



ONLY

2⁹⁹



STRAWBERRIES
product of Mexico or
U.S.A., no. 1 grade
fraises
20049778001_EA

1 LB CLAMSHELL

SAVE 56%

1⁴⁹
LB



ROMA TOMATOES
product of Canada or
Mexico, no. 1 grade
tomates Roma
3.28/kg
20143381001_KG

ONLY

1⁴⁹

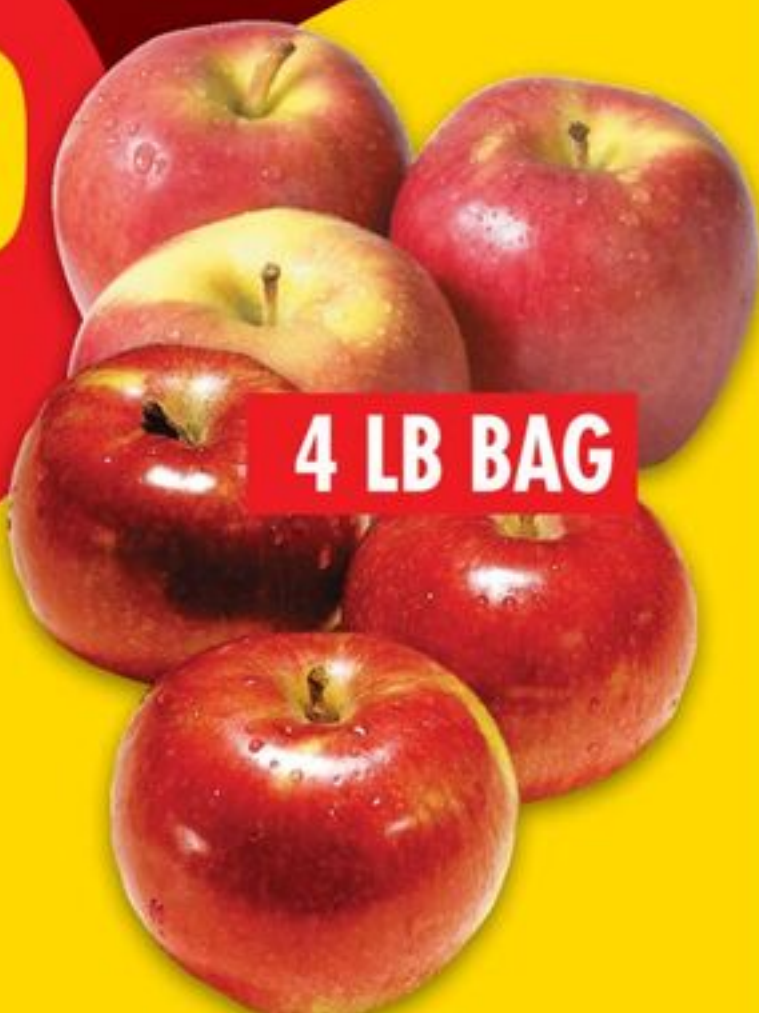


ENGLISH CUCUMBERS
product of Canada, Canada no. 1 grade
concombres anglais
20070132001_EA



ONLY

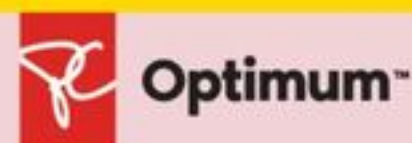
3⁹⁹



4 LB BAG

**FARMER'S MARKET™
AMBROSIA or
MCINTOSH APPLES**
product of Atlantic provinces,
Canada fancy grade
pommes
21307212001_EA/20713211001_EA

App
exclusive offer



Earn

200
pts

For every \$1* spent
on all fresh apples

That's

20%
value

pommes
20039956001_KG / 21307212001_KG/20868985001_KG

NOFRILLS®

FLYER PRICES EFFECTIVE THURSDAY, FEBRUARY 26 TO WEDNESDAY, MARCH 4, 2026.

**CLUB
SIZE**



ALWAYS

\$10

**BUTCHER'S CHOICE®
SAUSAGE**
selected varieties, 1.1 kg
soudissées
21565790 EA



SAVE 37%

2.49
LB

CHICKEN LEGS
back bone removed, fresh
cuisses de poulet
5.49/kg
20129696, KG/20707114, KG



SAVE 27%

10.88

LEAN GROUND BEEF
grass-fed, 2x450 g
boeuf haché maigre
21618300 EA

ONLY

4.88

**ARMSTRONG or
PC® SHREDDED CHEESE** 250-320 g or
ARMSTRONG CHEESE 400 g
selected varieties
fromage râpé ou fromage
21286240 EA



SAVE 40%

\$3

**HEREFORD
CORNEED BEEF**
340 g
boeuf salé
20050622 EA

ONLY

3.33

**ACTIVIA
YOGURT**
selected varieties, 650 g
yogourt
20325132001 EA/20325132003 EA



SAVE UP TO 31%

4.99

NESTLÉ DRUMSTICK or NOVELTIES 4-10's or
CONFECTIONARY FROZEN DESSERT 1.5 L
selected varieties, frozen
friandises glacées ou dessert glacé de confiserie
20322380003 EA



ONLY

3.47

**DR. OETKER RISTORANTE,
CASA DI MAMA PIZZA or
GIUSEPPE GARLIC FINGERS**
selected varieties, frozen, 317-410 g
pizza ou bâtonnets à l'ail
20296100001 EA



ONLY

\$5

CHOCOLATE MILK
selected varieties, brand varies by region
2 L
lait au chocolat
20146518 EA/20110277001 EA



SAVE 52%

8.50

**HIGH LINER
PAN-SEAR or
BATTERED FISH FILLETS**
selected varieties, frozen, 425-540 g
filets de poisson
1186254 EA



SAVE 30%

6.99

**UNICO
VEGETABLE
OIL**
3 L
huile végétale
20098102 EA



SAVE 23%

\$5

**GATORADE or ALLEN'S
DRINK BOXES** 6x591/8x355 mL
selected varieties
boisson désaltérante ou jus
20303218003, C06/20340520 EA



SAVE 20%

11.99

**ROBIN HOOD or
FIVE ROSES
FLOUR**
10 kg
farine
20134743 EA



SAVE 21%

\$1.25

Earn
300
pts

That's
.30
value

KD ORIGINAL
200 g
macaroni au fromage
21549526 EA



**SURPRISE OFFER
4 days only!**

Optimum™ Thursday February 26 to Sunday March 1

You could get

30% or **20%** or **10%**
back in pts

**Open the App
to get your offer!***

Available for new and existing
PC Optimum™ members.

FLYER PRICES EFFECTIVE IN ATLANTIC CANADA STORES ONLY.

nofrills.ca

01 NFA

PRICE DROP

\$3

CLASSICO PASTA SAUCE
selected varieties
410/600 mL
sauce pour pâtes
20325609001 EA/21618217 EA



1.50

ITALPASTA
selected varieties
750 g
pâtes
20296241001 EA
20296241003 EA



1.69

CHEF BOYARDEE PASTA
selected varieties
418/425 g
pâtes
20312500006 EA



6.99

TETLEY TEA
selected varieties
80/144's
thé
21613866 EA



8.99

GALLO EXTRA VIRGIN OLIVE OIL
selected varieties
1 L
huile d'olive extra vierge
20105368 EA



FRESH AT LOW PRICES

3⁹⁹
LB

RED or GREEN SEEDLESS GRAPES
product of Peru, Chile or South Africa, no. 1 grade
raisins rouges ou verts sans pépins
8.80/kg
20425775001_KG/20159199001_KG



PKG OF 4

4⁹⁹

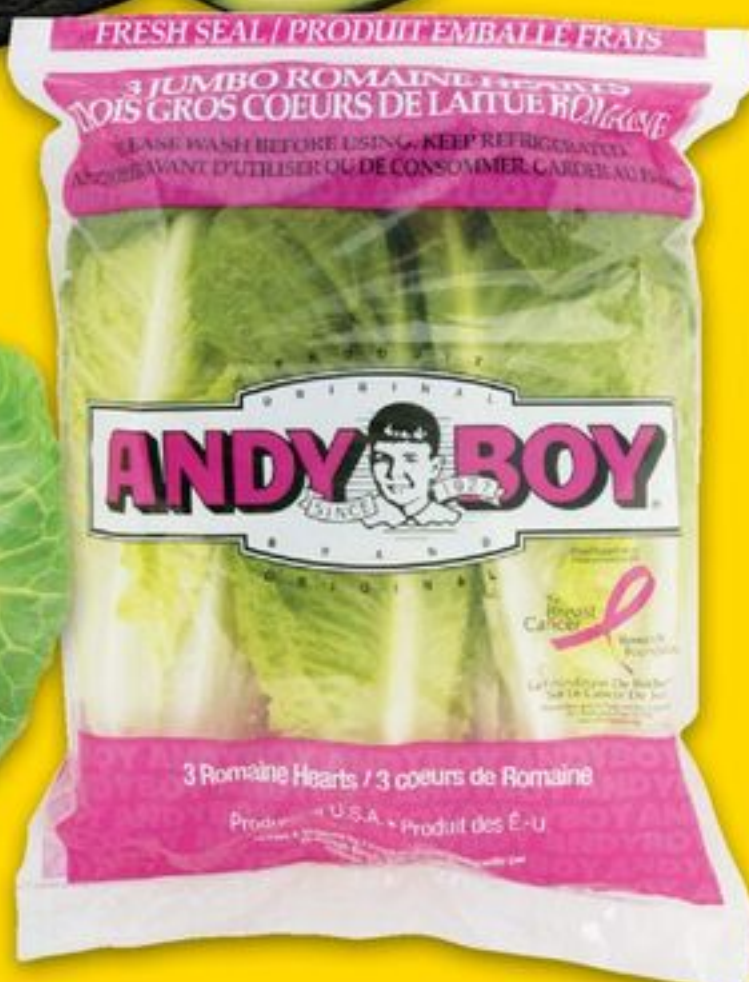
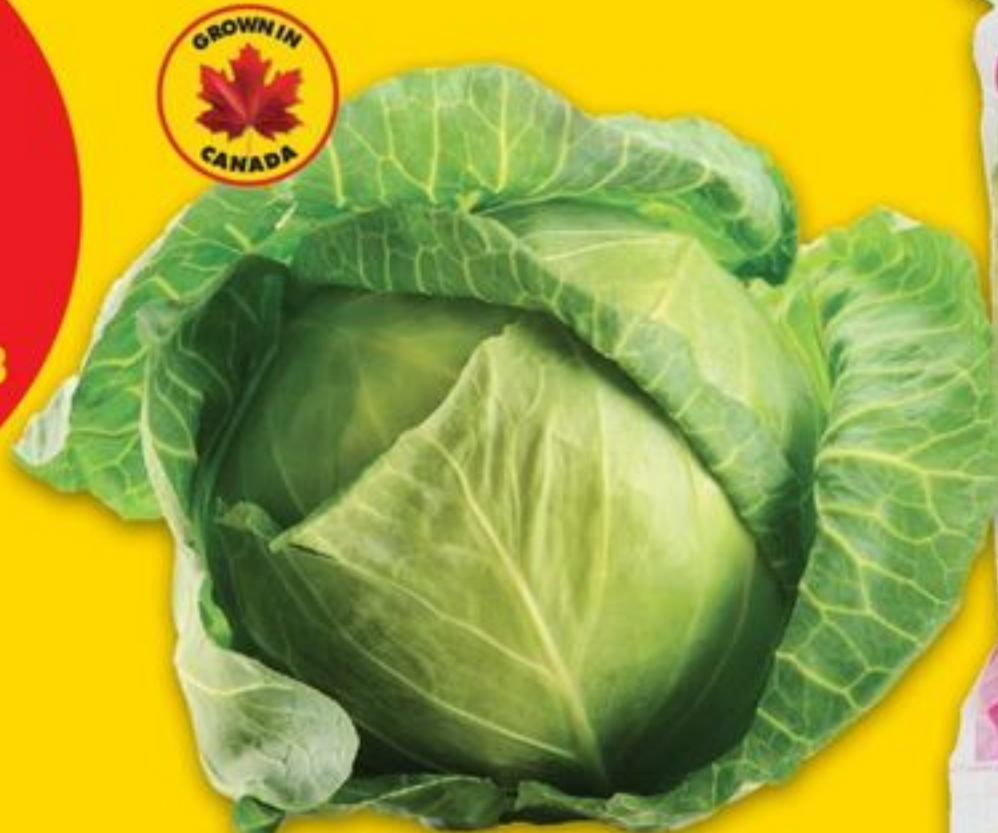
PKG OF 5

FARMER'S MARKET™ SWEET PEPPERS
product of Mexico or **AVOCADOS**
product of Mexico
poivrons ou avocats
21644936001_EA/20117550001_EA



.99
LB

GREEN CABBAGE
product of Canada, Canada no. 1 grade
chou vert
2.18/kg
20793034001_KG



5⁹⁹

PKG OF 3
ROMAINE HEARTS
product of U.S.A.
cœurs de romaine
20067389001_EA



If your produce isn't fresh, we'll replace AND refund it.*

4⁹⁹

PINEAPPLE
product of Costa Rica
ananas
20119813001_EA



5⁹⁹

FARMER'S MARKET™ ORANGES
product of Morocco or Spain
oranges
20162945001_EA



3 LB BAG

4⁹⁹

CANTALOUPE
product of Guatemala, Honduras, or Brazil no. 1 grade
each
cantaloup
20167017001_EA



6⁹⁹

4 LB BAG

FARMER'S MARKET™ MANDARINS
product of Morocco or Spain
mandarines
20054025001_EA



3⁹⁹

PC® LITTLE GEMS™ RED, YELLOW or MIXED MINI POTATOES
product of Canada, Canada no. 1 grade
mini-pommes de terre rouges, dorées ou assorties
21347301001_EA/21347299001_EA



2⁴⁹

PC® WHOLE WHITE or CREMINI MUSHROOMS
product of Canada
champignons blancs ou cremini entiers
20773805_EA/20776239_EA



\$5

15 LB BAG

NO NAME® NATURALLY IMPERFECT™ POTATOES
product of Canada, Canada no. 2 grade
pommes de terre
20944462001_EA



4⁴⁹
LB

CLUB SIZE

LEAN GROUND PORK
fresh
porc haché maigre
9.90/kg
20228300_KG



\$15

PC® BLUE MENU® BONELESS, SKINLESS CHICKEN BREAST
4 pack
poitrine de poulet sans peau déossée
21406070_EA



\$13

NO NAME® CHICKEN WINGS
selected varieties, frozen
908 g
ailes de poulet
21045209_EA



\$7

PC® FETA CHEESE 400 g or BALDERSON CHEESE 250/280 g
fromage
20219690_EA/21495455_EA



3⁵⁰

COUNTRY HARVEST BAGELS 6's or BREAD 600/650 g
selected varieties
bagels ou pain
21178571_EA/21178642_EA



\$5

FARMER'S MARKET™ LOAF CAKES
344-400 g or **CROISSANTS** 260-336 g
selected varieties
gâteaux quatre-quarts ou croissants
20565382_EA/20975943_EA



\$7

SEAQUEST® FISH FILLETS
selected varieties, frozen, 400 g
filets de poisson
20133570_EA



PRICE DROP

\$2
LB

SWEETANGO APPLES
product of Canada or U.S.A., extra fancy grade
pommes
4.41/kg
20289213001_KG



\$3
LB

TOMATOES ON THE VINE
product of Canada, Mexico or U.S.A.
tomates sur vigne
6.61/kg
20026703001_KG



\$5

2 LB BAG

NO NAME® NATURALLY IMPERFECT™ MINI CUCUMBERS
product of Canada, Canada no. 2 grade
mini-concombres
21406679001_EA

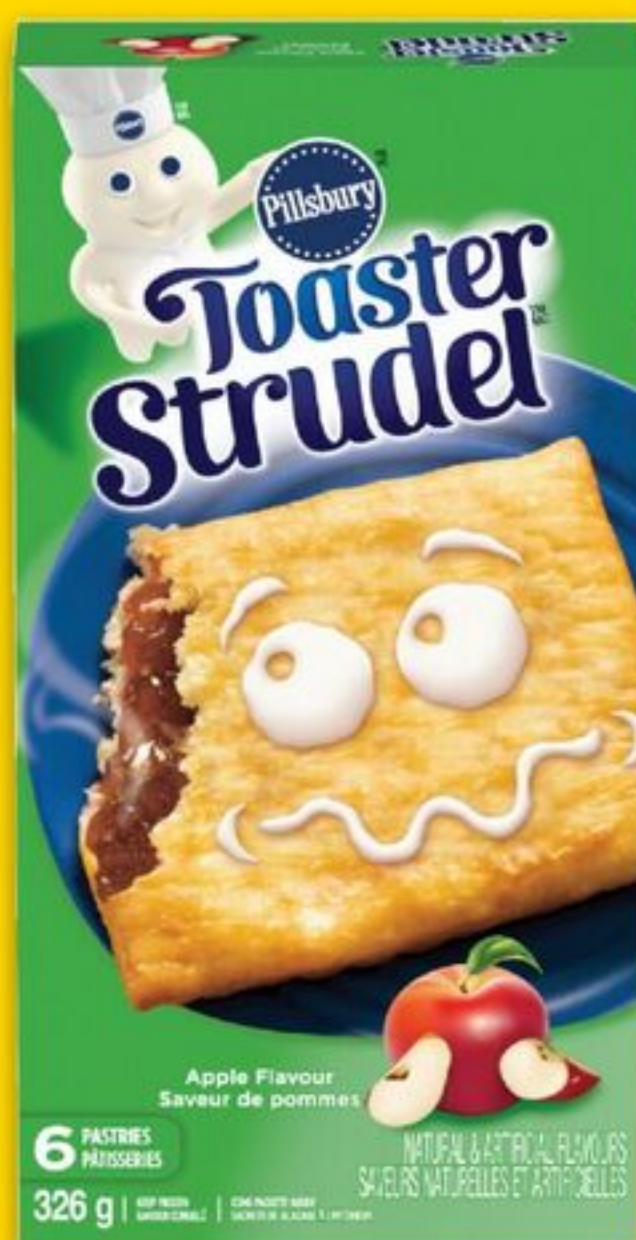


*Fresh Guarantee: Applicable to eligible fresh produce items purchased at No Frills store locations or online at nofrills.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the No Frills store where purchase originated. The guarantee does not apply to produce items with a stated "best before" date (e.g. bagged salad kit, packaged bean sprouts) and may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.

BRANDS YOU LOVE AT LOW PRICES

4⁵⁰

**CRACKER BARREL
NATURAL CHEESE SLICES**
selected varieties
200-240 g
tranches de fromage
21290705, EA



\$4

**PILLSBURY TOASTER
STRUDEL** 326 g or
**TOASTER
SCRAMBLES** 204 g
selected varieties, frozen
pâtisseries
20172664002, EA

3³⁵

NO NAME® JUICE
selected varieties, refrigerated
1.75 L
jus
21665646, EA/21671461, EA



1²⁵



TINA'S BURRITO
selected varieties, frozen
burrito
21639787, EA

\$3

NO NAME® CREAM CHEESE
selected varieties, 227/250 g
fromage à la crème
20308105001, EA



\$4

**CRAVE or KRAFT
DINNER ENTRÉES**
selected varieties, frozen, 200-340 g
plats cuisinés
21085315, EA



\$5⁵⁰

Earn
1,000
pts

That's
\$1
value

**GENERAL MILLS
FAMILY SIZE CEREAL**
selected varieties
455-778 g
céréales
21103492, EA/21103495, EA



5⁵⁰

PC® PEANUTS 700 g,
CASHEWS or **MIXED NUTS** 200 g
selected varieties
arachides ou noix de cajou ou mélange de noix
20057990003, EA/21054942, EA



\$3

LECLERC CÉLÉBRATION COOKIES
selected varieties, 200/240 g
biscuits
21680155, EA



\$5

**QUAKER
BAKING MIXES** 750/900 g
or **OAT FLOUR** 700 g
selected varieties
mélanges à pâtisserie ou farine d'avoine
20301064001, EA/20301064004, EA



\$2

**UNICO
PASTA SAUCE**
selected varieties
680 mL
sauce pour pâtes
20326537001, EA



4²⁹

PINE-SOL® CLEANER
selected varieties, 1.41 L
nettoyant
20298679001, EA/20298679002, EA



\$22

TIDE LIQUID 3.46/3.9 L or
PODS or FLINGS 45/76's
selected varieties
capsules de détergent à lessive ou détergent à lessive
21593670, EA/21593706, EA



1⁹⁰

NO NAME® FOIL
25 ft
papier d'aluminium
31119986, EA



7⁵⁰

PC® GOLD CHOCOLATE BAR
selected varieties, 300 g
barre de chocolat
20298217, EA



.90

FANCY FEAST 85 g or **FRISKIES** 156 g
selected varieties
nourriture humide pour chats
20311259, EA/20316703, EA



1⁵⁰

CESAR WET DOG FOOD
selected varieties, 100 g
nourriture humide pour chiens
20323206007, EA



\$10

PEDIGREE DENTASTIX 504-608 g,
JUMBONE 500 g or **MARROBONE** 1.9 kg
selected varieties
gâteries pour chiens
21081180, EA



6⁹⁹

ROYALE BATHROOM TISSUE 15=30 rolls
or **TIGER TOWEL** 2/3=6 rolls
selected varieties
papier hygiénique ou essuie-tout
21572800, EA



BRANDS YOU LOVE AT LOW PRICES

ONLY

6⁵⁰

LIBERTÉ or SIGGI'S YOGURT
selected varieties
650/750 g
yogourt
20642273 EA/21353874 EA



ONLY

6⁵⁰

ACTIVIA YOGURT
12x100 g or **SAPUTO MOZZARELLISSIMA CHEESE** 500 g
selected varieties
yogourt ou fromage
20608924 EA/20759241002 EA



SAVE 22%

3⁵⁰

PC® ICE CREAM SHOP ICE CREAM 946 mL or **NOVELTIES** 6's
selected varieties, frozen
crème glacée ou friandises glacées
21013145 EA



SAVE UP TO 33%

\$3

GREEN GIANT VEGETABLES
selected varieties frozen
283-750 g
légumes
21022355 EA



\$1

OLD EL PASO SEASONING
selected varieties
24 g
assaisonnement
21049495 EA



2⁷⁹

NO NAME® WHIPPED TOPPING
225 g
garniture fouettée
20017493 EA



\$3²⁵

Earn
1,000
pts

That's
\$1
value

KOOL-AID JAMMERS 10x180 mL, **MIO, CRYSTAL LIGHT** or **KOOL-AID LIQUID WATER ENHANCERS** 48 mL/22-56 g
selected varieties
boissons ou rehausseurs d'eau
20079976006 EA/20663423 EA



Optimum™

\$3

LAY'S POTATO CHIPS
selected varieties
177-235 g
croustilles
21241032 EA/21463082 EA



\$3

NO NAME® PANCAKE MIX SYRUP 905 g or 750 mL
mélange à crêpes ou sirop
20260330 EA/20322949 EA



11⁵⁰

PC® 100% PURE MAPLE SYRUP 500 mL or **BILLY BEE HONEY** 1 kg
20049223 EA/20724506 EA



\$8

STOK or STARBUCKS COLD BREW COFFEE
selected varieties
1.18/1.42 L
café infusé à froid
21003729 EA/21015530 EA



2⁴⁹

FRENCH'S MUSTARD
selected varieties
323/400 mL
moutarde
20083238 EA/20318504001 EA



3⁷⁹

NO NAME® PICKLES
selected varieties
1 L
cornichons
20201126 EA



2⁶⁹

TIM HORTONS CHILI 425 g or **SOUP** 540 mL
selected varieties
chili ou soupe
21200783 EA/21332119 EA



\$1

NO NAME® CANNED BEANS 540 mL or **TUNA** 170 g
selected varieties
légumineuses ou thon en conserve
20521648 EA/20554393 EA



\$4

COCA-COLA or PEPSI SOFT DRINKS
selected varieties
6x710 mL
boissons gazeuses
20310544002 C06/20313741002 C06



2⁵⁰

DARE BRETON or VINTA CRACKERS
selected varieties
132-225 g
craquelins
21520666 EA/21320701 EA



\$5

PC® INSTANT COFFEE
selected varieties
80/100 g
café instantané
21499826 EA



1⁷⁵

NO NAME® EVAPORATED MILK
selected varieties
354 mL
lait évaporé
21040510 EA/21040543 EA



Quantities and/or selection (flavour, colour, patterns, style) of items may be limited and not be available in all stores. No rainchecks or substitutions on clearance items or when quantities are advertised as limited. We reserve the right to limit purchase quantities per customer to reasonable family requirements. See in-store for details. We are not obligated to sell items based on errors or misprints in typography or photography. All savings claims (i.e. "Save", "Was", "1/2 Price", etc.) are in comparison to our own regular prices. Regular pricing and savings on items shown may vary by store location. Applicable taxes, fees, deposits, recycling or environmental surcharges are extra. Coupons must be presented and redeemed at time of purchase. *PC Optimum™: Scan your PC Optimum™ app or swipe your card to get Members Pricing or points. See instore for details. Members must open their PC Optimum™ App by March 1, 2026 to reveal their personalized surprise offer that will award one of 10%, 20% or 30% back in PC Optimum™ points when they spend the indicated minimum threshold or more cumulatively on groceries between February 26 to March 1, 2026, before taxes and after other redemptions, all coupons and discounts, and exclusions are deducted. PC Optimum™ Card or App must be presented at the time of transaction. Limit of one offer per member. See full personalized offer details in your App. **Must be a registered PC Optimum™ member to get this offer.

NOFRILLS

CUSTOMER RELATIONS 1-866-98-SMILE (76453)

nofrills.ca



this product contains
post consumer recycled
paper



FEBRUARY

**HIT
OF THE
MONTH**

\$2



Made in Canada

Cavendish Fries

Frozen, selected varieties, 800 g

Limit: 6, over limit retail \$3.00

21559837_EA

\$4



Royale Tiger Towel

3=6 rolls

Limit: 6, over limit retail \$5.00

21484702_EA

\$2⁶⁷



Prepared in Canada

Vachon Snack Cakes

Selected varieties, 282 g - 336 g

Limit: 6, over limit retail \$3.50

20963606_EA/20005728_EA

**LOWEST PRICES
BEST DEALS**

As compared to other major grocery retailers within your local trade areas.

Offer valid February 1st - 28th, 2026 while quantities last.

We reserve the right to limit quantities to reasonable family requirements. No rainchecks.

App exclusive offers

More offers
More points

Members
get over

\$25

in value

CLICK FOR
THESE COUPONS
AND MORE



 **Optimum™**



Earn
500
pts

PC® INSTANT COFFEE
80 - 100 g
café instantané

 **Optimum™**



Save
\$2
with digital
coupon

**NESCAFÉ RICH
INSTANT COFFEE**
excludes 95 g
café instantané

 **Optimum™**



Earn
1,000
pts

PC® CHOCOLATE BARS
300 g
chocolat au lait

 **Optimum™**



Earn
2,000
pts

PC® BASQUE CHEESECAKE
600 g
gâteau au fromage

 **Optimum™**



Earn
500
pts

PC® COLESLAW
397 g
salade de chou

 **Optimum™**



Earn
1,000
pts

**PC® GNOCCHI or
RISOTTO** or
350/400 g
gnocchi ou risotto

 **Optimum™**



Earn
750
pts

**PC® BLUE MENU®
CALAMANSI CITRUS AND
STRAWBERRY
SPARKLING
WATER** 12 x 355 mL
eau pétillante

 **Optimum™**



Earn
750
pts

PC® LOW SODIUM CLUB SODA
12 x 355 mL
soda

 **Optimum™**



Earn
1,500
pts

**PC® RED
BREW
DE-ALCOHOLIZED
LAGER BEER** 12 x 355 mL
bière

 **Optimum™**



Earn
1,000
pts

PC® BABY WIPES
300's
lingettes bébé

 **Optimum™**



Earn
500
pts

**NO NAME®
CHICKEN STRIPS**
908 g
lanières de poulet

 **Optimum™**



Earn
500
pts

**NO NAME®
CHICKEN NUGGETS**
908 g
pépites de poulet

 **Optimum™**



Earn
2,000
pts

PC® MEAT LASAGNA
2.27 kg
lasagne

More offers. More points.

CLICK FOR
THESE COUPONS
AND MORE



Earn
500
pts

Until March - 4 - 2026

NO NAME® CHOCOLATE CHIP COOKIES
907 g
brisures chocolatées



Earn
500
pts

Until March - 4 - 2026

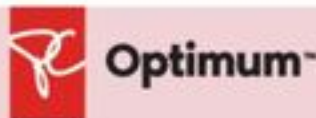
NO NAME® BUTTER
454 g
beurre salé



Earn
500
pts

Until March - 4 - 2026

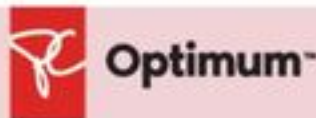
NO NAME® 100% WHOLE GRAIN QUICK OATS
1 kg
gruau rapide



Earn
500
pts

Until March - 4 - 2026

NO NAME® SPICES
150 g
épices



Earn
1,000
pts

Until March - 4 - 2026

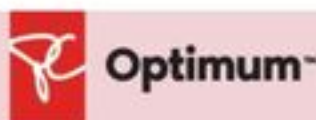
NO NAME® CHICKEN HOT DOGS
1.5 kg
saucisses fumées



Earn
500
pts

Until March - 4 - 2026

NO NAME® CHICKEN BURGER
908 g
burger au poulet



Earn
500
pts

Until March - 4 - 2026

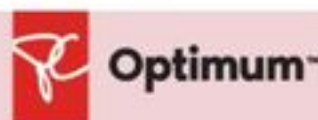
NO NAME® CALIFORNIA MIXED VEGETABLES
750 g
mélange de légumes



Earn
2,000
pts

Until March - 4 - 2026

NO NAME® CHICKEN WINGS, MEDIUM BBQ
908 g
barbecue mi-piquantes



Earn
500
pts

Until March - 4 - 2026

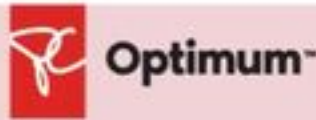
NO NAME® LEMONADE
1.75 L
limonade



Earn
1,500
pts

Until March - 4 - 2026

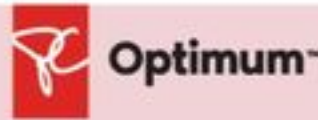
NO NAME® FACIAL TISSUE
2 ply, 6 x 200 sheets
tissu facial



Earn
1,000
pts

Until March - 4 - 2026

NO NAME® KITCHEN GARBAGE BAGS
21 L
sacs poubelle



Earn
1,500
pts

Until March - 4 - 2026

NO NAME® EXTRA SCENTED SCOOPABLE CLUMPING CAT LITTER
7 kg
litière pour chat

**NEW
LOWER
PRICES**

\$5

3⁵⁰

**NATURAL BAKERY
RYE BREAD**
500 g
pain de seigle
21688966 EA



**CHAPMAN'S
FROZEN YOGURT
or SORBET**
selected varieties, frozen
2 L
yogourt glacé ou sorbet
20314434001 EA/20529120001 EA

\$5

BURNBRAE NESTLAID LARGE EGGS
12's
gros œufs
20816075001 EA



4⁵⁰

SUNRISE BOLOGNA
selected varieties
375 g
bologna
20806936 EA



\$8

CLIF BAR 5 PK
selected varieties
340 g
barre
21664766 EA/21664843 EA



\$7

PC ORGANICS FRUIT
selected varieties, frozen
600 g
fruits surgelés
20431483003 EA



7⁵⁰

**LILYDALE
SLICED MEATS**
selected varieties
500 g
viandes tranchées
21675636 EA



3⁵⁰

**MINUTE MAID ZERO SUGAR
BEVERAGES or FUZE ICED TEA**
selected varieties, refrigerated
1.54/1.75 L
boissons ou thé glacé
21434119 EA/21452207 EA



\$4

HEALTHY CHOICE DINNER ENTRÉES
selected varieties, frozen
269-306 g
plats cuisinés
21406269 EA



\$2

**SNACK PACK
PUDDING**
selected varieties
4x99 g
pouding
20310707001 EA



3²⁵

**İÖĞÖ NANO
DRINKABLE
YOGURT**
selected varieties
6x93 mL
yogourt
20609687001 EA



\$5

**ACTIVIA
YOGURT**
selected varieties
8x93 mL
yogourt
21430512 EA



\$8

**EXTRA LEAN
GROUND BEEF**
fresh
450 g
bœuf haché extra maigre
21675592 EA



\$4

TWININGS TEA
selected varieties
20's
thé
20300740001 EA



6⁵⁰

MCCAIN PIZZA POCKETS
selected varieties, frozen
540/600 g
pochettes de pizza
21615136 EA



4⁷⁵

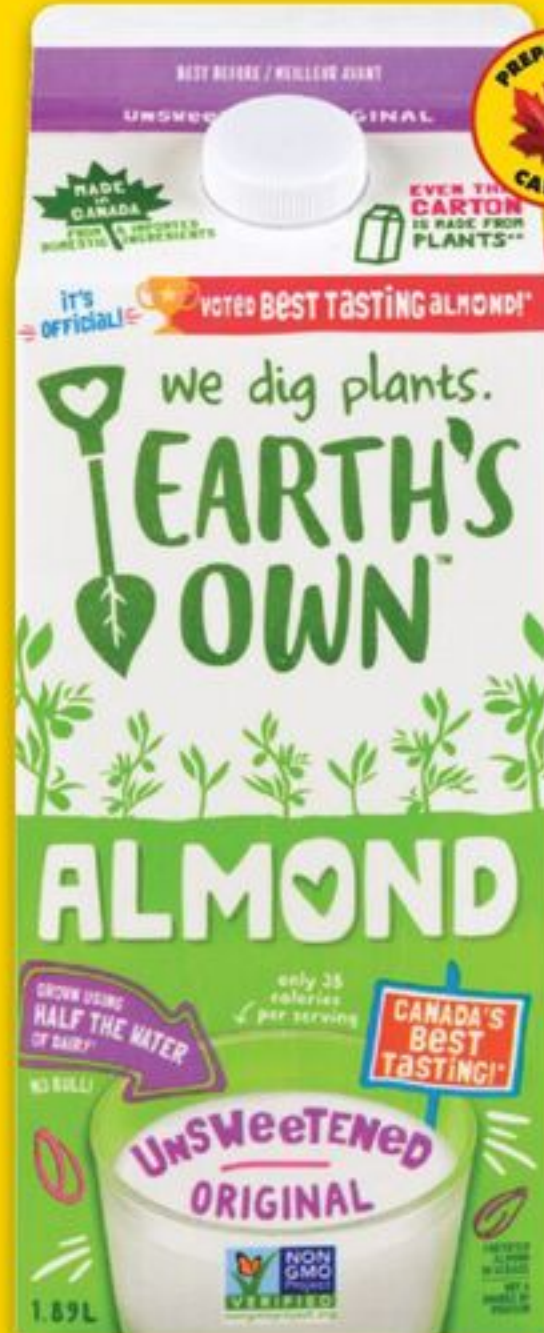
SMUCKER'S UNCRUSTABLES
selected varieties, frozen
4's
pâtisseries
21543057 C04



**NEW
LOWER
PRICES**

5⁵⁰

**SCHNEIDERS
BREAKFAST BITES**
or **SANDWICHES**
selected varieties, frozen
204-288 g
bouchées déjeuner ou sandwichs
21623187 EA/21623288 EA



3⁵⁰

**EARTH'S OWN
ALMOND or SOY
BEVERAGES**
selected varieties, refrigerated
1.75/1.89 L
boisson aux amandes ou soya
20327647 EA

\$5

**CHAPMAN'S
SUPER NOVELTIES**
selected varieties, frozen
8-20's
friandises glacées
20111532 EA/20117581001 EA



6⁵⁰

FRUTÉE ICE CREAM
selected varieties, frozen
270 ml
crème glacée
21701523 EA

4⁷⁵

PC® FROZEN FRUIT
selected varieties
300-600 g
fruits surgelés
20312227 EA



\$5

**M&M'S or MARS
CHOCOLATE POUCHES**
selected varieties
155-170 g
chocolat
21571767 EA/21571768 EA



\$3

TWIZZLERS CANDY 311-454 g or
JOLLY RANCHER ROPE 283 g
selected varieties
friandises
20022328004 EA



7⁵⁰

**SAMYANG
NOODLES**
selected varieties
650 g
nouilles
21450283 EA



7⁵⁰

MUSAFIR PANEER BURGERS 450 g or
BUTTER CHICKEN BITES 357 g
burgers de paneer ou bouchées de poulet
21705194 EA/21705196 EA



\$5

PAM COOKING SPRAY
selected varieties
141/170 g
vaporisateur à cuisson
20178204001 EA



\$6

**NESTLÉ CARNATION
HOT CHOCOLATE MIX**
selected varieties
400/450 g
mélange à chocolat chaud
21397690 EA



\$12

**IAMS
DRY CAT FOOD**
selected varieties
1.36/1.59 kg
nourriture sèche pour chats
21027553 EA



3⁷⁵

**NO NAME®
DISINFECTANT WIPES**
selected varieties
75's
lingettes désinfectantes
21386780 EA



1⁵⁰

**KNORR or LIPTON
SOUP MIX**
selected varieties
40-145 g
mélange à soupe
20297514001 EA/20308188001 EA



\$7

PC® BATHROOM TISSUE 12=24 rolls or
FACIAL TISSUE 6x126 sheets
papier hygiénique ou mouchoirs
20181283 EA/21450718 EA





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STRAIGHT TO YOUR EMAIL

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STRAIGHT TO YOUR PHONE

Text "OFFER" to 374557 (FRILLS)*



*Standard message and data rates may apply.

†Raincheck + PC Optimum Points: Applies to out of stock items advertised in the current weekly flyer ("Promotion Period"). Raincheck can be used towards purchase of the unavailable item (subject to reasonable customer/requirements) at the advertised flyer price plus 10% back in PC Optimum points when the item is back in stock or within 14 days of raincheck issue date. 10% back in PC Optimum points is calculated per item on the advertised flyer price. Raincheck requests must be made in-store during the unavailable item's Promotion Period. Raincheck must be redeemed in-store at the issuing store location. Raincheck + Pts does not apply to flyer items marked "while quantities last", gift cards, liquor, tobacco, seasonal and products which are provincially-regulated, or as we determine from time to time. Customers who are not PC Optimum program members will not be eligible to receive PC Optimum points. To become a member, visit www.pcoptimum.ca. We reserve the right to cancel or change the terms of this offer at any time without notice.

‡Throwback Prices: Program applies to one item weekly, as advertised in-store/online at nofrills.ca.

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a SIM card**



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exclusively at  **NOFRILLS®**

Subject to change. Conditions apply. Visit nonamemobile.ca for full details.

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drops for longer.



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if we're sold out, and give
10% in PC Optimum points.



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everyday prices.



If your produce isn't fresh,
we'll replace AND refund it.

The  NOFRILLS® thing to do.

†Raincheck + PC Optimum Points: Applies to out of stock items advertised in the current weekly flyer ("Promotion Period"). Raincheck can be used towards purchase of the unavailable item (subject to reasonable customer/requirements) at the advertised flyer price plus 10% back in PC Optimum points when the item is back in stock or within 14 days of raincheck issue date. 10% back in PC Optimum points is calculated per item on the advertised flyer price. Raincheck requests must be made in-store during the unavailable item's Promotion Period. Raincheck must be redeemed in-store at the issuing store location. Raincheck + Pts does not apply to flyer items marked "while quantities last", gift cards, liquor, tobacco, seasonal and products which are provincially-regulated, or as we determine from time to time. Customers who are not PC Optimum program members will not be eligible to receive PC Optimum points. To become a member, visit www.pcoptimum.ca. We reserve the right to cancel or change the terms of this offer at any time without notice.

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ONL NFA MKT