

**PROUDLY CANADIAN  
OWNED & OPERATED**



**valu-mart™**

**\$4<sup>99</sup>**  
LB

**CHICKEN BREASTS**  
BONE-IN, SKINLESS  
**SPLIT CHICKEN WINGS**  
FAMILY SIZE  
8.82/KG  
**POITRINES DE POULET**  
**OU AILES DE POULET**  
**SÉPARÉES**  
20761916\_EA  
20055906\_KG



**\$5<sup>44</sup>**  
LB

**MEDIUM GROUND BEEF**  
FAMILY SIZE  
11.99/KG  
**BŒUF HACHÉ MI-MAIGRE**  
20865673\_KG



**\$12<sup>99</sup>**

**APP EXCLUSIVE OFFER\***  
GET **2,000**<sup>pts</sup>  
**\$2**  
back in points

**PC® WINGS** 800-907 G OR  
**PORK BACK RIBS** 680 G  
SELECTED VARIETIES  
FROZEN  
**AILES OU CÔTES DE**  
**DOS DE PORC PC®**  
20771715\_EA  
20708932\_EA



\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

**\$6<sup>99</sup>**

**LOBSTER TAILS**  
2-3 OZ EACH FROZEN OR  
PREVIOUSLY FROZEN OR  
**MARINA DEL RAY**  
**ARGENTINIAN SHRIMP**  
**MEAT** 300 G FROZEN  
**QUEUES DE HOMARD**  
**OU VIANDE**  
**DE CREVETTE**  
**D'ARGENTINE**  
**MARINA DEL RAY**  
21194848\_EA  
21395555\_EA



**SAVE 34%**  
**1<sup>98</sup>**

**FARMER'S MARKET™**  
**AVOCADO BAG**  
PRODUCT OF MEXICO  
5'S  
**SAC D'AVOCATS**  
**DÉLICES DU MARCHÉ™**  
21644936001\_EA



**EQUIVALENT TO**  
**40¢**  
**PER AVOCADO**

**\$3<sup>99</sup>**

**PREPARED IN CANADA**

**WONDER BREAD**  
OR BUNS  
SELECTED VARIETIES  
AND SIZES  
**PAIN OU PETITS**  
**PAINS WONDER**  
20276296\_EA  
20297455\_EA



**\$20<sup>99</sup>**

**APP EXCLUSIVE OFFER\***  
GET **2,000**<sup>pts</sup>  
**\$2**  
back in points

**PC® ROAST AND**  
**GROUND COFFEE**  
SELECTED VARIETIES  
800-930 G  
**CAFÉ TORRIFIÉ**  
**ET MOULU PC®**  
21393374\_EA  
21393573\_EA



**SAVE 47%**  
**7<sup>88</sup>**

**MAZOLA OIL**  
SELECTED VARIETIES  
2.84 L  
**HUILE MAZOLA**  
20750410\_EA  
20092556\_EA



**cheer for your team**

**\$20<sup>99</sup>**

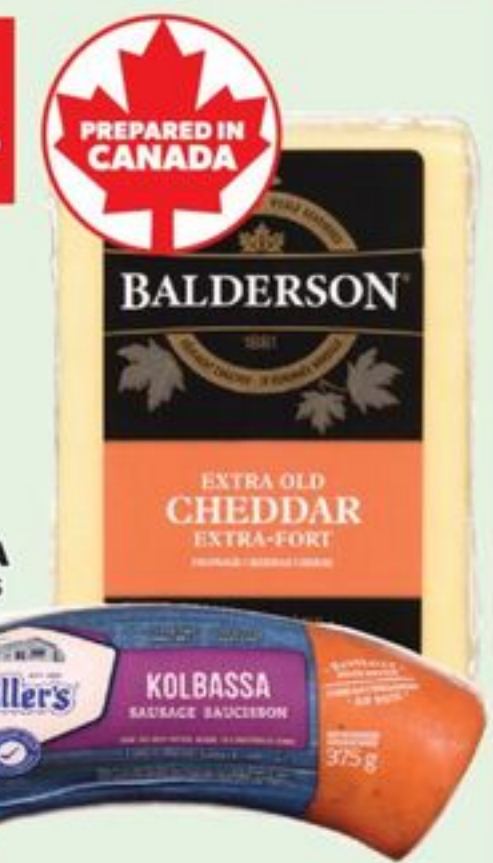
**LARGE VEGETABLE**  
**OR FRUIT PLATTER**  
PREPARED IN-STORE  
1.343-1.87 KG  
**GROS PLATEAU**  
**DE LÉGUMES**  
**OU FRUITS**  
20081718\_EA  
20121599\_EA



**SAVE**  
**UP TO 33%**

**\$7<sup>99</sup>**

**BALDERSON**  
**CHEDDAR** 250/280 G  
OR **PILLER'S KOLBASSA**  
300-375 G SELECTED VARIETIES  
**CHEDDAR**  
**BALDERSON**  
**OU KOLBASSA**  
**PILLER'S**  
20308469\_EA  
21495455\_EA



**Optimum™**  
Members-Only Price™  
**\$8**

**Members save \$4**

**Non-members**  
**\$12**

**SCHNEIDERS**  
**PEPPERETTES**  
SELECTED VARIETIES  
250-375 G  
**PEPPERETTES**  
**SCHNEIDERS**  
20976110\_EA  
21433636\_EA



**4<sup>77</sup>**

**PREPARED IN CANADA**

**BLACK DIAMOND CHEESE**  
**BAR** 400 G, **SHREDS**  
300-320 G OR **PC® SHREDS**  
250-320 G, SELECTED VARIETIES  
**BARRES DE FROMAGE,**  
**FROMAGE RÂPÉ**  
**BLACK DIAMOND**  
**OU FROMAGE**  
**RÂPÉ PC®**  
21278845\_EA  
21279221\_EA



**\$3<sup>99</sup>**

**MCCAIN SUPERFRIES**  
OR **SPECIALTY**  
**POTATOES** 454-800 G,  
**CRAVE, KRAFT DINNER**  
**OR SMART ONES**  
**ENTRÉES** 200-340 G  
SELECTED VARIETIES, FROZEN  
**SUPERFRIES OU**  
**POMMES DE TERRE DE**  
**SPECIALITÉ MCCAIN,**  
**PLATS CUISINÉS CRAVE,**  
**KRAFT DINNER OU**  
**SMART ONES**  
20324328002\_EA  
21085515\_EA



**SAVE**  
**UP TO 36%**

**3<sup>50</sup>**

**DR. OETKER RISTORANTE**  
OR **CASA DI MAMA PIZZA**  
320-410 G OR **PC® FOCACCIA**  
OR **FLATBREAD PIZZA**  
330-456 G SELECTED  
VARIETIES, FROZEN  
**PIZZA RISTORANTE**  
**OU CASA DI MAMA**  
**DR. OETKER OU**  
**PIZZA FOCACCIA**  
**OU PAIN PLAT PC®**  
20296100001\_EA/21013452\_EA



**APP EXCLUSIVE OFFER\***  
GET **7,500**<sup>pts</sup>  
for every "25" spent on

**PEPSICO SOFT DRINKS,**  
**FRITO LAY SNACKS,**  
**RUFFLES, BUBLY,**  
**TOSTITOS OR QUAKER**  
**CRISPY MINIS**  
**BOISSONS GAZEUSES**  
**PEPSICO, GRIGNOTINES**  
**FRITO LAY'S, RUFFLES,**  
**BUBLY, TOSTITOS OU**  
**MINIS CRISPY QUAKER**  
2010546002\_C06  
21241052\_EA



**2<sup>49</sup>**

**LAY'S POTATO**  
**CHIPS**  
SELECTED VARIETIES  
177-235 G  
**CROUTILLES**  
**LAY'S**  
21541872\_EA  
21541877\_EA



**\$4<sup>99</sup>**

**PLANTERS CASHEWS,**  
**ALMONDS OR MIXED**  
**NUTS TINS OR**  
**FLAVOURED CASHEWS**  
SELECTED VARIETIES  
145-225 G  
**CONTENANTS DE**  
**NOIX DE CAJOU,**  
**AMANDES OU NOIX**  
**MÉLANGÉES OU**  
**NOIX DE CAJOU**  
**AROMATISÉES**  
**PLANTERS**  
21021618\_EA  
21619981\_EA



**Optimum™**

**from Thursday February 5<sup>th</sup> to Saturday, February 7<sup>th</sup>**

Your points are worth more.

**Bonus**  
**Redemption**  
**Event**

Redeem  
**70,000<sup>pts</sup>**  
and get  
**\$80<sup>off</sup>\***  
your purchase of  
\$80 or more

Redeem  
**150,000<sup>pts</sup>**  
and get  
**\$175<sup>off</sup>\***  
your purchase of  
\$175 or more

Redeem  
**250,000<sup>pts</sup>**  
and get  
**\$300<sup>off</sup>\***  
your purchase of  
\$300 or more

OR

OR

That's an extra \$10 value!

That's an extra \$25 value!

That's an extra \$50 value!

Limited time offer, subject to change or cancellation. Redemptions at points level available while offer lasts as specified above in a single transaction. In cases of insufficient spend amount causing customers not being able to optimize the offer, the system will automatically suggest/default to a lower redemption threshold, so that customer can always redeem the least amount of available points and achieve the maximum value of offer available. Customer can however choose to redeem a higher amount of points and forfeit portion of the value available if desired as per the PC Optimum™ Program Terms and Conditions. In no event will customers receive extra points in lieu of the forfeited value as part of this offer. Redemptions must be in increments of 10,000 points up to a maximum of 500,000 PC Optimum™ points in one transaction. Applicable fees and taxes payable on full purchase price before application of redemption value. Not redeemable for cash or credit. Exclusions apply. Visit pcoptimum.ca/company-policy/terms-and-conditions for further details.

Flyer prices effective from Thursday, February 5<sup>th</sup> to Wednesday, February 11<sup>th</sup>, 2026. **SEE BACK PAGE FOR DETAILS.**



**\$12**

**JANES** *ultimates*  
ready for anything

**JANES FISH** 450-590 G  
**PC® OR BLUE MENU**  
ENTRÉES 2/2.27 KG  
SELECTED VARIETIES FROZEN  
**POISSON JANES OU**  
**PLATS CUISINÉS PC®**  
**OU MENU BLEU**  
CLUB PACK • FORMAT CLUB

**MEAT**  
LASAGNA  
VIANDÉ

2.27 kg

**\$4**

**DORITOS**  
FLAVOURED  
TORTILLA CHIPS  
OR TOSTITOS  
TORTILLA CHIPS  
SELECTED VARIETIES  
205-295 G  
**CROUSTILLES**  
DE TORTILLA  
AROMATISÉES  
DORITOS OU  
CROUSTILLES DE  
TORTILLA TOSTITOS

21050575\_EA  
21693042\_EA

**8<sup>50</sup>**

**PC® PACIFIC LARGE**  
**WHITE SHRIMP**  
RAW OR COOKED PEELED OR RAW  
ZIPPERBACK® 31-40 PER LB 400 G OR  
**SMOKED SALMON OR**  
**CRAB & LOBSTER**  
**BAKE & SERVE DIP** 360 G  
FROZEN  
**GROSSES CREVETTES**  
**BLANCHES DU PACIFIQUE**  
**PC® CRUES OU CUITES**  
**DÉCORTIQUÉES OU**  
**CRUES À DÉCORTICAGE**  
**ÉCLAIR™ OU TREMPETTE**  
À CUIRE ET SERVIR AU  
**SAUMON FUMÉE OU**  
**CRABE ET HOMARD PC®**

20791381\_EA  
21682673\_EA

**\$16**

**MCCAFÉ GROUND**  
**COFFEE** 300-340 G OR  
**PC® PODS** 30'S  
SELECTED VARIETIES  
**CAFÉ MOULU**  
**MCCAFÉ OU**  
**CAPSULES DE**  
**CAFÉ PC®**  
CLUB SIZE

**GOURMET**  
DECAFFEINATED  
MEDIUM ROAST

20134930\_EA  
21238495\_EA

**\$4**

**GAY LEA REAL**  
**WHIPPED CREAM**  
SELECTED VARIETIES  
225 G  
**VÉRITABLE CRÈME**  
**FOUETTÉE GAY LEA**

20048223001\_EA  
20048223002\_EA

**\$7**

**8 INCH PIES**  
SELECTED VARIETIES  
635-750 G  
**TARTES DE 8 PO**

21297474\_EA  
21297475\_EA

**\$3**

**EARTH'S OWN**  
**ALMOND NON**  
**DAIRY BEVERAGE**  
SELECTED VARIETIES  
1.89 L  
**BOISSONS SANS**  
**PRODUITS LAITIERS**  
**AUX AMANDES**  
**EARTH'S OWN**

2029968002\_EA  
20913872\_EA

**SAVE \$1.98**  
**WHEN YOU BUY 2**

**2/\$11**

OR \$6.49 EA.

**PC® BLUE MENU**  
OR **PC® SPARKLING**  
**WATER**  
SELECTED VARIETIES  
12X355 ML  
**EAU PÉTILLANTE**  
**PC® MENU BLEU**  
OU **PC®**

20668034001\_C01  
20668034002\_C01

**APP EXCLUSIVE OFFER**  
GET 3,000<sup>®</sup> when you buy 2  
**\$3** back in points

**PREPARED IN CANADA**

\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

**2<sup>75</sup>**

**QUAKER DIPP'S OR**  
**CHEWY GRANOLA**  
**BAR'S**  
SELECTED VARIETIES  
120-156 G  
**BARRES GRANOLA**  
**DIPP'S OU CHEWY**  
**QUAKER**

20847582\_EA  
21359366\_EA

**\$3**

**CLOVER LEAF**  
**WHITE TUNA OR**  
**STAGG CHILI**  
SELECTED VARIETIES  
170/425 G  
**THON BLANC**  
**CLOVER LEAF OU**  
**CHILI STAGG**

20091906\_EA  
20326358001\_EA

**3<sup>50</sup>**

**PC® PASTA SAUCE**  
SELECTED VARIETIES  
410/650 ML  
**SAUCE POUR PÂTES**  
**PC®**

20131344001\_EA

**\$3**

**KETTLE BRAND**  
**POTATO CHIPS**  
SELECTED VARIETIES  
156/198 G  
**CROUSTILLES**  
**KETTLE BRAND**

21520652\_EA  
21654509\_EA

**Optimum**  
Members-Only Price  
**\$6**  
Non-members  
**\$11**

**PC® DE-ALCOHOLIZED**  
**BEER**  
SELECTED VARIETIES  
12X355 ML  
**BIÈRE**  
**DÉSALCOOLISÉE**  
**PC®**

20121729\_C12  
20325253\_C12

**12<sup>99</sup>**

**COCA-COLA OR**  
**PEPSI SOFT DRINKS**  
SELECTED VARIETIES  
24X355 ML  
**BOISSONS**  
**GAZEUSES**  
**COCA-COLA**  
**OU PEPSI**

20308197001\_C24  
20306687002\_C24

**EQUIVALENT TO 55¢ PER CAN**

**SAVE UP TO \$3<sup>99</sup>**

**\$15**

**WHISKAS**  
**CAT FOOD**  
SELECTED VARIETIES  
12'S  
**NOURRITURE**  
**POUR CHATS**  
**WHISKAS**

20548822\_EA

**SAVE UP TO 30%**

**WEBBER NATURALS**  
**VITAMINS OR**  
**SUPPLEMENTS**  
SELECTED VARIETIES  
AND SIZES  
**VITAMINES OU**  
**SUPPLÉMENTS**  
**WEBBER NATURALS**

20783429\_EA  
21286687\_EA

**Optimum**  
Members-Only Price  
**3<sup>99</sup>**  
Non-members  
**11<sup>99</sup>**

**CASHMERE BATHROOM**  
**TISSUE** 8-16 ROLLS OR  
**SCOTTIES FACIAL**  
**TISSUE** 6'S  
**PAPIER HYGIÉNIQUE**  
**CASHMERE OU**  
**MOUCHOIRS SCOTTIES**

210573377\_EA  
21204742\_EA

**PREPARED IN CANADA**

**Optimum**  
Members-Only Price  
**\$20**  
Non-members  
**28<sup>99</sup>**

**TIDE LAUNDRY DETERGENT**  
3.9 L, **TIDE POWER PODS**  
45'S, **TIDE PODS** OR  
**GAIN FLINGS** 57-76'S  
SELECTED VARIETIES  
**DÉTERGENT À LESSIVE**  
**TIDE, TIDE POWER PODS,**  
**TIDE PODS OU FLINGS GAIN**

21204742\_EA

**FEBRUARY** **HIT OF THE MONTH** **LOWEST PRICES. BEST DEALS.** **Prices effective February 1 - 28, 2026**  
As compared to other major grocery retailers within your local areas. While quantities last. See in-store for details.

**YACHON SNACK CAKES**  
SELECTED VARIETIES AND SIZES  
**PETITS GÂTEAUX YACHON**

20963606\_EA  
20976342\_EA

**\$2<sup>67</sup>**

**CAVENDISH FRIES**  
SELECTED VARIETIES  
FROZEN  
800 G  
**FRITES CAVENDISH**

21559371\_EA  
21602936\_EA

**\$2**

**ROYALE TIGER TOWEL**  
**PAPER TOWELS**  
3=6 ROLLS  
**ESSUIE-TOUIT TIGER**  
**TOWEL ROYALE**

21484702\_EA

**\$4**

**valu-mart** **CUSTOMER RELATIONS 1-800-296-2332. VISIT valumart.ca FOR STORE HOURS.**

Please call Customer Relations at 1-800-296-2332 or visit our website at valumart.ca for your store's hours and to see which Valumart® locations do not participate in this flyer. Quantities and/or selection of items may be limited and may not be available in all stores. No rainchecks or substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We are not obligated to sell items based on errors or misprints in typography or photography. **Pricing:** All references to "Save, Was, Now, Savings, etc." are in comparison to our own regular prices. Savings on items shown may vary by store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. Coupons must be presented and redeemed at time of purchase. **Trademarks:** ®/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. **Purchase limits:** We reserve the right to limit quantities to reasonable family requirements. **PC Optimum™ Members Only:** Offers are available to valid PC Optimum™ program members. Membership is free. To register, see in-store or visit pcoptimum.ca. Points are not guaranteed in case of errors or misprints. No cash value. See valumart.ca for full program details including redemption restrictions. Minimum redemption is 10,000 points. These offers cannot be combined with any other coupons, discounts, or promotions. No adjustments on previous purchases. We may modify or cancel offers without notice. Product availability may vary by store. While supplies last. **Points Offers:** Receive the specified points when you spend the qualifying amount on the listed products/categories before taxes, after discounts and redemptions, in a single transaction. Taxes apply on purchase amount after discounts. PC Optimum™ pricing is not valid in price match programs for participating Loblaws Inc. banner stores. **Outdoor/Seasonal Items:** Outdoor seasonal items (e.g., lawn and garden) may only be available at select stores. Please check your local store for pricing, limits, and availability. **PRICE DROP Offer:** Valid in-store at participating locations from January 29 - February 25, 2026 before taxes and while quantities last. Applies only to select products. Offer may be modified or cancelled without notice. See in-store for full details.

**VM BACK**



**freshness you can taste,  
value you'll love**

**\$3**

**BLACKBERRIES**  
PRODUCT OF MEXICO OR U.S.A.  
HALF PINT  
**MÛRES**  
20051015001\_EA



**3<sup>99</sup>**  
LB

**EXTRA  
LARGE**

**PC® EXTRA LARGE  
RED SEEDLESS  
GRAPES** PRODUCT OF  
SOUTH AFRICA, PERU OR  
CHILE, NO. 1 GRADE OR  
**PC® EXTRA LARGE  
GREEN SEEDLESS  
GRAPES** PRODUCT OF  
SOUTH AFRICA OR PERU,  
NO. 1 GRADE  
8.80/KG  
**TRÈS GROS RAISINS  
ROUGES OU VERTS  
SANS PÉPINS PC®**  
20151919001\_KG  
20425775001\_KG



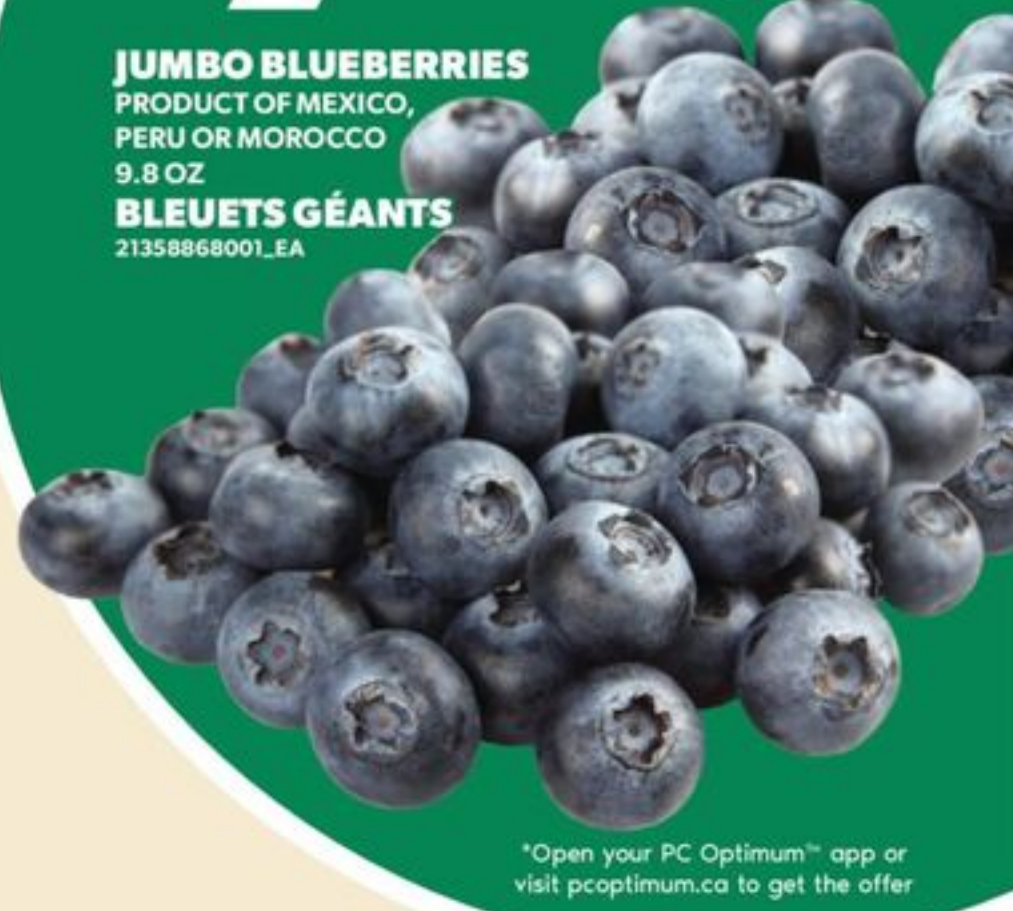
**\$7**

APP EXCLUSIVE OFFER\*

GET  
**2,000**<sup>®</sup>

**\$2**  
back  
in points

**JUMBO BLUEBERRIES**  
PRODUCT OF MEXICO,  
PERU OR MOROCCO  
9.8 OZ  
**BLEUETS GÉANTS**  
21358868001\_EA



\*Open your PC Optimum™ app or  
visit pcoptimum.ca to get the offer

**\$6**

**CAULIFLOWER**  
PRODUCT OF MEXICO OR  
U.S.A., NO. 1 GRADE  
EACH  
**CHOU-FLEUR**  
20135377001\_EA



**SAVE  
\$1  
WHEN YOU BUY 2**

**2/\$3**

OR  
\$2 EA.

**RED MANGO**  
PRODUCT OF PERU  
**MANGUE ROUGE**  
20059635001\_EA



**\$5**

**CANTALOUPE**  
EACH, PRODUCT OF  
GUATEMALA OR HONDURAS  
**OR STRAWBERRIES**  
1 LB, PRODUCT OF MEXICO  
OR U.S.A., NO. 1 GRADE  
**CANTALOUPE  
OU FRAISES**  
20167019001\_EA  
20049778001\_EA



**1 LB**

**SAVE  
UP TO 42%**

**\$4**



**FARMER'S MARKET™  
RUSSET OR RED  
POTATOES**  
PRODUCT OF CANADA,  
CANADA NO. 1 GRADE  
10 LB BAG  
**POMMES DE TERRE  
RUSSET OU ROUGES**  
20601020001\_EA  
20601013001\_EA



**10 LB**

**\$3**  
LB/EA.



**GREENHOUSE TOMATOES  
ON THE VINE** \$3 LB 6.61/KG  
**OR ENGLISH  
CUCUMBERS** \$3 EA.  
PRODUCT OF CANADA  
**TOMATES DE SERRE  
SUR VIGNE OU  
CONCOMBRES  
ANGLAIS**  
20026703001\_KG  
20070132001\_EA



**\$18-20**

**FAMILY SIZE SALADS**  
PREPARED IN-STORE,  
SELECTED VARIETIES  
667-901 G  
**SALADES FORMAT FAMILIAL**  
20972499\_EA/20972512\_EA



GET  
**1,000**<sup>®</sup>  
when you buy 2

**\$1**  
back  
in points

try with

**RENÉE'S REFRIGERATED SALAD  
DRESSING OR VINAIGRETTE**  
SELECTED VARIETIES, PRODUCT OF CANADA  
350/355 ML  
**SAUCE À SALADE OU VINAIGRETTE  
RÉFRIGÉRÉE RENÉE'S**  
2/\$12 OR \$6.50 EA.  
20012865\_EA/20314592\_EA



**FRESH  
PROMISE**

**If it's not fresh,  
it's free.\***

\*Fresh Promise: Applicable to eligible fresh produce items purchased at Valomart store locations or online at valomart.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the Zehrs store where purchase originated. The fresh promise may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.

**\$18**

**5 STEM CUT  
KALANCHOES**  
ASSORTED COLOURS  
**5 KALANCHOÉS  
SUR TIGE COUPÉS**  
21423372\_EA



**LONG  
LASTING**

**\$14**

**VALENTINE'S DAY  
MINI ROSE IN TIN  
MINI ROSIER DE  
SAINT-VALENTIN  
EN POT DE MÉTAL**  
21723993\_EA



**\$12**

**10 STEM TULIPS**  
ASSORTED COLOURS  
**10 TULIPES SUR  
TIGE**  
20833978\_EA



**\$8**

**feeling protein power-fuel**



**\$8**



**PC® BLUE MENU®  
GROUND CHICKEN**  
454 G  
**POULET HACHÉ PC®  
MENU BLEU®**  
21100091\_EA



**11<sup>50</sup>**  
LB

**INSIDE ROUND  
ROAST**  
CUT FROM CANADA AAA  
OR USDA SELECT GRADE  
BEEF OR HIGHER  
25.35/KG  
**D'INTÉRIEUR  
DE RONDE**  
20812494\_KG



**\$5**



**LEAN GROUND  
PORK**  
450 G  
**PORC HACHÉ  
MAIGRE**  
21646160\_EA



**SAVE  
\$1**

**\$7**



**MARCANGELO  
PORK SAUSAGES**  
SELECTED VARIETIES  
375-500 G  
**SAUCISSES DE PORC  
MARCANGELO**  
21724134\_EA  
21724145\_EA



**\$4**

**MAPLE LEAF  
TOP DOGS OR  
SCHNEIDERS RED  
HOTS WIENERS**  
SELECTED VARIETIES  
375 G  
**SAUCISSES FUMÉES  
TOP DOGS MAPLE  
LEAF OU REDHOTS  
SCHNEIDERS**  
20602429\_EA  
21093477\_EA



**find your catch in seafood**

**\$4**



**FRESH ATLANTIC  
SALMON PORTIONS**  
MARINATED  
SELECTED VARIETIES  
113 G  
**PORTIONS DE  
SAUMON DE  
L'ATLANTIQUE  
FRAIS**  
20947596\_EA  
20948216\_EA



**\$9**

**PC® WILD  
YELLOWFIN TUNA  
STEAKS** 280 G OR  
**SUSHI POCKET  
TUNA MAYO OR  
SALMON TERIYAKI**  
FROZEN 528 G  
**DARNES DE  
THON ALBACORE  
SAUVAGE PC® OU  
THON MAYO OU  
SAUMON TERIYAKI  
SUSHI POCKET**  
21218119\_EA  
21702599\_EA



**\$20**

**CANADIAN  
SNOW CRAB  
CLUSTERS**  
SECTIONS DE  
CRABE DES  
NEIGES CANADIEN

**PC® PACIFIC WHITE SHRIMP  
RING WITH MILD COCKTAIL  
SAUCE** 568 G OR **IFC COOKED  
CANADIAN SNOW CRAB  
CLUSTERS** 500 G  
**COURONNE DE CREVETTES  
BLANCHES DU PACIFIQUE  
AVEC SAUCE COCKTAIL  
DOUCE PC® OU GRAPPES  
DE CRABE DES NEIGES  
CANADIEN CUITES IFC**  
20147098\_EA/21615011\_EA





# bakery deals rising daily

**\$5**

**\$17**



**FARMER'S MARKET™  
BAR CAKES**  
SELECTED VARIETIES  
675-770 G  
**GÂTEAUX  
RECTANGULAIRES  
DÉLICES DU MARCHÉ**  
21500612\_EA  
21500763\_EA



**\$6**



**IN-STORE  
CUPCAKES**  
CHOCOLATE OR WHITE  
6'S  
**PETITS GÂTEAUX  
EN MAGASIN**  
20592676\_EA



**MINI COOKIES**  
SELECTED VARIETIES  
24'S  
**MINI-BISCUITS**  
21596600\_EA  
21596672\_EA



**BAKED  
IN-STORE**

**3<sup>50</sup>**



**LA BAGUETTERIE  
CIABATTA DEMI**  
450 G  
**DEMI-CIABATTA**  
20833789\_EA



**\$5**



**ACE BISTRO LOAF**  
SELECTED VARIETIES  
545-640 G  
**MICHE BISTRO ACE**  
21707600\_EA  
21707643\_EA



**5<sup>50</sup>**

**CHEESE SWIRL  
BUNS OR PIZZA  
BUNS**  
4'S  
**PETITS PAINS  
TOURBILLON DE  
FROMAGE OU  
PETITS PAINS PIZZA**  
20745112\_EA  
21541829\_EA



**BAKED  
IN-STORE**

**3<sup>75</sup>**



**PC®, BLUE MENU®,  
ORGANICS  
OR PROTEIN  
TORTILLAS**  
SELECTED VARIETIES  
342-650 G  
**TORTILLAS OU  
TORTILLAS AVEC  
PROTÉINES PC<sup>MD</sup>  
MENU BLEU<sup>MC</sup>  
BIOLOGIQUE**  
20182857\_EA  
21686817\_EA



**3<sup>50</sup>**



**KINGS HAWAIIAN  
ROLLS**  
SELECTED VARIETIES  
AND SIZES  
**PETITS PAINS  
KING'S HAWAIIAN**  
21475970\_EA



**\$6**



**PC® CLUB SIZE  
NAAN DIPPERS**  
400 G  
**BOUCHÉES NAAN  
FORMAT CLUB PC<sup>MD</sup>**  
20999700\_EA



**4<sup>40</sup>**  
/100 G

**PARMIGIANO  
REGGIANO CHEESE**  
PRODUCT OF ITALY, DELI CUT  
**FROMAGE  
PARMIGIANO  
REGGIANO**  
20377023\_KG



## in the mood for deli-cious

Optimum

Members-Only Price™

**\$14**  
Non-members  
**16<sup>50</sup>**

**PC® DELI CHEESE  
SLICES**  
SELECTED VARIETIES  
500 G  
**TRANCHES DE  
FROMAGE DE  
CHARCUTERIE PC<sup>MD</sup>**  
20249826\_EA  
20249985\_EA



**SAVE  
79¢/100 G**



**3<sup>50</sup>**  
/100 G

**PC® OR BLUE MENU®  
NATURAL CHOICE  
TURKEY SERVICE  
CASE MEATS**  
SELECTED VARIETIES  
**VIANDES DE DINDE  
PC<sup>MD</sup> OU MENU BLEU<sup>MC</sup>  
LE CHOIX NATUREL<sup>MC</sup>  
DU COMPTOIR DE  
SERVICE**  
20059548\_KG



**GET  
2,000<sup>MC</sup>**  
when you  
spend \*10\* on

**\$2**  
back  
in points

**MARCANGELO  
ITALIAN DELI MEATS  
SLICED OR CHUBS**  
SELECTED VARIETIES  
85-300 G  
**CHARCUTERIES  
ITALIENNES  
TRANCHÉES OU  
SAUCISSONS  
MARCANGELO**  
21021491\_EA  
21706089\_EA



**3<sup>50</sup>**



**PC® NAAN DIPPERS**  
SELECTED VARIETIES  
200 G  
**BOUCHÉES  
NAAN PC<sup>MD</sup>**  
21092033\_EA



Optimum

Members-Only Price™

**6<sup>50</sup>**  
Non-members  
**7<sup>50</sup>**

**PC® DIPS**  
SELECTED VARIETIES  
454 G  
**TREMPETTES PC<sup>MD</sup>**  
20583652\_EA  
20583725\_EA



## on the run, we got you

**2/\$14**  
OR  
\$8.50 EA.

**BENTO CALIFORNIA ROLLS**  
SELECTED VARIETIES  
208-250 G  
**ROULEAUX CALIFORNIENS**  
**BENTO**  
21638517\_EA  
21691462\_EA



**SAVE  
\$4**

**WHEN YOU BUY 2**

**2/\$20**

OR  
\$12 EA.  
**14 PIECE WINGS**  
HOT OR CHILLED,  
SAUCED TO ORDER  
861-933 G  
**14 MORCEAUX  
D'AILES**  
21680795\_EA  
21680659\_EA



**BUY ONE (1)  
GET ONE (1) FREE**

**12" TAKE AND BAKE PIZZA**  
SELECTED VARIETIES  
510-739 G  
**PIZZA 12 PO CUIRE  
À LA MAISON**  
21456401\_EA  
21456415\_EA



**Order in-store  
or online today.**

Please place your orders at the  
Meals To Go department  
24 hours in advance.

## party platters

Discover our selection of freshly prepared platters for your next occasion.

**FROM  
\$20**



**IN-STORE PREPARED  
SANDWICH OR WRAP PLATTERS**  
1.23-3.4 KG  
**PLATEAUX DE SANDWICHES OU  
ROULÉS PRÉPARÉS EN MAGASIN**  
21558136\_EA

**IN-STORE PREPARED  
SANDWICH OR WRAP PLATTERS**  
1.2-1.7 KG  
**PLATEAUX DE SANDWICHES OU  
ROULÉS PRÉPARÉS EN MAGASIN**  
21558135\_EA

**CHICKEN CATERING PLATTERS**  
SELECTED VARIETIES, COMES WITH CELERY AND CARROTS  
SERVED CHILLED, 1.92-3.19 KG  
**PLATEAUX DE RÉCEPTION DE POULET**  
21558990\_EA



# big game bigger value

**SAVE  
UP TO \$1.99**



**\$6**

**BOURSIN SOFT  
CHEESE**  
SELECTED VARIETIES  
150 G  
20116794\_EA  
20591214\_EA



**\$7**

**CASTELLO  
HAVARTI, CHEDDAR  
OR BLUE CHEESE**  
SELECTED VARIETIES  
125-200 G  
20428374\_EA  
20573932\_EA



**\$8**

**GET  
1,000<sup>®</sup>**

**\$1  
back  
in points**

**PILLER PEPPERONI  
PIZZA TOPPINGS**  
SELECTED VARIETIES  
175-250 G  
20042333\_EA  
21493437\_EA



**Optimum<sup>™</sup>  
Members-Only Price<sup>™</sup>  
\$14**

**Members  
save  
\$1**

**Non-members  
\$15**

**MAPLE LEAF NATURAL  
SELECTIONS SLICED  
DELI MEAT**  
CLUB PACK  
SELECTED VARIETIES  
375-400 G  
20772015\_EA  
20772016\_EA



**\$8**

**GET  
1,000<sup>®</sup>**

**\$1  
back  
in points**

**TRE STELLE  
MOZZARELLA BALL**  
SELECTED VARIETIES  
340 G  
20189267\_EA



**Optimum<sup>™</sup>  
Members-Only Price<sup>™</sup>  
\$5**

**Members  
save  
\$1**

**Non-members  
\$6**

**PC<sup>®</sup> GUACAMOLE 227 G OR  
PC<sup>®</sup> MINI GUACAMOLE 228 G**  
SELECTED VARIETIES  
21448092\_EA  
21448284\_EA



**2/\$4**



OR  
\$4.50 EA.

**ZIGGY'S<sup>®</sup>  
SLICED MEATS**  
SELECTED VARIETIES  
175 G  
215920279\_EA  
21592461\_EA

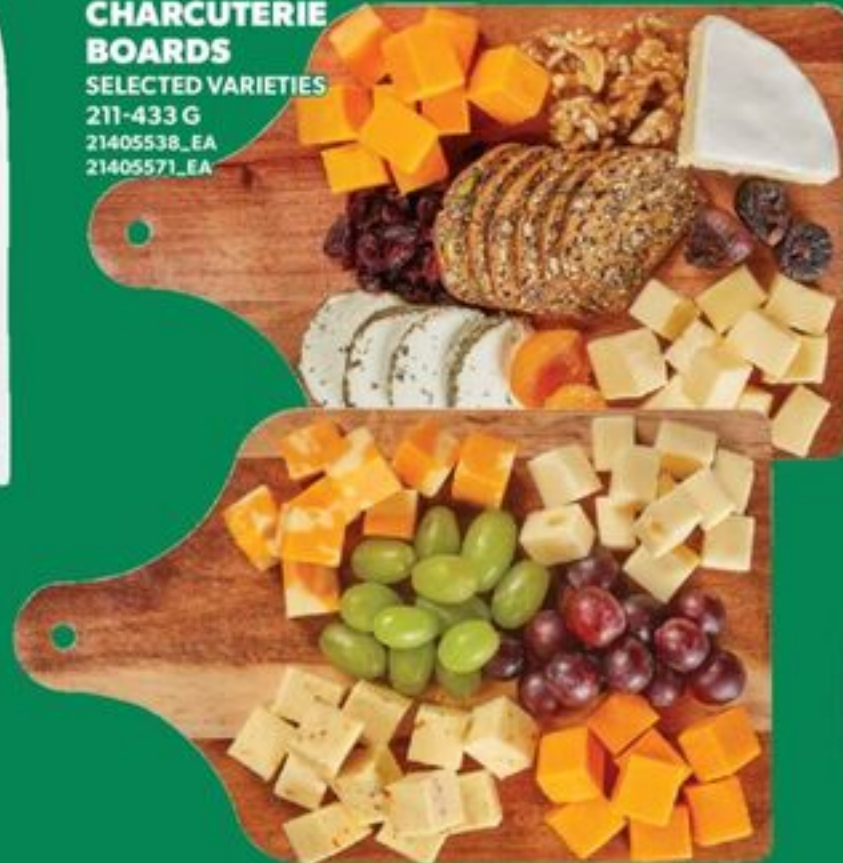


**\$14**

**GET  
2,500<sup>®</sup>**

**\$2.50  
back  
in points**

**CHARCUTERIE  
BOARDS**  
SELECTED VARIETIES  
211-433 G  
21405538\_EA  
21405571\_EA

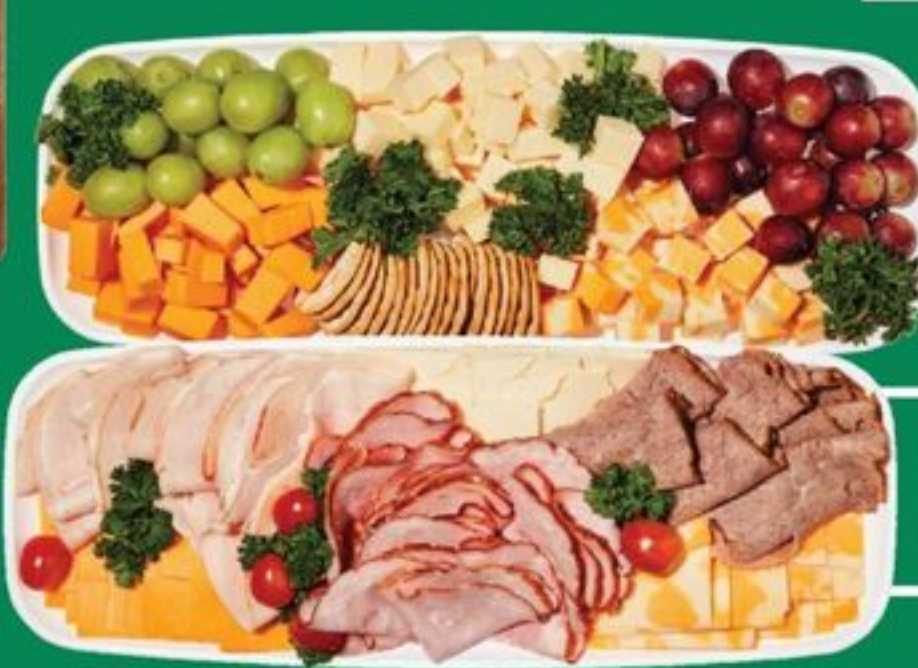


**\$30**

**GET  
5,000<sup>®</sup>**

**\$5  
back  
in points**

**PARTY PLATTER**  
SELECTED VARIETIES  
696 G-1.15 KG  
21217539\_EA  
21217577\_EA



**4<sup>25</sup>**



**CIABATTA BUNS 6'S  
OR MINI CIABATTA  
BUNS 10'S**  
SELECTED VARIETIES  
21548796\_EA  
21549106\_EA



**\$4**



**ACE BAKERY  
BAGUETTE**  
SELECTED VARIETIES  
325-400 G  
20171171\_EA  
21314348\_EA



**3<sup>50</sup>**



**GARLIC LOAF**  
330 G  
21020061\_EA



**\$6**



**PC<sup>®</sup> MINI VEGETABLE  
SAMOSAS 345 G OR  
CHICKEN SAMOSAS 288 G**  
FROZEN  
20581030\_EA  
20603356\_EA



**\$13**



**PC<sup>®</sup> PUFF PASTRY  
OR CHEESE  
HORS D'OEUVRE  
COLLECTION**  
FROZEN  
720 G  
20116615\_EA  
20215515\_EA



**\$9**



**PC<sup>®</sup> MOZZARELLA  
CHEESE STICKS,  
454 G OR TORTILLA  
AND JALAPENO  
CHEESE STICKS**  
345 G  
FROZEN  
21116020\_EA  
21474563\_EA



**\$11**

**PC<sup>®</sup> SHRIMP  
APPETIZERS**  
SELECTED VARIETIES  
FROZEN  
340-454 G  
20080117\_EA  
20135874\_EA



**\$6**

**SEAQUEST<sup>®</sup>  
COOKED SHRIMP  
RING**  
FROZEN  
227 G  
20080285\_EA



**\$9**

**PC<sup>®</sup> THAI BASIL SHRIMP  
SPRING ROLLS**  
FROZEN  
294 G  
20950440\_EA

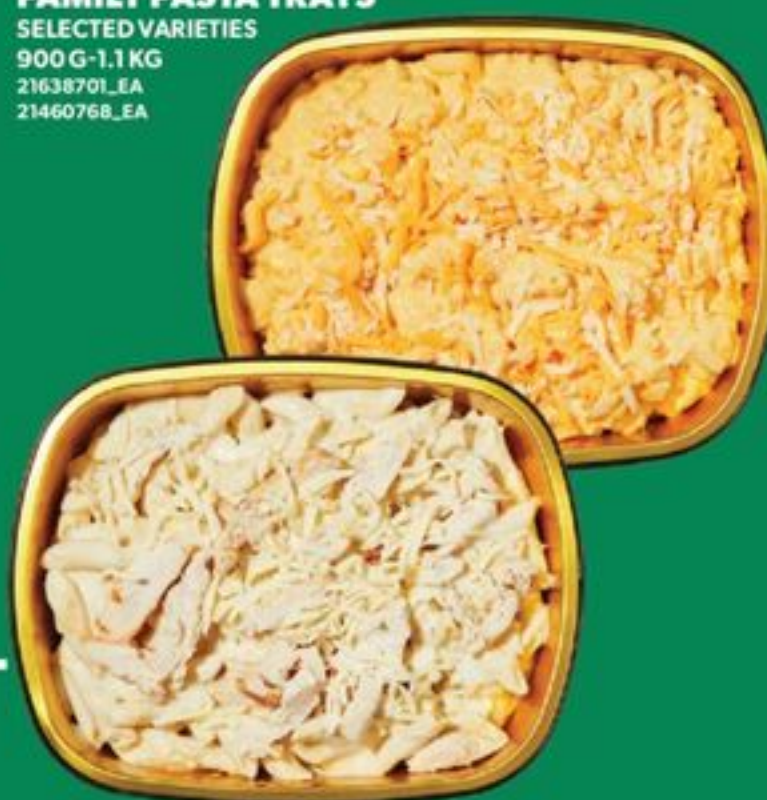




# big game bigger value

**\$16**

**IN-STORE PREPARED  
FAMILY PASTA TRAYS**  
SELECTED VARIETIES  
900 G-1.1 KG  
21638701\_EA  
21460768\_EA



**SAVE  
\$12**

**2/\$20**

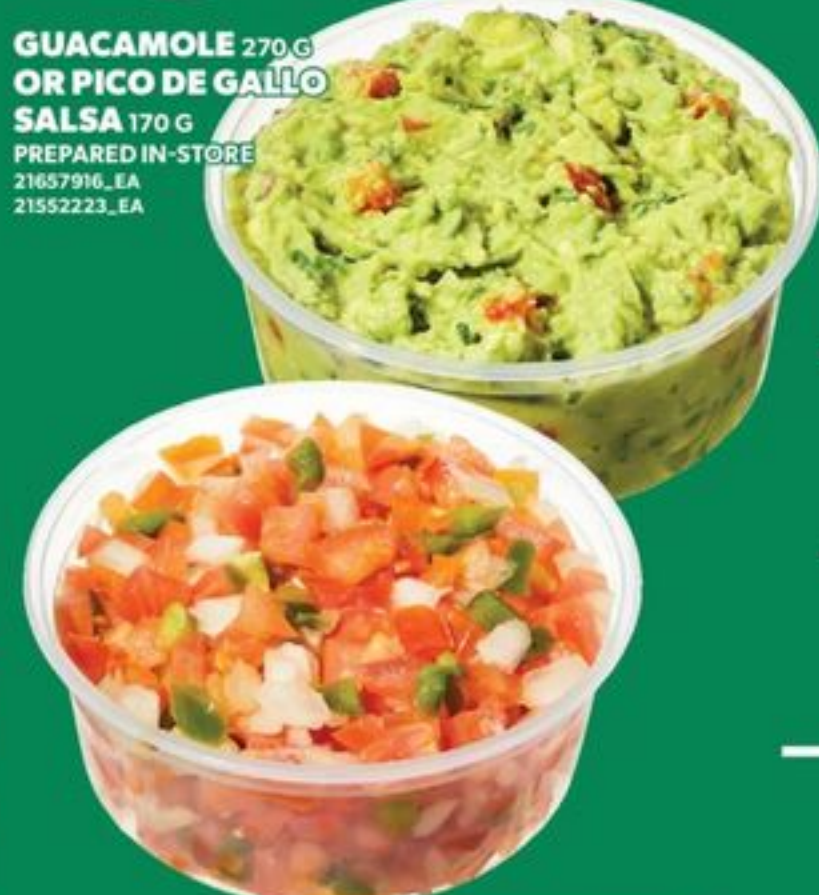
OR  
\$16 EA.

**14 PIECE WINGS**  
HOT OR CHILLED,  
SAUCED TO ORDER  
861-933 G  
21680795\_EA  
21680659\_EA



**\$6**

**GUACAMOLE 270 G  
OR PICO DE GALLO  
SALSA 170 G**  
PREPARED IN-STORE  
21657996\_EA  
21552223\_EA



**\$5**

**ARMSTRONG  
NIBBLERS**  
SELECTED VARIETIES  
200 G  
21539032\_EA  
21540213\_EA



**5<sup>74</sup>**

**NO NAME®  
CHEESE SHREDS**  
SELECTED VARIETIES  
320 G  
21082491\_EA  
21082795\_EA



**\$4**

**FRANK'S RED HOT  
BUFFALO WING  
SAUCE OR PC®  
KETCHUP**  
SELECTED VARIETIES  
750 ML/1L  
20131845\_EA  
20187632001\_EA



**\$2**

**UNICO BEANS  
OR TOMATOES**  
SELECTED VARIETIES  
540/796 ML  
2031447200L\_EA  
2031462900L\_EA



**3<sup>50</sup>**

**SNYDER'S OF  
HANOVER PRETZEL  
BITES, RODS MINIS,  
STICKS OR FRITO  
MINI CANISTERS**  
SELECTED VARIETIES  
240 G  
2031605200L\_EA  
20316052002\_EA



**\$5**

**QUE PASA TORTILLA  
OR ROLLED  
TORTILLA CHIPS**  
SELECTED VARIETIES  
184-350 G  
21031316\_EA  
21074690\_EA



**3<sup>50</sup>**

**TAKIS ROLLED  
TORTILLA CHIPS**  
SELECTED VARIETIES  
260-280 G  
21590350\_EA  
21715466\_EA



**SAVE  
\$1.58**

**2/\$5**

OR  
\$3.29 EA.

**NERDS  
GUMMY CLUSTER  
OR BERRY 142 G OR  
JOLLY RANCHER  
ROPES 283 G OR  
TWIZZLERS  
LICORICE 311-454 G**  
SELECTED VARIETIES  
21564627\_EA  
21689823\_EA



**GET  
3,000<sup>pts</sup>  
for every '9' spent on**

**\$3  
back in points**

**M&M'S STAND UP POUCH  
CHOCOLATE 155-170 G OR  
SKITTLES STAND UP  
BAG 255-320 G OR  
STARBURST 142-170 G  
OR SKITTLES POP'D  
FREEZE CANDY 155 G**  
SELECTED VARIETIES  
21571768\_EA  
21647110\_EA



**SAVE  
\$1.98**

**WHEN YOU BUY 2  
2/\$15**

OR  
\$8.49 EA.

**COCA-COLA, CANADA DRY  
OR PEPSI SOFT DRINKS**  
SELECTED VARIETIES  
12X355 ML  
2031167100L\_C12  
20322361002\_C12



**1<sup>50</sup>**

**JARRITOS DRINKS**  
SELECTED VARIETIES  
370 ML  
20147354007\_EA  
20147354011\_EA



**SAVE  
\$2.98**

**WHEN YOU BUY 2  
2/\$13**

OR  
\$7.99 EA.

**GATORADE  
SPORTS DRINK**  
SELECTED VARIETIES  
6X501 ML  
20303218003\_C06  
21641799\_C06



**12<sup>99</sup>**

**CORONA CERO**  
6X330 ML  
21650191\_C06



**SAVE  
UP TO \$2**

**19<sup>99</sup>**

**BUDWEISER ZERO  
NON-ALCOHOLIC  
BEER**  
SELECTED VARIETIES  
12X355 ML  
21295370\_C12



**7<sup>50</sup>**

**PC® DE-ALCOHOLIZED  
WINE**  
SELECTED VARIETIES  
750 ML  
21403389\_EA  
21403385\_EA





# Champion-level value, here



For every celebratory mood and moment

**7<sup>99</sup>**

**RITZ MINI SNACK CRACKERS**  
SELECTED VARIETIES  
226 G  
21712532\_EA  
21712595\_EA



**3<sup>50</sup>**

**CHRISTIE OREO, CHIPS AHOY, FUDGE-O COOKIES**  
SELECTED VARIETIES  
170 G-303 G  
21358407\_EA  
21361508\_EA



**Optimum**  
Members-Only Price™  
**5<sup>50</sup>**  
Non-members  
**7<sup>99</sup>**

**GENERAL MILLS CEREAL FAMILY SIZE**  
SELECTED VARIETIES  
455-778 G  
21103492\_EA  
21103495\_EA



**\$3**

**NATURE VALLEY BISCUIT, PROTEIN BARS OR SWEET & SALTY OR FIBRE 1 BARS**  
SELECTED VARIETIES  
21213559\_EA  
21714048\_EA



**2<sup>50</sup>**

**CAMPBELL'S CHUNKY SOUP**  
SELECTED VARIETIES  
515 ML  
21480447\_EA  
21480507\_EA



**\$2**

**CAMPBELL'S BROTH OR CONCENTRATED BROTH**  
SELECTED VARIETIES  
250/900 ML  
20322348002\_EA  
21347245\_EA



**Optimum**  
Members-Only Price™  
**5<sup>50</sup>**  
Non-members  
**7<sup>99</sup>**

**KELLOGG'S FAMILY SIZE CEREAL**  
SELECTED VARIETIES  
450-650 G  
21430741\_EA  
21651947\_EA



**SAVE \$1.48 WHEN YOU BUY 2**  
**2/6<sup>50</sup>**

OR \$3.99 EA.  
**CADBURY CHOCOLATE BARS**  
SELECTED VARIETIES  
80-100 G  
21648577\_EA  
21648701\_EA



**SAVE \$1.08 WHEN YOU BUY 2**  
**2/5<sup>50</sup>**

OR \$3.29 EA.  
**NESTLÉ CHOCOLATE JUNIORS**  
SELECTED VARIETIES  
58-94 G  
21648429\_EA  
21648546\_EA



**\$3**

**DARE BRETON CRACKERS OR BITES 132-200 G OR GRISSOL BAGUETTES OR MELBA TOAST 120-150 G OR VINTA CRACKERS 200-225 G**  
SELECTED VARIETIES  
21520666\_EA  
21646798\_EA



**\$12**

**STARBUCKS GROUND COFFEE 311/340 G, KCUPS 10'S OR INSTANT COFFEE 90 G**  
SELECTED VARIETIES  
20547343003\_EA  
20548682004\_EA



**\$6**

**CARNATION HOT CHOCOLATE CANISTER**  
SELECTED VARIETIES  
400/450 G  
21397690\_EA  
21398805\_EA



**6<sup>50</sup>**

**NESCAFÉ OR TASTER'S CHOICE INSTANT COFFEE**  
SELECTED VARIETIES  
100-170 G  
20661811001\_EA  
20673036\_EA



**SAVE \$1.98 WHEN YOU BUY 2**  
**2/\$15<sup>99</sup>**

OR \$8.49 EA.  
**PEPSI OR LIPTON SOFT DRINKS**  
SELECTED VARIETIES  
12X355 ML  
20311671001\_C12  
203223161002\_C12



**SAVE \$2.58 WHEN YOU BUY 2**  
**2/\$13<sup>99</sup>**

OR \$7.79 EA.  
**PEPSI SOFT DRINKS**  
SELECTED VARIETIES  
6X710 ML  
20310546002\_C06  
20310546004\_C06



**SAVE \$1.98 WHEN YOU BUY 2**  
**2/\$6**

OR \$3.99 EA.  
**ROCKSTAR ENERGY DRINKS**  
SELECTED VARIETIES  
473 ML  
203368415011\_EA





JANUARY 29 - FEBRUARY 11

LAST CHANCE TO

SAVE BIG

WITH

FEWER  
STAMPS

Supplies  
are  
limited!



Double Redemption

~~40~~ 20 =  
stamps

Any **two pieces**  
of Ovenware for  
60%-80% off each!

COLLECT *& SAVE!* BIG

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