



FRESH FOR EVERYONE™



EARN 4X FUEL POINTS
with digital coupon*
On FRIDAY purchases

Scan here or visit
FredMeyer.com/FuelEvent
to download coupon.

*Exclusions apply.
See coupon for details.



50% OFF

Tag Reflects Savings
With Card

Private Selection
Angus Steaks

or Wild-Caught Lobster Tails,
Previously Frozen, 3-4 oz



Organic
Cosmic Crisp
or Pink Lady
Apples

\$2.99
/LB
With Card



Doritos
9-10.75 oz or
Cheetos, 6.5-9 oz
or Ruffles,
7.25-10.25 oz;
Select Varieties

\$3.49
/EA
With Card

When you buy 4 or more in the same transaction with Card.
Quantities less than 4 are up to \$6.89 each with Card.

MIX & MATCH
BUY 3, GET 3
FREE
of Equal or Lesser Value
With Card

Pepsi or 7UP

12-Pack, 12 fl oz Cans or Coca-Cola, 6-Pack, 16.9 fl oz Bottles
or Polar Sparkling Water, 8-Pack, 12 fl oz Cans; Select Varieties,
Limit 12 Packages

Regular retail is up to \$17.99 each with Card.



Sargento
Cheese
Select Varieties,
5-8 oz

2/\$6
With Card



Tillamook
Ice Cream
Select Varieties,
48 fl oz

MIX & MATCH
BUY 1, GET 1
of Equal or Lesser Value
FREE
With Card

Starbucks
Creamer
24-28 fl oz or Silk
Soymilk, 64 fl oz;
Select Varieties

2/\$9
With Card



Nabisco Family Size
Oreo or Chips Ahoy
Cookies
Select Varieties,
9.9-20 oz

\$4.19
/EA
With Card

When you buy 3 or more in the same transaction with Card.
Quantities less than 3 are up to \$5.19 each with Card.



General Mills
Giant Size
Cereal
Select Varieties,
20-29 oz



MIX & MATCH
BUY 1, GET 1
of Equal or Lesser Value
FREE
With Card

20% OFF
ANY 12 BOTTLES OF WINE
*See inside for details.



15.99 EA
-20%
With Card

\$12.79
/EA*
La Marca, Erath
or Martini & Rossi
Select Varieties, 750 ml

**Fred Meyer
Milk**
Select Varieties, Gallon,
Limit 2 Packages
(Excludes Chocolate)

\$2.99
With Card



\$1.99
With Card

Prices valid in-store or for pickup
orders placed on Saturday-Monday.

WEEKLY DIGITAL DEALS

Use each coupon **UP TO 5 TIMES** in one transaction*



Find even
more deals
online!



Look for
these tags.



Red, Green or Black
Seedless Grapes
Price without digital coupon
is up to \$3.99 lb with Card.

\$2.99
/LB
With Digital Coupon



Fresh Wild-Caught
Dungeness Crab
Subject to Fishing
& Weather Conditions
\$9.99
/LB
With Digital Coupon
Price without digital coupon
is up to \$10.99 lb with Card.

*While supplies last.



Chobani
Greek Yogurt
Select Varieties,
4 ct
\$2.99
/EA
With Digital Coupon
Price without digital coupon
is up to \$4.49 each with Card.



\$4.99
/EA
With Digital Coupon

Price without digital coupon is up to \$5.99 each with Card.

SALE DATES: Wed. February 11 - Tues. February 17, 2026. Prices and items are effective at your local Fred Meyer store.
Prices do not reflect the City of Seattle Sugar Sweetened Beverage Tax. Items plus deposit as per the Oregon Bottle Recovery Act.

SELECTION MAY VARY BY STORE, LIMITED TO STOCK ON HAND. WE RESERVE THE RIGHT TO LIMIT QUANTITIES AND CORRECT PUBLISHED ERRORS.



Kroger
Dinner Sausage
Links or Meatballs

Select Varieties, 16-18 oz

Price without digital coupon is up to \$5.49 each with Card.

\$4.49
/EA

With Digital Coupon



Private Selection
Four Layer Chocolate
Fudge Cake
8" or Cheesecake,
40 oz; Select Varieties,
In the Bakery

\$19.99
/EA

With Digital Coupon

Price without digital coupon
is up to \$23.99 each with Card.



Post

Cereal

Select Varieties,
10-16.6 oz

\$2.49
/EA

With Digital Coupon

Price without digital coupon
is up to \$3.49 each with Card.



Pure Protein

Bars

Select Varieties,
4 ct

\$5.49
/EA

With Digital Coupon

Price without digital coupon
is up to \$7.49 each with Card.



L'Oréal
Voluminous Mascara
1 ct or Ever Pure
Shampoo or Conditioner,
6.8-8.5 fl oz;
Select Varieties

\$7.99
/EA

With Digital Coupon

Price without digital coupon
is up to \$10.99 each with Card.

WEEKLY DIGITAL DEALS

Use each coupon
UP TO 5 TIMES
in one transaction*

Look for
these tags.



Sumo Citrus
Mandarins

Price without digital coupon is up to \$3.99 lb with Card.

\$3.49
/LB

With Digital Coupon



Ragú
Pasta Sauce

Select Varieties,
16-24 oz

\$1.99
/EA

With Digital Coupon

Price without digital coupon
is up to \$2.99 each with Card.



Marie Callender's
Bowl or Pot Pie

10-13 oz or
Healthy Choice
Cafe Steamers,
9.5-10.3 oz;
Select Varieties

\$2.49
/EA

With Digital Coupon

Price without digital coupon
is up to \$2.99 each with Card.



Häagen-Dazs
Ice Cream

14 fl oz or 23 ct
or Oreo Cones, 4 ct;
Select Varieties

\$3.99
/EA

With Digital Coupon

Price without digital coupon
is up to \$4.99 each with Card.



Rana
Family Size Pasta

20 oz or Perdue
Frozen Chicken,
27-29 oz;
Select Varieties

\$5.99
/EA

With Digital Coupon

Price without digital coupon
is up to \$7.99 each with Card.



DiGiorno

Pizza

14.14-30.3 oz
or Hot Pockets,
4 ct; Select Varieties

\$5.99
/EA

With Digital Coupon

Price without digital coupon
is up to \$6.99 each with Card.



Angel Soft
Bath Tissue

16 Mega Rolls

\$10.99
/EA

With Digital Coupon

Price without digital coupon
is up to \$12.99 each with Card.



Lindt Lindor
Truffles

Select Varieties,
5.1 oz

\$7.99
/EA

With Digital Coupon

Price without digital coupon
is up to \$8.99 each with Card.



Energizer Max
AA or AAA
Batteries

Select Varieties,
8 ct

\$6.99
/EA

With Digital Coupon

Price without digital coupon
is up to \$7.99 each with Card.

*While supplies last.

PRESIDENT'S DAY SALE



Levi's®

SAVE
30%

With Card

Levi's® Red Tab Apparel

Men's and
Women's sizes.
Shown: Jeans
Sale **53.99-59.47**



Nespresso
Vertuo Pop+ **\$99.99**
Reg. 129.99
With Card

Lego
Botanicals **\$11.99**

Select Varieties. With Card
Reg. 14.99



Sweethearts
11" Plush
**SAVE
40%**

With Card

Shown: Sale 12.59



SAVE \$15
29.99

With Card

Lilt Tutu Dress
Girls' sizes.
Reg. \$45



SMITTEN WITH SAVINGS

Find more sweet deals at FredMeyer.com/Valentines

Valentine's Day Gift Duo

\$20 OFF*
Indoor Floral
when you spend 99+ in jewelry

*Exclusions apply. See jewelry store associate for details. Valid thru 2/11 - 2/14.

Fred Meyer
Jewelers



Bloom Haus
Hearts and Hugs
Bouquet

\$26.99



XOXO
Bouquet

\$51.99



Bloom Haus
Rosaroma Mini Rose
4 Inch

\$16.99
AND UP



Valentine's Day
Balloons
Select Varieties

\$4.99
AND UP



Bloom Haus
Valentine's Day
Masonette
Arrangements

\$14.99
AND UP

Chocolate
Dipped
Strawberries
Select Varieties,
6 ct, In the Bakery

\$10.99

With Card

19.99 EA
-20%
With Card

\$17.99
/EA*

Meomi
or Mumm Napa
Select Varieties,
750 ml



Mini Cupcakes
Select Varieties, 12 ct,
In the Bakery
MIX & MATCH
BUY 1, GET 1
of Equal or Lesser Value
FREE
With Card



Elmer
Chocolate
Gift Box
Select Varieties,
2 oz

\$2.29
With Card



Russell Stover
Assorted Chocolate
Select Varieties, 6.25-10 oz

\$16.99
With Card



*Save 20% When you purchase 12 bottles of wine or more with Card.
Mix and Match 12 bottles, 750 ml size. Limit one discount per transaction.
Excludes wine sizes 375 ml, 1.5 Liter, 3 Liter 4 Liter and 5 Liter. Exclusions apply.



Sour Patch
Kids Valentine
Exchange Candy
Select Varieties,
20 ct
\$4.99
With Card



Hershey's
Friend Exchange
Candy
25 ct
\$8.49
With Card



HD Designs
Valentine's Day
Candle
Select Varieties,
19 oz

**SAVE
30%**
Tag Reflects Savings
With Card

Seasonal selection varies by store and is limited to stock on hand.



Holiday Home
Valentine's Day
Plush
Select Varieties,
5-14.5"



**SAVE
40%**
Tag Reflects Savings
With Card

4X FUEL[®] POINTS

ON 100s OF GIFT CARDS WITH DIGITAL COUPON TODAY!*

Visit FredMeyer.com/4Xgiftcard to download coupon

Redeem Every Day 2/4/26-2/17/26

*Limited Time offer. Restrictions apply, see coupon for details.



VALENTINE'S GIFTS STARTING AT \$4.99



HD Designs
Frosted Jar
Candle Gift Set
3 ct

\$9.99
With Card



Holiday Home
Valentine's
Rolled Throw
or Chenille Throw;
Select Varieties

**SAVE
50%**
Tag Reflects Savings
With Card



Holiday Home
Valentine's
Heart Shaped Mug
Select Varieties, 16 oz

\$4.99
With Card

HEAD OVER DEALS

Find more to love at FredMeyer.com/Valentines



Holiday Home
Valentine's
Jumbo Plush
Select Varieties,
36"

\$19.99
With Card



Zuru
Valentine's
Coco Cones
Select Varieties

**SAVE
40%**
Tag Reflects Savings
With Card



Holiday Home
Valentine's
Décor
Select Varieties

**SAVE
40%**
Tag Reflects Savings
With Card



Holiday Home
Baking
Accessories
Select Varieties

**SAVE
40%**
Tag Reflects Savings
With Card



Sweethearts
Candies
0.9 oz

99¢
With Card



Whitman's
or Russell Stover
Assorted Chocolate
Select Varieties,
8.1-10 oz

\$8.49
With Card



Hershey's
Candy Filled
Cane
Select Varieties,
2-2.24 oz

\$2.89
With Card



Ghirardelli
Chocolate
Caramel
Collection
4.1 oz

\$13.99
With Card



Ferrero Rocher
Valentine's Day Gift Box
Select Varieties,
4.6-5.3 oz

\$7.99
With Card



M&M's Candy
Select Varieties,
9.48-10 oz

\$5.29
With Card



Tootsie Roll Pops
Valentine Exchange Cards
25 ct

\$5.79
With Card

Seasonal selection varies by store and is limited to stock on hand.

SAVE MORE WITH DIGITAL COUPONS

Use each coupon up to 5 times in one transaction with Card.

Find even more online!
Scan me to download digital coupons.



Look for these tags.



4.99 With Card
-1.50 Off 1

DIGITAL COUPON OFFER
\$3.49 /EA*



8.99 With Card
-1.00 Off 1

DIGITAL COUPON OFFER
\$7.99 /EA*



8.49 With Card
-50¢ Off 1

DIGITAL COUPON OFFER
\$7.99 /EA*

Heinz
Ketchup
38 oz or Kraft
Mayo, 30 fl oz;
Select Varieties



9.99 With Card
-1.00 Off 1

DIGITAL COUPON OFFER
\$8.99 /EA*

Kroger
Frozen
Chicken Wings
Select Varieties,
22-28 oz



7.99 With Card
-1.50 Off 1

DIGITAL COUPON OFFER
\$6.49 /EA*



8.69 With Card
-1.00 Off 1

DIGITAL COUPON OFFER
\$7.69 /EA*

Brawny
Paper Towels
4 Double Rolls



4.99 With Card
-1.50 Off 1

DIGITAL COUPON OFFER
\$3.49 /EA*

Chex Mix or
Gardeppo's
Family Size
Snack Mix
Select Varieties,
9-14.5 oz



13.99 With Card
-5.00 Off 1

DIGITAL COUPON OFFER
\$8.99 /EA*

Tide Laundry
Detergent
73-84 fl oz or
Tide Pods, 25-42 ct;
Select Varieties



11.59 With Card
-1.00 Off 1

DIGITAL COUPON OFFER
\$10.59 /EA*

Kroger
Cold & Flu
Softgels
Select Varieties,
48 ct

Use each coupon up to 5 times in one transaction with Card.

*When you buy participating items in the same transaction with Digital Coupon.

Beech-Nut
Naturals
Baby Food
Select Varieties,
4 oz



4/\$5 With Card
-1.00 Off 4

DIGITAL COUPON OFFER
4/\$4

Beech-Nut
Naturals
Baby Food
Select Varieties,
4 oz



9.99 With Card
-1.00 Off 1

DIGITAL COUPON OFFER
\$8.99 /EA*

Dove
Shampoo
or Conditioner
Select Varieties,
28 fl oz

20% OFF ANY 12 BOTTLES OF WINE

FEBRUARY 11-17

*SAVE 20% When you purchase 12 bottles of wine or more with Card. Mix & Match 12 bottles, 750 ml size. Limit one discount per transaction. Excludes wine sizes 375 ml, 1.5 Liter, 3 Liter 4 Liter and 5 Liter. Exclusions apply.



10.99 EA
-20%
With Card
\$8.79 /EA*

Apothic,
Korbel or
Segura Viudas
Select Varieties,
750 ml



11.99 EA
-20%
With Card
\$9.59 /EA*

Ruffino,
Cupcake
or Freixenet
Select Varieties,
750 ml



\$18.99

Alaskan,
Corona or Heineken
Select Varieties, 12-Pack,
12 fl oz Bottles or Cans,
Plus Deposit
Where Applicable



\$13.99

Denali,
Anchorage Distillery
or Alaskan
Select Varieties,
4-Pack, 12 fl oz Cans

FIND YOUR FAVORITE NATURAL ITEMS



Talenti Gelato or Sorbetto

Select Varieties, 10.5-16 fl oz

Naked Organic Bread
Select Varieties, 20-22.5 oz

\$5.49
With Card

Simple Truth Organic Juice
Select Varieties, 32 fl oz

\$5.79
With Card



4/\$5
With Card



Simple Truth Organic Bone Broth
32 oz or Pacific Foods Organic Soup, 32 fl oz; Select Varieties
2/\$8
With Card



Simple Truth Breakfast Sausage Links or Patties
Select Varieties, 12 oz
\$4.49
With Card

HOME, HEALTH & MORE!



Pure Protein Shakes
Select Varieties, 4-Pack, 11 fl oz
\$7.99
With Card



\$24.39
With Card



MIX & MATCH
BUY 2, GET 1
FREE
of Equal or Lesser Value
With Card



Force Factor Supplements
Select Varieties, 60 ct
\$16.99
With Card



Kroger Ibuprofen
Select Varieties, 100 ct
\$2.19
With Card



Hot Wheels or Match Box 1:64 Car
Select Varieties, 1 ct
\$1.15
With Card



UNO Card Game
Select Varieties

\$6.99



Crayola Coloring Utensils or Activity Books
Select Varieties
SAVE 20%
Tag Reflects Savings With Card



Squishmallow Plush
Select Varieties, 8"
\$9.99

SCORE MORE IN ONE STOP

SAVE ON THE FRESHEST CITRUS OF THE SEASON



USDA
ORGANIC



Organic Cuties
Seedless Mandarins
2 lb Bag
\$5.99
With Card



Private Selection
Gold Nugget
Mandarins or
Minneola Tangelos
3 lb Bag

\$5.99
With Card



Kroger
Adorbs
Seedless Mandarins
5 lb

\$7.99
With Card



Cream Cheese
Filled Croissants
4 ct or Mini Donuts,
6-12 ct; Select Varieties,
In the Bakery

\$6.99
With Card



Apple
or Cherry Fritters
or Other Varieties,
4 ct, In the Bakery

\$6
With Card



RISE & SAVE WITH
BREAKFAST ESSENTIALS

Blueberry
Muffins
\$6

or Other Varieties,
4 ct, In the Bakery

Kroger
Tri-Color Peppers
3 ct or Private Selection
Sweet Onions, 3 lb Bag

2/\$9
With Card



Kroger
Single Serve Bowls
4.75-7 oz

2/\$9
With Card



\$4.99
With Card
Strawberries
16 oz

Bloom Haus
Charming Bouquet

\$30



English Cucumbers

\$2.99
/EA
With Card



Asparagus

\$4.99
/LB
With Card



 **GUARANTEED FRESH**



**USDA
CHOICE**

\$7.99
/LB

With Card

**Boneless Petite
Sirloin Steaks**
or Boneless Chuck Roasts
or Steaks, \$9.99 lb;
Value Pack



Kroger Bacon
Select Varieties,
12-16 oz

FINAL COST
When You Buy 2

\$4.49
/EA
With Card

When you buy 2 or more in the same transaction with Card. Quantities less than 2 are up to \$5.99 each with Card.



**Wild-Caught
Cod Fillets**
Previously Frozen

\$10.99
/LB
With Card



**Oscar Mayer
Meat Hot Dogs**
16 oz or Oscar Mayer
Fun Pack Lunchables,
8.9-10.7 oz;
Select Varieties

2/\$7
With Card



**Fresh
Steelhead Fillets**
Farm-Raised

\$10.99
/LB
With Card

DELI & BAKERY

Order party trays, cakes and more at
FredMeyer.com/fresh

**Chocolate
Fudge Cake**
or Other Varieties,
6"

\$7
With Card



**Private Selection
Classic Seasoned
Fresh Roasted Chicken**
2 lb, Fully Cooked

\$9.99

**Private Selection
Mesquite Smoked
Turkey Breast**
or Colby Jack Cheese,
\$12.49 lb with Card;
Select Varieties,
Sliced to Order
or Grab & Go

\$13.99
/LB
With Card



BOTTLES & BREWS

\$37.99

Jameson,
Grand Marnier
or Espolón
Select Varieties,
750 ml



New Belgium,
Alaska Cider Works
or Sierra Nevada

\$10.99

Select Varieties, 4-6-Pack,
12-16 fl oz Bottles or Cans,
Plus Deposit Where Applicable

\$44.99

Patron
or Glenlivet
Select Varieties,
750 ml

\$44.99



Aperol
or Hornitos
Select Varieties,
750 ml

\$24.99

White Claw
or Matanuska

\$18.99

Select Varieties, 12-Pack, 12 fl oz or
Founders, 15-Pack, 12 fl oz Bottles or Cans,
Plus Deposit Where Applicable



\$27.99

Coors, Budweiser
or Miller

30-Pack, 12 fl oz or Michelob Ultra,
24-Pack, 12 fl oz Bottles or Cans;
Select Varieties,
Plus Deposit
Where Applicable

CHEERS TO GREAT DEALS ON YOUR FAVORITES!

HAPPY NEW YEAR

2026 • Year of the Horse

Discover recipes and new favorites at FredMeyer.com/LunarNewYear



Fresh
Simple Truth
Organic Air-Chilled
Whole Chicken
Bone-In,
Northwest Grown,
Vegetarian Fed

\$3.99
/LB
With Card



Private Selection
Duroc 80% Lean
Ground Pork
16 oz

\$5
With Card

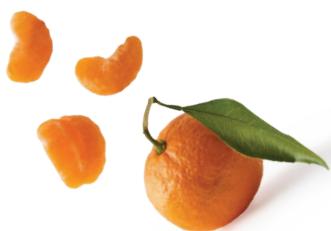


\$3.29

With Card
Nasoya Egg Roll or Won Ton Wraps
Select Varieties,
12-16 oz

Gimme
Teriyaki
Seaweed Snacks
6-Pack

\$3.99
With Card



Stem and Leaf
Mandarins

\$3.77
/LB
With Card



Lunar New Year
Dumpling Combo
12.5-15.1 oz, Available in
Select Stores, In the Deli

\$11



Kroger
Long Grain Rice
Select Varieties,
32 oz

3/\$6
With Card



Simple Truth
Organic
Coconut Milk
Select Varieties,
13.5 fl oz

2/\$4
With Card



Kroger
Stir Fry Sauce
\$3.99
With Card

Select Varieties,
18.4-20.3 oz

\$7.99
With Card
InnovAsian
Entrée
Select Varieties,
16-18 oz



Nongshim Shin
Ramen
Select Varieties,
4-Pack

\$8.99
With Card



Kroger
Soy Sauce
Select Varieties,
10 oz

\$1.49
With Card