

Over 25 Years Locally Owned & Operated

PRICES EFFECTIVE: February 20th - 26th, 2026

| | | | | | | |
|-----------|-----------|-----------|-----------|------------|-----------|-------------|
| FRI 20 | SAT 21 | SUN 22 | MON 23 | TUES 24 | WED 25 | THURS 26 |
|-----------|-----------|-----------|-----------|------------|-----------|-------------|

See store for hours

Fresh Chicken Drumsticks Family Pack

99¢
lb.

Great Baked, Fried Or Grilled!
Grade A

Shoulder Roast Or London Broil
Certified Angus Beef Boneless

\$6⁹⁹
lb.

Fresh 85% Lean Ground Beef Family Pack

\$6⁴⁹
lb.



Fresh Coho Salmon Fillets
Farm Raised

\$7⁹⁹
lb.

LOW PRICES on Winter Favorites

StarKist Solid White Albacore Tuna
In Oil • Water Or Low Sodium In Water
5 Oz Can



4/\$5

Coca-Cola 2 Liter
Selected Varieties
67.6 Fl Oz Btl



2/\$4

Lay's Potato Chips
Or Poppables • Selected Varieties • 5 To 9.625 Oz
Or Kettle Cooked Chips
Selected Varieties
7.75 To 8 Oz Pkg



\$2⁹⁹

Plus Deposit On Beverages Where Required

Rao's Homemade Pasta Sauce
Or Alfredo Sauce
Selected Varieties
15 To 24 Oz Jar



\$7⁹⁹

Campbell's Chunky Soup
Selected Varieties
18.6 To 19 Oz Can



2/\$5

Polar Seltzer Or Soda 12 Pack
Selected Varieties
12 Fl Oz Cans
144 Fl Oz Pkg



2/\$9

Poland Spring Spring Water 24 Pack
16.9 Fl Oz Btls
405.6 Fl Oz Pkg



2/\$9

Green Mountain Coffee Or Iced Coffee K-Cups
Lavazza • Newman's Own • Donut Shop
McCafe • Cinnabon Classic Or Swiss Miss
Hot Cocoa • Selected Varieties
10 Ct • 3.1 To 6.8 Oz Box



\$7⁹⁹

Imported Asparagus
All Green
Dinnertime Favorite



\$2⁹⁹
lb.

Little Leaf Farms Red & Green Leaf Lettuce
Green Leaf • Sweet & Crispy • Butter Lettuce
Spring Or Romaine • Locally Grown • 4 Oz Cntr



\$3⁴⁹
ea.

Seedless Clementines 2 Lb Bag
Sweet & Delicious



\$3⁹⁹
ea.

Turkey Hill Drinks
Selected Varieties
64 Fl Oz Btl



2/\$4

Birds Eye Steamfresh Vegetables
Or Rice • Selected Varieties • 10 To 10.8 Oz Bag



2/\$3

Chobani Greek Yogurt 4 Pack
Original • Fruit On The Bottom Flip • Less Sugar • Protein Or Zero Sugar • Selected Varieties
18 To 26.8 Oz Pkg



2/\$9

Stouffer's Entrees
Selected Varieties
8.375 To 12.87 Oz Box



2/\$7

Dietz & Watson Gourmet Lite Turkey Breast
Or Maple & Honey Turkey
Sliced To Order

\$12⁹⁹
lb.



New York Style Crumb Cake
Wild Blueberry
Or Cinnamon
20 Oz Box

\$5⁹⁹
ea.



Dietz & Watson Uncured Ham
Cherrywood Smoked
White American Cheese... \$6.99 lb
Deli Sliced

\$10⁹⁹
lb.



Fresh Baked Italian Or French Bread
Large 16 Oz Loaf

2/\$5



PREMIUM BUTCHER
Finest Selection



\$3⁹⁹
lb.



Perdue Boneless Chicken Breast
Fresh Grade A



Porterhouse Or T-Bone Steak
USDA • Fresh • Bone-In

\$12⁹⁹
lb.



Baby Back Pork Ribs
Whole Rack
Previously Frozen



\$3⁹⁹
lb.

Springer Mountain Farms Split Chicken Breast

No Hormones
No Antibiotics



\$2⁹⁹
lb.



Perdue Chicken Cutlets
Or Nuggets • Selected Varieties • Popcorn Chicken Or Strips • 12 Oz Pkg
2/\$6

Springer Mountain Farms Boneless Chicken Thighs Family Pack

No Hormones
No Antibiotics



\$3⁴⁹
lb.



Springer Mountain Farms Boneless Chicken Tenders

No Hormones
No Antibiotics



\$4⁹⁹
lb.



Premio Italian Sausage Patties Or Links

Hot Or Sweet
16 Oz Pkg



\$4⁹⁹
ea.

Tyson Boneless Chicken Nuggets

Popcorn Chicken Or Patties • Selected Varieties Or Tenders
23 To 29 Oz Bag



\$7⁹⁹
ea.

Smithfield Hickory Smoked Sliced Bacon

Original Or Hot Honey
12 Oz Pkg



\$6⁹⁹
ea.

Jones Golden Brown Sausage

Selected Varieties
16 To 20 Oz Bag



\$7⁹⁹
ea.

SEAFOOD

Wild Caught Flounder Fillets

Previously Frozen



\$6⁹⁹
lb.

Food Club Clam Strips Or Crunchy Fish Sticks

Crunchy Breaded Fish
Jumbo Butterfly Shrimp
Or Popcorn Shrimp
Frozen • 5 To 12 Oz Pkg



\$3⁹⁹
ea.

Oyster Bay Jumbo Cooked Shrimp 2 Lb Bag

Farm Raised • Peeled & Deveined • Tail On
16 To 20 Ct
Frozen



\$19⁹⁹
ea.

Kelchner's Cocktail Sauce • Tartar Sauce Or Horseradish

6.5 To 9.5 Oz Jar



2/\$6

DELICATESSEN

Store Baked Roast Beef

Deli Fresh
Deli Sliced



\$14⁹⁹
lb.

Premium Italian Charcuterie

Selected Varieties
3 Oz Pkg

Mortadella • 4 Oz... \$4.99 ea.
Salami Trio • 6 Oz Pkg
... \$10.99 ea.



\$5⁹⁹
ea.

McCadam Muenster Cheese

Deli Sliced



\$4⁹⁹
lb.

Yancey's Fancy Cheese

Selected Varieties
7.6 Oz Pkg



\$6⁴⁹
ea.

OUR KITCHEN

Store Made Meals

Assorted Varieties
14 Oz Cntr
Fully Cooked
Heat & Eat



When You Buy 3
3/\$25

SAVE \$2 Store Made Green Salad

\$2 Savings Off
Regular Retail
On Any 9 To
10 Oz Cntr
Selected Varieties



Sabra Hummus

Selected Varieties
17 Oz Cntr



\$5⁴⁹
ea.

Sartori BellaVitano Cheese Wedge

Selected Varieties • Sarvecchio Parmesan
Rosemary Asiago Or Garlic & Herb
5.3 Oz Or Grated • Shaved Or
Shredded Parmesan
7 Oz Pkg



\$5⁹⁹
ea.

Bel Gioioso Fresh Mozzarella

Whole • Ciliegine Or Pearls
Pre-Sliced Mozzarella Or
Scamorzarella • Logs Or
Smoked Mozzarella
Balls • 8 Oz Pkg



\$3⁹⁹
ea.



Francesco Rinaldi Pasta Sauce
Or Alfredo Sauce • Selected Varieties • 15 To 24 Oz Jar

2/\$4



Coca-Cola 6 Pack
Selected Varieties
16.9 Fl Oz Btls
101.4 Fl Oz Pkg

2/\$9



Knorr Rice Or Pasta Sides
Selected Varieties
4 To 5.7 Oz Pkg

2/\$3

KITCHEN PANTRY

Everyday Basics



Plus Deposit On Beverages Where Required

Rao's Homemade Pasta
Selected Varieties
16 Oz Pkg

2/\$7



Bertolli Pasta Sauce
Or Alfredo
Selected Varieties
15 To 24 Oz Jar

2/\$7



Progresso Reduced Sodium Or Light Soup
Selected Varieties
18.5 To 19 Oz Can

2/\$5



IGA Or Food Club Whole Grain Rolled Oats
Old Fashioned Or Quick Cooking • 42 Oz Cnstr

\$4.99



Quaker Instant Oatmeal
Selected Varieties
8.2 To 14.1 Oz Box

2/\$6



Pennsylvania Dutch Egg Noodles
Selected Varieties
12 Oz Bag

2/\$5



IGA Or Food Club Parmesan Grated Cheese
Or Parmesan & Romano
8 Oz Cntr

2/\$7



Kraft Mac & Cheese Microwave Cups 4 Pack
Or Velveeta Or
2 Big Cups
Selected Varieties
7.6 To 10 Oz Pkg

\$5.99



Juicy Juice 100% Fruit Juice
Selected Varieties
64 Fl Oz Btl
Or 8 Pack
54 Fl Oz Pkg

\$3.99



Nature Valley Granola Bars
Selected Varieties
4.6 To 8.94 Oz Box

2/\$7



Pepsi 12 Pack
Selected Varieties
12 Fl Oz Cans
144 Fl Oz Pkg

\$7.99



Coca-Cola 24 Pack
Selected Varieties
12 Fl Oz Cans
288 Fl Oz Pkg

\$12.99



Utz Party Size Potato Chips
Selected Varieties
12.5 To 13 Oz Pkg

\$3.99



Unique Pretzels
Selected Varieties
10 To 11 Oz Or
Puffzels • 4.8 Oz Pkg
Where Available

2/\$6



Nabisco Belvita Breakfast Biscuits
Selected Varieties • 8.8 Oz
Or Fruit Bakes • Blueberry
Or Strawberry
7.05 Oz Box

\$4.49



Schweppes Seltzer 12 Pack
Selected Varieties
12 Fl Oz Cans
144 Fl Oz Pkg

2/\$10



7Up • A&W Or Sunkist 12 Pack
Selected Varieties
12 Fl Oz Cans
144 Fl Oz Pkg

2/\$12



Late July Tortilla Chips
Selected Varieties
7.5 To 10.1 Oz Pkg

\$4.99



Frito Lay Snacks Party Size
Selected Varieties
8.25 To 18 Oz Pkg

\$5.99



Nabisco Oreo Cookies
Selected Varieties
9.21 To 14.03 Oz Pkg

\$4.49



Scott 15 Double Rolls Paper Towels
Choose-A-Sheet
1620 Ct Pkg

\$14.99



Scott 1000 20 Rolls Bath Tissue
1-Ply • 20,000 Ct Pkg
Or Comfort Plus
24 Mega Rolls
7440 Ct Pkg

\$16.99



Crav'n Fudge Cookies
Selected Varieties
8.5 To 12.5 Oz Pkg

\$2.99



Pepperidge Farm Milano Cookies
Selected Varieties
5 To 7.5 Oz Pkg

\$4.99



Cheez-It Baked Snack Crackers
Snap'd Or Puff'd
Selected Varieties
5.75 To 12.4 Oz Box

2/\$8



DAIRY BAR

FROZEN

Tropicana Pure Premium Orange Juice
Selected Varieties Or Ruby Red Grapefruit
46 Fl Oz Btl

\$4.99



Plugra European Style Butter
Selected Varieties
8 Oz Pkg

\$3.49



Hood Ice Cream Sandwiches
Selected Varieties Or Hoodsie
Cups • 24 To 37.5 Fl Oz Pkg

\$3.99



Rao's Made For Home Brick Oven Crust Pizza
Selected Varieties
18.3 To 21.6 Oz Box

\$7.99



Daisy Cottage Cheese
2% Or 4% Small Curd
16 Oz Cntr

\$3.29



Puglisi Egg Farms Organic Eggs
Large • Brown
12 Ct Crtn

\$4.49



Banquet Classic Meals
Selected Varieties
7.4 To 11.88 Oz Pkg

2/\$5



Celentano Cheese Ravioli
Round Or Mini Rounds
Cavatelli Or Cheese
Tortellini • 12 Oz Bag

2/\$6



FRESH PRODUCE

Local & Fresh



Premium Quality



2/\$5

Whole Or Sliced White Mushrooms
High In Potassium
All Natural • 8 Oz Pkg

Red Or White Seedless Grapes
The Natural Snack
Sweet & Delicious

\$2.99 lb.



2/\$3

Yellow Onions
High In Fiber
2 Lb Bag

Premium Idaho Potatoes 5 Lb Bag
US #1 • High In Fiber
Low In Calories



\$3.49 ea.

Ripe Avocados
Ready To Eat
High In Fiber

2/\$3



Large Lemons
High In Vitamin C

69¢ ea.



Fresh Kiwi
Loaded With Vitamins
And Minerals

3/\$2



Anjou • Red Or Bosc Pears
Ripe & Ready To Be Eaten

\$1.99 lb.



Navel Oranges
High In Vitamin C
Or Cara Cara Navel Oranges
Pink Flesh

99¢ ea.



Plum Tomatoes
Sweet & Ripe
\$1.99 lb.

Imported Plums
Healthy Snack

\$2.49 lb.



Red Onions
Great In Salads
Or On Burgers

99¢ lb.



FRESH FLORAL



10 Stem Pencil Daffodils
Spring Is On Its Way
Brighten up A Room

3/\$10



Half Dozen Roses
Assorted Colors
Of Ecuadorian Roses

\$6.99 ea.

BAKERY SHOPPE

Fresh Baked Club Rolls
6 Pack

\$1.99 ea.



Fresh Baked Corn Muffins
4 Pack
Homestyle

\$5.99 ea.



David's Decadent Gourmet Cookies
2 Pack
Selected Varieties

2/\$7



Chabaso Demi Ciabatta Loaf
8 Oz Pkg

\$1.99 ea.



Entenmann's Little Bites
Selected Varieties
Excludes Cookies
8.25 To 9 Oz Pkg

\$2.99



Thomas' English Muffins
Selected Varieties • 6 Ct Or
King Size 4 Ct • 12 To 13 Oz Pkg

\$3.99



BEER

Budweiser Or Bud Light
30 Pack
12 Fl Oz Cans
360 Fl Oz Pkg

\$29.99



Plus Deposit On Beverages Where Required

Samuel Adams Or Harpoon
12 Pack
Selected Varieties
12 Fl Oz Btls Or Cans
144 Fl Oz Pkg

\$16.99



IGA Hot Dog Or Hamburger Buns
Selected Varieties
8 Ct • 11 Oz Pkg

\$1.79

Pepperidge Farm Farmhouse Bread
22 To 24 Oz Pkg

\$3.99

Proudly supports The Hometown Foundation, Inc.

We now deliver with DOORDASH Uber Eats We are available on instacart

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CANTERBURY

4 No. Canterbury Rd • Rte. 169
(860) 546-9436

LISBON

99 River Road
(860) 376-4424

WEST WARWICK

25 Providence Street
(401) 828-2999