

EARN **4X** FUEL POINTS
with digital coupon*
On FRIDAY purchases

Scan here or visit
FredMeyer.com/FuelEvent
to download coupon.
*Exclusions apply.
See coupon for details.

50% OFF
Tag Reflects Savings With Card

Private Selection Angus Steaks
or Wild-Caught Lobster Tails,
Previously Frozen, 3-4 oz

\$6⁹⁹ /LB
With Card

Private Selection Angus 90% Lean Ground Beef
Sold in a 3 lb Roll for \$20.97 or Extra Large EZ Peel Shrimp, 21-25 ct. Raw, Sold in a 2 lb Bag for \$13.98

\$2⁹⁹ /LB
With Card

Fresh Heritage Farm Boneless Chicken Breasts

\$1⁴⁹ /LB
With Card

Red Tomatoes on the Vine

3 DAY SALE
SATURDAY - MONDAY ONLY

\$2⁹⁹ /LB
With Card

Organic Cosmic Crisp or Pink Lady Apples

\$6⁹⁹
With Card

Simple Truth Organic Blueberries
18 oz

\$25

Bloom Haus Dozen Roses

\$4⁴⁹ /LB
With Card

Hill's Bacon
Sold in a 3 lb Package for \$13.47

\$3⁴⁹ /EA
With Card

Doritos
9-10.75 oz or Cheetos, 6.5-9 oz or Ruffles, 7.25-10.25 oz; Select Varieties
When you buy 4 or more in the same transaction with Card. Quantities less than 4 are up to \$6.89 each with Card.

FREE
of Equal or Lesser Value
With Card

MIX & MATCH BUY 3, GET 3

Pepsi or 7UP
12-Pack, 12 fl oz Cans or Coca-Cola, 6-Pack, 16.9 fl oz Bottles or Polar Sparkling Water, 8-Pack, 12 fl oz Cans; Select Varieties, Limit 12 Packages
Regular retail is up to \$17.99 each with Card.

\$2⁹⁹
With Card

Fred Meyer Milk
Select Varieties, Gallon, Limit 2 Packages (Excludes Chocolate)

2/\$6
With Card

Sargento Cheese
Select Varieties, 5-8 oz

FREE
With Card

MIX & MATCH BUY 1, GET 1
of Equal or Lesser Value

Tillamook Ice Cream
Select Varieties, 48 fl oz

FREE
With Card

MIX & MATCH BUY 1, GET 1
of Equal or Lesser Value

General Mills Giant Size Cereal
Select Varieties, 20-29 oz

\$4¹⁹ /EA
With Card

FINAL COST When You Buy 3

Nabisco Family Size Oreo or Chips Ahoy Cookies
Select Varieties, 9.9-20 oz
When you buy 3 or more in the same transaction with Card. Quantities less than 3 are up to \$5.19 each with Card.

2/\$9
With Card

Starbucks Creamer
24-28 fl oz or Silk Soy milk, 64 fl oz; Select Varieties

20% OFF
ANY 12 BOTTLES OF WINE
*See inside for details.

\$12⁷⁹ /EA*

La Marca, Erath or Martini & Rossi
Select Varieties, 750 ml

\$1⁹⁹
With Card

Coca-Cola or Dr Pepper
Select Varieties, 2 Liter, Limit 5

Prices valid in-store or for pickup orders placed on Saturday-Monday.

WEEKLY DIGITAL DEALS
Use each coupon **UP TO 5 TIMES** in one transaction*

Find even more deals online!

Look for these tags.

\$2⁹⁹ /LB
With Digital Coupon

Red, Green or Black Seedless Grapes
Price without digital coupon is up to \$3.99 lb with Card.

\$9⁹⁹ /LB
With Digital Coupon

Fresh Wild-Caught Dungeness Crab
Subject to Fishing & Weather Conditions
Price without digital coupon is up to \$10.99 lb with Card.

\$2⁹⁹ /EA
With Digital Coupon

Chobani Greek Yogurt
Select Varieties, 4 ct
Price without digital coupon is up to \$4.49 each with Card.

\$4⁹⁹ /EA
With Digital Coupon

Simple Truth Cage Free Eggs
Large, Grade AA
Price without digital coupon is up to \$5.99 each with Card.



Kroger Dinner Sausage Links or Meatballs
Select Varieties, 16-18 oz
Price without digital coupon is up to \$5.49 each with Card.
\$4.49 /EA
With Digital Coupon



Private Selection Four Layer Chocolate Fudge Cake
8" or Cheesecake, 40 oz; Select Varieties, In the Bakery
\$19.99 /EA
With Digital Coupon
Price without digital coupon is up to \$23.99 each with Card.



Post Cereal
Select Varieties, 10-16.6 oz
\$2.49 /EA
With Digital Coupon
Price without digital coupon is up to \$3.49 each with Card.



Pure Protein Bars
Select Varieties, 4 ct
\$5.49 /EA
With Digital Coupon
Price without digital coupon is up to \$7.49 each with Card.

WEEKLY DIGITAL DEALS

Use each coupon
UP TO 5 TIMES
in one transaction*

Look for these tags.



Marie Callender's Bowl or Pot Pie
10-13 oz or Healthy Choice Cafe Steamers, 9.5-10.3 oz; Select Varieties
\$2.49 /EA
With Digital Coupon
Price without digital coupon is up to \$2.99 each with Card.



Rana Family Size Pasta
20 oz or Perdue Frozen Chicken, 27-29 oz; Select Varieties
\$5.99 /EA
With Digital Coupon
Price without digital coupon is up to \$7.99 each with Card.



DiGiorno Pizza
14.14-30.3 oz or Hot Pockets, 4 ct; Select Varieties
\$5.99 /EA
With Digital Coupon
Price without digital coupon is up to \$6.99 each with Card.



Sumo Citrus Mandarins
Price without digital coupon is up to \$3.99 lb with Card.
\$3.49 /LB
With Digital Coupon



Ragu Pasta Sauce
Select Varieties, 16-24 oz
\$1.99 /EA
With Digital Coupon
Price without digital coupon is up to \$2.99 each with Card.



Haagen-Dazs Ice Cream
14 fl oz or Bars, 3 ct or Oreo Cones, 4 ct; Select Varieties
\$3.99 /EA
With Digital Coupon
Price without digital coupon is up to \$4.99 each with Card.



Angel Soft Bath Tissue
16 Mega Rolls
\$10.99 /EA
With Digital Coupon
Price without digital coupon is up to \$12.99 each with Card.



L'Oréal Voluminous Mascara
1 ct or Ever Pure Shampoo or Conditioner, 6.8-8.5 fl oz; Select Varieties
\$7.99 /EA
With Digital Coupon
Price without digital coupon is up to \$10.99 each with Card.



Lindt Lindor Truffles
Select Varieties, 5.1 oz
\$7.99 /EA
With Digital Coupon
Price without digital coupon is up to \$8.99 each with Card.



Energizer Max AA or AAA Batteries
Select Varieties, 8 ct
\$6.99 /EA
With Digital Coupon
Price without digital coupon is up to \$7.99 each with Card.

*While supplies last.

PRESIDENT'S DAY SALE



**SAVE
30%**

With Card

Levi's® Red Tab Apparel

Men's and
Women's sizes.
Shown: Jeans
Sale **\$3.99-\$9.47**

Levi's®



Nespresso
Vertuo Pop+
Reg. 129.99

SAVE \$30

\$99.99

With Card

**Lego
Botanicals \$11.99**
Select Varieties. With Card
Reg. 14.99



**Sweethearts
11" Plush
SAVE
40%**

With Card
Shown: Sale **\$12.59**



SAVE \$15
29.99

With Card

Lilt Tutu Dress
Girls' sizes.
Reg. \$45



SMITTEN WITH SAVINGS

Find more sweet deals at FredMeyer.com/Valentines

Valentine's Day Gift Duo

\$20 OFF*
Indoor Floral
when you spend 99+ in jewelry

*Exclusions apply. See jewelry store associate for details. Valid thru 2/11 - 2/14.

Fred Meyer
Jewelers



**Bloom Haus
Hearts and Hugs
Bouquet**

\$26⁹⁹



**XOXO
Bouquet**

\$51⁹⁹



**Bloom Haus
Rosaroma Mini Rose
4 Inch**

**\$16⁹⁹
AND UP**



**Valentine's Day
Balloons**
Select Varieties

**\$4⁹⁹
AND UP**



**Bloom Haus
Valentine's Day
Masonette
Arrangements**

**\$14⁹⁹
AND UP**

**Chocolate
Dipped
Strawberries**
Select Varieties,
6 ct, In the Bakery

\$10⁹⁹

With Card



Mini Cupcakes
Select Varieties, 12 ct,
In the Bakery
MIX & MATCH
BUY 1, GET 1
of Equal or Lesser Value

FREE

With Card



**Elmer
Chocolate
Gift Box**
Select Varieties,
2 oz

\$2²⁹

With Card



**Russell Stover
Assorted Chocolate**
Select Varieties, 6.25-10 oz

\$16⁹⁹

With Card

19.99 EA
-20%
With Card
**\$17⁹⁹
/EA***

**Meiomi
or Mumm Napa**
Select Varieties,
750 ml



*Save 20% When you purchase 12 bottles of wine or more with Card.
Mix and Match 12 bottles, 750 ml size. Limit one discount per transaction.
Excludes wine sizes 375 ml, 1.5 Liter, 3 Liter 4 Liter and 5 Liter. Exclusions apply.



**Sour Patch
Kids Valentine
Exchange Candy**
Select Varieties,
20 ct

\$4⁹⁹

With Card



**Hershey's
Friend Exchange
Candy**
25 ct

\$8⁴⁹

With Card

Seasonal selection varies by store and is limited to stock on hand.



**HD Designs
Valentine's Day
Candle**
Select Varieties,
19 oz

**SAVE
30%**

Tag Reflects Savings
With Card



**Holiday Home
Valentine's Day
Plush**
Select Varieties,
5-14.5"

**SAVE
40%**

Tag Reflects Savings
With Card

4X FUEL POINTS

ON 100s OF GIFT CARDS WITH DIGITAL COUPON TODAY!*

Visit FredMeyer.com/4Xgiftcard to download coupon

Redeem Every Day 2/4/26-2/17/26

*Limited Time offer. Restrictions apply, see coupon for details.



VALENTINE'S GIFTS STARTING AT \$4.99



HD Designs
Frosted Jar
Candle Gift Set
3 ct

\$9⁹⁹

With Card



Holiday Home
Valentine's
Rolled Throw
or Chenille Throw;
Select Varieties

**SAVE
50%**

Tag Reflects Savings
With Card



Holiday Home
Valentine's
Heart Shaped Mug
Select Varieties, 16 oz

\$4⁹⁹

With Card

HEAD OVER
DEALS

Find more to love at FredMeyer.com/Valentines



Holiday Home
Valentine's
Jumbo Plush
Select Varieties,
36"

\$19⁹⁹

With Card



Zuru
Valentine's
Coco Cones
Select Varieties

**SAVE
40%**

Tag Reflects Savings
With Card



Holiday Home
Valentine's
Décor
Select Varieties

**SAVE
40%**

Tag Reflects Savings
With Card



Holiday Home
Baking
Accessories
Select Varieties

**SAVE
40%**

Tag Reflects Savings
With Card



Sweethearts
Candies
0.9 oz

99¢

With Card



Whitman's
or Russell Stover
Assorted Chocolate
Select Varieties,
8.1-10 oz

\$8⁴⁹

With Card



Hershey's
Candy Filled
Cane
Select Varieties,
2-2.24 oz

\$2⁸⁹

With Card



Ghirardelli
Chocolate
Caramel
Collection
4.1 oz

\$13⁹⁹

With Card



Ferrero Rocher
Valentine's Day Gift Box
Select Varieties,
4.6-5.3 oz

\$7⁹⁹

With Card



M&M's Candy
Select Varieties,
9.48-10 oz

\$5²⁹

With Card



Tootsie Roll Pops
Valentine Exchange Cards
25 ct

\$5⁷⁹

With Card

Seasonal selection varies by store and is limited to stock on hand.

SAVE MORE WITH DIGITAL COUPONS

Use each coupon up to 5 times in one transaction with Card.

Find even more online!
Scan me to download
digital coupons.

*When you buy participating
items in the same transaction
with Digital Coupon.



Look for
these tags.



4.99 With Card
-1.50 Off 1

Heinz Ketchup
38 oz or Kraft Mayo, 30 fl oz;
Select Varieties

DIGITAL COUPON OFFER

\$3.49
/EA*



9.99 With Card
-1.00 Off 1

Kroger Frozen Chicken Wings
Select Varieties,
22-28 oz

DIGITAL COUPON OFFER

\$8.99
/EA*



7.99 With Card
-1.50 Off 1

Happy Egg Co. Organic Eggs
Large, Grade A,
12 ct

DIGITAL COUPON OFFER

\$6.49
/EA*



8.99 With Card
-1.00 Off 1

Nature Valley Biscuits or Bars
Select Varieties,
10-24 ct

DIGITAL COUPON OFFER

\$7.99
/EA*



4.99 With Card
-1.50 Off 1

Chex Mix or Gardetto's Family Size Snack Mix
Select Varieties,
9-14.5 oz

DIGITAL COUPON OFFER

\$3.49
/EA*



8.69 With Card
-1.00 Off 1

Brawny Paper Towels
4 Double Rolls

DIGITAL COUPON OFFER

\$7.69
/EA*



8.49 With Card
-50¢ Off 1

Sensodyne Toothpaste
Select Varieties,
4 oz

DIGITAL COUPON OFFER

\$7.99
/EA*



13.99 With Card
-5.00 Off 1

Tide Laundry Detergent
73-84 fl oz or Tide Pods, 25-42 ct;
Select Varieties

DIGITAL COUPON OFFER

\$8.99
/EA*



11.59 With Card
-1.00 Off 1

Kroger Cold & Flu Softgels
Select Varieties,
48 ct

DIGITAL COUPON OFFER

\$10.59
/EA*



4/\$5 With Card
-1.00 Off 4

Beech-Nut Naturals Baby Food
Select Varieties,
4 oz

DIGITAL COUPON OFFER

4/\$4



6.79 With Card
-1.00 Off 1

DIGITAL COUPON OFFER

\$5.79
/EA*

Lysol Disinfecting Wipes
Select Varieties,
75-80 ct



9.99 With Card
-1.00 Off 1

DIGITAL COUPON OFFER

\$8.99
/EA*

Dove Shampoo or Conditioner
Select Varieties,
28 fl oz

20% OFF ANY 12 BOTTLES OF WINE

FEBRUARY 11-17

*SAVE 20% When you purchase 12 bottles of wine or more with Card. Mix and Match 12 bottles, 750 ml size. Limit one discount per transaction. Excludes wine sizes 375 ml, 1.5 Liter, 3 Liter 4 Liter and 5 Liter. Exclusions apply.



10.99 EA
-20%
With Card

\$8.79
/EA*

Apothic, Korbel or Segura Viudas
Select Varieties,
750 ml



11.99 EA
-20%
With Card

\$9.59
/EA*

Ruffino, Cupcake or Freixenet
Select Varieties,
750 ml



Alaskan, Corona or Heineken
Select Varieties, 12-Pack,
12 fl oz Bottles or Cans,
Plus Deposit
Where Applicable

\$18.99



Denali, Anchorage Distillery or Alaskan
Select Varieties,
4-Pack, 12 fl oz Cans

\$13.99

FIND YOUR FAVORITE NATURAL ITEMS

MIX & MATCH
BUY 1, GET 1
FREE
of Equal or Lesser Value
With Card

Talenti Gelato or Sorbetto
Select Varieties, 10.5-16 fl oz



Naked Organic Bread
Select Varieties,
20-22.5 oz



\$5.49
With Card



Simple Truth Organic Juice
Select Varieties,
32 fl oz



\$5.79
With Card



Luna Bar
1.69 oz or
Clif Bar, 2.4 oz;
Select Varieties

4/\$5
With Card



Simple Truth Organic Bone Broth
32 oz or Pacific Foods
Organic Soup,
32 fl oz; Select Varieties

2/\$8
With Card



Simple Truth Breakfast Sausage Links or Patties
Select Varieties,
12 oz

\$4.49
With Card

HOME, HEALTH & MORE!



Pure Protein Shakes
Select Varieties,
4-Pack, 11 fl oz

\$7.99
With Card



Celsius Energy Drink
Select Varieties,
12-Pack, 12 fl oz Cans

\$24.39
With Card



Mars or Hershey's Candy
Select Varieties, 1.4-2.17 oz

MIX & MATCH
BUY 2, GET 1
FREE
of Equal or Lesser Value
With Card



Force Factor Supplements
Select Varieties,
60 ct

\$16.99
With Card



Kroger Ibuprofen
Select Varieties,
100 ct

\$2.19
With Card



Hot Wheels or Match Box 1:64 Car
Select Varieties,
1 ct

\$1.15
With Card

SCORE MORE IN ONE STOP



UNO Card Game
Select Varieties

\$6.99



Crayola Coloring Utensils or Activity Books
Select Varieties

SAVE 20%

Tag Reflects Savings
With Card



Squishmallow Plush
Select Varieties,
8"

\$9.99

SAVE ON THE FRESHEST CITRUS OF THE SEASON



Organic Cuties
Seedless Mandarins
2 lb Bag

\$5.99
With Card



Private Selection
Gold Nugget
Mandarins or
Minneola Tangelos
3 lb Bag

\$5.99
With Card



Kroger
Adorbs
Seedless Mandarins
5 lb

\$7.99
With Card



Cream Cheese
Filled Croissants
4 ct or Mini Donuts,
6-12 ct; Select Varieties,
In the Bakery

\$6.99
With Card



Apple
or **Cherry Fritters**
or Other Varieties,
4 ct, In the Bakery

\$6
With Card



RISE & SAVE WITH BREAKFAST ESSENTIALS

Blueberry
Muffins

\$6

or Other Varieties,
4 ct, In the Bakery



Kroger
Tri-Color Peppers
 3 ct or Private Selection
 Sweet Onions, 3 lb Bag
2/\$9
 With Card



Kroger
Single Serve Bowls
 4.75-7 oz
2/\$9
 With Card



\$4.99

With Card
Strawberries
 16 oz

Bloom Haus
Charming Bouquet

\$30



English
Cucumbers

\$2.99
 /EA
 With Card



Asparagus

\$4.99
 /LB
 With Card



GUARANTEED FRESH



\$7.99
 /LB

With Card
Boneless Petite
Sirloin Steaks
 or Boneless Chuck Roasts
 or Steaks, \$9.99 lb;
 Value Pack



Kroger Bacon
 Select Varieties,
 12-16 oz

FINAL COST
 When You Buy 2

\$4.49
 /EA

With Card
 When you buy 2 or more in the same
 transaction with Card. Quantities less
 than 2 are up to \$5.99 each with Card.



Wild-Caught
Cod Fillets
 Previously Frozen

\$10.99
 /LB
 With Card



Oscar Mayer
Meat Hot Dogs
 16 oz or Oscar Mayer
 Fun Pack Lunchables,
 8.9-10.7 oz;
 Select Varieties

2/\$7

With Card



Fresh
Steelhead Fillets
 Farm-Raised

\$10.99
 /LB
 With Card

DELI & BAKERY

Order party trays, cakes and more at
FredMeyer.com/fresh

Chocolate
Fudge Cake
 or Other Varieties,
 6"

\$7

With Card



Private Selection
Classic Seasoned
Fresh Roasted Chicken
 2 lb, Fully Cooked

\$9.99

Private Selection
Mesquite Smoked
Turkey Breast
 or Colby Jack Cheese,
 \$12.49 lb with Card;
 Select Varieties,
 Sliced to Order
 or Grab & Go

\$13.99
 /LB
 With Card



BOTTLES & BREWS

\$37⁹⁹

**Jameson,
Grand Marnier
or Espolón**

Select Varieties,
750 ml



**Patrón
or Glenlivet**
Select Varieties,
750 ml

\$44⁹⁹



**Aperol
or Hornitos**
Select Varieties,
750 ml

\$24⁹⁹



**White Claw
or Matanuska**

\$18⁹⁹

Select Varieties, 12-Pack, 12 fl oz or
Founders, 15-Pack, 12 fl oz Bottles or Cans,
Plus Deposit Where Applicable



**New Belgium,
Alaska Cider Works
or Sierra Nevada**

\$10⁹⁹

Select Varieties, 4-6-Pack,
12-16 fl oz Bottles or Cans,
Plus Deposit Where Applicable



\$27⁹⁹

**Coors, Budweiser
or Miller**

30-Pack, 12 fl oz or Michelob Ultra,
24-Pack, 12 fl oz Bottles or Cans;
Select Varieties,
Plus Deposit
Where Applicable

CHEERS TO GREAT DEALS ON YOUR FAVORITES!

HAPPY NEW YEAR

2026 ✦ Year of the Horse

Discover recipes and new favorites at FredMeyer.com/LunarNewYear



Fresh Simple Truth Organic Air-Chilled Whole Chicken
Bone-In, Northwest Grown, Vegetarian Fed

\$3.99 /LB
With Card



Private Selection Duroc 80% Lean Ground Pork
16 oz

\$5
With Card



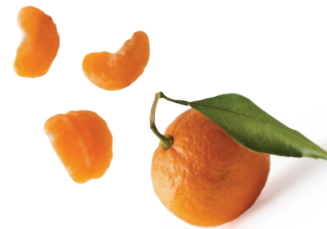
\$3.29

With Card
Nasoya Egg Roll or Won Ton Wraps
Select Varieties, 12-16 oz

Gimme Teriyaki Seaweed Snacks
6-Pack
\$3.99
With Card



Stem and Leaf Mandarins



\$3.77 /LB
With Card



Lunar New Year Dumpling Combo
12.5-15.1 oz, Available in Select Stores, In the Deli

\$11



Kroger Long Grain Rice
Select Varieties, 32 oz

3/\$6
With Card



Simple Truth Organic Coconut Milk
Select Varieties, 13.5 fl oz

2/\$4
With Card

Kroger Stir Fry Sauce
\$3.99
With Card



Select Varieties, 18.4-20.3 oz

\$7.99

With Card
InnovAsian Entrée
Select Varieties, 16-18 oz



Nongshim Shin Ramyun
Select Varieties, 4-Pack
\$8.99
With Card



Kroger Soy Sauce
Select Varieties, 10 oz
\$1.49
With Card