

# Let your love bloom

Discover more value this Valentine's Day

FROM

**\$35**

Optimum  
GET  
**7,000**<sup>pts</sup>

**\$7**

back  
in points

**PC® PREMIUM OR ELITE GIFTING BOUQUET**

21436381\_EA/21436382\_EA



**\$32**

**PC® DOZEN ECUADORIAN ROSES**

ASSORTED COLOURS  
20581749\_EA  
20581781\_EA



**\$12**

**10 STEM TULIPS**  
ASSORTED COLOURS  
20833978\_EA



Optimum

Members-Only Price™

**\$12**

Non-members

**\$17**

Members  
save  
**\$5**



**FERRERO COLLECTION OR ROCHER HEART**

SELECTED VARIETIES  
16'S  
20052252\_EA  
20726799\_EA



# Family Day

gather, laugh, eat



**SAVE  
33%**

**\$10**

**PC® MAPLE SYRUP**  
GRADE A AMBER  
500 ML  
20049221\_EA



APP EXCLUSIVE OFFER\*

GET 1,000<sup>PC</sup>

**\$1**  
back  
in points

\*Open your PC Optimum™ app or visit [pc optimum.ca](http://pc optimum.ca) to get the offer

**SAVE  
\$1  
WHEN YOU BUY 2**

**2/\$3**

OR  
\$2 EA.

**PILLSBURY CRESCENT  
OR WIENER WRAP**

SELECTED VARIETIES

200-235 G

20305424002\_EA

21505340\_EA



**3<sup>50</sup>**



**DANONE ACTIVIA**

650 G OR **LIBERTÉ**

**MÉDITERRANÉE**

500 G **TUBS**

SELECTED VARIETIES

20325132003\_EA

21547597\_EA



**\$3**



**COUNTRY HARVEST  
BREAD OR BAGELS**

SELECTED VARIETIES

AND SIZES

21178597\_EA

21693323\_EA



**\$5**

**BASSÉ NUT MIX**

SELECTED VARIETIES

415-600 G

21158597\_EA

21158603\_EA



**\$15**



**KICKING HORSE  
ORGANIC WHOLE  
BEAN COFFEE**

SELECTED VARIETIES

454 G

20322468001\_EA

20322468006\_EA



**\$6**

**BAKED  
IN-STORE**

**IN-STORE  
BAKED COOKIES**

SELECTED VARIETIES

18'S

21455101\_EA

21454954\_EA



SAVE 42%

2<sup>99</sup> LB

CHICKEN DRUMSTICKS  
OR THIGHS  
FAMILY SIZE  
6.59/KG  
20004494\_KG  
20058163\_KG



9<sup>88</sup> LB

4 DAY SALE  
THURSDAY, FEB. 12TH TO  
SUNDAY, FEB. 15TH

STRIPLOIN  
GRILLING STEAK  
FAMILY SIZE, CUT FROM  
AUSTRALIAN GRADE BEEF  
21.78/KG  
21672450\_KG



SAVE 57%

\$3<sup>00</sup> LB

PORK TENDERLOIN  
CRYOVAC PKG OF 2  
6.61/KG  
21671162\_KG  
20520970\_KG



\$10<sup>00</sup> LB

FRESH ATLANTIC  
SALMON FILLETS  
SKIN-ON, FAMILY SIZE  
22.05/KG  
FRESH SEAFOOD ITEMS  
SUBJECT TO AVAILABILITY  
20720065\_KG



1<sup>88</sup> HALF PINT

3 DAY SALE  
THURSDAY, FEB. 12TH TO  
SATURDAY, FEB. 14TH

RASPBERRIES  
PRODUCT OF MEXICO OR U.S.A.  
HALF PINT  
REST OF WEEK \$2.48  
20128938001\_EA



\$10<sup>00</sup> EQUIVALENT TO \$1 PER SKEWER

SHRIMP SKEWERS  
PLAIN OR MARINATED  
FROZEN OR PREVIOUSLY FROZEN  
10'S  
21687446\_EA



88¢

RED MANGOES  
PRODUCT OF PERU  
EACH  
20059635001\_EA



3<sup>88</sup> LB

ASPARAGUS  
PRODUCT OF MEXICO,  
NO. 1 GRADE  
8.55/KG  
20174581001\_KG



SAVE UP TO \$2<sup>49</sup>

\$6

MARCANGELO  
ITALIAN DELI MEATS  
SLICED 85 G OR  
BOURSIN 150 G  
SELECTED VARIETIES  
20116794\_EA  
21706090\_EA



\$5

HÄAGEN-DAZS  
ICE CREAM 414-450 ML  
OR NOVELTIES 3/4'S  
SELECTED VARIETIES  
FROZEN  
20302298007\_EA  
21513347\_EA



\$8

PC® ENTRÉES  
SELECTED VARIETIES  
FROZEN  
770 G-1.13 KG  
21359210\_EA



SAVE 30%

8<sup>99</sup>

MEDJOL DATES  
PRODUCT OF U.S.A.  
2 LB TUB  
20001606\_EA



2<sup>50</sup>

CLOVER LEAF  
WHITE TUNA  
SELECTED VARIETIES  
170 G  
20167571\_EA  
20326358001\_EA



Optimum Members-Only Price

5<sup>99</sup>

Non-members 11<sup>99</sup>

ROYALE BATHROOM TISSUE  
12 DOUBLE ROLLS OR  
FACIAL TISSUE 6'S  
SELECTED VARIETIES  
21363770\_EA  
21618478\_EA



APP EXCLUSIVE OFFER

GET 5,000 pts

\$5 back in points

for every \$20\* spent on lobster or cooked lobster meat fresh, previously frozen or frozen selected varieties and sizes  
21194848\_EA/21722772\_EA



**5<sup>50</sup>**

**FARMER'S MARKET™ MUFFINS**  
SELECTED VARIETIES  
4'S  
21639320\_EA  
21639357\_EA

**PREPARED IN CANADA**

**6<sup>50</sup>**

**PC® ORANGE JUICE**  
2.5 L OR **LIBERTÉ GREEK TUB** 650/750 G  
SELECTED VARIETIES  
20642273\_EA  
21531644\_EA

**PREPARED IN CANADA**

**\$6**

**BLACK DIAMOND CHEESE BARS**  
400 G OR **SHREDS**  
300-320 G OR **LACTANTIA BUTTER** 454 G  
SELECTED VARIETIES  
20639926\_EA  
21279221\_EA

**PREPARED IN CANADA**

**\$5**

**KRAFT PEANUT BUTTER**  
SELECTED VARIETIES  
750 G/1 KG  
20039581001\_EA  
20039581005\_EA

**\$8**

**WELCH'S FRUIT SNACK** 450-616 G OR **NUTELLA HAZELNUT SPREAD** 725 G  
SELECTED VARIETIES  
20436105\_EA  
214937349\_EA

**\$5**

**BEN & JERRY'S** 47.3 ML OR **MAGNUM BARS** 3/4'S SELECTED VARIETIES  
FROZEN  
20950739\_EA  
21428213\_EA

**GET 1,000<sup>®</sup> back in points**

**\$7**

**BECEL MARGARINE** 637/850 G OR **PC® BUTTER QUARTERS** 454 G  
SELECTED VARIETIES  
21279399\_EA  
20297818002\_EA

**\$9**

**PC® BLACK LABEL PIZZA**  
SELECTED VARIETIES  
FROZEN  
370-440 G  
21531415\_EA  
21615467\_EA

**APP EXCLUSIVE OFFER: GET 2,000<sup>®</sup> back in points**

\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

**SAVE UP TO 99¢**

**3<sup>50</sup>**

**CATELLI PROTEIN+ PASTA** 340 G OR **CATELLI GLUTEN-FREE PASTA** 300/340 G  
SELECTED VARIETIES  
20765907\_EA  
216618728EA

**SAVE \$1.58 WHEN YOU BUY 2**

**2/\$7**

OR \$4.29 EA.

**PC® COCKTAIL JUICE**  
SELECTED VARIETIES  
1.89 L  
20307025001\_EA  
20307025002\_EA

**\$4**

**GET 1,000<sup>®</sup> back in points when you buy 2**

**HUMPTY DUMPTY OR OLD DUTCH POTATO CHIPS OR CHEESE FLAVOURED SNACKS OR PARTY MIXES**  
SELECTED VARIETIES  
200-290 G  
21445100\_EA  
21646697\_EA

**\$4**

**DARE WHIPPET, WAGON WHEELS, VIVA PUFFS OR ULTIMATE COOKIES**  
SELECTED VARIETIES  
230-360 G  
20419986001\_EA  
20974343\_EA

**3<sup>49</sup>**

**LANTIC GRANULATED WHITE SUGAR**  
2 KG  
20145033\_EA

**PREPARED IN CANADA**

**\$7**

**INTERNATIONAL DELIGHT COFFEE WHITENER OR COLD FOAM**  
SELECTED VARIETIES  
396-946 ML  
20895480002\_EA  
20895480003\_EA

**SAVE \$1.98 WHEN YOU BUY 2**

**2/\$6**

OR \$3.99 EA.

**PC® NATURAL SPRING WATER**  
24X500 ML  
20137898\_C24

**PREPARED IN CANADA**

**\$5**

**TIDE LAUNDRY DETERGENT** 1 L, **TIDE PODS** 9-16'S, **DOWNY FABRIC SOFTENER** 1.31 L, **BOUNCE SHEETS** 40-80'S OR **DOWNY BEADS** 141-150 G OR **DAWN POWERWASH STARTER KITS** 473 ML  
SELECTED VARIETIES  
21549771\_EA  
21579685\_EA

**\$10**

**BENEFUL DOG FOOD**  
SELECTED VARIETIES  
1.6/1.8 KG  
20295905001\_EA

**\$10**

**NO NAME® CLUMPING CAT LITTER**  
SELECTED VARIETIES  
18 KG  
2017769001\_EA

**PRICE DROP†** **More ways to save**

**\$2**

**RUBICON JUICES**  
SELECTED VARIETIES  
1 L  
20029236001\_EA  
20296770002\_EA

**2<sup>50</sup>**

**DARE VEGGIE CRISPS**  
SELECTED VARIETIES  
100 G  
20973370\_EA  
21520207\_EA

**\$3**

**PILLSBURY TOASTER STRUDEL** 326 G OR **SCRAMBLES** 204 G  
SELECTED VARIETIES  
FROZEN  
21436023\_EA  
20172864001\_EA

**3<sup>50</sup>**

**KINGS HAWAIIAN ROLLS**  
SELECTED VARIETIES AND SIZES  
21475970\_EA

**Loblaws** CUSTOMER RELATIONS 1-800-296-2332 VISIT [loblaws.ca](http://loblaws.ca) FOR STORE HOURS. **Loblawson** **Loblawson**

Please call Customer Relations at 1-800-296-2332 or visit our website at [loblaws.ca](http://loblaws.ca) for your store's hours and to see which Loblaws® locations do not participate in this flyer. Quantities and/or selection of items may be limited and may not be available in all stores. No rainchecks or substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We are not obligated to sell items based on errors or misprints in typography or photography.

**Pricing:** All references to "Save, Was, Now, Savings, etc." are in comparison to our own regular prices. Savings on items shown may vary by store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. Coupons must be presented and redeemed at time of purchase. **Trademarks:** ®/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. **Purchase limits:** We reserve the right to limit quantities to reasonable family requirements. **PC Optimum™ Members Only:** Offers are available to valid PC Optimum™ program members. Membership is free. To register, see in-store or visit [pcoptimum.ca](http://pcoptimum.ca). Points are not guaranteed in case of errors or misprints. No cash value. See [loblaws.ca](http://loblaws.ca) for full program details including redemption restrictions. Minimum redemption is 10,000 points. These offers cannot be combined with any other coupons, discounts, or promotions. No adjustments on previous purchases. We may modify or cancel offers without notice. Product availability may vary by store. While supplies last.

**Points Offers:** Receive the specified points when you spend the qualifying amount on the listed products/categories before taxes, after discounts and redemptions, in a single transaction. Taxes apply on purchase amount after discounts. PC Optimum™ pricing is not valid in price match programs for participating Loblaws Inc. banner stores.

**Outdoor/Seasonal Items:** Outdoor seasonal items (e.g., lawn and garden) may only be available at select stores. Please check your local store for pricing, limits, and availability. **†PRICE DROP Offer:** Valid in-store at participating locations from January 29 - February 25, 2026 before taxes and while quantities last. Applies only to select products. Offer may be modified or cancelled without notice. See in-store for full details.

LSL BACK



**freshness** you can taste,  
**value** you'll love

**3.49** GET 500

**4.88**

**STRAWBERRIES** 1 LB,  
PRODUCT OF MEXICO OR U.S.A.,  
NO. 1 GRADE OR  
**BLUEBERRIES** HALF PINT,  
PRODUCT OF MEXICO, PERU,  
CHILE OR MOROCCO  
20049778001\_EA  
20152465001\_EA



**PINT**

**3.99** LB

**PC® EXTRA LARGE  
RED SEEDLESS  
GRAPES**  
PRODUCT OF PERU,  
SOUTH AFRICA, CHILE OR  
**PC® EXTRA LARGE  
GREEN SEEDLESS  
GRAPES**  
PRODUCT OF PERU OR  
SOUTH AFRICA, NO. 1 GRADE  
8.80/KG  
20159199001\_KG  
20425775001\_KG

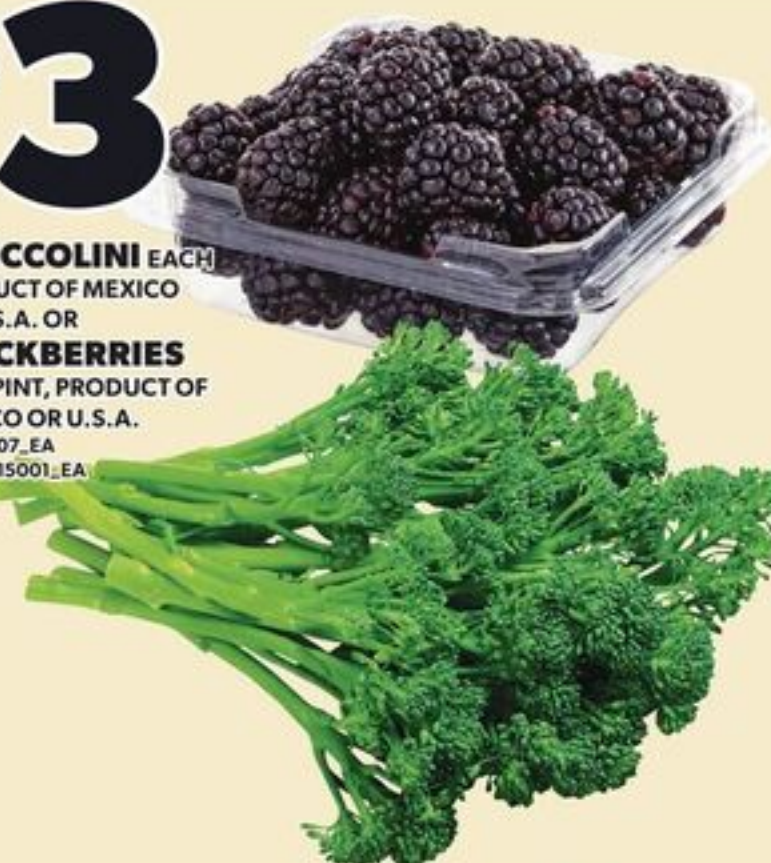


**EXTRA  
LARGE**



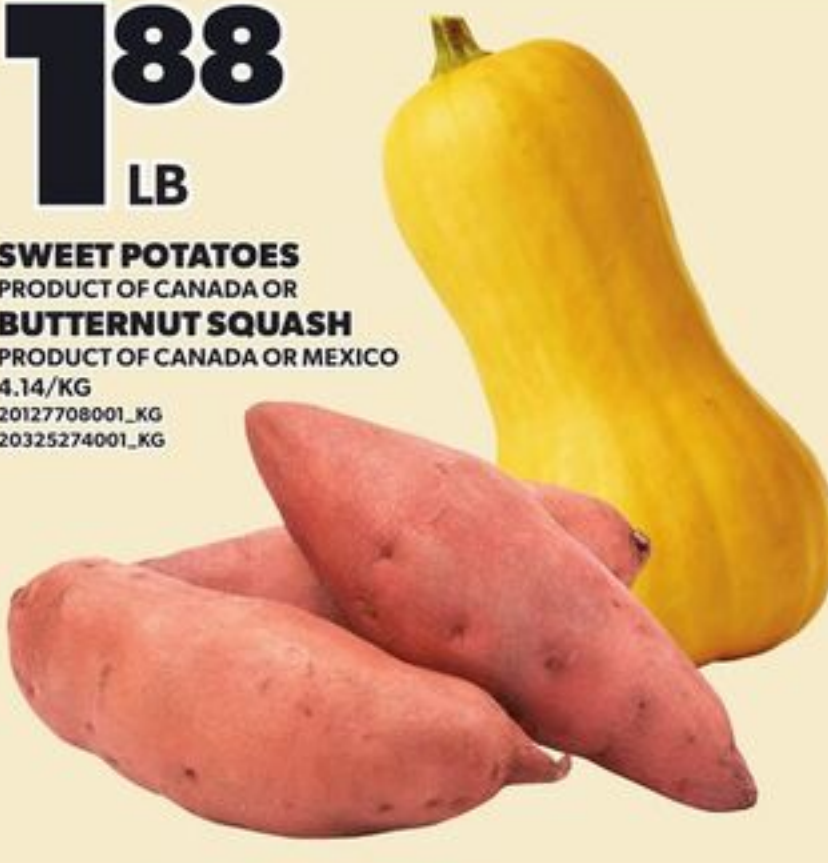
**\$3**

**BROCCOLINI** EACH  
PRODUCT OF MEXICO  
OR U.S.A. OR  
**BLACKBERRIES**  
HALF PINT, PRODUCT OF  
MEXICO OR U.S.A.  
20154907\_EA  
2005015001\_EA



**1.88** LB

**SWEET POTATOES**  
PRODUCT OF CANADA OR  
**BUTTERNUT SQUASH**  
PRODUCT OF CANADA OR MEXICO  
4.14/KG  
20127708001\_KG  
20325274001\_KG



**6.88**

**FARMER'S MARKET™  
AMBROSIA, FUJI  
OR GALA APPLES**  
PRODUCT OF ONTARIO,  
CANADA FANCY GRADE,  
4 LB  
21307212001\_EA  
20051827\_EA



**\$5**



**LITTLE POTATO  
COMPANY  
ASSORTED  
POTATO KITS**  
PRODUCT OF CANADA  
CANADA NO. 1 GRADE  
454 G  
21391616\_EA  
21397958\_EA

**3.50**

**FARMER'S  
MARKET™  
CARROTS OR  
YELLOW ONIONS**  
3 LB BAG  
PRODUCT OF CANADA,  
CANADA NO. 1 GRADE OR  
**SWEET NANTES  
CARROTS** 1 LB  
PRODUCT OF CANADA  
OR MEXICO, NO. 1 GRADE CARROTS  
20600927001\_EA  
20811994001\_EA



**\$7**

**PC® ORRI  
MANDARINS**  
PRODUCT OF ISRAEL  
2 LB  
20099819001\_EA



**\$7**

**CORED PINEAPPLE**  
PREPARED IN-STORE  
EACH  
20503143\_EA



**FRESH  
PROMISE**

**If it's not fresh,  
it's free.\***

\*Fresh Promise: Applicable to eligible fresh produce items purchased at Loblaws store locations or online at loblaws.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the Loblaws store where purchase originated. The fresh promise may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.

**SAVE \$1.99**  
**\$13**

**GRASS FED MEDIUM  
GROUND BEEF**  
900 G  
21675509\_EA



**\$5** LB

**MARINATED PORK  
TENDERLOIN**  
11.02/KG  
20636671\_KG



**PREPARED  
IN-STORE**

**\$15**

**PC® WHOLE CHICKEN**

AIR CHILLED  
UP TO 1.7 KG  
21658901\_EA



**AIR  
CHILLED**

**\$7**



**PC® PORK SAUSAGE**  
SELECTED VARIETIES  
375/500 G  
21584342\_EA  
21584308\_EA



**\$8**

**APP EXCLUSIVE OFFER\***  
**GET 2,000** back in points  
**\$2**

**PC® NATURALLY  
SMOKED BACON**  
SELECTED VARIETIES  
500 G  
20057892\_EA  
20152629\_EA



**500 G**

\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

**\$13**

**KIM LAM GENERAL  
TAO CHICKEN 400 G  
OR CHICKEN SPRING  
ROLLS 300 G**

FROZEN  
21472098\_EA  
21473290\_EA



**1.49**

**FRESH COCKTAIL  
OYSTERS**  
EACH  
21014592\_EA



**\$12**

**PC® BLACK  
TIGER SHRIMP**  
RAW ZIPPERBACK®  
16-20 PER LB 400 G  
FROZEN  
20801192\_EA



**\$23**

**EQUIVALENT TO  
\$5.75  
PER TAIL**

**LOBSTER TAILS**  
FROZEN OR  
PREVIOUSLY FROZEN  
2-3 OZ./4'S  
21240991\_EA



**PKG  
OF 4**

**\$11**

**PC® SHRIMP  
APPETIZERS**  
SELECTED VARIETIES  
FROZEN  
294-454 G  
20135874\_EA  
20080117\_EA



**\$20**

**PC® PACIFIC WHITE  
SHRIMP RING WITH  
MILD COCKTAIL SAUCE**  
FROZEN  
568 G  
20147098\_EA



**\$8**

**PC® BACON WRAPPED  
STUFFED JALAPENO  
PEPPERS 225 G OR  
PORK SAUSAGE  
ROLLS 500 G**

FROZEN  
21048989\_EA  
21538572\_EA



# bakery deals rising daily

**\$4**



**ACE BAGUETTE**  
SELECTED VARIETIES  
325-400 G  
20171171\_EA  
21314348\_EA



**BAKED IN-STORE**

**\$5**



**ALL BUTTER CROISSANTS OR PASTRIES**  
SELECTED VARIETIES  
4'S  
20633421\_EA



**BAKED IN-STORE**

**4<sup>50</sup>**



**MINI CROISSANTS**  
10'S SELECTED VARIETIES OR  
**CINNAMON RAISIN BREAD** 468 G  
20729432\_EA  
21646639\_EA



**BAKED IN-STORE**

**\$5**



**FARMER'S MARKET™ CUPCAKES**  
MINI OR REGULAR,  
SELECTED VARIETIES  
6/12'S  
21635894\_EA  
21643619\_EA



**BAKED IN-STORE**

**\$8**



**FARMER'S MARKET™ SQUARES**  
SELECTED VARIETIES  
400/450 G  
21216501\_EA  
21216520\_EA



**BAKED IN-STORE**

**\$6**



**PACZKI DONUTS**  
SELECTED VARIETIES  
4'S  
21219156\_EA



**\$3**



**PC® OR BLUE MENU® ENGLISH MUFFINS 6'S OR PC® CRUMPETS** 284 G  
SELECTED VARIETIES  
20123948\_EA  
20810728\_EA



**\$3**



**SANTOSH ROTI**  
ORIGINAL OR WHOLE WHEAT  
400 G  
21693841\_EA



**4<sup>50</sup>**



**STONEMILL BREAD**  
SELECTED VARIETIES AND SIZES  
20371357\_EA  
21556254\_EA



**BAKED IN-STORE**

**SAVE UP TO \$1<sup>99</sup>**

**\$7**



**PC® DOUBLE CREAM BRIE**  
SELECTED VARIETIES  
170-200 G  
20787327\_EA



**in the mood for deli-cious**

**SAVE \$1<sup>79</sup>**



**\$6**

**PC® GOAT CHEESE**  
SELECTED VARIETIES  
140 G  
20000584\_EA  
21197504\_EA



**Optimum**

Members-Only Price™

**\$7**

Non-members  
**\$8**

**FANTINO OR MONDELLO SALAMETTI DICED OR SLICED**  
SELECTED VARIETIES  
100-200 G  
21551583\_EA  
21635867\_EA

**Members save \$1**



**SAVE 94¢/100 G**



**3<sup>25</sup>**  
/100 G

**FROM OUR CHEFS™ SERVICE CASE HAM**  
SELECTED VARIETIES  
21696032\_KG



**Optimum**

Members-Only Price™

**3<sup>50</sup>**

Non-members  
**\$4**

**PC® DIPS 200/227 G OR NAAN CRISPS 170 G**  
SELECTED VARIETIES  
21681330\_EA  
21683470\_EA



**Optimum**

Members-Only Price™

**\$7**

Non-members  
**\$8**

**LESLEY STOWE RAINCOAST CRISPS 150 G OR SNACK FACTORY CHOCOLATE PRETZEL CRISPS 155 G**  
SELECTED VARIETIES  
21030996\_EA  
21576322\_EA

**Members save \$1**



**on the run, we got you**

**SAVE UP TO \$2**

**\$16**

**CALIFORNIA SUSHI**  
FAMILY PACK  
30'S 645 G  
21636631\_EA



**2/\$12**



OR \$6.79 EA.  
**OLIVIERI PASTA**  
250-350 G OR  
**SAUCE 300 ML**  
SELECTED VARIETIES  
20114410\_EA  
21022065\_EA



**SAVE \$10**

**\$20**

**30 PIECE WINGS & WEDGES BUCKET**  
1.2-2 KG  
21541872\_EA  
21541877\_EA



**SERVES 6**

**Order in-store or online today.**

Please place your orders at the Meals To Go department 24 hours in advance.

**party platters**

Discover our selection of freshly prepared platters for your next occasion.

**FROM \$20**

**serves 8-10**



FEBRUARY

HIT  
OF THE  
MONTH

LIMIT 6  
AFTER LIMIT  
3.50 EA.

PREPARED IN  
CANADA



\$2<sup>67</sup>

**VACHON SNACK CAKES**  
SELECTED VARIETIES  
AND SIZES  
20963606\_EA  
20976342\_EA

LIMIT 6  
AFTER LIMIT  
\$3 EA.



\$2

**CAVENDISH FRIES**  
SELECTED VARIETIES  
FROZEN  
800 G  
21559837\_EA  
21602936\_EA

LIMIT 6  
AFTER LIMIT  
\$5 EA.



\$4

**ROYALE TIGER TOWEL**  
PAPER TOWELS  
3=6 ROLLS  
21484702\_EA

**LOWEST PRICES  
BEST DEALS**

As compared to other major grocery retailers within your local areas.

\* Must be a registered PC Optimum® member to get this offer.

Valid from February 1 - 28, 2026. While quantities last. See in-store for details.

# Let your love bloom

Discover more value this Valentine's Day



## \$45

**ROSE AND SPRAY ROSE BOUQUET**  
21727153\_EA



## \$55

**18 STEM ROSES WITH GREENS & BABIES BREATH**  
ASSORTED COLOURS  
21727132\_EA



## \$100

**9 STEM LONG LASTING PRESERVED ROSE BOX**  
ASSORTED COLOURS  
21727123\_EA



## \$24

**VALENTINE'S DAY ORCHID IN GIFT BOX**  
21400271\_EA



## \$42

**ORCHID HEART**  
21578449\_EA



## \$70

**VALENTINE'S DAY VASE ARRANGEMENT IN GIFT BOX**  
21580065\_EA



## \$9

**NESTLÉ JUNIORS SELECTED VARIETIES**  
30'S  
21000923\_EA  
21620932\_EA



## \$15

**LINDT HEARTS OR TRUFFLES**  
SELECTED VARIETIES  
108/168 G  
20315282003\_EA  
21690456\_EA



## \$5

**REESE'S FILLED HEARTS OR RED VELVET MINIATURES**  
161/200 G OR HERSHEY'S KISSES POUCHES 180 G  
SELECTED VARIETIES  
20078378\_EA  
21402985\_EA



## Eat, Drink & Be Mine

SAVE UP TO \$2

## \$16

**CALIFORNIA FAMILY PACK SUSHI**  
645 G  
21638655\_EA



## \$30

**PARTY PLATTER**  
SELECTED VARIETIES  
696 G-1.15 KG  
21217539\_EA  
21217577\_EA



## \$15

**SMALL FRUIT OR VEGETABLE PLATTERS**  
PREPARED IN-STORE  
518 G-1.04 KG  
20079384\_EA  
20171929\_EA



**Optimum**  
Members - Only Price  
**\$4**  
Non-members  
**\$6**

**SNACK FACTORY PRETZEL CRISPS OR SOMETHING SPECIAL JELLY** 200 G  
SELECTED VARIETIES  
20500871\_EA  
21676303\_EA



## \$7

**HEART SHAPE CAKES**  
VANILLA OR CHOCOLATE  
462 G  
21450005\_EA



## \$5

**KIMBERLY FROSTED COOKIES OR TWO BITE MINI CUPCAKES**  
SELECTED VARIETIES  
12'S  
21417129\_EA  
21296833\_EA



## \$7

**SINGLE LAYER CAKES**  
462 G  
21093577\_EA



SAVE \$1.98 WHEN YOU BUY 2

## 2/\$11

OR \$6.49 EA.  
**PC® BLUE MENU® OR PC® SPARKLING WATER**  
SELECTED VARIETIES  
12X355 ML  
21194356\_C01  
21518579\_C01



## 7.50

**PC® DE-ALCOHOLIZED WINE**  
SELECTED VARIETIES  
750 ML  
21403389\_EA  
21403385\_EA



## \$14

**GRUVI DRY SECCO NON ALCOHOLIC**  
SELECTED VARIETIES  
4X275 ML  
21512576\_C04  
21512624\_C04



# Family Day

## gather, laugh, eat



**\$8**



**BAKED  
IN-STORE**

**BUTTER  
CROISSANTS**  
12'S  
21683000\_EA



**\$8**

**APP EXCLUSIVE OFFER\***  
GET  
**2,000**<sup>®</sup>  
back in points

**500 G**

**PC® NATURALLY  
SMOKED BACON**  
SELECTED VARIETIES  
500 G  
20057892\_EA  
20152629\_EA



\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

**\$4**

**PEARL MILLING  
COMPANY  
PANCAKE  
SYRUP** 750 ML  
**OR MIX** 905 G  
SELECTED VARIETIES  
21384609\_EA  
21391619\_EA



**SAVE  
UP TO \$1.70**

**\$9**

**PC® BLUE MENU®  
LIQUID EGG WHITES**  
1 KG  
20821364001\_EA



**4.50**



**D'ITALIANO GUSTO  
BAGELS**  
SELECTED VARIETIES  
6'S  
21577054\_EA  
21577059\_EA



**\$10**

**LOURISH PROTEIN  
PANCAKE MIX** 430 G  
**OR SYRUP** 375 ML  
SELECTED VARIETIES  
21375777\_EA  
21693002\_EA



**\$5**

**NO NAME®  
JAM** 500 ML OR  
**PEANUT BUTTER** 500 G  
SELECTED VARIETIES  
20032552001\_EA  
20296985001\_EA



**\$8**

**MCCAIN SUPERFRIES  
FAMILY PACK**  
SELECTED VARIETIES FROZEN  
1.45-1.8 KG  
20861230\_EA  
21049522\_EA



**2.79**



**OASIS 100%  
JUICE BLENDS,  
DEL MONTE NECTAR,  
HYDRAFRUIT  
OR ARIZONA TEA**  
SELECTED VARIETIES  
960 ML  
20336722005\_EA



**7.50**



**ACTIVIA  
YOGURT** 12X100 G  
**OR IÖGO  
YOGURT** 16X100 G  
SELECTED VARIETIES  
20608934\_EA  
20609583001\_EA



**\$4**

**QUAKER REGULAR  
OR STEEL CUT OATS**  
SELECTED VARIETIES  
709 G-1 KG  
2032313001\_EA  
20939060\_EA



**2/\$9**

OR  
\$5.79 EA.

**GENERAL MILLS  
CEREAL**  
SELECTED VARIETIES  
300-437 G  
20313716\_EA  
21104047\_EA



**SAVE  
\$1.49**

**\$8**

**KASHI CEREAL**  
SELECTED VARIETIES  
349-510 G  
21680727\_EA  
21680804\_EA



**4.50**

**ASTRO YOGURT  
TUBS** 650/750 G OR  
**MINUTE MAID  
ZERO SUGAR  
DRINK** 1.54 L  
SELECTED VARIETIES  
20165226001\_EA  
21434119\_EA



**SAVE  
49¢**

**\$6**

**QUAKER MUFFIN  
OR COOKIE MIX** 900 G  
**OR OATS FLOUR** 700 G  
SELECTED VARIETIES  
20301064001\_EA  
21611830\_EA



**\$6**



**PC® THE DECADENT®  
CHOCOLATE CHIPS**  
SELECTED VARIETIES  
226-300 G  
20011473\_EA  
20430272\_EA



**2/\$11**

OR  
\$6 EA.

**PC® FROZEN FRUIT**  
SELECTED VARIETIES  
FROZEN  
300-600 G  
20312227\_EA  
20612667\_EA



**\$15**

**VAN HOUTTE  
GROUND COFFEE** 300-340 G  
**OR TIM HORTON'S  
TEA K-CUPS** 12'S  
SELECTED VARIETIES  
21186690\_EA  
20973133\_EA



**7.50**

**PC® HOT  
CHOCOLATE**  
450-750 G OR  
**TETLEY TEA** 40/48'S  
SELECTED VARIETIES  
20719978001\_EA  
21549129\_EA



**7.50**

**STARBUCKS  
COFFEE ENHANCER**  
SELECTED VARIETIES  
828 ML  
21358473\_EA  
21436900\_EA



# Champion-level value, here



## 3<sup>50</sup>

**CHRISTIE OREO, CHIPS  
AHOY, FUDGE-O OR  
NUTTER BUTTER COOKIES**  
SELECTED VARIETIES  
170-303 G  
21361508\_EA  
21358407\_EA



**SAVE  
\$2<sup>58</sup>  
WHEN YOU BUY 2**

## 2/\$9

OR  
\$5.79 EA.  
**GENERAL MILLS  
CEREAL**  
SELECTED VARIETIES  
300-437 G  
20333716\_EA  
21104047\_EA  
21378923\_EA



## \$6

**KELLOGG'S FAMILY  
SIZE CEREAL**  
450-650 G  
20016844\_EA  
21504064\_EA



## \$6

**KELLOGG'S VECTOR  
GRANOLA**  
311 G  
21670302\_EA, 21670070\_EA



## \$2

**CHEF BOYARDEE  
PASTA**  
SELECTED VARIETIES  
425 G  
20312500002\_EA  
20312500005\_EA



## \$2

**CAMPBELL'S  
CONDENSED OR  
COOKING SOUP**  
SELECTED VARIETIES  
284 ML  
20297246002\_EA  
20980079\_EA



## \$4

**LECLERC  
CÉLÉBRATION  
OR CÉLÉBRATION  
MINI COOKIES**  
SELECTED VARIETIES  
200-350 G  
10965364\_EA  
21680155\_EA



## \$5

**DORITOS FLAVOURED  
TORTILLA CHIPS OR  
TOSTITOS TORTILLA CHIPS**  
SELECTED VARIETIES  
205-295 G  
21050581\_EA  
21699042\_EA



## 5<sup>50</sup>

**NESTLÉ  
DRUMSTICK 4'S OR  
CONFECTIONARY  
NOVELTIES 4-10'S OR  
TUBS 1.5 L**  
SELECTED VARIETIES  
FROZEN  
20304623001\_EA  
20324757003\_EA



## 3<sup>50</sup>

**MOTT'S CLAMATO  
JUICE**  
SELECTED VARIETIES  
1.89 L  
20318955002\_EA



## \$24

**GET  
3,000<sup>00</sup>  
back in points**

**VAN HOUTTE PODS**  
SELECTED VARIETIES  
30'S  
20743469\_EA



## \$24

**GET  
3,000<sup>00</sup>  
back in points**

**MCCAFÉ PODS**  
SELECTED VARIETIES  
30'S  
21240975\_EA



**SAVE  
\$1<sup>98</sup>  
WHEN YOU BUY 2**

## 2/\$15

OR  
\$8.49 EA.

**COCA-COLA OR  
CANADA DRY**  
SELECTED VARIETIES  
12X355 ML  
20318694002\_C12



## 23<sup>99</sup>

**EQUIVALENT TO  
\$1  
PER BOTTLE**

**POWERADE  
SPORTS DRINK,  
SELECTED VARIETIES**  
24X591 ML  
20854130\_C24



**SAVE  
\$1<sup>08</sup>  
WHEN YOU BUY 2**

## 2/5<sup>50</sup>

OR  
\$3.29 EA.

**GLACEAU VITAMIN  
WATER**  
SELECTED VARIETIES  
591 ML  
20333194006\_EA  
20562362003\_EA



# 新年快樂 Happy Lunar New Year

APP EXCLUSIVE OFFER

Get **3,000 pts** for every \$15\* spent on T&T® items

Open your PC Optimum® app or visit pcoptimum.ca to get the offer

**\$3** back in points

**\$4** LB

**CANADIAN POULTRY**

**CHICKEN LEGS**  
BACK ATTACHED  
FAMILY SIZE  
8.82/KG  
20153925\_KG

**4<sup>28</sup>** LB

**CANADIAN POULTRY**

**GRADE A DUCK**  
FROZEN  
9.44/KG  
20078881\_KG

**SAVE \$1.11**

**5<sup>88</sup>** LB

**PORK BELLY PORTION**  
SKINLESS  
12.96/KG  
20793502\_KG

**\$9**

**ASC BASA STEAKS**  
UNCOOKED  
FROZEN  
1 KG  
20910469\_EA

**\$8**

**SEAQUEST® COLOSSAL PACIFIC WHITE SHRIMP RAW ZIPPERBACK®**  
16-20 PER LB 300 G  
FROZEN  
21043887\_EA

**1<sup>28</sup>**

**GOLDEN HAPPINESS SPECIALTY BUNS**  
SELECTED VARIETIES  
100 G  
21297542\_EA

**2/4<sup>88</sup>**

OR \$2.88 EA.

**ROOSTER® TOFU**  
SELECTED VARIETIES  
454 G  
21474765\_EA

**4<sup>88</sup>**

**BIG WHITE RABBIT CREAMY CANDY**  
200 G  
21702020\_EA

**Fresh Fortune**

**1<sup>98</sup>** LB

**PAPAYA**  
PRODUCT OF MEXICO  
4.37/KG  
20817066001\_KG

**88¢** LB

**NAPA CABBAGE**  
PRODUCT OF MEXICO OR U.S.A.  
1.94/KG  
20015025001\_KG

**1<sup>88</sup>** LB

**GINGER ROOT**  
PRODUCT OF CHINA  
4.14/KG  
20179038001\_KG

**2<sup>88</sup>** LB/EA.

**CLEMENTINE STEM AND LEAF**  
PRODUCT OF SPAIN  
2.88 LB 6.35/KG OR  
**RED POMELO**  
PRODUCT OF CHINA  
2.88 EA.  
20613483001\_KG  
20081390001\_EA

**\$11**

**KNORR BOUILLON MIX CHICKEN**  
1 KG  
20154074\_EA

**13<sup>48</sup>**

**T&T® CASHEWS**  
SELECTED VARIETIES  
800 G  
20807760\_EA  
20807973\_EA

**2<sup>48</sup>**

**THAI KITCHEN COCONUT MILK**  
SELECTED VARIETIES  
400 ML  
20275924\_EA/20661771\_EA

**9<sup>88</sup>**

**JAYONE SEASONED AND ROASTED SEAWEED**  
120 G  
20699445\_EA

**4<sup>48</sup>**

**COCK BRAND SWEET CHILI SAUCE LARGE**  
SELECTED VARIETIES  
800 G  
20149074\_EA

**5<sup>88</sup>**

**ROOSTER® SUSHI RICE**  
2.27 KG  
21342684\_EA

your one-stop grocery shop

**SAVE 37%**

**\$5**

**PHILADELPHIA CREAM CHEESE OR DIPS**  
SELECTED VARIETIES  
340 G  
20866839001\_EA  
20866929002\_EA

**PREPARED IN CANADA**



**SAVE \$2 WHEN YOU BUY 2**

**2/7<sup>50</sup>**

OR \$4.75 EA.

**LECLERC GO PURE**  
FRUIT & OAT BARS  
RASPBERRY  
140-175 G OR  
**NUGABAR** 175 G  
SELECTED VARIETIES  
21221451\_EA  
21536595\_EA



**\$25**

**LINDOR HEART**  
DESCRIPTIVE  
202G  
21690615\_EA  
21690781\_EA



**\$6**

**PC® MAYONNAISE**  
SELECTED VARIETIES  
750/890 ML  
20618892\_EA  
20770952\_EA



**\$3**

**HABITANT SOUP**  
SELECTED VARIETIES  
796 ML  
20299690001\_EA  
20299690002\_EA



**1<sup>25</sup>**

**NO NAME® CHUNK OR FLAKED LIGHT TUNA**  
170 G  
20521647\_EA  
20521648\_EA



**2/\$8**

OR \$4.49 EA.

**PC® CROUTONS OR SALAD DRESSING** 475 ML  
OR **CROUTONS** 140 G  
SELECTED VARIETIES  
475 ML/140 G  
20627618010\_EA  
20796248001\_EA



**6<sup>99</sup>**

**KIKKOMAN SOY SAUCE**  
SELECTED VARIETIES  
591 ML  
20139275\_EA  
21456720\_EA

GET 1,500<sup>+</sup> back in points



**4<sup>50</sup>**

**THAI KITCHEN CURRY PASTE**  
SELECTED VARIETIES  
112 G  
20003373001\_EA  
20003373002\_EA



**SAVE UP TO \$3<sup>99</sup>**

**\$14**

**HIGH LINER PAN SEAR OR SIGNATURE FISH**  
SELECTED VARIETIES  
FROZEN  
425-540 G  
20845016\_EA  
21186254\_EA



**SAVE UP TO 31%**

**\$5**

**HUNGRY-MAN ENTRÉES**  
360-455 G OR  
**SWANSON ENTRÉES**  
280-345 G  
SELECTED VARIETIES  
FROZEN  
20077553001\_EA  
20296014004\_EA



**\$6**

**PC® SPICES**  
SELECTED VARIETIES  
7-82 G  
21117319\_EA  
21117352\_EA



**\$6**

**COOL WHIP DESSERT TOPPING**  
SELECTED VARIETIES  
FROZEN  
1 L  
20030369001\_EA  
20030369002\_EA



**\$4**

**KELLOGG'S EGGO WAFFLES**  
SELECTED VARIETIES  
FROZEN  
8'S  
20302779\_EA  
20323436001\_EA



**\$8**

**MAISON PERRIER, PERRIER SLIM CANS** 8X330 ML,  
**PERRIER OR SAN PELLEGRINO** 6X500 ML  
OR **MAISON PERRIER CHIC** 4X250 ML  
SELECTED VARIETIES  
21581068\_C06  
21509060\_C08



**8<sup>99</sup>**

**NESTEA LEMON ICED TEA**  
SELECTED VARIETIES  
12X341 ML  
21687040\_C12  
21689167\_C12



**SAVE \$1<sup>58</sup> WHEN YOU BUY 2**

**2/\$8**

OR \$4.79 EA.

**QUAKER INSTANT** 232-344 G  
OR **OATS** 900 G-1 KG  
SELECTED VARIETIES  
20323113001\_EA  
20939060\_EA



**\$3**

**CHEEZ-IT BAKED SNACK CRACKERS**  
SELECTED VARIETIES  
191/200 G  
21214559\_EA  
21214560\_EA



**\$15**

**COTTONELLE BATHROOM TISSUE**  
12=48 ROLLS OR  
**FLUSHABLE WIPES** 4'S  
SELECTED VARIETIES  
21477027\_EA  
21665993\_EA



**\$21**

**CASHMERE BATHROOM TISSUE**  
SELECTED VARIETIES  
24=72 ROLLS  
21189845\_EA  
21443648\_EA

**PREPARED IN CANADA**



**\$11**

**PEDIGREE DENTASTIX TREATS FOR DOGS**  
SELECTED VARIETIES  
100 G-1.9 KG  
21081180\_EA



# live well, spend less

SAVE  
UP TO

20%

DOVE  
BODY WASH  
905/950 ML OR  
BAR SOAP 12X106 G  
SELECTED VARIETIES  
\$13-17  
21221337\_EA/21517428\_EA



4<sup>50</sup>

LIMIT 6  
AFTER LIMIT  
5.99 EA.

NIVEA  
BODY WASH 500 ML  
OR DEODORANT  
50 ML 51/52 G  
SELECTED VARIETIES  
20321421004\_EA/21169899\_EA



SAVE  
UP TO

15%

IVORY BODY WASH  
OR BAR SOAP  
SELECTED VARIETIES  
AND SIZES  
20860346002\_EA  
21432574\_EA



5<sup>50</sup>

LIMIT 6  
AFTER LIMIT  
5.99 EA.

CREST TOOTHPASTE 63-200 ML,  
SCOPE PRO HEALTH OR KIDS 500 ML  
MOUTHWASH, ORAL-B MANUAL  
TOOTHBRUSH EA. OR FLOSS PICKS 75'S  
SELECTED VARIETIES  
21506728\_EA/21568343\_EA



6<sup>50</sup>

LIMIT 6  
AFTER LIMIT  
7.49 EA.

SENSODYNE OR  
PRONAMEL TOOTHPASTE  
SELECTED VARIETIES  
110/135 ML  
20247931002\_EA/20432268002\_EA



\$6

LIMIT 6  
AFTER LIMIT  
8.49 EA.

LISTERINE  
CLASSIC 1 L OR  
KIDS 500 ML  
MOUTHWASH  
SELECTED VARIETIES  
20348438001\_EA/21353501\_EA



2/\$8  
OR  
\$5.49 EA.

DEGREE BASE  
ANTIPERSPIRANT  
SELECTED VARIETIES  
48-85 G  
20296452001\_EA  
20303942001\_EA



\$5

LIMIT 6  
AFTER LIMIT  
7.49 EA.

AXE  
BODY SPRAY 113 G,  
DEODORANT 76/85 G OR  
BODY WASH 473 ML  
SELECTED VARIETIES  
21042585\_EA/21438255\_EA



3<sup>50</sup>

LIMIT 6  
AFTER LIMIT  
4.49 EA.

COLGATE PREMIUM  
ADULT OR KIDS  
TOOTHPASTE 70-150 ML OR  
MANUAL TOOTHBRUSH 1'S  
SELECTED VARIETIES  
20697448001\_EA/21166685\_EA



5<sup>50</sup>

L'ORÉAL HAIR  
EXPERTISE OR  
GARNIER WHOLE  
BLENDS HAIR CARE  
SELECTED VARIETIES  
AND SIZES  
20941723\_EA  
21647194\_EA



5<sup>50</sup>

DOVE SHAMPOO,  
CONDITIONER  
OR STYLING  
PRODUCTS  
SELECTED VARIETIES  
AND SIZES  
20338455001\_EA  
21644640\_EA



GET  
6,000<sup>®</sup>  
when you  
buy 2

\$6  
back in  
points

NICE'N EASY,  
NATURAL INSTINCTS  
OR COLOR STRONG  
HAIR COLOUR  
SELECTED VARIETIES  
21082577\_EA/21165379\_EA



\$9

OGX, MAUI OR  
AVEENO HAIR CARE  
SELECTED VARIETIES  
21009300\_EA  
20312551004\_EA



SAVE  
UP TO

15%

OLAY SUPER SERUM,  
REGENERIST MOISTURIZERS  
OR TREATMENTS  
SELECTED VARIETIES AND SIZES  
21236887\_EA



SAVE  
UP TO

20%

AVEENO  
BODY LOTIONS  
SELECTED VARIETIES  
AND SIZES  
20102023003\_EA  
20301106\_EA

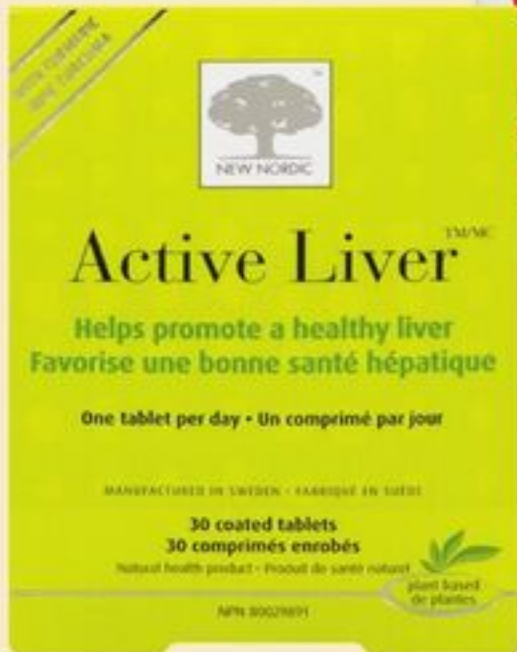


# live well, spend less

SAVE  
UP TO

20%

NEW NORDIC 30-60'S OR  
IRON KIDS CHILDREN'S  
60-200'S VITAMINS OR  
SUPPLEMENTS  
SELECTED VARIETIES AND SIZES  
20611346\_EA/20431749001\_EA



SAVE  
UP TO

25%

LIFE BRAND® VITAMINS  
OR SUPPLEMENTS  
SELECTED VARIETIES AND SIZES  
21286148\_EA/21687305\_EA



SAVE  
UP TO

20%

BOOST READY TO  
DRINK SHAKES  
SELECTED VARIETIES  
AND SIZES  
20986361\_C06  
20990880\_C06



\$16

ALEVE, ASPIRIN  
CAPLETS, TABLETS,  
GELS OR CHEWS  
SELECTED VARIETIES  
AND SIZES  
21362248\_EA/21532778\_EA



SAVE  
UP TO

15%

RESTORALAX  
POWDER 119-765 G OR  
FIBRE GUMMIES 30-140'S  
SELECTED VARIETIES AND SIZES  
20159213\_EA/213809001\_EA



SAVE

15%

LIQUID IV HYDRATION  
MULTIPLIER SACHETS  
SELECTED VARIETIES AND SIZES  
21592444\_EA/21592485\_EA



SAVE  
UP TO

20%

U BY KOTEX TAMPONS  
SELECTED VARIETIES  
AND SIZES  
21291897\_EA/21291969\_EA



\$16

ALWAYS  
PADS 26-62'S OR  
LINERS 116-216'S OR  
TAMPAX  
TAMPONS 38-50'S  
SELECTED VARIETIES  
AND SIZES  
21374646\_EA/21606690\_EA



\$18

TENA  
UNDERWEAR  
OR BRIEFS  
SELECTED VARIETIES  
AND SIZES  
21033778\_EA  
21099261\_EA



78<sup>99</sup>

ENFAMIL A+ NEUROPRO  
OR GENTLEASE  
READY TO FEED FORMULA  
SELECTED VARIETIES  
18X237 ML  
21590060\_EA/21590568\_EA



4/\$5

OR  
\$1.49 EA.  
PC® ORGANICS  
BABY FOOD POUCH  
SELECTED VARIETIES  
128 ML  
20651270002\_EA/21056742\_EA



4<sup>50</sup>

BABY GOURMET  
ORGANIC PUFFIES,  
BARS, FRUIT BITES  
OR CRUNCHY  
CROCS SNACKS  
SELECTED VARIETIES  
35-90 G  
21414273\_EA/21672201\_EA



36<sup>99</sup>

HUGGIES PULL UPS  
OR PAMPERS EASY  
UPS GIANT PACK  
TRAINING PANTS  
SELECTED VARIETIES  
68-112'S  
21021427\_EA/21089194\_EA



47<sup>99</sup>

PAMPERS  
SWADDLERS  
ULTRA VALUEPACK DIAPERS  
SELECTED VARIETIES  
SIZE 2-8, 120-192'S  
21455875\_EA/21455889\_EA



59<sup>99</sup>

SIMILAC 360  
TOTAL CARE  
INFANT FORMULA  
LARGE TUBS  
SELECTED VARIETIES  
859 G  
21697863\_EA  
21697886\_EA



**SUMM!**  
FOOD WITH HEART

**GOOD FORTUNE. GREAT FLAVOUR.  
CELEBRATE WITH SUMM! ♥**

**4<sup>48</sup>** SUMM! 6 piece Spring Rolls 350g or  
10 piece Gyoza Dumplings 250g  
21114397\_EA/21378594\_EA

**MORE TO SHARE  
THIS FAMILY DAY!**

**\$8** Traditional Hummus 850 g  
21687185\_EA

**\$4** Roasted Pine Nut Hummus 283 g  
21687314\_EA

**\$6** Roasted Garlic Hummus 482 g  
20504500\_EA

fontaine santé

Hummm! Traditional Traditionnel  
Hummm! Pine Nut Noix de Pin  
Hummm! Garlic Ail

Maple Leaf

**CASTELLO**  
SINCE 1893

**SAVOUR  
FAMILY MOMENTS**

**Castello Specialty Cheese 170-200 g  
SELECTED VARIETIES  
21158086\_EA  
\$8**

**Castello Blue Cheese 125 g  
SELECTED VARIETIES  
20428574\_EA  
\$7**

**Castello Cream Cheese Rings 125 g  
20986112\_EA  
\$6**

**Castello Havarti 170-200 g  
SELECTED VARIETIES  
20573910\_EA  
\$7**

**Sharing Board**

**\$6** ALEXIS DE PORTNEUF  
BRIE, ASSORTED VARIETIES  
125 g  
21617949\_EA

**\$9** ALEXIS DE PORTNEUF  
BRIE, ASSORTED VARIETIES  
125-170 g  
20064979\_EA

**\$6** CATHEDRAL CHEESE  
CHEDDAR, ASSORTED VARIETIES  
200 g  
21245346\_EA

**\$8** PILLER'S  
CHARCUTERIE, ASSORTED VARIETIES  
175 g  
21661926\_EA

**\$8** PILLER'S  
CHARCUTERIE, ASSORTED VARIETIES  
125 g  
21456329\_EA

Saputo

**VH**

**A FLAVOUR TWIST FOR  
EVERY DISH**  
DIP. STIR. MARINATE.

**\$4** VH® Sauces 341-380 mL  
20297368\_EA  
20308726001\_EA

**\$4** President's Choice®  
Jasmine Rice 750 g  
20961292\_EA

**GET 2,000<sup>®</sup> when you buy one (1) sauce and one (1) rice**

**\$2 back in points**

Scan for recipes

Jasmine RICE - RIZ Jasmin

THE YEAR OF THE HORSE

**HIGH IN PROTEIN  
TO FUEL THEIR DAY!**

**\$11** Black Diamond  
Cheestrings 28 pk, 588 g  
20765883\_EA

**2/\$10** or \$5.99 ea. Black Diamond  
Combo, 129 g  
21208897\_EA

**\$5<sup>49</sup>** Black Diamond  
Cheese Sticks 189-252 g  
20896474\_EA/21537373\_EA

**\$7** Lactantia  
Butter, 454 g  
21601669\_EA/21601712\_EA

**\$6** Président  
Butter, 250 g  
21209150\_EA

**\$6** Lactantia  
Margarine 850 g  
2024947001\_EA

Black Diamond  
COMBO

Black Diamond  
Natural Cheese Slices  
220-240 g  
21371880\_EA

Black Diamond  
MARBLE - MARBRE

LACTOSE FREE

Lactantia  
Kraft Parmesan Shredded  
Cheese, 200 g  
21629152\_EA

PRÉSIDENT

Lactantia  
Omega-3

**BLUE DRAGON**

**\$4** Blue Dragon Sweet Chili Sauce, 310 mL  
selected varieties  
21637553\_EA

**\$4** Blue Dragon Chili Crisp Sauce, 180 g  
21681384\_EA

**\$4** Blue Dragon noodles  
selected varieties  
300 g, 21434978\_EA

**\$3** Blue Dragon Coconut milk  
selected varieties  
400 mL  
20188944\_EA

**\$4** Blue Dragon Thai sauce and paste  
selected varieties  
270/325 mL  
20712986\_EA

**HAPPY LUNAR  
NEW YEAR**

Visit [bluedragon.ca](http://bluedragon.ca) for more recipes

**FOR BUDGET  
FRIENDLY MEALS  
COOK  
WITH  
Prego**

SCAN HERE FOR  
PREGO® TEXAS  
TOAST PIZZAS

**KID FRIENDLY**

**5<sup>50</sup>** PACE®  
CHUNKY SALSA  
SELECTED VARIETIES  
642 mL  
20307531001\_EA

**3<sup>50</sup>** PREGO®  
PASTA SAUCE  
SELECTED VARIETIES  
645 mL  
20325820001\_EA

Pace

Prego

# START YOUR **ACTIVIA** GUT HEALTH CHALLENGE

**2** ACTIVIA  
EVERY DAY FOR **14** DAYS



Optimum™

**\$3**  
back  
in points

APP EXCLUSIVE OFFER

Earn

**3,000** pts

for every \$10 spent  
in Activia products\*

get entered to win\*\*

**10 MILLION** pts

That's like  
**\$10,000!**



**\$4**  
Activia® Expert - 4 x 100 g  
21688261\_EA/21687900\_EA



**\$6.50**  
Activia® Expert - 750 g  
21688207\_EA



**\$7.50**  
Activia® - 12 x 100 g  
20303412001\_EA



**\$4.50**  
Activia® - 650 g  
20325132003\_EA



**\$7**  
Activia® - 8 x 93 mL  
21520253\_EA

\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer. Earn 3,000 PC Optimum™ points for every \$10 spent on participating Activia products. Product availability may vary by store. We reserve the right to limit quantities. We are not obligated to award points based on errors or misprints. Points apply to items sold at individual units and are not awarded per unit when the unit is part of a case pack or variety pack. No cash value. Offer valid from January 1st to February 18th, 2026. Activia® used under lic. © 2026 Cie Gervais Danone. All rights reserved.

\*\*NO PURCHASE NECESSARY. Open to Canadian resident PC Optimum members who are 14 years or older. Contest ends February 18, 2026 at 12:00 am ET. Members can get an entry for every \$10 spent on any eligible Activia products at participating Atlantic Superstore, Dominion Fortinos, Loblaws, Maxi, No Frills, Provigo Le Marché, Shoppers Drug Mart, Valu-Mart, Real Canadian Superstore, Wholesale Club, Your Independent Grocer and Zehrs locations and scan their PC Optimum card at the time of purchase. Prize of 10,000,000 PC Optimum points to be won (that's like \$10,000 CDN in value when redeemed each). Limit of one prize per member. Must correctly answer mathematical skill-testing question. Odds of winning a prize depends on total number of eligible entries received. For full rules/details and how to enter without purchase, visit www.pcoexpress.ca/pcocontest-danone.

## PACK YOUR MORNING WITH PROTEIN



**\$7.25**  
Oikos® - 650 g, 750 g  
21305945\_EA



**3/\$12**  
OR \$4.99 EA.  
Oikos® - 4 x 95 g, 4 x 100 g  
20625055\_EA  
20419715001\_EA



**\$3.50**  
Oikos® Pro™ - 300 mL  
21651846\_EA

\*As part of a complete breakfast and balanced diet. Per 175 g serving.

Activia® used under lic. © 2026 Cie Gervais Danone. / Oikos® / Oikos® Pro™ used under lic. © 2026 Danone US, LLC. / Stok® © 2026 WhiteWave Services, Inc. All rights reserved. All rights reserved.

## 10-HOUR BREW BOLD AND SMOOTH TASTE



**\$7.50**  
Stok® - 1.42 L  
21203737\_EA/21203739\_EA

# LIBERTÉ

## SIMPLE COMFORT. REAL TASTE.



**5.75**  
Liberté® Kéfir  
selected varieties  
1 kg  
21216416\_EA



**\$5**  
Liberté® Greek  
Crunch  
selected varieties  
2 x 130 g  
21041543002\_EA  
21588326\_EA

**4.25**

Liberté® Greek  
selected varieties  
4 x 100 g  
20801752003\_EA  
21648736\_EA



**4.50**

Liberté® Méditerranée  
selected varieties  
4 x 100 g  
21685635\_EA  
21685700\_EA



**3.50**

Yoplait Tubes®  
8 x 56 g, Yoplait  
Minigo® 6 x 60 g,  
selected varieties  
21547587\_EA  
56920133427\_EA



TAXES APPLICABLES  
TRADEMARKS OF YOPLAIT MARQUES S.N.C. (FRANCE) USED UNDER LICENSE /  
TRADEMARKS OF LIBERTÉ MARQUES S.N.C. USED UNDER LICENSE /  
MADE IN CANADA FROM DOMESTIC AND IMPORTED INGREDIENTS

# WINTER GAME ESSENTIALS

## Buy all three for \$22:

Any 30 - piece Wings and Wedges Bucket  
1.2-2 KG 21541872\_EA

+

any 1 Ruffles potato chips or Doritos Tortilla Chips 180-235 g  
21241052\_EA

+

1 L Pepsi selected varieties  
20040201001\_EA

## Happy Lunar New Year

Get ready with your favourite brands

**\$16** Gain Detergent 100 LD, Cheer Detergent 107 LD, Tide Detergent 52/64 LD, Tide Simply Detergent 107 LD, PODS/Fings 25/42s, Liquid Softener 96/150 LD, Sheets 240's, Beads 453/515/550 g, Rinse 70 LD, selected varieties 21671135\_EA/21579830\_EA

**\$21** Tide Detergent 100/94/83 LD, Ivory Snow Detergent 80 LD, PODS/Fings 45/57/76's, Downy/Gain Beads 853 g, Selected Varieties 21671018\_EA/21594124\_EA

**\$11** Dawn 2.2/2.64 L, Mc Clean Liquid 2.93 L, Swiffer Duster Refills 6/10's, Sweeper Wet Refills 12/20/24's, Sweeper Dry Refills 16/20/32's, WetJet Refills 12's, Powermop Refills 5's, WetJet Liquid 2.5 L, Powermop Liquid 2.5 L, Selected Varieties 21430598\_EA/21694540\_EA

**\$27** Cascade Tubs 63/83/112's, Selected Varieties 21658905\_EA/2165885\_EA

© 2026 P&G

## GOURMET CREATIONS FOR LOVE AT FIRST BITE

**2/\$7** OR \$4 EA. Marie Morin Crème Brûlée, Salted Caramel Cheesecake or Chocolate Ganache 90 - 103 g 2165251\_EA/2165250\_EA

## TRUSTED SOFTNESS, BETTER TEAR

\*vs. leading 1000-sheet brand

**\$18** Charmin Bath Tissue, 12=48 roll, soft 21707532\_EA

## cleans Better

**\$18** Charmin Bath Tissue, 12=48 roll, strong 21636641\_EA

\*vs. Leading Canada 2-ply bath tissue

## +50% MORE ABSORBENT

\*vs. leading ordinary brand.

**\$18** Bounty Paper Towel, Select A Size, 6=12 roll 21670280\_EA

## THICKER AND MORE ABSORBENT\*

\*vs. the leading US 2-ply napkin

**\$11** Bounty Napkin 400's 21053171\_EA

© 2026 P&G

## NOMINATE A MINOR HOCKEY ASSOCIATION

FOR THEIR CHANCE TO RECEIVE UP TO **\$100,000\***

Nominate at [KrugerBigAssist.ca](https://www.krugerbighelp.ca)

PROUDLY ASSISTING CANADIAN FAMILIES ON AND OFF THE ICE.

**\$21** Cashmere® Ultra Bathroom Tissue 24=72 Rolls Selected Varieties 21443648\_EA

**\$14** Scotties® Ultra Soft Facial Tissue 4-Pack Selected Varieties 21607310\_EA

**\$23** SpongeTowels® UltraPRO Paper Towel 8=16 Rolls Selected Varieties 21677816\_EA

\*No purchase necessary. Nominations start Oct 1/25 and Feb 22/2026. Nominate an eligible Canadian hockey association for the opportunity to receive one of five (5) \$25,000 CAD donations. Five (5) donations will be made ("Finalists"); one per region (ON, QC, Pacific (BC, YT, NU, NT), Prairies (AB, SK, MB), Atlantic (PEI, NS, NB, NL)) Plus, one (1) \$75,000 CAD donation ("Grand Prize") will be made among applications received from Finalists by March 13/26. Start your nomination or see full terms at [KrugerBigAssist.ca](https://www.krugerbighelp.ca).  
 © Registered trademarks and TM trademarks of Kruger Products Inc. © 2025 Kruger Products Inc. Scotties® is a registered trademark of Kimberly-Clark Worldwide Inc., used under licence.  
 \*\*Products claimed as being made in Canada have been made with domestic and imported materials.