



FORTINOS®



CAP OFF
EXCESS FAT REMOVED
BETTER VALUE

11.99^{lb} prime rib roast
cut from Canada AA or USDA
Select grade beef or higher
20812304_KG



✓ Air Chilled
✓ Canadian grown
✓ Grain fed

2.99^{lb} PC® chicken drumsticks or
thighs Club Pack or Mina Halal
chicken drumsticks or thighs
fresh Air Chilled, bone-in
20154326_KG/21618064_KG



Ferrero Valentine
chocolate heart,
Lindt Lindor
chocolate heart
or Nestle Turtles
chocolate heart
20052252_EA
20315282003_EA

10.99
167-200 g

27.99
50 cm

dozen
Ecuadorian
roses
assorted
colours,
with greens
21291631_EA
1291634_EA



5.49 each fresh Atlantic mussels 907 g
or frozen lobster tail 2-3 oz
20992437_EA/21194848_EA



1.99 raspberries
product of Mexico or U.S.A.
or blueberries product of Chile
or Mexico, no. 1 grade
20152465001_EA/20128938001_EA



1.99^{lb} green Thai hot peppers
product of Dominican
Republic or premium cut
broccoli crowns product
of Mexico or U.S.A.
20010072001_KG/20026161001_KG



.88^{lb} large
seedless oranges
product of U.S.A.,
1.94/kg
20426078001_KG



Available in the
Salad Bar!

13.99^{lb} chocolate covered
strawberries
prepared in store daily
20068344_KG



FRESH Salmon
✓ Thick Centre Cut
✓ NO WASTE
✓ Tail, Neck & Belly
removed

13.99^{lb} fresh Atlantic
salmon fillet
20129990_KG



frozen
Grade A
duck
3.88^{lb}
8.55/kg



5.99 500 g PC® naturally smoked bacon
selected varieties
20152629_EA



2.99 each Dempster's bread 675 g,
English muffins 6's or bagels 6's
selected varieties
20147355_EA/20339353_EA0

Family Day

Monday, February 16 - STORES • CLOSED

20% OFF

ALL LOOSE BULK FOODS

5.49 each

Neilson Trutaste milk, chocolate milk 4 L or lactose free milk 2 L, selected varieties
20098941_EA/20148677_EA

12.99 4.54 kg

Tilda basmati rice
20153678_EA

1.79 each

Unico pasta 700/900 g, pasta sauce 680 mL or tuna 198 g, selected varieties
20113745_EA/20311358002_EA

9.99 9.07 kg

Pillsbury Chakki Atta flour
21663582_EA

2.99 3x80 g

Callipo tuna selected varieties
20069250_EA

4.99 each

Haagen-Dazs 414-450 mL or bars 3/4's, Nestlé Drumstick or novelties or IGO frozen yogurt 4/8's or 946 mL, selected varieties, frozen
20302298004_EA/20322380001_EA

4.99 750 g/1 kg

Kraft peanut butter selected varieties
20339581001_EA

.88 1 L

PC® or Blue Menu® sparkling water
20162061002_EA/20320832004_EA

3.98 each

Melona bars 560 mL, T&T® ice cream 1 L or potstickers 567 g or PC® frozen fruit 300-600 g selected varieties, frozen
21300559_EA/20312227_EA

3.49 212-456 g

PC® frozen entrées, flatbread or focaccia selected varieties, frozen
20312253001_EA/20987543_EA

11.99 each

Ensure 6x235 mL or Glucerna 6x237 mL selected varieties
20180283003_EA/20308731001_C06

3.49 1.75/1.89 L

Silk non-dairy beverage selected varieties
20308979_EA/20328231002_EA

FEBRUARY

HIT OF THE MONTH

LIMIT 6

\$2.67

After Limit \$3.50 ea

Vachon Snack Cakes
selected varieties, 282 - 336 g
20963606_EA

LIMIT 6

\$2

After Limit \$3.00 ea

Cavendish Fries
frozen, selected varieties, 800 g
21559837_EA/21602936_EA

LIMIT 6

\$4

After Limit \$5.00 ea

Royale Tiger Towels
3=6 rolls
21484702_EA

Prices effective at Brampton stores only.

Flyer prices effective from Thursday, February 12th, to Wednesday, February 18th, 2026

Visit us at fortinos.ca. FOLLOW US ON

Quantities and/or selection of items may be limited and may not be available in all stores. No Rainchecks OR Substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We reserve the right to limit quantities to reasonable family requirements. We are not obligated to sell items based on errors or misprints in typography or photography. Pricing: All references to "Save, Was, Now, Savings, etc.," is in comparison to our own regular prices. Coupons must be presented and redeemed at time of purchase. Savings shown may be greater depending on store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. To register as a PC Optimum™ member visit pcoptimum.ca. We are not obligated to award points based on errors or misprints. No cash value. Minimum redemption 10,000 points. These offers cannot be combined with any other coupons, discounts or promotions. Receive the points specified when you spend the qualifying dollar amount on the displayed product (s) and/or category. The trade-marks, service marks and logos displayed in this flyer are trade-marks of Loblaws Inc. and others. ©2026 Loblaws Inc. All rights reserved.

Say it with Flowers



from
\$20-50 Fortinos mixed bouquets
assorted colours and sizes
21159059_EA/21549447_EA



Grab & Go
Valentine
arrangments
selected varieties
21020120_EA/21172159_EA
49⁹⁹
each



59⁹⁹ premium
rose bouquet
21020121_EA
each



49⁹⁹ dozen tinted roses
assorted colours
21279268_EA/21450023_EA



18 stems!
99⁹⁹ 18 stem Signature
rose bouquet
21590863_EA



60 cm premium
dozen boxed
roses with FREE
Ferrero Rocher
chocolate heart
20115093_EA
99⁹⁹
each



49⁹⁹ heart orchid
5" pot
21733481_EA

Valentine's Treats



8⁹⁹ Nestle KitKat
Valentines
30's
21620932_EA



Lindt milk
chocolate rose
20155943_EA
9⁹⁹
120 g



9⁹⁹ Lindt Lindor chocolate
selected varieties
21546869_EA/21546873_EA
150 g



Kinder
Valentine
chocolate
21610496_EA/21610701_EA
6⁹⁹
80/107 g



6⁹⁹ Lindt Lindor
hearts 60 g or
Lindt Valentine
heart bag 103 g
each
20008603_EA/20521373_EA

Be My Valentine!



5.99
136/145 g
mini chocolate or
chocolate strawberry
heart cake
21668142_EA



13.99
320 g
heart shaped cake
chocolate or vanilla
20592639_EA/20592640_EA



29.99
1.5 kg
celebration 8" cake
chocolate or vanilla
21193892_EA/21193895_EA



strawberry 8" cake
20593060_EA

29.99
1 kg



11.99
659 g
decorated
chocolate chip cookie
20018001_EA



6.99
300 g
cupcakes
vanilla, chocolate
or assorted
20593078_EA



assorted
cafe desserts
selected varieties
20592874_EA

2.99
each



2.49
16/80 g
premium cupcakes
or French macarons
selected varieties
20529318_EA/20592496_EA



Kimberley's Valentine
frosted cookies 383 g
or mini cupcakes 12's
selected varieties
21296834_EA

4.99
each



5.99
310 g
Two-Bite
Valentine brownies
21572381_EA



5.99
284 g
Two-Bite
mini heart
sugar cookies
21717081_EA



tuxedo strawberries
\$12.99 6 pack

2.59
each
tuxedo strawberries
20866588_EA/20866780_EA



Buy any 2 dinners & get
one **FREE** cake slice



Only available: Saturday, February 14

Prime Rib Dinner



\$20.49
each



All Other Dinners:

- Salmon (Hickory & Brown Sugar, Teriyaki or Lemon Thyme)
- Oven-Roasted Turkey
- Chicken Parmigiana
- Veal Parmigiana
- Porchetta
- Butter Chicken*

\$16.99
each

*Not available at all locations.

Comes with your choice of two 4 oz sides.

The Perfect Dinner

You'll be a winner with this heart-shaped steak for two!



29⁹⁹lb
66.12/kg

heart shaped boneless rib steak
Certified Angus Beef® brand,
cut from Canada AAA grade beef or higher
21725026_KG



BUTCHER TRIMMED

39⁹⁹lb
88.16/kg

tenderloin steak or roast
Certified Angus Beef® brand,
cut from Canada AAA grade beef or higher
20794223_KG



fresh oysters
selected varieties
20746071_EA

1⁴⁹
each



Crystal Waters
fresh crab cakes
21540956_EA

4⁴⁹
95 g



14⁹⁹lb
33.05/kg

snow crab
clusters
frozen, 5-8's
21159647_KG



Seafood for Lent

15⁹⁹lb
35.25/kg
20059002_KG

fresh Icelandic cod fillet

3⁹⁹lb
8.80/kg
20129408_KG

fresh whole whiting

10⁹⁹lb
24.23/kg
20033340_KG

fresh tilapia fillet

Skinless!

FRESH Salmon

- ✓ Thick Centre Cut
- ✓ NO WASTE
- ✓ Tail, Neck & Belly removed

15⁹⁹lb
35.25/kg
21176902_KG

fresh Atlantic salmon fillet

2 lb bag!

12⁹⁹
907 g
20941863_EA

pasta clams

Northern King seafood mix 600 g
or IFC breaded calamari rings 500 g, frozen
20573063_EA/21614755_EA

8⁹⁹
each

IFC mahi portions, tuna steaks or Coho salmon portions frozen
21608592_EA/21608715_EA

14⁹⁹
454 g

SeaQuest® fillets selected varieties, frozen
20048346_EA/20111565_EA

7⁴⁹
400 g

Oishii Strawberries

The most consistently delicious strawberry you'll have ever tasted!

Smart farm grown, giving each berry optimal growing conditions = **SUPERB FLAVOUR!**



Scan Code or Click Here



product of U.S.A.
21735492001_EA

9⁹⁹
121 g



colossal red cherries
product of Chile,
no. 1 grade
20159690001_KG

4⁸⁸lb
10.76/kg

large passion fruit
product of Colombia
20003716001_EA

2⁹⁹
each



asparagus
4.99/lb, 11.00/kg,
product of Mexico
or Peru, no. 1 grade
or green French
beans 4.99 ea.,
400 g, product of
Guatemala or Mexico
20174581001_KG/20889720_EA

4⁹⁹lb/
ea.
11.00/kg



Litehouse
caramel, chocolate
or cream cheese dip
product of U.S.A.
21702752_EA/21702144_EA

3⁹⁹
227-340 g



Foodland
ONTARIO

4⁹⁹
5 lb

Butter Gold,
russet or red
gourmet potatoes
product of Ontario,
Canada no. 1 grade
21727160001_EA



ANDY
BOY

4⁴⁹
each

broccolini
product of U.S.A.
or Mexico
20154907_EA



Foodland
ONTARIO

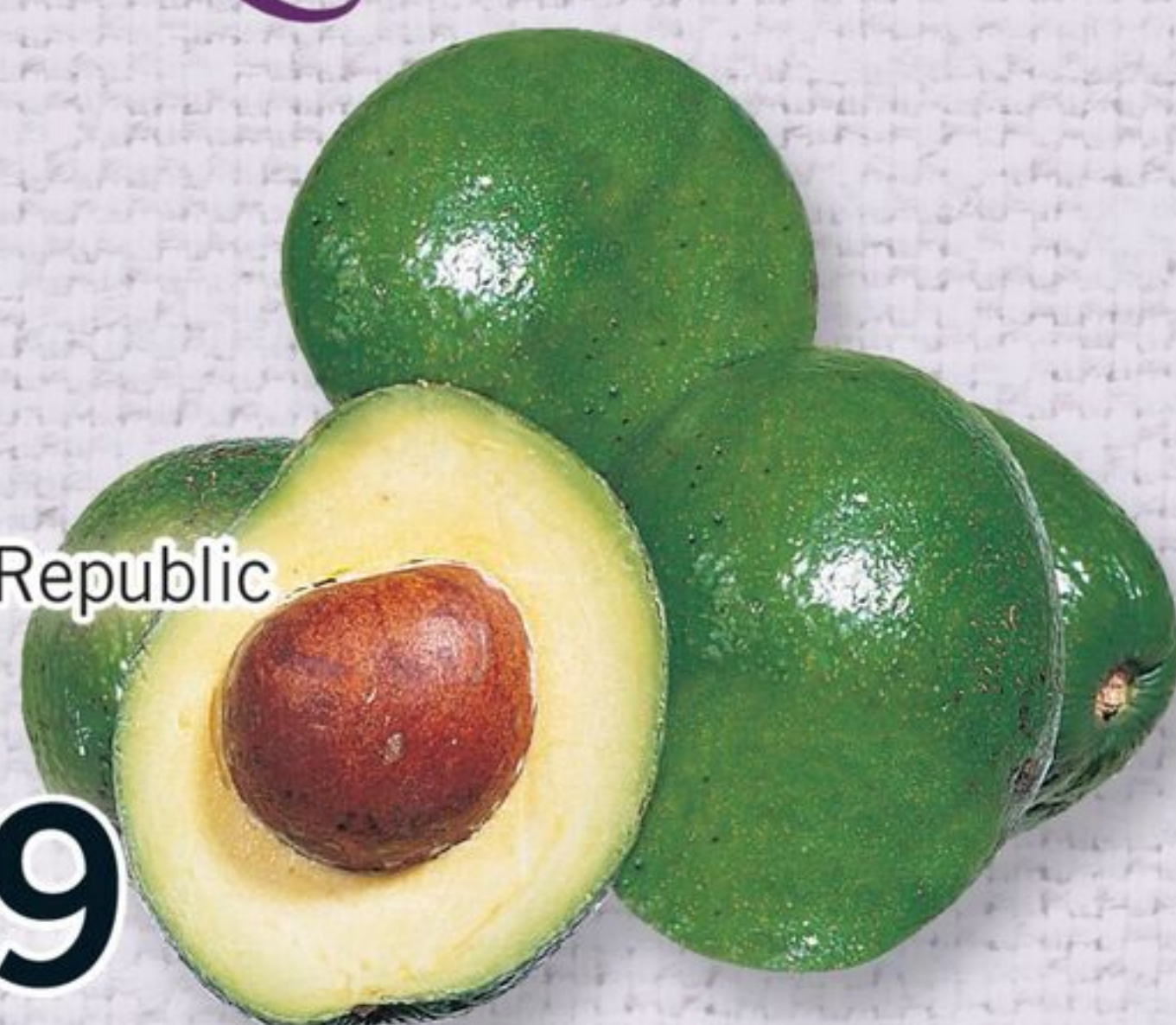
3⁴⁹
3 lb bag

yellow onions
product of Ontario,
Canada no. 1 grade
20811994001_EA

WORLD OF FLAVOURS

Caribbean
avocado
product of
Dominican Republic
or U.S.A.
20119760001_EA

2⁴⁹
each



white guava
product of Egypt
20162500001_KG

4⁹⁹lb
11.00/kg



1⁶⁹
bunch

methi leaf
product of Canada
or Mexico
20159689001_EA



1²⁹
each

large chayote squash
product of Costa Rica
20167837001_EA



Pick Organic Over 150 items available every day!



Greenhouse
organic peanut
butter shake
product
of Ontario
21732445_EA

3⁹⁹
300 mL



4⁴⁹
255 g

PC® Organics
grape tomatoes
product of Mexico or
Canada, no. 1 grade
20603423001_EA



2⁹⁹
each

organic mango
product of Peru
20804654001_EA



4⁹⁹
250 g

organic
Love Beets
product of U.S.A.
20873229_EA



2⁹⁹
340 g

organic rainbow
carrot chips
product of U.S.A.,
no. 1 grade
21350453001_EA

Grocery



Campbell's broth

21347245_EA/20322348002_EA

1.99

250/900 mL



Michelina's frozen entrées selected varieties, frozen, 156-284 g

21208614_EA

1.79 each



Pillsbury ready to bake cookies, Grands! rolls or turnovers selected varieties

20301101001_EA/20301101005_EA

3.99

383-496 g



Loacker wafers

21562150_EA

1.29

125 g



RiceWorks rice snacks or Smartfood popcorn selected varieties

20320947001_EA/20972859_EA

3.99

150-200 g



Cheez-It crackers 191-200 g or Snyder's pretzels 240 g selected varieties

21214560_EA/21586795_EA

3.49 each



Leclerc Celebration cookies selected varieties

21014049_EA/21680155_EA

4.79

200-350 g



Betty Crocker cookie or cake mix 263-496 g or frosting 340 g selected varieties

20325452001_EA/20694464001_EA

3.99 each



Merci chocolate tablets

21160514_EA

3.79

100-112 g



McCain Deep 'n Delicious cakes selected varieties, frozen

20310132002_EA

6.99

510 g



Simply lemonade or fruit beverage selected varieties

21170793_EA/21592206_EA

4.99

1.54 L



Ben's Original Bistro Express selected varieties

21405472_EA/21405476_EA

3.49

240/250 g



Primo passata di pomodoro

21124874_EA

2.79

680 mL



Molisana artichoke hearts or antipasto

20124408_EA/20302810_EA

3.99

340/375 mL



PC® or Blue Menu® lasagna selected varieties, frozen

20326534_EA

9.99

1.13 kg



Chef Bombay frozen entrées selected varieties, frozen, 240-354 g

20973182_EA/20973257_EA

5.99 each



PC® Black Label pizza frozen

21615467_EA/21531415_EA

8.99

370-440 g



Highliner fish sticks or shrimp selected varieties, frozen, 315-700 g

20298836001_EA/20303200001_EA

8.99 each



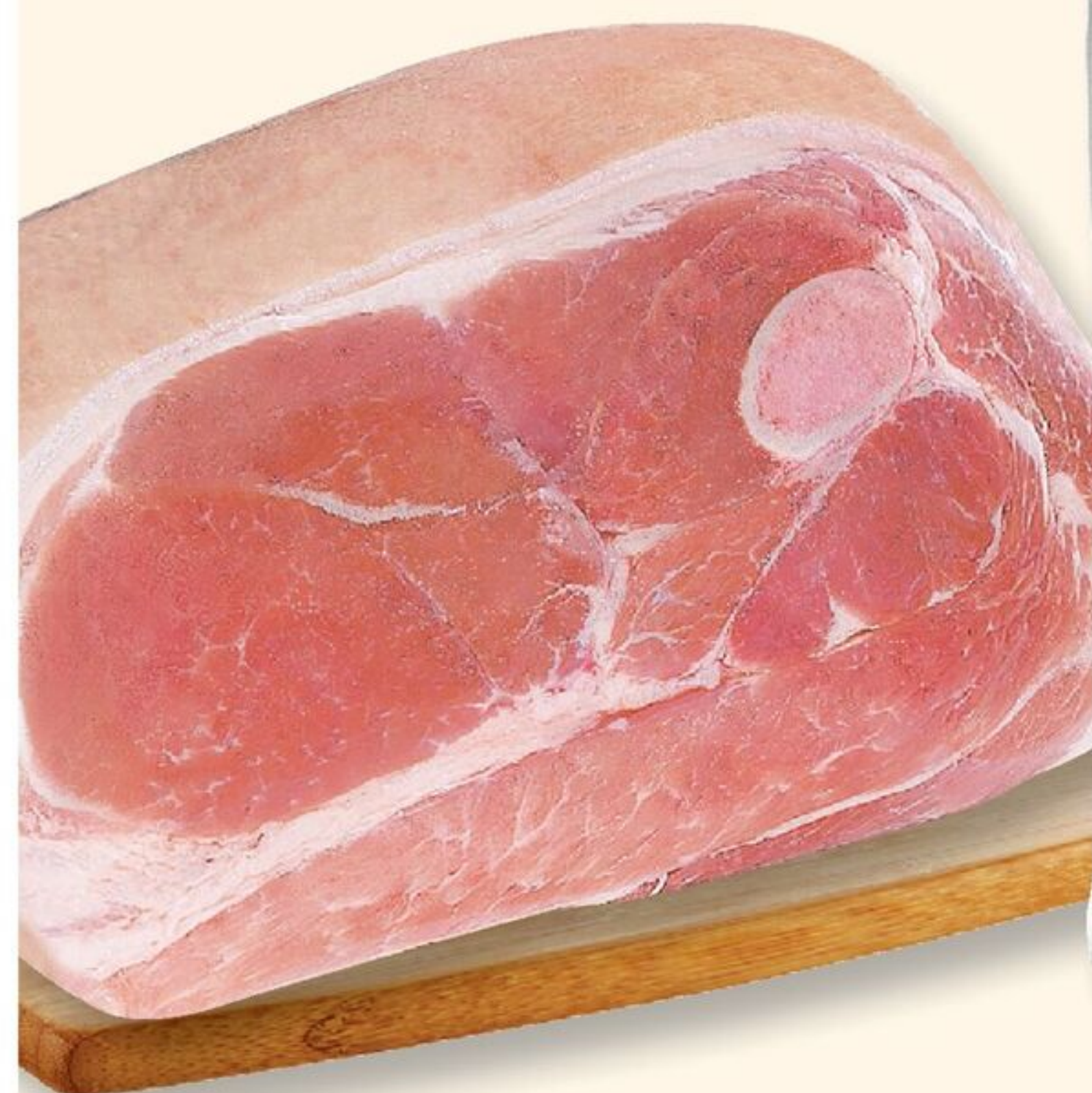
VH cooking or dipping sauce selected varieties, 341-380 mL

20297368_EA/20308726001_EA

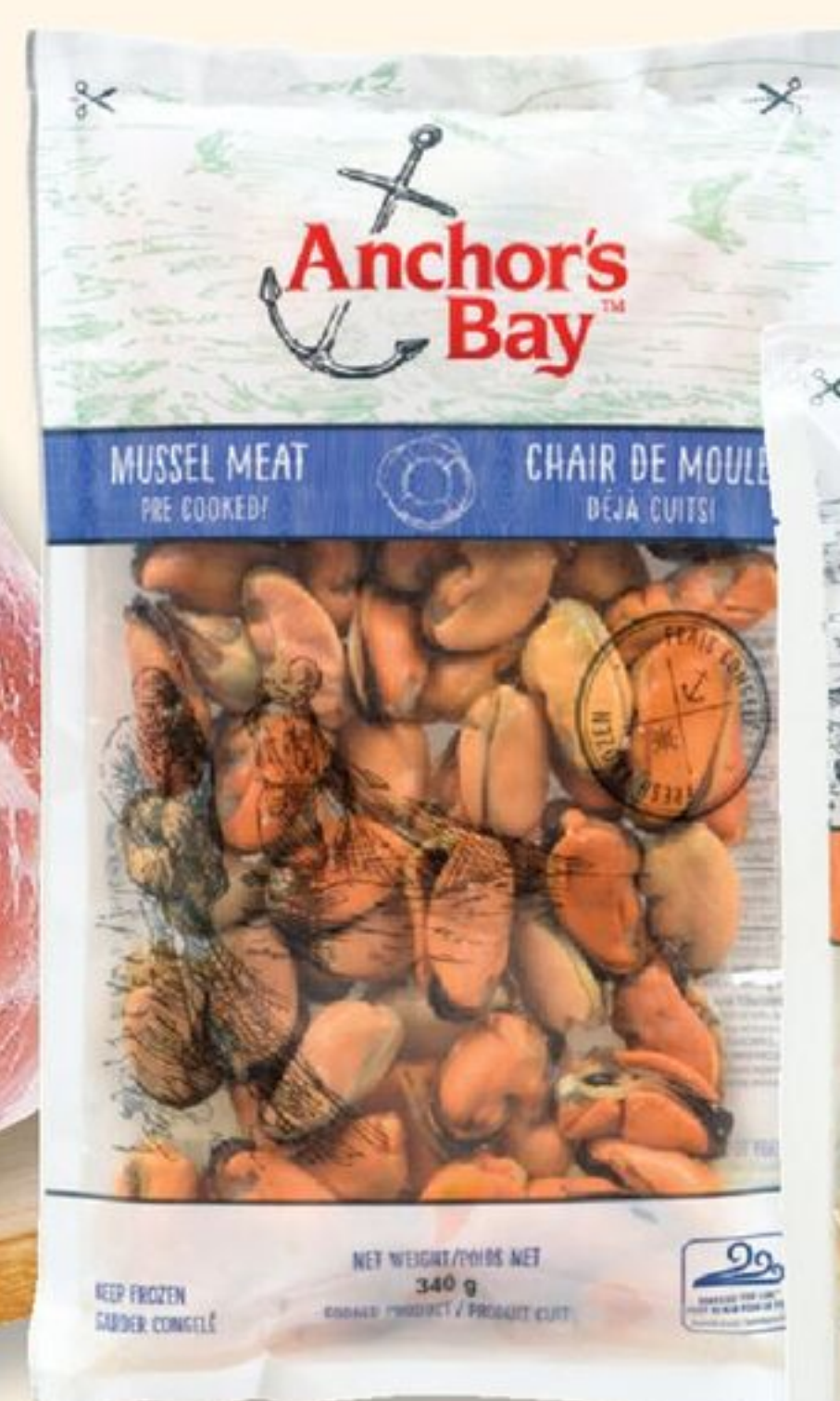
3.49 each



Celebrate Lunar New Year



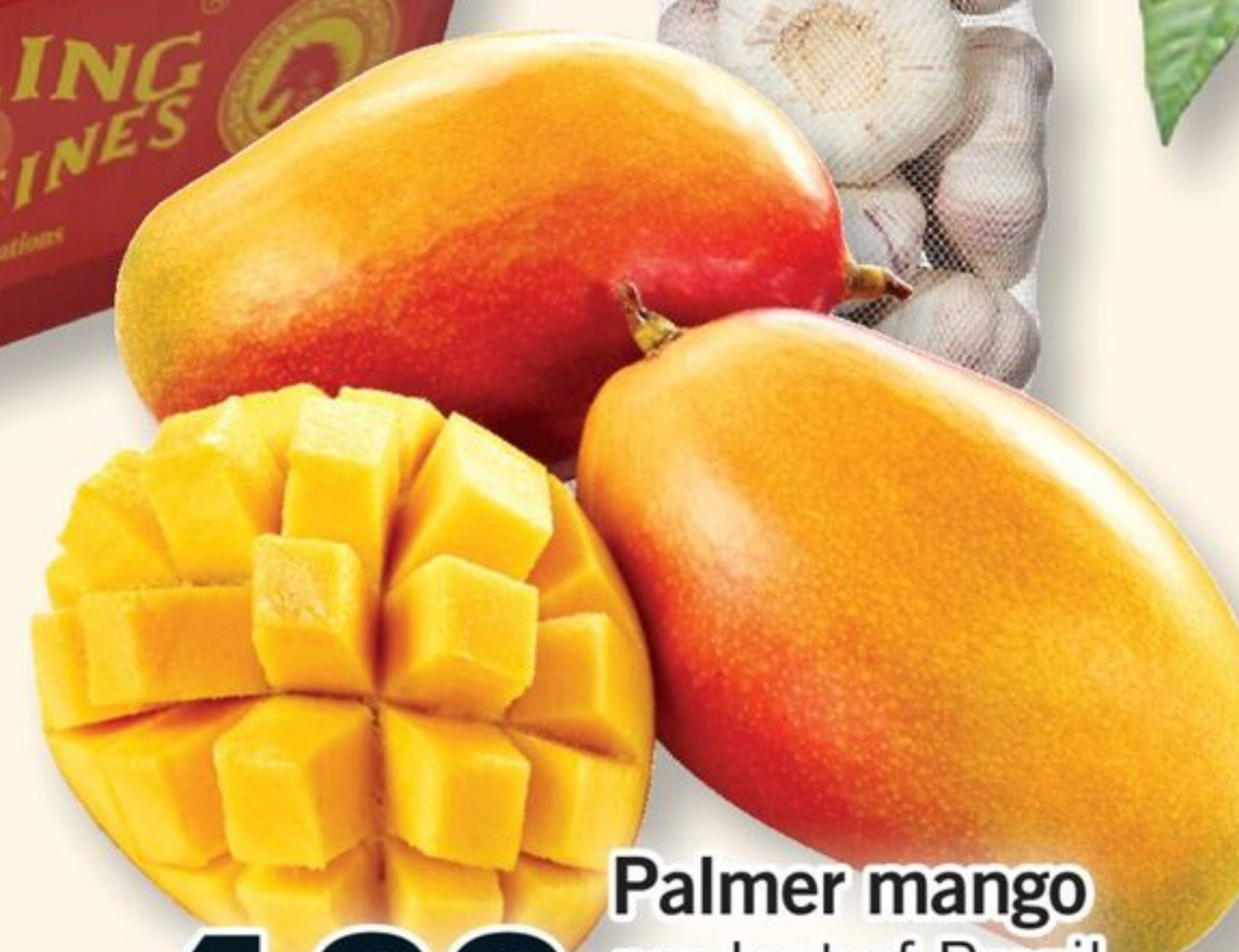
288^{lb} pork picnic butt or
shank portion roast
6.35/kg 20872428_KG



598 each
Anchor's Bay
cooked clam meat
or mussel meat
frozen
20791670_EA/20792247_EA



4 lb
seedless clementines
product of Morocco
20054025001_EA
788
4 lb



488 each
Palmer mango
product of Brazil
or garlic 1 kg,
product of China
20025410001_EA/21238843001_EA



1988
1 quart
money tree
21660943_EA



2198 800 g
mango 8"
mousse cake
20592165_EA



148 180 g
T&T® Bakery
tropical cake
selected varieties
20826092_EA/20826537_EA



248 225/800 g
PC® udon
noodles or
Thai sticky rice
20354811_EA/20418150001_EA



128 75-120 g
Nongshim
bowl noodles
selected varieties
20032441002_EA/20306702001_EA



128^{lb} 2.82/kg
brown
Asian pears
product of Ontario,
Canada Extra
Fancy grade
20314943001_KG



798 680-710 g
Bibigo
mini wontons
or mandus
selected varieties
21591925_EA



128 400 g
Rooster™ instant
egg noodles
20096297_EA



1488 908 g
Dan-D Pak
cashews
salted or unsalted
20314862001_EA/20314862002_EA



598 800 g
M.Y. San
SkyFlakes
crackers
21176798_EA



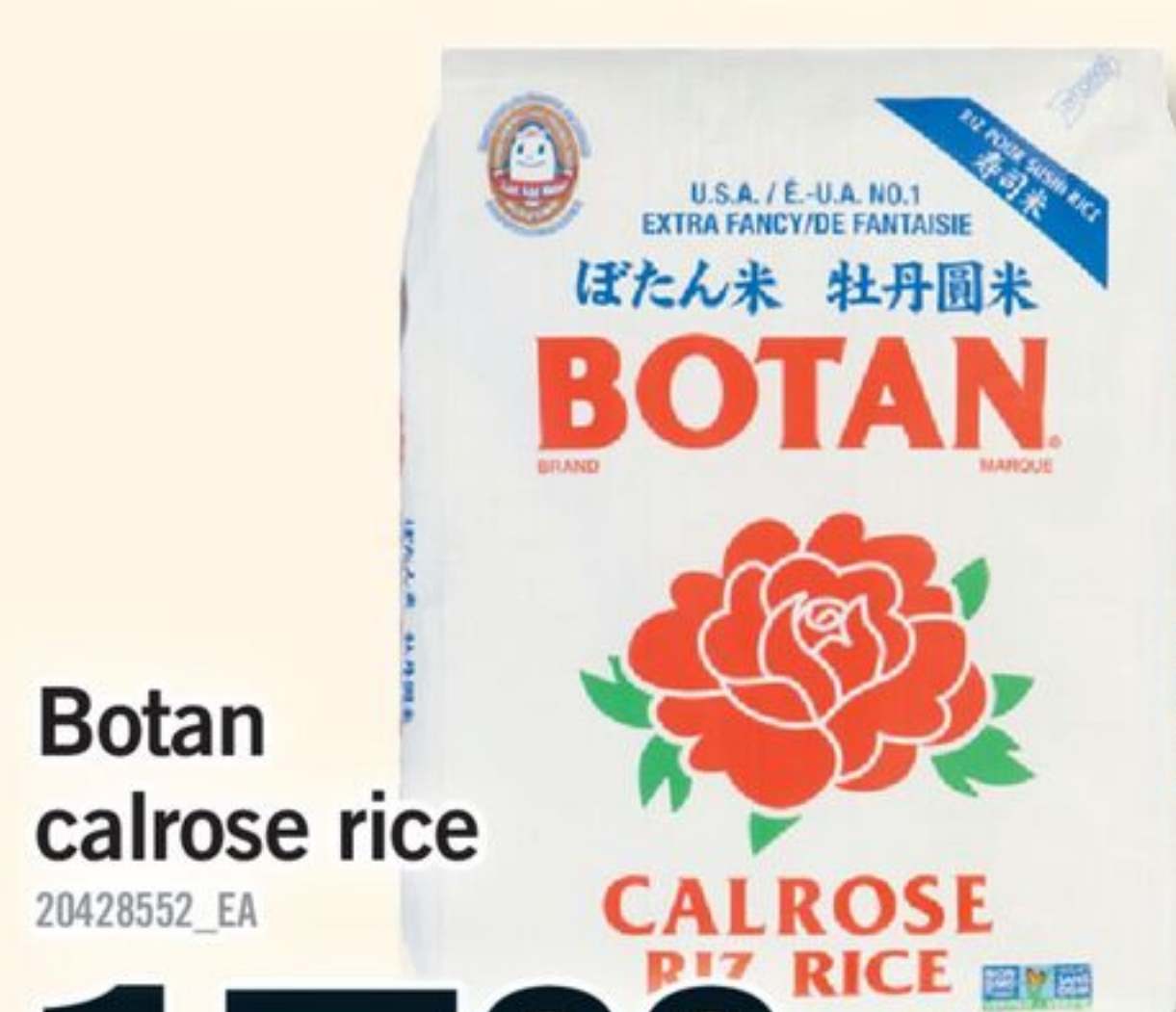
888 500 g
Hikari
organic white
miso paste
20923961001_EA



888 500/520 g
Crafty
Ramen entree
selected varieties
21544830_EA/21637395_EA



598 465 mL
Kewpie
mayonnaise
21644268_EA



1788 8 kg
Botan
calrose rice
20428552_EA



488 454 g
White Castle
butter cookies
20740820_EA



588 400 g
Ovaltine
malt drink
selected varieties
20726633_EA/20726635_EA
Mélange pour boisson maltée au chocolat
Mélange pour boisson maltée au chocolat

Happy Heart
sushi platter
13 or 20 pieces
21670097_EA/21671761_EA

22⁹⁹
422-678 g

Sabatini sauce
\$6.79 450 mL

5⁷⁹lb
12.76/kg

Fortinos
fresh pasta
selected varieties
20594477_NG/21670610_EA

Traditional Chicken Pie
Tarte au poulet Traditionnelle

9⁹⁹
502-600 g

Broccoli Cheddar Quiche
Quiche au Cheddar et Brocoli
590g

PANE Fresco
large meat pie or quiche
selected varieties
21179683_EA/21699115_EA

Optimum
500^{pts}

Reser's Main St Bistro
mashed potatoes
or mac and cheese
selected varieties
20339446_EA

6⁹⁹
482-680 g

Deli Always freshly sliced or shaved your way!

San Daniele
mortadella
selected varieties
20090246_KG

9⁹⁹lb
2.20/100 g

Ziggy's
cooked or smoked
chicken breast
deli sliced or shaved
20299046_KG/20311436_KG

12⁹⁹lb
2.86/100 g

Piller's salami
selected varieties
20300824_KG/20307984_KG

14⁹⁹lb
3.31/100 g

PC®
Natural Choice®
strips
selected varieties
20786418_EA/20787394_EA

14⁹⁹
300/375 g

PC® double
cream brie
deli cut
20786945_KG

14⁹⁹lb
33.05/kg

Daiya
Dairy-Free
MOZZA
200g

5⁹⁹
170-227 g

Daiya
Dairy-Free
MELANGE MEXICAIN
MEXICAN BLEND
200g

Daiya
Dairy-Free
PARMESAN
200g

Daiya dairy free cheese
selected varieties
21070311_EA/21207740_EA

Boursin
ÉCHALOTE & CIBOULETTE
SHALLOT & CHIVE
200g

Boursin cheese
selected varieties
20591214_EA

6⁹⁹
150 g

Fontaine Santé
hummus
selected varieties
20501132_EA

4⁹⁹
260/283 g

Bakery Baked fresh by Bakers with passion!

Elite
6" cake
chocolate truffle,
red velvet or mocha
21529837_EA

21⁹⁹
638-741 g

DUFFLET
cakelet
selected varieties
21704436_EA

18⁹⁹
442-520 g

baked in store
brownies fudge,
cream cheese, M&M's
or cookies & cream
21431068_EA

8⁹⁹
680-775 g

Portuguese tarts
4 pack
20895415_EA

7⁴⁹

PC®
tiramisu
21104504_EA

10⁹⁹
460 g

D'Italiano Bake
At Home garlic bread
selected varieties
21552105_EA

4⁴⁹
325 g

Make Your Own
pizza!

PANE Fresco
fresh pizza dough
white or whole wheat
20613587_EA

3⁹⁹
600 g

PC® Chocolate
Northern
Spanish-Style Basque
cheesecake frozen
21687935_EA

9⁹⁹
600 g

Basque
CHOCOLATE CHEESECAKE
600g

Create Your Own **Watch Party** with breakfast

Go Canada!



Breakfast & Coffee Combos

Friday - Sunday: 7 am - 11 am

Comes with a medium coffee

5⁴⁹ - 6⁹⁹ each



peameal bacon & egg
on brioche

21029208_EA



bacon & hashbrown bagel

20884372_EA

bacon & egg
challah sandwich

20884372_EA

bacon & egg
croissant

21507665_EA

bacon or
sausage & egg
English muffin

20883995_EA

breakfast wrap

21507665_EA

Produce

goldenberries
product of Peru

20845869_EA

3⁹⁹
200 g



**Prepared
IN STORE DAILY**

5⁹⁹
510 g

cored pineapple
product of Costa Rica

20503143_EA



.99
each

large kiwi
product of
Greece or Italy

20130242001_EA

**Prepared
IN STORE DAILY**

4⁹⁹
340 g

omelette mix
prepared in store daily

21011388_EA



Meat

a proud
FORTINOS
recipe



6⁴⁹
300/350 g

pork or turkey
breakfast sausage
selected varieties

21164999_EA



7⁹⁹
375-800 g

Lou's peameal bacon
selected varieties

20133609_EA/20642284_EA



6⁹⁹
375 g

Butterball turkey bacon

20016865_EA



7⁹⁹
300 g

Maple Leaf
fully cooked
breakfast sausages

21094887_EA

Create Your Own Watch Party with breakfast

Bakery

apple or raspberry
turnovers 4's or
assorted mini danish 8's
21469196_EA/21476309_EA

4.99
each



5.49
4's
chelsea buns or
cinnamon buns
selected varieties
21470468_EA

plain butter croissants 6's,
chocolatine 4's
or mini croissants 10's
selected varieties
21527027_EA/21682999_EA

4.99
each



Grocery

Pearl Milling
Company pancake
syrup 710 mL
or mix 905 g
selected varieties
21384609_EA/21391619_EA

4.49
each



McCain
breakfast potatoes
selected varieties,
frozen
20799091_EA/21285878_EA

4.49
567-650 g



Astro yogurt
selected varieties
20165226001_EA

3.99
650/750 g



Natrel
flavoured cream
selected varieties
21589027_EA

6.49
1 L



General Mills
cereal
selected varieties
21104047_EA

4.99
300-437 g



Quaker
instant oatmeal
selected varieties
21190254_EA/21683233_EA

4.29
232-344 g



PC® orange juice 1.54 L,
Oasis smoothie or
health break juice 1.6 L
selected varieties
21430531_EA/21529899_EA

4.99
each



Starbucks
cold brew
or iced coffee
selected varieties
21215530_EA/21355022_EA

8.99
1.18/1.42 L



Seafood & Meat

PC® smoked salmon
selected varieties,
frozen
20055009_EA/20108286_EA

10.99
150 g



PC® ham steak
175 g
20114226_EA

5.99



Rachel's beef
breakfast strips
21598462_EA

10.99
300 g



8.99
250 g
DuBreton
organic bacon
21707043_EA



8.99
375 g
Schneiders sausage
rounds, mini sizzlers
or Oktoberfest
sausage frozen
20561559_EA/20561593_EA



Grocery



2.99
400 g
no name®
marshmallows
20311578001_EA/20304672002_EA

6.99
each
Carnation hot
chocolate mix
400-450 g
21397690_EA

5.99
946 mL
International
Delight coffee
enhancer
selected varieties
20895480002_EA/20895480003_EA

2.49
8's
no name®
waffles or pancakes
selected varieties,
frozen
20316375001_EA/20065295_EA

3.99
4 pk
Oikos yogurt
selected varieties
20625055_EA



6.49
each
Quaker muffin
or cookie mix
750/900 g or
oat flour 700 g
selected varieties
20301064001_EA/21361904_EA

5.99
200-275 g
Hershey's
Chipits
21452844_EA

2.99
1 kg
Lantic
yellow, brown
or icing sugar
20093740_EA/20169394_EA

5.99
each
Vector
granola 311 g
or Cora waffle &
pancake mix 700 g
21651406_EA/21670070_EA

7.99
90-100 g
Nescafé Gold
instant coffee
selected varieties
21074532_EA/21074565_EA



5.99
2.5 kg
Robin Hood or
Five Roses flour
selected varieties
20039497001_EA/20039497002_EA

2.79
6x100 mL
PC® appletreet
apple sauce
selected varieties
20309701001_EA

4.29
125-210 g
Fibre 1 or Nature Valley
sweet & salty bars
selected varieties
20587504001_EA/21213559_EA

4.49
427/454 g
Becel margarine
selected varieties
20322707001_EA

7.99
16/18x19 g
Nescafé
sweet & creamy
instant coffee
selected varieties
21363370_EA/21363371_EA



7.99
each
Nutella 725 g
or Jakeman's
pure maple
syrup 250 mL
20436105_EA/21240996_EA

2.49
591 mL
Glaceau
vitaminwater
selected varieties
20333194006_EA/20562362003_EA

9.49
220-500 g
Cascina
San Cassiano
preserves or
Dutchman's
Gold honey
selected varieties
21053161_EA/21541005_EA

5.99
141/170 g
PAM
cooking spray
selected varieties
20178204001_EA/20315275004_EA

12.99
300/340 g
Café William
whole bean coffee
selected varieties
21589686_EA/21589711_EA

Follow us @Fortinos.supermarket

Tiramisu

This Italian dessert is rich, creamy & decadent. Perfect for Valentine's Day!

Ingredients

- 500 g imported Italian mascarpone
- 6 large egg yolks
- 1 cup granulated sugar
- ¼ tsp vanilla extract
- 1¼ cup 35% whipping cream
- approx 32 Savoirardi biscuits
- 3 cups freshly brewed espresso coffee
- 1 PC® dark or milk chocolate bar

Makes about 10 servings

Click here
for recipe



Galbani
mascarpone

20126603_EA

16⁴⁹
500 g



6⁹⁹
12's
PC® free run large eggs
or PC® Blue Menu®
free run Omega 3 eggs

20992723001_EA

Lantic white
granulated sugar
selected varieties

20145033_EA

3²⁹
2 kg



Club House
46 mL or
PC® pure vanilla
extract 125 mL

20061848_EA/21517820_EA

6⁹⁹
each



Neilson whipping
cream 35%

20774431_EA

3⁹⁹
473 mL



Caffe Gioia
espresso

20011981_EA

4⁹⁹
250 g



PC® chocolate bar
selected varieties

20024823_EA/20313501_EA

2⁹⁹
100 g

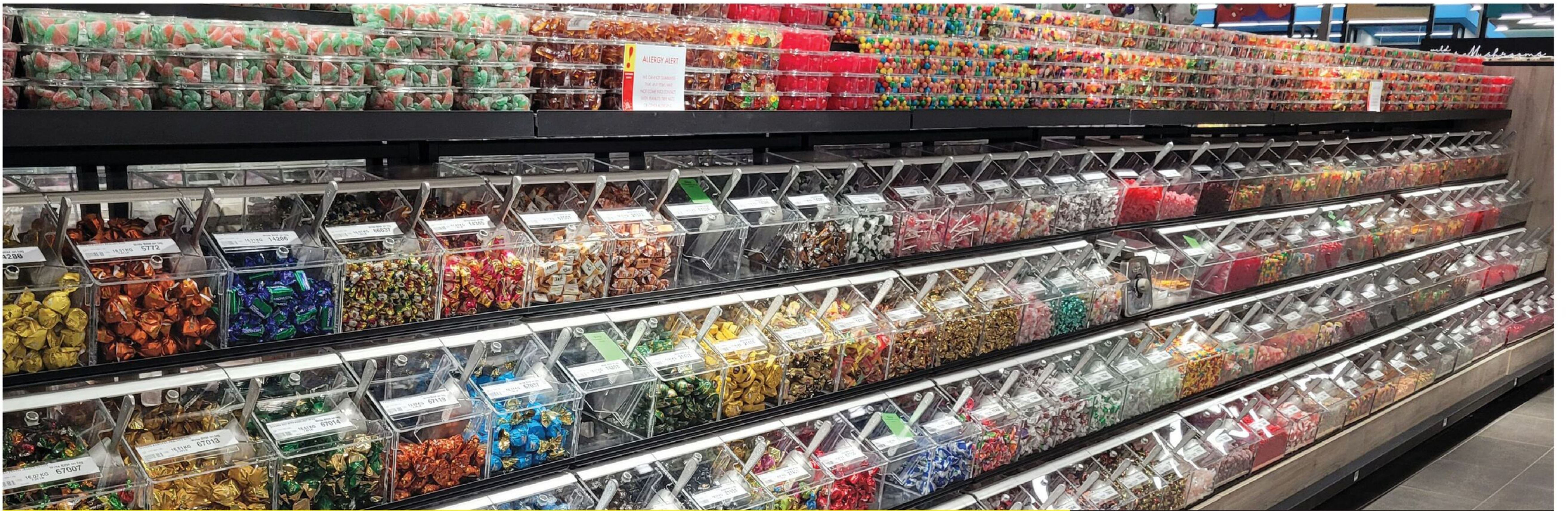


Vicenzi
lady fingers

21671525_EA

4⁹⁹
400 g





20% OFF

ALL LOOSE BULK FOODS Entire Department

Your savings of 20% off will be deducted at cash.

- ✓ Over 175 varieties of chocolate, candy & dried fruit!
- ✓ Over 125 varieties of nuts, seeds & snacking mixes!
- ✓ Over 150 varieties of spices & baking needs!





FRESH CHILEAN STONE FRUIT

Chile's southern hemisphere means Canadians can enjoy the taste of sweet, juicy fruit throughout our cold winter.

Stone fruit is best eaten at peak ripeness and room temperature for maximum flavour.



4.99^{lb}
11.00/kg

WHITE FLESH NECTARINES

White, succulent flesh with lower acidity makes them sweeter and more floral. A good source of Vitamins C, K and folate. Eat fresh or try poaching in vanilla syrup and serve with ice cream.

20218569001_KG

4.99^{lb}
11.00/kg

LARGE PEACHES

Delicate fragrance and juicy, yellowish pulp. Excellent source of Vitamins A & C, and full of antioxidants. Delicious in a salad with arugula & burrata.

20311564001_KG

4.99^{lb}
11.00/kg

LARGE RED PLUMS

Similar to black plums with a crisp, juicy texture. Like Black plums, Reds are great for jams or chutneys. Roasted or grilled they are an excellent accompaniment to dishes like pork tenderloin, or brown rice and lentil salads.

20138186001_KG

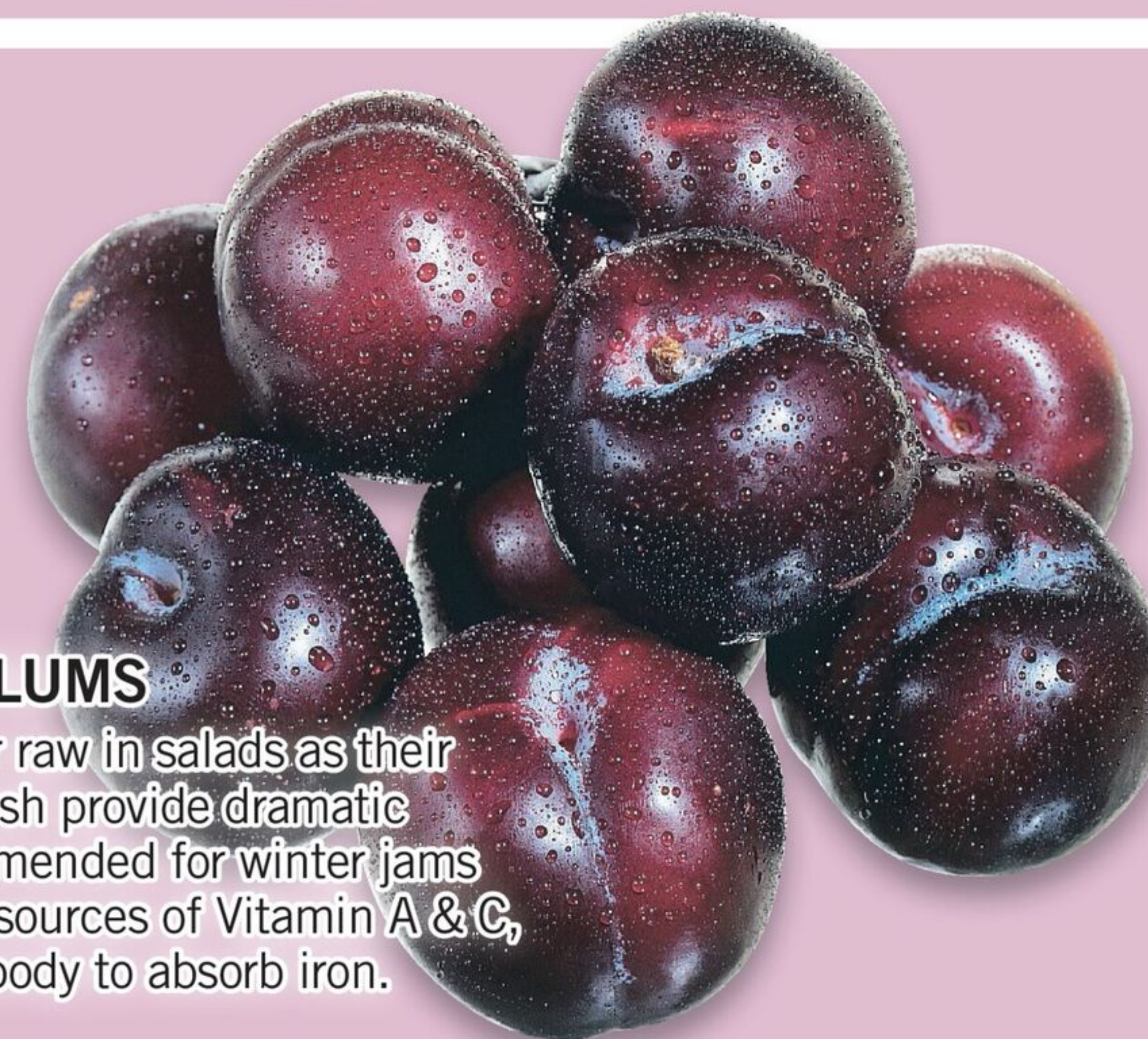


6.99^{lb}
15.41/kg

CHERRY PLUMS

Sweet, tangy, bursting with juicy flavour. Rich in antioxidants. Add to salads & desserts.

21333711001_KG



4.99^{lb}
11.00/kg

LARGE BLACK PLUMS

Can be eaten fresh or raw in salads as their contrasting skin & flesh provide dramatic presentation. Recommended for winter jams and preserves. Good sources of Vitamin A & C, plums also help the body to absorb iron.

20316478001_KG



4.99^{lb}
11.00/kg

WHITE FLESH PEACHES

Delicate & floral, sweet white peaches are similar to yellow in flavour. Slice and serve with cereal or as a peachy smoothie.

20109121001_KG



4.99^{lb}
11.00/kg

LARGE NECTARINES

Exceptionally sweet, with a honey-like aroma and tangy flavour. Full of Vitamin C and potassium.

20138563001_KG



Authentic fan-favourite Asian food!



10⁸⁸ T&T® Gourmet
650 g stewed beef
21586322_EA



T&T® vegetable
spring rolls
frozen
21615702_EA
6⁸⁸
500 g



1⁴⁸ T&T® Bakery
180 g tropical cake
selected varieties
20826092_EA/20826537_EA



1⁴⁸ T&T® Korean
3's roasted sea laver
20593313_EA



5⁹⁸ T&T® BBQ pork
540 g steamed buns frozen
21495784_EA



2⁹⁸ T&T® roasted
27 g seaweed sheets
20703060_EA



T&T® aloe
vera drink
selected varieties
20593585_EA
2⁴⁸
1.5 L



11⁸⁸ T&T®
454 g Monthong Durian
21541463_EA

T&T® light or
dark soy sauce
selected varieties
20698024_EA/20698142_EA
2⁷⁸
500 mL



4⁴⁸ T&T® 3-minute
504 g ramen noodles
selected varieties
21447367_EA



T&T®
sweetened
creamer
21448178_EA
3⁴⁸
374 mL

EXPERIENCE A WORLD OF FLAVOURS

AVAILABLE AT: 330 Queens Plate Etobicoke, 75 Centennial Pkwy, 1579 Main St. West, 50 Dundurn St. South Hamilton, 55 Mountainash, 60 Quarry Edge and 35 Worthington Brampton stores only.



4.88^{lb}
10.76/kg
jumbo cherries
product of Chile,
no. 1 grade
20159690001_KG

1.99^{lb}
4.39/kg
ginger root
product of
China or Peru
20179038001_KG

10.99
850 g
IFC
basa fillets
frozen
21615047_EA

7.99
454 g
Sufra Halal
lean ground beef
21397283_EA

5.99
4 pack
Jamaican
patties
21215103_EA

11.99
each
French Oven
eggless cakes
chocolate, vanilla
or Black Forest,
800-980 g
21717636_EA

2.99
5's
Suraj® naan
selected varieties
21051353_EA ORIGINAL - NATURE

2.99^{lb}
6.59/kg
Mina Halal chicken
drumsticks or thighs
21618064_KG/21618074_KG

5.99
375 g
Zabiha Halal
breakfast
chicken strips
20105121_EA

20% OFF
ALL LOOSE
BULK FOODS

2.69
1 L
Hans lassi
selected varieties
20094676_EA/21369906_EA

10.99
4.54 kg
Lal Qilla
Supreme
sella rice
21636695_EA

4.99
1.8 kg
Suraj® dry beans
or lentils
selected varieties
20558755_EA/20558757_EA

2.69
each
Pran vegetable
spring roll or
samosa 400 g, frozen
or Divya shredded
coconut 315 g, frozen
21054779_EA/21054846_EA

1.49
300 g
Parliament
suji rusk
21670208_EA

2.29
250-341 g
Surati snacks
selected varieties
20303745002_EA/20322576003_EA

2.49
750 g
Hans Dairy dahi
selected varieties
20092811_EA/20313667_EA

1.79
each
Shan
seasoning
mixes 50-100 g
or Quality
Himalayan
pink salt 500 g
selected varieties
20323215001_EA/21371883_EA

7.99
each
Tea India 681 g
or Al Shifa natural
honey 500 g
20177173_EA/20862354_EA

9.99
256 g
Ramadan
calendar
21706218_EA

Seafood



11.99 PC® battered wild cod bites or haddock tenders frozen
454 g 21108887_EA/21481247_EA



8.99 Diana's wild clam chowder
500 mL 21602248_EA



3.49 SeaQuest® crab or lobster flavoured Alaska pollock selected varieties
227 g 20689832_EA/20749798_EA



14.99 IFC mahi portions, tuna steaks or Coho salmon portions frozen
454 g 21608592_EA/21608715_EA

Meat



8.99 PC® gluten free chicken nuggets, strips or burgers frozen
600 g 21079451_EA/21079476_EA



18.99 Yorkshire Valley Farms chicken burger selected varieties
678 g 21592097_EA/21592125_EA



7.99 Wong Wing entrées selected varieties, frozen
400/500 g 20162067_EA/20507139_EA



7.99 Swiss Chalet chicken pot pie frozen
470 g 21047192_EA



3.99 Kraft Lunchables selected varieties
56-138 g 21592619_EA/21592663_EA



7.99 PC® Free From® turkey bacon
300 g 21400474_EA



13.99 PC® or PC® Free From® ham
700/800 g 20682690_EA



17.99 44th Street beef pot roast
575 g 21417166_EA



NATURE'S TREASURE

Share The Love

February is Heart Health month & Nature's Treasure wants you to support your hardest working muscle - your heart!

Our Certified Nutritional Practitioners are here to help guide you in learning more about risk factors for heart disease & support you in making healthier lifestyle, food, and supplement choices for heart health!



Linda
Registered Holistic Nutritionist
Fortinos Neyagawa

St. Francis
Herb Farm
herbal tinctures
selected varieties
21369464_EA21398512_EA

18⁹⁹
50/100 mL



Nutrameltz CoQ10
21693446_EA

19⁹⁹
100 mg



CanPrev
magnesium
bis-glycinate
or magnesium
targeted complex
selected varieties
20776243_EA21099074_EA

25⁹⁹
90/120's



Orange Naturals
vitamin D3 + K2
drops
21065667_EA

17⁹⁹
15 mL



Botanica
greens powders
selected varieties
21209668_EA21209681_EA

39⁹⁹
154-216 g



Nature's Way
NutraSea Omega
fish oil liquid gels
selected varieties
20924954_EA20924967_EA

27⁹⁹
30-60's



Suku vitamin
gummies
selected varieties
21310936_EA21667374_EA

21⁹⁹
60's



CanPrev
sleep support
complexes
selected varieties
21505514_EA21506084_EA

29⁹⁹
90's

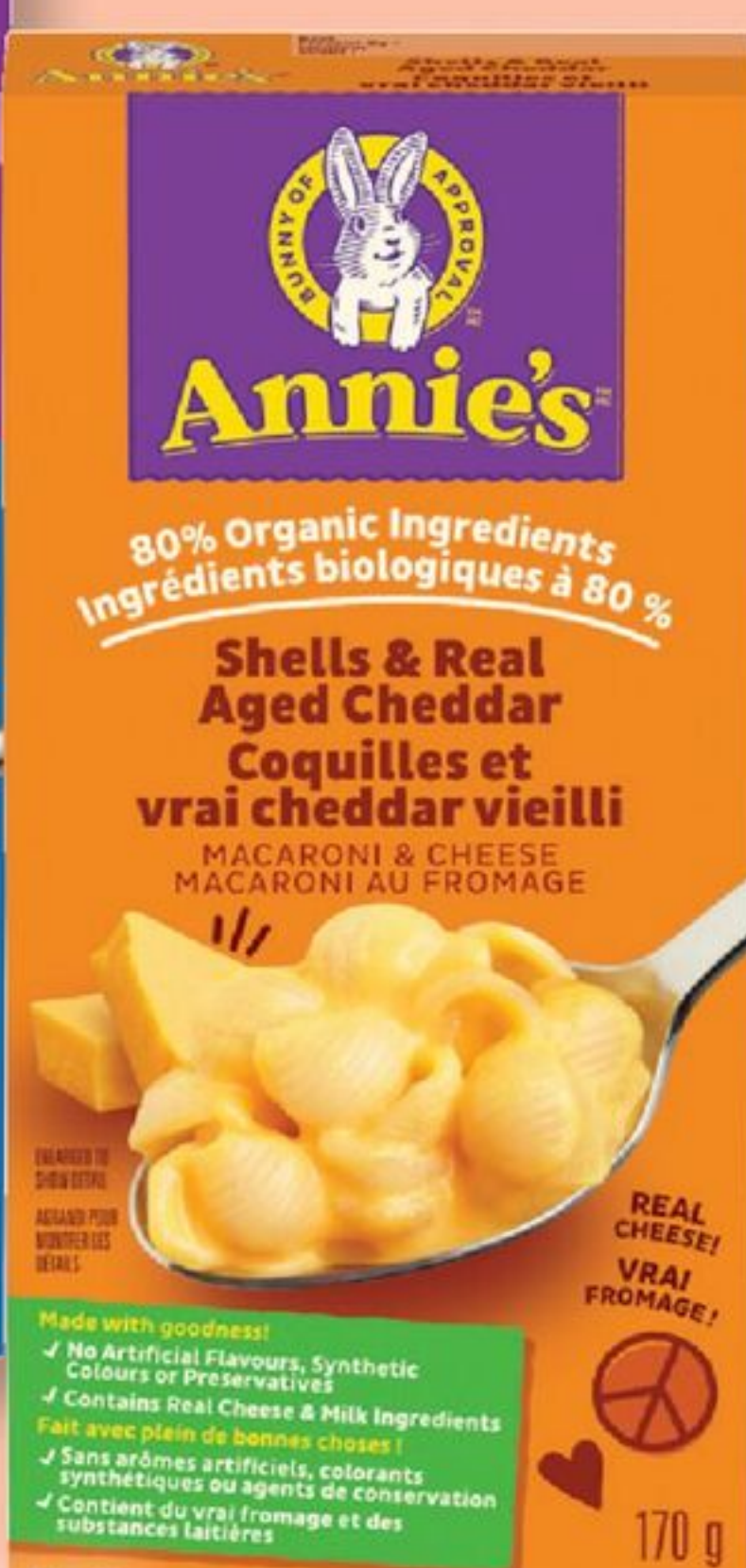


4ever Fit
creatine
monohydrate
or creatine blast
21592841_EA21594312_EA

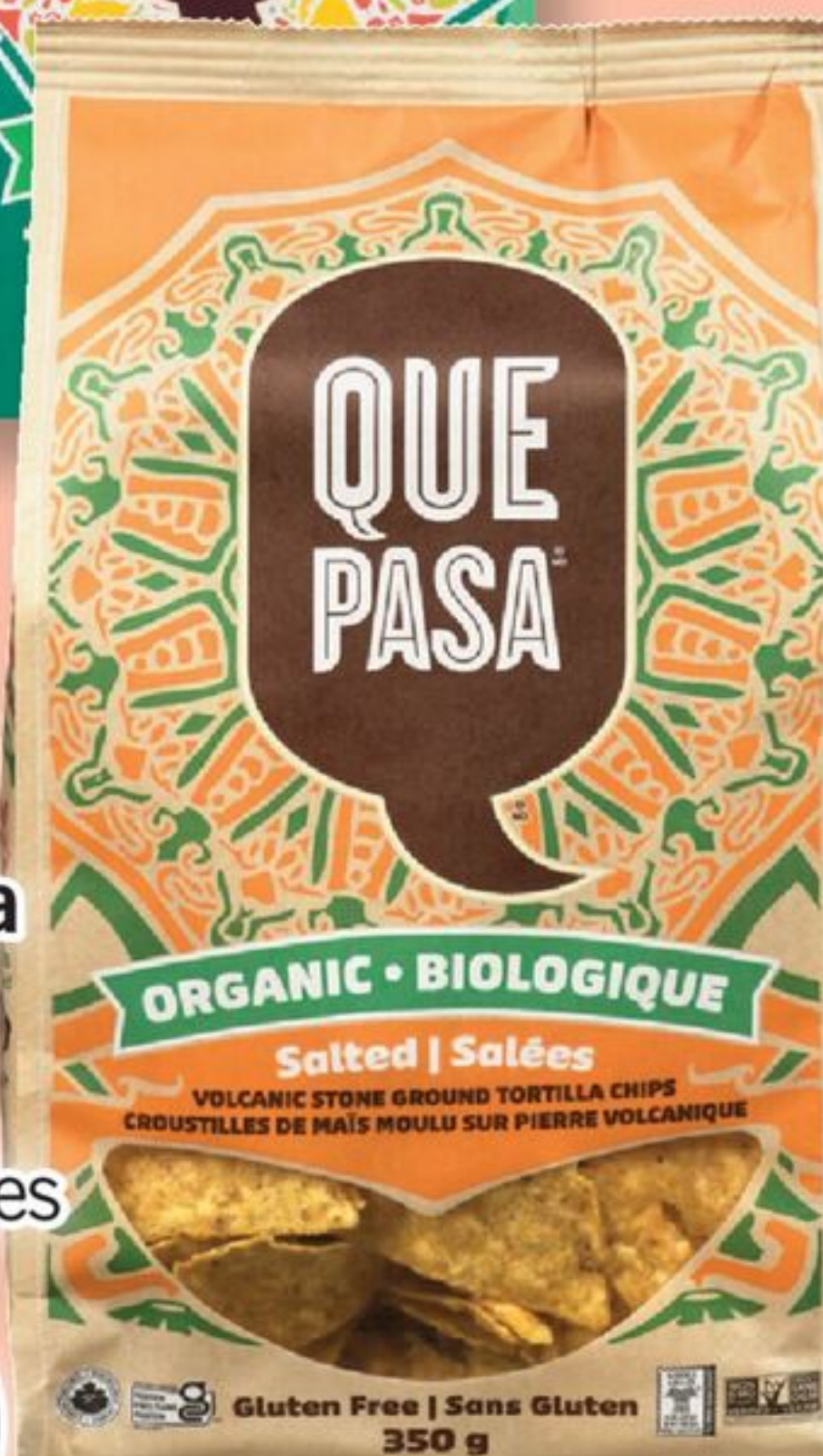
34⁹⁹
300 g



Natural Health



Limited Time!



1.99

Annie's mac & cheese pasta selected varieties
20811201_EA/20971517_EA

3.99 each

Kettle Brand potato chips 156-198 g or Smart Sweets gummy candy 45-50 g selected varieties
21520652_EA/21685930_EA

3.99

Que Pasa organic tortilla chips or taco shells selected varieties
21031316_EA/21410537_EA

130-300 g

6.49

Olympic organic yogurt selected varieties
20316485005_EA/21363729_EA

650 g



non-GMO!



Sweetened with organic maple sap!



3.99

Humble potato chips or Purplesful popcorn selected varieties
21435387_EA/21664952_EA

135-136 g

4.49 each

Three Farmers roasted chickpeas, lentils or fava beans selected varieties
21127194_EA/21462890_EA

4.99

Made Good crunchy cookies selected varieties
21579350_EA/21579673_EA

200 g

7.99

Sap Sucker sparkling water selected varieties
21438381_C04/21438382_C04

4x355 mL

10.99

Healtea sparkling herbal tea selected varieties
21661799_C04/21661886_C04

4x355 mL

Indulge & Enjoy!



4.99

Earth's Own oat barista selected varieties
21179478_EA

946 mL

6.49

frux chocolate covered freeze dried strawberries
21722446_EA/21722561_EA

80 g

6.49

Sana low sugar chocolate selected varieties
21618994_EA/21650095_EA

100 g

6.79 each

Nature's Path Love Crunch granola 284-325 g or Silk dairy-free yogurt 500-650 g selected varieties
21719958_EA/20551080001_EA

14.99

Level Ground whole bean or ground coffee selected varieties
21407225_EA/21525071_EA

300 g



2.99

Simply Delish instant pudding or gel dessert selected varieties
21306145_EA/21306143_EA

NEW

7.99

Righteous gelato selected varieties
21575850_EA/21576043_EA

473 mL

9.99

Sana low-sugar chocolate hazelnut or caramel spread all varieties
21687476_EA/21687588_EA

200 g

10.99

Sweets From The Earth vegan cupcakes 4 pack
20687017_EA

320 g

12.99

Stellar Eats baking mix selected varieties
21500883_EA/21568692_EA

265-357 g

Gluten-free!

Baby



Pampers, Huggies
or Millie Moon
super big pack diapers
selected varieties

21370924_EA/21455653_EA

26⁹⁹

36-108's



Huggies
Goodnites
or Pull Ups
selected varieties

20963841_EA/20963933_EA

28⁹⁹

28-74's



Dove or Aveeno
baby needs
selected varieties

20922621_EA/21014652_EA

7⁴⁹

227-384 mL

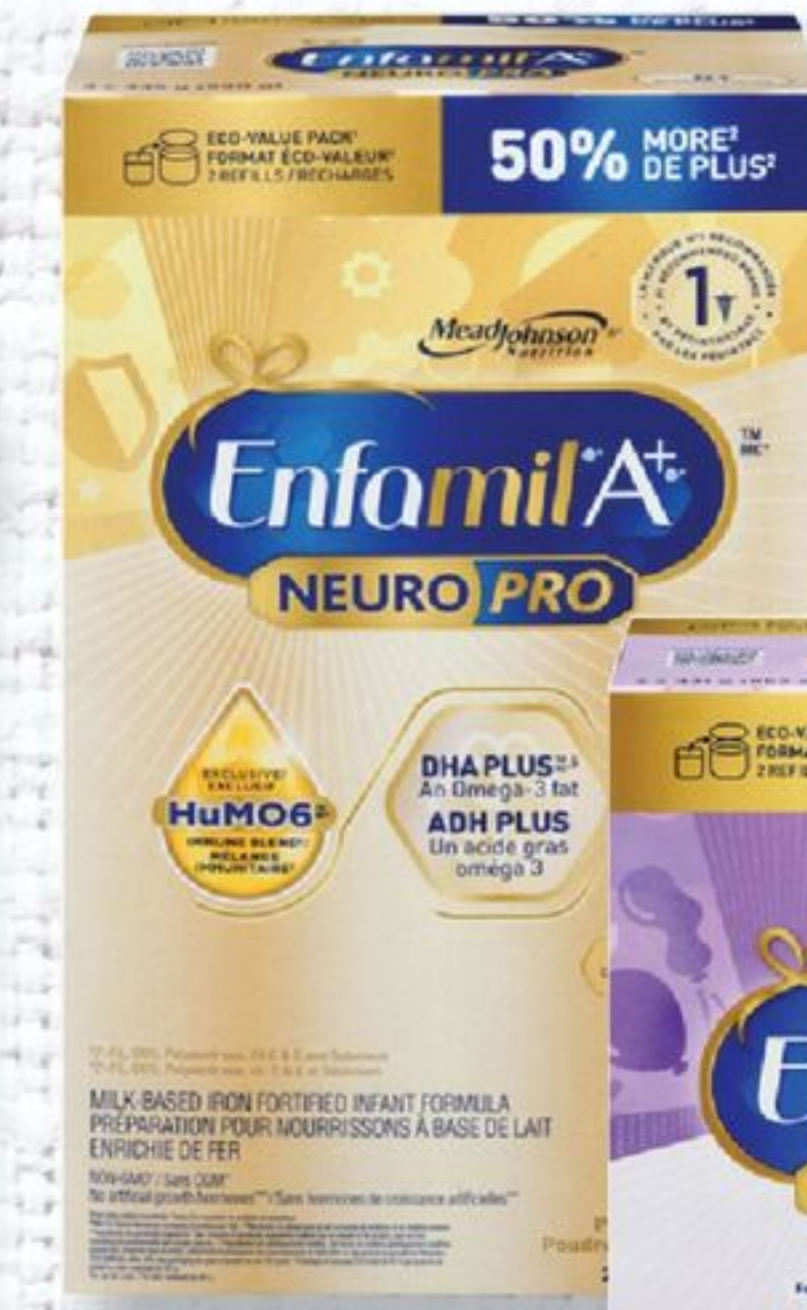


Kendamil
formula powder

21699547_EA

39⁹⁹

800 g



Enfamil
NeuroPro
powder
selected varieties

21589079_EA/21589205_EA

65⁹⁹

862/890 g



8⁹⁹

each

Nestlé Cerelac
cereal 400 g
or Pampers
wipes 112-216's
selected varieties

20708211_EA/20799372_EA



Brothers
fruit crisps
selected varieties

20549406_EA/20549408_EA

\$1

10-12 g



Gerber
pouches
128 mL
or jars
159-162 mL

21024932_EA/21024943_EA

1⁷⁹

each



Baby Gourmet
pouches 128 mL
or Love Child
Love Ducks 30 g
selected varieties

20368074001_EA/21054242_EA

1⁹⁹

each



Baby Gourmet
puffies or
bars 40-98 g
or Love Child
Oaty Chomps
138 g
selected varieties

20944539_EA/21123961_EA

3⁹⁹

each



Body & Health



Method hand soap
300/354 mL or Colgate
toothpaste 70-150 mL
selected varieties

20432113001_EA/20432113004_EA

3⁹⁹

each

Softsoap
refill 1.47 L
or Vaseline
lotion 295 mL
or Irish Spring
bar soap 6's
selected varieties

20539440004_EA/21166983_EA

6⁹⁹

each



Dove
deodorant
76-107 g
or TRESemmé
hair care 828 mL
selected varieties

20840721_EA/21003511_EA

7⁹⁹

each



TheraBreath 473 mL
or John Frieda
hair care
145-250 mL/210 g
or Dove bar soap
6's, selected varieties

20310284001_EA/20862909_EA

11⁹⁹

each



Sensodyne
toothpaste
75-100 mL or
Gum flossers 90's
or Band-Aid 20's
selected varieties

20281940001_EA/20301179006_EA

4⁹⁹

each

Always
pads, liners
or Tampax
tampons
selected varieties
and sizes

21000869_EA/21374659_EA

11⁹⁹

each



Depends
or Poise 12-60's
or liners 114-126's
selected varieties

20558843005_EA/21100737_EA

18⁹⁹

each



Buckley's 24's
or NeoCitran 10's
or Advil cough
and cold 24's
selected varieties

20133008001_EA/20217820003_EA

12⁹⁹

each



Dove or Olay
body wash
selected varieties

21000948_EA/21518321_EA

9⁹⁹

400-650 mL



Beatrice
B-Fit protein
drink 460 mL,
Trubar 50 g
or Ricola
lozenges box 18's
selected varieties

21345511_EA/21600538_EA

2⁹⁹

each



Household



10⁹⁹
each
Tide laundry pods 18-31's, Downy beads 379 g or Bounce sheets 120-200's selected varieties
20548511001_EA/21450458_EA



7⁹⁹
1.16 L
Snuggle fabric softener 58 WL
21680146_EA



3⁹⁹
651 mL/680 g
no name® oxi-burst stain remover
20012070001_EA/21375912_EA



4⁷⁹
each
Clorox all purpose cleaners 887/946 mL or Tilex shower spray 946 mL selected varieties
20168000_EA/21657792_EA



11⁹⁹
6x82/126 sheets
Royale facial tissue
20906153_EA/21618478_EA



20⁹⁹
24=48 rolls
Cashmere bathroom tissue
21186207_EA



8⁹⁹
10-52's
Glad garbage bags selected varieties and sizes
20099609_EA/20297334001_EA



12⁹⁹
each
Cascade Platinum Plus dishwashing tabs 21-26's or Dawn refill 2.21-2.64 L selected varieties
21516286_EA/21516288_EA



11⁹⁹
5/7's
Mr. Clean Magic Eraser selected varieties
21371021_EA/21574704_EA



11⁴⁹
400's
Bounty white napkins 1 ply
21053171_EA

Pet Needs for Cats & Dogs!



1²⁹
85 g
Purina Beneful Incredibites wet dog food selected varieties
21577006_EA/21621782_EA



13⁴⁹
908 g
Hungry Hunter marrow bones large or small
21378251_EA/21378252_EA



10⁹⁹
each
Milk-Bone Soft & Chewy dog treats 708 g or Beneful Incredibites dry dog food 1.6-1.8 kg selected varieties
20295905001_EA/21047843_EA



17⁹⁹
1.8 kg
Nature's Recipe GF dry dog food selected varieties
21692046_EA/21692097_EA



55⁹⁹
9.9 kg
Blue Buffalo dry dog food
21360573_EA/21360859_EA



\$1
85 g
PC® Nutrition First® grain free wet cat food selected varieties
21359624_EA/21618536_EA



7⁹⁹
454 g
Fresh Pet cat food selected varieties
21630324_EA/21630401_EA



3⁷⁹
each
Whiskas Temptations 180 g or lickable cat treats spoons or pouches 40/48 g selected varieties
20298151005_EA/21479803_EA



11⁴⁹
1.42-2 kg
Purina Cat Chow dry cat food selected varieties
20308009_EA/21101831_EA



21⁹⁹
2.2 kg
Blue Buffalo dry cat food
21360296_EA/21360315_EA

START YOUR

ACTIVIA®

GUT

HEALTH

CHALLENGE

2

ACTIVIA

EVERY DAY

FOR

14

DAYS

NEW

ACTIVIA® EXPERT

Supports gut health

Supports digestive health

4 x 100g

21687900 / 21688261

NEW

ACTIVIA® EXPERT

Supports gut health

Supports digestive health

750g

21688207

ACTIVIA®

GUT HEALTH / SANTÉ DIGESTIVE

12 x 100g

20303412001

ACTIVIA®

GUT HEALTH

650g

20325132003

ACTIVIA®

Immune system

8 x 93 mL

21430512

Optimum™

\$3 Value

APP EXCLUSIVE OFFER

Earn

3,000 pts

for every \$10 spent

in Activia products*

get entered to win**

10 MILLION pts

That's like

\$10,000!

*Open your PC Optimum™ app or visit pc optimum.ca to get the offer. Earn 3,000 PC Optimum™ points for every \$10 spent on participating Activia products. Product availability may vary by store. We reserve the right to limit quantities. We are not obligated to award points based on errors or misprints. Points apply to items sold at individual units and are not awarded per unit when the unit is part of a case pack or variety pack. No cash value. Offer valid from January 1st to February 18th, 2026. Activia® used under lic. © 2026 Cie Gervais Danone. All rights reserved.

**NO PURCHASE NECESSARY. Open to Canadian resident PC Optimum members who are 14 years or older. Contest ends February 18, 2026 at 12:00 am ET. Members can get an entry for every \$10 spent on any eligible Activia products at participating Atlantic Superstore, Dominion, Fortinos, Loblaws, Maxi, No Frills, Provigo Le Marché, Shoppers Drug Mart, Valu-Mart, Real Canadian Superstore, Wholesale Club, Your Independent Grocer and Zehrs locations and scan their PC Optimum card at the time of purchase. Prize of 10,000,000 PC Optimum points to be won (that's like \$10,000 CDN in value when redeemed each). Limit of one prize per member. Must correctly answer mathematical skill-testing question. Odds of winning a prize depends on total number of eligible entries received. For full rules/details and how to enter without purchase, visit www.pcexpress.ca/pccontest-danone.

PACK YOUR MORNING

WITH PROTEIN

19G OF PROTEIN*

Oikos®

HIGH 10g PROTEIN

PLAIN

650 g, 750 g

21006634

Oikos®

4 x 95 g, 4 x 100 g

20419715004 / 20625055

NEW

Oikos® PRO

24g PROTEINS

300 mL

21688016

\$749

\$399

\$349

*As part of a complete breakfast and balanced diet. Per 175g serving. Oikos® / Oikos® Pro™ used under lic. © 2026 Danone US, LLC. All rights reserved.

INTERNATIONAL

delight®

Delightfully

Canadian

PREPARED

IN CANADA

INTERNATIONAL

delight®

FRENCH VANILLA

HAZELNUT

\$599

International Delight®

946 mL

20895480002 / 20895480003

International Delight® © 2026 WhiteWave Services, Inc. All rights reserved.

Kraft

Hockeyville

20 YEARS

© NHL © NHLPA

BUILDING

COMMUNITY

One Rink at a Time

Learn More At

KRAFTHOCKEYVILLE.CA

PREPARED IN CANADA

Heinz Ketchup

750 mL - 1 L

Miracle Whip Spread

650 mL - 1 L

\$549

Selected Varieties

PREPARED IN CANADA

Kraft

Salad Dressings

425 mL

\$379

Selected Varieties

PREPARED IN CANADA

Kraft Dinner Macaroni & Cheese

200 g

Heinz Beans or Pasta

398 mL

\$179

Selected Varieties

PREPARED IN CANADA

CLASSICO

FOUR CHEESE QUATRE FROMAGES

TOMATO & BASIL TOMATES O BASILIC

410 - 600 mL

\$449

Selected Varieties

PREPARED IN CANADA

SMART Ones®

Entrées

255 - 283 g

\$399

Selected Varieties

PREPARED IN CANADA

TASSIMO

Maxwell House

T DISCs 8 - 16 pack

Nabob Single Serve Pods

12 pack

\$999

Selected Varieties

T DISC, TASSIMO, and Designs and related trademarks are trademarks used under license.

miO

LEMONADE LIMONADE

48 mL

Country Time

LEMONADE LIMONADE

48 mL

miO

HYDRATE

ARCTIC GRAPE

ZERO SUGAR

10 x 4.5 g PACKETS

MiO, Country

Time & Crystal Light

Liquid Drink Mix 48 mL

MiO & Crystal Light

Powdered Drink Mix

2.68 - 53.6 g

\$399

Selected Varieties

Real Ingredients.
Unreal flavour.

5⁷⁹
ea

Pacific Foods® Organic Plant-Based Chili 468g selected varieties
21561037_EA

4⁴⁹
ea

Pacific Foods® Organic Condensed Soup 284ml, selected varieties
21406441_EA

Nourish Every Body

11²⁹
ea

Pacific Foods® Organic Bone Broth 946ml, selected varieties
21494010_EA

7²⁹
ea

Pacific Foods® Organic Broth 946ml-1L, selected varieties
20599786002_EA

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ANGIE'S® **BOOMCHICKAPOP**
SIMPLY. DELICIOUSLY. BOOM.

4⁴⁹
Angie's BOOMCHICKAPOP™ Ready-to-eat Puffs 170 g

4⁴⁹
Angie's BOOMCHICKAPOP™ Ready-to-eat Popcorn 136 g – 198 g

gardein.

**A BOLD NEW CHAPTER
IN PLANT-BASED EATING**

10⁹⁹
Gardein SUPRÊME™ Plant-based alternatives 397-425 g

21698489_EA 21698555_EA 21698535_EA

PLANTUP

**WHERE FLAVOUR
MEETS FUNCTIONALITY**

Find Plant Up in the Snack Aisle and Frozen Foods section.

21603207_EA
21603236_EA
21634271_EA
21634273_EA

COVE SODA

LOVE YOUR SODA!

VITAMIN C

ZERO SUGAR

NO ARTIFICIAL SWEETENERS

ORANGE
21515707
 LEMON LIME
21517522
 GRAPE
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