


Harris Teeter

YOUR NEIGHBORHOOD MARKET

Weekly Specials*




Whole Beef Tenderloin

16.99

per lb.

save big per lb. with your VIC card




per lb.
Farm Raised
16 - 20 ct. Shell On White Shrimp

or
4.2 oz. Min. Wt.
North Atlantic Lobster Tails

7.99

save big with your VIC card



Valentine's Day



SMART Organic Antibiotic Free Boneless Chicken Breasts

7.99

per lb.

save big per lb. with your VIC card



Pint Farmers Market Blueberries

BUY 1 GET 1 FREE

each item rings at half price with your VIC card



16 oz. Pre Grass-Fed Ground Beef

5.99

each

save big with your VIC card



Hot Or Cold

8 pc. Fresh Foods Market Double-Dipped Fried or Baked Chicken

7.99

each

save big with your VIC card



Farmers Market Cosmic Crisp Apples

1.99

per lb.

save big per lb. with your VIC card




Farmers Market Green Asparagus or Broccoli Crowns

1.49

per lb.

save big per lb. with your VIC card


Use your VIC card for more big savings!



6 pk. .5 ltr. Btls. Coca-Cola Products

BUY 2 GET 2 FREE


save big on 4 with your VIC card



48 oz. Tillamook Ice Cream or 8 oz. Shredded, Sliced or Chunk Cheese

BUY 1 GET 1 FREE


each item rings at half price with your VIC card



11 oz. HT Traders Bag Coffee or 10 ct. Green Mountain K-Cup Coffee

BUY 1 GET 1 FREE


each item rings at half price with your VIC card



24 oz. Classico Pasta Sauce or 15 oz. Alfredo Sauce

BUY 1 GET 1 FREE


each item rings at half price with your VIC card



8 pk. 12 oz. Bubly Sparkling Water

BUY 2 GET 3 FREE


when you buy 5 with your VIC card or regular price each



25.12 oz. Freschetta Pizza

BUY 1 GET 1 FREE


each item rings at half price with your VIC card



9 - 12 oz. Jimmy Dean Bacon

BUY 1 GET 1 FREE

each item rings at half price with your VIC card



5.3 - 6.7 oz. Chobani Flip, Zero Sugar or High Protein Greek Yogurt

1.97

save at least \$4.48 over our already low VIC price when you buy 16

All items must be purchased in a single transaction with your VIC card.



9.25 - 10 oz. Fritos, 7 - 8.5 oz. Cheetos or 7.25 - 8.5 oz. Ruffles Chips

2 \$7 for

save big on 2 with your VIC card



6 - 18 oz. Stouffer's or Lean Cuisine Entrees

3 \$10 for

MUST PURCHASE 3

when you buy 3 or regular price each



12 pk. Bud Family, Miller Family, Coors Family or Yuengling

2 for \$22

Drink Responsibly - Must be 21 to Purchase



750 ml. Hahn, Josh Cellars, Rodney Strong or Kendall-Jackson

11.99 each

Drink Responsibly - Must be 21 to Purchase

Fall in love with our brands



Harris Teeter 2 ct. Deep Dish Pie Shells 2/\$6

save 98¢ on 2 with your VIC card

8 oz. Harris Teeter Whipped Topping

.99 each

save big with your VIC card



11 - 15.25 oz. Harris Teeter Sliced Carrots or Potatoes

5 for \$5

save at least \$2.45 on 5 with your VIC card



12 oz. Harris Teeter Honey Bear or 18 - 18.7 oz. Harris Teeter Raisin Bran Cereal

2 for \$6

save big on 2 with your VIC card



48 oz. Harris Teeter Premium Ice Cream

2 for \$7

save big on 2 with your VIC card



14 - 16 oz. HT Traders Frozen Vegetable Blends

2 for \$9

save big on 2 with your VIC card



16 oz. HT Traders Frozen Pasta

2 for \$9

save big on 2 with your VIC card



6 Double Roll Harris Teeter Ultra Paper Towels or 12 Mega Roll Ultra Bath Tissue

9.99 each

save big with your VIC card

Friday, Feb. 13th

redeem at



4X FRIDAYS

on all qualifying items

download the digital coupon available to clip February 11 - 13, 2026 ONLY



SAVE UP TO \$1.00 PER GALLON*

* Supplies are limited

Offer valid Friday, February 13, 2026, with VIC card and digital coupon ONLY. Excludes alcohol, fuel purchases, gift certificates, lottery, mail-order services, money orders, postage stamps, product deposit (if applicable), promotional tickets, tax, tobacco, Harris Teeter Gift Cards and all other gift cards, and ALL FINANCIAL VARIABLE LOAD CARDS (American Express®, MasterCard®, & Visa®) and Pharmacy purchases. *Terms and conditions apply.

Prices Good Through February 17, 2026

WED	THU	FRI	SAT	SUN	MON	TUE
11	12	13	14	15	16	17

Love the savings on Beverage and Snacks

28 oz.
Gatorade,
12 oz.
Celsius,
1 ltr. **Propel**
or 1 ltr.
Pepsi Products



**BUY 2 GET 3
FREE**

limit
10

when you buy 5 with your VIC card or regular price each

**VIC
SAVINGS**

4.8 - 8 oz.

**Pepperidge
Farm Goldfish
Crackers, Pretzels or Crisps**



2 for \$6

save big on 2 with your VIC card

**VIC
SAVINGS**

10 - 16 oz.

**Snyder's
Family Size,
Specialty or
Seasoned Pretzels**



2 for \$7

save at least \$2.58 on 2 with your VIC card

**VIC
SAVINGS**

8.5 - 15.25 oz.

**Nabisco
Oreo or
Chips Ahoy!
or BelVita Breakfast Cookies**



2 for \$7

save big on 2 with your VIC card

**VIC
SAVINGS**

12 pk.

**White Claw, Happy Dad, Truly
or Topo Chico Hard Seltzer**



15.99

each

Drink Responsibly - Must be 21 to Purchase

750 ml.
**La Marca,
Avisi,
Banshee Brut or Domaine Alante**



14.99

each

Drink Responsibly - Must be 21 to Purchase

**VIC
SAVINGS**



Harris Teeter

pickup & delivery



Schedule a Pickup order today.

- 1 Shop Online** from anywhere. Pickup is free on orders of \$35 or more.*
- 2 Select Date & Time** that fits your schedule. We'll shop for you and reach out if substitutions are needed to complete your order.
- 3 Pick Up Curbside** at the scheduled time slot and we'll bring your groceries out to you.

[START MY CART >](#)



Harris Teeter
pickup & delivery



SAVE \$10

off your first 2 Pickup & Delivery
orders of \$100 more.

[CLIP COUPON >](#)

* Valid only for new or first orders placed on harristeeter.com or Harris Teeter app. Exclusions apply.



Bakery Specials for the week



12 inch
**Decorated
Message Cookie**

10.99

each

save at least \$2.00 each with your VIC card



6 ct.
**Valentine
Decorated Cupcakes**

5.99

each

save at least 50¢ each with your VIC card



Fresh Foods Market
Strawberry Half Cake

11.99

each

save at least \$1.00 each with your VIC card



Fresh Foods Market
8 inch Cheesecakes

14.99

each

save at least \$1.00 each with your VIC card



48 - 54 oz. All Varieties
HT Traders Cakes

19.99

each

save at least \$3.00 each with your VIC card



Senior Discount Thursdays

Seniors 60 and older get a

5% DISCOUNT

Please notify your cashier if you qualify



15 Stem
Valentine Rose Bunch
*Vase sold separately

23.99 each
save at least \$6.00 each with your VIC card

VIC SAVINGS



Chocolate Dipped Strawberries

19.99 each
save big with your VIC card

VIC SAVINGS



Custom Made Fresh Cut Flower Arrangements

39.99 & UP
save big with your VIC card

VIC SAVINGS



Select Valentine Sentiments 18" Balloons & Larger Starting at

4.99 each
save big with your VIC card

VIC SAVINGS



7.94 - 8.87 oz.
Dove Chocolate Hearts

5.99 each
save at least \$1.90 each with your VIC card

VIC SAVINGS



6.3 - 10.2 oz.
Russell Stover Valentine Hearts

15.99 each
save big with your VIC card

VIC SAVINGS

Get 300 FUEL POINTS

Harris Teeter FUEL POINTS

Flower Gallery

when you spend \$50 or more in our Floral Department!

*All items must be purchased in the same transaction with your VIC card. Limit 1 offer.

from our meat department



per lb. **Filet Mignon Steak**
20.99 VIC
save big per lb. with your VIC card

HARRIS TEETER RESERVE
ANGUS BEEF

Whole Beef Tenderloin

18.99 per lb.
save big per lb. with your VIC card

VIC SAVINGS

16 oz. **Ranch Steak**
7.99 per lb.
save at least \$1.00 per lb. with your VIC card

16 oz. **Ground Chicken**
4.99 each
save big with your VIC card

16 oz. **Family Pack Smart Boneless Drums**
\$10 each
save big with your VIC card

3 lb. **Harris Teeter 85% Lean Ground Turkey**
11.99 each
save at least \$1.00 each with your VIC card

16 oz. **Harris Teeter 90% Lean Ground Beef**
6.99 each
save big with your VIC card

16 oz. **Villari Prime Pork Chops or Pork Ribeye**
2 \$12 for
save big on 2 with your VIC card

USDA Reserve **Bone-In Short Ribs**
10.99 per lb.
save at least \$1.00 per lb. with your VIC card

Antibiotic Free **Niman Ranch Boneless Loin Roast**
5.99 per lb.
save big per lb. with your VIC card

LUNCHABLES

PEPPERONI PIZZA 13G PROTEIN PER SERVING

PROTEIN PACK TURKEY & CHEDDAR 12G PROTEIN PER SERVING

limit 10

2.27 - 4.4 oz.
Basic Lunchables

BUY 2 GET 3 FREE

when you buy 5 with your VIC card or regular price each

VIC SAVINGS

16 oz. **Land O'Frost Lunchmeat**
5.99 each
save big with your VIC card

10 - 12 oz. **Hebrew National Franks**
4.99 each
save at least \$3.00 each with your VIC card

12 oz. **Links or Patties Johnsonville Breakfast Sausage**
2 \$8 for
save big on 2 with your VIC card

7 - 9 oz. **Hillshire Farm Thin Sliced Lunchmeat**
2 \$8 for
save big on 2 with your VIC card

10 oz. **Gilbert's Chicken Sausage**
BUY 1 GET 1 FREE
each item rings at half price with your VIC card

6 oz. **Hidden Valley Ranch Toppers**
BUY 1 GET 1 FREE
each item rings at half price with your VIC card

9 - 10 oz. **Chorizo or Queso Fresco**
BUY 1 GET 1 FREE
each item rings at half price with your VIC card

16 oz. **Kentucky Legend Bacon**
BUY 1 GET 1 FREE
each item rings at half price with your VIC card

from our seafood department

21 - 30 ct.
Fresh Wild Caught
Key West Pink Shrimp

13.99 per lb.
save big per lb. with your VIC card

VIC SAVINGS

3 oz.
Heart Shaped
Eastern Shore Style Crab Cakes

2 for \$7
save big on 2 with your VIC card

VIC SAVINGS

5 oz. **Fresh Farm Raised Salmon Portions**
\$6 each
save big with your VIC card

Wild Caught **Tuna Steaks**
9.99 per lb.
save big per lb. with your VIC card

16 - 20 ct. **Tail-On Cooked Shrimp**
11.99 per lb.
save big per lb. with your VIC card

Wild Caught **Alaska Sockeye Salmon Fillets**
15.99 per lb.
save big per lb. with your VIC card

3 oz. **Signature Lobster Cakes**
2 for \$12
save big on 2 with your VIC card

Wild Caught **Snapper Fillets**
12.99 per lb.
save big per lb. with your VIC card

Wild Caught **Whole Cooked Lobster**
12.99 per lb.
save big per lb. with your VIC card

Wild Caught **Dungeness Crab Clusters**
16.99 per lb.
save big per lb. with your VIC card

from our grocery department

2.87 - 5.13 oz.
Frito-Lay Minis

BUY 1 GET 1 FREE

each item rings at half price with your VIC card

VIC SAVINGS

6.5 - 8 oz.
Harris Teeter Potato Chips

2 \$4 for
save at least \$1.98 on 2 with your VIC card

VIC SAVINGS

4.4 - 7 oz.
Angie's Boom Chicka Pop

2 \$5 for
save at least \$2.98 on 2 with your VIC card

VIC SAVINGS

6 oz.
Blue Diamond Almonds

2 \$7 for
save big on 2 with your VIC card

VIC SAVINGS

24 oz.
Pepperidge Farm Farmhouse Bread

3.99
save big with your VIC card

VIC SAVINGS

18.49 oz.
Nerds Family Size Gummy Clusters

7.99
save at least \$1.50 each with your VIC card

VIC SAVINGS

16 oz.
Harris Teeter Peanut Butter or 18 oz. Oats

2 \$4 for
save big on 2 with your VIC card

VIC SAVINGS

12.8 - 18 oz.
Harris Teeter Shredded Wheat or 11 - 12.2 oz. Kids Cereal

2 \$5 for
save at least 98¢ on 2 with your VIC card

VIC SAVINGS

6.5 - 7.45 oz.
Nature Valley Protein Bars

2 \$7 for
save big on 2 with your VIC card

VIC SAVINGS

16 oz.
Justin's Peanut Butter

2 \$8 for
save big on 2 with your VIC card

VIC SAVINGS

7.8 - 16 oz.
Quaker Premium Instant Oatmeal

2 \$8 for
save big on 2 with your VIC card

VIC SAVINGS

7 - 8 oz.
Haribo Sour Gummies

2 \$4 for
save big on 2 with your VIC card

VIC SAVINGS

5.5 - 7.25 oz.
Kraft Mac & Cheese Dinners

4 \$5 for
save big on 4 with your VIC card

VIC SAVINGS

32 oz.
Simple Truth Organic Chicken Stock

2 \$5 for
save at least \$1.58 on 2 with your VIC card

VIC SAVINGS

4 pk.
Harris Teeter Fruit Cups

2 \$4 for
save at least \$1.98 on 2 with your VIC card

VIC SAVINGS

11.5 - 12 oz.
Harris Teeter Morsels

2 \$8 for
save big on 2 with your VIC card

VIC SAVINGS

16 - 24 oz.
Vlasic Pickles or 15 oz. Wishbone Salad Dressing

2 \$5 for
save big on 2 with your VIC card

VIC SAVINGS

3.88 oz.
Private Selection Chili Crisp Chiles

3.99
save at least \$1.00 each with your VIC card

VIC SAVINGS

12 Mega Roll **Charmin Bath Tissue** or 6 Double Plus **Bounty Paper Towels**

14.99
save big with your VIC card

VIC SAVINGS

84 oz.
Persil Laundry Detergent

13.99
save at least \$2.00 each with your VIC card

VIC SAVINGS

19 oz.
Seventh Generation Dish Detergent

3.29
save at least \$1.00 each with your VIC card

VIC SAVINGS

70 - 80 ct.
Lysol Disinfectant Wipes

4.99
save at least \$2.00 each with your VIC card

VIC SAVINGS

3 oz.
I and Love and You Wet Cat Food

4 \$5 for
save at least \$1.68 on 4 with your VIC card

VIC SAVINGS

13 oz.
Purina ONE Wet Dog Food

1.99
save at least 50¢ each with your VIC card

VIC SAVINGS

beverages

15.2 oz.
Lemon Perfect

4 \$5
for

save big on 4 with your VIC card



11 oz.
Slate Latte

2 \$4
for

save big on 2 with your VIC card



16 oz.
Fever-Tree Mixers

2 \$5
for

save big on 2 with your VIC card



2 ltr.
Fanta, Minute Maid, Barq's or Seagram's

2 \$6
for

save big on 2 with your VIC card



24 pk. 16.9 oz.
Harris Teeter Purified Water

3 \$10
for

save big on 3 with your VIC card



59 oz.
Gold Peak Tea

2 \$7
for

save big on 2 with your VIC card



4 pk.
Olipop

6.99

save big with your VIC card



6 pk.
HOP WTR

9.99

save big with your VIC card



18 pk.
Gatorade Multipack

9.99

save big with your VIC card



12 pk.
Topo Chico Mineral Water

15.49

save big with your VIC card



snacks

6 oz.
Planters Trail Mix

2 \$5
for

save at least 98¢ on 2 with your VIC card



13.5 oz.
Family Size Chex Mix

2 \$7
for

save big on 2 with your VIC card



6.8 oz.
Nonni's Biscotti

2 \$7
for

save big on 2 with your VIC card



10.8 - 11.04 oz.
Ritz Sandwich Crackers

2 \$7
for

save at least \$4.38 on 2 with your VIC card



6.25 - 7.75 oz.
Smartfood Popcorn

2 \$8
for

save at least \$2.38 on 2 with your VIC card



9 oz.
Snack Factory Pop'Ums or Bites or 6.5 oz. Kettle Chips

2 \$9
for

save big on 2 with your VIC card



5 - 7 oz.
Quinn Filled Pretzels

4.99

save at least \$1.00 each with your VIC card



8.5 oz.
Calbee Harvest Snaps

5.79

save at least 70¢ each with your VIC card



14 oz.
Cretors Value Size Popcorn

5.99

save at least \$1.90 each with your VIC card



12 ct.
Orville Redenbacher's Microwave Popcorn

6.49

save at least \$1.50 each with your VIC card



health & beauty

42 ct.
Nexium 24HR

4 \$0
off

save big with your VIC card



16 oz.
TheraBreath Oral Rinses

1 \$50
off

save big with your VIC card



Select
Emergen-C

2 \$00
off

save big with your VIC card



18 oz.
Tree Hut Scrubs or 7.7 oz.
Shave Oils

1 \$50
off

save big with your VIC card



Select
Good Cook Bakeware

25% off

save big with your VIC card



Select
Good Cook Kitchen Gadgets

25% off

save big with your VIC card



dairy and frozen

3.2 - 4 oz.
Once Upon a Farm Smoothies or 4.68 oz. Mini Bars

BUY 1 GET 1 FREE

each item rings at half price with your VIC card



4.5 oz.
Sargento Balanced Breaks

3 \$10
for

save big on 3 with your VIC card



12 oz.
Frigo String or Snack Combos

BUY 1 GET 1 FREE

each item rings at half price with your VIC card



5.3 oz.
Too Good Yogurt

8 \$10
for

save big on 8 with your VIC card



28 oz.
Starbucks Coffee Creamer

2 \$8
for

when you buy 2 or regular price each

MUST PURCHASE 2



64 oz.
Almond Breeze Almondmilk

2 \$6
for

save big on 2 with your VIC card



64 oz.
Lactaid Milk

2 \$7
for

save big on 2 with your VIC card



4 pk.
Chobani Greek Yogurt

2 \$8
for

save big on 2 with your VIC card



12 oz.
Heluva Good! Dips

3 \$5
for

save big on 3 with your VIC card



24.5 oz.
Gorton's Fish

BUY 1 GET 1 FREE

each item rings at half price with your VIC card



14 oz.
SeaPak Seafood

BUY 1 GET 1 FREE

each item rings at half price with your VIC card



9 - 21 oz.
Healthy Choice Entrees or Bowls or Birds Eye Skillet Meals

2 \$8
for

save big on 2 with your VIC card



8.67 oz.
Dove Ice Cream Bars

2 \$8
for

save big on 2 with your VIC card



28 oz.
Alexia Onion Rings, Waffle Fries or Potato Puffs

2 \$9
for

save big on 2 with your VIC card



12 oz.
Kevin's Bowls

4.99

save big with your VIC card



46 oz.
Blue Bunny Ice Cream

BUY 1 GET 1 FREE

each item rings at half price with your VIC card



24.7 oz.
DiGiorno Pizza

2 \$10
for

save big on 2 with your VIC card



13.6 oz.
Jimmy Dean Breakfast Sandwiches

6.49

save big with your VIC card



* Supplies are limited



Quick to make easy to love

Dark chocolate pistachio tart

[CLICK FOR RECIPE >](#)

Sweet deals, Happy Valentine's Day



5 pk.
**Sweethearts
Candy Hearts**
2.99 each
With your VIC Card.



6 ct.
**Butterfinger, Baby Ruth,
100 Grand Novelties or
Haagen Dazs Pints**
**BUY 1 GET 1
FREE**
each item rings at half price with your VIC card

Assorted
**Hershey's
Heart Boxes**
5.99 each
With your VIC Card.



22-30 ct.
**Trolli Sour and Nerds Cluster
Valentine Exchange**
7.49 each
With your VIC Card.

8.4-10 oz.
**Sour Patch Kids and
Swedish Fish Hearts**
3.99 each
With your VIC Card.



Tasty treats and sparkling sips

750 ML
**TÖST Sparkling
White Tea**
7.99 each
With your VIC Card.



25.4 oz.
**Martinelli's
Sparkling Cider**
4.99 each
With your VIC Card.



**Maison Perrier
French Kiss**
4.99 each
With your VIC Card.



Our Florists create
the most beautiful

Custom Made
Fresh Cut Floral
Arrangements

Starting at...

39.99 each



15 Stem
Roses
23.99 each
Save at Least \$6.00 each with your VIC Card.

Potted Orchids
Starting at....
22.99 each

**Beautiful
Potted Blooming Plants
in Decorative Containers**
Starting at....

12.99 each
Choose from a wide variety - While supplies last



Delicious
order-ahead
platters



Perfect
for
Galentine's
gatherings



Scan to order today



**ON GIFT CARDS
WITH DIGITAL COUPON**

OFFER VALID 2/4 - 2/17/26



redeem at
Harris Teeter Fuel
bp
AMOCO

Subject to availability. See gift cards for details, terms & conditions. The Visa Gift Card is issued by Pathward®, N.A., Member FDIC, pursuant to a license from Visa U.S.A. Inc. Cards may be used only at merchants in the U.S. everywhere Visa debit cards are accepted. No cash access. See Cardholder Agreement for details. The Mastercard Gift Card is issued by Pathward®, N.A., Member FDIC, pursuant to a license by Mastercard International Incorporated. Mastercard and the circles design are registered trademarks of Mastercard International Incorporated. No cash access.

* Supplies are limited

long
term
Savings



Keeping prices
LOWER, LONGER,
on 1,000s of items
you buy every day.



12 ct.
**Private Selection
K-Cup Coffee**

5.99

save at least \$1.00 each
with your VIC card



3.5 oz.
**Private Selection
Capers**

1.79

save big
with your VIC card



8 oz.
**Harris Teeter
Cheese Curls**

2 \$5
for

save at least 98¢ on 2
with your VIC card



9 ct.
**Pepperidge Farm
Goldfish Multipack**

5.99

save at least \$1.80 each
with your VIC card



8.8 oz.
**HT Traders
Lavender Bar Soap**

3.99

save big
with your VIC card



200 ct.
**Vanity Fair
Everyday Napkins**

5.49

save at least \$2.50 each
with your VIC card



8 oz.
**Harris Teeter
Crescent Rolls**

2 \$4
for

save big on 2
with your VIC card



8.8 oz.
**Simple Truth
Organic Zoo Shape Pasta**

2 \$5
for

save big on 2
with your VIC card



16 oz.
**HT Traders
Pizza Sauce**

3.69

save at least 30¢ each
with your VIC card



6 pk. 500 ml.
FIJI Water

5.99

save at least \$2.30 each
with your VIC card



24 Mega Roll
Cottonelle Bath Tissue

19.99

save at least \$5.00 each
with your VIC card



75 oz.
Cascade Complete

6.99

save at least 80¢ each
with your VIC card



11 oz.
**Tropicana
Orange Juice**

3 \$5
for

save at least 62¢ on 3
with your VIC card



9.8 oz.
**Harris Teeter
Stevia Sweetener**

4.69

save at least 60¢ each
with your VIC card



32 oz.
**Private
Selection
Chai Spice Latte**

3.99

save at least \$1.00 each
with your VIC card



10 oz.
**Private Selection
Hot Pepper Bacon Spread**

3.99

save at least 50¢ each
with your VIC card



Gallon
**Turkey Hill
Sweet Tea**

2 \$7
for

save at least 49¢ on 2
with your VIC card



4.8 lb.
**Fireside Supreme
4 Hour Single Firelog**

4.49

save at least 50¢ each
with your VIC card



6 Super Mega Roll
Angel Soft Bath Tissue

7.99

save at least \$3.00 each
with your VIC card



18 oz.
**Harris Teeter
Jelly or Preserves**

2.99

save at least 80¢ each
with your VIC card



32 oz.
**Simple Truth Organic
Dark Maple Syrup Jug**

16.49

save at least \$1.50 each
with your VIC card



50 ct.
**Betty Crocker
Pastel Cupcake Liners**

1.99

save at least \$1.10 each
with your VIC card



12 oz.
**Harris Teeter
Flavored Mustard**

4 \$5
for

save big on 4
with your VIC card



64 oz.
**Tyson
Dino Nuggets**

12.49

save at least \$3.00 each
with your VIC card



2 pk.
**Good Wipes
Flushable Wipes**

4.99

save at least \$2.00 each
with your VIC card



12 ct.
**Nature's Recipe
Variety Pack Dog Food**

14.59

save at least \$4.40 each
with your VIC card



NEW

long term

VIC
SAVINGS

Savings

Look Inside for More GREAT SAVINGS!

wine & beer

*not available at all stores

Drink Responsibly - Must be 21 to Purchase

harris teeter fine wines club

EVERY DAY! 10% OFF HALF case wine
SEE STORE FOR DETAILS

Join our fine wines club and get discounts, learn about recipe pairings and find out about events at our stores.



750 ml.
Prati by Louis M. Martini
Cabernet Sauvignon

15.99 each



750 ml.
Chalk Hill
Sonoma Chardonnay

19.99 each



4 pk.
Smithwick's, Harp or Guinness

7.99 each



8 pk.
Guinness
or 12 pk. **Michelob Ultra**

14.99 each



750 ml.
André Extra Dry
or **Cook's** Brut

9.99 each



750 ml.
La Vieille Ferme Rosé,
Noble Vines Chardonnay
or **14 Hands** Cabernet

10.99 each



750 ml.
Ruffino Prosecco,
William Hill CC Chardonnay
or **Wish Big** Prosecco

12.99 each



750 ml.
J Vineyards Pinot Gris
or **Altvs** North Coast Cabernet

15.99 each



6 pk.
Mike's Hard,
Smirnoff or **Blake's**

10.99 each



12 pk.
Victory
or **Lone River Ranch**

17.99 each



12 pk.
Angry Orchard,
Peroni or **Twisted Tea**

16.99 each



4 pk.
Edmunds Oast or
6 pk. **Westbrook Brewing**

11.99 each



Keeping prices
LOWER, LONGER,
on 1,000s of items
you buy every day.



Harris Teeter
Whole Chicken

1.49 per lb.



Assorted
Bone-In
Pork Chops

3.99 per lb.



USDA Choice
Sirloin Tip Steak

6.99 per lb.



Farmers Market
Green Kiwi Fruit

4 for **\$2**



Farmers Market
Mangos

4 for **\$5**



Farmers Market
Hot House Cucumbers

4 for **\$5**



2.2 oz. Min. Wt.
Wild Caught
Lobster Tails

\$5 each



10 - 12 oz.
Assorted Varieties
Private Selection
Salami or Pepperoni

6.99 each



12 ct.
Fresh Foods Market
Fresh Baked Cookies

5.99 each

Sweet Baking from the Heart



eVIC members only weekly limit **4**

5 lb.
Harris Teeter
All Purpose,
Self-Rising
or **Unbleached Flour**

1.87

save at least \$1.68 over our already low VIC price when you buy 4

non e-vic member price **2.29**

All items must be purchased in a single transaction with your VIC card.

Betty Crocker
Cookie Mix

11.9 - 17.5 oz.

2/\$5

save at least \$1.38 on 2 with your VIC card

Private Selection
Proof & Bake Croissants

4 - 8 ct.

5.49

save at least \$1.00 each with your VIC card

32 oz.
Pompeian
Olive Oil

BUY 1 GET 1 FREE

each item rings at half price with your VIC card

32 oz.
Harris Teeter
Light Brown, Dark Brown
or **Powdered Sugar**

2/\$5

save big on 2 with your VIC card

Pete & Gerry's
Organic Brown Eggs

12 ct.

5.99

save big with your VIC card

10 - 10.5 oz.
Harris Teeter
Marshmallows

.99

save big with your VIC card

5 - 2.75 oz.
Select Varieties
Simple Truth
Organic Spices

25% off

save big with your VIC card

10 - 12 oz.
Ghirardelli
Baking Morsels

6.39

save big with your VIC card

13.25 - 14.25 oz.
Betty Crocker
Favorites Cake Mix

2/\$3

save at least \$1.38 on 2 with your VIC card

5 - 6 oz.
Pam
Cooking Spray

2/\$7

save big on 2 with your VIC card

10 oz.
Ghirardelli
Melting Wafers

6.99

save big with your VIC card

8 oz.
Harris Teeter
Brick Cream Cheese

3/\$5

save big on 3 with your VIC card

4 oz.
Simple Truth
Organic Baking Bars

2/\$8

save big on 2 with your VIC card

50 sq. ft. Heavy Duty or Non-Stick or 75 sq. ft.
Harris Teeter
Aluminum Foil

4.19

save at least 60¢ each with your VIC card

Feel good picks
made simple
Kellogg's

eVIC members only weekly limit **4**

4.9 - 10.4 oz.
Kellogg's
Nutri Grain Bars
or 8 ct.
Rice Krispies Treats

1.97

save at least \$2.12 over our already low VIC price when you buy 4

non e-vic member price **2/\$5**

All items must be purchased in a single transaction with your VIC card.

12.4 oz.
Gluten Free
Cheez-It Crackers

BUY 2 GET 2 FREE

when you buy 4 with your VIC card or regular price each

8 - 10 oz.
Morning Star Farms

BUY 2 GET 1 FREE

when you buy 3 with your VIC card or regular price each

12.3 oz.
Eggo
Protein Waffles

BUY 1 GET 1 FREE

each item rings at half price with your VIC card

4.25 oz.
Carr's
Entertainment Crackers

BUY 1 GET 1 FREE

each item rings at half price with your VIC card

8 ct.
Kellogg's
Protein Pop-Tarts

2/\$5

save at least \$1.49 on 2 with your VIC card

Special K
Protein Bars

5.99

save at least \$2.00 each with your VIC card

183 oz.
RXBAR
Protein Bars

3/\$5

save at least \$1.12 on 3 with your VIC card

10.6 oz.
Special K
Pastry Crisps

2/\$5

save at least \$1.29 on 2 with your VIC card

11.04 oz.
Keebler
Cracker Packs

2/\$5

save at least \$1.49 on 2 with your VIC card

9.6 - 16.1 oz.
Select Varieties
Kellogg's
Family Cereal

2/\$6

save big on 2 with your VIC card

1.5 - 2.1 oz.
Kellogg's
Cereal in a Cup

2/\$3

save at least 50¢ on 2 with your VIC card

11 - 12 oz.
Bear Naked
Granola

2/\$7

save at least \$2.19 on 2 with your VIC card

9.7 - 14 oz.
Kashi
Cereal or Granola

4.99

save at least \$1.20 each with your VIC card

Happier. Healthier.
with Harris Teeter

Higher Score, Healthier Choice
• Items scored from 1-100 • Aim for OptUP™ score of 600

80+ **GREEN** Load up on these foods.

50-79 **LIGHT GREEN** A great choice.

20-49 **YELLOW** These foods fall somewhere in the middle.

1-19 **RED** Enjoy these foods mindfully and in smaller portions.

Harris Teeter Pharmacy
OptUP
Learn More

*Some restrictions apply. See pharmacist for details.

* Supplies are limited

3-30 3-30 3-30 3-30 3-30 // 5-50 5-50 5-50 5-50 5-50

BP BP BP



Harris Teeter
YOUR NEIGHBORHOOD MARKET

WEEKLY SPECIALS*

PRICES VALID THROUGH 2.17.26
* Supplies are limited

Love our Brands



12 oz.
**Harris Teeter
English Muffins**

2/\$6

save big on 2 with your VIC card **VIC SAVINGS**

24 oz.
**HT Traders
Butternut Squash Soup**

2/\$7

save big on 2 with your VIC card **VIC SAVINGS**



10 - 12.5 oz.
**Harris Teeter
Premium White
Chunk Chicken**

2/\$6

save at least \$1.98 on 2 with your VIC card **VIC SAVINGS**



14 oz.
**Harris Teeter
Instant Brown Rice**

2/\$3

save big on 2 with your VIC card **VIC SAVINGS**



15 oz.
**Harris Teeter
Pure Pumpkin**

2/\$3

save at least 98¢ on 2 with your VIC card **VIC SAVINGS**



3.5 oz.
**HT Traders
Chocolate Bars**

3.49

save big with your VIC card **VIC SAVINGS**



20 ct.
**HT Traders
Tea Bags**

2/\$4

save at least \$1.98 on 2 with your VIC card **VIC SAVINGS**



16 oz.
**Harris Teeter
Almond Butter**

7.49

save at least \$1.00 each with your VIC card **VIC SAVINGS**



7 - 9 oz.
**Harris Teeter
Almonds**

2/\$9

save big on 2 with your VIC card **VIC SAVINGS**



2.85 oz.
**Harris Teeter
Beef Jerky**

2/\$9

save big on 2 with your VIC card **VIC SAVINGS**



64 oz.
**Harris Teeter
Cranberry
Juice Cocktails**

3.29

save at least 70¢ each with your VIC card **VIC SAVINGS**



10.4 oz.
**Harris Teeter
Fruit & Grain Cereal Bars**

1.99

save at least 30¢ each with your VIC card **VIC SAVINGS**

16 ct.
**Harris Teeter
Crispy Rice Treats**
3.99
save \$1.00 each
with your VIC card
VIC SAVINGS



11.5 - 13.5 oz.
**Harris Teeter
Cheese Texas Toast
or Stuffed Breadsticks**

2/\$6

save big on 2 with your VIC card **VIC SAVINGS**



9 - 9.5 oz.
**Farmers Market
Chocolate
Almonds or Pecans**

5.99

save big with your VIC card **VIC SAVINGS**



17 oz.
**Farmers Market
Fruit Medley**

4.99

save at least 50¢ each with your VIC card **VIC SAVINGS**



38 - 45 ct.
**Harris Teeter
Tall Kitchen Trash Bags**

5.99

save big with your VIC card **VIC SAVINGS**



2 - 6 ct.
**Harris Teeter
Storage Containers**

2/\$6

save at least 98¢ on 2 with your VIC card **VIC SAVINGS**



30 - 50 ct.
**Harris Teeter
Sandwich
or Snack Bags**

2/\$4

save big on 2 with your VIC card **VIC SAVINGS**



15 - 20 ct.
**Harris Teeter
Slider Storage Bags**

2/\$4

save big on 2 with your VIC card **VIC SAVINGS**