



President's Choice.

Our top picks this week

ALWAYS
LOW PRICE
\$1

PC® FREE AND CLEAR®
SPARKLING WATER
SELECTED VARIETIES, 1L
EAU PÉTILLANTE PC®
CLAIR ET NET™
20962061003_EA/20320832004_EA



\$3

GET
1,000
when you buy 2

\$1
back in points



APP
EXCLUSIVE
OFFER*

PC® KETTLE, LOADS OF™
OR WORLD OF FLAVOURS POTATO CHIPS
SELECTED VARIETIES, 200 G
CROUSTILLES
CUITES À LA
MARMITE,
PLEINES DE™
OU SAVEURS
DU MONDE
PC®
20440910004_EA
20440910005_EA
*Open your PC Optimum™
app or visit pc optimum.ca
to get the offer.



850

PC® CHOCOLATE COVERED ALMONDS
SELECTED VARIETIES, 340-400 G
AMANDES ENROBÉES DE CHOCOLAT PC®
20000306_EA/20301287_EA



225

PC® PASTA
SELECTED VARIETIES, 375/454 G
PÂTES PC®
20001562_EA



SAVE
UP TO
20%
\$4

PC® PICKLES 1L
SELECTED VARIETIES
OR PC® BALSAMIC
GLAZE 250 ML
CORNICHONS
PC® OU
GLAÇAGE DE
VINAIGRE
BALSAMIQUE PC®
20444436_EA
20433960001_EA



**PRICE
DROP[‡]**

**SO YOU CAN
SAVE MORE**

\$1

**NEILSON MILKSHAKE
OR MILK2GO**
SELECTED VARIETIES, 310 ML
LAIT FRAPPÉ OU
LAIT'S GO NEILSON
21040942_EA/21040956_EA



3⁵⁰

**MOTT'S CLAMATO
COCKTAIL**
SELECTED VARIETIES
1.89 L
COCKTAIL CLAMATO
MOTT'S
203189550002_EA
203189550003_EA



2⁵⁰

DARE VEGGIE CRISPS
SELECTED VARIETIES, 100 G
CRISPS LÉGUME DARE
20973368_EA/21520207_EA



\$2

**RUBICON
JUICES**
SELECTED VARIETIES
1 L
JUS RUBICON
200292360001_EA
202967700001_EA



DEAL DROP

Limited-time deals on PC® home & more.

LIMIT 4
OVER LIMIT PAY 30.00 EA

\$15

LIFE AT HOME® FELT HANGERS 12/1
CINTRES EN FEUTRE
LIFE AT HOME®
2003347_EA



REAL ATLANTIC SUPERSTORE™

PROUDLY CANADIAN

Offers effective for this location only.
1225 Kings Rd, Sydney River, NS



Open your app to get exciting offers.

3.99 LB 8.80/KG

PORK TENDERLOIN
FRESH, CRYOVAC
FILET DE PORC
20071062_EA

7.99 LB 17.61/KG

SIRLOIN TIP ROAST OR STEAK
CUT FROM CANADA AA GRADE BEEF OR HIGHER
RÔTI OU BIFTECK DE
POINTE DE SURLONGE
200795286_EA/200795288_EA

SAVE UP TO 40%

2.99

CHICKEN DRUMSTICKS OR THIGHS
WET-CHILLED OR HALAL, FRESH
PILONS OU HAUTS
DE CUISSE DE POULET
20004494_EA/20058193_EA

CLUB SIZE **INCLUDES HALAL**

2.99 LB 6.59/KG

SAVE UP TO 1.00

4.98

SCOTSBURN OR BAXTER BUTTER
SELECTED VARIETIES, 454 G
BEURRE SCOTSBURN
OU BAXTER
20054568_EA/20162739_EA/20174034_EA

FARMER'S MARKET™ WHITE OR RUSSET POTATOES
PRODUCT OF CANADA
CANADA NO. 1 GRADE, 10 LB
POMMES DE TERRE
BLANCHES OU RUSSET
DÉLICIES DU MARCHÉ™
2006102000_EA/20060997000_EA

HOT DEAL

SCOTSBURN BUTTER
SELECTED VARIETIES, 454 G
BEURRE SCOTSBURN
OU BAXTER
20054568_EA/20162739_EA/20174034_EA

SAVE UP TO 1.50

\$4

ACE BISTRO LOAF
SELECTED VARIETIES, 545-640 G
MICHE BISTRO ACE
20161056_EA/20079113_EA

PREPARED IN CANADA

SAVE UP TO 35%

\$8 EA/LB

PC® PACIFIC LARGE WHITE SHRIMP RAW OR COOKED
PEELED OR RAW ZIPPERBACK™
31-40 PER LB, 400 G OR FROZEN BAY
SCALLOPS FROZEN, 80-120 PER LB, 17.64/KG
GROSSES CREVETTES BLANCHES
DU PACIFIQUE CRUES OU CUITES
DÉCORTIQUÉES OU CRUES À
DÉCORTICAGE ÉCLAIR™ OU
PÉTIOLES DE BAIE SURGELÉES PC®
2006991120/2007112000

RAW
CRUES

SAVE UP TO 33%

\$4

FARMER'S MARKET™ NAVEL ORANGES
PRODUCT OF MOROCCO OR SPAIN
ORANGES NAVEL DÉLICIES
DU MARCHÉ™
20161345001_EA

3 LB

\$5

GIUSEPPE PIZZA 439-785 G,
PC® FRUSTA OR CALZONE
240-352 G OR WOOD-FIRED PIZZA
351-413 G, SELECTED VARIETIES, FROZEN
PIZZA GIUSEPPE, FRUSTA,
CALZONE OU PIZZA AU FEU DE
BOIS PC®
2006373_EA/20040152_EA

WOOD FIRED
Pepperoni
CUITE AU FEU
DE BOIS

SAVE UP TO 35%

\$11

KING COLE
120-216'S OR
TETLEY ORANGE
PEKOE 216'S TEA
SELECTED VARIETIES
THÉ ORANGE
PEKOE KING
COLE OU TETLEY
21200568_EA/21611946_EA

KING COLE

Optimum

Members-Only Price™

5.99

Non-members

9.99

BLUEWATER FISH OR SHRIMP
SELECTED VARIETIES, FROZEN,
226-600 G (EXCLUDES 350 G)
POISSON OU
CREVETTES
BLUEWATER
20010145004_EA/20032734_EA

Fish Portions
VALUE 12 PACK

SAVE UP TO 33%

\$5

KRAFT PEANUT BUTTER
SELECTED VARIETIES
750 G/1 KG
BEURRE
D'ARACHIDE
KRAFT
2003348000_EA
2003348001_EA

SAVE UP TO 1.49

4.50

BREYERS CREAMERY STYLE ICE CREAM
SELECTED VARIETIES
FROZEN, 1.41 L
CRÈME
GLACÉE STYLE
CRÈMERIE
BREYERS
20033023_EA

SAVE UP TO 3.00

9.99

QUALITY BASMATI RICE
8 LB
RIZ BASMATI
QUALITY
200797390_EA

SAVE UP TO 56%

6.50

CASHMERE BATHROOM TISSUE
12 DOUBLE ROLLS OR
SCOTTIES FACIAL
TISSUE 6'S
SELECTED VARIETIES
PAPIER
HYGIÉNIQUE
CASHMERE OU
MOUCHOIRS
SCOTTIES
21204739_EA/20318867_EA

PREPARED IN CANADA

APP EXCLUSIVE OFFER†

Optimum

†Open your PC Optimum™ app or visit gooptimum.ca to get the offer.

GET 20,000 **\$20** back in points

for every \$100* spent on baby diapers, training pants, wipes, formula, food, accessories, toiletries, gear and baby apparel

\$1

PC® ORGANICS BABY FOOD POUCH
SELECTED VARIETIES, 128 ML
ALIMENTS POUR
BÉBÉS EN SACHET
PC® BIOLOGIQUE
20061048002_EA/20061742_EA

23.99

LIMIT 4
OVER LIMIT PAY 29.99 EA

HUGGIES
16X
BABY WIPES
SELECTED VARIETIES
960-1152'S
LINGETTES
POUR BÉBÉS 16X
HUGGIES
21540191_EA/20083819_EA

24.99

LIMIT 4
OVER LIMIT PAY 34.99 EA

PAMPERS SUPER BIG PACK DIAPERS
SELECTED VARIETIES
SIZE N-8, 32-120'S
COUCHES SUPER
GRAND FORMAT
PAMPERS
21370844_EA/20435666_EA

ONE DAY ONLY! FRIDAY, FEBRUARY 20TH

34.99

LIMIT 4
OVER LIMIT PAY 41.99 EA

HUGGIES ECONO PACK DIAPERS
SELECTED VARIETIES,
SIZE N-7, 60-200'S
COUCHES
EMBALLAGE
ÉCONO
HUGGIES
21435666_EA/21379452_EA

GET 5,000 **\$5** back in points

3⁵⁰

IOGO NANO BUBBLES
4X100 G OR ASTRO
YOGURT TUBS 650/750 G
SELECTED VARIETIES
BUBBLES NANO IOGO
OU CONTENANTS DE
YOGURT ASTRO
2016328001_EA/21799735_EA



PREPARED IN CANADA

\$2

DELVERDE PASTA
SELECTED VARIETIES
250/450 G
PÂTES DELVERDE
20317975004_EA
20317975007_EA



SAVE UP TO 40%

1³⁵

MICHELINA'S ENTRÉES
156-284 G OR SWANSON
POT PIES 200 G
SELECTED VARIETIES, FROZEN
PLATS CUISINÉS
MICHELINA'S OU
PÂTES SWANSON
20320235001_EA/21208614_EA



PREPARED IN CANADA

6⁴⁹

BLACK DIAMOND CHEESE BARS 400 G OR
SHREDS 300-320 G OR
PC SHREDS 250-320 G
SELECTED VARIETIES
BARRES DE FROMAGE
OU FROMAGE RÂPÉ
BLACK DIAMOND OU
FROMAGE RÂPÉ PC^{MD}
21060183_EA
21279221_EA



PREPARED IN CANADA

\$3

NO NAME[®] VEGETABLES
SELECTED VARIETIES
FROZEN, 750 G
LÉGUMES SANS NOM[®]
20312280_EA/20316412_EA



\$14

NO NAME[®] CHICKEN WINGS
SELECTED VARIETIES
FROZEN, 908 G
AILES DE POULET SANS NOM[®]
21043309_EA



PREPARED IN CANADA

3⁷⁵

SCOTSBURN OR BAXTER CREAM
SELECTED VARIETIES, 1L
CRÈME SCOTSBURN
OU BATER
20082602_EA
21023932_EA



PREPARED IN CANADA

SAVE UP TO 45%

HELLMANN'S MAYONNAISE
SELECTED VARIETIES, 710-890 ML
OR BERTOLLI OLIVE OIL 456-500 ML
MAYONNAISE HELLMANN'S OU HUILE D'OLIVE BERTOLLI
20418579001_EA/21704348_EA

5⁹⁹



SAVE UP TO 35%

NO NAME[®] CANOLA OR VEGETABLE OIL 3 L OR
PC[®] GARLIC OIL 250 ML
SELECTED VARIETIES
HUILE DE CANOLA OU VÉGÉTALE SANS NOM[®]
OU HUILE À L'AIL PC^{MD}
20103390_EA/21020511_EA

\$8



SAVE 1.50

3⁵⁰

PC SCOOP SHOP ICE CREAM
SELECTED VARIETIES, 946 ML
CRÈME GLACÉE DÉLICIEUX DU BAR LAITIÈRE PC^{MD}
20854141001_EA/21073101_EA
Open your PC Optimum[®] app or visit pc optimum.ca to get the offer.

GET 1,000[®] when you buy 2

\$1 back in points



APP EXCLUSIVE OFFER[®]

\$4

HUMPTY DUMPTY CHEESE FLAVOURED SNACKS OR PARTY MIXES OR OLD DUTCH POTATO CHIPS
SELECTED VARIETIES, 200-290 G
GRIGNOTINES À SAUVEUR DE FROMAGE OU MÉLANGE FIESTA HUMPTY DUMPTY OU CROUSTILLES OLD DUTCH
2141102_EA/21414881_EA
2141102_EA/21414881_EA



PREPARED IN CANADA

2/\$10
OR 5.99 EA

MCCAIN SUPERFRIES OR SPECIALTY POTATOES
SELECTED VARIETIES
FROZEN, 454-800 G
FRITES SUPERFRIES OU POMMES DE TERRE SPÉCIALES MCCAIN
2032428002_EA/20799522_EA



\$7

IOGO CREAMY 16X100 G
OR **DANONE ACTIVIA** 12X100 G
SELECTED VARIETIES
YOGURT CRÉMEUX IOGO OU ACTIVIA DANONE
20303412001_EA/2060677801_EA



PREPARED IN CANADA

\$5

BEN & JERRY'S 473 ML OR
MAGNUM BARS 4'S
SELECTED VARIETIES, FROZEN
BEN & JERRY'S OU BARRES MAGNUM
20950739_EA/21428213_EA



PREPARED IN CANADA

SAVE 1.00

\$4

LECLERC CÉLÉBRATION OR MINI COOKIES
SELECTED VARIETIES, 200-350 G
BISCUITS OU MINI-BISCUITS CÉLÉBRATION LECLERC
20963364_EA/21680155_EA



SAVE 7.99

\$26

LAVAZZA WHOLE BEAN COFFEE 1 KG OR
MCCAFÉ GROUND COFFEE 640-875 G
SELECTED VARIETIES
CAFÉ EN GRAINS LAVAZZA OU CAFÉ MOULU MCCAFÉ
21554082_EA/21633664_EA



SAVE UP TO 3.99

\$21

CASCADE TUBS 51/87/80'S
CONTENANTS CASCADE
21518479_EA/21575009_EA



\$10

TIDE DETERGENT 1.62-1.66 L, 18-37'S,
DOWNY, GAIN FABRIC SOFTENER 1.66-2.63 L
DOWNY, GAIN, IVORY SNOW BEADS 303-379 G
OR **DAWN LIQUID** 2.21-2.64 L, SELECTED VARIETIES
DÉTERGENT TIDE, ASSOUPPLISSANT TEXTILE DOWNY, GAIN, PERLES DOWNY, GAIN, IVORY NEIGE OU SAVON LIQUIDE DAWN
21693762_EA/21590108_EA



FRESH PROMISE: Applicable to eligible fresh produce items purchased at Real Atlantic Superstore locations or online at realatlanticsuperstore.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original purchase receipt within 7 days of purchase at the Real Atlantic Superstore where purchase originated. This promise does not apply to reduced/clearance priced produce. This promise cannot be combined with any other offer. We reserve the right to cancel or change the terms of this promise at any time without notice. **Quantities and/or selection of items may be limited and may not be available in all stores.** For inquiries on product availability at your store please contact Customer Relations at the above phone number. No Rainchecks OR Substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We are not obligated to sell items based on errors or misprints in typography or photography. Pricing: All references to "Save, Was, Now, Savings, etc." is in comparison to our own regular prices. Coupons must be presented and redeemed at time of purchase. **Savings on items shown may vary in each store location.** Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. **PC Optimum[®] Members Only:** These offers are only available to valid PC Optimum[®] program members. Membership is free. To register as a PC Optimum[®] member, see in-store or visit pc optimum.ca. We are not obligated to award points based on errors or misprints. No cash value. See atlanticsuperstore.ca for full program details including redemption restrictions. Minimum redemption 10,000 points. These offers cannot be combined with any other coupons, discounts or promotions and no adjustments on previous purchases. We reserve the right to limit quantities to reasonable family requirements. **PC OPTIMUM MEMBERS ONLY:** These offers are only available to valid PC Optimum[®] program members. Membership is free. To register as a PC Optimum[®] member, see in-store or visit pc optimum.ca. We are not obligated to award points based on errors or misprints. No cash value. See atlanticsuperstore.ca for full program details including redemption restrictions. Minimum redemption 10,000 points. These offers cannot be combined with any other coupons, discounts or promotions and no adjustments on previous purchases. We reserve the right to limit quantities to reasonable family requirements. **SEASONAL:** For your local store's hours and for a list of Atlantic Superstore locations that DO NOT participate in this flyer, visit www.atlanticsuperstore.ca or call Customer Relations at 1-866-727-0771. **Quantities and/or selection of items may be limited and may not be available in all stores.** Outdoor seasonal items (e.g. lawn and garden) may only be available at select store locations. Please check your local store for pricing, limits and availability. We reserve the right to limit quantities to reasonable family requirements. Rainchecks may be available for out of stock items excluding clearance items or where quantities are advertised as limited. We reserve the right to substitute the out of stock item for an equivalent item in lieu providing a raincheck. **Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location.** All references in this flyer to "Save", "Was", "Now", etc. is in comparison to our own regular prices. **Savings on items advertised within flyer may vary by store location.** Coupons must be presented and redeemed at time of purchase. We are not obligated to sell items based on errors or misprints in typography or photography. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. **PRICE DROP** offer valid in-store at participating locations between January 29 - February 25, 2026 before applicable taxes and while quantities last. Offer applies only to select products. Offer may be modified and/or cancelled without notice. See in-store for full details.



FRESH PROMISE

If it's not fresh, it's free.

*Fresh Promise: Applicable to eligible fresh produce items purchased at Real Atlantic Superstore store locations or online at realatlanticsuperstore.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the Real Atlantic Superstore store where purchase originated. This promise does not apply to reduced/clearance priced produce. This promise cannot be combined with any other offer. We reserve the right to cancel or change the terms of this promise at any time without notice.

4⁹⁹

RASPBERRIES
PRODUCT OF MEXICO OR U.S.A.,
170 G
FRAMBOISES
2012933001_EA



3⁹⁹

PC® BLACK SABLE
GRAPES PRODUCT OF
SOUTH AFRICA OR **EXTRA**
LARGE GREEN OR RED
SEEDLESS GRAPES
PRODUCT OF PERU,
SOUTH AFRICA OR CHILE
RAISINS BLACK SAIBLE
OU TRÈS GROS RAISINS
VERTS OU ROUGES SANS
PÉPINS PC®
20170275001_EG/20421775001_EG



4⁵⁰

CANTALOUPE
PRODUCT OF GUATEMALA
OR HONDURAS
CANTALOUPE
20167017001_EA



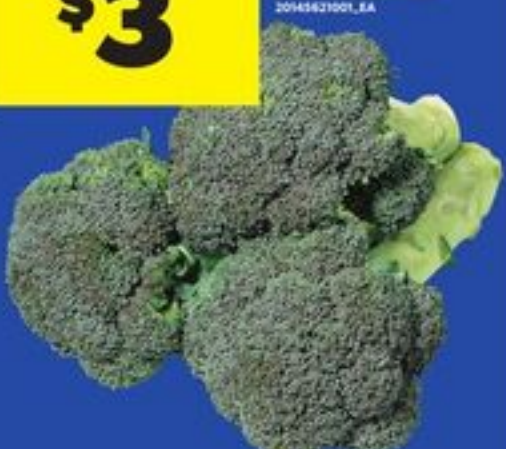
\$5

FARMER'S MARKET®
MANDARINS
PRODUCT OF MOROCCO OR
SPAIN, 2 LB
MANDARINES DÉLICIES
DU MARCHÉ®
2009983001_EA



\$3

LARGE BROCCOLI
PRODUCT OF MEXICO OR U.S.A.
GROS BROCOLI
20145421001_EA



1⁹⁹

ENGLISH CUCUMBER
PRODUCT OF CANADA
CONCOMBRE ANGLAIS
20070132001_EA



\$8

NO NAME® NATURALLY
IMPERFECT MIXED
PEPPERS
PRODUCT OF MEXICO, 2.5 LB
POIVRONS VARIÉS
NATURELLEMENT
IMPARFAITS®
SANS NOM®
20091434001_EA



**CLUB
SIZE**

2/\$12

OR 7.00 EA

BOLTHOUSE FARMS
SMOOTHIES OR JUICE
PRODUCT OF U.S.A.
SELECTED VARIETIES, 946 ML
BOISSONS
FOUETTÉES OU JUS
BOLTHOUSE FARMS
20201788_EA/202323816_EA



GET 1,000[™]
when you buy 2
\$1
back in points

\$7

CORED PINEAPPLE
PREPARED IN-STORE, 510 G
ANANAS ÉVIDÉ
20502143_EA



\$24

PC® SIGNATURE GIFT
BOUQUET
BOUQUETS-CADEAUX
SIGNATURE PC®
21087912_EA



\$10

8 STEM TULIPS
ASSORTED COLOURS
8 TULIPES SUR TIGE
21723440X_EA/217232000_EA



\$10

SPRING BULBS
ASSORTED VARIETIES
BULBES DU
PRINTEMPS
20954825_EA



8⁴⁹

LB

18.72/KG

LEAN GROUND BEEF
BŒUF HACHÉ MAIGRE
201793291_KG



**CLUB
SIZE**

SAVE
UP TO 42%

4⁹⁹

LB

11.00/KG

MARINATED PORK
TENDERLOIN
PREPARED IN-STORE
FILET DE PORC
MARINÉ
20436471_KG



\$15

PC® BLUE MENU
CHICKEN THIGHS
BONELESS, SKINLESS
AIR CHILLED, 6'S
HAUTS DE CUISSE DE
POULET PC®
20504825_EA



**CANADIAN
POULTRY**

\$7

ATLANTIC CHOICE®
SAUSAGES
SELECTED VARIETIES, 375-500 G
SAUCISSES ATLANTIC
CHOICE®
211232991_EA/211232994_EA



**PREPARED IN
CANADA**

SAVE
UP TO 3.00

10⁹⁹

NO NAME® THICK
SLICED BACON
SELECTED VARIETIES, 1 KG
BACON TRANCHÉ
ÉPAIS SANS NOM®
21089915_EA



**PREPARED IN
CANADA**

\$11

THE HANDPIE
COMPANY PIES
SELECTED VARIETIES
FROZEN, 250 G
TARTES THE HANDPIE
COMPANY
21089915_EA/210870022_EA



**PREPARED IN
CANADA**

\$10

LB/EA

WILLY KRAUCH'S
SMOKED ATLANTIC
SALMON 115 G OR **MSC**
HADDOCK FILLETS
PREVIOUSLY FROZEN, 22.05/KG
SAUMON DE
L'ATLANTIQUE FUMÉ
WILLY KRAUCH'S OU
FILETS D'AIGLEFIN MSC
211043400_EA/210895397_KG



SAVE
UP TO 2.99

\$11

PC® SMOKED SALMON
SELECTED VARIETIES
FROZEN, 125/150 G
SAUMON FUMÉ PC®
20055009_EA/201092266_EA



\$11

PC® SHRIMP
APPETIZERS
SELECTED VARIETIES
FROZEN, 294-454 G
HORS-D'ŒUVRE DE
CREVETTES PC®
20088017_EA/20115874_EA



SUPER FRESH

2⁷⁵

WHITE OR 100% WHOLE WHEAT BREAD
BAKED IN-STORE, 383 G
PAIN BLANC OU 100% BLÉ ENTIER
21374464_SA/21377337_SA



1⁵⁰

BAGUETTE
BAKED IN-STORE
WHITE OR WHEAT, 255 G
BAGUETTE
21373231_SA/21350992_SA



\$4

MINI CROISSANTS 10'S
OR **CINNAMON RAISIN BREAD** 468 G
BAKED IN-STORE
MINI-CROISSANTS OU PAIN CANNELLE ET RAISINS
20775433_SA/21046489_SA



7⁵⁰

IN-STORE BAKED COOKIES
SELECTED VARIETIES, 18'S
BISCUITS CUIITS
EN MAGASIN
21046467_SA/21454554_SA



\$6

FARMER'S MARKET™ SQUARES
SELECTED VARIETIES, 400/450 G
CARRÉS DÉLICÉS DU MARCHÉ™
21364496_SA/21205888_SA



17⁵⁰

FARMER'S MARKET™ BAR CAKES
SELECTED VARIETIES, 675-770 G
GÂTEAUX RECTANGULAIRES DÉLICÉS DU MARCHÉ™
21004612_SA/21060763_SA



\$6

SILVER HILLS BREAD
SELECTED VARIETIES
600-680 G
PAIN SILVER HILLS
21047070_SA



2/6⁵⁰
OR 3.99 EA

COUNTRY HARVEST BREAD 600/650 G OR
BAGELS 6'S
SELECTED VARIETIES
PAIN OU BAGELS COUNTRY HARVEST
21378371_SA/21420607_SA



\$4

PC® PIZZA CRUST
SELECTED VARIETIES, 300/440 G
CRÔTE À PIZZA PC®
20894528_SA/21466443_SA



\$8

PC® DELI CHEESE BLOCK
SELECTED VARIETIES, 250 G
BARRES DE FROMAGE DE CHARCUTERIE PC®
20770462_SA/20770658_SA



SAVE UP TO 1.99

\$11

BABYBEL 12'S OR THE LAUGHING COW 24'S
SELECTED VARIETIES
BABYBEL OU LA VACHE QUI RIT
20960091_SA/20300620_SA



Optimum

Members-Only Price™

\$7

Non-members \$8

MAPLE LEAF NATURAL SELECTIONS OR SCHNEIDERS DELI SLICED MEATS
SELECTED VARIETIES, 150-175 G
CHARCUTERIES TRANCHÉES NATURAL SELECTIONS MAPLE LEAF OU SCHNEIDERS
20960091_SA/20300620_SA
*Must be a registered PC Optimum™ member to local and get this offer.



SAVE .49/100 G

\$3/100 G

DELI SERVICE CASE LESTERS EYE OF ROUND BEEF
NOIX DE RONDE DE BŒUF LESTERS DU COMPTOIR DE SERVICE
20134944_AG



Optimum

Members-Only Price™

3⁵⁰

Non-members \$4

PC® TOPPED HUMMUS 250 G OR **NEW YORK BAGEL CRISPS** 170 G
SELECTED VARIETIES
HUMMUS GARNI PC® OU BAGEL CRISPS NEW YORK STYLE
202879584002_SA/21444583_SA



\$5

SOMETHING SPECIAL RED CHILI JELLY 300 G OR **PC® BLACK LABEL CRISPS**
SELECTED VARIETIES, 150 G
GELÉE DE PIMENTS ROUGES SOMETHING SPECIAL OU CRAQUELINS PC® COLLECTION NOIRE
20960091_SA/20300620_SA
21000571_SA



FROM \$9

12" TAKE AND BAKE PIZZA
SELECTED VARIETIES, 510-739 G
PIZZA 12 PO CUIRE À LA MAISON
21494415_SA/21494401_SA



SAVE 10.00

\$20

30 PIECE WINGS & WEDGES BUCKET
1.2 XG
SEAU DE 30 MORCEAUX D'AILES DE POULET ET FRITES EN QUARTIERS
21541872_SA
21541877_SA



SERVES 6

\$8

BENTO CALIFORNIA ROLLS
SELECTED VARIETIES, 190-236 G
ROULEAUX CALIFORNIENS BENTO
21038843_SA/20894071_SA





رمضان مبارك

BLESSED RAMADAN

Celebrate meals worth sharing and more ways to save.



8⁹⁹

MEDJOOOL DATES
PRODUCT OF U.S.A.
2 LB TUB
20001686_EA



SAVE
UP TO 24%

1⁴⁷

HALDIRAM SNACKS
SELECTED VARIETIES, 90/150 G
20309977_EA/20304867007_EA



2⁹⁹

PRAN SAMOSAS
FROZEN, 400 G
20054848_EA



\$3

SURAJ NAAN
SELECTED VARIETIES, 5'S
21051333_EA



SAVE
3.00

12⁹⁹

BRAR'S PURE DESI GHEE/CLARIFIED BUTTER
800 G
20069886_EA



GOOD HEALTH MORE VALUE

ELEVATE YOUR WELL BEING

\$7

LIMIT 4
OVER LIMIT PAY
8.99 EA

TRESEMMÉ SHAMPOO,
CONDITIONER OR
STYLING PRODUCTS
SELECTED VARIETIES AND SIZES
2100945_EA/2109175_EA



GET 4,000
when you spend \$20* on
\$4
back in points

AVEENO OR
NEUTROGENA
SUNCARE
PRODUCTS
SELECTED VARIETIES
AND SIZES
21009268_EA/21352122_EA

UP TO 25% OFF
4.49-8.19 AFTER SAVINGS

METHOD LIQUID
HANDSOAP, PUMPS
OR REFILLS
SELECTED VARIETIES AND SIZES
20432103004_EA/21640530_EA



\$1

LIMIT 12
OVER LIMIT PAY
1.79 EA

COLGATE OR CREST
TOOTHPASTE 50-100 ML
OR MANUAL
TOOTHBRUSH 1'S
SELECTED VARIETIES
20330731001_EA/209755822_EA



5/\$10
OR 2.49 EA

BABY GOURMET
ORGANIC FRUIT
OR VEGETABLE
BABY FOOD
POUCHES
113/128 ML
OR JARS 113 ML
SELECTED VARIETIES
203480319009_EA
21671857_EA



27⁹⁹

LIMIT 4
OVER LIMIT PAY
32.99 EA

HUGGIES GIGA
PACK DIAPERS
SELECTED VARIETIES
N-7, 42-128'S
21772902_EA/21371019_EA

Go wherever the crunch takes you

\$3

**PC KETTLE, LOADS OF™
OR WORLD OF FLAVOURS
POTATO CHIPS**
SELECTED VARIETIES, 200 G
2064095001_EA/21529668_EA
20639402001_EA
*Open your PC Optimism™ app or visit
pcoptimism.ca to get the app.

GET **1,000**TM
when you buy 2

\$1
back in points



APP
EXCLUSIVE
OFFER*



**SAVE
1.00**

WHEN YOU BUY 2

2/\$7
OR 4.00 EA



SAVE .98

WHEN YOU BUY 2

2/\$7
OR 3.99 EA



\$4

**PC TEX MEX
SNACK MIX**
SELECTED VARIETIES,
250 G
20665073_EA



2/\$6
OR 3.79 EA

PC GARDEN STIX
SELECTED VARIETIES,
142 G
21264511_EA/21264513_EA



4⁷⁹

**PC KETTLE COOKED
TORTILLA CHIPS**
SELECTED VARIETIES, 368 G
20501645001_EA/20501645002_EA



\$4

**PC BLUE MENU™
MICROWAVE
POPCORN**
SELECTED VARIETIES,
6X60/6X32 G
203009394_EA/20322375_EA



\$3

**PC MINI POPPADOMS
LENTIL CRISPS**
SELECTED VARIETIES, 113 G
21605311_EA/21605313_EA



\$9

**PC PEANUT BUTTER
FILLED PRETZELS**
680 G
20901575_EA



2⁷⁵

**NO NAME™ NACHO
TORTILLA CHIPS**
SELECTED VARIETIES, 200 G
21664514_EA/21664515_EA



2⁷⁹

NO NAME™ PRETZELS
SELECTED VARIETIES, 200 G
20166557_EA/20165215_EA



\$2

**NO NAME™ POTATO
CHIPS**
SELECTED VARIETIES, 200 G
21302621_EA/21302627_EA



رمضان مبارك

BLESSED RAMADAN

Celebrate meals worth sharing and more ways to save.



APP EXCLUSIVE OFFER[†]

Optimum
GET 3,000^{pts}

\$3
back in points

for every \$15* spent on all Suraj products all varieties and sizes

*Open your PC Optimum[®] app or visit pcoptimum.ca to get the offer.

3⁹⁹
LB
8.80/KG

OKRA
PRODUCT OF MEXICO OR U.S.A.
20091283001_EA



3⁵⁰

FARMER'S MARKET[™] RED ONIONS
PRODUCT OF CANADA,
CANADA NO. 1 GRADE, 3 LB
20011362001_EA



\$2

MAPLE LODGE FARMS ORIGINAL CHICKEN WIENERS OR ZABIHA HALAL CHICKEN WIENERS
SELECTED VARIETIES, 450 G
200065371_EA



9⁹⁹

BRAR'S RASMALAI
FROZEN, 850 G
20285980002_EA



8⁹⁹

SUFRA[®] HALAL LEAN GROUND BEEF
454 G
21597283_EA



\$4

TRADITIONAL BAKLAVA
160 G
2160131_EA



\$3

FANCY POCKET PITA
WHITE OR WHOLE WHEAT,
SELECTED VARIETIES, 250 G
20307748_EA



2⁵⁰

PUCK THICKENED CREAMY PRODUCT
160 G
214493248_EA



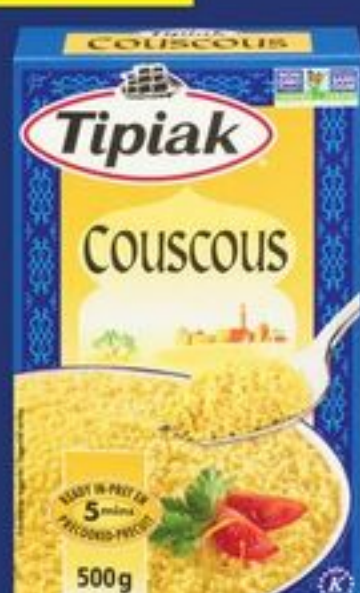
\$15

KRITI GOLD EXTRA VIRGIN OLIVE OIL
750 ML
20572876_EA



4⁷⁵

TIPIAK COUSCOUS
500 G
20026612_EA



\$7

AHMAD TEA
SELECTED VARIETIES, 200 G
20784225_EA/20784305_EA



\$5

TAMAM TAHINI SMALL 454 G OR SLICED PICKLE TURNIPS 1 KG
21217262_EA/21237887_EA



\$9

MOTHER'S MAGIC HIMALAYAN PINK SALT
2 KG
21597781_EA



8⁵⁰

AL RIFAI COFFEE OR MIX CLASSIC NUTS
SELECTED VARIETIES, 450 G
20830650_EA/20971757_EA



HAPPY HOLI

Enjoy more ways
to save for the
festival of colours.

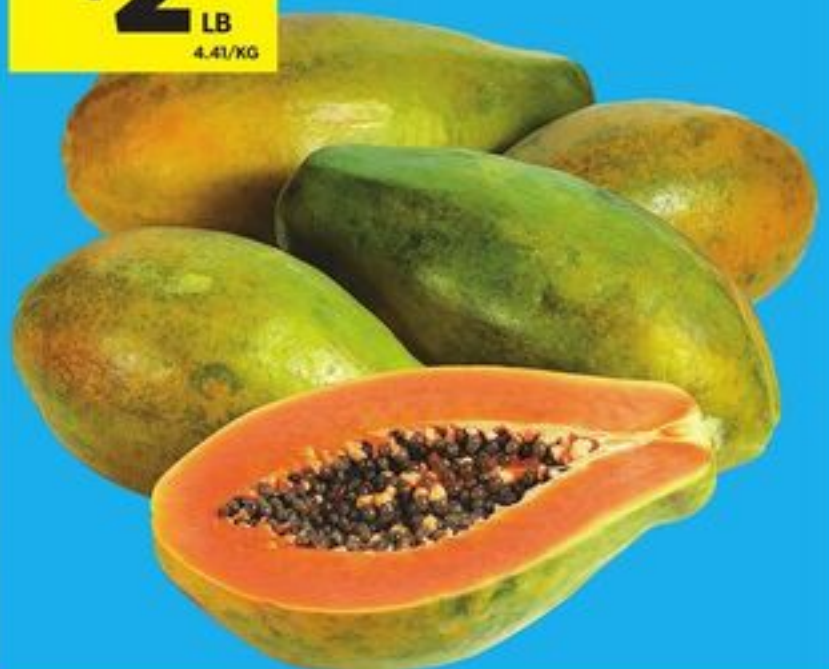
1²⁵

CILANTRO
PRODUCT OF MEXICO OR U.S.A.,
BUNCH
20091823001_EA



\$2 ^{LB}
4.41/KG

PAPAYA
PRODUCT OF MEXICO
20017056001_EA



\$3 ^{LB}
6.61/KG

LONG EGGPLANT
PRODUCT OF MEXICO OR U.S.A.,
20090013001_KG



3⁵⁰

CRISPY PANI PURI
SELECTED VARIETIES, 200 G
214434951_EA



3⁵⁰

CRISPY ROTI
SELECTED VARIETIES, 750 G
21095607_EA



2²⁵ ^{LB}
4.96/KG

GINGER ROOT
PRODUCT OF CHINA
20079039001_KG



5⁹⁹

HALDIRAM'S SAMOSAS AND APPETIZERS
SELECTED VARIETIES, FROZEN,
650 G
20770701_EA



2⁹⁹

PRAN VEGETABLE SPRING ROLL OR SAMOSA
FROZEN, 400 G
20054770_EA/20054846_EA



\$10

SAMOSA PLATTER WITH TAMIRAND
1.37 KG
20058737_EA



5⁹⁹

BRAR'S SAMOSAS
SELECTED VARIETIES, FROZEN,
624 G
21000093_EA



5⁹⁹

BRAR'S MALAI PANEER
SELECTED VARIETIES, 375 G
20083164_EA



\$4

GET 500[®]
KFI COOKING SAUCES
SELECTED VARIETIES,
375-395 ML
20419490001_EA/20419490003_EA



1⁷⁵

KURKURE MASALA MUNCH
SELECTED VARIETIES, 115 G
20459742_EA/21361077_EA



\$11

TILDA BASMATI RICE
SELECTED VARIETIES, 1.81 KG
20013930_EA





SHOP THE WORLD IN OUR AISLES*

From bok choy to basmati rice, find international ingredients at low prices.

SHOP NOW



225
LB
4.96/KG

GINGER ROOT
 PRODUCT OF CHINA
 20079038501_KG



428
LB
9.44/KG

GRADE A, DUCK
 FROZEN
 200798841_KG



\$6

**GOLDEN HAPPINESS
CHINESE LONG
DONUTS**
 6'S
 200798163_EA



\$4

ROOSTER™ NOODLES
 SELECTED VARIETIES, 400 G
 20060339_EA/20060342_EA



\$11

**PMC RAW
SQUID TUBES**
 FROZEN, 680 G
 20089966_EA



4.99

O'TASTY DUMPLINGS
 SELECTED VARIETIES, FROZEN,
 567 G
 20190439004_EA



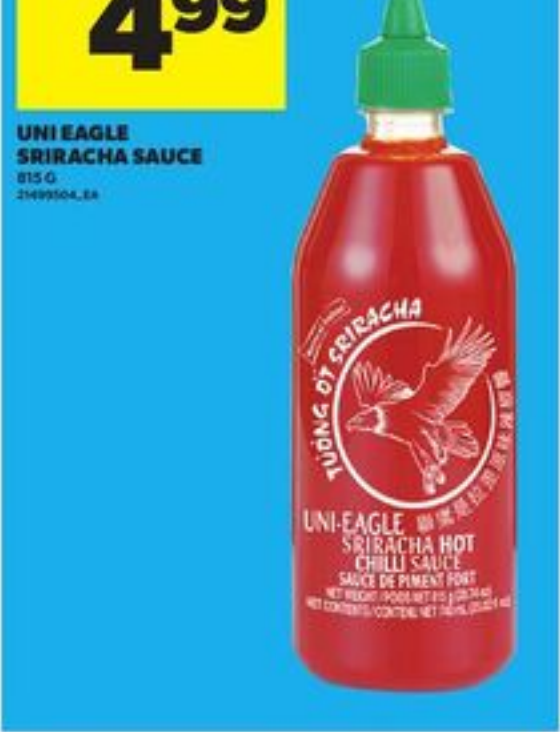
349

UFC COCONUT WATER
 1L
 20079906_EA



4.99

**UNI EAGLE
SRIRACHA SAUCE**
 815 G
 20099504_EA



649

ROOSTER SUSHI RICE
 2.27 KG
 20342684_EA



429

**LEE KUM KEE
PANDA OYSTER
SAUCE OR PREMIUM
SOY SAUCES**
 SELECTED VARIETIES,
 300-510 ML
 20005633_EA/20139600_EA



529

**LOTTE PEPERO
VALUE PACK**
 SELECTED VARIETIES, 4'S, 128 G
 20079953_EA/20035963_EA



4.99

**T&T MARINADE
SAUCES**
 SELECTED VARIETIES, 765 ML
 20044763_EA/20044090_EA



149

**T&T ROASTED
ORGANIC CHESTNUT**
 100 G
 20079483_EA



14.99

DAN-D PAK CASHEWS
 SELECTED VARIETIES, 908 G
 2003486200_EA/20034862002_EA



4.99

PALDO NOODLES
 SELECTED VARIETIES, 4'S,
 408-520 G
 200990635_EA/20094793_EA



SUPER

DEALS

**SAVE
1.99**

\$6

**GENERAL MILLS
CEREAL**
FAMILY SIZE, SELECTED
VARIETIES, 475-778 G
2103485_EA/2103337_EA



\$10

**KELLOGG'S JUMBO
CEREAL**
SELECTED VARIETIES
750-1050 G
20036772_EA/20072706_EA



4.50

KELLOGG'S PREMIUM CEREAL
SELECTED VARIETIES, 317-525 G
20647161_EA/21033774_EA



**SAVE
1.50
WHEN YOU BUY 2**

2/5.50
OR 3.50 EA

**QUAKER DIPP'S
OR CHEWY BARS**
SELECTED VARIETIES
120-156 G
20407182_EA
21030564_EA



\$3

**KELLOGG'S RICE
KRISPIES BARS 160-200 G,
POP-TARTS 384 G,
SPECIAL K 125 G OR
NUTRI-GRAIN BARS
SELECTED VARIETIES
20120567001_EA/20130844001_EA**



**SAVE
2.25
WHEN YOU BUY 3**

3/\$9
OR 3.75 EA

**NATURE VALLEY
BISCUIT, PROTEIN
BARS OR SWEET &
SALTY 6'S, 148-210 G OR
FIBRE 1 BARS 125 G
SELECTED VARIETIES
20792751_EA/21030564_EA**



\$4

**RUFFLES
POTATO CHIPS**
SELECTED VARIETIES, 180-200 G
21240052_EA/21240053_EA



\$4

**TOSTITOS
TORTILLA CHIPS**
SELECTED VARIETIES, 205-295 G
21050175_EA/21050181_EA



\$4

**DORITOS FLAVOURED
TORTILLA CHIPS**
SELECTED VARIETIES, 210-280 G
21389106_EA/21083042_EA



\$6

**CHRISTIE OREO, CHIPS
AHOY, FUDGE-O,
CAKESTERS OR DAD'S
COOKIES**
FAMILY SIZE, 285-520 G
21040087_EA/21020710_EA



7.99

RITZ DRIZZLED MINIS
SELECTED VARIETIES, 226 G
21712532_EA/21712585_EA



\$4

**DARE WHIPPET,
WAGON WHEELS,
VIVA PUFFS OR
ULTIMATE COOKIES**
SELECTED VARIETIES, 230-360 G
20419386001_EA/20974343_EA



3.50

**QUAKER CRISPY MINIS
OR LARGE RICE CAKES**
SELECTED VARIETIES, 90-199 G
20303002001_EA/21427917_EA



3.50

**RITZ CRACKERS,
SNACKWICHES,
CHEESE BITS OR
WHEAT THINS
MULTIGRAIN OR
TRISCUIT CRACKERS**
SELECTED VARIETIES, 175-200 G
21030647_EA/21047034_EA



\$3

**DARE BRETON
CRACKERS OR BITES**
132/200 G OR GRISCOL
BAGUETTES OR MELBA
TOAST 120-150 G OR VINTA
CRACKERS 200-225 G
SELECTED VARIETIES
21020666_EA/21030701_EA



SUPER

DEALS

2/\$16
OR 9.99 EA

NESCAFÉ OR TASTER'S CHOICE INSTANT COFFEE
SELECTED VARIETIES
100-170 G
2046181001_EA/20949839_EA



\$24

MCCAFÉ PODS
SELECTED VARIETIES, 30'S
21963982_EA/21040975_EA



GET **3,000** **\$3** back in points

12.99

STARBUCKS VERTUO NESPRESSO COMPATIBLE CAPSULES
SELECTED VARIETIES, 8'S
21396289_EA/21396301_EA



3.50

MOTT'S CLAMATO COCKTAIL
SELECTED VARIETIES, 1.89 L
20318935002_EA
20318935003_EA



7.99

MAISON PERRIER SLEEK CANS
SELECTED VARIETIES
8X330 ML
21576465_C08
21509060_C08



SAVE 2.98
WHEN YOU BUY 2

2/\$13
OR 7.99 EA

AHA SPARKLING WATER
SELECTED VARIETIES
12X355 ML
21340797_C12



SAVE 1.98
WHEN YOU BUY 2

2/\$15
OR 8.49 EA

LIPTON BRISK LEMON ICED TEA
SELECTED VARIETIES
12X355 ML
2031671001_C12



SAVE 1.98
WHEN YOU BUY 2

2/\$15
OR 8.49 EA

COCA-COLA OR CANADA DRY
SELECTED VARIETIES
12X355 ML
20318694002_C12



SAVE 1.98
WHEN YOU BUY 2

2/\$6
OR 3.99 EA

ROCKSTAR ENERGY DRINKS
SELECTED VARIETIES
473 ML
20368419003_EA
20368415001_EA



23.99

POWERADE SPORTS DRINK TEAM PACK
SELECTED VARIETIES
24X591 ML
20454130_C24



SAVE 2.58
WHEN YOU BUY 2

2/\$13
OR 7.79 EA

PEPSI SOFT DRINKS
SELECTED VARIETIES
6X710 ML
20310546002_C06
20310546004_C06



SAVE 1.98
WHEN YOU BUY 2

2/\$6
OR 3.99 EA

CADBURY CHOCOLATE BARS
SELECTED VARIETIES, 80-100 G
21648577_EA/21648701_EA



SAVE 2.98
WHEN YOU BUY 2

2/\$10
OR 6.49 EA

OLD EL PASO DINNER KIT
SELECTED VARIETIES
300-510 G
20795468_EA/20795536_EA



\$3

OCEAN'S WHITE TUNA 170 G, GOLD SEAL PINK SALMON 213 G
SELECTED VARIETIES
21005058_EA/21186867_EA



SUPER

DEALS

8.50

YOPLAIT SOURCE OR CREAMY YOGURT
SELECTED VARIETIES, 16X100 G
20310980001_EA/20317217002_EA



4.50

GET 500th

SIGGI'S 4X100 G OR IÖGO NANO 6X93 ML
SELECTED VARIETIES
20609687003_EA/215300037_EA



\$7

GET 500th
SIGGI'S SKYR TUBS
650/750 G OR IÖGO CREAMY 16X100 G
SELECTED VARIETIES
20606778001_EA/21533365_EA



SAVE 2.97
WHEN YOU BUY 3
3/\$12
OR 4.99 EA



\$7

DANONE ACTIVIA
SELECTED VARIETIES
12X100 G
20303412001_EA



4.25

DANONE ACTIVIA TUBS
SELECTED VARIETIES, 650 G
20323132001_EA/20325133003_EA



SAVE UP TO 1.49
5.50

TROPICANA BEVERAGES OR ZERO SUGAR DRINKS
SELECTED VARIETIES, 1.36 L OR PURE LEAF DRINKS 1.75 L
SELECTED VARIETIES
2075752002_EA/21621992_EA



\$4

MINUTE MAID VALUE DRINKS
SELECTED VARIETIES, 1.75 L
20343440001_EA/21706670_EA



\$6

LYSOL DISINFECTANT SPRAY
350 G, DISINFECTING WIPES
75-84'S OR ALL-PURPOSE CLEANER 950 ML
SELECTED VARIETIES
21449626_EA/214672169_EA



\$7

LYSOL TOILET BOWL CLEANER TWIN PACK 2X710 ML,
DISINFECTANT SPRAY 425-539 G
OR DUAL ACTION WIPES 75'S
SELECTED VARIETIES
21234361_EA/21667321_EA



\$25

FINISH TUBS
SELECTED VARIETIES
60-108'S
20410317_EA/21659045_EA



\$16

GAIN LAUNDRY DETERGENT 4.25 L, PODS OR FLINGS 42'S, DOWNY FABRIC SOFTENER 1.92-3.29 L, BOUNCE SHEETS 240'S OR DOWNY OR GAIN BEADS 453-550 G
SELECTED VARIETIES
21670138_EA/21449872_EA



\$21

TIDE LAUNDRY DETERGENT 3.9 L, TIDE POWER PODS 45'S, TIDE PODS OR GAIN FLINGS 57-76'S OR BEADS 853 G
SELECTED VARIETIES
21579830_EA/21593670_EA



**CLUB
SIZE**

**BUY BIG.
SPEND SMALL.**

\$8

**FARMER'S MARKET™
KIWI**
PRODUCT OF GREECE
2076450001_EA



2 LB

**CLUB
SIZE**

\$7

**FARMER'S MARKET™
GRAPE TOMATOES**
PRODUCT OF CANADA, MEXICO
OR U.S.A., 907 G
20840038001_EA



5⁵⁰

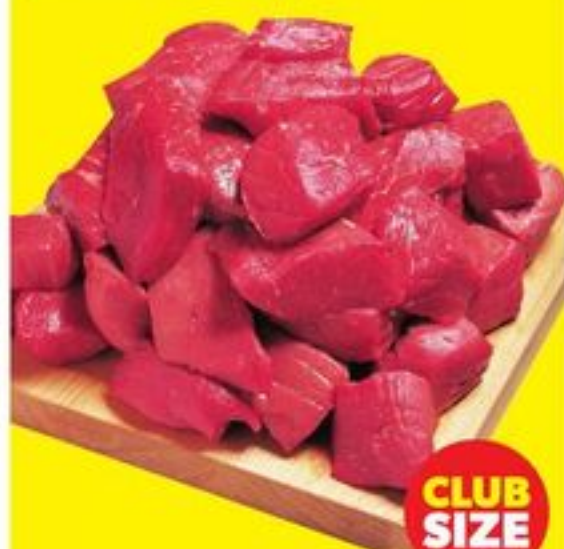
**FARMER'S MARKET™
LEMONS**
PRODUCT OF U.S.A., 2 LB
2076520001_EA



**CLUB
SIZE**

8⁹⁹
LB
19.82/KG

BONELESS BEEF STEW
207645022_KG



**CLUB
SIZE**

5⁹⁹
LB
13.21/KG

PORK SIRLOIN CHOPS
BONELESS
20835855_KG



**CLUB
SIZE**

\$6
LB
13.23/KG

**CHICKEN WINGS
OR HALAL
CHICKEN WINGS**
FRESH
20168158_KG



**CLUB
SIZE**

9⁹⁹

**LARSEN
WIENERS**
SELECTED VARIETIES, 900 G
20440422_EA

**LIMIT 4
OVER LIMIT PAY
15.00 EA**



**CLUB
SIZE**

\$12

**NO NAME™
BREADED CHICKEN**
SELECTED VARIETIES, FROZEN,
1.81 KG
21176763_EA



**CLUB
SIZE**

\$26

**NO NAME™
CHICKEN WINGS**
SELECTED VARIETIES, FROZEN,
1.8 KG
21045704_EA



**CLUB
SIZE**

5⁵⁰

**SEAQUEST™ CRAB
FLAVOURED POLLOCK
FLAKES OR CHUNKS**
READY-TO-EAT, SELECTED VARIETIES, 454 G
20831152_EA/20831901_EA



**CLUB
SIZE**

\$7

BUTTER CROISSANTS
12'S
21623000_EA



**CLUB
SIZE**

\$6

PC® NAAN DIPPERS
400 G
20995700_EA



**CLUB
SIZE**

**SAVE
1.99**

\$13

**PC® DOUBLE CREAM
BRIE**
450 G
20767168_EA



**CLUB
SIZE**

\$15

**PC® FREE FROM™
SLICED DELI MEAT**
SELECTED VARIETIES, 375/400 G
20965492_EA/20923814_EA



**CLUB
SIZE**

\$11

PC® HUMMUS
CLUB SIZE, 908 G
21009900_EA



**CLUB
SIZE**

**CLUB
SIZE**

**BUY BIG.
SPEND SMALL.**

9⁴⁹

NO NAME® CHEESE BARS 700 g
OR PC® SHREDDED CHEESE 620 g
SELECTED VARIETIES
20075773_EA/21060087_EA



\$5

NO NAME® PEROGIES
SELECTED VARIETIES, FROZEN, 2 KG
2002319200_EA



\$10

NO NAME® ALL-PURPOSE FLOUR
SELECTED VARIETIES, 10 KG
20022248_EA



\$5

NO NAME® CHOCOLATEY OR OATMEAL COOKIES
SELECTED VARIETIES, 907 g
20210619001_EA/20210619002_EA



6⁵⁰

NO NAME® DILL PICKLES WITH GARLIC
2 L
20173968_EA



11⁵⁰

MINUTE RICE
2.6 KG
20024100_EA



11⁵⁰

iÖGO YOGURT
SELECTED VARIETIES, 2 KG
200240992_EA/200240993_EA



16⁵⁰

M&M'S EXTRA LARGE OR MALTESERS 650 g
STAND UP POUCH
SELECTED VARIETIES
21040300_EA/21040302_EA



\$10

ZIPLOC MEGAPACKS
SELECTED VARIETIES, 60-270'S
21040300_EA/21100101_EA



12⁹⁹

PINE-SOL MULTI-PURPOSE LIQUID CLEANER
SELECTED VARIETIES, 4.25 L
200240991_EA/21007348_EA



\$11

NO NAME® PLASTIC WRAP
SELECTED VARIETIES, 305 M
20040406_EA



\$12

NO NAME® CLUMPING CAT LITTER
SELECTED VARIETIES, 18 KG
2007180002_EA



\$8

LISTERINE MULTIBENEFITS 1L OR CLASSIC 1.5L MOUTHWASH
SELECTED VARIETIES
20701283_EA/21001980_EA



24⁹⁹

PC® PAPER TOWEL
12 ROLLS
21050406_EA
GET 2,000* \$2 back in points



SUPER YOUR EVERYDAY

\$5

MINUTE RICE
SELECTED VARIETIES, 700 G
20370858_EA



\$4

PC® BASMATI OR JASMINE RICE
SELECTED VARIETIES, 750 G
20941007_EA/20941392_EA



\$5

DIANA'S BBQ SAUCE
500 ML **OR THE KEG**
SALAD DRESSING 475 ML
SELECTED VARIETIES
2084617_EA/210707039_EA



1.50

NO NAME® BEANS
SELECTED VARIETIES, 540 ML
20323927001_EA/20554593_EA



\$3

TIM HORTONS READY TO SERVE SOUP
SELECTED VARIETIES, 540 ML
21003781_EA/21003782_EA



\$17

MAXWELL HOUSE GROUND COFFEE
SELECTED VARIETIES, 631-900 G
21806882_EA/2072248_EA



\$6

NESTLÉ CHOCOLATE MULTIPACK
SELECTED VARIETIES, 168-208 G
20761316_EA/20323202_EA



5.50

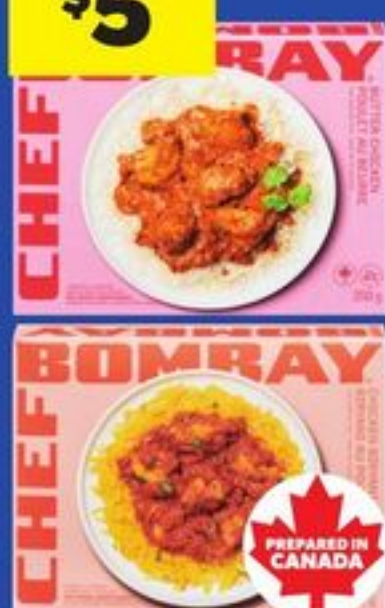
PC® THE DECADENT® CHOCOLATE CHIPS
SELECTED VARIETIES
226/300 G
2001473_EA/20436072_EA



SAVE 1.00

\$5

CHEF BOMBAY ENTRÉES OR SNACKS
SELECTED VARIETIES
FROZEN, 240-354 G
20073182_EA
2027683_EA



3.50

KELLOGG'S EGGO WAFFLES
SELECTED VARIETIES
FROZEN, 8'S
20302779_EA
20323436002_EA



6.50

SCHNEIDERS' BREAKFAST BITES OR SANDWICHES
SELECTED VARIETIES
FROZEN, 204-288 G
21623302_EA



4.50

PRINGLES, PARTY STACKS OR MINGLES PUFFED SNACKS
SELECTED VARIETIES
155-203 G
20743322_EA
21628258_EA



2/\$7
OR 3.99 EA

PC® NATURAL SPRING WATER
24X500 ML
20377894_C24



2/\$15
OR 8.49 EA

PEPSI SOFT DRINKS
SELECTED VARIETIES
12X355 ML
20322361001_C12
20322361002_C12



\$15

COTTONELLE BATHROOM TISSUE
12=48 ROLLS OR FLUSHABLE WIPES 4'S
SELECTED VARIETIES
21665993_EA
21477027_EA



\$21

CASHMERE BATHROOM TISSUE
SELECTED VARIETIES
24=72 ROLLS
2104644_EA
21442648_EA



FEEL GOOD CHOICES

AT FEEL GOOD PRICES

SAVE 1.49

\$8

KASHI CEREAL
SELECTED VARIETIES, 349-530 G
20480796_SA/20480804_SA

Kashi GOACTIVE
25% MORE FOOD
Original
349g

Kashi GOACTIVE
25% MORE FOOD
Honey Almond Flax Crunch
500g

\$5

PC ORGANICS FROZEN VEGETABLES
SELECTED VARIETIES, 300-500 G
2045889000_SA/20044383_SA

Organics Biologique
WHOLE KERNEL CORN
MAÏS À GRAINS ENTIERS

Organics Biologique
EDAMAME
EDAMAMES

\$5

PC ORGANICS JUMBO RAISIN SNACK PACK
14'S
2005526_SA

Organics Biologique
JUMBO SEEDLESS RAISINS
SHACK PACKS • BOÎTES COLLATION
RAISINS SECS GÉANTS
SANS PÉPINS

\$3

NATURA NON-DAIRY BEVERAGES
SELECTED VARIETIES, 946 ML
203289001_SA/2031173002_SA

natura
Organic SOY
Original

natura
Organic RICE
Original

5⁵⁰

VIOLIFE NON-DAIRY CHEESE
SELECTED VARIETIES, 200 G
2039399_SA/2039330_SA

Violife
CHEDDAR STYLE
alternatives to cheese / fromage végétarien

Violife
SLICES / TRANCHES
alternatives to cheese / fromage végétarien

UP TO 15% OFF

GENUINE HEALTH PRODUCTS, GUT SUPERFOOD, PROTEINS AND GREENS OR KIDS OR ADULT MULTIVITAMINS
SELECTED VARIETIES
20088107_SA/20294755_SA
20397106_SA

greens+
energy

greens+
detox

UP TO 15% OFF

BURT'S BEES PRODUCTS
SELECTED VARIETIES AND SIZES
20333727_SA/20354558003_SA

burt's bees
Body Lotion
Lotion Pour le Corps

burt's bees
bubble bath
bain moussant ORIGINAL

4²⁵

LIVIVA ORGANIC DRIED SHIRATAKI
SELECTED VARIETIES, 120 G
20429765_SA/20429786_SA

LIVIVA
DRIED SHIRATAKI
Instant Rice / Riz instantané
SHIRATAKI SÈCHE

LIVIVA
DRIED SHIRATAKI
Spaghetti
SHIRATAKI SÈCHE

\$4

SKINNY POP POPCORN
SELECTED VARIETIES, 125/150 G
20785458002_SA/2028847_SA

SKINNY POP
KETTLE CORN
POPCORN • MAÏS SOUFFLÉ

SKINNY POP
WHITE CHEDDAR
POPCORN • MAÏS SOUFFLÉ

UP TO 15% OFF

NATURE'S PATH ORGANIC CEREAL
SELECTED VARIETIES, 284-375 G
20043938002_SA/203180100002_SA

LEAPIN' LEMURS
ORGANIC

Sunrise CRUNCHY VANILLA
ORGANIC

\$5

SILK CREAMER
SELECTED VARIETIES, 890 ML
2048381_SA/20423292_SA

Silk
OAT
FOR COFFEE

Silk
soy
CREAMER

SAVE 1.49

12⁵⁰

BROYA BONE BROTH
SELECTED VARIETIES, 500 ML
2006888_SA/2009491_SA

BROYA
BONE BROTH
Bouillon d'os

\$6

THE GOOD CRISP POTATO CHIPS
SELECTED VARIETIES, 160 G
2033581_SA

The Good Crisp Company
ORIGINAL CLASSIQUE
CROQUETTES DE POMMES DE TERRE

\$4

PC ORGANICS PLANT BASED PUFFS
SELECTED VARIETIES, 142 G
2038688_SA/2038688_SA

Organics Biologique
PLANT-BASED CHEDDAR
MAÏS CORN PUFFS

Organics Biologique
PLANT-BASED CHEDDAR JALAPENO
MAÏS CORN PUFFS

6⁵⁰

CLIF ZBAR ORGANIC ENERGY SNACK BARS
SELECTED VARIETIES, 5'S
20872366001_SA/20872366002_SA

CLIF ZBAR
CHOCOLATE BROWNIE
BROWNIE AU CHOCOLAT

CLIF ZBAR
CHOCOLATE CHIP
BRIURES DE CHOCOLAT



\$9

ZUKE'S DOG TREATS
SELECTED VARIETIES, 170 G
2364750_EA

SAVE 7.99

\$40

BENEFUL DOG FOOD
SELECTED VARIETIES, 12.7 KG
21236989_C01

\$9

ZOE BETTER THAN RAWHIDE DOG TREATS
SELECTED VARIETIES, 148-234 G
21361709_EA

SAVE 1.00

\$17

CESAR DOG FOOD
SELECTED VARIETIES, 12'S
20628582001_EA

SAVE 1.47
WHEN YOU BUY 3

3/750
OR 2.99 EA

ONE TRUE INSTINCT DOG FOOD
SELECTED VARIETIES, 368 G
21303479_EA/21304080_EA

SAVE 1.47
WHEN YOU BUY 3

3/\$9
OR 3.49 EA

BENEFUL DOG FOOD
SELECTED VARIETIES, 283 G
20303551001_EA/20303551003_EA

\$5

MILKBONE DOG TREATS
SELECTED VARIETIES, 535-900 G
2104403_EA

SAVE 1.99

\$13

PURINA ONE DRY CAT FOOD
SELECTED VARIETIES, 1.45-1.8 KG
20421881002_EA

SAVE 1.99

\$16

WHISKAS CAT FOOD
SELECTED VARIETIES, 12'S
20548822_EA

\$10

PURINA CAT CHOW
SELECTED VARIETIES, 1.42-2 KG
20319555001_EA

SAVE 2.00

\$30

FRISKIES CAT FOOD
SELECTED VARIETIES, 32'S
21984765_C01

SAVE .99

\$7

MEOW MIX CAT FOOD
SELECTED VARIETIES, 1.42 KG
21984251_EA

SAVE .98
WHEN YOU BUY 2

2/\$6
OR 3.49 EA

FANCY FEAST PURÉE
SELECTED VARIETIES, 40 G
2347905_EA

\$27

PC NUTRITION FIRST CAT FOOD
SELECTED VARIETIES, 4 KG
21933031_EA

SAVE 3.99

\$22

TIDY CATS LITTER
SELECTED VARIETIES, 5.44 KG
21040393_C01

ELEVATE YOUR WELL BEING

\$5

LIMIT 4
OVER LIMIT PAY
6.29 EA

ST. IVES
BODY LOTION
SELECTED VARIETIES
600 ML
21090088_EA
21090101_EA

UP TO 15% OFF

L'ORÉAL
FACECARE
PRODUCTS
SELECTED VARIETIES
AND SIZES
21170224_EA

\$9

LIMIT 4
OVER LIMIT PAY
11.99 EA

HEAD & SHOULDERS
OR OLD SPICE
HAIR CARE
SELECTED VARIETIES
592-650 ML
21505214_EA
21640816_EA

\$8

LIMIT 4
OVER LIMIT PAY
9.99 EA

MONDAY OR GÖT2B
HAIR CARE
SELECTED VARIETIES
21603221_EA
21630743_EA

\$8

LIMIT 6
OVER LIMIT PAY
8.99 EA

DOVE
DRY SPRAYS 107/113 G OR
DEODORANT 74 G
SELECTED VARIETIES
20840721_EA/21196229_EA

7⁵⁰

LIMIT 6
OVER LIMIT PAY
8.99 EA

SENSODYNE RAPID
RELIEF OR REPAIR
AND PROTECT
TOOTHPASTE 75 ML,
POLIDENT TABLETS
84-96'S OR **POLIGRIP**
62.4-70 G
SELECTED VARIETIES
20437569002_EA/21471656_EA

HALOON

Get well.

up to 20% off

Advil, Buckley's, Voltaren, Caltrate, Centrum, Emergen-C, Tums or Benefiber selected varieties and sizes

Stay well.

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CUDDLY
DEALS,
TINY
PRICES



APP EXCLUSIVE OFFER*

Optimum
GET
20,000 pts

\$20
back
in points

for every \$100* spent on baby diapers, training pants, wipes, formula, food, accessories, toiletries, gear and baby apparel *Open your PC Optimum™ app or visit proptimum.ca to get the offer.

2/\$6
OR 3.50 EA

PC* ORGANICS MINI
CEREAL BARS
SELECTED VARIETIES, 160 G
20046938001_EA/20430440001_EA

2/\$14
OR 11.99 EA

PC* PEDIATRIC
NUTRITIONAL
SUPPLEMENT
SELECTED VARIETIES, 6X235 ML
20432096002_EA/21432096001_EA

2/\$10
OR 5.49 EA

BABY GOURMET
ORGANIC FRUIT
AND VEGGIE MELTS
SELECTED VARIETIES, 23 G
2063207002_EA/2087684_EA

UP TO 20% OFF

AVEENO, DOVE OR
JOHNSON & JOHNSON
BABY NEEDS
SELECTED VARIETIES AND SIZES
20922621_EA/21103405_EA

44⁹⁹

KENDAMIL WHOLE
MILK INFANT
FORMULA
600 G
21699542_EA

4⁴⁹

LIMIT 4
OVER LIMIT PAY
5.79 EA

Q-TIPS BABY NEEDS
500'S
20323077001_EA

Simply made

NEW ARRIVAL

Simply Gourmet

puffies

crunchers

tubies

2/\$5.50
or 3.29 ea.

Simply Gourmet Crunchers or Puffies snacks selected varieties, 32 g
21597451_EA/21597406_EA/21672096_EA
21671989_EA/21597336_EA/21597310_EA

PediaSure

COMPLETE, BALANCED NUTRITION® WITH A TASTE KIDS LOVE

PediaSure

WHEN WATER ISN'T ENOUGH
Get advanced rehydration

PediaSure

COMPLETE, BALANCED NUTRITION® WITH A TASTE KIDS LOVE

PediaSure

WHEN WATER ISN'T ENOUGH
Get advanced rehydration

Similac 360 Total Care™
A first of its kind from Similac®

\$69.99
LIMIT 4
AFTER LIMIT 31.99 EA.

Similac 360 Total Care ready to feed infant formula, selected varieties, 16 x 235 mL
21702863_EA/21702882_EA

\$59.99
LIMIT 4
AFTER LIMIT 31.99 EA.

Similac 360 Total Care infant formula selected varieties, 859 g
21697863_EA/21697886_EA

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Abbott

Potty Training Made FUN

BLUEY

Pampers easy ups

Peppa Pig

LIMIT 4
AFTER LIMIT 31.99 EA.

GET 2,000
\$2
back in points

26.99

Pampers® Easy-Ups™ club pack training pants selected varieties 46-74's
21089365_EA/21089367_EA

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BIG PACK = BIGGER SAVINGS!

LIMIT 4
AFTER LIMIT 58.99 EA.

GET 2,000
\$2
back in points

47.99

Pampers® Swaddlers ultra value pack diapers selected varieties, size 2-8, 120-192's
21455875_ea

45% MORE DIAPERS* PLUS DE COUCHES*

Pampers swaddlers
our best dryness & comfort ever

plus sèches
« confortables que jamais »

*vs. Pampers Huge Pack

NEW & IMPROVED!

HUGGIES

snug & dry

up to 100%
blowout & leakproof protection
de protection : fuites et débordements

162
diapers
couches

5
over 27 LB | plus de 12 KG

Save over \$20 per box

with NEW Huggies® Ultra Value Pack!

LIMIT 4
AFTER LIMIT 49.99 EA.

44.99

Huggies®
Snug & Dry Ultra Value Pack
sizes 3-6, 132-198's
21693896_EA

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Our butchers cut quality meat in your store every day!

pork loin schnitzel
21588065_EA

beef meatballs plain
21587897_EA

beef stir fry strips
cut from Canada #1A grade beef or higher
21588067_EA

pork stir fry strips
21588095_EA

chicken stir fry strips
21588091_EA

BUILDING COMMUNITY
One Rink at a Time
Learn More At KRAFTHOCKEYVILLE.CA
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Canada Philadelphia Cream Cheese Product
Selected Varieties 227 - 250 g
20866816002_EA **2/9⁵⁰**
OR \$5.49 EA

Canada Kraft Salad Dressings 475 mL
Heinz Mayonnaise-style Sauces 340 mL
Selected Varieties 21686143_EA/21584931_EA **2⁹⁹**

Canada Classico Pasta Sauce
Selected Varieties 410 - 600 mL
21618217_EA/20325609003_EA **2/\$10**
OR \$5.99 EA

Canada Kraft Peanut Butter 750 g - 1 Kg
20039581001_EA **\$5**

Canada Kraft Dinner Macaroni & Cheese
Selected Varieties 200 g
21549526_EA **3/4⁹⁸**
OR \$1.99 EA

Canada CRAVE Frozen Entrées
200 - 340 g or Kraft Dinner Deluxe Frozen Meals 340 g
Selected Varieties 21553329_EA/21085515_EA **2/\$11**
OR \$6.49 EA

*Based on the 2026 BrandSpark® Canadian Trust Study.

NEW Family Favourites FROM GENERAL MILLS!

General Mills™ Jumbo Sizes
825-1300 g
20679390_EA
21347133_EA **\$9**

Nature Valley™ Granola Bars
120-230 g, Betty Crocker™ and Mott's Fruit Snacks 128-226 g, Pillsbury™ Soft Baked Bars 150 g and Cereal Treat Bars 120 g
21714142_EA
20887250_EA **\$3**

Nature Valley™ Sweet & Salty
170-210 g, Fibre 1 Bars, Nature Valley Protein Bars, Nature Valley Biscuits, 125-190 g
20686988002_EA
21714048_EA **\$3**

Old El Paso™ Components
selected varieties
20306992001_EA
21719377_EA **2/\$7**
OR 4.49 EA

Pillsbury™ Pizza Pops™
4's 380g
21435996_EA
21689482_EA **3³³**

Larabar™ Fruit & Nut Energy bars
225-240 g, selected varieties
2190846259_EA **7⁴⁹**

TRUSTED SOFTNESS, BETTER TEAR
*vs. leading 1000-sheet brand

NEW Charmin Ultra Soft Ultra Doux
French Tear Resistant Softness

\$18 Charmin Bath Tissue, 12=48 roll, soft
21707532_EA

Cleans Better

\$18 Charmin Bath Tissue, 12=48 roll, strong
21636641_EA

*vs. Leading Canada 2-ply bath tissue

+50% MORE ABSORBENT
*vs. leading ordinary brand.

\$18 Bounty Paper Towel, Select A Size, 6=12 roll
21670280_EA

THICKER AND MORE ABSORBENT
*vs. the leading US 2-ply napkin

\$11 Bounty Napkin 400's
21053171_EA

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BRING HOME A WIN WITH THIS OFFER FROM General Mills

BUY 2 OLD EL PASO™ KITS AND GET \$10 TO FILL UP YOUR TACOS**
UPLOAD YOUR RECEIPT ONLINE

OFFICIAL SUPPORTER
SUPPORTÉUR OFFICIEL

****Must redeem online. Limited offers available. Offer ends March 31, 2026. See participating packaging for details.**

WINTER GAME ESSENTIALS

Buy all three for \$22:

Any 30-piece Wings and Wedges Bucket 1.2-2 KG
21545872_EA
+
any 1 Ruffles potato chips or Doritos Tortilla Chips 180-235 g
21241852_EA
+
1 L Pepsi, selected varieties
20940201001_EA

START YOUR **ACTIVIA** GUT HEALTH CHALLENGE

12 ACTIVIA
EVERY DAY FOR **14** DAYS



Optimum™

\$3
back
in points

APP EXCLUSIVE OFFER

Earn

3,000 pts

for every \$10 spent
in Activia products*

get entered to win**

10 MILLION pts

That's like
\$10,000!



\$4

Activia® Expert - 4 x 100 g
21682261_EA/21681903_EA



\$6

Activia® Expert - 750 g
21682207_EA



\$7

Activia® - 12 x 100 g
20303422001_EA



\$4.25

Activia® - 850 g
20325622003_EA



\$7

Activia® - 8 x 93 mL
21520253_EA

*Open your PC Optimum™ app or visit pc optimum.ca to get the offer. Earn 3,000 PC Optimum™ points for every \$10 spent on participating Activia products. Product availability may vary by store. We reserve the right to limit quantities. We are not obligated to award points based on errors or misprints. Points apply to items sold at individual units and are not awarded per unit when the unit is part of a case pack or variety pack. No cash value. Offer valid from January 1st to February 18th, 2026. Activia® used under lic., © 2025, Cie Gervais Danone. All rights reserved.

**NO PURCHASE NECESSARY. Open to Canadian resident PC Optimum members who are 14 years or older. Contest ends February 18, 2026 at 12:00 am ET. Members can get an entry for every \$10 spent on any eligible Activia products at participating Atlantic Superstore, Dominion, Fortinos, IGA, Maxi, No Frills, Provigo, Le Marché, Shoppers Drug Mart, Value Mart, Real Canadian Superstore, Wholesale Club, Your Independent Grocer and IGA locations and scan their PC Optimum card at the time of purchase. Prize of 10,000,000 PC Optimum points to be won (that's like \$10,000 CDN in value when redeemed each). Limit of one prize per member. Must correctly answer mathematical skill-testing question. Odds of winning a prize depends on total number of eligible entries received. For full rules/conditions and how to enter without purchase, visit www.pc optimum.ca/pc optimum-danone.

PACK YOUR MORNING WITH PROTEIN



\$8.50

Oikos® - 650 g, 750 g
21305945_EA



3/\$12

Oikos® - 4 x 95 g, 4 x 100 g
20625055_EA
20419715001_EA



\$3.50

Oikos® Pro™ - 300 mL
21651846_EA

*As part of a complete breakfast and balanced diet. Per 175 g serving.

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10-HOUR BREW BOLD AND SMOOTH TASTE



\$7.50

Stok® - 1.42 L
21003737_EA/21003739_EA

LIBERTÉ

SIMPLE COMFORT. REAL TASTE.

2/\$10

OR
\$5.99 EA.

Liberté
Méditerranée®
selected varieties
500 g

21473714_EA
20788062002_EA



\$9

Liberté
Greek® 1 kg

21305351_EA



\$5

Yoplait® Source
Protein® 650 g

21587047_EA

\$12

Yoplait® YOP®
12 x 200 mL

21481820_EA



8.50

Yoplait®
Source® & Creamy®
selected varieties
16 x 100 g

20317317001_EA
20120316004_EA



4/\$6

Yoplait® YOP®
selected
varieties
200 mL

21477986_EA
21478300_EA



\$5

Yoplait® Source®
selected varieties
630 g

21391318006_EA
21391318001_EA

TAXES APPLICABLES
TRADEMARKS OF YOPLAIT MARQUES S.N.C. (FRANCE) USED UNDER LICENSE /
TRADEMARKS OF LIBERTÉ MARQUES S.N.C. USED UNDER LICENSE /
MADE IN CANADA FROM DOMESTIC AND IMPORTED INGREDIENTS

