



THE BIG SALE!

ONLY

1⁸⁸
LB

**GREEN or
RED SEEDLESS
GRAPES**

product of Peru, South Africa or
Chile, no 1 grade
raisins verts ou
rouges sans pépins

4.14/kg
20423775001_KG
20159199001_KG



ONLY

2⁹⁹

3 LB BAG

**FARMER'S MARKET™
LEMONS**

product of U.S.A. or
ORANGES

product of Morocco or Spain
citrons ou oranges

20795315001_EA/20162945001_EA

2 LB BAG



ONLY

1²⁷
LB

ROMA TOMATOES

product of Canada or
Mexico, no. 1 grade
tomates roma

2.80/kg
20143381001_KG



ONLY

7⁷⁷

APPROX.
9 LB CASE

RED MANGOES

product of Peru
mangues rouges

21047849_EA



NOFRILLS®

THE BIG SALE!

FLYER PRICES EFFECTIVE THURSDAY, FEBRUARY 19 TO WEDNESDAY, FEBRUARY 25, 2026.



ONLY
1.99
LB

PORK HALF LOIN
boneless, fresh, cryovac package
demi-longe de porc
4.39/kg
20554787_KG

WHILE QUANTITIES LAST



ONLY
5.17

ONLY
5.44
LB

WHOLE EYE OF ROUND ROAST
Cut from Canada AA grade beef or USDA select grade beef or higher
rôti de noix de ronde entière
11.99/kg
21019179_KG

WHILE QUANTITIES LAST



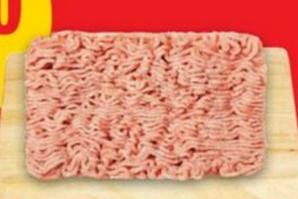
NEILSON TRUTASTE MICROFILTERED MILK
selected varieties
4 L
lait
20148677_EA

NO NAME® BACON
375 g
bacon
21629056_EA

SAVE 45%
2.97

WHILE QUANTITIES LAST

ONLY
3.50



GROUND CHICKEN
454 g
poulet haché
21351582_EA

WHILE QUANTITIES LAST

ONLY
3.33



BLACK DIAMOND SLICES PROCESSED CHEESE PRODUCT
selected varieties, 410 g
tranches de produit de fromage fondu
21232564_EA

WHILE QUANTITIES LAST

App exclusive offer



Member Price
\$5

Non-Member Price
\$7

PC® DINNER ENTRÉES
selected varieties, frozen
907-1.13 kg
plats cuisinés
21359210_EA

PRICE DROP
1.75



HOLIDAY LUNCHEON MEAT 340 g or
MAPLE LEAF FLAKES 156 g, selected varieties
pain de viande ou flocons
20298273001_EA/20618778_EA

SAVE 43%
1.88



CAMPBELL'S READY TO SERVE 515 mL or
HABITANT 796 mL **SOUP**
selected varieties
soupe
20299690002_EA/21479030_EA

SAVE 28%
\$2



CHRISTIE CRACKERS
selected varieties, 175-200 g
croquelins
21030647_EA/21547034_EA

PRICE DROP
\$3



CLASSICO PASTA SAUCE
selected varieties
410/600 mL
sauce pour pâtes
20325609003_EA/21618217_EA

ONLY
\$4



TROPICANA ORANGE JUICE, DRINKS or PURE LEAF ICED TEA
selected varieties, refrigerated, 1.36-1.75 L
jus d'orange ou boissons au thé glacé
20755752002_EA/21622130_EA

SAVE UP TO 38%
10.99



817 ELEPHANT BRAND BASMATI RICE
selected varieties, 4 kg
riz basmati
20787524_EA/21341987_EA

SAVE 30%
\$9



SUNLIGHT 4 L or
PUREX 4.08-4.43 L
LAUNDRY DETERGENT
or **FLEECY FABRIC SOFTENER** 3.5 L, selected varieties
détergent ou assouplissant
20083525002_EA/21427042_EA

SAVE 55%
\$4



ROYALE FACIAL TISSUE
selected varieties
6x72/100 sheets
mouchoirs
20702419_EA

WOW!
1.25



PALMOLIVE LIQUID DISH DETERGENT
selected varieties
591/828 mL
savon liquide à vaisselle
20861400_EA/20861642_EA



CANADA'S MOST TRUSTED GROCERY STORE FOR LOW PRICES*
Voted most trusted Grocery Store for Low Prices/Affordability by Canadian shoppers nationally in Atlantic Canada, Ontario and Western Canada based on the 2026 BrandSpark® Canadian Trust Study.

FLYER PRICES EFFECTIVE IN ONTARIO STORES ONLY.
(excluding: Dryden, Geraldton, Kenora & Thunder Bay Ontario)
Not applicable at 1022 King St. W., Toronto, 42 Hanna Ave., Toronto, 261 Richmond St. W., Toronto, 3091 Appleby Line, Burlington, 332 Wellington Rd., London, 755 Mount Pleasant Rd., Toronto, 75 The Esplanade St., Toronto, 899 College St. W., Toronto, 2999 Kingston Rd., Scarborough, 1175 Hyde Park Rd., London, 75 Shuter St., Toronto, 970 Upper Wentworth St., Hamilton, 671 Broadway St., Tillsonburg, 410 St Clair St., Chatham, 1425 Kingsway, Sudbury, 1678 Bayview Ave., Toronto, 1035 Plains Rd., Burlington; please see nofrills.ca for flyers for these stores.



NEW LOWER PRICES

4⁵⁰

PC® FROZEN FRUIT
selected varieties
300-600 g
fruits surgelés
20312227 EA



\$5

CHAPMAN'S FROZEN YOGURT or SORBET
selected varieties, frozen
yogourt glacé or sorbet
20314434001 EA/20529120001 EA



5⁵⁰

SCHNEIDERS BREAKFAST SANDWICH or EGG BITES
selected varieties, frozen
204-288 g
sandwichs déjeuner ou bouchées d'œuf
21622288 EA/21623323 EA



3⁵⁰

EARTH'S OWN ALMOND or SOY BEVERAGE
selected varieties, refrigerated
1.75/1.89 L
boisson d'amande ou soya
20327647 EA/21586376 EA



\$5

ACTIVIA YOGURT
selected varieties
8x93 mL
yogourt
21108458 EA



BABY ESSENTIAL AT LOW PRICES

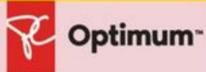
34⁹⁹

HUGGIES ECONO PACK DIAPERS
selected varieties
size N-8, 60-208's
couches
21456640 EA/21663768 EA



34⁹⁹

PAMPERS ECONO PACK DIAPERS
selected varieties
size N-8, 58-180's
couches
21551525 EA/21692756 EA



Earn **10,000** pts when you spend \$50 or more

That's **\$10** value

BABY DIAPERS, WIPES, FORMULA, FOOD, BABY NEEDS or ACCESSORIES

selected varieties and sizes
couches ou lingettes ou préparation pour nourrisson ou
aliments ou articles ou accessoires pour bébé
20304618007 EA/21370844 EA/21172500 EA/21699547 EA/21540716 EA

FRESH AT LOW PRICES

3.99



6 OZ CLAMSHELL

CANTALOUPE
product of Guatemala, Honduras or Brazil, no. 1 grade,
RASPBERRIES
product of Mexico or U.S.A., no. 1 grade or
BLUEBERRIES
product of Mexico, Peru or Morocco, no. 1 grade
cantaloupe ou framboises ou bleuets
20167017001_EA/20080137001_EA

3.99



10 LB BAG

RED, RUSSET or YELLOW POTATOES
product of Canada, Canada no. 1 grade
pommes de terre
20601013001_EA/20601017001_EA

2.49



BROCCOLI CROWNS
product of Mexico or U.S.A. each
couronnes de brocoli
21121560001_EA

6 OZ CLAMSHELL

2.99



BLACKBERRIES
product of Mexico or U.S.A.
mûres
20051015001_00



If your produce isn't fresh, we'll replace AND refund it.*

2.99



283 G

FARMER'S MARKET™ GRAPE TOMATOES
product of Canada or Mexico
tomates raisins
2130788001_EA

3.99



PKG OF 6

325 G

ROMAINE HEARTS product of U.S.A.,
ASPARAGUS product of Mexico, no. 1 grade, or
FARMER'S MARKET™ MINI CUCUMBERS
product of Canada or Mexico, no. 1 grade
cœurs de romaine ou mini-concombres ou asperges
2008275001_EA/20181799001_EA/20727370001_EA

3.99



PKG OF 5

PINEAPPLE product of Costa Rica,
AVOCADOS product of Mexico, or
HONEYDEW product of Guatemala, Honduras, or Mexico
ananas ou avocats ou melon miel
2016092001_EA/21444930001_EA/20043270001_EA

2.49
LB



HONEYCRISP APPLES
product of Ontario, Canada fancy grade
pommes
5.49/kg
20132621001_KG



4.49



PKG OF 4

GREEN or RED PEPPERS
product of Mexico or U.S.A.
poivrons
20115323001_EA/20013208001_EA

2.99
LB



YELLOW PEACHES or NECTARINES
product of Chile, no. 1 grade
pêches jaunes ou nectarines à chair
5.59/kg
20119426001_KG/20003460001_KG

.79
LB



GREEN CABBAGE
product of Canada, Canada no. 1 grade
chou vert
1.74/kg
20793034001_KG



1.79



ENGLISH CUCUMBERS
product of Canada or Mexico, no. 1 grade
concombres anglais
20070132001_EA

2.99



3 LB BAG

FARMER'S MARKET™ CARROTS or YELLOW ONIONS
product of Canada, Canada no. 1 grade
carottes ou oignons jaunes
20400927001_EA/20811994001_EA



5.50



BASSÉ SNACK MIX
selected varieties
41.5-600 g
mélange à collation
2118803_EA/2115812_EA

4.99



EAT SMART SWEET KALE or TAYLOR FARMS CHOP SALAD KITS
selected varieties, product of U.S.A.
salades de chou frisé ou salades hachées
20674111_EA/21599513_EA

2.49



227 G

PC® WHOLE, or SLICED, WHITE or CREMINI MUSHROOMS
product of Ontario
champignons blancs ou cremini entiers ou tranchés
20775803_EA/20776239_EA



6.99



FARMER'S MARKET™ MANDARINS
product of Morocco or Spain
mandarines
20054023001_EA

4.99



FARMER'S MARKET™ AMBROSIA or ROYAL GALA APPLES
product of Ontario, Canada fancy grade
pommes
21307212001_EA/20767990001_EA



*Fresh Guarantee: Applicable to eligible fresh produce items purchased at No Frills store locations or online at nofrills.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the No Frills store where purchase originated. The guarantee does not apply to produce items with a stated "best before" date (e.g. bagged salad kit, packaged bean sprouts) and may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.

FRESH AT LOW PRICES

PRICE DROP

2.49
LB



WHOLE PORK PICNIC
fresh porc
5.49/kg
21161819_KG
WHILE QUANTITIES LAST



8.99

JANES RESTAURANT STYLE BONELESS CHICKEN BITES, CHICKEN BREAST FILLETS or TENDERS
selected varieties, frozen, 710/720 g
bouchées de poulet ou filets ou lanieres de poitrine de poulet
21440340_EA/21703608_EA

Optimum

\$8



PC® BONE-IN CHICKEN THIGHS
fresh up to 870g
hauts de cuisse de poulet avec os
21606983_EA



6.49

PC® SAUSAGES, ULTIMATE DINNER or BREAKFAST CHICKEN SAUSAGES
selected varieties, 375/500 g
saucisses
21378310_EA/21584342_EA

4.49



MAPLE LEAF TOP DOGS or SCHNEIDERS RED HOTS WIENERS
selected varieties, 375 g
saucisses fumées
20603429_EA

6.50
LB



PORK BACK RIBS
single pack, fresh
côtes de dos de porc
14.33/kg
20702983_KG

11.99
LB



BONELESS STEWING BEEF
bonaf à ragoût déossé
26.43/kg
20337645_KG

\$4



Earn **1,000** pts
That's **\$1** value

SNACK FACTORY PRETZEL CRISPS
selected varieties, 200 g
bretzels
20948939_EA/20948940_EA

\$7



SEAQUEST® FISH FILLET
selected varieties, frozen, 400 g
filets de poisson
21314740_EA

\$7



SEAQUEST® cooked or raw SHRIMP 36/55 per lb, 300 g or BAY SCALLOPS 400 g
frozen
crevettes ou pétoncles de baie
21636537_EA

4.50



PILLER'S SLICED DELI MEAT
selected varieties
150/200 g
charcuteries
21206382_EA/21206939_EA

\$6



CASTELLO CHEESE 125-200 g, TRESTELLE HALLOUMI or APETINA FETA CUBES 200 g
selected varieties
fromage ou halloumi ou cubes de feta
20428574_EA/20537910_EA

\$3



ZIGGY'S® FRESH PASTA
selected varieties, 350/360 g
pâtes ou salades fraîches
21521168_EA

2.48



NO NAME® BREAD
white or whole wheat
675 g
pain
21309822_EA

\$3



D'ITALIANO BREAD 620/675 g or BUNS 6/8's
selected varieties
pain ou petits pains
20038333_EA/20626949_EA

\$5



FARMER'S MARKET™ MUFFINS 6's or PC® MINI MUFFINS 336 g
selected varieties
muffins
21283356_EA/21488839_EA

\$4



OLIVIERI SKILLET GNOCCHI 280/300 g or LADIES OF LOVE SOUP 454 mL
selected varieties
gnocchi ou soupe
21023063_EA/21489232_EA

App exclusive offer

Optimum

\$5

Earn **1,000** pts
That's **\$1** value



ZIGGY'S® PEPPERONI STICKS 300 g or PC® CHEESE SLICES 140-170 g
selected varieties
pepperettes ou tranches de fromage
21665309_EA/20230947_EA

\$5.50

Earn **1,000** pts
That's **\$1** value



DAIYA VEGAN CHEESE 200/220 g or RESER'S MAIN ST. BISTRO MAC AND CHEESE or MASHED POTATOES 567-680 g
fromage végétal ou macaronis ou fromage ou purée de pommes de terre
21207402_EA/20027947_EA

\$6



PACE PIZZA 502-542 g or LA CASA ROSA FRESH ENTRÉES 350 g
selected varieties
pizza ou plats cuisinés frais
21515170_EA/21673893_EA

THE BIG SALE!



ONLY

6⁷⁹

YOPLAIT or iÖGO YOGURT
selected varieties
16 x 100 g
yogourt
20317317001_EA/20606778002_EA



PRICE DROP

1⁵⁰

ITALPASTA
selected varieties
750 g
pâtes
20296241001_EA/20296241003_EA

ONLY

6⁵⁰

DEL MONTE JUICE BLENDS
selected varieties, refrigerated
2.5 L
mélanges de jus
21595698_EA/21595736_EA



PRICE DROP

8⁹⁹

GALLO EXTRA VIRGIN OLIVE OIL
selected varieties
1 L
huile d'olive extra vierge
20105368_EA



5⁹⁹

CHAPMAN'S PREMIUM ICE CREAM 2 L or
MCCAIN CAKES 510 g
selected varieties, frozen
crème glacée ou gâteau
20323273001_EA/20310132001_EA



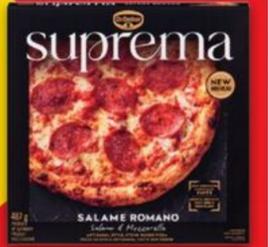
1²⁴

MICHELINA'S DINNER ENTRÉES
156-284 g or **SWANSON POT PIE** 200 g
selected varieties, frozen
plats cuisinés ou pâtés
20320523001_EA/21208614_EA



\$7

DR. OETKER SUPREMA 487-520 g or
GIUSEPPE STUFFED CRUST PIZZA 685-771 g
selected varieties, frozen
pizza
21649940_EA



1⁷⁹

ANNIE'S MACARONI & CHEESE
selected varieties
170 g
macaroni au fromage
20316187001_EA



\$2

CHEEZ-IT CRACKERS
selected varieties
191/200 g
croquilles
21214540_EA



\$3

LAY'S POTATO CHIPS
selected varieties
177-233 g
croustilles
21241032_EA/21443082_EA



8⁷⁹

NO NAME® CHEESE
selected varieties
700 g
fromage
20972573_EA



\$2

OASIS JUICE, DEL MONTE NECTAR, or ARIZONA ICED TEA, or FRUITÉ BEVERAGES 2 L
selected varieties
jus ou nectar ou thé glacé ou boissons
20340003003_EA/20814117004_EA



13⁷⁵

PEPSI or COCA-COLA SOFT DRINKS
selected varieties
24x355 mL
boissons gazeuses
20306647002_C34/20308197001_C24



.25

NO NAME® INSTANT NOODLE SOUP
selected varieties
85 g
soupe aux nouilles instantanée
20301274001_EA



\$2

KNORR SIDEKICKS
selected varieties
120-162 g
plats d'accompagnement
20321430007_EA/20321430011_EA



2⁷⁵

PC® CROUTONS
selected varieties
140 g
croustons
20702485002_EA



\$7

NESCAFÉ or TASTER'S CHOICE INSTANT COFFEE
selected varieties
100-170 g
café instantané
20661811001_EA/20672036_EA



\$4

KELLOGG'S ALL BRAN 405/525 g,
RAISIN BRAN 375/436 g, **VECTOR**
306/400 g, **SPECIAL K** 320-383 g,
MINI-WHEATS 377-460 g or
CRISPIX 350 g **CEREAL**
selected varieties
céréales
21607207_EA/21407294_EA



4⁵⁰

NO NAME® PEANUT BUTTER
selected varieties
1 kg
beurre d'arachide
2020985001_EA/2020985002_EA



Quantities and/or selection (flavour, colour, patterns, style) of items may be limited and not be available in all stores. No rainchecks or substitutions on clearance items or when quantities are advertised as limited. We reserve the right to limit purchase quantities per customer to reasonable family requirements. See in-store for details. We are not obligated to sell items based on errors or misprints in typography or photography. All savings claims (i.e. "Save", "Was", "1/2 Price", etc.) are in comparison to our own regular prices. Regular pricing and savings on items shown may vary by store location. Applicable taxes, fees, deposits, recycling or environmental surcharges are extra. Coupons must be presented and redeemed at time of purchase. *PC Optimum™: Scan your PC Optimum™ app or swipe your card to get Members Pricing or points. See in-store for details. **Must be a registered PC Optimum™ member to get this offer.

FEBRUARY

**HIT
OF THE
MONTH**

\$2



 Made in Canada

Cavendish Fries

Frozen, selected varieties, 800 g

Limit: 6, over limit retail \$3.00

21559837_EA

\$4



Royale Tiger Towel

3=6 rolls

Limit: 6, over limit retail \$5.00

21484702_EA

\$2.67



 Prepared in Canada

Vachon Snack Cakes

Selected varieties, 282 g - 336 g

Limit: 6, over limit retail \$3.50

20963606_EA/20005728_EA

**LOWEST PRICES
BEST DEALS**

As compared to other major grocery retailers within your local trade areas.
Offer valid February 1st - 28th, 2026 while quantities last.
We reserve the right to limit quantities to reasonable family requirements. No rainchecks.

LAST
CHANCE TO
**SAVE
BIG***

Redemption ends
February 25th or
while supplies last.

Supplies
are
limited!



COLLECT
& SAVE!
BIG

*Get 1 stamp for every eligible \$20 spent before taxes in a single transaction until Feb. 11, 2026 at participating Loblaw banner stores. 8 bonus stamps for PC Optimum™ members who opt-in using the PC Optimum™ App ("App") between Oct. 16, 2025-Feb. 11, 2026. 1 bonus offer/account/household. Purchase exclusions apply. Stamps have no cash value and are non-transferrable. See in store for paper stamp card or App to opt-in to program for digital stamp card. Stamp redemption ends Feb. 25, 2026 or while supplies last. 20 stamps must be presented at time of ovenware purchase. Ovenware selection and/or quantities may diminish as completed cards are redeemed. All sales final. For full warranty information, product replacement process, FAQ's and complete offer details, visit pcoptimum.ca/collectandsave.

App exclusive offers

**More offers
More points**

Members
get over
\$25
in value

CLICK FOR
THESE COUPONS
AND MORE



 <p>Earn 500 pts Until March - 4 - 2026</p> <p>PC® INSTANT COFFEE 80 - 100 g café instantané</p>	 <p>Save \$2 with digital coupon</p> <p>NESCAFÉ RICH INSTANT COFFEE excludes 95 g café instantané</p>	 <p>Earn 1,000 pts Until March - 4 - 2026</p> <p>PC® CHOCOLATE BARS 300 g chocolat au lait</p>	 <p>Earn 2,000 pts Until March - 4 - 2026</p> <p>PC® BASQUE CHEESECAKE 600 g gâteau au fromage</p>
 <p>Earn 500 pts Until March - 4 - 2026</p> <p>PC® COLESLAW 397 g salade de chou</p>	 <p>Earn 1,000 pts Until March - 4 - 2026</p> <p>PC® GNOCCHI or RISOTTO 350/400 g gnocchi ou risotto</p>	 <p>Earn 750 pts Until March - 4 - 2026</p> <p>PC® BLUE MENU® CALAMANSI CITRUS & STRAWBERRY SPARKLING WATER 12 x 355 mL eau pétillante</p>	
 <p>Earn 750 pts Until March - 4 - 2026</p> <p>PC® LOW SODIUM CLUB SODA 12 x 355 mL soda</p>	 <p>Earn 1,500 pts Until March - 4 - 2026</p> <p>PC® RED BREW DE-ALCOHOLIZED LAGER BEER 12 x 355 mL bière</p>	 <p>Earn 1,000 pts Until March - 4 - 2026</p> <p>PC® BABY WIPES 300's lingettes bébé</p>	
 <p>Earn 500 pts Until March - 4 - 2026</p> <p>NO NAME® CHICKEN STRIPS 908 g lanières de poulet</p>	 <p>Earn 500 pts Until March - 4 - 2026</p> <p>NO NAME® CHICKEN NUGGETS 908 g pépites de poulet</p>	 <p>Earn 2,000 pts Until March - 4 - 2026</p> <p>PC® MEAT LASAGNA 2.27 kg lasagne</p>	

More offers. More points.

CLICK FOR
THESE COUPONS
AND MORE



Optimum



Earn
500
pts

Until March - 4 - 2026

NO NAME® CHOCOLATE CHIP COOKIES
907 g
brisures chocolatées

Optimum



Earn
500
pts

Until March - 4 - 2026

NO NAME® BUTTER
454 g
beurre salé

Optimum



Earn
500
pts

Until March - 4 - 2026

NO NAME® 100% WHOLE GRAIN QUICK OATS
1 kg
gruau rapide

Optimum



Earn
500
pts

Until March - 4 - 2026

NO NAME® SPICES
150 g
épices

Optimum



Earn
1,000
pts

Until March - 4 - 2026

NO NAME® CHICKEN HOT DOGS
1.5 kg
saucisses fumées

Optimum



Earn
500
pts

Until March - 4 - 2026

NO NAME® CHICKEN BURGER
908 g
burger au poulet

Optimum



Earn
500
pts

Until March - 4 - 2026

NO NAME® CALIFORNIA MIXED VEGETABLES
750 g
mélange de légumes

Optimum



Earn
2,000
pts

Until March - 4 - 2026

NO NAME® CHICKEN WINGS, MEDIUM BBQ
908 g
barbecue mi-piquantes

Optimum



Earn
500
pts

Until March - 4 - 2026

NO NAME® LEMONADE
1.75 L
limonade

Optimum



Earn
1,500
pts

Until March - 4 - 2026

NO NAME® FACIAL TISSUE
2 ply, 6 x 200 sheets
tissu facial

Optimum



Earn
1,000
pts

Until March - 4 - 2026

NO NAME® KITCHEN GARBAGE BAGS
21 L
sacs poubelle

Optimum



Earn
1,500
pts

Until March - 4 - 2026

NO NAME® EXTRA SCENTED SCOOPABLE CLUMPING CAT LITTER
7 kg
litière pour chat

BRANDS YOU LOVE AT LOW PRICES

3.25



LIBERTÉ MÉDITERRANÉE 500 g,
CRUNCH 2's or
YOPLAIT PROTEIN YOGURT 650 g or 4's
selected varieties
yogourt
20789062001 EA/21587047 EA

3.99



BECHEL MARGARINE 427 g
or **PLANT-BASED BRICK** 454 g
selected varieties
margarine ou brique à base
de plantes
20322707001 EA

\$6



iöGO FROZEN YOGURT
946 mL, **POPS** 8's or **BARs** 4's
selected varieties, frozen yogourt surgelé ou
barres glacées ou barres
21654421 EA

\$15



POGO
selected varieties, frozen
20's
saucisses sur bâtonnet
20665224002 EA

5.99



GRADE A LARGE EGGS
pack of 18, brand varies by region
œufs
20814294001 EA

2.49



FRUITE DRINKS, FRUITOPIA or PEACE TEA
selected varieties,
refrigerated
1.54/1.75 L
boissons
20347440001 EA/21595841 EA

2.50



PRINGLES POTATO CRISPS
selected varieties
148/156 g
croustilles
21003823 EA/21003833 EA

2.50



QUAKER CRISPY MINIS
selected varieties
100-199 g
mini-galette de riz
20163708002 EA/20303002001 EA

6.50



PC® SOFT DRINKS
selected varieties
12x355 mL
boissons gazeuses
20490671061 C12

1.50



COCA COLA SOFT DRINKS
1 L or **PC® SPRING WATER** 4 L
selected varieties
boissons gazeuses ou
eau de source
20299050 EA/21183641 EA

1.69



CAMPBELL'S BROTH
selected varieties
250/900 mL
bouillons
20322348001 EA/21347243 EA

5.99



KELLOGG'S EGGO WAFFLES 16's or
PROTEIN WAFFLES 8's
selected varieties, frozen
gaufres
20099730004 EA/21639330 EA

2.79



CHRISTIE PEEK FREANS COOKIES
selected varieties
290-350 g
biscuits
20479968 EA/20480381 EA

1.25



CLOVER LEAF LIGHT TUNA
selected varieties
170 g
thon pâle
20018117001 EA

1.99



NO NAME® APPLESAUCE 620 mL
or **FRUIT** 398 mL
selected varieties
purée de pomme ou fruits
20628585001 EA/21379757 EA

\$1



UNICO TOMATO PASTE
selected varieties
156 mL
pâte de tomate
20005527 EA

\$3.99



PATAK'S COOKING SAUCE 400 mL or
PASTE 284 mL
selected varieties
each
sauce à cuisson ou pâte
20217180002 EA

Earn 500 pts
\$0.50

1.50



NO NAME® MUSTARD
550 mL
moutarde
21487728 EA

2.99



UNICO PICKLED VEGETABLES OLIVES
or selected varieties
125-750 mL
légumes marinés ou
olives
20024445 EA/21103533 EA

2.50



UNICO PASSATA
680 mL
coulis de tomates
20416260 EA

BRANDS YOU LOVE AT LOW PRICES

\$2



3.99



NO NAME® SOUR CREAM
selected varieties
500 mL
crème sure
20299657_EA

I CAN'T BELIEVE IT'S NOT BUTTER MARGARINE
850 g
margarine
21666474_EA



5.50



SCHNEIDERS BREAKFAST SANDWICH or EGG BITES
selected varieties, frozen
204 -288 g
sandwich déjeuner ou bouchées aux œufs
21623288_EA/21623323_EA

11

NO NAME® MEAT LASAGNA
frozen
2.27 kg
lasagne à la viande
20099795_EA

7.50



PC® WOOD-FIRED PIZZA
selected varieties, frozen
351-413 g
pizza
21340352_EA

3.50



PC® ICE CREAM SHOP TUBS 946 mL or **NOVELTIES** 6's
selected varieties, frozen
crème glacée ou friandises glacées
21012143_EA

.97



YOPLAIT YOP DRINKABLE YOGURT
selected varieties
200 mL
yogourt à boire
21429178_EA/21478300_EA

2.29



DARE BEAR PAWS 168-210 g,
ULTIMATE COOKIES 290/300 g,
VIVA PUFFS 300 g or **WAGON WHEELS** 315/360 g
selected varieties
20974346_EA/21080791_EA

\$4



MISS VICKIE'S POTATO CHIPS
selected varieties
190/200 g
croustilles
21240703_EA

2.50



PC® APPLE SAUCE 6x100 mL or
SQUEEZE FRUIT SNACKS 4x90 g
selected varieties
purée de pomme ou collations aux fruits
20309701001_EA

6.99



TETLEY TEA
selected varieties
80/144's
thé
20711164_EA/21013866_EA

\$3



TETLEY TEA or HERBAL TEA
selected varieties
20/24's
thé ou tisane
20711158_EA/21663642_EA

11.50



PC® 100% PURE MAPLE SYRUP
500 mL
sirop d'érable
20049221_EA

\$5



NO NAME® HAZELNUT SPREAD 725 g
or **JAM** 500 mL
selected varieties
confiture aux noisettes ou confiture
2002553001_EA/20663943_EA

\$8.99



Earn **1,000 pts**
That's a **\$1** value

KELLOGG'S JUMBO SIZE CEREAL
selected varieties
700 g/1.05 kg
céréales
20072706_EA/20591235_EA

\$5.50



Earn **500 pts**
That's a **50¢** value

ROBIN HOOD or FIVE ROSES FLOUR
selected varieties
2/2.5 kg
farine
20020497001_EA/20020497005_EA

\$6



Earn **1,000 pts**
That's a **\$1** value

NESQUIK SYRUP or POWDER 510/700 mL
selected varieties
sirop ou poudre
20320167002_EA

2.29



WERTHER'S CANDY BAG 116-135 g or
MAYNARD'S CANDY BAG 150/154 g
selected varieties
friandises
20897817_EA/21545354_EA

BRANDS YOU LOVE AT LOW PRICES

\$4

IRISH SPRING BODY WASH 591 mL, or **BAR SOAP** 6x104 g, or **SOFTSOAP BODY WASH** 591 mL selected varieties nettoyant pour le corps ou pain de savon 21219375 EA/21436477 EA



5⁵⁰

LISTERINE CLASSIC MOUTHWASH selected varieties 1 L rince-bouche 20348438001 EA/21091218 EA



\$10

AIR WICK ESSENTIAL MIST STARTER KIT 20 mL, **SCENTED OIL REFILL VIBRANT STARTER KIT** 2x20 mL, or **REFILL** 2x23.9 mL selected varieties trousse de départ Essential Mist, recharge d'huile parfumée, trousse de départ ou recharge 20342475001 EA/21495649 EA



\$6

EVERYDAY ESSENTIALS™ PERFORM BATH TOWELS serviettes de bain 21434220 EA



\$15

GAIN LIQUID LAUNDRY DETERGENT 4.25 L or **FLINGS** 42's selected varieties détergent à lessive 20959627 EA/21671135 EA

\$6

NO NAME® NAPKINS Club Size 500's serviettes 20306897 EA

11⁵⁰

GLAD GARBAGE BAGS selected varieties 20-40's sacs à ordures 21165477 EA



RECIPE
CPG

10⁹⁹

MONTANA'S or KELSEYS RIBS
selected varieties, frozen
600/650 g
côtes
21668141 EA/21667952 EA



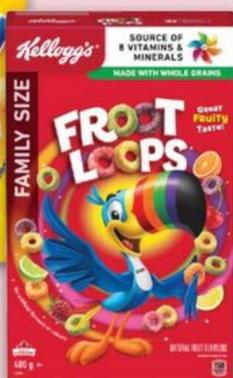
17⁹⁹

MONTANA'S SMOKY BBQ BEEF BURGERS
frozen
906 g
burgers de boeuf
21665099 EA



Kellogg's

Optimum™



Earn
4,000
pts
For every \$10*
spent

That's
\$4
value

KELLOGG'S FAMILY SIZE CEREAL
selected varieties, 480-650 g
céréales
20054727 EA/21631640 EA

Corona
Cero

Optimum™

\$12

Earn
1,000
pts

That's
\$1
value

CORONA CERO 0% NON-ALCOHOLIC BEER
6x330 mL
bière sans alcool
21650191 C06



MARS
SNACKING

Optimum™



Member Price
\$3.49

Non-Members
\$3.99

Members Save
.50

EXCEL GUM BOTTLE
selected varieties, 40/60's
gomme
20310919004 EA/20310919002 EA



Member Price
\$3.49

Non-Members
\$3.99

Members Save
.50

SKITTLES or STARBURST CANDY BAG
selected varieties, 255-320 g
sac de friandises
20018330 EA



Member Price
\$3.99

Non-Members
\$4.49

Members Save
.50

MARS CHOCOLATE MULTIPACK
selected varieties, 4's
emballage multiple de chocolat
20313925 EA/20638842 EA

reckitt

5⁴⁸

LYSOL WIPES 75/84's,
DISINFECTANT SPRAY 350 g or
MULTI-PURPOSE TRIGGER 950 mL
selected varieties
lingettes ou vaporisateur désinfectant ou tout usage à
gâchette
20314511001 EA/21449826 EA



\$4

LYSOL MULTI SURFACE CLEANER 1.2 L,
BATHROOM SPRAY 950 mL or
BATHROOM AEROSOL 538/680 g
selected varieties
nettoyant ou vaporisateur ou aérosol pour salle de bains
21231233 EA/20309873002 EA



\$14

FINISH AUTO DISHWASHER TABS
30-55's or **QUANTUM JET DRY RINSE AID** 946 mL
selected varieties
capsules de détergent pour lave-vaisselle ou agent de rinçage
21218146 EA/21565523 EA



Nestlé

5⁵⁰

NESTLÉ DRUMSTICK or NOVELTIES
selected varieties, frozen
4-10's
friandises glacées
20322380003 EA



McCain

3⁵⁰

MCCAIN SUPER FRIES or SPECIALTY FRIES
selected varieties, frozen
454-750 g
frites
20324328002 EA



3²⁹

General Mills

5⁵⁰

FIBRE 1 BARS 125 g or **NATURE VALLEY GRANOLA BARS, PROTEIN BARS** or **BISCUITS** 148-210 g selected varieties
barres granola ou barres protéinées ou biscuits ou barres
2058750001, EA/2064898001, EA

6

1

6⁹⁹

PILLSBURY PIZZA POPS 760 g or **BITES** 693 g selected varieties, frozen pizzas collations ou bouchées
2142910, EA

OLD EL PASO SEASONING selected varieties 24 g assaisonnement
2104995, EA

OLD EL PASO TACO

LARABAR PEANUT BUTTER CHOCOLATE CHIP BEURRE D'ARACHIDE - PERITES - ENOCCOLAT

LARABAR PEANUT BUTTER BEURRE D'ARACHIDE

LARABAR selected varieties 5's barre
20144380002, EA/20144380003, EA

Cinnamon Toast Crunch

Honey Nut Cheerios

GENERAL MILLS FAMILY SIZE CEREAL selected varieties, 475-778 g céréales
21103492, EA/21103493, EA

fuze iced tea

Coca-Cola

7

1²⁵

4

FUZE ICED TEA selected varieties 12x341 mL thé glacé
21645562, C12

POWERADE SPORTS DRINK selected varieties 710 mL boisson désaltérante
20853721, EA/21340145, EA

POWERADE ZERO

POWERADE

COCA-COLA MINI CAN SOFT DRINKS selected varieties 6x222 mL boisson gazeuse
20354288002, C06

3

OIKOS PRO YOGURT selected varieties 300 mL yogourt
21652098, EA

DANONE

3⁵⁰

ACTIVIA YOGURT selected varieties 650 g yogourt
20232120003, EA/21043151001, EA

3⁵⁰

OIKOS or **ACTIVIA EXPERT YOGURT** selected varieties 4x100 g yogourt
20419713004, EA/21687900, EA

ACTIVIA EXPERT

DANONE DANINO YOGURT selected varieties 6x93 mL yogourt
21520250, EA

10

Advil

Children's Advil

NEOCITRAN

13

ADVIL PAIN RELIEF CAPSULES 20-32's, **TABLETS** 30-50's or **CHILDREN'S ADVIL FEVER AND PAIN RELIEF** 100 mL, 20 tablets or **PEDIATRIC DROPS FOR INFANTS** 24 mL selected varieties
analgésique en capsules ou comprimés ou produits de soulagement de la fièvre pour enfants ou gouttes pour tout-petits
2031699001, EA/21372442, EA

HALEON

16

Voltaren

Centrum

5⁵⁰

TUMS

TUMS

CENTRUM MULTIVITAMIN 90's, VOLTAREN BACK & MUSCLE PAIN 120 g or **JOINT PAIN** 100 g selected varieties
multivitamines ou analgésique
2111046, EA/21252884, EA

TUMS ANTACID FOR HEARTBURN RELIEF 60-100's or **CHEWABLE TABLETS** 28-32's selected varieties
antacide
21223300, EA/21226031, EA

9⁵⁰

PEDIAURE COMPLETE selected varieties 4x235 mL supplément nutritif
2137922, EA

Abbott

34⁹⁹

SIMILAC 360 TOTAL CARE READY TO FEED INFANT FORMULA step 1 or 2 16x235 mL préparation pour nourrissons
21702842, C16

Abbott

76⁹⁹

SIMILAC 360 TOTAL CARE

Similac

go & grow

25⁹⁹

SIMILAC GO & GROW TODDLER NUTRITION POWDER selected varieties, 850 g préparation nutritive en poudre pour tout-petit
21702816, EA

1000s OF LOWERED PRICES EVERY DAY!

PRICE DROP

3⁵⁰



CREST PRO-HEALTH or COMPLETE TOOTHPASTE
selected varieties
100-130 mL
dentifrice



\$6

COLGATE TOOTHPASTE
70-133 mL, 2x120/150 mL, or
MANUAL TOOTHBRUSH 2's
selected varieties
dentifrice ou brosse à dents



\$11

AVEENO LOTION
selected varieties
532 mL
lotion



\$5

DOVE BAR SOAP 3x106 g,
BODY WASH 325 mL,
DEODORANT 45-76 g or
HAIR CARE 142-198 g/195-355 mL
selected varieties
pain de savon ou nettoyant pour le corps
ou déodorant ou soins capillaires

7⁵⁰

IVORY BODY WASH PUMP
selected varieties
1035 mL
nettoyant pour le corps



\$3



SPEED STICK or LADY SPEED STICK DEODORANT
selected varieties
45-85 g
déodorant

\$18



POISE PADS or DEPENDS UNDERWEAR
selected varieties and sizes
12-66's
serviettes ou sous-vêtements

3²⁵



HERBAL ESSENCES HAIR CARE
selected varieties
346 mL
soins capillaires

9⁵⁰



TYLENOL CHILDREN'S or INFANTS' PAIN RELIEF PRODUCTS
selected sizes and varieties
6-20's/24-100 mL
produits de soulagement de la douleur

\$12



ENSURE or GLUCERNA READY TO DRINK SHAKES
selected varieties and sizes
boissons frappées prêtes à boire

ALWAYS

\$5



LIFE BRAND LIQUID HAND SOAP REFILL
selected varieties
2 L
recharge de savon liquide
pour les mains

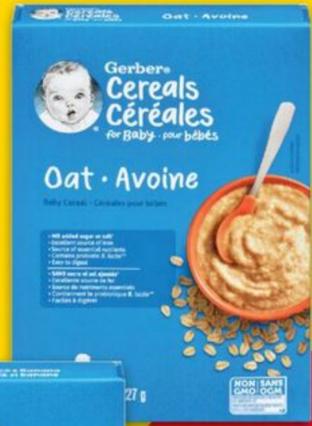
BABY ESSENTIALS AT LOW PRICES



27⁹⁹



HUGGIES SUPER BIG PACK DIAPERS N-7, 36-128's
selected varieties
couches
21172500 EA/21371074 EA



4⁵⁰



GERBER INFANT CEREAL
selected varieties
227 g
céréales pour bébé
2035839006 EA/20574110001 EA

44⁹⁹



KENDAMIL INFANT FORMULA
800 g
céréales pour bébé
21699547 EA



11⁵⁰

AVEENO 532 mL,
CETAPHIL 400 mL or
LIVE CLEAN 750 mL
BABY NEEDS
selected varieties
produits pour bébé
20956985 EA/21014772 EA

34⁹⁷



ENFAGROW A+ INFANT NUTRITIONAL SUPPLEMENT
selected varieties
907 g
supplément nutritif
21694898 EA

9⁵⁰



PEDIASURE COMPLETE
selected varieties
4x235 mL
suppléments
21371922 EA

26⁹⁷



PAMPERS EASY UPS or
NINJAMA'S TRAINING PANTS
selected varieties
34-74's
culottes d'entraînement
21089401 EA/21089456 EA

7⁹⁹



HUGGIES 2x/3x
BABY WIPES
selected varieties
112-192's
lingettes pour bébé
20558604 EA/21086935 EA

1⁹⁹



BABY GOURMET ORGANIC FRUIT or
VEGETABLE FOOD POUCH or **JARS**
selected varieties
113-128 mL
sachets ou pots de fruits ou légumes biologiques
20616541001 EA/21123983 EA

4⁵⁰



AMARA ORGANIC INFANT SMOOTHIE MELTS
23 g
fondants de smoothie biologiques pour bébés
21426267 EA/21703352 EA

2⁹⁹



BABY MUM MUM ORGANIC or
HOT KIDS SNACKS
selected varieties
50-70 g
collations pour enfants
21291748 EA

4²⁷



Q-TIPS COTTON SWABS
500's
cotons-tiges
20323077001 EA



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- Earn 2% back in (pts) with eligible pickup orders**

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*/**Offer valid until February 18, 2026. Conditions apply, \$30 minimum order. Regular price \$99.99/year after your first year.



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Text "OFFER" to 374557 (FRILLS)*



*Standard message and data rates may apply.

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LOWER
PRICES**

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CHECK
+ pts**

We'll honour a current deal if we're sold out, and give 10% in PC Optimum points.

ALWAYS

Count on low everyday prices.

**FRESH
GUARANTEE**

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†Raincheck + PC Optimum Points: Applies to out of stock items advertised in the current weekly flyer ("Promotion Period"). Raincheck can be used towards purchase of the unavailable item (subject to reasonable customer requirements) at the advertised flyer price plus 10% back in PC Optimum points when the item is back in stock or within 14 days of raincheck issue date. 10% back in PC Optimum points is calculated per item on the advertised flyer price. Raincheck requests must be made in-store during the unavailable item's Promotion Period. Raincheck must be redeemed in-store at the issuing store location. Raincheck + Pts does not apply to flyer items marked "while quantities last", gift cards, liquor, tobacco, seasonal and products which are provincially-regulated, or as we determine from time to time. Customers who are not PC Optimum program members will not be eligible to receive PC Optimum points. To become a member, visit www.pcoptimum.ca. We reserve the right to cancel or change the terms of this offer at any time without notice.

‡Throwback Prices: Program applies to one item weekly, as advertised in-store/online at nofrills.ca.

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