

Ruler
F O O D S By Kroger

Ruler
FOODS

Shop Smart, Spend Less

SUPER SAVERS

3.49

Kroger Brats
or Italian Sausage
Select Varieties, 18 oz



Score Big Savings!



Stock up and save
Check out the 10 for \$10 sale
on page 6!

SUPER SAVERS

2/\$5

Strawberries
16 oz



SUPER SAVERS

2.99 lb

Heritage Farm
Chicken Tenders
or Kroger Pork Baby Back Ribs



SUPER SAVERS

3.49

Kroger Mandarins
3 lb Bag or Big Pack
Blueberries, 18 oz



SUPER SAVERS

2.99

Kroger Pink
Lady Apples
Kroger Granny
Smith Apples
or Kroger Fuji
Apples, 3 lb Bag



SUPER SAVERS

3.99 lb

Kroger 73%
Lean Ground Beef
Sold in a 3 lb Roll for \$11.97



SUPER SAVERS

3.99 lb
Cherries



Super Savers Touchdown!



SUPER SAVERS

BUY 2, GET 2

FREE

Of Equal or Lesser Value
Pepsi, Mountain Dew,
or A&W Rootbeer
12-Pack, 12 fl oz, Limit 8



FINAL COST
When You Buy 4

4/\$10

Doritos, Tostitos or Fritos
Select Varieties, 9-14.43 oz

SUPER SAVERS

When you buy 4 or more in the same transaction.
Quantities less than 4 are up to \$4.99.

When you buy 2 or more in the same
transaction. Quantities less than 2
are up to \$5.69.

FINAL COST
When You Buy 2
3.99
Party Size
Lay's
12.5-13 oz



FINAL COST
When You Buy 3

3/\$9

Jack's Pizza
Select Varieties, 13.8-15.8 oz

SUPER SAVERS

When you buy 3 or more in the same transaction.
Quantities less than 3 are up to \$3.85.



SUPER SAVERS

6.99

Kroger
Chicken Wings
22 oz or Frozen Chicken
22-26.5 oz; Select Varieties

TB01_2552_RUTNS



Prices effective Wednesday, January 28
through Tuesday, February 10, 2026.

Milan, TN • Martin, TN

While supplies last. No rain checks accepted. Beer and Wine available at select stores.



LOVE IS IN THE AISLES! SHOP VALENTINE'S SPECIALS!



✓ SUPER SAVERS

\$15

Dozen Rose
Bouquet



✓ SUPER SAVERS

\$6 Crazy Daisy
Bouquet



✓ SUPER SAVERS

\$10 Masonette Jar
Arrangement

Flowers Available 2/11/26 (While supplies last)



✓ SUPER SAVERS

5.99
Valentine
Squishmallow
5"



✓ SUPER SAVERS

4.99
Hershey's
Valentine Bags
7.6-10.1 oz



✓ SUPER SAVERS

\$9
Women's Slippers
and Sleep Mask Set
Assorted Styles



✓ SUPER SAVERS

\$5 EA
Exfoliating Glove
with Scrubber



✓ SUPER SAVERS

\$8 EA

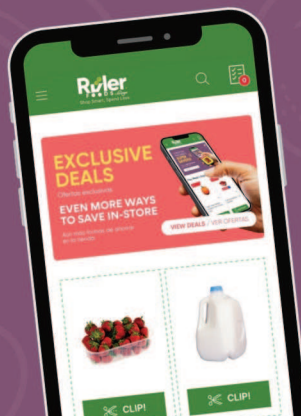
Valentine Luxury Velvet
Throws or Plush Throws
50x60"

Prices good February 1 through February 14 (While supplies last)


!! SUPER SAVERS
1.99

Kroger
Toaster Treats
12 ct or Pancake Syrup, 24 fl oz

NEW WAY TO SAVE!



**\$75+ IN
SAVINGS
EVERY WEEK
WITH DIGITAL
COUPONS**


!! SUPER SAVERS
3.99

Kroger
Hot Pockets
4 ct or El Monterey Burritos, 8 ct


1.99

Kroger
Sliced Cheese
16 ct, 12 oz
or Bunny Bread, 16 oz


2.99

Kroger
Beef Stew
20 oz or Sweet Sue
Chicken & Dumplings,
24 oz


3.99

Kroger 100%
All Natural
Chicken Breast
12.5 oz or
Chicken of the
Sea Salmon, 14.75 oz


1.99

Kroger Cookies
9.2-11.5 oz or
Flavored Tortilla Chips,
9.25 oz; Select Varieties


2.99

Kroger French
Toast Sticks
16 oz or Kroger
Low Fat Chocolate
Milk, Gallon


3.99

Chick-Fil-A
Sauce
16 fl oz, Olive Garden
Dressing, 16 fl oz or
Hidden Valley
Ranch Dressing, 16 fl oz


1.99

Sunny Delight
64 fl oz or Kroger
Water Enhancer,
1.62 fl oz


2.99

Kroger Deluxe
Big Wheel
Ice Cream
6 ct, Ice Cream Bars
12 ct or Fruit Bars,
6 ct; Select Varieties


3.99

Kroger
Pizza Rolls
50 ct, Pillsbury Grand
Biscuits, 12 ct or
I Can't Believe
It's Not Butter, 15 oz

Score Big with 10 for \$10!



10/\$10
Bar S Franks
12 oz



10/\$10
Armour
Lunchmakers
Select Varieties,
2.44-2.67 oz



✓ SUPER SAVERS
10/\$10
Kroger Classic
Garden Salad
12 oz



✓ SUPER SAVERS
10/\$10
Kroger Shredded
Iceberg Lettuce
8 oz



✓ SUPER SAVERS
10/\$10
Kroger
Cole Slaw
16 oz



✓ SUPER SAVERS
10/\$10
Pretzel Baron
Pretzel Bites
6 oz



Load Up for the Big Game!



10.99
Kroger
Medium Shrimp Tray
17 oz



15.79
Kroger Whole
Cooked Shrimp
26/30 Peeled or Kroger
Whole Raw Shrimp,
31/40 Peeled



3.99
Kroger
Nacho Cheese
or Queso Blanco, 12 oz



✓ SUPER SAVERS
2/\$6
Eckrich
Li'l Smokies
14 oz



8.99
Kroger
Chicken Party Wings
2.5 lb bag



5.99
Armour
Summer Sausage
20 oz

Sweet & Savory Wins!



4.99
Kroger
Mild Guacamole
14 oz



5.99
Bakery Fresh
Mini Cookies
Select Varieties,
36 ct



4.99
Private Selection
Cracker Cuts
Pepperoni or
Hard Salami, 12 oz



✓ SUPER SAVERS
3.99
Bakery Fresh Muffins
Select Varieties, 4 ct, 15 oz

Party-Perfect Picks!



🏆 SUPER SAVERS

2/\$3

**Kroger
Tortilla Chips**
9.75-13 oz or
Pretzels, 12-15 oz



1.95

Kroger Peanuts
12 oz or
Nacho Cheese,
15 oz;



3.89

**Keebler
Club Crackers**
11-13.7 oz or Nabisco
Ritz Crackers,
8.8-13.7 oz



2.89

**Kroger
Peanut Butter
Sandwich Cookies**
16 oz or Kroger
Ice Cream, 48 fl oz



2.59

**Kroger
Potato Chips**
12.5-13 oz
or Popcorn, 6 ct



7.49

**Kroger
Frozen Appetizers**
17.5-31.1 oz or
Tyson Cooked
Chicken Nuggets,
29 oz



Kick Off with Pizza & Super Savers!



🏆 SUPER SAVERS

4/\$5

**Kroger Parlor Style
Pizza Sauce**
14 oz or
Mushrooms, 4 oz



🏆 SUPER SAVERS

2/\$5

Kroger Pepperoni
6 oz or Kroger
Pizza Crust, 13.8 oz



🏆 SUPER SAVERS

\$5

Kroger Chef Pizza
or Flatbread,
13.1-25.6 oz;
Select Varieties



🏆 SUPER SAVERS

1.89

Kroger Cheese
Shredded or Bar, 8 oz
or Real Bacon Bits, 3 oz



🏆 SUPER SAVERS

2/\$8

**Kroger
Self Rising Crust Pizza**
27.7-31.5 oz



🏆 SUPER SAVERS

3.99

**Lunchly Pizza
Party Case**
16.6 oz or Chef Boyardee
Cheese Pizza Kit, 13.85 oz

Make Game Day Delicious!



2.19

Kroger Pickles
16 oz or Kroger
Sauce, 11-12 fl oz;
Select Varieties



2.99

**Kroger
Brewed Tea**
Gallon or Real Sugar
Lemonade, 128 fl oz

3.19

**Kroger
Squeeze
Mayonnaise**
18 fl oz



1.89

**Kroger
Dips and Sour
Cream**
16 oz, or Salsa,
16 oz; Select Varieties



1.95

**Bunny Hamburger
or Hot Dog Buns**
8 ct, 12-14 oz

🏆 SUPER SAVERS
10/\$10

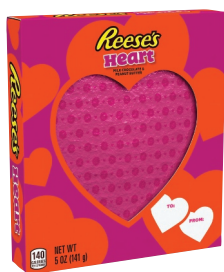
Kroger Liquid Hand Soap
7.5 oz, Kroger Cough Drops,
25-30 ct or 24 hr Allergy
Relief Tablets, 30 ct


🏆 SUPER SAVERS
10/\$10

Comforts Clean Fresh Baby Wipes
72 ct, Strawberry Fruit Crisps,
0.35 oz or Beechnut
Natural 1 Carrots, 4 oz



Love Sweet Treats & Super Savers!


4.49

Reese's Milk Chocolate Peanut Butter Heart
5 oz


5.49

Hershey's, Kit Kat or Reese's Assortment Heart Box
6.4 oz


7.49

Russell Stover Limited Edition Dessert Truffle Box
9 oz


9.99

Valentine Disney Squishmallow
8"


4.99

Holiday Home Valentine Rolled Throws
Assorted varieties


4.99

Holiday Home Animal with Balloon Plush Assortment
8"

Stock Up on National Brands at Low Prices!


9.99

EOS Vanilla Cashmere Body Lotion
16 fl oz


5.99

Emergen-C Vitamin C Super Orange Powder
10 ct


6.99

Premier Protein Shakes
4-Pack, 11 fl oz


3.99

Dial Gold Bar Soap
3-Pack


6.99

Sensodyne Extra Whitening Toothpaste
4 oz


5.99

Aquaphor Healing Ointment
1.75 oz

Your Winning Play:

Stock up and Save- 10 for \$10



95¢
Kroger Pasta
12-16 oz

10/\$10
Hunt's
Pasta Sauce
Select Varieties, 24 oz



10/\$10
Campbell's
Condensed Soup
10.75 oz or
Oyster Crackers, 10 oz



10/\$10
Chef Boyardee
Canned Pasta
14.5-15 oz, Nissin Chow Mein,
4 oz or Nissin Bowls
3.32 oz; Select Varieties



10/\$10
Kroger
Pudding
4 ct, Kroger
Snack Medleys,
1.5 oz or Senor Rico
Rice Pudding, 8 oz



10/\$10
Kroger
Skillet Meals
5.6 oz, Augratin
or Scalloped
Potatoes, 4.7 oz



10/\$10
Kroger
Taco Shells
12 ct, Taco
Seasoning Mix,
4-Pack or Hot Sauce,
12 fl oz



10/\$10
Kraft
Mac & Cheese
7.25 oz, Croutons,
5 oz, or Instant
Rice, 14 oz



10/\$10
Kroger Big K
2 Liter or Sparkling Ice,
17 fl oz; Select Varieties



10/\$10
Jose Ole
Chimichanga
5 oz, Banquet
Pot Pies, 7 oz or Kroger
Enchilada Sauce, 10 oz



10/\$10
Kroger
Plastic Dinnerware
48 ct, Foam Bowls 30 ct
or Foam Cups 51 ct

Find us online:



SHOP SMARTER WITH YOUR OTC CARD

*For details on products covered by your specific plan, please reach out to your insurance provider

DID YOU KNOW?

You can use your Medicare Advantage Food
& OTC Benefit Card to shop eligible groceries
and over the counter medications.*

Sign up for email &
SMS messages:



Accepted at

Ruler
FOODS & DRUGS
Shop Smart, Spend Less