

food Basics

CANADIAN AND PROUD

ALWAYS MORE FOR LESS

CRAZY 8 SALE

FAMILY SIZE

Irresistible



BEEF LASAGNA • LASAGNE AU BŒUF

A generous lasagna, made with a hearty beef sauce and a delicious blend of three cheeses.

Easy and comforting. Facile et réconfortant.

IRRESISTIBLE LASAGNA ENTRÉES

1.13 KG FROZEN SELECTED VARIETIES

8 CRAZY 6⁸⁸ EACH



FRESH BONE-IN PORK COMBINATION CHOPS
INCLUDES CENTRE CUT CHOPS
5.03/KG

8 CRAZY 2²⁸ /LB



FEBRUARY 20TH NATIONAL MUFFIN DAY

IRRESISTIBLE MUFFINS
600 G SELECTED VARIETIES

8 CRAZY 4⁹⁸ EACH



RACHEL'S EXTRA LEAN GROUND CHICKEN
450 G SELECTED VARIETIES WHILE QUANTITIES LAST

8 CRAZY 3³⁸ EACH



CAVENDISH FARMS' FRENCH FRIES

400 • 750 G
PILLSBURY PIZZA POPS
380 G
TOASTER STRUDEL
320 G FROZEN SELECTED VARIETIES

8 CRAZY 2⁸⁸ EACH



NAVEL SEEDLESS ORANGES
PRODUCT OF U.S.A.
1.72/KG

8 CRAZY 78¢ /LB



CLASSICO PASTA SAUCE
210 • 400 mL SELECTED VARIETIES

8 CRAZY 2⁹⁸ EACH



APPLES
PRODUCT OF ONTARIO
CANADA FANCY GRADE
3 LB BAGS
AVOCADOS
PRODUCT OF MEXICO OR PERU
5 OR 6 PACK

8 CRAZY 2⁸⁸ EACH



BOOST NUTRITIONAL SUPPLEMENT
6 X 237 mL SELECTED VARIETIES

8 CRAZY 10⁸⁸ EACH



YELLOW ONIONS
PRODUCT OF ONTARIO
CANADA NO. 1 GRADE
10 LB

8 CRAZY 2⁸⁸ EACH

GET READY TO SAVE! GREAT PRICES START ON THURSDAY, FEBRUARY 19TH TO WEDNESDAY, FEBRUARY 25TH, 2026

To view local store flyer, visit foodbasics.ca, where you can create an account (or sign into your account) and select your preferred location.

food Basics

CANADIAN AND PROUD

CRAZY

Selection

UNSALTED NON SALE
BUTTER • BEURRE

454 g

8 CRAZY 4.88 EACH

SELECTION BUTTER
454 g
SELECTED VARIETIES

Selection

OLD CHEDDAR FORT

400 g

SELECTION CHEESE
400 g
SHREDS
SELECTED VARIETIES

8 CRAZY 4.88 EACH

Tostitos
ROUNDS • RONDES

Doritos
FORNAL NACHO

8 CRAZY 2.88 EACH

DORITOS OR TOSTITOS
TORTILLA CHIPS
210 - 285 g
SELECTED VARIETIES

10 KG

Robin Hood
ALL PURPOSE FLOUR
ORIGINAL

FIVE ROSES
ALL PURPOSE FLOUR

8 CRAZY 11.98 EACH

FIVE ROSES OR ROBIN HOOD FLOUR
10 KG
SELECTED VARIETIES

GET READY TO SAVE! GREAT PRICES START ON

To view local store flyer, visit foodbasics.ca, where

BABY CARE FOR LESS



PERSONNELLE ORGANIC BABY PURÉE
128 ML
SELECTED VARIETIES

THIS WEEK ONLY

99¢ EACH

PERSONNELLE ORGANIC BABY PURÉE
128 ML
SELECTED VARIETIES

PERSONNELLE BABY WIPES
192'S
SELECTED VARIETIES

ALWAYS GREAT PRICE

4.99 EACH

NESTLÉ NIDO TODDLER NUTRITIONAL SUPPLEMENT
850 g
SELECTED VARIETIES

LOCKED DOWN

26.49 EACH

125 points = \$1

HUGGIES PULL-UPS, GOODNITES TRAINING UNDERWEAR
44 - 66'S
SELECTED VARIETIES

THIS WEEK ONLY

26.99 EACH

125 points = \$1

PAMPERS SWADDLERS DIAPERS
124 - 174'S
SELECTED VARIETIES

THIS WEEK ONLY

36.99 EACH

250 points = \$2

CRAZY 8 SALE



LACTANTIA CREAM
473 ML - 1 L
SELECTED VARIETIES

CRAZY 8
348
EACH



SCHNEIDERS LUNCH MATE OR
GREENFIELD KITS OR ADULT KITS
74 - 120 G SELECTED VARIETIES



CRAZY 8
288
EACH



BECEL MARGARINE
850 G
SELECTED VARIETIES

CRAZY 8
698
EACH



SIMPLY ORANGE
JUICE
2.25 L
SELECTED VARIETIES

CRAZY 8
748
EACH



SIMPLY OR
MINUTE MAID
LEMONADE
1.54 L
SELECTED VARIETIES

CRAZY 8
388
EACH



CHAPMAN'S
FROZEN YOGURT
2 L
NO SUGAR ADDED
1 L
SELECTED VARIETIES

CRAZY 8
488
EACH



ACTIVIA YOGURT
600 G
DANONE DANINO DRINKABLE YOGURT
41.93 ML
BABYBEL CHEESE
120 G
SELECTED VARIETIES

CRAZY 8
348
EACH



HEALTHY
CHOICE
MEALS
259 - 296 G
FROZEN
SELECTED VARIETIES

CRAZY 8
388
EACH



COCA-COLA, CANADA DRY GINGER ALE
OR PEPSI SOFT DRINKS 12 X 355 ML SELECTED VARIETIES

CRAZY 8
798
EACH



RUFFLES
POTATO CHIPS
OR CHEETOS
180 - 285 G
SELECTED VARIETIES

CRAZY 8
2/688



CASHMERE BATHROOM TISSUE 12 - 24
SPONGE TOWELS, ULTRA PAPER TOWELS 5 - 65
SCOTTIES FACIAL TISSUE 65
SELECTED VARIETIES

CRAZY 8
698
EACH



TIDE LAUNDRY DETERGENT
1.8 L - 100 LOADS
PODS 45 - 76'S
CASCADE
DISHWASHER TABS
51 - 112'S
SELECTED VARIETIES

CRAZY 8
2198
EACH

BUY ANY
2 BOXES OF
KELLOGG'S
FAMILY
SIZE
CEREAL



THIS WEEK ONLY
548
EACH



KELLOGG'S FAMILY SIZE CEREAL
480 - 650 G SELECTED VARIETIES



GET 1
FREE
BEATRICE OR
SEALTEST MILK
1% 2% OR 3.25%
4 L
SELECTED VARIETIES
**SAVE \$6
OVER**

*IN STOCK POLICY: Food Basics® offers an in-stock guarantee for all items in its current flyer. If we are temporarily out-of-stock on an advertised item in our current flyer, a Rain Check will be issued with 10% off the advertised price of the item redeemable within 30 days from the date of issue. Rain Checks are not issued if the ad in the flyer states, "While Quantities Last", "Special Buy" or "No Rain Checks", or on in-store cooked BBQ Chicken and Hot Pizza, Beer, Cider and Wine, Independent Third Party Vendors, "Our Seafood Market" and "Our Butcher Shop by Nossio Talho". Please see the Customer Service desk at your Food Basics for full details. For retail sale only. If there is a limit stated in the ad, Rain Checks up to the stated limit may be issued. If there is no limit stated in the ad, we reserve the right to limit quantities to reasonable requirements. Limit: One Rain Check per household per item per day.

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contest
until March 11th

my brands & moi



participate by purchasing two
products from these brands

Selection

Irresistible

Personnelle

5
prizes

1,000,000 points
value of \$8,000 each

30
prizes

500,000 points
value of \$4,000 each

metro

**food
Basics**

*No purchase required. To participate, you must be a member of the Moi program. From February 12 to March 11, 2026. Prizes: There are thirty-five (35) lots to be won (total value of all prizes is \$160,000CAD). Prize conditions and contest rules are available at moirewards.ca. Moi Rewards is a trademark of Metro Inc.

i earn with moi rewards

moi
rewards

i redeem and
save on what
i buy most often

redeem
500
points

=

\$4
in rewards



join today and save

Limit of one Moi Rewards bonus offer per account per day. Certain conditions apply. see moirewards.ca for conditions. Moi Rewards is a trademark of Metro Inc.



ATTITUDE
SALAD MIX
142 G
SELECTED VARIETIES

THIS WEEK ONLY
377
EACH

20
points



LEGACY MARINATED
BONELESS PORK LOIN
OR PULLED PORK
800 - 900 G SELECTED VARIETIES

THIS WEEK ONLY
10⁹⁹
EACH

55
points



CLOVER LEAF DELECTABLES
227 G SELECTED VARIETIES



THIS WEEK ONLY
349
EACH

20
points



YOPLAIT TUBES OR
MINIGO YOGURT
6 - 8'S
SELECTED VARIETIES

LOCKED DOWN
299
EACH

15
points



BURNBRAE
EGG CREATIONS!
500 G
SELECTED VARIETIES

LOCKED DOWN
449
EACH

25
points



HUNGRY-MAN MEALS
340 - 455 G FROZEN
SELECTED VARIETIES

LOCKED DOWN
599
EACH

30
points



NESCAFÉ ESPRESSO
CONCENTRATE
500 ML
SELECTED VARIETIES

LOCKED DOWN
799
EACH

40
points



EXCEL GUM
3'S
SELECTED VARIETIES

LOCKED DOWN
399
EACH

20
points



CADBURY FINGERS COOKIES
114 G
SELECTED VARIETIES

LOCKED DOWN
349
EACH

20
points



MAISON PERRIER OR
SAN PELLEGRINO
SPARKLING WATER
1 L SELECTED VARIETIES

LOCKED DOWN
199
EACH

10
points



COTTONELLE FLUSHABLE WIPES
25
SELECTED VARIETIES

LOCKED DOWN
749
EACH

40
points



SNACK PACK
PUDDING OR GELS
4'S
SELECTED VARIETIES

LOCKED DOWN
229
EACH

10
points



TIM HORTONS
COFFEE OR TEA
CAPSULES
12'S SELECTED VARIETIES

LOCKED DOWN
1299
EACH

55
points

PROUDLY SUPPORTING OUR CANADIANS



GREEN CABBAGE
PRODUCT OF ONTARIO
1.94/KG

88¢
/LB

5 LB



GOURMET MINI WHITE
OR YELLOW POTATOES
PRODUCT OF CANADA, NO. 1 GRADE, 5 LB

2.99
EACH



MAPLE LODGE OR ZABIHA HALAL
CHICKEN WIENERS
450 G SELECTED VARIETIES



2/\$5



SUMMER FRESH SALADS
750 - 900 G
SELECTED VARIETIES



7.99
EACH



IRRESISTIBLE MUFFINS
600 G SELECTED VARIETIES

4.98
EACH



SELECTION CROISSANTS OR DONUTS
500 - 510 G SELECTED VARIETIES

4.49
EACH



SELECTION CHEESE
400 G
SHREDS
329 G
SELECTED VARIETIES

4.88
EACH



DORITOS OR
TOSTITOS
TORTILLA CHIPS
210 - 295 G
SELECTED VARIETIES

2.88
EACH



SELECTION BUTTER
454 G
SELECTED VARIETIES

4.88
EACH



COCA-COLA, CANADA DRY
GINGER ALE OR PEPSI SOFT DRINKS
12 X 355 ML SELECTED VARIETIES

7.98
EACH



FIVE ROSES OR
ROBIN HOOD FLOUR
10 KG
SELECTED VARIETIES

11.98
EACH



CHAPMAN'S
FROZEN YOGURT
2 L
NO SUGAR ADDED
1 L
SELECTED VARIETIES

4.88
EACH



LACTANTIA
CREAM
473 ML - 1 L
SELECTED VARIETIES

3.48
EACH



CASHMERE BATHROOM TISSUE 12 - 24'S
SPONGE TOWELS ULTRA 12 - 24'S
PAPER TOWELS 3 - 6'S
SCOTTIES FACIAL TISSUE 6'S
SELECTED VARIETIES

6.98
EACH

*We are currently working on updating the origin of all our products. This information comes from certification agencies, product suppliers, and other Metro partners. We cannot be held liable for any information that may prove to be inaccurate.

PRODUCE



THIS WEEK ONLY
2⁹⁹
EACH



BLACKBERRIES
PRODUCT OF MEXICO, NO. 1 GRADE
170 G
TROPICAL GOLD PINEAPPLE
PRODUCT OF COSTA RICA

THIS WEEK ONLY
3⁴⁹
EACH



WHOLE WHITE OR CREMINI MUSHROOMS
PRODUCT OF ONTARIO
454 G

THIS WEEK ONLY
3⁹⁹
EACH



CLEMENTINES
PRODUCT OF MOROCCO
2 LB
KIWI BASKET
PRODUCT OF GREECE
600 G

THIS WEEK ONLY
4⁸⁸
EACH



GREEN OR RED SEEDLESS GRAPES
PRODUCT OF SOUTH AFRICA AND/OR PERU, NO. 1 GRADE
8.77/KG

THIS WEEK ONLY
3⁹⁸
/LB



ASPARAGUS
PRODUCT OF MEXICO OR PERU
NO. 1 GRADE
325 G

THIS WEEK ONLY
3⁹⁸
EACH



ATTITUDE SALAD MIX
142 G
SELECTED VARIETIES

THIS WEEK ONLY
3⁷⁷
EACH

20
points



SWEET ASSORTED PEPPERS
PRODUCT OF MEXICO OR HONDURAS
PKG OF 4
LEMONS
PRODUCT OF SOUTH AFRICA OR USA 2 LB

THIS WEEK ONLY
4⁸⁸
EACH



GREEN CABBAGE
PRODUCT OF ONTARIO
CANADA NO. 1 GRADE
1.94/KG

THIS WEEK ONLY
88¢
/LB



RASPBERRIES
PRODUCT OF U.S.A. OR MEXICO, NO. 1 GRADE 170 G

BLUEBERRIES
PRODUCT OF PERU, NO. 1 GRADE 170 G

THIS WEEK ONLY
3⁹⁸
EACH



BOSC OR ANJOU PEARS
PRODUCT OF U.S.A., EXTRA FANCY GRADE
5.49/KG

THIS WEEK ONLY
2⁴⁹
/LB



HEIRLOOM TOMATOES
PRODUCT OF ONTARIO,
CANADA NO. 1 GRADE
567 G
MINI SWEET PEPPERS
PRODUCT OF CANADA OR MEXICO 454 G

THIS WEEK ONLY
3⁹⁹
EACH



SANTA CLAUS OR CANARY MELON
PRODUCT OF BRAZIL
2.84/KG

THIS WEEK ONLY
1²⁹
/LB



SUGAR SNAP PEAS
227 G
SNOW PEAS
170 G

THIS WEEK ONLY
3⁹⁹
EACH



PEACHES, NECTARINES OR BLACK PLUMS
PRODUCT OF CHILE
NO. 1 GRADE
2 LB

THIS WEEK ONLY
5⁹⁹
EACH

FLORAL



10 STEM TULIPS
WHILE SUPPLIES LAST

THIS WEEK ONLY
8⁸⁸
EACH



SIGNATURE BOUQUET
WHILE SUPPLIES LAST

THIS WEEK ONLY
\$15
EACH



6" SPRING BULBS
WHILE SUPPLIES LAST

THIS WEEK ONLY
6⁹⁹
EACH



5" ORCHID
WHILE SUPPLIES LAST

THIS WEEK ONLY
12⁸⁸
EACH

MEAT




PRIME
RAISED WITHOUT antibiotics
ÉLEVÉ SANS antibiotiques
Air Chilled Chicken
Poulet refroidi à l'air

THIS WEEK ONLY

4.49 /LB

PRIME RAISED WITHOUT ANTIBIOTICS CHICKEN DRUMSTICKS FAMILY PACK AIR CHILLED 9.90/KG




FRESH FROM THE FARM OR ZABIHA HALAL BONELESS SKINLESS CHICKEN BREAST AIR CHILLED 17.61/KG

THIS WEEK ONLY

7.99 /LB

40 points



FRESH FARM
Local ONTARIO
Local en L'ONTARIO
CHICKEN • POULET




HALAL AT SAME PRICE

MEDIUM GROUND BEEF FAMILY PACK INCLUDES HALAL 15.41/KG

THIS WEEK ONLY

6.99 /LB




HALAL

NEW ZEALAND FRESH LEAN GROUND LAMB 454 G SELECTED VARIETIES

THIS WEEK ONLY

10.99 EACH

55 points




COHO SALMON FILLET PREVIOUSLY FROZEN 26.43/KG

THIS WEEK ONLY

11.99 /LB




HALAL AT SAME PRICE

FRESH BONELESS INSIDE BLADE ROAST OR FAMILY PACK STEAKS CUT FROM CANADA AA OR HIGHER GRADE OF BEEF 26.43/KG

THIS WEEK ONLY

11.99 /LB




MAPLE LODGE OR ZABIHA HALAL CHICKEN WENERS 408 G SELECTED VARIETIES

THIS WEEK ONLY

2/\$5




SCHNEIDERS JUICY JUMBOS OR SMOKED SAUSAGES 275 - 408 G SELECTED VARIETIES

THIS WEEK ONLY

7.99 EACH




SWISS CHALET OR MONTANA'S MEAT PIES 478 G FROZEN SELECTED VARIETIES

THIS WEEK ONLY

7.99 EACH




IMPOSSIBLE CHICKEN NUGGETS PÉPITES DE POULET 180 G FROZEN SELECTED VARIETIES

THIS WEEK ONLY

7.99 EACH

40 points




FONTAINE SANTÉ HUMMUS 227 - 340 G SELECTED VARIETIES

THIS WEEK ONLY

3.49 EACH




MASTRO OR SAN DANIELE SLICED DELI MEAT 190 - 235 G SELECTED VARIETIES

THIS WEEK ONLY

5.99 EACH




MARC ANGELO JUMBO PORK SAUSAGES 375 - 475 G FROZEN SELECTED VARIETIES

THIS WEEK ONLY

6.99 EACH




SCHNEIDERS OR PRIME RAISED WITHOUT ANTIBIOTICS FULLY COOKED BREADED CHICKEN 400 - 700 G FROZEN SELECTED VARIETIES

THIS WEEK ONLY

11.99 EACH




BALDERSON CHEDDAR 250 - 280 G SELECTED VARIETIES

THIS WEEK ONLY

6.99 EACH




SUMMER FRESH SALADS 750 - 900 G SELECTED VARIETIES

THIS WEEK ONLY

7.99 EACH




MAPLE LEAF NATURAL SELECTIONS SLICED DELI MEAT 375 - 400 G SELECTED VARIETIES

THIS WEEK ONLY

10.99 EACH




O'SOLE MIO MEAL KITS 908 G SELECTED VARIETIES

THIS WEEK ONLY

12.99 EACH




CLOVER LEAF DELECTABLES 227 G SELECTED VARIETIES

THIS WEEK ONLY

3.49 EACH

20 points




MARINA DEL REY WILD CAUGHT ARGENTINIAN SHRIMP 20 - 34 CT. 300 G FROZEN SELECTED VARIETIES

THIS WEEK ONLY

7.99 EACH




OCEAN SELECT ATLANTIC WILD OCEAN PERCH 790 G FROZEN SELECTED VARIETIES

THIS WEEK ONLY

11.99 EACH




HIGH LINER PAN-SEAR FISH FILLETS OR SIGNATURE CUTS BREADED & BATTERED FISH FILLETS OR CATCH OF THE DAY FISH FILLETS 425 G - 1.32 KG FROZEN SELECTED VARIETIES

THIS WEEK ONLY

12.99 EACH

BAKERY



SELECTION CROISSANTS OR DONUTS
500 - 510 G
SELECTED VARIETIES

THIS WEEK ONLY

4.49
EACH



BUTTER TARTS

GRANDMOTHER'S TARTS
480 G
WORTHY CRUMB SCONES
300 G
SELECTED VARIETIES

THIS WEEK ONLY

5.49
EACH

MIX & MATCH!*

2 \$6.50
FOR

OR

3 \$7.99
FOR

*MIX & MATCH ANY VILLAGGIO BREAD, DEMPSTER'S SIGNATURE BUNS, 7" TORTILLAS, WHOLE GRAIN BREAD, BAGELS, TIA ROSA TORTILLAS OR NATURAL BAKERY BREAD OR HOSTESS SNACK CAKES
SELECTED SIZES, SELECTED VARIETIES, OR PAY 3.49 EA.



TIA ROSA
Flour Tortillas

Dempster's
TORTILLAS
ORIGINAL
ORIGINALES

Dempster's
Signature
CLASSIC BUN

Villaggio
ITALIAN STYLE
CLASSICO
STYLE ITALIAN

Dempster's
BAGELS

Dempster's
100% WHOLE GRAINS
12 GRAIN
SOURCE OF VITAMIN D
46g
6g

MORE GREAT SAVINGS FOR LESS



LACTANTIA
ULTRAPUR MILK
1.5 L
SELECTED VARIETIES

LOCKED DOWN

5.49
EACH



MAXWELL HOUSE
HOUSE BLEND
MÉLANGE MAISON

NABOB
COFFEE CO.
ZERO WASTE
ZÉRO DÉCHET

MAXWELL HOUSE GROUND COFFEE
364 - 500 G
MAXWELL HOUSE OR NABOB
COFFEE CAPSULES
30'S
SELECTED VARIETIES

LOCKED DOWN

15.99
EACH



NESTLÉ
COFFEE-MATE
COFFEE
ENHANCER

Lipton
100% NATURAL
GREEN TEA
TEA BAGS
100'S
SELECTED VARIETIES

THIS WEEK ONLY

7.99
EACH

LOCKED DOWN

7.99
EACH



Crave
OR KRAFT
DINNER
MEAL
200 - 240 G
FROZEN
SELECTED VARIETIES

Tim Hortons
ORIGINAL BLEND
MÉLANGE ORIGINAL

Tim Hortons
DECAF
DÉCAFFÉINE

TIM HORTONS
GROUND COFFEE
300 G
SELECTED VARIETIES

LOCKED DOWN

3.99
EACH

LOCKED DOWN

11.49
EACH



Lindt
SWISS CLASSIC
MILK CHOCOLATE

Lindt
SWISS CLASSIC
Tiramisu
INDULGENCE

Campbell's
CHICKEN - POULET

Campbell's
BEEF - BŒUF

LINDT
SWISS CLASSIC
CHOCOLATE
100 G
SELECTED VARIETIES
OR 3.99 EA.

CAMPBELL'S
BROTH
250 - 300 ML
SELECTED VARIETIES

LOCKED DOWN

3.99
EACH

LOCKED DOWN

1.88
EACH



PRINGLES
POTATO CHIPS
148 - 154 G
SELECTED VARIETIES

PUREX, PERSIL
OR SUNLIGHT
LAUNDRY
DETERGENT
1.86 - 4.43 L - 48 - 110 LOADS
SELECTED VARIETIES

LOCKED DOWN

2.49
EACH

15
points

LOCKED DOWN

13.99
EACH

LOCKED DOWN



RESE'S
Peanut Butter • Beurre d'arachide
Cookie Dough • Pâte à biscuits
REAL RESE'S
VRAI RESE'S
24 COOKIES
DOUGH 454 • 496 G
SELECTED VARIETIES



LOCKED DOWN

3.99
EACH



NATURE VALLEY
GRANOLA BARS
130 • 230 G
FIBRE 1 BARS
125 G
SELECTED VARIETIES



LOCKED DOWN

2.99
EACH



ACTIVIA
SMOOTHIE OR
OIKOS
DRINKABLE YOGURT
190 ML
SELECTED VARIETIES

LOCKED DOWN

1.25
EACH



SMUCKER'S
JAM OR JELLY
500 ML
SELECTED VARIETIES

LOCKED DOWN

6.29
EACH



CORONA CERO
ALCOHOL-FREE
BEER
12 x 330 ML
SELECTED VARIETIES

LOCKED DOWN

2.24
EACH



LIPTON OR
KNORR SOUP
45
SELECTED VARIETIES

LOCKED DOWN

2.99
EACH



CLUB HOUSE
SPICES
15 • 120 G
SELECTED VARIETIES

LOCKED DOWN

5.99
EACH



DAINTY
JASMINE RICE
1.6 KG
SELECTED VARIETIES

LOCKED DOWN

7.99
EACH



PLANTERS
CASHEWS
200 G
SELECTED VARIETIES

LOCKED DOWN

5.49
EACH



SUN-MAID RAISINS
14 x 14 G, 375 G
SELECTED VARIETIES

LOCKED DOWN

4.49
EACH

25
points



SAN PELLEGRINO
SPARKLING DRINKS
6 x 330 ML
SELECTED VARIETIES

LOCKED DOWN

6.99
EACH



CLOVER LEAF
TUNA SALAD
120 • 100 G
SELECTED VARIETIES

LOCKED DOWN

3.99
EACH



GLADE
AIR FRESHENER
236 G
SELECTED VARIETIES

LOCKED DOWN

2.99
EACH



SCRUBBING
BUBBLES
BATHROOM
CLEANER
946 ML
SELECTED VARIETIES

LOCKED DOWN

4.99
EACH



LYSOL
DISINFECTING
WIPES
75
SELECTED VARIETIES

LOCKED DOWN

5.49
EACH

30
points



ZIPLOC
SEAL-TOP
BAGS
60 • 270'S
SELECTED VARIETIES

LOCKED DOWN

10.99
EACH

Find your possible.

Play Today



Must be 18+ years of age to play.
Ticket not exactly as shown.

Play.Smart

Get a \$15 Food Basics gift card
with the purchase of a \$100 Vanilla® Prepaid card
Offer valid February 19 - 25



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ALWAYS GREAT PRICE



SELECTION VEGETABLES
500 - 750 G
FROZEN
SELECTED VARIETIES

ALWAYS GREAT PRICE 

2⁹⁹
EACH



IRRESISTIBLE ICE CREAM
1.5 L
NOVELTIES
1 - 4'S
SELECTED VARIETIES

ALWAYS GREAT PRICE 

4⁸⁸
EACH



LIFE SMART MARGARINE
1.7 KG
SELECTED VARIETIES

ALWAYS GREAT PRICE 

9⁸⁸
EACH



SELECTION EVAPORATED MILK
354 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE 

1⁸⁸
EACH



IRRESISTIBLES SNACKS
142 G
SELECTED VARIETIES

ALWAYS GREAT PRICE 

2⁴⁹
EACH



LIFE SMART NATURALIA TORTILLA CHIPS
350 G
SELECTION SALSA
430 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE 

2⁹⁹
EACH



SELECTION OR LIFE SMART DRESSING
250 - 425 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE 

2⁴⁷
EACH



SELECTION LONG GRAIN RICE
900 G
SELECTED VARIETIES

ALWAYS GREAT PRICE 

3²⁹
EACH



IRRESISTIBLE CHOCOLATE COVERED ALMONDS
100 G
CHOCOLATE BARS
300 G
SELECTED VARIETIES

ALWAYS GREAT PRICE 

6⁹⁹
EACH



SELECTION PASTA OR GNOCCHI
500 - 900 G
SELECTED VARIETIES

ALWAYS GREAT PRICE 

1⁹⁷
EACH



IRRESISTIBLES CRANBERRY COCKTAIL OR JUICE BLENDS
1.8 L
SELECTED VARIETIES

ALWAYS GREAT PRICE 

3⁸⁸
EACH



SELECTION CONDENSED SOUP
234 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE 

1²⁷
EACH



LIFE SMART STEVIA SWEETENER
100'S
SELECTED VARIETIES

ALWAYS GREAT PRICE 

4⁹⁹
EACH



SELECTION OR LIFE SMART CANNED FRUIT
796 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE 

3⁷⁹
EACH



SELECTION DISHWASHING DETERGENT
400 - 625 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE 

1⁹⁷
EACH



SELECTION SANDWICH BAGS
300'S
SELECTED VARIETIES

ALWAYS GREAT PRICE 

6⁹⁹
EACH



SELECTION VALUE SIZE PARCHMENT PAPER
50 M
SELECTED VARIETIES

ALWAYS GREAT PRICE 

9⁹⁹
EACH



SELECTION FACIAL TISSUE
12'S
SELECTED VARIETIES

ALWAYS GREAT PRICE 

13⁹⁹
EACH

MORE

RAMADAN FOR LESS



COCONUT
PRODUCT OF DOMINICAN REPUBLIC
METHI LEAVES
(FENUGREEK)
PRODUCT OF U.S.A. OR MEXICO

1⁸⁸
EACH



HALAL



NEW ZEALAND
LAMB SHANKS
FROZEN
19.82/KG

8⁹⁹
/LB



INDIA GATE ROZZANA OR QILLA PREMIUM
BASMATI RICE, CEDAR PARBOILED RICE
4.54 KG, 8 KG SELECTED VARIETIES

12⁹⁹
EACH



SAPORITO
VEGETABLE,
CANOLA OR
CORN OIL
2.84 - 3 L
SELECTED VARIETIES

9⁹⁹
EACH



CEDAR
CANNED
BEANS
540 ML
SELECTED VARIETIES

1⁴⁹
EACH



MAGGI
INSTANT NOODLES
70 G

39¢
EACH



HEREFORD
REGULAR OR
HALAL
CORNEED BEEF
340 G
SELECTED VARIETIES

3⁹⁹
EACH



INDOMIE
NOODLES
5.80 - 5.85 G
SELECTED VARIETIES

2⁹⁹
EACH



CRISPY
POUND CAKE
348 - 420 G
SELECTED VARIETIES

2⁹⁹
EACH



CEDAR PHYLLO PASTRY DOUGH,
CHOPPED SPINACH OR STUFFED VINE LEAVES
375 - 794 G SELECTED VARIETIES

2⁹⁹
EACH



ELZYMI PIES
FROZEN
800 G
SELECTED VARIETIES

6⁹⁹
EACH



CEDAR
MARINADES,
CUCUMBERS OR
GRAPE LEAVES
796 ML, 1 L
SELECTED VARIETIES

4⁹⁹
EACH



ALKANATER
OR CEDAR
TAHINI,
PHENICIA
HONEY
500 - 907 ML
SELECTED VARIETIES

8⁹⁹
EACH



PATAK'S OR KFI
COOKING SAUCE
375 - 400 ML
SELECTED VARIETIES

3⁹⁹
EACH



CEDAR
DRY BEANS,
BARLEY, BURGOL
OR SEMOLINA
907 G
SELECTED VARIETIES

2⁹⁹
EACH



NOOR
DATES,
ROOH AFZA
SYRUP OR
SHERBON
JUICE
800 G
800 ML, 2 L
SELECTED VARIETIES

4⁹⁹
EACH



CEDAR
MARSHMALLOWS,
ROSE OR
ORANGE WATER
250 G, 230 ML
SELECTED VARIETIES

1⁹⁹
EACH



CEDAR
PEACHES OR
POMEGRANATE
JUICE
250 - 794 ML
SELECTED VARIETIES

3⁴⁹
EACH

HAPPY HOLI

OFFERS VALID AT PARTICIPATING FOOD BASICS LOCATIONS ONLY. CHECK WITH YOUR LOCAL STORE FOR AVAILABILITY.



INDIAN EGGPLANT
PRODUCT OF U.S.A. AND/OR MEXICO
CHINESE EGGPLANT
PRODUCT OF HONDURAS AND/OR MEXICO
RED CARROTS
PRODUCT OF ONTARIO
4.39/KG

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
1.99
/LB



SAVERA PANEER
341 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
5.49
EACH



NOOR OR ARJUN BASMATI RICE
3.63 - 4.54 KG
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
7.99
EACH



BRAR'S SHER ATTA FLOUR
9.87 KG

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
15.99
EACH



HANS DAHI, PHOENICIA OR CEDAR YOGURT
650 - 750 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
2.49
EACH



DIVYA LENTILS OR BLACK CHICK PEAS
1.8 - 1.81 KG
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
3.99
EACH



DIVYA OKRA
FROZEN
315 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
99¢
EACH



DIVYA NAAN OR PARATHA
FROZEN 120 - 400 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
1.99
EACH



CASABLANCA PUNJABI COOKIES
1.3 KG
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
5.99
EACH



CASABLANCA BUTTER COOKIES, PURE HEAVEN OR CASABLANCA DRINKS
454 G, 750 ML
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
3.99
EACH



PARLE-G, LU OR EBM COOKIES
84 - 300 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
99¢
EACH



KURKURE CHIPS
115 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
1.79
EACH



CASABLANCA HONEY, TATA TEA AGNI, PREMIUM OR GOLD
1 KG, 220'S, 450 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
6.99
EACH



SURATI SNACKS OR RUBICON DRINKS
200 - 400 G, 1 L
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
2.49
EACH



SHAN MIXES OR DIVYA GARLIC PASTE
40 - 500 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
1.99
EACH



LAZEEZ FROZEN SPRING ROLLS OR SAMOSAS, NATIONAL COOKING SAUCE
300 - 400 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
2.99
EACH



ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
79¢
EACH



PARLE ELAICHI OR MILK RUSK, NATIONAL CUSTARD
250 - 400 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
1.79
EACH

OREO STUF OF LEGENDS

POWER UP. SAVE THE UNIVERSE.

MARVEL



CHRISTIE
FAMILY SIZE
COOKIES
285 - 488 G
SELECTED VARIETIES
WHILE QUANTITIES LAST

LOCKED DOWN

479
EACH



CHRISTIE PREMIUM PLUS CRACKERS
450 - 481 G
SELECTED VARIETIES

LOCKED DOWN

399
EACH



CHRISTIE
FAMILY SIZE
CRACKERS
350 - 454 G
SELECTED VARIETIES

LOCKED DOWN

399
EACH



CADBURY
CHOCOLATE BARS
80 - 100 G
SELECTED VARIETIES

LOCKED DOWN

275
EACH



MAYNARDS
CANDY
308 - 315 G
SELECTED VARIETIES

LOCKED DOWN

449
EACH



iögo FROZEN YOGURT
946 ML SELECTED VARIETIES

THIS WEEK ONLY

599
EACH



iögo
FROZEN
YOGURT BARS
4 x 80 ML
SELECTED VARIETIES

THIS WEEK ONLY

599
EACH



HÄAGEN-DAZS
ICE CREAM
946 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE

999
EACH



NESTLÉ DRUMSTICK
6 - 8'S FROZEN
SELECTED VARIETIES

ALWAYS GREAT PRICE

999
EACH



IRRESISTIBLE ICE CREAM
1.5 L
SELECTED VARIETIES

ALWAYS GREAT PRICE

488
EACH



IRRESISTIBLE
ICE CREAM
NOVELTIES
4'S
SELECTED VARIETIES

ALWAYS GREAT PRICE

488
EACH



IRRESISTIBLE
SORBET
946 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE

488
EACH



IRRESISTIBLE
MACARONS
3'S
SELECTED VARIETIES

ALWAYS GREAT PRICE

488
EACH

NATIONAL LOVE YOUR PET DAY

PAWS, WHISKERS & UNCONDITIONAL LOVE

FEBRUARY 20TH



IRRESISTIBLES
DOG TREATS
227 G
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓
6⁹⁹
EACH



SELECTION
CLUMPING
CAT LITTER
10 KG
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓
9⁹⁹
EACH



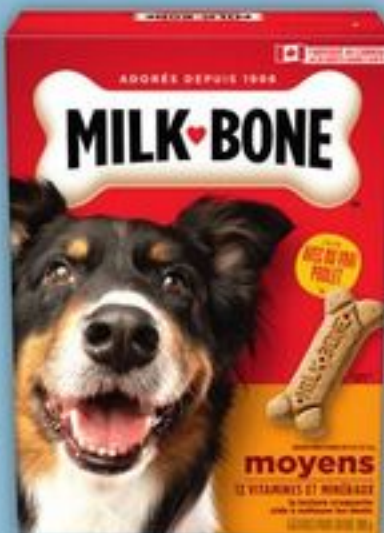
SELECTION
DOG FOOD
1.8 KG
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓
6⁹⁹
EACH



SELECTION
DOG FOOD
6.8 KG
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓
17⁹⁹
EACH



MILKBONE
DOG TREATS
800 - 900 G
SELECTED VARIETIES

THIS WEEK ONLY ⬇
3⁹⁹
EACH



PEDIGREE
DENTA STIX
DOG TREATS
800 G
SELECTED VARIETIES

THIS WEEK ONLY ⬇
9⁹⁹
EACH



MEOW MIX
CAT FOOD
1.42 KG
SELECTED VARIETIES

THIS WEEK ONLY ⬇
6⁴⁹
EACH



PURINA ONE
DOG OR CAT FOOD
1.45 - 1.81 KG
SELECTED VARIETIES

THIS WEEK ONLY ⬇
10⁹⁹
EACH



WHISKAS
CAT FOOD
2 KG
SELECTED VARIETIES

THIS WEEK ONLY ⬇
6⁹⁹
EACH



PURINA TIDY CATS
CLUMPING LITTER
3.72 KG
SELECTED VARIETIES

THIS WEEK ONLY ⬇
11⁹⁹
EACH



NATURE'S RECIPE
NATURAL
DOG FOOD
1.8 KG
SELECTED VARIETIES

THIS WEEK ONLY ⬇
14⁹⁹
EACH



IAMS DOG FOOD
6.80 KG
SELECTED VARIETIES

THIS WEEK ONLY ⬇
29⁹⁹
EACH

PERSONAL CARE FOR LESS



HEAD & SHOULDERS
370 mL
SELECTED VARIETIES

LOCKED DOWN

6⁹⁹
EACH



HUGGIES
little movers
OUTSTANDING ACTIVE FIT
12 Hours of Leak Protection
HUGE VALUE GRANDE VALEUR
84 DIAPERS COUCHES

HUGGIES
little snugglers
GEN GENTLE SKIN PROTECTANT
12 Hours of Leak Protection
HUGE VALUE GRANDE VALEUR
148 DIAPERS COUCHES

HUGGIES LITTLE MOVERS, SNUGLERS DIAPERS
84 - 148'S
SELECTED VARIETIES

THIS WEEK ONLY

38⁹⁹
EACH



OGX
renewing - argan oil of morocco
SHAMPOO / SHAMPOOING
REPAIR & STRENGTHEN
REPAIRE ET VITALISANT

OGX
renewing - argan oil of morocco
CONDITIONER / REVITALISANT
REPAIR & STRENGTHEN
REPAIRE ET VITALISANT

OGX HAIR CARE
385 mL
SELECTED VARIETIES

LOCKED DOWN

7⁹⁹
EACH



Old Spice
BEARGLOVE
BODY WASH
LASTING SCENT • RICH LATHER
RESTORANT POUR LE CORPS
PARFUM LONGUE DURÉE
ET MOUSSE RICHE
700 mL (24 FL. OZ.)

Dove
deep moisture
Nourishes the driest skin
Nourit la peau la plus sèche
24hr Humidity
Humidité 24h

OLD SPICE, DOVE BODY WASH
591 - 710 mL
SELECTED VARIETIES

LOCKED DOWN

9⁹⁹
EACH



Dove
MEN + CARE
ANTIPERSPIRANT
76 G
SELECTED VARIETIES

LOCKED DOWN

7⁹⁹
EACH

Pampers
sensitive
BABY WIPES
56'S
SELECTED VARIETIES

LOCKED DOWN

3⁴⁹
EACH



Aveeno
Daily Moisturizing Lotion
252 mL
SELECTED VARIETIES

LOCKED DOWN

11⁹⁹
EACH

CREST
TOOTHPASTE
120 mL
SELECTED VARIETIES

LOCKED DOWN

3⁴⁹
EACH

POLIDENT
ANTIBACTERIAL DENTURE CLEANSER
Overnight
DAILY CLEANSER
96'S
SELECTED VARIETIES

LOCKED DOWN

9⁴⁹
EACH



Baby Mum-Mum
Apple & Pumpkin
36'S
SELECTED VARIETIES

Baby Mum-Mum
Banana
24'S
SELECTED VARIETIES

BABY MUM-MUM WAFERS
24'S
SELECTED VARIETIES

LOCKED DOWN

2/\$5



Squoosh
ORGANIC / BIO
SQUOOSH
FRUIT & VEG SNACKS
2'S
SELECTED VARIETIES

LOCKED DOWN

5⁴⁹
EACH



Gerber
Organic
Biologique
BABY PUREE
125 mL
SELECTED VARIETIES

LOCKED DOWN

3/\$6



HUGGIES
natural care
sensitive
fragrance free
352'S
SELECTED VARIETIES

LOCKED DOWN

13⁴⁹
EACH



PERSONNELLE
HAND SOAP
251 mL
SELECTED VARIETIES

ALWAYS GREAT PRICE

1⁹⁹
EACH



PERSONNELLE
HAIR CARE
351 - 375 mL
SELECTED VARIETIES

ALWAYS GREAT PRICE

2⁹⁹
EACH



PERSONNELLE
BODY WASH OR
SHOWER GEL
400 - 650 mL
SELECTED VARIETIES

ALWAYS GREAT PRICE

2⁹⁹
EACH



Li'l Gourmet
MUSHIES
banana berry with
greek yogurt
23 G
SELECTED VARIETIES

LOCKED DOWN

4⁴⁹
EACH

DELIVERING FREE PRODUCTS

VALUE
OF
\$12.99



*Offer valid from February 19th, 2026 to February 25th, 2026
for online orders of \$100 or more. Conditions apply.

FREE

Selection Waffles, Value Pack

**WITH YOUR NEXT ONLINE
PURCHASE OF \$100 OR MORE***

PROMO CODE:

FREEWAFFLES

SHOP [FOODBASICS.CA](https://www.foodbasics.ca)

BUY ANY 2 BOXES
OF KELLOGG'S
FAMILY SIZE
CEREAL



Kellogg's
VERY HIGH FIBRE
SOURCE OF 13 VITAMINS & MINERALS
Two Scoops Raisin Bran
FAMILY SIZE
600 g



Kellogg's
VERY HIGH FIBRE
MADE WITH 100% WHOLE GRAIN
MINI-WHEATS!
FAMILY SIZE
ORIGINAL
650 g

THIS WEEK ONLY

5⁴⁸
EACH

KELLOGG'S
FAMILY SIZE CEREAL
480 - 650 G SELECTED VARIETIES

GET 1 FREE

BEATRICE OR
SEALTEST MILK
1%, 2% OR SKIM
4 L
SELECTED VARIETIES

SAVE OVER \$6



Beatrice
All you need - Tout y est

Partly skimmed milk
2% M.F. M.G.
Lait partiellement écrémé

4 L

ADDITIONNÉ DE
VITAMINS • VITAMINES
A + D
ADDED

Founding partner
KIDS HELP PHONE
JEUNESSE, J'ÉCOUTE
Partenaire fondateur

