



THE BIG SALE!

ONLY

3⁴⁹
LB

**GREEN or RED
SEEDLESS GRAPES**

product of Peru, South Africa or
Chile, no. 1 grade
7.69/kg
raisins verts ou
rouges sans pépins
20425775001_KG/
20159199001_KG



ONLY

7⁹⁹

**RUSSET
POTATOES**

product of Canada,
Canada no. 1 grade
pommes de terre
20101572001_EA



20 LB BAG

SAVE 33%

3⁹⁹
LB

ASPARAGUS
product of Mexico, no. 1 grade
8.80/kg
asperges
20174581001_KG



SAVE 33%

3⁹⁹

**EAT SMART or
TAYLOR FARMS
CHOP SALAD KIT**
selected varieties, product of U.S.A.
troussees de salade
20674118_EA/21335159_EA



292-383 G

**App
exclusive offer**



Optimum™



Earn

200
pts

For every \$1* spent
on all fresh citrus

That's

20%
back

agrumes frais
20426078001_KG/20040489001_EA/20028593001_EA/20072482001_KG

NOFRILLS®

THE BIG SALE!

FLYER PRICES EFFECTIVE THURSDAY, FEBRUARY 19 TO WEDNESDAY, FEBRUARY 25, 2026.

ONLY

5.44
LB

WHOLE EYE OF ROUND ROAST
cut from Canada grade AA beef or higher
11.99/kg
rôti de noix de ronde entière
21019179_KG

WHILE QUANTITIES LAST

SAVE 36%

3.50

NO NAME® BACON
375 g
bacon
21659056_EA

WHILE QUANTITIES LAST

SAVE 33%

\$4
LB

PORK COMBO CHOPS
fresh, boneless
8.82/kg
côtelettes de porc
20328463_KG

WHILE QUANTITIES LAST

ONLY

\$2

GROUND CHICKEN
frozen, 454 g
poulet haché
21028398_EA

WHILE QUANTITIES LAST

ONLY

3.33



BLACK DIAMOND SLICES PROCESSED CHEESE PRODUCT
selected varieties
410 g
produit de fromage fondu
21252564_EA

App exclusive offer

Optimum™

Member Price
\$5

Non-Members
\$7

Members Save
\$2



PC® DINNER ENTRÉES
selected varieties, frozen, 907-1.13 kg
plats cuisinés
21339136_EA

PRICE DROP

1.75



HOLIDAY LUNCHEON MEAT 340 g or
MAPLE LEAF FLAKES 156 g
selected varieties
poin de viande ou flocons
20298273001_EA/20618778_EA

SAVE 43%

1.88



CAMPBELL'S READY TO SERVE 515 mL or
HABITANT 796 mL **SOUP**
selected varieties
soupe
20299690002_EA/21480538_EA

SAVE 28%

\$2



CHRISTIE CRACKERS
selected varieties
175-200 g
croquelins
21030647_EA/21547034_EA

PRICE DROP

\$3



CLASSICO PASTA SAUCE
selected varieties
410/600 mL
sauce pour pâtes
20325609001_EA/21618217_EA

ONLY

\$4



TROPICANA ORANGE JUICE, DRINKS or PURE LEAF ICED TEA
selected varieties, refrigerated
1.36-1.75 L
jus d'orange ou boissons au thé glacé
21622130_EA/21679399_EA

SAVE UP TO 38%

10.99



817 ELEPHANT BRAND BASMATI RICE
selected varieties
4 kg
riz basmati
20787524_EA/21341987_EA

SAVE UP TO 52%

\$9



SUNLIGHT 4 L or **PUREX** 4.08-4.43 L **LAUNDRY DETERGENT** or **FLEECY FABRIC SOFTENER** 3.5 L
selected varieties
détergent ou assouplissant
20083252001_EA/21427042_EA

SAVE UP TO 50%

\$4



ROYALE FACIAL TISSUE
selected varieties
6x72/100 sheets
mouchoirs
20702419_EA

WOW!

1.25



PALMOLIVE LIQUID DISH DETERGENT
selected varieties
591/828 mL
savon liquide à vaisselle
20861400_EA/20861642_EA

FLYER PRICES EFFECTIVE IN ATLANTIC CANADA STORES ONLY.

nofrills.ca

01 NFA N

NEW LOWER PRICES

4⁷⁵

PC® FROZEN FRUIT
selected varieties
300-600 g
fruits surgelés
20312227 EA



\$5

CHAPMAN'S FROZEN YOGURT or SORBET
selected varieties, frozen
yogourt glacé or sorbet
20314434001 EA/20529120001 EA



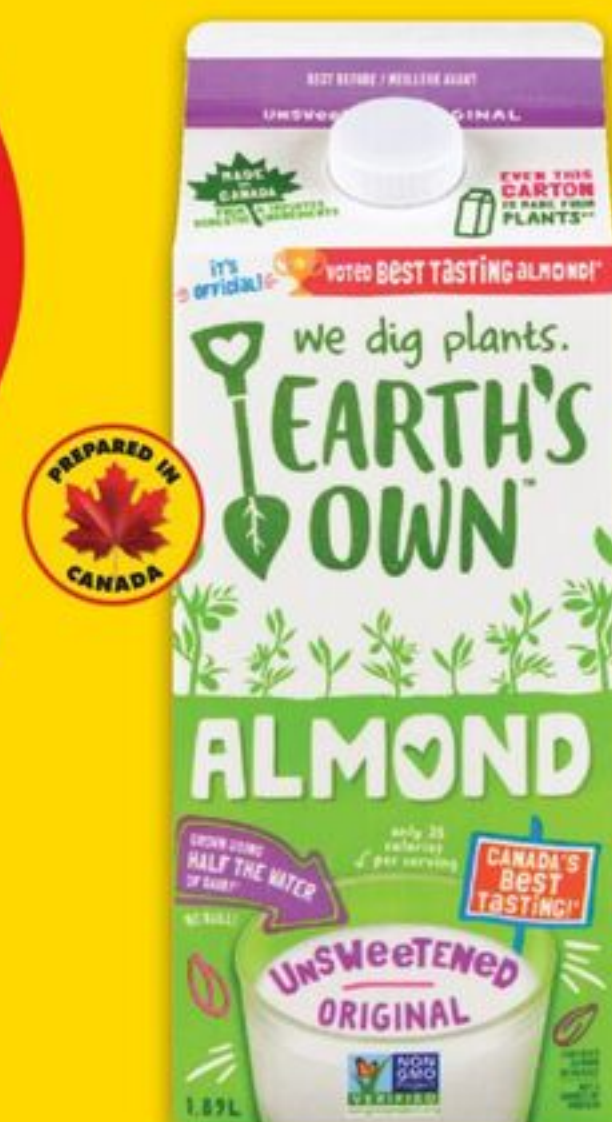
5⁵⁰

SCHNEIDERS BREAKFAST SANDWICH or EGG BITES
selected varieties, frozen
204-288 g
sandwichs déjeuner ou
bouchées d'œuf
21623187 EA/21623288 EA



3⁵⁰

EARTH'S OWN ALMOND or SOY BEVERAGE
selected varieties, refrigerated
1.75/1.89 L
boisson d'amande ou soya
20327647 EA



\$5

ACTIVIA YOGURT
selected varieties
8x93 mL
yogourt
21430512 EA



BABY ESSENTIAL AT LOW PRICES

34⁹⁹

HUGGIES ECONO PACK DIAPERS
selected varieties
size N-8, 60-208's
couches
21663768_EA



44⁹⁹

KENDAMIL WHOLE MILK INFANT FORMULA
800 g
préparation pour nourrissons
21699547_EA



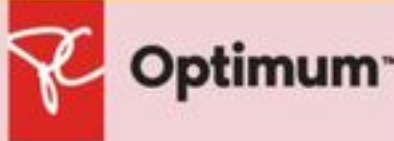
34⁹⁹

PAMPERS ECONO PACK DIAPERS
selected varieties
size N-8, 58-180's
couches
21551567_EA



27⁹⁹

HUGGIES SUPER BIG PACK DIAPERS
size N-7, selected varieties
36-128's
couches
21172500_EA



Earn
10,000
pts

when you spend
\$50 or more

That's
\$10
value

BABY DIAPERS, WIPES, FORMULA, FOOD, NEEDS or ACCESSORIES
selected varieties and sizes
couches ou lingettes ou préparation pour nourrisson ou
aliments ou articles ou accessoires
21172501_EA/21370843_EA/21540716_EA/21699547_EA/20304618007_EA

FRESH AT LOW PRICES

2.99
EA/LB

FARMER'S MARKET™ GRAPE TOMATOES each, product of Canada, Mexico or U.S.A. or **TOMATOES ON THE VINE** 6.59/kg, product of Canada or Mexico tomates sur vigne ou tomates raisins 21367888001 EA/ 20026703001 KG



4.99

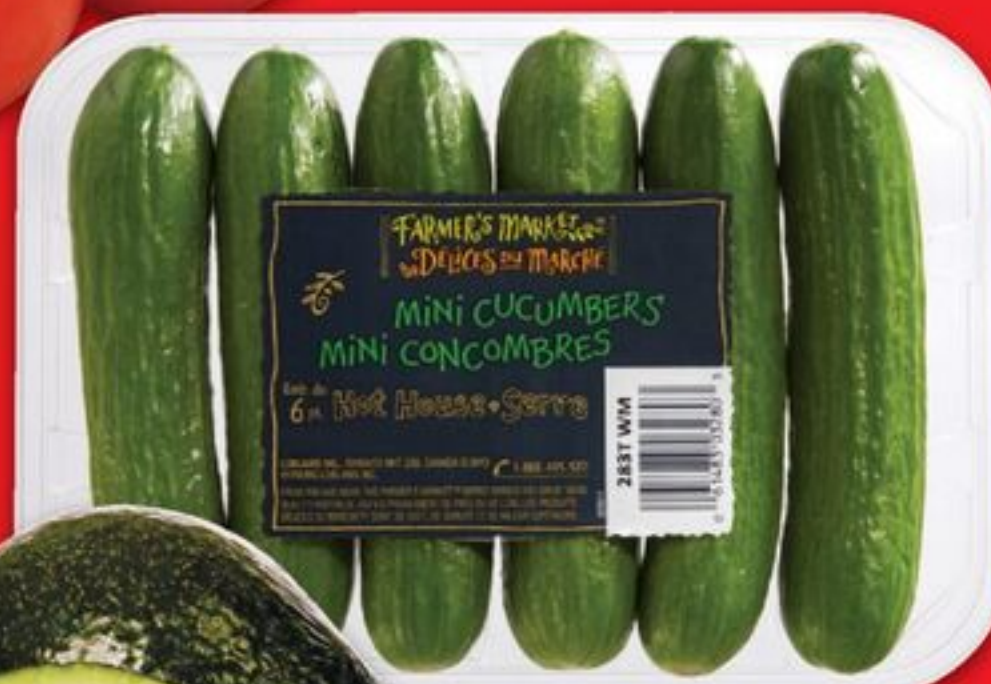
6 OZ CLAMSHELL

BLACKBERRIES product of Mexico or **RASPBERRIES** product of Mexico or U.S.A., no. 1 grade mûres ou framboises 20051015001 EA/20128938001 EA

4.99

PKG OF 5

AVOCADOS product of Mexico, Peru or Colombia avocats 21644936001 EA



3.99

PKG OF 6

FARMER'S MARKET™ MINI CUCUMBERS product of Canada or Mexico, no. 1 grade mini-concombres 20737570001 EA



If your produce isn't fresh, we'll replace AND refund it.*

4.99



CANTALOUPE product of Guatemala, Honduras or Brazil no. 1 grade each cantaloupes 20167017001 EA

2.79



BROCCOLI CROWNS product of Mexico or U.S.A. each couronnes de brocoli 21131560001 EA

3.99
LB



YELLOW PEACHES or **NECTARINES** product of Chile, no. 1 grade pêches ou nectarines à chair jaune 8.80/kg 20319426001 KG/20003646001 KG

5.50



BASSE SNACK MIX selected varieties 415-600 g mélange à collation 21158603 EA/21158612 EA

5.99

3 LB BAG



4 LB BAG

FARMER'S MARKET™ MCINTOSH or **ROYAL GALA APPLES** product of Atlantic Provinces, Canada fancy grade or **FARMER'S MARKET™ ORANGES** product of Morocco or Spain poires ou oranges 20713231001 EA/20162945001 EA

7.99

4 LB BAG



FARMER'S MARKET™ MANDARINS product of Morocco or Spain mandarines 20054035001 EA

4.49



680 G

PC® LITTLE GEMS™ RED, YELLOW or **MIXED MINI POTATOES** product of Canada, Canada no. 1 grade mini-pommes de terre cossues, dorées ou assorties 21247301001 EA/21247299001 EA

5.99



PKG OF 3

FARMER'S MARKET™ SWEET PEPPERS product of Mexico piments 20083631001 EA

3.50



LARSEN WIENERS 375 g saucisses fumées 21093446 EA

6.49



PC® SAUSAGES 375/500 g **ULTIMATE DINNER** or **BREAKFAST CHICKEN SAUSAGES** 375/500 g selected varieties saucisses 21378310 EA/21584342 EA

8.99



JANES BONELESS CHICKEN BITES, CHICKEN BREAST FILETS or **RESTAURANT STYLE TENDERS** selected varieties, frozen, 710/720 g bouchées de poulet ou filets ou lanieres de poitrine de poulet 21460340 EA

6.50
LB



LEAN GROUND BEEF AND PORK fresh bœuf et porc hachés maigres 14.33/kg 20842046 KG

3.50



D'ITALIANO BREAD 620/675 g or **BUNS** 4/B's selected varieties pain ou petits pains 20028335 EA/20521048 EA

\$4



CHRIS BROTHERS SHAVED DELI MEAT or **ALL BEEF SALAMI** selected varieties 150-250 g charcuteries émincées ou salami tout bœuf 21237303 EA/21237314 EA

\$5



FARMER'S MARKET™ MUFFINS 6's or **PC® MINI MUFFINS** 336 g selected varieties muffins 21283554 EA/21488839 EA

\$7



SEAQUEST® raw or cooked **WHITE SHRIMP** 36/55 per lb, 300 g or **SHRIMP RING** 227 g frozen crevettes blanches ou couronne de crevettes 21636332 EA

*Fresh Guarantee: Applicable to eligible fresh produce items purchased at No Frills store locations or online at nofrills.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the No Frills store where purchase originated. The guarantee does not apply to produce items with a stated "best before" date (e.g. bagged salad kit, packaged bean sprouts) and may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.

DELI DEALS

\$4

**OLIVIERI SKILLET
GNOCCHI**

selected varieties
280/300 g
gnocchi
21022065, EA

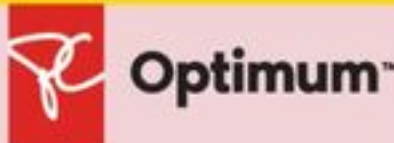


\$6

PACE PIZZA 502-542 g or
**LA CASA ROSA
FRESH ENTREES** 350 g
selected varieties
pizza ou plats cuisinés
21515170, EA/21673693, EA



App exclusive offer

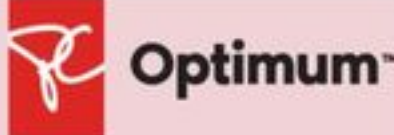


**ZIGGY'S® PEPPERONI
STICKS** 300 g or **PC® CHEESE
SLICES** 140-170 g
selected varieties
bâtonnets de saucisson ou tranches de fromage
21665284, EA/20250947, EA

\$5

Earn
1,000
pts

That's
\$1
value



DAIYA VEGAN CHEESE 170-200 g
or **RESER'S MAIN ST BISTRO
MAC AND CHEESE** or **MASHED
POTATOES** 567-680 g
fromage végétal ou macaroni au fromage
ou purée de pommes de terre
21207740, EA/20027947, EA

\$5.50

Earn
1,000
pts

That's
\$1
value

BRANDS YOU LOVE AT LOW PRICES

ONLY

6⁷⁹



YOPLAIT or iöGO YOGURT
selected varieties
16x100 g
yogourt
20317317001 EA/20609583001 EA

SAVE 44%

3⁵⁰



SCOTSBURN COTTAGE CHEESE
selected varieties
500 g
fromage cottage
20972856 EA

ONLY

3⁵⁰



PC® ICE CREAM SHOP TUBS 946 mL or **NOVELTIES** 6's
selected varieties frozen
crème glacée ou friandises glacées
21013145 EA

ONLY

\$7



DR. OETKER SUPREMA
487-520 g or **GIUSEPPE STUFFED CRUST PIZZA**
685-771 g, selected varieties, frozen
pizza
21649640 EA

Optimum

\$8⁹⁹

Earn **1,000 pts**

That's \$1 value

KELLOGG'S JUMBO SIZE CEREAL
selected varieties
825 g - 1.01 kg
céréales
20072706 EA/21651991 EA

2⁴⁹

FRUITOPIA, PEACE TEA or FRUITÉ BEVERAGES
selected varieties,
refrigerated
1.54/1.75 L
thé ou boissons
2034740001 EA/21595842 EA

\$3

LAY'S POTATO CHIPS
selected varieties
177-235 g
croustilles
21261032 EA/21663083 EA

5⁹⁹

EGGO WAFFLES 16's or **PROTEIN** 8's
selected varieties, frozen
pâtes
20099730004 EA/21639330 EA

1²⁹

NEILSON MILKSHAKE or MILK2GO
selected varieties
310 mL
lait fouetté ou lait
21040932 EA/216540942 EA

4⁵⁰

NO NAME® PEANUT BUTTER
selected varieties
1 kg
beurre d'arachide
20296985001 EA/20296985002 EA

2²⁹

DARE BEAR PAWS 168-240 g, **ULTIMATE COOKIES** 290/300 g, **VIVA PUFFS** 300 g or **WAGON WHEELS** 315/360 g
selected varieties
biscuits
20974346 EA/21080791 EA

\$15

POGO
club size, frozen
20's
saucisses sur bâtonnet
20065224002 EA

2⁷⁵

PC® CROUTONS
selected varieties
140 g
croustons
20796248001 EA

2⁹⁹

UNICO PICKLED VEGETABLES or OLIVES
selected varieties
125-750 mL
légumes marinés ou olives
20224445 EA/21103533 EA

.25

NO NAME® INSTANT NOODLE SOUP
selected varieties
85 g
soupe aux nouilles instantanée
20301274001 EA

1²⁵

CLOVER LEAF LIGHT TUNA
selected varieties
170 g
thon
20573583 EA

\$1

UNICO TOMATO PASTE
156 mL
pâte de tomate
20005527 EA

\$2

KNORR SIDEKICKS
selected varieties
120-162 g
plats
20231430001 EA

\$7

NESCAFÉ or TASTER'S CHOICE INSTANT COFFEE
selected varieties
100-170 g
café instantané
20461811001 EA/20873036 EA

\$3

TETLEY TEA
selected varieties
20/24's
thé
20711158 EA/21663642 EA

THE BIG SALE!

ONLY

899



NO NAME® CHEESE
selected varieties
700 g
fromage
20975773_EA



PRICE DROP

150

ITALPASTA
selected varieties
750 g
pâtes
20296241001_EA/20296241003_EA

SAVE 22%

\$1



YOPLAIT YOP DRINKABLE YOGURT
selected varieties
200 mL
yogourt à boire
21478178_EA/21478300_EA



PRICE DROP

899

GALLO EXTRA VIRGIN OLIVE OIL
selected varieties
1 L
huile d'olive extra vierge
20105368_EA

\$5.50

Earn 500 pts

That's 50¢ value

ROBIN HOOD® or FIVE ROSES FLOUR
selected varieties
2/2.5 kg
farine
20039497001_EA/20039497005_EA

179

ANNIE'S MACARONI & CHEESE
selected varieties
170 g
macaroni au fromage
20316137001_EA

\$2

CHEEZ-IT CRACKERS
selected varieties
191/200 g
craquelins
21214500_EA

250

PRINGLES POTATO CRISPS 148/156 g
or **QUAKER CRISPY MINIS** 100-199 g
selected varieties
croustilles ou collations
20303002001_EA/211003833_EA

699

IMPERIAL MARGARINE
1.28 kg
margarine
20084892_EA

124

MICHELINA'S DINNER ENTRÉES 150-284 g or **SWANSON POT PIES** 200 g
selected varieties, frozen
plats cuisinés ou pâtis
20320235001_EA/21208614_EA

1375

COCA-COLA or PEPSI SOFT DRINKS
selected varieties
24x355 mL
boissons gazeuses
20306687002_C24/20308197001_C24

150

COCA-COLA SOFT DRINKS 1 L or **PC® SPRING WATER** 4 L
selected varieties
boissons gazeuses
ou eau de source
20299090_EA/21185641_EA

1150

GLAD GARBAGE BAGS
selected varieties
30's
sacs à ordures
21104512_EA

\$5

OLD DUTCH LAUNDRY DETERGENT
selected varieties
4 L
détergent à lessive
21467437_EA

\$6

NO NAME® NAPKINS
Club Pack®
500's
serviettes
20306497_EA

229

WERTHER'S CANDY BAG 150/154 g
selected varieties
friandises
20898717_EA/21545554_EA

\$11

NO NAME® CAT LITTER
selected varieties
18 kg
litière pour chats
20177160001_EA

115

PC® NUTRITION FIRST® WET CAT FOOD
selected varieties
85 g
nourriture humide pour chats
21329618_EA

279

PC® NUTRITION FIRST® WET DOG FOOD
selected varieties
374 g
nourriture humide pour chiens
21359232_EA

\$6

EVERYDAY ESSENTIALS™ PERFORM BATH TOWELS
serviettes de bain
21434220_EA

Quantities and/or selection (flavour, colour, patterns, style) of items may be limited and not be available in all stores. No rainchecks or substitutions on clearance items or when quantities are advertised as limited. We reserve the right to limit purchase quantities per customer to reasonable family requirements. See in-store for details. We are not obligated to sell items based on errors or misprints in typography or photography. All savings claims (i.e. "Save", "Was", "1/2 Price", etc.) are in comparison to our own regular prices. Regular pricing and savings on items shown may vary by store location. Applicable taxes, fees, deposits, recycling or environmental surcharges are extra. Coupons must be presented and redeemed at time of purchase. *PC Optimum™: Scan your PC Optimum™ app or swipe your card to get Members Pricing or points. See instore for details. **Must be a registered PC Optimum™ member to get this offer.



FEBRUARY

**HIT
OF THE
MONTH**

\$2



Made in Canada

Cavendish Fries

Frozen, selected varieties, 800 g

Limit: 6, over limit retail \$3.00

21559837_EA

\$4



Royale Tiger Towel

3=6 rolls

Limit: 6, over limit retail \$5.00

21484702_EA

\$2⁶⁷



Prepared in Canada

Vachon Snack Cakes

Selected varieties, 282 g - 336 g

Limit: 6, over limit retail \$3.50

20963606_EA/20005728_EA

**LOWEST PRICES
BEST DEALS**

As compared to other major grocery retailers within your local trade areas.

Offer valid February 1st - 28th, 2026 while quantities last.

We reserve the right to limit quantities to reasonable family requirements. No rainchecks.

LAST *CHANCE TO* SAVE BIG*

Redemption ends
February 25th or
while supplies last.

Supplies
are
limited!



COLLECT
& SAVE!
BIG

*Get 1 stamp for every eligible \$20 spent before taxes in a single transaction until Feb. 11, 2026 at participating Loblaw banner stores. 8 bonus stamps for PC Optimum™ members who opt-in using the PC Optimum™ App ("App") between Oct. 16, 2025-Feb. 11, 2026. 1 bonus offer/account/household. Purchase exclusions apply. Stamps have no cash value and are non-transferrable. See in store for paper stamp card or App to opt-in to program for digital stamp card. Stamp redemption ends Feb. 25, 2026 or while supplies last. 20 stamps must be presented at time of ovenware purchase. Ovenware selection and/or quantities may diminish as completed cards are redeemed. All sales final. For full warranty information, product replacement process, FAQ's and complete offer details, visit pcoptimum.ca/collectandsave.

3²⁹

NATURE VALLEY GRANOLA BARS, PROTEIN BARS or BISCUITS 148-210 g or **FIBRE 1 BARS** 125 g
 selected varieties
 barres granola ou barres protéinées ou biscuits ou barres
 20347304001 EA/2046698001 EA

\$6

PILLSBURY PIZZA POPS 760 g or **BITES** 693 g
 selected varieties, frozen pizzas collections ou bouchées
 21439910 EA

6⁹⁹

LARABAR
 selected varieties
 5's
 20146380002 EA/20146380003 EA

5⁵⁰

GENERAL MILLS FAMILY SIZE CEREAL
 selected varieties, 455-778 g
 céréales
 211034952 EA/21103495 EA

1²⁵

OLD EL PASO SEASONING
 selected varieties
 24 g
 assaisonnement
 21049495 EA

7

FUZE ICED TEA
 selected varieties
 12x341 mL
 thé glacé
 21645562 C12

1²⁵

POWERADE SPORTS DRINK
 selected varieties
 710 mL
 boisson désaltérante
 20853721 EA/21280143 EA

4

COCA-COLA or CANADA DRY SOFT DRINKS
 selected varieties
 6x222 mL
 boisson gazeuse
 20354288002 C06

3⁵⁰

OIKOS GREEK YOGURT
 selected varieties
 4x100 g
 yogourt
 20419715001 EA/206235055 EA

3⁵⁰

ACTIVIA EXPERT or OIKOS PRO YOGURT
 selected varieties
 yogourt
 21685261 EA

3⁵⁰

ACTIVIA YOGURT
 selected varieties
 650 g
 yogourt
 20325132001 EA/20325132003 EA

\$16

CENTRUM MULTIVITAMIN 90's, VOLTAREN BACK & MUSCLE PAIN 120 g or **JOINT PAIN** 100 g
 selected varieties
 multivitamines ou analgésique
 21111046 EA/21225884 EA

\$10

ADVIL PAIN RELIEF CAPSULES 20-32's, **TABLETS** 30-50's or **CHILDREN'S ADVIL FEVER AND PAIN RELIEF** 100 mL, 20 tablets or **PEDIATRIC DROPS FOR INFANTS** 24 mL
 selected varieties
 analgésique en capsules ou comprimés ou produits de soulagement de la fièvre pour enfants ou gouttes pour tout-petits
 20316898001 EA/21372442 EA

\$13

NEOCITRAN COUGH COLD RELIEF PRODUCT
 selected varieties, 10's single dose pouches
 produit pour le soulagement de la toux et du rhume
 20324424001 EA

76⁹⁹

SIMILAC 360 TOTAL CARE READY TO FEED INFANT FORMULA
 step 1 or 2
 16x235 mL
 préparation pour nourrissons
 21702882 C16

25⁹⁹

SIMILAC GO & GROW TODDLER NUTRITION POWDER
 milk flavor
 850 g
 préparation nutritive en poudre pour tout-petit
 21702816 EA

9⁵⁰

PEDIASURE COMPLETE
 selected varieties
 4x235 mL
 supplément nutritif
 21317922 EA

34⁹⁹

SIMILAC CALCIUM, IRON or REGULAR INFANT FORMULA
 selected varieties
 850 g
 préparation pour nourrissons
 20755371003 EA

ONL 01 NFA

1000s OF LOWERED PRICES EVERY DAY!

PRICE DROP

3⁵⁰



CREST PRO-HEALTH or COMPLETE TOOTHPASTE
selected varieties
100-130 mL
dentifrice
21041420, EA/21354024, EA



COLGATE TOOTHPASTE
70-133 mL, 2x120/150 mL or
MANUAL TOOTHBRUSH 2's
selected varieties
dentifrice ou brosse à dents
20110327002, EA/21166650, EA

\$6



\$11

AVEENO LOTION
selected varieties
532 mL
lotion
20102023001, EA/20102023003, EA

\$5



DOVE BAR SOAP 3x106 g,
BODY WASH 325 mL,
DEODORANT 45-76 g or
HAIR CARE
142-198 g/195-355 mL
selected varieties
pain de savon ou
nettoyant pour le corps ou
déodorant ou soins capillaires
21220717, EA/21444433, EA

7⁵⁰



IVORY BODY WASH PUMP
selected varieties
1035 mL
nettoyant pour le corps
21432577, EA/21432546, EA

\$3



SPEED STICK or LADY SPEED STICK DEODORANT
selected varieties
45-85 g
déodorant
20348223001, EA/20847071, EA

\$18



POISE PADS or DEPENDS UNDERWEAR
selected varieties and sizes
12 -66's
serviettes ou sous-vêtements
21023579, EA/21302119, EA

3²⁵



HERBAL ESSENCES HAIR CARE
selected varieties
346 mL
soins capillaires
21347094, EA/21347099, EA

\$10



TYLENOL CHILDREN'S or INFANTS' PAIN RELIEF PRODUCTS
selected sizes and varieties
produits de soulagement de la douleur
20329139001, EA

\$12



ENSURE or GLUCERNA READY TO DRINK SHAKES
selected varieties and sizes
boissons frappées prêtes à boire
20180283003, EA/20304767001, C06

26⁹⁷



PAMPERS EASY UPS or NINJAMA'S TRAINING PANTS
selected varieties
34-74's
culottes d'entraînement
21089345, EA/21393033, EA

34⁹⁷



ENFAGROW A+ INFANT NUTRITIONAL SUPPLEMENT
selected varieties
907 g
supplément nutritif pour nourrisson
21694898, EA

9⁵⁰



PEDIASURE COMPLETE
selected varieties
4x235 mL
supplément nutritif
21371922, EA

7⁹⁹



HUGGIES 2x/3x BABY WIPES
selected varieties
112-192's
lingettes pour bébé
20358404, EA/21084935, EA

ALWAYS \$5



LIFE BRAND® LIQUID HAND SOAP REFILL
selected varieties
2L
recharge de savon
liquide pour les mains
21307613003, EA/21307613004, EA

HAPPY HOLI!

होली की शुभकामनाएं



12⁹⁹

**AASHIRVAAD
WHOLE WHEAT
FLOUR**

9.07 kg
farine de blé entier
21359688 EA



3⁹⁹



**SURAJ®
DRY BEANS or LENTILS**

selected varieties
1.8 kg
lentilles ou haricots secs
20558757 EA/20558758 EA

1²⁵

**HALDIRAM'S
INDIAN SNACKS**

selected varieties
150/160 g
collations indiennes
20314667007 EA



6⁴⁹

**BRAR'S
SAMOSA**

selected varieties, frozen
624 g
samosas
21000033 EA



\$2

**RUBICON
JUICE**

selected varieties
4x200 mL
jus
20325890001 EA





Optimum™

App exclusive offers

More offers
More points

Members
get over

\$25

in value

CLICK FOR
THESE COUPONS
AND MORE



Optimum™



Earn
500
pts

Until March - 4 - 2026

PC® INSTANT COFFEE
80 - 100 g
café instantané

Optimum™



Save
\$2

with digital
coupon

**NESCAFÉ RICH
INSTANT COFFEE**
excludes 95 g
café instantané

Optimum™



Earn
1,000
pts

Until March - 4 - 2026

PC® CHOCOLATE BARS
300 g
chocolat au lait

Optimum™



Earn
2,000
pts

Until March - 4 - 2026

PC® BASQUE CHEESECAKE
600 g
gâteau au fromage

Optimum™



Earn
500
pts

Until March - 4 - 2026

PC® COLESLAW
397 g
salade de chou

Optimum™



Earn
1,000
pts

Until March - 4 - 2026

**PC® GNOCCHI or
RISOTTO** or
350/400 g
gnocchi ou risotto

Optimum™



Earn
750
pts

Until March - 4 - 2026

**PC® BLUE MENU®
CALAMANSI CITRUS AND
STRAWBERRY
SPARKLING
WATER** 12 x 355 mL
eau pétillante

Optimum™



Earn
750
pts

Until March - 4 - 2026

PC® LOW SODIUM CLUB SODA
12 x 355 mL
soda

Optimum™



Earn
1,500
pts

Until March - 4 - 2026

**PC® RED
BREW
DE-ALCOHOLIZED
LAGER BEER** 12 x 355 mL
bière

Optimum™



Earn
1,000
pts

Until March - 4 - 2026

PC® BABY WIPES
300's
lingettes bébé

Optimum™



Earn
500
pts

Until March - 4 - 2026

**NO NAME®
CHICKEN STRIPS**
908 g
lanières de poulet

Optimum™



Earn
500
pts

Until March - 4 - 2026

**NO NAME®
CHICKEN NUGGETS**
908 g
pépites de poulet

Optimum™



Earn
2,000
pts

Until March - 4 - 2026

PC® MEAT LASAGNA
2.27 kg
lasagne

More offers. More points.

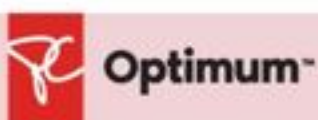
CLICK FOR
THESE COUPONS
AND MORE



Earn
500
pts

Until March - 4 - 2026

NO NAME® CHOCOLATE CHIP COOKIES
907 g
brisures chocolatées



Earn
500
pts

Until March - 4 - 2026

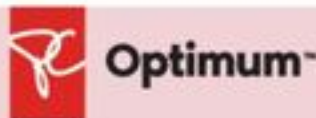
NO NAME® BUTTER
454 g
beurre salé



Earn
500
pts

Until March - 4 - 2026

NO NAME® 100% WHOLE GRAIN QUICK OATS
1 kg
gruau rapide



Earn
500
pts

Until March - 4 - 2026

NO NAME® SPICES
150 g
épices



Earn
1,000
pts

Until March - 4 - 2026

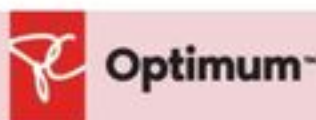
NO NAME® CHICKEN HOT DOGS
1.5 kg
saucisses fumées



Earn
500
pts

Until March - 4 - 2026

NO NAME® CHICKEN BURGER
908 g
burger au poulet



Earn
500
pts

Until March - 4 - 2026

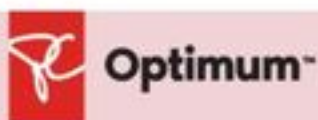
NO NAME® CALIFORNIA MIXED VEGETABLES
750 g
mélange de légumes



Earn
2,000
pts

Until March - 4 - 2026

NO NAME® CHICKEN WINGS, MEDIUM BBQ
908 g
barbecue mi-piquantes



Earn
500
pts

Until March - 4 - 2026

NO NAME® LEMONADE
1.75 L
limonade



Earn
1,500
pts

Until March - 4 - 2026

NO NAME® FACIAL TISSUE
2 ply, 6 x 200 sheets
tissu facial



Earn
1,000
pts

Until March - 4 - 2026

NO NAME® KITCHEN GARBAGE BAGS
21 L
sacs poubelle



Earn
1,500
pts

Until March - 4 - 2026

NO NAME® EXTRA SCENTED SCOOPABLE CLUMPING CAT LITTER
7 kg
litière pour chat



**Express[™]
Pass**

Get your first year
of *PC Express* Pass for

\$2/month*

- Unlimited No Frills® delivery or pickup
- Earn 2% back in (pts) with eligible pickup orders**

Use code

PASS76

Learn more

*/**Offer valid until February 18, 2026. Conditions apply, \$30 minimum order. Regular price \$99.99/year after your first year.



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TO YOUR
EMAIL.**

STRAIGHT TO YOUR EMAIL

Scan the QR code to sign up.

STRAIGHT TO YOUR PHONE

Text "OFFER" to 374557 (FRILLS)*



*Standard message and data rates may apply.

MORE WAYS TO SAVE



**NEW
LOWER
PRICES**

Enjoy these price drops for longer.



**RAIN
CHECK**
+ **pts**

We'll honour a current deal if we're sold out, and give 10% in PC Optimum points.



ALWAYS

Count on low everyday prices.



**FRESH
GUARANTEE**

If your produce isn't fresh, we'll replace AND refund it.

The  **NOFRILLS**® thing to do.

†Raincheck + PC Optimum Points: Applies to out of stock items advertised in the current weekly flyer ("Promotion Period"). Raincheck can be used towards purchase of the unavailable item (subject to reasonable customer/requirements) at the advertised flyer price plus 10% back in PC Optimum points when the item is back in stock or within 14 days of raincheck issue date. 10% back in PC Optimum points is calculated per item on the advertised flyer price. Raincheck requests must be made in-store during the unavailable item's Promotion Period. Raincheck must be redeemed in-store at the issuing store location. Raincheck + Pts does not apply to flyer items marked "while quantities last", gift cards, liquor, tobacco, seasonal and products which are provincially-regulated, or as we determine from time to time. Customers who are not PC Optimum program members will not be eligible to receive PC Optimum points. To become a member, visit www.pcoptimum.ca. We reserve the right to cancel or change the terms of this offer at any time without notice.

‡Throwback Prices: Program applies to one item weekly, as advertised in-store/online at nofrills.ca.

ONL NFA MKT