

ONLY

99¢

GREAT PRICE!

Heinz Beans on Pasta

100 g (3.5 oz) (100 g)

Beans aux pâtes Heinz

100 g (3.5 oz) (100 g)

HEINZ BEANS ORIGINAL

100 g (3.5 oz) (100 g)

HEINZ BEANS MAPLE

100 g (3.5 oz) (100 g)

HEINZ BEANS

100 g (3.5 oz) (100 g)

99¢

Campbell's Soup

100 g (3.5 oz) (100 g)

Soup Campbell's

100 g (3.5 oz) (100 g)

Campbell's Cream of Mushroom

100 g (3.5 oz) (100 g)

Campbell's Tomato

100 g (3.5 oz) (100 g)

Campbell's Vegetable

100 g (3.5 oz) (100 g)

99¢

CLUBHOUSE

CHICKEN POULET

100 g (3.5 oz) (100 g)

CLUBHOUSE

CHICKEN POULET

100 g (3.5 oz) (100 g)

Ben's Original

Fast & Fancy

Vite & Bon

100 g (3.5 oz) (100 g)

99¢

Ben's Fast & Fancy

100 g (3.5 oz) (100 g)

Ben's Fast & Fancy

100 g (3.5 oz) (100 g)

Ben's Fast & Fancy

100 g (3.5 oz) (100 g)

Ben's Fast & Fancy

100 g (3.5 oz) (100 g)

Irresistible

SEA SALT

100 g (3.5 oz) (100 g)

KitKat

100 g (3.5 oz) (100 g)

JELLO

100 g (3.5 oz) (100 g)

99¢

Coca-Cola Soft Drinks

100 g (3.5 oz) (100 g)

Coca-Cola Soft Drinks

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99¢

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100 g (3.5 oz) (100 g)

Coca-Cola Soft Drinks

100 g (3.5 oz) (100 g)

metro.ca

\$ New Lower Prices

2 for 7⁰⁰

Doritos® White, Hot Dog or Hamburger Buns
100% whole wheat, 100% whole wheat, 100% whole wheat
12 ct. 100% whole wheat, 100% whole wheat, 100% whole wheat

7⁹⁹ ea.

Waterbury Market Chunks
with Irresistible
Shrimp & Potatoes
100% whole wheat, 100% whole wheat, 100% whole wheat

11⁹⁹ ea.

Waterbury Market Chunks
with Irresistible
Shrimp & Potatoes
100% whole wheat, 100% whole wheat, 100% whole wheat

6⁹⁹ ea.

Selection of Sealed Breads
Breaded Chicken
Jambon Ham
Jambon Ham
Poulet pané
Poulet pané

9⁹⁹ ea.

Large Salads
Grosses salades

7⁹⁹ ea.

Waterbury Market Chunks
with Irresistible
Shrimp & Potatoes
100% whole wheat, 100% whole wheat, 100% whole wheat

19⁹⁹ ea.

Waterbury Market Chunks
with Irresistible
Shrimp & Potatoes
100% whole wheat, 100% whole wheat, 100% whole wheat

3⁹⁹ ea.

Activia Tubs
Yogurt
Yogurt
Yogurt
Yogurt

3⁹⁹ ea.

Post Cereal
Cereal
Cereal
Cereal

3⁹⁹ ea.

Post Cereal
Cereal
Cereal
Cereal

4⁴⁹ ea.

Lactaria Cream
Crème Lactaria

2⁹⁹ ea.

Goldfish or Cheese & Crackers
or Northern Cookies
Crackers
Crackers

3⁴⁹ ea.

Bubly Water
Bubly Water
Bubly Water
Bubly Water

6⁹⁹ ea.

Nestlé's
Nestlé's
Nestlé's
Nestlé's

3⁴⁹ ea.

Old El Paso
Tortillas
Tortillas
Tortillas

2⁹⁹ ea.

Haribo
Haribo
Haribo
Haribo

2⁴⁹ ea.

Anchor's Pure
Pure
Pure
Pure

20% off

Cerafil
Cerafil
Cerafil
Cerafil

4⁹⁹ ea.

Royale
Royale
Royale
Royale

13⁹⁹ ea.

Purex
Purex
Purex
Purex

6⁹⁹ ea.

Belgian's
Belgian's
Belgian's
Belgian's

5⁹⁹ ea.

Lactose
Lactose
Lactose
Lactose

2⁹⁹ ea.

Fruitations
Fruitations
Fruitations
Fruitations

We reserve the right to limit quantities.
We reserve the right to limit quantities.
We reserve the right to limit quantities.

Visit us at micro.ca
Visit us at micro.ca
Visit us at micro.ca

Win \$5000 in groceries
Win \$5000 in groceries
Win \$5000 in groceries

moi
rewards

SAVE BIG
IN THE APP

Add your coupons in the
Metro app today.



NOW
12⁹⁹
ea.
SAVE UP TO
\$4

~~16⁹⁹~~
ea.
FRESH CUT
TULIPS
15 STEM BUNCH
ASSORTED COLOURS

THIS WEEK'S DEALS:

Only until March 4, 2026, in-store or online



NOW
4⁹⁹
ea.
SAVE UP TO
\$2

~~6⁹⁹~~
ea.
JACK LINK'S
BEEF JERKY DUOS
80 g
SELECTED VARIETIES



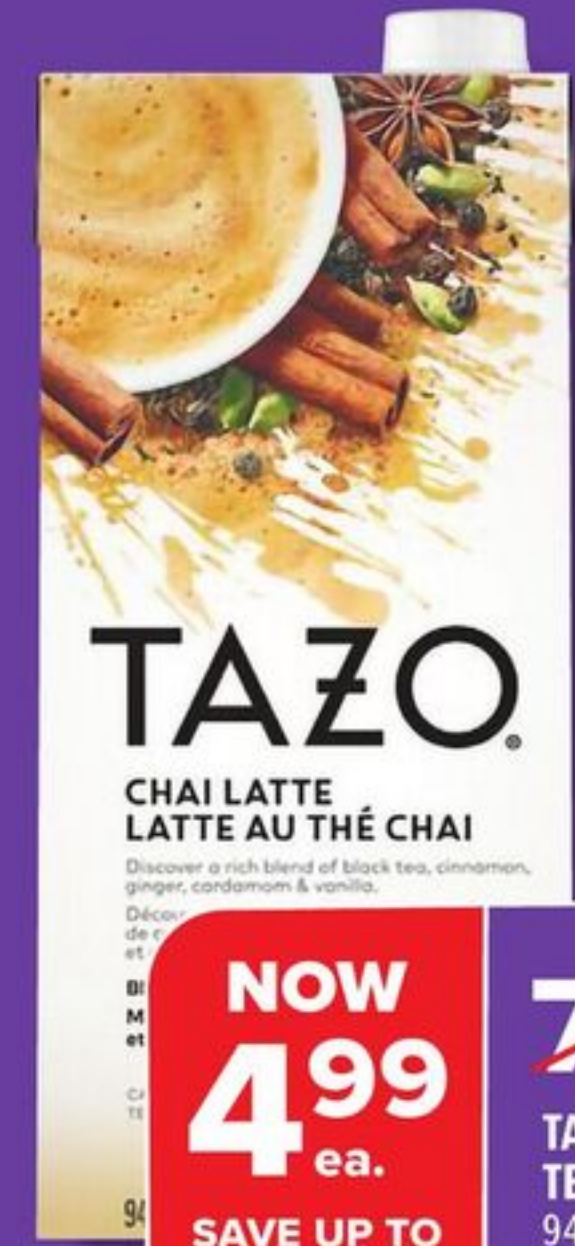
NOW
2⁹⁹
ea.
SAVE UP TO
\$1

~~3⁹⁹~~
ea.
GRISSOL
FINE BREADS
120 - 200 g
SELECTED VARIETIES



NOW
9⁹⁹
ea.
SAVE UP TO
\$2

~~11⁹⁹~~
ea.
FERRERO ROCHER
CHOCOLATES
200 g
SELECTED VARIETIES



NOW
4⁹⁹
ea.
SAVE UP TO
\$3

~~7⁹⁹~~
ea.
TAZO
TEA
946 ml
SELECTED VARIETIES



NOW
3⁹⁹
ea.
SAVE UP TO
\$2

~~5⁹⁹~~
ea.
POM WONDERFUL
POMEGRANATE JUICE
473 ml



NOW
3⁹⁹
ea.
SAVE UP TO
\$3

~~6⁹⁹~~
ea.
NATREL
COFFEE CREAM
1 L
SELECTED VARIETIES

LIMIT ONE REDEMPTION PER CUSTOMER

Offer available only on the My Metro app with a mailD account. Limit of one coupon redemption with a mailD account, unless expressly stated otherwise in the terms of the offer. Offer coupon must be loaded at time of purchase. Available while supplies last. See app for full coupon details. *Price may vary at select locations.

contest
until March 11th

my
brands &
moi

total of
20
million
points
to be won

participate by purchasing two
products from these brands

Selection ✓

Irresistible

Personnelle

5
prizes

1,000,000 points
value of \$8,000 each

30
prizes

500,000 points
value of \$4,000 each

*No purchase required. From February 12 to March 11, 2026. Contest rules at moirewards.ca. Moi Rewards is a trademark of Metro Inc.

Farm Fresh Produce

4.99
/lb

Jumbo Spinach
Seedless English
Spinach 100% NATURAL
15.00kg
Basilons vert-plants
sans pesticides
100% BIOLOGIQUE
15.00kg

3.99
ea.

Blackberries 100g
POUR 100g DE PÂTES
100% BIOLOGIQUE

3.99
/lb

HeidiTom Tomatoes
8.50kg
Savoureux et parfumés
sans pesticides
100% BIOLOGIQUE

4.99
/lb

Asparagus
Canada's
PICK 100% NATURAL
15.00kg

3.99
/lb

**Large Peaches or
Peaches** 100% NATURAL
100% BIOLOGIQUE
15.00kg
Desserts délicieux ou
pour salades
100% BIOLOGIQUE
8.50kg

1.99
/lb

**Large Seedless
Red Oranges** 100% NATURAL
100% BIOLOGIQUE
4.30kg
Desserts délicieux ou
pour salades
100% BIOLOGIQUE
4.30kg

40
points

Assorted Colours
Assorted Vegetables
100% NATURAL
100% BIOLOGIQUE
15.00kg
Recettes de cuisines
de tous les continents
100% BIOLOGIQUE
CANADA-101

4.79
ea.

Belle Grove
Bell Peppers
100% NATURAL
100% BIOLOGIQUE
15.00kg
Bell Peppers
100% NATURAL
100% BIOLOGIQUE
15.00kg

60
points

Wild Wonders
Wild Wonders
100% NATURAL
100% BIOLOGIQUE
15.00kg
Wild Wonders
100% NATURAL
100% BIOLOGIQUE
15.00kg

1.99
/lb

**Large Red Prince
Potatoes** 100% NATURAL
100% BIOLOGIQUE
15.00kg
Desserts délicieux ou
pour salades
100% BIOLOGIQUE
4.30kg

4.99
ea.

Jumbo Cantaloupes
Jumbo Cantaloupes
100% NATURAL
100% BIOLOGIQUE
15.00kg
Cantaloupes plants
100% NATURAL
100% BIOLOGIQUE
15.00kg

4.49
ea.

Green Flash
Green Beans
100% NATURAL
100% BIOLOGIQUE
15.00kg
Green Beans
100% NATURAL
100% BIOLOGIQUE
15.00kg

3.99
/lb

On Green Onions
On Green Onions
100% NATURAL
100% BIOLOGIQUE
15.00kg
On Green Onions
100% NATURAL
100% BIOLOGIQUE
15.00kg

1.99
ea.

Large Avocado
Large Avocado
100% NATURAL
100% BIOLOGIQUE
15.00kg
Large Avocado
100% NATURAL
100% BIOLOGIQUE
15.00kg

4.49
ea.

Sweet Potato
Sweet Potato
100% NATURAL
100% BIOLOGIQUE
15.00kg
Sweet Potato
100% NATURAL
100% BIOLOGIQUE
15.00kg

3.49
ea.

Dole Garden
Dole Garden
100% NATURAL
100% BIOLOGIQUE
15.00kg
Dole Garden
100% NATURAL
100% BIOLOGIQUE
15.00kg

4.99
ea.

Original Ground Round
Original Ground Round
100% NATURAL
100% BIOLOGIQUE
15.00kg
Original Ground Round
100% NATURAL
100% BIOLOGIQUE
15.00kg

5.99
ea.

Red Cabbage
Red Cabbage
100% NATURAL
100% BIOLOGIQUE
15.00kg
Red Cabbage
100% NATURAL
100% BIOLOGIQUE
15.00kg

70
points

60
points

60
points

Organic

1.1L

Tonica Organic
Organic Apple Cider Vinegar
1.1 L (33.8 FL OZ)
Kosher for Passover
Distributed by
Tonica LLC, New York, NY

2.99
ea.

Organic Real Delicious Apples
1.1 L (33.8 FL OZ)
Organic Apples or Basic Pears
1.1 L (33.8 FL OZ)
U.S. PRODUCE
U.S.A. 100% FRUIT ONLY
5.50 lb

2.99
lb

3.99
ea.

Organic Carrots
1.1 L (33.8 FL OZ)
Organic Carrots
1.1 L (33.8 FL OZ)
U.S. PRODUCE
U.S.A. 100% FRUIT ONLY
5.50 lb

3.99
lb

Organic Tomatoes
1.1 L (33.8 FL OZ)
Organic Tomatoes
1.1 L (33.8 FL OZ)
U.S. PRODUCE
U.S.A. 100% FRUIT ONLY
5.50 lb

3.99
lb

Sliced & Diced **Fresh Blooms**

Salads & Dips

4.99 ea.

Coral Flanagan's 100%
 Delicious Fresh Salad 100%
 Assorted delicious 100%
 Salads de fruits de saison 100%

3.99 ea.

Michel Cheung 100%
 Frais Saisonné 100%
 Assorties Salades de fruits
 Moussues de melon 100%
 Mix de légumes
 Salade de tomates, concombres et feta 100%

Fresh Blooms

TEN DAY GUARANTEE
 10 JOURS D'ÉCHANGE

15.00 ea.

Seasonal Mood Flower Bouquet
 Bouquet de fleurs de saison
 Choisissez votre couleur et vos fleurs

12.99 ea.

Signature Scissor Foliage
 Feuilles d'été
 Feuilles d'été
 Signature Series
 Feuilles d'été

NEW

14.99 ea.

Palatis Scissor Foliage
 Feuilles d'été
 Feuilles d'été
 Palatis en terracotta
 Feuilles d'été

32.99 ea.

Coloured Waterfall Orchids
 Orchidées d'eau
 Orchidées d'eau
 Orchidées d'eau
 Orchidées d'eau

Fresh Blooms

fresh blooms



10 DAY GUARANTEE

15⁰⁰
ea.

Seasonal Mixed Flower Bouquet
Assorted flowers and foliage
in a box of natural dried flowers



NEW

14⁹⁹
ea.

Potted Fernleafed Eucalyptus
Potted Fernleafed Eucalyptus
Potted Fernleafed Eucalyptus
Potted Fernleafed Eucalyptus



12⁹⁹
ea.

Signature Series Stage
Signature Series Stage
Signature Series Stage
Signature Series Stage
Signature Series Stage



SALE STYLING

12⁹⁹
ea.

Signature Series Stage
Signature Series Stage
Signature Series Stage
Signature Series Stage
Signature Series Stage



14⁹⁹
ea.

Potted Fernleafed Eucalyptus
Potted Fernleafed Eucalyptus
Potted Fernleafed Eucalyptus
Potted Fernleafed Eucalyptus



12⁹⁹
ea.

Signature Series Stage
Signature Series Stage
Signature Series Stage
Signature Series Stage
Signature Series Stage



12⁹⁹
ea.

Signature Series Stage
Signature Series Stage
Signature Series Stage
Signature Series Stage
Signature Series Stage



12⁹⁹
ea.

Signature Series Stage
Signature Series Stage
Signature Series Stage
Signature Series Stage
Signature Series Stage

Our Butcher's Finest



7⁹⁹
/lb

Platinum Grill Angus Whole Eye of Round Vac Pack
12.5kg
Bois de cerise entière Angus Grill Platine emballée sous vide
12.5kg



9⁹⁹
/lb

Platinum Grill Angus Boneless Inside Blade Steak Vacuum Pack or Roast
22.02kg
Assiette de poulet Angus Grill Platine décaisé en emballage économique de bœuf ou en vide
22.02kg



6⁹⁹
/lb

Fresh Split Chicken Wings
15.4kg
Ailes de poulet fraîches séparées
15.4kg



4⁹⁹
/lb

Yorkshire Valley Farms Organic Fresh Whole Chicken
11.2kg
Poulet entier biologique frais Yorkshire Valley Farms
11.2kg



20⁹⁹
/lb

Life Smart Molecular Center Feed Strip Lamb Steak
20.9kg
Biftecks de centre filet de bœuf
Molecular Centre Feed Strip à l'huile
20.9kg



3⁹⁹
/lb

Pork Loin Chops
Center Cut Pork Pack
8.8kg
Côtelettes de longe de porc en emballage économique
8.8kg



12⁹⁹
/lb

Fresh Lamb Loin Chops or Boneless Lamb Long
12.4kg
Agneau frais en côtelette
de longe décaisé au goût
décaisé au naturel et à l'ail
12.4kg



5⁹⁹
ea.

Maple Leaf Prime
Prime Natural Boneless
Extra Lean Ground
Chicken
1.8kg
Poulet haché extra maigre
Prime Maple Leaf
désossé sans antibiotiques
1.8kg

I earn with moi rewards



4⁹⁹
ea.

Maple Lodge Ultimate Breakfast Sausages or Chicken Sausages
1.8kg
Saucisses Ultimate de poulet à l'ail ou saucisses de bœuf de poulet
Maple Lodge
1.8kg



4⁹⁹
ea.

Maple Lodge Ultimate Breakfast Sausages or Chicken Sausages
1.8kg
Saucisses Ultimate de poulet à l'ail ou saucisses de bœuf de poulet
Maple Lodge
1.8kg



6⁹⁹
ea.

Butterball Turkey Bacon
1.8kg
Bacon de dinde Butterball
1.8kg



11⁹⁹
ea.

St Hubert's Chicken Sausages
1.8kg
Bâtonnets St Hubert's de poulet bio
1.8kg



11⁹⁹
ea.

Al Safa Beef Burgers
1.8kg
Burgers de bœuf Al Safa
1.8kg



12⁹⁹
ea.

Al Safa Beef Burgers
1.8kg
Burgers de bœuf Al Safa
1.8kg



12⁹⁹
ea.

Janes Chicken Wings
1.8kg
Ailes de poulet
Janes
1.8kg



16⁹⁹
ea.

Montana's Beef Burgers
1.8kg
Burgers de bœuf Montana's
1.8kg

Entertaining Favourites



5⁹⁹
/lb

Authentic Sausages
12.2kg
Saucisses Authentiques
12.2kg



9⁹⁹
ea.

Marc Angelo Beef or Chicken
1.8kg
Burgers de bœuf ou de poulet
Marc Angelo
1.8kg



12⁹⁹
ea.

Marc Angelo Kabobs
1.8kg
Bâtonnets Marc Angelo
1.8kg



18⁹⁹
ea.

Yorkshire Valley Farms Organic Chicken
1.8kg
Bâtonnets de poulet
Yorkshire Valley Farms
1.8kg



6⁹⁹
ea.

Inevitable Cheese Slices
1.8kg
Bâtonnets de fromage
Inevitable
1.8kg



7⁹⁹
ea.

Wong Wing Burgers
1.8kg
Burgers Wong Wing
1.8kg



11⁹⁹
ea.

Inevitable Prime Rib Beef Steaks
1.8kg
Burgers Inevitable de bœuf
1.8kg



14⁹⁹
ea.

Janes Mini Burgers
1.8kg
Burgers Janes
1.8kg

FOR PERSONALIZED COUPONS, DOWNLOAD OUR APP OR VISIT metro.ca

Seafood



2 for \$5.00
Frozen Pacific Cod Loins Portions
Poissons surgelés de longue mer du Pacifique
100 g



18.99/lb
Fresh Mediterranean Sea Bass Fillets
Filets frais de bar méditerranéen
100 g



3.99 ea.
Selection of Seafood
Sélection de fruits de mer
100 g



4.99 ea.
Sole Fillets with Shrimp Stuffing
Filets de sole farcis de crevettes à la sauce
100 g



7.99 ea.
La Bouchonnière Smoked Salmon
Saumon fumé
100 g



12.99 ea.
Irish Point Oysters
Huîtres Irish Point
100 g



6.99 ea.
Chateau Sherbrooke
Caviar
100 g



7.99 ea.
Hot Smoked Wild Salmon
Saumon sauvage fumé
100 g



13.99 ea.
Korean Beef
Côtelettes de bœuf coréennes
100 g



14.99 ea.
Go Wild Argentinian
Steak Argentinien
100 g



6.99 ea.
Inevitable Selection
Sélection Inévitable
100 g



7.99 ea.
Inevitable Selection
Sélection Inévitable
100 g



9.99 ea.
Inevitable Selection
Sélection Inévitable
100 g



10.99 ea.
Inevitable Selection
Sélection Inévitable
100 g

Deli Favourites



2.69 /100 g
Bacon & Eggs
Bacon et œufs
100 g



2.99 /100 g
Bacon & Eggs
Bacon et œufs
100 g



3.99 /100 g
Bacon & Eggs
Bacon et œufs
100 g



4.49 /100 g
Bacon & Eggs
Bacon et œufs
100 g



2.99 ea.
Pillsbury
Pâtisseries
100 g



14.49 ea.
Pillsbury
Pâtisseries
100 g



6.99 ea.
Pillsbury
Pâtisseries
100 g



5.99 ea.
Pillsbury
Pâtisseries
100 g



5.49 ea.
Pizzeria
Pizzas
100 g



8.99 ea.
Pizzeria
Pizzas
100 g



14.99 ea.
Pizzeria
Pizzas
100 g



15.99 ea.
Pizzeria
Pizzas
100 g



3.99 ea.
Pizzeria
Pizzas
100 g



10.49 ea.
Pizzeria
Pizzas
100 g



8.49 ea.
Pizzeria
Pizzas
100 g



12.99 ea.
Pizzeria
Pizzas
100 g

metro.ca

UP TO
33%
OFF

YOUR
FIRST 3 ORDERS*



Shop Offer

*\$25 off your first 3 online orders of \$75 or more. For new customers only.
Certain conditions apply. Details on metro.ca

More Great Savings

[illegible]

i earn with **moi** rewards

 Gay Lea Soft Cream 1.8 L Gay Lea Sour Cream 1.8 L Celeste van Gay Lea 1.8 L 3 99 ea. 50 points	 Gay Lea Butter 1.8 L Gay Lea Butter Spread 1.8 L 8 49 ea. 125 points \$1 Spend in store	 Tartley Tea 2 L The Tartley 2 L 4 49 ea. 100 points	 Quaker Oats 1.8 L Quaker Oatmeal 1.8 L 3 99 ea. 100 points
 Sunny D Drink 1.2 L Blossom Sunny D 1.2 L 40 points 2 79 ea.	 Snapple Apple 1.8 L Snapple Orange 1.8 L 1 99 ea. 30 points	 Mars Chocolate Bars 1.8 L Bars de Chocolat Mars 1.8 L 6 49 ea. 80 points	 Unico Solid Light 1.8 L Unico Solid Thick 1.8 L 1 99 ea. 60 points
 Mary's Organic Fruit and Yogurt 1.8 L Cranberry 1.8 L Organic 1.8 L 5 99 ea. 70 points	 Organic Medium Cheddar Cheese 1.8 L Organic Medium Cheddar Cheese 1.8 L 6 49 ea. 80 points	 Digestive 1.8 L Maltine 1.8 L 5 49 ea. 70 points	 Sun-Maid Raisins 1.8 L Sun-Maid Raisin Snacks 1.8 L 3 99 ea. 60 points

FLAVOURS
OF

Holi

CELEBRATE THE FESTIVAL OF COLOUR



799

ea.

KAASHI PREMIUM OR
AZAM BASMATI RICE
5.02 - 6.54 kg
SELECTED VARIETIES



1599

ea.

KAASHI SHEER DASHI STYLE
DURUM ATTA FLOUR
5.0 kg



129

ea.

FRESH BUNCY MINT
PRODUCT OF S.A. IN INDIA



299

ea.

SANTOSH NAAM
MINT
SELECTED VARIETIES



199

ea.

HONEY KASABDO MANGOES
PRODUCT OF INDIA, IN INDIA



1699

ea.

ASSORTED LOGGIES
ASSORTED LOGGIES



249

ea.

DAKE DASHI, PHOENIX
OR CEDAR PHOENIX
500 - 750 g
SELECTED VARIETIES



399

ea.

MANGO
INSTANT SOUP NOODLES
600 g, 70 g



329

ea.

LAZEEZ SPRING ROLLS
OR SAMOSAS
600 g
SELECTED VARIETIES



179

ea.

SUGAR
FRESH VEGETABLES
500 g
SELECTED VARIETIES



699

ea.

CLASSIC ANKA HONEY
TEA, TEA, TEA
PREMIUM OR GOLD
100, 200, 300 g
SELECTED VARIETIES



999

ea.

DIPTA OCHA
300 g
SELECTED VARIETIES



199

ea.

SUGAR MIXES OR DIPPY
SUGAR CARIC PASTE
500 g, 100 g
SELECTED VARIETIES



999

ea.

PARLE-G, LILU OR
LILU COOKIES
60, 100 g
SELECTED VARIETIES



649

ea.

DIET-LICIOUS
KURPURE CHOCOLATE
100 g
SELECTED VARIETIES



199

ea.

DIPTA
PARATHA OR NAAN
100, 150 g
SELECTED VARIETIES



499

ea.

CEDAR MARINADES
CUCUMBERS OR
GRAPES LEAVES
100, 150 g
SELECTED VARIETIES



249

ea.

SUGHI SNACKS
DIPTA BAKED CHANA,
RUBICON OR
SUGHI SNACKS
200, 400 g, 1 L
SELECTED VARIETIES



299

ea.

INDOMIE
INSTANT NOODLES
100 g
SELECTED VARIETIES



399

ea.

DIPTA LENTILS
OR CHICK PEAS
100, 150 g
SELECTED VARIETIES



179

ea.

PARLE BISCUIT
OR NATIONAL CUSTARD
100, 150 g
SELECTED VARIETIES



179

ea.

KIRKURE CHIPS
100 g
SELECTED VARIETIES

From availability varies by store

GREAT TASTE LESS SUGAR



FANTA
zero sugar
orange

12
100% FRUIT JUICE
100% SUGAR FREE
100% CALORIE FREE
100% NATURAL FLAVOURS
100% NO ARTIFICIAL SWEETENERS
100% NO ARTIFICIAL COLOURS
100% NO ARTIFICIAL PRESERVATIVES
100% NO ARTIFICIAL FLAVOURS
100% NO ARTIFICIAL SWEETENERS
100% NO ARTIFICIAL COLOURS
100% NO ARTIFICIAL PRESERVATIVES
100% NO ARTIFICIAL FLAVOURS



FANTA
zero sugar
orange

NATURALLY FLAVOURED
DIETETIC BEVERAGE

60
points

949
ea.

FANTA ZERO SUGAR
SOFT DRINKS
12 x 330 mL
SELECTED VARIETIES

Satisfy your cravings with low sugar/zero sugar snacks, drinks & more.



zevia
ZERO CALORIE SODA
BLACK CHERRY

100% FRUIT JUICE
100% SUGAR FREE
100% CALORIE FREE
100% NATURAL FLAVOURS
100% NO ARTIFICIAL SWEETENERS
100% NO ARTIFICIAL COLOURS
100% NO ARTIFICIAL PRESERVATIVES
100% NO ARTIFICIAL FLAVOURS

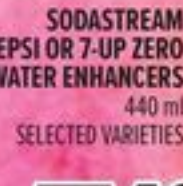


zevia
ZERO CALORIE SODA
BLACK CHERRY

100% FRUIT JUICE
100% SUGAR FREE
100% CALORIE FREE
100% NATURAL FLAVOURS
100% NO ARTIFICIAL SWEETENERS
100% NO ARTIFICIAL COLOURS
100% NO ARTIFICIAL PRESERVATIVES
100% NO ARTIFICIAL FLAVOURS

749
ea.

ZEVIA ZERO CALORIE SODA
12 x 330 mL
SELECTED VARIETIES



SODASTREAM
PEPSI OR 7 UP ZERO
WATER DRINKERS
640 mL
SELECTED VARIETIES



7up
ZERO SUGAR SODA
sodastream

DRINK MIX
MELANGE POUR BOISSON



PEPSI
ZERO SUGAR SODA
sodastream

DRINK MIX
MELANGE POUR BOISSON

749
ea.



HOOTMAN'S
Chocolate
CHOCOLAT

NO SUGAR ADDED
SANS SUCRE AJOUTÉ



HOOTMAN'S
Chocolate
CHOCOLAT

NO SUGAR ADDED
SANS SUCRE AJOUTÉ

299
ea.

HOOTMAN'S CHOCOLATE BARS
12 x 220 g
SELECTED VARIETIES



Simply Delish
SUGAR FREE
KETO PUDDING
POUDDING CETO

0g
4g
20g

NET WT / POIDS NET
48 g / 1.7 oz



Simply Delish
SUGAR FREE
KETO PUDDING
POUDDING CETO

0g
4g
20g

NET WT / POIDS NET
48 g / 1.7 oz

349
ea.

SIMPLY DELISH SUGAR FREE PUDDING
12 x 220 g
SELECTED VARIETIES



McSWEENEY'S
100%
ZERO
sugar / sucre
BEEF • DE BOUFF
JERKY

100% FRUIT JUICE
100% SUGAR FREE
100% CALORIE FREE
100% NATURAL FLAVOURS
100% NO ARTIFICIAL SWEETENERS
100% NO ARTIFICIAL COLOURS
100% NO ARTIFICIAL PRESERVATIVES
100% NO ARTIFICIAL FLAVOURS



McSWEENEY'S
100%
ZERO
sugar / sucre
BEEF • DE BOUFF
JERKY

100% FRUIT JUICE
100% SUGAR FREE
100% CALORIE FREE
100% NATURAL FLAVOURS
100% NO ARTIFICIAL SWEETENERS
100% NO ARTIFICIAL COLOURS
100% NO ARTIFICIAL PRESERVATIVES
100% NO ARTIFICIAL FLAVOURS

599
ea.

McSWEENEY'S ZERO SUGAR BEEF & DEBOUFF JERKY
12 x 220 g
SELECTED VARIETIES



OrthoBiotic
B12 B6
SUPPLEMENT

100% FRUIT JUICE
100% SUGAR FREE
100% CALORIE FREE
100% NATURAL FLAVOURS
100% NO ARTIFICIAL SWEETENERS
100% NO ARTIFICIAL COLOURS
100% NO ARTIFICIAL PRESERVATIVES
100% NO ARTIFICIAL FLAVOURS



OrthoBiotic
B12 B6
SUPPLEMENT

100% FRUIT JUICE
100% SUGAR FREE
100% CALORIE FREE
100% NATURAL FLAVOURS
100% NO ARTIFICIAL SWEETENERS
100% NO ARTIFICIAL COLOURS
100% NO ARTIFICIAL PRESERVATIVES
100% NO ARTIFICIAL FLAVOURS

1999
ea.

ORTHOBIOIC B12 B6 SUPPLEMENT
60 ct
SELECTED VARIETIES



Splenda
NATURAL SWEETENERS

100% FRUIT JUICE
100% SUGAR FREE
100% CALORIE FREE
100% NATURAL FLAVOURS
100% NO ARTIFICIAL SWEETENERS
100% NO ARTIFICIAL COLOURS
100% NO ARTIFICIAL PRESERVATIVES
100% NO ARTIFICIAL FLAVOURS



Splenda
NATURAL SWEETENERS

100% FRUIT JUICE
100% SUGAR FREE
100% CALORIE FREE
100% NATURAL FLAVOURS
100% NO ARTIFICIAL SWEETENERS
100% NO ARTIFICIAL COLOURS
100% NO ARTIFICIAL PRESERVATIVES
100% NO ARTIFICIAL FLAVOURS

749
ea.

SPLENDA NO CALORIE SWEETENER PACK (100) 100 g
SELECTED VARIETIES



HUGOBOS
ORIGINAL
SAUCE

100% FRUIT JUICE
100% SUGAR FREE
100% CALORIE FREE
100% NATURAL FLAVOURS
100% NO ARTIFICIAL SWEETENERS
100% NO ARTIFICIAL COLOURS
100% NO ARTIFICIAL PRESERVATIVES
100% NO ARTIFICIAL FLAVOURS



HUGOBOS
ORIGINAL
SAUCE

100% FRUIT JUICE
100% SUGAR FREE
100% CALORIE FREE
100% NATURAL FLAVOURS
100% NO ARTIFICIAL SWEETENERS
100% NO ARTIFICIAL COLOURS
100% NO ARTIFICIAL PRESERVATIVES
100% NO ARTIFICIAL FLAVOURS

649
ea.

HUGOBOS NO SUGAR ADDED BBQ SAUCE
480 mL
SELECTED VARIETIES



pur
GUM
ASPARTAME FREE

100% FRUIT JUICE
100% SUGAR FREE
100% CALORIE FREE
100% NATURAL FLAVOURS
100% NO ARTIFICIAL SWEETENERS
100% NO ARTIFICIAL COLOURS
100% NO ARTIFICIAL PRESERVATIVES
100% NO ARTIFICIAL FLAVOURS



pur
GUM
ASPARTAME FREE

100% FRUIT JUICE
100% SUGAR FREE
100% CALORIE FREE
100% NATURAL FLAVOURS
100% NO ARTIFICIAL SWEETENERS
100% NO ARTIFICIAL COLOURS
100% NO ARTIFICIAL PRESERVATIVES
100% NO ARTIFICIAL FLAVOURS

379
ea.

PUR GUM
100%
SELECTED VARIETIES

CREATE A CLEAN ROUTINE

Freshen up all your square feet with our wide variety of brand-name solutions.





NOMINATE A MINOR HOCKEY ASSOCIATION

for their chance to receive up to **\$100,000***

NOMINATE AT [KrugerBigAssist.ca](https://www.krugerbighelp.ca)







90 points

8⁹⁹ ea.

CASHMERE BATHROOM TISSUE
12 = 24 rolls
SELECTED VARIETIES



90 points

8⁹⁹ ea.

SCOTTIES FACIAL TISSUE
6 un
SELECTED VARIETIES



90 points

8⁹⁹ ea.

SPONGE PAPER TOWELS
3 = 6 rolls
SELECTED VARIETIES

PROUDLY ASSISTING CANADIAN FAMILIES ON AND OFF THE ICE.

*No purchase necessary. Nominations start Oct 1/25 and Feb 22/26. Nominate an eligible Canadian hockey association for the opportunity to receive one of five (\$125,000 CAD) donations. Five (\$5) donations will be made ("Finalists"), one per region (DN, OC, Pacific, BC, YT, NT, NW, Prairie, AB, SK, MB, Atlantic, PEI, NS, NB, NL) Plus, one (\$175,000 CAD) donation "Grand Prize" will be made among applications received from Finalists by March 13/26. Start your nomination or see full terms at [KrugerBigAssist.ca](https://www.krugerbighelp.ca).
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1 KG

12⁹⁹ ea.

YORKSHIRE VALLEY FARMS
ORGANIC CHICKEN DRUMSTICKS OR WINGS
FROZEN, 1 kg



14⁹⁹ ea.

YORKSHIRE VALLEY FARMS
ORGANIC MEAT PIES OR CHICKEN FILLETS OR BITES
FROZEN, 454 - 700 g
SELECTED VARIETIES