

**Ramadan
KAREEM**
رمضان كريم

blade steak
boneless
Halal
22.02/kg

23% SAVINGS

9.99
/lb

The Laughing Cow
cheese
400 g

43% SAVINGS

5.99

coho salmon fillets
fillets, deboned
22.02/kg

29% SAVINGS

9.99
/lb

Halal Boneless
striploin steak
26.43/kg

36% SAVINGS

11.99
/lb

red, green or
black seedless
grapes
South Africa
6.59/kg

50% SAVINGS

2.99
/lb

parsleys, mint bunch or
green onions
Mexico, U.S.A.

50% SAVINGS

99¢
ea.

italian tomatoes
Canada, U.S.A., Mexico
4.39/kg

50% SAVINGS

1.99
/lb

blackberries
Mexico, 170 g

60% SAVINGS

1.99

marinated shish
taouk cubes Halal
17.61/kg

20% SAVINGS

7.99
/lb

beef eye of round Halal
19.81/kg

25% SAVINGS

8.99
/lb

Halal grilled chicken breast
served with
White rice
and grilled
vegetables

10.99
/plate

Canadian
leg of lamb
Halal
33.03/kg

14.99
/lb

Adonis
mouhamara dip
250 g

10% SAVINGS

6.49
ea.

daia khudari
& branched
dates
1 kg

\$5 SAVINGS

7.99

Cedar roasted salted
pistachios
524 g

\$5 SAVINGS

7.99

Black Olives
Olive noire
2.84 L - 100.8 oz

45% SAVINGS

10.99

Cedar green
olive
2.84 L

45% SAVINGS

10.99

Cedar Calrose rice
4 kg or Aldoha
Egyptian rice 5 kg

UP TO 47% SAVINGS

8.99

Yergat vine
leaf
454 g

40% SAVINGS

8.99

Dark
Bey Beans

UP TO 66% SAVINGS

99¢

Selection
flour
10 kg

23% SAVINGS

9.99

Lindo tomato
paste
700 g

50% SAVINGS

2.99

Divella
pasta
500 g, selected
varieties
Divella
Passata
680 ml

UP TO 48% SAVINGS

1.97

Fèves goul
Foul Mudard
340 ml - 19 oz liq

UP TO 66% SAVINGS

99¢

Pois chiches

UP TO 66% SAVINGS

99¢

Cedar red kidney,
chickpea or fava
beans
540 ml

UP TO 66% SAVINGS

99¢

FROM THURSDAY, FEBRUARY 5TH TO WEDNESDAY, FEBRUARY 11TH, 2026



27% SAVINGS
10⁹⁹

Mrakovic cevapi
500 g



46% SAVINGS
2/\$3

Zabiha Halal lean
ground chicken

romaine
hearts lettuce
U.S.A., Mexico, 3 un.
3⁹⁹
ea.



Marina Del Rey wild caught
Argentinian shrimps
20-30 or 30-40 300 g

UP TO
\$6 SAVINGS
7⁹⁹

clementines
with leaves
Spain
6.59/kg

2⁹⁹
/lb



50% SAVINGS
1⁸⁸



bulgarian feta cheese
6.76/lb

50% SAVINGS
1⁴⁹
per 100g



33% SAVINGS
5⁹⁹
per 100g

Cedar almonds
454 g
Cedar oriental
mixed nuts
454 g



Puck creamy
spread
500 g

47% SAVINGS
8⁹⁹



32% SAVINGS
2⁹⁹
per 100g

Phoenicia cheese
1 kg
13.56/lb



12⁹⁹
per 100g

cheese pie
12 un.



23% SAVINGS
4⁹⁹

Irrésistible muffin
600 g



33% SAVINGS
3⁹⁹

Furlani
Bread Sticks
Bâtonnets de pain
12 BÂTONNETS
600 g



15% SAVINGS
4⁴⁹
ea.

Assorted
cake slices



20% SAVINGS
3⁹⁹

Adonis wardet el sham



13% SAVINGS
3⁴⁹
ea.

Adonis
znoud el sit



15% SAVINGS
3⁴⁹
ea.

Adonis
shaabiyat



37% SAVINGS
4⁹⁹

Daoud Basha
maamoul date
600 g



32% SAVINGS
4⁹⁹

Bonne Maman
jam
250 ml



23% SAVINGS
6⁸⁸

Nutella hazelnut
spread
725 g



33% SAVINGS
3⁹⁹

Stromboli pizza
340-422 g, selected varieties



25% SAVINGS
5⁹⁹

quick lemon juice
750 ml



25% SAVINGS
5⁹⁹

Ahmad Tea tea
bag
100 g



32% SAVINGS
6⁴⁷

Nescafé instant
coffee
100 g



45% SAVINGS
2⁹⁹

Minute Maid
refrigerated
juice
1.5 L

EVERYDAY LOW PRICES



6 UN.
3⁹⁹
ea. avocados bag
Mexico, bag 6 un.



2⁴⁹
/lb red vine tomatoes
Canada, Mexico, U.S.A.
5.49/kg



romaine
hearts
lettuce
U.S.A., Mexico,
3 un.
3⁹⁹
ea.



10/4⁹⁹
lemons
U.S.A.



lebanese cucumbers
Canada
6.59/kg

2⁹⁹
/lb



eggplants
Mexico, U.S.A.
4.39/kg

1⁹⁹
/lb



baladi squash
Mexico, U.S.A.
3.73/kg

1⁶⁹
/lb



2⁹⁹
/lb

clementines with leaves
Spain
6.59/kg



curly
parsley
Mexico
99¢
ea.



99¢
ea. fresh mint
bunch
Mexico



italian
parsley
Mexico
99¢
ea.



99¢
ea. green
onions
U.S.A., Mexico



yellow,
russet
or red
potatoes
Canada, bag 10 lb

4⁹⁹
ea.



2⁹⁹
ea. yellow
onions
Canada, 5 lb



3⁹⁹
ea. Navel seedless oranges
South Africa, bag 3 lb



kiwi basket
Greece, 600 g

3⁹⁹
ea.

Fresh FRUITS and VEGETABLES



fava or green
beans
U.S.A., Mexico
8.80/kg

20% savings
3⁹⁹
/lb



33% savings
3⁹⁹
/lb nectarines, peaches
Chile
8.80/kg



orange, yellow or
red peppers
Mexico, Honduras
8.80/kg

20% savings
3⁹⁹
/lb



Bartlett pears,
Royal Gala,
Golden or
red Delicious
apples
U.S.A., Canada
4.39/kg

33% savings
1⁹⁹
/lb



20% savings
1⁹⁹
/lb seedless oranges
South Africa
4.39/kg



2⁹⁹
ea. quince
Turkey



2/\$5
white mushrooms 227 g
Canada



1⁹⁹
/lb green or flat cabbage
Canada, U.S.A.
4.39/kg



mini sweet
peppers 454 g
Mexico, Honduras

20% savings
3⁹⁹
ea.



blueberries pint
Peru, Chile, U.S.A.

4⁹⁹
ea.



\$4 savings
19⁹⁹
ea. Daia nour
branched dates
2 kg



25% savings
2⁹⁹
ea. Cedar dried apricot paste
400 g



8⁹⁹
/lb large or supreme
medjool dates
19.82/kg



3⁹⁹
ea. Attitude
salads
142 g
selected
varieties
U.S.A.

ENJOY **FRESH** meats and top
our QUALITY specialties

منتجاتنا اللحومية

beef rib eye
steak 
39.65/kg

28% OFF

17⁹⁹
/lb

AA+

26% OFF

10⁹⁹
/lb

top sirloin beef steak 
24.23/kg

AA+

26% OFF

10⁹⁹
/lb

beef short rib steak 
24.23/kg

6⁹⁹
/lb

lean ground beef 
15.41/kg

15⁹⁹
/lb

grain fed veal cutlet 
35.25/kg

19⁹⁹
/lb

milk fed veal chop 
44.05/kg

25% OFF
2⁹⁹
/lb

chicken legs 
6.59/kg

3⁹⁹
/lb

whole chicken 
8.80/kg

Adonis
ORIGINAL
RECIPE

3⁹⁹
/lb

marinated chicken drumsticks 
8.80/kg

Adonis
ORIGINAL
RECIPE

9⁹⁹
/lb

shawarma chicken breast 
22.02/kg

rack of lamb loin 
44.05/kg

26% OFF

19⁹⁹
/lb

22% OFF

6⁹⁹
/lb

beef sausages (makanek) 
15.41/kg

Adonis
ORIGINAL
RECIPE

TASTE the FRESHNESS of our SEAFOOD PRODUCTS

منتجاتنا البحرية

FREE CLEANING

\$2/LB OFF

9⁹⁹

/lb

fresh sea bass
22.02/kg

FREE CLEANING

\$1/LB OFF

4⁹⁹

/lb

mackerel
frozen, defrosted
11.00/kg

fresh tilapia
fish fillet
22.02/kg

23% OFF

9⁹⁹

/lb

regular
or marinated
raw tiger shrimps
28.64/kg

UP TO \$3/LB OFF

12⁹⁹

/lb

Blue Tide
squid rings
454 g

\$1 OFF

7⁹⁹

Blue Tide
cod fillets
400 g

\$1 OFF

9⁹⁹

Royal Harbour
smoked salmon
200 g

\$2 OFF

10⁹⁹

Blue Tide
raw white
shrimps
26-30
907 g

\$3 OFF

19⁹⁹

Our FRESH products عروض المنتجات الطازجة

Polenghi
mascarpone
500 g

24% OFF

12⁹⁹

Burnbrae
nature's best
omega 3 or
natural large eggs
12 ut.

UP TO 30% OFF

4⁴⁹

Astro
Original
yogurt
12x100 g,
selected varieties

33% OFF

4⁹⁹

Lactantia
cream 10-35%
473 ml-1 L, selected
varieties

UP TO 31% OFF

4⁴⁹

Oikos Pro
yogurt
500 ml, selected
varieties

30% OFF

2⁹⁹

Philadelphia
cream cheese
227-250 g, selected
varieties

15% OFF

5⁴⁹

Galbani
mozzarella cheese
500 g

13% OFF

6⁹⁹

Saputo
cheese petals
125 g, selected
varieties

25% OFF

4⁴⁹

Saputo
feta cheese
170-200 g,
selected varieties

22% OFF

4⁴⁹

Selection
cream
cheese
fromage
à la crème
250 g, selected
varieties

25% OFF

2⁹⁹

Gay Lea
cottage
cheese
500 g, selected
varieties

18% OFF

4⁴⁹

Black
Diamond
shredded
cheese
907 g, selected
varieties

29% OFF

11⁹⁹

Balderson
cheddar
cheese
250-280 g, selected
varieties

UP TO 17% OFF

9⁹⁹

Discover OUR COLD CUTS



12% OFF
2.29
per 100 g

Solmaz beef bologna Halal
selected varieties
10.39/lb



42% OFF
1.79
per 100 g

Alzahraa turkey breast Halal
8.12/lb



31% OFF
1.79
per 100 g

Mastro capicollo
selected varieties
8.12/lb



22% OFF
3.79
per 100 g

Mastro salami
selected varieties
17.20/lb



12% OFF
7.49

Maple Leaf roasted turkey or chicken breast
175 g, selected varieties



33% OFF
4.99

Harvest Creek chicken hot-dog Halal
908 g



UP TO 14% OFF
5.99

Solmaz chicken or turkey breast Halal
175 g



33% OFF
5.99

Alzahraa beef bologna Halal
400 g, selected varieties

Discover OUR CHEESES



UP TO 29% OFF
4.99

Alexis de Portneuf, Monsieur Gustav, Soignon cheese
100-125 g, selected varieties



34% OFF
2.49
per 100 g

Makler kashkaval cheese
11.29/lb



18% OFF
2.29
per 100 g

baladi cheese in brine
10.39/lb



29% OFF
2.49
per 100 g

Santorini kopanisti dip
11.29/lb



13% OFF
1.29
per 100 g

Phoenicia tzatziki
5.85/lb



UP TO 38% OFF
3.49
per 100 g

Saint-Paulin or Oka cheese
15.83/lb



13% OFF
6.99

Nuovo gran regale cheese
180 g



18% OFF
6.99

Alexis de Portneuf Sir Laurier or Lady Laurier cheese
150-170 g

Discover OUR SPECIALTIES



15.99

Adonis Halal chicken or beef shawarma plate served with rice or garlic potatoes, salad and sauce

Discover OUR PASTRY AND BAKERY



29.99

Nutella cake
8 in



12.99

Adonis paella medium



12.99

Adonis Halal creamy pasta with chicken un.



7.99

Adonis mouskhan or Halal lamb ouzi sandwich



10.99

hot dog pie
12 un.



6.99

lentil soup



7.99

greek salad
550 g



13.99
/lb

Adonis halawet el jbn dessert tax
30.83/kg



8.99
/lb

nammoura
19.81/kg



2/\$6

Dempster's 7" tortillas
selected varieties



2/\$6

Dempster's bagels
selected varieties



5.99

Irresistible Tiramisu cake
500 g



3.49

Harvest Gold wheat roti

CELEBRATE LOVE



14⁴⁹
Ferrero valentine chocolate
175 g



36% OFF
2/\$7
Lindt chocolate bar
100 g
selected varieties



31% OFF
19⁹⁹
Nestlé Quality Street
850 g



15% OFF
6⁹⁹
Nutella cookies
125 g



99¢
Selection
fruity sparkling
water
1 L
selected varieties



4/\$5
Selection
2 L



3²⁹
Coca-Cola or
Canada Dry
soft drink
6x222 ml
selected varieties



2/8⁵⁰
Miss Vickie's chip
185-200 g, selected varieties



2⁴⁹
Oasis juice
950 ml
selected varieties



4⁴⁹
Loacker wafers
250 g, selected varieties



2/\$7
Christie Ritz crackers
175-180 g, selected varieties



1⁷⁹
Happy Swing
wafer rolls
150 g



11⁹⁹
Starbucks ground
coffee or capsule
10 oz., 340 g, selected varieties



4⁹⁹
Taylors tea
40-50 g, selected varieties



6⁹⁹
Lotus
Biscoff
spread
340-400 g



4⁴⁹
Selection of Life Smart
flake cereals
350-775 g, selected varieties



14% OFF
2⁹⁹
Selection
vegetables
500-750 g
selected varieties



4⁹⁹
Golden ring
puff pastry dough
800 g, selected varieties



17% OFF
4⁹⁹
Aroma Taste samosa
850-900 g



17% OFF
4⁹⁹
Irresistible
real cream
ice cream
1 L
selected varieties



14⁹⁹
Taj Mahal
basmati rice
1 kg



9⁹⁹
Cleopatra
olive oil
1 L



7⁹⁹
Alkanater
regular halva
907 g



15⁹⁹
Brar's Ghee
800 g



6⁹⁹
Mechaalany
pickled cucumbers
1 L
selected varieties



49¢
Maggi noodles
70 g



6⁹⁹
Huy Fong
sriracha hot sauce
714 ml



2/\$3
Nutimilk
condensed cream
340 g (12.4 oz)



6⁹⁹
Kraft Dinner
noodle meal
5x200 g
selected varieties



1⁷⁹
Aurora roasted
chestnut snack
100 g
selected varieties



19⁸⁹
Selection
bathroom tissue
30 rolls



1⁷⁹
Selection lemon
dishwashing liquid
800 ml

EVERYTHING YOU NEED FOR THE BIG GAME



5⁹⁹
/lb
marinated chicken wings
Halal
13.21/kg



14⁹⁹
Maple Lodge chicken wings
908 g, selected varieties



14⁹⁹
Börek twist meat phyllo pie
908 g, selected varieties



4⁹⁹
Selection french fries
2 kg, selected varieties



2/\$6
Villaggio sliced breads or hamburger or hot-dog buns
650-675 g, 6 un.



6⁹⁹
Zabiha Juicy or Spicy Supreme frankfurters
Halal
900 g



12⁴⁹
Al Safa beef burger
800 g, selected varieties



7⁴⁹
Heinz condiment
3x375 ml



3⁴⁹
Adonis pita chips
225 g, selected varieties



3⁹⁹
Adonis dips
250 g, selected varieties



2/\$9
Tostitos chips or dips
215-295 g, 418-423 ml, selected varieties



2/\$8
Lay's chips
177-235 g, selected varieties



Irrésistible appetizers
228-493 g, selected varieties

5⁹⁹



Guacachip tortilla chips
284 g, selected varieties

4⁹⁹



Selection chips
200 g

1⁴⁹



Jarritos soft drink
370 ml, selected varieties

1⁹⁹

Bulk

PRODUCTS

Selection of olives



179

per 100 g

stuffed green olives



99c

per 100 g

pickled greek peppers



129

per 100 g

pickled turnips



199

per 100 g

marinated mixed vegetables



179

per 100 g

pitted kalamata olives



149

per 100 g

moroccan black olives



149

per 100 g

halva
assorted choice

Selection of spices



369

per 100 g

cinnamon sticks



279

per 100 g

whole black pepper



249

per 100 g

ground cumin



219

per 100 g

sumac



189

per 100 g

dried mint



369

per 100 g

7 ground spices



379

per 100 g

oriental coffee mixed

Selection of nuts



99c

per 100 g

roasted peanut nuts
selected varieties



629

per 100 g

raw pistachios



229

per 100 g

walnuts



299

per 100 g

dried apricots



99c

per 100 g

sultana raisins



149

per 100 g

dried cranberries



199

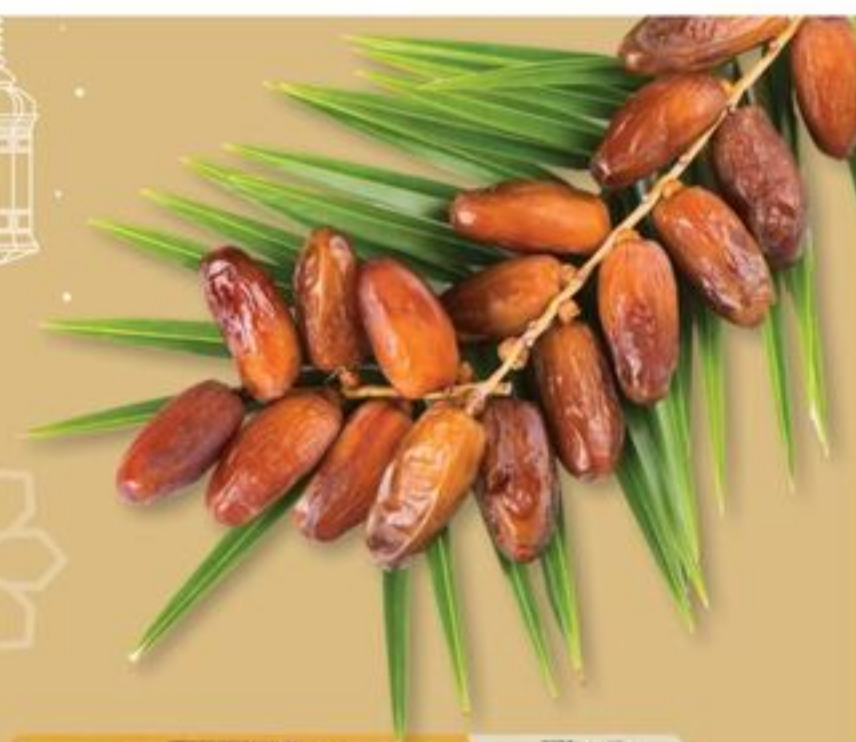
per 100 g

oriental mixed nuts

Valid from thursday, February 5th to wednesday, February 11th, 2026



THE WORLD OF *dates*



1⁹⁹
/100 g

MEDJOL
DATES IN BULK



11⁹⁹

DAIA PREMIUM BRANCHED
DATES DEGLET NOUR
1 kg

DAIA DEGLET
NOUR PITTED
DATES
400 g



3⁴⁹



30⁹⁹

AL'ARD DATTES MEDJOL
MEDJOL DATES
REG. \$1.99/kg
1.8 kg

DAIA KHUDARI
DATES
1 kg



11⁹⁹



11⁹⁹

CASTLE FARMS
SUKKERI RUTAB DATES
850 g



7⁹⁹

DAIA DEGLET NOUR
PITTED DATES
1 kg



10⁹⁹

DAIA DEGLET NOUR
PREMIUM BRANCHED DATES
900 g

AL'ARD
DATTES MEDJOL
454 g



11⁹⁹

CEDAR
MAZAFATI DATES
550 g



4⁹⁹

FROM FEBRUARY 5TH TO MARCH 25TH, 2026.