



FORTINOS®



2 lb
Medjool dates
product of U.S.A.
20001686_EA
8.99
2 lb



3.99 lb
8.80/kg
pork back ribs
or whole pork belly
20874581_KG



6.99 lb
15.41/kg
inside round roast or steak
cut from Canada AA or USDA
Select grade beef or higher
20812494_KG



10.99 lb
24.23/kg
fresh rainbow trout
or tilapia fillets
20033340_KG/20990494_KG



strawberries
product of U.S.A.,
no. 1 grade
20049778001_EA

2.99
454 g



.99
product of Turkey
or Morocco, each
20166580001_EA



romaine hearts
product of U.S.A.
or Mexico
20067389001_EA

3.99
3's



2.99 lb
6.59/kg
seedless
Orri mandarins
product of Israel
20072482001_KG



5.99
454 g
PC® Blue Menu®
ground chicken or turkey
or Mina Halal extra lean
ground chicken
21100091_EA



8.99
each
PC® Pacific
large white raw peeled
shrimp 31-40 per lb,
400 g or Marina del Rey
easy peel raw wild shrimp
20/30 per lb, 300 g, frozen
20789931_EA/20907159_EA



5.49
85 g
Marcangelo
deli sliced meats
selected varieties
21706089_EA/21706422_EA



10.99 lb
2.42/100 g
Piller's
Black Forest
ham
deli served
20097076_KG



Janes Cosmic
chicken nuggets
frozen
21717211_EA

1.99
500 g



1,000 (pts)
Saputo mini
Friulano cheese
20708981_EA

10.99
500 g



2.99
each
Country Harvest bread 600 g;
bagels 6's PC® or Blue Menu®
English muffins 6's or PC® 7"
tortillas 340 g, selected varieties
20810728_EA/20985848_EA



6.99
12's
butter croissants
baked in store
21683000_EA

NEW

3.49 each

Oikos 4 pk, iOGO nano 4/6 pk yogurt or Neilson cream or buttermilk 473 mL/1 L, selected varieties

20123609_EA/20609687001_EA

.29 each

Mr. Noodles instant noodles 85 g or Maggi noodles 75 g selected varieties

20322658001_EA/20802664_EA

\$1

PC® Organics pouches 128 mL or Brothers fruit crisps 10/12 g selected varieties

21056742_EA/20549408_EA

Campbell's condensed or ready to eat soup selected varieties

20297246002_EA/21479030_EA

1.99 284/515 mL

1.29 each

Neilson chocolate milk 750 mL or milkshakes 310 mL selected varieties

20766719_EA/21040942_EA

Optimum 1,000 pts

Bertolli olive oil selected varieties

20000207001_EA/20156182001_EA

9.99 750 mL/1 L

3.99 24x500 mL

4.99 200-740 g

Dr. Oetker rising or thin crust pizza selected varieties, frozen

20904584_EA/21106361_EA

Optimum 1,000 pts

Clover Leaf sockeye salmon 213 g or light tuna in olive oil 3x80 g

21314811_EA/21592145_EA

4.99 each

2.99 500 g

Garofalo pasta selected varieties

20160378001_EA

10.99 each

Starbucks, McCafe or Van Houtte ground coffee 300-340 g or K-Cups 10-12's or Twinings tea bags 100's selected varieties

20548682004_EA/20973133_EA

Optimum 1,000 pts

Sunlight 4 L, 100 WL, Purex 4.08/4.43 L, 110 WL, Persil 2.2 L, 48 WL or Snuggle 2.77 L/200's selected varieties

20083525001_EA/21427042_EA

9.99 each

6.99 each

Cashmere bathroom tissue 12=24 rolls, SpongeTowels paper towels 3=6 rolls or Scotties facial tissue 6's selected varieties

20318667_EA/21204739_EA

32.99 66-184's

Huggies or Pampers diapers selected varieties

20549408_EA/21056742_EA

10.99 4 L

Rolling Meadow grass fed 2% milk

21492005_EA/21492021_EA

Prices effective at all Burlington, Oakville and Waterdown stores only.

Flyer prices effective from Thursday, February 19th, to Wednesday, February 25th, 2026

Visit us at fortinos.ca. FOLLOW US ON

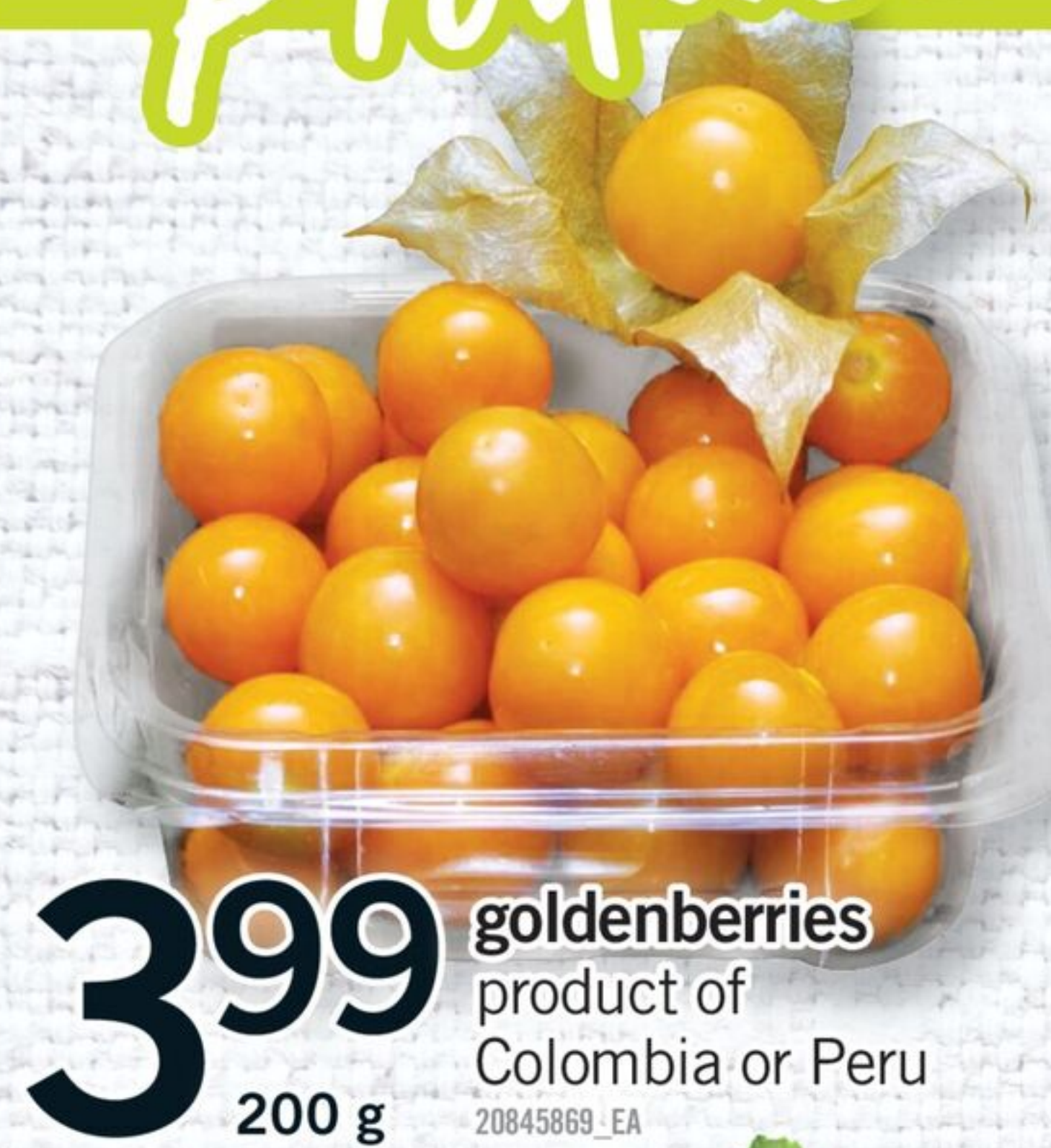
Quantities and/or selection of items may be limited and may not be available in all stores. No Rainchecks OR Substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We reserve the right to limit quantities to reasonable family requirements. We are not obligated to sell items based on errors or misprints in typography or photography. Pricing: All references to "Save, Was, Now, Savings, etc.," is in comparison to our own regular prices. Coupons must be presented and redeemed at time of purchase. Savings shown may be greater depending on store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. To register as a PC Optimum™ member visit pcoptimum.ca. We are not obligated to award points based on errors or misprints. No cash value. Minimum redemption 10,000 points. These offers cannot be combined with any other coupons, discounts or promotions. Receive the points specified when you spend the qualifying dollar amount on the displayed product (s) and/or category. The trade-marks, service marks and logos displayed in this flyer are trade-marks of Loblaws Inc. and others. ©2026 Loblaws Inc. All rights reserved.

FORT BACK

this product is printed using vegetable-based inks



Produce Nature's Bounty arriving fresh daily!



3.99
200 g
goldenberries
product of Colombia or Peru
20845869_EA



seedless lemons
product of U.S.A.
21284824001_KG
4.49
454 g



2.49 lb
5.49/kg
Cara Cara
oranges
product of U.S.A.
20172698001_KG

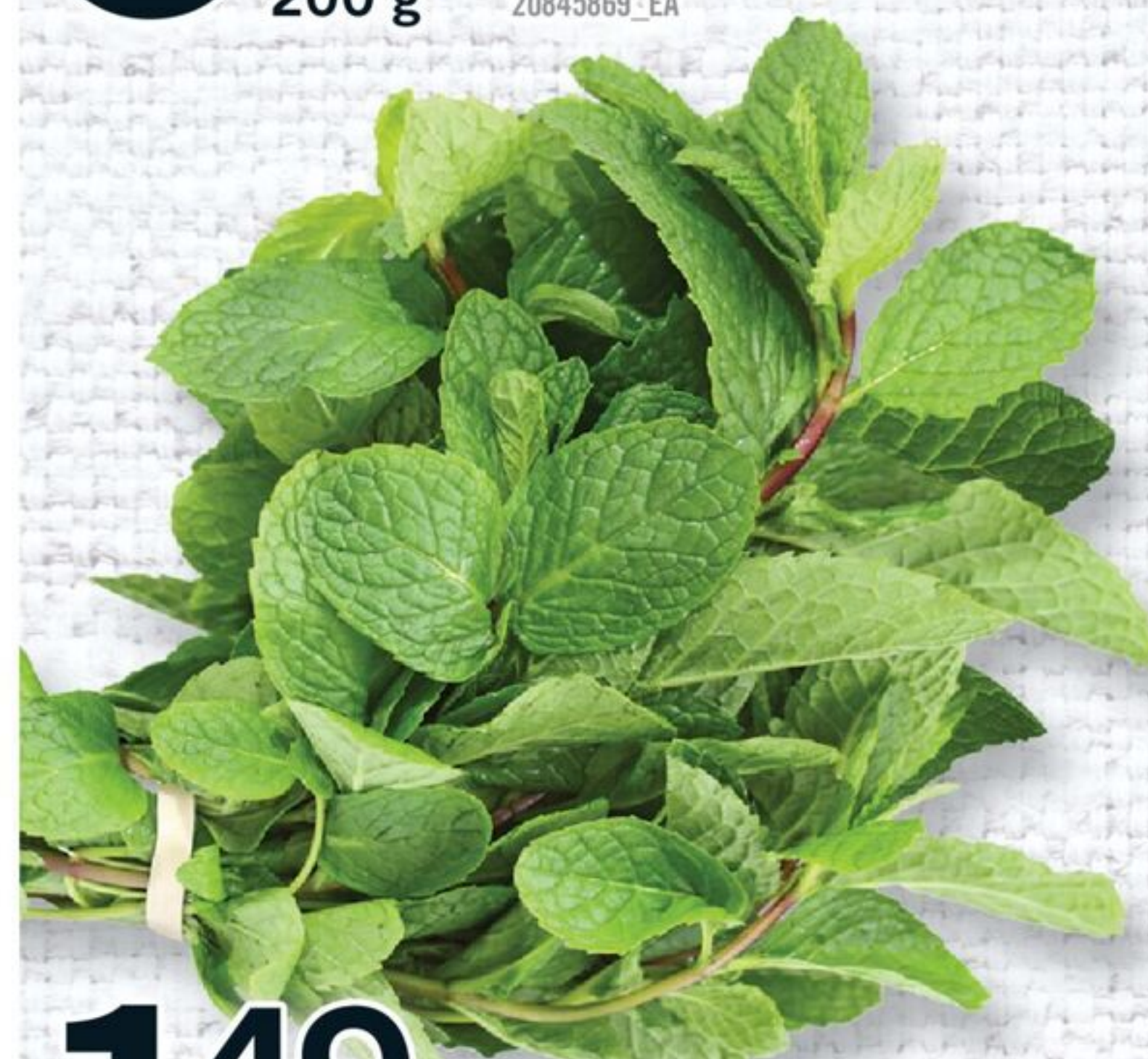
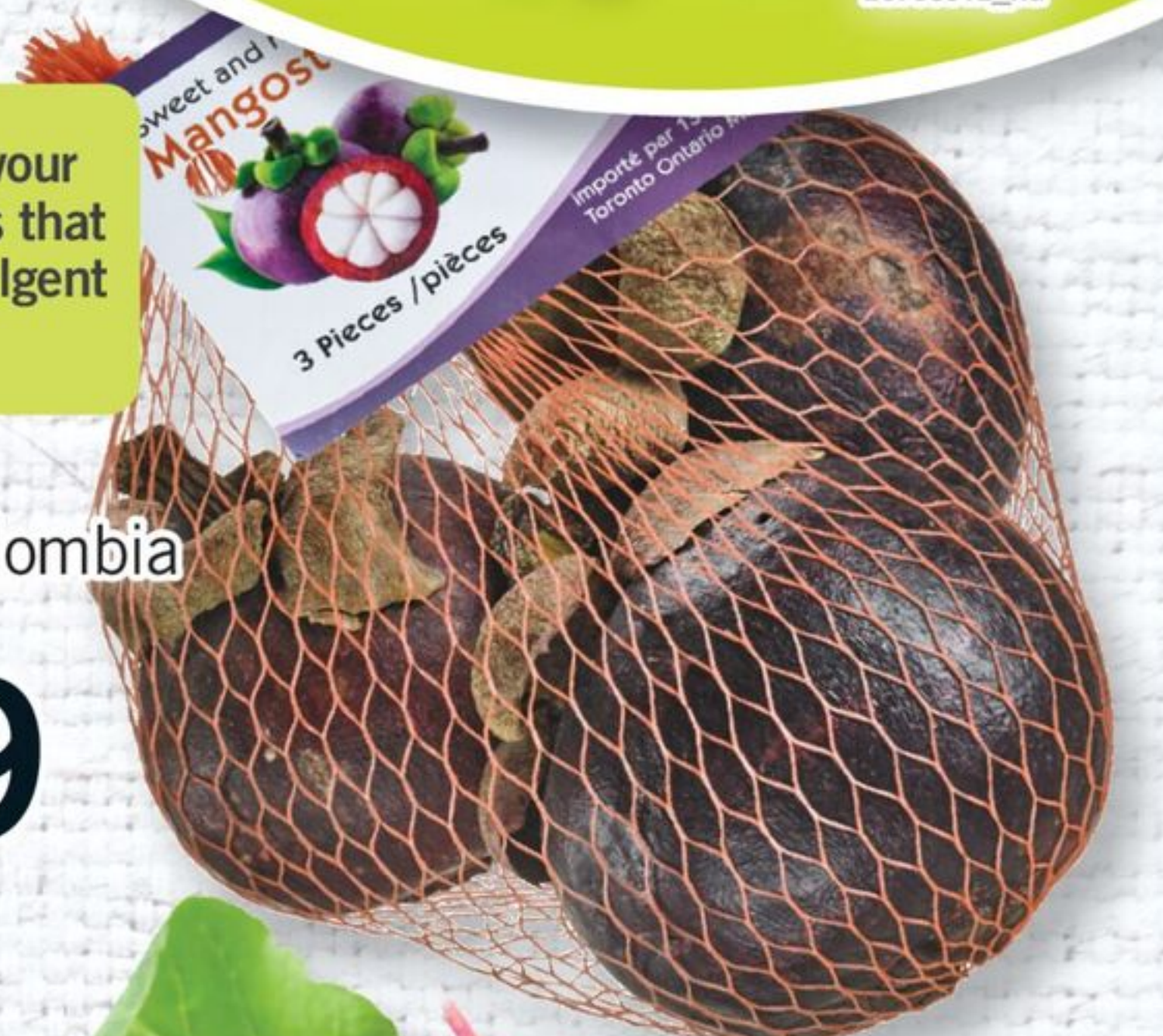
A sweet, tangy flavour
with juicy segments that
make it a truly indulgent
tropical treat!

mangosteen
product of Colombia
21157321001_EA

3.99
3's



11.99 lb
26.43/kg
pecan
halves
or pieces
20730611_KG
20730612_KG



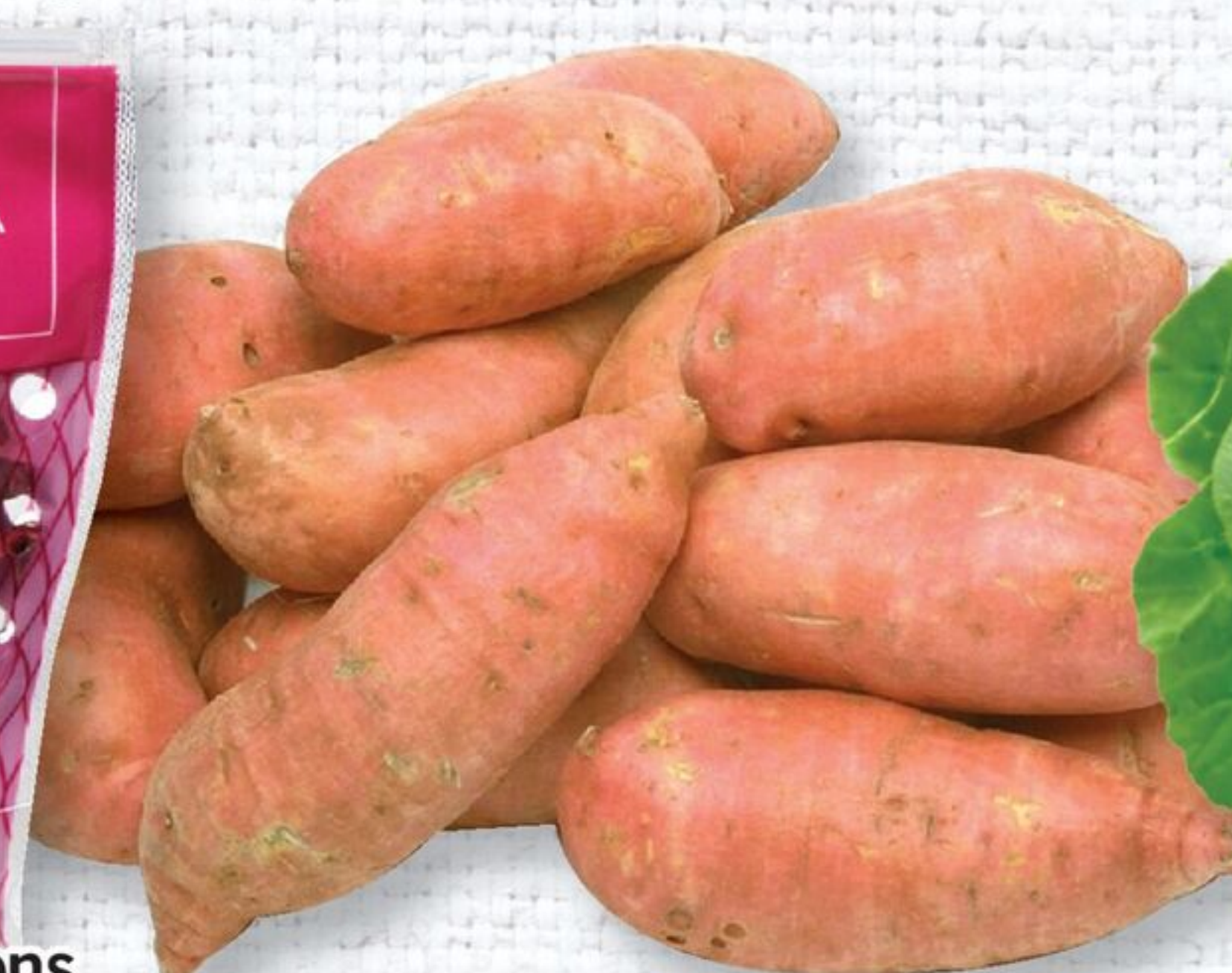
1.49
bunch
fresh mint
product of Colombia
20139326001_EA



4.99
80 g
Live Greens
basil
product
of Ontario
21714812001_EA



3.49
284 g
pearl onions
product of
Canada, Canada
no. 1 grade
20151447001_EA



2.29 lb
5.05/kg
large sweet
potatoes
product of U.S.A.
20127708001_KG



2.49
each
bunched radishes
product of Mexico
or U.S.A.
20032320001_EA



arte*
chopped kale
product of U.S.A.
21591737_EA

2.49
230 g



Dandy
celery sticks
product of U.S.A.
20810898_EA

4.99
454 g



bean sprouts
product of Ontario
20058232001_EA

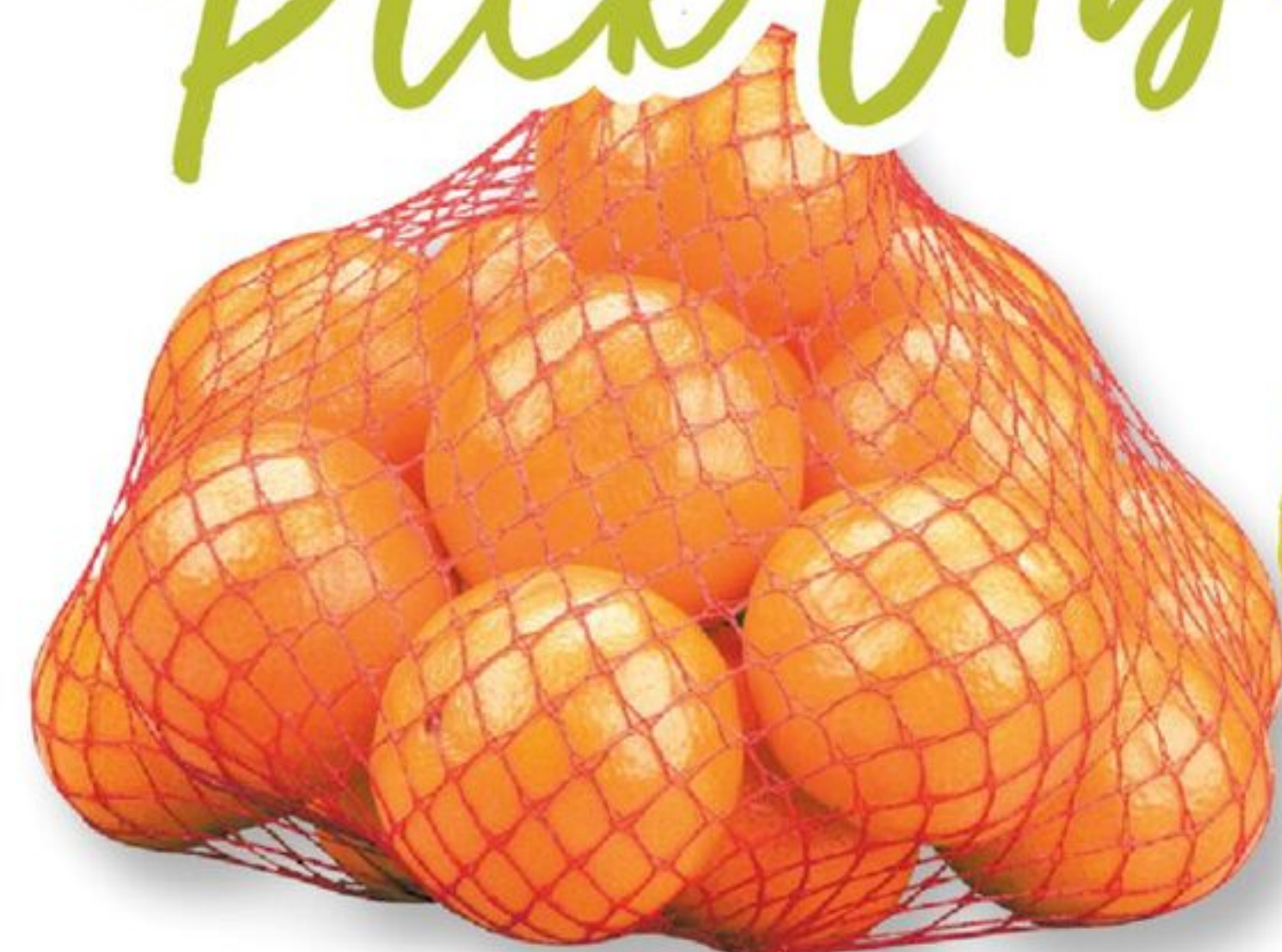
2.29
454 g



Aurora sundried
tomatoes
product of Turkey
20281762_EA

2.49
85 g

Pick Organic Over 150 items available every day!



7.99
2 lb
organic
clementines
product of U.S.A.
20607518001_EA



3.99
454 g
organic lemons
product of Mexico
or U.S.A.
20972626001_EA



3.69
227 g
PC® Organics
cremini or
white button
mushrooms
product of Ontario
21245220_EA/21005170_EA



3.69
each
PC® Organics
ginger 160 g,
product of Peru
or garlic 2's,
product of Spain
or U.S.A.
20717130001_EA/21102240001_EA

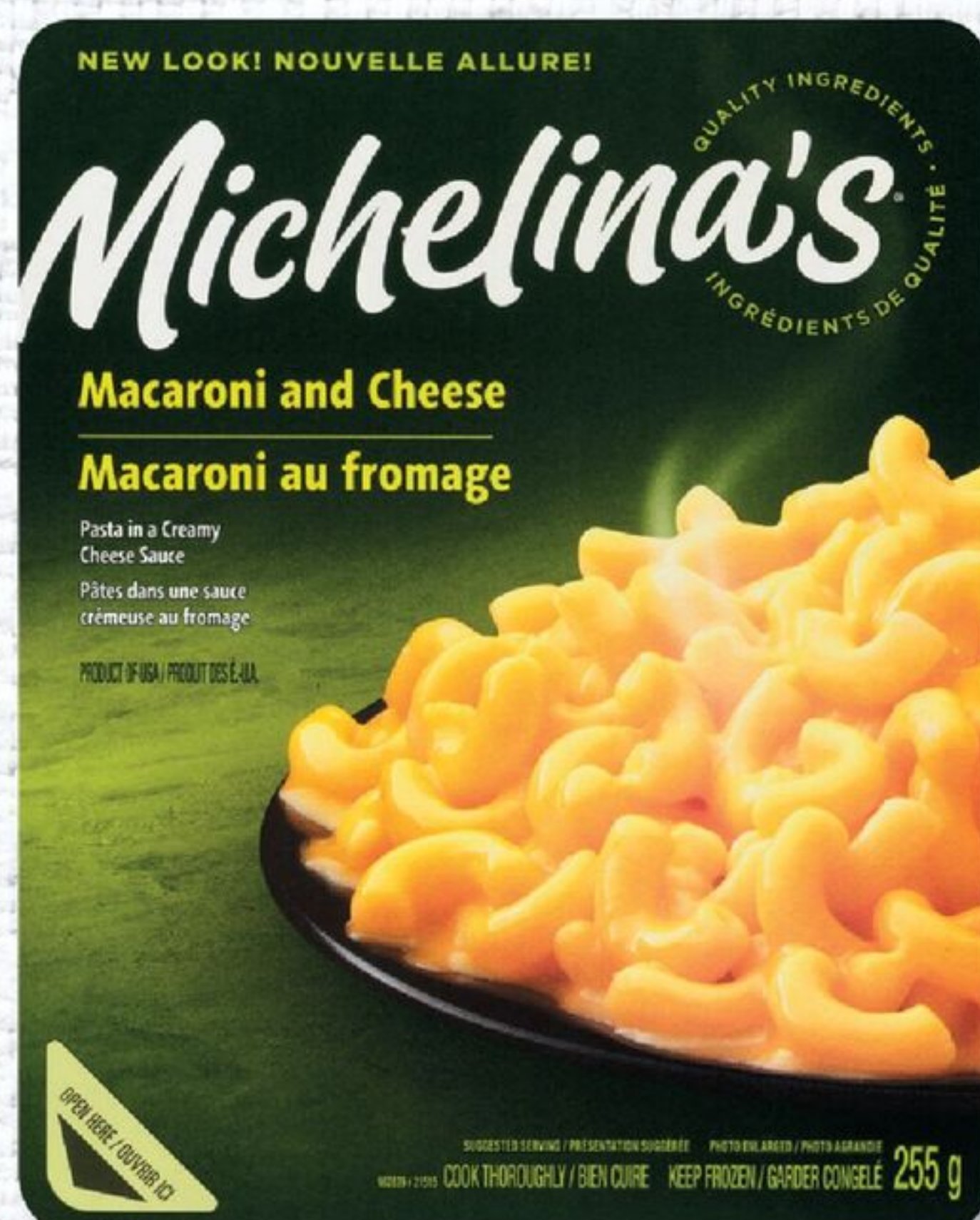


4.49
680 g
organic yellow
mini potatoes
product of
Canada, Canada
no. 1 grade
21029286_EA

Grocery



3.99 each
Lemon
Naturally Flavoured
Iced Tea
Minute Maid
zero sugar fruit drinks
1.54 L or Fuze iced tea
1.75 L, selected varieties
21434100_EA/21652207_EA



1.79 each
Michelina's
frozen entrees
selected varieties,
156-284 g
21208614_EA



3.99 each
Liberte Mediterranean 500 mL
or siggi's 4 pk yogurt
selected varieties
20788062002_EA/21590027_EA



1.49 113 g
Tina's burritos
selected varieties,
frozen
21639787_EA/21639865_EA



5.99 each
Hungry-Man
entrées
selected varieties,
frozen, 425/455 g
20296014003_EA



PC®
orange juice
21430531_EA



4.99 1.54 L



4.99 2 L
Chapman's
Markdale
Creamery ice cream
selected varieties,
frozen
20315236010_EA/20854843_EA



7.49 12x100 g
Activia yogurt
selected varieties
20303412001_EA



6.49 each
Nestlé Drumstick, 4
novelties 4-10's
or confectionary 1.5 L
selected varieties,
frozen
20322380001_EA/21358453_EA



4.99 each
Blue Diamond
almonds 170 g or
Snyder's Twisted
pretzels 340 g
selected varieties
20500386003_EA/21650317_EA



3.99 150-200 g
Smartfood
popcorn
selected varieties
20972859_EA/20972855_EA



3.49 90-199 g
Quaker
Crispy Minis
or Pringles
selected varieties
20303002001_EA/21003833_EA



3.49 each
Cheez-It crackers
191-200 g or Crispers
or Bits & Bites 145 g
selected varieties
21358333_EA/21395350_EA



5.99 each
Orville popcorn
6's or kernel jar
385-850 g
selected varieties
20308686_EA/20629532003_EA

Monster, Reign
or Reign Storm
energy drinks
selected varieties
20938521_EA

3.49 444-473 mL



Peace Tea
iced tea
selected varieties
21080320_EA

1.79 695 mL



brio soda
selected varieties
21085133_EA/21085705_EA

1.79 355 mL



PC®
liquid water
enhancer
selected varieties
20734123001_EA

2.99 48 mL



PC® lemonade
selected varieties
20773870001_EA

2.99 1.89 L



PANEFresco
Eating Well Made Easy

PANEFresco
pizza kit
New Yorker or
Mediterraneo
21307893_EA

11⁹⁹
each

Olivieri
pasta sauce
\$7.49 600 mL

Olivieri
fresh filled
pasta or skillet gnocchi
selected varieties
20011488_EA/20915948_EA

5⁹⁹ - 11⁴⁹
280-700 g

Soup's On
soup
selected varieties
21190130_EA

9⁴⁹
925 mL

PANEFresco
handhelds
sausage & rapini,
vegetable caponata
or pepperoni & cheese
21702369_EA

7⁹⁹
140 g

Deli Always freshly sliced or shaved your way!

Ziggy's®
roast beef, corned
beef, pastrami or
Montreal smoked meat
selected varieties
21020479_KG

14⁹⁹ lb
3.31/100 g

Mastro
Genoa salami
regular or hot,
deli sliced
20087761_KG

13⁹⁹ lb
3.09/100 g

San Daniele
Silver prosciutto
21046654_KG/21046656_KG

13⁹⁹ lb
3.09/100 g

Ziggy's® cooked
or smoked chicken
selected varieties
20311436_KG

12⁹⁹ lb
2.86/100 g

Canadian havarti
selected varieties,
by the piece
or deli sliced
20180982_KG

13⁹⁹ lb
30.84/kg

PC® cheese slices
selected varieties
20216643_EA/20219790_EA

6⁹⁹
140-170 g

The Laughing Cow
cheese
selected varieties
20183443_EA/20319107_EA

4⁷⁹
133 g

Mom's Best
baguette crisps
21666548_EA/21666566_EA

3⁴⁹
120 g

Bakery Baked fresh by Bakers with passion!

**1/4 slab strawberry
shortcake**
\$44.99 1.4 kg

**strawberry
shortcake 8"**
20592878_EA/20593060_EA

29⁹⁹
1 kg

LA ROCCA
CREATIVE CAKES
6 inch cake
selected varieties
20378352_EA

19⁹⁹
383-600 g

**zeppole pastry
or fresh fruit tart**
selected varieties
20592677_EA/20592789_EA

3⁹⁹
90-110 g

**assorted
bakery desserts**
selected varieties
20592874_EA

2⁹⁹
each

Promise
gluten free
loaf or buns
selected varieties
21414753_EA/21416545_EA

7⁹⁹
260-480 g

ACE Bistro loaf
selected varieties
21616092_EA/21616156_EA

4⁹⁹
545-640 g

Chudleigh's
apple blossoms
apple berry,
apple crumble
or caramel apple
21296064_EA

4⁹⁹
228 g

Farmer's Market™
sliced or whole
loaf cake
selected varieties
21542157_EA

5⁹⁹
344-400 g

Meat

FULL SERVICE BUTCHER • Custom cuts your way!



Great for stuffing!

5.99 lb
13.21/kg
Fortinos sausage meat mild or hot
21201333_KG



Pop Up Timer & Oven Ready Pan!

15.99
800 g
Fortinos boneless turkey breast seasoned or sage & onion, raised without antibiotics
21632573_EA/21634139_EA



8.49
400/450 g
Fortinos Grande pork, Grande turkey, Italian style or turkey meatballs
21071791_EA



Oven Ready Pan!

9.99
800 g
Fortinos traditional or turkey meatloaf
21633681_EA/21633962_EA



✓ Air Chilled

✓ Canadian grown

✓ Grain fed



6.49 lb
14.31/kg
PC® Blue Menu® skinless bone-in chicken breast club pack
20065792_KG



6.49 lb
14.31/kg
PC® Blue Menu® skinless chicken drumsticks
20062668_KG



10.49 lb
23.13/kg
PC® Blue Menu® chicken fillets
21536930_KG



10.49 lb
23.13/kg
PC® Blue Menu® chicken breast cutlet
21662345_KG



1.99
55 g
Carl Buddig sliced meat selected varieties
20074681_EA/20973434_EA



13.99
700-950 g
Plaisirs Gastronomiques entrées selected varieties
21094307_EA/21209851_EA



19.99
907 g
PC® buttermilk breaded chicken breast strips selected varieties, frozen
21163489_EA/21163498_EA



10.99
700-750 g
Zabiha Halal Fire Crisp chicken selected varieties, frozen
21704617_EA/21705962_EA

Seafood

We'll Clean & Scale Your Fish at No Charge... just ask!



15.99 lb
35.25/kg
fresh Icelandic haddock fillets
20101770_KG



11.99 lb
26.43/kg
fresh whole seabream (orata) or European seabass
20039553_KG/20115567_KG



12.99 lb
28.64/kg
fresh Atlantic salmon steak
20850509_KG



8.99
450 g
Hunter Marine seafood sauces selected varieties, frozen
21388399_EA/21393279_EA



8.99
125 g
BOS smoked Atlantic salmon selected varieties, ready to eat
21192437_EA/21192711_EA



10.99
each
IFC basa fillets 850 g or SeaQuest® cooked salad shrimp 454 g frozen
20180352_EA/21615047_EA



11.99
400/454 g
PC® shrimp appetizers selected varieties, frozen
20808017_EA/20135874_EA



12.99
each
PC® white cooked shrimp 31-40 per lb or IFC tempura shrimp 500 g, frozen
20791381_EA/21614848_EA

BAKED FRESH IN-STORE

PANE *Fresco* MUFFINS

- chocolate chip
- banana chocolate chip
- blueberry
- whole grain blueberry
- pistachio
- fruit & fibre
- carrot raisin
- lemon poppyseed
- double chocolate walnut
- seasonal: lemon cranberry

2²⁹
each
21461882_EA

PANE *Fresco* PAN BREAD

Made the old fashioned way
with natural ingredients!

- old fashioned white
- whole wheat
- multigrain
- cinnamon raisin
- cranberry
- cheddar
- flax seed

from

4⁹⁹-5⁹⁹
each

20613611_EA/20613644_EA



Create Your Own **Watch Party** with breakfast



14⁹⁹ small fruit tray
1.02 kg 20998004_EA



4⁹⁹ omelette mix
340 g 21011388_EA

red grapefruit
product of Israel
2016580001_EA

.99 each



16⁹⁹ lb striploin steak fast fry
cut from Canada AA or USDA
Select grade beef or higher
37.46/kg 20798455_KG



7⁹⁹ Lou's peameal bacon
375-800 g 20133609_EA/20642284_EA



6⁹⁹ Butterball turkey bacon
selected varieties
300/375 g 20016865_EA/21183486_EA

Grocery



4²⁹ each Quaker instant oatmeal
232-344 g or Nature Valley
or Fibre 1 bars 125-210 g, selected varieties
21190254_EA/21213585_EA



1⁹⁹ El Monterey breakfast wraps
selected varieties
128 g 21047682_EA/21047721_EA

Kellogg's
Vector granola
or Cora
buttermilk pancake
or waffle mix
selected varieties
21670070_EA/21651406_EA

5⁹⁹ 311/700 g



General Mills
cereal
selected varieties
21104055_EA/21104173_EA

5⁴⁹ 300-430 g



Oasis smoothie or
health break juice
selected varieties
21529899_EA/21529910_EA

4⁹⁹ 1.6 L



Starbucks
cold brew or
iced coffee
selected varieties
21215530_EA/21355022_EA

8⁹⁹ 1.18/1.42 L



Watermelon Radish

With a vibrant pink interior, this unique radish mimics watermelon in colour, not taste. Mild in flavour with a sweet yet peppery bite, it adds a wonderful colour to any dish. Perfect sliced into salads, soups & sandwiches. As it matures the flavour mellows.

Watermelon Radish Toast



watermelon radish
product of Canada
20760446001_KG

3.99^{lb}
8.80/kg

Little Gem Lettuce

These unique little heads of lettuce are a cross between tender butter lettuce & crunchy romaine. The small heads will delight as an appetizer and are perfect sliced horizontally served with a tangy blue cheese dressing. The heads are also great for grilling.



4.99
4 pack
Little Gem lettuce
product of Spain
20759729_EA





Halal Chicken

8 varieties

- Vegetable grain fed Halal chicken
- Humanely raised on Canadian farms
- Air Chilled maintaining the tender, juicy flavour



399lb Mina Halal whole chicken
8.80/kg 21618074_KG



349lb Mina Halal chicken legs back attached
7.69/kg 21618000_KG



449lb Mina Halal chicken drumsticks
9.90/kg 21618064_KG



449lb Mina Halal chicken thighs
9.90/kg 21618074_KG



749lb Mina Halal boneless skinless chicken thighs
16.51/kg 21635520_KG



699lb Mina Halal split chicken wings
15.41/kg 21635752_KG



749lb Mina Halal boneless skinless chicken breasts
16.51/kg 21635763_KG

RAMADAN MUBARAK



1.99^{lb} ginger root
product of China or Peru
4.39/kg 20179038001_EA



5.99 Khudri dates
product of Saudi Arabia
1 kg 21562486001_EA



1.29^{lb} opo squash
product of Honduras
or Mexico
2.84/kg 20142055001_EA



12.99 PC® Ramadan tray
555 g 21733819_EA



12.99 Sufra® Halal
stewing beef
454 g 21395711_EA



New Zealand
stewing goat
bone in, frozen
20143053_EA

24.99
1 kg



Suraj® naan
selected varieties
21051353_EA

1.99
5's



18.99 Rodoula mini
baklava or Kataifi
selected varieties
630 g 21714415_EA



no name®
honey 1 kg
or Lipton
Jar Of Joy tea
gift jar 430 g
20033683_EA/21661946_EA

9.99
each



5.99 ICIM
Turkish
Labneh
550 g 21367589_EA



Tamam
Tahini
21217262_EA

4.99
454 g



Brar's samosas
selected varieties,
frozen
21000033_EA/21344479_EA

5.99
624 g



Khaas
Halal Dahi
selected varieties
20343515_EA/21157873_EA

2.99
750 g

Lay's
multicultural
flavours
selected varieties
21663082_EA

2.99
200/270 g



.99 Parle G biscuit
original, 300 g
20956495_EA

Patak's or
KFI cooking CHICKEN
sauce or paste
selected varieties
20217180002_EA/20871416_EA

3.99
284-400 mL



Shana okra
selected varieties,
frozen
20753978_EA/20753995_EA

1.29
300 g



Brar's
Desi Ghee
20869886_EA

13.99
800 g

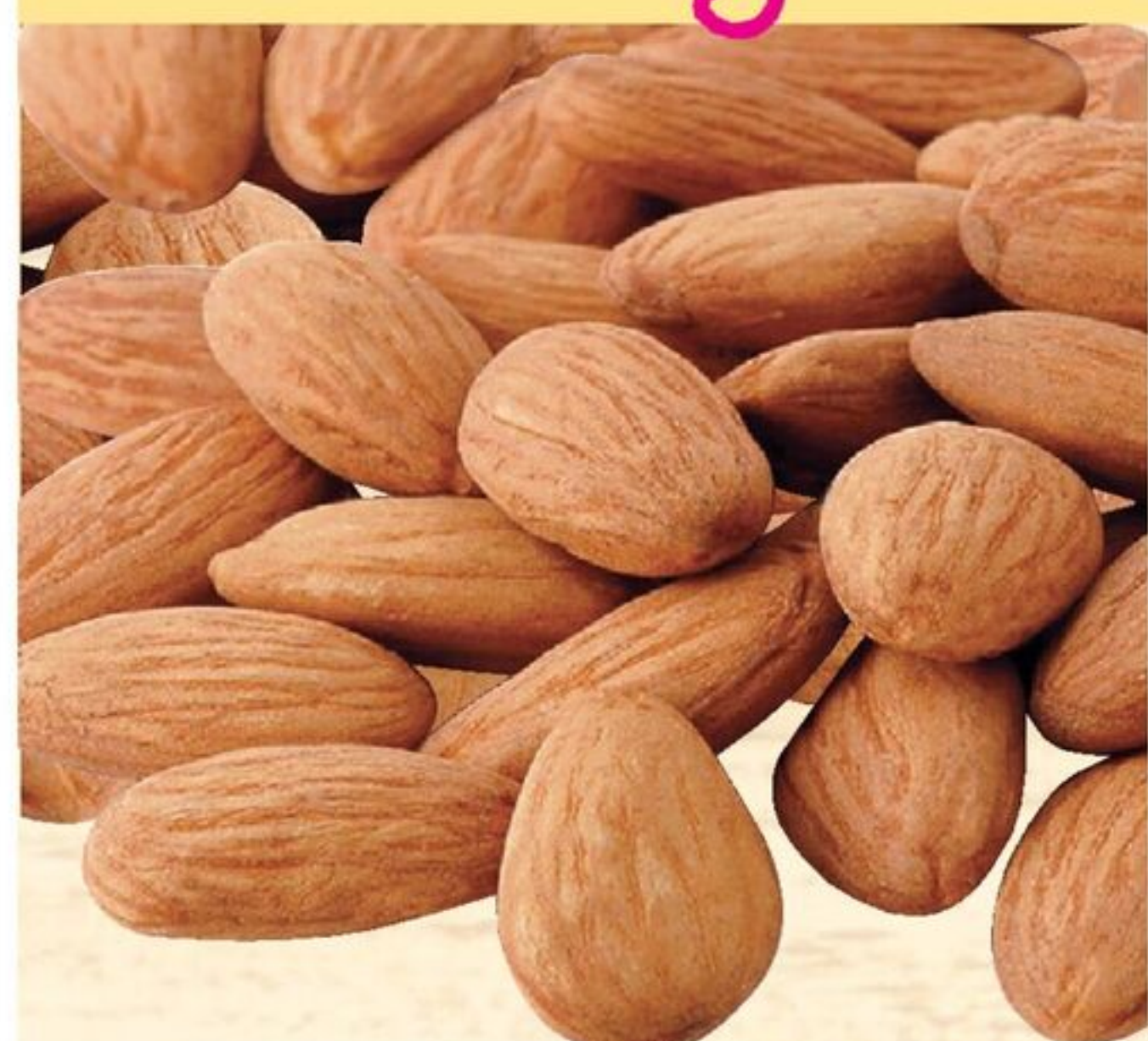


Make Your Own Trail Mix

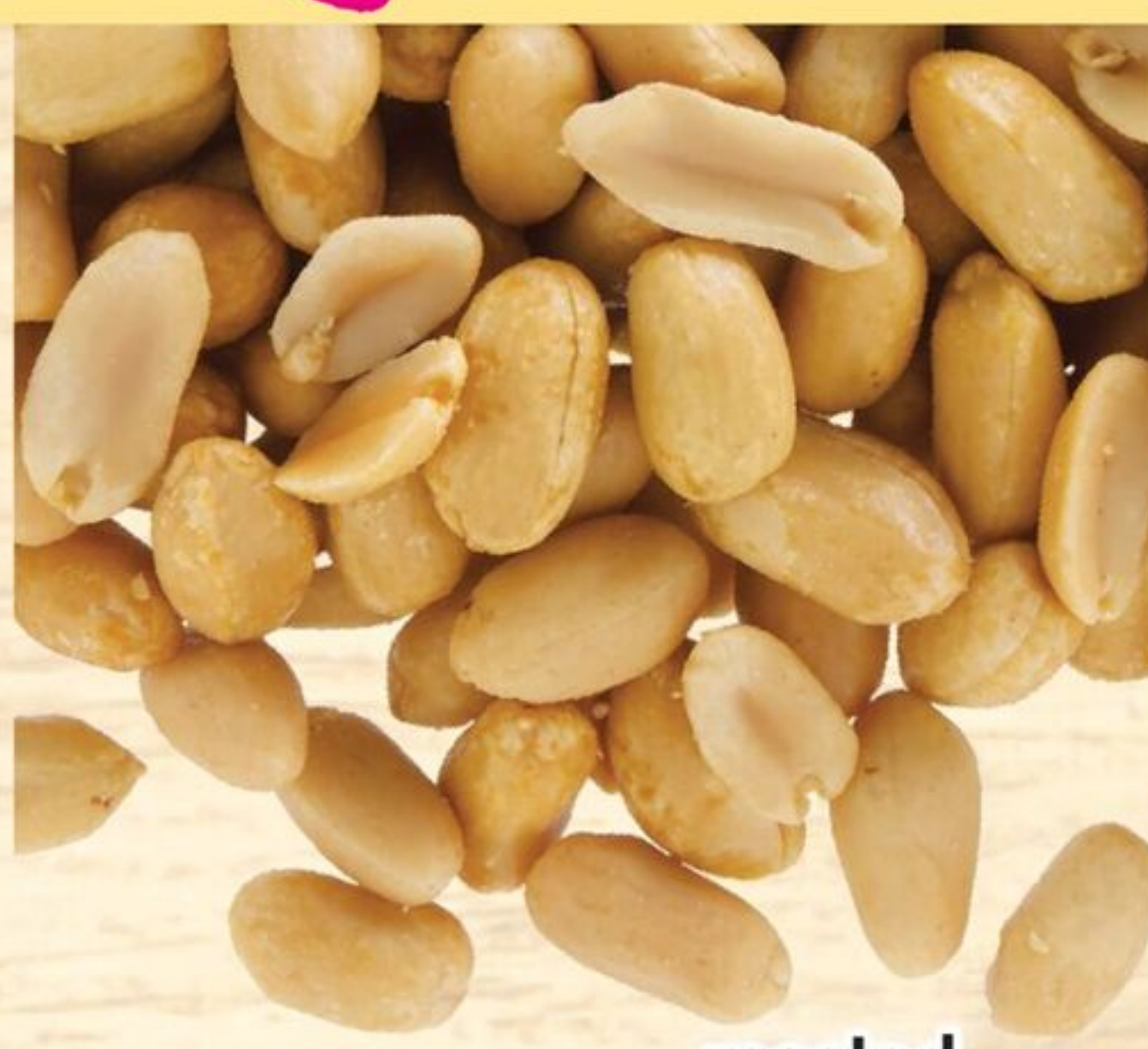
Easy, nutritious & yummy for the kids.
Great for hikes, car rides or enjoy at your desk!



Choose your Nuts & Seeds



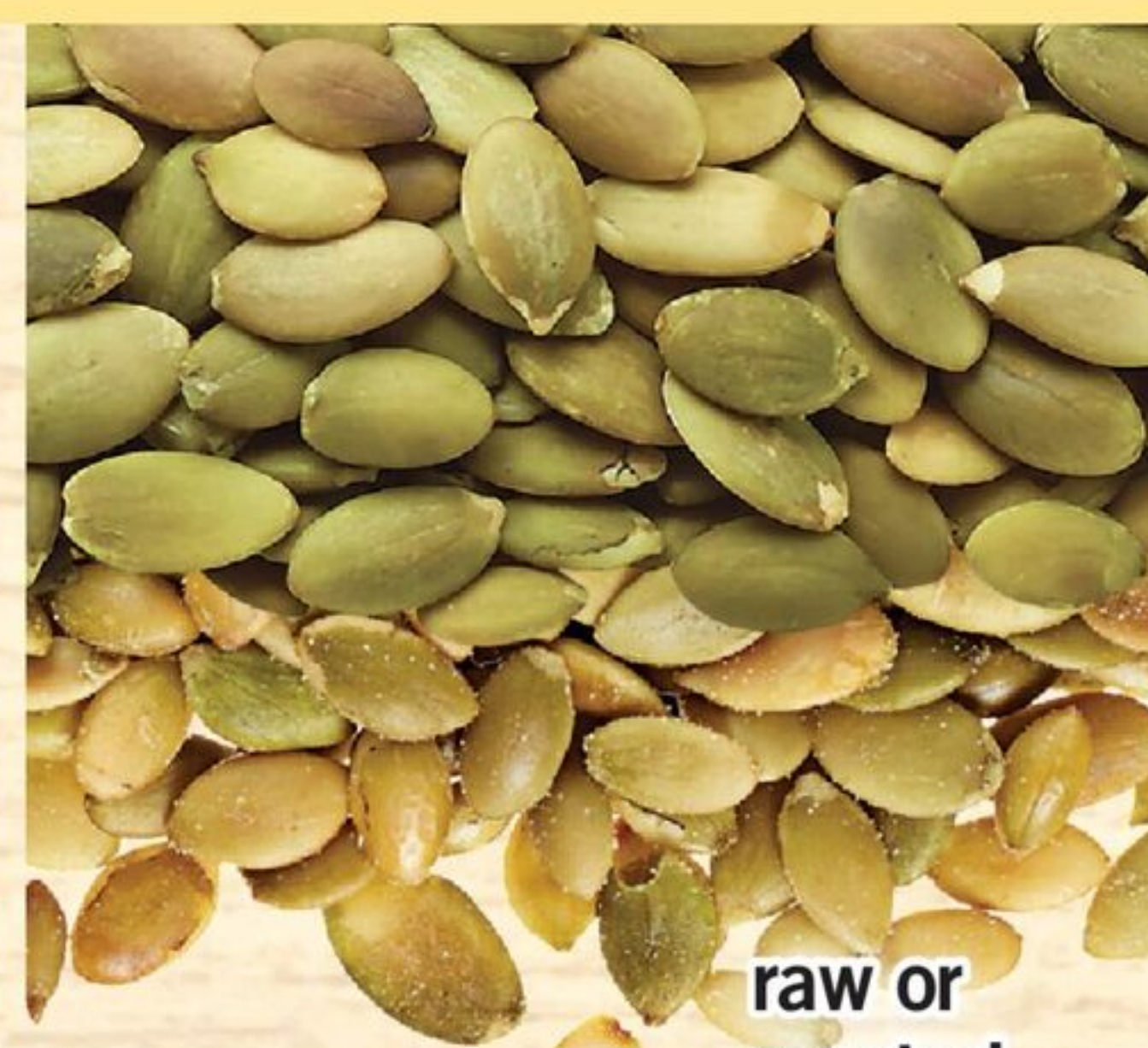
198 /100 g
8.99/lb
unbleached
raw almonds
20150061_KG



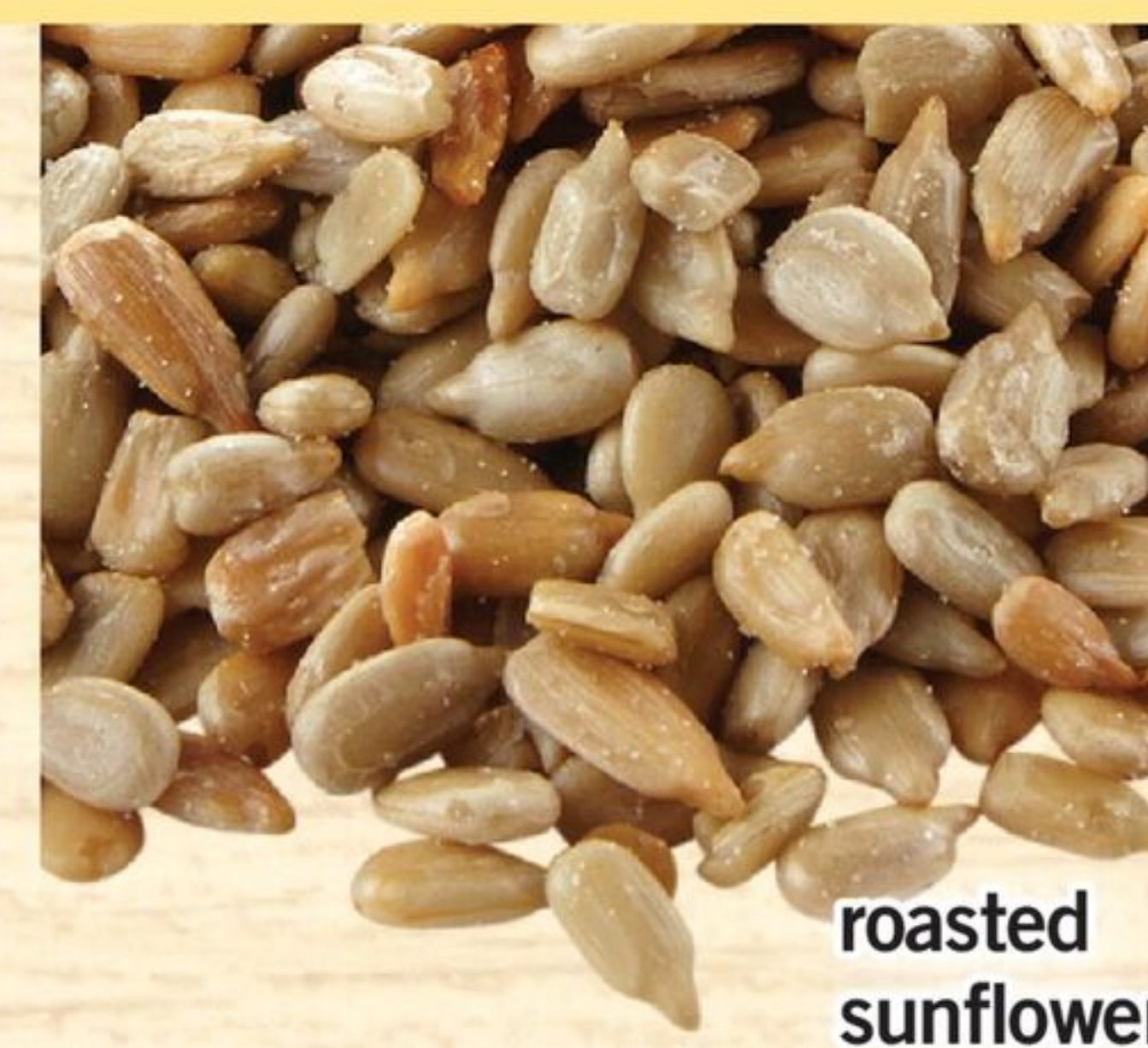
110 /100 g
4.99/lb
roasted
Virginia
peanuts
salt or no salt
20003301_KG/20120042_KG



264 /100 g
11.99/lb
roasted
cashews
salted or
unsalted
20061431_KG
20116646_KG



198 /100 g
8.99/lb
raw or
roasted
pepitas
salted or
unsalted
20171376_KG/20173561_KG



.88 /100 g
3.99/lb
roasted
sunflower
seeds
salted or
unsalted
20015072_KG
20071873_KG

Add Dried Fruit



154 /100 g
6.99/lb
dried
cranberries
20076360_KG



110 /100 g
4.99/lb
Thompson
raisins
20092913_KG



154 /100 g
6.99/lb
large pitted
prunes
20006616_KG



198 /100 g
8.99/lb
dried
mango slices
20116177_KG



286 /100 g
12.99/lb
ginger
chunks
21484227_KG

Finish with Something Sweet



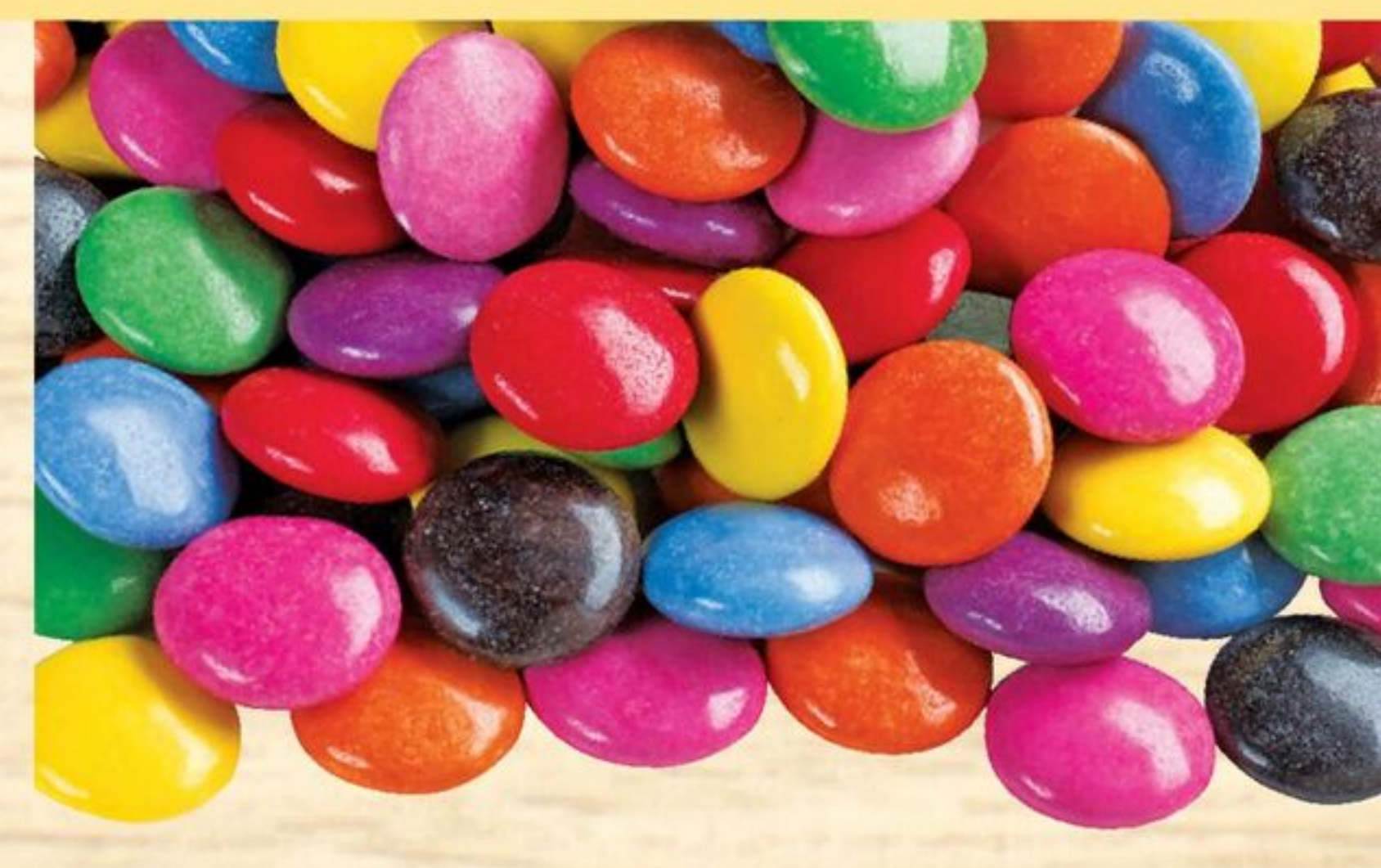
264 /100 g
11.99/lb
M&M's chocolate
peanut, plain
or peanut butter
20249531_KG/20297695_KG



132 /100 g
5.99/lb
yogurt covered
raisins
20035140_KG



220 /100 g
9.99/lb
Hershey's
Reese's Pieces
20098451_KG



242 /100 g
10.99/lb
Nestlé Smarties
20003345_KG

Grocery



159
540 mL

Unico beans
or chick peas
selected varieties
20313447001_EA/20313447002_EA

129
454 g

Primo pasta
selected varieties
20731030_EA/20731217001_EA

229
796 mL

Unico
canned tomatoes
selected varieties
20314629001_EA/20314629004_EA

749
430-648 mL

Stefano sauce
selected varieties
21220714_EA/21220847_EA

299
680 g

Benedetto
passata
21443876_EA

Swiss Chalet
gravy or dipping
sauce 284 mL
or St. Hubert
sauce 398 mL
selected varieties
20322135003_EA/21080165_EA



Bush's
baked beans
20101518001_EA/20101518005_EA



Pastene
or Pope
bread crumbs
selected varieties
20184282001_EA/21377217_EA



229
each

249
62/68 g

Ben's Original
rice cups
selected varieties
21680527_EA/21680617_EA

229
398 mL

399
225/425 g

499
each

Old El Paso
dinner kits
250-510 g
or salsa 650 mL
selected varieties
20305182004_EA/20795534_EA



729
each

Nescafé flavoured
coffee mix 8's
or Carnation
hot chocolate
mix 400/450 g
selected varieties
20101905_EA/20318454002_EA



449
200 g

Reko pizzelle
selected varieties
20949283_EA/21334233_EA



Grissol
baguettes,
canape or
melba toast
selected varieties
20313040001_EA/21033173_EA

349
120-200 g



Nonna Pia's
balsamic glaze
selected varieties
20839367_EA/20839409_EA

799
250 mL



829
1 kg

Scotti
carnaroli rice
20729843_EA

Non-Alcohol Beverages

Corona Cero
21650191_C06

1199
6x330 mL



Heineken 0.0%
alcohol free beer
selected varieties
21099500_C06/21100011_C06

999
6x330 mL



Matt & Steve's
Caesar mix
21555690_EA

499
1.32 L



899
each

PC®
non-alcoholic
beer 12x355 mL
20325253_EA/20121729_EA

Gavioli
sparkling juice
selected varieties
21157487_EA

649
750 mL



no name®

Just Low Prices



249
8's
no name® waffles or pancakes
selected varieties, frozen
20065295_EA/20316375001_EA



499
1 kg
no name® peanut butter
selected varieties
20296985001_EA



399
796 mL
no name® fruit in juice
or syrup
20618824_EA/20618890_EA



149
3's
no name® cheese snacks
selected varieties
20889881_EA

no name® lime juice
445 mL
or no name® lemon juice
946 mL
20971992_EA/2064258_EA



249
each



249
907 g
no name® perogies
selected varieties, frozen
20811240_EA



199
250 mL
no name® sour cream
regular or light
20000476001_EA



299
750 g
no name® frozen vegetables
selected varieties, frozen
20301012_EA



149
900 mL
no name® broth
selected varieties
21189609_EA/21189611_EA

PC® Favourites



279
6x100 mL
PC® appletreet
apple sauce
selected varieties
20309701001_EA



399
214-365 g
PC® frozen entrées
selected varieties, frozen
20312253001_EA/20795097_EA



PC® white tuna
selected varieties
20529153_EA/21081427_EA

349
170 g



PC® deluxe
macaroni and
cheese dinner
selected varieties
21529716_EA/21529753_EA

129
200/225 g



PC® table
syrup 750 mL or
pancake mix 905 g
selected varieties
20175129_EA/20374908_EA

399
each



PC® Blue Menu™
Twice the Fruit™
spread
selected varieties
20300537_EA

599
500 mL



PC® kefir
selected
varieties
20840914003_EA

499
1 L



279
225/800 g



PC® udon
noodles or
Thai sticky rice
20354811_EA/20418150001_EA



299
185 g
PC® scalloped
crackers
selected varieties
20603888003_EA



PC® Kettle chips
selected varieties
21422931_EA/21549769_EA

249
200 g



Authentic fan-favourite Asian food!



10⁸⁸ T&T® Gourmet
650 g stewed beef
21586322_EA



T&T® vegetable
spring rolls
frozen
21615702_EA
6⁸⁸
500 g



1⁴⁸ T&T® Bakery
180 g tropical cake
selected varieties
20826092_EA/20826537_EA



1⁴⁸ T&T® Korean
3's roasted sea laver
20593313_EA



5⁹⁸ T&T® BBQ pork
540 g steamed buns frozen
21495784_EA



2⁹⁸ T&T® roasted
27 g seaweed sheets
20703060_EA



T&T® aloe
vera drink
selected varieties
20593585_EA
2⁴⁸
1.5 L



11⁸⁸ T&T®
454 g Monthong Durian
21541463_EA

T&T® light or
dark soy sauce
selected varieties
20698024_EA/20698142_EA
2⁷⁸
500 mL



4⁴⁸ T&T® 3-minute
504 g ramen noodles
selected varieties
21447367_EA



T&T®
sweetened
creamer
21448178_EA
3⁴⁸
374 mL

Seafood



11.99 PC® battered wild cod bites or haddock tenders frozen
454 g 21108887_EA/21481247_EA



8.99 Diana's wild clam chowder
500 mL 21602248_EA



3.49 SeaQuest® crab or lobster flavoured Alaska pollock selected varieties
227 g 20689832_EA/20749798_EA



14.99 IFC mahi portions, tuna steaks or Coho salmon portions frozen
454 g 21608592_EA/21608715_EA

Meat



8.99 PC® gluten free chicken nuggets, strips or burgers frozen
600 g 21079451_EA/21079476_EA



18.99 Yorkshire Valley Farms chicken burger selected varieties
678 g 21592097_EA/21592125_EA



7.99 Wong Wing entrées selected varieties, frozen
400/500 g 20162067_EA/20507139_EA



7.99 Swiss Chalet chicken pot pie frozen
470 g 21047192_EA



3.99 Kraft Lunchables selected varieties
56-138 g 21592619_EA/21592663_EA



7.99 PC® Free From® turkey bacon
300 g 21400474_EA



13.99 PC® or PC® Free From® ham
700/800 g 20682690_EA



17.99 44th Street beef pot roast
575 g 21417166_EA

Natural Health



279
355-500 mL

Thirsty Buddha
organic coconut
water or soda
selected varieties
2077756_EA/21540053_EA



Popcorners
popped corn chips
or Angie's Boom
Chicka Pop popcorn
selected varieties
20770751_EA/21370205_EA

449
136-170 g



PC® Organics fruit
selected varieties,
frozen
20149390_EA/20431483003_EA

799
600 g



Dairy &
Gluten-free!

899
327-550 g



Daiya pizza
selected varieties, frozen
20821542_EA/20826419_EA



Silk
non-dairy
beverage
selected varieties
20555265002_EA/21384428_EA

299
946 mL



Prana
overnight chia
selected varieties
21475830_EA/21653913_EA

699
250-260 g



Bob's
Red Mill oats
selected varieties
21127426_EA

999
680/907 g



Queen St. Bakery
gluten free bagels,
English muffins
or bread selected
varieties, frozen
21411425_EA/21575964_EA

799
464-520 g



Farm Girl cereal
selected varieties
21610446_EA/21610462_EA

999
280 g



Pasta Toscana
pasta
selected varieties
21244984_EA/21298010_EA

349
454 g



Bragg apple
cider vinegar
selected varieties
2098892_EA

649
473 mL



Mezzetta
NON-GMO
tomato sauce
selected varieties
21410630_EA/21410680_EA

849
709 mL



La Presserie
frozen entrees
selected varieties
21698077_EA/21698116_EA

899
300 g



Kettle & Fire
bone broth
selected varieties
21548802_EA/21548807_EA

1149
454 mL

Raising the Bar



Kind snack bar
selected varieties
20432550002_EA/20784073_EA

199
40 g



Simply Protein
protein bar
selected varieties
21388491_EA/21388644_EA

249
40 g



Love Good Fats
protein bar
selected varieties
21102874_EA/21102907_EA

249
39 g



Hungry Buddha
protein bar
selected varieties
21219192_EA/21408419_EA

299
40 g



CLIF builders
protein bar
selected varieties
20303133002_EA/2041958001_EA

299
68 g

Baby



Enfamil A+ baby formula

Huggies Little Movers baby diapers

Pampers Swaddlers baby diapers

Organic Biologique baby food pouches

Goodnites baby underwear

Kendamil infant formula

Enfamil A+ NeuroPro baby formula

Similac Pro-Advance baby formula

Huggies Natural Care baby diapers

Pampers Sensitive baby diapers

Nestlé Cerelac cereal

Gerber Organic Biologique baby food pouches

Baby Gourmet pouches

Love Child baby food pouches

Baby Gourmet puffs or bars

EnfaGrow baby formula

Body & Health

Aveeno lotion

Listerine 1 L mouthwash

Jergens lotion

Pantene hair care

Crest toothpaste

Dr. Squatch bar soap

Method body wash

Ivory body wash

SoftSoap body wash

Ricola lozenges

Secret or Old Spice deodorant

U by Kotex pads and liners

Depends or Poise incontinence pads

Brioschi epsom salts

Life Brand epsom salts

Brust protein bar or drink

Quest or Diesel protein bar or drink

VitaFusion vitamins

Nature's Bounty vitamins

Lil Critters vitamins

Household



bounce
Toss away wrinkles & static
Oubliez les plis et le collement électrostatique

Downy
light
OCEAN MIST
BRUME Océanique

Gain
50% MORE
PLAISIR D'ÉTÉ

Ivory
1
32

Allen's
DOUBLE STRENGTH
CLEANING VINEGAR
VINAIGRE NETTOYANT
DOUBLE CONCENTRATION

PC® liquid dish soap
lavender
ULTRA
lavande

Finish
JET-DRY
rinse aid
AGENT DE RINÇAGE

Tide
PODS
HYGIENIC CLEAN
POWER PODS
HEAVY 10X DUTY

Downy
beads
7 in 1
ULTRA
april fresh
fraîcheur d'avril

Allen's multi-purpose cleaners
selected varieties
20977116_EA/21027899_EA

PC® liquid dish soap
selected varieties
21012467_EA/21013091_EA

Finish Jet Dry
rinse aid
selected sizes and varieties
20548797_EA

Tide laundry pods
18-31's, Downy beads
379 g or Bounce sheets 120-200's
selected varieties
20548511001_EA/21450458_EA

Gain laundry detergent,
Downy or Ivory fabric softener
1.36-2.63 L
21405840_EA/21550428_EA

Allen's multi-purpose cleaners
selected varieties
20977116_EA/21027899_EA

PC® liquid dish soap
selected varieties
21012467_EA/21013091_EA

Finish Jet Dry
rinse aid
selected sizes and varieties
20548797_EA

Lysol
toilet bowl cleaner
value pack
selected varieties
21238361_EA/21526714_EA

Air Wick
essential oils
refill pack
selected varieties
20761733_EA/20795523_EA

Swiffer
Sweeper or Duster refills
selected varieties
21628715_EA/21629789_EA

no name®
parchment paper 10 m,
aluminum foil 50 ft or plastic wrap 60 m
selected varieties
21119987_EA/21120002_EA

no name®
compostable kitchen bags
for organics
10/20's or no name® freezer bags 30/40's,
selected varieties
20179960_EA/20298374_EA

Lysol toilet bowl cleaner
value pack
selected varieties
21238361_EA/21526714_EA

Air Wick essential oils
refill pack
selected varieties
20761733_EA/20795523_EA

Swiffer Sweeper or Duster refills
selected varieties
21628715_EA/21629789_EA

no name® parchment paper 10 m,
aluminum foil 50 ft or plastic wrap 60 m
selected varieties
21119987_EA/21120002_EA

no name® compostable kitchen bags
for organics
10/20's or no name® freezer bags 30/40's,
selected varieties
20179960_EA/20298374_EA

Pet Needs for Cats & Dogs!

Blue Buffalo
wet dog food
selected varieties
21360351_EA/21360413_EA

Milk-Bone
Soft & Chewy
dog treats
selected varieties
20303865001_EA/20303865002_EA

Just One Fish
meal topper
for dogs or cats
selected varieties
21707212_EA

PC® Nutrition First®
dog food
selected varieties
21304456_EA/21307661_EA

Fresh Pet
dog food
selected varieties
20965409_EA/21094843_EA

Fancy Feast
wet cat food
selected varieties
20302296001_EA/20548687001_EA

Delectables
handheld lickable
cat treats
selected varieties
21583545_EA/21633822_EA

PC® Nutrition First®
dry cat food
selected varieties
21303028_EA/21303031_EA

IAMS
Proactive Health
dry cat food
selected varieties
21169074_EA/21435888_EA

Arm & Hammer
clumping cat litter
selected varieties
21086970_EA/21097017_EA

Blue Buffalo wet dog food
selected varieties
21360351_EA/21360413_EA

Milk-Bone Soft & Chewy
dog treats
selected varieties
20303865001_EA/20303865002_EA

Just One Fish meal topper
for dogs or cats
selected varieties
21707212_EA

PC® Nutrition First® dog food
selected varieties
21304456_EA/21307661_EA

Fresh Pet dog food
selected varieties
20965409_EA/21094843_EA

Fancy Feast wet cat food
selected varieties
20302296001_EA/20548687001_EA

Delectables handheld lickable
cat treats
selected varieties
21583545_EA/21633822_EA

PC® Nutrition First® dry cat food
selected varieties
21303028_EA/21303031_EA

IAMS Proactive Health dry cat food
selected varieties
21169074_EA/21435888_EA

Arm & Hammer clumping cat litter
selected varieties
21086970_EA/21097017_EA

Fresh FLOWERS



\$50
each

hand tied bouquet
assorted varieties
21159059_EA



\$30
each

local farm bouquet
21622437_EA



19⁹⁹
each

large or mini
gerbera bouquets
20975510_EA



spring bulbs
6 inch
21087691_EA

9⁹⁹
each



16⁹⁹
each

amazing garden
21651004_EA



cut tulips
assorted colours
20180973_EA

12⁹⁹
10 stems

Floral Arrangements

flowersbyfortinos.ca

- ✓ Check out our fresh store made arrangements.
- ✓ Our trained floral designers can create just what you need.
- ✓ Delivery available



Laundry Essentials

11⁹⁹-13⁹⁹

Tide Detergent 1.86 L/1.62 LD,
 Gain Detergent 2.6 L, Ivory
 Snow Detergent 1.36 L,
 PODS/Flings 18/23/31 CT,
 Downy/Gain Fabric Softener
 1.66/2.63 L, Bounce/Downy/
 Gain Sheets 120/200 CT, Downy/Gain/Ivory Snow Beads
 303/368/379 g, Downy Rinse 1.09 L, Selected Varieties
 21593782_EA/21635322_EA/20014406_EA

24⁹⁹-26⁹⁹

Tide Detergent 3.9/3.46 L, Ivory Snow
 Detergent 3.1 L, PODS/Flings 45/57/76 CT,
 Downy/Gain Beads 853 g, Selected Varieties
 21579830_EA/21625891_EA

6 WEEKS OF CRISP FRESHNESS*

19⁹⁹

Gain/Cheer Detergent
 3.9 L, Selected Varieties
 21671135_EA/
 21671138_EA

*FROM WASH UNTIL WEAR © 2026 P&G

A FLAVOUR TWIST FOR EVERY DISH

\$2⁹⁹
 VH® Sauces
 341-380 mL

\$3⁴⁹
 President's Choice®
 Jasmine Rice
 750 g

\$2⁷⁹
 President's Choice®
 Udon Noodles
 200 g

OREO STUFF OF LEGENDS

POWER UP. SAVE THE UNIVERSE.

\$4⁹⁹
 CHRISTIE
 OREO MARVEL
 Cookies, 303g
 21691879_EA

LIMITED
 EDITION

\$3⁴⁹

MAYNARDS &
 SOUR PATCH KIDS
 Bags, 135-154g
 21694186_EA
 21545735_EA

\$3⁹⁹

CADBURY Bars
 90-105g
 21658253_EA
 21658430_EA

\$4⁴⁹

CADBURY FINGERS
 Cookies, 114g
 21631880_EA
 21631987_EA

Poise® Depend®

STAY PROTECTED IN THE MOMENT

\$18⁹⁹
 EACH

DEPEND® Underwear
 or POISE® Pads
 Selected Types

CanPrev We ♥ your heart.

A healthier heart
starts here.



#FOODFIRSTLIVING
THE WAY IT SHOULD BE

\$49.99



UNFLAVOURED 680g

20306852003_EA

CHOCOLATE 680g

20306852002_EA

VANILLA 680g

20306852001_EA



HerbaLand

The gummies you love

Now at Fortinos



21715599_EA

21715912_EA

21715588_EA



PROBIOTICALLY POWERED
DELICIOUSLY REFRESHING



21333214_EA 21333233_EA

SWITCH TO PURPLE!

PURPLE POPCORN JUST TASTES BETTER



CREAMIER
TASTING



MORE
ANTIOXIDANTS



25% GOES TO
CHILDREN'S
CHARITY



CANADIAN MADE AND OWNED

21435344

21435387

21538511

EXTRA IN A GOOD WAY™



21520692_EA

21520652_EA

21654509_EA

21489952_EA

21589837_EA

3.99 Kettle® Brand Potato Chips
156 g - 198 g selected varieties

© 2026 Campbell Company of Canada

PROTEIN SNACKS

Light and Crispy



21533767-EA

21634278-EA

21533779-EA



\$9.99

WAKEWATER

CLEAN BOOST | NO JITTERS | NO CRASH



85 mg
CAFFEINE
FROM GREEN TEA

0 0 CALORIES
0 SUGAR
0 SWEETENER