

Optimum

# MEMBERS ONLY

Exclusive savings and pts offers

Optimum

Members-Only Price\*\*

**\$5.50**

Non-members  
**\$6**

**KELLOGG'S FAMILY SIZE CEREAL**  
SELECTED VARIETIES, 450-650 G  
**CÉRÉALES FORMAT FAMILIAL KELLOGG'S**  
21449784\_EA/21450811\_EA



Optimum

Members-Only Price\*\*

**\$2.50**

Non-members  
**\$4**

Members save up to  
**\$1.50**

**CAVENDISH FRIES OR SPECIALTY POTATOES**  
SELECTED VARIETIES, FROZEN, 400-750 G  
**FRITES OU POMMES DE TERRE DE SPÉCIALITÉ LES FERMES CAVENDISH**  
20729779\_EA/21685114\_EA



Optimum

Members-Only Price\*\*

**\$5**

Non-members  
**\$6**

Members save up to  
**\$1**

**HEINZ KETCHUP**  
750 ML-1 L  
**OR KRAFT MIRACLE WHIP**  
650-890 ML  
SELECTED VARIETIES  
**KETCHUP HEINZ OU MIRACLE WHIP**  
**KRAFT**  
20069080\_EA  
20298681001\_EA



Optimum

Members-Only Price\*\*

**\$3**

Non-members  
**\$4**

Members save up to  
**\$1**

**NO NAME FLOUR**  
SELECTED VARIETIES, 2.5 KG  
**FARINE SANS NOM**  
20013256\_EA/20303325\_EA



Optimum

Members-Only Price\*\*

**\$20**

Non-members  
**\$28**

Members save up to  
**\$8**

**TIDE LAUNDRY DETERGENT**  
3.9 L, **TIDE POWER PODS 45'S**,  
**TIDE PODS OR GAIN FLINGS**  
57-76'S OR BEADS 853 G  
SELECTED VARIETIES  
**DÉTÉRGENT À LESSIVE, POWER PODS TIDE OU PODS TIDE, FLINGS GAIN OU PERLES**  
21593670\_EA/21625891\_EA



\*\*Must be a registered PC Optimum™ member to load and get this offer.

RA FLAP 1

# PRICE DROP<sup>‡</sup>

## SO YOU CAN SAVE MORE

**1<sup>85</sup>**

**ANNIE'S MACARONI AND CHEESE**  
SELECTED VARIETIES  
170 G  
**MACARONI ET FROMAGE ANNIE'S**  
20316187001\_EA  
20811201\_EA



**2<sup>50</sup>**

**GOLDFISH BAKED SNACK CRACKERS OR CRISPS**  
SELECTED VARIETIES  
156-200 G  
**CRAQUELINS CUIITS OU CROUSTILLES GOLDFISH**  
20306994003\_EA  
20300320\_EA



**3<sup>50</sup>**

**POPCORNERS**  
SELECTED VARIETIES  
142 G  
**POPCORNERS**  
21370205\_EA  
21370259\_EA



**5<sup>50</sup>**

**PUREX 1.92-2.03 L OR SUNLIGHT 1.84 L**  
**LAUNDRY DETERGENT**  
SELECTED VARIETIES  
**DÉTERGENT À LESSIVE PUREX OU SUNLIGHT**  
20856516005\_EA  
21427029\_EA



**\$6**

**FRISKIES CAT FOOD**  
SELECTED VARIETIES, 1.4-1.5 KG  
**NOURRITURE POUR CHATS FRISKIES**  
20912315\_EA



**DEAL DROP**

Limited-time deals on PC® home & more.

**LIMIT 4**  
OVER LIMIT PAY 30.00 EA

**\$15**

LIFE AT HOME® FELT HANGERS  
50'S  
CINTRES EN FEUTRE  
LIFE AT HOME®  
21012347\_EA

**REAL ATLANTIC SUPERSTORE**  
PROUDLY CANADIAN

**5.44**  
LB  
11.99/KG

MEDIUM GROUND BEEF  
BŒUF HACHÉ  
MI-MAIGRE  
20797926\_KO

**CLUB SIZE**

**SAVE UP TO 54%**

**\$3** LB  
6.61/KG

PORK LOIN COMBINATION CHOPS  
SIRLOIN AND RIB PORTION BONE-IN  
CÔTELETTES DE LONGE DE PORC, COMBINAISON DE  
COUPES, PORTIONS SURLONGE ET BOUT DE CÔTES  
20822343\_EA

**SAVE UP TO 1.00**

**\$3**

RASPBERRIES OR  
BLACKBERRIES  
PRODUCT OF MEXICO  
OR U.S.A., 170 G  
FRAMBOISES  
OU MÛRES  
20051015001\_EA/20128938001\_EA

**SAVE UP TO 33%**

**\$10** LB  
22.05/KG

FRESH ATLANTIC  
SALMON FILLETS SKIN-ON  
FILETS DE SAUMON  
DE L'ATLANTIQUE  
FRAIS  
20720065\_KG

**CANADIAN SEAFOOD**

**CLUB SIZE**

**SAVE UP TO 33%**

**\$1**

RED MANGOS  
PRODUCT OF PERU  
MANGUE  
ROUGE  
20059635001\_EA

**President's Choice**

*Air-chilled to lock in flavour*

Raised by Canadian farmers

**3,000** GET  
**\$3** back in points

**APP EXCLUSIVE OFFER\***

**\$13**

PC® BONELESS, SKINLESS CHICKEN BREAST UP TO 630 G  
POITRINE DE POULET DÉOSSÉE  
SANS PEAU PC® MD  
21340952\_EA

\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

**PKG OF 3**

**Optimum**

Members-Only Price™

**\$3**

Members save up to **\$1**

Non-members **\$4**

FARMER'S MARKET™  
MINI CUCUMBERS  
PRODUCT OF CANADA, 6'S  
MINI-CONCOMBRES  
DÉLICIES DU MARCHÉ™  
20737570001\_EA

\*\*Must be a registered PC Optimum™ member to load and get this offer.

**PRODUCT OF CANADA**

**PKG OF 6**

**SAVE UP TO 53%**

**\$7**

JANES PUB STYLE  
BREADED CHICKEN  
SELECTED VARIETIES, FROZEN, 700 G  
POULET PANÉ STYLE  
PUB JANES  
21191828\_EA

**READY FOR ANYTHING**

**chicken Strips**

FULLY COOKED  
CRISP CHICKEN  
COULETTES

MADE WITH WHITE MEAT

**SAVE UP TO 50%**

**\$1**

CAMPBELL'S SOUP  
SELECTED VARIETIES, 284 ML  
SOUPE CAMPBELL'S  
20176214001\_EA/20176214003\_EA

**Chicken Noodle**  
Poulet et nouilles

**Tomato**  
Tomates

**\$3**

WONDER BREAD  
OR BUNS  
SELECTED VARIETIES  
AND SIZES  
PAIN OU PETITS  
PAINS WONDER  
2073357001\_EA  
20839710\_EA

**PREPARED IN CANADA**

**\$4**

PHILADELPHIA  
CREAM CHEESE  
OR DIPS  
SELECTED VARIETIES,  
227/250 G  
FROMAGE À  
LA CRÈME OU  
TREMPETTES  
PHILADELPHIA  
20641267\_EA/20866816001\_EA

**PREPARED IN CANADA**

**SAVE UP TO 40%**

**\$3**

PC® VEGETABLES  
SELECTED VARIETIES,  
FROZEN, 300-750 G  
LÉGUMES PC® MD  
20318915\_EA/21184694\_EA

**TRICED CAULIFLOWER**  
CHOU-FLEUR EN RIZ

**TRICED BROCCOLI**  
BROCCOLI EN RIZ

**SAVE .99**  
WHEN YOU BUY 3

**3/4.98**  
OR 1.99 EA

COCA-COLA,  
CANADA DRY  
OR PEPSI SOFT  
DRINKS  
SELECTED VARIETIES, 2L  
BOISSONS  
GAZEUSES  
COCA-COLA,  
CANADA DRY  
OU PEPSI  
20316016002\_EA  
20296928002\_EA

**PREPARED IN CANADA**

**UP TO 40% OFF**

JAMIESON  
VITAMINS OR SUPPLEMENTS  
SELECTED VARIETIES  
AND SIZES  
VITAMINES OU  
SUPPLÉMENTS  
JAMIESON  
20946636\_EA/21085525\_EA

**Gentle Iron**  
28 mg

**Probiotic Gummies**  
ROSE ROSE

**SAVE UP TO 1.00**

**5.99**

BRAR'S MALAI  
PANER  
375 G  
MALAI PANER  
20283164\_EA

**PREPARED IN CANADA**

**SAVE UP TO 30%**

**6.50**

SIGGI'S SKYR  
TUBS 650/750 G OR  
YOPLAIT  
SOURCE YOGURT  
16X100 G  
SELECTED VARIETIES  
CONTENANTS  
DE YOGOURT  
SKYR SIGGI'S OU  
SOURCE YOPLAIT  
20120316002\_EA/21353874\_EA

**PREPARED IN CANADA**

**SAVE UP TO 43%**

**12.99**

ROYALE BATHROOM  
TISSUE 30=60 ROLLS OR  
TIGER TOWEL 6=12 ROLLS  
OR FACIAL TISSUE 12'S,  
SELECTED VARIETIES  
PAPIER HYGIÉNIQUE  
OU ESSUIE-TOUT  
TIGER TOWEL OU  
MOUCHOIRS ROYALE  
20705292\_EA  
21378233\_EA/21484732\_EA

**Optimum™**

**3 DAYS ONLY! Thursday, February 26<sup>th</sup> to Saturday, February 28<sup>th</sup>**

Your points are worth more.

**Bonus Redemption Event**

Redeem **70,000** pts and get **\$80** off\* your purchase of \$80 or more

OR

Redeem **150,000** pts and get **\$175** off\* your purchase of \$175 or more

OR

Redeem **250,000** pts and get **\$300** off\* your purchase of \$300 or more

\*That's an extra \$10 value! \*That's an extra \$25 value! \*That's an extra \$50 value!

Limited time offer, subject to change or cancellation. Redemptions at points level available while offer lasts as specified above in a single transaction. In cases of insufficient spend amount causing customers not being able to optimize the offer, the system will automatically suggest/default to a lower redemption threshold, so that customer can always redeem the least amount of available points and achieve the maximum value of offer available. Customer can however choose to redeem a higher amount of points and forfeit portion of the value available if desired as per the PC Optimum™ Program Terms and Conditions. In no event will customers receive extra points in lieu of the forfeited value as part of this offer. Redemptions must be in increments of 10,000 points up to a maximum of 500,000 PC Optimum™ points in one transaction. Applicable fees and taxes payable on full purchase price before application of redemption value. Not redeemable for cash or credit. Exclusions apply. Visit pcoptimum.ca/company-policy/terms-and-conditions for further details.

**SAVE UP TO 33%**

**2.50**

**PREGO SAUCE**  
SELECTED VARIETIES  
645 ML  
**SAUCE PREGO**  
2032582001\_EA

**SAVE UP TO 4.99**

**\$20**

**PC® GROUND COFFEE**  
SELECTED VARIETIES, 800-930 G  
**CAFÉ MOULU PC®**  
21393374\_EA/21393573\_EA  
\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

**GET 3,000<sup>+</sup> \$3**  
back in points

**GOURMET WEST COAST DARK ROAST**  
875 g

**THE GREAT CANADIAN**  
800 g

**APP EXCLUSIVE OFFER†**

**SAVE .50**

**2.50**

**DOM SPECIALTY SMOKED STEELHEAD SALMON 50 G OR YELLOWFIN TUNA STEAKS 92 G FROZEN SAUMON STEELHEAD FUMÉ DOM SPÉCIALITÉ OU DARNES DE THON ALBACORE**  
20792840\_EA/21694839\_EA

**3/\$9**  
OR 3.33 EA

**GENERAL MILLS, NATURE VALLEY, PILLSBURY, BETTY CROCKER OR MOTT'S FRUITSACTIONS GRANOLA, CEREAL BARS, TREATS OR FRUIT SNACKS**  
SELECTED VARIETIES, 120-230 G  
**BARRES GRANOLA, DE CÉRÉALES, GÂTERIES OU COLLATIONS AUX FRUITS GENERAL MILLS, VAL NATURE, PILLSBURY, BETTY CROCKER OU FRUITSACTIONS MOTT'S**  
20310474001\_EA/20487250\_EA

**NATURE VALLEY LUNCH BOX DOUBLE CHOCOLATE**  
128 g

**FOUR VARIETY PACK!**  
128 g

**\$4**

**PC® ORANGE JUICE 1.54 L OR DANONE ACTIVIA TUBS 650 G**  
SELECTED VARIETIES  
**JUS D'ORANGE PC®**  
OU **CONTENANTS ACTIVIA DANONE**  
20302155001\_EA/21430531\_EA

**ACTIVIA**  
650 g

**PREPARED IN CANADA**

**2.50**

**GOLDFISH BAKED SNACK CRACKERS OR CRISPS**  
SELECTED VARIETIES, 156-200 G  
**CRAQUELINS CUIITS OU CROUSTILLES GOLDFISH**  
20300320\_EA/21695259\_EA

**GOLDFISH BAKED SNACK CRACKERS**  
180 g

**\$6**

**GENERAL MILLS FAMILY SIZE CEREAL**  
SELECTED VARIETIES, 475-778 G  
**CÉRÉALES FORMAT FAMILIAL GENERAL MILLS**  
21103492\_EA/21103495\_EA

**FAMILY SIZE**

**Cinnamon Toast Crunch**  
475 g

**Honey Nut Cheerios**  
778 g

**6.44**

**NESCAFÉ OR TASTER'S CHOICE INSTANT COFFEE 100-170 G OR NESCAFÉ SWEET & CREAMY SACHETS 16/18'S**  
SELECTED VARIETIES  
**CAFÉ INSTANTANÉ NESCAFÉ OU TASTER'S CHOICE OU CRÉMEUX ET SUCRÉ NESCAFÉ**  
20873036\_EA/21363371\_EA

**NESCAFÉ**  
170 g

**SWEET & CREAMY**

**SAVE UP TO 2.99**

**5.50**

**CHAPMAN'S PREMIUM ICE CREAM, FROZEN YOGURT OR SORBET 2 L OR SUPER NOVELTIES 6-20'S**  
SELECTED VARIETIES, FROZEN  
**CRÈME GLACÉE PREMIUM, YOGOURT GLACÉ OU SORBET OU FRIANDISES GLACÉES SUPER CHAPMAN'S**  
2011532\_EA/20323573001\_EA

**PREPARED IN CANADA**

**SAVE UP TO 28%**

**\$5**

**GIUSEPPE PIZZA**  
SELECTED VARIETIES  
FROZEN, 439-785 G  
**PIZZA GIUSEPPE**  
21106361\_EA/21106375\_EA

**GIUSEPPE PIZZERIA**  
RISING CRUST - LEVE-AU-FOUR

**PREPARED IN CANADA**

**\$10**

**PC® OR BLUE MENU® ENTRÉES**  
SELECTED VARIETIES  
FROZEN, 907 G-1.13 KG  
**PLATS CUISINÉS PC®**  
OU **MENU BLEU®**  
20326534\_EA/21359210\_EA

**MEAT LASAGNA LASAGNE VIANDE**

**Butter Chicken Poulet beurre**

**3/9.99**  
OR 3.99 EA

**KELLOGG'S SPECIAL K CHEWY BARS OR KASHI CHEWY WHOLE GRAIN BARS**  
SELECTED VARIETIES, 154-200 G  
**BARRES TENDRES SPECIAL K KELLOGG'S OU BARRES TENDRES DE GRAINS ENTIERS KASHI**  
20049832001\_EA/20049832002\_EA

**Kashi**  
180 g

**\$6**

**BLACK DIAMOND CHEESE BARS**  
400 G OR SHREDS 300-320 G OR PC® SHREDS 250-320 G  
SELECTED VARIETIES  
**BARRES DE FROMAGE OU FROMAGE RÂPÉ BLACK DIAMOND OU FROMAGE RÂPÉ PC®**  
21278845\_EA/21279221\_EA

**PREPARED IN CANADA**

**1.50**

**NO NAME® BROTH**  
SELECTED VARIETIES  
900 ML  
**BOUILLON SANS NOM®**  
21189607\_EA/21189610\_EA

**chicken broth - bouillon poulet**

**beef broth - bouillon bœuf**

900 mL

**3.50**

**GOGO SQUEEZ FRUIT SAUCE POUCHES OR CUPS**  
SELECTED VARIETIES  
4X90/4X97 G  
**SACHETS OU CONTENANTS DE COMPOTE DE FRUITS GOGO SQUEEZ**  
20322697002\_EA/212701912\_EA

**GOGO SQUEEZ**  
apple apple

**GOGO SQUEEZ Homestyle**  
apple cinnamon

**4.50**

**HARDBITE POTATO CHIPS WITH AVOCADO OIL**  
SELECTED VARIETIES  
128 G  
**CROUSTILLES AVEC HUILE D'AVOCAT HARBITE**  
21157616\_EA/21483789\_EA

**PREPARED IN CANADA**

**\$21**

**GATORADE CLUB PACK OR POWERADE SPORTS DRINK**  
SELECTED VARIETIES  
24X591 ML  
**BOISSON DÉSALTÉRANTE FORMAT CLUB GATORADE OU POWERADE**  
209541301\_C24/20325703\_C24

**EQUIVALENT TO 88¢ PER BOTTLE**

**PREPARED IN CANADA**

**SAVE 1.99**

**17.99**

**WHISKAS WET CAT FOOD**  
SELECTED VARIETIES  
12'S  
**NOURRIURE HUMIDE POUR CHATS FRISKIES**  
20945387\_EA/2101732\_EA

**whiskas PERFECT PORTIONS**

**\$10**

**GLAD OUTDOOR BAGS**  
SELECTED VARIETIES  
10-40'S  
**SACS POUR L'EXTÉRIEUR GLAD**  
21164510\_EA/21165477\_EA

**GLAD BLACK LARGE 90 L**

**GLAD BLACK REGULAR 74 L**

**PREPARED IN CANADA**

**2/\$12**  
OR 10.00 EA

**8 STEM TULIPS ASSORTED COLOURS**  
**8 TULIPES SUR TIGE**  
21723510\_EA/21723469\_EA

**FRESH PROMISE:** Applicable to eligible fresh produce items purchased at Real Atlantic Superstore locations or online at realatlanticsuperstore.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original purchase receipt within 7 days of purchase at the Real Atlantic Superstore where purchase originated. This promise does not apply to reduced/clearance priced produce. This promise cannot be combined with any other offer. We reserve the right to cancel or change the terms of this promise at any time without notice. **Quantities and/or selection of items may be limited and may not be available in all stores.** For inquiries on product availability at your store please contact Customer Relations at the above phone number. No Rainchecks OR Substitutions on clearance items or where quantities are advertised as limited. Advertisements regarding pricing and product selection (flavour, colour, patterns, style) may vary by store location. We are not obligated to sell items based on errors or misprints in typography or photography. Pricing: All references to "Save, Was, Now, Savings, etc." is in comparison to our own regular prices. Coupons must be presented and redeemed at time of purchase. **Savings on items shown may vary in each store location.** Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. ©/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. All rights reserved. © 2025 Loblaws Inc. MasterCard and the MasterCard Brand Mark are registered trademarks and PayPass is a trademark of MasterCard International Incorporated. President's Choice Bank a licensee of Royal Bank. PC Optimum™ program is provided by President's Choice Services Inc. President's Choice Financial MasterCard is provided by President's Choice Bank. President's Choice Financial personal banking services are provided by the direct banking division of Simplii Financial. ©PC, President's Choice, PC Financial and President's Choice Financial are registered trademarks of Loblaws Inc. Trademarks used under licence. We reserve the right to limit quantities to reasonable family requirements. **PC OPTIMUM MEMBERS ONLY:** These offers are only available to valid PC Optimum™ program members. Membership is free. To register as a PC Optimum™ member, see in-store or visit pcoptimum.ca. We are not obligated to award points based on errors or misprints. No cash value. See atlanticsuperstore.ca for full program details including redemption restrictions Minimum redemption 10,000 points. These offers cannot be combined with any other coupons, discounts or promotions and no adjustments on previous purchases. We reserve to modify or cancel these offers without notice. Product availability may vary by store. While supplies last. We reserve the right to limit quantities. \*Receive the points specified when you spend the qualifying dollar amount on the displayed participating product(s) and/or category(ies) before taxes and after redemptions and all coupons and discounts are deducted in a single transaction; \*\* Valid for flyer duration, after which the price will be the same for both PC Optimum™ and non-PC Optimum™ members. Taxes applicable on the purchase amount after discounts. PC Optimum™ member pricing is not applicable to any price match programs for participating stores operating under the Loblaws Inc. banner. **OUTDOOR/SEASONAL:** For your local store's hours and for a list of Atlantic Superstore locations that DO NOT participate in this flyer, visit www.atlanticsuperstore.ca or call Customer Relations at 1-866-727-0771. **Quantities and/or selection of items may be limited and may not be available in all stores.** Outdoor seasonal items (e.g. lawn and garden) may only be available at select store locations. Please check your local store for pricing, limits and availability. We reserve the right to limit quantities to reasonable family requirements. Rainchecks may be available for out of stock items excluding clearance items or where quantities are advertised as limited. We reserve the right to substitute the out of stock item for an equivalent item in lieu of providing a raincheck. **Advised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location.** All references in our flyer to "Save", "Was", "Now" etc. is in comparison to our own regular prices. **Savings on items advertised within flyer may vary by store location.** Coupons must be presented and redeemed at time of purchase. We are not obligated to sell items based on errors or misprints in typography or photography. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. ©/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. All rights reserved. ©2025 Loblaws Inc. **#PRICE DROP** offer valid in-store at participating locations between February 26 - March 18, 2026 before applicable taxes and while quantities last. Offer applies only to select products. Offer may be modified and/or cancelled without notice. See in-store for full details.



# FRESH PROMISE

## If it's not fresh, it's free.

\*Fresh Promise: Applicable to eligible fresh produce items purchased at Real Atlantic Superstore store locations or online at realatlanticsuperstore.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the Real Atlantic Superstore store where purchase originated. This promise does not apply to reduced/clearance priced produce. This promise cannot be combined with any other offer. We reserve the right to cancel or change the terms of this promise at any time without notice.

**\$5**

**STRAWBERRIES**  
PRODUCT OF MEXICO OR U.S.A.  
454 G  
**FRAISES**  
20049778001\_EA

**3.99**  
LB  
8.80/KG

**GREENHOUSE EXTRA LARGE ORANGE, RED OR YELLOW SWEET PEPPERS**  
PRODUCT OF MEXICO  
**TRÈS GROS POIVRONS DE SERRE ORANGE, ROUGES OU JAUNES**  
2016680001\_KG/20007535001\_KG

**3.99**  
LB  
8.80/KG

**PC® EXTRA LARGE GREEN OR RED SEEDLESS GRAPES**  
PRODUCT OF PERU, SOUTH AFRICA OR CHILE, NO. 1 GRADE  
**TRÈS GROS RAISINS VERTS OU ROUGES SANS PÉPINS PC®**  
20425775001\_KG/20159199001\_KG

**3.50**

**ICEBERG LETTUCE**  
PRODUCT OF U.S.A.  
**LAITUE ICEBERG**  
20135326001\_EA

**\$6**

**FARMER'S MARKET™ NAVEL ORANGES**  
PRODUCT OF MOROCCO OR SPAIN, 3 LB  
**ORANGES NAVEL DÉLICIES DU MARCHÉ™**  
20162945001\_EA

**\$3**

**FARMER'S MARKET™ YELLOW ONIONS**  
PRODUCT OF CANADA OR U.S.A.  
NO. 1 GRADE, 3 LB  
**OIGNONS JAUNES DÉLICIES DU MARCHÉ™**  
20811994001\_EA

**3.50**

**LARGE BROCCOLI**  
PRODUCT OF MEXICO OR U.S.A.  
**GROS BROCOLI**  
20145621001\_EA

**SAVE UP TO 1.00** LB

**2.49**  
LB  
5.49/KG

**GREENHOUSE BEEFSTEAK TOMATOES**  
PRODUCT OF CANADA OR MEXICO  
**TOMATES BEEFSTEAK DE SERRE**  
20426141001\_KG

**FROM \$18**

**FAMILY SIZE SALADS**  
PREPARED IN-STORE  
SELECTED VARIETIES, 667-901 G  
**SALADES FRAÎCHES FORMAT FAMILIAL**  
209724991\_EA/209725121\_EA

**\$15**

**6 INCH MINI ROSE**  
**MINI ROSE 6 PO**  
21732467\_EA

**\$24**

**PC® DOZEN ROSES WITH BABY'S BREATH**  
ASSORTED COLOURS  
**DOUZAINES DE ROSES AVEC GYPSOPHILE PC®**  
21529061\_EA

**\$22**

**MULTIFLORA ORCHID**  
SELECTED VARIETIES  
3.5 INCH  
**ORCHIDÉE MULTIFLORA**  
21664305\_EA

**\$10**

**RAINBOW MINI CARNATIONS**  
**MINI-ŒILLETS ARC-EN-CIEL**  
21593430\_EA

**\$15**  
LB  
33.07/KG

**TOP SIRLOIN STEAK**  
CUT FROM CANADA AA GRADE BEEF OR HIGHER  
**BIFTECK DE HAUT DE SURLONGE**  
20797507\_KG

**CLUB SIZE**

**3.49**  
LB  
7.69/KG

**PORK SHOULDER PICNIC SPLIT**  
FRESH  
**RÔTI D'ÉPAULE DE PORC PICNIC SÉPARÉ**  
21018388\_KG

**\$14**

**PC® SPLIT CHICKEN WINGS**  
UP TO 725 G  
**AILES DE POULET SÉPARÉES PC®**  
21340973\_EA

**CANADIAN POULTRY**

**\$7**

**ULTIMATE DINNER OR BREAKFAST CHICKEN SAUSAGES**  
SELECTED VARIETIES, 375/500 G  
**SAUCISSES DE POULET À REPAS OU DÉJEUNER ULTIMATE**  
21378310\_EA/21539969\_EA

**PREPARED IN CANADA**

**SAVE UP TO 1.00**

**5.99**

**NO NAME™ BACON**  
REGULAR OR LOW SALT, 500 G  
**BACON SANS NOM™**  
20156771\_EA

mild sugar cured - uncooked  
**bacon**  
légèrement traité au sucre - non cuit

**PREPARED IN CANADA**

**SAVE UP TO 1.50**

**\$6**

**ASIAN INSPIRATIONS ENTRÉES**  
SELECTED VARIETIES  
FROZEN, 400 G  
**PLATS CUISINÉS ASIAN INSPIRATIONS**  
210493781\_EA

**GINGER BEEF**  
Crispy strips of 100% Canadian beef with a hint of garlic and savory black pepper, prepared with a sweet ginger sauce.

400 g  
**READY IN 15 MINUTES**

**\$12**  
LB  
26.46/KG

**SEAFOOD CHOWDER MIX**  
PREVIOUSLY FROZEN  
**CHAUDRÉE DE PRODUITS DE LA MER**  
20852493\_KG

**\$10**

**PC® PACIFIC LARGE WHITE SHRIMP RAW ZIPPERBACK®** 31-40/LB, 400 G OR **MARINA DEL REY WILD ARGENTINIAN SHRIMP RAW EASY PEEL** 20-30/LB, 300 G, FROZEN  
**BOUCHÉES DE MORUE SAUVAGE PANÉES OU DARNES DE THON JAUNE SAUVAGE PC®**  
20788888\_EA/20907159\_EA

**ZIPPERBACK® RAW CRUES À DÉCORTIGER ÉCLAIR**

Groquettes Sauvages d'Argentine Wild Caught Argentinian Shrimp

**SAVE UP TO 1.70**

**9.50**

**PC® BATTERED WILD COD BITES** 454 G OR **WILD YELLOWFIN TUNA STEAKS** 280 G, FROZEN  
**GROSSES CREVETTES BLANCHES DU PACIFIQUE PC® CRUES, À DÉCORTIGER ÉCLAIR™** OR **CREVETTES SAUVAGES D'ARGENTINE MARINA DEL REY FACILES À DÉCORTIQUER**  
21088897\_EA/21211819\_EA

**COD BITES**  
BATTERED WILD COD  
**BOUCHÉES DE MORUE**

**WILD YELLOWFIN TUNA THON JAUNE SAUVAGE**

# SUPER FRESH

**5<sup>25</sup>**

**FARMER'S MARKET™ BUTTER CROISSANTS OR CROISSANT BUNS**  
SELECTED VARIETIES, 270/300 G  
**CROISSANTS AU BEURRE OU PETITS-PAINS CROISSANTS AU BEURRE DÉLICÉS DU MARCHÉ<sup>MC</sup>**  
209750431\_EA/21577824\_EA



**2/\$8**  
OR 4.79 EA

**BAGELS**  
BAKED-IN-STORE  
SELECTED VARIETIES, 6'S  
**BAGELS**  
21705797\_EA/21705913\_EA



**\$4**

**ARTISAN BREAD**  
BAKED-IN-STORE  
SELECTED VARIETIES, 420-660 G  
**PAIN ARTISAN**  
21633048\_EA/21633233\_EA



**\$5**

**FARMER'S MARKET™ OR SIMPLE JOYS SLICED LOAF CAKES**  
SELECTED VARIETIES, 344-400 G  
**GÂTEAUX PAUSE-CAFÉ TRANCHÉS DÉLICÉS DU MARCHÉ<sup>MC</sup> OU SIMPLE JOYS**  
21489910\_EA/21618088\_EA



**\$6**

**MINI DANISH**  
ASSORTED VARIETIES, 8'S  
**MINI DANOISE**  
21476309\_EA



**6<sup>50</sup>**

**FARMER'S MARKET™ MINI DONUTS OR QUINN'S SWISS ROLLS**  
SELECTED VARIETIES 600 G/ 6X 67 G  
**MINI-BEIGNES DÉLICÉS DU MARCHÉ<sup>MC</sup> OU ROULÉS SUISSES QUINN'S**  
21592542\_EA/21559169\_EA



**SAVE UP TO 32%**

**2<sup>50</sup>**

**NO NAME™ BAGELS**  
SELECTED VARIETIES, 6'S  
**BAGELS SANS NOM™**  
21217967\_EA/21666643\_EA



**SAVE UP TO 1.00**

**3<sup>50</sup>**

**PC® FLATBREAD**  
SELECTED VARIETIES, 220/300 G  
**PAIN PLAT PC<sup>MD</sup>**  
20910042\_EA/20910044\_EA



**SAVE UP TO 1.50**

**7<sup>50</sup>**

**BFree GLUTEN-FREE PROTEIN WRAP**  
SELECTED VARIETIES, 168 G  
**TORTILLAS PROTÉINÉES SANS GLUTEN BFree**  
21684591\_EA



**3<sup>50</sup>**  
/100G

**APPLEWOOD SMOKED CHEDDAR**  
IN-STORE DELI CUT  
**CHEDDAR FUMÉ APPLEWOOD**  
20076601\_KG



**Members-Only Price™**  
**\$5**

**Non-members**  
**\$7**

**Members save \$2**  
**ALEXIS DE PORTNEUF BRIE**  
SELECTED VARIETIES, 125 G  
**BRIE ALEXIS DE PORTNEUF**  
20044812\_EA/21617940\_EA  
\*\*Must be a registered PC Optimum™ member to load and get this offer.



**SAVE 1.49/100G**

**3<sup>50</sup>**  
/100 G

**SERVICE CASE CUDDY MONTREAL SMOKED TURKEY**  
DELICIOUS  
**DINDE FUMÉE MONTREAL CUDDY DU COMPTOIR DE SERVICE**  
20007099\_KG



**GET 2,000<sup>SP</sup> back in points when you spend \$10\* on**

**MARCANGELO ITALIAN DELI MEATS**  
SLICED OR CHUBS  
85-300 G  
**CHARCUTERIES ITALIENNES MARCANGELO**  
21021491\_EA/21706582\_EA



**Members-Only Price™**  
**\$3**

**Non-members**  
**\$4**

**Members save \$1**  
**MOM'S BEST BAGUETTE CRISPS**  
SELECTED VARIETIES, 120 G  
**BAGUETTE CRISPS MOM'S BEST**  
21666548\_EA/21666566\_EA  
\*\*Must be a registered PC Optimum™ member to load and get this offer.



**\$5**

**GUSTA GROUNDS**  
SELECTED VARIETIES  
340 G  
**HACHÉ VÉGÉTAL GUSTA**  
21454302\_EA



**SAVE UP TO 2.00**

**\$16**

**BENTO CALIFORNIA FAMILY PACK SUSHI**  
SELECTED VARIETIES, 30'S  
645 G  
**SUSHI FORMAT FAMILIAL CALIFORNIA BENTO**  
21638655\_EA



**2/\$9**  
OR 5.00 EA

**PC® PASTA OR GNOCCHI**  
SELECTED VARIETIES, 255-350 G  
**PÂTES OU GNOCCHI PC<sup>MD</sup>**  
21681260\_EA/21682075\_EA



**\$11**

**BUY ANY FRESHLY PREPARED IN-STORE MADE ROMANACCIA SANDWICHES**  
225-385 G  
9.00 EA  
**SANDWICHS ROMANACCIA PRÉPARÉS EN MAGASIN**  
21693981\_EA

**AND BUY PEPSICO DRINK**  
SELECTED VARIETIES, 591 ML  
**BOISSON PEPSICO**  
20321598002\_EA



# ALWAYS LOW PRICE

Find set prices on everyday items.

ALWAYS LOW PRICE

\$2

SANTOSH NAAN  
SELECTED VARIETIES, 5'S  
21671462\_EA



FRENCH OR ITALIAN BREAD  
BAKED IN-STORE, SELECTED VARIETIES, 383 G  
20345208\_EA/20788443\_EA

ALWAYS LOW PRICE

\$2



SOURDOUGH LOAF  
BAKED IN-STORE, 404 G  
20706542\_EA

ALWAYS LOW PRICE

\$3



ALWAYS LOW PRICE

\$5

PC<sup>®</sup> BRIOCHE LOAF OR BUNS  
SELECTED VARIETIES, 300/400 G  
21050280\_EA/21094319\_EA



ALWAYS LOW PRICE

\$7

GET 2,000<sup>+</sup> back in points

APP EXCLUSIVE OFFER\*

BUTTER CROISSANTS  
BAKED IN-STORE, 12'S  
21683000\_SA  
\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.



RA DA FLAP ALWAYS

# HOT DEALS

**\$1**

**SAPPORO ICHIBAN**  
JAPANESE STYLE NOODLES  
SELECTED VARIETIES, 100 G,  
**NO NAME® INSTANT**  
**NOODLE SOUP CUP**  
SELECTED VARIETIES, 65 G,  
**PC® BLUE MENU**  
**OR FREE & CLEAR**  
SELECTED VARIETIES, 1L  
20275907001\_EA/20275907004\_EA  
20301246001\_EA/20301246002\_EA  
20320832004\_EA/20320832002\_EA



**\$2**

**PC® BLUE MENU® WHOLE**  
**GRAIN PASTA** 375 G OR  
**PC® TOMATO FIRST**  
**TOMATO SAUCE** 680 ML  
SELECTED VARIETIES  
**NO NAME®**  
**ALUMINUM FOIL**  
25 FT  
20324173002\_EA/20599748002\_EA  
21119986\_EA



**\$3**

**CHRISTIE OREO, CHIPS**  
**AHOY, FUDGE-O OR**  
**NUTTER BUTTER COOKIES**  
SELECTED VARIETIES, 223-303 G,  
**OCEANS WHITE TUNA**  
SELECTED VARIETIES, 170 G,  
**NO NAME® TABLE SYRUP**  
750 ML OR **OLD FASHIONED**  
**PANCAKE MIX** 905 G  
SELECTED VARIETIES  
21361508\_EA/21573772\_EA  
210095188\_EA/210095216\_EA  
20306030\_EA/20322949\_EA



**\$4**

**CHRISTIE PEEK FREANS COOKIES**  
SELECTED VARIETIES, 275-350 G  
**COMEAU HERRING IN WINE**  
**SAUCE OR HOUSE BLEND**  
SELECTED VARIETIES, 265 G,  
**BAREBELL PROTEIN BAR**  
SELECTED VARIETIES AND SIZES  
20660329\_EA/20660381\_EA  
20764281\_EA/20764936\_EA  
21659161\_EA/21691964\_EA



**\$5**

**ZIGGY'S DELI SERVICE**  
**CASE MEAT**  
SELECTED VARIETIES, 200 G,  
**PC® BLUE MENU®**  
**TWICE THE FRUIT™** 500 ML OR  
**PEANUT BUTTER** 750 G,  
**COOL WHIP**  
**DESSERT TOPPING**  
SELECTED VARIETIES  
FROZEN, 1L  
20313480\_KG  
20057669001\_EA/20300537\_EA  
20053069901\_EA



# TROPICAL PICKS

Enjoy the taste of the islands for less.



**\$4**

**FARMER'S MARKET™ AVOCADO BAG**  
PRODUCT OF MEXICO  
21644936001\_EA



**PKG OF 5**

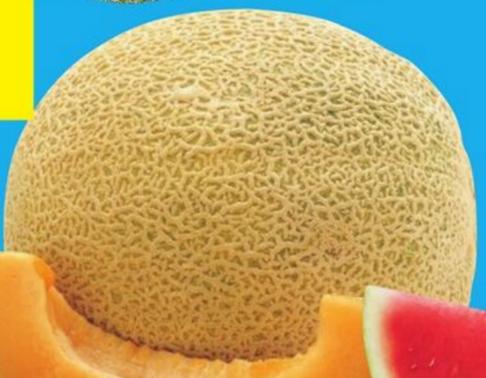
**CROWNLESS PINEAPPLE**  
PRODUCT OF COSTA RICA  
20119813001\_EA

**\$5**



**\$5**

**CANTALOUPE**  
PRODUCT OF GUATEMALA OR HONDURAS  
20167017001\_EA



**\$6**

**MINI SEEDLESS WATERMELON**  
PRODUCT OF GUATEMALA, HONDURAS, COSTA RICA, MEXICO OR BRAZIL  
20145379001\_EA



**4/\$5**  
OR 1.49 EA

**ATAULFO MANGO**  
PRODUCT OF MEXICO  
20121509001\_EA



**2.28**  
LB  
5.03/KG

**PAPAYA**  
PRODUCT OF MEXICO  
20817066001\_KG



**1.49**  
LB  
3.28/KG

**PLANTAIN**  
PRODUCT OF COSTA RICA, COLOMBIA, HONDURAS OR GUATEMALA  
20111926001\_KG



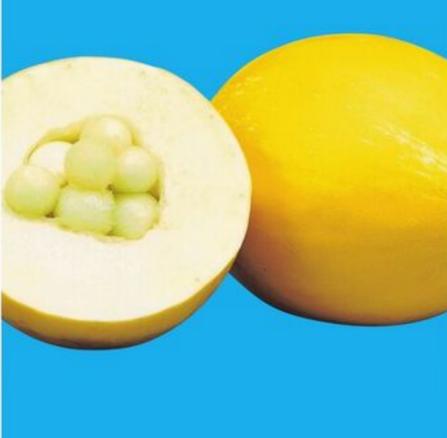
**1.99**  
LB  
4.39/KG

**HAMI MELON**  
PRODUCT OF VIETNAM OR GUATEMALA, HONDURAS OR MEXICO  
21051297001\_KG



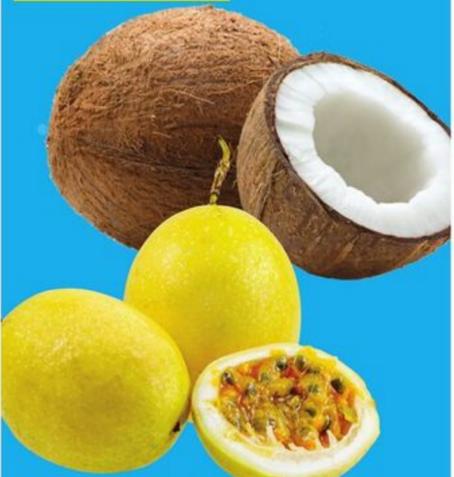
**1.75**  
LB  
3.86/KG

**CANARY MELONS**  
PRODUCT OF BRAZIL  
21022511001\_KG



**2.25**

**COCONUT**  
PRODUCT OF INDIA OR DOMINICAN REPUBLIC OR **GRANADILLA**  
PRODUCT OF COLOMBIA  
20005774001\_EA/20696626001\_EA



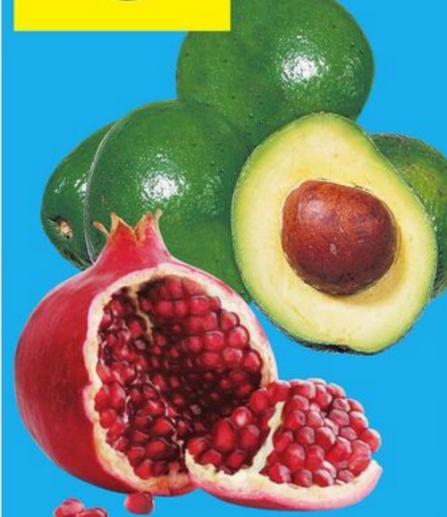
**3.50**  
LB/EA

**LARGE DRAGONFRUIT**  
PRODUCT OF VIETNAM OR **JACKFRUIT SLICE**  
PRODUCT OF MEXICO, 7.72/KG  
20168395001\_EA/21549854001\_KG



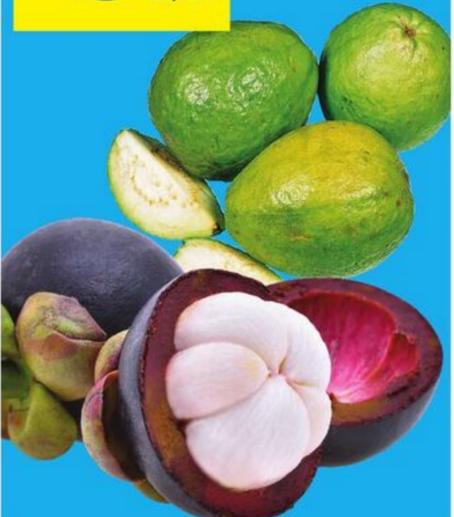
**\$3**

**CARIBBEAN AVOCADO**  
PRODUCT OF BRAZIL OR **POMEGRANATE**  
PRODUCT OF ISREAL  
20119760001\_EA/20134767001\_EA



**5.50**  
LB/EA

**MANGOSTEEN**  
PRODUCT OF COLOMBIA, 3'S OR **YELLOW GUAVA**  
PRODUCT OF TAIWAN, 12.13/KG  
20162500001\_KG/21157321001\_EA



# SUPER

# DEALS

**\$10**

**KELLOGG'S JUMBO SIZE CEREAL**  
SELECTED VARIETIES  
700 G-1.05 KG  
20072706\_EA  
21651842\_EA



GET **\$150** back in points for every \$12\* spent on

**GENERAL MILLS CHEERIOS CEREAL**, 309 G-1.3 KG OR **NATURE VALLEY GRANOLA**, **PROTEIN, SWEET & SALTY BARS**, **BISCUITS** OR **SOFT BAKED MUFFIN**  
SELECTED VARIETIES  
EXCLUDED CLUB SIZE AND MID SIZE  
21040407\_EA/21213559\_EA



**4.50**

**RUFFLES POTATO CHIPS**  
SELECTED VARIETIES, 180-200 G  
21241052\_EA/21241053\_EA



**\$5**

**TOSTITOS TORTILLA CHIPS**  
SELECTED VARIETIES, 205-295 G  
21050575\_EA/21050581\_EA



**3.25**

**CHRISTIE RITZ BITS, SANDWICH CRACKERS OR BITS SNACK PACKS OR WHEAT THINS CRACKERS**  
SELECTED VARIETIES, 180-200 G  
21547034\_EA/21547048\_EA



**8.99**

**CHRISTIE RITZ MINI DRIZZLED**  
SELECTED VARIETIES, 226 G  
21712532\_EA/21712595\_EA



**\$4**

**GENERAL MILLS RETAIL SIZE CEREAL**  
SELECTED VARIETIES, 297-430 G  
21104047\_EA/21104055\_EA



**SAVE 1.98**  
**WHEN YOU BUY 2**

**HERSHEY'S CHOCOLATE BAGS**  
SELECTED VARIETIES, 160-270 G  
20303970004\_EA/20545259\_EA

**2/\$12**  
OR 6.99 EA



**SAVE 1.58**  
**WHEN YOU BUY 2**

**JOLLY RANCHER ROPE LICORICE** 311-454 G  
SELECTED VARIETIES  
20022328004\_EA/21689823\_EA

**2/\$5**  
OR 3.29 EA



**SAVE 1.98**  
**WHEN YOU BUY 2**

**SKITTLES OR STARBURST CANDY OR GUMMIES**  
SELECTED VARIETIES, 130-170 G  
21424498\_EA/21647710\_EA

**2/\$6**  
OR 3.99 EA



**SAVE 1.98**  
**WHEN YOU BUY 2**

**CADBURY CHOCOLATE**  
SELECTED VARIETIES, 80-100 G  
21648577\_EA/21648701\_EA

**2/\$6**  
OR 3.99 EA



**\$18**

**CADBURY MINI EGGS**  
875 G  
21625042\_EA



**5.50**

**M&M'S STAND UP POUCHES CHOCOLATE**  
SELECTED VARIETIES, 155-170 G  
21571767\_EA/21571768\_EA

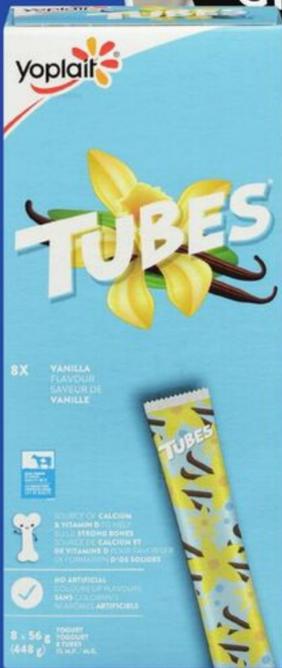


# SUPER

# DEALS

GET **\$1.50** back in points for every \$12\* spent on

**YOPLAIT OR LIBERTÉ PRODUCTS**  
SELECTED VARIETIES AND SIZES  
21547571\_EA/20642273\_EA



**\$5**

**DANONE ACTIVIA EXPERT**  
SELECTED VARIETIES  
750 G  
21688205\_EA  
21688207\_EA



**3/\$12**  
OR 4.99 EA

**DANONE OÏKOS**  
SELECTED VARIETIES  
4X100 G  
21006595\_EA  
20419715001\_EA



**\$26**

**VAN HOUTTE PODS**  
SELECTED VARIETIES, 30'S  
20743469\_EA/21588231\_EA



GET **\$6.50** back in points for every \$30\* spent on

**ALL MCCAFÉ, VAN HOUTTE GROUND, WHOLE BEAN AND K-CUP PRODUCTS OR TIMOTHY'S, DONUT HOUSE, KRISPY KREME, LAVAZZA OR KICKING HORSE K-CUPS**  
SELECTED VARIETIES  
21633664\_EA/21363992\_EA



**2/\$15**  
OR 8.49 EA

**COCA-COLA OR CANADA DRY**  
SELECTED VARIETIES  
12X355 ML  
20318694002\_C12



**SAVE 1.98 WHEN YOU BUY 2**

**2/\$14**  
OR 7.99 EA

**BUBLY SPARKLING WATER**  
SELECTED VARIETIES  
12X355 ML  
21097177\_C12  
21651534\_C12



**SAVE 2.58 WHEN YOU BUY 2**

**2/\$8**  
OR 5.29 EA

**PEPSI MINI**  
SELECTED VARIETIES  
6X222 ML  
20857560004\_C06  
20857560006\_C06



**29<sup>99</sup>**

**BOUNTY PAPER TOWELS**  
8-24 ROLLS  
21670311\_EA



**\$10**

**ROYALE BATHROOM TISSUE**  
12 DOUBLE ROLLS OR FACIAL TISSUE 6'S  
SELECTED VARIETIES  
21363770\_EA/21618478\_EA



**\$16**

**DOWNEY FABRIC SOFTENER LIQUID OR BEADS**  
680 G-1.8 L  
21701409\_EA  
21701470\_EA



# ALWAYS LOW PRICE

**ALWAYS LOW PRICE**

**\$5**

**NO NAME<sup>®</sup> BOLOGNA**  
500 G  
20090732\_EA

Facts nutritive	
pour 2 tranches (55 g)	
% Daily Value	
% valeur quotidienne	
Calories	110
Total Fat	14%
Sodium	16%
Total Protein	23%
Total Carbohydrate	1%
Fibres	0%
Sugars	0%
Protein / Protéines	6 g
Vitamin A / Vitamine A	0%
Vitamin C / Vitamine C	2%
Calcium / Calcium	2%
Iron / Fer	4%

sliced · smoked  
**bologna**  
bologne  
fumé · tranché

no name<sup>®</sup> sans nom<sup>®</sup> 500 g

KEEP REFRIGERATED/GARDER AU FROID

PREPARED IN CANADA

**ALWAYS LOW PRICE**

**\$2.50**

**NO NAME<sup>®</sup> CHICKEN WIENERS**  
450 G  
20058192\_EA

saucisses fumées  
**poulet**

Ingredients: Chicken, Water, Enriched wheat flour, Salt, Modified corn starch, Potassium lactate, Sodium phosphate, Sugars (decolorized, smoked sugar), Sodium diacetate, Onion powder, Sodium erythorbate, Garlic powder, Spices, Smoke flavour, Sodium nitrite. May contain: Egg.

Ingredients: Poullet, Eau, Farine de blé enrichie, Sel, Amidon de maïs modifié, Lactate de potassium, Phosphate de sodium, Sucre (décoloré, fumé), Diacétate de sodium, Poudre d'oignon, Erythorbate de sodium, Poudre d'ail, Épices, Saveur de fumée, Nitrite de sodium. Peut contenir: Œuf.

KEEP REFRIGERATED/GARDER AU FROID

PREPARED IN CANADA

**ALWAYS LOW PRICE**

**\$3**

**POPEYE SELECT SPINACH**  
PRODUCT OF U.S.A., 283 G  
20156570\_EA

**POPEYE SUPERFOOD**  
Spinach  
Épinards

90% VITAMIN K  
90% FOLATE  
45% VITAMIN C

POIDS NET WT 283 g 10 oz

PREPARED IN CANADA

**ALWAYS LOW PRICE**

**\$6**

**ZIGGY'S DELI CHEESE SLICES**  
SELECTED VARIETIES, 160/180 G  
21610744\_EA/21610826\_EA

creamy havarti  
crèmeux

Swiss suisse

160 g  
30% M.F. / M.G. 40% MOISTURE / HUMIDITÉ

180 g  
30% M.F. / M.G. 40% MOISTURE / HUMIDITÉ

PREPARED IN CANADA

**ALWAYS LOW PRICE**

**\$10**

**PILLER'S HAM HALF**  
SELECTED VARIETIES, 600 G  
21632726\_EA

**Piller's**

SMOKED | FUMÉ  
MAPLE HAM  
JAMBON À L'ÉRABLE

600 g

PREPARED IN CANADA

**ALWAYS LOW PRICE**

**\$7**

**PC<sup>®</sup> PUB RECIPE<sup>™</sup> OR GLUTEN-FREE CHICKEN**  
SELECTED VARIETIES, FROZEN, 600/700 G  
21079476\_EA/21201321\_EA

CHICKEN STRIPS

LANIÈRES DE POULET

600 g 14

PREPARED IN CANADA

**ALWAYS LOW PRICE**

**\$10**

**FISH FILLETS OR BREADED SEAFOOD**  
SELECTED VARIETIES, FROZEN, 200-900 G  
21119311\_EA/21473104\_EA

Wild Sole Fillets  
RAW SKINLESS-BONELESS  
INDIVIDUALLY QUICK FROZEN

Filets de Sole Sauvage  
CRUS SANS PEAU-DÉSARÊTÉS  
SURGÈLES INDIVIDUELLEMENT

908 g (2 lb)

SKIN-ON - AVEC PEAU  
BONELESS - DÉSARÊTÉS  
WILD PINK SALMON PORTIONS  
UNFROZEN - NON CRU  
PORTIONS DE SAUMON ROSE SAUVAGE

650 g (1.43 lbs) 4-5 PORTIONS

PREPARED IN CANADA

**ALWAYS LOW PRICE**

**\$10**

**BREADED CHICKEN, MEATBALLS, POTSTICKERS OR HOR D'ŒUVRES**  
SELECTED VARIETIES, FROZEN, 700 G-1.81 KG  
21447587\_EA/21669059\_EA

BREADED WHITE MEAT CHICKEN STRIPS

LANIÈRES DE POULET PANÉES/VIANDE BLANCHE

PEPPERONI PIZZA SNACKS

COLLATIONS PIZZAS PEPPERONI

1.0 kg

NET WT / POIDS NET 1.5 kg

PREPARED IN CANADA

**ALWAYS LOW PRICE**

**\$13**

**SEAQUEST<sup>®</sup> SHRIMP RING WITH MILD COCKTAIL SAUCE**  
FROZEN, 454 G  
21687413\_EA

SEAQUEST

Shrimp Ring  
with mild cocktail sauce  
Croune de crevettes  
avec sauce cocktail douce

454 g (16 oz) SHRIMP/CREVETTES  
114 g SAUCE

PREPARED IN CANADA

**ALWAYS LOW PRICE**

**\$9**

**ZIGGY'S FRESH PASTA**  
SELECTED VARIETIES, 850 G/1 KG  
21521156\_EA/21521163\_EA

Rainbow Tortellini  
TORTELLINI ARC-EN-CIEL

BEEF TORTELLINI  
BŒUF

1 kg

PREPARED IN CANADA

# ALWAYS LOW PRICE

**ALWAYS LOW PRICE**  
**\$5**

**NO NAME® CHEESE SLICES**  
SELECTED VARIETIES, 210/230 G  
21611130\_EA/21611215\_EA



**ALWAYS LOW PRICE**  
**\$13**

**NO NAME® MEAT LASAGNA**  
FROZEN, 2.27 KG  
20099795\_EA



**ALWAYS LOW PRICE**  
**\$3.50**

**NO NAME® PIZZA**  
SELECTED VARIETIES, FROZEN, 350-411 G  
21541441\_EA/21541444\_EA



**ALWAYS LOW PRICE**  
**\$3**

**NO NAME® NATURALLY IMPERFECT®**  
FRUIT  
SELECTED VARIETIES, FROZEN, 400 G  
21545106\_EA



**ALWAYS LOW PRICE**  
**\$4.50**

**PC® BLACK LABEL ICE CREAM**  
SELECTED VARIETIES  
FROZEN, 500 ML  
21578921\_EA



**ALWAYS LOW PRICE**  
**\$8**

**NO NAME® CLUMPING CAT LITTER**  
SELECTED VARIETIES, 7 KG  
20023746001\_EA



**ALWAYS LOW PRICE**  
**\$4**

**PC® ORGANICS, ORGANIC UNSWEETENED APPLE SAUCE**  
SELECTED VARIETIES  
6X100 ML  
20320493001\_EA  
21306828\_EA



**ALWAYS LOW PRICE**  
**\$5**

**PC® ORGANICS FROZEN VEGETABLES**  
SELECTED VARIETIES  
300-500 G  
20416569003\_EA  
21418268\_EA



**ALWAYS LOW PRICE**  
**\$4.50**

**PC® ORGANICS ANIMAL COOKIES**  
SELECTED VARIETIES  
250 G  
20181028\_EA  
20304981\_EA



**ALWAYS LOW PRICE**  
**\$7.50**

**ROOSTER COCONUT MILK**  
SELECTED VARIETIES  
398 ML  
21378707\_EA/21378715\_EA



**ALWAYS LOW PRICE**  
**\$4**

**SURAJ OKRA**  
SELECTED VARIETIES  
FROZEN, 1 KG  
20379701\_EA



**ALWAYS LOW PRICE**  
**\$4.50**

**HAPPY DAIRY PANEER**  
300 G  
21343632\_EA



# SUPER YOUR EVERYDAY

**5<sup>50</sup>**

**YOPLAIT SOURCE TUBS** 630 G  
OR **INTERNATIONAL DELIGHTICED COFFEE** 1.89 L  
SELECTED VARIETIES  
21587047\_EA / 21365077\_EA



**2/\$5**  
OR 3.00 EA

**MUSH OVERNIGHT OATS**  
SELECTED VARIETIES, 141 G  
21673551\_EA / 21673552\_EA



**\$6**

**JORDANS CEREAL OR GRANOLA**  
SELECTED VARIETIES, 325-400 G  
21364038\_EA / 21522230\_EA



**\$10**

**GENERAL MILLS JUMBO SIZE CEREAL**  
SELECTED VARIETIES,  
825 G-1.3 KG  
20679390\_EA / 21347133\_EA

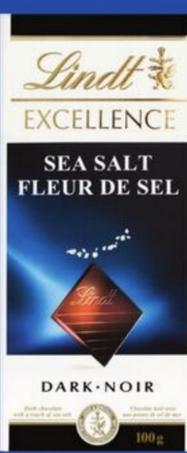


**SAVE 1.98**  
**WHEN YOU BUY 2**

**2/\$10**  
OR 5.99 EA



**LINDT EXCELLENCE CHOCOLATE**  
SELECTED VARIETIES, 80-100 G  
20312527009\_EA / 21664488\_EA



**\$11**

**POPPI SODA**  
SELECTED VARIETIES, 4X355 ML  
21606285\_EA / 21606294\_EA



**\$7**

**BECEL MARGARINE**  
SELECTED VARIETIES,  
637/850 G  
20297818002\_EA  
21279389\_EA



**6<sup>49</sup>**

**AMOZZA! CRACKER BARREL OR P'TIT QUEBEC CHEESE SNACKS**  
SELECTED VARIETIES,  
168-228 G  
21290676\_EA  
21403314\_EA



**2/\$6**  
OR 3.79 EA

**NO NAME' SOUR CREAM**  
SELECTED VARIETIES,  
500 ML  
20297641001\_EA  
20297641002\_EA



**\$7**

**INTERNATIONAL DELIGHT COFFEE WHITENER OR COLD FOAM**  
SELECTED VARIETIES,  
396-946 ML  
20895480002\_EA  
20895480003\_EA



**3<sup>50</sup>**

**DARE BEAR PAWS, WHIPPET, VIVA PUFF, WAGON WHEELS OR ULTIMATE COOKIES**  
SELECTED VARIETIES,  
168-360 G  
20974343\_EA  
21080791\_EA



**\$6**

**JACK LINK'S JERKY**  
SELECTED VARIETIES,  
65-81 G  
20501983002\_EA  
21648990\_EA



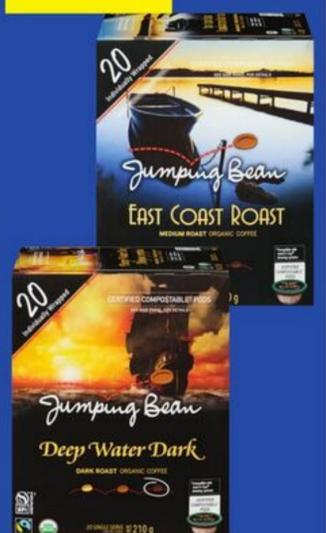
**5<sup>50</sup>**

**PC MAYONNAISE**  
SELECTED VARIETIES,  
750/890 ML  
20301439\_EA  
20769626\_EA



**\$16**

**JUMPING BEAN PODS**  
SELECTED VARIETIES,  
20'S  
21210620\_EA  
21210719\_EA



**\$17**

**SCOTTIES FACIAL TISSUE**  
12'S  
21371391\_EA



**17<sup>99</sup>**

**IAMS CAT FOOD**  
SELECTED VARIETIES  
1.36/1.59 KG  
21027553\_EA  
21027556\_EA



**13<sup>99</sup>**

**PEDIGREE TREATS LARGE**  
SELECTED VARIETIES  
AND SIZES  
21081860\_EA  
21362338\_EA



**6<sup>99</sup>**

**NESTEA LEMON**  
SELECTED VARIETIES,  
12X341 ML  
21689167\_C12



رمضان مبارك

# BLESSED RAMADAN

Celebrate meals worth sharing and more ways to save.



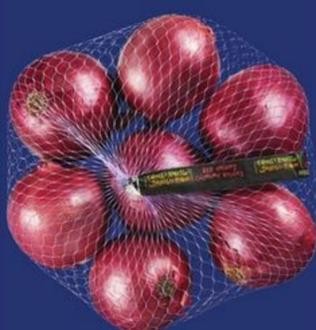
**8<sup>99</sup>**

**MEDJOOOL DATES**  
PRODUCT OF U.S.A.  
2 LB TUB  
20001686\_EA



**3<sup>50</sup>**

**FARMERS MARKET™ RED ONIONS**  
PRODUCT OF CANADA  
OR U.S.A.  
NO. 1 GRADE  
3 LB  
20811362001\_EA



**8<sup>99</sup>**

**SUFRA' HALAL LEAN GROUND BEEF**  
454 G  
21397283\_EA



**\$14**

**SUFRA' HALAL CHICKEN BREASTS**  
BONELESS, SKINLESS  
3'S, UP TO 645 G  
21618925\_EA



**\$11**

**ZABIHA HALAL FIRE CRISP CHICKEN**  
SELECTED VARIETIES  
FROZEN, 700-750 G  
21704617\_EA/21705962\_EA



**\$10**

**SUFRA' HALAL BREADED CHICKEN**  
SELECTED VARIETIES  
FROZEN, 828-840 G  
21179710\_EA



**2/4<sup>88</sup>**  
OR 2.89 EA

**ROOSTER' TOFU**  
SELECTED VARIETIES  
454 G  
21474765\_EA



**17<sup>99</sup>**

**TRADITIONAL BAKLAVA**  
800 G  
21160115\_EA



**2<sup>99</sup>**

**PRAN SAMOSAS**  
FROZEN, 400 G  
21054779\_EA



**1<sup>75</sup>**

**TAMAM CANNED BEANS**  
SELECTED VARIETIES  
540 ML  
21214481\_EA/21214570\_EA



**\$7**

**SHER BESAN FLOUR**  
4 LB  
20869922\_EA



**\$14**

**DAAWAT BASMATI RICE**  
4 KG  
20896606\_EA



**2<sup>50</sup>**

**SURATI SNACKS**  
SELECTED VARIETIES  
250-341 G  
20203745004\_EA  
20322576009\_EA



**5<sup>75</sup>**

**TAMAM TEA**  
SELECTED VARIETIES  
100/130 G  
21219693\_EA/21219711\_EA



**\$9**

**AL SHIFA NATURAL HONEY**  
SELECTED VARIETIES  
500 G  
20862354\_EA



**1<sup>75</sup>**

**KURKURE SNACKS**  
SELECTED VARIETIES  
115 G  
21361077\_EA/20659742\_EA



**\$12**

**IRINI EXTRA VIRGIN OLIVE OIL**  
750 ML  
20021287\_EA



**UP TO 25% OFF**

**EVERYDAY ESSENTIALS™ FOOD STORAGE CONTAINERS**  
SELECTED VARIETIES  
21383193\_EA/20066012\_EA



**\$6**

**NO NAME' NAPKINS**  
500'S  
20306897\_EA



**CLUB SIZE**

**\$4**

**NO NAME' FOOD STORAGE CONTAINERS**  
SELECTED VARIETIES  
21161828\_EA/21295288\_EA



# HAPPY HOLI

Enjoy more ways to save for the festival of colours.

**249**  
LB  
5.49/KG

**ROMA TOMATOES**  
BULK, PRODUCT OF CANADA  
OR MEXICO  
20143381001\_KG



**179**

**BUNCHED CILANTRO**  
PRODUCT OF MEXICO OR U.S.A.  
20091825001\_EA



**225**  
LB  
4.96/KG

**GINGER ROOT**  
PRODUCT OF CHINA  
20179038001\_KG



**\$5**

**SURAJ NAAN**  
SELECTED VARIETIES, 10'S  
20342261\_EA



**350**

**CRISPY POUND CAKE**  
SELECTED VARIETIES, 368 G  
20814080\_EA



**350**

**CRISPY ROTI**  
SELECTED VARIETIES, 670 G  
21195607\_EA



**4.99**

**NANAK PANEER**  
SELECTED VARIETIES, 341 G  
21286158\_EA



**1.99**

**SHANA VEGETABLES**  
SELECTED VARIETIES, FROZEN,  
300 G  
20753995\_EA



**9.99**

**PRAN PARATHAS**  
FAMILY PACK, FROZEN, 2400 G  
21172364\_EA



**2.99**

**HANS DAIRY DAHI**  
SELECTED VARIETIES,  
750 ML  
20092811\_EA



**4.25**

**VEEBA SAUCES**  
SELECTED VARIETIES,  
300 ML  
21632689\_EA  
21632743\_EA



**45¢**

**MAGGI MASALA NOODLES**  
70 G  
20802664\_EA



**3.50**

**ZINDA COUSCOUS**  
SELECTED VARIETIES,  
907 G  
20013708\_EA  
20822580\_EA



**\$6**

**SURAJ BLACK EYED OR BLACK TURTLE BEANS**  
SELECTED VARIETIES,  
1.8 KG  
20558758\_EA  
20558755\_EA



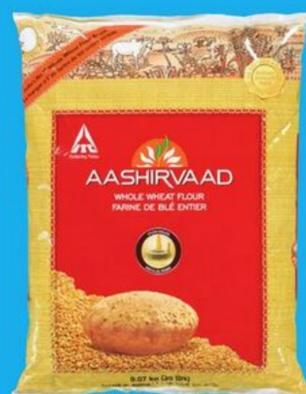
**\$9**

**NANAK GHEE**  
400 G  
20157906\_EA



**\$20**

**AASHIRVAAD WHOLE WHEAT FLOUR**  
9.07 KG  
21339688\_EA



**2.75**

**BRITANNIA GOOD DAY** 231 G  
OR **FIFTY FIFTY COOKIES** 372 G  
SELECTED VARIETIES  
21023781\_EA  
21205822\_EA



# SHOP THE WORLD IN OUR AISLES\*

From bok choy to basmati rice, find international ingredients at low prices.

SHOP NOW

**3.25**  
LB  
7.17/KG

**LONG EGGPLANT**  
PRODUCT OF MEXICO  
OR HONDURAS  
20159013001\_KG



**\$2**  
LB  
4.41/KG

**OPO SQUASH**  
PRODUCT OF MEXICO,  
HONDURAS OR DOMINICAN  
REPUBLIC  
20142055001\_KG



**\$2**

**T&T BAKERY  
TROPICAL CAKES**  
SELECTED VARIETIES, 180 G  
20826092\_EA



**\$16**

**SUFRA' HALAL  
WHOLE CHICKEN**  
UP TO 1.51 KG  
21617093\_EA



**\$9**

**SEAQUEST'  
CALAMARI RINGS**  
UNCOOKED, FROZEN, 340 G  
20027170\_EA



**SAVE  
.99**

**\$6**

**SEAQUEST'  
SEAFOOD MEDLEY**  
FROZEN, 340 G  
21592029\_EA



**2.49**

**HALDIRAM'S  
WRAPPO**  
SELECTED VARIETIES,  
FROZEN, 156 G  
21692714\_EA



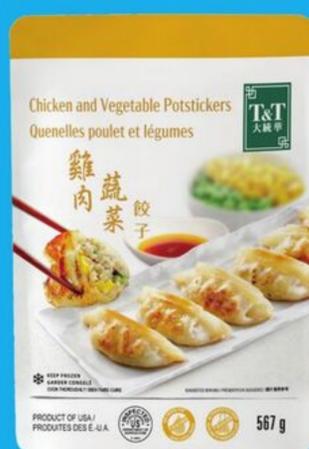
**5.49**

**HALDIRAM'S  
SAMOSAS OR  
APPETIZERS**  
SELECTED VARIETIES,  
FROZEN, 850 G  
20710715\_EA



**\$5**

**T&T  
POTSTICKERS**  
SELECTED VARIETIES,  
FROZEN, 567 G  
21495805\_EA



**9.99**

**BRAR'S  
RASMALAI**  
FROZEN, 850 G  
20286980002\_EA



**7.99**

**FRUTÉE  
ICE CREAM**  
SELECTED VARIETIES,  
FROZEN, 156 ML  
21701514\_EA



**8.50**

**TATA  
PREMIUM  
OR GOLD TEA**  
SELECTED VARIETIES,  
450 G  
21407291\_EA  
21407294\_EA



**\$3**

**LA COSTEÑA  
REFRIED BEANS**  
SELECTED VARIETIES,  
546 ML  
20054076001\_EA  
20054076002\_EA



**5.50**

**GRACE  
CORNED BEEF**  
SELECTED VARIETIES,  
340 G  
20325345001\_EA  
20325345002\_EA



**\$9**

**MASECA  
CORN FLOUR**  
1.8 KG  
21457445\_EA



**\$4**

**DABUR REAL  
FRUIT JUICES**  
SELECTED VARIETIES,  
1 L  
21399816\_EA  
21399828\_EA



**50¢**

**CHUBBY SODA**  
SELECTED VARIETIES,  
250 ML  
20166206\_EA  
20941724\_EA



**3.50**

**GRACE  
PURE  
COCONUT  
WATER**  
1 L  
20779456\_EA



# SHOP BEAUTY FOR LESS

**5<sup>50</sup>**

**LIMIT 6 OVER LIMIT PAY 7.49 EA**

**DOVE BODY WASH** 325 ML OR **BAR SOAP** 6X106 G  
SELECTED VARIETIES  
21239554\_EA/21511884\_EA

**\$7**

**LIMIT 6 OVER LIMIT PAY 8.49 EA**

**SOFT SOAP LIQUID HAND SOAP REFILL**  
SELECTED VARIETIES 1.47 L  
21715457\_EA/21715577\_EA

**\$8**

**LIMIT 6 OVER LIMIT PAY 10.99 EA**

**METHOD BODY WASH**  
SELECTED VARIETIES, 532 ML  
21425085\_EA/21425051\_EA

**5<sup>50</sup>**

**LIMIT 6 OVER LIMIT PAY 6.99 EA**

**SENSODYNE OR PRONAMEL TOOTH PASTE** 75-100 ML, **POLIDENT DENTURE TABLETS** 36-40'S OR **POLIGRIP DENTURE ADHESIVE** 40 G  
SELECTED VARIETIES  
20301779001\_EA/20756075\_EA

**7<sup>50</sup>**

**LIMIT 6 OVER LIMIT PAY 8.99 EA**

**COLGATE MAX FRESH OR TOTAL TOOTH PASTE** 3'S, **MANUAL TOOTHBRUSH** 2'S OR **BATTERY TOOTHBRUSH** 1'S OR **COLGATE TOTAL OR PRO RELIEF MOUTHWASH**  
SELECTED VARIETIES AND SIZES  
2118930\_EA/2166655\_EA

**3<sup>50</sup>**

**LIMIT 6 OVER LIMIT PAY 4.49 EA**

**CREST COMPLETE** 120 ML, **CREST STAIN ERASER** 65 ML OR **CREST KIDS** 85-100 ML **TOOTH PASTE** OR **ORAL-B COMPLETE SATIN FLOSS** 50 M  
SELECTED VARIETIES  
20348190001\_EA/21354028\_EA

**\$7**

**LIMIT 6 OVER LIMIT PAY 7.99 EA**

**BIC DISPOSABLE RAZORS**  
SELECTED VARIETIES, 2-8'S  
20037524\_EA/20312082002\_EA

**7<sup>50</sup>**

**LIMIT 6 OVER LIMIT PAY 8.99 EA**

**OLD SPICE** 73-144 G, **SECRET** 68-116 G OR **GILLETTE** 122 G **DEODORANT**  
SELECTED VARIETIES  
20757237001\_EA/21426451\_EA

**UP TO 20% OFF**

**OLAY BODY WASH**  
364-975 ML OR **BAR SOAP** 8X113/4/8X90 G  
SELECTED VARIETIES  
21000889\_EA/21585376\_EA

**\$7**

**LIMIT 4 OVER LIMIT PAY 8.99 EA**

**TRESEMME SHAMPOO, CONDITIONER OR STYLING PRODUCTS**  
SELECTED VARIETIES AND SIZES  
21501949\_EA/20336937\_EA

**\$10**

**LIMIT 4 OVER LIMIT PAY 10.49 EA**

**AUSSIE OR HERBAL ESSENCE PURE PLANTS SHAMPOO OR CONDITIONER**  
SELECTED VARIETIES AND SIZES  
21167373\_EA/21571326\_EA

**\$13**

**LIMIT 4 OVER LIMIT PAY 15.99 EA**

**L'ORÉAL PREFERENCE, FERIA OR OLIA HAIR COLOUR**  
SELECTED VARIETIES  
21474630\_EA/20306667001\_EA

**\$10**

**LIMIT 4 OVER LIMIT PAY 12.99 EA**

**MARC ANTHONY OR CAKE HAIR CARE**  
SELECTED VARIETIES AND SIZES  
21646804\_EA/21649083\_EA

**UP TO 20% OFF**

**NIVEA SKINCARE PRODUCTS**  
SELECTED VARIETIES AND SIZES  
20689737\_EA/2110152\_EA

**UP TO 20% OFF**

**CETAPHIL CLEANSERS OR MOISTURIZERS**  
SELECTED VARIETIES AND SIZES  
2043231001\_EA

# ELEVATE YOUR WELL BEING

**UP TO 25% OFF**

**ONE A DAY MULTIVITAMINS 60-130'S OR FLINTSTONE'S CHILDREN'S VITAMINS OR SUPPLEMENTS 60-180'S SELECTED VARIETIES 21515131\_EA/21515178\_EA**



**UP TO 15% OFF**

**OLLY 50-90'S, L'IL CRITTER'S, FIRST RESPONSE OR VITAFUSION VITAMINS OR SUPPLEMENTS SELECTED VARIETIES AND SIZES 21289985\_EA/20867279\_EA**



**12<sup>50</sup>**

**LIMIT 4 OVER LIMIT PAY 15.49 EA**

**PURE PROTEIN**



**\$15**

**LIMIT 4 OVER LIMIT PAY 18.99 EA**

**TYLENOL TABLETS, CAPLETS OR GELCAPS SELECTED VARIETIES, 60-150'S 20040611\_EA/21033531\_EA**



**UP TO 15% OFF**

**SYSTANE EYEDROPS SELECTED VARIETIES AND SIZES 15/20/30 ML 21207552\_EA/21397130\_EA**



**12<sup>50</sup>**

**LIMIT 4 OVER LIMIT PAY 14.99 EA**

**PREMIER READY TO DRINK PROTEIN SHAKES SELECTED VARIETIES AND SIZES 21031114\_EA/21031108\_EA**



**8<sup>50</sup>**

**LIMIT 4 OVER LIMIT PAY 9.99 EA**

**CAREFREE PADS 28'S, LINERS 92-120'S, O.B. TAMPONS 40'S OR PLAYTEX TAMPONS 32-36'S SELECTED VARIETIES AND SIZES 20796733\_EA/21095818\_EA**



**\$12**

**LIMIT 4 OVER LIMIT PAY 12.99 EA**

**ALWAYS LINERS 92-96'S, PADS 7-92'S OR TAMPAX TAMPONS 22-36'S SELECTED VARIETIES 21025063\_EA/21374659\_EA**



**\$19**

**LIMIT 4 OVER LIMIT PAY 20.99 EA**

**DEPEND UNDERWEAR OR POISE PADS SELECTED VARIETIES AND SIZES 21302119\_EA/20558943005\_EA**



**2/\$6**

**OR 3.99 EA**

**GERBER PUFFS OR LIL' CRUNCHIES SELECTED VARIETIES, 42-187 G 20304618003\_EA/20305738001\_EA**



**2/\$6**

**OR 3.50 EA**

**PC ORGANICS MINI CEREAL BARS SELECTED VARIETIES, 160 G 20066938001\_EA/20431441001\_EA**



**65<sup>47</sup>**

**LIMIT 4 OVER LIMIT PAY 74.99 EA**

**ENFAMIL A+ NEUROPRO OR GENTLEASE POWDER REFILLS SELECTED VARIETIES, 862/890 G 21589079\_EA/21589205\_EA**



**36<sup>99</sup>**

**LIMIT 4 OVER LIMIT PAY 43.99 EA**

**HUGGIES PULL-UPS OR PAMPERS EASY UPS GIANT PACK TRAINING PANTS SELECTED VARIETIES, 68-112'S 21021427\_EA/21089297\_EA**



**34<sup>99</sup>**

**LIMIT 4 OVER LIMIT PAY 39.99 EA**

**PAMPERS ECONO PACK DIAPERS SIZE N-8, SELECTED VARIETIES 58-200'S 21551525\_EA/21551586\_EA**



**2/\$18**

**OR 10.49 EA**

**PEDIASURE COMPLETE NUTRITIONAL SUPPLEMENT SELECTED VARIETIES, 4X235 ML 20322414001\_EA/20322414002\_EA**



# QUICK AND EASY MEAL SOLUTIONS

**1<sup>75</sup>**

**CLARK BAKED BEANS**  
SELECTED VARIETIES  
398 ML  
21235336\_EA  
21308477\_EA

**\$11**

**RAO'S PASTA SAUCE**  
SELECTED VARIETIES  
660 ML  
20086654001\_EA  
20086654002\_EA

**2/\$6**  
OR 3.50 EA

**CATELLI SMART OR HEALTHY HARVEST PASTA**  
SELECTED VARIETIES  
340/375 G  
20522266\_EA  
20312623001\_EA

**3<sup>75</sup>**

**CLOVER LEAF TUNA SALAD BOWLS OR PINK SALMON**  
SELECTED VARIETIES  
150-213 G  
21587767\_EA  
21618585\_EA

**\$7**

**NONNA PIA'S PASTA SAUCE**  
SELECTED VARIETIES  
660 ML  
21662700\_EA  
21662735\_EA

GET 500<sup>+</sup>

**3/7<sup>50</sup>**  
OR 3.25 EA

**MINUTE RICE OR TILDA RICE**  
SELECTED VARIETIES  
250 G  
20695681\_EA  
20157709001\_EA

**2<sup>50</sup>**

**PURITAN STEWS**  
SELECTED VARIETIES  
410 G  
20063287002\_EA  
20063287001\_EA

**\$3**

**BLUE DRAGON SAUCY NOODLES**  
SELECTED VARIETIES  
121/122 G  
21694893\_EA  
21694907\_EA

**\$7**

**TACO BELL PREMIUM KITS**  
410/642 G  
21663420\_EA  
21663622\_EA

**IT'S NOT JUST PASTA. IT'S ITALPASTA.**

MADE IN ITALY  
MADE IN CANADA

**2<sup>75</sup>**

**Italpasta Pasta**  
Selected varieties  
900 g  
20081342013\_EA

Visit [www.italpasta.com](http://www.italpasta.com) for product information, recipe inspiration, and zero food waste tips.

100% GRADE NO. 1 CANADIAN FLOUR  
PROUDLY PREPARED  
MADE IN ITALY AND  
CANADA  
100% DE WITZ CANADIAN FLOUR

**TASTE THE DIFFERENCE**

ITALY'S #1 BRAND OF TOMATOES

**\$5** Mutti Strained Tomatoes Selected varieties 680 mL 20288490001\_EA

**3<sup>75</sup>** Mutti Pizza Sauce Selected varieties 398 mL 20934555\_EA

**4<sup>75</sup>** Mutti Tomato Paste 156 mL 20934088\_EA

**MUTTI** ONE FAMILY. ONE PASSION. TOMATOES.

\*Cucina S.r.l. - Via Italy Paper - Super - Small Self Service of the top brands by value sales in the Tomato Derivatives category - Progressive JAN 2025 - DEC 2025

**2/7<sup>50</sup>**  
OR \$4.29 EA

**COUNTRY HARVEST bread or bagels**  
selected sizes and varieties  
21178571\_EA/21178642\_EA

**DELICIOUS WHOLESOME GRAIN BREADS MADE TO HELP YOU FEEL GOOD FROM THE INSIDE OUT.**

MADE WITH CANADIAN WHEAT FLOUR  
NO ARTIFICIAL FLAVORS  
NO SANS

14 GRAINS + PROTEIN 12g  
EVERYTHING TOUT GARNI

MADE WITH CANADIAN WHEAT FLOUR  
NO ARTIFICIAL FLAVORS  
NO SANS

© Wonder Brands Inc/Gestion Wonder Brands

**EASY WITH Olivieri**

**\$11**

**Olivieri Family Pack Pasta**  
selected varieties  
500 - 700 g  
20311594\_EA  
21021889\_EA

**\$10**

**Olivieri pasta sauce**  
selected varieties  
600 mL | 20011488\_EA

**2/\$12**  
OR \$6.79 EA

**Olivieri Pasta 250-350 g or Sauce 300 mL**  
selected varieties  
Mix and Match  
20114410\_EA/21022065\_EA

PREPARED IN CANADA

VISIT [WWW.OLIVIERI.CA](http://WWW.OLIVIERI.CA) FOR GREAT RECIPE INSPIRATIONS

**Our butchers cut quality meat in your store every day!**

**pork loin schnitzel**  
21588065\_EA

**lean beef meatballs**  
plain  
21587897\_EA

**beef stir fry strips**  
cut from Canada AA grade beef  
21588067\_EA

**chicken stir fry strips**  
21588095\_EA

# LIBERTÉ TASTE THE JOY.



**5<sup>50</sup>**  
 Liberté Greek®  
 Crunch  
 selected varieties  
 2 x 130 g  
 21041543002\_EA



**4<sup>50</sup>**  
 Liberté  
 Méditerranée®  
 4 x 100 g or Liberté  
 Greek® 4 x 100 g,  
 selected varieties  
 20801752003\_EA  
 21685700\_EA




**4<sup>50</sup>**  
 Liberté  
 Méditerranée®  
 selected varieties  
 500 g  
 21473714\_EA  
 20788062002\_EA



**\$15**  
 Liberté Greek®  
 selected varieties  
 16 x 100 g  
 21547516\_EA

**\$5**  
 Liberté® Kéfir  
 selected varieties  
 1 L  
 21216416\_EA



21547587\_EA  
 56920133427\_EA



**3/12<sup>75</sup>**  
 OR \$5.79 EA.  
 Yoplait Tubes®  
 8 x 56 g, Yoplait  
 Minigo® 6 x 60 g  
 selected varieties

**5<sup>50</sup>**  
 Yoplait® Source® tubs  
 selected varieties  
 630 g  
 21391318001\_EA

TAXES APPLICABLES  
 TRADEMARKS OF YOPLAIT MARQUES S.N.C. (FRANCE) USED UNDER LICENSE /  
 TRADEMARKS OF LIBERTÉ MARQUES S.N.C. USED UNDER LICENSE /  
 MADE IN CANADA FROM DOMESTIC AND IMPORTED INGREDIENTS

**NEW**  
**CREAM SODA**  
**PEPSI-COLA**





**2/\$15**  
 OR \$8.49 EA.  
**PEPSICO BEVERAGES**  
 SELECTED VARIETIES  
 12X355 ML  
 20322361002\_C12/216534 80\_C12

**2/\$14**  
 OR \$7.99 EA.  
**bubly™ sparkling water beverage**  
 selected varieties  
 12x355 mL  
 21651534\_C12/21097177\_C12



**new**  
**bubly**  
 sparkling water beverage  
**galactic mission**  
**\$4.99**  
 bubly™ sparkling water beverage  
 selected varieties  
 6x222 mL  
 21718387\_C06  
 21718020\_C06





**2/\$8**  
 OR \$5.29 EA.  
**PEPSICO BEVERAGES**  
 SELECTED VARIETIES  
 6X222 ML  
 20857560004\_C06/21653506\_C06



**Starbucks®**  
**Frappuccino Lite**  
**Coffee Drink**  
 selected varieties  
 281 mL  
 98100101376\_EA  
 98100101352\_EA

**2/\$4**  
 OR \$2.69 EA.  
**GATORADE**  
**PERFORM®**  
**Sports Drink**  
 selected varieties  
 710 mL  
 21357035\_EA/21357037\_EA



**new**  
**ROCKSTAR®**  
 ENERGY DRINK • BOISSON ÉNERGISANTE  
**2/\$6**  
 OR \$3.99 EA.  
**Rockstar®**  
**energy drink**  
 selected varieties  
 473 mL  
 69000163320\_EA  
 69000163306\_EA



# SAVE ON All Your Favourite Household Brands



Optimum  
Members-Only Price  
**\$20**  
Non-members  
**\$28**

Tide Detergent 100/94/83 LD, Ivory Snow Detergent 80 LD, PODS/Flings 45/57/76's, Downy/Gain Beads 853 g, Selected Varieties 21671018\_EA/21594124\_EA

**\$16**

Gain Detergent 100 LD, Cheer Detergent 107 LD, Tide Detergent 52/64 LD, Tide Simply Detergent 107 LD, PODS/Flings 25/42's, Liquid Softener 96/150 LD, Sheets 240/180's, Beads 453/515/550 g, Rinse 70 LD 21671135\_EA/21670836\_EA



**\$27**

Cascade Tubs 51/67/90's Selected Varieties 21518479\_EA/21516530\_EA



**5<sup>50</sup>**

Dawn Liquid 825/982 mL, Dawn EZ Squeeze 532/535/650 mL, Dawn Powerwash Refill 473 mL, Selected Varieties 21430556\_EA/21218859\_EA



**\$11**

Dawn 2.21/2.64 L, Mr. Clean Liquid 2.93 L, Swiffer Duster Refills 6/10's, Sweeper Wet Refills 12/20/24's, Sweeper Dry Refills 16/20/32's, WetJet Refills 12's, Powermop Refills 5's, WetJet Liquid 2.5 L, Powermop Liquid 2.5 L, Selected Varieties 21430598\_EA/21694540\_EA

**NEW**



**\$18**

Charmin Ultra Soft or Strong bathroom tissue 12=48 rolls 21707532\_EA/21636641\_EA



**\$18**

Bounty Paper Towel 6=12 Select a Size 21670280\_EA



**\$11**

Bounty Napkins 400's 21053171\_EA

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## Don't leave any points behind at the pump!



Earn **10<sup>pts</sup>** per litre

Add your phone number to your account on the PC Optimum™ app. Enter your phone number on the pump keypad before entering your payment card.

OR



Earn **10<sup>pts</sup>** per litre

Insert your PC Optimum™ card into the card reader before entering your payment card.

OR



Earn at least **3c** in points per litre

Pay with your PC® Mastercard® and earn points on fuel.†

\* Points amount shown includes the 10 points per dollar for all purchases with the President's Choice Financial® Mastercard®. In addition, earn at least 10 PC Optimum™ points per purchased litre of gasoline or diesel fuel at Esso™ stations in Canada when you pay with your President's Choice Financial® Mastercard®. You will also earn at least 10 PC Optimum™ points per litre available to all PC Optimum™ loyalty members at Esso™ stations in Canada. (Earn an additional 10 points per litre of premium gasoline) (Ontario 89, 91, 93) at Esso™ stations. Should fuel prices fall below \$1/L, causing total points per litre awarded to fall below 30 points per litre, points will be topped up to ensure a minimum of 30 points per litre are awarded in all transactions paid with a PC Financial® Mastercard® at Esso™ locations. For full details including how points are awarded to your PC Optimum™ account and rounding rules, visit [pcfinancial.ca/en/legal-stuff/pc-optimum-mastercard](http://pcfinancial.ca/en/legal-stuff/pc-optimum-mastercard). PC®, PC Financial®, and President's Choice Financial® are trademarks of Loblaw Inc., used under license. Mastercard® is a registered trademark, and the circles design is a trademark of Mastercard International Incorporated. President's Choice Bank is a licensee of the marks. President's Choice Financial® Mastercard® is provided by President's Choice Bank. Esso is a trademark of Imperial Oil Limited, Imperial Oil, licensee.



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