



# Harris Teeter

YOUR NEIGHBORHOOD MARKET

Weekly Specials\*

per lb.  
Farm Raised  
**16 - 20 ct. Shell On  
White Shrimp**



or  
4.2 oz. Min. Wt.  
**North  
Atlantic  
Lobster Tails**

**7.99**

save big with your VIC card

Pint  
Farmers Market  
**Blueberries**

**BUY 1 GET 1  
FREE**

each item rings at half price with your VIC card



Fall in love with  
our brands



Harris Teeter  
2 ct. Deep  
Dish Pie Shells  
**2/\$6**

save 98¢ on 2 with  
your VIC card

8 oz.  
**Harris Teeter  
Whipped Topping**

**.99** each

save big with your VIC card



11 - 15.25 oz.  
**Harris Teeter  
Sliced  
Carrots or Potatoes**

**5 for \$5**

save at least \$2.45 on 5 with your VIC card



12 oz.  
**Harris Teeter  
Honey Bear  
or 18 - 18.7 oz.  
Harris Teeter  
Raisin Bran Cereal**

**2 for \$6**

save big on 2 with your VIC card



48 oz.  
**Harris Teeter  
Premium Ice Cream**

**2 for \$7**

save big on 2 with your VIC card



14 - 16 oz.  
**HT Traders  
Frozen  
Vegetable Blends**

**2 for \$9**

save big on 2 with your VIC card



16 oz.  
**HT Traders  
Frozen Pasta**

**2 for \$9**

save big on 2 with your VIC card



6 Double Roll  
**Harris Teeter  
Ultra  
Paper Towels  
or 12 Mega Roll  
Ultra Bath Tissue**

**9.99** each

save big with your VIC card



Whole  
Beef Tenderloin

**16.99**

per lb.

save big per lb. with your VIC card

**VIC  
SAVINGS**

SMART Organic  
Antibiotic Free  
Boneless  
Chicken Breasts

**7.99**

per lb.

save big per lb. with your VIC card

**VIC  
SAVINGS**



16 oz.  
Pre  
Grass-Fed  
Ground Beef

**5.99** each

save big with your VIC card

**VIC  
SAVINGS**



6 pk. .5 ltr. Btls.  
Coca-Cola Products

**BUY 2 GET 2  
FREE**

save big on 4 with your VIC card

**VIC  
SAVINGS**

48 oz.  
Tillamook  
Ice Cream



or 8 oz.  
Shredded,  
Sliced or  
Chunk Cheese

**BUY 1 GET 1  
FREE**

each item rings at half price with your VIC card

**VIC  
SAVINGS**

11 oz.  
HT Traders  
Bag Coffee



or 10 ct. Green  
Mountain  
K-Cup Coffee

**BUY 1 GET 1  
FREE**

each item rings at half price with your VIC card

**VIC  
SAVINGS**

24 oz.  
Classico  
Pasta Sauce



or 15 oz. Alfredo Sauce

**BUY 1 GET 1  
FREE**

each item rings at half price with your VIC card

**VIC  
SAVINGS**

12 - 16 oz.  
Harris Teeter  
Pasta

**5/\$5**

save \$1.90 on 5

with your VIC card

**VIC  
SAVINGS**

**2 for \$7**

save big on 2 with your VIC card

**VIC  
SAVINGS**

14 - 16 oz.  
HT Traders  
Frozen  
Vegetable Blends

**2 for \$9**

save big on 2 with your VIC card

**VIC  
SAVINGS**

750 ml.  
Hahn,  
Josh Cellars,  
Rodney  
Strong



Chardonnay  
or Kendall-Jackson

**11.99** each

save big with your VIC card

**VIC  
SAVINGS**



9.25 - 10 oz.  
Fritos,  
7 - 8.5 oz.  
Cheetos  
or 7.25 - 8.5 oz.  
Ruffles Chips

**2 for \$7**

save big on 2  
with your VIC card

**VIC  
SAVINGS**

6 - 18 oz.  
Stouffer's  
or Lean  
Cuisine Entrees



**3 for \$10**

MUST PURCHASE 3

when you  
buy 3  
• or regular  
price each

12 pk.



Bud Family,  
Miller Family,  
Coors Family  
or Yuengling

**2 for \$22**

Drink Responsibly - Must be 21 to Purchase

750 ml.  
Hahn,  
Josh Cellars,  
Rodney  
Strong



Chardonnay  
or Kendall-Jackson

**11.99** each

save big with your VIC card

**VIC  
SAVINGS**

download the digital coupon  
available to clip February 11 - 13, 2026 ONLY



**SAVE  
UP TO \$1.00  
PER GALLON\***

1-108 1-108 1-108 1-108



Friday,  
Feb. 13th

redeem at  
Harris Teeter  
Fuel

AMCO

AMCO

AMCO

AMCO

AMCO

on all  
qualifying  
items

AMCO

Prices Good Through February 17, 2026

WED  
11

THU  
12

FRI  
13

SAT  
14

SUN  
15

MON  
16

TUE  
17

## Love the savings on Beverage and Snacks

28 oz.  
Gatorade,  
12 oz.  
Celsius,  
1 ltr. Propel  
or 1 ltr.  
Pepsi Products



**BUY 2 GET 3  
FREE**

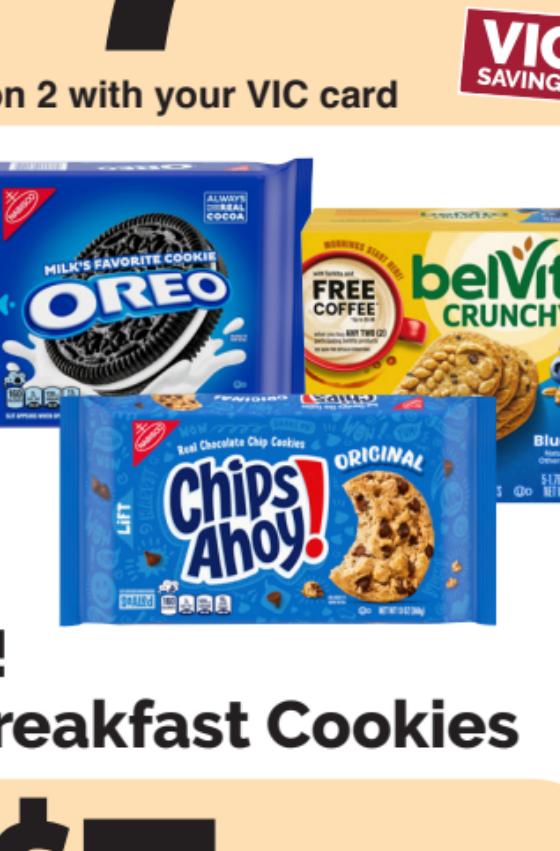
limit  
10

when you buy 5 with your VIC card or regular price each

**VIC  
SAVINGS**

**2 for \$6**

4.8 - 8 oz.  
Pepperidge  
Farm Goldfish  
Crackers, Pretzels or Crisps



**VIC  
SAVINGS**

10 - 16 oz.  
Snyder's  
Family Size,  
Specialty or  
Seasoned Pretzels



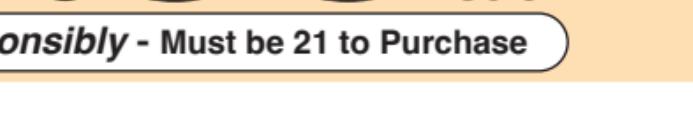
8.5 - 15.25 oz.  
Nabisco  
Oreo or  
Chips Ahoy!  
or BelVita Breakfast Cookies



12 pk.  
White Claw, Happy Dad, Truly  
or Topo Chico Hard Seltzer



750 ml.  
La Marca,  
Avissi,  
Banshee Brut or Domaine Alante



**15.99** each

Drink Responsibly - Must be 21 to Purchase

**VIC  
SAVINGS**

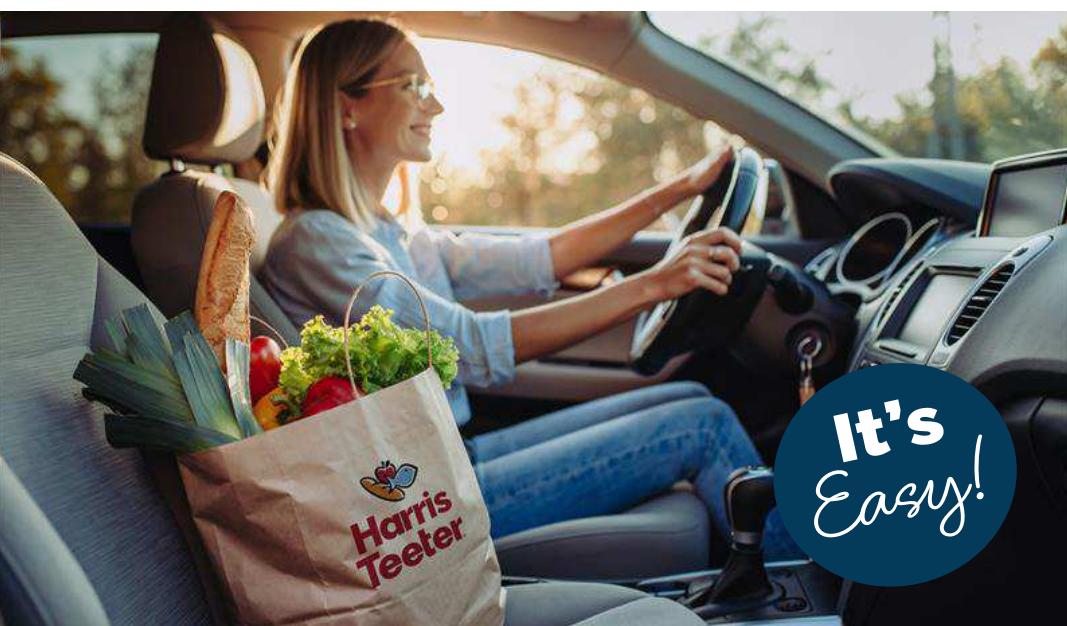
**14.99** each

Drink Responsibly - Must be 21 to Purchase

**VIC  
SAVINGS**



**Harris Teeter**  
pickup & delivery



## Schedule a Pickup order today.

**1**

**Shop Online** from anywhere. Pickup is free on orders of \$35 or more.\*

**2**

**Select Date & Time** that fits your schedule. We'll shop for you and reach out if substitutions are needed to complete your order.

**3**

**Pick Up Curbside** at the scheduled time slot and we'll bring your groceries out to you.

**START MY CART >**



**Harris Teeter**  
pickup & delivery

SAVE  
UP TO  
**\$20**

# SAVE \$10

off your first 2 Pickup & Delivery  
orders of \$100 more.

**CLIP COUPON >**

\* Valid only for new or first orders placed on harristeeter.com or Harris Teeter app. Exclusions apply.



# Bakery Specials for the week



12 inch  
**Decorated  
Message Cookie**

**10.99** each  
save at least \$2.00 each with your VIC card



6 ct.  
**Valentine  
Decorated Cupcakes**

**5.99** each  
save at least 50¢ each with your VIC card



**Fresh Foods Market  
Strawberry Half Cake**

**11.99** each  
save at least \$1.00 each with your VIC card



**48 - 54 oz. All Varieties  
HT Traders Cakes**

**19.99** each  
save at least \$3.00 each with your VIC card



**Senior Discount Thursdays**  
Seniors 60 and older get a

**5% DISCOUNT**

Please notify your cashier if you qualify

BGB BGB BGB BGB

WED	THU	FRI	SAT	SUN	MON	TUE
11	12	13	14	15	16	17



15 Stem  
Valentine  
Rose Bunch  
\*Vase sold separately

**23.99**

each  
save at least \$6.00 each with your VIC card

**VIC**  
SAVINGS



Chocolate  
Dipped  
Strawberries

**19.99**

each  
save big with your VIC card

**VIC**  
SAVINGS



Custom Made  
Fresh  
Cut Flower  
Arrangements

**39.99**

& UP  
each  
save big with your VIC card

**VIC**  
SAVINGS



Select  
Valentine Sentiments  
18" Balloons & Larger

Starting at

**4.99**

each  
save big with your VIC card

**VIC**  
SAVINGS



7.94 - 8.87 oz.

Dove  
Chocolate Hearts

**5.99**

each  
save at least \$1.90 each with your VIC card

**VIC**  
SAVINGS



**15.99**

each  
save big with your VIC card

**VIC**  
SAVINGS



when you  
spend \$50  
or more in  
our Floral  
Department!

All items must be purchased in the same  
transaction with your VIC card. Limit 1 offer.

## from our meat department



per lb.  
Filet Mignon Steak  
**20.99**  
VIC  
SAVINGS

save big per lb.  
with your VIC card

HARRIS TEETER RESERVE™  
ANGUS BEEF

Whole Beef Tenderloin

**18.99**

per lb.  
save big per lb. with your VIC card

**VIC**  
SAVINGS

HARRIS TEETER RESERVE™  
ANGUS BEEF

Ranch Steak

**7.99**

per lb.  
save at least \$1.00 per lb.  
with your VIC card

**VIC**  
SAVINGS

Family Pack

Smart  
Boneless Drums

**\$10**

each  
save big  
with your VIC card

**VIC**  
SAVINGS

3 lb.  
Harris Teeter  
85% Lean

Ground Turkey

**11.99**

each  
save at least \$1.00 each  
with your VIC card

**VIC**  
SAVINGS

16 oz.  
Harris Teeter  
90% Lean

Ground Beef

**6.99**

each  
save big  
with your VIC card

**VIC**  
SAVINGS

16 oz.  
Harris Teeter  
85% Lean

Ground Chicken

**4.99**

each  
save big  
with your VIC card

**VIC**  
SAVINGS

16 oz.  
Villari Prime  
Pork Chops  
or Pork Ribeye

**2 \$12**

for 2  
each  
save big on 2  
with your VIC card

**VIC**  
SAVINGS

10 - 12 oz.  
Hebrew National  
Franks

**4.99**

each  
save at least \$3.00 each  
with your VIC card

**VIC**  
SAVINGS

12 oz. Links or Patties  
Johnsonville  
Breakfast  
Sausage

**2 \$8**

for 2  
each  
save big on 2  
with your VIC card

**VIC**  
SAVINGS

7 - 9 oz.  
Hillshire Farm  
Thin Sliced  
Lunchmeat

**2 \$8**

for 2  
each  
save big on 2  
with your VIC card

**VIC**  
SAVINGS

10 oz. Gilbert's  
Chicken  
Sausage

**5.99**

each item rings at half price with your VIC card

**VIC**  
SAVINGS

6 oz. Hidden Valley Ranch  
Toppers

**4.99**

each item rings at half price with your VIC card

**VIC**  
SAVINGS

9 - 10 oz.  
Cacique  
Chorizo or  
Queso Fresco

**2 \$8**

for 2  
each item rings at half price with your VIC card

**VIC**  
SAVINGS

16 oz. Kentucky  
Legend  
Bacon

**15.99**

each item rings at half price with your VIC card

**VIC**  
SAVINGS

16 - 20 ct. Tail-On  
Cooked  
Shrimp

**11.99**

each item rings at half price with your VIC card

**VIC**  
SAVINGS

Wild Caught  
Tuna  
Steaks

**9.99**

each item rings at half price with your VIC card

**VIC**  
SAVINGS

Wild Caught  
Snapper  
Fillets

**12.99**

each item rings at half price with your VIC card

**VIC**  
SAVINGS

Wild Caught  
Whole  
Cooked Lobster

**12.99**

each item rings at half price with your VIC card

**VIC**  
SAVINGS

Wild Caught  
Dungeness  
Crab Clusters

**16.99**

each item rings at half price with your VIC card

**VIC**  
SAVINGS

## from our seafood department



21 - 30 ct.  
Fresh Wild Caught  
Key West Pink Shrimp

**13.99**

per lb.  
save big per lb. with your VIC card



3 oz.  
Heart Shaped  
Eastern Shore  
Style Crab Cakes

**2 \$7**

for 2  
each item rings at half price with your VIC card



5 oz. Fresh  
Farm Raised  
Salmon  
Portions

**\$6**

each item rings at half price with your VIC card



3 oz.  
Signature  
Lobster Cakes

**2 \$12**

for 2  
each item rings at half price with your VIC card



Wild Caught  
Tuna  
Steaks

**9.99**

each item rings at half price with your VIC card



Wild Caught  
Chorizo or  
Queso Fresco

**2 \$8**

for 2  
each item rings at half price with your VIC card



16 oz. Links or Patties  
Johnsonville  
Breakfast  
Sausage

**4 \$5**

for 4  
each item rings at half price with your VIC card



Kraft  
Mac & Cheese  
Dinners

**4 \$5**

for 4  
each item rings at half price with your VIC card



32 oz.  
Simple Truth  
Organic  
Chicken Stock

**2 \$5**

for 2  
each item rings at half price with your VIC card



4 pk.  
Harris Teeter  
Fruit Cups

**2 \$4**

for 2  
each item rings at half price with your VIC card



11.5 - 12 oz.  
Harris Teeter  
Morsels

**2 \$8**

for 2  
each item rings at half price with your VIC card



# beverages

15.2 oz.  
Lemon Perfect  
**4 \$5**  
for  
save big on 4 with your VIC card



59 oz.  
Gold Peak Tea  
**2 \$7**  
for  
save big on 2 with your VIC card



11 oz.  
Slate Latte  
**2 \$4**  
for  
save big on 2 with your VIC card



16 oz.  
Fever-Tree Mixers  
**2 \$5**  
for  
save big on 2 with your VIC card



2 ltr.  
Fanta, Minute Maid, Barq's or Seagram's  
**2 \$6**  
for  
save big on 2 with your VIC card



24 pk. 16.9 oz.  
Harris Teeter Purified Water  
**3 \$10**  
for  
save big on 3 with your VIC card



4 pk.  
Olipop  
**6.99**  
save big with your VIC card



6 pk.  
HOP WTR  
**9.99**  
save big with your VIC card



18 pk.  
Gatorade Multipack  
**9.99**  
save big with your VIC card



12 pk.  
Topo Chico Mineral Water  
**15.49**  
save big with your VIC card



# snacks

6 oz.  
Planters Trail Mix  
**2 \$5**  
for  
save at least 98¢ on 2 with your VIC card



13.5 oz.  
Family Size Chex Mix  
**2 \$7**  
for  
save big on 2 with your VIC card



6.8 oz.  
Nonni's Biscotti  
**2 \$7**  
for  
save big on 2 with your VIC card



10.8 - 11.04 oz.  
Ritz Sandwich Crackers  
**2 \$7**  
for  
save at least \$4.38 on 2 with your VIC card



6.25 - 7.75 oz.  
Smartfood Popcorn  
**2 \$8**  
for  
save at least \$2.38 on 2 with your VIC card



9 oz.  
Snack Factory Pop'Ums or Bites or 6.5 oz.  
Kettle Chips  
**2 \$9**  
for  
save big on 2 with your VIC card



5 - 7 oz.  
Quinn Filled Pretzels  
**4.99**  
save at least \$1.00 each with your VIC card



8.5 oz.  
Calbee Harvest Snaps  
**5.79**  
save at least 70¢ each with your VIC card



14 oz.  
Cretors Value Size Popcorn  
**5.99**  
save at least \$1.90 each with your VIC card



12 ct.  
Orville Redenbacher's Microwave Popcorn  
**6.49**  
save at least \$1.50 each with your VIC card



# health & beauty

42 ct.  
Nexium 24HR  
**4.00**  
off  
save big with your VIC card



16 oz.  
TheraBreath Oral Rinses  
**1.50**  
off  
save big with your VIC card



Select  
Emergen-C  
**2.00**  
off  
save big with your VIC card



18 oz.  
Tree Hut Scrubs or 7.7 oz.  
Shave Oils  
**1.50**  
off  
save big with your VIC card



Select  
Good Cook Bakeware  
**25%**  
off  
save big with your VIC card



Select  
Good Cook Kitchen Gadgets  
**25%**  
off  
save big with your VIC card



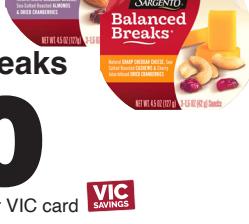
\* Supplies are limited

# dairy and frozen

3.2 - 4 oz.  
Once Upon a Farm Smoothies or 4.68 oz.  
Mini Bars  
**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card



4.5 oz.  
Sargento Balanced Breaks  
**3 \$10**  
for  
save big on 3 with your VIC card



12 oz.  
Frido String or Snack Combos  
**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card



5.3 oz.  
Too Good Yogurt  
**8 \$10**  
for  
save big on 8 with your VIC card



28 oz.  
Starbucks Coffee Creamer  
**2 \$8**  
for  
when you buy 2 or regular price each  
MUST PURCHASE 2



64 oz.  
Almond Breeze Almondmilk  
**2 \$6**  
for  
save big on 2 with your VIC card



64 oz.  
Lactaid Milk  
**2 \$7**  
for  
save big on 2 with your VIC card



4 pk.  
Chobani Greek Yogurt  
**2 \$8**  
for  
save big on 2 with your VIC card



12 oz.  
Heluva Good! Dips  
**3 \$5**  
for  
save big on 3 with your VIC card



24.5 oz.  
Gorton's Fish  
**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card



14 oz.  
SeaPak Seafood  
**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card



9 - 21 oz.  
Healthy Choice Entrees or Bowls or Birds Eye Skillet Meals  
**2 \$8**  
for  
save big on 2 with your VIC card



8.67 oz.  
Dove Ice Cream Bars  
**2 \$8**  
for  
save big on 2 with your VIC card



28 oz.  
Alexia Onion Rings, Waffle Fries or Potato Puffs  
**2 \$9**  
for  
save big on 2 with your VIC card



12 oz.  
Kevin's Bowls  
**4.99**  
save big with your VIC card



46 oz.  
Blue Bunny Ice Cream  
**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card



24.7 oz.  
DiGiorno Pizza  
**2 \$10**  
for  
save big on 2 with your VIC card



13.6 oz.  
Jimmy Dean Breakfast Sandwiches  
**6.49**  
save big with your VIC card



While Supplies Last. Not Available in All Stores.

Select  
Good Cook Bakeware  
**25%**  
off  
save big with your VIC card



\* Supplies are limited

3-30 3-30 3-30 3-30



# Quick to make easy to love

Dark chocolate pistachio tart

[CLICK FOR RECIPE >](#)

# Sweet deals, → Happy → Valentine's Day



5 pk.  
Sweethearts  
Candy Hearts  
**2.99** each  
With your VIC Card.



8.4-10 oz.  
Sour Patch Kids and  
Swedish Fish Hearts  
**3.99** each  
With your VIC Card.



Assorted  
Hershey's  
Heart Boxes  
**5.99** each  
With your VIC Card.



6 ct.  
Butterfinger, Baby Ruth,  
100 Grand Novelties or  
Haagen Dazs Pints

**BUY 1 GET 1  
FREE**  
each item rings at half price with your VIC card

Save big with your VIC Card.



22-30 ct.  
Trolli Sour and Nerd Cluster  
Valentine Exchange

**7.49** each  
With your VIC Card.

## Tasty treats and sparkling sips

750 ML  
TOST Sparkling  
White Tea  
**7.99** each  
With your VIC Card.



25.4 oz.  
Martinelli's  
Sparkling Cider  
**4.99** each  
With your VIC Card.



Maison Perrier  
French Kiss  
**4.99** each  
With your VIC Card.



Our Florists create  
the most beautiful

Custom Made  
Fresh Cut Floral  
Arrangements

Starting at...  
**39.99** each



15 Stem  
Roses  
**23.99** each  
VIC  
SAVINGS

Save at least \$6.00 each with your VIC Card.



Potted Orchids  
Starting at...  
**22.99** each

Beautiful  
Potted Blooming Plants  
in Decorative Containers  
Starting at...  
**12.99** each

Choose from a wide variety - While supplies last

Delicious  
order-ahead  
platters



Perfect  
for  
Galentine's  
gatherings



Scan to order today



**4X**  
Harris Teeter  
FUEL POINTS

ON GIFT CARDS  
WITH DIGITAL COUPON

OFFER VALID 2/4 - 2/17/26



SCAN TO  
DOWNLOAD

Subject to availability. See gift cards for details, terms & conditions. The Visa Gift Card is issued by Pathward® N.A., Member FDIC, pursuant to a license from Visa U.S.A. Inc. Cards may be used only at merchants in the U.S. everywhere Visa debit cards are accepted. No cash access. See Cardholder Agreement for details. The Mastercard Gift Card is issued by Pathward® N.A., Member FDIC, pursuant to a license by Mastercard International Incorporated. Mastercard and the circles design are registered trademarks of Mastercard International Incorporated. No cash access.

# long term Savings



Keeping prices  
**LOWER, LONGER,**  
on 1,000s of items  
you buy every day.



12 ct.  
Private Selection  
K-Cup Coffee

**5.99**

save at least \$1.00 each  
with your VIC card



8 oz.  
Harris Teeter  
Crescent Rolls

**2 \$4  
for**

save big on 2  
with your VIC card



11 oz.  
Tropicana  
Orange Juice

**3 \$5  
for**

save at least 62¢ on 3  
with your VIC card



**\$5**

**for**

save at least 62¢ on 3  
with your VIC card

**\$5**

**for**

save at least 62¢ on 3  
with your VIC card

**\$5**

**for**

save at least 62¢ on 3  
with your VIC card

**\$5**

**for**

save at least 62¢ on 3  
with your VIC card

**\$5**

**for**

save at least 62¢ on 3  
with your VIC card

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**for**

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with your VIC card

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with your VIC card

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**for**

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with your VIC card

**\$5**

**for**

save at least 62¢ on 3  
with your VIC card

**\$5**

**for**

save at least 62¢ on 3  
with your VIC card

**\$5**

**for**

save at least 62¢ on 3  
with your VIC card

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**for**

save at least 62¢ on 3  
with your VIC card

**\$5**

**for**

save at least 62¢ on 3  
with your VIC card

**\$5**

**for**

save at least 62¢ on 3  
with your VIC card

**\$5**

**for**

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with your VIC card

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**for**

# Look Inside for More GREAT SAVINGS!

## wine & beer

\*not available at all stores

Drink Responsibly - Must be 21 to Purchase

harris teeter  
fine wines club

EVERY DAY! 10% OFF HALF case wine

SEE STORE FOR DETAILS

Join our fine wines club and get discounts, learn about recipe pairings and find out about events at our stores.



750 ml.  
Prati by Louis M. Martini  
Cabernet Sauvignon

**15.99** each



750 ml.  
Chalk Hill  
Sonoma Chardonnay

**19.99** each



4 pk.  
Smithwick's,  
Harp or Guinness

**7.99** each



8 pk.  
Guinness  
or 12 pk. Michelob Ultra

**14.99** each



750 ml.  
André Extra Dry  
or Cook's Brut

**9.99** each



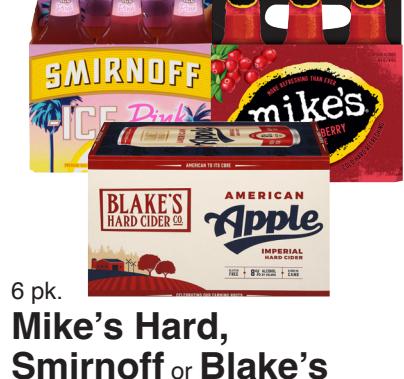
750 ml.  
La Vieille Ferme Rosé,  
Noble Vines Chardonnay  
or 14 Hands Cabernet

**10.99** each



750 ml.  
Ruffino Prosecco,  
William Hill CC Chardonnay  
or Wish Big Prosecco

**12.99** each



6 pk.  
Mike's Hard,  
Smirnoff or Blake's

**10.99** each



12 pk.  
Victory  
or Lone River Ranch

**17.99** each



12 pk.  
Angry Orchard,  
Peroni or Twisted Tea

**16.99** each



4 pk.  
Edmunds Oast  
or  
6 pk. Westbrook Brewing

**11.99** each

long  
term  
Savings



Keeping prices  
**LOWER, LONGER,**  
on 1,000s of items  
you buy every day.



Harris Teeter  
Whole Chicken

**1.49** per lb.



Value  
Pack  
VIC

Assorted  
Bone-In  
Pork Chops

**3.99** per lb.



Value  
Pack  
VIC

HARRIS TEETER RESERVE

ANGUS BEEF

USDA Choice  
Sirloin Tip Steak

**6.99** per lb.



Farmers Market  
Green Kiwi Fruit

**4 for \$2**



Farmers Market  
Mangos

**4 for \$5**



Farmers Market  
Hot House Cucumbers

**4 for \$5**



2.2 oz. Min. Wt.  
Wild Caught  
Lobster Tails

**\$5** each



10 - 12 oz.  
Assorted Varieties

Private Selection  
Salami or Pepperoni

**6.99** each



Fresh Foods Market  
Fresh Baked Cookies

**5.99** each

# Sweet Baking from the Heart



**evIC members only** **weekly limit 4**

5 lb. **Harris Teeter All Purpose, Self-Rising or Unbleached Flour** **1.87**  
save at least \$1.68 over our already low VIC price when you buy 4 **VIC SAVINGS**

All items must be purchased in a single transaction with your VIC card.

**32 oz. Pompeian Olive Oil** **BUY 1 GET 1 FREE**  
non-eVIC member price **2.29**  
each item rings at half price with your VIC card **VIC SAVINGS**

**10 - 10.5 oz. Harris Teeter Marshmallows** **.99**  
save big with your VIC card **VIC SAVINGS**

**13.25 - 14.25 oz. Betty Crocker Favorites Cake Mix** **2/\$3**  
save at least \$1.38 on 2 with your VIC card **VIC SAVINGS**

**8 oz. Harris Teeter Brick Cream Cheese** **3/\$5**  
save big on 3 with your VIC card **VIC SAVINGS**

**11.9 - 17.5 oz. Betty Crocker Cookie Mix** **2/\$5**  
save at least \$1.38 on 2 with your VIC card **VIC SAVINGS**

**32 oz. Harris Teeter Light Brown, Dark Brown or Powdered Sugar** **2/\$5**  
save big on 2 with your VIC card **VIC SAVINGS**

**.5 - 2.75 oz. Select Varieties Simple Truth Organic Spices** **25% off**  
save big with your VIC card **VIC SAVINGS**

**5 - 6 oz. Pam Cooking Spray** **2/\$7**  
save big on 2 with your VIC card **VIC SAVINGS**

**4 - 8 ct. Private Selection Proof & Bake Croissants** **5.49**  
save at least \$1.00 each with your VIC card **VIC SAVINGS**

**12 ct. Pete & Gerry's Organic Brown Eggs** **5.99**  
save big with your VIC card **VIC SAVINGS**

**10 - 12 oz. Ghirardelli Baking Morsels** **6.39**  
save big with your VIC card **VIC SAVINGS**

**10 oz. Ghirardelli Melting Wafers** **6.99**  
save big with your VIC card **VIC SAVINGS**

**30 sq. ft. Harris Teeter Parchment Paper** **2/\$5**  
save 98¢ on 2 with your VIC card **VIC SAVINGS**

**50 sq. ft. Heavy Duty or Non-Stick or 75 sq. ft. Harris Teeter Aluminum Foil** **4.19**  
save at least 60¢ each with your VIC card **VIC SAVINGS**

## Feel good picks made simple

*Kellogg's*

**evIC members only** **weekly limit 4**

4.9 - 10.4 oz. **Kellogg's Nutri-Grain Bars** or 8 ct. **Rice Krispies Treats** **1.97**  
save at least \$2.12 over our already low VIC price when you buy 4 **VIC SAVINGS**

All items must be purchased in a single transaction with your VIC card.

**12.4 oz. Gluten Free Cheez-It Crackers** **BUY 2 GET 2 FREE**  
when you buy 4 with your VIC card or regular price each **VIC SAVINGS**

**8 - 10 oz. Morning Star Farms** **BUY 2 GET 1 FREE**  
when you buy 3 with your VIC card or regular price each **VIC SAVINGS**

**12.3 oz. Eggo Protein Waffles** **BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card **VIC SAVINGS**

**4.25 oz. Carr's Entertainment Crackers** **BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card **VIC SAVINGS**

**8 ct. Kellogg's Protein Pop-Tarts** **2/\$5**  
save at least \$1.49 on 2 with your VIC card **VIC SAVINGS**

**18.3 oz. RXBAR Protein Bars** **3/\$5**  
save at least \$1.12 on 3 with your VIC card **VIC SAVINGS**

**10.6 oz. Special K Pastry Crisps** **2/\$5**  
save at least \$1.29 on 2 with your VIC card **VIC SAVINGS**

**11.04 oz. Keebler Cracker Packs** **2/\$5**  
save at least \$1.49 on 2 with your VIC card **VIC SAVINGS**

**9.6 - 16.1 oz. Select Varieties Kellogg's Family Cereal** **2/\$6**  
save big on 2 with your VIC card **VIC SAVINGS**

**1.5 - 2.1 oz. Kellogg's Cereal in a Cup** **2/\$3**  
save at least 50¢ on 2 with your VIC card **VIC SAVINGS**

**11 - 12 oz. Bear Naked Granola** **2/\$7**  
save at least \$2.19 on 2 with your VIC card **VIC SAVINGS**

**9.7 - 14 oz. Kashi Cereal or Granola** **4.99**  
save at least \$1.20 each with your VIC card **VIC SAVINGS**

## Higher Score, Healthier Choice

• Items scored from 1-100 • Aim for OptUP™ score of 600



**GREEN**  
Load up on these foods.



**LIGHT GREEN**  
A great choice.



**YELLOW**  
These foods fall somewhere in the middle.



**RED**  
Enjoy these foods mindfully and in smaller portions.



\*Some restrictions apply.  
See pharmacist for details.

# Live Naturally



12 oz.  
Select Varieties Harris Teeter  
Non-Steam  
or Steamable Vegetables

**2 for \$3**

save big on 2 with your VIC card



8 pk. 12 oz.  
Simple Truth

Seltzer Water

**2 for \$6**

save at least 98¢ on 2 with your VIC card



10 oz.  
Select Varieties

Simple Truth

Organic  
Frozen Fruit

**2 for \$6**

save big on 2 with your VIC card



12 oz.  
Simple Truth

Organic  
Honey

or 24 oz.

Steel Cut Oats

**3.99**

save big with your VIC card



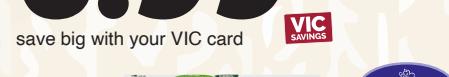
12 ct.  
Egg-Land's Best

Organic

Pasture Raised Eggs

**6.99**

save big with your VIC card



16 oz.  
Simple Truth

Organic

Stick Butter

**4.99**

save at least \$1.00 each with your VIC card



32 oz.  
Simple Truth

Organic

Juices

**4.99**

save at least \$1.00 each with your VIC card



45 ct.  
Simple Truth

Dish Pacs

or Laundry Pacs

**9.49**

save big with your VIC card



## Produce favorites for Chinese New Year

HARRIS TEETER  
FARMERS MARKET  
FRESHNESS VERIFIED

Farmers Market  
**Baby Bok Choy**  
**2.99** per lb.  
save big per lb. with your VIC card

2 lb. Bag  
Farmers Market  
**Sumo Mandarins**  
**5.99** each  
save big with your VIC card

3 lb. Bag  
Farmers Market  
**Navel Oranges**  
**4.99** each  
save big with your VIC card

Farmers Market  
**Bok Choy or Napa Cabbage**  
**1.99** per lb.  
save big per lb. with your VIC card

Farmers Market  
**Red Cherries**  
**5.99** per lb.  
save big per lb. with your VIC card

3 lb. Bag  
Farmers Market  
**Mandarins**  
**4.99** each  
save big with your VIC card

3 ct.  
Farmers Market  
**Butterscotch Pears**  
**7.99** each  
save big with your VIC card

Farmers Market  
**Kumquats**  
**5.99** each  
save big with your VIC card

Farmers Market  
**Pummelos**  
**3.99** each  
save big with your VIC card

Farmers Market  
**Red or Yellow Dragon Fruit**  
**2.99** each  
save big with your VIC card

Farmers Market  
**Persimmons**  
**2 for \$5**  
save big on 2 with your VIC card

Farmers Market  
**Red Grapefruit**  
**2 for \$4**  
save big on 2 with your VIC card

6 oz. Farmers Market  
**Blackberries**  
**3.99** each  
save big with your VIC card

Farmers Market  
**Mini Seedless Cucumbers**  
**2 for \$5**  
save big on 2 with your VIC card

1 lb. Clam  
Farmers Market  
**Strawberries**  
**3.49** each  
save big with your VIC card

Farmers Market  
**Yellow, Orange or Red Bell Peppers**  
**3 for \$5**  
save big on 3 with your VIC card

1 lb. pkg.  
Farmers Market  
**Mini Carrots**  
**2 for \$3**  
save big on 2 with your VIC card

Simple Truth Organic  
**Green Beans**  
**3.99** each  
save big with your VIC card

Farmers Market  
**Fuji or Envy Apples**  
**2.49** per lb.  
save big per lb. with your VIC card

Farmers Market  
**Sliced Baby Bella or Cremini Mushrooms**  
**2 for \$5**  
save big on 2 with your VIC card

Farmers Market  
**Golden Pineapples**  
**3.49** each  
save big with your VIC card

2.1 fl. oz.  
Sol-Ti SuperShot  
**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card

Farmers Market  
**Cauliflower**  
**3.99** each  
save big with your VIC card

Farmers Market  
**Cracked Pepper Mill Turkey Breast**  
**12.99** per lb.  
save big per lb. with your VIC card

floral  
not available in all stores  
Beautifully Arranged in Vase 15 Stem Rose Bouquet

Lover's Lane Rose Arrangement  
**49.99** each  
save \$10.00 each with your VIC card

Extra Fancy, Long Stem Length Premium Dozen Rose Bouquet  
**34.99** each  
save \$5.00 each with your VIC card

Assorted Colors & Prices to Choose From Assorted Bouquets  
**15.99** & UP

Farmers Market  
**Baguettes**  
**2.99** each  
save at least 50¢ each with your VIC card

Farmers Market  
**9 inch Heart or Round Message Cookie**  
**8.99** each  
save at least \$1.00 each with your VIC card

Farmers Market  
**Heart Shaped Cheesecake for 2**  
**4.99** each  
save at least \$2.00 each with your VIC card

Farmers Market  
**Boar's Head Cracked Pepper Mill Turkey Breast**  
**12.99** per lb.  
save big per lb. with your VIC card

6 oz.  
Assorted Varieties  
**Athenos Feta Crumbles**  
**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card

10 oz.  
Assorted Varieties  
**Sabra Hummus**  
**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card

Boar's Head  
Cracked Pepper Mill  
Smoked Turkey Breast

Assorted Varieties  
Athenos Feta Crumbles

Assorted Varieties  
Sabra Hummus

Farmers Market  
**French Foods Market**  
**4.99** each  
save big with your VIC card

Farmers Market  
**French Foods Market**  
**4.99** each  
save big with your VIC card

Farmers Market  
**French Foods Market**  
**4.99** each  
save big with your VIC card

Farmers Market  
**French Foods Market**  
**4.99** each  
save big with your VIC card

CHARLESTON • BEAUFORT • SUMMERVILLE • JOHNS ISLAND  
• MT. PLEASANT • ISLE OF PALM • FLORENCE • FOLLY  
• JAMES ISLAND • HILTON HEAD • GREENVILLE • GREER

None sold to dealers, we reserve the right to limit quantities. Beer, wine, specialty & natural items not available in all stores. Save at least savings may vary by store.

G

Prices In This Ad Effective

February 11 - 17, 2026

In The Following Stores Only:

\* Supplies are limited

BP BP BP BP

# Love our Brands



12 oz.  
Harris Teeter  
English Muffins

**2/\$6**

save big on 2 with your VIC card

24 oz.  
HT Traders  
Butternut Squash Soup

**2/\$7**

save big on 2 with your VIC card



10 - 12.5 oz.  
Harris Teeter  
Premium White  
Chunk Chicken

**2/\$6**

save at least \$1.98 on 2 with your VIC card



14 oz.  
Harris Teeter  
Instant Brown Rice

**2/\$3**

save big on 2 with your VIC card



15 oz.  
Harris Teeter  
Pure Pumpkin

**2/\$3**

save at least 98¢ on 2 with your VIC card



3.5 oz.  
HT Traders  
Chocolate Bars

**3.49**

save big with your VIC card



20 ct.  
HT Traders  
Tea Bags

**2/\$4**

save at least \$1.98 on 2 with your VIC card



16 oz.  
Harris Teeter  
Almond Butter

**7.49**

save at least \$1.00 each with your VIC card



7 - 9 oz.  
Harris Teeter  
Almonds

**2/\$9**

save big on 2 with your VIC card



2.85 oz.  
Harris Teeter  
Beef Jerky

**2/\$9**

save big on 2 with your VIC card



**3.29**

save at least 70¢ each with your VIC card



10.4 oz.  
Harris Teeter  
Fruit & Grain Cereal Bars

**1.99**

save at least 30¢ each with your VIC card

16 ct.  
Harris Teeter  
Crispy Rice Treats  
**3.99**  
save \$1.00 each  
with your VIC card



11.5 - 13.5 oz.  
Harris Teeter  
Cheese Texas Toast  
or Stuffed Breadsticks

**2/\$6**

save big on 2 with your VIC card



9 - 9.5 oz.  
Farmers Market  
Chocolate  
Almonds or Pecans

**5.99**

save big with your VIC card



17 oz.  
Farmers Market  
Fruit Medley

**4.99**

save at least 50¢ each with your VIC card



38 - 45 ct.  
Harris Teeter  
Tall Kitchen Trash Bags

**5.99**

save big with your VIC card



2 - 6 ct.  
Harris Teeter  
Storage Containers

**2/\$6**

save at least 98¢ on 2 with your VIC card



30 - 50 ct.  
Harris Teeter  
Sandwich  
or Snack Bags

**2/\$4**

save big on 2 with your VIC card



15 - 20 ct.  
Harris Teeter  
Slider Storage Bags

**2/\$4**

save big on 2 with your VIC card