



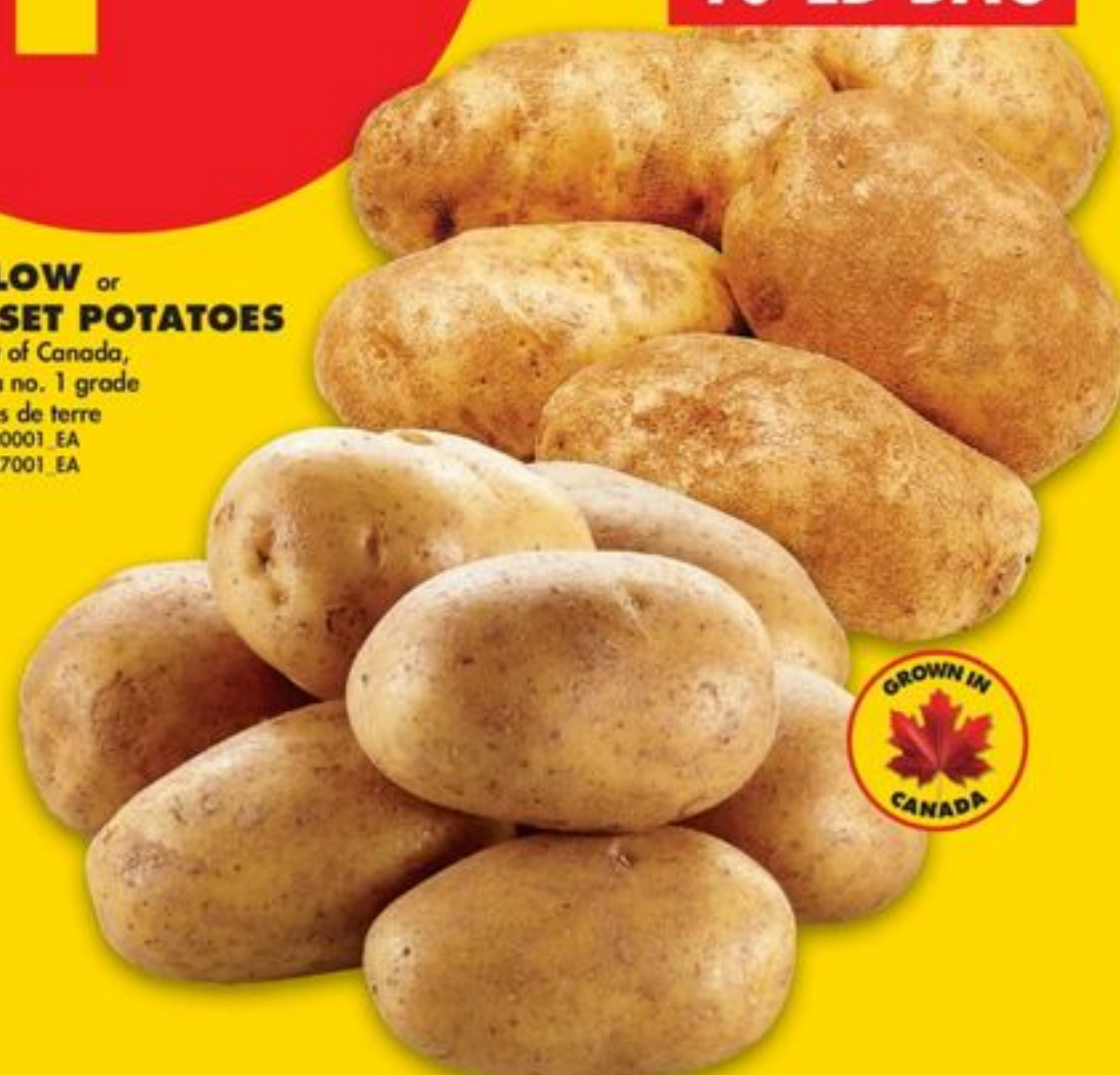
SAVE 42%

1⁹⁹

10 LB BAG

**YELLOW or
RUSSET POTATOES**

product of Canada,
Canada no. 1 grade
pommes de terre
20601020001_EA
20601017001_EA



1⁹⁹

60Z CLAMSHELL

BLACKBERRIES

product of Mexico, or
U.S.A.
mûres
20051015001_EA



ONLY

1⁹⁹

CANTALOUPE

product of Guatemala, Honduras or
Brazil no. 1 grade
cantaloup
20167017001_EA



ONLY

4⁹⁹



6 LB BAG

**NO NAME®
NATURALLY
IMPERFECT™
APPLES**

product of Ontario
pommes
20866985001_EA



NOFRILLS®

FLYER PRICES EFFECTIVE THURSDAY, FEBRUARY 26 TO WEDNESDAY, MARCH 4, 2026.

ALWAYS

\$10

CLUB
SIZE

SAVE 50%

1.99
LB

BUTCHER'S CHOICE® SAUSAGE
selected varieties
1.1 kg
saucisses
21565790, EA

CLUB
SIZE

\$10

CHICKEN LEGS
back-attached, 4.39/kg
cuisses de poulet
20654709, KG

SAVE 40%

5.99

ONLY

4.88

ARMSTRONG or PC® SHREDDED CHEESE 250-320 g,
ARMSTRONG CHEESE 400 g
selected varieties
fromage
21286240, EA/21346749, EA



JANES PUB STYLE CHICKEN STRIPS, NUGGETS, BURGERS, FRIES or POPCORN CHICKEN
selected varieties, frozen, 700 g
lanieres ou pepites ou burgers ou bouchées de poulet
21191828, EA

SAVE UP TO 44%

\$1



NEILSON CHOCOLATE MILK 750 mL or **MILKSHAKES** 310 mL
selected varieties
lait au chocolat ou laits frappés
20766719, EA/21040942, EA

ONLY

4.99

NESTLÉ DRUMSTICK or NOVELTIES 4-10's or
CONFECTIONARY FROZEN DESSERT 1.5 L
selected varieties, frozen
friandises glacées ou dessert glacé de confiserie
20322380003, EA



ONLY

3.47

RISTORANTE or CASA DI MAMA PIZZA
selected varieties, frozen
pizza
20296100001, EA/20296424001, EA



SAVE 47%

8.50

HIGH LINER PAN-SEAR or BATTERED FISH FILLETS
selected varieties, frozen, 425-600 g
filets de poisson
20296596002, EA



SAVE 40%

\$3

HEREFORD CORNED BEEF
340 g
boeuf salé
20050622, EA



ONLY

6.99

UNICO VEGETABLE OIL
3 L
huile végétale
20099102, EA



ONLY

3.33

ACTIVIA YOGURT
selected varieties
650 g
yogourt
20325132001, EA/20325132003, EA



SAVE 23%

\$5

ALLEN'S DRINK BOXES
24x200 mL or **GATORADE SPORT DRINKS**
6x591 mL/8x355 mL
selected varieties
boissons en boîte ou boissons désaltérantes
20303218003, C06/20340520, EA



ONLY

11.99

ROBIN HOOD or FIVE ROSES ALL PURPOSE FLOUR
10 kg
farine tout usage
201347

PRICE
DROP

\$3

**CLASSICO
PASTA SAUCE**
selected varieties
410/600 mL
sauce pour pâtes
20325609003_EA/21618217_EA



1.50

ITALPASTA
selected varieties
750 g
pâtes
20296241001_EA
20296241003_EA



1.69

**CHEF BOYARDEE
PASTA**
selected varieties
418/425 g
pâtes
20312500001_EA



6.99

TETLEY TEA
selected varieties
80/144's
thé
20711164_EA
21613866_EA



8.99

**GALLO
EXTRA VIRGIN
OLIVE OIL**
selected varieties
1 L
huile d'olive extra vierge
20105368_EA



FRESH AT LOW PRICES

2⁹⁹

STRAWBERRIES
product of U.S.A. or Mexico,
no. 1 grade
fraises
20049778001 EA

**1 LB
CLAMSHELL**



**6 OZ
CLAMSHELL**

3⁹⁹

RASPBERRIES
product of Mexico or U.S.A., no. 1 grade or
BLUEBERRIES
product of Mexico, Peru, Chile or Morocco,
no. 1 grade
framboises ou bleuets
20152465001 EA/20128938001 EA

3⁹⁹
LB

**RED or GREEN
SEEDLESS GRAPES**
product of Peru, Chile, or South Africa, no. 1 grade
raisins rouges ou verts sans pépins
8.80/kg
20425775001 EA/20159199001 KG



1⁹⁹
LB

BEEFSTEAK TOMATOES
product of Canada, U.S.A. or Mexico,
no. 1 grade
tomates
4.39/kg
20172240001 KG



**If your produce isn't fresh,
we'll replace AND refund it.***

1²⁹
EA/LB

CANARY MELON 2.84/kg, product of Brazil, or
RED MANGOES each, product of Peru
melon canari ou mangue rouge
21022311001 KG/20039635001 EA



3⁹⁹

PINEAPPLE
product of Costa Rica
ananas
20160992001 EA



4⁹⁹

MINI SEEDLESS WATERMELON
product of Guatemala, Honduras, or Brazil,
HONEYDEW product of Guatemala, Honduras, or Mexico, or
KIWI product of Greece
kiwi ou mini-melon d'eau sans pépins ou melon miel
21576167001 EA/201453279001 EA/200453276001 EA



600 G

1⁹⁹
LB

BARTLETT PEARS
product of South Africa, extra fancy grade or
poires Bartlett
4.39/kg
20172240001 KG



3⁹⁹

ASPARAGUS product of Mexico, no. 1 grade,
RED or GREEN PEPPERS product of Mexico
asperges ou poivrons verts ou rouges
20181709001 EA/20115233001 EA



325 G

3⁴⁹

FARMER'S MARKET™ CARROTS
product of Canada or U.S.A., no. 1 grade
carottes
20811994001 EA



**3 LB
BAG**

4⁹⁹

**FARMER'S MARKET™
YELLOW ONIONS**
product of Canada, Canada no. 1 grade
oignons jaunes
206009915001 EA



**10 LB
BAG**

.59</

FRESH AT LOW PRICES

\$8

PC® BLUE MENU® GROUND CHICKEN
or **MINCED TURKEY**
454 g
poulet haché ou hachis de dinde
2110091 EA



\$13 LB

INSIDE ROUND STIR FRY STRIPS
cut from Canada grade AA beef or higher
lanières à sauter
28.66/kg
2118996 KG

\$3

SCHNEIDERS LUNCHMATE LUNCH KITS
or **STACKERS**
selected varieties
75-120 g
trousses-repas
21310034 EA



1149

MARCANGELO SAUSAGE, BREAKFAST SAUSAGE or PATTIES
selected varieties, frozen
600 g-1.4 kg
saucisses ou saucisses à déjeuner ou rondelles
20799697 EA

12.99



MARCANGELO SOUVLAKI KABOBS
selected varieties, 480/640 g
brochettes
21041735 EA

\$13



NO NAME® CHICKEN WINGS
selected varieties, frozen, 908 g
ailes de poulet
21045309 EA

\$8



PC® ATLANTIC SALMON BURGER
500 g
burgers de saumon de l'Atlantique
21638144 EA

3.50



SOYGANIC TOFU
selected varieties
350-500 g
tofu
21023474 EA

3.50



SEAQUEST® FLAVOURED ALASKA POLLOCK ready-to-eat 227 g,
SMOKED STEELHEAD SALMON frozen, pre-sliced 50 g or
GO SHRIMP raw 51/70 per lb, 160 g, frozen
goberge aromatisée ou saumon fumé ou crevettes
2070340 EA/21208096 EA

\$7



SEAQUEST® BAY SCALLOPS 400 g, **SHRIMP RING** 227 g or
COLOSSAL RAW WHITE SHRIMP 16-20 per lb, 300 g
selected varieties, frozen
pêtoncles de baie ou couronne de crevettes ou crevettes blanches colossales crues
21043887 EA/21558337 EA

\$5



OLIVIERI FRESH FILLED TWIN PACK PASTA 450/500 g,
SKILLET GNOCCHI 280/300 g, or **FRESH SAUCE** 300 mL
selected varieties
pâtes fraîches farcies ou gnocchi ou sauce fraîche
21022065 EA/20221312 EA

\$6



ZIGGY'S® SUB TRIO 300 g,

BRANDS YOU LOVE AT LOW PRICES

ONLY

6⁵⁰

**LIBERTÉ or SIGGI'S
YOGURT**
selected varieties
650/750 g
yogourt
20642273 EA/21353892 EA



ONLY

6⁵⁰

ACTIVIA YOGURT 12x100 g
or **SAPUTO
MOZZARELLISSIMA** 500 g
selected varieties
yogourt ou fromage
20608924 EA/20759241002 EA



ONLY

5⁷⁹

**NEILSON TRUTASTE
LACTOSE FREE** 2 L or
PROTEIN MILK 1.89 L
selected varieties
lait
20188053001 EA



ONLY

\$7

PC® ORANGE JUICE
selected varieties, refrigerated
2.5 L
jus d'orange
21531644 EA



6⁹⁹

**IMPERIAL
MARGARINE**
selected varieties
1.28/1.36 kg
margarine
20084892 EA



\$5

**CHAPMAN'S YUKON
NOVELTIES** 5-8's or
**SUPER PREMIUM
ICE CREAM** 500 mL
selected varieties, frozen
friandises glacées ou crème glacée
21012281 EA/21511147 EA



\$3

**GREEN GIANT
VEGETABLES**
selected varieties frozen
283-750 g
légumes
21022353 EA



1²⁵

TINA'S BURRITO
selected varieties, frozen
113 g
burrito
21629787 EA



\$1

OLD EL PASO SEASONING
selected varieties
24 g
assaisonnement
21044995 EA



2⁶⁷

KELLOGG'S RICE KRISPIES 154-198 g,
POP TARTS 384 g, **SPECIAL K** 125 g or
NUTRI-GRAIN 295 g **BARS**
selected varieties
barres
20126567001 EA/21290111 EA



\$2

**CHEEZ-IT
CRACKERS**
selected varieties
191/200 g
craquelins
21214560 EA



\$3

**LAY'S
POTATO CHIPS**
selected varieties
177-235 g
craquelins
21241032 EA/211663082 EA



3²⁵

**ALLEN'S CRANBERRY
COCKTAIL** or
DEL MONTE ON ICE
1.89 L
cocktail de canneberges ou jus
21518094 EA/21574963 EA



FEBRUARY

**HIT
OF THE
MONTH**

\$2



Made in Canada

Cavendish Fries

Frozen, selected varieties, 800 g

Limit: 6, over limit retail \$3.00

21559837_EA

\$4



Royale Tiger Towel

3=6 rolls

Limit: 6, over limit retail \$5.00

21484702_EA

\$2.67



Prepared in Canada

Vachon Snack Cakes

Selected varieties, 282 g - 336 g

Limit: 6, over limit retail \$3.50

20963606_EA/20005728_EA

**LOWEST PRICES
BEST DEALS**

As compared to other major grocery retailers within your local trade areas.

Offer valid February 1st - 28th, 2026 while quantities last.

We reserve the right to limit quantities to reasonable family requirements. No rainchecks.

App exclusive offers

More offers
More points

Members
get over

\$25

in value

CLICK FOR
THESE COUPONS
AND MORE



 **Optimum™**



Earn
500
pts

PC® INSTANT COFFEE
80 - 100 g
café instantané

 **Optimum™**



Save
\$2
with digital
coupon

**NESCAFÉ RICH
INSTANT COFFEE**
excludes 95 g
café instantané

 **Optimum™**



Earn
1,000
pts

PC® CHOCOLATE BARS
300 g
chocolat au lait

 **Optimum™**



Earn
2,000
pts

PC® BASQUE CHEESECAKE
600 g
gâteau au fromage

 **Optimum™**



Earn
500
pts

PC® COLESLAW
397 g
salade de chou

 **Optimum™**



Earn
1,000
pts

**PC® GNOCCHI or
RISOTTO** or
350/400 g
gnocchi ou risotto

 **Optimum™**



Earn
750
pts

**PC® BLUE MENU®
CALAMANSI CITRUS AND
STRAWBERRY
SPARKLING
WATER** 12 x 355 mL
eau pétillante

 **Optimum™**



Earn
750
pts

PC® LOW SODIUM CLUB SODA
12 x 355 mL
soda

 **Optimum™**



Earn
1,500
pts

**PC® RED
BREW
DE-ALCOHOLIZED
LAGER BEER** 12 x 355 mL
bière

 **Optimum™**



Earn
1,000
pts

PC® BABY WIPES
300's
lingettes bébé

 **Optimum™**



Earn
500
pts

**NO NAME®
CHICKEN STRIPS**
908 g
lanières de poulet

 **Optimum™**



Earn
500
pts

**NO NAME®
CHICKEN NUGGETS**
908 g
pépites de poulet

More offers. More points.

CLICK FOR
THESE COUPONS
AND MORE



Earn
500
pts

Until March - 4 - 2026

NO NAME® CHOCOLATE CHIP COOKIES
907 g
brisures chocolatées



Earn
500
pts

Until March - 4 - 2026

NO NAME® BUTTER
454 g
beurre salé



Earn
500
pts

Until March - 4 - 2026

NO NAME® 100% WHOLE GRAIN QUICK OATS
1 kg
gruau rapide



Earn
500
pts

Until March - 4 - 2026

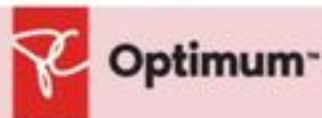
NO NAME® SPICES
150 g
épices



Earn
1,000
pts

Until March - 4 - 2026

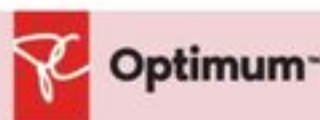
NO NAME® CHICKEN HOT DOGS
1.5 kg
saucisses fumées



Earn
500
pts

Until March - 4 - 2026

NO NAME® CHICKEN BURGER
908 g
burger au poulet



Earn
500
pts

Until March - 4 - 2026

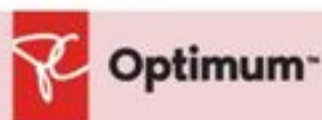
NO NAME® CALIFORNIA MIXED VEGETABLES
750 g
mélange de légumes



Earn
2,000
pts

Until March - 4 - 2026

NO NAME® CHICKEN WINGS, MEDIUM BBQ
908 g
barbecue mi-piquantes



Earn
500
pts

Until March - 4 - 2026

NO NAME® LEMONADE
1.75 L
limonade



Earn
1,500
pts

Until March - 4 - 2026

NO NAME® FACIAL TISSUE
2 ply, 6 x 200 sheets
tissu facial



Earn
1,000
pts

Until March - 4 - 2026

NO NAME® KITCHEN GARBAGE BAGS
21 L
sacs poubelle



Earn
1,500
pts

Until March - 4 - 2026

NO NAME® EXTRA SCENTED SCOOPABLE CLUMPING CAT LITTER
7 kg
litière pour chat

BRANDS YOU LOVE AT LOW PRICES

2⁷⁵

YOPLAIT SOURCE 630 g,
TUBES 8's, **MINIGO** 6's or
PROTEIN 4's **YOGURT**
selected varieties
yogourt

21391318001_EA/21547595_EA



4⁷⁹

**CRACKER BARREL
NATURAL CHEESE
SLICES**
selected varieties
200-240 g
tranches de fromage naturel

21290705_EA

3⁵⁰

**PC® ICE CREAM SHOP
ICE CREAM** 946 mL or **NOVELTIES** 6's
selected varieties, frozen
crème glacée ou friandises glacées

21013145_EA



\$4

CRAVE DINNER ENTRÉES 200-340 g or
**KRAFT DELUXE
MACARONI & CHEESE** 340 g
selected varieties, frozen
plats cuisinés ou macaroni au fromage

21085515_EA

5²⁹

LACTANTIA PUR FILTRE
or
ULTRAPUR MILK

selected varieties
1.5/2 L
lait

21424994_EA/21694605_EA



\$8

**STOK or STARBUCKS
COLD BREW COFFEE**

selected varieties
1.42 L
café infusé à froid

21203739_EA/21215530_EA



3⁵⁰

OLD DUTCH POTATO 235 g or **TORTILLA CHIPS**

275/290 g or **HUMPTY DUMPTY SNACKS** 250-290 g
selected varieties
croustilles ou grignolines

21445100_EA



\$3²⁵

Earn
1,000
pts

That's
\$1
value

KOOL-AID JAMMERS 10x180 mL or **MIO**,
CRYSTAL LIGHT or **KOOL-AID LIQUID
WATER ENHANCERS** 48 mL/24-56 g, selected varieties
boissons ou rehausseurs d'eau

20079976006_EA/20663423_EA



\$5⁵⁰

Earn
1,000
pts

That's
\$1
value

BRANDS YOU LOVE AT LOW PRICES

\$3

NO NAME® CREAM CHEESE
selected varieties
227/250 g
fromage à la crème
20308105001 EA



4.50

POGO
frozen
4's
saucisses sur bâtonnet
20110352001 EA

\$4

PILLSBURY TOASTER STRUDEL or SCRAMBLES
selected varieties, frozen
204/326 g
pâtisserie
20172664001 EA



5.50

PC® ASIAN SOUPS or ENTRÉES
selected varieties, frozen
300-400 g
soups ou plats cuisinés asiatiques
21565996 EA

\$5.50

Earn
1,000
pts

That's
\$1
value



AMOOZA! TWISTS CHEESE SNACKS 228 g or
BLACK DIAMOND CHEESE SNACKS 189/252 g
selected varieties
collations au fromage
20986474 EA/21403514 EA

3.35

NO NAME® APPLE or ORANGE JUICE
selected varieties, refrigerated
1.75 L
jus de pomme ou orange
21665646 EA/21671461 EA



5.50

PC® DRY ROASTED PEANUTS 700 g,
CASHEWS or **DELUXE MIXED NUTS** 200 g
selected varieties
arachides ou noix de cajou ou mélange de noix
20057990003 EA/21054943 EA



\$3

LECLERC CÉLÉBRATION COOKIES
selected varieties
200/240 g
biscuits
21680155 EA



\$5

QUAKER BAKING MIX or OAT FLOUR
selected varieties, 700-900 g
mélanges à pâtisserie ou farine d'avoine
20301064001 EA



7.99

MAXWELL HOUSE, NABOB TASSIMO DISCS 8-16's or **MAXWELL HOUSE GROUND COFFEE PODS** 12's
selected varieties
capsules de café
20026954001 EA



1.75

NO NAME® EVAPORATED MILK
selected varieties
354 mL
lait évaporé
21040510 EA/21040543 EA



10.99

BRANDS YOU LOVE AT LOW PRICES

6⁵⁰

**SOFTSOAP LIQUID
HAND SOAP REFILL**
selected varieties
1.47 L
recharge de savon liquide pour les mains
21167194, EA



UP TO 40%
OFF

**JAMIESON VITAMINS
AND SUPPLEMENTS**
selected varieties and sizes
vitamines et suppléments
20984309, EA/20303216001, EA



\$5



3⁵⁰

TIDE PODS 16's, **DOWNY FABRIC SOFTENER** 0.78/1.31 L, **PURIFYING
RINSE** 473 mL or **SCENT BOOSTERS** 141/150 g, **BOUNCE DRYER SHEETS**
40/80's, **CASCADE DISHWASHER TABS** 10-15's or **RINSE AID** 473 mL
détergent à lessive ou assouplissant textile ou produit de rinçage ou rehausseurs de parfum ou
feuilles pour sècheuse ou capsules de détergent pour lave-vaisselle ou agent de rinçage
2030148 1003, EA/21549771, EA

NO NAME® BLEACH
selected varieties
2.4 L
eau de Javel
21486532, EA

\$4



LYSOL MULTI SURFACE CLEANER 1.2 L,
BATHROOM SPRAY 950 mL or **BATHROOM AEROSOL** 538/680 g
selected varieties
nettoyant ou vaporisateur ou aérosol pour salle de bains
20309873002, EA/21231235, EA

4²⁹



PINE-SOL ALL PURPOSE CLEANER
selected varieties
1.41 L
nettoyant tout usage
20298679001, EA/20298679002, EA

1⁹⁰



NO NAME® ALUMINUM FOIL
25 ft
papier d'aluminium
21119986, EA

\$20



CASCADE AUTO DISHWASHER TABS
selected varieties
51-90's
capsules de détergent pour lave-vaisselle
21012172, EA/21516545, EA

11⁵⁰



GLAD GARBAGE BAGS
selected varieties
20-40's
sacs à ordures
21165477, EA

**NEW
LOWER
PRICES**

\$8



**EXTRA LEAN
GROUND BEEF**
fresh
450 g
bœuf haché extra maigre
21675592 EA

3⁵⁰

**NATURAL BAKERY
RYE BREAD**
500 g
pain de seigle
21688966 EA



4⁵⁰

**NATURE'S BEST
LARGE FREE RUN EGGS**
12's
gros œufs
20814983001 EA



\$5

**SCHNEIDERS
BOLOGNA**
selected varieties, 500 g
bologna
20039186 EA



\$5

**CHAPMAN'S
FROZEN YOGURT or SORBET**
selected varieties, frozen
2 L
yaourt glacé ou sorbet
20314434001 EA/20329120001 EA



\$8

CLIF BAR 5 PK
selected varieties
340 g
barre
21664766 EA/21664843 EA



\$7

**PC ORGANICS
FROZEN FRUIT**
selected varieties, frozen
600 g
fruits surgelés
20431483003 EA/20993672 EA



3⁵⁰

**MINUTE MAID ZERO SUGAR
BEVERAGES or FUZE ICED TEA**
selected varieties, refrigerated, 1.54/1.75 L
boissons ou thé glacé
21434119 EA/21452207 EA



\$2

**BEN'S ORIGINAL
RICE CUPS**
selected varieties
62/68 g
riz
21680527 EA/21680713 EA



\$4

HEALTHY CHOICE DINNER ENTRÉES
selected varieties, frozen, 269-306 g
plats cuisinés
21406269 EA



\$2

**SNACK PACK
PUDDING**
selected varieties
4x99 g
pouding
20310707001 EA



3²⁵

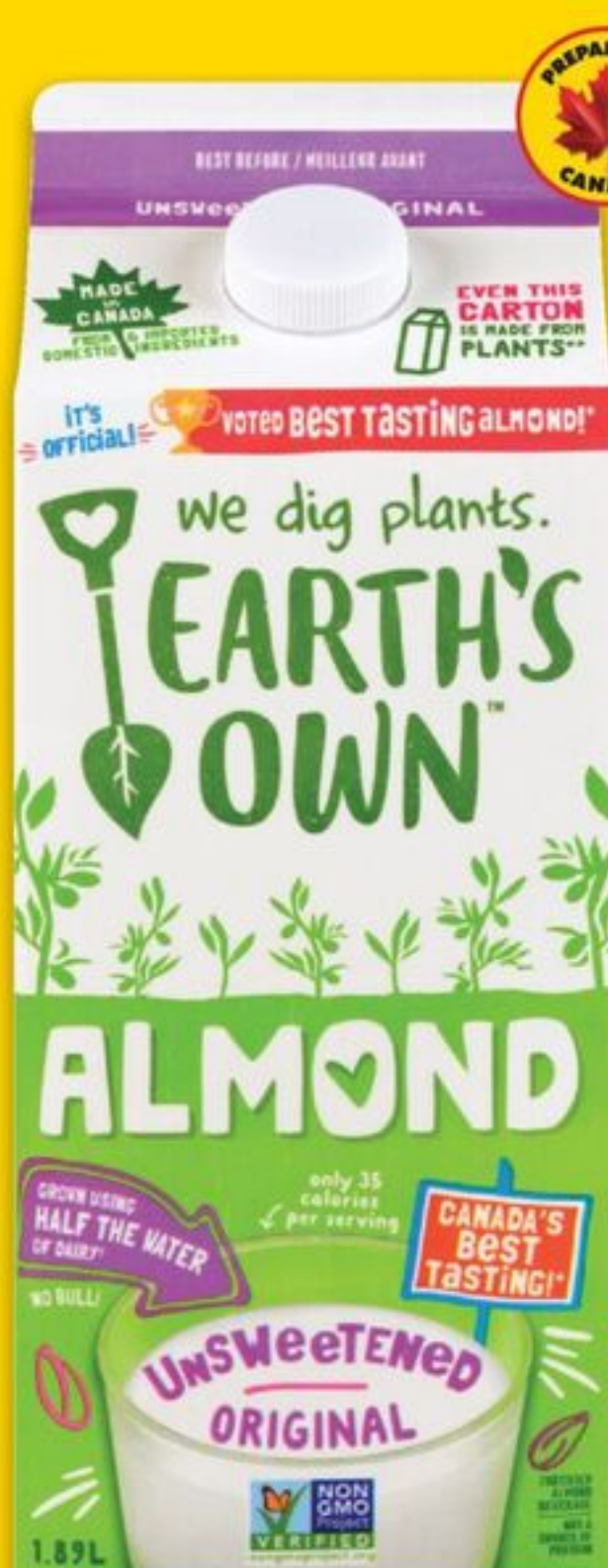
**iÖGO NANO
YOGURT DRINKS**
selected varieties
6x93 mL
yaourt
20609687003 EA



**NEW
LOWER
PRICES**

5⁵⁰

SCHNEIDERS BREAKFAST SANDWICH or EGG BITES
selected varieties, frozen
204-288 g
sandwich déjeuner ou bouchées aux œufs
21623288 EA/21623323 EA



3⁵⁰

EARTH'S OWN ALMOND or SOY NON DAIRY BEVERAGE
selected varieties, refrigerated
1.75/1.89 L
boisson sans produits laitiers aux amandes ou soya
20327647 EA



\$5

CHAPMAN'S SUPER NOVELTIES
selected varieties, frozen
8-18's
friandises glacées
20111532 EA/20117581001 EA



6⁵⁰

FRUTÉE ICE CREAM
selected varieties, frozen
270 ml
crème glacée
21701523 EA

4⁵⁰



PC® FROZEN FRUIT
selected varieties
300-600 g
fruits surgelés
20312227 EA

\$5



MARS CHOCOLATE POUCH
selected varieties
155-170 g
chocolat
21571767 EA/21571768 EA

\$3



TWIZZLERS CANDY PACK or JOLLY RANCHER ROPE
selected varieties
283 g
friandises
2002328004 EA

7⁵⁰



SAMYANG NOODLES
selected varieties
650 g
nouilles
21412584 EA/21450283 EA

\$5



PAM COOKING SPRAY
selected varieties
141/170 g
vaporisateur à cuisson
20178204001 EA

\$6



NATURAL FOODS AT LOW PRICES

22⁹⁹

VEGA PROTEIN AND GREENS DRINK MIX
selected varieties
510-526 g
mélange pour boisson
20830386002_EA



4²⁹

GT'S KOMBUCHA
selected varieties
480 mL
kombucha
20374106_EA/20906034003_EA



5²⁹

SILK DAIRY FREE CREAMER
selected varieties
890 mL
colorant à café sans produits laitiers
21245361_EA/21423292_EA



\$4

HARDBITE CHIPS
selected varieties
128/150 g
croustilles
20370855001_EA/21157616_EA

\$3

SENSIBLE PORTIONS VEGGIE STRAWS or CHIPS
selected varieties
120-142 g
grignolines ou croustilles
20377204001_EA/21380091_EA



\$13

KICKING HORSE ORGANIC GROUND COFFEE
selected varieties
284 g
café moulu biologique
20805126001_EA



\$5

TRADITIONAL MEDICINALS ORGANIC HERBAL TEA
selected varieties
16's
tisane biologique
21397739_EA



3⁵⁰

EARTH'S OWN BARISTA or VITA COCO COCONUT WATER 1 L
selected varieties
barista ou eau de noix de coco
203322922_EA/21643665_EA



\$5

MADEGOOD CRUNCHY COOKIES, GRANOLA BITES or OAT CUPS
selected varieties
175-20

BIG EASTER DEALS!

3⁵⁰



CADBURY CRÈME EGGS 3's,
LINDOR EGGS 3's or
PEEPS MARSHMALLOWS 85 g
friandises
21485296_EA

6⁵⁰



CADBURY MINI EGGS 154-200 g,
NESTLÉ POUCHES or
NOVELTIES 85-153 g
selected varieties
mini-œufs ou sachets ou friandises
20073462_EA

6⁵⁰



**KINDER BAGGED
CHOCOLATE** 104-184 g or
**CARNBY SWEET MILK
CHOCOLATE BUNNY** 350 g
selected varieties
chocolat ou lapin en chocolat
20531650_EA/21485295_EA

\$8



LINDT GOLD BUNNY
selected varieties
5's/100 g
lapin en chocolat
20046002_EA

RAMADAN KAREEM

رمضان كريم

4⁹⁹

ORGANIC PITTED DATES product of Tunisia or
HONEY PITTED DATES product of Iran
dattes
21562279001, EA/20772841, EA



340 G



907 G

1⁹⁹ LB

GREY ZUCCHINI
product of Mexico
4.39/kg
courgette grise
20036780001, KG



1⁴⁹ LB

OPO SQUASH
product of Honduras, Mexico or Dominican Republic
3.28/kg
courge ope
20142055001, KG



2⁹⁹ LB

JUMBO WALNUTS
product of U.S.A.
6.59/kg
noix géantes
20123893001, EA



3⁹⁹ LB

OKRA
product of Guatemala or Honduras
8.80/kg
gombo
20091263001, KG



2⁹⁹

BUNCHED DILL
product of Mexico or U.S.A.
aneth en botte
20185183001, EA



14⁴⁹ LB

AUSTRALIAN SEASONED LAMB LOIN CHOP

fresh
31.95/kg
côtelettes de longe
d'agneau
21682485, EA



\$10

ZABIHA HALAL BREADED CHICKEN
selected varieties, frozen
800/908 g
poulet pané halal
21192505, EA



11⁴⁸

SUFRA® HALAL STEWING BEEF

454 g
bœuf à ragoût halal
21395711, EA



\$13

SUFRA® HALAL CHICKEN BREASTS
boneless, skinless
3's
poitrines de poulet halal
21430678, EA



\$8

SUFRA® HALAL CHICKEN DRUMSTICKS
fresh
up to 840 g
pilons de poulet halal
21427840, EA



\$2

FRONTIER PITA
selected varieties
330 g
pita
21215681, EA



\$2

SANTOSH NAAN
selected varieties
5's
naan
21671462, EA

RAMADAN KAREEM

رمضان كريم



5⁹⁹

1 KG



KHUDRI DATES
product of Saudi Arabia
dates khudri
21562486001_EA

7⁹⁹

400 G



PC® MEDJOL DATES
product of Israel
dates
21715402001_EA

7⁹⁹

400 G



PC® SAFAWI DATES
product of
Saudi Arabia
dates
21706738001_EA

7⁹⁹

400 G



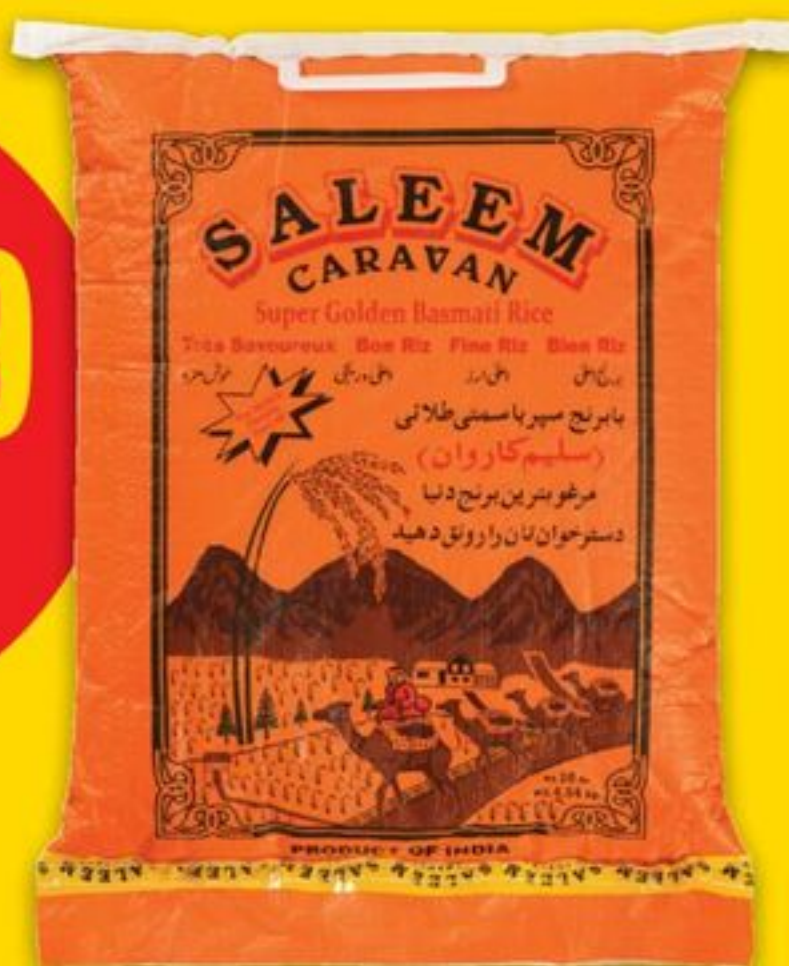
PC® SUKKARI DATES
product of
Saudi Arabia
dates
21706824001_EA

RAMADAN KAREEM

رمضان كريم

12⁹⁹

SALEEM CARAVAN BASMATI RICE
selected varieties
4.54 kg
riz basmati
21526001, EA



9⁹⁹

QUALITY BROWN SUGAR
4.5 kg
cassonade
20718452, EA



3⁹⁹

NATIONAL PICKLE
selected varieties
1 kg
marinade
20627128002, EA



7⁵⁰

BRAR'S DAIRY DAHI
3.25%
1.8 kg
dahi
21576316, EA

1²⁹

TAMAM CANNED BEANS
selected varieties
796 mL
légumineuses en conserve
21214487, EA



6⁹⁹

NANAK GULAB JAMUN
frozen
908 g
gulab jamun
20436517, EA



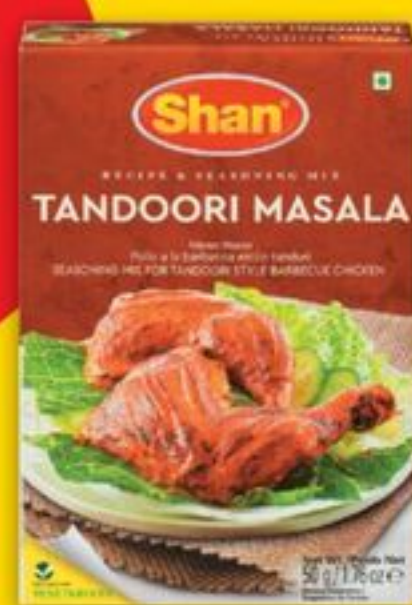
\$8

TEA INDIA 681 g
or **TATA TEA AGNI** 1 kg
thé
20177173, EA/21575115, EA



\$2

SHAN SPICE MIXES
selected varieties
50-100 g
mélanges d'épices
20160022001, EA



5⁹⁹

DESI-LICIOUS ICE CREAM
selected varieties, frozen
1 L
crème glacée
20847564001, EA



5⁴⁹

CLIC EXTRA LARGE FAVA BEANS
907 g
très grosses gourmantes
20124706, EA



7⁴⁹

ALSHIFA NATURAL HONEY
selected varieties
500 g
miel
20862354, EA



1⁵⁰

7UP NIMBOOZ LEMONADE
355 mL
limonade
21682042, EA



3⁹⁹

TAMAM PICKLES OL

1⁹⁹

FROOTI MANGO JUICE
1 L
jus de mangue
20041155 EA



1⁴⁹

PRAN NOODLES
selected varieties
280 g
nouilles
21685517 EA



3⁹⁹

VEEBA VEGINNAISE, CHUTNEY or SPREAD
selected varieties
300-500 g
veginnaise ou chutney ou tartinaide
21632617 EA/21632744 EA



9⁹⁹

DABUR HONEY
500 g
miel
20802858 EA



7⁵⁰

MUSAFIR MASALA OMELETTE BITES
336 g
bouchées omelette masala
21705242 EA



7⁵⁰

MUSAFIR PANEER NUGGETS
480 g
pépites de paneer
21705222 EA



7⁵⁰

MUSAFIR PANEER BURGERS 480 g or
BUTTER CHICKEN BITES 357 g
burgers de paneer ou bouchées de poulet au beurre
21705194 EA/21705196 EA



7⁵⁰

MUSAFIR MASALA PANEER BITES
selected varieties
336 g
bouchées de paneer masala
21705580 EA



\$⁴

HAPPY DAIRY PANEER
300 g
paneer
21343632 EA



7⁹⁹

BRAR'S MILK CAKE
400 g
gâteau au lait
20609047 EA



12⁹⁹

BRAR'S DESI GHEE
800 g
ghee
20869886 EA

AVAILABLE AT SELECT LOCATIONS ONLY

ONL ET 03 NFO

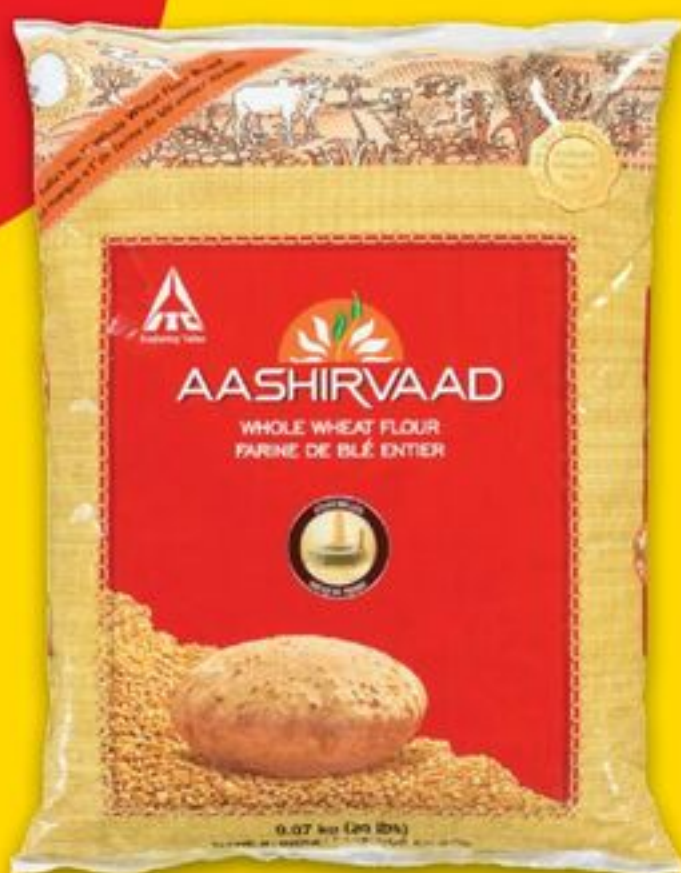
HAPPY HOLI!

होली की शुभकामनाएं



10⁹⁹

**AASHIRVAAD
WHOLE WHEAT
FLOUR**
9.07 kg
farine de blé entier
21359688 EA



3⁹⁹

**SURAJ®
DRY BEANS or
LENTILS**
selected varieties
1.8 kg
haricots secs ou lentilles
20558757 EA
20558760 EA



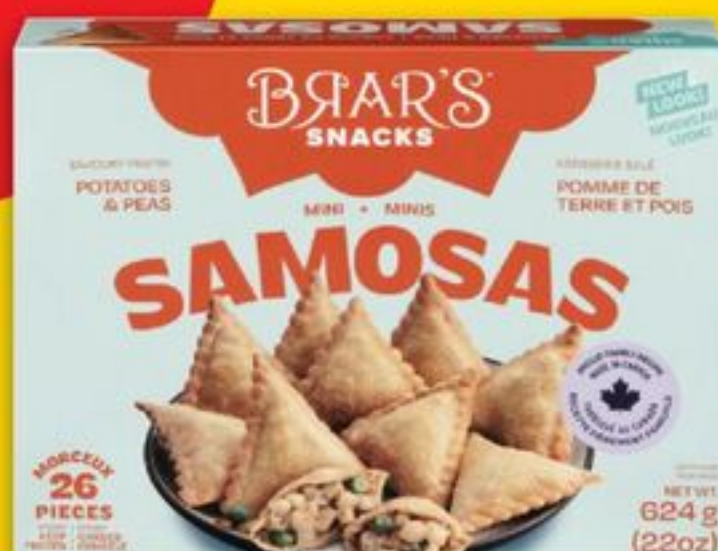
\$2

**SURATI
SNACKS** 250/341 g or
SURAJ® JUICE 1 L
selected varieties
collations ou jus
20322576003 EA/21001025 EA



5⁹⁹

**BRAR'S
SAMOSA**
selected varieties
frozen
624 g
samosas
21000033 EA



1⁵⁰

**KURKURE
SNACKS**
selected varieties
115 g
collations
20659742 EA/21361077 EA



HAPPY HOLI!

होली की शुभकामनाएं



1.99
LB

INDIAN KARELA
product of Mexico
4.39/kg
margose indienne
20028046001_KG



.99

BUNCH MINT or CILANTRO
product of Mexico or U.S.A.
menthe ou coriandre en botte
20139326001_EA/20091825001_EA



1.29

COCONUT
product of India or Dominican Republic
each
noix de coco
20005774001_EA



1.49

METHI LEAF
product of Mexico or U.S.A.
bunch
feuilles de fenugrec
20159689001_EA



2.99
LB

INDIAN EGGPLANT
product of U.S.A. or Mexico
6.59/kg
aubergine indienne
2005582001_KG



4.99

ALFA PUFF PASTRY
850 g
pâte feuilletée
21606988_EA



.99

PARLE G BISCUIT
original
300 g
biscuit
20956495_EA



.39

MAGGI MASALA NOODLES
selected varieties
70 g
nouilles masala
20802644_EA



4.50

NANAK PANEER
selected varieties
341 g
paneer
21286158_EA



2.49

PRAN SAMOSA or SPRING ROLLS
selected varieties, frozen, 400 g
samosas ou rouleaux de printemps
21054779_EA/21054846_EA



\$6

HANS WHIPPED BUTTER
300 g
beurre fouetté
21369481_EA



4.49

SURAJ® GREEN CARDAMOM SEEDS
50 g
graines de cardamome verte
20618034_EA



2.99

QUALITY SOYA CHUNKS
400 g
boulettes de soya
20

HAPPY PURIM!

חג פורים שמח!



3⁹⁹



DRIZZILICIOUS RICE CAKE
selected varieties
113 g
gâteau de riz
21240808 EA



.69

WHITE ROCK SELTZER
selected varieties
1L
soda
20042340 EA/20620205007 EA

6⁹⁹



TUSCANINI CHOCOLATE BAR
selected varieties
100 g
barres de chocolat
21693111 EA



8⁴⁹

FOODFEST SOLE FILLETS
400 g
filets de sole
20812093 EA

3⁴⁹



GALIL SMALL PURIM BAG
100 g
petit sac purim
21735219 EA

8⁷⁹



TA'AMTI BOUREKAS
selected varieties
700 g-1 kg
bourekas
20653790002 EA

5⁴⁹



CROWN HAMANTASCHEN
selected varieties
227 g
oreilles d'Haman
21572809 EA

15⁴⁹



KY ATL SALMON SKIN ON FILLET
454 g
filet de saumon avec peau
21581984 EA

15⁹⁹



DECOR BOWLS SPHERE COMBO
40 pk
bols
21594056 EA

7⁹⁹ LB



MARVID CHICKEN BREAST
Clubpack
17.62/kg
poitrine de poulet
21159032 KG

11⁴⁹



STRAUSS FANTASIA
selected varieties, 500 g
dessert
21242431 EA

7⁹⁹



CHEF TZALI GEFILTE FISH
565 g
poisson gefilte
21507020 EA

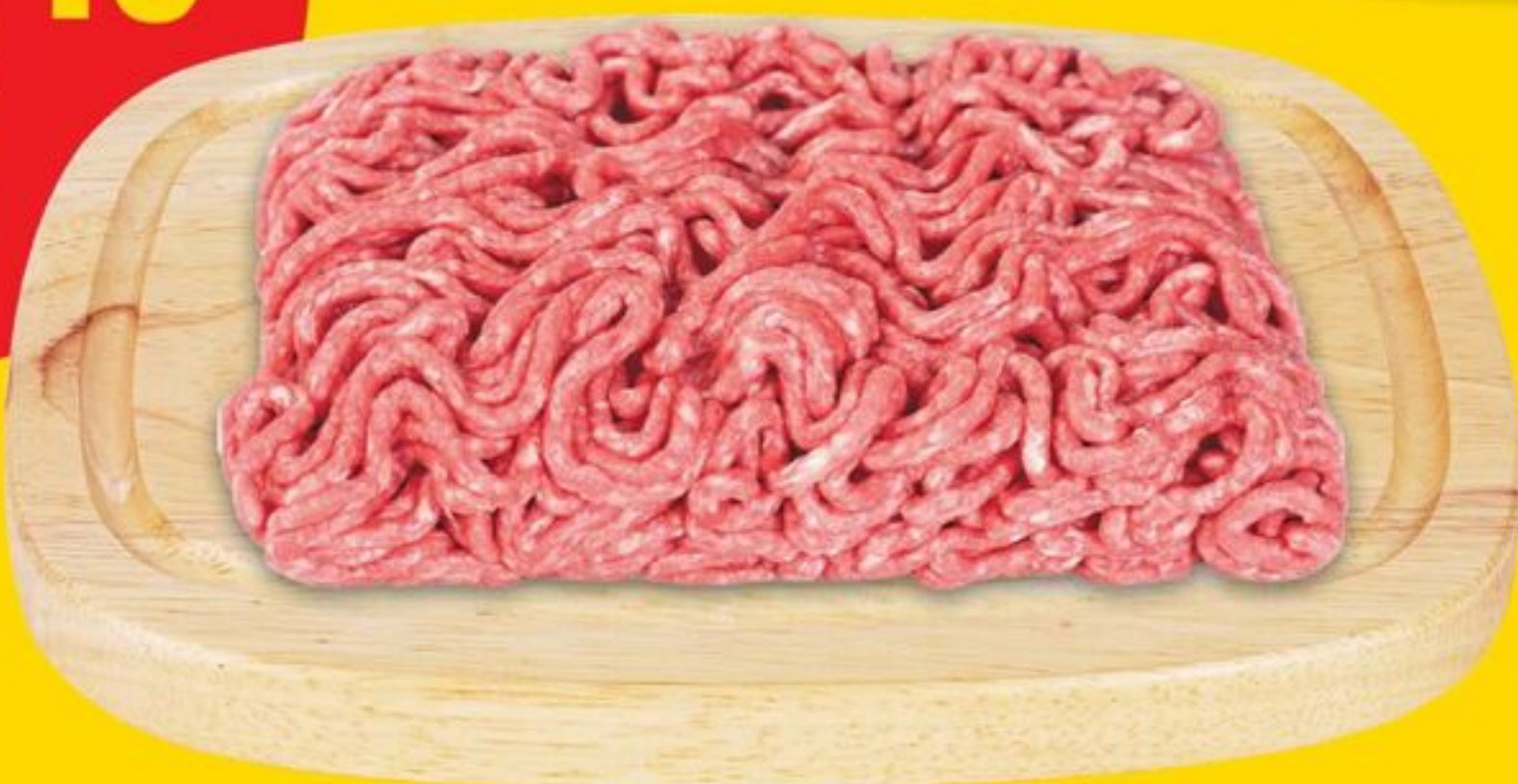
18⁹⁹ LB

KOSHER FOODS

10⁴⁹

SHEFA MEDIUM GROUND BEEF

23.13/kg
bœuf haché mi-maigre
21406875, KG



2⁹⁹

GEFEN TUNA CHUNK

selected varieties
170 g
thon pâle en morceaux
20057936, EA



6⁷⁹

GRANNY'S MARSHMALLOW TOASTED

283 g
guimauves
20047054, EA



4⁹⁹

M-C DAIRY CREAM CHEESE SPREAD

300 g
fromage à la crème
21604123, EA

2⁹⁹

TUSCANINI TOMATO SAUCE

500 g
sauce tomate
21177236, EA



2⁹⁹

USHIA COCONUT CREAM

400 mL
crème de coco
21031262, EA



3⁹⁹

GALIL PICKLES

650 g
marinades
20984011, EA



6⁹⁹

M-C DAIRY PRESSED COTTAGE CHEESE

500 g
fromage cottage pressé
21720618, EA



5⁹⁹

PIERRE BONNE SILAN SQUEEZE

400 g
silan sirup de dattes
2155806, EA



5⁹⁹

ACHVA TAHINI

selected varieties
400/500 g
tahini
20122784001, EA



6⁴⁹

HOLIDAY FRUIT SLICES

170 g
fruits
21097813, EA



6⁹⁹

SHUFRA CHOCOLATE CHIPS

255 g
brisures de chocolat
21518648, EA



7²⁹

MANISCHEWITZ POTATO STARCH

454 g
féculle de pomme de terre
20152853, EA





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*Standard message and data rates may apply.

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‡Throwback Prices: Program applies to one item weekly, as advertised in-store/online at nofrills.ca.

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