



Harris Teeter

YOUR NEIGHBORHOOD MARKET

Prices Good Through
February 10, 2026

WED	THU	FRI	SAT	SUN	MON	TUE
4	5	6	7	8	9	10

Weekly Specials*

Fan favorites



Farmers Market
Green Seedless Grapes

1.79
per lb.

save big per lb. with your VIC card



Wild Caught
Peeled & Deveined
16 - 25 ct.
Argentine Shrimp
or Wild Caught
Snow Crab Clusters

9.99
per lb.

save big per lb. with your VIC card



5 - 11 oz.
Fresh Express
Salads



**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



Farmers Market
Hass Avocado
or 10 oz.
Nature Sweet Cherubs

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



3 lb. Bag
Farmers Market
Mandarin Oranges

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



Harris Teeter
Bone-In Rib Steak or Roast

9.99
per lb.

save at least \$8.00 per lb. with your VIC card



per lb.
80% Lean
Ground Chuck

4.99

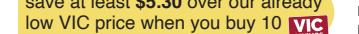
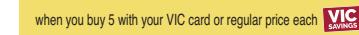
save big per lb. with your VIC card



per lb.
Smithfield
Baby Back Ribs

**BUY 1 GET 1
FREE**

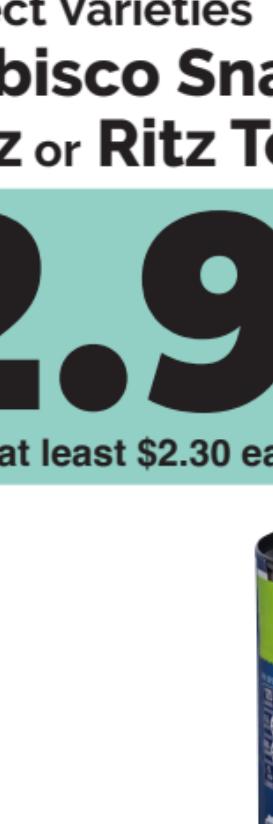
each item rings at half price with your VIC card



Prices good through February 10, 2026

WED	THU	FRI	SAT	SUN	MON	TUE
4	5	6	7	8	9	10

Save Big



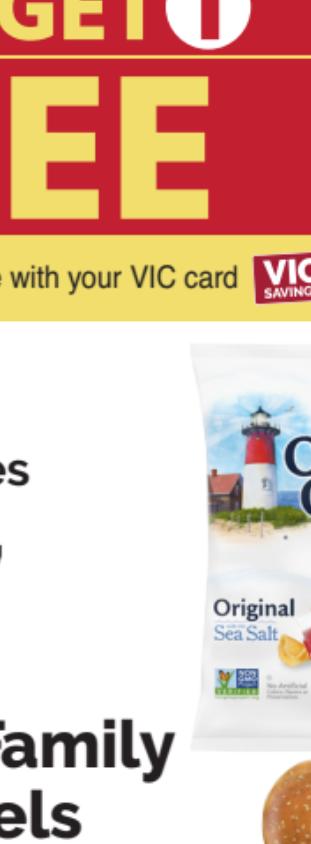
3.5 - 13.7 oz.
Select Varieties

Nabisco Snack Crackers, Ritz or Ritz Toasted Chips

2.99 each

save at least \$2.30 each with your VIC card

limit
4



18 - 19 oz.

Progresso Traditional or Classic Soups

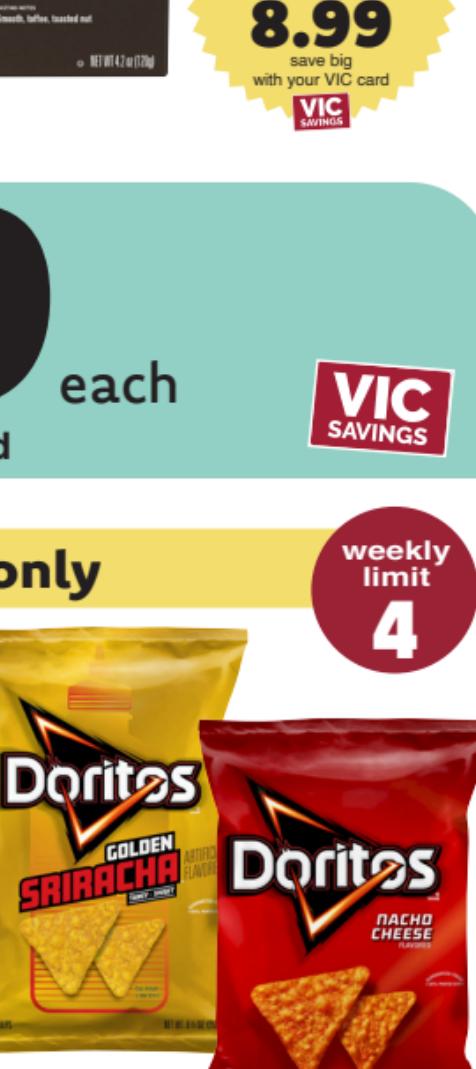
**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



6 - 16 oz.
Select Varieties

Cape Cod, Kettle, Late July, Snyder's Family Size Pretzels or Pepperidge Farm Buns or Rolls



2 for \$5
MUST PURCHASE 2

when you buy 2
• or regular
price each



10 ct.

Peet's K-Cup Coffee

7.99 each

save big with your VIC card



9.25 - 10.75 oz.

Doritos
Snacking Chips

2.97

save at least \$4.12 over our already

low VIC price when you buy 4

All items must be purchased in a single transaction with your VIC card.

2/\$8 non e-vic
member price

2/\$8

9.25 - 10.75 oz.

Doritos
Snacking Chips

2.97

save at least \$4.12 over our already

low VIC price when you buy 4

All items must be purchased in a single transaction with your VIC card.

2/\$8 non e-vic
member price

9.25 - 10.75 oz.

Doritos
Snacking Chips

2.97

save at least \$4.12 over our already

low VIC price when you buy 4

All items must be purchased in a single transaction with your VIC card.

2/\$8 non e-vic
member price

9.25 - 10.75 oz.

Doritos
Snacking Chips

2.97

save at least \$4.12 over our already

low VIC price when you buy 4

All items must be purchased in a single transaction with your VIC card.

2/\$8 non e-vic
member price

9.25 - 10.75 oz.

Doritos
Snacking Chips

2.97

save at least \$4.12 over our already

low VIC price when you buy 4

All items must be purchased in a single transaction with your VIC card.

2/\$8 non e-vic
member price


**Happier,
Healthier**
with Harris Teeter



**Heartier
flavors,
bigger wins**

SHOP GAME DAY >

Bakery Specials for the week



7.94 - 10.48 oz.

Dove or M&M's Valentine's Chocolates

5.99 each

save big with your VIC card

VIC
SAVINGS



14 oz.

Kringles

8.99 each

save at least \$1.00 each with your VIC card

VIC
SAVINGS



12 ct.

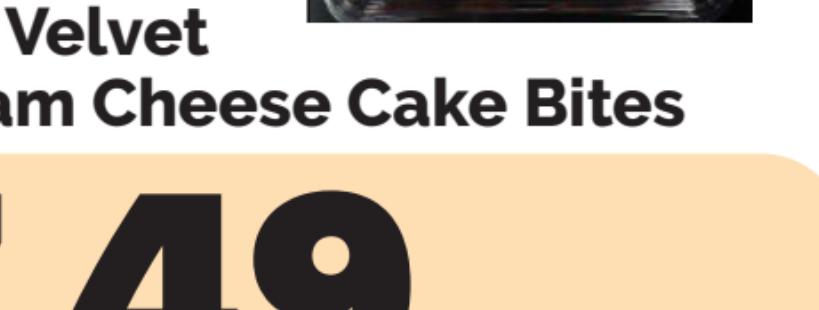
Assorted

Bakery Fresh Mini Valentine's Cupcakes

3.99 each

save at least \$1.50 each with your VIC card

VIC
SAVINGS



10 oz.

Fresh Foods Market

Cannoli Chip & Dip Tray

10.99 each

save at least \$1.00 each with your VIC card

VIC
SAVINGS

14 oz.

Bakery Fresh

Glazed Cherry Fritters

\$5 each

save at least 99¢ each with your VIC card

VIC
SAVINGS

10 oz.

Red Velvet

Cream Cheese Cake Bites

7.49 each

save at least 50¢ each with your VIC card

VIC
SAVINGS

Senior Discount Thursdays
Seniors 60 and older get a
5% DISCOUNT

Please notify your cashier if you qualify

BGB BGB BGB BGB BGB

from our meat department

per lb.
Perdue
Boneless
Chicken Breast

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



USDA Choice
Bone-In Ribeye
Steak or Roast

12.99 per lb.

save at least \$6.00 per lb. with your VIC card

**VIC
SAVINGS**

Harris Teeter
**Whole
Chicken**
1.49 per lb.



save at least 50¢ per lb. with your VIC card

**VIC
SAVINGS**

Niman Ranch
Antibiotic Free
**Bone-In
Pork Chops**
5.99 per lb.



save at least \$1.00 per lb. with your VIC card

**VIC
SAVINGS**

16 oz. Butterball
Farm to Family
**Ground
Turkey**
5.99 each



save big with your VIC card

**VIC
SAVINGS**

1.5 lb. Villari Prime
Pork Belly
8.99 each



save at least \$1.00 each with your VIC card

**VIC
SAVINGS**

13 - 14 oz. Eckrich
**Smoked
Sausage**
**2 \$9
for
3**



when you buy 5 with your VIC card or regular price each

**VIC
SAVINGS**

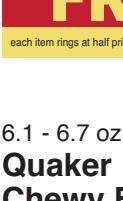
7 - 8 oz. Prime Fresh
Lunchmeat
**2 \$9
for
3**



when you buy 5 with your VIC card or regular price each

**VIC
SAVINGS**

96% Lean
**Ground
Beef**
6.99 per lb.



save big per lb. with your VIC card

**VIC
SAVINGS**

18.4 - 22 oz. Hatfield
Marinated Pork Loin
Brisket
10.99 each



save at least \$1.00 each with your VIC card

**VIC
SAVINGS**

BUY 1 GET 1
FREE

each item rings at half price with your VIC card

**VIC
SAVINGS**



10 - 12 oz.
**Nathan's
Beef Franks**

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card

**VIC
SAVINGS**



19 oz. Johnsonville
**Grilling
Links**
**2 \$9
for
8**

save at least \$6.98 on 2 with your VIC card

**VIC
SAVINGS**



12 - 24 oz. Bob Evans
Singles & Sides
**2 \$8
for
8**

save at least \$3.98 on 2 with your VIC card

**VIC
SAVINGS**



18 - 28 oz. Cooked Perfect
Meatballs
**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card

**VIC
SAVINGS**



12 oz. Gleezy
**Brisket
Hot Dogs**
5.99

save at least \$4.00 each with your VIC card

**VIC
SAVINGS**



10 ct. Mission
**Soft
Tortillas**
**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card

**VIC
SAVINGS**



16 oz. Pier 33
Mussels
**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card

**VIC
SAVINGS**



11 - 14 oz. Al Fresco or Kayem
**Sausage
or Hot Dogs**
**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card

**VIC
SAVINGS**



12 oz. Harris Teeter
Bread Crumbs
**2 \$3
for
3**

save big on 2 with your VIC card

**VIC
SAVINGS**



48 - 2.01 oz. Select Varieties
**Private Selection
Spices**
25% off

save big with your VIC card

**VIC
SAVINGS**



16 oz. Hidden
**Valley Ranch
Dressing**
**2 \$7
for
3**

save big on 2 with your VIC card

**VIC
SAVINGS**



16 oz. Harris Teeter
Basmati Rice
4.49

save big with your VIC card

**VIC
SAVINGS**



40 oz. Crisco
**Vegetable
or Canola Oil**
4.49

save big with your VIC card

**VIC
SAVINGS**



16.9 oz. Harris Teeter
**Extra Virgin, Light
or Classic Olive Oil**
5.99

save big with your VIC card

**VIC
SAVINGS**



16.9 oz. Harris Teeter
**Extra Virgin, Light
or Classic Olive Oil**
5.99

save big with your VIC card

**VIC
SAVINGS**

16.9 oz. Harris Teeter
**Extra Virgin, Light
or Classic Olive Oil**
5.99

save big with your VIC card

**VIC
SAVINGS**

16.9 oz. Harris Teeter
**Extra Virgin, Light
or Classic Olive Oil**
5.99

save big with your VIC card

**VIC
SAVINGS**

16.9 oz. Harris Teeter
**Extra Virgin, Light
or Classic Olive Oil**
5.99

save big with your VIC card

**VIC
SAVINGS**

16.9 oz. Harris Teeter
**Extra Virgin, Light
or Classic Olive Oil**
5.99

save big with your VIC card

**VIC
SAVINGS**

16.9 oz. Harris Teeter
**Extra Virgin, Light
or Classic Olive Oil**
5.99

save big with your VIC card

**VIC
SAVINGS**

16.9 oz. Harris Teeter
**Extra Virgin, Light
or Classic Olive Oil**
5.99

save big with your VIC card

**VIC
SAVINGS**

16.9 oz. Harris Teeter
**Extra Virgin, Light
or Classic Olive Oil**
5.99

save big with your VIC card

**VIC
SAVINGS**

16.9 oz. Harris Teeter
**Extra Virgin, Light
or Classic Olive Oil**
5.99

save big with your VIC card

**VIC
SAVINGS**

16.9 oz. Harris Teeter
**Extra Virgin, Light
or Classic Olive Oil**
5.99

save big with your VIC card

**VIC
SAVINGS**

16.9 oz. Harris Teeter
**Extra Virgin, Light
or Classic Olive Oil**
5.99

save big with your VIC card

**VIC
SAVINGS**

16.9 oz. Harris Teeter
**Extra Virgin, Light
or Classic Olive Oil**
5.99

save big with your VIC card

**VIC
SAVINGS**

16.9 oz. Harris Teeter
**Extra Virgin, Light
or Classic Olive Oil**
5.99

save big with your VIC card

**VIC
SAVINGS**

beverages

limit
10



8 pk. 12 oz.
Coca-Cola
Products

**BUY 2 GET 3
FREE**

when you buy 5 with your VIC card or regular price each

VIC SAVINGS

12 oz.

Alani Nu
Energy Drink

**BUY 2 GET 3
FREE**

when you buy 5 with your VIC card or regular price each

VIC SAVINGS

12 pk. 16.9 oz.

Lipton
Iced Tea

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card

VIC SAVINGS

33.8 oz.

Harris Teeter
Seltzers

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card

VIC SAVINGS

8 pk.

Spindrift
Sparkling

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card

VIC SAVINGS

24 pk. 16.9 oz.

Deer Park
Water

**2 \$9
for**

save big on 2 with your VIC card

VIC SAVINGS

6 pk. or 8 pk.

San Pellegrino,
Maison Perrier
or Acqua Panna

**2 \$12
for**

save big on 2 with your VIC card

VIC SAVINGS

4 pk. 12 oz.

Red Bull
Energy Drink

9.99

save big with your VIC card

VIC SAVINGS

28 - 116 ct.

Tums
Antacid

**150
off**

save big with your VIC card

VIC SAVINGS

Select

Nature's Truth
Vitamins

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card

VIC SAVINGS

16.8 - 21 oz.

Jergens
Lotion

**250
off**

save big with your VIC card

VIC SAVINGS

7 oz.

Nivea
Shave Gels

**250
off**

save big with your VIC card

VIC SAVINGS

9.5 oz.

Village Candle
Wild Light
Collection

9.99

save big with your VIC card

VIC SAVINGS

* Supplies are limited

3-30A 3-30A 3-30A 3-30A

snacks

limit
10



2 ltr.
Coca-Cola
Products

**3 \$10
for**

save big on 3 with your VIC card

VIC SAVINGS

4 pk.

Reed's
or Virgil's

3.99

save big with your VIC card

VIC SAVINGS

24 pk. 16.9 oz.

Deer Park
Water

**2 \$9
for**

save big on 2 with your VIC card

VIC SAVINGS

4.25 oz.

Cheez-It,
Town House
or Club Crackers

**BUY 2 GET 2
FREE**

when you buy 4 with your VIC card or regular price each

VIC SAVINGS

8 oz.

Harris Teeter
Cheese Curls

**2 \$4
for**

save big on 2 with your VIC card

VIC SAVINGS

4.25 oz.

Carr's
Crackers

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card

VIC SAVINGS

5 - 7.5 oz.

Tate's
Bake Shop
Cookies

4.99

save at least \$1.30 each with your VIC card

VIC SAVINGS

4 oz.

Wilde
Protein Chips

4.99

save at least \$2.00 each with your VIC card

VIC SAVINGS

5.9 - 8.6 oz.

Farmhouse
or Soft Baked
Pepperidge
Farm Cookies

**2 \$6
for**

when you buy 2
• or regular
price each

VIC SAVINGS

MUST PURCHASE 2

5.9 - 8.6 oz.

Pepperidge
Farm Goldfish,
Pretzels or Crisps

**2 \$3
for**

when you buy 2
• or regular
price each

VIC SAVINGS

MUST PURCHASE 2

12.7 oz.

Select Varieties
Birds Eye
Vegetables

**2 \$5
for**

save big on 2 with your VIC card

VIC SAVINGS

16 oz. Select Varieties

Harris Teeter
Frozen Fruit,

16 oz. French
Toast Sticks or

8.8 oz. Crust-Offs

**2 \$6
for**

save big on 2 with your VIC card

VIC SAVINGS

9.15 - 15 oz.

Healthy Choice
Simply Steamers
or Marie Callender's
Dinners or

15 oz. Pot Pies

**2 \$7
for**

save big on 2 with your VIC card

VIC SAVINGS

28 oz.

Nathan's
Fries or
Onion Rings

3.99

save big with your VIC card

VIC SAVINGS

25 oz.

Tyson
Chicken

6.99

save big with your VIC card

VIC SAVINGS

12 oz.

Snickers
or Twix
Ice Cream Bars

**2 \$8
for**

save big on 2 with your VIC card

VIC SAVINGS

3-30A 3-30A 3-30A 3-30A



easy to love



4X

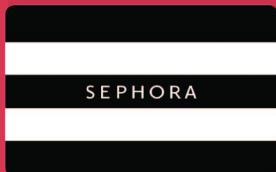


ON GIFT CARDS WITH DIGITAL COUPON

Offer Valid 2/4 - 2/17/26



SHOP NOW



redeem at



Subject to availability. See gift cards for details, terms & conditions. The Visa Gift Card is issued by Pathward®, N.A. Member FDIC, pursuant to a license from Visa U.S.A. Inc. Cards may be used only at merchants in the U.S. everywhere Visa debit cards are accepted. No cash access. See Cardholder Agreement for details. The Mastercard Gift Card is issued by Pathward®, N.A. Member FDIC, pursuant to a license by Mastercard International Incorporated. Mastercard and the circles design are registered trademarks of Mastercard International Incorporated. No cash access.

CLIP YOUR 4X COUPON THROUGH YOUR e-VIC e-MAIL, THE APP OR WEBSITE

MORE WAYS TO EARN:

**1
POINT**

**2X
POINTS**

**50
POINTS**

\$1 spent equals 1 point
with participating items

\$25 in gift cards
equals 50 points

1 prescription equals 50 points.
Non-federally funded prescriptions

**SAVE
UP TO
\$1.00
PER GALLON***

Terms & conditions apply. Visit harristeeter.com/fuel points for complete details.

Tailgating

GAME ON savings



eVIC members only

weekly limit
4

30 oz.
Duke's
Mayonnaise

3.97

save at least \$4.08 over our already
low VIC price when you buy 4

non eVIC
member
price
4.99



All items must be purchased in a single
transaction with your VIC card.



8 oz.
Harris Teeter
Natural
Sliced Cheese

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card

**VIC
SAVINGS**



9 - 16.7 oz.
Harris Teeter
Hard & Soft
Taco Dinner Kits

2/\$5

save at least \$1.58 on 2

with your VIC card

**VIC
SAVINGS**



6.5 - 8 oz.
Harris Teeter
Kettle Chips

2/\$5

save big on 2

with your VIC card

**VIC
SAVINGS**



16 oz.
Harris Teeter
Cream Cheese

2/\$7

save big on 2

with your VIC card

**VIC
SAVINGS**



12 oz.
Harris Teeter
Cheese Curds
or Fried Pickles

2/\$8

save big on 2

with your VIC card

**VIC
SAVINGS**



9 - 12 ct.
Harris Teeter
Appetizers

2/\$10

save big on 2

with your VIC card

**VIC
SAVINGS**



**Happier,
Healthier**
with Harris Teeter

Higher Score, Healthier Choice

• Items scored from 1-100 • Aim for OptUP™ score of 600



80+

Load up on
these foods.



50-79

A great choice.



20-49

These foods fall
somewhere in the middle.



1-19

Enjoy these foods mindfully
and in smaller portions.

Harris Teeter
Pharmacy

OptUP

Learn More



*Some restrictions apply.
See pharmacist for details.

*Supplies are limited

long term Savings



Harris Teeter
Very Important Customer

Keeping prices
LOWER, LONGER,
on 1,000s of items
you buy every day.



1.05 oz.
Mario
Pitted
Snack Olives

5 \$5
for

save at least 29¢ on 5
with your VIC card



12 oz.
Harris Teeter
Jalapeño Slices

1.79

save at least 20¢ each
with your VIC card



5 oz.
Simple Truth
Organic
Chunk Chicken Breast

2.99

save at least 20¢ each
with your VIC card



7.4 oz.
Alpine
Spiced Apple Cider

2 \$6
for

save at least 39¢ on 2
with your VIC card



2.99

save at least 50¢ each
with your VIC card



2 \$6
for

save at least \$1.18 on 2
with your VIC card



2.99

save at least 50¢ each
with your VIC card



2 \$6
for

save at least 98¢ on 2
with your VIC card



2.99

save at least 50¢ each
with your VIC card



2.99

save at least 50¢ each
with your VIC card



2.99

save at least 50¢ each
with your VIC card



2.99

save at least 50¢ each
with your VIC card



2.99

save at least 50¢ each
with your VIC card



2.99

save at least 50¢ each
with your VIC card



2.99

save at least 50¢ each
with your VIC card



2.99

save at least 50¢ each
with your VIC card



2.99

save at least 50¢ each
with your VIC card



2.99

save at least 50¢ each
with your VIC card



2.99

save at least 50¢ each
with your VIC card



2.99

save at least 50¢ each
with your VIC card



2.99

save at least 50¢ each
with your VIC card



2.99

save at least 50¢ each
with your VIC card



2.99

save at least 50¢ each
with your VIC card



2.99

save at least 50¢ each
with your VIC card



2.99

save at least 50¢ each
with your VIC card

2.99

save at least 50¢ each
with your VIC card

2.99

save at least 50¢ each
with your VIC card

2.99

save at least 50¢ each
with your VIC card

2.99

save at least 50¢ each
with your VIC card

2.99

save at least 50¢ each
with your VIC card

2.99

save at least 50¢ each
with your VIC card

2.99

save at least 50¢ each
with your VIC card

2.99

save at least 50¢ each
with your VIC card

2.99

save at least 50¢ each
with your VIC card

2.99

save at least 50¢ each
with your VIC card

2.99

save at least 50¢ each
with your VIC card

2.99

save at least 50¢ each
with your VIC card

2.99

save at least 50¢ each
with your VIC card

2.99

save at least 50¢ each
with your VIC card

2.99

save at least 50¢ each
with your VIC card

2.99

save at least 50¢ each
with your VIC card

2.99

save at least 50¢ each
with your VIC card

2.99

save at least 50¢ each
with your VIC card

2.99

save at least 50¢ each
with your VIC card

2.99

save at least 50¢ each
with your VIC card

2.99

save at least 50¢ each
with your VIC card

2.99

save at least 50¢ each
with your VIC card

2.99

save at least 50¢ each
with your VIC card

2.99

save at least 50¢ each
with your VIC card

2.99

save at least 50¢ each
with your VIC card

2.99

save at least 50¢ each
with your VIC card

2.99

save at least 50¢ each
with your VIC card

2.99

save at least 50¢ each
with your VIC card

2.99

save at least 50¢ each
with your VIC card

2.99

save at least 50¢ each
with your VIC card

Look Inside for More GREAT SAVINGS!

save more
with the
Harris Teeter
brand



700 ml.
Harris Teeter
Alkaline Water

.99

save at least 20¢ each
with your VIC card



16 oz.
Private Selection
Wildflower Honey

5.99

save at least 40¢ each
with your VIC card



40 oz.
Harris Teeter
Corn Oil

4.49

save big
with your VIC card



12 oz.
Harris Teeter
Chopped Broccoli

1.79

save at least 20¢ each
with your VIC card



2.8 - 3 oz.
Harris Teeter
Bacon
Bits or Pieces

2 \$5

save at least 29¢ on 2
with your VIC card



5.3 - 6 oz.
HT Traders
Olives

2 \$6

save at least 69¢ on 2
with your VIC card



12 - 14.1 oz.
Simple Truth
Organic
Instant Oatmeal

2 \$6

save at least \$1.38 on 2
with your VIC card



16 oz.
HT Traders
Mango
Mariachi Salsa

4.49

save at least 50¢ each
with your VIC card



24 oz.
SMART
Seasoned Chicken Wings

\$6 each



USDA Reserve Angus
Top Sirloin Filet Steak

11.99 per lb.



Keeping prices
LOWER, LONGER,
on 1,000s of items
you buy every day.

Farmers Market
Bunch Hot House Tomatoes

1.69 per lb.



Farmers Market
Jumbo Cantaloupes

2 for \$5



Smithfield
Whole Boneless
Pork Tenderloin

3.99 per lb.



Farmers
Market
Pink Lady Apples

1.99 per lb.



16 oz.
Byrd
Claw Crabmeat

11.99 each



12 oz.
Galbani
Fresh Mozzarella Ball

5.99 each



4.99 each



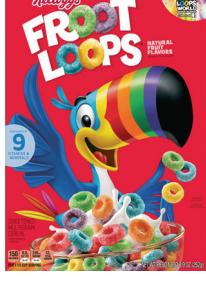
Great starts for game day



9 - 12 oz.
Kellogg's
Kids Cereal

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



5.5 oz.
Pringles
Potato Crisps

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



12 oz.
Dunkin'
Bag Coffee

7.99

save at least \$6.00 each
with your VIC card



22 oz.
McCain
Potatoes

2.99

save at least \$1.69 each
with your VIC card



13 oz.
SuperPretzel
Soft Pretzels

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



11 oz.
Special K
Granola

3.99

save at least \$1.30 each
with your VIC card



32 oz.
Galbani
Ricotta Cheese

or 10 oz.
President
Whipped Creme

5.49

save at least \$2.00 each
with your VIC card



6 oz.
Yoplait Yogurt

10/\$6

save at least 18¢ on 10
with your VIC card



5 oz.
Oui by Yoplait

2/\$3

save big on 2
with your VIC card



8 ct.
Go-Gurt

2/\$5

save big on 2
with your VIC card



32 oz.
Yoplait
Yogurt

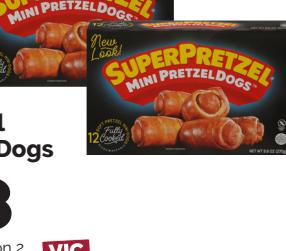
2/\$6

save at least \$1.49 on 2
with your VIC card



2/\$8

save at least \$2.79 on 2
with your VIC card



5.99

save at least \$2.00 each
with your VIC card



4.99

save at least \$1.00 each
with your VIC card



eVIC members only

weekly
limit
4

32 oz.
Swanson
Broth or Stock

1.77

save at least \$2.92 over our already
low VIC price when you buy 4



non e-vic
member price
2/\$5

All items must be purchased in a single transaction with your VIC card.

eVIC members only

weekly
limit
4

24 oz.
Rao's
Pasta Sauce

or 15 oz.
Alfredo Sauce

5.97

save at least \$2.08 over our already
low VIC price when you buy 4

eVIC members only

weekly
limit
4

18 - 20.8 oz.
Rao's
Brick Oven Pizza

or 24 - 27 oz.
Family Size Entrees

7.97

save at least \$8.08 over our already
low VIC price when you buy 4

eVIC members only

weekly
limit
4

12.3 - 18 oz.
Kashi Cereal

4.99

save at least \$1.00 each
with your VIC card

non e-vic
member price

2/\$5

save at least \$1.49 on 2
with your VIC card



2/\$5

save at least \$1.49 on 2
with your VIC card



eVIC members only

weekly
limit
4

16 oz.
Rao's
Limited Reserve
Pasta Sauce

10.99

save at least \$1.49 on 2
with your VIC card



eVIC members only

weekly
limit
4



All items must be purchased in a single transaction with your VIC card.

non e-vic
member price

non e-vic
member price

2/\$5

save at least \$1.49 on 2
with your VIC card



2/\$5

save at least \$1.49 on 2
with your VIC card



eVIC members only

weekly
limit
4

10.75 oz.
Campbell's
Chicken Noodle
Soup

2/\$3

save at least 89¢ on 2
with your VIC card



eVIC members only

weekly
limit
4



All items must be purchased in a single transaction with your VIC card.

non e-vic
member price

non e-vic
member price

2/\$3

save at least \$1.49 on 2
with your VIC card



2/\$3

save at least \$1.49 on 2
with your VIC card



eVIC members only

weekly
limit
4

16 oz.
Rao's
Single Serve
Entrees

2/\$8

save at least \$2.19 on 2
with your VIC card



eVIC members only

weekly
limit
4



All items must be purchased in a single transaction with your VIC card.

non e-vic
member price

non e-vic
member price

2/\$3

save at least \$1.49 on 2
with your VIC card



2/\$3

save at least \$1.49 on 2
with your VIC card



eVIC members only

weekly
limit
4

16 oz.
Rao's
Single Serve
Entrees

2/\$8

save at least \$2.19 on 2
with your VIC card



eVIC members only

weekly
limit
4



All items must be purchased in a single transaction with your VIC card.

non e-vic
member price

non e-vic
member price

2/\$3

save at least \$1.49 on 2
with your VIC card



2/\$3

save at least \$1.49 on 2
with your VIC card



eVIC members only

weekly
limit
4

16 oz.
Rao's
Single Serve
Entrees

2/\$8

save at least \$2.19 on 2
with your VIC card



eVIC members only

weekly
limit
4



All items must be purchased in a single transaction with your VIC card.

non e-vic
member price

Big games call for fan favorites

KraftHeinz



19 - 30 oz.
Kraft
Miracle Whip

4.99 ea. with VIC card
-1.00 Digital Coupon **1 TIME**
3.99 Final Price with Digital Coupon



32 oz.
Heinz Ketchup
or 19.5 oz. Blend of
Veggie Ketchup
8 - 10 oz. Grey Poupon
Mustard

3.99 ea. with VIC card
-1.00 Digital Coupon **1 TIME**
2.99 Final Price with Digital Coupon



10 oz.
A.1 Steak Sauce

4.99 ea. with VIC card
-2.00 Digital Coupon **1 TIME**
2.99 Final Price with Digital Coupon



23.1 - 29.3 oz.
Maxwell
House Coffee

16.99 ea. with VIC card
-2.00 Digital Coupon **1 TIME**
14.99 Final Price with Digital Coupon



12 - 14 oz.
Velveeta Shells
or Kraft Deluxe Dinners

2/\$6 ea. with VIC card
-1.00 Digital Coupon **1 TIME**
2/\$5 Final Price with Digital Coupon



10 pk. 6 oz.
CapriSun
or 16 oz.
Mio Water Enhancer

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card

VIC

Limit 1 per offer.

Live Naturally

HARRIS TEETER
FARMERS MARKET
FRESHNESS VERIFIED

GAME ON
savings

PRODUCE favorites



9.25 - 10 oz.
Simple Truth
Organic
Tortilla Chips

2 for \$4

save at least \$1.58 on 2 with your VIC card



32 oz.
Simple Truth or
Simple Truth Organic
Aseptic Milk

2 for \$4

save at least 98¢ on 2 with your VIC card



12 oz.
Simple Truth
Organic
Vegetables

2 for \$5

save at least 98¢ on 2 with your VIC card



18.5 oz.
Simple Truth Organic
Chicken
Noodle Soup

24 oz.
Simple Truth
Protein Chili

2 for \$5

save at least \$1.58 on 2 with your VIC card



9.9 - 11.75 oz.
Private Selection
Salad Kits

2 for \$8

save big on 2 with your VIC card



16 oz.
Simple Truth
Organic
Liquid Eggs

4.49

save big with your VIC card



11 oz. Bag
Simple Truth
Organic
Coffee

or 2.12 oz.
Mushroom
Instant Coffee

7.99

save big with your VIC card



30 - 54 ct.
Simple Truth
Plates
or Bowls

4.79

save at least \$1.20 each with your VIC card



5.5 - 6 oz.
Wonderful
Pistachio Kernels

5.99 each

save big
with your VIC card

VIC SAVINGS



14 - 16 oz. In Shell
Wonderful Pistachios

7.99 each

save big
with your VIC card

VIC SAVINGS



7.5 oz.
Wholly
Guacamole

BUY 1 GET 1
FREE

each item rings at half price with your VIC card

VIC SAVINGS



10 oz.
La Terra Fina
Dips

BUY 1 GET 1
FREE

each item rings at half price with your VIC card

VIC SAVINGS



12 - 16 oz.
Sam's Salsa

3.99 each

save big
with your VIC card

VIC SAVINGS



8 oz.
Dandy Snack
Celery Sticks

3.49 each

save big
with your VIC card

VIC SAVINGS



12 oz.
Green Giant
Vegetables

2 for \$5

save big on 2
with your VIC card

VIC SAVINGS



12 oz.
Dandy Snack
Celery Sticks

3.49 each

save big
with your VIC card

VIC SAVINGS



1.49 per lb.
Farmers Market
Red Roma
Tomatoes

1.49 per lb.

save big per lb.
with your VIC card

VIC SAVINGS



.59 each
Farmers Market
Limes

.59 each

save big
with your VIC card

VIC SAVINGS

GAMEDAY
savings



Farmers Market
Peeled
Red or White
Onions

2.99 per lb.

save big per lb.
with your VIC card

VIC SAVINGS



Farmers Market
Jalapeño Peppers

1.99 per lb.

save big per lb.
with your VIC card

VIC SAVINGS



Farmers Market
Double Bunch
Cilantro

2 for \$4

save big on 2
with your VIC card

VIC SAVINGS



Farmers Market
Red Roma
Tomatoes

1.49 per lb.

save big per lb.
with your VIC card

VIC SAVINGS



Farmers Market
Limes

.59 each

save big
with your VIC card

VIC SAVINGS



1 lb. Bag Wonderful
Seedless
Lemons

2 for \$7

save big on 2
with your VIC card

VIC SAVINGS



Farmers Market
Fuji Apples

1.99 per lb.

save big per lb.
with your VIC card

VIC SAVINGS



1 lb. Bag
Farmers Market
Baby Carrots

3 for \$5

save big on 3
with your VIC card

VIC SAVINGS



Farmers Market
Broccoli
Crowns

1.99 per lb.

save big per lb.
with your VIC card

VIC SAVINGS



5 lb. Bag
Farmers Market
Yukon Gold
Potatoes

4.99 each

save big
with your VIC card

VIC SAVINGS



6" Assorted
Bulbs in
Coconut
Basket

19.99 each

save \$2.00 each with your VIC card

VIC SAVINGS



22.99 each
Butterflies
& Flowers
Garden

save \$2.00 each with your VIC card

VIC SAVINGS



39.99 each
Beautiful
Custom Made
Fresh-Cut
Arrangements
STARTING AT

15.99 each

choose from a
wide variety of
colors and prices.

Fresh-Cut
Boquets
STARTING AT

15.99 each

choose from a
wide variety of
colors and prices.

Fresh-Cut
Boquets
STARTING AT

15.99 each

choose from a
wide variety of
colors and prices.

Fresh-Cut
Boquets
STARTING AT

15.99 each

choose from a
wide variety of
colors and prices.

Fresh-Cut
Boquets
STARTING AT

15.99 each

choose from a
wide variety of
colors and prices.

Fresh-Cut
Boquets
STARTING AT

15.99 each

choose from a
wide variety of
colors and prices.

Fresh-Cut
Boquets
STARTING AT

15.99 each

choose from a
wide variety of
colors and prices.

Fresh-Cut
Boquets
STARTING AT

15.99 each

choose from a
wide variety of
colors and prices.

F

Get Game Day ready

GAME ON
savings



Double Slab
Fresh Foods Market
**Fully Cooked
Baby Back Ribs**
19.99
save big
with your VIC card

Single Slab
Fresh Foods Market
**Fully Cooked
BBQ Baby Back Ribs**

10.99

save big with your VIC card

VIC
SAVINGS

**Prime
Ground Beef**

5.99 per lb.

save at least \$1.00 per lb. with your VIC card

VIC
SAVINGS



I'll Be Pizza
Gluten Free
Pizza Dough
2/\$5
save big on 2
with your VIC card

Assorted Varieties
**I'll Be Pizza
Specialty Pizza Dough**

2/\$4

save big on 2 with your VIC card

VIC
SAVINGS



Assorted Varieties
**Large Size
Chicken Wings or Tenders**

9.99

save big with your VIC card

VIC
SAVINGS



4 ct. or 6 ct.
**Brioche Gourmet
Hamburger
or Hot Dog Buns**

4.99

save at least \$2.00 each with your VIC card

VIC
SAVINGS



10.2 oz.
**King's Hawaiian
Pretzel Bites**

6.99

save at least \$2.00 each with your VIC card

VIC
SAVINGS



24 ct.
Original or Butter
**King's
Hawaiian Rolls**

8.99

save at least \$2.00 each with your VIC card

VIC
SAVINGS



12 - 16 lb.
**Kingsford
or MatchLight Charcoal**

10.99

save at least \$6.00 each with your VIC card

VIC
SAVINGS





Fuel up for gameday



eVIC members only

weekly limit
16

5.3 oz.
Oikos
Triple Zero
Single Serve

.97



48 oz.
STŌK
Cold Brew Coffee

4.99

save at least \$2.00 each with your VIC card



32 oz.
International
Delight, Silk
or Too Good Creamers

2/\$7

save at least \$1.99 on 2 with your VIC card



save BIG over our already
low VIC price when you buy 16

non e-vic
member price **8/\$10**

VIC
SAVINGS

All items must be purchased in a single transaction with your VIC card.

14 oz.
International
Delight
or Dunkin'
Cold Foam Creamers

2/\$7

save at least \$1.99 on 2 with your VIC card



64 oz.
Silk
Almond Milk

2/\$7

save at least 49¢ on 2 with your VIC card

64 oz.
Silk Soy
or Silk Protein Milk

3.99

save at least \$1.20 each with your VIC card

64 oz.
So Delicious
Organic Coconut Milk

2/\$7

save at least \$1.99 on 2 with your VIC card



4 pk.
Oikos
Protein Shakes

2.50 off

save big with your VIC card

VIC
SAVINGS

4 pk.
Too Good
Yogurt Cups or Pouches

3.99

save at least \$1.70 each with your VIC card

8 pk.
Activia
Probiotic Dailies

4.99

save at least \$1.00 each with your VIC card

6 pk.
Oikos Pro
Protein Shots

4.99

save at least \$1.70 each with your VIC card

VIC
SAVINGS

VIC
SAVINGS



Touchdown tastes they'll cheer for



18 oz.
Quaker
Old Fashioned
or Quick Oats

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



12 oz.
Quaker
Instant Grits

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



14 oz.
Cap'n Crunch Cereal

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



13 oz.
Life Cereal

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



24 oz.
Pearl Milling
Company Syrup

2/\$6

save big on 2 with your VIC card



2 lb.
Pearl Milling
Company Pancake Mix

2/\$6

save big on 2 with your VIC card



12.1 oz.
Quaker
Instant Oatmeal

2/\$4

save big on 2 with your VIC card



1.3 oz.
Quaker
Instant Oatmeal
or Crunch Cups

4/\$5

save big on 4 with your VIC card



8 - 10 ct.
Quaker
Chewy Bars

2/\$5

save big on 2 with your VIC card



5 ct.
Quaker
Protein Granola Bars

2/\$7

save big on 2 with your VIC card



6.5 oz.
Quaker
Rice Cakes

2/\$7

save big on 2 with your VIC card



6 oz.
Quaker
Rice Crisps

2/\$8

save big on 2 with your VIC card



4 - 7 oz.
Pasta-Roni

3/\$5

save big on 3 with your VIC card



4 - 7 oz.
Rice-A-Roni

4/\$5

save big on 4 with your VIC card

