



Limited Thyme Sale

Starts Thursday at 10am through Sunday

Whole in Bag
Pork Butt Roast

\$1⁴⁹
LB

SHOP ALL DEALS

while supplies last, offer valid 2.26-3.1



Limited Thyme Sale

Starts Thursday at 10am through Sunday

Wild Caught Snow Crab Clusters

\$11.99
LB

SHOP ALL DEALS

while supplies last, offer valid 2.26-3.1



BE MORE THAN A FAN

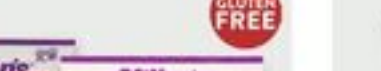
Elite fuel for everyday athletes

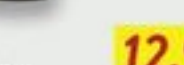


Shop foods perfect for pre or
post workout recovery, and
sports nutrition supplements

SHOP NOW



 Stron Roots Frozen French Fries	 Milkons Frozen Cauliflower Crust Pizza or Bites	 Terra Vegetable Chips	 Health-A-Dose Organic Kombucha
4.49	7.49	2/57	6.99



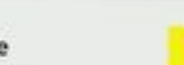
Fresh Thyme
Organic Olive Oil

12.99



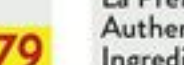
Fresh Thyme
Organic Soups

1.79



Authentic Mexican
Ingredients

**BUY ONE
GET ONE
50% OFF**



Bulk Oats
includes organic
raisins for

25% OFF








Prices valid 2/25/26-3/3/26 at our lowa locations

We reserve the right to correct pricing errors. Not all items available in all stores. We reserve the right to limit quantities. Bottle deposit is in addition to the price shown, where applicable. Beer and wine purchases are subject to state law. MN and KY: available in Hugs and Grapes liquor store locations only. \$16.99 max of 19.2 oz. of beer and 3,000 mL of wine can be purchased at any one time. All items are sold by the each unless otherwise noted.

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Kettle & Fire
Kettle and Fire Cooking Beef Broth
32 oz

4.79



79¢
Fresh Cilantro



3.99
Fresh Thyme Organic Spices select varieties



99¢
Bulb Fresh Garlic



9.49
Fresh Thyme Organic 85% Lean Ground Beef
16 oz



99¢ LB
Jalapeños



2.99
Fresh Thyme Oyster Crackers
9 oz



2/\$5
Fage Sour Cream
16 oz



6.49
Impossible Ground Burger
12 oz



IT'S CHILI THYME



5.99
Tillamook Cheddar Cheese Bars
7-8 oz



1.39
Fresh Thyme Organic Canned Beans
15 oz



1.39
Fresh Thyme Organic Tomato Paste
6 oz



4.99
Bob's Red Mill Cornbread Mix
20 oz



2.19
Fresh Thyme Canned Tomatoes
28 oz



4.99
6ct Bagged Avocados



99¢ LB
White Onions



1.79
Fresh Thyme Organic Tomato Sauce
15 oz



2.99
Spicy Pico De Gallo
8 oz



2.99
Tropic Twist Salsa
8 oz



2.99
Daily Pico
8 oz



99¢
Green Bell Peppers



99¢
Bunched Green Onions

Simple Choices for Lent

 Acme Seafood Smoked Salmon 4 oz	 Acme Seafood Smoked Salmon or Tuna 3 oz	 Acme Seafood Smoked Salmon Dip 7 oz	 Acme Seafood Smoked Whitefish Dip 7 oz
7.99	6.99	6.99	6.99
 Bitchin' Sauce Plant-Based Spreads 8 oz	 Kasia Pierogi or Blintzes 13-14 oz	 I Eat My Greens Vegetable Soups 20 oz	 La Terra Fina Egg White Quiche 23 oz
5.99	6.49	9.99	13.99
 Fresh Thyme Mexican Dip 16 oz	 Ithaca Hummus 10 oz	 Terranean Twice Baked Pita Chips 6.5 oz	 Sustainable Seas Tuna 5 oz
5.49	3.99	4.99	3.49
 DeMassimo's Pasta Sauce 32 oz	 WHEN YOU BUY 2 OR MORE Racconto Pasta 16 oz, quantities of less than 2 will be regular price	 Near East Rice Pilaf 3 pack, 18.3 oz	 Daiya Mac & Cheese 5.5 oz
6.99	2/4	6.99	2.99
 Field Roast Plant Based Sausage, Hot Dog, Meat Crumbles 9.31 to 12.95 oz	 Omni Plant-Based Dumplings & Potstickers 6.35 to 7.05 oz	 Brazi Bites Cheese Bread 10-11.5 oz	 Patagonia Provisions Seafood 4.2 oz
5.99	3.99	4.99	5.99

COOKING WITH DIETITIAN MEGHAN

Kale and Quinoa Salad

Thursday, February 26th 6:00 p.m. CT



LIVE ON
FACEBOOK

[VIEW RECIPE](#)



ROOTED IN THE MIDWEST

Locally Raised, Air Chilled, Purely Delicious

At Miller Poultry, every bird is raised without antibiotics, hormones, steroids, or artificial ingredients—and it's 100% air chilled. That means more natural flavor, better tenderness, and juicy, delicious chicken every time.

