

SPROUTS[®]
FARMERS MARKET

Go nuts for the



Save on select bulk nuts
for 3 days only!

SHOP NOW

Saturday, Sunday, Monday
February 14th–16th



~~\$9.49~~ /LB.
\$5.99 /LB.

WALNUTS
Halves & Pieces



~~\$10.49~~ /LB.
\$5.99 /LB.

ALMONDS
Raw, Roasted Salted and
Roasted Unsalted



~~\$12.49~~ /LB.
\$5.99 /LB.

CASHEWS
Raw, Roasted Salted and
Roasted Unsalted



SPROUTS
FARMERS MARKET

A BERRY
SWEET
ORGANIC
SNACK!

Organic
Strawberries 1lb.

\$4 /EA.



**DOZEN
ROSES**

SHOP BLOOMS

\$15.99 /EA.



Sprouts Wild-Caught
North Atlantic
Raw Lobster Tails
Previously frozen, 3.75 oz.

\$6.99 /EA.

WILD CAUGHT
FAVORITE



Sprouts
Premium Angus
Boneless Beef
Ribeye Steaks

\$18.99 /LB.
Value pack



Organic
Halos Seedless
Mandarins
3lb. Bag



\$5.98 /EA.

Sprouts
Boneless Skinless
Chicken Breasts
Air-chilled, no added
hormones or steroids!

NO
ANTIBIOTICS,
EVER

Discount taken
at register



**BUY ONE. GET ONE
50% OFF**
regular retail
of equal or lesser value

Value pack

Sprouts Overnight Oats
or Breakfast Parfaits
Select varieties,
7.5 or 8.5 oz.



2 FOR \$8

Sprouts
Organic Bulk Coffee
Select varieties



\$14.99 /LB.

Chocolate Bars, Bags,
Cups or Patties
Select varieties,
.42-9 oz.



**BUY ONE. GET ONE
FREE**
of equal or lesser value

OR

**BUY ONE. GET ONE
50% OFF**
regular retail
of equal or lesser value



HEARTY, HEALTHY SURF & TURF

When dinner should impress without the stress, fire up your grill for fresh and easy surf & turf!

1

Perfectly Peppery Grilled Tri-Tip

[Get Recipe >](#)



2

Simply Sizzled Ahi Tuna

[Get Recipe >](#)



3

Buttered Up Lobster Tails

[Get Recipe >](#)



Sprouts All-Natural Angus Beef 100% Grass-Fed Steaks or Roast

No hormones or antibiotics
added, ever!



NO
ANTIBIOTICS,
EVER

10% OFF

regular retail
Price on package
reflects discount

Goodness Grazeious Grass-Fed Organic 85% Lean Ground Beef

No antibiotics or added
hormones, 48 oz.



\$8.99/LB.
Value pack

Sprouts All-Natural Pork Loin Chops

No hormones or steroids,
select varieties

NO
ANTIBIOTICS,
EVER



**BUY ONE. GET ONE
50% OFF**

regular retail
of equal or lesser value

Discount taken at register

Sprouts Organic Whole Chicken

Air-chilled, no hormones
or steroids added, ever!



\$3.99/LB.

Sprouts Sliced Bacon

Uncured hickory or no sugar
applewood, prepackaged, 10 oz.



NO
ANTIBIOTICS,
EVER



\$5.99/EA.

Beyond Meat Plant-Based Sun Sausage or Dinner Sausage Links

Select varieties, 4 ct.



**BUY ONE. GET ONE
50% OFF**

regular retail
of equal or lesser value

Sprouts Maryland Style Crab Cakes

Made with real premium
crab meat, frozen, 2 ct.



\$8.99/EA.

Copper River Wild-Caught Sockeye Salmon

Wild caught in the pristine
Alaska waters, frozen



WILD CAUGHT
FAVORITE



\$16.99/LB.

Also sold previously frozen
out of the service case

Wild-Caught North Atlantic Colossal Sea Scallops

10-20 ct. Previously frozen

WILD CAUGHT
FAVORITE



\$20.99/LB.

Also available in a 2 lb. bag

Siete Cookies, Tortilla or Kettle Chips

Select varieties, 4.5-5.5 oz.



BUY ONE, GET ONE
FREE
of equal or lesser value

Elevate Organic Women's or Men's Protein Powder

Select varieties, 17.9-21.3 oz.



20% OFF
regular retail

Cocojune Coconut Yogurt or Chobani Protein Yogurt

Select varieties, 5-6.7 oz. or 10 fl. oz.



BUY ONE, GET ONE
FREE
of equal or lesser value

Red's Frozen Burritos

Select varieties, 4.5-5 oz.



2 FOR \$4

Blackbird Plant-Based Frozen Pizza or Rao's Made For Home Frozen Brick Oven Crust Pizza

Select varieties, 14-21.6 oz.



BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

Sprouts Frozen Chicken Tenders, Nuggets or Buffalo-Style Bites

Select varieties, 20 oz.



BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

Chocolate Almonds, Cashews or Walnuts

Select varieties



\$11.99 /LB.

Raw, Roasted Salted or Unsalted Almonds



\$6.99 /LB.

Beecher's Cheese or Soup

Select varieties, 6 or 16 oz.



BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

Cedar's Mediterranean Foods Organic Reserve Hommus

Select varieties, 10 oz.



2 FOR \$7

HEALTHY PICKS

THAT LOVE YOU BACK!

Stock up on swoon-worthy staples—from gut-loving sips to protein-powered snacks & supplements.

Built Bar Protein Bars

Select varieties,
1.41 oz.



2 FOR \$4

WILDE Protein Chips

Select varieties,
4 oz.



GF

2 FOR \$10

Poppi Prebiotic Soda

Select varieties,
4 pk., 12 fl. oz.



\$4.99 /EA.
+CRV in CA

Kind Nutrition Bars

Select varieties, 1.4 oz.



3 FOR \$5

Hippeas Chickpea Puffs or Skinny Pop Popcorn

Select varieties,
3.75-4.4 oz.

**NON
GMO
Project
VERIFIED**
nongmoproject.org



2 FOR \$5

Tosi Crunchy Snack Bars

Select varieties,
5 pk., 1 oz.



\$6.49 /EA.

Mānuka Health Mānuka Honey On-The-Go

12 count



**BUY ONE, GET ONE
FREE**
of equal or lesser value

Sprouts Whey Protein Powder

Select varieties,
32-33.3 oz.



\$35.99 /EA.

Ancient Nutrition Greens, Collagen or Peptides

Select varieties
and sizes



**BUY ONE, GET ONE
50% OFF**
regular retail
of equal or lesser value

PRÉS Protein Coffee Cold Brew

Select varieties,
4 pk., 11 fl. oz.



**BUY ONE, GET ONE
50% OFF**
regular retail
of equal or lesser value

Slate Protein Shake or Iced Coffee

Select varieties,
11 fl. oz.



**BUY ONE, GET ONE
FREE**
of equal or lesser value
+CRV in CA

Waay Sparkling Protein Drink

Select varieties, 12 fl. oz.



**BUY ONE, GET ONE
50% OFF**
regular retail
of equal or lesser value
+CRV in CA

Mighties Organic
Kiwifruit 1lb. Clamshell



BUY ONE. GET ONE
50% OFF
regular retail
of equal or lesser value

Cotton Candy
Grapes



\$3.98 /LB.

Organic
Cosmic Crisp or
Honeycrisp Apples
3lb. Bag



BUY ONE. GET ONE
50% OFF
regular retail
of equal or lesser value

Extra Sweet
Nectarines
2lb. Pkg.



\$5.98 /EA.

Organic
Blackberries 5.6oz.
or Raspberries 6oz.



2 FOR \$8

Sumo Citrus



\$3.88 /LB.

Crown Jewel Organic
Persian Cucumbers
1lb. Bag or Wholesum
Organic Brites or
Poppies Snacking
Cherry Tomatoes 12oz.



BUY ONE. GET ONE
50% OFF
regular retail
of equal or lesser value

Melissa's Baby Potatoes
1.5lb. Bag



BUY ONE. GET ONE
50% OFF
regular retail
of equal or lesser value

Taylor Farms
Chopped Salad Kits
Select varieties,
11-13.2 oz.



2 FOR \$7

Mother Earth Organic Sliced or Whole White Mushrooms 8oz.
or Crown Jewel Organic Mixed Squash 2lb. Bag



BUY ONE. GET ONE
50% OFF
regular retail
of equal or lesser value

FRESH FLOWERS

FOR YOUR FAVORITE HUMANS

SHOP BLOOMS



DELUXE HOLIDAY
BOUQUET

\$24.99/EA.
Everyday low price



VELVET VALENTINE
BOUQUET

\$34.99/EA.
Everyday low price



ETERNAL ELEGANCE
ROSE BOUQUET

\$29.99/EA.
Everyday low price



COCKTAILS & KISSES
BOUQUET

\$15.99/EA.
Everyday low price

Seasonal Bakery Macarons, Cookies or Pastries

Select brands and varieties,
3.17-13.4 oz.



**BUY ONE. GET ONE
50% OFF**
regular retail
of equal or lesser value

Hand Dipped Dark Chocolate Covered Strawberries

6 pk.



\$7.99/EA.
Everyday low price

Lucky Spoon or Rubicon Cupcakes or Cake

Select varieties,
8-17.5 oz.



**BUY ONE. GET ONE
50% OFF**
regular retail
of equal or lesser value



33G OF PROTEIN
& GLUTEN-FREE

BETTER BITES

FOR BUSY MOMENTS

GRAIN-FREE
GRANOLA

ORDER NOW

British Organic Dairy Co. Cheddar Cheese

Select varieties,
7 oz.



\$5.99/EA.

Sprouts Overnight Oats or Breakfast Parfaits

Select varieties,
7.5 or 8.5 oz.



2 FOR \$8

Delizza Patisserie Frozen Mini Eclairs or Mini Cream Puffs

7.58 or 7.76 oz.



**BUY ONE. GET ONE
50% OFF**
regular retail
of equal or lesser value

Babybel Mini Semisoft Cheeses

Select varieties, 12 pk.



**BUY ONE. GET ONE
50% OFF**
regular retail
of equal or lesser value

True Story Organic Deli Meats

Oven Roasted Turkey
or Chicken Breast,
6 oz.



\$9.49/EA.

Laoban Frozen Crab Rangoon or Bao Buns

Select varieties,
8 or 10 oz.



\$6.99/EA.

FORAGER FINDS

SEED OIL FREE CHIPS!

BOLD FLAVORS WITH INGREDIENTS YOU CAN FEEL GOOD ABOUT



SNACKS TAKEOVER



MADE WITH
AVOCADO OIL
GLUTEN-FREE



MADE WITH REAL
BEEF TALLOW



Rao's Homemade Pasta Sauce, Soup or Pasta

Select varieties, 12.3-24 oz.



BUY ONE. GET ONE
50% OFF
regular retail
of equal or lesser value

Muir Glen Organic Canned Tomatoes or Chili Starter

Select varieties, 28 oz.



\$3.99/EA.

Safe Catch Tuna or Salmon

Select varieties, 5 oz.



BUY ONE. GET ONE
50% OFF
regular retail
of equal or lesser value

Sprouts Organic Canned Beans

Select varieties, 15.5 oz.



3 FOR \$5
Everyday low price

Numi Organic Boxed Tea or Local Hive Honey

Select varieties, 16-18 ct. or 12-32 oz.



BUY ONE. GET ONE
50% OFF
regular retail
of equal or lesser value

Stellar Snacks Pretzel Braid

Select varieties, 12-16 oz.



20% OFF
regular retail

Magic Chocolate Bars

Select varieties, 2.93-3 oz.



BUY ONE. GET ONE
FREE
of equal or lesser value

Chocolove Bars or Bites or Justin's Candy or Cups

Select varieties, 1.4-4.7 oz.



BUY ONE. GET ONE
50% OFF
regular retail
of equal or lesser value

Dark or Milk Chocolate
Peanut Clusters

NUT-RITIOUS SWEET TREATS!

\$12.99 /LB.

STOCK SMART

GO BIG ON BULK

Shop everything you love in quantities you need.

**Sprouts Bulk Packaged
Chocolate Covered Snacks**
Select varieties, 10-14 oz.



\$9.99 /EA.

**Sprouts Organic
Pumpkin Seed Kernels**
Raw or Roasted Salted,
12 oz.



\$9.99 /EA.

**Organic
Bulk Dried Fruit**
Select varieties



25% OFF
regular retail

**Sprouts
Organic Bulk Gummies**
Select varieties



\$15.99 /LB.

Sprouts Freeze Dried Fruits
Select varieties, 1.05-1.94 oz.



**BUY ONE. GET ONE
50% OFF**
regular retail
of equal or lesser value

KAL
All Items



25% OFF
regular retail

Trace Minerals
All Items



20% OFF
regular retail

PURE & HONEST BODY CARE

Shop better-for-you
body care essentials

Irwin Naturals
Men's or Women's
Health Support
Select varieties, 60-180 softgels



20% OFF
regular retail

Apothékary Inc.
All Items



25% OFF
regular retail

Clean Age
All Items



**BUY ONE. GET ONE
50% OFF**
regular retail
of equal or lesser value

Alice Mushrooms
All Items



25% OFF
regular retail

OM Mushrooms
Top Selling Powder
Select varieties,
0.28-8.47 oz.



25% OFF
regular retail

I'm From or Trilogy
Facial Care
Select varieties
and sizes



**BUY ONE. GET ONE
50% OFF**
regular retail
of equal or lesser value

Prices valid February 11-17, 2026

AT ANY OF OUR OKLAHOMA LOCATIONS

WE RESERVE THE RIGHT TO LIMIT QUANTITIES.
OFFERS NOT AVAILABLE TO WHOLESALERS. NO CASE DISCOUNTS.

These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure or prevent disease. Some items may be subject to local, county or state sales tax, and (in Fort Collins and Aurora, CO) to a Public Improvement Fee (PIF). We are not responsible for any typographical errors.

Heritage Store
Castor Oil
Select varieties,
8-32 fl. oz.



**BUY ONE. GET ONE
50% OFF**
regular retail
of equal or lesser value

UPGRADE YOUR HEALTHY SNACK STASH WITH **SPROUTS BRAND**

Say hello to protein-packed & seed oil-free bites that remind you why snack time is the best time!

SHOP NOW

NEW

Better-For-You **CRAVING
CRUSHERS**



**SEED-OIL FREE
SNACKS**



**PROTEIN-PACKED
PICKS**

SEE YOU NEXT WEEK!