

**BFREE GLUTEN-FREE
PROTEIN WRAP**
SELECTED VARIETIES, 168 G
**TORTILLAS
PROTÉINÉES SANS
GLUTEN BFREE**
21684591_EA



3⁵⁰
/100G

**APPLEWOOD SMOKED
CHEDDAR**
IN-STORE DELI CUT
**CHEDDAR FUMÉ
APPLEWOOD**
20076601_KG



Optimum™

Members-Only Price™

\$5

Non-members

\$7

Members save

\$2

**ALEXIS DE PORTNEUF
BRIE**
SELECTED VARIETIES, 125 G
**BRIE ALEXIS DE
PORTNEUF**
20044812_EA/21617949_EA
**Must be a registered PC Optimum™ member to load and get this offer.



**SAVE
1.49**/100 G

3⁵⁰
/100 G

**SERVICE CASE
CUDDY MONTREAL
SMOKED TURKEY**
DELICIOUS
**DINDE FUMÉE
MONTREAL CUDDY DU
COMPTOIR DE SERVICE**
20007099_KG



PREPARED IN CANADA

**GET
2,000^{pts}**
when you
spend *10* on

\$2
back
in points

**MARCANGELO
ITALIAN DELI MEATS**
SLICED OR CHUBS
85-300 G
**CHARCUTERIES
ITALIENNES
MARCANGELO**
21021491_EA/21706582_EA



Optimum™

Members-Only Price™

\$3

Non-members

\$4

Members save

\$1

**MOM'S BEST
BAGUETTE CRISPS**
SELECTED VARIETIES, 120 G
**BAGUETTE CRISPS
MOM'S BEST**
21666548_EA/21666566_EA
**Must be a registered PC Optimum™ member to load and get this offer.



PREPARED IN CANADA

\$5

**GUSTA GROUNDS
SELECTED VARIETIES
340 G
HACHÉ VÉGÉTAL
GUSTA**
21454302_EA



PREPARED IN CANADA

**SAVE
UP TO 2.00**

\$16

**BENTO CALIFORNIA
FAMILY PACK SUSHI**
SELECTED VARIETIES, 30'S
645 G
**SUSHI FORMAT
FAMILIAL CALIFORNIA
BENTO**
21638655_EA



2/\$9
OR 5.00 EA

PC® PASTA OR GNOCCHI
SELECTED VARIETIES, 255-350 G
PÂTES OU GNOCCHI
PC^{MD}
21681260_EA/21682075_EA



\$11

BUY ANY

**FRESHLY PREPARED
IN-STORE MADE
ROMANACCIA SANDWICHES**
225-385 G
9.00 EA
**SANDWICHS ROMANACCIA
PRÉPARÉS EN MAGASIN**
21693981_EA

AND BUY

PEPSICO DRINK
SELECTED VARIETIES, 591 ML
BOISSON PEPSICO
20321598002_EA



ALWAYS LOW PRICE

Find set prices on everyday items.

ALWAYS
LOW PRICE

\$2

**SANTOSH
NAAN**
SELECTED
VARIETIES, 5'S
21671462_EA



FRENCH OR ITALIAN BREAD
BAKED IN-STORE, SELECTED VARIETIES, 383 G
20345208_EA/20788443_EA

ALWAYS
LOW PRICE

\$2



SOURDOUGH LOAF
BAKED IN-STORE, 404 G
20706542_EA

ALWAYS
LOW PRICE

\$3



ALWAYS
LOW PRICE

\$5

**PC® BRIOCHE
LOAF OR BUNS**
SELECTED VARIETIES, 300/400 G
21050280_EA/21094319_EA



ALWAYS
LOW PRICE

\$7

GET
2,000
back in points

**APP
EXCLUSIVE
OFFER***

BUTTER CROISSANTS
BAKED IN-STORE, 12'S
21683000_EA
*Open your PC Optimum™ app
or visit pcoptimum.ca to get the offer.



RA DA FLAP ALWAYS

JOE FRESH

Fresh Styles at Our Lowest Prices



**FRESH
PRICE!**
\$**19**
Adult
Windbreaker



**FRESH
PRICE!**
\$**25**
Women's Lightweight
Puffer Vest



**FRESH
PRICE!**
\$**10**
Children's
Sweatshirt



**FRESH
PRICE!**
\$**15**
Children's
Windbreaker

SHOP NOW

HOT DEALS

\$1

SAPPORO ICHIBAN
JAPANESE STYLE NOODLES
SELECTED VARIETIES, 100 G,
NO NAME® INSTANT
NOODLE SOUP CUP
SELECTED VARIETIES, 65 G,
PC® BLUE MENU
OR FREE & CLEAR
SELECTED VARIETIES, 1 L
20275907001_EA/20275907004_EA
20301246001_EA/20301246002_EA
20320832004_EA/20320832002_EA



\$2

PC® BLUE MENU® WHOLE
GRAIN PASTA 375 G OR
PC® TOMATO FIRST
TOMATO SAUCE 680 ML
SELECTED VARIETIES
NO NAME®
ALUMINUM FOIL
25 FT
20324173002_EA/20599748002_EA
21119986_EA



\$3

CHRISTIE OREO, CHIPS
AHOY, FUDGE-O OR
NUTTER BUTTER COOKIES
SELECTED VARIETIES, 223-303 G,
OCEANS WHITE TUNA
SELECTED VARIETIES, 170 G,
NO NAME® TABLE SYRUP
750 ML OR **OLD FASHIONED**
PANCAKE MIX 905 G
SELECTED VARIETIES
21361508_EA/21573572_EA
21005158_EA/21005216_EA
20306030_EA/20322949_EA



\$4

CHRISTIE
PEEK FREANS COOKIES
SELECTED VARIETIES, 275-350 G
COMEAU HERRING IN WINE
SAUCE OR HOUSE BLEND
SELECTED VARIETIES, 265 G
BAREBELL PROTEIN BAR
SELECTED VARIETIES AND SIZES
20660329_EA/20680381_EA
20764281_EA/20764936_EA
21659161_EA/21691964_EA



\$5

ZIGGY'S DELI SERVICE
CASE MEAT
SELECTED VARIETIES, 200 G,
PC® BLUE MENU®
TWICE THE FRUIT™ 500 ML OR
PEANUT BUTTER 750 G,
COOL WHIP
DESSERT TOPPING
SELECTED VARIETIES
FROZEN, 1 L
20313480_KG
20057669001_EA/20300537_EA
20030369001_EA



TROPICAL PICKS

Enjoy the taste of the islands for less.

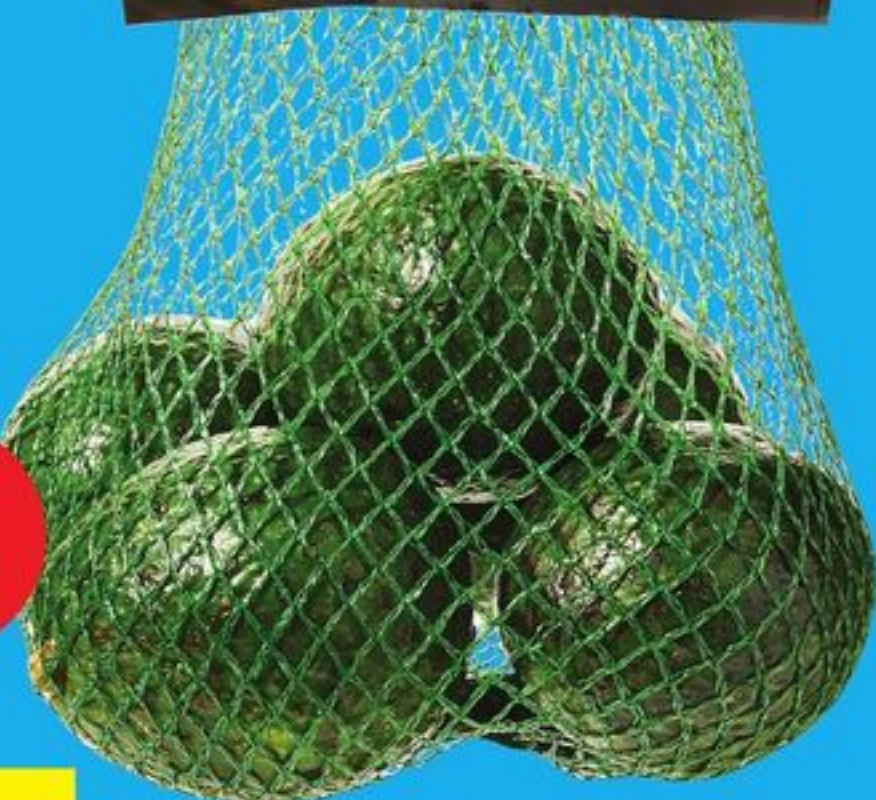
**FRESH
PROMISE**

\$4

**FARMER'S MARKET™
AVOCADO BAG**
PRODUCT OF MEXICO
21644936001_EA



**PKG
OF 5**



**CROWNLESS
PINEAPPLE**
PRODUCT OF COSTA RICA
20119813001_EA

\$5



\$5

CANTALOUPE
PRODUCT OF GUATEMALA OR
HONDURAS
20167017001_EA



\$6

**MINI SEEDLESS
WATERMELON**
PRODUCT OF
GUATEMALA,
HONDURAS,
COSTA RICA,
MEXICO OR BRAZIL
20145379001_EA



4/\$5
OR 1.49 EA

ATAULFO MANGO
PRODUCT OF MEXICO
20121509001_EA



2.28
LB
5.03/KG

PAPAYA
PRODUCT OF MEXICO
20817066001_KG



1.49
LB
3.28/KG

PLANTAIN
PRODUCT OF COSTA RICA,
COLOMBIA, HONDURAS OR
GUATEMALA
20111926001_KG



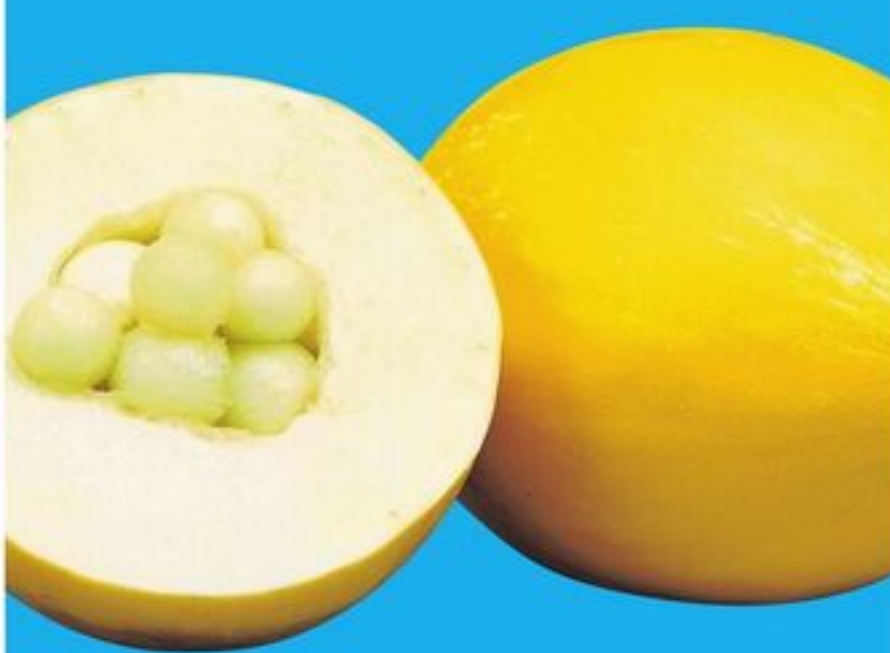
1.99
LB
4.39/KG

HAMI MELON
PRODUCT OF VIETNAM OR
HONDURAS OR MEXICO
21051297001_KG



1.75
LB
3.86/KG

CANARY MELONS
PRODUCT OF BRAZIL
21022511001_KG



2.25

COCONUT
PRODUCT OF INDIA OR
DOMINICAN REPUBLIC OR
GRANADILLA
PRODUCT OF COLOMBIA
20005774001_EA/20696626001_EA



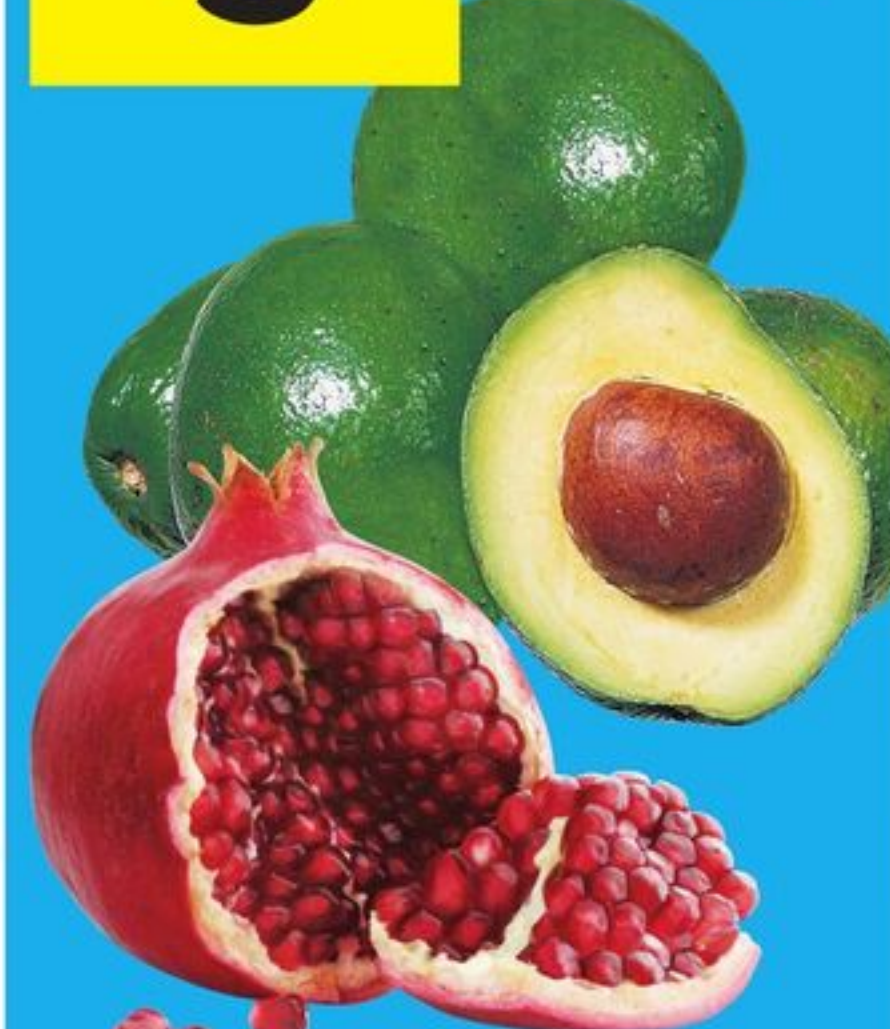
3.50
LB/EA

LARGE DRAGONFRUIT
PRODUCT OF VIETNAM OR
JACKFRUIT SLICE
PRODUCT OF MEXICO, 7.72/KG
20168395001_EA/21549854001_KG



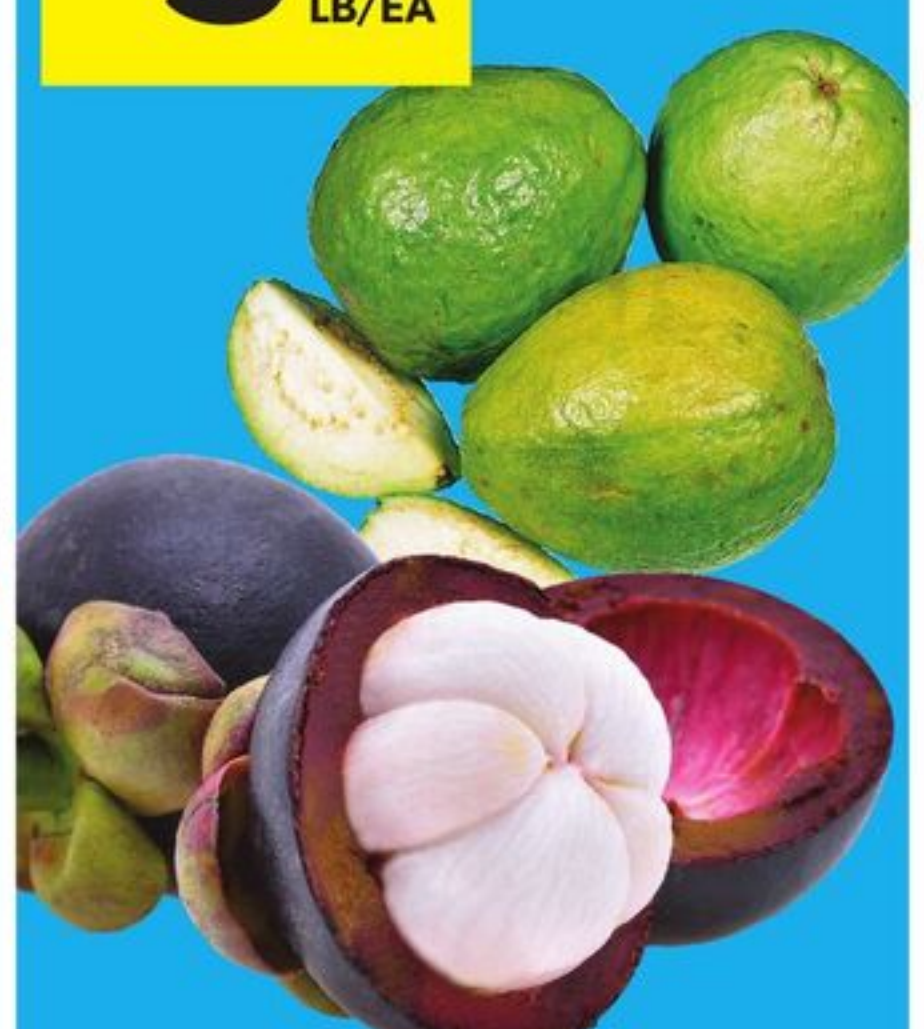
\$3

CARIBBEAN AVOCADO
PRODUCT OF BRAZIL OR
POMEGRANATE
PRODUCT OF ISREAL
20119760001_EA/20134767001_EA



5.50
LB/EA

MANGOSTEEN
PRODUCT OF COLOMBIA, 3'S
OR **YELLOW GUAVA**
PRODUCT OF TAIWAN, 12.13/KG
20162500001_KG/21157321001_EA



SUPER

DEALS

\$10

KELLOGG'S JUMBO SIZE CEREAL
SELECTED VARIETIES
700 G-1.05 KG
20072706_EA
21651842_EA



GET 1,500[®] back in points
for every \$12* spent on

GENERAL MILLS CHEERIOS CEREAL,
309 G-1.3 KG OR **NATURE VALLEY GRANOLA,**
PROTEIN, SWEET & SALTY BARS, BISCUITS
OR SOFT BAKED MUFFIN
SELECTED VARIETIES
EXCLUDED CLUB SIZE
AND MID SIZE
21104047_EA/21213559_EA



4⁵⁰

RUFFLES POTATO CHIPS
SELECTED VARIETIES, 180-200 G
21241052_EA/21241053_EA



\$5

TOSTITOS TORTILLA CHIPS
SELECTED VARIETIES, 205-295 G
21050575_EA/21050581_EA



3²⁵

CHRISTIE RITZ BITS, SANDWICH CRACKERS
OR BITS SNACK PACKS OR WHEAT THINS
CRACKERS
SELECTED VARIETIES, 180-200 G
21547034_EA/21547048_EA



8⁹⁹

CHRISTIE RITZ MINI DRIZZLED
SELECTED VARIETIES, 226 G
21712532_EA/21712595_EA



\$4

GENERAL MILLS RETAIL SIZE CEREAL
SELECTED VARIETIES, 297-430 G
21104047_EA/21104055_EA



SAVE 1.98
WHEN YOU BUY 2

2/\$12
OR 6.99 EA

HERSHEY'S CHOCOLATE BAGS
SELECTED VARIETIES, 160-270 G
20303970004_EA/20545259_EA



SAVE 1.58
WHEN YOU BUY 2

2/\$5
OR 3.29 EA

JOLLY RANCHER ROPE
283 G OR **TWIZZLERS LICORICE** 311-454 G
SELECTED VARIETIES
20022328004_EA/21689823_EA



SAVE 1.98
WHEN YOU BUY 2

2/\$6
OR 3.99 EA

SKITTLES OR STARBURST CANDY
OR GUMMIES
SELECTED VARIETIES, 130-170 G
21424498_EA/21647110_EA



SAVE 1.98
WHEN YOU BUY 2

2/\$6
OR 3.99 EA

CADBURY CHOCOLATE
SELECTED VARIETIES, 80-100 G
21648577_EA/21648701_EA



\$18

CADBURY MINI EGGS
875 G
21625042_EA



5⁵⁰

M&M'S STAND UP POUCHES CHOCOLATE
SELECTED VARIETIES, 155-170 G
21571767_EA/21571768_EA



SUPER

DEALS

GET **1,500*** for every \$12* spent on

\$150 back in points

YOPLAIT OR LIBERTÉ PRODUCTS
SELECTED VARIETIES AND SIZES
21547571_EA/20642273_EA



\$5

DANONE ACTIVIA EXPERT
SELECTED VARIETIES
750 G
21688205_EA
21688207_EA



3/\$12 OR 4.99EA

DANONE OÏKOS
SELECTED VARIETIES
4X100 G
21006595_EA
20419715001_EA



\$26

VAN HOUTTE PODS
SELECTED VARIETIES, 30'S
20743469_EA/21588231_EA



GET **6,500*** for every \$30* spent on

\$650 back in points

ALL MCCAFÉ, VAN HOUTTE GROUND, WHOLE BEAN AND K-CUP PRODUCTS OR TIMOTHY'S, DONUT HOUSE, KRISPY KREME, LAVAZZA OR KICKING HORSE K-CUPS
SELECTED VARIETIES
21633664_EA/21363992_EA



2/\$15 OR 8.49 EA

COCA-COLA OR CANADA DRY
SELECTED VARIETIES
12X355 ML
20318694002_C12



SAVE 1.98 WHEN YOU BUY 2

2/\$14 OR 7.99 EA

BUBLY SPARKLING WATER
SELECTED VARIETIES
12X355 ML
21097177_C12
21651534_C12



SAVE 2.58 WHEN YOU BUY 2

2/\$8 OR 5.29 EA

PEPSI MINI
SELECTED VARIETIES
6X222 ML
20857560004_C06
20857560006_C06



29⁹⁹

BOUNTY PAPER TOWELS
8=24 ROLLS
21670311_EA



\$10

ROYALE BATHROOM TISSUE
12 DOUBLE ROLLS OR FACIAL TISSUE 6'S
SELECTED VARIETIES
21363770_EA/21618478_EA



\$16

DOWNEY FABRIC SOFTENER LIQUID OR BEADS
680 G-1.8 L
21701409_EA
21701470_EA



ALWAYS LOW PRICE

ALWAYS
LOW PRICE
\$5

NO NAME® CHEESE SLICES
SELECTED VARIETIES, 210/230 G
21611130_EA/21612125_EA



ALWAYS
LOW PRICE
\$13

NO NAME® MEAT LASAGNA
FROZEN, 2.27 KG
20099795_EA



ALWAYS
LOW PRICE
\$3.50

NO NAME® PIZZA
SELECTED VARIETIES, FROZEN, 350-411 G
21541441_EA/21541444_EA



ALWAYS
LOW PRICE
\$3

NO NAME® NATURALLY IMPERFECT™ FRUIT
SELECTED VARIETIES, FROZEN, 400 G
21545106_EA



ALWAYS
LOW PRICE
\$4.50

PC® BLACK LABEL ICE CREAM
SELECTED VARIETIES
FROZEN, 500 ML
21578921_EA



ALWAYS
LOW PRICE
\$8

NO NAME® CLUMPING CAT LITTER
SELECTED VARIETIES, 7 KG
20023746001_EA



ALWAYS
LOW PRICE
\$4

PC® ORGANICS, ORGANIC UNSWEETENED APPLE SAUCE
SELECTED VARIETIES
6X100 ML
20320493001_EA
21306828_EA



ALWAYS
LOW PRICE
\$5

PC® ORGANICS FROZEN VEGETABLES
SELECTED VARIETIES
300-500 G
20416869003_EA
21418288_EA



ALWAYS
LOW PRICE
\$4.50

PC® ORGANICS ANIMAL COOKIES
SELECTED VARIETIES
250 G
20181028_EA
20304981_EA



ALWAYS
LOW PRICE
\$1.50

ROOSTER COCONUT MILK
SELECTED VARIETIES
398 ML
21378707_EA/21378715_EA



ALWAYS
LOW PRICE
\$4

SURAJ OKRA
SELECTED VARIETIES
FROZEN, 1 KG
20379701_EA



ALWAYS
LOW PRICE
\$4.50

HAPPY DAIRY PANEER
300 G
21343632_EA



SUPER YOUR EVERYDAY

5⁵⁰

YOPLAIT SOURCE TUBS 630 G
OR **PROTEIN TUBS** 650 G
OR **INTERNATIONAL DELIGHTED COFFEE** 1.89 L
SELECTED VARIETIES
21587047_EA / 21365077_EA



2/\$5
OR 3.00 EA

MUSH OVERNIGHT OATS
SELECTED VARIETIES, 141 G
21673551_EA / 21673552_EA



\$6

JORDAN'S CEREAL OR GRANOLA
SELECTED VARIETIES, 325-400 G
21364038_EA / 21522230_EA



\$10

GENERAL MILLS JUMBO SIZE CEREAL
SELECTED VARIETIES,
825 G-1.3 KG
20679390_EA / 21347133_EA

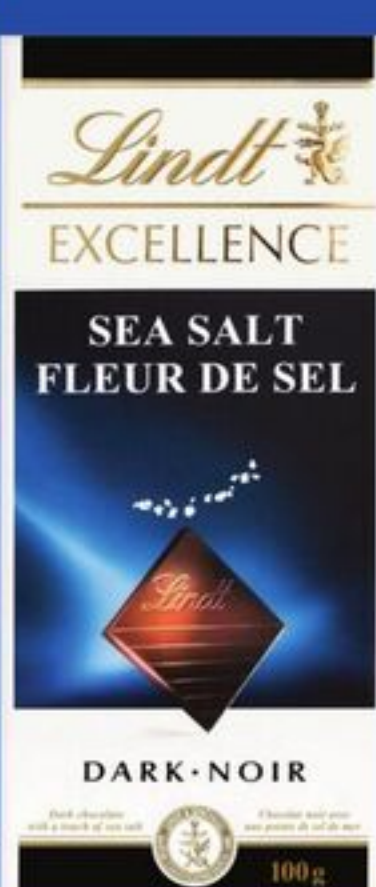


SAVE 1.98
WHEN YOU BUY 2

2/\$10
OR 5.99 EA



LINDT EXCELLENCE CHOCOLATE
SELECTED VARIETIES, 80-100 G
20312527009_EA / 21664488_EA



\$11

POPPY SODA
SELECTED VARIETIES, 4X355 ML
21606285_EA / 21606294_EA



\$7

BECEL MARGARINE
SELECTED VARIETIES,
637/850 G
20297818002_EA
21279389_EA



6⁴⁹

AMOOZA! CRACKER BARREL OR P'TIT QUEBEC CHEESE SNACKS
SELECTED VARIETIES,
168-228 G
21290676_EA
21403314_EA



2/\$6
OR 3.79 EA

NO NAME' SOUR CREAM
SELECTED VARIETIES,
500 ML
20297641001_EA
20297641002_EA



\$7

INTERNATIONAL DELIGHT COFFEE WHITENER OR COLD FOAM
SELECTED VARIETIES,
396-946 ML
20895480002_EA
20895480003_EA



3⁵⁰

DARE BEAR PAWS, WHIPPET, VIVA PUFF, WAGON WHEELS OR ULTIMATE COOKIES
SELECTED VARIETIES,
168-360 G
20974343_EA
21080791_EA



\$6

JACK LINK'S JERKY
SELECTED VARIETIES,
65-81 G
20501983002_EA
21648990_EA



5⁵⁰

PC MAYONNAISE
SELECTED VARIETIES,
750/890 ML
20301438_EA
20769626_EA



\$16

JUMPING BEAN PODS
SELECTED VARIETIES,
20'S
21210620_EA
21210719_EA



\$17

SCOTTIES FACIAL TISSUE
12'S
21371391_EA



17⁹⁹

IAMS CAT FOOD
SELECTED VARIETIES
1.36/1.59 KG
21027553_EA
21027556_EA



13⁹⁹

PEDIGREE TREATS LARGE
SELECTED VARIETIES
AND SIZES
21081800_EA
21362338_EA



6⁹⁹

NESTEA LEMON
SELECTED VARIETIES,
12X341 ML
21689167_C12



رمضان مبارك

BLESSED RAMADAN

Celebrate meals worth sharing and more ways to save.



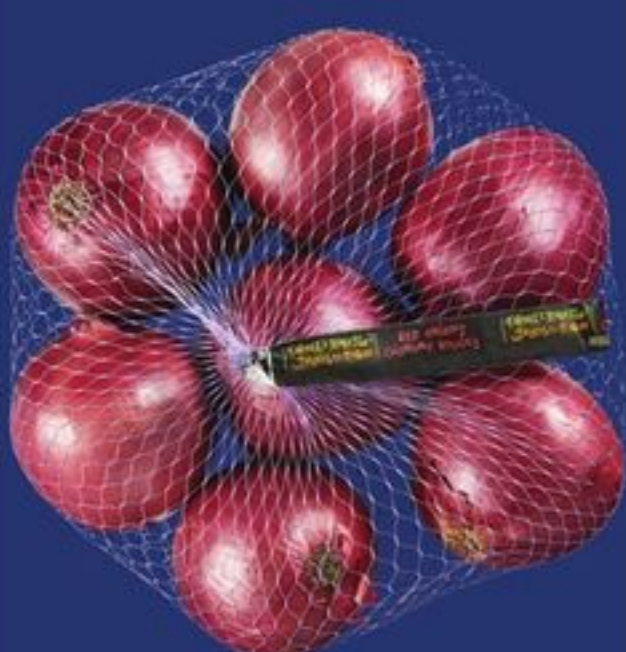
8⁹⁹

MEDJOOL DATES
PRODUCT OF U.S.A.
2 LB TUB
20001686_EA



3⁵⁰

FARMERS MARKET™ RED ONIONS
PRODUCT OF CANADA
OR U.S.A.
NO. 1 GRADE
3 LB
20811362001_EA



8⁹⁹

SUFRA' HALAL LEAN GROUND BEEF
454 G
21397283_EA



\$14

SUFRA' HALAL CHICKEN BREASTS
BONELESS, SKINLESS
3'S, UPTO 645 G
21618925_EA



\$11

ZABIHA HALAL FIRE CRISP CHICKEN
SELECTED VARIETIES
FROZEN, 700-750 G
21704617_EA/21705962_EA



\$10

SUFRA' HALAL BREADED CHICKEN
SELECTED VARIETIES
FROZEN, 828-840 G
21179710_EA



2/4⁸⁸

ROOSTER' TOFU
SELECTED VARIETIES
454 G
21474765_EA
OR 2.89 EA



17⁹⁹

TRADITIONAL BAKLAVA
800 G
21160115_EA



2⁹⁹

PRAN SAMOSAS
FROZEN, 400 G
21054779_EA



1⁷⁵

TAMAM CANNED BEANS
SELECTED VARIETIES
540 ML
21214481_EA/21214570_EA



\$7

SHER BESAN FLOUR
4 LB
20869922_EA



\$14

DAAWAT BASMATI RICE
4 KG
20896606_EA



2⁵⁰

SURATI SNACKS
SELECTED VARIETIES
250-341 G
20203745004_EA
20322576009_EA



5⁷⁵

TAMAM TEA
SELECTED VARIETIES
100/130 G
21219693_EA/21219711_EA



\$9

AL SHIFA NATURAL HONEY
SELECTED VARIETIES
500 G
20862354_EA



1⁷⁵

KURKURE SNACKS
SELECTED VARIETIES
115 G
21361077_EA/20659742_EA



\$12

IRINI EXTRA VIRGIN OLIVE OIL
750 ML
20021287_EA



UP TO 25% OFF

EVERYDAY ESSENTIALS™ FOOD STORAGE CONTAINERS
SELECTED VARIETIES
21385193_EA/20006012_EA



\$6

NO NAME' NAPKINS
500'S
20306897_EA



CLUB SIZE

\$4

NO NAME' FOOD STORAGE CONTAINERS
SELECTED VARIETIES
21161828_EA/21295288_EA



HAPPY HOLI

Enjoy more ways
to save for the
festival of colours.

249

LB

5.49/KG

ROMA TOMATOES

BULK, PRODUCT OF CANADA
OR MEXICO

20143381001_KG

179

BUNCHED CILANTRO

PRODUCT OF MEXICO OR U.S.A.

20091825001_EA

225

LB

4.96/KG

GINGER ROOT

PRODUCT OF CHINA

20179038001_KG

\$5

SURAJ[®] NAAN

SELECTED VARIETIES, 10'S

20342261_EA

350

CRISPY POUND CAKE

SELECTED VARIETIES, 368 G

20814080_EA

350

CRISPY ROTI

SELECTED VARIETIES, 670 G

21195607_EA

499

NANAK PANEER

SELECTED VARIETIES, 341 G

21286158_EA

199

SHANA VEGETABLES

SELECTED VARIETIES, FROZEN,

300 G

20753995_EA

999

PRAN PARATHAS

FAMILY PACK, FROZEN, 2400 G

21172364_EA

299

HANS DAIRY DAHI

SELECTED VARIETIES,

750 ML

20092811_EA

425

VEEBA SAUCES

SELECTED VARIETIES,

300 ML

21632743_EA

45¢

MAGGI MASALA NOODLES

70 G

20802664_EA

350

ZINDA COUSCOUS

SELECTED VARIETIES,

907 G

20013708_EA

20822580_EA

\$6

SURAJ BLACK EYED OR BLACK TURTLE BEANS

SELECTED VARIETIES,

1.8 KG

20558758_EA

20558755_EA

\$9

NANAK GHEE

400 G

20157906_EA

\$20

AASHIRVAAD WHOLE WHEAT FLOUR

9.07 KG

21359688_EA

275

BRITANNIA GOOD DAY[®] 231 G OR FIFTY FIFTY COOKIES 372 G

SELECTED VARIETIES

21023781_EA

21205822_EA



SHOP THE WORLD IN OUR AISLES*

From bok choy to basmati rice, find
international ingredients at low prices.

SHOP NOW



3²⁵
LB
7.17/KG

LONG EGGPLANT
PRODUCT OF MEXICO
OR HONDURAS
20159013001_KG



\$2
LB
4.41/KG

OPO SQUASH
PRODUCT OF MEXICO,
HONDURAS OR DOMINICAN
REPUBLIC
20142055001_KG



\$2

**T&T BAKERY
TROPICAL CAKES**
SELECTED VARIETIES, 180 G
20826092_EA



\$16

**SUFRA' HALAL
WHOLE CHICKEN**
UP TO 1.51 KG
21617063_EA



\$9

**SEAQUEST[®]
CALAMARI RINGS**
UNCOOKED, FROZEN, 340 G
20027170_EA



**SAVE
.99**
\$6

**SEAQUEST[®]
SEAFOOD MEDLEY**
FROZEN, 340 G
21592029_EA



2⁴⁹

**HALDIRAM'S
WRAPPO**
SELECTED VARIETIES,
FROZEN, 156 G
21692714_EA



5⁴⁹

**HALDIRAM'S
SAMOSAS OR
APPETIZERS**
SELECTED VARIETIES,
FROZEN, 850 G
20710715_EA



\$5

**T&T
POTSTICKERS**
SELECTED VARIETIES,
FROZEN, 567 G
21495805_EA



9⁹⁹

**BRAR'S
RASMALAI**
FROZEN, 850 G
20286980002_EA



7⁹⁹

**FRUTÉE
ICE CREAM**
SELECTED VARIETIES,
FROZEN, 270 ML
21701514_EA



8⁵⁰

**TATA
PREMIUM
OR GOLD TEA**
SELECTED VARIETIES,
450 G
21407291_EA
21407294_EA



\$3

**LA COSTEÑA
REFRIED BEANS**
SELECTED VARIETIES,
546 ML
20054076001_EA
20054076002_EA



5⁵⁰

**GRACE
CORNERED BEEF**
SELECTED VARIETIES,
340 G
20325345001_EA
20325345002_EA



\$9

**MASECA
CORN FLOUR**
1.8 KG
21457445_EA



\$4

**DABUR REAL
FRUIT JUICES**
SELECTED VARIETIES,
1 L
21399816_EA
21399828_EA



50¢

CHUBBY SODA
SELECTED VARIETIES,
250 ML
20166206_EA
20941724_EA



3⁵⁰

**GRACE
PURE COCONUT
WATER**
1 L
20779456_EA



SHOP BEAUTY FOR LESS

5⁵⁰

LIMIT 6
OVER LIMIT PAY
7.49 EA



DOVE BODY WASH 325 ML OR
BAR SOAP 6X106 G
SELECTED VARIETIES
21239554_EA/21511884_EA



\$7

LIMIT 6
OVER LIMIT PAY
8.49 EA



SOFT SOAP LIQUID HAND SOAP REFILL
SELECTED VARIETIES 1.47 L
21715457_EA/21715577_EA

\$8

LIMIT 6
OVER LIMIT PAY
10.99 EA



METHOD BODY WASH
SELECTED VARIETIES, 532 ML
21425085_EA/21425051_EA

5⁵⁰

LIMIT 6
OVER LIMIT PAY
6.99 EA



SENSODYNE OR PRONAMEL TOOTH PASTE 75-100 ML,
POLIDENT DENTURE TABLETS 36-40'S OR
POLIGRIP DENTURE ADHESIVE 40 G
SELECTED VARIETIES
20301179001_EA/20756075_EA

7⁵⁰

LIMIT 6
OVER LIMIT PAY
8.99 EA



COLGATE MAX FRESH OR TOTAL TOOTH PASTE
3'S, **MANUAL TOOTHBRUSH**
2'S OR **BATTERY TOOTHBRUSH** 1'S
OR **COLGATE TOTAL OR PRO RELIEF MOUTHWASH**
SELECTED VARIETIES AND SIZES
21118930_EA/21166655_EA

3⁵⁰

LIMIT 6
OVER LIMIT PAY
4.49 EA



CREST COMPLETE
120 ML, **CREST STAIN ERASER**
65 ML OR **CREST KIDS**
85-100 ML **TOOTH PASTE**
OR **ORAL-B COMPLETE SATIN FLOSS** 50 M
SELECTED VARIETIES
20348190001_EA/21354028_EA

\$7

LIMIT 6
OVER LIMIT PAY
7.99 EA



BIC DISPOSABLE RAZORS
SELECTED VARIETIES, 2-8'S
20037524_EA/20312082002_EA

7⁵⁰

LIMIT 6
OVER LIMIT PAY
8.99 EA



OLD SPICE 73-144 G, **SECRET** 68-116 G
OR **GILLETTE** 122 G
DEODORANT
SELECTED VARIETIES
20757237001_EA/21426451_EA

UP TO 20% OFF



OLAY BODY WASH
364-975 ML OR **BAR SOAP**
8X113/4/8X90 G
SELECTED VARIETIES
21000889_EA/21585376_EA

\$7

LIMIT 4
OVER LIMIT PAY
8.99 EA



TRESEMMÉ SHAMPOO, CONDITIONER OR STYLING PRODUCTS
SELECTED VARIETIES AND SIZES
21501949_EA/20336937_EA

\$10

LIMIT 4
OVER LIMIT PAY
10.49 EA



AUSSIE OR HERBAL ESSENCES PURE PLANTS SHAMPOO OR CONDITIONER
SELECTED VARIETIES AND SIZES
21167373_EA/21571326_EA

\$13

LIMIT 4
OVER LIMIT PAY
15.99 EA



L'ORÉAL PREFERENCE, FERIA OR OLIA HAIR COLOUR
SELECTED VARIETIES
21474630_EA/2030667001_EA

\$10

LIMIT 4
OVER LIMIT PAY
12.99 EA



MARC ANTHONY OR CAKE HAIR CARE
SELECTED VARIETIES AND SIZES
21646804_EA/21649083_EA

UP TO 20% OFF

NIVEA SKINCARE PRODUCTS
SELECTED VARIETIES AND SIZES
20688737_EA/21110152_EA



UP TO 20% OFF



CETAPHIL CLEANSERS OR MOISTURIZERS
SELECTED VARIETIES AND SIZES
20432313001_EA

ELEVATE YOUR WELL BEING

UPTO
25% OFF

ONE A DAY MULTIVITAMINS 60-130'S OR FLINTSTONE'S CHILDREN'S VITAMINS OR SUPPLEMENTS 60-180'S
SELECTED VARIETIES
21515131_EA/21515178_EA



UPTO
15% OFF

OLLY 50-90'S, L'IL CRITTER'S, FIRST RESPONSE OR VITAFUSION VITAMINS OR SUPPLEMENTS
SELECTED VARIETIES AND SIZES
21289985_EA/20867279_EA



12⁵⁰

LIMIT 4 OVER LIMIT PAY 15.49 EA

PURE PROTEIN BARS
SELECTED VARIETIES AND SIZES
20856450_EA/20539046_EA



\$15

LIMIT 4 OVER LIMIT PAY 18.99 EA

TYLENOL TABLETS, CAPLETS OR GELCAPS
SELECTED VARIETIES, 60-150'S
20040611_EA/21033531_EA



UPTO
15% OFF

SYSTANE EYEDROPS
SELECTED VARIETIES AND SIZES
15/20/30 ML
21207552_EA/21397130_EA



12⁵⁰

LIMIT 4 OVER LIMIT PAY 14.99 EA

PREMIER READY TO DRINK PROTEIN SHAKES
SELECTED VARIETIES AND SIZES
21031114_EA/21031108_EA



8⁵⁰

LIMIT 4 OVER LIMIT PAY 9.99 EA

CAREFREE PADS 28'S, LINERS 92-120'S, O.B. TAMPONS 40'S OR PLAYTEX TAMPONS 32-36'S
SELECTED VARIETIES AND SIZES
20796733_EA/21095818_EA



\$12

LIMIT 4 OVER LIMIT PAY 12.99 EA

ALWAYS LINERS 92-96'S, PADS 7-92'S OR TAMPAX TAMPONS 22-36'S
SELECTED VARIETIES
21025063_EA/21374659_EA



\$19

LIMIT 4 OVER LIMIT PAY 20.99 EA

DEPEND UNDERWEAR OR POISE PADS
SELECTED VARIETIES AND SIZES
21302119_EA/2055843005_EA



2/\$6
OR 3.99 EA

GERBER PUFFS OR LIL' CRUNCHIES
SELECTED VARIETIES, 42-187 G
20304618003_EA/20305738001_EA



2/\$6
OR 3.50 EA

PC ORGANICS MINI CEREAL BARS
SELECTED VARIETIES, 160 G
20066938001_EA/2043141001_EA



65⁴⁷

LIMIT 4 OVER LIMIT PAY 74.99 EA

ENFAMIL A+ NEUROPRO OR GENTLEASE POWDER REFILLS
SELECTED VARIETIES, 862/890 G
21589079_EA/21589205_EA



36⁹⁹

LIMIT 4 OVER LIMIT PAY 43.99 EA

HUGGIES PULL-UPS OR PAMPERS EASY UPS GIANT PACK TRAINING PANTS
SELECTED VARIETIES, 68-112'S
21021427_EA/21089297_EA



34⁹⁹

LIMIT 4 OVER LIMIT PAY 39.99 EA

PAMPERS ECONO PACK DIAPERS
SIZE N-8, SELECTED VARIETIES
58-200'S
21551525_EA/21551586_EA



2/\$18
OR 10.49 EA

PEDIASURE COMPLETE NUTRITIONAL SUPPLEMENT
SELECTED VARIETIES, 4X235 ML
20322414001_EA/20322414002_EA



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**GET
10,000^{pts}**

\$10
back
in points

**when you spend \$50*
in-store on L'Oréal Paris
cosmetics, hair care,
hair colour, skin care or
men's grooming products**

SELECTED VARIETIES AND SIZES
21704462003_EA/21063387004_EA/21680025003_EA/21239982_EA/21220982_EA
21572542_EA/21291117_EA/21647328_EA/21649171_EA

**make
up**

Crafted with expertise,
our makeup invites you to
explore and find your perfect
match, enhancing your everyday
routine or preparing you for
those special moments.



**skin
care**

Powered by cutting-edge actives
and textures for transformative
results across all ages and
skin types.



**hair
care**

Advanced science meets
everyday luxury care. Discover
radiant shine, incredible strength,
and irresistible softness with our
expertly formulated ranges.



**hair
colour**

L'Oréal Paris delivers salon-quality
hair color directly to your home.
Our commitment to scientific
innovation ensures safe formulas
for lasting, luminous color that
brings out the best in your hair.



**UP TO
20%
OFF**

**L'ORÉAL TRUE MATCH FOUNDATION, SKIN INK,
WRINKLE EXPERT OR GLYCOLIC HAIR GLOSS**
SELECTED VARIETIES AND SIZES
21348121012_EA/21676951008_EA/21422415_EA
21682415_EA/21615457_EA/21615502_EA



SHOP HOME FOR LESS

UP TO
15% OFF

BLACK & DECKER APPLIANCES
SELECTED VARIETIES
21513969_EA/21680919_EA



UP TO
15% OFF

FOODSAVER VACUUM SEALER OR BAG
21517041_EA/21625291_EA



BUY 1 GET 1 50% OFF

PC® COOKWARE OR COOKWARE SETS
SELECTED VARIETIES
SECOND ITEM MUST BE OF EQUAL OR LESSER VALUE
17.00-141.00
20903625_EA/21024019_EA/21161215_EA



BUY 1 GET 1 50% OFF

EVERYDAY ESSENTIALS™ COOKWARE AND COOKWARE SETS
SELECTED VARIETIES
SECOND ITEM MUST BE OF EQUAL OR LESSER VALUE
10.00-59.00
20735332_EA/20735336_EA/21345884_EA



SPEND \$20 GET \$5 OFF

LIFE AT HOME™ SEASONAL DRINKWARE, DINNERWARE OR SERVEWARE
21666925_EA/21666837_EA



UP TO
15% OFF

OXO GADGETS
SELECTED VARIETIES
20039191_EA/20057155_EA
20119569_EA/20127010_EA



FROM
4.50

NO NAME® PAPER PLATES
SELECTED VARIETIES, 40'S
21384127_EA/21384145_EA



UP TO
25% OFF

THERMOS BOTTLES, MUGS OR FOOD JARS
SELECTED VARIETIES
20284007_EA/21355134_EA



UP TO
25% OFF

SISTEMA FOOD STORAGE CONTAINERS
SELECTED VARIETIES
20976655_EA/21073027_EA



BUY 1 GET 1 50% OFF

LICENCED BEACH TOWELS
SELECTED VARIETIES
SECOND ITEM MUST BE OF EQUAL OR LESSER VALUE
18.00
21692379_EA/21692679_EA



ALWAYS LOW PRICE \$5.50

EVERDAY ESSENTIALS™ JUMBO PILLOW
21667755_EA



UP TO
25% OFF

PC® 350/500 THREAD COUNT SHEET SET
SELECTED VARIETIES
21589420_EA/21589543_EA



BUY 1 GET 1 50% OFF

EVERYDAY ESSENTIALS™ BEACH TOWELS
SELECTED VARIETIES
SECOND ITEM MUST BE OF EQUAL OR LESSER VALUE
10.00-12.00
21614149_EA/21614150_EA



HELLO GRILLING, HELLO SAVINGS



Optimum™

Members-Only Price™

\$619

Non-members

\$699

Members
save
\$80

**PC® THE URBAN
PROPANE GRILL**
3 BURNERS +1 REAR BURNER
21670523_EA

**Must be a registered PC Optimum™ member to load and get this offer.



\$169

**PC® THE PERFECTLY
PORTABLE TABLETOP
CHARCOAL GRILL**
INTEGRATED CARRY HANDLE,
MARINADE TRAY AND CUTTING BOARD
21670419_EA



9 Burgers

Charcoal

5 Year Limited

130 Sq Inches

50,000 BTU



20 Burgers

Propane

5 Year Limited

498 Sq Inches

**EVERYDAY ESSENTIALS™
PORTABLE PROPANE GRILL**

WITH LOCKING LID
AND FOLDING LEGS
21672427_EA

**Must be a registered PC Optimum™ member to load and get this offer.

Members
save
\$20

Optimum™

Members-Only Price™

\$59

Non-members

\$79

12,000 BTU



12 Burgers

Propane

1 Year Limited

224 Sq Inches

\$14

**ROYAL OAK STAR
GRILL LUMP
CHARCOAL**

10 LB

20027522_EA



\$5

**EVERYDAY ESSENTIALS™
ALUMINUM GRILLING
TRAYS**

6'S

21680620_EA

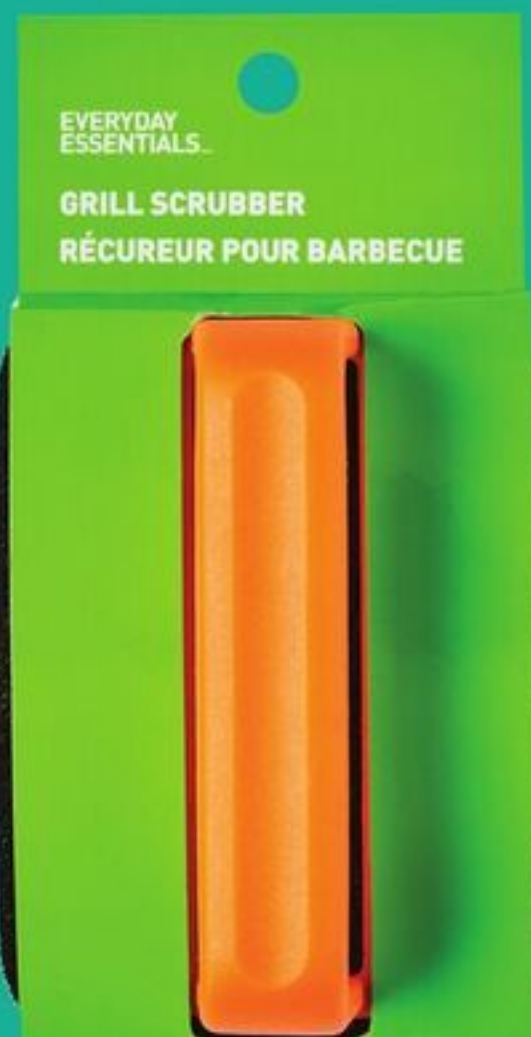


3⁵⁰

**EVERYDAY ESSENTIALS™
SCRUBBER**

BRISTLE FREE

21672423_EA



\$5

**EVERYDAY ESSENTIALS™
ALUMINUM GREASE DRIP
BUCKET LINERS**

6'S

21680933_EA



\$9

PC® GRILL SHEET

NON-STICK REUSABLE, 50X38 CM

21668430_EA



\$8

**EVERYDAY ESSENTIALS™
GRILLING TOOLS**

SELECTED VARIETIES

21670367_EA/21670392_EA



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Lowest Prices

Other colours available:



**FRESH
PRICE!**
\$19
Adult
Windbreaker



**FRESH
PRICE!**
\$25
Women's Lightweight
Puffer Vest



**FRESH
PRICE!**
\$15
Children's
Windbreaker



**FRESH
PRICE!**
\$10
Children's
Sweatshirt



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Men's Select Sweaters*

Regular Price \$39 - \$49 | Excludes Clearance & Brands | Ends March 4

3 DAYS ONLY!

25% Off
Children's Footwear
& Accessories*

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LIBERTÉ TASTE THE JOY.



5⁵⁰
Liberté Greek®
Crunch
selected varieties
2 x 130 g
21041543002_EA



4⁵⁰

Liberté
Méditerranée®
4 x 100 g or Liberté
Greek® 4 x 100 g,
selected varieties

20801752003_EA
21685700_EA



\$5

Liberté® Kéfir
selected varieties
1 L
21216416_EA



4⁵⁰
Liberté
Méditerranée®
selected varieties
500 g
21473714_EA
20788062002_EA



\$15
Liberté Greek®
selected varieties
16 x 100 g
21547516_EA



21547587_EA
56920133427_EA



3/12⁷⁵
OR
\$5.79 EA.

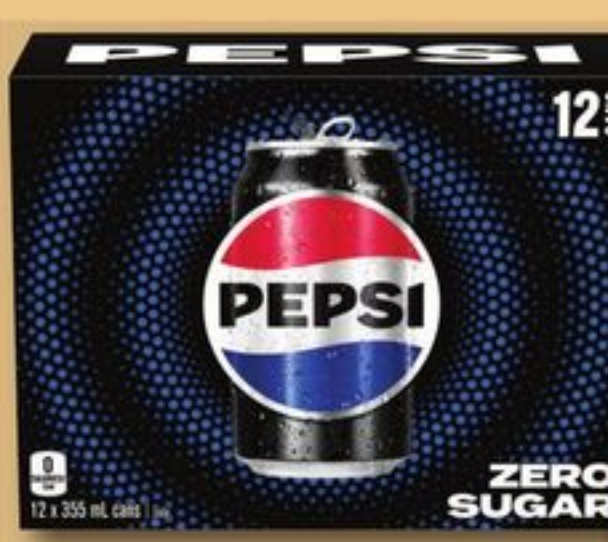
Yoplait Tubes®
8 x 56 g, Yoplait
Minigo® 6 x 60 g
selected varieties



5⁵⁰

Yoplait® Source® tubs
selected varieties
630 g
21391318001_EA

NEW
**CREAM
SODA**



2/\$15
OR
\$8.49 EA.

**PEPSICO BEVERAGES
SELECTED VARIETIES
12X355 mL
20322361002_C12/216534 80_C12**



2/\$8
OR
\$5.29 EA.

**PEPSICO BEVERAGES
SELECTED VARIETIES
6X222 mL
20857560004_C06/21653506_C06**



2/\$14
OR
\$7.99 EA.

bubly™ sparkling water beverage
selected varieties
12x355 mL
21651534_C12/21097177_C12



**bubly
galactic
mission**
\$4.99

bubly™ sparkling water beverage
selected varieties
6x222 mL
21718387_C06
21718020_C06



new



**Starbucks®
Frappuccino Lite
Coffee Drink**
selected varieties
281 mL
98100101376_EA
98100101352_EA



2/\$4
OR
\$2.69 EA.
**GATORADE
PERFORM®
Sports Drink**
selected varieties
710 mL
21357035_EA/21357037_EA



**ROCKSTAR®
ENERGY DRINK • BOISSON ÉNERGISANTE**

2/\$6
OR
\$3.99 EA.
**Rockstar®
energy drink**
selected varieties
473 mL
69000163320_EA
69000163306_EA



SAVE ON All Your Favourite Household Brands



Optimum
Members-Only Price
\$20
Non-members
\$28

Tide Detergent 100/94/83 LD, Ivory Snow Detergent 80 LD, PODS/Flings 45/57/76's, Downy/Gain Beads 853 g, Selected Varieties 21671018_EA/21594124_EA



\$16

Gain Detergent 100 LD, Cheer Detergent 107 LD, Tide Detergent 52/64 LD, Tide Simply Detergent 107 LD, PODS/Flings 25/42's, Liquid Softener 96/150 LD, Sheets 240/180's, Beads 453/515/550 g, Rinse 70 LD 21671135_EA/21670836_EA



\$27

Cascade Tubs 51/67/90's Selected Varieties 21518479_EA/21516530_EA



5⁵⁰

Dawn Liquid 825/982 mL, Dawn EZ Squeeze 532/535/650 mL, Dawn Powerwash Refill 473 mL, Selected Varieties 21430556_EA/21218859_EA



\$11

Dawn 2.21/2.64 L, Mr. Clean Liquid 2.93 L, Swiffer Duster Refills 6/10's, Sweeper Wet Refills 12/20/24's, Sweeper Dry Refills 16/20/32's, WetJet Refills 12's, Powermop Refills 5's, WetJet Liquid 2.5 L, Powermop Liquid 2.5 L, Selected Varieties 21430598_EA/21694540_EA



\$18

Charmin Ultra Soft or Strong bathroom tissue 12=48 rolls 21707532_EA/21636641_EA



\$18

Bounty Paper Towel 6=12 Select a Size 21670280_EA



\$11

Bounty Napkins 400's 21053171_EA

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Only Esso™ and Mobil™ gas earns you PC Optimum™ points.



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Earn **10^{pts}** per litre

Add your phone number to your account on the **PC Optimum™ app**. Enter your phone number on the pump keypad before entering your payment card.



Earn **10^{pts}** per litre

Insert your **PC Optimum™ card** into the card reader before entering your payment card.



Earn at least **3¢** per litre in points

Pay with your **PC® Mastercard®** and earn points on fuel.¹

¹ Points amount shown includes the 10 points per dollar for all purchases with the President's Choice Financial® Mastercard®. In addition, earn at least 10 PC Optimum™ points per purchased litre of gasoline or diesel fuel at Esso™ stations in Canada when you pay with your President's Choice Financial® Mastercard®. You will also earn at least 10 PC Optimum™ points per litre available to all PC Optimum™ loyalty members at Esso™ stations in Canada. Earn an additional (10 points per litre of premium gasoline) (Ontario 89, 91, 93) at Esso™ stations. Should fuel prices fall below \$1/L, causing total points per litre awarded to fall below 30 points per litre, points will be topped up to ensure a minimum of 30 points per litre are awarded in all transactions paid with a PC Financial® Mastercard® at Esso™ locations. For full details including how points are awarded to your PC Optimum™ account and rounding rules, visit pcfinancial.ca/en/legal-stuff/pc-optimum-mastercard. PC®, PC Financial®, and President's Choice Financial® are trademarks of Loblaw Inc., used under license. Mastercard® is a registered trademark, and the circles design is a trademark of Mastercard International Incorporated. President's Choice Bank is a licensee of the marks. President's Choice Financial® Mastercard® is provided by President's Choice Bank. Esso is a trademark of Imperial Oil Limited, Imperial Oil, licensee.



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