

ISLAND GROCERS UNITE TO BRING HOPE CLOSER TO HOME

From Feb. 27 – March 20, proceeds from the sale of specially marked plant pots at participating grocers will help support the new BC Cancer – Nanaimo.

benefiting **BC CANCER FOUNDATION**



Prices in effect: Feb 25th - Mar 3rd, 2026

Pork Tenderloin
\$13.10/kg

\$5.99 **Lb**

Woolwich Fresh Goat Cheese
113g log

\$4.99 **Ea**

Assorted Varieties

benefiting **BC CANCER FOUNDATION**

JOE & ROBERTA MANZINI
NANAIMO, BC
CANCER SURVIVORS

ISLAND GROCERS UNITE TO BRING HOPE CLOSER TO HOME

From Feb. 27 – March 20, Tru Value Foods locations will sell specially marked plant pots and hold other fundraising initiatives, with all proceeds going to support of the new BC Cancer Facility in Nanaimo.

Grimm's Sausage Ring
300g

\$7.99 **Ea**

Assorted Varieties

Greekhouse Homous or Tzatziki
227g

\$3.99 **Ea**

Assorted Varieties

Little Potato Company Baby Potatoes
1.5lb bag

\$3.99 **Ea**

Assorted Varieties

Large Green Peppers

\$4.39/kg

\$1.99 **Lb**

Island Farmhouse Chicken Drumsticks
\$7.69/kg

\$3.49 **Lb**

Assorted Varieties

Piller's Sliced Cervelat Salami

\$2.99 **/100g**

Cantaloupe or Honeydew Melon
\$4.39/kg

\$1.99 **Lb**

Red Grapefruit
3lb bag

\$5.99 **Ea**

Top Deals of the Week

Old Dutch Original or Ridgies Potato Chips
235g

2/\$7

Assorted Varieties

Que Pasa Tortilla Chips
300-350g

\$4.49 **Ea**

Assorted Varieties

Coke, Canada Dry and Flavours
12x355ml

\$9.49 **Ea** + Deposit

Assorted Varieties

Natural Bakery Rye Bread
900g

\$4.99 **Ea**

Tribal Java Organic Ground Coffee
300g - \$16.99 reg price

Buy one, Get One Free

Assorted Varieties

Paradise Island Feta
200g

\$4.99 **Ea**

Excludes Goat Feta

Villagio or Rustico Bread
510-540g

\$3.99 **Ea**

Assorted Varieties

Zevia Sugar Free Soda
6x355ml

\$6.99 **Ea** + Deposit

Assorted Varieties

Crisco Vegetable or Canola Oil
1.18L

\$8.99 **Ea**

Bassili's Best Lasagna or Shepards Pie
907g

\$8.99 **Ea**

Assorted Varieties

Northern Gold Granola
630-675g

2/\$7

Assorted Varieties

Natrel Lactose Free Milk
2L

\$5.69 **Ea** + Deposit

Assorted Varieties

Nature Clean Dish Soap
740ml

\$4.99 **Ea**

Assorted Varieties

Hundreds of Manager's Specials featured in every location!

Mayne Island - Village Bay
472 Village Bay Road
Phone 250-539-2548

Pender Island - Driftwood Centre
4605 Bedwell Harbour Road
Phone 250-629-8322

Quadra Island - Heriot Bay
1536 Heriot Bay Road
Phone 250-285-2436

Quadra Island - Quathiaski Cove
658 Harper Road
Phone 250-285-3391

We reserve the right to limit quantities. Not all items available at all stores.

www.truvaluefoods.com

