



LEAN

5.44

lb

of ea.

Lean Ground Beef Value Pack 14.5% Fat
14.5% Fat
Life Smart Extra Lean Ground Chicken or Turkey 6.5% Fat
Beef/Chicken sausage or pork/chicken/sausage 14.5% Fat
Penne or Shell Tosses with Sausage Mince 6.5% Fat

PRIMO

PRIMO

PRIMO

900 g

PRIMO

PRIMO

PRIMO Pasta
100% Whole Wheat
Pasta
100% Whole Wheat
100% Whole Wheat

125

ea.

PRIMO

PRIMO

PRIMO

PRIMO

PRIMO

PRIMO

PRIMO

PRIMO

PRIMO

3.49

ea.

Coca-Cola

PEPSI

PEPSI

PEPSI

PRIMO

PRIMO

PRIMO

PRIMO

PRIMO

PRIMO

PRIMO

PRIMO

PRIMO

3.88

ea.

OASIS

OASIS

PRIMO

PRIMO

PRIMO

PRIMO

PRIMO

PRIMO

PRIMO

PRIMO

PRIMO

4.97

ea.

Real Dairy

DRUMSTICK

PRIMO

PRIMO

PRIMO

PRIMO

PRIMO

PRIMO

PRIMO

PRIMO

PRIMO

Effective February

TH

FR

SA

SU

MO

5

6

7

8

9

Effective February

TH	FR	SA	SU	MO	TU	WE
5	6	7	8	9	10	11

 2026 | my *savings* my metro

mmmAZING!
days



7⁹⁹
ea.



9⁹⁹
/lb
or ea.



2⁹⁹
/100 g



**4-DAY
MEAL DEAL**
FEBRUARY 5TH – FEBRUARY 8TH, 2026

YOUR CHOICE 11⁹⁹
ea.



15" X-Large Pepperoni & Cheese Pizza
or
Pasta with a choice of 10 or 15 pieces of pepperoni & cheese
or
Pasta with a choice of 10 or 15 pieces of chicken & cheese



Chicken Caesar Salad
or
Salads au poulet César



15 Chicken Wings
or
15 Chicken Strips
or
15 Chicken Tenders
or
15 Chicken Nuggets
or
20 Sandwiches au poulet



Hot Whole BBQ Mammoth Chicken
or
Poulet rôti entier barbecue chaud

mmMAZING! days



Kraft

Taco Bell Sauce
250 mL (8.5 FL OZ)
Saucy Taco Bell
sauces (all-purpose)

2.99
ea.



7.99
ea.

Taco Bell Crunchwrap Supreme
Cheesy Queso Sauce, Tacoitos, Cornitos
Preparation: 1. Heat tacoitos in a pan. 2. Add cornitos and sauce. 3. Wrap in tortilla. 4. Serve with cheese.



5.49
ea.

Taco Bell Queso Dip
145 g (5.1 FL OZ)
Preparation: 1. Heat in a pan. 2. Serve with tortilla chips.



4.99
ea.

Taco Bell Queso Dip
145 g (5.1 FL OZ)
Preparation: 1. Heat in a pan. 2. Serve with tortilla chips.



4.49
ea.

McCain Superfries
500 g (1.1 LB)
Preparation: 1. Heat in a pan. 2. Serve with sauce.



7.49
ea.

McCain Superfries
500 g (1.1 LB)
Preparation: 1. Heat in a pan. 2. Serve with sauce.



7.99
ea.

McCain Pockets
500 g (1.1 LB)
Preparation: 1. Heat in a pan. 2. Serve with sauce.



4.99
ea.

McCain Pockets
500 g (1.1 LB)
Preparation: 1. Heat in a pan. 2. Serve with sauce.



3.49
ea.

Post Shreddies
Original
500 g (1.1 LB)
Preparation: 1. Heat in a pan. 2. Serve with milk.



3.99
ea.

Post Honeycomb
Original
500 g (1.1 LB)
Preparation: 1. Heat in a pan. 2. Serve with milk.



2.99
ea.

Dole Fruit Cakes
Original
500 g (1.1 LB)
Preparation: 1. Heat in a pan. 2. Serve with milk.



9.99
ea.

Tetley Tea Bags
Original
500 g (1.1 LB)
Preparation: 1. Heat in a pan. 2. Serve with milk.

mmMAZING!
days

4⁹⁹
ea.

Christie Family Tree Cookies, Big Stuffed Cookies or Snow Globes
100g (3.5 oz) (10000000)
Biscuits Drizzlés au Chocolat ou au Caramel
100g (3.5 oz) (10000000)

3⁹⁹
ea.

OREO Original Cookies
100g (3.5 oz) (10000000)

2⁹⁹
ea.

triscuit ORIGINAL
100g (3.5 oz) (10000000)

2⁹⁹
ea.

RITZ Original Crackers
100g (3.5 oz) (10000000)

2⁹⁹
ea.

Twizzlers Candy
100g (3.5 oz) (10000000)

4⁹⁹
ea.

Reese's minis
100g (3.5 oz) (10000000)

5⁴⁹
ea.

Reese's minis
100g (3.5 oz) (10000000)

2⁹⁹
ea.

Twizzlers Candy
100g (3.5 oz) (10000000)

1⁹⁹
ea.

Reese's minis
100g (3.5 oz) (10000000)

8⁴⁹
ea.

Becel Margarine
1kg (3.5 oz) (10000000)

5⁹⁹
ea.

Imperial Margarine
1kg (3.5 oz) (10000000)

2⁹⁹
ea.

Butter
1kg (3.5 oz) (10000000)

5⁹⁹
ea.

Imperial Margarine
1kg (3.5 oz) (10000000)

2⁹⁹
ea.

Butter
1kg (3.5 oz) (10000000)

FOR PERSONALIZED COUPONS, DOWNLOAD OUR APP OR VISIT metro.ca

mmMAZING! days



Johnsonville
MILD ITALIAN SAUSAGES
SAUSAGES ITALIENS DOUX
500 g



Johnsonville
Breakfast Sausages
SAUSAGES PETITS
500 g



Johnsonville
Dinner Sausages
SAUSAGES POUR DÎNER
500 g



Johnsonville
POLISH
SAUSAGES
175 g



Johnsonville
CHICKEN
SAUSAGES
175 g

5.99
ea.



Summer Fresh
Tzatziki
Yaourt à la menthe et au concombre
175 g



Summer Fresh
Salsa
Salsa de tomates et d'herbes
175 g



Summer Fresh
Hummus
Original • Originale
175 g



Summer Fresh
Dip
Dip de tomates et d'herbes
175 g



Summer Fresh
Salad
Salade de tomates et d'herbes
175 g

2.99
ea.



Incredible
Muffins
Blueberry
12-pack



Incredible
Muffins
Carrot
12-pack



Incredible
Muffins
Chocolate Chip
12-pack



Incredible
Muffins
Lemon
12-pack



Santosh
Naan
10-pack



Stonefire
Pizza
12-inch
1-pack

4.99
ea.

mmmAZING! days

[illegible]

Gluten-Free **Vegetarian**

G&B Cretors Popcorn
100% POPCORN
100g

Cretors
Mid-Day Squares
100% BAKED SQUARES
100g

Cretors
Green & Black's
Chocolate Bites
100% BAKED BITES
100g

PLANT UP
100% PLANT PROTEIN POWDER
100g

KUMA PIC
100% KUMA PIC
100g

Bob Red Mill
100% BOB RED MILL
100g

GREEN & BLACK'S
70% DARK
CHOCOLATE BITES
100g

MID-DAY
SQUARES
100% BAKED SQUARES
100g

PLANT UP
100% PLANT PROTEIN POWDER
100g

KUMA PIC
100% KUMA PIC
100g

Bob Red Mill
100% BOB RED MILL
100g

GREEN & BLACK'S
70% DARK
CHOCOLATE BITES
100g

MID-DAY
SQUARES
100% BAKED SQUARES
100g

Non-GMO

Imagine Broth
 100% VEGAN
 BODILY INGENUITY
 100% VEGAN SUBSTITUTION



5⁹⁹
ea.

Organic Madiran
 100% VEGAN
 Laid
 Organic Madiran



10⁹⁹
ea.

Traditional Medicinals
 100% VEGAN
 TONIC
 Traditional Medicinals
 100% VEGAN SUBSTITUTION



5⁹⁹
ea.

PERMANENT
 100% VEGAN
 Terra Chips
 100% VEGAN
 Confectionery
 100% VEGAN SUBSTITUTION



5⁹⁹
ea.

67% Kombucha
 100% VEGAN
 SYNERGY
 100% VEGAN SUBSTITUTION



3⁹⁹
ea.

67% Kombucha
 100% VEGAN
 SYNERGY
 100% VEGAN SUBSTITUTION



3⁹⁹
ea.

67% Kombucha
 100% VEGAN
 SYNERGY
 100% VEGAN SUBSTITUTION



3⁹⁹
ea.

CWENCH
 HYDRATION
 BETTER FOR YOUR HYDRATION



2⁹⁹
ea.

FREE SAME-DAY PICKUP **SAME FLYER PRICES AND DEALS ONLINE**

moi
rewards

SAVE BIG
IN THE APP

Add your coupons in the
Metro app today.

THIS WEEK'S DEALS:

Only until February 11, 2026, in-store or online



NOW
4.99
ea.
SAVE UP TO
\$3

7.99
ea.
ESKA NATURAL
SPRING WATER
24 x 500 ml



NOW
3.49
ea.
SAVE UP TO
\$2

5.49
ea.
PEARL MILLING
PANCAKE MIX OR SYRUP
909 g, 710 ml
SELECTED VARIETIES



NOW
3.99
ea.
SAVE UP TO
\$2

5.99
ea.
McSWEENEY'S
BEEF JERKY SNACKS
70 - 85 g
SELECTED VARIETIES



NOW
2.99
ea.
SAVE UP TO
\$1.50

4.99
ea.
CADBURY
FINGERS
114 g
SELECTED VARIETIES



NOW
6.00
ea.
SAVE UP TO
\$2

8.00
ea.
FRESH 2 GO
FETTUCCHINE ALFREDO
300 g



NOW
4.99
ea.
SAVE UP TO
\$2

6.99
ea.
SEEDLESS NAVEL
ORANGES
PRODUCT OF EGYPT OR
SOUTH AFRICA
3 lb



NOW
3.99
ea.
SAVE UP TO
\$3.50

7.49
ea.
AXE HAIR CARE, BODY
WASH OR DEODORANT
SELECTED SIZES
SELECTED VARIETIES

LIMIT ONE REDEMPTION PER CUSTOMER

Offer available only on the My Metro app with a mailD account. Limit of one coupon redemption with a mailD account, unless expressly stated otherwise in the terms of the offer. Offer coupon must be loaded at time of purchase. Available while supplies last. See app for full coupon details. *Price may vary at select locations.

1.99
/lb

Large Price Apples
Granny Smith
12.5kg
Granny Smith
12.5kg
Granny Smith
12.5kg

3.99
ea.

Blackberries
10% FRESH IN STOCK
10% FRESH IN STOCK

4.99
ea.

Crested Strawberry
12.5kg
12.5kg
12.5kg

2.49
ea.

Yellow Golden Raisins
12.5kg
12.5kg
12.5kg

4.99
ea.

Large Watermelons
12.5kg
12.5kg
12.5kg

2.99
/lb

Large Cans Carrots
12.5kg
12.5kg
12.5kg

1.69
/lb

Sweet Potatoes
12.5kg
12.5kg
12.5kg

5.99
/lb

Jumbo Raisins
12.5kg
12.5kg
12.5kg

3.49
ea.

Dole Carrots
12.5kg
12.5kg
12.5kg

3.79
ea.

Belle Grove Apples
12.5kg
12.5kg
12.5kg

[illegible][illegible][illegible]

Metro loves Canadian food

Growing, harvesting, producing – Metro is a proud supporter of Canadian agriculture & celebrates all the hard work that goes into the food we enjoy, every day.



**CANADA'S
AGRICULTURE
DAY FEBRUARY 11**

You can support and honor Canadian agriculture and food in various ways.

#CdnAgDay

Our Butcher's Finest

Red Grill
Beef Cubes
Cubos de bœuf
grillé au barbecue
Gr. Bœuf
16.52/kg

8.99 /lb

CUT BY OUR BUTCHER

18.99 /lb

GRAIN FED

Beefsteaks 16 Oz Steaks
41.27/kg - 41.27/kg (100% garanti)
Bifsteck de bœuf désossé
sans os - sans os désossé
41.57/kg

3.99 /lb

Fresh Pork Shoulder Blade Chops Value Pack
8.80/kg
Bœufches d'épaule de porc, fraîches et emballage économique
8.80/kg

Organic

12.99 /lb

Torokshire Valley Farms Organic
Fresh Boneless Chicken Breast or Thighs
28.46/kg
Poulet sans os, haut de cuisse sans os, poulet biologique
Torokshire Valley Farms désossés et sans os, poitrine
28.46/kg

20.99 /lb

Life Smart Naturala Grass Fed Strip Loin Steak
46.23/kg
Bifsteck de contre file de bœuf Naturala Mieux dit essant à l'herbe
46.23/kg

5.99 /lb

Maple Leaf Prime Breast without Antibiotics
Fresh Chicken Breasts or Thighs
12.21/kg
Poulet sans antibiotiques
Prime Maple Leaf
12.21/kg

PRIME
Braised
WITHOUT
ANTIBIOTICS

7.99 /lb

Maple Leaf Prime Breast without Antibiotics Fresh Thighs 28.46/kg
Alles bœufches saines de poulet Prime Maple Leaf avec sans antibiotiques
28.46/kg

9.99 /lb

Fresh Baked Chicken Breast Cuts Value Pack
22.51/kg
Scrabblers pâtisseries fraîches de poitrine de poulet en emballage économique
22.51/kg

[illegible]

Comfort Meals

Artisan

6⁹⁹
/lb

Irresistible Artisan
Half Moon Smoked Ham
with Dijon Mustard
Jambon hand-demi-lune
avec moutarde 15.45/kg

Artisan

9⁹⁹
ea.

Irresistible Shepherd's Pie
Shepherd's Pie
Potatoes topped with
potato chunks irresistible

5⁹⁹
ea.

Irresistible French
Onion Soup with
Potatoes
Plats Irresistibles
Soupe à l'oignon
avec pommes
de terre

Artisan

6⁹⁹
ea.

Irresistible French
Onion Soup
with Chicken
Soupe à l'oignon
irresistible avec
volaille

[illegible]

Halftime

Happy Hour

Enjoy the halftime show with assorted cold beers and ready-to-drink cocktails.

12

Corona Extra

CORONA 12 x 120 ml
SELECTED VARIETIES

28.49

ea.

12

Coors Original

CORONA 12 x 473 ml
CANADIAN

27.99

ea.

12

BUD LIGHT

BUD LIGHT 12 x 473 ml
SELECTED VARIETIES

28.49

ea.

6

LugTread

BEAUPRE'S LUG TREAD 6 x 473 ml
SELECTED VARIETIES

17.49

ea.

6

STEAM WHISTLE PILSENER

STEAM WHISTLE PILSENER 6 x 473 ml

18.99

ea.

473 ml

CARLING ICE

CARLING ICE 473 ml

2.49

ea.

473 ml

LAKER ICE

LAKER ICE 473 ml

2.19

ea.

6

CLAMATO

SMITH'S CLAMATO ORIGINAL OR
EXTRA SPICY 6 x 341 ml
SELECTED VARIETIES

14.49

ea.

6

FOUNDER'S ORIGINAL COCKTAIL

FOUNDER'S ORIGINAL COCKTAIL 6 x 355 ml
SELECTED VARIETIES

22.49

ea.

6

VOOKA SODA

VOOKA SODA 6 x 355 ml

18.99

ea.

4

COTTAGE SPRINGS WEEKENDER

COTTAGE SPRINGS WEEKENDER 4 x 355 ml
SELECTED VARIETIES

4.99

ea.

4

BUSCH BULLET

BUSCH BULLET 4 x 355 ml
SELECTED VARIETIES

4.99

ea.

4

Molson Cold Shots

Molson Cold Shots 4 x 222 ml
SELECTED VARIETIES

4.99

ea.

9.99

SHRIMP PLATTER

SHRIMP PLATTER 9.99

11.99

PIZZA

PIZZA 11.99

3.49

SAPPORO

SAPPORO 3.49

4-Day Deal
Feb. 5th-8th



3.99
ea.

Pampered Chef
PREMIUM MORSELS
SANDWICH BREAD
416 g (14.6 oz)

Pain de sandwich Premium Morsels
416 g (14.6 oz)



3.99
ea.

Pampered Chef
PREMIUM MORSELS
SANDWICH BREAD
416 g (14.6 oz)

Pain de sandwich Premium Morsels
416 g (14.6 oz)



8.99
ea.

Selection
Cinnamon
Rolls or Breadcrumbs
416 g (14.6 oz)

Sélection
Cannelles ou
Breadcrumbs
416 g (14.6 oz)



8.99
ea.

Selection Cinnamon
Rolls or Breadcrumbs
416 g (14.6 oz)

Sélection Cannelles ou
Breadcrumbs
416 g (14.6 oz)



7.99
ea.

Decent Squares
416 g (14.6 oz)

Carres Decents
416 g (14.6 oz)



7.99
ea.

Decent Squares
416 g (14.6 oz)

Carres Decents
416 g (14.6 oz)

CHASSIS

metro
FRESH
2 GO



WHAT'S FOR DINNER?

**PICK UP IN STORE OR
FREE DELIVERY**

on all orders of **\$20 or more**

Skip the Dishes offers available at select stores only.



ORDER NOW

**FRESH 2 GO
PIZZA**

1 un
SELECTED VARIETIES

SAVE UP TO \$5

11⁹⁹
ea.

Thank you to our Make Happy Tummies™ partners. Look for their products in-store.



Icoco nano
Icoco Nano Drinkable Yogurt
4.5 FL OZ (130 mL) VARIETIES
Yogourt à boire Nano Icopo
4.5 FL OZ VARIÉTÉS SÉLECTIONNÉES



Vita Coco
Coconut Water
500 mL (16.9 FL OZ) VARIÉTÉS
Eau de noix de coco
Vita Coco
500 mL VARIÉTÉS SÉLECTIONNÉES



Baby's Best M&M's Adult Size
100 g (3.5 OZ) VARIÉTÉS
Bonbons d'adultes Baby's Best
100 g VARIÉTÉS SÉLECTIONNÉES



Lactantia Perfecta milk
4 L (136.2 FL OZ) VARIÉTÉS
Lait Purifié Lactantia
4 L VARIÉTÉS SÉLECTIONNÉES



Maple Leaf
Natural Select
Sweetened Condensed Milk
100 g (3.5 OZ) VARIÉTÉS
Condensés
Natural Selection
Maple Leaf
en français
VARIÉTÉS SÉLECTIONNÉES



Quaker Harvest
CRUNCH
CEREAL
300 g (10.6 OZ) VARIÉTÉS
Céréales
Quaker Harvest
300 g VARIÉTÉS SÉLECTIONNÉES



McCain French
Fries
100 g (3.5 OZ) VARIÉTÉS
Frites McCain
100 g VARIÉTÉS SÉLECTIONNÉES



Bear Paws
Cookies
100 g (3.5 OZ) VARIÉTÉS
Biscuits
Pattes d'Ours
100 g VARIÉTÉS SÉLECTIONNÉES



Made Good Bars
100 g (3.5 OZ) VARIÉTÉS
Barres Made Good
100 g VARIÉTÉS SÉLECTIONNÉES



Simply
Orange Juice
1 L (33.8 FL OZ) VARIÉTÉS
Jus d'orange
Simply
1 L VARIÉTÉS SÉLECTIONNÉES



Green Giant Frozen Vegetables
500 g (1.1 LB) VARIÉTÉS
Légumes Gelés Verts
500 g VARIÉTÉS SÉLECTIONNÉES



Kraft
Peanut Butter
350 g (12.3 OZ) VARIÉTÉS
Beurre d'arachide
Kraft
350 g VARIÉTÉS SÉLECTIONNÉES



VH Sauce
100 g (3.5 OZ) VARIÉTÉS
Sauce VH
100 g VARIÉTÉS SÉLECTIONNÉES



Little Bites
100 g (3.5 OZ) VARIÉTÉS
Petites Bites
100 g VARIÉTÉS SÉLECTIONNÉES



Black & Tan
Cereals
100 g (3.5 OZ) VARIÉTÉS
Céréales
Black & Tan
100 g VARIÉTÉS SÉLECTIONNÉES



Mini Wheats
100 g (3.5 OZ) VARIÉTÉS
Céréales
Mini Wheats
100 g VARIÉTÉS SÉLECTIONNÉES



Nutri Grain
100 g (3.5 OZ) VARIÉTÉS
Barres Nutri-Grain Kellogg's
100 g VARIÉTÉS SÉLECTIONNÉES



bubly
1 L (33.8 FL OZ) VARIÉTÉS
Eau pétillante bubly
1 L VARIÉTÉS SÉLECTIONNÉES



Lindt Excellence
Bar
100 g (3.5 OZ) VARIÉTÉS
Barres
Excellence Lindt
100 g VARIÉTÉS SÉLECTIONNÉES



Danone Danisco Drinkable Yogurt
1 L (33.8 FL OZ) VARIÉTÉS
Yogourt à boire Danisco Danone
1 L VARIÉTÉS SÉLECTIONNÉES



Sponge Towels
100 g (3.5 OZ) VARIÉTÉS
Serviettes en papier
Sponge
100 g VARIÉTÉS SÉLECTIONNÉES



Chobani
100 g (3.5 OZ) VARIÉTÉS
Yaourt grec
Chobani
100 g VARIÉTÉS SÉLECTIONNÉES



Bambino Eggs
100 g (3.5 OZ) VARIÉTÉS
Œufs
Bambino
100 g VARIÉTÉS SÉLECTIONNÉES



Goldfish
100 g (3.5 OZ) VARIÉTÉS
Craquelins
Goldfish
100 g VARIÉTÉS SÉLECTIONNÉES



Nesquik
100 g (3.5 OZ) VARIÉTÉS
Boisson Nesquik
100 g VARIÉTÉS SÉLECTIONNÉES



Pinty's
100 g (3.5 OZ) VARIÉTÉS
Pâtisseries
Pinty's
100 g VARIÉTÉS SÉLECTIONNÉES



Oreo
100 g (3.5 OZ) VARIÉTÉS
Biscuits
Oreo
100 g VARIÉTÉS SÉLECTIONNÉES



Clover Leaf Tuna
100 g (3.5 OZ) VARIÉTÉS
Thon
Clover Leaf
100 g VARIÉTÉS SÉLECTIONNÉES



Simply Protein Bars
100 g (3.5 OZ) VARIÉTÉS
Barres protéinées Simply
100 g VARIÉTÉS SÉLECTIONNÉES



Maple Lodge Chicken Waffles
100 g (3.5 OZ) VARIÉTÉS
Waffles
Maple Lodge
100 g VARIÉTÉS SÉLECTIONNÉES



Oasis Juice
100 g (3.5 OZ) VARIÉTÉS
Jus d'orange
Oasis
100 g VARIÉTÉS SÉLECTIONNÉES



Kellogg's Rice Krispies
100 g (3.5 OZ) VARIÉTÉS
Céréales
Rice Krispies
Kellogg's
100 g VARIÉTÉS SÉLECTIONNÉES

Donation Match Days

January 31 and February 7

We'll match up to \$30,000 each day!

Metro Ontario Inc. will donate up to a maximum of \$30,000 on each of the Match Fund days, January 31 and February 7, 2026 to a cumulative of \$60,000. Participating Metro and Food Basics stores in Ontario only. For more information on the Make Happy Tummies™ campaign, please visit: makehappytummies.ca

FOR PERSONALIZED COUPONS, DOWNLOAD OUR APP OR VISIT metro.ca

metro.ca
mmMAZING!
offer

60%

OFF*
12-MONTH
DELIVERY PASS

~~\$99⁹⁹~~
\$39⁹⁹



Subscribe Now

*Certain conditions apply. Details on metro.ca

*Lunar
New Year*



FLAVOURS OF

Ramadan

A JOURNEY OF FAITH, FASTING & INNER RENEWAL

INDIA GATE BHOJANA OR GILGA PREMIUM BASMATI RICE OR CEDAR PARBOILED RICE 4.5 LBS SELECTED VARIETIES

12⁹⁹ ea.

BRAN'S BEST GHEE 800g

13⁹⁹ ea.

KEBAB FACTORY CHICKEN KEBABS OR LEE PRECUT 1000g, 1100g & 1400g

8⁹⁹ ea.

EGGLESS CAKE WHITE OR CHOCOLATE 900g

19⁹⁹ ea.

SUNNY FRUIT ORGANIC DRIED MANGO 10.4oz DRIED DATES 1.13kg

12⁹⁹ ea.

SHEER OR MEERA BEAN OR BOMB CORN FLOUR 1.5kg SELECTED VARIETIES

4⁹⁹ ea.

DIVYA OKRA 750g SELECTED VARIETIES

99¢ ea.

CASABLANCA HONEY, 100% TIS AGAVE PREMIUM OR GOLD 140g, 250g, 2.25kg SELECTED VARIETIES

6⁹⁹ ea.

FROZEN WHOLE GOLDEN POMPANO FROZEN, 800g

8⁹⁹ ea.

ROYAL DELIGHT SAMOSAS, MANGO SLICES OR DES LUXIOUS ENTREES 285, 300g, 350g, 400g SELECTED VARIETIES

3⁴⁹ ea.

CEEDAR DRY BEANS, BARLEY, BURGOL OR SEMOLINA 900g SELECTED VARIETIES

2⁹⁹ ea.

LADZEE SPRING ROLLS OR SAMOSAS 400g, 500g SELECTED VARIETIES

3²⁹ ea.

AL-KHAMEET OR CEDAR TAHINI OR PHOENIX CREAM OR HONEY 500g, 500g, 500g SELECTED VARIETIES

8⁹⁹ ea.

INDIAN MASALA 50g, 100g, 200g, 500g, 1kg SELECTED VARIETIES

3⁴⁸ ea.

DIVYA ENTREES 285, 375g SELECTED VARIETIES

1⁷⁹ ea.

PABE RUSK OR NATIONAL CUSTARD 275, 300g SELECTED VARIETIES

1⁷⁹ ea.

SURATI FROZEN VEGETABLES 300g SELECTED VARIETIES

1⁷⁹ ea.

MOOR DATES OR SHEERON JUICE 800, 9.2L SELECTED VARIETIES

4⁹⁹ ea.

CEEDAR KATAIFI OR PHOENIX PASTA BURGOL, OKRA OR SPINACH OR SHOOTER PINE LEAVES 275, 300g SELECTED VARIETIES

2⁹⁹ ea.

SURATI SNACKS, BURGOL OR SHEERON DRINKS 200, 250g SELECTED VARIETIES

2⁴⁹ ea.

BEST MANGO, DIVYA MANGO PULP OR MOWDEX KASHA CHEAM 1L, 1.5L, 1.75L SELECTED VARIETIES

3²⁹ ea.

CEEDAR MARIJANES, CUCUMBERS OR GRAPE LEAVES 1L SELECTED VARIETIES

4⁹⁹ ea.

WHOLE GATE BHOJANA OR GILGA PREMIUM BASMATI RICE OR CEDAR PARBOILED RICE 4.5 LBS SELECTED VARIETIES

12⁹⁹ ea.

BRAN'S BEST GHEE 800g

13⁹⁹ ea.

KEBAB FACTORY CHICKEN KEBABS OR LEE PRECUT 1000g, 1100g & 1400g

8⁹⁹ ea.

EGGLESS CAKE WHITE OR CHOCOLATE 900g

19⁹⁹ ea.

SUNNY FRUIT ORGANIC DRIED MANGO 10.4oz DRIED DATES 1.13kg

12⁹⁹ ea.

SHEER OR MEERA BEAN OR BOMB CORN FLOUR 1.5kg SELECTED VARIETIES

4⁹⁹ ea.

DIVYA OKRA 750g SELECTED VARIETIES

99¢ ea.

CASABLANCA HONEY, 100% TIS AGAVE PREMIUM OR GOLD 140g, 250g, 2.25kg SELECTED VARIETIES

6⁹⁹ ea.

FROZEN WHOLE GOLDEN POMPANO FROZEN, 800g

8⁹⁹ ea.

ROYAL DELIGHT SAMOSAS, MANGO SLICES OR DES LUXIOUS ENTREES 285, 300g, 350g, 400g SELECTED VARIETIES

3⁴⁹ ea.

CEEDAR DRY BEANS, BARLEY, BURGOL OR SEMOLINA 900g SELECTED VARIETIES

2⁹⁹ ea.

LADZEE SPRING ROLLS OR SAMOSAS 400g, 500g SELECTED VARIETIES

3²⁹ ea.

AL-KHAMEET OR CEDAR TAHINI OR PHOENIX CREAM OR HONEY 500g, 500g, 500g SELECTED VARIETIES

8⁹⁹ ea.

INDIAN MASALA 50g, 100g, 200g, 500g, 1kg SELECTED VARIETIES

3⁴⁸ ea.

DIVYA ENTREES 285, 375g SELECTED VARIETIES

1⁷⁹ ea.

PABE RUSK OR NATIONAL CUSTARD 275, 300g SELECTED VARIETIES

1⁷⁹ ea.

SURATI FROZEN VEGETABLES 300g SELECTED VARIETIES

1⁷⁹ ea.

MOOR DATES OR SHEERON JUICE 800, 9.2L SELECTED VARIETIES

4⁹⁹ ea.

CEEDAR KATAIFI OR PHOENIX PASTA BURGOL, OKRA OR SPINACH OR SHOOTER PINE LEAVES 275, 300g SELECTED VARIETIES

2⁹⁹ ea.

SURATI SNACKS, BURGOL OR SHEERON DRINKS 200, 250g SELECTED VARIETIES

2⁴⁹ ea.

BEST MANGO, DIVYA MANGO PULP OR MOWDEX KASHA CHEAM 1L, 1.5L, 1.75L SELECTED VARIETIES

3²⁹ ea.

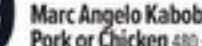
CEEDAR MARIJANES, CUCUMBERS OR GRAPE LEAVES 1L SELECTED VARIETIES

4⁹⁹ ea.

Item availability varies by store.

[illegible]

[illegible]

 1.99 ea. Hot Angulo Kabobs Hot & Cheesy ea. 100g Bocadillos de pollo con queso fundido y queso cheddar	 9.99 ea. Montana's Sausa Chicken & Cheese Balls ea. 100g Hot & Bawls Bocadillos de pollo, queso fundido y queso cheddar	 6.49 ea. Maracajito Sliced Sausage ea. 100g Hot & Bawls Bocadillos de pollo, queso fundido y queso cheddar	 9.99 ea. Super Mac Large Salads ea. 100g Hot & Bawls Bocadillos de pollo, queso fundido y queso cheddar
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[illegible]

Jif
Creamy Peanut Butter

Jif
Creamy Almond Butter

Jif
Creamy Caramel Butter

6.99

Creamy Peanut Butter
 Creamy Almond Butter
 Creamy Caramel Butter
 16 oz. jar

Jif
Creamy Peanut Butter

Jif
Creamy Almond Butter

Jif
Creamy Caramel Butter

5.99

Creamy Peanut Butter
 Creamy Almond Butter
 Creamy Caramel Butter
 16 oz. jar

CLAMATO

CLAMATO

CLAMATO

3.49

Clamato
 Clamato
 Clamato
 16 oz. bottle

[illegible]

I earn with moi rewards

125

5.99

ACTIVIA
Low Fat Yogurt
Toppings

Yogurt Multi ou Tacos Yogurt
Toppings Multi ou Tacos Activia
(16.33oz) (16.33oz)

125

2.22

Compote's
Broth
22oz

Broth
22oz (633ml)

We reserve the right to limit quantities.
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CASH PRIZES MUST BE CLAIMED BY THE WINNER

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TASTE OF SUPER BOWL

LAJOY'S POTATO CHIPS
SELECTED SIZES
\$2.99 ea.

PEPPERONI
SELECTED SIZES
\$4.49 ea.

Mrs. Vick's
ORIGINAL RECIPE
RISOTTO ITALIANO
SELECTED SIZES
\$4.49 ea.

bubbly
BUBBLY SPARKLING WATER 12 x 350ml
\$2.99 ea.

Montellier
MONTPELLIER SPARKLING WATER 10 x 350ml
\$14.00 ea.

Smartfood
SMARTFOOD POPCORN
SELECTED SIZES
\$125 ea.

Smartfood
WHITE CHEDDAR
\$5.49 ea.

Smartfood
WHITE CHEDDAR
\$5.49 ea.

HELLMANN'S
THE ULTIMATE GAME DAY LINEUP

HELLMANN'S MAYONNAISE
SELECTED SIZES
\$4.49 ea.

PRINGLES
PRINGLES CRISPS
SELECTED SIZES
\$2.99 ea.

CLAMATO
Bring on the Flavour

MOTT'S CLAMATO THE ORIGINAL ITALIAN SELECTED VARIETIES
\$3.49 ea.

Nando's
NANDO'S HOT SAUCE
750 ml
\$6.99 ea.

TABASCO
TABASCO HOT SAUCE
750 ml
\$5.99 ea.

Dr. Oetker
suprema
NEW

GIUSEPPE
GIUSEPPE STUFFED CRUST PIZZA
SELECTED SIZES
\$7.99 ea.

GIUSEPPE
GIUSEPPE THIN AND BOILING SAUCE OR RIP'D SAUCE PIZZA
SELECTED SIZES
\$7.49 ea.

GIUSEPPE
GIUSEPPE EAST PIZZA
SELECTED SIZES
\$7.49 ea.

Natrell
NATRELL COFFEE CREAMER
SELECTED VARIETIES
\$6.99 ea.

Natrell
NATRELL LACTOSE-FREE MILK
2 L
\$6.49 ea.

Celebrate World Metro Day

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LCBO

LCBO
LCBO

nutella
NUTELLA HAZELNUT SPREAD
750g
\$8.99 ea.

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Offer valid February 5 - 11, 2026

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when you buy any 3 Carlton cards