BRING HOME THE WIN WITH RIBS!

2.88 Lb. 1-Pc., Frozen Or Prev. Frozen
St. Louis Style Pork Ribs

2.98 Lb. USDA Inspected, Bone-In
Country Style Pork Ribs

2.98 Lb. 1-Pc.
Baby Back Pork Ribs

9.98
24-Oz., Fully Cooked
Curly's Baby Back Ribs

2/$5
16-Oz., Selected
Kraft Salad Dressing

4.98
30-Oz., Selected
Kraft Real Mayo

2.00
14 To 18-Oz., Selected
Sweet Baby Ray's Sauces

3.00
16-Oz., Selected Marinade Or
Sweet Baby Ray's Wing Sauce

SAVE $5

INSTANTLY WHEN YOU **PURCHASE $15** IN PARTICIPATING HEALTH & BEAUTY PRODUCTS

REWARDS MEMBERS ONLY!

Participating items:
Selected NyQuil and DayQuil Products, Old Spice or Secret Deodorant, Irish Spring Soap or Bodywash, Suave Shampoos or Conditioner, Jergens Lotions, Pepto Bismol, Colgate Oral Care

LIMIT 1 PER TRANSACTION.
Enter in your number at checkout to redeem offer.

VALID JANUARY 30 - FEBRUARY 27, 2026

020426FlapIGA1_AC_BS

PRICES EFFECTIVE WED. FEB. 4 THRU TUES. FEB. 10, 2026

IGA COWEN

70 RAILROAD AVENUE
COWEN, WV
304-226-3811

G&R

109 BAKER ST.,
WEBSTER SPRINGS, WV
847-2449

IGA Independent Grocers Alliance EST. 1926 5 STAR 2025

Visit us at
www.coweniga.com

STORE HOURS
Monday - Saturday
8am To 8pm
Sunday 10am - 6pm

WV E-WIC Cards Accepted

We Reserve The Right To Limit Quantities And Correct Typographical Errors. No Sales To Dealers.

THROW BACK THURSDAYS

Download your **DIGITAL COUPON** for a **CRAZY LOW PRICE.**

THESE CRAZY PRICES GOOD THURSDAY, FEB. 5- SUNDAY, FEB. 8, 2026 ONLY!
COUPON VALID FOR ONE-TIME USE ONLY

BIG GAME! Pass the Savings

3.98 Lb. 73% Lean, Fresh **Family Pack Ground Beef**
73% Lean Ground Beef For Chili **4.98 Lb.**

1.98 Lb. Frozen Or Prev. Frozen, Tray Pack **Chicken Wings**

LIMIT 1 OFFER
SALE PRICE 2.98 – DIGITAL COUPON 1.00 OFF ONE – FINAL PRICE **1.98**
15-Oz., Turkey Or Selected **Ball Park Meat Franks**

LIMIT 1 OFFER, 5.75 To 12.4-Oz., Selected **Cheez-It Crackers**
SALE PRICE 3.78 – DIGITAL COUPON 1.00 OFF ONE – FINAL PRICE **2.78**

LIMIT 1 OFFER, 7 To 16-Oz., Selected **Barilla Pasta**
SALE PRICE 2/$3 – DIGITAL COUPON 2.00 OFF TWO – FINAL PRICE **2/$1**

LIMIT 1 OFFER, 13.25 To 14.25-Oz., Selected Super Moist **Betty Crocker Favorites Cake Mix**
SALE PRICE 1.48 – DIGITAL COUPON 0.50 OFF ONE – FINAL PRICE **.98**

LIMIT 1 OFFER, 8 To 10-Ct., Selected **Smucker's Uncrustables**
SALE PRICE 7.48 – DIGITAL COUPON 1.50 OFF ONE – FINAL PRICE **5.98**

9.98 Lb. USDA Select **Boneless N.Y. Strip Steaks**

LIMIT 1 OFFER
SALE PRICE 3.98 – DIGITAL COUPON 1.00 OFF ONE – FINAL PRICE **2.98**
12-Oz., Selected **Smithfield Sliced Bacon**

LIMIT 1 OFFER
SALE PRICE 7.98 – DIGITAL COUPON 1.00 OFF ONE – FINAL PRICE **6.98**
1-Lb., 16/20-Ct., P&D, Tail-On **Southern Seas Cooked Shrimp**

2.98 12 To 14-Oz., Kielbasa Or Selected **Hillshire Farm Smoked Sausage**

BUY ONE, GET ONE **FREE**
14-Oz., Orig. **Hillshire Farm Lit'l Smokies**

LIMIT 1 OFFER
SALE PRICE 4.98 – DIGITAL COUPON 1.00 OFF ONE – FINAL PRICE **3.98**
19-Oz., Selected **Johnsonville Bratwurst**

4.98 11 To 12-Oz., Selected **Nathan's Beef Franks**

2.48 16-Oz., Selected **Oscar Mayer Meat Franks**

2.98 2-Lb. **SnowFloss Kraut**

4.98 12-Oz. **Custard Stand Hot Dog Chili**

UNBEATABLE PRODUCE PRICE!

10-Lb. Bag **Idaho Grown Russet Potatoes**
LIMIT 1 PER HOUSEHOLD
SALE PRICE 3.48 – DIGITAL COUPON 1.70 OFF ONE – FINAL PRICE **1.78**

GREEN WITH ENVY PRICING!

FARMER'S MARKET

LIMIT 2 OFFER
SALE PRICE 4/$2 – DIGITAL COUPON 1.00 OFF FOUR – FINAL PRICE **4/$1**
Creamy Ripe **Hass Avocado**

1.98 Lb. Seedless **Red Or White Grapes**

FIND MORE Savings IN EVERY AISLE!

5.98 30-Oz., Selected **Hellmann's Real Mayonnaise**

4.48 11.78 To 19.1-Oz., Selected **Oreo Cookies**

3.48 38-Oz. Squeeze **Heinz Ketchup**

LIMIT 1 OFFER
SALE PRICE 2/$8 – DIGITAL COUPON 2.00 OFF TWO – FINAL PRICE **2/$6**
4 To 6-Ct., Klondike Bars Or 48-Oz., Selected **Breyers**

8.98 20.6-Oz., Orig. Roast **Maxwell House Ground Coffee**

BUY ONE, GET ONE **FREE**
4.75 To 9.62-Oz., Selected **Lay's Chips**

BIG GAME! Pass the Savings
Mix & Match!
FINAL PRICE When You Buy 4
7 to 8-Oz., Selected **Kraft Shredded or Chunk Cheese** **$1.78 ea.**
REWARDS MEMBERS ONLY. Mix & Match participating items. Must buy 4 in the same transaction to receive promotional price. Single item sold at regular retail price.
LIMIT 1 PER TRANSACTION.
Enter in your number at checkout to redeem offer.

3/$12 7.5-Oz. Mini Cans **6-Pack Pepsi Products**

7.99 20-Oz. Bottles, Selected **8-Pack Gatorade**

3/$12 16.9-Oz. Bottles **6-Pack Pepsi Products**

10.99 12-Oz. Cans **24-Pack Pepsi Products**

POSTAL CUSTOMER
PRSRT STD US POSTAGE PAID mspark
PO BOX 614 HELENA, AL 35080

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$9.98 Meal Deal

WHEN YOU BUY 1 OF EACH ITEM

5.98 16 To 22-Oz., Selected **Foster Farms Chicken Wings**

+

4.98 14.6 To 29.3-Oz., Selected **DiGiorno Pizza**

+

1.48 2-Liter, Selected Shasta Or **Faygo Soft Drinks**

LIMIT 1 PER MEMBER. Enter in your number at checkout to redeem offer.

7.98 32-Oz. **Velveeta Cheese Loaf**

Deal DROP

BUY 5 SAVE $5

PARTICIPATING CAMPBELL'S ITEMS IN ONE TRANSACTION &

Mix & Match!

Participating Items:
Selected - 15.6 to 43-Oz. Campbell's Chunky or 4-Pack Soups, 16-Oz. Pace Salsa or Picante Sauce, 14.5 to 24-Oz. Prego Pasta Sauce or 12.5-Oz. Swanson Premium Chicken

REWARDS MEMBERS ONLY!

LIMIT 1 PER HOUSEHOLD. Enter in your number at checkout to redeem offer. VALID JANUARY 30 - FEBRUARY 13, 2026

SALE PRICE! **2.50** BUY FIVE -1.00 **1.50** WHEN YOU BUY 5!

14.5 To 24-Oz., Selected **Prego Pasta Sauce**

SALE PRICE! **2.50** BUY FIVE -1.00 **1.50** WHEN YOU BUY 5!

15.25 To 19-Oz., Selected Bowls Or Cans **Campbell's Chunky Soup**

SALE PRICE! **2.50** BUY FIVE -1.00 **1.50** WHEN YOU BUY 5!

16-Oz., Selected **Pace Picante Or Salsa**

SALE PRICE! **3.00** BUY FIVE -1.00 **2.00** WHEN YOU BUY 5!

15-Oz., Salsa Con Queso Or **Pace Queso Blanco Dip**

SALE PRICE! **4.00** BUY FIVE -1.00 **3.00** WHEN YOU BUY 5!

12.5-Oz., Selected **Swanson Premium Chunk Chicken Breast**

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FAMILY MEAL FAVORITES

LIMIT 1 OFFER
SALE PRICE 4.98 DIGITAL COUPON 1.00 OFF ONE FINAL PRICE 3.98
1-Lb., Selected
Wurstmeister Bratwurst

9.98
20-Oz.
Schweid & Sons Signature Sliders

8.98
16.2-Oz.
Ball Park Beef Patties

4.98 Lb.
Springer Mtn. Farms
Buffalo Style Chicken Wings

5.98
16-Oz., Selected
Oscar Mayer Sliced Bacon

6.98
24-Oz., Selected Stack Pack
Wright Brand Bacon

6.98
18 To 20-Oz., Selected
Land O' Frost Sub Sandwich Kit

1.00
12-Oz., Reg. Or Thick Sliced
Bar-S Bologna

3.48
5 To 6-Oz., Selected
Hormel Pepperoni

5.98
25-Oz., Selected
Armour Meatballs

THE FRESH PRODUCE MARKET

3.98
12-Oz., Selected
Marzetti Dips

2/$6
18-Oz. Cajun Hot Nuts Or 24-Oz. Hampton Farms In-Shell Raw,
Salted Or Roasted Peanuts

BUY ONE, GET ONE
FREE
7.5-Oz., Selected
Wholly Guacamole

1.98 Lb. Spicy & Fresh Jalapeño Peppers

1.28 Lb.
Red Ripe
Plump Roma Tomatoes

3/$2 Tangy Large Lemons

4/$1
Zesty
Large Limes

.98 Lb.
All Purpose
Mild White Onions

.98
Sweet Seedless
California Grown Navel Oranges

1.78
8-Oz. Shredded Lettuce Or 12-Oz.
Fresh Express Garden Salad Mix

Savings FOR EVERYDAY START HERE!

SALE PRICE 3.28 DIGITAL COUPON .80 OFF ONE FINAL PRICE 2.48
12 To 16-Oz., Selected
Hidden Valley Ranch Dressing

SALE PRICE 2.98 DIGITAL COUPON .50 OFF ONE FINAL PRICE 2.48
28 To 32-Oz., Selected Waffle Or
Hungry Jack Pancake Mix

4.48
40-Oz., Selected
Crisco Cooking Oil

1.48
10-Oz., Selected
Ro*Tel Blend

1.58
4 To 4.1-Oz., Selected
Idahoan Potatoes

3.78 5.5-Oz., Selected Pringles Mingles

3/$7
4.9 To 5.57-Oz., Selected
Pringles Potato Crisps

3.98
12.5 To 13.7-Oz., Selected
Club Crackers

4.48
8.1 To 13.7-Oz., Selected Toasted Chips Or
Ritz Crackers

DAIRY & FROZEN

3.00
6.5-Oz., Selected
Reddi-Wip Whipped Cream

2.48
16-Oz. Light Or
Daisy Sour Cream

3.00
8-Oz., Selected
Philadelphia Cream Cheese

2/$7
6 To 8-Oz., Selected
Sargento Sliced Cheese

6.98
24.5 To 40-Oz., Selected
Marie Callender's Pies

4.00
8 To 11-Oz., Selected
TGI Fridays Appetizers

4.00
19 To 32-Oz., Selected
Ore-Ida Potatoes

10.98 48-Oz., Party Size Farm Rich Mozzarella Sticks

5.00
13 To 22-Oz., Selected
Farm Rich Appetizers

FRESH BAKERY

11.98
50-Oz., Double Layer
Chocolate Iced Fudge Cake

5.98
8-In., Reg. Or No Sugar Added
Cherry Pie

4/$4
1.8-Oz.
Artisan Glazed Cruller Donut

2/$6
4-Ct., Selected
French Creme Twirls

2/$7
12-Ct., Selected
King's Hawaiian Rolls

3.98
6-Ct. Mini Sub Rolls Or 9-Ct.
Kings Hawaiian Slider Buns

LOCAL Equals FRESH

LOCALLY OWNED BY PEOPLE YOU CAN TRUST!

SAVE $5

INSTANTLY WHEN YOU **PURCHASE $15** IN PARTICIPATING HEALTH & BEAUTY PRODUCTS

Mix & Match!

REWARDS MEMBERS ONLY!

Participating items:
Selected NyQuil and DayQuil Products, Old Spice or Secret Deodorant, Irish Spring Soap or Bodywash, Suave Shampoo or Conditioner, Jergens Lotions, Pepto Bismol, Colgate Oral Care

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VALID JANUARY 30 - FEBRUARY 27, 2026

$9.98 Meal Deal

WHEN YOU BUY 1 OF EACH ITEM

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+

4.98 14.6 To 29.3-Oz., Selected **DiGiorno Pizza**

+

1.48 2-Liter, Selected Shasta Or **Faygo Soft Drinks**

LIMIT 1 PER MEMBER. Enter in your number at checkout to redeem offer.

BUY 5 PARTICIPATING CAMPBELL'S ITEMS IN ONE TRANSACTION & SAVE $5

Mix & Match!

Participating items:
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LIMIT 1 PER HOUSEHOLD. Enter in your number at checkout to redeem offer.

VALID JANUARY 30 - FEBRUARY 13, 2026

BIG GAME!

Pass the Savings

Mix & Match!

FINAL PRICE When You Buy 4

7 to 8-Oz., Selected **Kraft Shredded or Chunk Cheese**

$1.78 ea.

REWARDS MEMBERS ONLY. Mix & Match participating items. Must buy 4 in the same transaction to receive promotional price. Single item sold at regular retail price.

LIMIT 1 PER TRANSACTION. Enter in your number at checkout to redeem offer.

VALID JANUARY 30 - FEBRUARY 13, 2026