FOOD LION

February 25 - March 3, 2026

Offers valid while supplies last.

Hot deals that save you more!

HOTSALE! MVP 4.49 LB

YOU SAVE $2.10 LB

Ground Fresh Daily
80% LEAN FRESH GROUND CHUCK
W/O MVP Card $6.59 LB

HOTSALE! MVP 2.99 LB
W/O MVP Card $4.79 LB

Center Cut, Bone-In
PORK CHOPS

HOTSALE! MVP 25% OFF
W/O MVP Card Regular Retail

All Natural - All Varieties
NATURE'S PROMISE MEAT & SEAFOOD

HOTSALE! MVP 5.99 LB
W/O MVP Card $6.99 LB

Freshly Sliced
FOOD LION AMERICAN OR PEPPER JACK CHEESE
IN THE DELI

Buy an orange bag

to give 5 meals* to local families.

*See Page 3 for details.

YOU SAVE $1.00 EA

HOTSALE! MVP 2.99 EA

3 Lb. Bag
FOOD LION NAVEL ORANGES
W/O MVP Card $3.99 EA

HOTSALE! MVP 1.99 LB
W/O MVP Card $2.39 LB

GREEN SEEDLESS GRAPES

GREEN CABBAGE

HOTSALE! MVP 49¢ LB
W/O MVP Card 89¢ LB

HOTSALE! MVP 1.99 EA
W/O MVP Card $4.39 EA

5 Lb. Bag
FOOD LION RUSSET POTATOES

HOTSALE! MVP BOGO FREE
W/O MVP Card $5.98 EA
Single Item Half Price

12 Pack - 12 Oz. Cans
Select Varieties
COKE PRODUCTS
NEW ITEM
LIMIT 4 FREE

HOTSALE! MVP BOGO FREE
W/O MVP Card $5.98 EA
Single Item Half Price

8.5-13.4 Oz.
Select Varieties
KEEBLER COOKIES OR SANDWICH COOKIES
LIMIT 4 FREE

HOTSALE! MVP 5/$5
W/O MVP Card Regular Retail

4.5-5.3 Oz.
Select Varieties
CHOBANI GREEK OR ZERO SUGAR YOGURT

HOTSALE! MVP 2/$7
W/O MVP Card Regular Retail

6-10.75 Oz.
Select Varieties
DORITOS OR MISS VICKIE'S KETTLE CHIPS

HOTSALE! MVP $5 EA
W/O MVP Card $5.49 EA

Drums & Thighs
Fresh Daily In Store
4 PIECE FRIED CHICKEN
IN THE DELI

15.24 Oz.
Select Varieties
RAO'S PASTA SAUCE

MVP PRICED LOW EVERY DAY
W/O MVP Card $13.99 EA

6.99 EA

20 Oz. - Select Varieties
NATURE'S OWN BUTTERBREAD OR HONEY WHEAT BREAD

HOTSALE! MVP 2/$5
W/O MVP Card Regular Retail

5.9-9.25 Oz.
Select Varieties
WISE CHEEZ DOODLES OR POPCORN

HOTSALE! MVP 2/$6
W/O MVP Card $4.79 EA

HOTSALE! MVP 5.49 EA
W/O MVP Card Regular Retail

10 Ct. K-Cups
Select Varieties
GREEN MOUNTAIN OR DONUT SHOP COFFEE

2 Liter
Select Varieties
PEPSI OR CANADA DRY PRODUCTS

Limit 6
HOTSALE! MVP 3/$5
W/O MVP Card Regular Retail

MVP DIGITAL COUPONS Load on App • Online • In-Store Kiosk

16 Oz.
Select Varieties
KRAFT SALAD DRESSING

PRICED LOW EVERY DAY 2/$6
W/ MVP Card $3.49 EA

MVP Coupon -1.00 EA

2/$5 PLUS DISCOUNT SAVINGS

27.2-72.2 Oz.
Select Varieties
GENERAL MILLS CINNAMON TOAST CRUNCH OR HONEY NUT CHEERIOS

HOT SALE! 4.99 EA
W/ MVP Card Regular Price

MVP Coupon -1.00 EA

3.99 EA PLUS DISCOUNT SAVINGS

8 Pack
20 Oz. Bottles
Select Varieties
GATORADE

HOT SALE! 5.99 EA
W/ MVP Card $6.99 EA

MVP Coupon -1.00 EA

4.99 EA PLUS DISCOUNT SAVINGS

44-150 Oz. or 80-171 Strips
GAIN
92-105 Oz. or 32 Ct. Pods
TIDE
Select Varieties

HOT SALE! 15.99 EA
W/ MVP Card $19.99 EA

MVP Coupon -4.00 EA

11.99 EA PLUS DISCOUNT SAVINGS

8 Mega XL or 10 Double Rolls
CHARMIN
8 Double Plus Rolls
BOUNTY
Select Varieties

HOT SALE! 14.89 EA
W/ MVP Card Regular Price

MVP Coupon -1.00 EA

13.89 EA PLUS DISCOUNT SAVINGS

MVP PRICED LOW EVERY DAY ON ITEMS YOU BUY MOST OFTEN

&

MVP HOTSALE! OUR BEST WEEKLY MVP DEALS

Hot SALE!
MVP
MVP
MVP
PRICED LOW EVERY DAY
MVP SHOP & EARN MONTHLY REWARDS
DIGITAL COUPONS
FOOD LION MVP
Savings made for MVPs like you
Get MVP Details

Fresh, flavorful produce at *low prices* you'll appreciate!

We care about what you put on your table, that's why our produce comes with a 100% fresh guarantee.

100% FRESH OR DOUBLE YOUR MONEY BACK

HOT SALE! MVP
2.99 EA
W/O MVP Card Regular Retail
4 Ct. Tray Pack
FOOD LION SWEET CORN

HOT SALE! MVP
69¢ EA
W/O MVP Card Regular Retail
CUCUMBERS OR GREEN PEPPERS

HOT SALE! MVP
1.99 EA
W/O MVP Card Regular Retail
8 Oz. Pkg.
FOOD LION MINI SWEET PEPPERS

HOT SALE! MVP
2.29 EA
W/O MVP Card Regular Retail
6 Oz. Pkg.
BLACKBERRIES OR RASPBERRIES

HOT SALE! MVP
1.49 EA
W/O MVP Card Regular Retail
10-16 Oz. Bag
FOOD LION CARROT CHIPS OR MATCHSTICK CUT CARROTS

HOT SALE! MVP
3.49 EA
W/O MVP Card Regular Retail
MINI WATERMELON, CANTALOUPE OR HONEYDEW MELONS

HOT SALE! MVP
1.79 LB
W/O MVP Card Regular Retail
Tote Bag
HONEYCRISP APPLES

6-9 Oz. Pkg.
Select Varieties
FRESH EXPRESS SALAD BLENDS

HOT SALE! MVP
2/$6
W/O MVP Card Regular Retail

4 INCH SHAMROCK
White Supplies Last!

3.99 EA

ORGANIC

1 Lb. Container
ORGANIC STRAWBERRIES

HOT SALE! MVP
4.79 EA
W/O MVP Card Regular Retail

USDA ORGANIC

3 Lb. Bag
ORGANIC SWEET ONIONS

HOT SALE! MVP
3.99 EA
W/O MVP Card Regular Retail

USDA ORGANIC

HOT SALE! MVP
2.99 EA
W/O MVP Card Regular Retail
16-Oz. Bag
LEMON PLUMS

HOT SALE! MVP
3.99 EA
W/O MVP Card Regular Retail
2 Lb. Bag
PLUMS OR NECTARINES

Find us online:
foodlion.com

Prices and promotions in this ad are based on the use of a Food Lion MVP card, regular prices apply without card.
We reserve the right to limit quantities and correct typographical errors.
Prices and availability may vary by stores.
Rain checks unavailable on alcohol and tobacco products.

ALL STORES ACCEPT: AMERICAN EXPRESS VISA MasterCard ATM CARDS

Prices in this ad good at stores conveniently located in these cities:
Baltimore, Cockeysville, Edgemere, Essex, Finksburg, Glen Burnie, Hanover, Middle River, Nottingham, Odenton, Pasadena, Randallstown, Scaggsville, Taneytown, Westminster, Woodbine

We accept competitor's coupons, exceptions may apply, see store associate for details.
Cameras, Western Union, Deli/Bakery and Floral may not be available at all stores.
Sale Begins Wednesday at 8 am in 24 Hour Stores.

Comforting family meals, *everyday savings*

You can count on us for a variety of quality meat and seafood that won't break the budget.

HOTSALE! SAVE $3

12.99 LB

Ask For Your Preferred Thickness

BONELESS NEW YORK STRIP STEAK

W/O MVP Card Regular Retail

HOTSALE! SAVE $1.50

9.49 EA

W/O MVP Card Regular Retail

41.50 Ct. 16 Oz. Bag - Frozen

FOOD LION RAW SHRIMP

100% FRESH OR MONEY BACK

HOTSALE! SAVE $2

7.49 LB

W/O MVP Card Regular Retail

BONELESS STEW BEEF

HOTSALE! SAVE $3

6.99 LB

W/O MVP Card Regular Retail

BEEF SHOULDER ROAST OR BOTTOM ROUND ROAST

HOTSALE! SAVE $2

3.49 LB

W/O MVP Card Regular Retail

CHICKEN WINGETTES

6 Oz. Pkg. Select Varieties

JOHN SOULES CHICKEN

HOTSALE! SAVE $1

2.99 EA

W/O MVP Card Regular Retail

15 Oz. Pkg. Select Varieties

SUKHI'S ENTREE

HOTSALE! SAVE $2

7.99 EA

W/O MVP Card Regular Retail

HOTSALE! SAVE $2

4.99 EA

W/O MVP Card Regular Retail

28-32 Oz. Pkg. Select Varieties

BOB EVANS FAMILY SIZE SIDE DISHES

HOTSALE! SAVE $1

3.99 EA

W/O MVP Card Regular Retail

16 Oz. Pkg. Select Varieties

SEASONED TURKEY SAUSAGE

23 Oz. Pkg. Select Varieties

SMITHFIELD MARINATED BONELESS PORK ROAST

HOTSALE! SAVE $2

6.99 EA

W/O MVP Card Regular Retail

14 Oz. Pkg.

FRICK'S BISCUIT CUT HAM SLICES

HOTSALE! SAVE $2

4.99 EA

W/O MVP Card Regular Retail

12-16 Oz. Pkg. - Select Varieties

BOB EVANS SAUSAGE LINKS, PATTIES OR ROLLS

HOTSALE! SAVE $1

3.99 EA

W/O MVP Card Regular Retail

13-14 Oz. Pkg. - Select Varieties Excludes Beef

HILLSHIRE FARM SMOKED SAUSAGE

HOTSALE! SAVE $1

2/$7

W/O MVP Card Regular Retail

16 Oz. Pkg. - Select Varieties

FOOD LION SLICED BACON

HOTSALE! SAVE $1

4.69 EA

W/O MVP Card Regular Retail

7-8 Oz. Pkg. - Select Varieties

SMITHFIELD PRIME FRESH LUNCHMEAT

HOTSALE!

BOGO FREE

W/O MVP Card Regular Retail Single Item Of Equal Or Lesser Value

21 Oz. Pkg.

STEAK-UMM SLICED STEAKS

HOTSALE! SAVE $1

7.99 EA

W/O MVP Card Regular Retail

SUSTAINABLY SOURCED SEAFOOD

HOTSALE! SAVE $3

6.99 LB

W/O MVP Card Regular Retail

10 Oz.

COD OR HADDOCK FILLETS

HOTSALE! SAVE $2

3.49 EA

W/O MVP Card Regular Retail

7 Oz. Select Varieties

SEAFOOD DIPS OR SPREADS

HOTSALE! SAVE $3

6.99 LB

W/O MVP Card Regular Retail

10-24 Oz. Pkg. - Frozen Select Varieties

QUALITY FOODS SEAFOOD

HOTSALE! SAVE $5

9.99 LB

W/O MVP Card Regular Retail

24 Oz. Pkg. - Frozen

FARM RAISED SKINLESS & BONELESS CATFISH FILLETS

2 ZNCI ZDPH ZDSA ZGAI ZGAJ ZGAU ZGCH ZGCT ZGHH ZGPH ZGSA ZKBQ ZKKA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNBQ ZNCA ZNCG ZNCK ZNCL ZNCP ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNO ZNPA ZNPE ZNRQ ZNRV ZNTH ZNTK ZNWL ZNWR ZNYT ZNYX ZNYZ ZPAL ZPHA ZPHL ZPHN ZPHS ZQAG ZQAU ZQCH ZQCL ZQCQ ZQCT ZRPE ZSPL ZSPN ZSSL ZSSV ZSSW ZSSX ZSSY ZTCA ZTCH ZTKN ZTNA ZTNV ZTTE ZUBL ZUCH ZUCJ ZVNK ZVNM ZVNQ ZWBE ZWNJ ZWRE ZWRN ZWRQ ZXTJ ZXTR ZYWK ZYWN ZYWR ZYWS ZYXT ZYXX ZWBL ZNCA ZNCL ZWNA ZWNS 02/25/26

Every orange bag

helps nourish families

You can help provide at least 5 meals* to families in your community by buying an orange bag or making a donation.

Buy or Donate

FOOD LION FEEDS

FEEDING AMERICA

Easy family meal!

HOTSALE! MVP 7.99 EA
W/O MVP Card $8.99 EA
Made Hot In Store
FAMILY SIZE ROTISSERIE CHICKEN

HOTSALE! MVP 2.99 EA
W/O MVP Card $3.99 EA
12-14 Oz. Select Varieties
RESER'S AMERICAN CLASSICS SIDES

Save on easy meal & snacking solutions!

Available in our Deli & Bakery

HOTSALE! MVP BOGO FREE
W/O MVP Card $6.98 EA
Single Item Half Price
12 Oz. Select Varieties
RANA LASAGNA OR PASTA MEALS

FREE* Pickup or $5 OFF Delivery

When you buy any 4 participating products.

Shop Offer

*Restrictions apply. Click button for more details.

DEALS FOR DOLLARS

MVP

$1 $2 $3 $4

6.3-6.7 Oz.
Select Varieties
ZATARAIN'S RICE

HOTSALE!
$1 EA
W/O MVP Card $3.79 EA

16 Oz.
Select Varieties
HANOVER PORK & BEANS

HOTSALE!
$1 EA
W/O MVP Card $1.39 EA

4.8 Oz.
Select Varieties
MT. OLIVE PICKLE POUCH

HOTSALE!
$1 EA
W/O MVP Card $1.99 EA

15 Oz.
Select Varieties
LUCK'S BEANS

HOTSALE!
$1 EA
W/O MVP Card $1.58 EA

5 Oz.
CHICKEN OF THE SEA CHUNK LIGHT TUNA

HOTSALE!
$1 EA
W/O MVP Card $1.39 EA

33.8 Oz. Bottle
GLACEAU SMART WATER

HOTSALE!
$2 EA
W/O MVP Card $2.39 EA

4 Oz.
Select Varieties
HI-CHEW ORIGINAL MIX FRUIT CANDY

HOTSALE!
$2 EA
W/O MVP Card $2.79 EA

2.4 Oz.
Select Varieties
RUSSELL STOVER SUGAR FREE CHOCOLATE

HOTSALE!
$2 EA
W/O MVP Card $3.99 EA

14-17.5 Oz.
Select Varieties
DUKE'S BBQ SAUCE

HOTSALE!
$2 EA
W/O MVP Card $3.99 EA

11 Oz.
SMUCKER'S APPLE BUTTER

HOTSALE!
$2 EA
W/O MVP Card $2.69 EA

HOTSALE!
$2 EA
W/O MVP Card $3.49 EA

6 Pack
Select Varieties
WHITE HOUSE APPLE SAUCE

HOTSALE!
$3 EA
W/O MVP Card Regular Retail

6 Pack - 12 Oz. Bottles
Select Varieties
FLAVORED COKE PRODUCTS

6 Pack or 22 Oz.
Select Varieties
KOZY SHACK RICE PUDDING

HOTSALE!
$3 EA
W/O MVP Card $4.69 EA

11.2-17.6 Oz.
Select Varieties
WILD MIKE'S PIZZA

HOTSALE!
$3 EA
W/O MVP Card $4.99 EA

HOTSALE!
$3 EA
W/O MVP Card $3.99 EA

9.5-11.75 Oz.
Select Varieties
PEPPERIDGE FARM CHEESE TOAST

16 Oz.
Select Varieties
PICTSWEET RECIPE HELPERS

HOTSALE!
$3 EA
W/O MVP Card $3.49 EA

18-24.6 Oz.
Select Varieties
MRS. PAUL'S FROZEN SEAFOOD

HOTSALE!
$4 EA
W/O MVP Card $5.99 EA

14 Oz.
DEVOUR BIG BOWL DINNERS

HOTSALE!
$4 EA
W/O MVP Card $5.49 EA

10 Oz.
Select Varieties
KRAFT PROTEIN SNACK

HOTSALE!
$4 EA
W/O MVP Card $5.99 EA

25 Oz.
Select Varieties
STARKIST CHUNK LIGHT TUNA IN WATER

HOTSALE!
$4 EA
W/O MVP Card $4.79 EA

PRICED LOW EVERY DAY

ON ITEMS YOU BUY MOST OFTEN

15.5 Oz.
Select Varieties
HANOVER BEANS

1.29 EA MVP
W/O MVP Card Regular Retail

2-2.5 Oz.
Select Varieties
MRS. DASH SALT FREE SEASONING

MVP
2/$6
W/O MVP Card $3.99 EA

MVP

HOTSALE!

OUR BEST WEEKLY MVP DEALS

10.4 Oz.
Select Varieties
FOOD LION FRUIT & GRAIN CEREAL BARS

PRICED LOW EVERY DAY
1.99 EA

18 Oz.
Select Varieties
SWEET BABY RAY'S BARBECUE SAUCE

MVP PRICED LOW EVERY DAY
2.39 EA
W/O MVP Card $3.29 EA

HOTSALE!
MVP
2/$5
W/O MVP Card $2.79 EA

8-13 Oz.
Select Varieties
FOOD LION SNACK CAKES

10 Oz. - Select Varieties
PEPPERIDGE FARM GOLDFISH FAMILY SIZE

HOTSALE!
MVP
2/$6
W/O MVP Card $3.99 EA

5 Oz.
Select Varieties
STARBURST GUMMIES ORIGINAL

HOTSALE!
MVP
2.19 EA
W/O MVP Card $2.99 EA

18-32 Oz. - Select Varieties
HOUSE AUTRY COATING OR PANCAKE & WAFFLE MIX

HOTSALE!
MVP
2.99 EA
W/O MVP Card Regular Retail

4.34-4.9 Oz.
Select Varieties
EMERALD 100 CALORIE PACKS

HOTSALE!
MVP
3.49 EA
W/O MVP Card $4.99 EA

12 Oz.
Select Varieties
SPAM LUNCHEON MEAT

HOTSALE!
MVP
3.99 EA
W/O MVP Card $4.89 EA

4 ZGAH ZGAL ZGAT ZGAU ZGHW ZGRY ZGSA ZMBL ZMBM ZMHA ZMWA ZMWS ZMXQ ZNCA ZNCD ZNCE ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNPA ZNPE ZNRG ZNRH ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPNL ZPNA ZPNH ZSAG ZSAU ZSCH ZSCL ZSFE ZSFL ZSFT ZSGL ZSGV ZSSA ZSSV ZVCH ZVCC ZVHA ZVNK ZVNO ZVNR ZVNA ZVPC ZVRD ZVRI ZVRN ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWCA ZWCL ZWNA ZWWS 02/15/26

Float away with a new cherry classic

Coca-Cola cherry float

Shop Now

It's *crunch time* for snacks!

Find our recipe on foodlion.com
Buffalo Chicken Celery Sticks

HOTSALE!
8.99 EA
W/O MVP Card $9.99 EA
16 Oz. Select Varieties
PREP CHEF PROTEIN STARTER
IN THE DELI
NEW ITEM!

17 Oz.
FOOD LION WING SAUCE
HOTSALE!
2/$5
W/O MVP Card $2.89 EA

30 Oz. Select Varieties
FOOD LION REAL MAYONNAISE
HOTSALE!
3.49 EA
W/O MVP Card $3.79 EA

3.12 Oz.
FOOD LION GARLIC POWDER
HOTSALE!
99¢ EA
W/O MVP Card $1.19 EA

HOTSALE!
2.19 EA
W/O MVP Card $2.89 EA
16 Oz.
FOOD LION CELERY HEARTS

25 Oz. Select Varieties
NATURE'S PROMISE ORGANIC HERBS
HOTSALE!
89¢ EA
W/O MVP Card $1.19 EA

BEVERAGE CENTER

HOTSALE!
3/$12
W/O MVP Card Regular Retail
6 Pack - 16-16.9 Oz. Bottles or 10 Pack - 7.5 Oz. Cans Select Varieties
PEPSI PRODUCTS

128 Oz. or 6 Pack Select Varieties
HAWAIIAN PUNCH
HOTSALE!
2/$5
W/O MVP Card Regular Retail

HOTSALE!
5.99 EA
W/O MVP Card $6.99 EA
6 Pack - 16 Oz. Select Varieties
BODYARMOR

64 Oz. Select Varieties
FOOD LION GRAPE JUICE
HOTSALE!
2.99 EA
W/O MVP Card $3.49 EA

21 Oz. Select Varieties
ELECTROLIT
HOTSALE!
2/$4
W/O MVP Card $2.99 EA

HOTSALE!
5.99 EA
W/O MVP Card $6.59 EA
12 Pack 16.9 Oz. Bottles Select Varieties
LIPTON TEA

PRICED LOW EVERY DAY
3.99 EA
8 Pack - 12 Oz. Cans Select Varieties
NATURE'S PROMISE SPARKLING WATER

12 Oz. Select Varieties
CELSIUS OR ALANI
HOTSALE!
2/$4
W/O MVP Card Regular Retail

2.5 Liter
ETERNAL ALKALINE WATER
HOTSALE!
3.49 EA
W/O MVP Card $3.99 EA

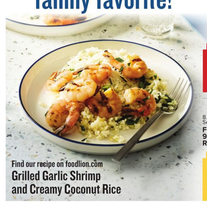
PRICED LOW EVERY DAY
2.99 EA
W/O MVP Card $3.68 EA
10 Pack 0 Oz. Pouches Select Varieties
KOOL-AID JAMMERS

64 Oz. Select Varieties
CAMPBELL'S V8 JUICE
HOTSALE!
3.99 EA
W/O MVP Card $4.99 EA

Bring everyone to the table with a new family favorite!

Shop our trusted brands and save on the ingredients you need most.

DOUBLE YOUR MONEY BACK QUALITY GUARANTEE



Find our recipe on foodlion.com
Grilled Garlic Shrimp and Creamy Coconut Rice

PRICED LOW EVERY DAY
2.99 EA
5 Oz. - Select Varieties
NATURE'S PROMISE ORGANIC SPRING MIX

12.68 Oz. 12 Oz. Bag - Frozen
NATURE'S PROMISE RAW SHRIMP
HOTSALE!
25% OFF
W/O MVP Card Regular Retail

25.5 Oz.
FOOD LION EXTRA VIRGIN OLIVE OIL
HOTSALE!
8.49 EA
W/O MVP Card $8.99 EA

8.8 Oz. Select Varieties
FOOD LION 90 SECOND RICE
HOTSALE!
2/$3
W/O MVP Card $3.69 EA

13.50 Oz.
FOOD LION UNSWEETENED COCONUT MILK
HOTSALE!
1.99 EA
W/O MVP Card $2.49 EA

24 Oz.
FOOD LION GRANULATED GARLIC
HOTSALE!
7.99 EA
W/O MVP Card $8.99 EA

FREE* Pickup or $5 OFF Delivery

When you buy any 5 participating products.

Shop Offer

*Restrictions apply. Click button for more details.

Taco night favorites, our brand savings

Our BRANDS

16 Oz. Pkg.
NATURE'S PROMISE 86% LEAN GROUND BEEF
HOTSALE! 25% OFF
WO MVP Card Regular Retail

9.40-14.58 Oz. Select Varieties
FOOD LION TACO DINNER KIT
HOTSALE! 2/$5
W/O MVP Card $2.99 EA

14 Oz.
TASTE OF INSPIRATIONS WHITE CHEESE DIP IN THE DELI
HOTSALE! 4.99 EA
W/O MVP Card $5.99 EA

8 Oz. Select Varieties
TASTE OF INSPIRATIONS GUACAMOLE IN THE DELI
HOTSALE! 3.49 EA
W/O MVP Card $3.99 EA

16 Oz. Select Varieties
TASTE OF INSPIRATIONS SALSA IN THE DELI
HOTSALE! 3.49 EA
W/O MVP Card $3.99 EA

FOOD LION ICEBERG LETTUCE
HOTSALE! 1.69 EA
W/O MVP Card $2.19 EA

DAIRY

59 Oz. Select Varieties
FOOD LION DRINKS
PRICED LOW EVERY DAY 1.69 EA

16 Oz. Select Varieties
FOOD LION READY TO BAKE COOKIES
HOTSALE! 2.99 EA
W/O MVP Card $3.49 EA

12 Oz. Select Varieties
PILLSBURY FLAKY BISCUITS
HOTSALE! 2/$4
W/O MVP Card $2.99 EA

64 Oz. Select Varieties
ALMOND BREEZE ALMONDMILK
HOTSALE! 2.99 EA
W/O MVP Card $3.79 EA

48 Oz. Select Varieties
STOK COLD BREW ICED COFFEE
MVP PRICED LOW EVERY DAY 5.99 EA
W/O MVP Card $7.99 EA

4.5-5.3 Oz. Select Varieties
CHOBANI FLIP OR CREATIONS YOGURT
HOTSALE! 4/$5
W/O MVP Card $1.69 EA

14-16 Oz. Select Varieties
DAISY SQUEEZE SOUR CREAM OR COTTAGE CHEESE
HOTSALE! 2.99 EA
W/O MVP Card Regular Retail

10-12 Oz. Select Varieties
FOOD LION STRING CHEESE
PRICED LOW EVERY DAY 3.49 EA

15 Oz. Select Varieties
FOOD LION BUTTER QUARTERS
PRICED LOW EVERY DAY 3.69 EA

8 Oz. Brick Select Varieties
PHILADELPHIA CREAM CHEESE
HOTSALE! 2.99 EA
W/O MVP Card $4.29 EA

7-8 Oz. Select Varieties
TILLAMOOK SLICED OR SHREDDED CHEESE
HOTSALE! 2/$7
W/O MVP Card $3.79 EA

BREAKFAST

1.25-2.8 Oz. Select Varieties
KELLOGG'S CEREAL IN A CUP
MVP PRICED LOW EVERY DAY $1 EA
W/O MVP Card $1.29 EA

12 Oz. Bags or 35.3 Oz. Canister Select Varieties
FOOD LION COFFEE OR NON-DAIRY COFFEE CREAMER
PRICED LOW EVERY DAY 6.99 EA

14-32 Oz. Select Varieties
NESTLÉ COFFEE MATE CREAMER OR COLD FOAM
HOTSALE! 2/$7
W/O MVP Card Regular Retail

10.4-19.2 Oz. Select Varieties
SWAGGERTY'S BREAKFAST SANDWICHES
MVP PRICED LOW EVERY DAY 5.99 EA
W/O MVP Card $7.39 EA

13.5 Oz. Select Varieties
KELLOGG'S POP-TARTS
MVP PRICED LOW EVERY DAY 2/$5
W/O MVP Card $3.29 EA

6.4 Oz. Select Varieties
BANQUET BROWN'N SERVE SAUSAGE
MVP PRICED LOW EVERY DAY 1.99 EA
W/O MVP Card $2.48 EA

24 Oz.
FOOD LION SYRUP
HOTSALE! 2/$4
W/O MVP Card $2.49 EA

18 Oz.
FOOD LION EASY LIVING CEREAL
PRICED LOW EVERY DAY 2.99 EA

7 Oz.
FOOD LION PROTEIN BARS
PRICED LOW EVERY DAY 2.49 EA

18 Oz. Quick or Old Fashioned
FOOD LION OATS
HOTSALE! 1.99 EA
W/O MVP Card $2.39 EA

8 Ct. K-Cups Select Varieties
KEURIG COFFEE COLLECTIVE NEW ITEM
HOTSALE! 5.99 EA
W/O MVP Card Regular Retail

E ZDPN ZDSA ZDAH ZDAL ZDAT ZGAU ZGHH ZGRY ZGSA ZMBA ZMBL ZMBM ZMBT ZMSA ZMWS ZNFL ZNGL ZNGS ZNGV ZNNF ZNNO ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZVCH ZVHA ZVNK ZVNO ZVNR ZVRC ZVRD ZVRI ZVRN ZVWR ZVWX 02252026

NEW ITEMS

available now

See Details

Stock up before the CIAA® tip-off

BUY ONE OF THESE & GET THIS FREE

16 Oz. - Select Varieties
DAWN POWERWASH
HOTSALE! WAS 5.99
4.99 EA
W/O MVP Card $5.99 EA

16 Oz. Select Varieties
DAWN POWERWASH REFILL
W/O MVP Card Regular Retail
Limit 1 reward per shopping visit.

8.1-8.8 Oz. Air or 5 Ct. Small Spaces Select Varieties
FEBREZE
HOTSALE! WAS 5.99
BOGO FREE
W/O MVP Card Regular Retail Single Item Half Price

6 Mega Rolls
CHARMIN ESSENTIALS
4 Double Rolls
BOUNTY ESSENTIALS
Select Varieties
HOTSALE! WAS 6.99
5.49 EA
W/O MVP Card $6.99 EA

MVP DIGITAL COUPONS
Load on App • Online • In-Store Kiosk

3.8-4.8 Oz. Select Varieties
CREST TOOTHPASTE
PRICED LOW EVERY DAY 8.99 EA
$1.5 MVP Card Digital Reward
MVP Coupon -4.00 OFF
4.99 EA
MVP 5¢ OFF% DISCOUNT SAVINGS LIMIT 1

9-16 Ct. Select Varieties
CASCADE
PRICED LOW EVERY DAY 4.99 EA
W/O MVP Card $4.49 EA
MVP Coupon -1.00 OFF
3.99 EA
MVP 5¢ OFF% DISCOUNT SAVINGS LIMIT 1

HEALTH & HOME
CLEAN UP WITH THESE DEALS

8.5 Oz. Select Varieties
PALMER'S COCOA BUTTER
HOTSALE! WAS 5.99
4.49 EA
W/O MVP Card $5.49 EA

68 Ct. Select Varieties
ALWAYS PANTILINERS
HOTSALE! WAS 7.99
6.29 EA
W/O MVP Card $7.99 EA

2.6-4.1 Oz. Select Varieties
SECRET DRY SPRAY OR OUTLAST DEODORANT
HOTSALE! WAS 9.99
7.99 EA
W/O MVP Card Regular Retail

75 Ct. Select Varieties
FOOD LION DISINFECTING WIPES
HOTSALE! WAS 3.99
2.99 EA
W/O MVP Card $3.49 EA

HOTSALE! WAS 9.99
BOGO FREE
W/O MVP Card $9.29 EA Single Item Half Price

48 Oz. Select Varieties
OXICLEAN

25-45 Ct. Select Varieties
FOOD LION KITCHEN BAGS
HOTSALE! WAS 7.99
6.49 EA
W/O MVP Card Regular Retail

MVP DIGITAL COUPONS
Load on App • Online • In-Store Kiosk

16-21 Oz. Select Varieties
DIAL BODY WASH
HOT SALE! 2/$6
W/2 MVP Card $4.00 EA
MVP Coupon -1.00 OFF
2/$5
MVP 5¢ OFF% DISCOUNT SAVINGS LIMIT 1

13.5 Oz. Select Varieties
HERBAL ESSENCES BIORENEW OR PANTENE SHAMPOO OR CONDITIONER
HOT SALE! 9.99 EA
W/2 MVP Card $8.00 EA
MVP Coupon -4.00 OFF
5.99 EA
MVP 5¢ OFF% DISCOUNT SAVINGS LIMIT 1

80 Ct. Mega or 160 Ct. Regular Select Varieties
DOWNY DRYER SHEETS
HOT SALE! 6.99 EA
W/2 MVP Card $7.00 EA
MVP Coupon -2.00 OFF
4.99 EA
MVP 5¢ OFF% DISCOUNT SAVINGS LIMIT 1

24 Oz. Beads or 62 Oz. Rinse Select Varieties
DOWNY
15.99 EA
MVP Coupon -3.00 OFF
12.99 EA
MVP 5¢ OFF% DISCOUNT SAVINGS LIMIT 1

BABY

64 Ct. Select Varieties
NATURE'S PROMISE BABY WIPES
PRICED LOW EVERY DAY 2.59 EA

3.5-4 Oz. Select Varieties
PLUM ORGANICS BABY FOOD
HOTSALE! WAS 3.49
2/$3
W/2 MVP Card $3.49 EA

17 Oz. Select Varieties
HAPPY BABY ORGANIC TEETHERS WAFERS
HOTSALE! WAS 7.99
2/$7
W/2 MVP Card $4.29 EA

504 Ct.
PAMPERS BABY WIPES
HOTSALE! WAS 19.99
16.99 EA
W/O MVP Card $19.29 EA

PET

2.8-5 Oz. Select Varieties
CANINE CARRY OUTS DOG TREATS
HOTSALE! WAS 1.29
$1 EA
W/O MVP Card $1.29 EA

15.5-20 Lb. Bag Select Varieties
PURINA DOG CHOW DRY DOG FOOD
HOTSALE! WAS 19.99
15.99 EA
W/O MVP Card $16.99 EA

12 Oz. Select Varieties
FRISKIES LIL SOUPS
HOTSALE! WAS 1.39
1.19 EA
W/O MVP Card $1.39 EA

16 Lb. Select Varieties
TIDY CATS LITTER
HOTSALE! WAS 9.99
8.99 EA
W/O MVP Card $9.99 EA

NEW ITEM CENTER

5.25-6 Oz. Select Varieties
GOODLES MACARONI & CHEESE
MVP PRICED LOW EVERY DAY 2.99 EA
W/O MVP Card $3.68 EA

11 Oz.
POST CINNAMON PEBBLES CEREAL
HOTSALE! WAS 6.99
2/$6
W/O MVP Card $6.99 EA

HOTSALE! WAS 4.49
3.99 EA
W/O MVP Card $4.49 EA

8-10.3 Oz. Original or Chocolate Sleeve
OREO ZERO SUGAR

16 Oz. Select Varieties
MONSTER ENERGY PUNK PUNCH
HOTSALE! WAS 2.79
2/$5
W/O MVP Card $2.79 EA

26 Oz. Select Varieties
CLOROX PURE ALLERGEN CARPET SPRAY
HOTSALE! WAS 6.99
6.29 EA
W/O MVP Card $6.99 EA

FOOD LION

February 25 - March 3, 2026

Offers valid while supplies last.

Hot deals on your Frozen Favorites!

HOT SALE! MVP BOGO FREE
W/O MVP Card $8.69 EA
Single Item Half Price

24 Oz.
BIBIGO MINI WONTONS

HOT SALE! MVP BOGO FREE
W/O MVP Card $5.99 EA
Single Item Half Price

46 Oz.
Select Varieties
TURKEY HILL ICE CREAM OR BARBIE FROZEN DAIRY DESSERT

8.4-9.5 Oz.
Select Varieties
RAO'S SINGLE SERVE ENTRÉES

HOT SALE! MVP BOGO FREE
W/O MVP Card $5.99 EA
Single Item Half Price

8-10 Oz.
Select Varieties
FARM RICH APPETIZERS

HOT SALE! MVP BOGO FREE
W/O MVP Card $4.99 EA
Single Item Half Price

20 Oz.
NATHAN'S FAMOUS PRETZEL DOGS

HOT SALE! MVP BOGO FREE
W/O MVP Card $8.99 EA
Single Item Half Price

24-26.50 Oz. Pkg.
Select Varieties
TYSON FROZEN CHICKEN

HOT SALE! MVP 6.99 EA
W/O MVP Card Regular Retail

HOT SALE! MVP 5.99 EA
W/O MVP Card $7.79 EA

13.5-15 Oz.
Select Varieties
TGI FRIDAYS APPETIZERS

HOT SALE! MVP 2.99 EA
W/O MVP Card $4.68 EA

4-6 Ct.
Select Varieties
KLONDIKE ICE CREAM BARS

HOT SALE! MVP 5.99 EA
W/O MVP Card $6.99 EA

24-31 Oz.
Select Varieties
MARIE CALLENDER'S MEAL FOR TWO

HOT SALE! MVP 2/$6
W/O MVP Card $3.99 EA

15 Oz.
Select Varieties
MARIE CALLENDER'S POT PIE

Make mealtime easier with *budget-friendly* prices!

HOT SALE! MVP **7.99 EA**

W/O MVP Card Regular Retail

19.2 Oz. Pkg.
Frozen
Select Varieties
PILGRIM'S CHICKEN WINGS

HOT SALE! MVP **2/$6**

W/O MVP Card Regular Retail

6-11.5 Oz.
Select Varieties
LEAN CUISINE ENTRÉES

5.25-12 Oz.
Select Varieties
MORNING STAR FARMS FROZEN FOODS

HOT SALE! MVP **2.99 EA**

W/O MVP Card $4.99 EA

14-26 Oz.
Select Varieties
MCCAIN FROZEN POTATOES

HOT SALE! MVP **2.99 EA**

W/O MVP Card $4.29 EA

HOT SALE! MVP **4.99 EA**

W/O MVP Card $7.39 EA

50 Ct.
Select Varieties
TOTINO'S PIZZA ROLLS

20-22 Oz.
Select Varieties
BERTOLLI OR P.F. CHANG'S FROZEN MEALS

HOT SALE! MVP **5.99 EA**

W/O MVP Card $7.99 EA

HOT SALE! MVP **2/$5**

W/O MVP Card $3.99 EA

14 Oz.
Select Varieties
BASKIN ROBBINS ICE CREAM

HOT SALE! MVP **2.99 EA**

W/O MVP Card $4.99 EA

14.7 Oz.
Select Varieties
OUTSHINE BARS

HOT SALE! MVP **4.99 EA**

W/O MVP Card $5.99 EA

12 Oz.
Select Varieties
VEGGIES MADE GREAT MUFFINS

HOT SALE! MVP **4.99 EA**

W/O MVP Card $5.99 EA

37.4-41.6 Oz.
Select Varieties
PILLSBURY GRANDS! BISCUITS

W-2 ZNCO ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGRY ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNBQ ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVTI ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 02/25/26

Stock the freezer with family favorites and *cool savings!*

HOTSALE! MVP **5/$5**
W/O MVP Card $1.88 EA

7-10 Oz.
Select Varieties
GREEN GIANT BOXED VEGETABLES

HOTSALE! MVP **1.99 EA**
W/O MVP Card $3.29 EA

12-13 Oz.
Select Varieties
SUPER-PRETZEL SNACKS

HOTSALE! MVP **2/$6**
W/O MVP Card $3.49 EA

12.7-14.8 Oz.
Select Varieties
EGGO PANCAKES OR FRENCH TOAST STICKS

HOTSALE! MVP **5.99 EA**
W/O MVP Card $7.99 EA

10.9-12 Oz.
Select Varieties
CAULIPOWER PIZZA

HOTSALE! MVP **3.99 EA**
W/O MVP Card $4.99 EA

18.4-19.8 Oz.
Select Varieties
TOMBSTONE PIZZA

HOTSALE! MVP **4.99 EA**
W/O MVP Card $6.49 EA

35-37 Oz.
Select Varieties
MRS. SMITH'S PIES

9.25-10.3 Oz.
Select Varieties
HEALTHY CHOICE DINNERS OR MARIE CALLENDER'S BOWLS

MVP PRICED LOW EVERY DAY
2/$6
W/O MVP Card $3.69 EA

HOTSALE! MVP **2/$6**
W/O MVP Card $4.99 EA

11-38.25 Oz.
Select Varieties
BLUE BUNNY NOVELTIES

HOTSALE! MVP **6.99 EA**
W/O MVP Card $8.99 EA

21.5-33 Oz.
Select Varieties
HERSHEY'S DESSERT PIES

HOTSALE! MVP **2/$4**
W/O MVP Card $2.99 EA

7 Oz.
Select Varieties
ORE-IDA BAGEL BITES

W-3 ZNCO ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHW ZGRY ZGSA ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNBQ ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVTI ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 02/25/26

Deals that keep mealtime simple and *affordable!*

HOT SALE! MVP **2/$5**
W/O MVP Card $4.89 EA

22-24 Oz.
Select Varieties
PICTSWEET FROZEN VEGETABLES

HOT SALE! MVP **2/$5**
W/O MVP Card $3.68 EA

10.7-12.3 Oz.
Select Varieties
EGGO FROZEN WAFFLES

HOT SALE! MVP **4.99 EA**
W/O MVP Card $7.39 EA

8-21.60 Oz.
Select Varieties
DELIMEX SNACKS

HOT SALE! MVP **6.99 EA**
W/O MVP Card $8.59 EA

23.5-36 Oz.
Select Varieties
EDWARDS PIES

48 Oz.
Select Varieties
WYMAN'S FRESH FROZEN FRUIT

HOT SALE! MVP **9.99 EA**
W/O MVP Card $12.99 EA

10.5-20 Oz.
Select Varieties
STOUFFER'S OR YELLOWSTONE FROZEN DINNERS

HOT SALE! MVP **4.99 EA**
W/O MVP Card Regular Retail

MVP DIGITAL COUPONS Load on App • Online • In-Store Kiosk

HOT SALE! **2/$7**
W/O MVP Card $4.89 EA
MVP Coupon **-1.00** OFF 2
2/$6
MVP W/ MFR. DISCOUNT SAVINGS LIMIT 1

14.5-16 Oz.
Select Varieties
HUNGRY-MAN DINNERS

HOT SALE! **4.49 EA**
W/O MVP Card Regular Retail
MVP Coupon **-1.00** OFF 1
3.49 EA
MVP W/ MFR. DISCOUNT SAVINGS LIMIT 1

15.2-16 Oz.
Select Varieties
BEN & JERRY'S ICE CREAM

HOT SALE! **5.99 EA**
W/O MVP Card $7.99 EA
MVP Coupon **-1.00** OFF 1
4.99 EA
MVP W/ MFR. DISCOUNT SAVINGS LIMIT 1

25-38 Oz.
Select Varieties
MARIE CALLENDER'S DESSERT PIES

HOT SALE! **5.99 EA**
W/O MVP Card $6.49 EA
MVP Coupon **-1.00** OFF 1
4.99 EA
MVP W/ MFR. DISCOUNT SAVINGS LIMIT 1

12-15 Oz.
Select Varieties
SANDWICH BROS. PITA SNACK SANDWICHES

W-4 ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGHW ZGRY ZGSA ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNBQ ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTNA ZTNV ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 02/25/26