

living fresh market

7520 W. ROOSEVELT ROAD
FOREST PARK, IL 60130
708-689-0452

OPEN MONDAY-SUNDAY FROM
7 AM to 9 PM
or until the last customer is served!
OPEN ON MONDAYS

SCAN HERE
TO SIGN UP FOR

Fresh

REWARDS LOYALTY PROGRAM



HOT BUYS

THREE DAYS ONLY
FEBRUARY 6, 7, 8

\$11.99
IQF
Party Wings
5 lb.

\$5.99
Pepsi Products
12 pk.

\$7.99
Home Run Inn
Classic Pizza
27-33 oz.

\$3.99
Pico de Gallo
16 oz.
& Half Off Any El Ranchero
14 oz. Tortilla Chips

\$2.99
Homemade
Italian Sausage

Fresh Meat

Celebrating **BLACK HISTORY MONTH**

\$13.99 lb.
USDA Choice
T-Bone &
Porterhouse Steak

\$1.99 lb.
USGI
Pork Butt Roast

\$1.29 lb.
USGI
Chicken Drumsticks
Family Pack

\$4.99 lb.
USDA Choice
Ground Beef

\$2.99 lb.
USGI
Pork Steak

\$13.99 lb.
USDA Choice
Boneless
New York Steak
Family Pack

\$2.39 lb.
USGI
Country Style Ribs
Family Pack

\$3.49 lb.
USGI
Pork Baby
Back Ribs

\$8.99 lb.
USDA Choice
Boneless
Chuck Roast

\$1.69 lb.
USGI
Chicken Thighs
Family Pack

Produce

\$2.99 ea.
Iceberg
Lettuce

\$2.79 lb.
Jalapeño
Peppers

\$4.69 ea.
Tri-Color
Bell Peppers
3 ct.

\$1.99 lb.
Serrano
Peppers

\$1.79 lb.
Beefsteak
Tomatoes

\$1.29 lb.
Roma
Tomatoes

\$1.25 ea.
Fresh
Avocados

2 for \$6
Fresh
Chopped
White Onions

\$1.89 lb.
Fresh
Plantains

\$2.50 ea.
Grape
Tomatoes
10 oz.

\$1.29 lb.
Fresh
Red Onions

Organic Produce

\$4.99
Organic
Iceberg
Lettuce

\$1.99
Organic
Shredded Carrots
10 oz.

\$2.99
Organic
Limes
1 lb.

\$2.29
Organic
Baby Carrots
16 oz.

\$4.99
Organic
Mini Cucumbers
12 oz.

\$4.69
Organic
Mini Sweet
Peppers
1 lb.

New Store Hours

NOW OPEN DAILY

MONDAY – SUNDAY
7:00 AM TO 9:00 PM

living fresh market

PRICES EFFECTIVE: FEBRUARY 4 - FEBRUARY 10, 2026

WE ACCEPT:



Grocery

All 7Up Products
12 pk., 12 oz. cans
\$6.49

Frito-Lay Doritos, Tostitos or Salsa
9-15.25 oz.
2 for \$7

Creamette Pasta
12-16 oz.
99¢

Ragu or Ragu Kettle Pasta Sauce
15-24 oz.
2 for \$4

Campbell's Chunky Soup
18.6-19 oz.
2 for \$4

Carroll Shelby's Chili Kit
3.65 oz.
\$2.99

Manwich Sloppy Joe Sauce
15-16 oz.
3 for \$4

Ortega Taco Sauce
8 oz.
\$1.99

Best Choice Soda
12 pk., 12 oz. cans
\$3.79

All Pepsi Products
12 pk., 12 oz. cans
\$5.99

Lipton Iced Tea
64 oz.
2 for \$5

Aunt Millie's Stadium Buns
8 ct.
2 for \$5

Campbell's Chunky Bowls
15.25 oz.
4 for \$9

Open Pit BBQ Sauce
18 oz.
\$1.50

Quaker Instant Oats
42 oz.
\$4.99

Best Choice Kidney, Black, or Chili Beans
15-15.5 oz.
99¢

General Mills Cereal
9-10.8 oz.
\$2.49-\$1.00 = \$1.49

Ore-Ida Frozen Potatoes, Tots or Hashbrowns
22.5-32 oz.
\$3.99-\$1.00 = \$2.99

Kraft Dressing
16 oz.
\$2.99-\$1.00 = \$1.99

Starkist Chunk Light Tuna
12 oz.
\$3.39-\$1.00 = \$2.39

Kraft BBQ Sauce
17.5-18 oz.
\$1.99-\$1.00 = 99¢

Smart Ones Entrees
6.49-10.2 oz.
\$1.99-\$1.00 = 99¢

Pillsbury Toaster Strudels or Scrambles
7.2-12 oz.
\$2.99-\$1.00 = \$1.99

Kraft Cheese Singles
10.7-12 oz.
\$3.99-\$1.00 = \$2.99

Kool-Aid Burst
6 pk.
\$2.29-\$1.00 = \$1.29

Philadelphia PHILADELPHIA Cream Cheese
8 oz.
\$3.49-\$1.00 = \$2.49

BUY 5 SAVE 5

Dairy & Frozen

Turkey Hill Lemonade
128 oz.
\$2.99

Eggo Waffles
10 ct. or 8 oz.
2 for \$5

Imperial Margarine
16 oz.
4 for \$5

Bob Evans Pork Sausage Rolls, Links or Patties
12-16 oz.
2 for \$6

Florida's Natural Lemonade
59 oz.
\$2.79

Louisa Ravioli or Tortellini
16-20 oz.
\$4.49

Farm Rich Appetizers
14.3-22 oz.
\$4.99

TGIF Appetizers
9-11 oz.
\$3.99

Bob Evans Assorted Side Dishes
12-24 oz.
2 for \$7

Daisy Sour Cream
16 oz.
\$2.79

Prairie Fresh Bacon
12 oz.
\$3.99

Kraft Shreds or Chunks
7-9 oz.
2 for \$4

International Delight Creamer
64 oz.
\$6.49

DiGiorno Pizza
24.6-29.3
\$3.99

Pictsweet Clear Bag Vegetables
22-28 oz.
2 for \$7

Oscar Mayer Meat Franks or Turkey Dogs
14-16 oz.
\$2.99

Vienna Beef Beef Franks
12 oz.
\$6.99

Swaggerty's Farm Pork Sausage Patties
45 oz.
\$9.99

Service Deli

Greenridge Farms Polish Ham
1 lb.
\$5.50

Dietz & Watson Gourmet Chicken Breast & Hot Honey Chicken Breast
1 lb.
\$8.99

Hormel Spiced Ham
1 lb.
\$5.99

Eckrich Genoa Salami
1 lb.
\$7.99

Mrs. Gerry's Chicken Salad
1 lb.
\$6.99

Bakery

Hawaiian King Round Bread
16 oz.
\$5.99

St. Pierre Slider Rolls
16.9 oz.
\$5.99 ea.

St. Pierre Brioche Loaf
17.6 oz.
\$6.99 ea.

Pretzella Burger Buns
Original, Jalapeño or Garlic & Herb
12.8 oz.
\$3.29 ea.

Cinnaroll Original, Lemon or Blueberry
22.22 oz.
\$7.99 ea.

Gluten Free

Gluten-Free Honey Nut Cheerios
10.8 oz.
\$5.49

Gluten-Free Quaker Maple & Brown Sugar Instant Oatmeal
8 ct.
\$5.99

Gluten-Free Schar Honey Grams
5.6 oz.
\$3.99

Gluten-Free Canyon Bakehouse Bread
4 ct. or 15 oz.
\$7.99

Gluten-Free Kind Thins
10 ct. or Protein Bars All Flavors, 6 ct.
\$9.99

Vegan

Gardein Vegan Entrees
9-13.7 oz.
\$5.29

Vegan Boca Burgers
4 ct.
\$4.99

Vegan Violife Just Like Smoked Provolone, Mature Cheddar, or Cheddar Slices
7.05 oz.
\$6.99

Vegan Follow Your Heart Mayo
32 oz.
\$9.79

Vegan Abe's Mini Cupcakes
12 ct.
\$6.99

Home & Health

Dawn Soap
16-22 oz.
\$3.99

Hefty Cups
28-40 ct.
\$2.99

Glad Trash Bags
34-40 ct.
\$8.99

Glad Press N Seal
70-200 ft.
\$3.69

Finish or Jet Dry Dish
11-18 ct. or 8.45-75 oz.
\$6.99